

Please find corporate HC appointment details scheduled for 22-06-2024 at your Niyanta Diabetes & Heart Clinic Pvt Ltd - Narappura Center.

Points to note:-

Collect photocopy of employee ID proof if health check is through an employer.

Collect photocopy of personal ID proof if health check is for insurance.

Collect MER as per package details & that company's format (already shared).

By 12 noon of appointment date, share Work order number & visit status (Show/No show).

Upload reports in Adhutam portal as per specifications given earlier.

Appointment Booking Details

Corporate/TPA	Agreement Name	Package name	Package Inclusions	Customer Name	Gender M/F	Relation (Self/Spouse)	DOB/Age	Emp ID	Email ID	Mobile No	Date of Appointment	Appl Time	Ref No/ UHID	HC Center Name	HC Center Location
ARCOFEMI HEALTHCARE LIMITED	ARCOFEMI MEDIWHEEL MALE AHC CREDIT PAN INDIA OP AGREEMENT	ARCOFEMI - MEDIWHEEL - FULL BODY STANDARD PLUS MALE - PAN INDIA - FY2324	Urine Routine (CUE),GGTP: Gamma Glutamyl Transpeptidase - Serum,Blood Grouping And Typing (Abo And Rh),ECG,Lipid Profile (all Parameters),Renal Function Test,Opthal by General Physician,GLUCOSE - SERUM / PLASMA/FASTING AND POST PRANDIAL,THYROID PROFILE - (T3,T4 AND TSH),LIVER FUNCTION TEST (PACKAGE),Fitness by General Physician,Glycosylated Hemoglobin (HbA1C) - Whole Blood,HEMOGRAM (CBC+ESR),X-Ray Chest PA,BMI,PERIPHERAL SMEAR,LIPID PROFILE,HEMOGRAM + PERIPHERAL SMEAR,RENAL PROFILE/RENAL FUNCTION TEST (RFT/KFT),LIVER FUNCTION TEST (LFT),GAMMA GLUTAMYL TRANSFERASE (GGT),Doctor,THYROID PROFILE (TOTAL T3, TOTAL T4, TSH),BODY MASS INDEX (BMI),GLUCOSE, POST PRANDIAL (PP), 2 HOURS (POST MEAL),COMPLETE URINE EXAMINATION,HbA1c, GLYCATED HEMOGLOBIN,BLOOD GROUP ABO AND RH FACTOR,GLUCOSE, FASTING	MAULIK BHUPENDRAKUMAR SHAH	male										

Handwritten signature and date:
 22-06-2024
 [Signature]

22/6/24

Murli's Shah

K/clo- HTN since last 3 yrs.

T. Aten AM 1000. (ABF)

F/H/o. Mother. D.M.

Reports Received

T-94.3°F
P-80/min

HBA1c-6.1
u. Acids R. 2

BP- 126 / 80 mmHg

By
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Re)
IST. Forbix (No)
070
(AL)

P/A. Soft

-UO,

Shreeyanta Healthcare & Diagnostics Pvt. Ltd.
212 to 217, Swanik Arcade, Pragatinagar,
Naranpura, Ahmedabad-380013.
Regd. No. : 051902408

Shreeyanta Healthcare & Diagnostics Pvt. Ltd.

212-217, Swanik Arcade, Nr Arjun Homes, B/h Vardan Tower, Pragatinagar - K. K. Nagar Road, Naranpura, Ahmedabad : 380 013.


Appointment +91 99042 90525 / +91 92656 34065 ☎ 079 2749 98 35 / Emergency : 87340 72706 ✉ shreeyantaclinic@gmail.com

22/6/24

To Whomsoever It May Concern

This is to certify that Mr. Maulik Shah
was Examined by me, He is Physically fit to
do his daily Routine activity

Please consider It.


Shreeyanta Healthcare & Diagnostics Pvt. Ltd.
212 to 217, Swanik Arcade, Pragatinagar,
Naranpura, Ahmedabad-380013.
Regd. No. : 051902468

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Appointment +91 99042 90525 / +91 92656 34065 ☎ 079 2749 98 35 / Emergency : 87340 72706 📧 shreeyantaclicn@gmail.com

22-06-2024 17:18:35

ID: 9560
Name: MAULIK, SAHA

Age: 35yrs

Sex:

Hospital:

Department:

0.67Hz - 35Hz AC 50Hz 25 mm/s 10 mm/mv

HR :	67 bpm
PR :	146 ms
QRS :	90 ms
QT/QTc :	370/390 ms
P/QRS/T :	48/56/62 deg.
RV5/SV1 :	1.110/-0.699 mv
RV5+SV1 :	1.809 mv

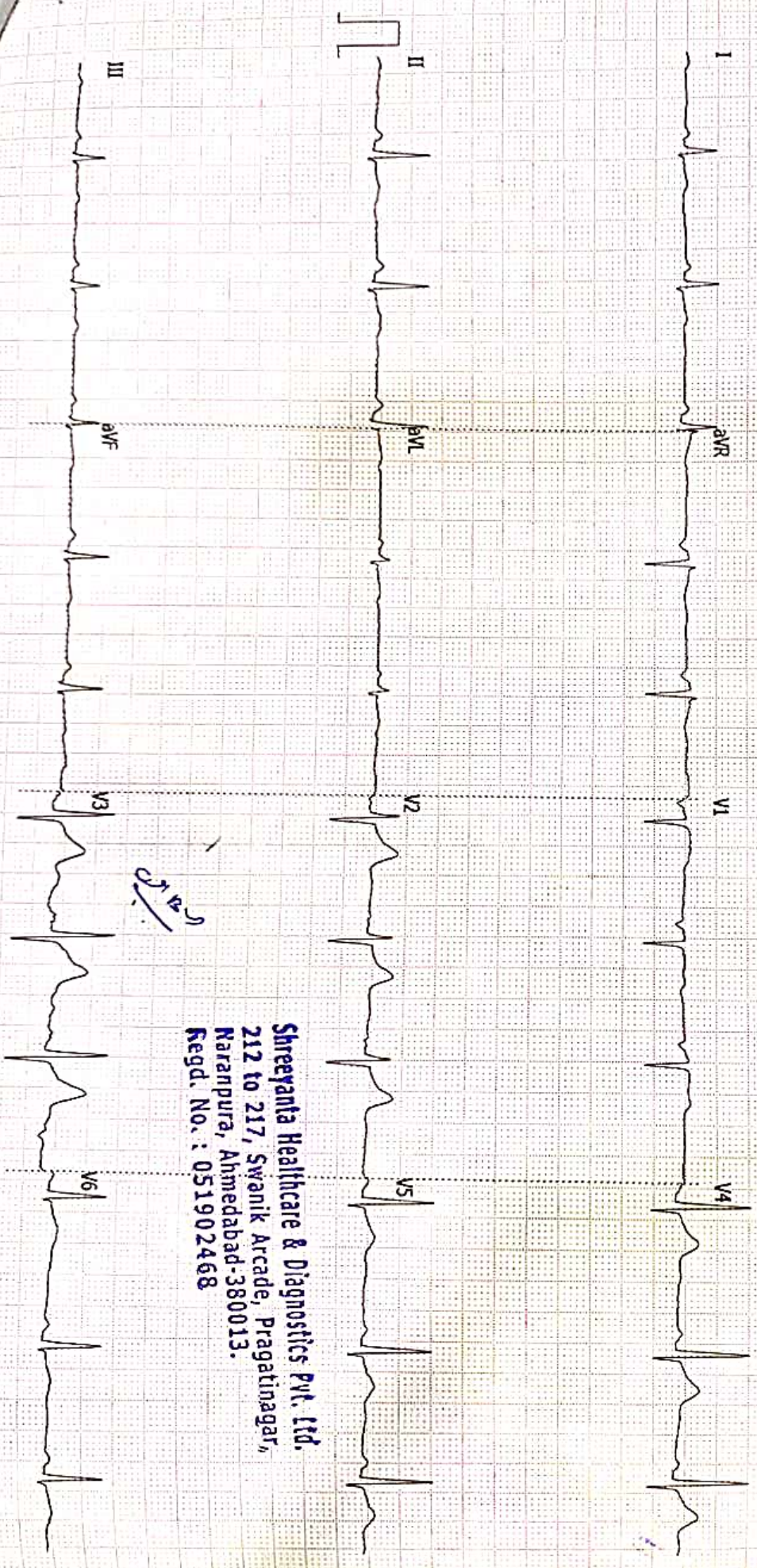
<< Analysis Result >>
** normal ECG **
Sinus rhythm

Dr. Maulik K. Kinariwala
(M.D. (Medicine), PGDDM (UK))
Regd. No. : G-14926
Need to be confirmed by doctor.
Shreyanta Healthcare & Diagnostics Pvt. Ltd.

NSR
30/2

Shreyanta Healthcare & Diagnostics Pvt. Ltd.
212 to 217, Swanik Arcade, Pragatinagar,
Naranpura, Ahmedabad-380013.
Regd. No. : 051902468

NSR



NAME : MAULIK SHAH	AGE : 35 YRS/ MALE
REF BY : HEALTH CHECK UP	DATE: 22/06/2024

INVESTIGATION: X - RAY CHEST - PA VIEW

Bilateral prominent bronchovascular markings seen.
No evidence of Koch's consolidation and pleural effusion seen either side.
Cardiac shadow appears normal.
Bony Thorax and both dome of diaphragm appears normal.

IMPRESSION: -

NORMAL X RAY CHEST PA VIEW.

DR. MITUL MEWADA
CONSULTANT RADIOLOGIST

Dr. Mitul Mewada
MB. BARE.
Reg. No. (G-0152)
Shreyanta Healthcare & Diagnostics Pvt. Ltd.

Niyanta Diabetes & Heart Clinic Pvt. Ltd.

2nd Floor, Swanik Arcade, Nr. Arjun Homes, B/h Vardan Tower, Pragatinagar - K.K. Nagar Road, Naranpura, Ahmedabad : 380 013.

Emergency : 079 27499835 / +91 9904290525 ✉ niyantadiabetes@gmail.com 🌐 www.niyantadiabetes.com

R

MAULIK SHAH AGE -35 Male

Pat. ID,

Chest PA

REF DR:

22-06-2024 9:32:09 AM

SHREEYANTA HEALTHCARE & DIAGNOSTICS PVT. LTD.

Human Body Composition Monitoring Report of Analysis and Suggestion

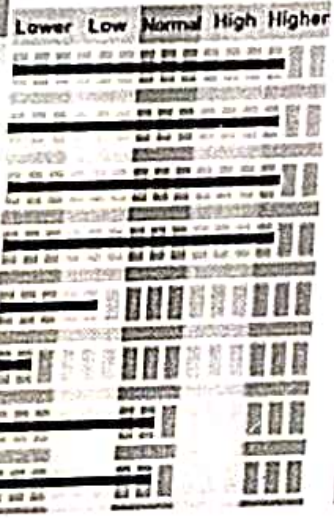
Name	Gender	Age	Height	Time of Measurement
MAULIK SHAH	Male	35	165cm	2024-06-22 09:54

Total Score 42.6
 Bio-Age 43

Indicators of Body Composition

Indicators	Results	Ideal Range
Weight(kg)	85.1	50.4 ~ 65.1
BMI(kg/ m ²)	31.2	18.5 ~ 23.9
TBF%	35.8	13 ~ 24
VFI	17	2.1 ~ 9
TBW%	45.4	50 ~ 70
SM%	23.7	35 ~ 49
BMC(kg)	3	2.8 ~ 3.6
BMR (KCal/d)	1550	1350 ~ 1725

Condition Judgement



Weight Control Advice

Reduce Fat <input checked="" type="checkbox"/>	Enhance Muscle <input type="checkbox"/>	Maintain the status <input type="checkbox"/>
Reduce Weight	20.0 ~ 34.7 kg	
Increase Muscle	9.6 ~ 21.5 kg	
Reduce Fat	10.0 ~ 19.4 kg	
Increase Water	3.9 ~ 20.9 kg	
Maintain Minerals	2.8 ~ 3.6 kg	

Recommended daily calorie intake

1819 KCal/day

Fat-Free Mass and Fat Mass Analysis

Focus	Results	Ideal Range
Fat Mass FM(kg)	30.47	6.55 ~ 15.62
Fat Mass Index FMI	11.19	2.41 ~ 5.74
Fat-Free Mass FFM(kg)	54.63	43.82 ~ 49.45
Fat-Free Mass Index FFMI	20.07	16.1 ~ 18.16
Ratio of Fat to SM	1.51	0.37 ~ 0.49



Body Composition Balance Analysis

Upper limb balance 1

Symmetrical Enhance Left Enhance Right

Body balance 1.082

Symmetrical Enhance Left Enhance Right

Lower limb balance 1.09

Symmetrical Enhance Left Enhance Right

Body Composition and Health Evaluation

Low muscle content caused by too little exercise. Calories can not be consumed effectively which convert to fat. Please increase the amount of exercise, especially those may strengthen muscle. Aerobic exercise is also helpful to you. Please avoid high calorie food, such as fried food, fat meat, dessert etc.

Health Risk Warning

Warning: visceral fat level is high. There is something wrong with your lipid metabolism, easy to cause fat liver, high blood lipids. Please lower visceral fat level to male's ideal value 4

Warning: total body water is too low and you are suffering from body dehydration. This may cause body function degenerating, headache, fever etc.



ભારત સરકાર
Government of India

ભારતીય વિશિષ્ટ ઓળખ પ્રાધિકરણ
Unique Identification Authority of India

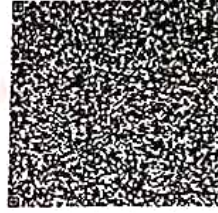
નામાંકન ક્રમ સંખ્યા / Enrollment No.: 0513/23419/02858

To
શાહ મૌલિક ભૂપેન્દ્રકુમાર
Shah Maulik Bhupendrakumar
A 403, Sheetal Westpark Residency,
Beside Ahmedabad One Mall, Opp Van Chetna Kendra
Vastrapur,
VTC: Ahmedabad City,
PO: Manekbag,
Sub District: Ahmedabad City, District: Ahmedabad,
State: Gujarat,
PIN Code: 380015,
Mobile: 9898025459

106674865



MH066748655FL



આપનો આધાર નંબર / Your Aadhaar No. :

6156 0115 0550

મારો આધાર, મારી ઓળખ



ભારત સરકાર
Government of India



શાહ મૌલિક ભૂપેન્દ્રકુમાર
Shah Maulik Bhupendrakumar
જન્મ તારીખ / DOB : 13/11/1988
પુરુષ / Male

6156 0115 0550

મારો આધાર, મારી ઓળખ

(Handwritten signature)
CS Pvt. Ltd.
gatinagar,

Dr. Māy
(M.D.)
Regd
Shreeyanta Hea



GPS Map Camera



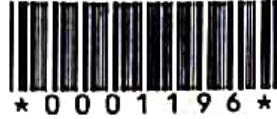
Ahmedabad, Gujarat, India
512/4, Nirnay Nagar, Ahmedabad, Gujarat 380081, India
Lat 23.068342°
Long 72.552538°
22/06/24 09:50 AM GMT +05:30

Shreyanta Healthcare & Diagnostics Pvt. Ltd.
212 to 217, Swanik Arcade, Pragatinagar,
Naranpura, Ahmedabad-380013.
Regd. No. : 051902468

Dr. Jitendra N. Nayak
M.D. (Path)

Dr. Janak M. Thakkar
M.B.D.C.P. (Path)

Shreyanta  Pathology
Laboratory



PATIENT'S NAME : MAULIK SHAH
AGE/SEX : 35 Years/Male
REFERRED BY : ARCOFEMI HEALTHCARE LIMITED
LOCATION : SHREYANTA DIABETIC & METABOLIC CLINIC
LAB. NO : SY-1102-24
SAMPLE NO : 1196
DATE/TIME : 22/06/2024\09:35
PT ID :

COMPLETE BLOOD COUNT

(PERFORM BY FULLY AUTOMATED SYSMAX-XP 100 CELL COUNTER)

Sample Type: EDTA

Test Name	Result	Units	Biological Reference Interval	
Blood Counts				
Haemoglobin :	15.70	Gms%	13.5 - 18.0	
Total R.B.C. :	5.47	mill/c.mm	4.7 - 6.0	
Total W. B. C. :	9000	/cu mm	4000 - 11000	
Platelet Count :	373000	/cu.mm	1,50,000 - 4,50,000	
Differential Count				
	%	Expected Value	(Absolute Count/uL)	
Neutrophils :	58	50 - 60	5220	1600 - 7000
Lymphocytes :	33	20 - 40	2970	1000-4000
Eosinophils :	04	1 - 4	360	40 - 400
Monocytes :	05	2 - 6	450	200 - 1000
Basophils :	00	0 - 01	00	0 - 100
Blood Indices				
P. C. V :	45.40	%	42 - 52	
M. C. V. :	83.00	fl	78 - 100	
M.C.H :	28.70	pg	27 - 32	
M. C. H. C. :	34.60	%	32 - 36	
R.D.W :	13.60	%	11.5 - 14.0	

Peripheral smear study

RBC's

R.B.C -Normocytic Normochromic.

WBC's

W.B.C -Normal in Number & DC As Given Above.

Platelets

Platelets are Adequate and Normal in Morphology.

PS FOR MP

No Any Blood Parasites seen.

..... End Of Report


DR. JITENDRA NAYAK
M.D.(PATH)
Dr. Jitendra N. Nayak
(M.D., Pathologist)
Regd. No. : G-14786
Shreyanta Healthcare & Diagnostics Pvt. Ltd.


DR. JANAK THAKKAR
M.B.D.C.P (PATH)

Shreyanta Healthcare & Diagnostics Pvt. Ltd.
212 to 217, Swanik Arcade, Pragatinagar,
Naranpura, Ahmedabad-380013.
Regd. No. : 051902468

Pathologist

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2nd Floor, Swanik Arcade, Nr. Arjun Homes, B/h Vardan Tower, Pragatinagar - K. K. Nagar Road, Naranpura, Ahmedabad : 380 013.

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Laboratory



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LOCATION : SHREEYANTA DIABETIC & METABOLIC CLINIC
LAB. NO : SY-1102-24
SAMPLE NO : 1196
DATE/TIME : 22/06/2024 10:35
PT ID :

BIOCHEMISTRY
(DONE ON EM 200 FULLY AUTOMATED BIOCHEMISTRY ANALYSER)

Sample: Serum/Plasma

Test Name	Result	Units	Biological Reference Interval
Urea METHOD: Urease-GLDH	:23.1	mg/dL	12.6 - 42.6
Creatinine METHOD: Jaffe's Buffer Kinetic	:0.89	mg/dL	0.7 - 1.4
BUN METHOD: UREASE ENZ	:10.79	mg/dL	7.94 - 20.1
S.G.P.T METHOD: FCC WITH PYRIDOXAL PHOSPHATE ACTIVATION	:25.5	U/L	0 - 40
S.G.O.T METHOD: FCC WITH PYRIDOXAL PHOSPHATE ACTIVATION	:20.2	U/L	0-45
Alkaline Phosphatase METHOD: PNPP-AMP (FCC), KINETIC ASSAY	: 65.6	U/L	30-120
Bilirubin - Total METHOD: DIAZO	:1.11	mg/dL	0.2 - 1.3
Bilirubin - Direct METHOD: DIAZO	:0.46	mg/dL	0 - 0.6
Bilirubin - Indirect METHOD: CALCULATED	: <u>0.65</u>	mg/dL	0.1 - 0.4
Total Protein METHOD: BIURET	:7.05	gm/dL	6.3 - 8.2
Albumin METHOD: BCG	:4.33	gm/dL	3.5 - 5.0
Globulin METHOD: CALCULATED	:2.72	gm/dL	1.9 - 3.5
Albumin/Globulin Ratio METHOD: CALCULATED	:1.59		0.9 - 2.9
ELECTROLYTE METHOD: ISE DIRECT			
Sodium	:138	mmol/L	137 - 145
Potassium	:4.1	mmol/L	3.5-5.5
Chloride	:103	mmol/L	98 - 107
URIC ACID METHOD: URICASE	: <u>8.2</u>	mg/dL	3.4-7.0

Dr. Jitendra N. Nayak
(M.D., Pathologist)
Regd. No. : G-14786
Shreyanta Healthcare & Diagnostics Pvt. Ltd.

End Of Report

Shreyanta Healthcare & Diagnostics Pvt. Ltd.
212 to 217, Swanik Arcade, Pragatinagar,
Naranpura, Ahmedabad-380013.
Regd. No. : 051902468
Pathologist

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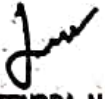
Dr. Jitendra N. Nayak
M.D. (Path)

Dr. Janak M. Thakkar
M.B.D.C.P. (Path)

Shreyanta  Pathology
Laboratory



PATIENT'S NAME	: MAULIK SHAH	LAB. NO	: SY-1102-24
AGE/SEX	: 35 Years/Male	SAMPLE NO	: 1196
REFERRED BY	: ARCOFEMI HEALTHCARE LIMITED	DATE\TIME	: 22/06/2024\09:35
LOCATION	: SHREEYANTA DIABETIC & METABOLIC CLINIC	PT ID	:


DR. JITENDRA NAYAK
M.D.(PATH)


DR. JANAK THAKKAR
M.B.DCP (PATH)

Dr. Jitendra N. Nayak
(M.D., Pathologist)
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Shreeyanta Pathology
Laboratory



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AGE/SEX : 35 Years/Male
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LOCATION : SHREEYANTA DIABETIC & METABOLIC CLINIC
LAB. NO : SY-1102-24
SAMPLE NO : 1196
DATE/TIME : 22/08/2024 09:35
PT ID :


LIPID PROFILE

(DONE ON EM 200 FULLY AUTOMATED BIOCHEMISTRY ANALYSER)

Sample Type: Serum

Test Name	Result	Units	Biological Reference Interval
S. Cholesterol (CHOD-POD ENZYMETIC METHOD)	:170.2	mg / dl	Desirable level/low risk : < 200 Borderline level/moderate risk : 200-239 Elevated level/ high risk : > 240
S. Triglyceride (GPO/PAP METHOD)	:80.4	mg / dl	Normal : <150 Borderline high :150-199 High : 200-499 Very High:>=500
S. HDL Cholesterol (IMMUNOINHIBITION)	: <u>31.2</u>	mg / dl	Low (High Risk) : <40 High (Low Risk) : >60
S. LDL Cholesterol (CALCULATED)	:122.92	mg / dl	Optimal : <100 Near Optimal : 100-129 Borderline High : 130-159 High :160-189 Very High:> 190
S. VLDL Cholesterol (CALCULATED)	:16.08	mg / dl	Upto 34
Total Lipids (CALCULATED)	:620.8	mg / dl	400 - 1000
Chol./HDL Ratio (CALCULATED)	:5.46		0-5
LDL/HDL Ratio (CALCULATED)	: <u>3.94</u>		1-3.5

..... End Of Report


DR. JITENDRA NAYAK
M.D.(PATH)


DR. JANAK THAKKAR
M.B.D.C.P. (PATH)

Pathologist

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Shreeyanta  Pathology
Laboratory



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AGE/SEX	: 35 Years/Male	SAMPLE NO	: 1196
REFERRED BY	: ARCOFEMI HEALTHCARE LIMITED	DATE/TIME	: 22/06/2024 09:35
LOCATION	: SHREEYANTA DIABETIC & METABOLIC CLINIC	PT ID	:

BLOOD GROUP

Sample Type: EDTA

Test Name	Result
ABO SYSTEM :	" B "
RH Typing :	POSITIVE

..... End Of Report


DR. JITENDRA NAYAK
M.D.(PATH)


DR. JANAK THAKKAR
M.B.D.C.P (PATH)

Dr. Jitendra N. Nayak
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M.B.D.C.P. (Path)



PATIENT'S NAME : MAULIK SHAH
AGE/SEX : 35 Years/Male
REFERRED BY : ARCOFEMI HEALTHCARE LIMITED
LOCATION : SHREEYANTA DIABETIC & METABOLIC CLINIC

LAB. NO : SY-1102-24
SAMPLE NO : 1196
DATETIME : 22/06/2024 10:35
PT ID :

POST PRANDIAL BLOOD GLUCOSE (PP2BS)
(DONE ON EM200 FULLY AUTOMATED BIOCHEMISTRY ANALYSER)

Sample Type: FLORIDE PLASMA/SERUM

Test Name	Result	Units	Biological Reference Interval
Post Prandial Blood Glucose After 2hr. : (GOD-POD METHOD)	100.3	mg/dl	80-140

..... End Of Report

Jitendra
DR. JITENDRA NAYAK
M.D.(PATH)

Janak
DR. JANAK THAKKAR
M.B.D.C.P. (PATH)

Pathologist

Dr. Jitendra N. Nayak
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Shreyanta  Pathology
Laboratory



PATIENT'S NAME : MAULIK SHAH LAB. NO : SY-1102-24
AGE/SEX : 35 Years/Male SAMPLE NO : 1196
REFERRED BY : ARCOFEMI HEALTHCARE LIMITED DATE/TIME : 22/06/2024 10:35
LOCATION : SHREEYANTA DIABETIC & METABOLIC CLINIC PT ID :

FASTING BLOOD GLUCOSE (FBS)

(DONE ON EM200 FULLY AUTOMATED BIOCHEMISTRY ANALYSER)

Sample Type: FLORIDE PLASMA/SERUM

Test Name	Result	Units	Biological Reference Interval
Fasting Blood Glucose : (GOD-POD METHOD)	98.0	mg/dl	70 - 110

THYROID FUNCTION

(CLIA METHOD)

Sample Type: SERUM



Test Name	Result	Units	Biological Reference Interval
SERUM T3 :	0.63	ng/ml	0.6-1.81
SERUM T4 :	6.5	ug/dl	3.2-12.6
SERUM TSH :	2.40	μIU/mL	[2 to 12 Years 0.64 - 6.27] [12 to 18 Years 0.51 - 4.94] [> 18 Years 0.35 - 5.5]

E.S.R. (Westergren Method)

Sample Type: EDTA

Test Name	Result	Units	Biological Reference Interval
After one hour :	09	mm	[M: 1 - 7 / F: 3 - 12]

..... End Of Report



Dr. Jitendra N. Nayak M.D., Pathologist
Dr. Janak M. Thakkar M.B.D.C.P. (PATH)
Regd. No. : G-14786
Shreyanta Healthcare & Diagnostics Pvt. Ltd.

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Shreyanta  Pathology
Laboratory



PATIENT'S NAME : MAULIK SHAH
AGE/SEX : 35 Years/Male
REFERRED BY : ARCOFEMI HEALTHCARE LIMITED
LOCATION : SHREYANTA DIABETIC & METABOLIC CLINIC
LAB. NO : SY-1102-24
SAMPLE NO : 1196
DATE\TIME : 22/06/2024\09:35
PT ID :

LIVER FUNCTION TEST

Sample Type: Serum

Test Name	Result	Units	Biological Reference Interval
G.G.T:	25.2	U/L	F :5-32 M 10-45

HbA1C REPORT (BY HPLC)

TYPE OF SAMPLE: EDTA

Test Name	Result	Units	Biological Reference Interval
HbA1C:	6.1	%	Non Diabetic Level : < 5.7 % Pre Diabetic : 5.7-6.4 % Diabetes : > (=)6.5% ADA Target for Diabetic Patient : 7.0 %
Estimated Average Glucose: (eAG)	128.37	mg/dl	

..... End Of Report


DR. JITENDRA NAYAK
M.D.(PATH)


DR. JANAK THAKKAR
M.B.D.C.P. (PATH)

Dr. Jitendra N. Nayak
(M.D., Pathologist)
Regd. No. : G-14786
Shreyanta Healthcare & Diagnostics Pvt. Ltd.

Shreyanta Healthcare & Diagnostics Pvt. Ltd.
212 to 217, Swanik Arcade, Pragatinagar,
Naranpura, Ahmedabad-380013.
Regd. No. : 051902468

Pathologist

Managed by Spandan Pathology Laboratory • Home Collection Facilities Available
2nd Floor, Swanik Arcade, Nr. Arjun Homes, B/h Vardan Tower, Pragatinagar - K. K. Nagar Road, Naranpura, Ahmedabad : 380 013.

☎ 079 27499835 ☎ +91 9904290525 / +91 9265634065 / +91 7567585429 ✉ shreyantaclinic@gmail.com

Dr. Jitendra N. Nayak
M.D. (Path)

Dr. Janak M. Thakkar
M.B.D.C.P. (Path)

Shreeyanta  Pathology
Laboratory



PATIENT'S NAME : MAULIK SHAH
AGE/SEX : 35 Years/Male
REFERRED BY : ARCOFEMI HEALTHCARE LIMITED
LOCATION : SHREEYANTA DIABETIC & METABOLIC CLINIC

LAB. NO : SY-1102-24
SAMPLE NO : 1196
DATE/TIME : 22/08/2024\09:35
PT ID :


URINE ANALYSIS

Sample Type: Urine

Test Name	Result	Units	Biological Reference Interval
Physical Examination			
Colour :	Pale Yellow		
Transparency :	Clear		
Chemical Examination (BY MISSION(ACON) U120 SMART AUTOMATED URINALYSIS)			
Specific Gravity :	1.015		
PH :	6		
Protein :	NIL		
Sugar :	NIL		
Ketone :	ABSENT		
Bile Salts :	Absent		
Bile Pigments :	Absent		
Urobilogen :	ABSENT		
Nitrites :	ABSENT		
Microscopic Examination (AFTER CENTRIFUGING AT 2000 RPM FOR 10 MINS)			
Red blood Cells :	NIL	/HPF	
Pus Cells :	2-3	/HPF	
Epithelial Cells :	2-3	/HPF	
Amorphous :	ABSENT		
Bacteria :	ABSENT		
Crystals :	ABSENT	/LPF	
Casts :	ABSENT		
Fungus :	Absent		

..... End Of Report


DR. JITENDRA NAYAK
M.D.(PATH)


DR. JANAK THAKKAR
M.B.D.C.P. (PATH)

Pathologist