

CODE/NAME & ADDRESS: C000138376 ACCESSION NO: 0062XB002627 AGE/SEX :38 Years Female

ARCOFEMI HEALTHCARE LTD (MEDIWHEEL F-703, LADO SARAI, MEHRAULISOUTH WEST

DELHI

**NEW DELHI 110030** 

8800465156

PATIENT ID : VARSF30088562

CLIENT PATIENT ID: ABHA NO

DRAWN

RECEIVED: 24/02/2024 07:58:48 REPORTED :26/02/2024 15:20:31

**Test Report Status** Results Biological Reference Interval Units <u>Final</u>

#### MEDI WHEEL FULL BODY HEALTH CHECKUP BELOW 40FEMALE

#### **XRAY-CHEST**

BOTH THE LUNG FIELDS ARE CLEAR

BOTH THE COSTOPHRENIC AND CARIOPHRENIC ANGELS ARE CLEAR

BOTH THE HILA ARE NORMAL **>>** 

CARDIAC AND AORTIC SHADOWS APPEAR NORMAL **»**» BOTH THE DOMES OF THE DIAPHRAM ARE NORMAL >> >>

VISUALIZED BONY THORAX IS NORMAL **»**»

**NORMAL IMPRESSION** 

**ECG** 

WITHIN NORMAL LIMITS **ECG** 

# **MEDICAL HISTORY**

**NOT SIGNIFICANT** RELEVANT PRESENT HISTORY **NOT SIGNIFICANT** RELEVANT PAST HISTORY

MARRIED, 03 CHILD, VEG. RELEVANT PERSONAL HISTORY

MENSTRUAL HISTORY (FOR FEMALES) NOT SIGNIFICANT LMP (FOR FEMALES) 31/01/2024

P3A1L3, 1 FTNVD, 1 LSCS (TWINS) OBSTETRIC HISTORY (FOR FEMALES)

LCB (FOR FEMALES) 05 YRS.

RELEVANT FAMILY HISTORY NOT SIGNIFICANT OCCUPATIONAL HISTORY HOME MAKER. HISTORY OF MEDICATIONS NOT SIGNIFICANT

# ANTHROPOMETRIC DATA & BMI

HEIGHT IN METERS 1.47 mts WEIGHT IN KGS. 59.90 Kgs

Dr. Arvind Semalti, MBBS,MD

Pathology **Consultant Pathologist** 





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Agilus Diagnostics Ltd. Plot No.160, Pocket D-11 Sector 8, Rohini





Tel: 9111591115, Fax: CIN - U74899PB1995PLC045956



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BMI 28 BMI & Weight Status as follows/sqmts

Below 18.5: Underweight 18.5 - 24.9: Normal 25.0 - 29.9: Overweight 30.0 and Above: Obese

**GENERAL EXAMINATION** 

MENTAL / EMOTIONAL STATE NORMAL
PHYSICAL ATTITUDE NORMAL
GENERAL APPEARANCE / NUTRITIONAL OVERWEIGHT

**STATUS** 

BUILT / SKELETAL FRAMEWORK AVERAGE
FACIAL APPEARANCE NORMAL
SKIN NORMAL
UPPER LIMB NORMAL
LOWER LIMB NORMAL
NECK NORMAL

NECK LYMPHATICS / SALIVARY GLANDS NOT ENLARGED OR TENDER

THYROID GLAND NOT ENLARGED

CAROTID PULSATION NORMAL BREAST (FOR FEMALES) NORMAL TEMPERATURE NORMAL

PULSE 82/MIN REGULAR, ALL PERIPHERAL PULSES WELL FELT, NO CAROTID

BRUIT

RESPIRATORY RATE NORMAL

CARDIOVASCULAR SYSTEM

BP 102/71 MM HG mm/Hg

(SITTING)

PERICARDIUM NORMAL APEX BEAT NORMAL

HEART SOUNDS S1, S2 HEARD NORMALLY

Dr. Arvind Semalti, MBBS,MD Pathology Consultant Pathologist



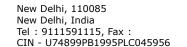
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ABSENT **MURMURS** 

RESPIRATORY SYSTEM

**NORMAL** SIZE AND SHAPE OF CHEST MOVEMENTS OF CHEST SYMMETRICAL BREATH SOUNDS INTENSITY **NORMAL** 

VESICULAR (NORMAL) **BREATH SOUNDS QUALITY** 

ADDED SOUNDS **ABSENT** 

**PER ABDOMEN** 

**NORMAL APPEARANCE** ABSENT VENOUS PROMINENCE

**NOT PALPABLE LIVER SPLEEN NOT PALPABLE** 

**ABSENT HERNIA** NIL ANY OTHER COMMENTS

**CENTRAL NERVOUS SYSTEM** 

**NORMAL** HIGHER FUNCTIONS CRANIAL NERVES NORMAL CEREBELLAR FUNCTIONS NORMAL SENSORY SYSTEM NORMAL MOTOR SYSTEM **NORMAL REFLEXES** NORMAL

**MUSCULOSKELETAL SYSTEM** 

**NORMAL SPINE** 

Dr. Arvind Semalti, MBBS,MD Pathology

**Consultant Pathologist** 



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JOINTS NORMAL

#### **BASIC EYE EXAMINATION**

**NORMAL** CONJUNCTIVA **EYELIDS NORMAL NORMAL** EYE MOVEMENTS **NORMAL CORNEA** DISTANT VISION RIGHT EYE WITHOUT 6/9 **GLASSES** DISTANT VISION LEFT EYE WITHOUT 6/9 **GLASSES** NEAR VISION RIGHT EYE WITHOUT GLASSES N/6 NEAR VISION LEFT EYE WITHOUT GLASSES N/6 **COLOUR VISION NORMAL** 

# **BASIC ENT EXAMINATION**

EXTERNAL EAR CANAL NORMAL TYMPANIC MEMBRANE NORMAL

NOSE NO ABNORMALITY DETECTED

SINUSES NORMAL THROAT NORMAL

TONSILS NOT ENLARGED

### **BASIC DENTAL EXAMINATION**

TEETH CARIES
GUMS HEALTHY

ANY OTHER COMMENTS STAINS/CALCULUS- ++/++.

ADV- ORAL PROPHYLAXIS, RESTORATION.

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**Consultant Pathologist** 





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#### **SUMMARY**

8800465156

RELEVANT HISTORY NOT SIGNIFICANT NOT SIGNIFICANT RELEVANT GP EXAMINATION FINDINGS

LIPID PROFILE - ABOVE NORMAL LIMITS RELEVANT LAB INVESTIGATIONS

RELEVANT NON PATHOLOGY DIAGNOSTICS USG ABD - GB CALCULUS

REMARKS / RECOMMENDATIONS CURTAIL FAT INTAKE; ORAL PROPHYLAXIS; SURG. SPL. CONSULTATION

#### **FITNESS STATUS**

FIT (WITH MEDICAL ADVICE) (AS PER REQUESTED PANEL OF TESTS) FITNESS STATUS

Dr. Arvind Semalti, MBBS,MD Pathology **Consultant Pathologist** 





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## MEDI WHEEL FULL BODY HEALTH CHECKUP BELOW 40FEMALE

#### **ULTRASOUND ABDOMEN**

# **ULTRASOUND ABDOMEN**

Liver is normal in size, outline & normal echotexture. No obvious focal parenchymal lesion/biliary dilatation is seen. Hepatic veins and portal venous radicals are normal.

# Gall bladder is partially distended and shows a calculus in the lumen of size 13.0mm.

Common bile duct is not dilated. Portal vein is normal in course and caliber.

Pancreas is normal in size, outline and echotexture. No evidence of any focal lesion or calcification is seen. Pancreatic duct is not dilated.

Spleen is normal in size, outline and echotexture .No focal lesion/ calcification is seen.

# Kidneys

Both kidneys are normal in size, outline and echotexture. Corticomedullary differentiation is well maintained. Parenchymal thickness is normal. No mass lesion, calculus or hydronephrosis is seen.

No significant retroperitoneal lymphadenopathy/ascites is seen.

# Urinary Bladder

Urinary bladder is adequately distended with normal outline. No mass lesion, calculus or diverticulum is noted in the urinary bladder. Urinary bladder wall thickness is normal.

# Uterus

Uterus is anteverted with normal in size outline and shows heterogenous echotexture with hazy endomyometrial interface. Endometrial thickness is 10mm. No obvious myometrial/endometrial pathology seen. No obvious adnexal pathology is seen. Adv- TVS for better evaluation. POD is clear.

Correlate clinically

TMT OR ECHO **CLINICAL PROFILE** 

NEGATIVE

Dr. Arvind Semalti, MBBS,MD Pathology **Consultant Pathologist** 



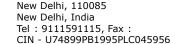


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Female

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PATIENT ID : VARSF30088562

CLIENT PATIENT ID: ABHA NO

AGE/SEX DRAWN

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:38 Years

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#### Interpretation(s)

HISTORY-3 THIS REPORT CARRIES THE SIGNATURE OF OUR LABORATORY DIRECTOR. THIS IS AN INVIOLABLE FEATURE OF OUR LAB MANAGEMENT SOFTWARE. HOWEVER, ALL EXAMINATIONS AND INVESTIGATIONS HAVE BEEN CONDUCTED BY OUR PANEL OF DOCTORS.

FITNESS STATUS-Conclusion on an individual's Fitness, which is commented upon mainly for Pre employment cases, is based on multi factorial findings and does not depend on any one single parameter. The final Fitness assigned to a candidate will depend on the Physician's findings and overall judgement on a case to case basis, details of the candidate's past and personal history; as well as the comprehensiveness of the diagnostic panel which has been requested for .These are then further correlated with details of the job under consideration to eventually fit the right man to the right job.

Basis the above, Agilus diagnostic classifies a candidate's Fitness Status into one of the following categories:

- Fit (As per requested panel of tests) AGILUS Limited gives the individual a clean chit to join the organization, on the basis of the General Physical Examination and the specific test panel requested for.
- Fit (with medical advice) (As per requested panel of tests) This indicates that although the candidate can be declared as FIT to join the job, minimal problems have been detected during the Pre- employment examination. Examples of conditions which could fall in this category could be cases of mild reversible medical abnormalities such as height weight disproportions, borderline raised Blood Pressure readings, mildly raised Blood sugar and Blood Lipid levels, Hematuria, etc. Most of these relate to sedentary lifestyles and come under the broad category of life style disorders. The idea is to caution an individual to bring about certain lifestyle changes as well as seek a Physician"""s consultation and counseling in order to bring back to normal the mildly deranged parameters. For all purposes the individual is FIT to join the job.
- Fitness on Hold (Temporary Unfit) (As per requested panel of tests) Candidate's reports are kept on hold when either the diagnostic tests or the physical findings reveal the presence of a medical condition which warrants further tests, counseling and/or specialist opinion, on the basis of which a candidate can either be placed into Fit, Fit (With Medical Advice), or Unfit category. Conditions which may fall into this category could be high blood pressure, abnormal ECG, heart murmurs, abnormal vision, grossly elevated blood sugars, etc.
- Unfit (As per requested panel of tests) An unfit report by Agilus diagnostic Limited clearly indicates that the individual is not suitable for the respective job profile e.g. total color blindness in color related jobs.

Dr. Arvind Semalti, MBBS,MD Pathology **Consultant Pathologist** 



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HAEMATOLOGY - CBC							
MEDI WHEEL FULL BODY HEALTH CHECKUP BE	MEDI WHEEL FULL BODY HEALTH CHECKUP BELOW 40FEMALE						
BLOOD COUNTS,EDTA WHOLE BLOOD							
HEMOGLOBIN (HB)  METHOD: CYANMETHEMOGLOBIN METHOD	12.7	12.0 - 15.0	g/dL				
RED BLOOD CELL (RBC) COUNT METHOD: IMPEDANCE	4.62	3.8 - 4.8	mil/μL				
WHITE BLOOD CELL (WBC) COUNT METHOD: IMPEDANCE	8.65	4.0 - 10.0	thou/µL				
PLATELET COUNT  METHOD: IMPEDANCE	328	150 - 410	thou/μL				
RBC AND PLATELET INDICES							
HEMATOCRIT (PCV)  METHOD: CALCULATED	39.9	36 - 46	%				
MEAN CORPUSCULAR VOLUME (MCV) METHOD: CELL COUNTER	86.3	83 - 101	fL				
MEAN CORPUSCULAR HEMOGLOBIN (MCH) METHOD: CALCULATED PARAMETER	27.5	27.0 - 32.0	pg				
MEAN CORPUSCULAR HEMOGLOBIN CONCENTRATION (MCHC) METHOD: CALCULATED PARAMETER	31.9	31.5 - 34.5	g/dL				
RED CELL DISTRIBUTION WIDTH (RDW) METHOD: CALCULATED	13.9	11.6 - 14.0	%				
MENTZER INDEX  METHOD: CALCULATED PARAMETER	18.7						
MEAN PLATELET VOLUME (MPV) METHOD: CALCULATED PARAMETER	11.9 High	6.8 - 10.9	fL				
WBC DIFFERENTIAL COUNT							
NEUTROPHILS  METHOD: IMPEDANCE / MICROSCOPY	60	40 - 80	%				
LYMPHOCYTES	32	20 - 40	%				

Dr. Arvind Semalti, MBBS,MD **Pathology Consultant Pathologist** 

METHOD: IMPEDANCE / MICROSCOPY





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MONOCYTES	5	2 - 10	%
METHOD: IMPEDANCE / MICROSCOPY			
EOSINOPHILS	2	1 - 6	%
METHOD: IMPEDANCE / MICROSCOPY			
BASOPHILS	1	0 - 2	%
METHOD: MICROSCOPIC EXAMINATION			
ABSOLUTE NEUTROPHIL COUNT	5.19	2.0 - 7.0	thou/µL
METHOD: CALCULATED PARAMETER			
ABSOLUTE LYMPHOCYTE COUNT	2.77	1 - 3	thou/µL
METHOD: CALCULATED PARAMETER			
ABSOLUTE MONOCYTE COUNT	0.43	0.20 - 1.00	thou/µL
METHOD: CALCULATED PARAMETER			
ABSOLUTE EOSINOPHIL COUNT	0.17	0.02 - 0.50	thou/µL
METHOD: CALCULATED PARAMETER			
ABSOLUTE BASOPHIL COUNT	0.09	0.02 - 0.10	thou/µL
METHOD: CALCULATED PARAMETER			
NEUTROPHIL LYMPHOCYTE RATIO (NLR)	1.9		
METHOD: CALCULATED PARAMETER			

Interpretation(s)
BLOOD COUNTS,EDTA WHOLE BLOOD-The cell morphology is well preserved for 24hrs. However after 24-48 hrs a progressive increase in MCV and HCT is observed leading to a decrease in MCHC. A direct smear is recommended for an accurate differential count and for examination of RBC morphology.

RBC AND PLATELET INDICES-Mentzer index (MCV/RBC) is an automated cell-counter based calculated screen tool to differentiate cases of Iron deficiency anaemia(>13) from Beta thalassaemia trait

(<13) in patients with microcytic anaemia. This needs to be interpreted in line with clinical correlation and suspicion. Estimation of HbA2 remains the gold standard for

diagnosing a case of beta thalassaemia trait.

WBC DIFFERENTIAL COUNT-The optimal threshold of 3.3 for NLR showed a prognostic possibility of clinical symptoms to change from mild to severe in COVID positive patients. When age = 49.5 years old and NLR = 3.3, 46.1% COVID-19 patients with mild disease might become severe. By contrast, when age < 49.5 years old and NLR < 3.3, COVID-19 patients tend to show mild disease.

(Reference to - The diagnostic and predictive role of NLR, d-NLR and PLR in COVID-19 patients; A.-P. Yang, et al.; International Immunopharmacology 84 (2020) 106504

This ratio element is a calculated parameter and out of NABL scope.



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mm at 1 hr

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#### **HAEMATOLOGY**

#### MEDI WHEEL FULL BODY HEALTH CHECKUP BELOW 40FEMALE

#### **ERYTHROCYTE SEDIMENTATION RATE (ESR), EDTA BLOOD**

02 0 - 20E.S.R

METHOD: WESTERGREN METHOD

GLYCOSYLATED HEMOGLOBIN(HBA1C), EDTA WHOLE BLOOD

Non-diabetic Adult < 5.7 HBA1C 5.5 %

Pre-diabetes 5.7 - 6.4

Diabetes diagnosis: > or = 6.5Therapeutic goals: < 7.0 Action suggested: > 8.0

(ADA Guideline 2021)

METHOD: HPLC

ESTIMATED AVERAGE GLUCOSE(EAG) mg/dL 111.2 < 116.0

Interpretation(s)
ERYTHROCYTE SEDIMENTATION RATE (ESR),EDTA BLOOD-TEST DESCRIPTION :-

Erythrocyte sedimentation rate (ESR) is a test that indirectly measures the degree of inflammation present in the body. The test actually measures the rate of fall (sedimentation) of erythrocytes in a sample of blood that has been placed into a tall, thin, vertical tube. Results are reported as the millimetres of clear fluid (plasma) that are present at the top portion of the tube after one hour. Nowadays' fully automated instruments are available to measure ESR.

ESR is not diagnostic; it is a non-specific test that may be elevated in a number of different conditions. It provides general information about the presence of an inflammatory condition.CRP is superior to ESR because it is more sensitive and reflects a more rapid change. TEST INTERPRETATION

Increase in: Infections, Vasculities, Inflammatory arthritis, Renal disease, Anemia, Malignancies and plasma cell dyscrasias, Acute allergy Tissue injury, Pregnancy, Estrogen medication, Aging

Finding a very accelerated ESR(>100 mm/hour) in patients with ill-defined symptoms directs the physician to search for a systemic disease (Paraproteinemias,

Disseminated malignancies, connective tissue disease, severe infections such as bacterial endocarditis).

In pregnancy BRI in first trimester is 0-48 mm/hr(62 if anemic) and in second trimester (0-70 mm /hr(95 if anemic). ESR returns to normal 4th week post partum. Decreased in: Polycythermia vera, Sickle cell anemia

False elevated ESR: Increased fibrinogen, Drugs(Vitamin A, Dextran etc), Hypercholesterolemia
False Decreased: Poikilocytosis, (SickleCells, spherocytes), Microcytosis, Low fibrinogen, Very high WBC counts, Drugs(Quinine, salicylates)

# REFERENCE :

1. Nathan and Oski's Haematology of Infancy and Childhood, 5th edition; 2. Paediatric reference intervals. AACC Press, 7th edition. Edited by S. Soldin; 3. The reference for the adult reference range is "Practical Haematology by Dacie and Lewis, 10th edition. GLYCOSYLATED HEMOGLOBIN(HBA1C), EDTA WHOLE BLOOD-Used For:

Dr. Arvind Semalti, MBBS,MD Pathology **Consultant Pathologist** 





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- 1. Evaluating the long-term control of blood glucose concentrations in diabetic patients.
- Diagnosing diabetes.
- 3. Identifying patients at increased risk for diabetes (prediabetes).

The ADA recommends measurement of HbA1c (typically 3-4 times per year for type 1 and poorly controlled type 2 diabetic patients, and 2 times per year for well-controlled type 2 diabetic patients) to determine whether a patients metabolic control has remained continuously within the target range.

- eAG (Estimated average glucose) converts percentage HbA1c to md/dl, to compare blood glucose levels.
   eAG gives an evaluation of blood glucose levels for the last couple of months.
   eAG is calculated as eAG (mg/dl) = 28.7 \* HbA1c 46.7

#### HbA1c Estimation can get affected due to :

- 1. Shortened Erythrocyte survival: Any condition that shortens erythrocyte survival or decreases mean erythrocyte age (e.g. recovery from acute blood loss,hemolytic anemia) will falsely lower HbA1c test results. Fructosamine is recommended in these patients which indicates diabetes control over 15 days.
- 2.Vitamin C & E are reported to falsely lower test results. (possibly by inhibiting glycation of hemoglobin.

  3. Iron deficiency anemia is reported to increase test results. Hypertriglyceridemia, uremia, hyperbilirubinemia, chronic alcoholism, chronic ingestion of salicylates & opiates addiction are reported to interfere with some assay methods, falsely increasing results.
- 4. Interference of hemoglobinopathies in HbA1c estimation is seen in

- a) Homozygous hemoglobinopathy. Fructosamine is recommended for testing of HbA1c.
  b) Heterozygous state detected (D10 is corrected for HbS & HbC trait.)
  c) HbF > 25% on alternate paltform (Boronate affinity chromatography) is recommended for testing of HbA1c.Abnormal Hemoglobin electrophoresis (HPLC method) is recommended for detecting a hemoglobinopathy

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# **IMMUNOHAEMATOLOGY**

### MEDI WHEEL FULL BODY HEALTH CHECKUP BELOW 40FEMALE

#### **ABO GROUP & RH TYPE, EDTA WHOLE BLOOD**

TYPE O **ABO GROUP** 

METHOD: TUBE AGGLUTINATION

**POSITIVE** RH TYPE

METHOD: TUBE AGGLUTINATION

Interpretation(s)

ABO GROUP & RH TYPE, EDTA WHOLE BLOOD-Blood group is identified by antigens and antibodies present in the blood. Antigens are protein molecules found on the surface of red blood cells. Antibodies are found in plasma. To determine blood group, red cells are mixed with different antibody solutions to give A,B,O or AB.

Disclaimer: "Please note, as the results of previous ABO and Rh group (Blood Group) for pregnant women are not available, please check with the patient records for availability of the same.

The test is performed by both forward as well as reverse grouping methods.

Dr. Arvind Semalti, MBBS,MD Pathology **Consultant Pathologist** 





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**PERFORMED AT:** 

Agilus Diagnostics Ltd. Plot No.160, Pocket D-11 Sector 8, Rohini





CODE/NAME & ADDRESS: C000138376 ACCESSION NO: 0062XB002627 AGE/SEX :38 Years Female ARCOFEMI HEALTHCARE LTD (MEDIWHEEL

F-703, LADO SARAI, MEHRAULISOUTH WEST

DELHI

**NEW DELHI 110030** 

8800465156

PATIENT ID : VARSF30088562

CLIENT PATIENT ID: ABHA NO

DRAWN

RECEIVED: 24/02/2024 07:58:48 REPORTED :26/02/2024 15:20:31

**Test Report Status** Results Biological Reference Interval Units <u>Final</u>

**BIOCHEMISTRY** 

MEDI WHEEL FULL BODY HEALTH CHECKUP BELOW 40FEMALE

**GLUCOSE FASTING, FLUORIDE PLASMA** 

108 High FBS (FASTING BLOOD SUGAR) Normal < 100 ma/dL

Impaired fasting glucose:100 to

Diabetes mellitus: > = 126 (on

more than 1 occassion) (ADA guidelines 2021)

METHOD: HEXOKINASE

**GLUCOSE, POST-PRANDIAL, PLASMA** 

PPBS(POST PRANDIAL BLOOD SUGAR) 70 - 140 120 mg/dL

LIPID PROFILE WITH CALCULATED LDL

CHOLESTEROL, TOTAL 202 High < 200 Desirable mg/dL

200 - 239 Borderline High

>/= 240 High

METHOD: CHOLESTEROL OXIDASE, ESTERASE, PEROXIDASE

107 < 150 Normal mg/dL TRIGLYCERIDES

150 - 199 Borderline High

200 - 499 High >/=500 Very High

METHOD: ENZYMATIC, END POINT

METHOD: DIRECT MEASURE POLYMER-POLYANION

HDL CHOLESTEROL 44 < 40 Low mg/dL

>/=60 High

137 High mg/dL CHOLESTEROL LDL < 100 Optimal

100 - 129

Near optimal/ above optimal

130 - 159 Borderline High 160 - 189 High >/= 190 Very High

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>6.0 High Risk

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	450	
NON HDL CHOLESTEROL	158 High	Desirable-Less than 130 mg/dL Above Desirable-130-159 Borderline High-160-189 High-190-219 Very High- >or =220
METHOD: CALCULATED		
VERY LOW DENSITY LIPOPROTEIN	21.4	mg/dL
CHOL/HDL RATIO	4.6 High	3.3 - 4.4: Low Risk 4.5 - 7.0: Average Risk 7.1 - 11.0: Moderate Risk >11.0: High Risk
LDL/HDL RATIO	3.1 High	0.5 - 3.0 Desirable/Low Risk 3.1 - 6.0 Borderline/Moderate Risk

### Interpretation(s)

Serum lipid profile is measured for cardiovascular risk prediction. Lipid Association of India recommends LDL-C as primary target and Non HDL-C as co-primary treatment target.

Risk Stratification for ASCVD (Atherosclerotic cardiovascular disease) by Lipid Association of India

Risk Category	The to principle of the moral can an				
Extreme risk group	A.CAD with > 1 feature of high risk group	A.CAD with > 1 feature of high risk group			
		group or recurrent ACS (within 1 year) despite LDL-C < or =			
	50 mg/dl or polyvascular disease				
Very High Risk	1. Established ASCVD 2. Diabetes with 2:	major risk factors or evidence of end organ damage 3.			
	Familial Homozygous Hypercholesterolemi	a			
High Risk	1. Three major ASCVD risk factors. 2. Dia	abetes with 1 major risk factor or no evidence of end organ			
	damage. 3. CKD stage 3B or 4. 4. LDL >190 mg/dl 5. Extreme of a single risk factor. 6. Coronary				
	Artery Calcium - CAC >300 AU. 7. Lipoprotein a >/= 50mg/dl 8. Non stenotic carotid plaque				
Moderate Risk	2 major ASCVD risk factors				
Low Risk	0-1 major ASCVD risk factors				
Major ASCVD (Ath	erosclerotic cardiovascular disease) Risk F:	ectors			
1. Age > or = 45 year	rs in males and > or = 55 years in females	3. Current Cigarette smoking or tobacco use			
2. Family history of p	premature ASCVD	4. High blood pressure			
5. Low HDL					
	s and static initiation thresholds based on th				

Newer treatment goals and statin initiation thresholds based on the risk categories proposed by LAI in 2020.

Risk Group	Treatment Goals		Consider Drug Therapy	
	LDL-C (mg/dl)	Non-HDL (mg/dl)	LDL-C (mg/dl)	Non-HDL (mg/dl)



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# **PERFORMED AT:**

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Agilus Diagnostics Ltd. Plot No.160, Pocket D-11 Sector 8, Rohini

New Delhi, 110085 New Delhi, India



8800465156



**PATIENT NAME: VARSHA REF. DOCTOR: SELF** 

CODE/NAME & ADDRESS : C000138376 ACCESSION NO: 0062XB002627 AGE/SEX :38 Years Female

ARCOFEMI HEALTHCARE LTD (MEDIWHEEL PATIENT ID F-703, LADO SARAI, MEHRAULISOUTH WEST

DRAWN : VARSF30088562

CLIENT PATIENT ID: DELHI ABHA NO **NEW DELHI 110030** 

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Extreme Risk Group Category A	<50 (Optional goal < OR = 30 )	< 80 (Optional goal <or 60)<="" =="" th=""><th>&gt;OR = 50</th><th>&gt;OR = 80</th></or>	>OR = 50	>OR = 80
Extreme Risk Group Category B	<or 30<="" =="" td=""><td><or 60<="" =="" td=""><td>&gt; 30</td><td>&gt;60</td></or></td></or>	<or 60<="" =="" td=""><td>&gt; 30</td><td>&gt;60</td></or>	> 30	>60
Very High Risk	<50	<80	>OR= 50	>OR= 80
High Risk	<70	<100	>OR= 70	>OR= 100
Moderate Risk	<100	<130	>OR= 100	>OR= 130
Low Risk	<100	<130	>OR= 130*	>OR= 160

References: Management of Dyslipidaemia for the Prevention of Stroke: Clinical Practice Recommendations from the Lipid Association of India. Current Vascular Pharmacology, 2022, 20, 134-155.

# LIVER FUNCTION PROFILE, SERUM

BILIRUBIN, TOTAL	0.41	Upto 1.2	mg/dL
METHOD: DIAZONIUM ION, BLANKED (ROCHE)  BILIRUBIN, DIRECT  METHOD: DIAZONIUM ION, BLANKED (ROCHE)	0.11	Upto 0.2	mg/dL
BILIRUBIN, INDIRECT  METHOD: CALCULATED PARAMETER	0.30	0.00 - 0.90	mg/dL
TOTAL PROTEIN	7.2	6.4 - 8.3	g/dL
ALBUMIN	4.2	3.97 - 4.94	g/dL
METHOD: BROMOCRESOL PURPLE			
GLOBULIN	3.0	2.0 - 4.0	g/dL
METHOD: CALCULATED PARAMETER			
ALBUMIN/GLOBULIN RATIO	1.4	1.0 - 2.0	RATIO
METHOD: CALCULATED PARAMETER			
ASPARTATE AMINOTRANSFERASE(AST/SGOT)	17	0 - 32	U/L
METHOD: IFCC WITH PYRIDOXAL 5 PHOSPHATE			
ALANINE AMINOTRANSFERASE (ALT/SGPT)	17	0 - 33	U/L
METHOD: UV WITH P5P-IFCC			
ALKALINE PHOSPHATASE	96	35 - 104	U/L
METHOD: PNPP, AMP BUFFER-IFCC			
GAMMA GLUTAMYL TRANSFERASE (GGT)	43 High	5 - 36	U/L
METHOD: G-GLUTAMYL-CARBOXY-NITROANILIDE-IFCC			
LACTATE DEHYDROGENASE	135	135 - 214	U/L
METHOD: L TO P, IFCC			

# **BLOOD UREA NITROGEN (BUN), SERUM**

**BLOOD UREA NITROGEN** 15 mg/dL 6 - 20

METHOD: UREASE - UV

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**Consultant Pathologist** 

Agilus Diagnostics Ltd. Plot No.160, Pocket D-11 Sector 8, Rohini

<sup>\*</sup>After an adequate non-pharmacological intervention for at least 3 months.



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F-703, LADO SARAI, MEHRAULISOUTH WEST

DELHI

NEW DELHI 110030

8800465156

ACCESSION NO : **0062XB002627** AG

PATIENT ID : VARSF30088562

CLIENT PATIENT ID: ABHA NO : DRAWN

AGE/SEX :38 Years Female

DECEIVED + 24/02/2

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**CREATININE, SERUM** 

CREATININE 0.83 0.5 - 0.9 mg/dL

METHOD: ALKALINE PICRATE

**BUN/CREAT RATIO** 

BUN/CREAT RATIO **18.07 High** 5.00 - 15.00

**URIC ACID, SERUM** 

URIC ACID 4.0 2.4 - 5.7 mg/dL

METHOD : URICASE, COLORIMETRIC

**TOTAL PROTEIN, SERUM** 

TOTAL PROTEIN 7.2 6.4 - 8.3 g/dL

METHOD : BIURET

ALBUMIN, SERUM

ALBUMIN 4.2 3.97 - 4.94

METHOD : BROMOCRESOL PURPLE (BCP) DYE-BINDING

**GLOBULIN**GLOBULIN

3.0

2.0 - 4.0

METHOD : CALCULATED PARAMETER

# **ELECTROLYTES (NA/K/CL), SERUM**

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Pathology
Consultant Pathologist



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Agilus Diagnostics Ltd. Plot No.160,Pocket D-11 Sector 8, Rohini

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g/dL

g/dL



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		<u> </u>		
Test Report Status <u>Final</u>	Results	Biological Referenc	e Interval Units	
SODIUM, SERUM METHOD: ISE INDIRECT	138	136 - 145	mmol/L	
POTASSIUM, SERUM	4.86	3.3 - 5.1	mmol/L	
METHOD: ISE DIRECT CHLORIDE, SERUM	104	98 - 106	mmol/L	

#### Interpretation(s)

METHOD: ISE INDIRECT

Sodium	Potassium	Chloride
Decreased in:CCF,cirrhosis,	Decreased in: Low potassium	Decreased in: Vomiting, diarrhea,
vomiting, diarrhea, excessive	intake, prolonged vomiting or diarrhea,	renal failure combined with salt
sweating, salt-losing	RTA types I and II,	deprivation, over-treatment with
nephropathy, adrenal insufficiency,	hyperaldosteronism, Cushing's	diuretics, chronic respiratory acidosis
nephrotic syndrome, water	syndrome,osmotic diuresis (e.g.,	diabetic ketoacidosis, excessive
intoxication, SIADH. Drugs:	hyperglycemia), alkalosis, familial	sweating, SIADH, salt-losing
thiazides, diuretics, ACE inhibitors,	periodic paralysis,trauma	nephropathy, porphyria, expansion o
chlorpropamide,carbamazepine,anti	(transient). Drugs: Adrenergic agents,	extracellular fluid volume,
depressants (SSRI), antipsychotics.	diuretics.	adrenalinsufficiency,
		hyperaldosteronism, metabolic
		alkalosis. Drugs: chronic
		laxative,corticosteroids, diuretics.
Increased in: Dehydration	Increased in: Massive hemolysis,	Increased in: Renal failure, nephrotic
excessives weating, severe	severe tissue damage, rhabdomyolysis,	syndrome, RTA, dehydration,
vomiting or diarrhea), diabetes	acidosis, dehydration, renal failure,	overtreatment with
mellitus, diabetesinsipidus,	Addison's disease, RTA type IV,	saline, hyperparathyroidism, diabetes
hyperaldosteronism, inadequate	hyperkalemic familial periodic	insipidus, metabolic acidosis from
water intake. Drugs: steroids,	paralysis. Drugs: potassium salts,	diarrhea (Loss of HCO3-), respiratory
licorice,oral contraceptives.	potassium- sparing diuretics, NSAIDs,	alkalosis,hyperadrenocorticism.
	beta-blockers, ACE inhibitors, high-	Drugs: acetazolamide, androgens,
	dose trimethoprim-sulfamethoxazole.	hydrochlorothiazide,salicylates.
Interferences: Severe lipemia or	Interferences: Hemolysis of sample,	Interferences:Test is helpful in
hyperproteinemi, if sodium analysis	delayed separation of serum,	assessing normal and increased anior
involves a dilution step can cause	prolonged fist clenching during blood	gap metabolic acidosis and in
spurious results. The serum sodium	drawing, and prolonged tourniquet	distinguishing hypercalcemia due to
falls about 1.6 mEq/L for each 100	placement. Very high WBC/PLT counts	hyperparathyroidism (high serum
mg/dL increase in blood glucose.	may cause spurious. Plasma potassium	chloride) from that due to malignance
	levels are normal.	(Normal serum chloride)

#### Interpretation(s)

GLUCOSE FASTING, FLUORIDE PLASMA-TEST DESCRIPTION

Normally, the glucose concentration in extracellular fluid is closely regulated so that a source of energy is readily available to tissues and sothat no glucose is excreted in the

Increased in:Diabetes mellitus, Cushing's syndrome (10 – 15%), chronic pancreatitis (30%). Drugs:corticosteroids, phenytoin, estrogen, thiazides. **Decreased in**: Pancreatic islet cell disease with increased insulin, insulinoma, adrenocortical insufficiency, hypopituitarism, diffuse liver disease, malignancy (adrenocortical, stomach, fibrosarcoma), infant of a diabetic mother, enzyme deficiency

diseases(e.g.galactosemia), Drugs-insulin, ethanol, propranolol; sulfonylureas, tolbutamide, and other oral hypoglycemic agents.

NOTE: While random serum glucose levels correlate with home glucose monitoring results (weekly mean capillary glucose values), there is wide fluctuation within individuals. Thus, glycosylated hemoglobin (HbA1c) levels are favored to monitor glycemic control.



Dr. Arvind Semalti, MBBS,MD Pathology **Consultant Pathologist** 





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Female

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CODE/NAME & ADDRESS: C000138376 ARCOFEMI HEALTHCARE LTD (MEDIWHEEL F-703, LADO SARAI, MEHRAULISOUTH WEST

DELHI

**NEW DELHI 110030** 8800465156

ACCESSION NO: 0062XB002627

PATIENT ID : VARSF30088562

CLIENT PATIENT ID: ABHA NO

DRAWN

AGE/SEX

RECEIVED: 24/02/2024 07:58:48

:38 Years

REPORTED :26/02/2024 15:20:31

**Test Report Status** Results **Biological Reference Interval** <u>Final</u> Units

High fasting glucose level in comparison to post prandial glucose level may be seen due to effect of Oral Hypoglycaemics & Insulin treatment, Renal Glyosuria, Glycaemic

index & response to food consumed, Alimentary Hypoglycemia, Increased insulin response & sensitivity etc.

GLUCOSE, POST-PRANDIAL, PLASMA-High fasting glucose level in comparison to post prandial glucose level may be seen due to effect of Oral Hypoglycaemics & Insulin treatment, Renal Glyosuria, Glycaemic index & response to food consumed, Alimentary Hypoglycemia, Increased insulin response & sensitivity etc. Additional test HbA1c LIVER FUNCTION PROFILE, SERUM-

Bilirubin is a yellowish pigment found in bile and is a breakdown product of normal heme catabolism. Bilirubin is excreted in bile and urine, and elevated levels may give yellow discoloration in jaundice. **Elevated levels** results from increased bilirubin production (eg, hemolysis and ineffective erythropoiesis), decreased bilirubin excretion (eg, obstruction and hepatitis), and abnormal bilirubin metabolism (eg, hereditary and neonatal jaundice). Conjugated (direct) bilirubin is elevated more than unconjugated (indirect) bilirubin in Viral hepatitis, Drug reactions, Alcoholic liver disease Conjugated (direct) bilirubin is also elevated more than unconjugated (indirect) bilirubin wher there is some kind of blockage of the bile ducts like in Gallstones getting into the bile ducts, tumors &Scarring of the bile ducts. Increased unconjugated (indirect) bilirubin may be a result of Hemolytic or pernicious anemia, Transfusion reaction & a common metabolic condition termed Gilbert syndrome, due to low levels of the enzyme that attaches sugar molecules to bilirubin. **AST** is an enzyme found in various parts of the body. AST is found in the liver, heart, skeletal muscle, kidneys, brain, and red blood cells, and it is commonly measured

clinically as a marker for liver health. AST levels increase during chronic viral hepatitis, blockage of the bile duct, cirrhosis of the liver, liver cancer, kidney failure, hemolytic anemia, pancreatitis, hemochromatosis. AST levels may also increase after a heart attack or strenuous activity. ALT test measures the amount of this enzyme in the blood. ALT is found mainly in the liver, but also in smaller amounts in the kidneys, heart, muscles, and pancreas. It is commonly measured as a part of a diagnostic evaluation of hepatocellular injury, to determine liver health.AST levels increase during acute hepatitis, sometimes due to a viral infection, ischemia to the liver, chronic hepatitis, obstruction of bile ducts, cirrhosis.

ALP is a protein found in almost all body tissues. Tissues with higher amounts of ALP include the liver, bile ducts and bone. Elevated ALP levels are seen in Biliary obstruction, Osteoblastic bone tumors, osteomalacia, hepatitis, Hyperparathyroidism, Leukemia, Lymphoma, Pagets disease, Rickets, Sarcoidosis etc. Lower-than-normal ALP levels seen in Hypophosphatasia, Malnutrition, Protein deficiency, Wilsons disease.

**GGT** is an enzyme found in cell membranes of many tissues mainly in the liver, kidney and pancreas. It is also found in other tissues including intestine, spleen, heart, brain and seminal vesicles. The highest concentration is in the kidney, but the liver is considered the source of normal enzyme activity. Serum GGT has been widely used as an index of liver dysfunction. Elevated serum GGT activity can be found in diseases of the liver, biliary system and pancreas. Conditions that increase serum GGT are obstructive

liver disease,high alcohol consumption and use of enzyme-inducing drugs etc. **Total Protein** also known as total protein,is a biochemical test for measuring the total amount of protein in serum. Protein in the plasma is made up of albumin and globulin. Higher-than-normal levels may be due to: Chronic inflammation or infection, including HIV and hepatitis B or C, Multiple myeloma, Waldenstroms disease. Lower-than-normal levels may be due to: Agammaglobulinemia, Bleeding (hemorrhage), Burns, Glomerulonephritis, Liver disease, Malabsorption, Malnutrition, Nephrotic syndrome, Protein-losing enteropathy etc.

Albumin is the most abundant protein in human blood plasma. It is produced in the liver. Albumin constitutes about half of the blood serum protein. Low blood albumin levels (hypoalbuminemia) can be caused by: Liver disease like cirrhosis of the liver, nephrotic syndrome, protein-losing enteropathy, Burns, hemodilution, increased vascular

permeability or decreased lymphatic clearance,malnutrition and wasting etc BLOOD UREA NITROGEN (BUN), SERUM-**Causes of Increased** levels include Pre renal (High protein diet, Increased protein catabolism, GI haemorrhage, Cortisol, Dehydration, CHF Renal), Renal Failure, Post Renal (Malignancy, Nephrolithiasis, Prostatism) Causes of decreased level include Liver disease, SIADH.

CREATININE, SERUM-Higher than normal level may be due to: • Blockage in the urinary tract, Kidney problems, such as kidney damage or failure, infection, or reduced blood flow, Loss of body fluid (dehydration), Muscle problems, such as breakdown of muscle fibers, Problems during pregnancy, such as seizures (eclampsia)), or high blood pressure caused by pregnancy (preeclampsia)

Lower than normal level may be due to:• Myasthenia Gravis, Muscuophy

URIC ACID, SERUM-Causes of Increased levels:-Dietary(High Protein Intake, Prolonged Fasting, Rapid weight loss), Gout, Lesch nyhan syndrome, Type 2 DM, Metabolic

syndrome Causes of decreased levels-Low Zinc intake, OCP, Multiple Sclerosis

TOTAL PROTEIN, SERUM-is a biochemical test for measuring the total amount of protein in serum. Protein in the plasma is made up of albumin and globulin.

Higher-than-normal levels may be due to: Chronic inflammation or infection, including HIV and hepatitis B or C, Multiple myeloma, Waldenstroms disease Lower-than-normal levels may be due to: Agammaglobulinemia, Bleeding (hemorrhage), Burns, Glomerulonephritis, Liver disease, Malabsorption, Malnutrition, Nephrotic

syndrome, Protein-losing enteropathy etc. ALBUMIN, SERUM-Human serum albumin is the most abundant protein in human blood plasma. It is produced in the liver. Albumin constitutes about half of the blood serum protein. Low blood albumin levels (hypoalbuminemia) can be caused by: Liver disease like cirrhosis of the liver, nephrotic syndrome, protein-losing enteropathy, Burns, hemodilution, increased vascular permeability or decreased lymphatic clearance, malnutrition and wasting etc.

Dr. Arvind Semalti, MBBS,MD Pathology **Consultant Pathologist** 



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# **CLINICAL PATH - URINALYSIS**

### MEDI WHEEL FULL BODY HEALTH CHECKUP BELOW 40FEMALE

PHYSICAL EXAMINATION, URINE

**COLOR** PALE YELLOW

**APPEARANCE CLEAR** 

## CHEMICAL EXAMINATION, URINE

PH	5.0	4.5 - 7.5
SPECIFIC GRAVITY	1.015	1.005 - 1.030
PROTEIN	NOT DETECTED	NEGATIVE
GLUCOSE	NOT DETECTED	NEGATIVE
KETONES	NOT DETECTED	NOT DETECTED
BLOOD	NOT DETECTED	NEGATIVE
BILIRUBIN	NOT DETECTED	NOT DETECTED
UROBILINOGEN	NORMAL	NORMAL
NITRITE	NOT DETECTED	NOT DETECTED
LEUKOCYTE ESTERASE	NOT DETECTED	NOT DETECTED

# MICROSCOPIC EXAMINATION, URINE

RED BLOOD CELLS	NOT DETECTED	NOT DETECTED	/HPF
PUS CELL (WBC'S)	0-1	0-5	/HPF
EPITHELIAL CELLS	1-2	0-5	/HPF

NOT DETECTED **CASTS** NOT DETECTED **CRYSTALS** 

**BACTERIA** NOT DETECTED NOT DETECTED YEAST **NOT DETECTED** NOT DETECTED

NOTE: - MICROSCOPIC EXAMINATION OF URINE IS PERFORMED BY **REMARKS** 

**CENTRIFUGE** 

URINARY SEDIMENT.



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ARCOFEMI HEALTHCARE LTD (MEDIWHEEL PATIENT ID : VARSF30088562

DRAWN F-703, LADO SARAI, MEHRAULISOUTH WEST CLIENT PATIENT ID: RECEIVED : 24/02/2024 07:58:48

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Biological Reference Interval **Test Report Status** Results Units <u>Final</u>

# Interpretation(s)

The following table describes the probable conditions, in which the analytes are present in urine

Presence of	Conditions				
Proteins	Inflammation or immune illnesses				
Pus (White Blood Cells)	Urinary tract infection, urinary tract or kidney stone, tumors or any kind				
	of kidney impairment				
Glucose	Diabetes or kidney disease				
Ketones	Diabetic ketoacidosis (DKA), starvation or thirst				
Urobilinogen	Liver disease such as hepatitis or cirrhosis				
Blood	Renal or genital disorders/trauma				
Bilirubin	Liver disease				
Erythrocytes	Urological diseases (e.g. kidney and bladder cancer, urolithiasis), urinary tract infection and glomerular diseases				
Leukocytes	Urinary tract infection, glomerulonephritis, interstitial nephritis either acute or chronic, polycystic kidney disease, urolithiasis, contamination by genital secretions				
Epithelial cells	Urolithiasis, bladder carcinoma or hydronephrosis, ureteric stents or bladder catheters for prolonged periods of time				
Granular Casts	Low intratubular pH, high urine osmolality and sodium concentration, interaction with Bence-Jones protein				
Hyaline casts					
Calcium oxalate	Ilcium oxalate Metabolic stone disease, primary or secondary hyperoxaluria, intravenous infusion of large doses of vitamin C, the use of vasodilator naftidrofuryl oxalate or the gastrointestinal lipase inhibitor orlistat, ingestion of ethylene glycol or of star fruit (Averrhoa carambola) or its juice				
Uric acid	arthritis				
Bacteria	Urinary infectionwhen present in significant numbers & with pus cells.				
Trichomonas vaginalis Vaginitis, cervicitis or salpingitis					



Dr. Arvind Semalti, MBBS,MD **Pathology Consultant Pathologist** 





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Tel: 9111591115, Fax: CIN - U74899PB1995PLC045956 Page 20 Of 25



Female

**PATIENT NAME: VARSHA REF. DOCTOR: SELF** 

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F-703, LADO SARAI, MEHRAULISOUTH WEST

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AGE/SEX DRAWN

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## **CYTOLOGY**

# MEDI WHEEL FULL BODY HEALTH CHECKUP BELOW 40FEMALE

#### **PAPANICOLAOU SMEAR**

TEST METHOD

PAP stain

Specimen Type: Conventional PAP smear

Received two unstained slides fixed in alcohol.

Reporting system: - 2014 The Bethesda system of reporting cervical

cytology.

Specimen Adequacy - Satisfactory for evaluation

Microscopy:

Smears examined show superficial and intermediate squamous epithelial

cells.

Endocervical cells not seen Transformation zone not seen.

Background shows moderate inflammation.

Flora is normal.

No atypia/ fungus/ parasites seen.

Interpretation: Negative for intraepithelial lesion or malignancy (NILM).

Comment:

Pap smear cytology is a screening procedure.

Corroboration of cytopathologic findings with colposcopic /local

examination and ancillary findings is recommended.

Test was done by manual method.

Dr. Arvind Semalti, MBBS,MD Pathology **Consultant Pathologist** 



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Agilus Diagnostics Ltd. Plot No.160, Pocket D-11 Sector 8, Rohini

New Delhi, 110085 New Delhi, India Tel: 9111591115, Fax: PHYSICAL EXAMINATION, STOOL



**PATIENT NAME: VARSHA REF. DOCTOR:** SELF

CODE/NAME & ADDRESS: C000138376 ACCESSION NO: 0062XB002627 AGE/SEX : 38 Years Female

ARCOFEMI HEALTHCARE LTD (MEDIWHEEL PATIENT ID : VARSF30088562

DRAWN F-703, LADO SARAI, MEHRAULISOUTH WEST CLIENT PATIENT ID: RECEIVED : 24/02/2024 07:58:48 DELHI

ABHA NO REPORTED :26/02/2024 15:20:31 **NEW DELHI 110030** 8800465156

**Biological Reference Interval Units Test Report Status** Results <u>Final</u>

# **CLINICAL PATH - STOOL ANALYSIS**

# MEDI WHEEL FULL BODY HEALTH CHECKUP BELOW 40FEMALE

COLOUR SAMPLE NOT RECEIVED

Dr. Arvind Semalti, MBBS,MD **Pathology Consultant Pathologist** 





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Agilus Diagnostics Ltd. Plot No.160, Pocket D-11 Sector 8, Rohini

New Delhi, 110085 New Delhi, India

Tel: 9111591115, Fax: CIN - U74899PB1995PLC045956



**REF. DOCTOR:** SELF **PATIENT NAME: VARSHA** 

CODE/NAME & ADDRESS: C000138376 ACCESSION NO: 0062XB002627 AGE/SEX :38 Years Female ARCOFEMI HEALTHCARE LTD (MEDIWHEEL

F-703, LADO SARAI, MEHRAULISOUTH WEST

DELHI

**NEW DELHI 110030** 

8800465156

PATIENT ID : VARSF30088562

CLIENT PATIENT ID: ABHA NO

DRAWN

RECEIVED: 24/02/2024 07:58:48

REPORTED :26/02/2024 15:20:31

**Test Report Status** Results Biological Reference Interval Units <u>Final</u>

#### **SPECIALISED CHEMISTRY - HORMONE**

# MEDI WHEEL FULL BODY HEALTH CHECKUP BELOW 40FEMALE

THYROID PANEL, SERUM			
Т3	139.40	Non-Pregnant Women 80.0 - 200.0 Pregnant Women 1st Trimester:105.0 - 230.0 2nd Trimester:129.0 - 262.0 3rd Trimester:135.0 - 262.0	)
T4	7.57	Non-Pregnant Women 5.10 - 14.10 Pregnant Women 1st Trimester: 7.33 - 14.80 2nd Trimester: 7.93 - 16.10 3rd Trimester: 6.95 - 15.70	μg/dL
TSH (ULTRASENSITIVE)	3.360	Non Pregnant Women 0.27 - 4.20 Pregnant Women (As per American Thyroid Associatio 1st Trimester 0.100 - 2.500 2nd Trimester 0.200 - 3.000 3rd Trimester 0.300 - 3.000	)

### Interpretation(s)

Triiodothyronine T3, Thyroxine T4, and Thyroid Stimulating Hormone TSH are thyroid hormones which affect almost every physiological process in the body, including growth, development, metabolism, body temperature, and heart rate.

Production of T3 and its prohormone thyroxine (T4) is activated by thyroid-stimulating hormone (TSH), which is released from the pituitary gland. Elevated concentrations of T3, and T4 in the blood inhibit the production of TSH.

Excessive secretion of thyroxine in the body is hyperthyroidism, and deficient secretion is called hypothyroidism.

In primary hypothyroidism, TSH levels are significantly elevated, while in secondary and tertiary hyperthyroidism, TSH levels are low. Below mentioned are the guidelines for Pregnancy related reference ranges for Total T4, TSH & Total T3. Measurement of the serum TT3 level is a more sensitive test for the diagnosis of hyperthyroidism, and measurement of TT4 is more useful in the diagnosis of hypothyroidism. Most of the thyroid hormone in blood is bound to transport proteins. Only a very small fraction of the circulating hormone is free and biologically active. It is advisable to detect Free T3, FreeT4 along with TSH, instead of testing for albumin bound Total T3, Total T4.

Total T4 FT4 Total T3 Sr. No. Possible Conditions

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**Test Report Status Results Biological Reference Interval** Units <u>Final</u>

ABHA NO

	117.1				(4) Th. 1 11 4 111 (2) (3) 1 1 1 20
1	High	Low	Low	Low	(1) Primary Hypothyroidism (2) Chronic autoimmune Thyroiditis (3)
					Post Thyroidectomy (4) Post Radio-Iodine treatment
2	High	Normal	Normal	Normal	(1)Subclinical Hypothyroidism (2) Patient with insufficient thyroid
			1		hormone replacement therapy (3) In cases of Autoimmune/Hashimoto
			1		thyroiditis (4). Isolated increase in TSH levels can be due to Subclinical
			1		inflammation, drugs like amphetamines, Iodine containing drug and
					dopamine antagonist e.g. domperidone and other physiological reasons.
3	Normal/Low	Low	Low	Low	(1) Secondary and Tertiary Hypothyroidism
4	Low	High	High	High	(1) Primary Hyperthyroidism (Graves Disease) (2) Multinodular Goitre
					(3)Toxic Nodular Goitre (4) Thyroiditis (5) Over treatment of thyroid
					hormone (6) Drug effect e.g. Glucocorticoids, dopamine, T4
					replacement therapy (7) First trimester of Pregnancy
5	Low	Normal	Normal	Normal	(1) Subclinical Hyperthyroidism
6	High	High	High	High	(1) TSH secreting pituitary adenoma (2) TRH secreting tumor
7	Low	Low	Low	Low	(1) Central Hypothyroidism (2) Euthyroid sick syndrome (3) Recent
					treatment for Hyperthyroidism
8	Normal/Low	Normal	Normal	High	(1) T3 thyrotoxicosis (2) Non-Thyroidal illness
9	Low	High	High	Normal	(1) T4 Ingestion (2) Thyroiditis (3) Interfering Anti TPO antibodies

REF: 1. TIETZ Fundamentals of Clinical chemistry 2. Guidlines of the American Thyroid association duriing pregnancy and Postpartum, 2011. NOTE: It is advisable to detect Free T3, FreeT4 along with TSH, instead of testing for albumin bound Total T3, Total T4.TSH is not affected by variation in thyroid - binding protein. TSH has a diurnal rhythm, with peaks at 2:00 - 4:00 a.m. And troughs at 5:00 - 6:00 p.m. With ultradian variations.

> \*\*End Of Report\*\* Please visit www.agilusdiagnostics.com for related Test Information for this accession

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Agilus Diagnostics Ltd. Plot No.160, Pocket D-11 Sector 8, Rohini





Female

**REF. DOCTOR:** SELF **PATIENT NAME: VARSHA** 

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DELHI

**NEW DELHI 110030** 8800465156

ACCESSION NO: 0062XB002627

PATIENT ID : VARSF30088562

CLIENT PATIENT ID: ABHA NO

AGE/SEX DRAWN

RECEIVED: 24/02/2024 07:58:48

:38 Years

REPORTED :26/02/2024 15:20:31

**Test Report Status** Results Biological Reference Interval Units <u>Final</u>

### **CONDITIONS OF LABORATORY TESTING & REPORTING**

- 1. It is presumed that the test sample belongs to the patient named or identified in the test requisition form.
- 2. All tests are performed and reported as per the turnaround time stated in the AGILUS Directory of Services.
- 3. Result delays could occur due to unforeseen circumstances such as non-availability of kits / equipment breakdown / natural calamities / technical downtime or any other unforeseen event.
- 4. A requested test might not be performed if:
  - i. Specimen received is insufficient or inappropriate
  - ii. Specimen quality is unsatisfactory
  - iii. Incorrect specimen type
  - iv. Discrepancy between identification on specimen container label and test requisition form

- 5. AGILUS Diagnostics confirms that all tests have been performed or assayed with highest quality standards, clinical safety & technical integrity.
- 6. Laboratory results should not be interpreted in isolation; it must be correlated with clinical information and be interpreted by registered medical practitioners only to determine final diagnosis.
- Test results may vary based on time of collection, physiological condition of the patient, current medication or nutritional and dietary changes. Please consult your doctor or call us for any clarification.
- Test results cannot be used for Medico legal purposes.
- 9. In case of queries please call customer care (91115 91115) within 48 hours of the report.

## **Agilus Diagnostics Limited**

Fortis Hospital, Sector 62, Phase VIII, Mohali 160062

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