

MER- MEDICAL EXAMINATION REPORT

Date of Examination	10/02/24		
NAME	Aditya Sankar		
AGE	29	Gender	m
HEIGHT(cm)	171	WEIGHT (kg)	69 BMS-23.6
B.P.	110/68		
ECG	Normal		
X Ray	Normal		
Vision Checkup	→		
Present Ailments	None		
Details of Past ailments (If Any)	No		
Comments / Advice : She /He is Physically Fit	MEDICALLY FIT		



  
 Dr. Smita Rastogi  
 MBBS, DCP  
 Signature with Stamp of Medical Examiner  
 Reg. No. 37370



 आदित्य शुक्ला  
 Aditya Shukla  
 जन्म तिथि / DOB: 10/07/1985  
 पुरुष / Male

2768 9522 1029

मेरा आधार, मेरी पहचान

*Aditya*






 आदित्य शुक्ला, 2260, विहार-01  
 मंसरीवाड़ा पोस्टा, टुलसीपुरा नगर, यूपी  
 आदित्य शुक्ला, 2260, विहार-01  
 मंसरीवाड़ा पोस्टा, टुलसीपुरा नगर, यूपी  
 PIN: 226012  
 Address: S/O. Aditya Kumar Shukla, 2260,  
 Mansariwar Yojna, Near Transport  
 Nagar, Kashyapa, L D A Colony, Lucknow,  
 Uttar Pradesh, 226012

2768 9522 1029

1147 help@uidai.gov.in www.uidai.gov.in

You have been informed that, ophthal,  
dental consultation or dietician  
consultation facility is not available at  
our centre .If you are ready then your  
test can be start.

2D echo test facility is not available at  
our centre, instead we do TMT test.

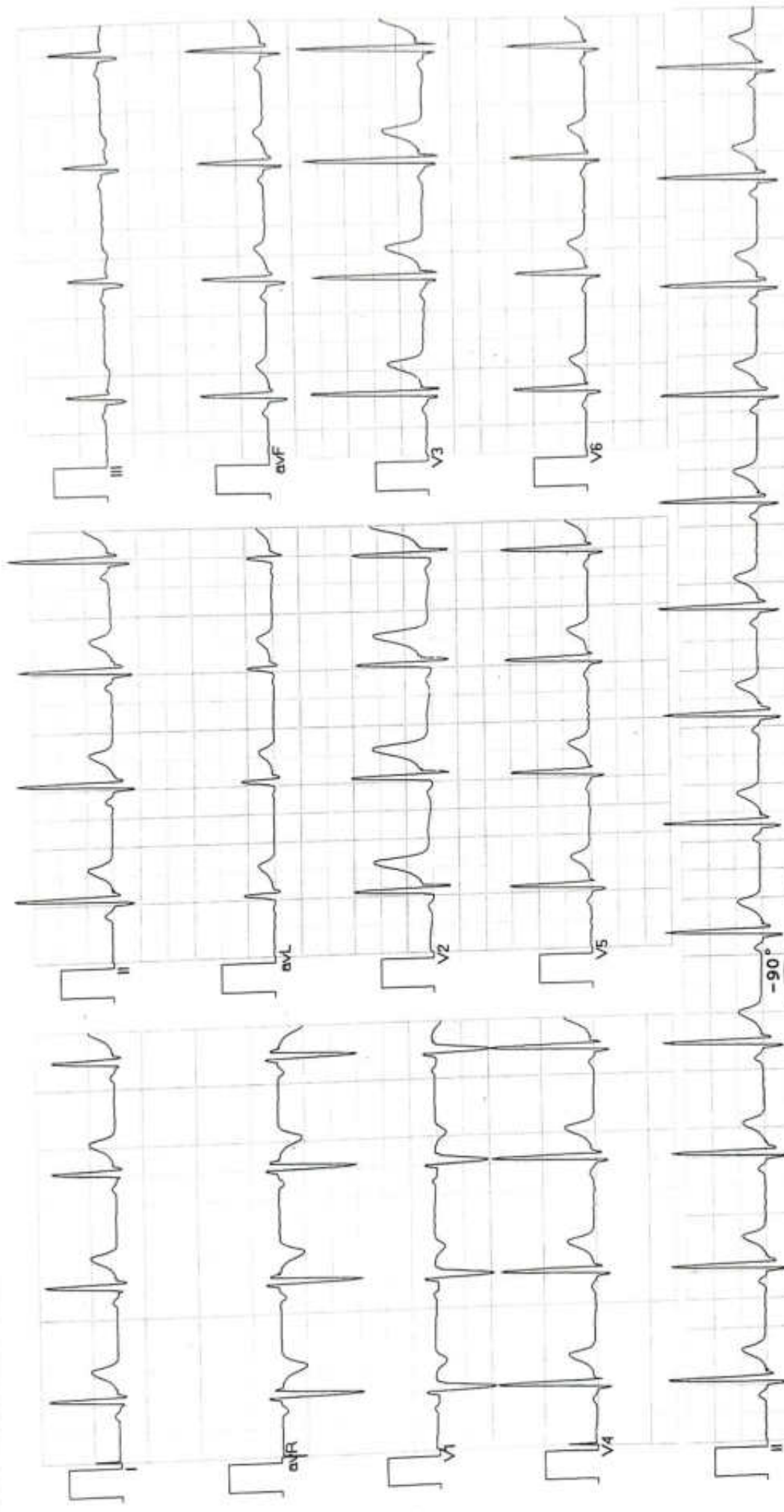
  
Aditya Shukla



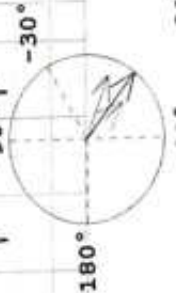


ECG

Modern Pathology And Diagnostic Centre  
262 / ADITYA SHUKLA / 29 Yrs / M / 171Cms. / 96Kgs. / Smoker  
Heart Rate : 78 bpm / Tested On : 10-Aug-24 11:04:48 / HF 0.05 Hz - LF 100 Hz / Notch 50 Hz / Sn 1.00 Cm/mV / Sw 25 mm/s



Vent Rate : 78 bpm  
PR Interval : 118 ms  
QRS Duration: 96 ms  
QT/QTc Int : 326/358 ms  
P-QRS-T axis: 47.00• 39.00• 21.00•  
Allergens ECG (Pisces)(PIS215191030)



Normal ECG

*Dr. Amit Mohan*

Dr. AMIT MOHAN MD  
Reg. No. 44559



# MODERN PATHOLOGY & DIAGNOSTIC CENTRE

Dr. R. P. Rastogi  
M.B.B.S., M.D. (Path & Bact)

CLINIC :  
1/4A, Vineet Khand, (Opp Jaipuria Management)  
Gomti Nagar, Lucknow - 226 010  
Ph.: 0522-4008184, 4308184 • 8112323333  
Mob.: 7618884441, 9450389932, 8177063877



TEST REQUEST ID :012408100018	SAMPLE DATE	:10/Aug/2024 09:47AM
NAME :Mr. ADITYA SHUKLA	SAMPLE REC. DATE	:10/Aug/2024 09:47AM
AGE/SEX :28 YRS/MALE	REPORTED DATE	:10/Aug/2024 10:28AM
REFERRED BY : Apollo Health and Lifestyle Limited,	BARCODE NO	:01100018

## USG WHOLE ABDOMEN-MALE

**Liver:** is normal in size ( 135 mm). Parenchymal echogenicity is normal. No focal echovariant lesion is seen. Intrahepatic biliary radicles are not dilated.

**Gall Bladder:** is well distended. Lumen is anechoic. Wall is of normal thickness.

**CBD:** is normal in diameter. Portal vein is normal in diameter.

**Pancreas:** is normal in size, shape and echotexture. No focal echovariant lesion is seen. Pancreatic duct is not dilated.

**Spleen:** is normal in size ( 86 mm), shape and echotexture. No focal echovariant lesion is seen. Splenic vein is normal.

**Right Kidney:** is normal in size 91x39 mm, shape, position and excursion. Parenchymal echogenicity and echotexture is normal with maintained corticomedullary differentiation. No mass, cyst, or calculi is seen. Pelvicalyceal systems are not dilated. Ureter is not dilated.

**Left Kidney:** is normal in size 83x47 mm, shape, position and excursion. Parenchymal echogenicity and echotexture is normal with maintained corticomedullary differentiation. No mass, cyst, or calculi is seen. Pelvicalyceal systems are not dilated. Ureter is not dilated.



Dr. Sanjay Rastogi  
M.B.B.S., DCP, CRIAT (BARC)

DR. PANKAJ UPADHYAYA  
Consultant Radiologist

Dr. Smita Rastogi  
M.B.B.S., DCP

Results, adhering to W.H.O. and International Federation of Clinical Chemists Quality Control Standards.

SAMPLE COLLECTION FACILITY AVAILABLE

Report needs clinicopathological correlation ♦ Not for Medico Legal Purpose

Print DateTime: 10/08/2024 10:28 AM

e-mail : mpdcgn@gmail.com ♦ For online reports - [www.modernpath.in](http://www.modernpath.in)

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Dr. R. P. Rastogi  
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TEST REQUEST ID :012408100018	SAMPLE DATE	:10/Aug/2024 09:47AM
NAME :Mr. ADITYA SHUKLA	SAMPLE REC. DATE	:10/Aug/2024 09:47AM
AGE/SEX :28 YRS/MALE	REPORTED DATE	:10/Aug/2024 10:28AM
REFERRED BY : Apollo Health and Lifestyle Limited,	BARCODE NO	:01100018

**Urinary bladder:** is well distended. Lumen is anechoic. Wall is of normal thickness. No mass or calculus is seen.

**Prostate:** is normal in size (29x30x32 mms, wt = 15.0 gms), shape and echotexture. No focal echovariant lesion is seen. Prostatic capsule appears to be intact. Median lobe is not projecting in UB lumen. Both seminal vesicles appear normal.

Both iliac fossae are clear. No obvious bowel pathology is noted.  
There is no free fluid in peritoneal cavity.

## OPINION:

- **NORMAL STUDY.**

\*\*\* End Of Report \*\*\*



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11/08/2024 10:28:11 AM

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NAME :Mr. ADITYA SHUKLA	SAMPLE REC. DATE	:10/Aug/2024 09:47AM
AGE/SEX :28 YRS/MALE	REPORTED DATE	:10/Aug/2024 10:44AM
REFERRED BY : Apollo Health and Lifestyle Limited,	BARCODE NO	:01100018

## XRAY CHEST PA

- Trachea is central in position.
- Bilateral lung fields are normally aerated.
- Both hilar shadows are normal.
- Both C.P. angles are clear.
- Cardiac shadow is within normal limits.
- Bony cage appears normal.

Please correlate clinically.

\*\*\* End Of Report \*\*\*



**Anjay Rastogi**  
M.B.B.S., DCP, CRIAT (BARC)

**Dr.Surbhi**  
MBBS,MD (Radiodiagnosis)

**Dr. Smita Rastogi**  
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Date	: 10-Aug-2024			
Name	: <b>Mr. ADITYA SHUKLA</b>		Age	: 28 Yrs.
Ref.By	: APOLLO HEALTH		Sex	: Male
Haemoglobin	15.2	gm%	14 - 17	
Total Leucocyte Count	4900	Cells/cumm.	4000-11000	
<b>Differential Leucocyte Count</b>				
Polymorphs	59	%	45 - 70	
Lymphocytes	32	%	20 - 45	
Eosinophils	04	%	0 - 6	
Monocytes	05	%	0 - 8	
Basophils	00	%	0 - 1	
<b>Erythrocyte Sedimentation Rate (Wintrobe)</b>				
ESR	06	mm in 1st Hr.	0 - 9	
PCV	47.4	cc%	40 - 52	
Corrected ESR	02	mm in 1st Hr.	0 - 9	
Platelet Count	2.02	lakh/cumm.	1.5 - 4.0	
Red Cells Count	5.23	million/cmm	3.90 to 5.80	
<b>Absolute values</b>				
MCV	90.8	fL	77 - 97	
MCH	29.1	pg	27 - 31	
MCHC	32.1	gm /dl	31 - 34	
Plasma Glucose - F GOD-POD Method	87	mg/dl	70 - 110	
Plasma Glucose - PP GOD POD Method	<b>108</b>	mg/dl	110 - 170	
Blood Group & Rh	"A" Positive			

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**Dr. Smitha Rastogi**  
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Date	: 10-Aug-2024		
Name	: <b>Mr. ADITYA SHUKLA</b>	Age	: 28 Yrs.
Ref.By	: APOLLO HEALTH	Sex	: Male

<b>KFT</b>			
UREA	21.6	mg %	15 - 50
CREATININE	1.02	mg %	0.5 - 1.5
URIC ACID	5.2	mg %	2 - 7
CALCIUM	9.7	mg %	8.8 - 10.0

Urine Sugar (Fasting)	NIL
-----------------------	-----

Urine Sugar (PP)	NIL
------------------	-----

<b>LFT T&amp;D</b>			
Total Bilirubin	0.69	mg%	0.2 - 1.0
Direct Bilirubin	0.18	mg%	0.0 to 0.40
Indirect Bilirubin	0.51	mg%	0.10 to 0.90
S.G.P.T	<b>45</b>	IU/L	5 - 40
S.G.O.T	39	IU/L	5 - 50
ALP	86	IU/L	40 to 129

Serum Gamma G.T.	24	IU/L	11 - 50
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Date	: 10-Aug-2024	Age	: 28 Yrs.
Name	: <b>Mr. ADITYA SHUKLA</b>	Sex	: Male
Ref.By	: APOLLO HEALTH		

### LIPID PROFILE

Triglycerids	136	mg%	70 - 190
S. Cholestrol S.	199	mg%	130 - 230
S. HDL Cholestrol	46.0	mg%	35 - 75
S. LDL Cholestrol	125.8	mg%	75 - 150
VLDL	27.2	mg%	0 - 34
Chol / HDL factor	4.33		
LDL / HDL Factor	2.73		

### COMMENTS

- \* Triglycerides (TG) are the main dietary lipids. Cholesterol constitutes a small part of the dietary lipids, it is mostly synthesised in the liver. Both TG and Chol. are transported through the plasma by lipoproteins (Chylomicrons, VLDL, LDL, IDL, HDL).
- \* LDL is the major cholesterol particle in plasma and high levels are strongly implicated in the formation of atheroma. An increase in the LDL leads to hypercholesterolemia, and therefore a risk factor for IHD. LDL increases with age particularly in females. Oestrogen lowers LDL and raises HDL. Raised chol. in females is mostly due to disturbed thyroid function.
- \* Increase in VLDL leads to hyperglyceridaemia. Raised TGs are associated with increased risk of CHD. Very high TGs increase the risk of Pancreatitis. Cholesterol is often raised due to Diabetes, Renal disease, Diuretic or Betablocker therapy.

### TYPES OF HYPERLIPOPROTEINEMIAS

TYPE 1: Normal cholesterol TG greatly raised	TYPE 3: Cholesterol increased TG increased
TYPE 2a: Cholesterol increased LDL increased TG normal	TYPE 4: Cholesterol normal /increased VLDL increased TG increased
TYPE 2b Chol. increased VLDL raised TG increased LDL increased	TYPE 5: Cholesterol increased LDL reduced VLDL increased TG greatly increased

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Dr. R. P. Rastogi  
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Date : 10-Aug-2024

Name : Mr. ADITYA SHUKLA

Age : 28 Yrs.

Ref.By : APOLLO HEALTH

Sex : Male

## THYROID TEST

Tri-iodothyronine (T3)	1.80	nmol/L	0.50 to 2.50
Thyroxine (T4)	6.62	mcg/dL	5.0 to 12.5
Thyroid Stimulating Hormone (TSH)	2.30	mIU/ ml	0.3 to 6.0

## COMMENTS

- 1) Primary hyperthyroidism is accompanied by elevated Serum T3 and T4 values along with depressed TSH levels.
- 2) Primary Hypothyroidism is accompanied by depressed serum T3 and T4 values and elevated serum TSH levels.
- 3) Normal T4 levels accompanied by high T3 levels are seen in patients with T3 thyrotoxicosis.
- 4) Slightly elevated T3 levels may be found in pregnancy and estrogen therapy, while depressed levels maybe encountered in severe illness, malnutrition, renal failure and during therapy with drugs like propranolol and propylthiouracil.
- 5) Elevated TSH levels may also be indicative of TSH secreting Pituitary Tumour.

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Date	: 10-Aug-2024	Age	: 28 Yrs.
Name	: <b>Mr. ADITYA SHUKLA</b>	Sex	: Male
Ref.By	: APOLLO HEALTH		

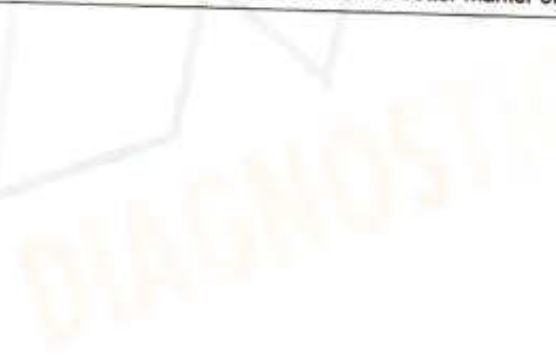
### Glycosylated Haemoglobin

Glycosylated Haemoglobin	5.3	%	4.5 TO 6.0
--------------------------	-----	---	------------

#### INTERPRETATION AND COMMENTS

NON DIABETIC : 4.5 to 6.0 %  
 GOOD CONTROL: 6.0 to 7.0  
 FAIR CONTROLLED 7.0 AND 8.0  
 UNCONTROLLED 8.0 AND ABOVE

Glycosylated haemoglobin is the adducted glucose in the haemoglobin of the red blood cells, this adduction is stable for the life time of the RBC (i.e 120 days). There fore the measure of glycosylated haemoglobin reflects the average blood glucose concentration over the preseding several weeks. The sudden change in blood glucose level would not effect the glycosylated haemoglobin level ,which serves as a better marker of long term metabolic control and the efficacy of therapy.



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Date	: 10-Aug-2024		
Name	: <b>Mr. ADITYA SHUKLA</b>	Age	: 28 Yrs.
Ref.By	: APOLLO HEALTH	Sex	: Male

## Urine Examination

<b>PHYSICAL</b>			
Colour	Straw		
Turbidity	Nil		
Deposit	Nil		
Reaction	Acidic		
*Specific Gravity	1.020		
<b>CHEMICAL</b>			
Protein	Nil		
Sugar	Nil		
*Bile Salts	Nil		
*Bile Pigments	Nil		
Phosphate	Nil		
<b>MICROSCOPIC</b>			
Pus Cells	Nil	/hpf	
Epithelial Cells	0-1	/hpf	
Red Blood Cells	Nil	/hpf	
Casts	Nil		
Crystals	Nil		
Others	Nil		

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MODERN PATHOLOGY AND DIAGNOSTIC CENTER

Gomti Nagar Lucknow

Report



ADITYA SHUKLA / 29 Yrs / M / 171 Cms / 69 Kg  
 Date: 10 - 08 - 2024 Refd By : APOLLO HEALTH Examined By:

Stage	Time	Duration	Speed(Kmph)	Elevation	METs	Rate	% THR	BP	RPP	PVC	Comments
Supine	00:06	0:06	00.0	00.0	01.0	081	42 %	110/68	089	00	
Standing	00:12	0:06	00.0	00.0	01.0	081	42 %	110/68	089	00	
HV	00:17	0:05	00.0	00.0	01.0	083	43 %	110/68	091	00	
ExStart	00:25	0:08	00.0	00.0	01.0	078	41 %	110/68	085	00	
BRUCE Stage 1	03:25	3:00	02.7	10.0	04.7	119	62 %	118/80	140	00	
BRUCE Stage 2	06:25	3:00	04.0	12.0	07.1	135	71 %	124/84	167	00	
BRUCE Stage 3	09:25	3:00	05.5	14.0	10.2	175	92 %	136/90	238	00	
PeakEx	09:39	0:14	06.8	16.0	10.5	179	94 %	142/94	254	00	
Recovery	10:39	1:00	00.0	00.0	04.3	144	75 %	138/88	198	00	
Recovery	11:39	2:00	00.0	00.0	01.0	120	63 %	132/84	158	00	
Recovery	12:39	3:00	00.0	00.0	01.0	100	52 %	126/80	126	00	
Recovery	12:57	3:18	00.0	00.0	01.0	102	53 %	126/80	128	00	

FINDINGS :

Exercise Time : 09:14  
 Max HR Attained : 179 bpm 94% of Target 191  
 Max BP Attained : 142/94 (mm/Hg)  
 Max WorkLoad Attained : 10.5 Good response to induced stress  
 Test End Reasons : Test Complete, Fatigue

REPORT :

CONCLUSIONS:

1. STRESS TEST IS NEGATIVE FOR EXERCISE INDUCED ISCHAEMIC HEART DISEASE.

DR. ANIL KUMAR SHUKLA  
 MD  
 Red. No. 44559



BRUCE:Supine(0:07)

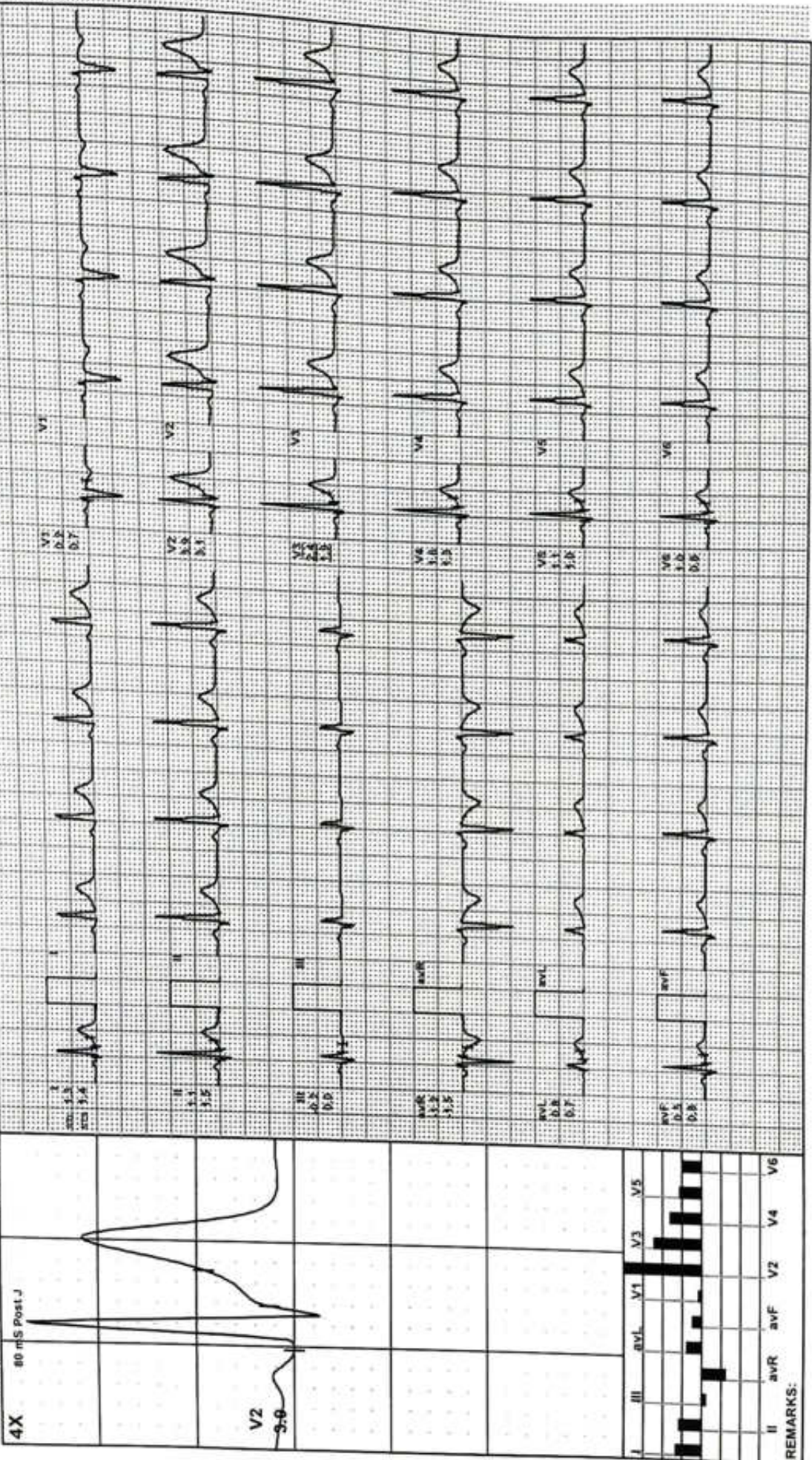
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ADITYA SHUKLA / 29 Yrs / M / 171 Cms / 69 Kg / HR : 81

ExTime 00:00 0.0 KmPh, 0.0%

METS: 1.0/81 bpm 42% of THR BP: 110/68 mmHg Combined Medians/ BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz

25 mm/Sec 1.0 cm/mV



4X 80 mS Post-J

V2 3-0

I	II	III	aVR	aVL	aVF	V1	V2	V3	V4	V5	V6
■	■	■	■	■	■	■	■	■	■	■	■

REMARKS:





BRUCE: Standing(0:06)

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ADITYA SHUKLA / 29 Yrs / M / 171 Cms / 69 Kg / HR : 81

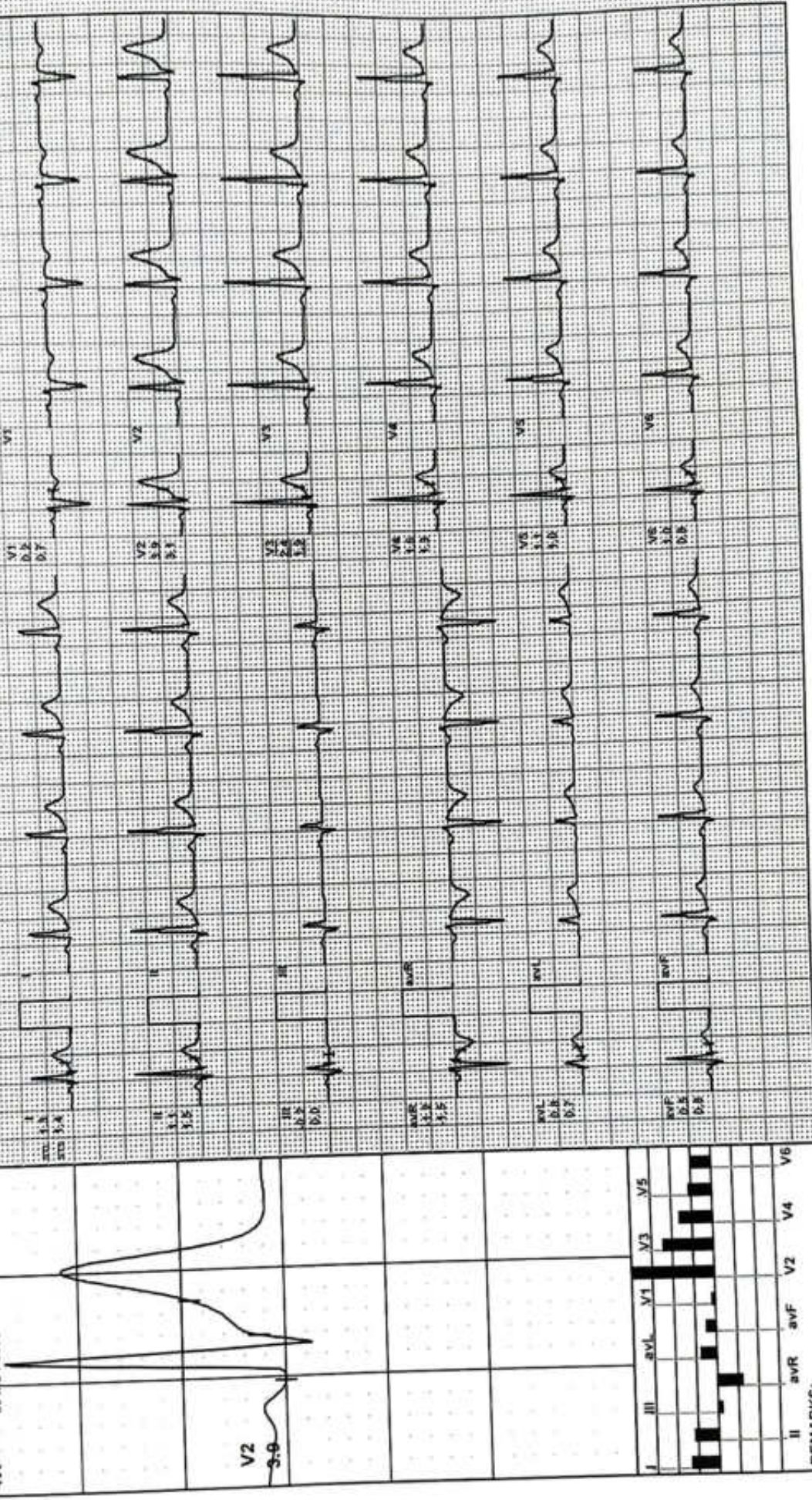
ExTime: 00:00 0.0 Kmph. 0.0%

25 min/Sec. 1.0 Cm/mV

METS: 1.0/81 bpm 42% of THR BP: 110/68 mmHg Combined Medians/ BLC Chr/ Naich Chr/ HF 0.05 Hz/LF 35 Hz

Date: 10 - 08 - 2024

4X 80 mS Post J



REMARKS:

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ADITYA SHUKLA / 29 Yrs / M / 171 Cms / 69 Kg / HR : 83

BRUCE:HV(0:06)

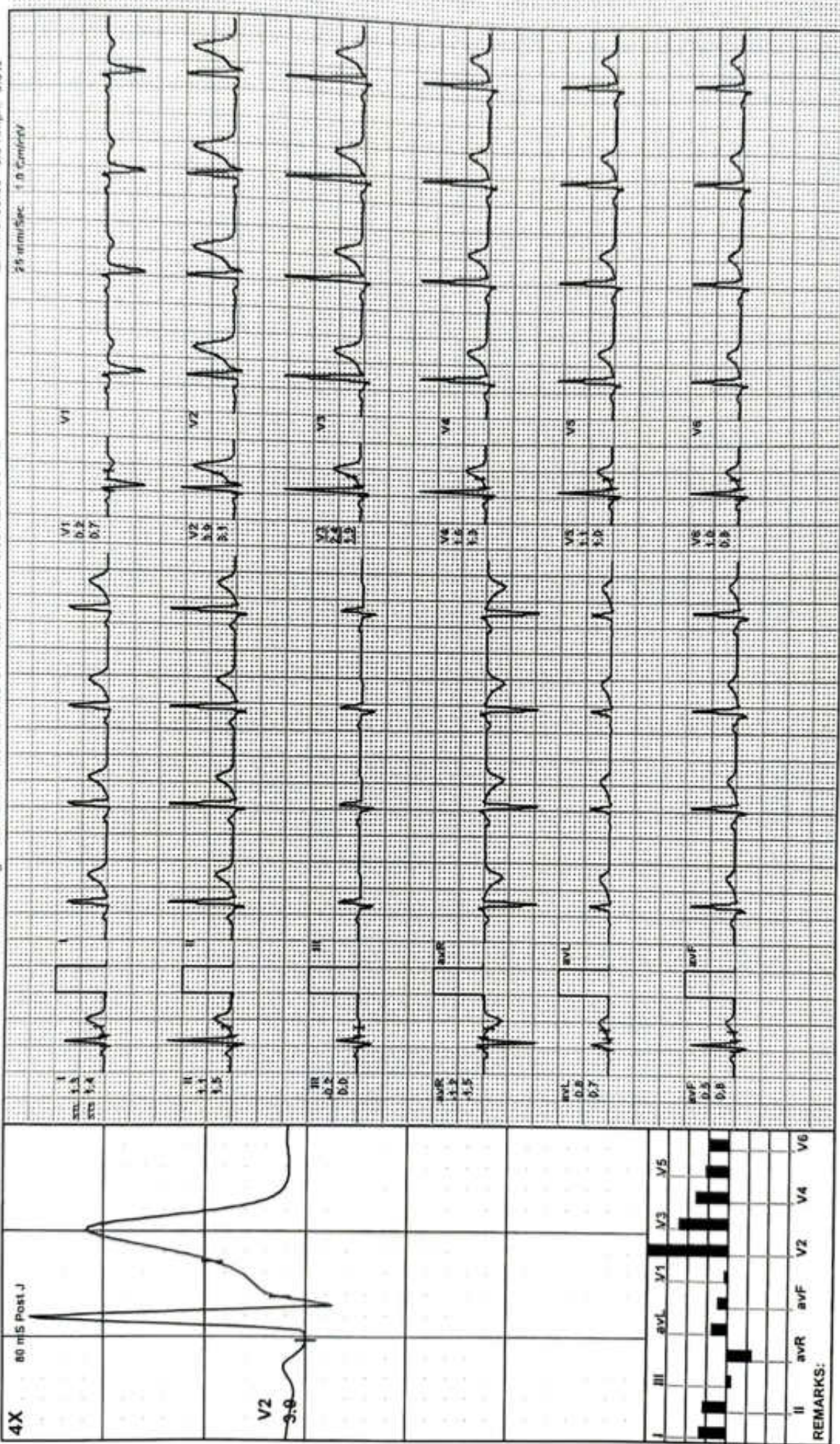
AGIPL

Date: 10 - 06 - 2024

METS: 1.0/ 83 bpm 43% of THR BP: 110/68 mmHg

Combined Medians/ BLC Orig Notch Qrd HF 0.05 Hz/LF 35 Hz

ExTime: 00:00 0.0 Kmph 0.0%



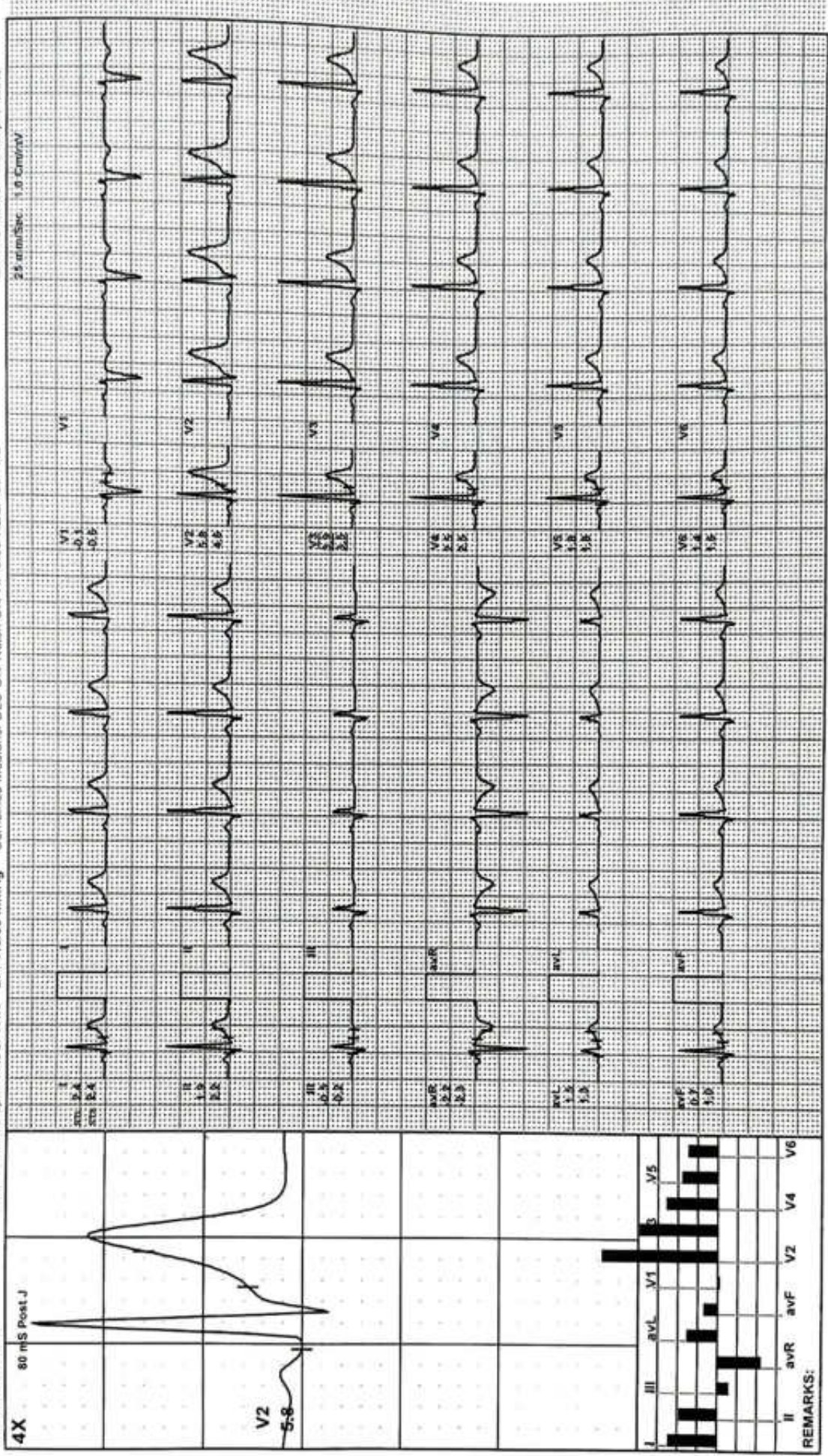


ExStart

MODERN PATHOLOGY AND DIAGNOSTIC CENTER

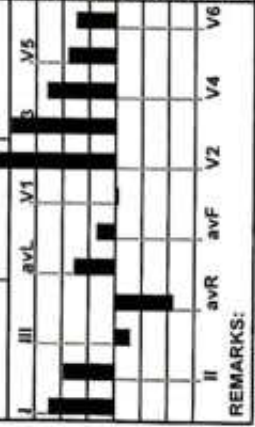
ADITYA SHUKLA / 29 Yrs / M / 171 Cms / 69 Kg / HR : 78

Date: 10 - 08 - 2024 METS: 1.0/ 78 bpm 41% of THR BP: 110/88 mmHg Combined Medians/ BLC Ovr Natch Ov/ HF 0.05 Hz/LF 35 Hz ExTime: 00:00 0.0 Kmph. 0.0%



4X

V2  
5-8



REMARKS:

**MODERN PATHOLOGY AND DIAGNOSTIC CENTER**

ADITYA SHUKLA / 29 Yrs / M / 171 Cms / 69 Kg / HR : 119

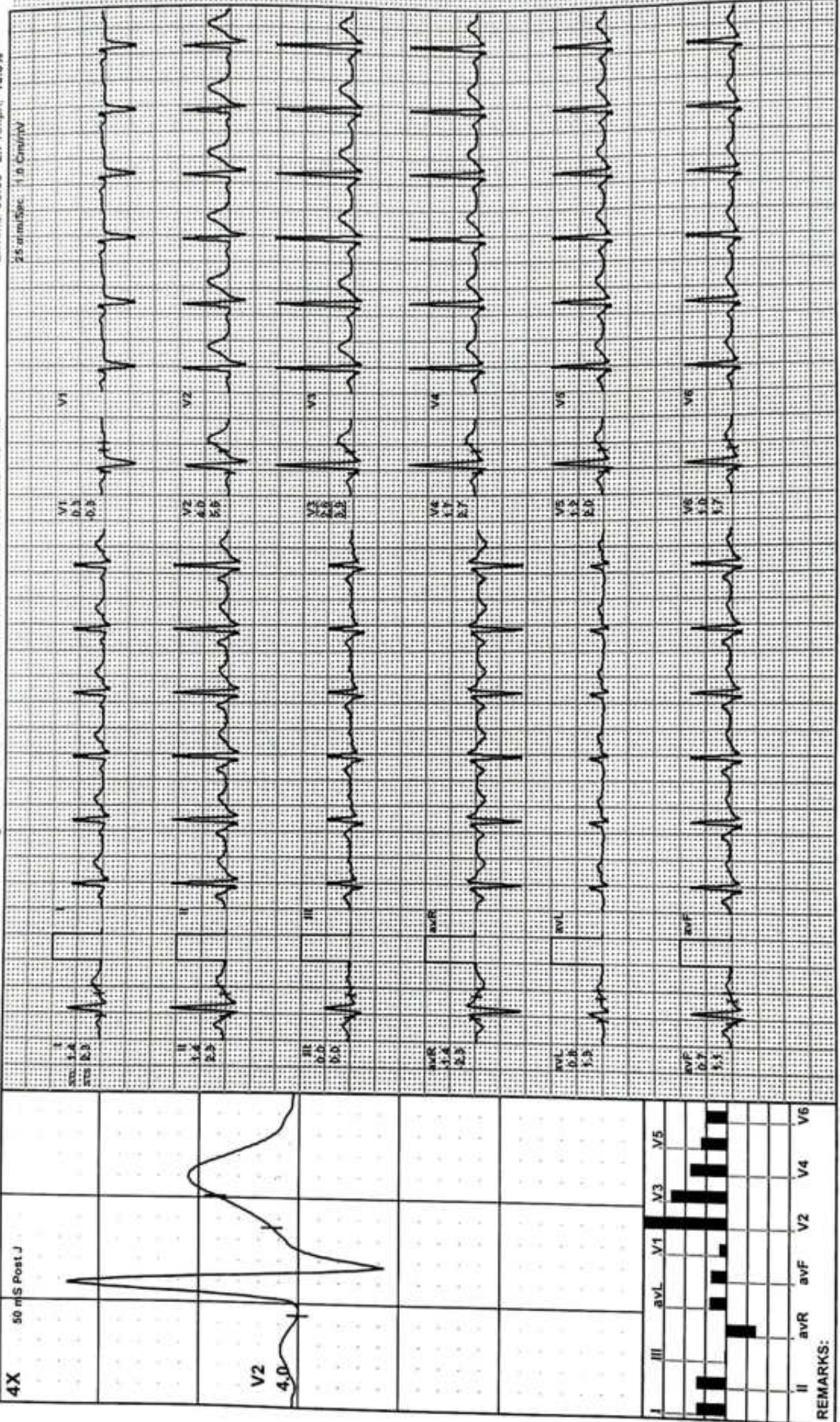
**BRUCE: Stage 1(3:00)**



Date: 10 - 08 - 2024

METS: 4.7/ 119 bpm 62% of THR BP: 118/80 mmHg Combined Medians/ BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz

ExTime: 03:00 2.7 Km/Ph, 10.0%





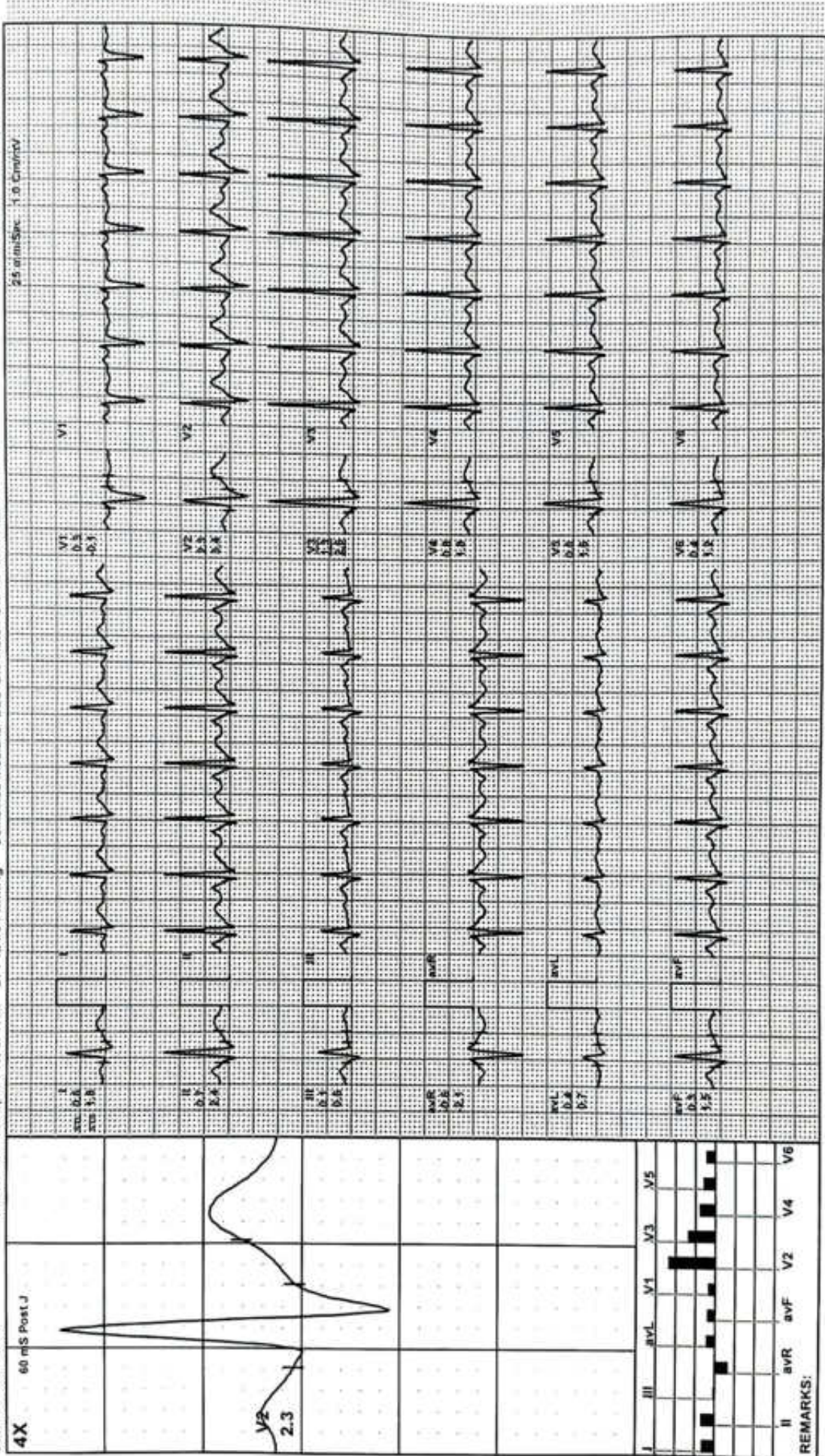
BRUCE: Stage 2 (3:00)

MODERN PATHOLOGY AND DIAGNOSTIC CENTER

ADITYA SHUKLA / 29 Yrs / M / 171 Cms / 69 Kg / HR : 135

Date: 10-08-2024 METS: 7.1/ 135 bpm 71% of THR BP: 124/84 mmHg Combined Medians/ BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz ExTime: 06:00 4.0 Kmph 12.0%

25.0mm50mc 1.0 Cm/mV



REMARKS:

MODERN PATHOLOGY AND DIAGNOSTIC CENTER

ADITYA SHUKLA / 29 Yrs / M / 171 Cms / 69 Kg / HR : 175

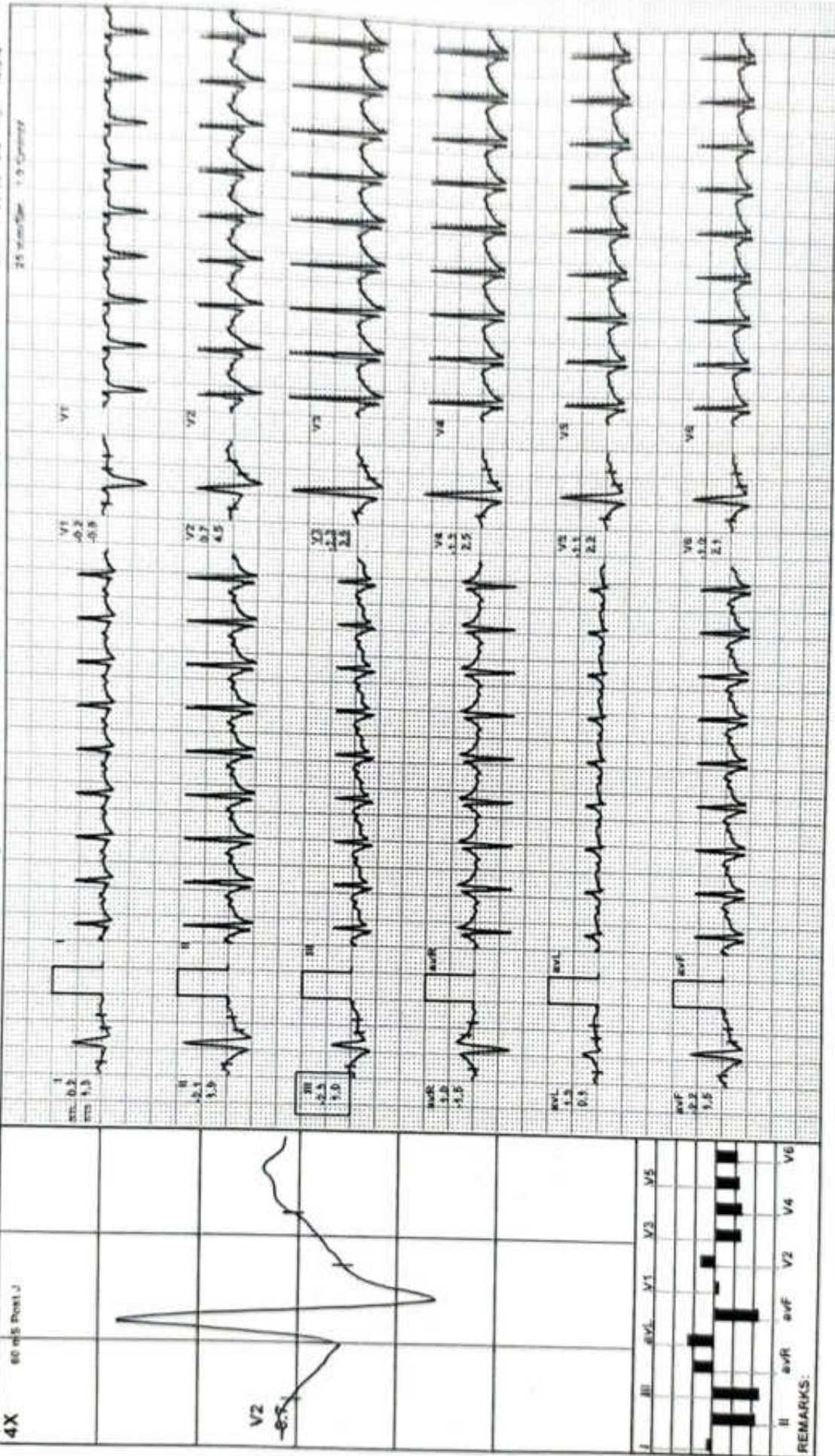
BRUCE: Stage 3(3:00)

ECG Time: 09:00 5.5 Amps 54.0%

Combined Medians/BLC. Onl Notch. Onl HF. 0.05 Hz. LF 35 Hz

METS: 10.2 / 175 bpm 82% of THR BP: 136/90 mmHg

Date: 10-08-2024



REMARKS:

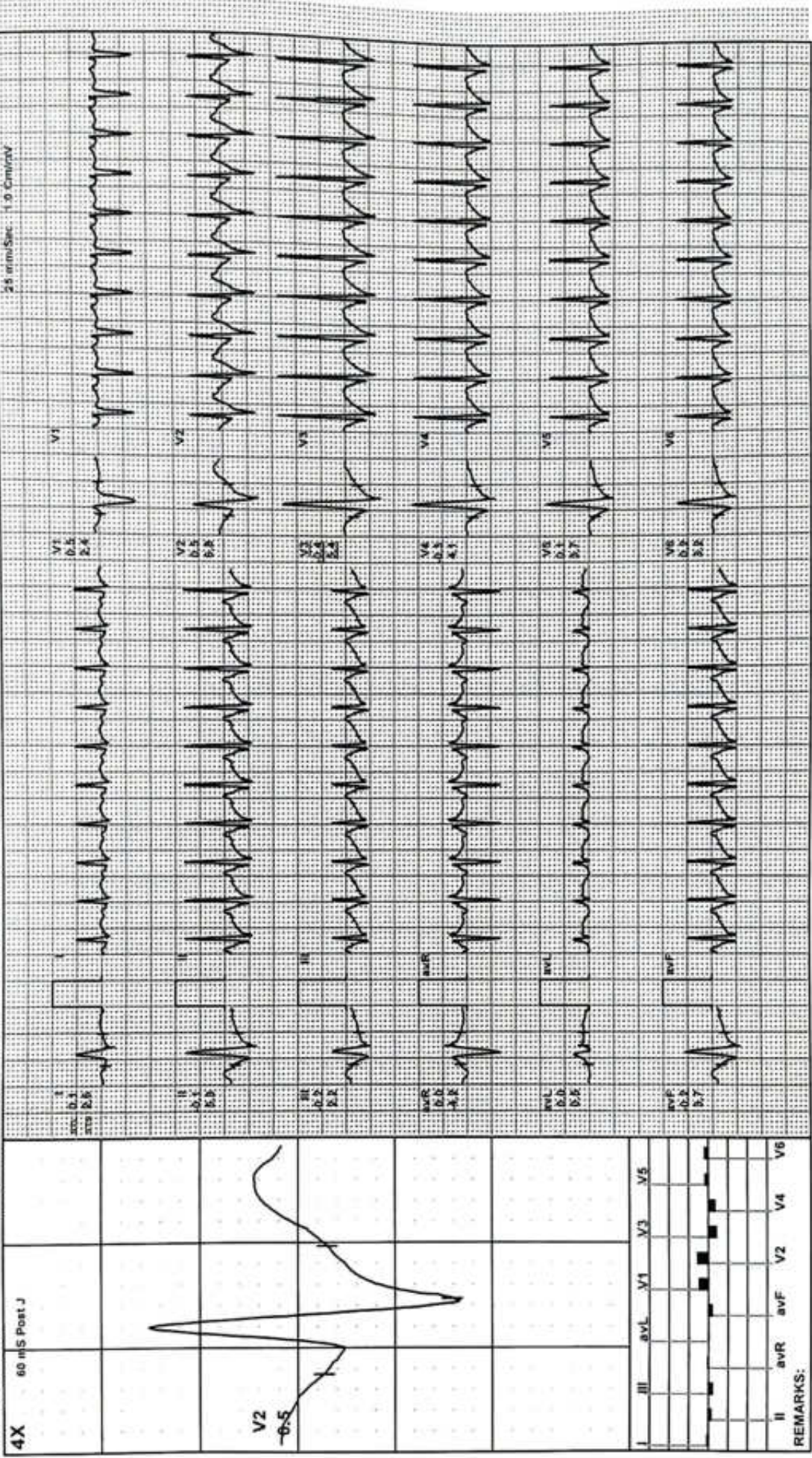
**MODERN PATHOLOGY AND DIAGNOSTIC CENTER**

ADITYA SHUKLA / 29 Yrs / M / 171 Cms / 69 Kg / HR : 179

PeakEx



Date: 10 - 08 - 2024 METS: 10.5/ 179 bpm 94% of THR BP 142/94 mmHg Combined Medians/ BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz ExTime: 09:14 5.8 Kmph, 16.0%



4X

V2  
-0.5

REMARKS:

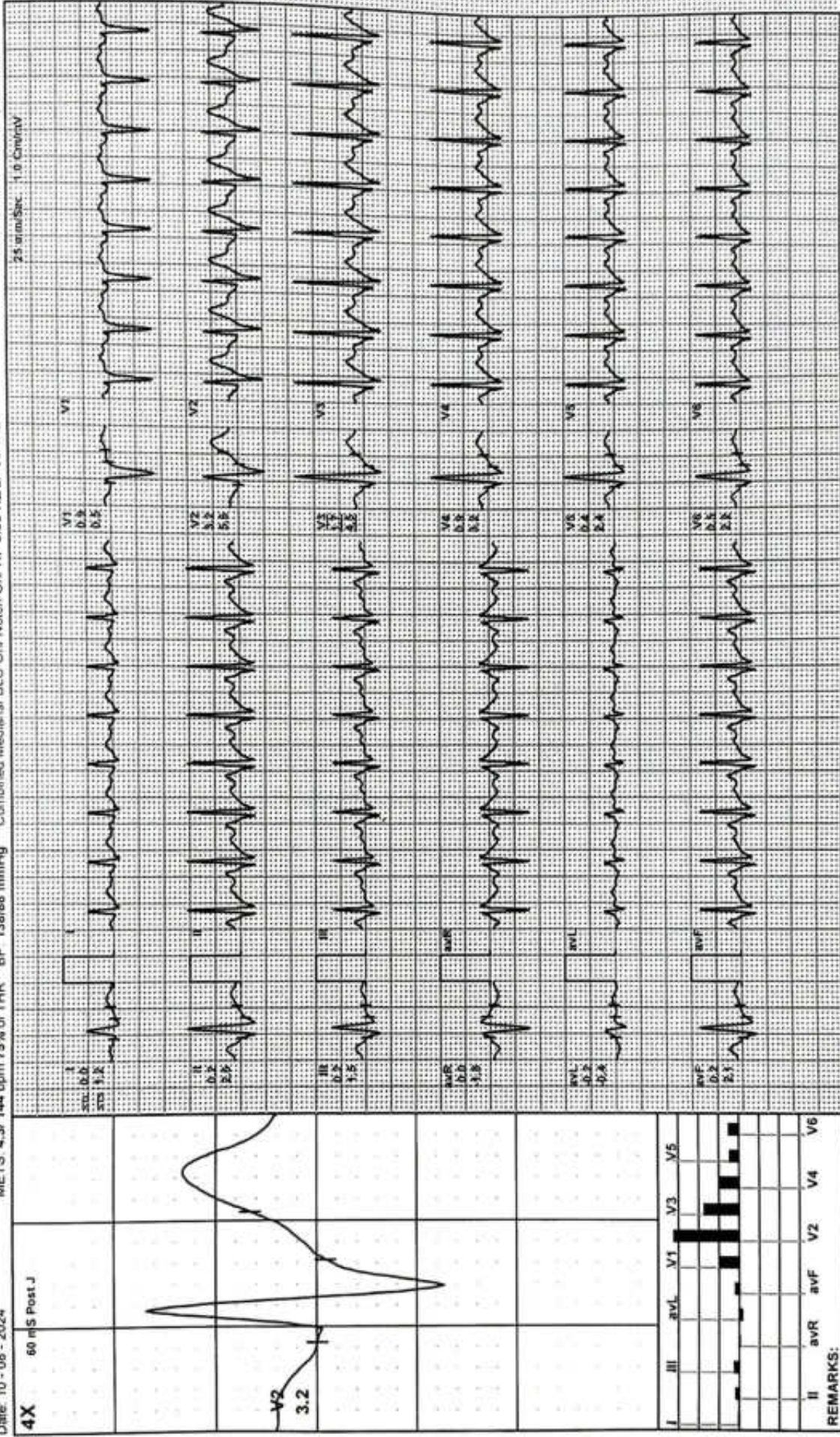
**MODERN PATHOLOGY AND DIAGNOSTIC CENTER**

ADITYA SHUKLA / 29 Yrs / M / 171 Cms / 69 Kg / HR : 144

Recovery(1:00)



Date: 10 - 08 - 2024 METS: 4.3/ 144 bpm 75% of THR BP: 138/88 mmHg Combined Medians/ BLC: On/ Notch On/ HF 0.05 Hz/LF 35 Hz ExTime 09:14 0.0 Kmph 0.0%





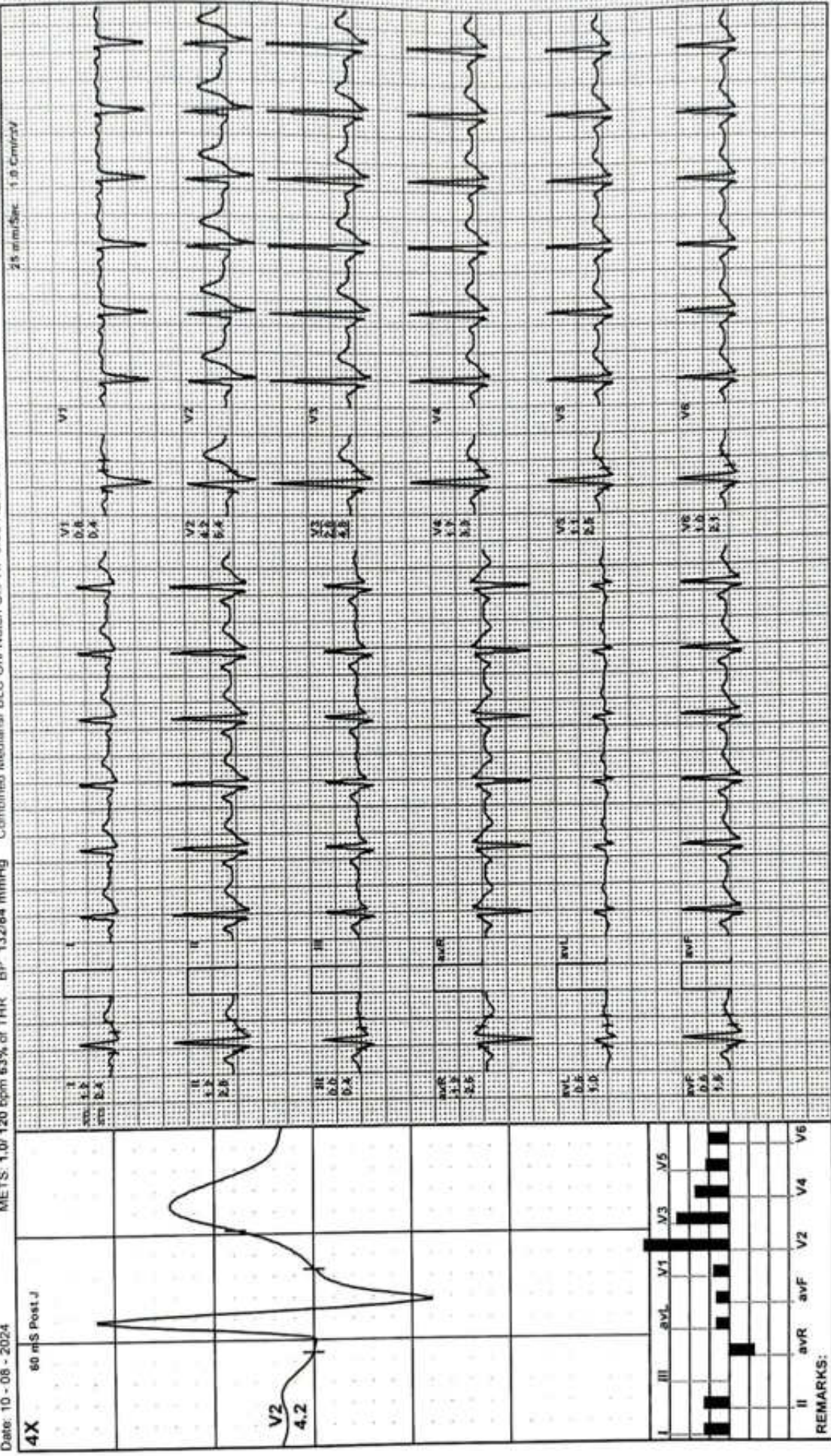
**MODERN PATHOLOGY AND DIAGNOSTIC CENTER**

ADITYA SHUKLA / 29 Yrs / M / 171 Cms / 69 Kg / HR : 120

Recovery(2:00)



Date: 10 - 08 - 2024 METS: 1.0/ 120 bpm 63% of THR BP 132/84 mmHg Combined Medians/ BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz ExTime 09:14 0.0 Kmph, 0.0%



**MODERN PATHOLOGY AND DIAGNOSTIC CENTER**

ADITYA SHUKLA / 29 Yrs / M / 171 Cms / 69 Kg / HR : 100

Recovery(3:00)

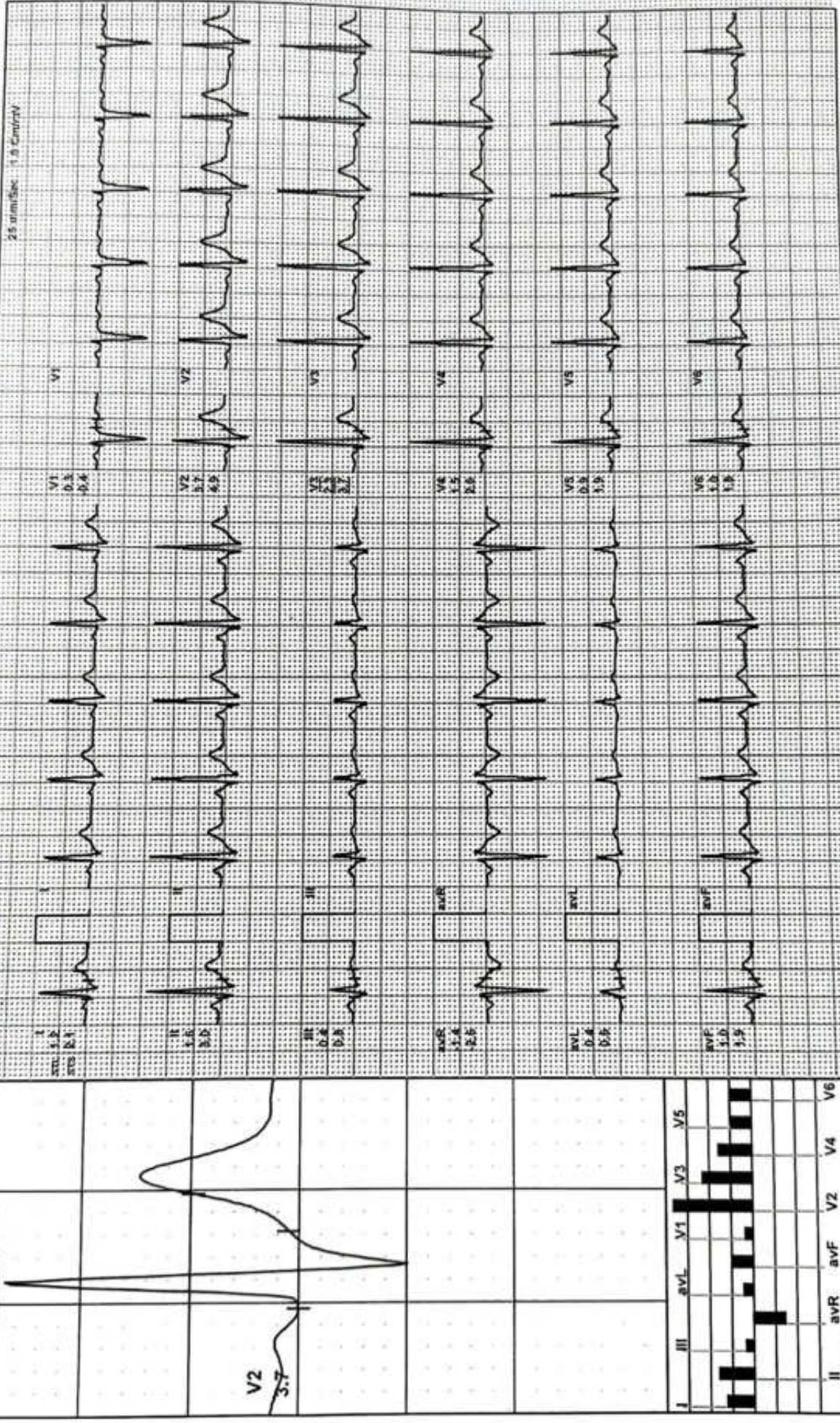
AGHPL

Date: 10 - 08 - 2024

METS: 1.0/ 100 bpm 52% of THR BP: 126/80 mmHg

Combined Medians/ BLC On/ Notch On/ HF 0.05 Hz/VLF 35 Hz

Ex/Time 09:14 0.0 Km/ph 0.0%



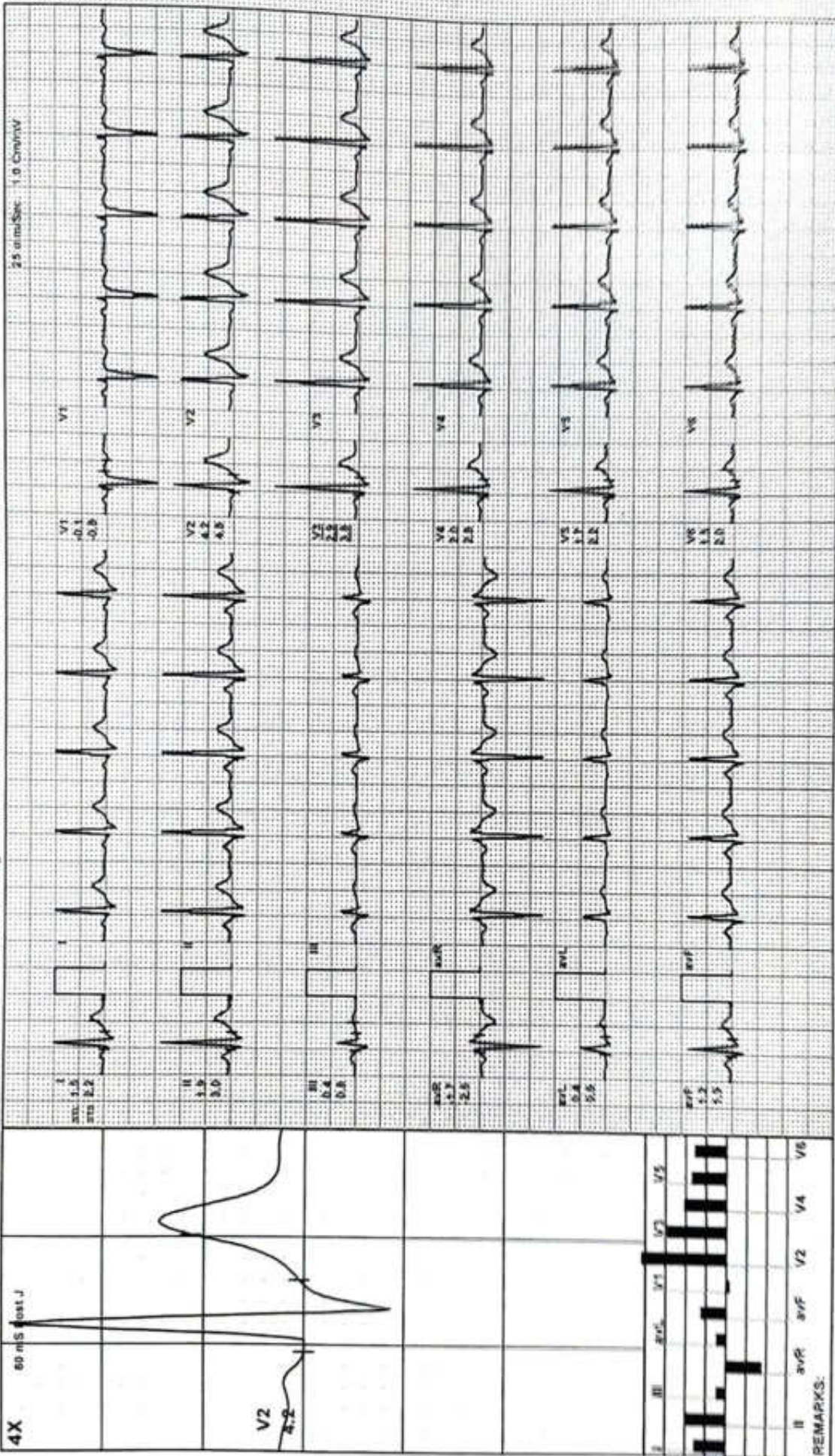
**MODERN PATHOLOGY AND DIAGNOSTIC CENTER**

ADITYA SHUKLA / 29 Yrs / M / 171 Cms / 69 Kg / HR : 102

Recovery(3:18)



Date 10-08-2024 METS 1.0/ 102 bpm 53% of THR BP 126/80 mmHg Combined Medians/ BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz ExTime 09:14 0.0 KmPh: 0.0%

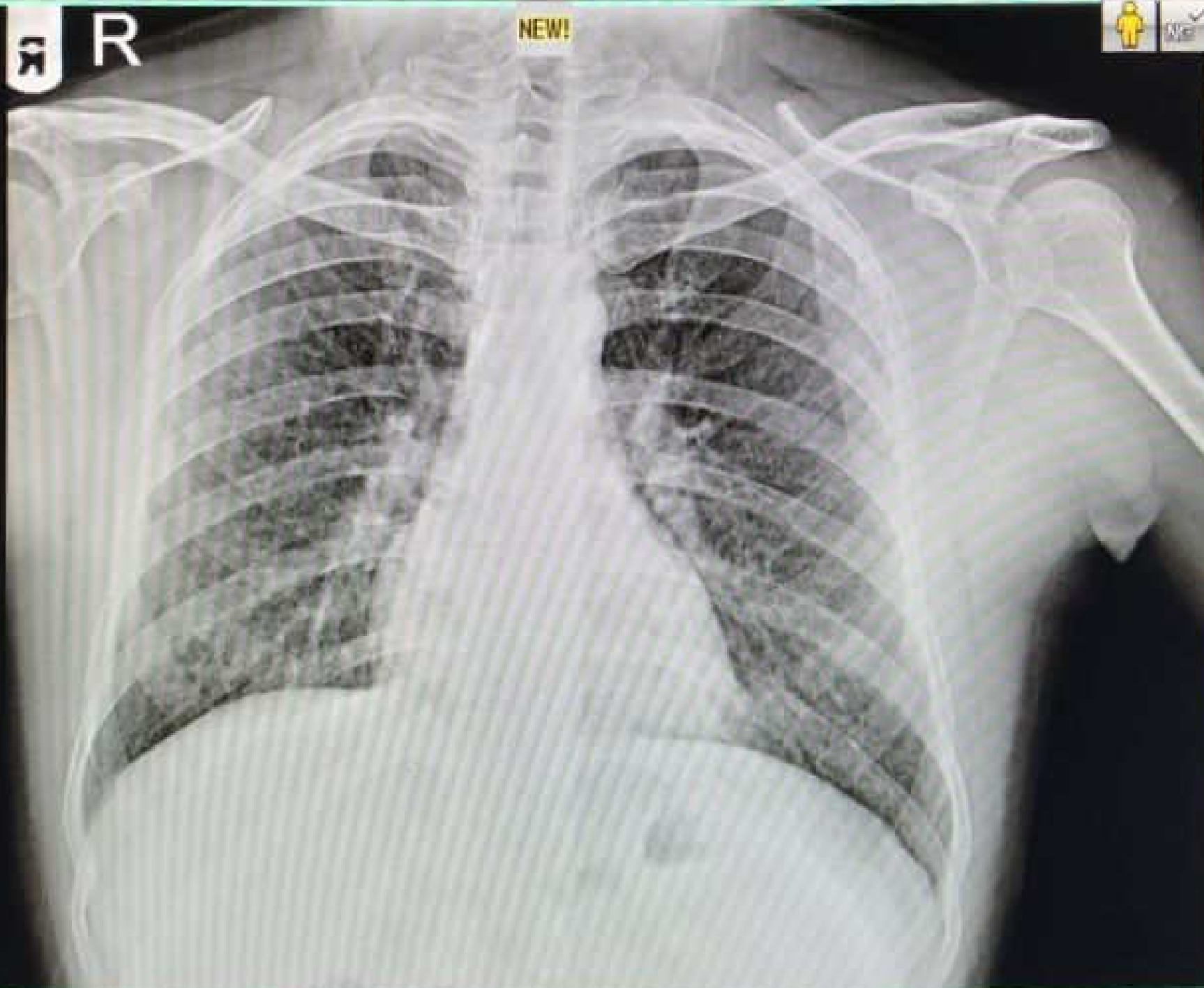


REMARKS:



R

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