



Name : Mrs. TANAYA SAHA (34 /F)

Address : SHILLONG, SHILLONG, EAST KHASI HILLS, MEGHALAYA, INDIA

Date : 02/03/2024

# AHC MEDICAL SUMMARY

Examined by : Dr .PRABIN KUMAR SAIKIA

UHID : AHLG2.0000038518

Package : MediWheel Full Body Health Check up-Female below 40Yrs

AHC No : APHCAH22719



## CHIEF COMPLAINTS

Package Name: MediWheel Full Body Health Check up-Female below 40Yrs



## DRUG ALLERGY

NO KNOWN ALLERGY :02/03/2024



## SYSTEMIC REVIEW

### Cardiovascular system

- Nil Significant

### Respiratory system

- Nil Significant

### Oral and dental

- Tooth ache

### Gastrointestinal system

Appetite - normal; Abdominal pain - no; Dyspepsia - yes; Peptic ulcer - no; Bowel habits - regular; Piles - no

### Genitourinary system

- Nil Significant

### Gynaec history

Last menstrual period - 16/02/24

### Central nervous system

Head ache - yes; Dizziness - occasional; Concentration - good; Sleep - normal

### Eyes

Vision - normal with glasses; Glasses - yes; Glasses for - refractive error

### Musculoskeletal system

Spine and joints  
- Nil Significant

### Weight

- stable



## Surgical history

Caesarian section - 2012,2021

## Immunization history

- Precaution Dose



## Personal history

Marital status - Married  
No. of children - 2  
Female - 2  
Diet - Non Vegetarian  
Alcohol - does not consume alcohol  
Smoking - No  
Chews tobacco - No  
Physical activity - Mild



## Family history

Father - has expired  
Aged - 52 YRS  
Cause - stroke  
Mother - alive  
Aged - 54 YRS  
Sisters - 1  
Coronary artery disease - uncle  
Cancer - None  
Bleeding / clotting disorders - father


## PHYSICAL EXAMINATION




## General

Height - 155  
Weight - 38.8  
BMI - 16.15  
Waist circumference - 69  
Hip - 82  
Waist/ Hip ratio - 0.84  
Pallor - No

Edema - no  
SpO2 - 100% RA

 **Head and ENT**


Others - Nose Spur (L), Bilateral HIT  
+

 **Cardiovascular system**


Heart rate (Per minute) - 82  
Rhythm - Regular  
Systolic(mm of Hg) - 120  
Diastolic(mm of Hg) - 70  
- B.P. Sitting  
Heart sounds - S1S2+

**Respiratory system**

Rate of respiration(per minute) - 18  
Breath sounds - Normal vesicular breath sounds

 **Abdomen**

Organomegaly - No  
Tenderness - No

 **Eyes**

Eye vision - BE 6/6. N6  
Colour vision - Normal  
Pupil - Normal  
Intraocular pressure - 18 mmHg (R), 19 mmHg (L)  
Advice for spectacle - Yes

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Executive Summary

Underweight (BMI 16.1)

Recommended Follow-up Tests

Test Name	Test Schedule	Repeat Frequency	Remarks
VITAMIN D-SERUM	Immediate/Urgent		

*Dr. Prabin Kumar Saikia*

Dr. PRABIN KUMAR SAIKIA

AHC Physician / Consultant Internal Medicine

Printed By : HEALTH CHECK REPORT

Dr. Prabin Kumar Saikia  
 MD (Gen Medicine), FCOG, FCF, FGDHBM  
 Registration No. 7523, Assam  
 Consultant Physician, APHC  
 Apollo Hospitals, Guwahati-781005

Note :- The Health Check-up examinations and routine investigations have certain limitations and may not be able to detect all the diseases. Any new or persisting symptoms should be brought to the attention of the Consulting Physician. Additional tests, consultations and follow up may be required in some cases.



Name : Mrs. TANAYA SAHA  
UHID : AHLG2.0000038518 / APHCAH22719  
SIN \LRN : 123499274 \ 10371713  
Specimen : Blood  
Ref Doctor : Dr. Prabin Kumar Sekia

Age : 34Yr 0Mth 0Days  
Gender : Female  
WBNo/RefNo : AHC



Collected on : 02-MAR-2024 10:08:11 AM Received on : 02-MAR-2024 11:58:31 AM Reported on : 02-MAR-2024 12:20:00 PM

TEST NAME	RESULT
<b>BLOOD GROUPING AND TYPING</b>	
ABO Group:	B
Rh (D) Type:	POSITIVE
Report Status:Final	

\* END OF REPORT \*



CHECKED BY : 1078548

First Report Printed On : 02-MAR-2024 12:20:07 PM

Printed On : 02-MAR-2024 12:20:31 PM

**CONSULTANTS**

DR. DEEPA BHUYAN  
MOIC, BLOOD BANK

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Age : 34Yr 0Mth 0Days

Gender : Female

UHID : AHLG2.0000038518 / APHCAH22719

W/BNo/RefNo : AHC

SIN \ LRN : 123499270 \ 123499268 \ 123499275 \ 10371713

Specimen : Serum

Ref Doctor : Dr. Prabin Kumar Saikia



Collected on : 02-MAR-2024 10:08:11 AM

Received on : 02-MAR-2024 03:18:14 PM

Reported on : 02-MAR-2024 03:47:08 PM

**MediWheel Full Body Health Check up-Female below 40Yrs**

TEST NAME	RESULT	BIOLOGICAL REFERENCE INTERVALS	UNITS
ALT(SGPT) - SERUM (UV With P5P-IFCC)	49	Healthy Females:14-59 U/L	U/L
ALBUMIN - SERUM (Brom Cresol Green)	4.2	Healthy Adults-3.5-5.2	g/dL
GLOBULIN-SERUM(Calculated)	4.0 *	Healthy Adults: 1.8 - 3.6	
ALBUMIN:GLOBULIN-SERUM(RATIO)(Calculated)	1 *	0 - 0	
ALKALINE PHOSPHATASE - SERUM PNPP,AMP Buffer-IFCC	81	Healthy Adults:40-150	U/L
AST (SGOT) - SERUM (UV With P5P-IFCC)	35	Healthy Adults:15 - 37	U/L
BILIRUBIN, TOTAL - SERUM (Modified Doumas Ref. method/Jendrassik & Grof.)	1.0	Healthy Adults:<=1.0	mg/dL
CHOLESTEROL - SERUM (Cholesterol Oxidase)	144	Desirable:<200 Borderline:200 - 240 High Risk:>=240	mg/dL
GGTP: GAMMA GLUTAMYL TRANSPEPTIDASE - SERUM (L-gamma-glutamyl-3-carboxy-4-nitranilide)	20	Healthy Women:5 - 55	U/L

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 Specimen : Serum  
 Ref Doctor : Dr. Prabin Kumar Saikia

Age : 34Yr 0Mth 0Days  
 W/BNo/RefNo : AHC

Gender : Female



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<b>GLUCOSE -PLASMA (FASTING)</b>			
Hexokinase	78	Non-Diabetic: <=100 Pre-Diabetic: 100-125 Diabetic: >=126	mg/dL
<b>HDL CHOLESTEROL - SERUM / PLASMA</b> (Direct Measurement)	74 *	Low: <40 High: >=60	mg/dL
<b>TOTAL CHOLESTEROL/HDL CHOLESTEROL</b> RATIO(Calculated)	1.9	Desirable : < 4.5	
<b>LDL CHOLESTEROL - SERUM(DIRECT LDL)</b> (Homogenous Method)	54	Optimal:<100 Near Optimal:100-129 Borderline High:130-159 High:160-189 Very High:>=190	mg/dL
<b>PROTEIN, TOTAL - SERUM</b> (Biuret)	8.2	Healthy Adults:6.4-8.3	mg/dl
<b>TRIGLYCERIDES - SERUM</b> (Glycerol Phosphate Oxidase)	65	Normal : <150 Borderline High :150-199 High : 200-499 Very High : >=500	mg/dL
<b>UREA - SERUM</b> (Enzymatic,Urease-GLDH) (Urease)	21	<50 years:15-40	mg/dL
<b>URIC ACID - SERUM</b> (Modified Uricase)	2.9	Healthy Women:2.6 - 6.0	mg/dL

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 DR. A. VERMA, DCP      DR. M. BARMAN, MD      DR. D.J. LAHON, MD (MICRO)      DR. M. SARMA, MD (MICRO)

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(DEPARTMENT OF BIOCHEMISTRY)  
APOLLO PERSONALISED HEALTH CHECK CENTRE  
(A UNIT OF ASSAM HOSPITALS LTD.)



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Gender : Female

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W/BNo/RefNo : AHC

SIN \ LRN : 123499270 \ 123499268 \ 123499275 \ 10371713

Specimen : Serum

Ref Doctor : Dr. Prabin Kumar Saikia



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Received on : 02-MAR-2024 02:18:14 PM

Reported on

: 02-MAR-2024 03:47:08 PM

VLDL CHOLESTEROL - SERUM

CALCULATED. 13 Desirable:<30

BILIRUBIN CONJUGATED (DIRECT) - SERUM

(Jendrassik & Grof) 0.2 Healthy Adults:0.0-0.5 mg/dL

CREATININE - SERUM

JAFFE METHOD 0.6 Healthy Women: 0.57 - 1.11 mg/dL

TOTAL T3: TRI IODOTHYRONINE - SERUM

(Eclia) 2.4 Healthy Adults Euthyroid:1.3-3.1 nmol/L

TOTAL T4: THYROXINE - SERUM

(Eclia) 136 Healthy Adults Euthyroid: 66-181 nmol/L

TSH: THYROID STIMULATING HORMONE -

SERUM 1.73 Healthy Adults Euthyroid: ulU/mL

(Eclia)

0.270-4.20

GLUCOSE - PLASMA (POST PRANDIAL)

Hexokinase 108 Normal: <140 mg/dL

Pre-Diabetic: 140-199

Diabetic :->=200

Report Status:Final

TOUCH \* END OF REPORT \* ES

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1078550

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Dr. MOUSHUMI SAIKIA,  
MBBS,MD  
REG NO.14979 AMC  
CONSULTANT BIOCHEMIST

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CONSULTANTS

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(DEPARTMENT OF BIOCHEMISTRY)  
APOLLO PERSONALISED HEALTH CHECK CENTRE  
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Name : Mrs. TANAYA SAHA

Age : 34Yr 0Mth 0Days

Gender: Female

UHID : AHLG2.0000038518 / APHCAH22719

W/BNo/RefNo : AHC

SIN \ LRN : 123499273 \ 10371713

Specimen : Whole blood

Ref Doctor : Dr. Prabin Kumar Saikia



Collected on : 02-MAR-2024 10:08:11 AM Received on : 02-MAR-2024 11:56:38 AM Reported on : 02-MAR-2024 01:09:53 PM

MediWheel Full Body Health Check up-Female below 40Yrs

TEST NAME	RESULT	BIOLOGICAL REFERENCE INTERVALS	UNITS
GLYCOSYLATED HEMOGLOBIN (HbA1C) - WHOLE BLOOD			
GLYCOSYLATED HEMOGLOBIN (HbA1C) - WHOLE BLOOD	4.9	GOAL:<6.5% Prediabetic:5.7-6.4% Diabetic:>6.5% Non-diabetic:<6.7% Uncontrolled-diabetics>8%	%
Mean Plasma Glucose (MPG) Estimate:	93.9300		mg/dL

Report Status:Final

\* END OF REPORT \*



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1078546

*Ashwin*

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DR. ASHWIN VERMA, D.C.P  
ASSOCIATE CONSULTANT PATHOLOGIST  
REGD NO: 5340 AMC

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 DEPARTMENT OF HAEMATOLOGY  
 APOLLO PERSONALISED HEALTH CHECK CENTRE  
 (A UNIT OF ASSAM HOSPITALS LTD.)



Name : Mrs. TANAYA SAHA  
 UHID : AHLG2.0000038518 / APHCAH22719  
 SIN ILRN : 123499269 | 123499272 | 10371713  
 Specimen : Urine  
 Ref Doctor : Dr. Prabin Kumar Saikia

Age : 34Yr 0Mth 0Days

W/BNo/RefNo : AHC

Gender : MC-3480 Female



Collected on : 02-MAR-2024 10:08:11 AM Received on : 02-MAR-2024 02:40:37 PM Reported on : 02-MAR-2024 03:31:59 PM

MediWheel Full Body Health Check up-Female below 40Yrs

TEST NAME	RESULT	BIOLOGICAL REFERENCE INTERVALS	UNITS
<b>HEMOGRAM(CBC+ESR+RECTIC+PS)</b>			
Hemoglobin	13.7		
RBC COUNT	4.58	12.0 - 15.0	g/dl
MCV	90.4	3.8 - 4.8	Million/ $\mu$ l
MCH	29.9	82.0 - 92.0	f
MCHC	33.1	26.0 - 32.0	pg
RDW-CV	12.3	31.0 - 36.0	g/dl
RETICULOCYTE COUNT	1.07	11.6 - 14	%
Platelet Count	183	Healthy Adult -.0.5-2.5%	%
TLC/WBC Count	7.09	150 - 400	$10^9/\text{mm}^3$
ERYTHROCYTE SEDIMENTATION RATE (ESR)	6	4.0 - 11.0	$10^3/\text{mm}^3$
		0 - 20	mm/1st hr
<b>Differential Count</b>			
Neutrophils	71.1 *		
Lymphocytes	23.4	40 - 70	%
Eosinophils	3.4	20 - 40	%
Monocytes	1.7 *	1 - 6	%
Basophils	0.4	2 - 10	%
		0 - 2	%
<b>PERIPHERAL SMEAR</b>			
RBC:	Normocytic & normochromic		
WBC:	Total and Differential counts are within normal limits		
Platelets:	Adequate on the smear		
Hemoparasites	No hemoparasites		
PACKED CELL VOLUME (PCV)	41.4	36 - 46	%

Page 1 of 2

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 DEPARTMENT OF HAEMATOLOGY  
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 SIN ILRN : 123499269 | 123499272 | 10371713  
 Specimen : Urine  
 Ref Doctor : Dr. Prabin Kumar Saikia

Age : 34Yr 0Mth 0Days  
 Gender : Female  
 W/BNo/RefNo : AHC  
 MC-3480



Collected on : 02-MAR-2024 10:08:11 AM Received on : 02-MAR-2024 02:40:37 PM Reported on : 02-MAR-2024 03:31:59 PM

TEST	RESULT	REFERENCE
URINE- BENCE JONES PROTEINS	Negative	Negative
URINE ROUTINE (CUE)		
Color:	Pale yellow	Pale Yellow/amber
Transparency:	Clear	Clear
Specific Gravity(Strip Method)	1.015 *	1.016 - 1.026
pH(Strip Method+ Ph Paper)	6.0	4.8 - 8
Glucose:(Benedicts+Strip Method)	Nil	Negative
Protein :(Strip+Heat Method)	Nil	Negative
DEPOSITS:(Microscopy)		
RBC	Not seen	Upto 3 Cells/hpf
WBC/Pus Cells	1-2/HPF	Upto to 5 Cells/hpf
Squamous epithelial cells	0-1/HPF	Up to 20
Casts:(Microscopy)	Not Detected	Absent
Crystals:	Not Detected	Absent
Nitrite	Negative	Absent
URINE SUGAR	Nil	Negative
Report Status:Final		

\* END OF REPORT \*



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*Pooja Keshan*

Dr.Pooja Keshan MBBS,MD  
 Reg No 21460 AMC

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 CONSULTANTS

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**Patient Details** : Mrs. TANAYA SAHA | Female | 34Yr 0Mth 0Days

**UHID** : AHLG2.0000038518

**Patient Location:** AHC

**Patient Identifier:** APHCAH22719



**DRN** : 100044701

**Completed on :** 02-MAR-2024 10:16

**Ref Doctor** : Dr. Prabin Kumar Saikia

ECG

**IMPRESSION .:**

ECG TRACING IS WITHIN NORMAL LIMITS

— END OF THE REPORT —

**DR. MOTTREYEE BARUAH**  
MBBS, PGDCC  
Jr. Consultant Cardiologist  
Apollo Hospitals, Guwahati  
Unit: International Hospital



# APOLLO HOSPITALS GUWAHATI

Unit : International Hospital  
(A unit of Assam Hospitals Ltd.)

Krishna

## DEPARTMENT OF RADIOLOGY & IMAGING

Division of Computerised Radiography & IITV, DEXA, Computed Tomography & MRI

Patient ID:	AHLG20000038518	Patient Name:	TANAYA SAHA
Age:	34 Years	Sex:	F
Accession Number:	17002.124060110	Modality:	DX
Study Date:	02-Mar-2024	Study:	Chest PA
Referring Physician:	Prabin Kumar Saikia		

### CHEST PA VIEW

- No active parenchymal lesion is seen in the lung fields.
- Hilar shadows are normal.
- Cardiac size is normal.
- Hemidiaphragms are normal. CP angles are normal.
- Bony thorax is intact.

Date: 02-Mar-2024 16:06:10

S Hazarika, MD R. Baruah, DMRD P. Hazrimota, MD R. Sarma, MD A. Agarwal, MD M. Gohain, MD, S. Choudhury, MD Zahab Hussain MD DNB

*Discrepancy or transcription error if detected should be sent for correction*



APOLLO HOSPITALS GHY  
RG BARUAH ROAD  
GUWAHATI

Station  
Telephone:

## EXERCISE STRESS TEST REPORT

Patient Name: MRS. TANAYA SAHA  
Patient ID: 39390  
Height:  
Weight:

DOB: 31.03.1989  
Age: 34yrs  
Gender: Female  
Race: Indian

Study Date: 02.03.2024  
Test Type: --  
Protocol: BRUCE

Referring Physician: --  
Attending Physician: --  
Technician: --

Medications:  
--

Medical History:  
--

Reason for Exercise Test:  
--

### Exercise Test Summary

Phase Name	Stage Name	Time in Stage	Speed (km/h)	Grade (%)	HR (bpm)	BP (mmHg)	Comment
PRETEST	SUPINE	01:18	0.00	0.00	86	120/80	
	STANDING	00:08	0.00	0.00	92		
	HYPERV.	00:02	0.00	0.00	92		
	WARM-UP	00:07	1.00	0.00	95		
EXERCISE	STAGE 1	03:00	2.70	10.00	113	120/80	
	STAGE 2	03:00	4.00	12.00	116	130/80	
	STAGE 3	03:00	5.30	14.00	153	140/84	
	STAGE 4	00:05	6.80	16.00	157		
RECOVERY		03:03	0.00	0.00	87	120/80	

The patient exercised according to the BRUCE for 9:04 min:s, achieving a work level of Max. METS: 10.40. The resting heart rate of 67 bpm rose to a maximal heart rate of 169 bpm. This value represents 90 % of the maximal, age-predicted heart rate. The resting blood pressure of 120/80 mmHg, rose to a maximum blood pressure of 140/84 mmHg. The exercise test was stopped due to Target heart rate achieved.

### Interpretation

Summary: Resting ECG: normal.  
Functional Capacity: normal.  
HR Response to Exercise: appropriate.  
BP Response to Exercise: normal resting BP - appropriate response.  
Overall impression: Normal stress test.

### Conclusions

TMT IS NEGATIVE FOR INDUCIBLE MYOCARDIAL ISCHAEMIA

Physician: DR. MOITAYEE BARUAH  
MBBS, PGDCC  
Jr. Consultant Cardiologist  
Apollo Hospitals Guwahati  
Unit: International Hospital  
Technician



APOLLO HOSPITALS GHY  
RG BARUAH ROAD  
GUWAHATI

Station  
Telephone:

## EXERCISE STRESS TEST REPORT

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Gender: Female  
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Test Type: --  
Protocol: BRUCE

Referring Physician: --  
Attending Physician: --  
Technician: --

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Physician **DR. MOHAYEE BARUAH** Technician  
**MRS. P. G. G. C.**  
 Jr. Consultant Cardiologist  
 Apollo Hospital, Guwahati  
 Unit: International Hospital





# APOLLO HOSPITALS GUWAHATI

Unit : International Hospital  
(A unit of Assam Hospitals Ltd.)

CHECKED AND VERIFIED

## DEPARTMENT OF RADIOLOGY & IMAGING

Division of Computerised Radiography & IITV, DEXA, Computed Tomography & MRI

Patient ID:	0000038518	Patient Name:	TANAYA SAHA
Age:	34 Years	Sex:	F
Accession Number:		Modality:	US
Referring Physician:	DR P KR SAIKIA	Study:	W/A
Study Date:	02-Mar-2024		

### USG OF WHOLE ABDOMEN

#### LIVER

The liver is normal in size with homogenous midlevel parenchymal echotexture. No focal lesion is seen. The intrahepatic portal and hepatic venous system are normal. The intrahepatic bile ducts are not dilated.

#### GALL BLADDER

The gall bladder is normally distended and shows smooth contour. There is no obvious echoreflexive calculus in the gall-bladder. GB wall thickness is within normal limit.

#### CBD

The CBD is normal in course and calibre. No obvious luminal pathology in visualized portion.

#### SPLEEN

The spleen is normal in size and echotexture. No focal lesion is noted.

#### PANCREAS

The pancreas is normal in size and echotexture. No focal lesion is seen. Pancreatic duct is not dilated.

#### KIDNEYS

Both the kidneys are normal in size, shape, position and echotexture. Cortico-medullary differentiation is maintained. No evidence of calculi or calyceal dilatation on either side. Ureters are not dilated.

Right kidney measures - 94 mm

Left kidney measures - 96 mm

#### URINARY BLADDER

The urinary bladder is normal in capacity and contour. The wall is not thickened. No intraluminal calculus or mass is seen.

#### UTERUS

The uterus is normal in size and is anteverted in position. The midline endometrial echo is normal. The myometrium shows homogenous echotexture. No focal myometrial lesion is seen. Cervix appears normal. Uterus measures about 72 x 48 x 32 mm.

#### ADNEXAE

Both the ovaries are normal in size and echoanatomy. There is no evidence of any abnormal solid or cystic lesion in the ovaries.

No ascites is seen.

**Impression: No significant abnormality is noted on this scan.**

Dr. Utpal Das, MD (Radiodiagnosis)

Senior Consultant Radiologist

Reg No-13621 (AMC)

Date: 02-Mar-2024 12:39:17

S Hazooka, MD R. Baruah, DMRD P. Haimota, MD R. Sarma, MD A. Agarwal, MD M. Gohain, MD, S. Choudhury, MD Zohaib Hussain MD DNB

Discrepancy or transcription error (if detected should be sent for correction)