

Name: PARESH VADAKE

Age: 35 Gender: M Height: 164 cms Weight: 67 Kg ID: 2233020585 Date: 26-11-2022 Time: 11:27

Clinical History: NIL Medications: NIL

Test Details:

Protocol: Bruce Predicted Max HR: 185 Target HR: 157
 Exercise Time: 0:06:43 Achieved Max HR: 158 (85% of Predicted MHR)
 Max BP: 170/90 Max BP x HR: 26860 Max Mets: 7.5
 Test Termination Criteria: TEST COMPLETE

Protocol Details:

| Stage Name | Stage Time | METS | Speed kmph | Grade % | Heart Rate bpm | BP mmHg | RPP | Max ST Level mm | Max ST Slope mV/s |
|-------------------|------------|------|------------|---------|----------------|---------|-------|-----------------|-------------------|
| Supine | 00:20 | 1 | 0 | 0 | 84 | 140/90 | 11760 | -0.71 | 1.3 V2 |
| Standing | 00:29 | 1 | 0 | 0 | 85 | 140/90 | 11900 | 0.7 V3 | 1.3 V2 |
| Hyper Ventilation | 00:32 | 1 | 0 | 0 | 87 | 140/90 | 12180 | 0.6 V3 | 1.2 V2 |
| Pre Test | 00:23 | 1 | 1.6 | 0 | 103 | 140/90 | 14420 | 2.2 aVR | -6.8 II |
| Stage: 1 | 03:00 | 4.7 | 2.7 | 10 | 121 | 150/90 | 18150 | 5.3 V2 | -6.2 V4 |
| Stage: 2 | 03:00 | 7 | 4 | 12 | 144 | 160/90 | 23040 | 6.8 V2 | -2.8 V2 |
| Peak Exercise | 00:43 | 7.5 | 5.5 | 14 | 158 | 170/90 | 26860 | 8.1 I | -7.6 V2 |
| Recovery1 | 01:00 | 1 | 0 | 0 | 129 | 150/90 | 19350 | 0.7 V3 | -3.9 V3 |
| Recovery2 | 01:00 | 1 | 0 | 0 | 115 | 150/90 | 17250 | 0.6 V4 | -1.2 aVR |

Interpretation

The Patient Exercised according to Bruce Protocol for 0:06:43 achieving a work level of 7.5 METS.
 Resting Heart Rate, initially 84 bpm rose to a max. heart rate of 158bpm (85% of Predicted Maximum Heart Rate).
 Resting Blood Pressure of 140/90 mmHg, rose to a maximum Blood Pressure of 170/90 mmHg
 Good Effort tolerance
 Normal HR & BP Response
 No Angina or Arrhythmias No Significant ST-T Change Noted During Exercise
 Stress test Negative for Stress inducible ischaemia.

Regd. Office:-

SUBURBAN DIAGNOSTICS INDIA PVT. LTD.
 2nd Floor, Aston, Sunderban Complex,
 Lokhandwala Road, Andheri (West),
 Mumbai-400053.

DR. NITIN SONAVANE
 M.B.B.S., F.I.M.D., DIAB. D. CARD.
 CONSULTANT CARDIOLOGIST
 REGD. NO.: 87714

Doctor: DR. NITIN SONAVANE

Ref. Doctor: ----

SCHILLER

The Art of Diagnostics

SUBURBAN DIANOSTICS PVT. LTD. BORIVALI

PARESH VADAKE

Bruce Protocol

STLevel(mm) STSlope(mV/s)

ID: 2233020585

Stage: Supine

Date: 26-11-2022

Speed: 0 km/h

Exec Time: 0:00:00

Slope: 0%

Stage Time: 00:20

THR: 157 bpm

HR: 84 bpm

BP: 140/90 mmHg

STLevel(mm) STSlope(mV/s)

V1 0.6 0.3

V2 0.3 1.3

V3 -0.6 0.4

V4 0.6 -0.3

V5 0.4 -0.7

V6 -0.2 -0.6

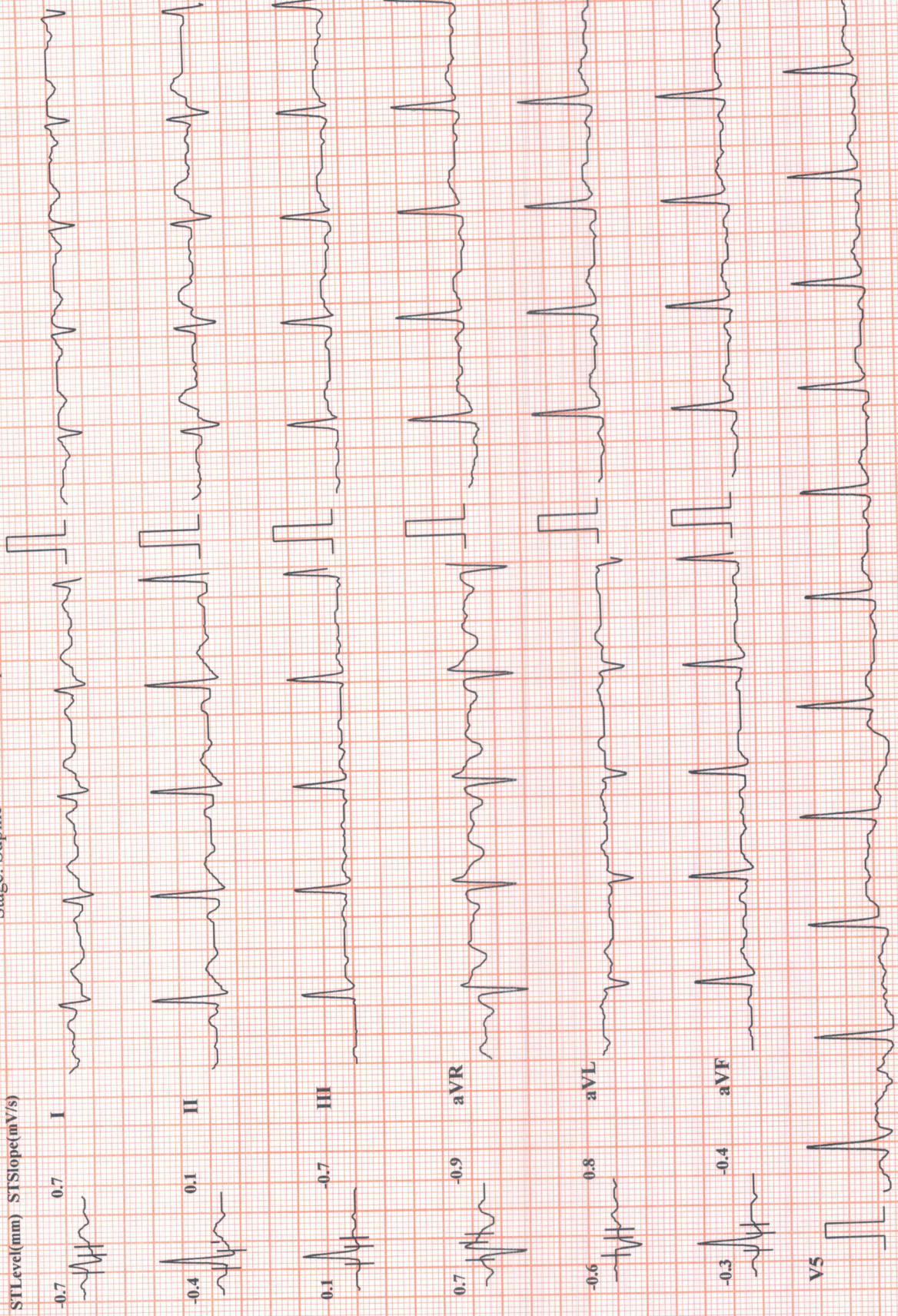


Chart Speed: 25 mm/sec

Amplitude: 10mm/mV

Filter: 35 Hz Mains Filter: ON

ISO = R - 60 ms, J = R + 60 ms, Post J = J + 60 ms



SUBURBAN DIANOSTICS PVT. LTD. BORIVALI

HR: 85 bpm

BP: 140/90 mmHg

STLevel(mm) STSlope(mV/s)

Stage Time: 00:29
THR: 157 bpm

Exec Time: 0:00:00
Slope: 0 %

Date: 26-11-2022
Speed: 0

ID: 2233020585
Stage: Standing

PARESH VADAKE

Bruce Protocol

STLevel(mm) STSlope(mV/s)

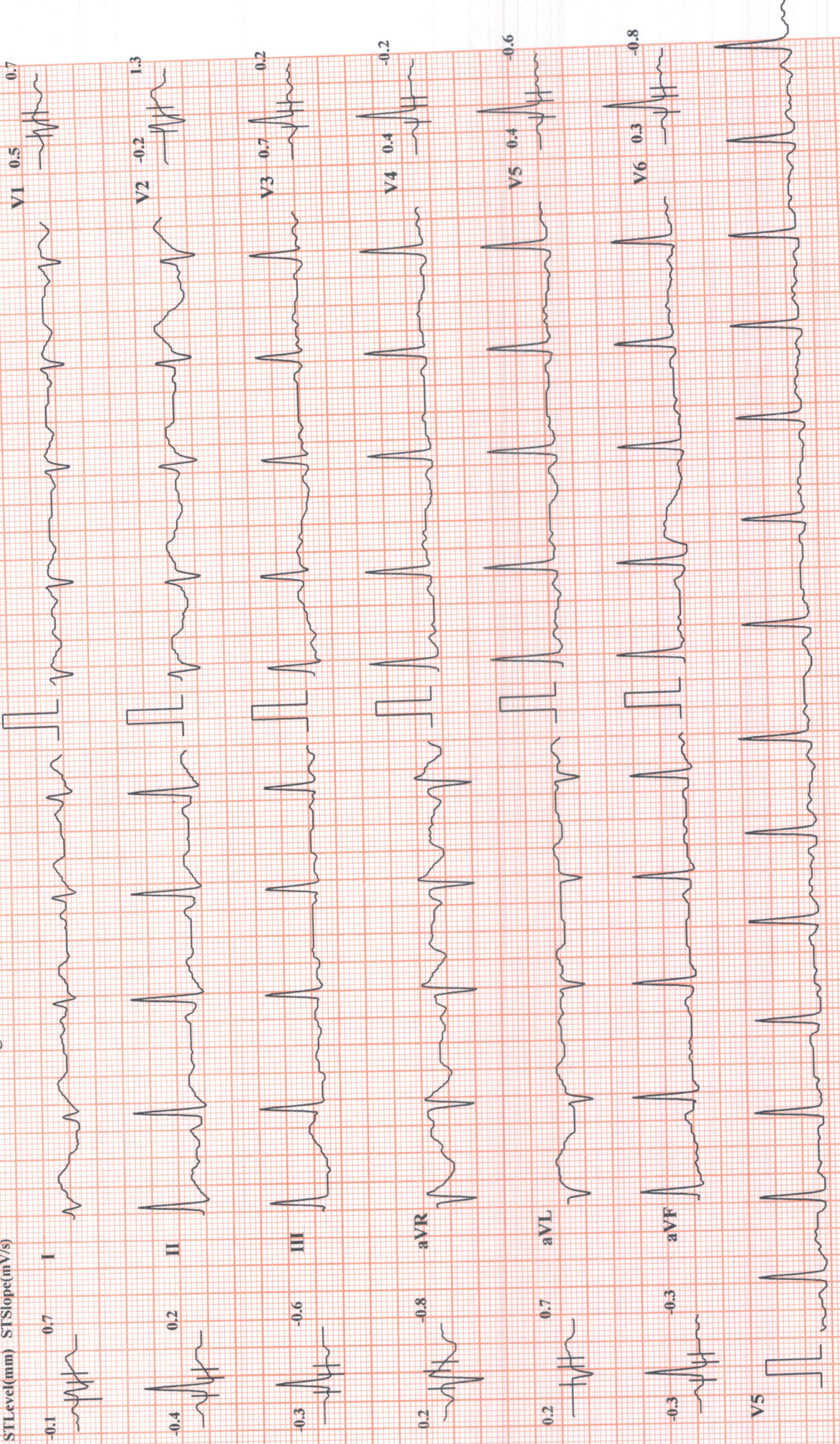


Chart Speed: 25 mm/sec

Amplitude: 10mm/mV

Filter: 35 Hz Mains Filter: ON

ISO = R - 60 ms, J = R + 60 ms, Post J = J + 60 ms

SUBURBAN DIANOSTICS PVT. LTD. BORIVALI

PARESH VADAKE
Bruce Protocol
STLevel(mm) STSlope(mV/s)

ID: 2233020585
Stage: Hyper Ventilation

Date: 26-11-2022
Speed: 0

Exec Time : 0:00:00
Slope: 0 %

Stage Time: 00:32
THR: 157 bpm

HR: 87 bpm
BP: 140/90 mmHg
STLevel(mm) STSlope(mV/s)

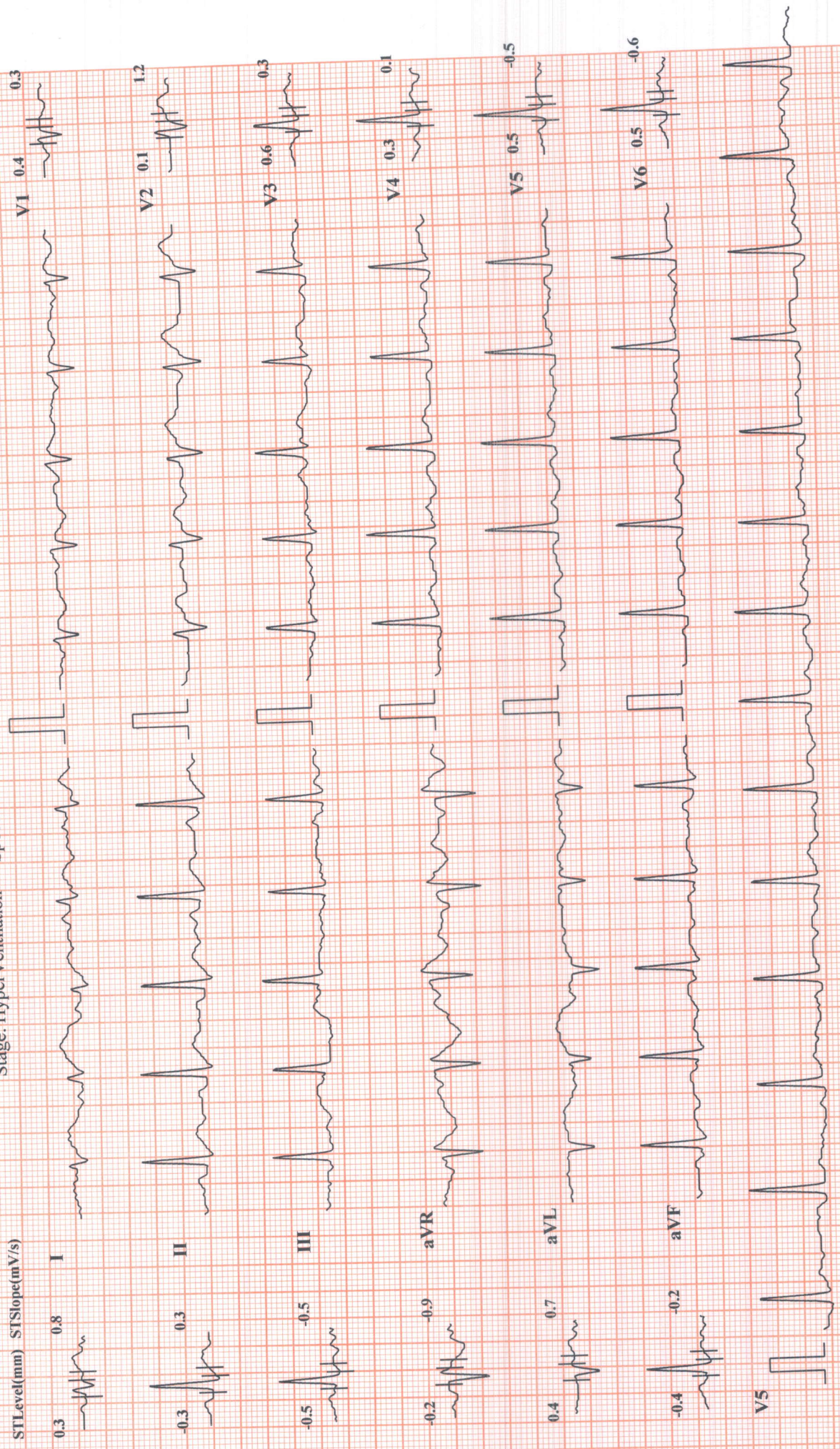


Chart Speed: 25 mm/sec

Amplitude: 10mm/mV

Filter: 35 Hz Mains Filter: ON ISO = R - 60 ms, J = R + 60 ms, Post J = J + 60 ms

SUBURBAN DIANOSTICS PVT. LTD. BORIVALI

PARESH VADAKE
 Bruce Protocol
 STLevel(mm) STSlope(mV/s)

ID: 2233020585
 Stage: 1

Date: 26-11-2022
 Speed: 2.7 kmph

Exec Time : 0:03:00
 Slope: 10 %

Stage Time: 03:00
 THR: 157 bpm

HR: 121 bpm

BP: 150/90 mmHg
 STLevel(mm) STSlope(mV/s)

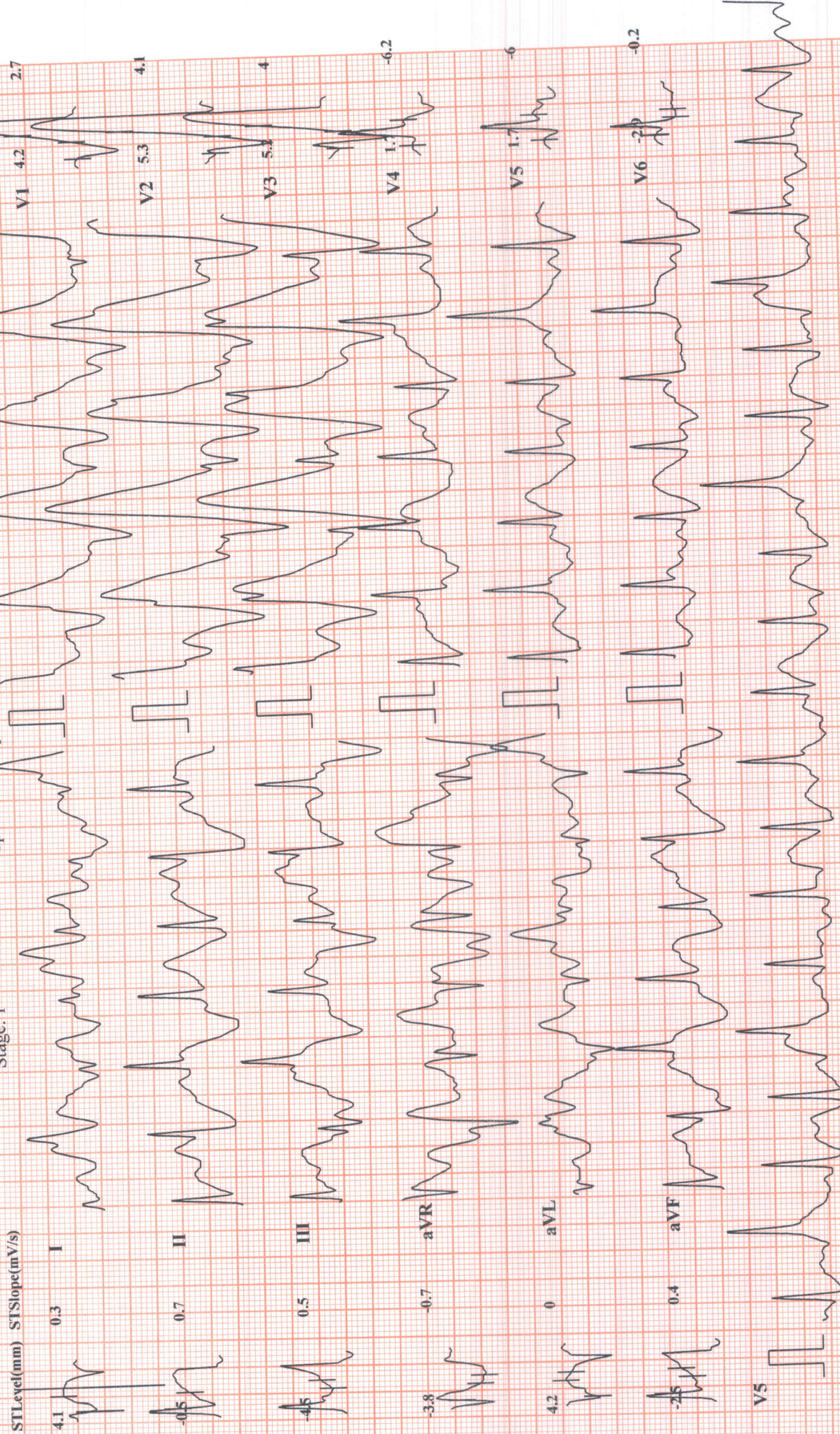


Chart Speed: 25 mm/sec

Amplitude: 10mm/mV

Filter: 35 Hz Mains Filter: ON

ISO = R - 60 ms, J = R + 60 ms, Post J = J + 60 ms



SUBURBAN DIANOSTICS PVT. LTD. BORIVALI

PARESH VADAKE

Bruce Protocol

STLevel(mm) STSlope(mV/s)

-2.8 0.9 I

-0.1 0.8 II

2.6 0.1 III

2.9 -1.2 aVR

-2.8 0.4 aVL

1.4 0.5 aVF

V5

ID: 2233020585

Stage: 2

Date: 26-11-2022

Speed: 4 kmph

Exec Time : 0:06:00

Slope: 12%

Stage Time: 03:00

TMR: 157 bpm

HR: 144 bpm

BP: 160/90 mmHg

STLevel(mm) STSlope(mV/s)

V1 4.4 -2.4

V2 6.8 -2.8

V3 5.1 -1.5

V4 9.4 -2.7

V5 3.3 0.2

V6 1.1 0.1



Chart Speed: 25 mm/sec

Amplitude: 10mm/mV

Filter: 35 Hz Mains Filter: ON

ISO = R - 60 ms, J = R + 60 ms, Post J = J + 60 ms

Schiller Spandan CS-20 Version:2.14



SUBURBAN DIANOSTICS PVT. LTD. BORIVALI

PARESH VADAKE

Bruce Protocol

STLevel(mm) STSlope(mV/s)

ID: 2233020585

Date: 26-11-2022

Exec Time : 10:06:43

Stage Time: 00:43

Stage: 3 Peak Exercise

Speed: 5.5 kmph

Slope: 14 %

THR: 157 bpm

HR: 158 bpm

BP: 170/90 mmHg

STLevel(mm) STSlope(mV/s)

8.1 -2 I

8.1

I

-1 -1 II

-1

II

-8.1 1 III

-8.1

III

-7.9 2.6 aVR

-7.9

2.6

aVR

8.1 -1.6 aVL

8.1

-1.6

aVL

-4.1 0 aVF

-4.1

0

aVF

V5

V5

V1 -6.8 -6

V1

V2 -7.6 -7.6

V2

V3 -5.4 -5.4

V3

V4 2.6 2.6

V4

V5 -0.2 -0.2

V5

V6 -1 -1

V6

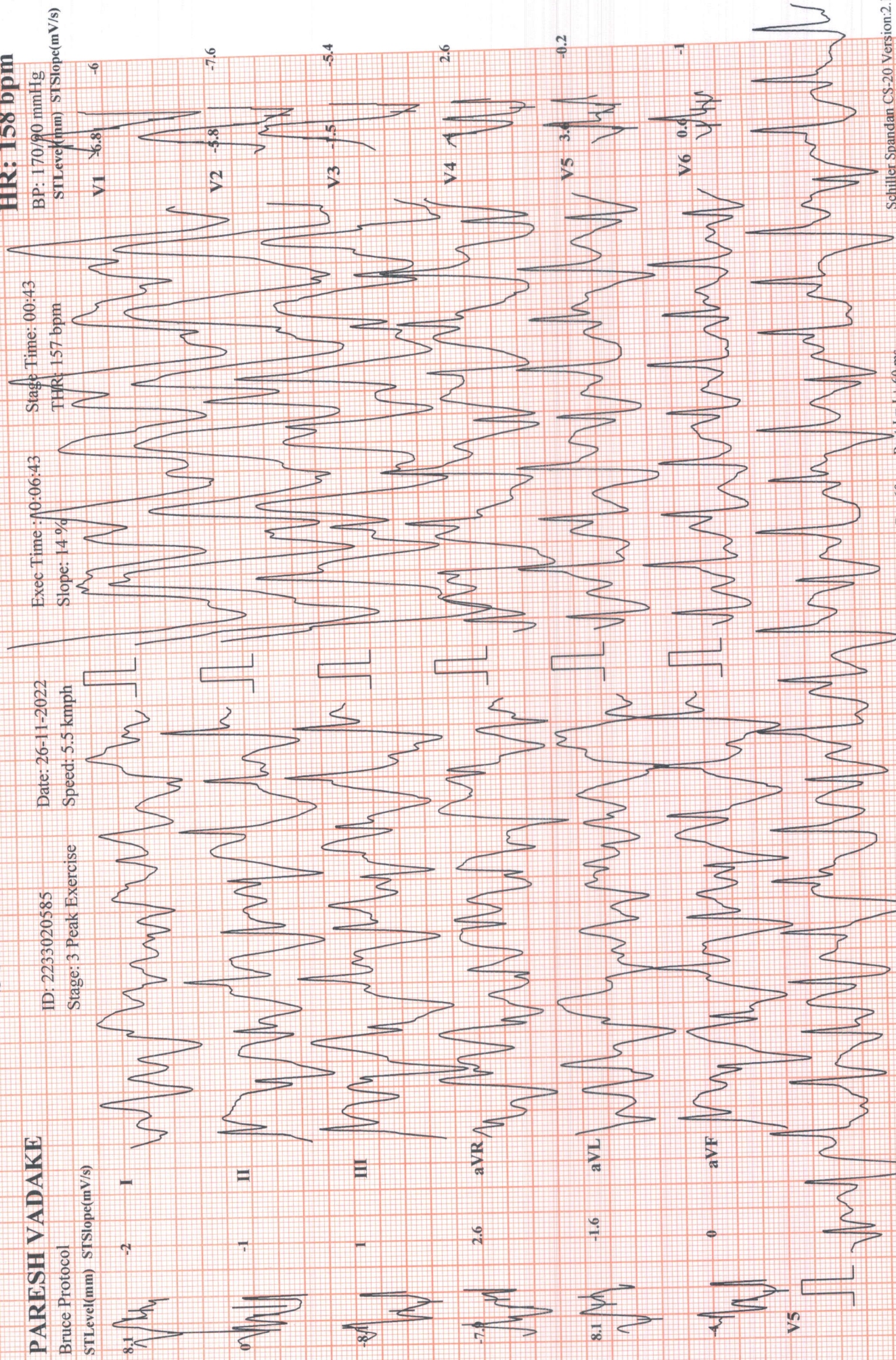


Chart Speed: 25 mm/sec

Amplitude: 10mm/mV

Filter: 35 Hz Mains Filter: ON

ISO = R -60 ms, J = R + 60 ms, Post J = I + 60 ms

Schiller Spandan CS-20 Version:2.14

SUBURBAN DIANOSTICS PVT. LTD. BORIVALI

PARESH VADAKE

Bruce Protocol

STLevel(mm) STSlope(mV/s)

ID: 2233020585

Stage: Recovery I

Date: 26-11-2022

Speed: 0 kmph

Exec Time : 00:00

Slope: 0 %

Stage Time: 00:46

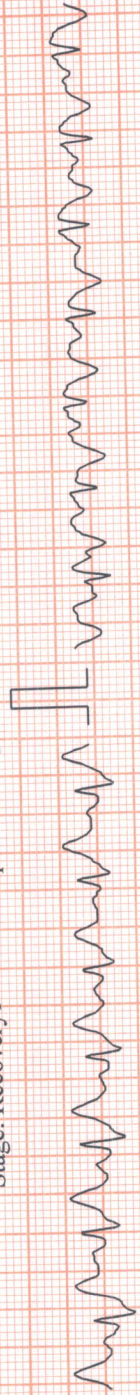
THR: 157 bpm

HR: 135 bpm

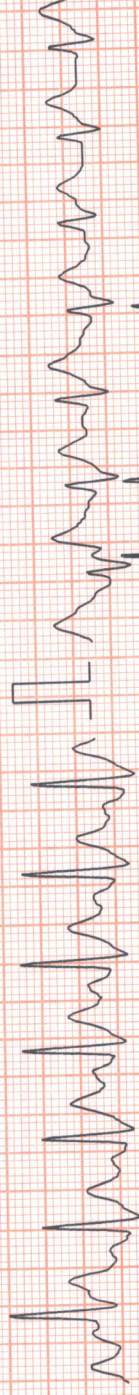
BP: 170/90 mmHg

STLevel(mm) STSlope(mV/s)

V1 0.7 1.2



V2 0.2 -1



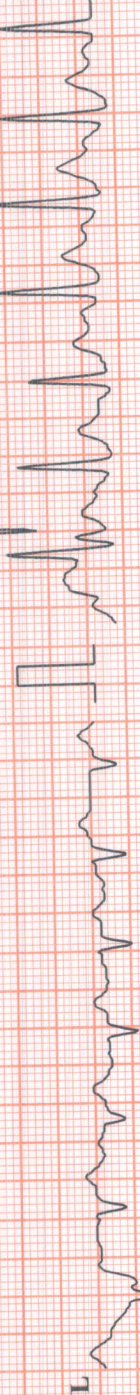
V3 -1



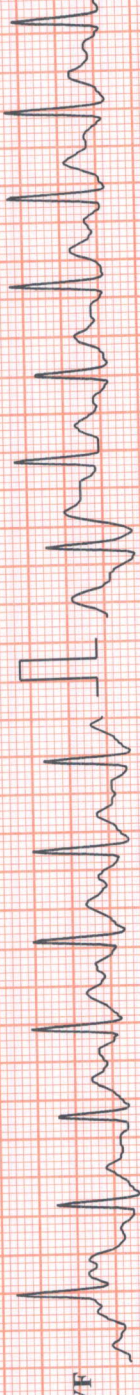
V4 -0.7



V5 -0.8



V6 -0.8



V7



V5

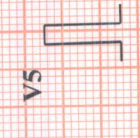


Chart Speed: 25 mm/sec

Amplitude: 10mm/mV

Filter: 35 Hz Mains Filter: ON

ISO = R - 60 ms, J = R + 60 ms, Post J = J + 60 ms

SUBURBAN DIANOSTICS PVT. LTD. BORIVALI

PARESH VADAKE

Bruce Protocol

STLevel(mm) STSlope(mV/s)

ID: 2233020585

Stage: Recovery1

Date: 26-11-2022

Speed: 0 kmph

Exec Time : 00:00

Slope: 0 %

Stage Time: 01:00

THR: 157 bpm

HR: 129 bpm

BP: 150/90 mmHg

STLevel(mm) STSlope(mV/s)

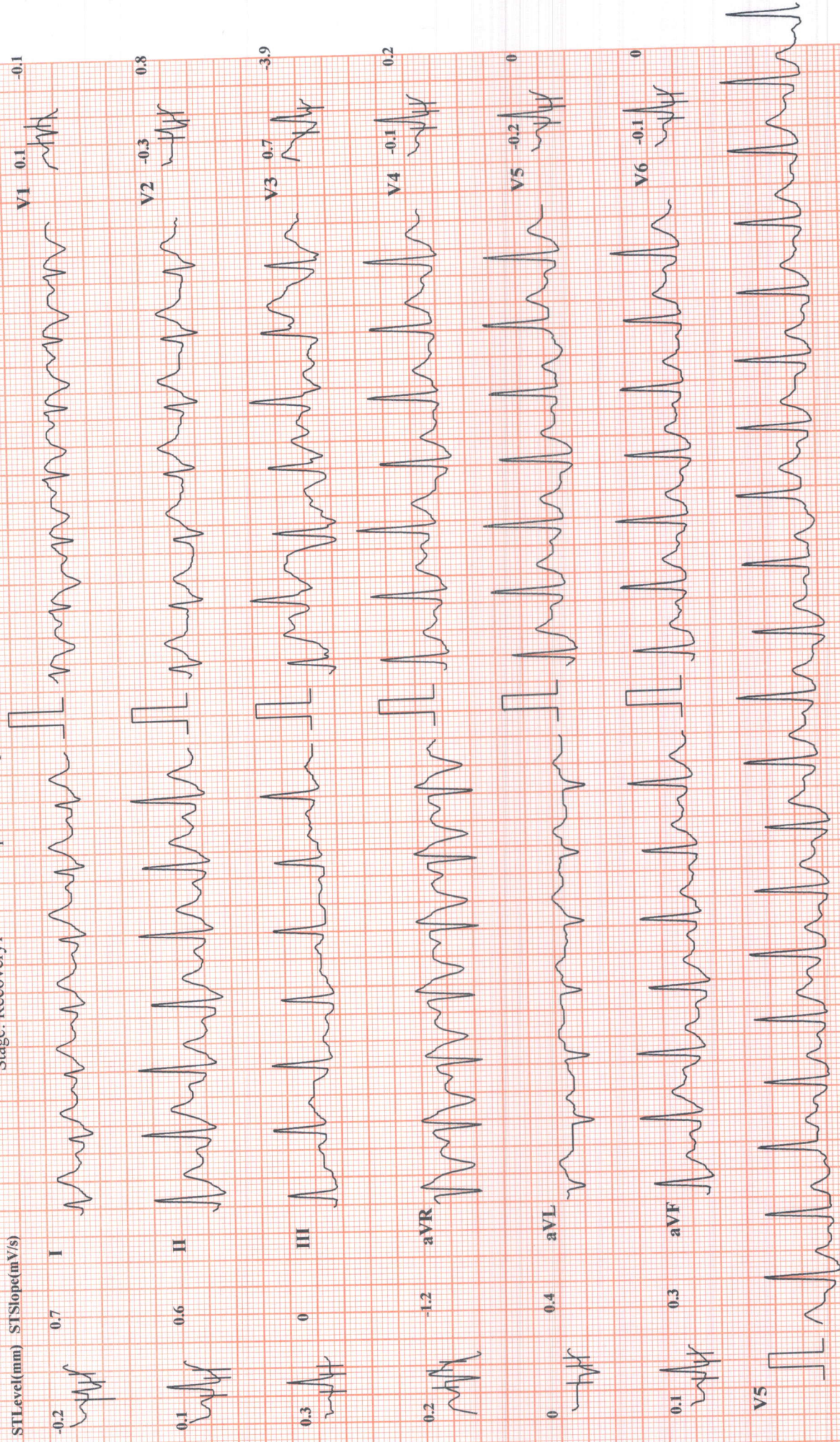


Chart Speed: 25 mm/sec

Amplitude: 10mm/mV

Filter: 35 Hz Mains Filter: ON

ISO = R - 60 ms, J = R + 60 ms, Post-J = J + 60 ms

Schiller Spandau CS-20 Version: 2.14

SUBURBAN DIANOSTICS PVT. LTD. BORIVALI

PARESH VADAKE

Bruce Protocol

STLevel(mm) STSlope(mV/s)

ID: 2233020585

Stage: Recovery2

Date: 26-11-2022

Speed: 0 kmph

Exec Time : 00:00

Slope: 0 %

Stage Time: 00:00

THR: 157 bpm

HR: 129 bpm

BP: 150/90 mmHg

STLevel(mm) STSlope(mV/s)

V1 0.1 -0.1

V2 -0.3 0.8

V3 0.7 -3.9

V4 -0.1 0.2

V5 -0.2 0

V6 -0.1 0

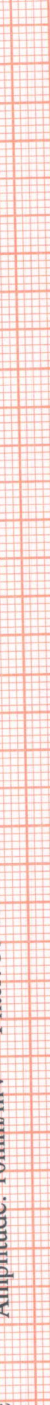


Chart Speed: 25 mm/sec Amplitude: 10mm/mV Filter: 35 Hz Mains Filter: ON ISO = R - 60 ms, J = R + 60 ms, Post J = J + 60 ms

SUBURBAN DIANOSTICS PVT. LTD. BORIVALI

PARESH VADAKE

Bruce Protocol

STLLevel(mm) STSlope(mV/s)

ID: 2233020585

Stage: Recovery2

Date: 26-11-2022

Speed: 0 kmph

Exec Time : 00:00

Slope: 0 %

Stage Time: 01:00

THR: 157 bpm

HR: 115 bpm

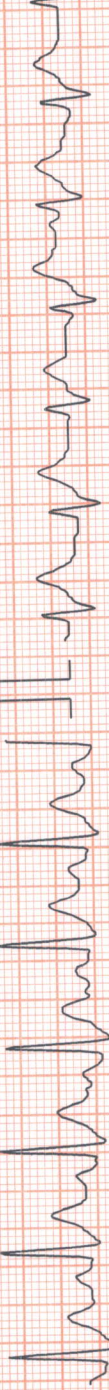
BP: 150/90 mmHg

STLLevel(mm) STSlope(mV/s)

V1 0.2 0



V2 -0.4 1



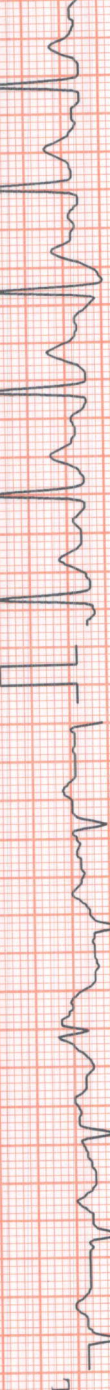
V3 -0.3 0.4



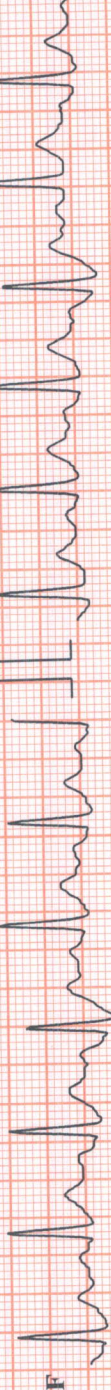
V4 0.6 -0.1



V5 0.3 -0.4



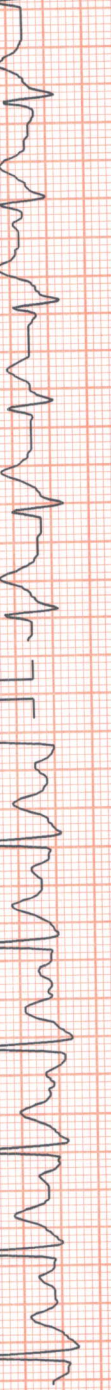
V6 0.1 -0.6



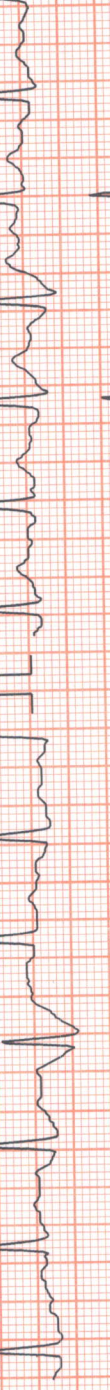
-0.1 I 0.9



-0.1 II 0.4



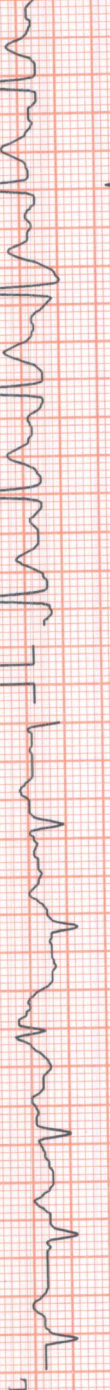
0.1 III -0.6



0.1 aVR -1.2



-0.2 aVL 0.9



0 aVF -0.2



V5

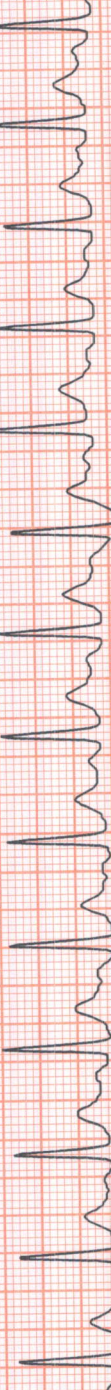


Chart Speed: 25 mm/sec

Amplitude: 10mm/mV Filter: 35 Hz Mains Filter: ON ISO = R - 60 ms, J = R + 60 ms, Post J = J + 60 ms

SUBURBAN DIANOSTICS PVT. LTD. BORIVALI

PARESH VADAKE

Bruce Protocol

STLevel(mm) STSlope(mV/s)

ID: 2233020585

Stage: Recovery3

Date: 26-11-2022

Speed: 0 kmph

Exec Time : 00:00

Slope: 0 %

Stage Time: 00:26

THR: 157 bpm

HR: 113 bpm

BP: 140/90 mmHg

STLevel(mm) STSlope(mV/s)

V1 0.3 0.3



V2 -1.2 -2.9



V3 -0.6 0.1



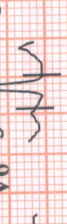
V4 -0.2 -0.2



V5 0.5 -0.5



V6 3 1



I

-1.1



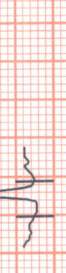
II

0.3



III

1.5



aVR

0



aVL

-1.3



aVF

2.8



V5





भारत सरकार
GOVERNMENT OF INDIA



पूजा किरण वडके

Pooja Kiran Vadake

जन्म तारीख / DOB: 23/10/1987

पुरुष / MALE

Mobile No.: 9819013488

4527 9811 7602



माझे आधार, म झी ओकख

Regd. Office :-
SUBURBAN DIAGNOSTICS INDIA PVT. LTD.
2nd Floor, Aston, Sundervan Complex,
Lokhandwala Road, Andheri (West),
Mumbai-400053.

DR. NITIN SONAVANE
M.B.B.S.AFLH, D.DIAB, D.CARD.
CONSULTANT CARDIOLOGIST
REGD. NO.: 87714

Date:

To,
Suburban Diagnostics (India) Private Limited
301, 302 3rd Floor, Vini Eligance,
Above Tanishq Jewellers,
Borivali (W), Mumbai- 400092

SUBJECT- TO WHOMSOEVER IT MAY CONCERN

Dear Sir/ Madam,

This is to informed you that I, Myself Mr/ Mrs/ Ms. Pooresh Vadav
don't want to performed the following tests:

- 1) Stool-R
- 2) _____
- 3) _____
- 4) _____
- 5) _____
- 6) _____

CID No. & Date : 22 33020589
Corporate/ TPA/ Insurance Client Name : Medi wheel

Thanking you.

Pooresh
Yours sincerely,

(Mr/Mrs/Ms. _____)

CID# : 2233020585
 Name : MR.PARESH VADAKE
 Age / Gender : 35 Years/Male
 Consulting Dr. : -
 Reg.Location : Borivali West (Main Centre)

Collected : 26-Nov-2022 / 09:16
 Reported : 26-Nov-2022 / 16:04

PHYSICAL EXAMINATION REPORT

History and Complaints:

Asymptomatic

EXAMINATION FINDINGS:

| | | | |
|-------------------------|-------------|--------------|--------------|
| Height (cms): | 164 cms | Weight (kg): | 67 kg |
| Temp (0c): | Afebrile | Skin: | NAD |
| Blood Pressure (mm/hg): | 140/90 mmhg | Nails: | NAD |
| Pulse: | 80/ min | Lymph Node: | Not palpable |

Systems

Cardiovascular: S1S2
 Respiratory: AEBE
 Genitourinary: NAD
 GI System: Liver & spleen not palpable
 CNS: NAD

IMPRESSION:

*urine sugar PLBS
 PLBS
 LDL*

physician redm

ADVICE:

CHIEF COMPLAINTS:

- | | |
|----------------------|----|
| 1) Hypertension: | No |
| 2) IHD | No |
| 3) Arrhythmia | No |
| 4) Diabetes Mellitus | No |
| 5) Tuberculosis | No |

CID# : 2233020585

Name : MR.PARESH VADAKE

Age / Gender : 35 Years/Male

Consulting Dr. :-

Collected : 26-Nov-2022 / 09:16

Reg.Location : Borivali West (Main Centre)

Reported : 26-Nov-2022 / 16:04

| | |
|--|----|
| 6) Asthama | No |
| 7) Pulmonary Disease | No |
| 8) Thyroid/ Endocrine disorders | No |
| 9) Nervous disorders | No |
| 10) GI system | No |
| 11) Genital urinary disorder | No |
| 12) Rheumatic joint diseases or symptoms | No |
| 13) Blood disease or disorder | No |
| 14) Cancer/lump growth/cyst | No |
| 15) Congenital disease | No |
| 16) Surgeries | NP |
| 17) Musculoskeletal System | No |

PERSONAL HISTORY:

| | |
|---------------|-----|
| 1) Alcohol | No |
| 2) Smoking | No |
| 3) Diet | mix |
| 4) Medication | No |

*** End Of Report ***

Regd. Office:-
SUBURBAN DIAGNOSTICS INDIA PVT. LTD.
2nd Floor, Aston, Sundervan Complex,
Lokhandwala Road, Andheri (West),
Mumbai-400053.

DR. NITIN SONAVANE
M.B.B.S.AFLH, D.DIAB, D.CARD.
CONSULTANT-CARDIOLOGIST
REGD. NO. 87714
Dr.NITIN SONAVANE
PHYSICIAN



CID : 2233020585
 Name : MR.PARESH VADAKE
 Age / Gender : 35 Years / Male
 Consulting Dr. : -
 Reg. Location : Borivali West (Main Centre)

Collected : 26-Nov-2022 / 09:22
 Reported : 26-Nov-2022 / 15:10

Use a QR Code Scanner
 Application To Scan the Code

AERFOCAMI HEALTHCARE BELOW 40 MALE/FEMALE

CBC (Complete Blood Count), Blood

| <u>PARAMETER</u> | <u>RESULTS</u> | <u>BIOLOGICAL REF RANGE</u> | <u>METHOD</u> |
|---|----------------|-----------------------------|--------------------|
| <u>RBC PARAMETERS</u> | | | |
| Haemoglobin | 14.2 | 13.0-17.0 g/dL | Spectrophotometric |
| RBC | 5.17 | 4.5-5.5 mil/cmm | Elect. Impedance |
| PCV | 42.2 | 40-50 % | Measured |
| MCV | 82 | 80-100 fl | Calculated |
| MCH | 27.4 | 27-32 pg | Calculated |
| MCHC | 33.5 | 31.5-34.5 g/dL | Calculated |
| RDW | 12.9 | 11.6-14.0 % | Calculated |
| <u>WBC PARAMETERS</u> | | | |
| WBC Total Count | 6100 | 4000-10000 /cmm | Elect. Impedance |
| <u>WBC DIFFERENTIAL AND ABSOLUTE COUNTS</u> | | | |
| Lymphocytes | 37.9 | 20-40 % | |
| Absolute Lymphocytes | 2311.9 | 1000-3000 /cmm | Calculated |
| Monocytes | 9.0 | 2-10 % | |
| Absolute Monocytes | 549.0 | 200-1000 /cmm | Calculated |
| Neutrophils | 48.2 | 40-80 % | |
| Absolute Neutrophils | 2940.2 | 2000-7000 /cmm | Calculated |
| Eosinophils | 4.6 | 1-6 % | |
| Absolute Eosinophils | 280.6 | 20-500 /cmm | Calculated |
| Basophils | 0.3 | 0.1-2 % | |
| Absolute Basophils | 18.3 | 20-100 /cmm | Calculated |
| Immature Leukocytes | - | | |
| WBC Differential Count by Absorbance & Impedance method/Microscopy. | | | |
| <u>PLATELET PARAMETERS</u> | | | |
| Platelet Count | 304000 | 150000-400000 /cmm | Elect. Impedance |
| MPV | 8.2 | 6-11 fl | Calculated |
| PDW | 13.7 | 11-18 % | Calculated |



CID : 2233020585
Name : MR.PARESH VADAKE
Age / Gender : 35 Years / Male
Consulting Dr. : -
Reg. Location : Borivali West (Main Centre)

Collected : 26-Nov-2022 / 09:22
Reported : 26-Nov-2022 / 13:09

Use a QR Code Scanner
Application To Scan the Code

RBC MORPHOLOGY

Hypochromia -
Microcytosis -
Macrocytosis -
Anisocytosis -
Poikilocytosis -
Polychromasia -
Target Cells -
Basophilic Stippling -
Normoblasts -
Others Normocytic, Normochromic

WBC MORPHOLOGY -

PLATELET MORPHOLOGY -

COMMENT -

Specimen: EDTA Whole Blood

ESR, EDTA WB 5 2-15 mm at 1 hr. Westergren

*Sample processed at SUBURBAN DIAGNOSTICS (INDIA) PVT. LTD Borivali Lab, Borivali West
*** End Of Report ***



MC-2111



Bmhasakar

Dr.KETAKI MHASKAR
M.D. (PATH)
Pathologist



Use a QR Code Scanner
 Application To Scan the Code

CID : 2233020585
 Name : MR.PARESH VADAKE
 Age / Gender : 35 Years / Male
 Consulting Dr. : -
 Reg. Location : Borivali West (Main Centre)

Collected : 26-Nov-2022 / 09:22
 Reported : 26-Nov-2022 / 15:36

AERFOCAMI HEALTHCARE BELOW 40 MALE/FEMALE


| <u>PARAMETER</u> | <u>RESULTS</u> | <u>BIOLOGICAL REF RANGE</u> | <u>METHOD</u> |
|---|----------------|---|--------------------|
| GLUCOSE (SUGAR) FASTING, Fluoride Plasma | 93.3 | Non-Diabetic: < 100 mg/dl Impaired Fasting Glucose: 100-125 mg/dl Diabetic: >/= 126 mg/dl | Hexokinase |
| GLUCOSE (SUGAR) PP, Fluoride Plasma PP/R | 148.2 | Non-Diabetic: < 140 mg/dl Impaired Glucose Tolerance: 140-199 mg/dl Diabetic: >/= 200 mg/dl | Hexokinase |
| BILIRUBIN (TOTAL), Serum | 0.32 | 0.3-1.2 mg/dl | Vanadate oxidation |
| Kindly note change in Ref range and method w.e.f.11-07-2022 | | | |
| BILIRUBIN (DIRECT), Serum | 0.12 | 0-0.3 mg/dl | Vanadate oxidation |
| Kindly note change in Ref range and method w.e.f.11-07-2022 | | | |
| BILIRUBIN (INDIRECT), Serum | 0.20 | <1.2 mg/dl | Calculated |
| TOTAL PROTEINS, Serum | 7.2 | 5.7-8.2 g/dL | Biuret |
| Kindly note change in Ref range and method w.e.f.11-07-2022 | | | |
| ALBUMIN, Serum | 4.4 | 3.2-4.8 g/dL | BCG |
| GLOBULIN, Serum | 2.8 | 2.3-3.5 g/dL | Calculated |
| A/G RATIO, Serum | 1.6 | 1 - 2 | Calculated |
| SGOT (AST), Serum | 21.3 | <34 U/L | Modified IFCC |
| Kindly note change in Ref range and method w.e.f.11-07-2022 | | | |
| SGPT (ALT), Serum | 29.2 | 10-49 U/L | Modified IFCC |
| Kindly note change in Ref range and method w.e.f.11-07-2022 | | | |



CID : 2233020585
 Name : MR.PARESH VADAKE
 Age / Gender : 35 Years / Male
 Consulting Dr. : -
 Reg. Location : Borivali West (Main Centre)

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 Reported : 26-Nov-2022 / 18:44

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| | | | |
|---|---|--------------------|---------------------|
| GAMMA GT, Serum | 35.3 | <73 U/L | Modified IFCC |
| Kindly note change in Ref range and method w.e.f.11-07-2022 | | | |
| ALKALINE PHOSPHATASE, Serum | 119.8 | 46-116 U/L | Modified IFCC |
| Kindly note change in Ref range and method w.e.f.11-07-2022 | | | |
| BLOOD UREA, Serum | 26.1 | 19.29-49.28 mg/dl | Calculated |
| Kindly note change in Ref range and method w.e.f.11-07-2022 | | | |
| BUN, Serum | 12.2 | 9.0-23.0 mg/dl | Urease with GLDH |
| Kindly note change in Ref range and method w.e.f.11-07-2022 | | | |
| CREATININE, Serum | 0.91 | 0.60-1.10 mg/dl | Enzymatic |
| Kindly note change in Ref range and method w.e.f.11-07-2022 | | | |
| eGFR, Serum | 101 | >60 ml/min/1.73sqm | Calculated |
| URIC ACID, Serum | 6.3 | 3.7-9.2 mg/dl | Uricase/ Peroxidase |
| Kindly note change in Ref range and method w.e.f.11-07-2022 | | | |
| Urine Sugar (Fasting) | Absent | Absent | |
| Urine Ketones (Fasting) | Absent | Absent | |
| Urine Sugar (PP) | +  | Absent | |
| Urine Ketones (PP) | Absent | Absent | |

*Sample processed at SUBURBAN DIAGNOSTICS (INDIA) PVT. LTD Borivali Lab, Borivali West
 *** End Of Report ***



Bmhasakar
 Dr.KETAKI MHASKAR
 M.D. (PATH)
 Pathologist



CID : 2233020585
 Name : MR.PARESH VADAKE
 Age / Gender : 35 Years / Male
 Consulting Dr. : -
 Reg. Location : Borivali West (Main Centre)

Collected : 26-Nov-2022 / 09:22
 Reported : 26-Nov-2022 / 15:03

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AERFOCAMI HEALTHCARE BELOW 40 MALE/FEMALE
GLYCOSYLATED HEMOGLOBIN (HbA1c)

| <u>PARAMETER</u> | <u>RESULTS</u> | <u>BIOLOGICAL REF RANGE</u> | <u>METHOD</u> |
|---|----------------|---|---------------|
| Glycosylated Hemoglobin (HbA1c), EDTA WB - CC | 5.7 | Non-Diabetic Level: < 5.7 % Prediabetic Level: 5.7-6.4 % Diabetic Level: >= 6.5 % | HPLC |
| Estimated Average Glucose (eAG), EDTA WB - CC | 116.9 | mg/dl | Calculated |

Intended use:

- In patients who are meeting treatment goals, HbA1c test should be performed at least 2 times a year
- In patients whose therapy has changed or who are not meeting glycemic goals, it should be performed quarterly
- For microvascular disease prevention, the HbA1C goal for non pregnant adults in general is Less than 7%.

Clinical Significance:

- HbA1c, Glycosylated hemoglobin or glycated hemoglobin, is hemoglobin with glucose molecule attached to it.
- The HbA1c test evaluates the average amount of glucose in the blood over the last 2 to 3 months by measuring the percentage of glycosylated hemoglobin in the blood.

Test Interpretation:

- The HbA1c test evaluates the average amount of glucose in the blood over the last 2 to 3 months by measuring the percentage of Glycosylated hemoglobin in the blood.
- HbA1c test may be used to screen for and diagnose diabetes or risk of developing diabetes.
- To monitor compliance and long term blood glucose level control in patients with diabetes.
- Index of diabetic control, predicting development and progression of diabetic micro vascular complications.

Factors affecting HbA1c results:

Increased in: High fetal hemoglobin, Chronic renal failure, Iron deficiency anemia, Splenectomy, Increased serum triglycerides, Alcohol ingestion, Lead/opiate poisoning and Salicylate treatment.

Decreased in: Shortened RBC lifespan (Hemolytic anemia, blood loss), following transfusions, pregnancy, ingestion of large amount of Vitamin E or Vitamin C and Hemoglobinopathies

Reflex tests: Blood glucose levels, CGM (Continuous Glucose monitoring)

References: ADA recommendations, AACC, Wallach's interpretation of diagnostic tests 10th edition.

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*** End Of Report ***



Bmhasakar

Dr.KETAKI MHASKAR
 M.D. (PATH)
 Pathologist



CID : 2233020585
Name : MR.PARESH VADAKE
Age / Gender : 35 Years / Male
Consulting Dr. : -
Reg. Location : Borivali West (Main Centre)

Collected : 26-Nov-2022 / 09:22
Reported : 26-Nov-2022 / 17:12

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AERFOCAMI HEALTHCARE BELOW 40 MALE/FEMALE
URINE EXAMINATION REPORT

| PARAMETER | RESULTS | BIOLOGICAL REF RANGE | METHOD |
|--------------------------------|-------------|----------------------|--------------------|
| PHYSICAL EXAMINATION | | | |
| Color | Pale yellow | Pale Yellow | - |
| Reaction (pH) | 7.0 | 4.5 - 8.0 | Chemical Indicator |
| Specific Gravity | 1.010 | 1.001-1.030 | Chemical Indicator |
| Transparency | Clear | Clear | - |
| Volume (ml) | 40 | - | - |
| CHEMICAL EXAMINATION | | | |
| Proteins | Absent | Absent | pH Indicator |
| Glucose | Absent | Absent | GOD-POD |
| Ketones | Absent | Absent | Legals Test |
| Blood | Absent | Absent | Peroxidase |
| Bilirubin | Absent | Absent | Diazonium Salt |
| Urobilinogen | Normal | Normal | Diazonium Salt |
| Nitrite | Absent | Absent | Griess Test |
| MICROSCOPIC EXAMINATION | | | |
| Leukocytes(Pus cells)/hpf | 1-2 | 0-5/hpf | |
| Red Blood Cells / hpf | Absent | 0-2/hpf | |
| Epithelial Cells / hpf | 0-1 | | |
| Casts | Absent | Absent | |
| Crystals | Absent | Absent | |
| Amorphous debris | Absent | Absent | |
| Bacteria / hpf | 3-4 | Less than 20/hpf | |
| Others | - | | |

Interpretation: The concentration values of Chemical analytes corresponding to the grading given in the report are as follows:

- Protein:(1+ -25 mg/dl, 2+ -75 mg/dl, 3+ - 150 mg/dl, 4+ - 500 mg/dl)
- Glucose:(1+ - 50 mg/dl, 2+ -100 mg/dl, 3+ -300 mg/dl,4+ -1000 mg/dl)
- Ketone:(1+ ~5 mg/dl, 2+ ~15 mg/dl, 3+ ~ 50 mg/dl, 4+ ~ 150 mg/dl)

Reference: Pack insert



MC-2111



Bmhasakar
Dr.KETAKI MHASKAR
M.D. (PATH)
Pathologist



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Name : MR.PARESH VADAKE
Age / Gender : 35 Years / Male
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Reg. Location : Borivali West (Main Centre)

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*** End Of Report ***



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 Age / Gender : 35 Years / Male
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Collected : 26-Nov-2022 / 09:22
 Reported : 26-Nov-2022 / 16:46

AERFOCAMI HEALTHCARE BELOW 40 MALE/FEMALE
BLOOD GROUPING & Rh TYPING

| <u>PARAMETER</u> | <u>RESULTS</u> |
|------------------|----------------|
| ABO GROUP | B |
| Rh TYPING | Positive |

NOTE: Test performed by automated Erythrocytes magnetized technology (EMT) which is more sensitive than conventional methods.

Specimen: EDTA Whole Blood and/or serum

Clinical significance:
 ABO system is most important of all blood group in transfusion medicine

Limitations:

- ABO blood group of new born is performed only by cell (forward) grouping because allo antibodies in cord blood are of maternal origin.
- Since A & B antigens are not fully developed at birth, both Anti-A & Anti-B antibodies appear after the first 4 to 6 months of life. As a result, weaker reactions may occur with red cells of newborns than of adults.
- Confirmation of newborn's blood group is indicated when A & B antigen expression and the isoagglutinins are fully developed at 2 to 4 years of age & remains constant throughout life.
- Cord blood is contaminated with Wharton's jelly that causes red cell aggregation leading to false positive result
- The Hh blood group also known as Oh or Bombay blood group is rare blood group type. The term Bombay is used to refer the phenotype that lacks normal expression of ABH antigens because of inheritance of hh genotype.

References:

1. Denise M Harmening, Modern Blood Banking and Transfusion Practices- 6th Edition 2012. F.A. Davis company. Philadelphia
2. AABB technical manual

*Sample processed at SUBURBAN DIAGNOSTICS (INDIA) PVT. LTD SDRL, Vidyavihar Lab
 *** End Of Report ***



Dr. Vrushali Shroff
Dr.VRUSHALI SHROFF
M.D.(PATH)
Pathologist



CID : 2233020585
Name : MR.PARESH VADAKE
Age / Gender : 35 Years / Male
Consulting Dr. : -
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Collected : 26-Nov-2022 / 09:22
Reported : 26-Nov-2022 / 15:45

AERFOCAMI HEALTHCARE BELOW 40 MALE/FEMALE
LIPID PROFILE

| <u>PARAMETER</u> | <u>RESULTS</u> | <u>BIOLOGICAL REF RANGE</u> | <u>METHOD</u> |
|----------------------------------|----------------|---|------------------------|
| CHOLESTEROL, Serum | 189.5 | Desirable: <200 mg/dl Borderline High: 200-239mg/dl High: >/=240 mg/dl | CHOD-POD |
| TRIGLYCERIDES, Serum | 94.5 | Normal: <150 mg/dl Borderline-high: 150 - 199 mg/dl High: 200 - 499 mg/dl Very high:>/=500 mg/dl | Enzymatic colorimetric |
| HDL CHOLESTEROL, Serum | 32.1 | Desirable: >60 mg/dl Borderline: 40 - 60 mg/dl Low (High risk): <40 mg/dl | Elimination/ Catalase |
| NON HDL CHOLESTEROL, Serum | 157.4 | Desirable: <130 mg/dl Borderline-high:130 - 159 mg/dl High:160 - 189 mg/dl Very high: >/=190 mg/dl | Calculated |
| LDL CHOLESTEROL, Serum | 138.5 | Optimal: <100 mg/dl Near Optimal: 100 - 129 mg/dl Borderline High: 130 - 159 mg/dl High: 160 - 189 mg/dl Very High: >/= 190 mg/dl | Calculated |
| VLDL CHOLESTEROL, Serum | 18.9 | < /= 30 mg/dl | Calculated |
| CHOL / HDL CHOL RATIO, Serum | 5.9 | 0-4.5 Ratio | Calculated |
| LDL CHOL / HDL CHOL RATIO, Serum | 4.3 | 0-3.5 Ratio | Calculated |

*Sample processed at SUBURBAN DIAGNOSTICS (INDIA) PVT. LTD SDRL, Vidyavihar Lab
*** End Of Report ***



Anupa Dixit
Mr.ANUPA DIXIT
M.D.(PATH)
Consultant Pathologist & Lab
Director



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 Name : MR.PARESH VADAKE
 Age / Gender : 35 Years / Male
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 Reg. Location : Borivali West (Main Centre)

Collected : 26-Nov-2022 / 09:22
 Reported : 26-Nov-2022 / 15:33

AERFOCAMI HEALTHCARE BELOW 40 MALE/FEMALE
THYROID FUNCTION TESTS

| <u>PARAMETER</u> | <u>RESULTS</u> | <u>BIOLOGICAL REF RANGE</u> | <u>METHOD</u> |
|---|----------------|-----------------------------|---------------|
| Free T3, Serum | 5.3 | 3.5-6.5 pmol/L | CLIA |
| Kindly note change in Ref range and method w.e.f.11-07-2022 | | | |
| Free T4, Serum | 17.2 | 11.5-22.7 pmol/L | CLIA |
| Kindly note change in Ref range and method w.e.f.11-07-2022 | | | |
| sensitiveTSH, Serum | 1.357 | 0.55-4.78 microIU/ml | CLIA |
| Kindly note change in Ref range and method w.e.f.11-07-2022 | | | |



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Reg. Location : Borivali West (Main Centre)

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Interpretation:

A thyroid panel is used to evaluate thyroid function and/or help diagnose various thyroid disorders.

Clinical Significance:

- 1)TSH Values between high abnormal upto 15 microIU/ml should be correlated clinically or repeat the test with new sample as physiological factors can give falsely high TSH.
- 2)TSH values may be transiently altered because of non thyroidal illness like severe infections, liver disease, renal and heart severe burns, trauma and surgery etc.

| TSH | FT4 / T4 | FT3 / T3 | Interpretation |
|------|----------|----------|---|
| High | Normal | Normal | Subclinical hypothyroidism, poor compliance with thyroxine, drugs like amiodarone, Recovery phase of non-thyroidal illness, TSH Resistance. |
| High | Low | Low | Hypothyroidism, Autoimmune thyroiditis, post radio iodine Rx, post thyroidectomy, Anti thyroid drugs, tyrosine kinase inhibitors & amiodarone, amyloid deposits in thyroid, thyroid tumors & congenital hypothyroidism. |
| Low | High | High | Hyperthyroidism, Graves disease, toxic multinodular goiter, toxic adenoma, excess iodine or thyroxine intake, pregnancy related (hyperemesis gravidarum, hydatiform mole) |
| Low | Normal | Normal | Subclinical Hyperthyroidism, recent Rx for Hyperthyroidism, drugs like steroids & dopamine), Non thyroidal illness. |
| Low | Low | Low | Central Hypothyroidism, Non Thyroidal Illness, Recent Rx for Hyperthyroidism. |
| High | High | High | Interfering anti TPO antibodies, Drug interference: Amiodarone, Heparin, Beta Blockers, steroids & anti epileptics. |

Diurnal Variation: TSH follows a diurnal rhythm and is at maximum between 2 am and 4 am , and is at a minimum between 6 pm and 10 pm. The variation is on the order of 50 to 206%. Biological variation: 19.7% (with in subject variation)

Reflex Tests: Anti thyroid Antibodies, USG Thyroid , TSH receptor Antibody. Thyroglobulin, Calcitonin

Limitations:

1. Samples should not be taken from patients receiving therapy with high biotin doses (i.e. >5 mg/day) until atleast 8 hours following the last biotin administration.
2. Patient samples may contain heterophilic antibodies that could react in immunoassays to give falsely elevated or depressed results. this assay is designed to minimize interference from heterophilic antibodies.

Reference:

- 1.O.koulouri et al. / Best Practice and Research clinical Endocrinology and Metabolism 27(2013)
- 2.Interpretation of the thyroid function tests, Dayan et al. THE LANCET . Vol 357
- 3.Tietz ,Text Book of Clinical Chemistry and Molecular Biology -5th Edition
- 4.Biological Variation:From principles to Practice-Callum G Fraser (AACC Press)

*Sample processed at SUBURBAN DIAGNOSTICS (INDIA) PVT. LTD SDRL, Vidyavihar Lab
*** End Of Report ***



Anupa Dixit
Dr. ANUPA DIXIT
M.D.(PATH)
Consultant Pathologist & Lab
Director



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CID : 2233020585
Name : Mr PARESH VADAKE
Age / Sex : 35 Years/Male
Ref. Dr :
Reg. Location : Borivali West

Reg. Date : 26-Nov-2022
Reported : 26-Nov-2022 / 11:17

USG WHOLE ABDOMEN

LIVER: Liver is normal in size, shape and echotexture. There is no intra-hepatic biliary radical dilatation. No evidence of any obvious focal lesion.

GALL BLADDER: Gall bladder is distended. **A small calculus seen in gall bladder measuring 3.3 mm.** No obvious wall thickening is noted.

PORTAL VEIN: Portal vein is 8 mm normal . **CBD:** CBD is 4.4 mm normal.

PANCREAS: Pancreas appears normal in echotexture. There is no evidence of any focal lesion or calcification.

KIDNEYS: Right kidney measures 9.4 x 5.0 cm. Left kidney measures 10.3 x 5.9 cm.

Both kidneys are normal in shape and echotexture. Corticomedullary differentiation is maintained. There is no evidence of any hydronephrosis, hydroureter or calculus.

SPLEEN: Spleen is normal in size, shape and echotexture. No focal lesion is seen.

URINARY BLADDER: Urinary bladder is distended and normal. Wall thickness is within normal limits.

PROSTATE: Prostate is normal in size and echotexture. Prostate measures 3.8 x 2.6 x 3.4 cm and prostatic weight is 19 gm. No evidence of any obvious focal lesion.

No free fluid or size significant lymphadenopathy is seen.



CID : 2233020585
Name : Mr PARESH VADAKE
Age / Sex : 35 Years/Male
Ref. Dr :
Reg. Location : Borivali West

Reg. Date : 26-Nov-2022
Reported : 26-Nov-2022 / 11:17

Opinion:

- Cholelithiasis without cholecystitis.

For clinical correlation and follow up.

Investigations have their limitations. They only help in diagnosing the disease in correlation to clinical symptoms and other related tests. Please interpret accordingly.

-----End of Report-----

This report is prepared and physically checked by DR SUDHANSHU SAXENA before dispatch.

DR.SUDHANSHU SAXENA
Consultant Radiologist
M.B.B.S DMRE (RadioDiagnosis)
RegNo .MMC 2016061376.



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CID : 2233020585
Name : Mr PARESH VADAKE
Age / Sex : 35 Years/Male
Ref. Dr :
Reg. Location : Borivali West

Reg. Date : 26-Nov-2022
Reported : 26-Nov-2022 / 14:35

X-RAY CHEST PA VIEW

Both lung fields are clear.

Both costo-phrenic angles are clear.

The cardiac size and shape are within normal limits.

The domes of diaphragm are normal in position and outlines.

The skeleton under review appears normal.

IMPRESSION:

NO SIGNIFICANT ABNORMALITY IS DETECTED.

-----End of Report-----

This report is prepared and physically checked by DR SUDHANSHU SAXENA before dispatch.

DR.SUDHANSHU SAXENA
Consultant Radiologist
M.B.B.S DMRE (RadioDiagnosis)
RegNo .MMC 2016061376.

Date:- 26/11/2022

CID: 2233020585

Name:- Parosh Vaclake

Sex / Age: /

EYE CHECK UP

Chief complaints:

Systemic Diseases:

/ Nil

Past history:

/ Nil

Unaided Vision:

Aided Vision:

R/L L
6/6 6/6

Refraction:

M/G N/G

(Right Eye)

(Left Eye)

| | Sph | Cyl | Axis | Vn | Sph | Cyl | Axis | Vn |
|----------|-----|-----|------|----|-----|-----|------|----|
| Distance | | | | | | | | |
| Near | | | | | | | | |

Colour Vision: Normal / Abnormal

Remark:



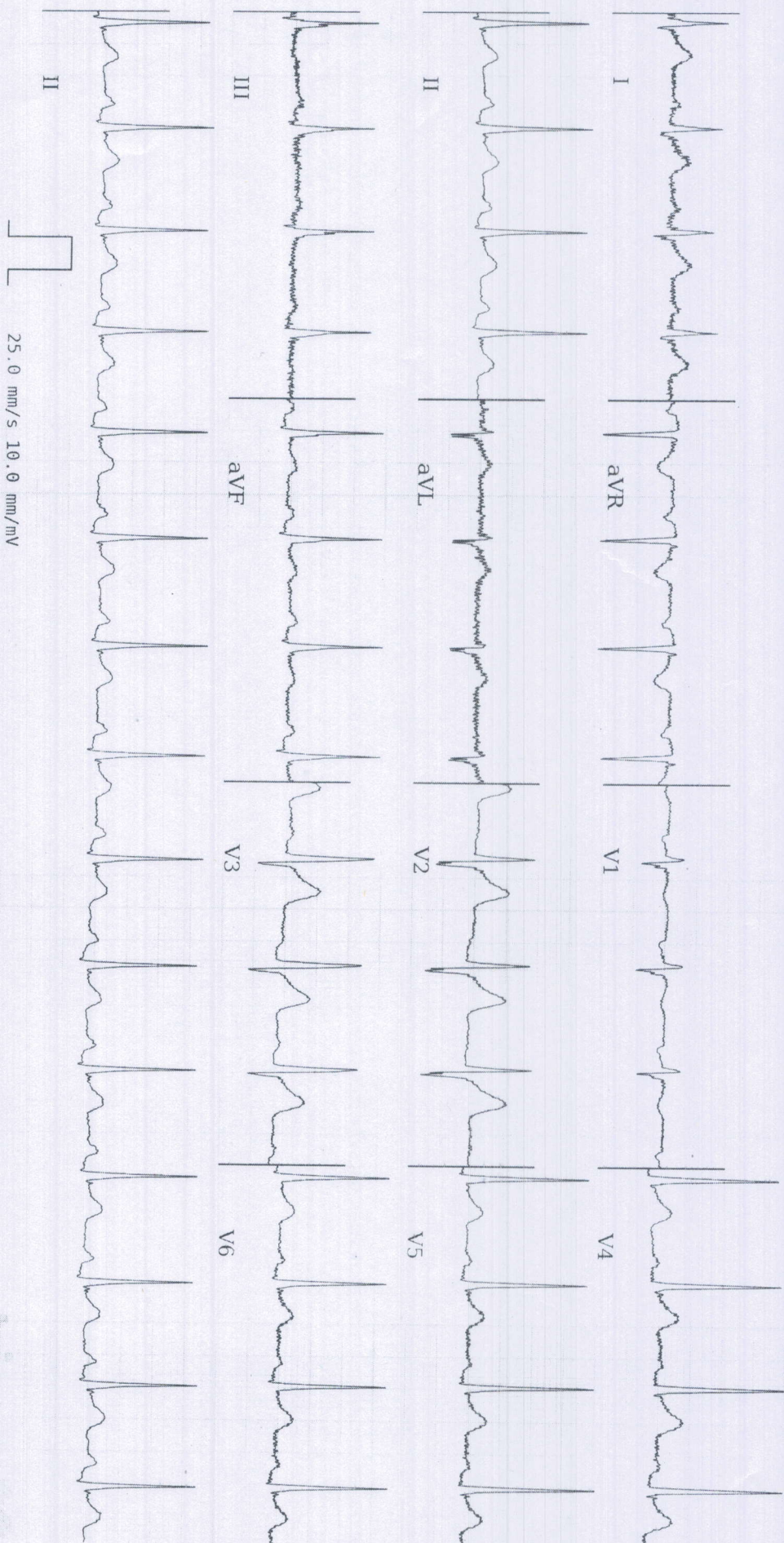
Regd. Office:-
 SUBURBAN DIAGNOSTICS INDIA PVT. LTD.
 2nd Floor, Aston, Sundervan Complex,
 Lokhandwala Road, Andheri (West),
 Mumbai-400053.

DR. NITIN SONAVANE
 M.B.B.S.AFLH, D.DIAB, D.CARD.
 CONSULTANT-CARDIOLOGIST
 REGD. NO. : 87714

Patient Name: PARESH VADAKE
Patient ID: 2233020585

SUBURBAN DIAGNOSTICS - BOKRIWALI WEST 1

Date and Time: 26th Nov 22 1:09 PM



Age **35**
years

Gender **M**

Heart Rate

Patient Vital

BP: 140
Weight: 67 kg
Height: 164
Pulse: NA
Spo2: NA
Resp: NA
Others:

Measurement

QRSD: 90ms
QT: 342ms
QTc: 422ms
PR: 166ms
P-R-T: 62°

ECG Within Normal Limits: Sinus Rhythm, Normal Axis. Please correlate clinically.

Regd. Office:-

SUBURBAN DIAGNOSTICS INDIA PVT. LTD.
2nd Floor, Aston, Sundervan Complex,
Lokhandwala Road, Andheri (West),
Mumbai-400053.

REPORTED BY

Dr. Nitin Sonawane
MBBS, AFM, DDI, DMDCARD
Consultant Cardiologist
87714