

Standard V

10mm/mV

Ajithkumar Das

10mm/mV

391m

10mm/mV



aVR

V1



V4



aVL

V2



V5



aVF

V3



V6



1318122

~~100~~

HR	: 70	bpm	ID : 0033
R-R	: 856	ms	
P-R	: 285	ms	Name:
QRS	: 99	ms	Sex
QT/QTc	: 404/436	ms	Age
P/QRS/T	: 80/-24/17	°	
RV5/SV1	: 0.980/0.940	mV	
RV5+SV1	: 1.920	mV	

- Sinus Arrhythmia
- Right Atrial Enlargement
- Long P-R Interval
- Left Axis Deviation

Dr. Krish P. Vaidya
 MD, PGDCC
 Associate Consultant-Cardiology
 Reg. No. G-50510



Heart & General Clinic

iCure Heart & Diet Clinic, 402, Epsilon tower, opp Pasha bhai park, Race course, Vadodara

:: PERSONAL HEALTH REPORT ::

NAME <u>Ajitkumar Das</u>	DATE <u>13/1/22</u>
	SR. NO.
	SEX. <u>male</u>
	AGE <u>39</u>
	HEIGHT <u>169cms</u>
	WEIGHT <u>66kg</u>

HISTORY

Present History : NO
 Past Illness History : Diabetes/Hypertension/Tuberculosis/Asthma/Epilepsy NO
 Past Occupational History : NO
 Family History : mother - diabetic
 Personal History : NO
 Addiction : Tobacco/Gutkha/Smoking/Alcohol NO

GENERAL EXAMINATION

T.P.R. : 70/min B.P. : 130/90mmHg mm Hg :
 Pallor/Icterus/Cyanosis/Varicosity/Lymph Nodes/Thyroid/Oedema/NVE/Other : None

SYSTEMIC EXAMINATION

R.S. : Normal
 C.V.S : Normal
 C.N.S : Normal
 A.S. : Normal
 Musculo-skelet System : Normal

E.N.T. Ex. <u>Normal</u>	ACUITY OF VISION		RT EYE	LT EYE
	Dental Ex. <u>Normal</u>	Without Glass	DISTANT	6/6
Skin Ex. <u>Normal</u>		With Glass	Near	6/6
	DISTANT		6/6	6/6
Psychic Ex. <u>Normal</u>		Near	6/6	6/6
		COLOUR BLINDNESS	<u>NAD</u>	

REMARK

ADVICE


The Worker is FIT/UNFIT for the assigned job.



Dr. Krish Vaidya
 MD, PGDC
 Associate Consultant-Cardiology
 Reg.No.G-50510
 DR. KRISH VAIDYA



ಭಾರತ ಸರ್ಕಾರ
Government of India


ಅಜಿತ ಕುಮಾರ್ ದಾಸ್
Ajit Kumar Das
ಜನ್ಮ ದಿನಾಂಕ / DOB : 07/10/1982
ಪುರುಷ / Male




6407 0251 9364


ಆಧಾರ್ - ಶ್ರೀಸಾಮಾನ್ಯನ ಅಧಿಕಾರ



ಬैंक ऑफ़ बड़ोदा
Bank of Baroda

नाम
Name
आजित कुमार दास
Ajit Kumar Das

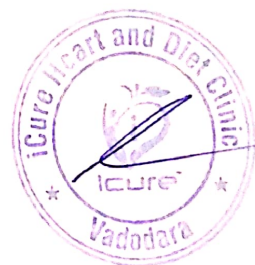
E.C. No. 163474




धारक के हस्ताक्षर
Signature of Holder


जारीकर्ता प्राधिकारी
Issuing Authority







iCure heart and diet clinic
402, Epsilon Tower, Race Course Road, Vadodara

TrueST 3.00

K 1170 **Ajit Kumar Das**
39 Yrs/ M Kg / Ht. cms Ref. No.:

Date: 13-08-2022 Ref By:
Time: 04:36 PM Protocol: Bruce

Summary

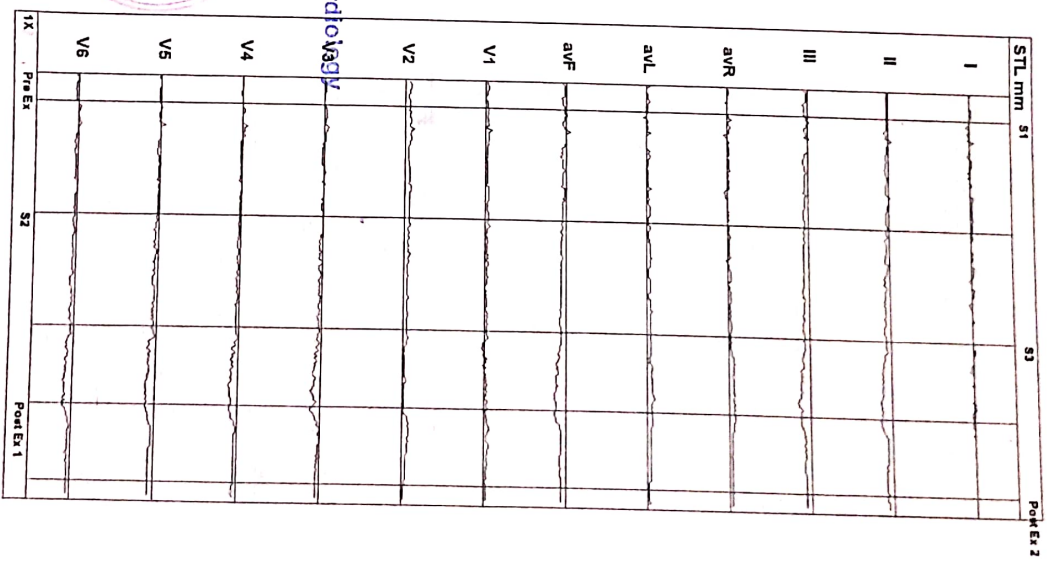
History:
Medication:

Stage	Sig Time	Speed	Grade	MIETs	HR	BP	RPP	PVCs
	mm:ss	km/h	%		bpm	mmHg		
Pre Ex				1	96	120/80	115	
Standing				1	100	120/80	120	
Supine				1	101	120/80	121	
Hyp Vent				1	101	120/80	121	
S1	03:00	2.7	10.0	4.8	114	120/80	137	
S2	03:00	4.0	12.0	6.9	124	130/90	161	
Peak Ex	02:04	5.4	14.0	9.5	146	140/100	204	
Post Ex 1	02:00			1	88	130/90	114	
Post Ex 2	00:30			1	93	120/80	112	
Finish				1	91	120/80	109	

Findings: Exercise Time : 08:04 mins
 Max HR attained : 147 bpm 76 % of Target 192 bpm
 Max BP : 140/100mmHg
 Max Workload attained : 9.5 METs (Good Effort Tolerance)
 Reason for Test Termination: Patient Completed Test

No significant ST segment changes noted during exercise or recovery stages.
 No Angina / Arrhythmia / S3 / Murmur
 Final Impression : Test is negative for inducible ischaemia.

Dr. Krish P. Vaidya
MD, DDEc
Associate Consultant-Cardiology
Reg.No.G-505510





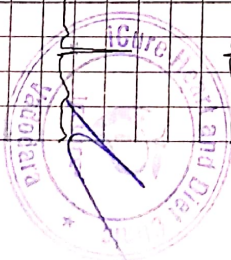
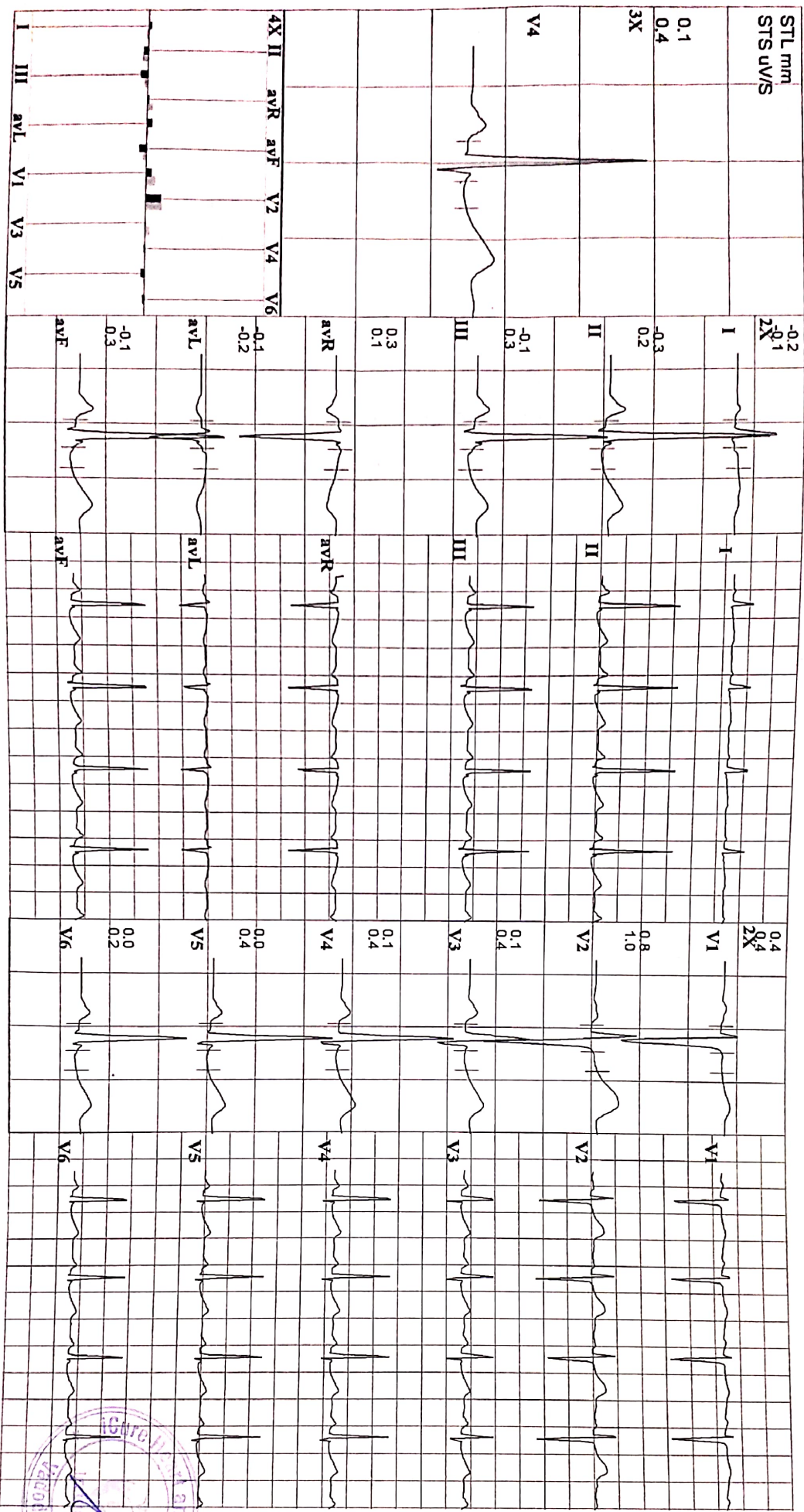
icure heart and diet clinic
402, Epsilon Tower, Race Course Road, Vadodara

TrueST 3.00

K 1170 **Ajit Kumar Das**
39 Yrs/M Kg / Ht- cms Ref/No.:
Date: 13-08-2022 Time: 04:36 PM
Post J 72 ms

Speed: — Km/h Hr: 101 Target Hr: 58 % of 174 Filter: 0.1 - 100 Hz Gain: 10 mm/mV
Grade: — % Met/s: 1 Ex Time: — min:sec BLC: On Sweep: 25 mm/s
Protocol: Bruce BP: 120/80 mmHg Cur Time: 00:32 Notch: On Median Sweep: 25 mm/s

Linked Medians
Pre Ex
Hyp Vent





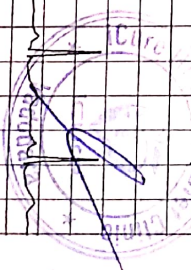
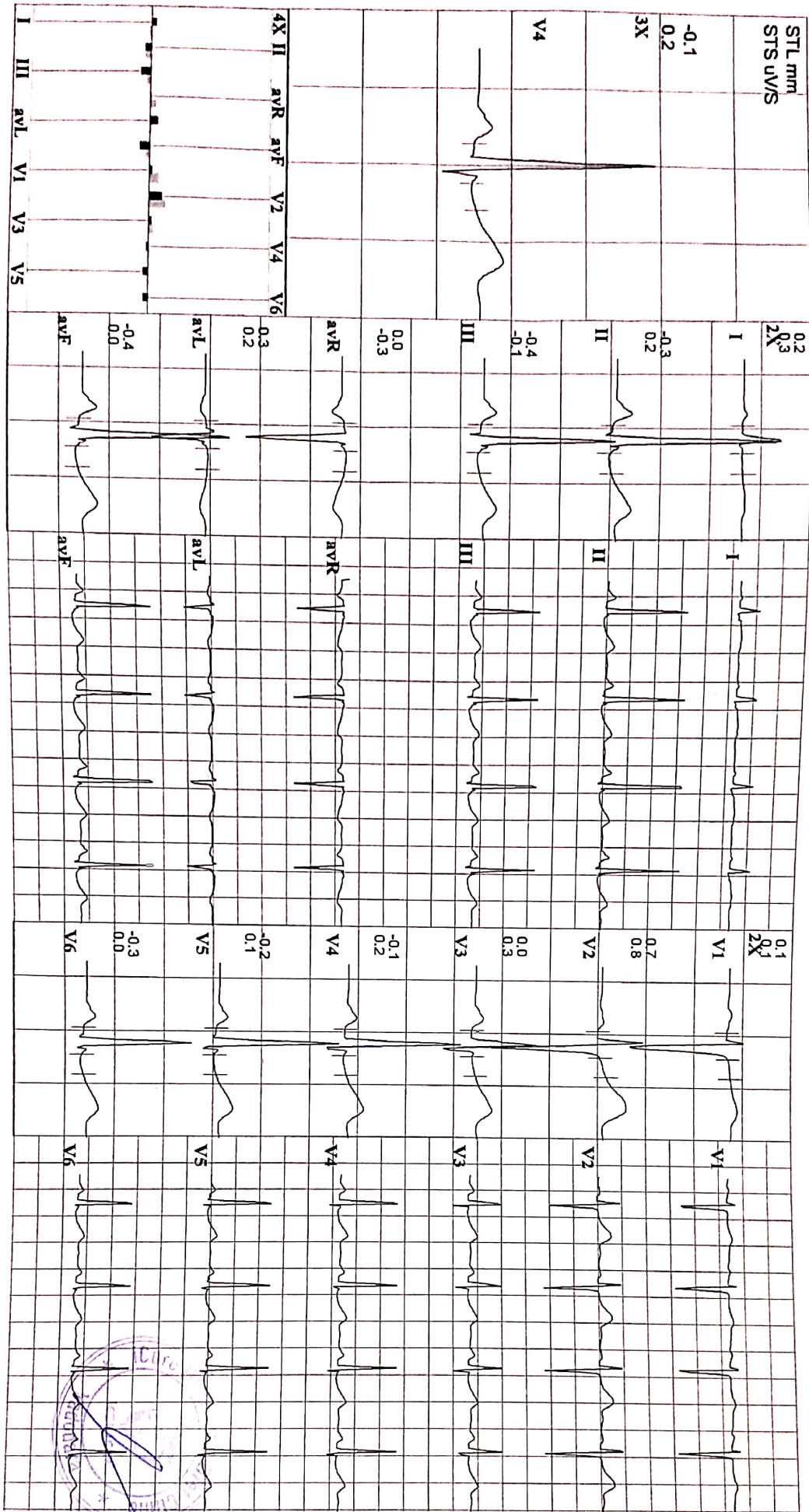
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TrueST 3.00

K 1170 **Ajit Kumar Das** Ref.No:
59 Yrs/ M Kg/ Hr. cms
Date: 13-06-2022 Time 04:36 PM
Post J: 72 ms

Speed — km/h Hr: 101 Target Hr: 58 % of 174 Filter: 0.1 - 100 Hz Gain: 10 mm/mV
Grade: — % Mts: 1 Ex Time: — min:sec BLC: On Sweep: 25 mm/s
Protocol: Bruce BP: 120/80 mmHg Curr Time: 00:22 Notch: On Median Sweep: 25 mm/s

Linked Medians
Pre Ex
Supine





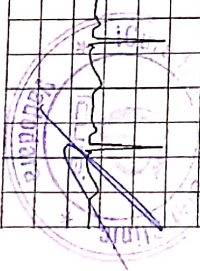
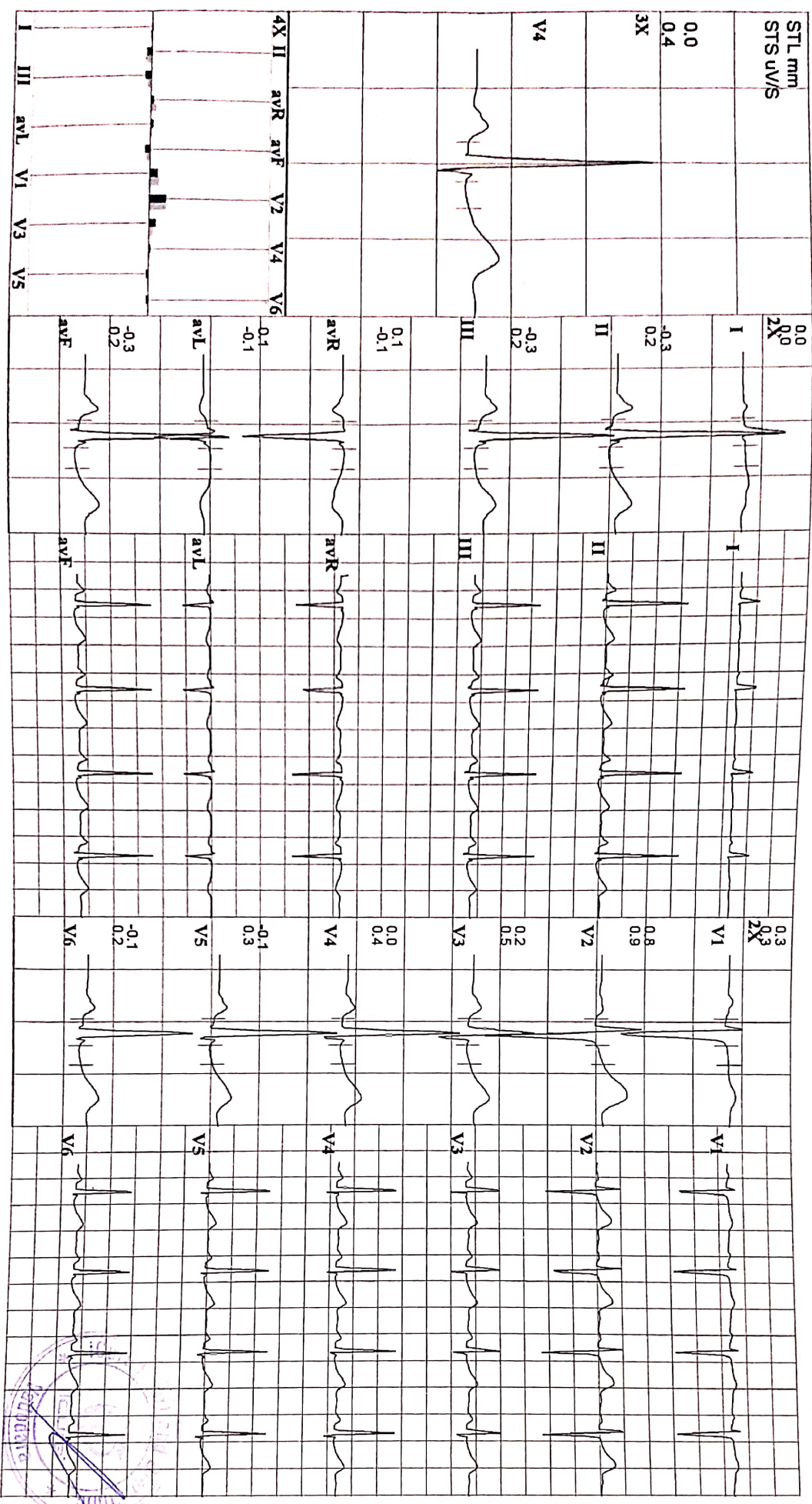
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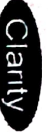
TrueST 3.00

K 1170 **Alit Kumar Das**
39 Yrs/ M Kg / Ht- cms Ref.No.:
Date: 13-08-2022 Time: 04:36 PM
Post J 73 ms

Speed: — km/h Hr: 98 Target Hr: 56 % of 174 Filter: 0.1 - 100 Hz Gain: 10 mm/mV
Grade: — % Met: 1 Ex Time: — min:sec BLC: On Sweep: 25 mm/s
Protocol: Bruce BP: 120/80 mmHg Curr Time: 00:08 NotchOn Median Sweep: 25 mm/s

Linked Medians
Pre Ex
Standing





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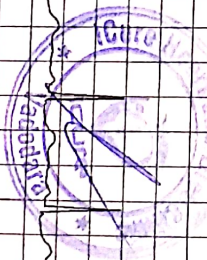
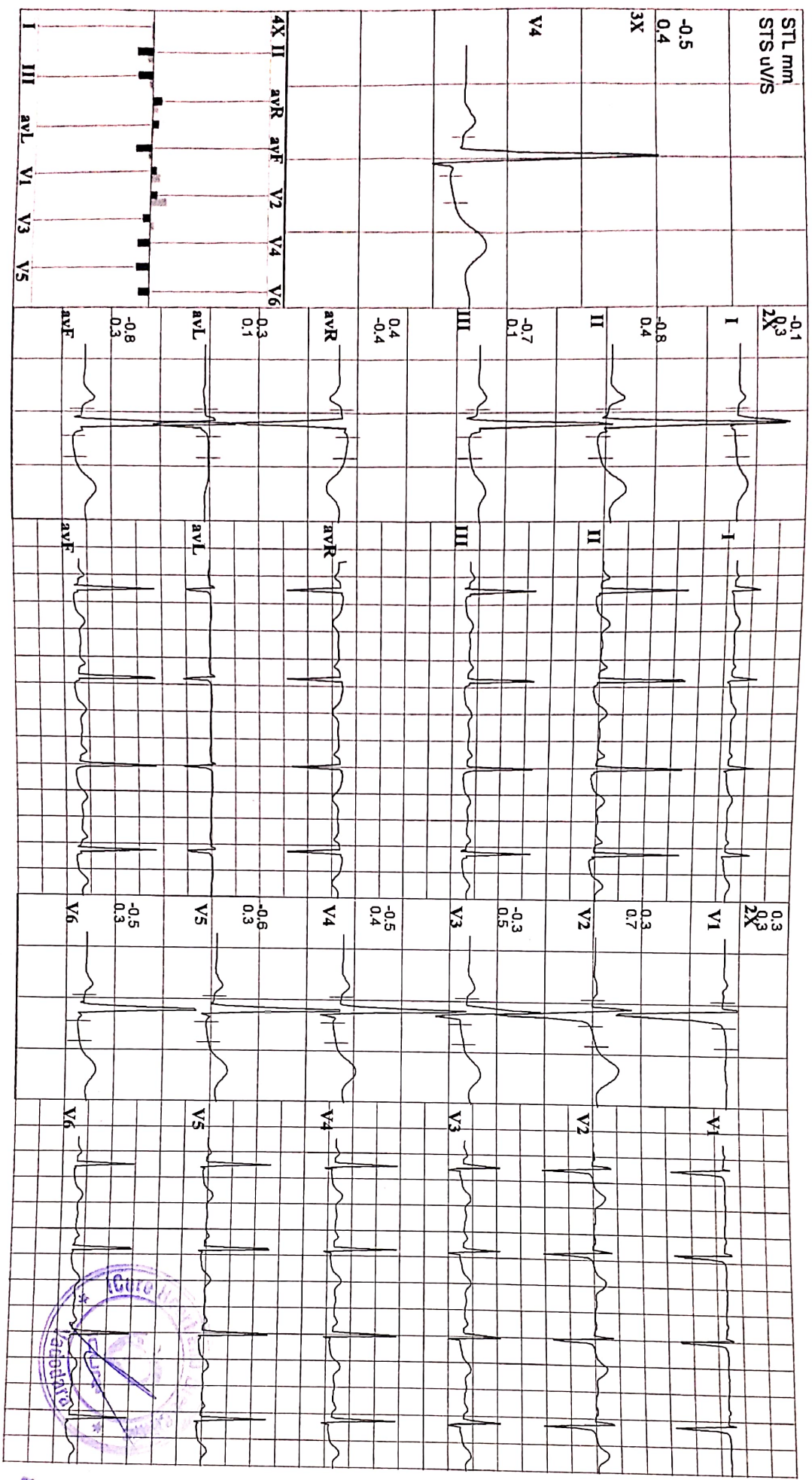
K 1170 **Ajit Kumar Das**
59 Yrs/M Kg / Ht- cms Ref.No.:

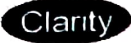
Speed: — km/h Hr: 93
Grade: — % Met: 1
Protocol: Bruce BP: 120/80 mmHg Target Hr: 53 % of 174

Ex Time: 08:04 Filter: 0.1 - 100 Hz Gain: 10 mm/mV
Curr Time: 11:06 BLC: On Sweep: 25 mm/s
Notch/Dn Median Sweep: 25 mm/s

Linked Medians
Post Ex 2

Post J 75 ms





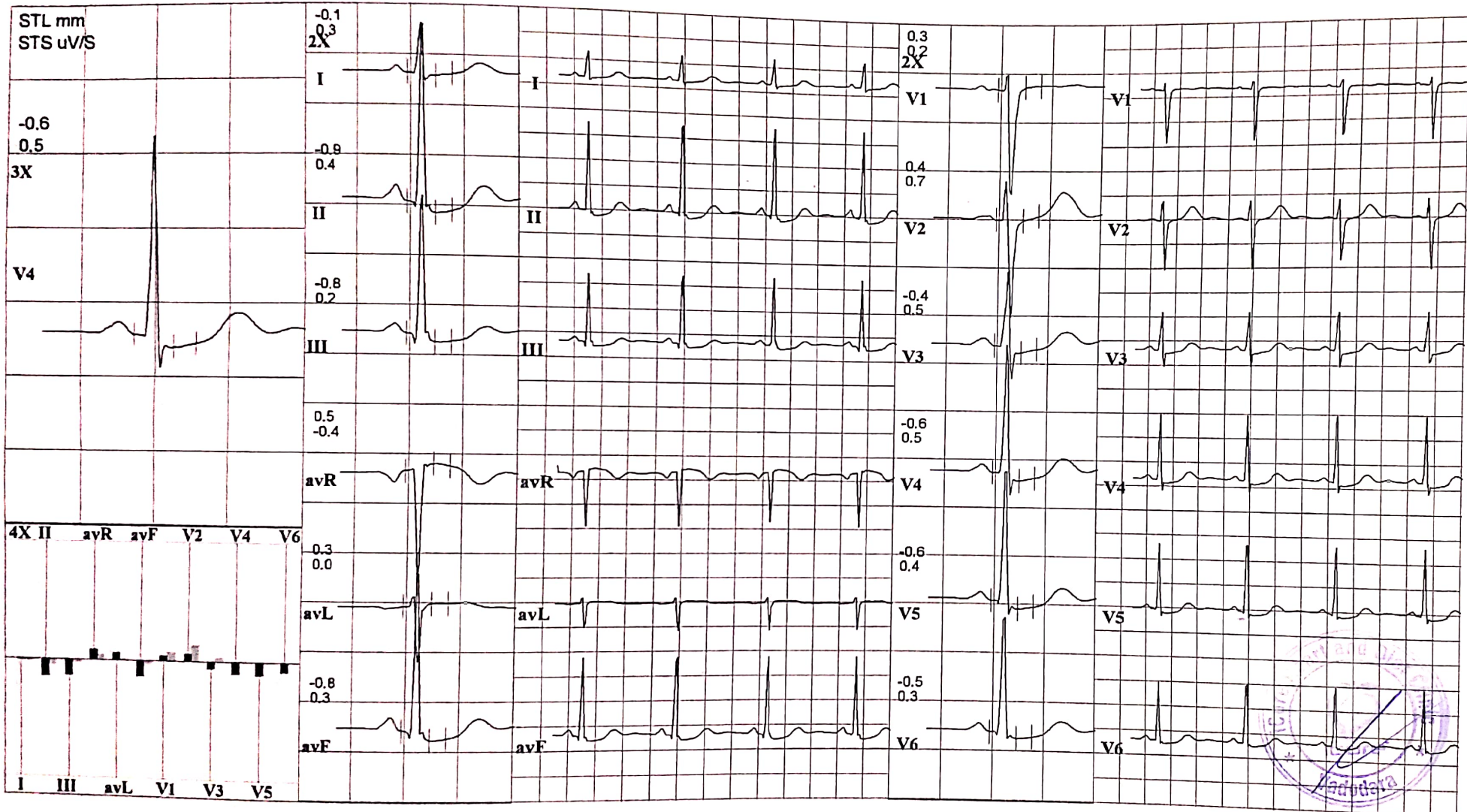
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402, Epsilon Tower, Race Course Road, Vadodara

TrueST 3.00

k 1170 **Ajit kumar Das**
39 Yrs/M Kg/ Ht- cms Ref.No.:
Date 13-08-2022 Time 04:36 PM
Post J. 60 mS

Speed: — kmh Hr: 88 Target Hr: 50 % of 174 Filter: 0.1 - 100 Hz Gain: 10 mm/mV
Grade: — % Mets: 1 Ex Time: 08:04 BLC: On Sweep: 25 mm/S
Protocol: Bruce BP: 130/90 mmHg Curr Time: 10:36 NotchOn Median Sweep: 25 mm/S

Linked Medians
Post Ex 1



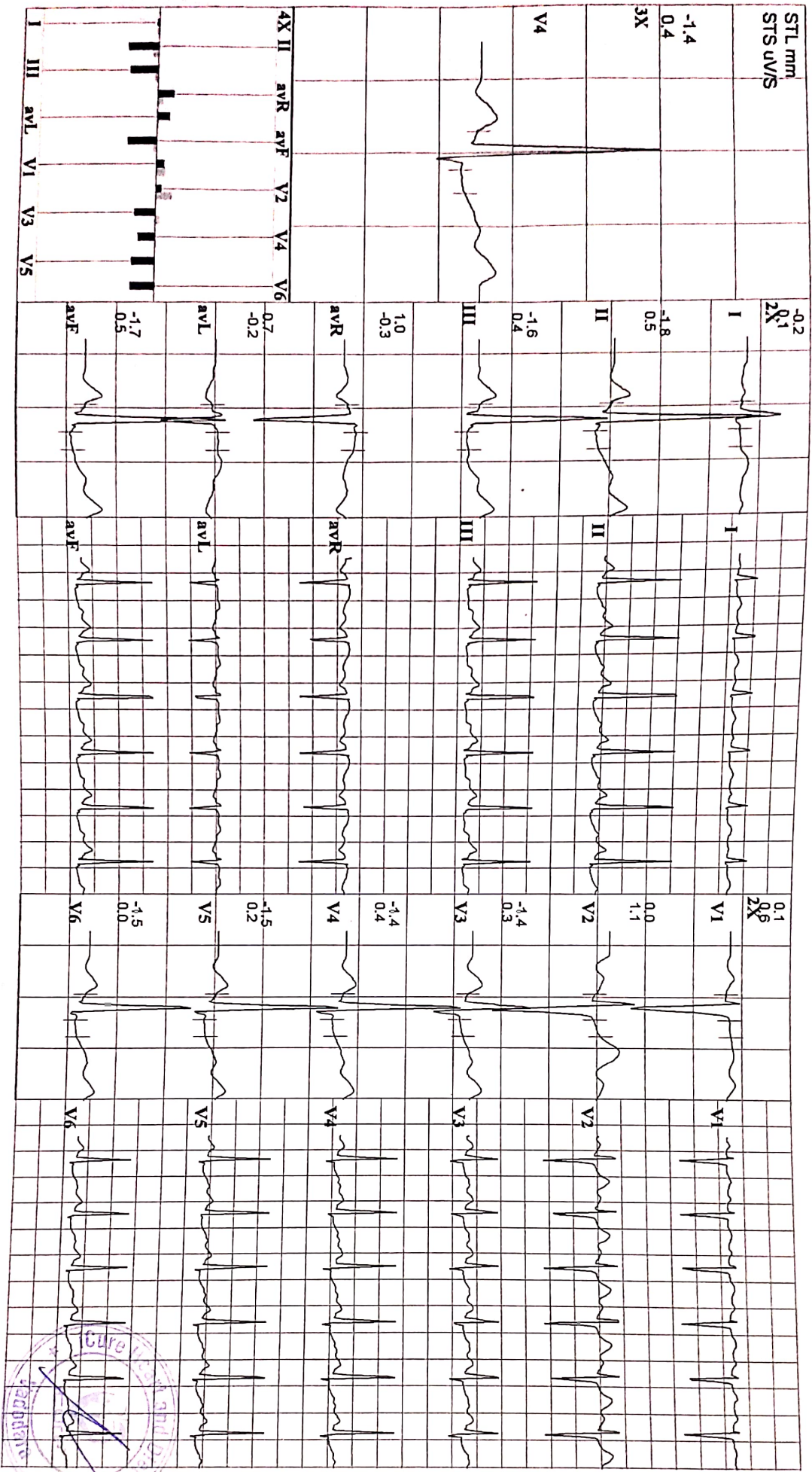
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K 1170 **Alt Kumar Das**
39 Yrs/ M Kg/ Ht. cms Ref.No:
Date: 13-08-2022 Time: 04:36 PM
Post J 64 ms

Speed: 5.4 km/h Hr: 146
Grade: 14 % Mete: 9.5
Protocol: Bruce BP: 140/100 mmHg Curr Time: 08:36

Target Hr: 83 % of 174 Filter: 0.1 - 100 Hz Gain:
Ex Time: 08:04 BLC: On
NotchOn Median Sweep 25 mm/s

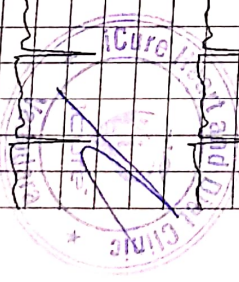
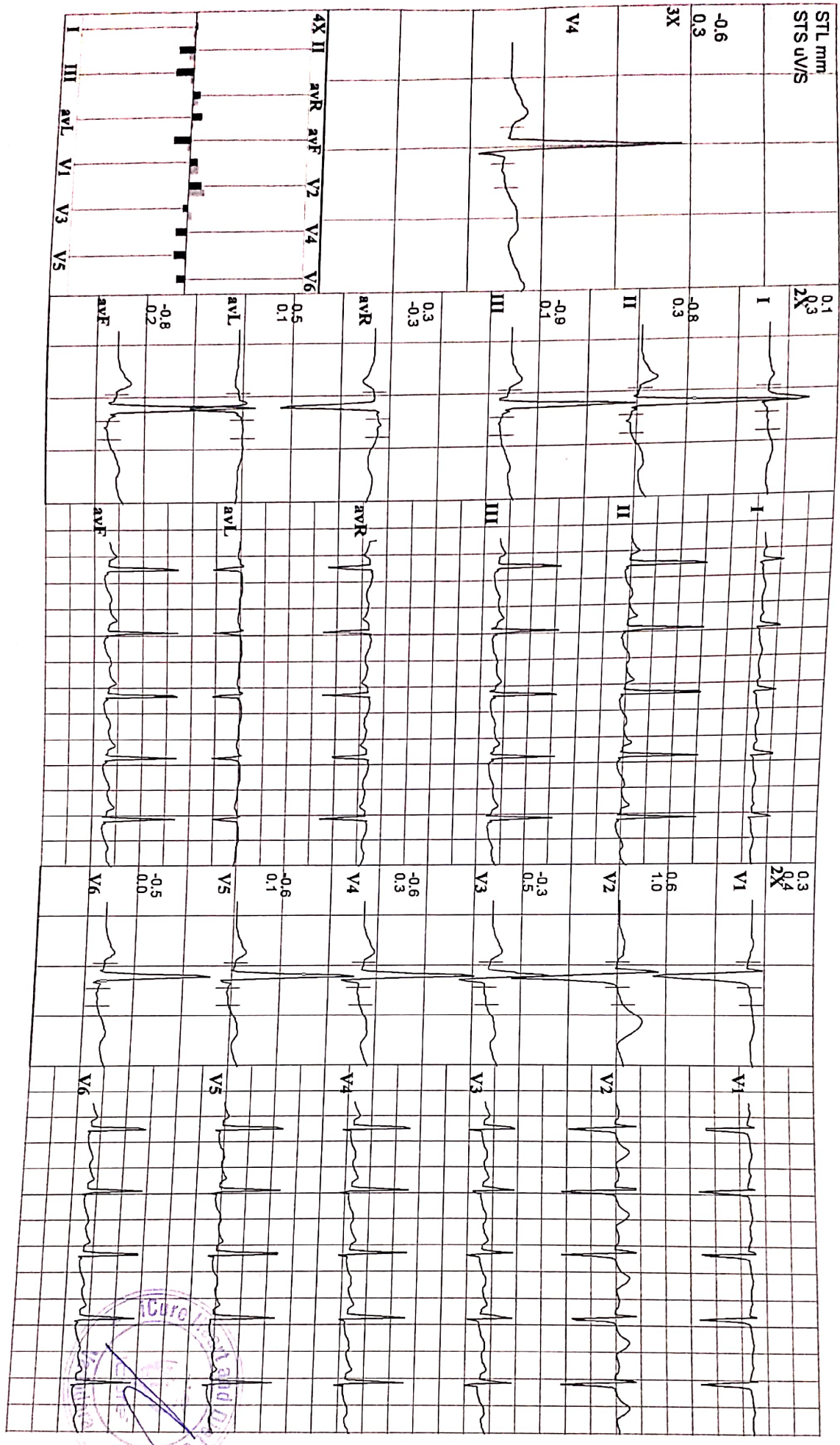
Linked Medians
Peak Ex



K-1170 **Ajit Kumar Das**
 39 Yrs/ M Kg/ Hr- cms Ref.No.:
 Date: 13-08-2022 Time: 04:36 PM
 Post J: 67 ms

Speed: 4 Km/h Hr: 124
 Grade: 12 % Met/s: 6.9
 Protocol: Bruce BP: 130/90 mmHg
 Target Hr: 71 % of 174
 Ex Time: 06:00
 Cur Time: 06:32
 Filter: 0.1 - 100 Hz Gain:
 BLC: On
 Median Sweep: 25 mm/s
 Notch: On
 Median Sweep: 25 mm/s

Linked Medians
S2





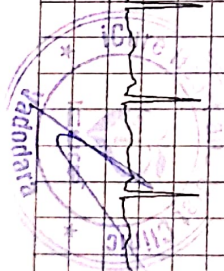
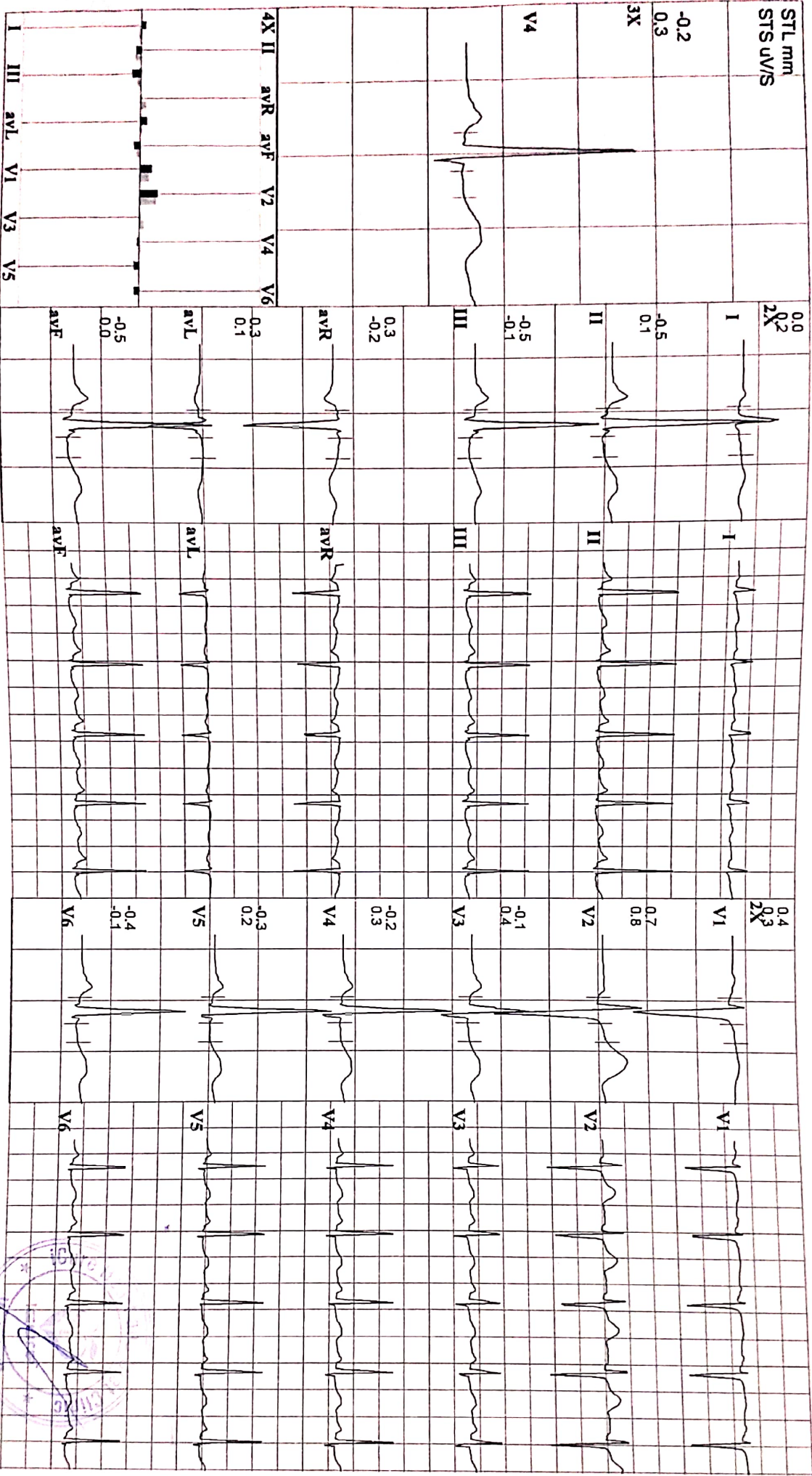
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402, Epilson Tower, Race Course Road, Vadodara

K 1170 **Ajit Kumar Das**
36 Yrs/M Kg / Ht - cms Ref.No.:
Date: 13-06-2022 Time 04:36 PM

Speed: 2.7 km/h Hr: 114 Target Hr: 65% of 174 Filter: 0.1 - 100 Hz Gain: 10 mm/mV
Grade: 10% Met: 4.8 Ex Time: 03:00 BLC: On Sweep: 25 mm/s
Protocol Bruce BP: 120/80 mmHg Curr Time: 03:32 Notch On Median Sweep 25 mm/s

Linked Medians
S1

Post: J 72 mS





iCure heart and diet clinic

402, Epsilon Tower, Race Course Road, Vadodara

K 1170 Ajit Kumar Das
39 Yrs/M Kg / Ht- cms Ref.No.:

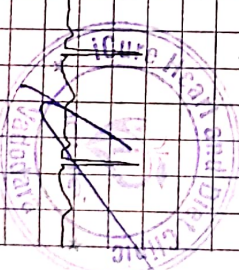
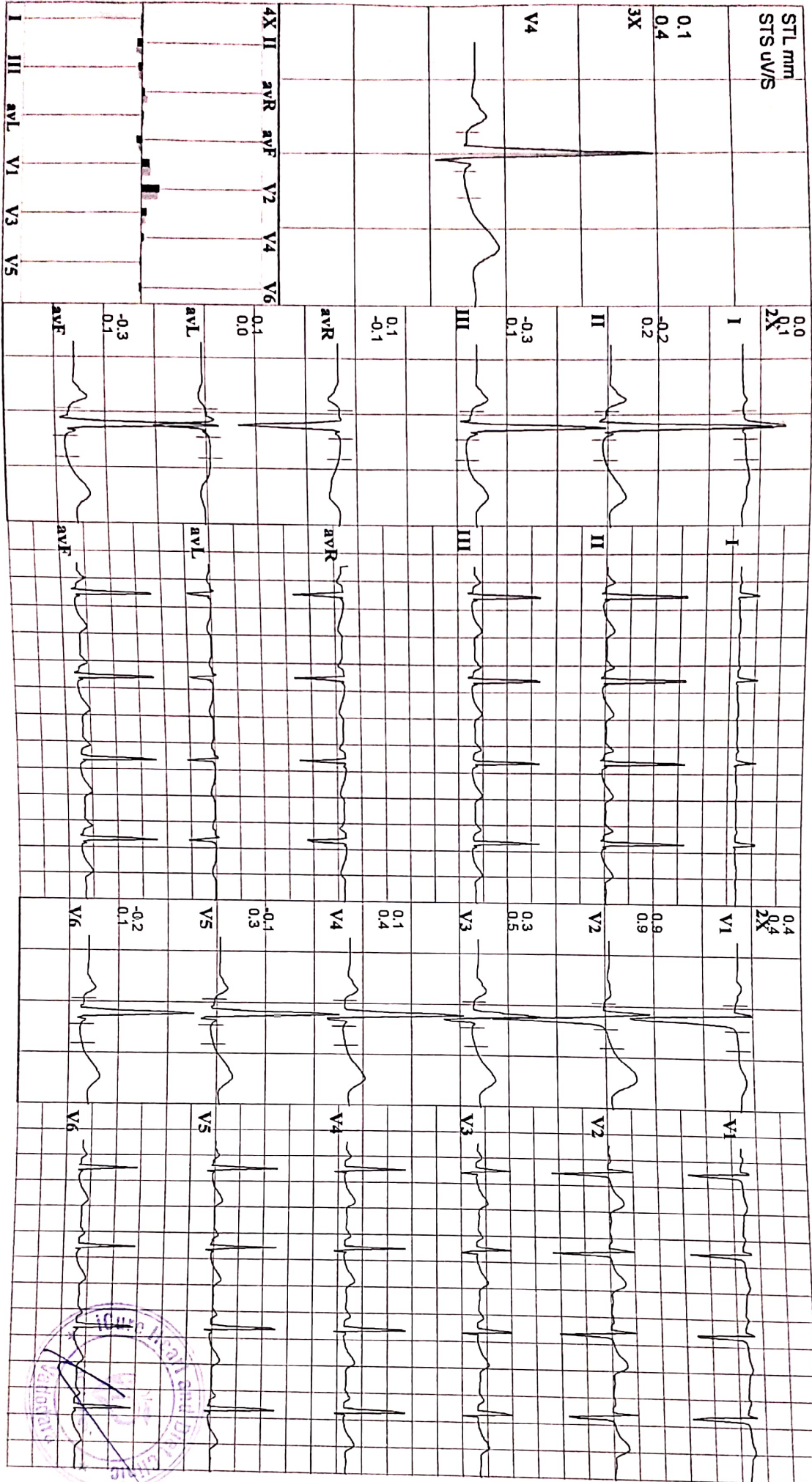
Speed: — km/h Hr: 98
Grade: — % Mets: 1
Protocol: Bruce BP: 120/80 mmHg

Target Hr: 56 % of 174 Filter: 0.1 - 100 Hz Gain:
Ex Time: — min:sec BLC: On
Curr Time: 00:08 Notch: On

10 mm/mV
Sweep: 25 mm/s
Median Sweep: 25 mm/s

Linked Medians
Pre Ex

Post J 72 ms





JKV LABORATORY



FF-5, Pancham Elite, Khodiyar Nagar, New V.I.P. Road, Vadodara-390 022.
8320343731 / 9601969303M jkvlaboratory2021@gmail.com

Patient's Name : AJITKUMAR DAS Ref. No. : 6052
Referred by : I Cure Heart & Diet Clinic Age : 39 Years
Date : 13/08/2022 19:20 Sex : Male

HEMOGRAM

Test Name	Result	Units	Biological Reference Interval
Hemoglobin :	13.8	g/dl	[13.0-18.0]
Total RBC Count :	5.20	mill/cmm	[4.7-6.0]
<u>Blood Indices</u>			
P.C.V :	44.4	%	[42-52]
M.C.V. :	85.38	femtolitre	[78-100]
M.C.H. :	26.54	pg	[27-31]
M.C.H.C. :	31.1	g/dl	[32-36]
R.D.W. :	13.7	%	[11.5-14.0]
Total WBC Count :	6060	/cmm	[4000-10000]
Platelet Count :	318000	/cmm	150000-450000
<u>Differential WBC Count</u>			
Polymorphs :	50	%	[60 - 70]
Lymphocytes :	42	%	[20 - 40]
Eosinophils :	03	%	[1 - 4]
Monocytes :	05	%	[2 - 6]
Basophils :	00	%	[0 - 1]
MPV :	9.1		
PDW-CV :	11.7		
PDW-SD :	15.4		
PCT :	0.26		
P-LCR :	20.8		
<u>Erythrocyte Sedimentation Rate</u> [Modified Westergren]			
After 1 hour :	07	mm	[M: 1 - 7 / F: 3 - 12]

BIOCHEMICAL TESTS

Test Name	Result	Units	Biological Reference Interval
Blood Urea :	29.3	mg/dl	10 - 50
Creatinine :	0.88	mg/dl	0.4 - 1.5
Blood Urea Nitrogen :	13.7	mg/dl	0 - 18
Uric Acid :	5.36	mg/dl	3.4 - 7.0





J K V LABORATORY



FF-5, Pancham Elite, Khodiyar Nagar, New V.I.P. Road, Vadodara-390 022.
8320343731 / 9601969303M jkvlaboratory2021@gmail.com

Patient's Name	: AJITKUMAR DAS	Ref. No.	: 6052
Referred by	: I Cure Heart & Diet Clinic	Age	: 39 Years
Date	: 13/08/2022 19:20	Sex	: Male

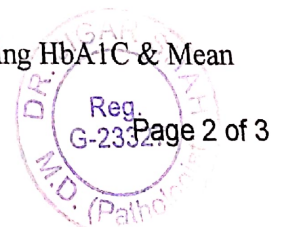
LIVER FUNCTION TEST

Test Name	Result	Units	Biological Reference Interval
S.G.P.T. (ALT) :	38.2	U/L	30- 65
S.G.O.T. (AST) :	34.5	IU/L	[Female: 0 - 31] [Male: 0 - 35]
S. Alkaline Phosphatase :	102	IU/L	[upto 15 yrs Female 50-162] [>20 yrs Female 42 - 141] [>20 yrs Male 53 - 119]
S. Bilirubin (Total) :	1.10	mg/dl	[0.1 to 1.2]
S. Bilirubin (Direct) :	0.37	mg/dl	[0.0 to 0.3]
S. Bilirubin (Indirect) :	0.73	mg/dl	[0.0 to 0.9]
S. Proteins: (Total) :	7.26	gm/dl	[6.6 to 8.8]
S. Albumin :	3.96	gm/dl	[3.5 to 5.2]
S. Globulin :	3.3	gm/dl	[2.5 to 3.0]
A/G Ratio :	1.2		
G.G.T. : (Gamma-Glutamyl Transferase)	61.0	IU/L	[8 to 78]

HBA1C [Glycosylated Haemoglobin]

Test Name	Result	Units	Biological Reference Interval
Glycosylated Haemoglobin : (HBA1C)	5.3	%	Excellent control: 4.2-6.2 Good Control : 6.3-7.2 Fair Control : 7.3-8.2 Poor Contol : >8.3
Estimated Average glucose :	105.41	mg/dl	

Comment *As per the new 2009 update of American Diabetes Association regarding HbA1C & Mean





JKV LABORATORY



FF-5, Pancham Elite, Khodiyar Nagar, New V.I.P. Road, Vadodara-390 022.
8320343731 / 9601969303M jkvlaboratory2021@gmail.com

Patient's Name	: AJITKUMAR DAS	Ref. No.	: 6052
Referred by	: I Cure Heart & Diet Clinic	Age	: 39 Years
Date	: 13/08/2022 19:20	Sex	: Male

Blood Glucose relationship.

NOTE: This test is used to monitor diabetic patients compliance with the therapeutic regimen and long term blood glucose control. Its level is proportional to both the average blood glucose concentration and the life span of the red blood cells (RBC) in circulation. HbA1c values are free of day to day glucose fluctuations and are unaffected by exercise or recent food intake.

THYROID FUNCTION TEST

Test Name	Result	Units	Biological Reference Interval
Serum T3 :	0.86	ng/ml	[0.60 - 1.81]
Serum T4 :	8.91	µg/dl	[4.50 - 12.6]
Serum TSH : (CHEMILUMINESCENCE)	2.73	µIU/ml	[0.55 - 4.78]

Thyroid stimulating hormone (TSH) is synthesized and secreted by the anterior pituitary in response to a negative feedback mechanism involving concentrations of FT3 (free T3) and FT4 (free T4). Additionally, the hypothalamic tripeptide, thyrotropin-releasing hormone (TRH), directly stimulates TSH production. TSH stimulates thyroid cell production and hypertrophy, also stimulate the thyroid gland to synthesize and secrete T3 and T4. Quantification of TSH is significant to differentiate primary (thyroid) from secondary (pituitary) and tertiary (hypothalamus) hypothyroidism. In primary hypothyroidism, TSH levels are significantly elevated, while in secondary and tertiary hypothyroidism, TSH levels are low.

TSH levels During Pregnancy :

- First Trimester : 0.1 to 2.5 µIU/mL
- Second Trimester : 0.2 to 3.0 µIU/mL
- Third trimester : 0.3 to 3.0 µIU/mL

Reference : Carl A.Burtis,Edward R.Ashwood,David E.Bruns. Tietz Textbook of Clinical Chemistry and Molecular Diagnostics. 5th Edition. Philadelphia: WB Saunders,2012:2170

DR K K PATEL

MD (G-20476)

CONSULTANT PATHOLOGIST





JKV LABORATORY



Name : AJITKUMAR DAS
Ref By : ICURE HEART & DIET CLINIC

Age/Sex : 39 Yrs./M
Date : 13/08/2022
Report ID. : 5

IMMUNOLOGY REPORT

TEST	RESULT
Material	: SERUM
<u>S. AUSTRALIA ANTIGEN TEST (HbsAg)</u>	
Result	: TEST IS NEGATIVE
Kit Used	: ELISA
<u>H.I.V.</u>	
Result	: TEST IS NEGATIVE
Kit Used	: ELISA

END OF REPORT



DR JIGAR SHAH (G23327)
M.D. Pathologist

Time : 7 a.m. to 9.00 p.m. ● Emergency 24 Hrs.

FF-5, Pancham Elite, Khodiyar Nagar, New V.I.P. Road, Vadodra-390 022
☎ 8320343731 / 9601969303 | jvlaboratory2021@gmail.com

Test Report are subject to technical limitations & should be clinically correlated. Laboratory may be contacted whenever required.



JKV LABORATORY



Name : AJITKUMAR DAS
Ref By : ICURE HEART & DIET CLINIC

Age/Sex : 39 Yrs./M
Date : 13/08/2022
Report ID. : 5

BIOCHEMISTRY

<u>TEST</u>	<u>RESULT</u>	<u>UNIT</u>	<u>REFERENCE INTERVAL</u>
<u>FASTING (FBS)</u>			
Blood Glucose	: 91.0	mg/dL	70 - 110 mg/dL
<u>POST-PRANDIAL</u>			
Blood Glucose	: 108.0	mg/dL	80 - 140 mg/dL

Done By Fully Auto Analyzer MIURA, A-1004

EXAMINATION OF URINE

Sample	: FASTING
<u>PHYSICAL EXAMINATION</u>	
Quantity	: 20 mL
Colour	: PALE YELLOW
Transparency	: CLEAR
Specific Gravity	: 1.030
Reaction	: ACIDIC
Deposits	: ABSENT
<u>CHEMICAL EXAMINATION</u>	
Albumin	: NIL
Sugar	: NIL
Acetone	: ABSENT
Bile Salts	: ABSENT
Bile Pigments	: ABSENT
Urobilinogen	: NORMAL : ~ < 1.0 mg/dL
Occult Blood	: ABSENT
Nitrate	: ABSENT
<u>MICROSCOPIC EXAMINATION</u>	
Pus Cells	: 0-1 / hpf
RBC	: NIL
Epithelial Cells	: NIL
Crystals	: NIL
Amorphous Phosphate	: NIL
Cast	: NIL

DR JIGAR SHAH (G23327)
M.D. Pathologist

Time : 7 a.m. to 9.00 p.m. ● Emergency 24 Hrs.

FF-5, Pancham Elite, Khodiyar Nagar, New V.J.P. Road, Vadodra-390 022

☎ 8320343731 / 9601969303 ✉ jkvlaboratory2021@gmail.com

Test Report are subject to technical limitations & should be clinically correlated. Laboratory may be contacted whenever required.

PARAMOUNT DIAGNOSTIC & RESEARCH CENTRE

(A Unit of Paramount Charity Trust)

Radiology ■ Pathology ■ Histopathology ■ Molecular Biology

NAME : AJITKUMAR DAS

AGE : 39 Y/M

DATE : 13/08/2022

ULTRASOUND WHOLE ABDOMEN

(Screening)

Liver is normal in size and shows normal parenchymal reflectivity. No focal lesion is seen. Hepatic veins appear normal. There is no evidence of any dilated intra hepatic biliary radicals.

Portal Vein appears normal in diameter. Common Bile Duct is of normal diameter.

Gallbladder is distended with normal wall thickness. There is no evidence of gallstones. No evidence of peri-cholecystic fluid or probe tenderness.

Pancreas is normal in size and shows homogenous reflectivity. There is no evidence of any calcification or ductal dilatation.

Spleen is normal size and shows a homogenous echotexture. There is no evidence of any focal lesion.

Both Kidneys are normal in position and size. They show normal cortical reflectivity and cortico-medullary distinction. Right kidney measures 92x46mm. Left kidney measures 98x55mm. There is no evidence of renal calculi, hydronephrosis or mass seen.

Bladder is physiologically distended and shows normal wall thickness. No evidence of intra-luminal mass or calculi.

Prostate gland is normal in size. It shows smooth walls and homogeneous echotexture. Estimated volume is around 18 cc.


There is no evidence of ascites.

No evidence of any gross bowel mass seen.

No evidence of any aorto-caval or mesenteric root lymphadenopathy.

IMPRESSION:

- No significant sonographic abnormality is detected.


DR. HENRY GANDHI
CONSULTANT RADIOLOGIST



24 hours Emergency Service Available for CT Scan / MRI / Pathology AMBULANCE SERVICE AVAILABLE
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PARAMOUNT DIAGNOSTIC & RESEARCH CENTRE

(A Unit of Paramount Charity Trust)

Radiology ■ Pathology ■ Histopathology ■ Molecular Biology

NAME : AJITKUMAR DAS

AGE : 39 Y/M

DATE : 13/08/2022

X RAY CHEST (PA)

OBSERVATIONS:

Both the lung fields and apices appear clear.

Both the hilar shadow appears normal.

Cardiac silhouette appears normal.

Both the costophrenic sinuses are clear.

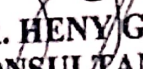
Mediastinal and tracheal shadows are normal.

Both the domes of diaphragm are normal.

Visualized rib cage and clavicle are normal.

COMMENTS:

No significant radiographically detectable abnormality noted.


DR. HENRY GANDHI
CONSULTANT RADIOLOGIST



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