



MODERN PATHOLOGY & DIAGNOSTIC CENTRE

Dr. R. P. Rastogi
M.B.B.S., M.D. (Path & Bact)



CLINIC :

1/4A, Vineet Khand, (Opp Jaipuria Management)
Gomti Nagar, Lucknow - 226 010
Ph.: 0522-4008184, 4308184 • 8112323230
Mob.: 7618884441, 9450389932, 8177063877

DATE : 03/08/2024

NAME : Mr Rahul Kumar Patel

AGE : 31 Years SEX : M

HEIGHT : 164 CMS

WEIGHT : 83 KGS

BMI : 30.4

Blood Pressure : 116/86




Dr. Smita Rastogi
MBBS, DCP
Reg. No. 37370

Dr. Sanjay Rastogi
M.B.B.S., DCP, CRIAT (BARC)

Dr. Smita Rastogi
M.B.B.S., DCP

Results, adhering to W.H.O. and International Federation of Clinical Chemists Quality Control Standards.

SAMPLE COLLECTION FACILITY AVAILABLE

Report needs clinicopathological correlation ♦ Not for Medico Legal Purpose

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Date	: 03-Aug-2024		
Name	: Mr. RAHUL KUMAR PATEL	Age	: 31 Yrs.
Ref.By	: APOLLO HEALTH	Sex	: Male
Haemoglobin	17.3	gm%	14 - 17
Total Leucocyte Count	8500	Cells/cumm.	4000-11000
Differential Leucocyte Count			
Polymorphs	69	%	45 - 70
Lymphocytes	24	%	20 - 45
Eosinophils	02	%	0 - 6
Monocytes	05	%	0 - 8
Basophils	00	%	0 - 1
Erythrocyte Sedimentation Rate (Wintrobe)			
ESR	08	mm in 1st Hr.	0 - 9
PCV	53.8	cc%	40 - 52
Corrected ESR	04	mm in 1st Hr.	0 - 9
Platelet Count	2.28	lakh/cumm.	1.5 - 4.0
Red Cells Count	6.17	million/cmm	3.90 to 5.80
Absolute values			
MCV	87.1	fL	77 - 97
MCH	28.0	pg	27 - 31
MCHC	32.2	gm /dl	31 - 34

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Date : 03-Aug-2024

Name : **Mr. RAHUL KUMAR PATEL**

Age : 31 Yrs.

Ref.By : APOLLO HEALTH

Sex : Male

General Blood Picture

RBCs	RBCs are Normocytic & Normochromic. No Normoblasts are seen.
WBCs	TLC is within normal range. DLC shows normal counts. No immature cells of WBC seen.
PLATELETS	Platelets are adequate in number and morphology.
OTHERS	No haemoparasites are seen.
IMPRESSION	Normal GBP

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Date	: 03-Aug-2024			
Name	: Mr. RAHUL KUMAR PATEL		Age	: 31 Yrs.
Ref.By	: APOLLO HEALTH		Sex	: Male
Plasma Glucose - F GOD-POD Method	95	mg/dl	70 - 110	
Plasma Glucose - PP GOD POD Method	sample not given		mg/dl	110 - 170
Blood Group & Rh	"AB" Positive			
KFT				
UREA	20.4	mg %	15 - 50	
CREATININE	1.12	mg %	0.5 - 1.5	
URIC ACID	4.6	mg %	2 - 7	
CALCIUM	9.9	mg %	8.8 - 10.0	
LFT T&D				
Total Bilirubin	0.92	mg%	0.2 - 1.0	
Direct Bilirubin	0.30	mg%	0.0 to 0.40	
Indirect Bilirubin	0.62	mg%	0.10 to 0.90	
S.G.P.T	71	IU/L	5 - 40	
S.G.O.T	65	IU/L	5 - 50	
ALP	86	IU/L	40 to 129	
Serum Gamma G.T.	38	IU/L	11 - 50	
Urine Sugar (Fasting)	NIL			
Urine Sugar (PP)	sample not given			

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Contd... M.B.B.S., DCP

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Date	: 03-Aug-2024	Age	: 31 Yrs.
Name	: Mr. RAHUL KUMAR PATEL	Sex	: Male
Ref.By	: APOLLO HEALTH		

LIPID PROFILE

Triglycerids	124	mg%	70 - 190
S. Cholestrol S.	155	mg%	130 - 230
S. HDL Cholestrol	46.1	mg%	35 - 75
S. LDL Cholestrol	84.1	mg%	75 - 150
VLDL	24.8	mg%	0 - 34
Chol / HDL factor	3.36		
LDL / HDL Factor	1.82		

COMMENTS

- * Triglycerides (TG) are the main dietary lipids. Cholesterol constitutes a small part of the dietary lipids, it is mostly synthesised in the liver. Both TG and Chol. are transported through the plasma by lipoproteins (Chylomicrons, VLDL, LDL, IDL, HDL).
- * LDL is the major cholesterol particle in plasma and high levels are strongly implicated in the formation of atheroma. An increase in the LDL leads to hypercholesterolemia, and therefore a risk factor for IHD. LDL increases with age particularly in females. Oestrogen lowers LDL and raises HDL. Raised chol. in females is mostly due to disturbed thyroid function.
- * Increase in VLDL leads to hyperglyceridaemia. Raised TGs are associated with increased risk of CHD. Very high TGs increase the risk of Pancreatitis. Cholesterol is often raised due to Diabetes, Renal disease, Diuretic or Betablocker therapy.

TYPES OF HYPERLIPOPROTEINEMIAS

TYPE 1: Normal cholesterol TG greatly raised	TYPE 3: Cholesterol increased TG increased
TYPE 2a: Cholesterol increased LDL increased TG normal	TYPE 4: Cholesterol normal /increased VLDL increased TG increased
TYPE 2b Chol. increased VLDL raised TG increased LDL increased	TYPE 5: Cholesterol increased LDL reduced VLDL increased TG greatly increased

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Date : 03-Aug-2024

Name : Mr. RAHUL KUMAR PATEL

Age : 31 Yrs.

Ref.By : APOLLO HEALTH

Sex : Male

THYROID TEST

Tri-iodothyronine (T3)	1.80	nmol/L	0.50 to 2.50
Thyroxine (T4)	6.54	mcg/dL	5.0 to 12.5
Thyroid Stimulating Hormone (TSH)	1.39	mIU/ ml	0.3 to 6.0

COMMENTS

- 1) Primary hyperthyroidism is accompanied by elevated Serum T3 and T4 values along with depressed TSH levels.
- 2) Primary Hypothyroidism is accompanied by depressed serum T3 and T4 values and elevated serum TSH levels.
- 3) Normal T4 levels accompanied by high T3 levels are seen in patients with T3 thyrotoxicosis.
- 4) Slightly elevated T3 levels may be found in pregnancy and estrogen therapy, while depressed levels maybe encountered in severe illness, malnutrition, renal failure and during therapy with drugs like propranolol and propylthiouracil.
- 5) Elevated TSH levels may also be indicative of TSH secreting Pituitary Tumour.

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Dr. Smriti Rastogi
Contd... M.B.B.S., DCP

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Date	: 03-Aug-2024	Age	: 31 Yrs.
Name	: Mr. RAHUL KUMAR PATEL	Sex	: Male
Ref.By	: APOLLO HEALTH		

Glycosylated Haemoglobin

Glycosylated Haemoglobin	5.4	%	4.5 TO 6.0
=====			
INTERPRETATION AND COMMENTS			
=====			
NON DIABETIC :	4.5 to 6.0 %		
GOOD CONTROL:	6.0 to 7.0		
FAIR CONTROLLED	7.0 AND 8.0		
UNCONTROLLED	8.0 AND ABOVE		
<p>Glycosylated haemoglobin is the adducted glucose in the haemoglobin of the red blood cells, this adduction is stable for the life time of the RBC (i.e 120 days). There fore the measure of glycosylated haemoglobin reflects the average blood glucose concentration over the preseding several weeks. The sudden change in blood glucose level would not effect the glycosylated haemoglobin level ,which serves as a better marker of long term metabolic control and the efficacy of therapy.</p>			

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Dr. Sanjay Rastogi
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Date : 03-Aug-2024

Name : **Mr. RAHUL KUMAR PATEL**

Age : 31 Yrs.

Ref.By : APOLLO HEALTH

Sex : Male

Urine Examination

PHYSICAL

Colour : Straw
Turbidity : Nil
Deposit : Nil
Reaction : Acidic
*Specific Gravity : 1.010

CHEMICAL

Protein : Nil
Sugar : Nil
*Bile Salts : Nil
*Bile Pigments : Nil
Phosphate : Nil

MICROSCOPIC

Pus Cells : Nil /hpf
Epithelial Cells : Occasional /hpf
Red Blood Cells : Nil /hpf
Casts : Nil
Crystals : Nil
Others : Nil

Dr. Sanjay Rastogi

Page 5 of 5 End of Report (BARC)
M.B.B.S., DCP, DRIAT

Dr. Smita Rastogi
M.B.B.S., DCP

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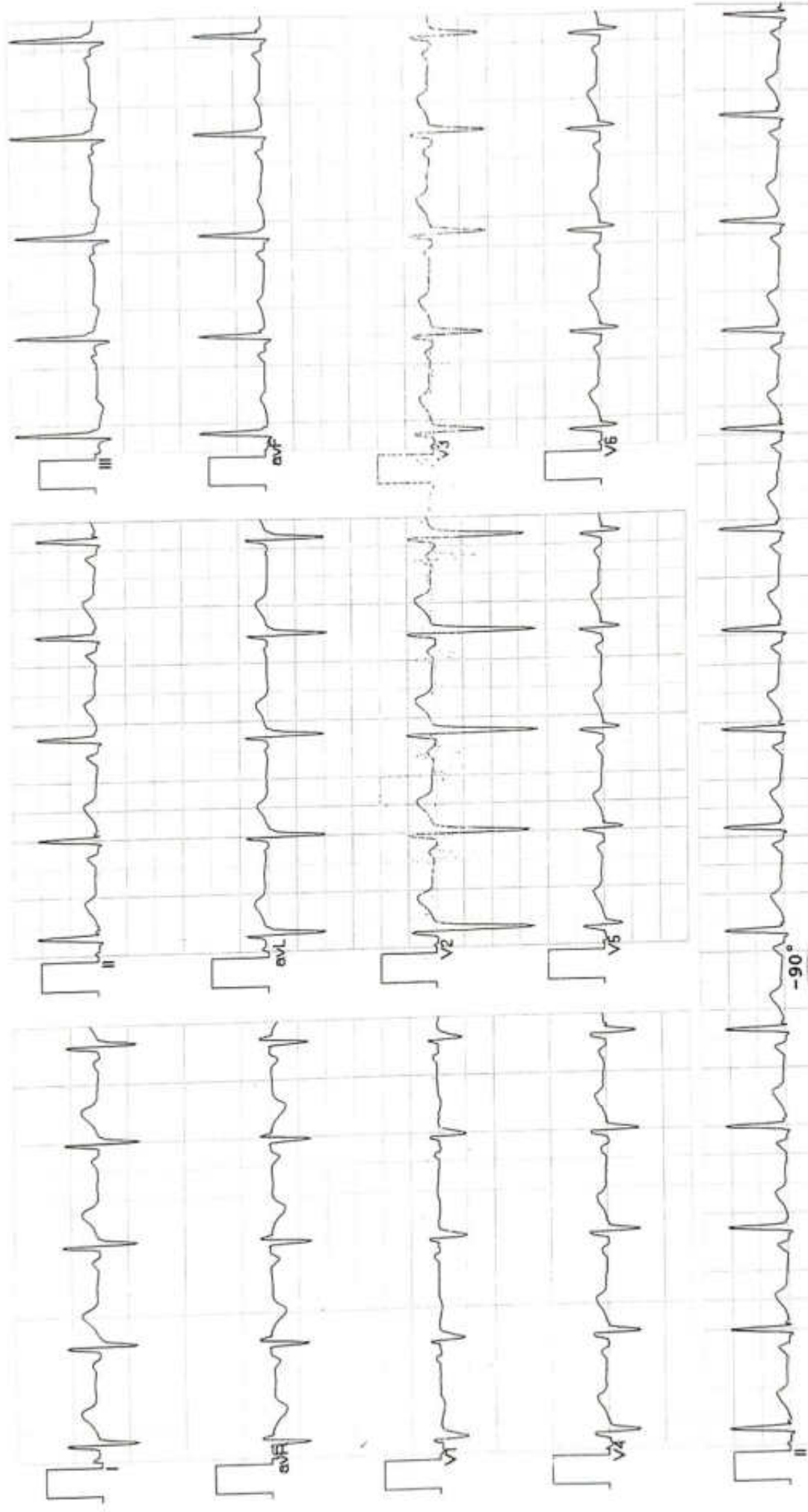
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Modern Pathology And Diagnostic Centre

257 / Rahul Kumar Patel / 31 Yrs / M / 164Cms. / 83Kgs. / Non Smoker

Heart Rate : 85 bpm / Tested On : 03-Aug-24 11:47:29 / HF 0.05 Hz - LF 100 Hz / Notch 50 Hz / Sn 1.00 Cm/mV / Sw 25 mm/s

ECG



Vent Rate : 85 bpm
 PR Interval : 134 ms
 QRS Duration: 98 ms
 QT/QTc Int : 350/394 ms
 P-QRS-T axis: 43.00• 95.00• 14.00•



Normal ECG

[Signature]

Axis
 T 14° P 43°
 R 95°

90°
 -90°
 -30°
 180°

Allengers ECG (Piscas)(PIS215191030)

Dr. AMIT MOHAN
 MD
 Reg. No. 44359



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TEST REQUEST ID	:012408030031	SAMPLE DATE	:03/Aug/2024 09:48AM
NAME	:Mr. RAHUL KUMAR PATEL	SAMPLE REC. DATE	:03/Aug/2024 09:48AM
AGE/SEX	:31 YRS/MALE	REPORTED DATE	:03/Aug/2024 11:55AM
REFERRED BY	: Apollo Health and Lifestyle Limited,	BARCODE NO	:01030031

XRAY CHEST PA

- Trachea is central in position.
- Bilateral lung fields are normally aerated.
- Both hilar shadows are normal.
- Both C.P. angles are clear.
- Cardiac shadow is within normal limits.
- Bony cage appears normal.

Please correlate clinically.

*** End Of Report ***



Surbhi

Dr.Surbhi
MBBS,MD (Radiodiagnosis)

Dr. Sanjay Rastogi
M.B.B.S., DCP, CRIAT (BARC)

Dr. Smita Rastogi
M.B.B.S., DCP

Print Date/Time: 03/08/2024, 12:24 PM

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TEST REQUEST ID :012408030031	SAMPLE DATE	:03/Aug/2024 09:48AM
NAME :Mr. RAHUL KUMAR PATEL	SAMPLE REC. DATE	:03/Aug/2024 09:48AM
AGE/SEX :31 YRS/MALE	REPORTED DATE	:03/Aug/2024 11:09AM
REFERRED BY : Apollo Health and Lifestyle Limited,	BARCODE NO	:01030031

USG WHOLE ABDOMEN-MALE

Liver: is normal in size (148 mm). **Parenchymal echogenicity is increased.** No focal echovariant lesion is seen. Intrahepatic biliary radicles are not dilated.

Gall Bladder: is well distended. Lumen is anechoic. Wall is of normal thickness.

CBD: is normal in diameter. Portal vein is normal in diameter.

Pancreas: is normal in size, shape and echotexture. No focal echovariant lesion is seen. Pancreatic duct is not dilated.

Spleen: is normal in size (103 mm), shape and echotexture. No focal echovariant lesion is seen. Splenic vein is normal.

Right Kidney: is normal in size 109x47 mm, shape, position and excursion. Parenchymal echogenicity and echotexture is normal with maintained corticomedullary differentiation. No mass, cyst, or calculi is seen. Pelvicalyceal systems are not dilated. Ureter is not dilated.

Left Kidney: is normal in size 104x46 mm, shape, position and excursion. Parenchymal echogenicity and echotexture is normal with maintained corticomedullary differentiation. No mass, cyst is seen. **A concretion is seen meas ~2.4 mm in upper calyx.** Pelvicalyceal systems are not dilated. Ureter is not dilated.



Dr. Surbhi
MBBS, MD (Radiodiagnosis)

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M.B.B.S., DCP, CRIAT (BARC)

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Mob - 7618884441, 9450389932, 8177065571



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AGE/SEX :31 YRS/MALE	REPORTED DATE	:03/Aug/2024 11:09AM
REFERRED BY : Apollo Health and Lifestyle Limited,	BARCODE NO	:01030031

Urinary bladder: is well distended. Lumen is anechoic. Wall is of normal thickness. No mass or calculus is seen.

Prostate: is normal in size (44x29x21 mms, wt = 14.9 gms), shape and echotexture. No focal echovariant lesion is seen. Prostatic capsule appears to be intact. Median lobe is not projecting in UB lumen. Both seminal vesicles appear normal.

Both iliac fossae are clear. No obvious bowel pathology is noted.
There is no free fluid in peritoneal cavity.

OPINION:

- FATTY LIVER GRADE-I
- LEFT RENAL CONCRETION.

*** End Of Report ***



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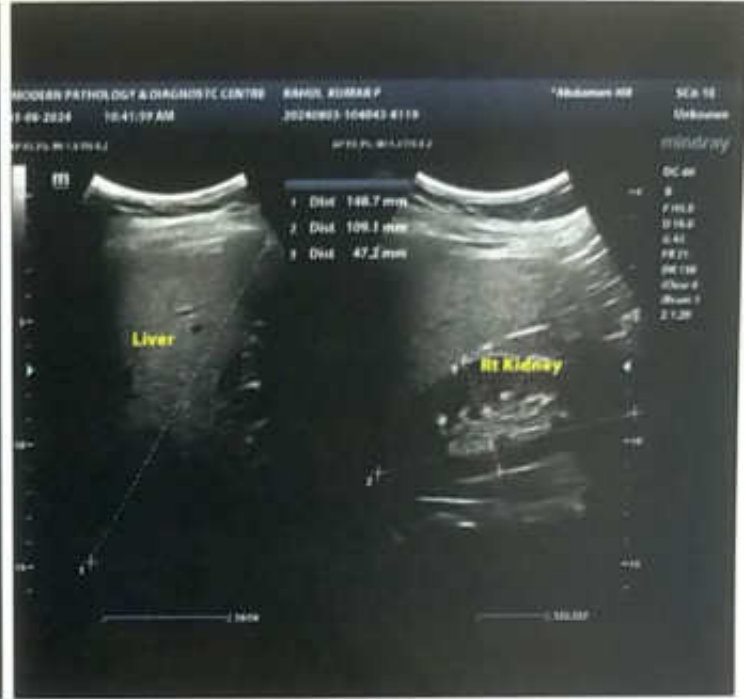
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Gomti Nagar Lucknow

Report



Rahul Kumar Patel / 31 Yrs / M / 164 Cms / 83 Kg
 Date: 03 - 08 - 2024 Refd By : APOLLO HEALTH Examined By:

Stage	Time	Duration	Speed(Kmph)	Elevation	METs	Rate	% THR	BP	RPP	PVC	Comments
Supine	00:04	0:04	00.0	00.0	01.0	093	49 %	124/80	115	00	
Standing	00:10	0:06	00.0	00.0	01.0	093	49 %	124/80	115	00	
HV	00:15	0:05	00.0	00.0	01.0	101	53 %	124/80	125	00	
ExStart	00:24	0:09	00.0	00.0	01.0	101	53 %	124/80	125	00	
BRUCE Stage 1	03:24	3:00	02.7	10.0	04.7	125	66 %	136/86	170	00	
BRUCE Stage 2	06:24	3:00	04.0	12.0	07.1	160	85 %	140/92	224	00	
PeakEx	08:36	2:12	05.5	14.0	09.4	176	93 %	144/94	253	00	
Recovery	09:36	1:00	00.0	00.0	01.2	151	80 %	142/92	214	00	
Recovery	10:36	2:00	00.0	00.0	01.0	130	69 %	138/90	179	00	
Recovery	11:36	3:00	00.0	00.0	01.0	126	67 %	130/86	163	00	
Recovery	11:55	3:19	00.0	00.0	01.0	123	65 %	126/82	154	00	

FINDINGS :

Exercise Time : 08:12
 Max HR Attained : 176 bpm 93% of Target 189
 Max BP Attained : 144/94 (mm/Hg)
 Max WorkLoad Attained : 9.4 Good response to induced stress
 Test End Reasons : Test Complete, Fatigue

REPORT :

CONCLUSIONS:

1. STRESS TEST IS NEGATIVE FOR EXERCISE INDUCED ISCHAEMIC HEART DISEASE.

(Signature)
 JI. ANIL NICHAN MD
 Reg. No. 44559

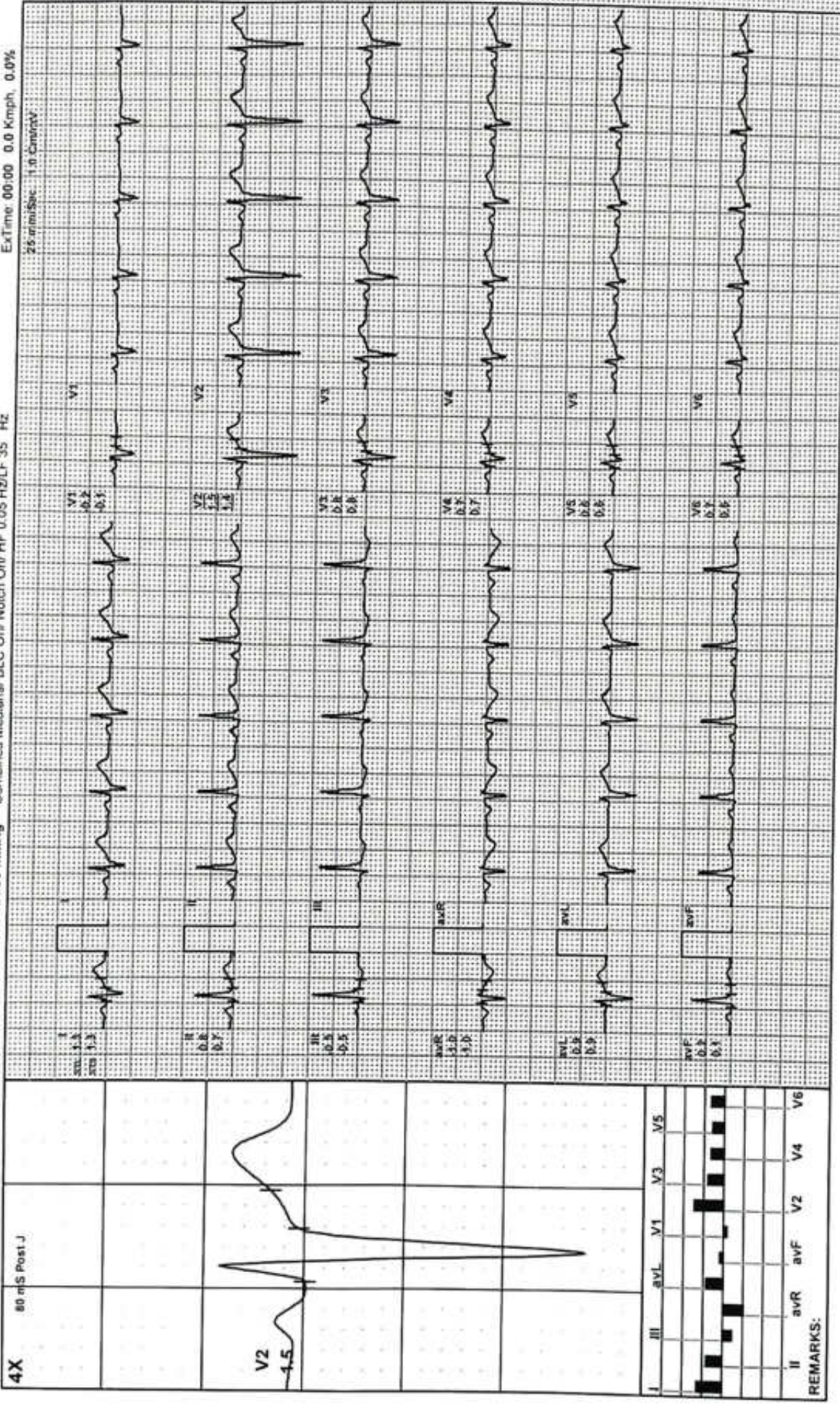
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Rahul Kumar Patel / 31 Yrs / M / 164 Cms / 83 Kg / HR : 93

BRUCE:Supine(0:07)



Date: 03 - 08 - 2024 METS: 1.0/ 93 bpm 49% of THR BP: 124/80 mmHg Combined Medians/ BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz ExTime: 00:00 0.0 Kmph, 0.0%



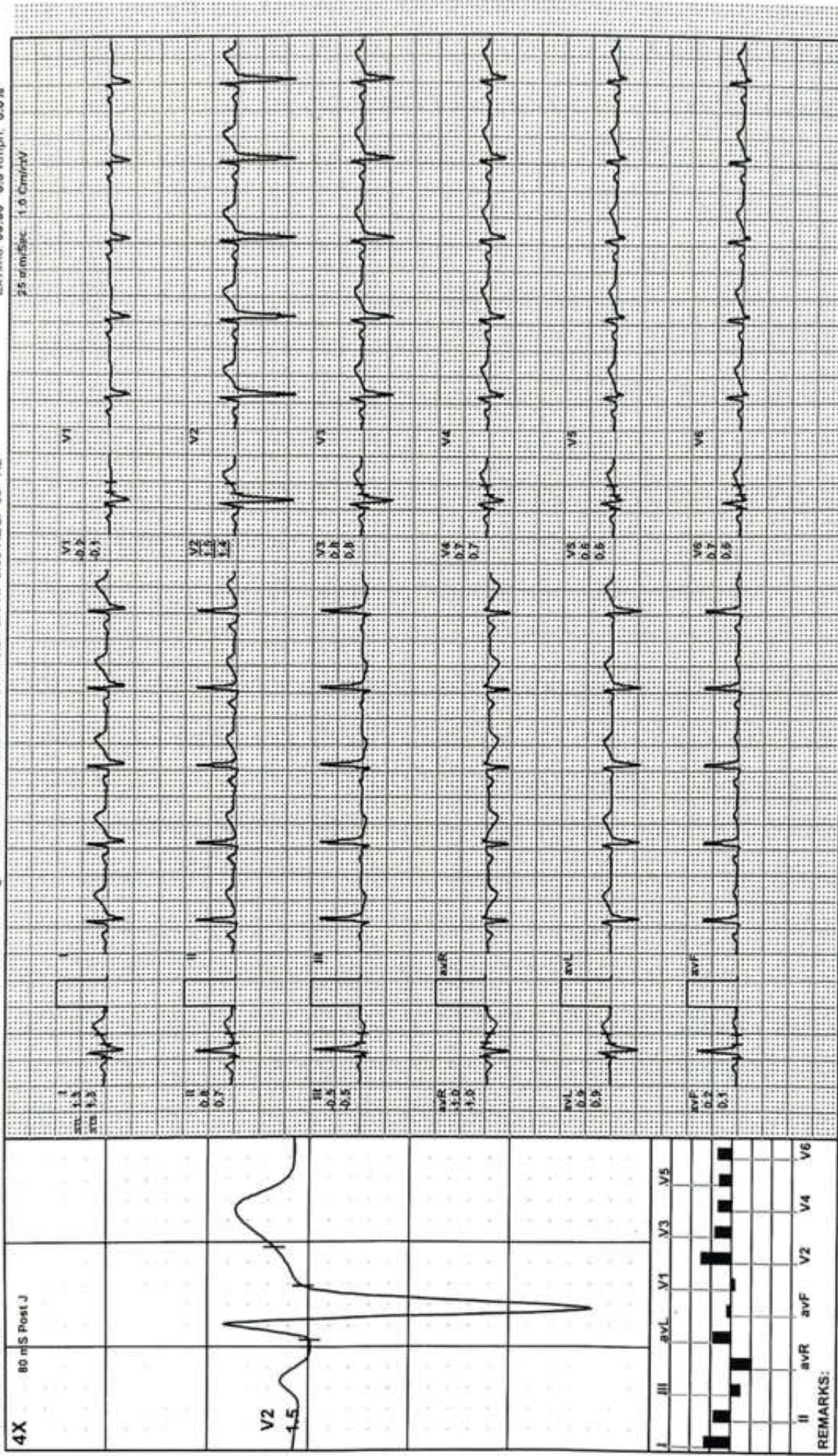
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BRUCE: Standing(0:06)



Rahul Kumar Patel / 31 Yrs / M / 164 Cms / 83 Kg / HR : 93

Date: 03 - 08 - 2024 METS: 1.0/ 93 bpm 49% of THR BP: 124/80 mmHg Combined Medians/ BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz Extimer: 00:00 0.0 Kmph 0.0%



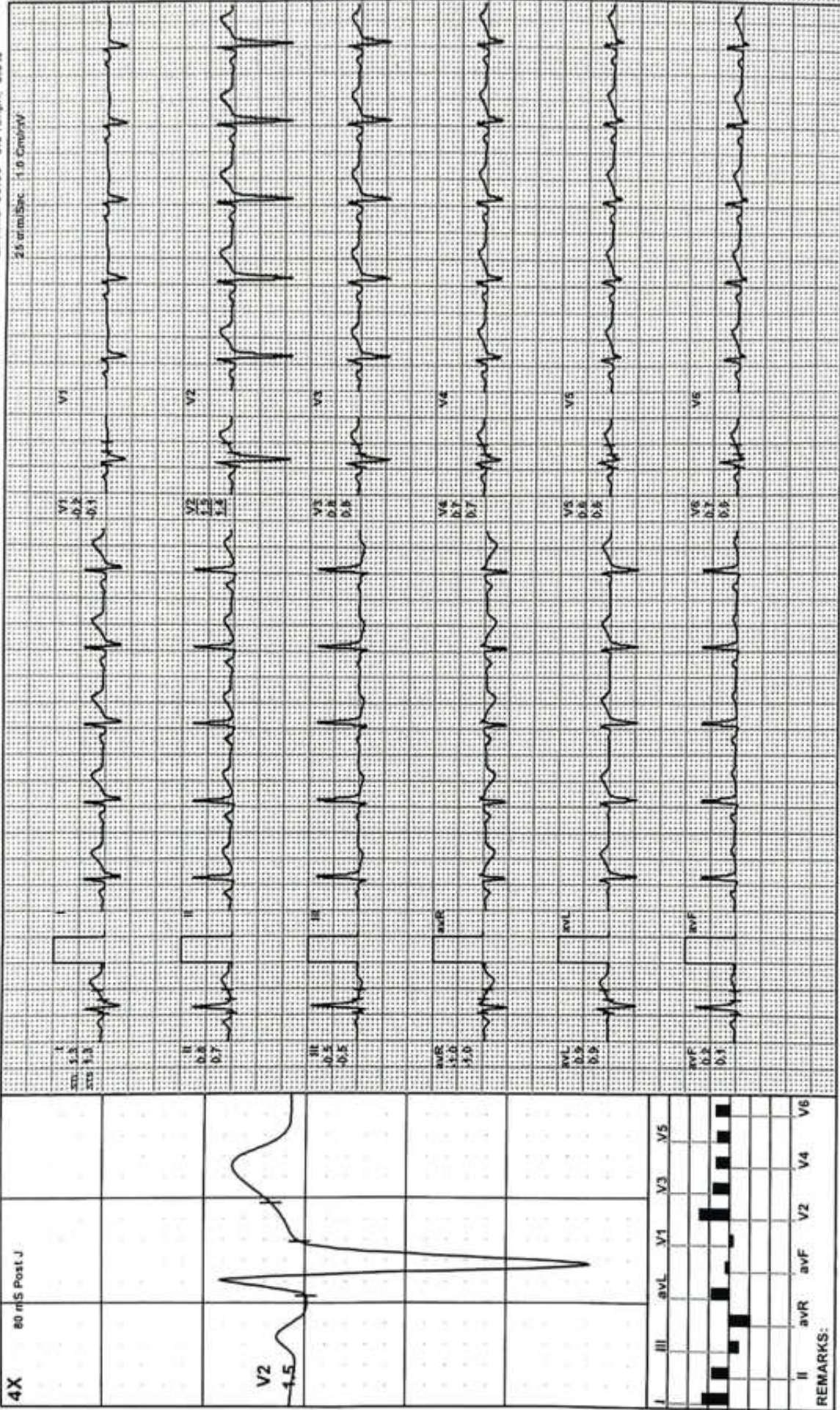
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Rahul Kumar Patel / 31 Yrs / M / 164 Cms / 83 Kg / HR : 101

BRUCE:HV(0:06)



Date: 03 - 06 - 2024 METS: 1.0/ 101 bpm 53% of THR BP: 124/80 mmHg Combined Medians/ BLC On/ HF 0.05 Hz/LF 35 Hz ExTime: 00:00 0.0 Kmph 0.0%



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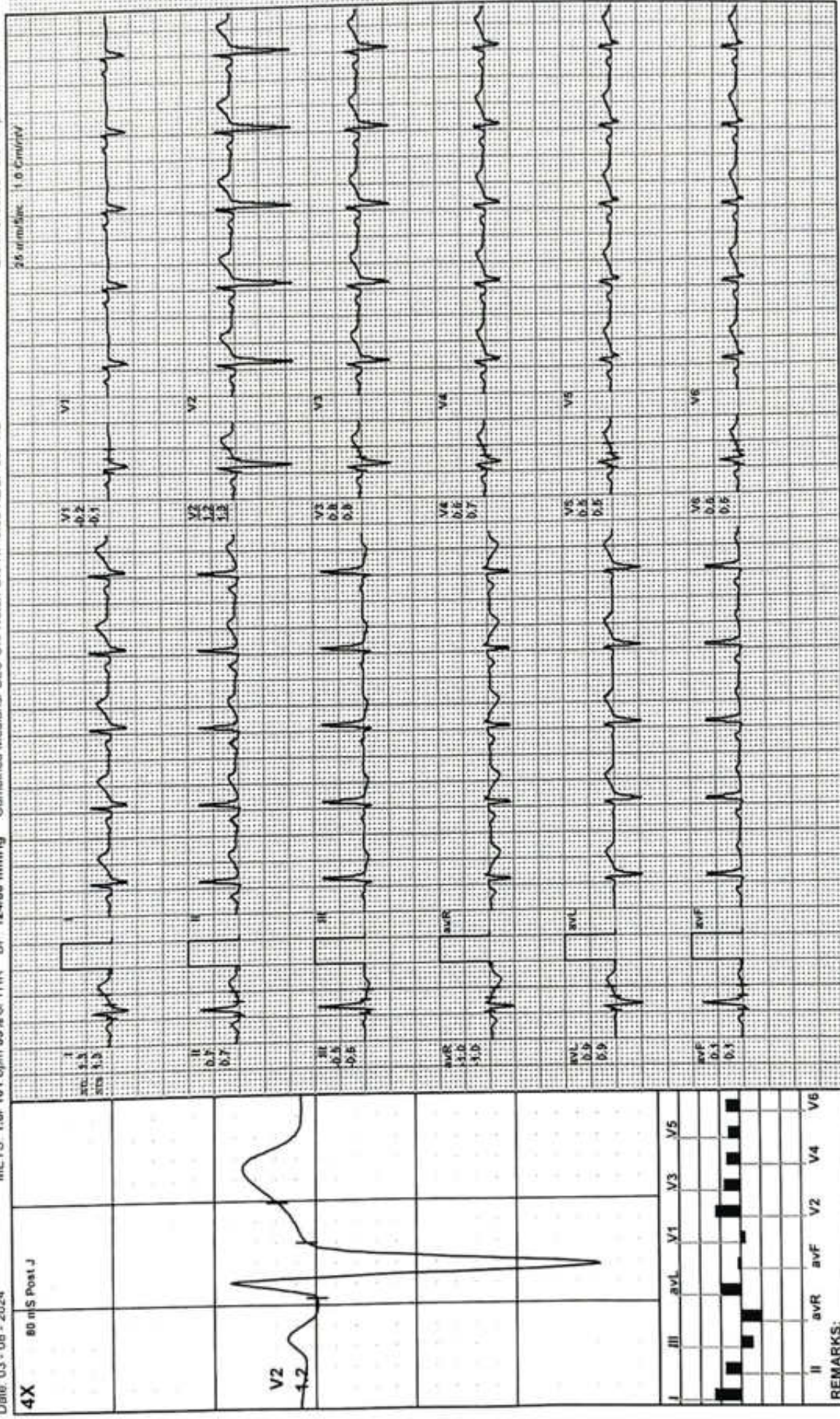
Rahul Kumar Patel / 31 Yrs / M / 164 Cms / 83 Kg / HR : 101

ExStart



Date: 03 - 06 - 2024 METS: 1.0/ 101 bpm 53% of THR BP: 124/80 mmHg Combined Medians/ BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz

ExTime: 00:00 0.0 Kmph 0.0%



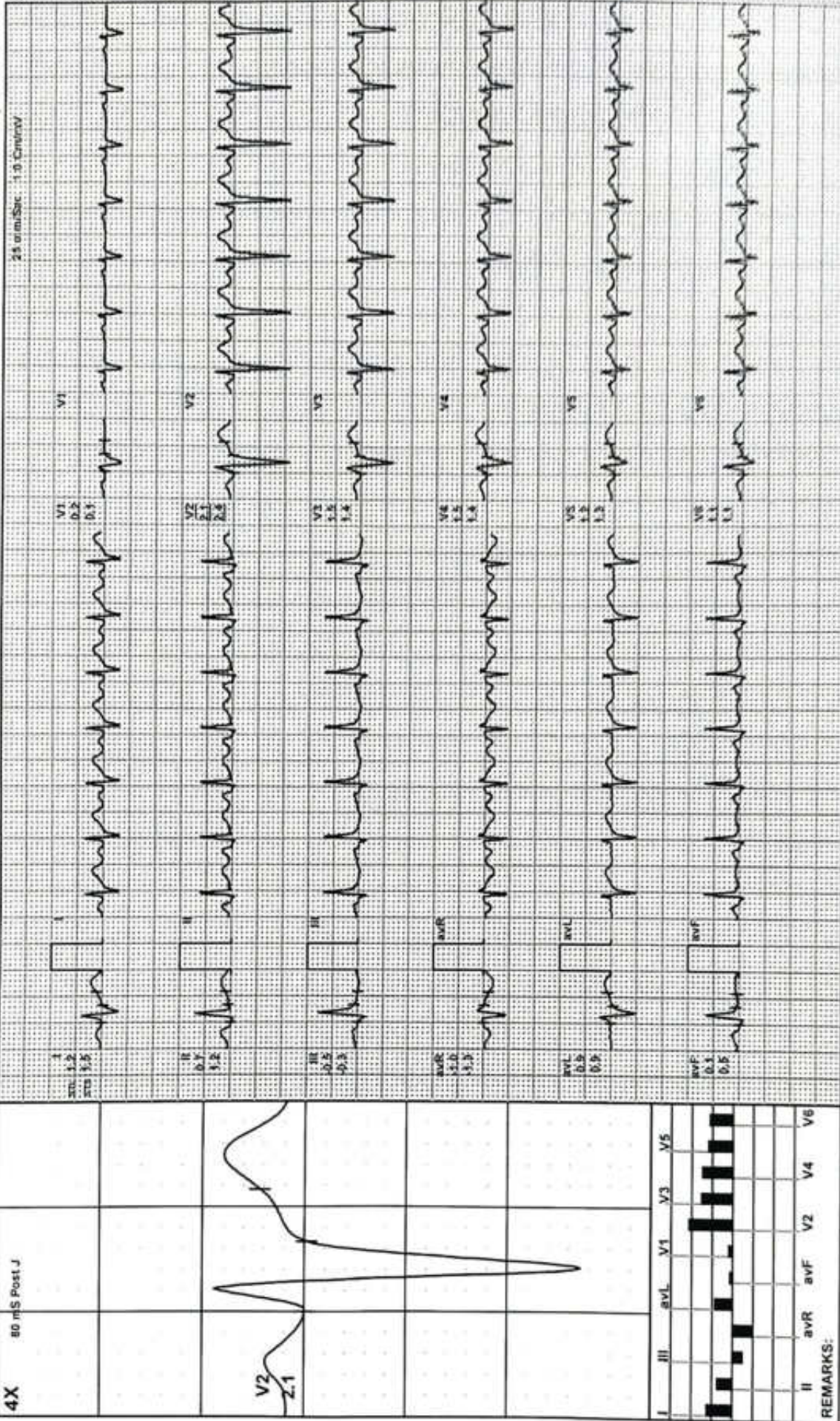
MODERN PATHOLOGY AND DIAGNOSTIC CENTER

Rahul Kumar Patel / 31 Yrs / M / 164 Cms / 83 Kg / HR : 125

BRUCE: Stage 1(3:00)



Date: 03 - 08 - 2024 METS: 4.7/ 125 bpm 66% of THR BP: 136/86 mmHg Combined Medians/ BLC On/ HF 0.05 Hz/LF 35 Hz ExTime: 03:00 2.7 Kmph 10.0%



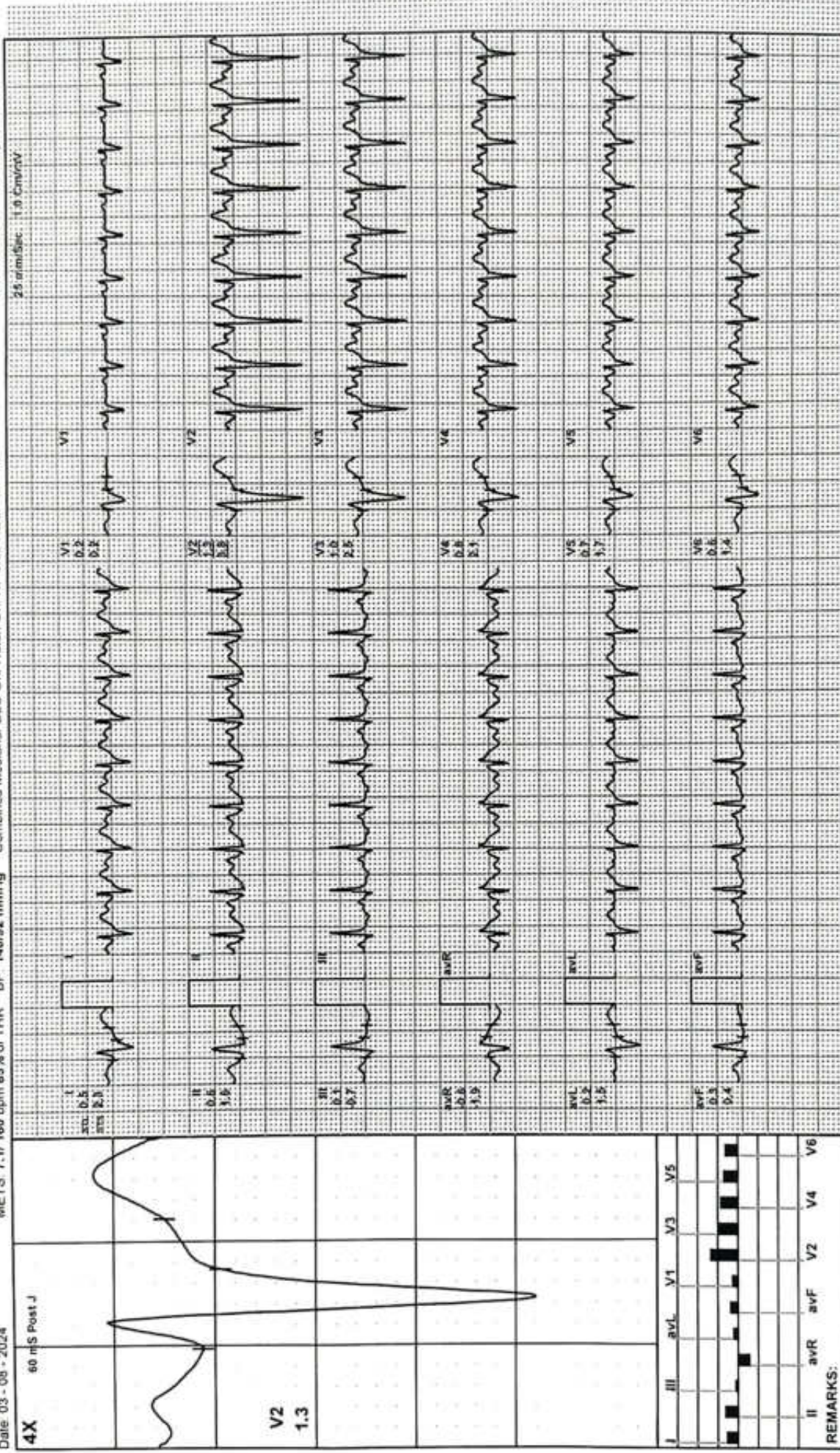
MODERN PATHOLOGY AND DIAGNOSTIC CENTER

Rahul Kumar Patel / 31 Yrs / M / 164 Cms / 83 Kg / HR : 160

BRUCE: Stage 2(3:00)



Date: 03-08-2024 METS: 7.1/ 160 bpm 85% of THR BP: 140/92 mmHg Combined Medians/ BLC Ori/ Naich Ori/ HF 0.05 Hz/LF 35 Hz Ex/Time: 06:00 4.0 Km/ph, 12.0%



REMARKS:

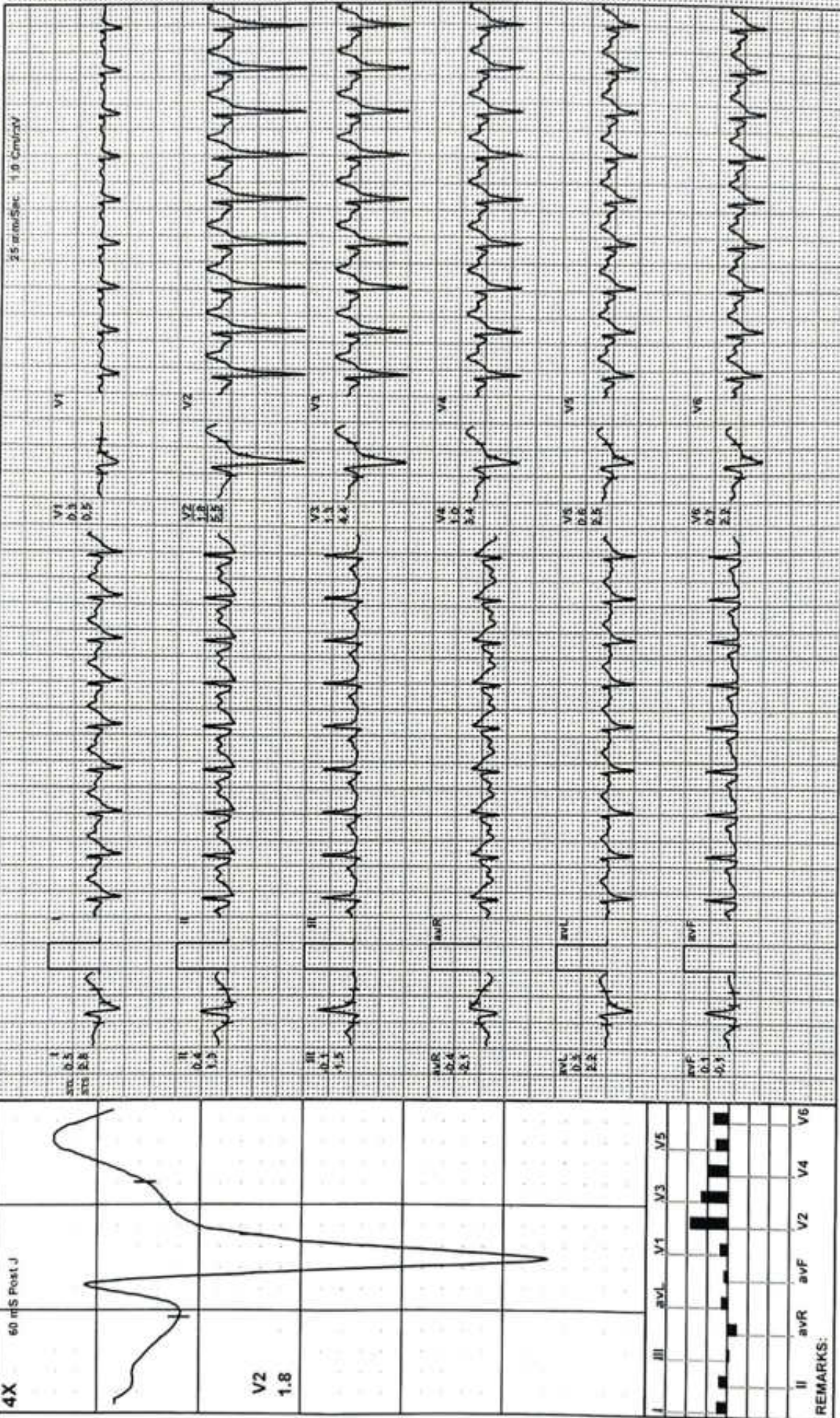
MODERN PATHOLOGY AND DIAGNOSTIC CENTER

Rahul Kumar Patel / 31 Yrs / M / 164 Cms / 83 Kg / HR : 176



PeakEx

Date: 03 - 08 - 2024 METS: 9.4/ 176 bpm 93% of THR BP: 144/94 mmHg Combined Medians/ BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz ExTime 08:12 5.5 Km/ph 14.0%



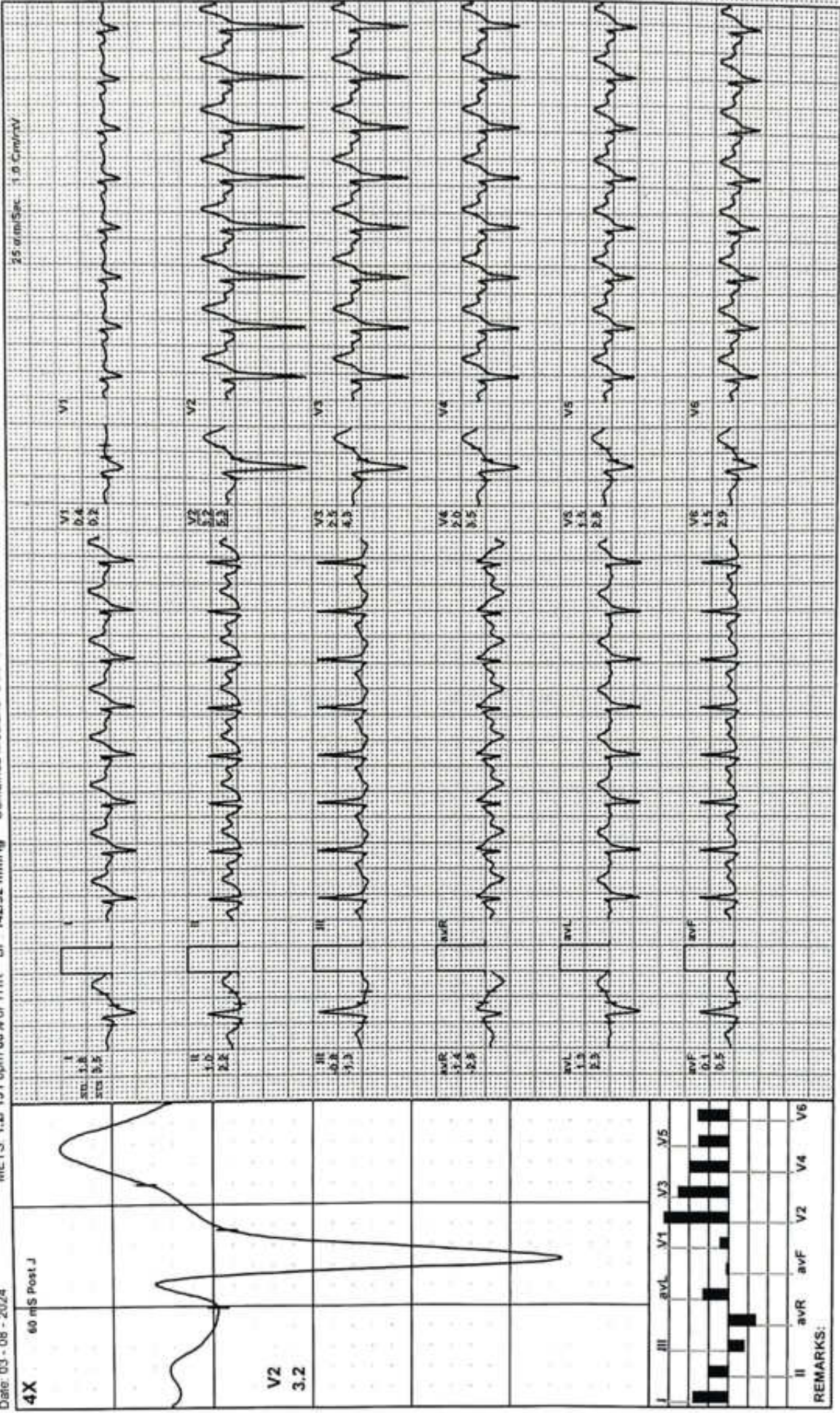
MODERN PATHOLOGY AND DIAGNOSTIC CENTER

Rahul Kumar Patel / 31 Yrs / M / 164 Cms / 83 Kg / HR : 151

Recovery(1:00)



Date: 03 - 08 - 2024 METS: 1.2/ 151 bpm 80% of THR BP: 142/92 mmHg Combined Medians/ BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz ExTime 08:12 0.0 Kmph, 0.0%





Recovery(2:00)

MODERN PATHOLOGY AND DIAGNOSTIC CENTER

Rahul Kumar Patel / 31 Yrs / M / 164 Cms / 83 Kg / HR : 130

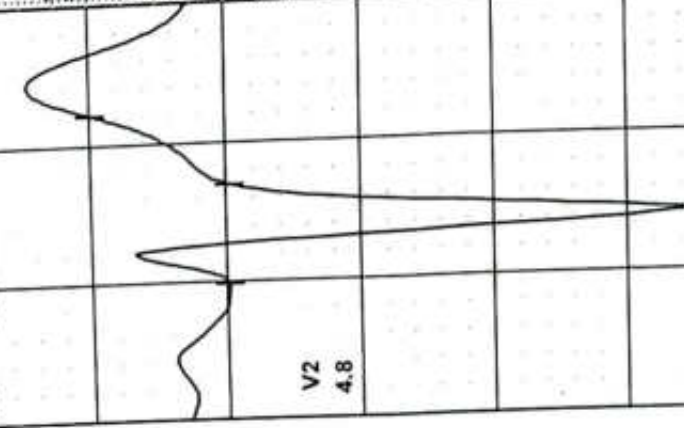
ExTime 08:12 0.0 Kmph, 0.0%

25 mm/Sec, 1.0 Cm/mV

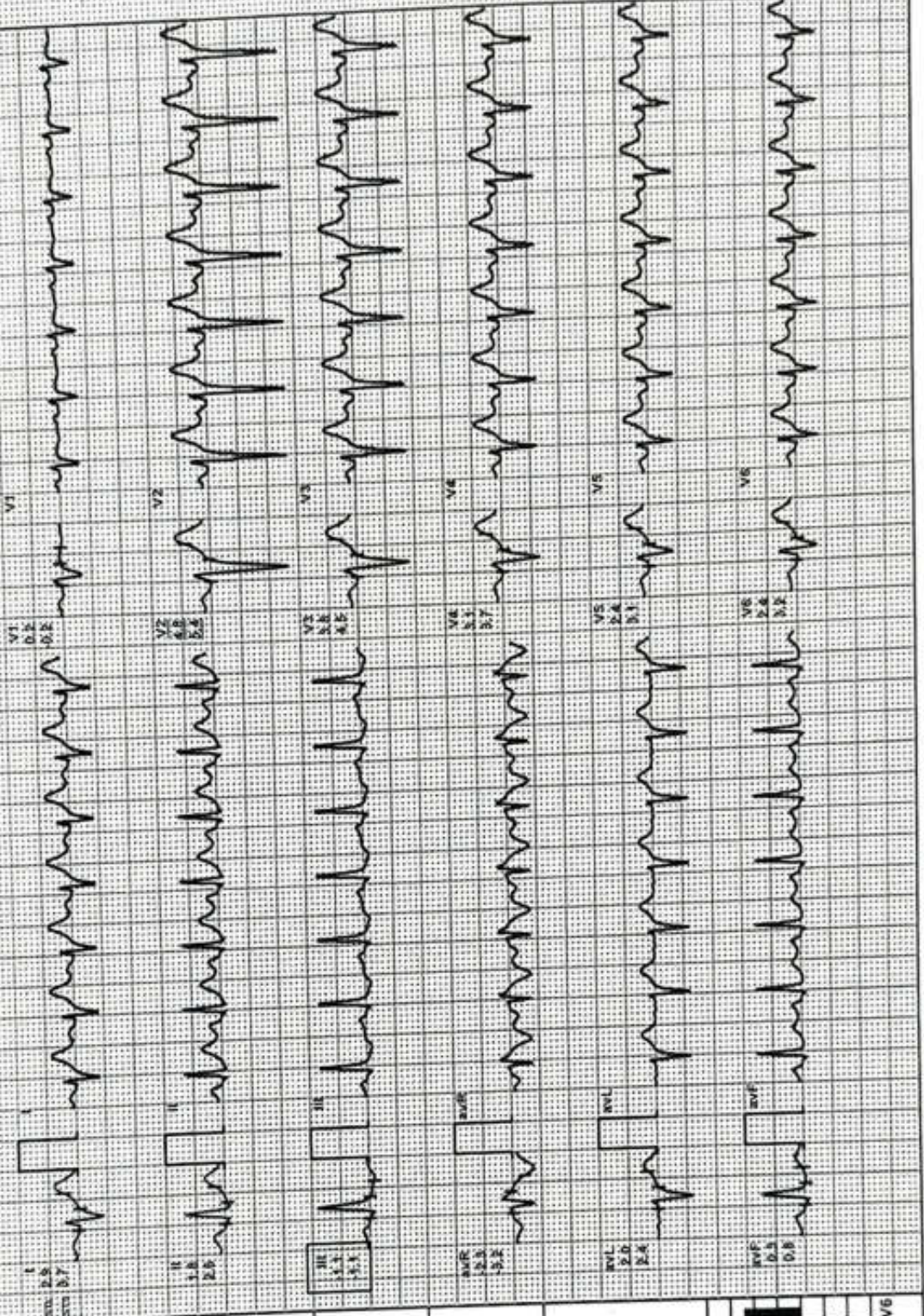
METS: 1.0/ 130 bpm 69% of THR BP: 138/90 mmHg Combined Medians/ BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz

Date: 03-08-2024

4X 60 mS Post J



V2 4.8



Lead	ST-T	V1	V2	V3	V4	V5	V6
I	0.3	0.8					
II	0.3	0.8					
III	0.3	0.8					
aVR	0.3	0.8					
aVL	0.3	0.8					
aVF	0.3	0.8					
V1	0.3	0.8					
V2	0.3	0.8					
V3	0.3	0.8					
V4	0.3	0.8					
V5	0.3	0.8					
V6	0.3	0.8					

REMARKS:

MODERN PATHOLOGY AND DIAGNOSTIC CENTER

Rahul Kumar Patel / 31 Yrs / M / 164 Cms / 83 Kg / HR : 126

Recovery(3:00)



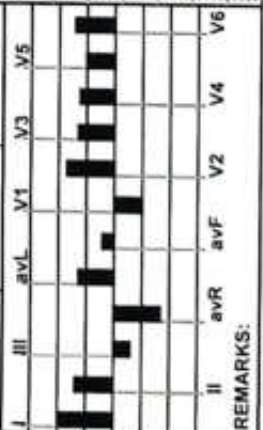
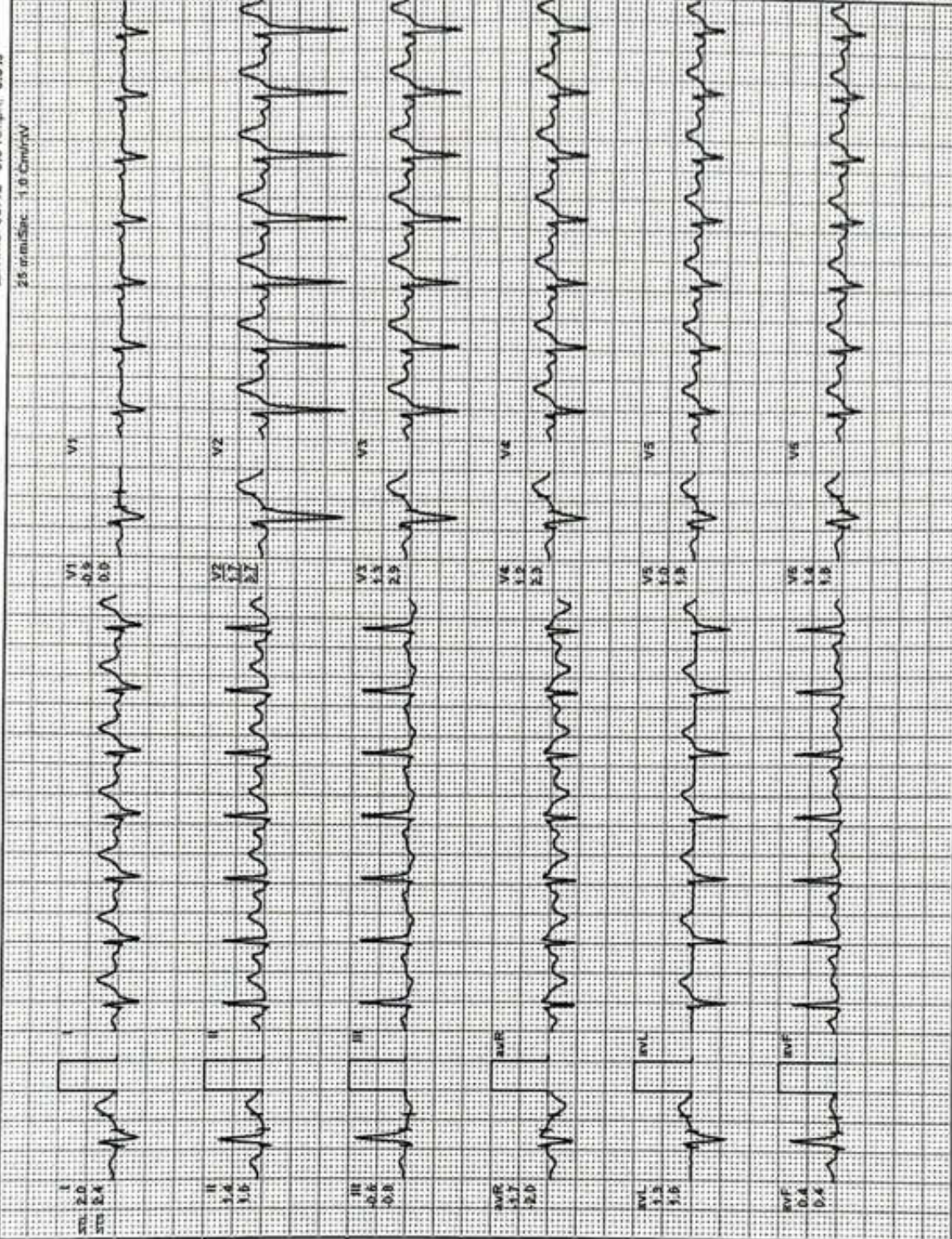
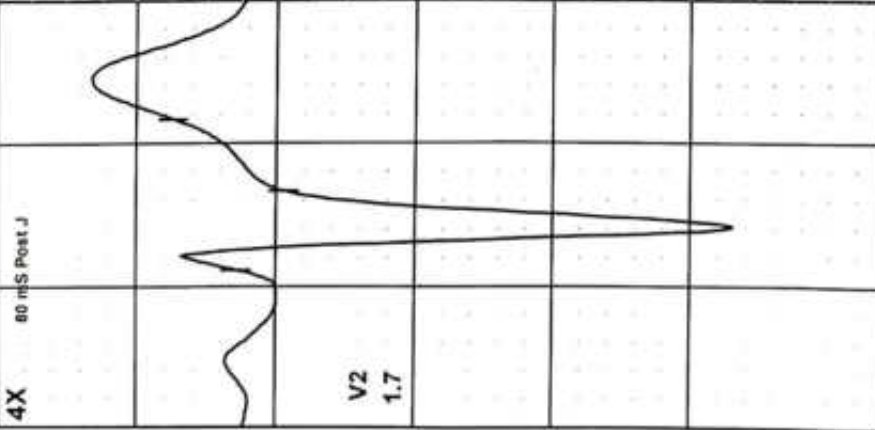
Date: 03 - 08 - 2024

METS: 1.0/ 126 bpm 67% of THR BP: 130/96 mmHg

Combined Medians/ BLC On/ HF 0.05 Hz/LF 35 Hz

Ex/Time 08:12 0.0 Kmph, 0.0%

4X 80 mS Post-J



MODERN PATHOLOGY AND DIAGNOSTIC CENTER

Rahul Kumar Patel / 31 Yrs / M / 164 Cms / 83 Kg / HR : 123

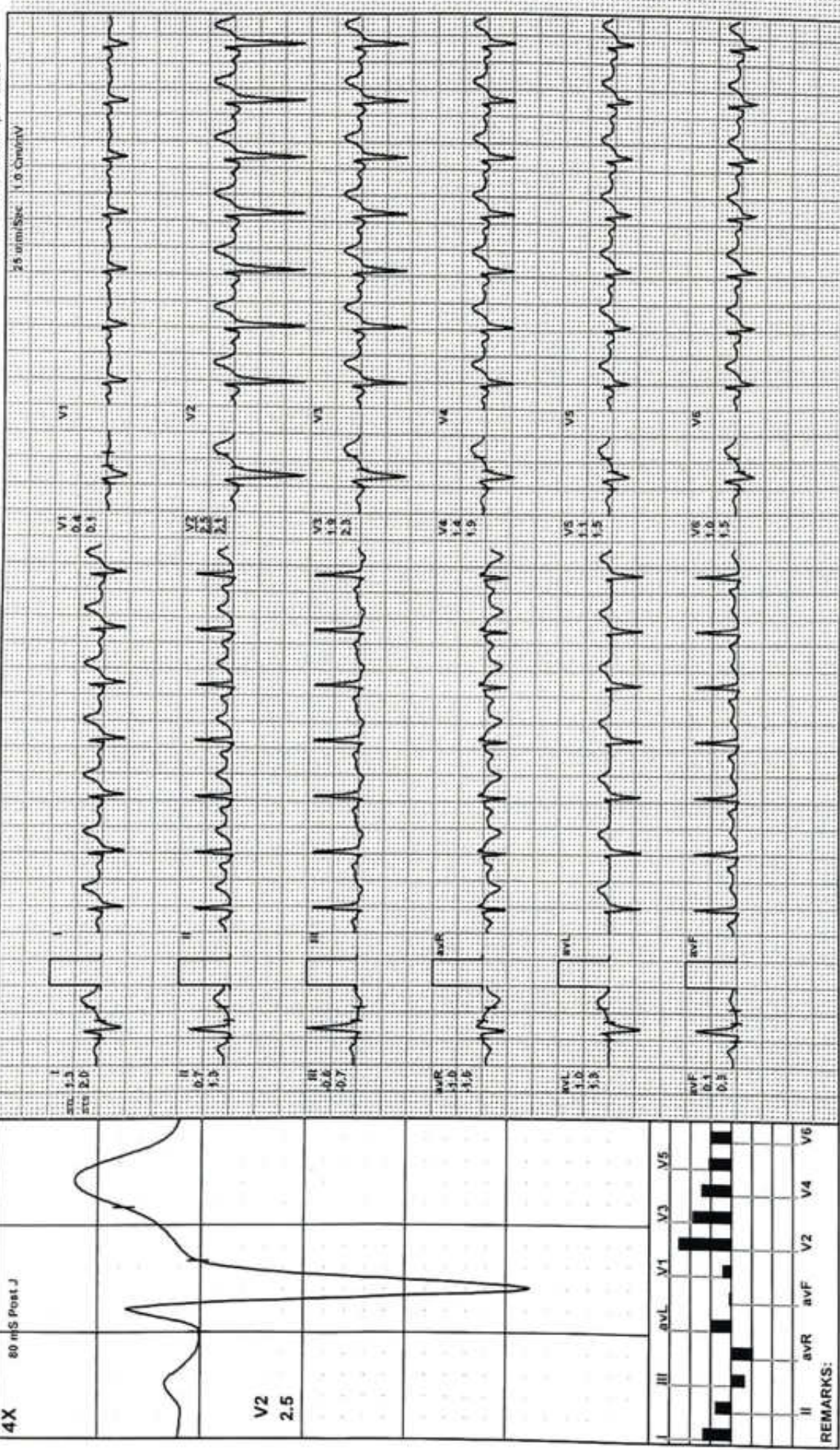
Recovery(3:19)

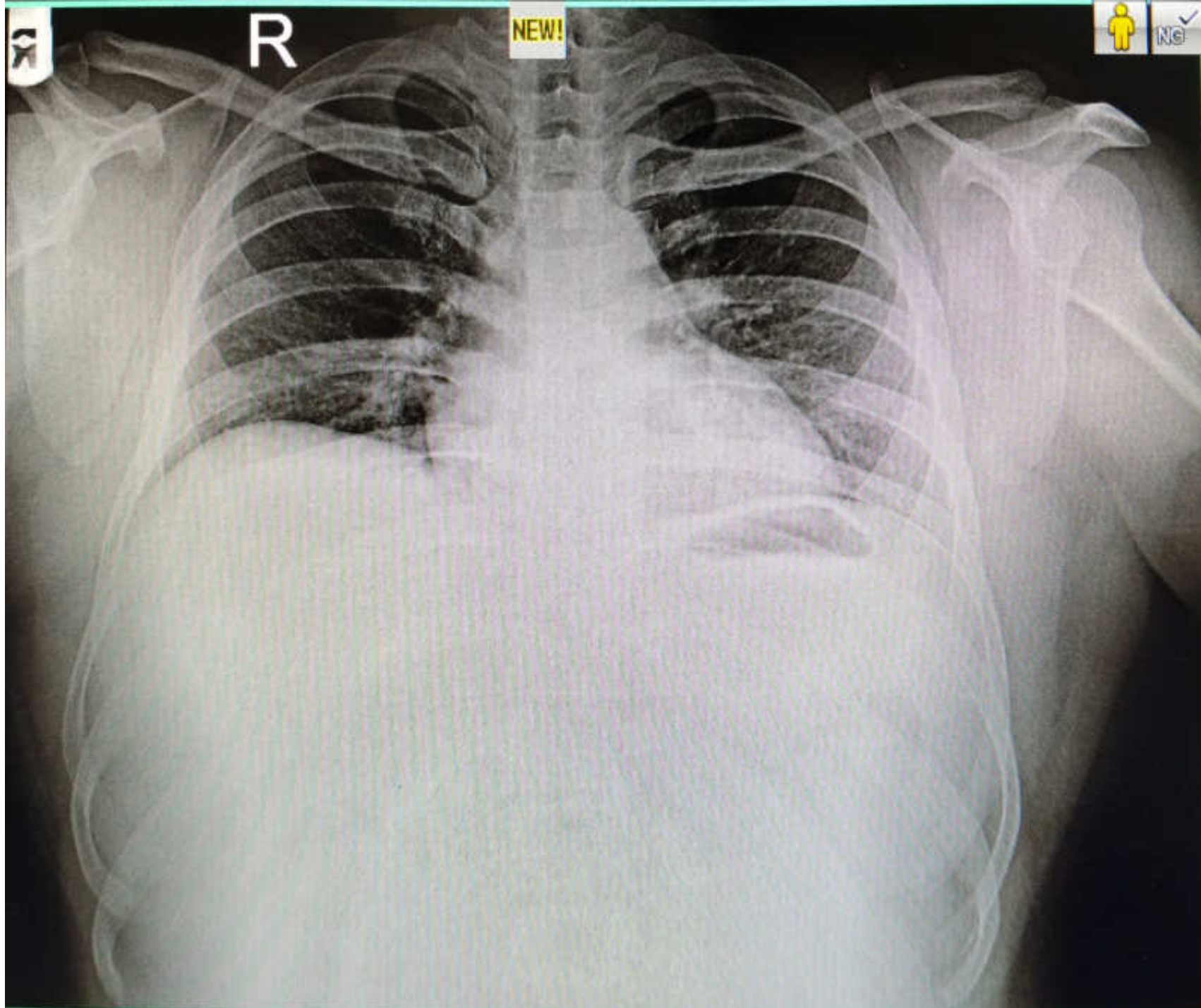


Date: 03 - 08 - 2024

METS: 1.0/ 123 bpm 65% of THR BP: 126/82 mmHg Combined Medians/ BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz

ExTime 08:12 0.0 Km/ph. 0.0%





24080305372 MR RAHUL KUMAR PATEL 31YRS M SELF CHEST PA
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