

MER-MEDICAL EXAMINATION REPORT

DATE OF EXAMINATION	23/12/23
NAME	POONAM BANSAL
AGE	31Y/F
HEIGHT	5.1FT
WEIGHT	64KG
BP	115/73
ECG	NORMAL
X-RAY	NORMAL
PRESENT AILMENTS	NO
DETAILS OF PAST AUMENTS (IF AY)	NO
COMMENTS/ADVICE :SHE/HE IS PHYSICALLY FIT	YES

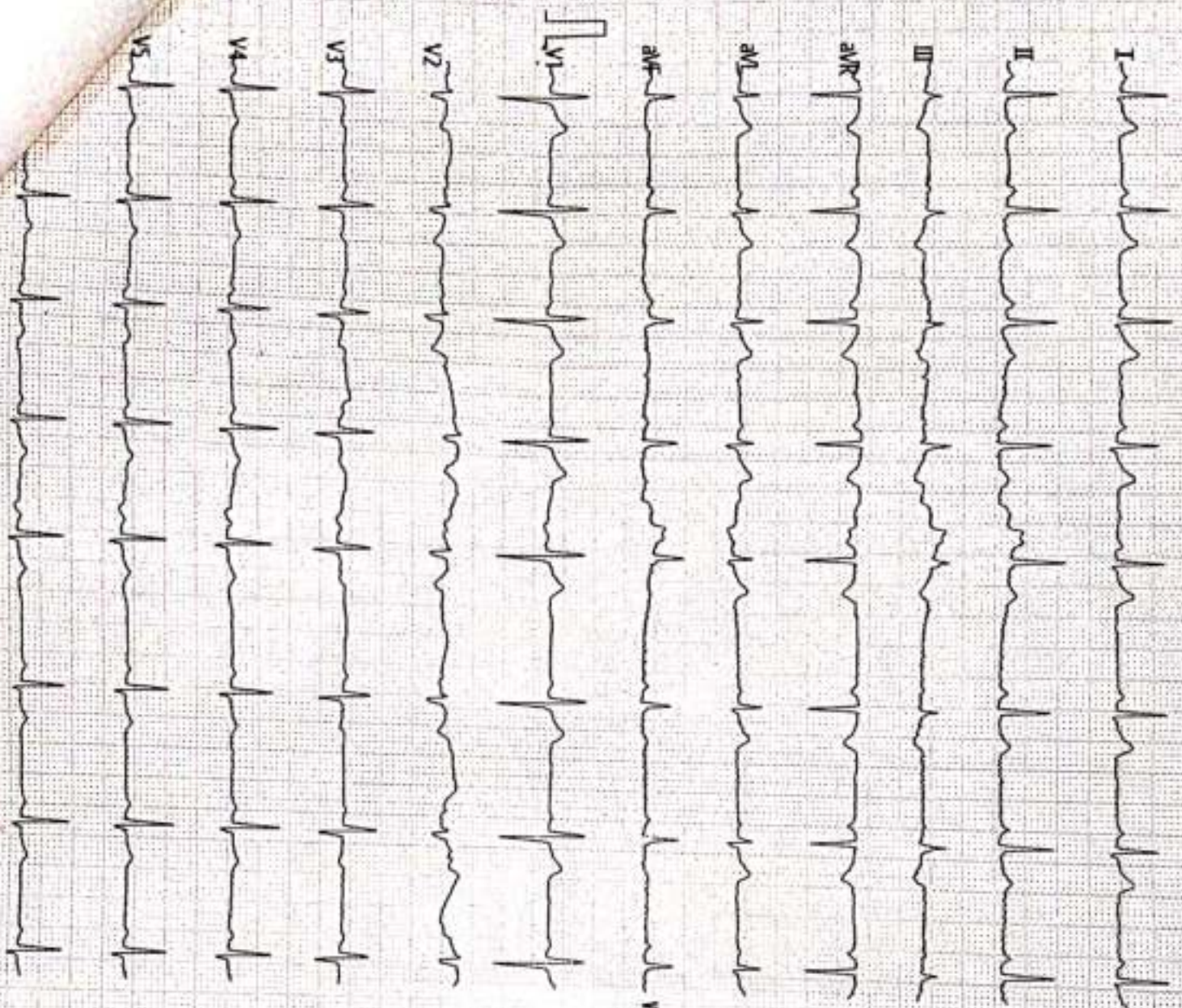


Signature With Stamp Of Medical Examiner



पूनाम





Heart Rate (bpm) : 69

PR Int. (ms) : 128

P/QRS/T Int. (ms) : 92 87 158

QT/QTc Int. (ms) : 345 375

P/QRS/T Axis (Deg) : 44 52 10

RV1/SV6 Amp. (mV) : 0.61 0.18

RV5/SV1 Amp. (mV) : 0.71 0.82

<ECG Analysis Result>

803 Sinus Arrhythmia

851 Premature Atrial Complexes

601 T Abnormality

*** Abnormal ECG ***

V2 33 Technician :

Note : Unconfirmed Report Need to Review

ST TEBL (mV)

I	II	III	aVR	aVL	aVF
+0.02	+0.01	-0.00	-0.01	+0.01	+0.00
V1	V2	V3	V4	V5	V6
+0.03	+0.01	-0.00	+0.00	+0.00	+0.00



Name	:	Poonam bansal	Age	:	31yrs. / F
Thanks To	:	Mediwheel	Date	:	23/12/2023

X-RAY CHEST (PA VIEW)

Both lung fields appear normal.
No e/o Koch's lesion or consolidation seen.
Both CP angles appear clear.
Both domes of diaphragm appear normal.
Heart size and aorta are within normal limits.
Bony thorax under vision appears normal.
Both hila appear normal.

Consultant Radiologist

(This report is not valid for any Medico-legal purpose)





DRISHTI
Eye Hospital

www.drishtihospital.com
Call : 9982996666

Dr. Sharva Pandya

MBBS, M.S., (Ophthalmology)

RMC Reg. No. : 021537

डॉ. शर्वा पण्ड्या

चरिष्ठ नेत्र रोग विशेषज्ञ सर्जन

Poonam Bansal

514/F

23/12/23

clo - For eye check up

DVUR 6/9P
6/12P

NUR N/18
N/18

Colour vision -

Acc < + 0.50 DS 6/c
+ 0.50 OS 6/c

total + 2.25 N/6

Sharva
DR. SHARVA PANDYA,
MBBS, MS (OPHTH.)
RMC : 021537 (MBBS) 007516 (MS.)
JAI DRISHTI EYE HOSPITAL
UDAIPUR (RA.)

चित्रकूट नगर, उदयपुर में हमारी
नेत्र चिकित्सा सेवाएं शीघ्र उपलब्ध होगी।

Cosmetology Partner :

Jai Drishti Eye Hospital, 23A, Residency Road, Opp. Equitas Bank, Sardarpura, Udaipur

जय दृष्टि आई हॉस्पिटल, 23-ए, रेजीडेंसी रोड, एक्विटास बैंक के सामने, सरदारपुरा, उदयपुर

VIBRA
COSMETOLOGY

9122046291



Summary

KSHIPRA SCANS & LABS

ZB COURT CHOURAHA UDAIPUR

2303102247/POONAM AGARWAL

Date: 23-Dec-2023 03:09:14 PM

31 Yrs/Male

64 Kg/0 Cms

Ref By :
Medication :
Objective :

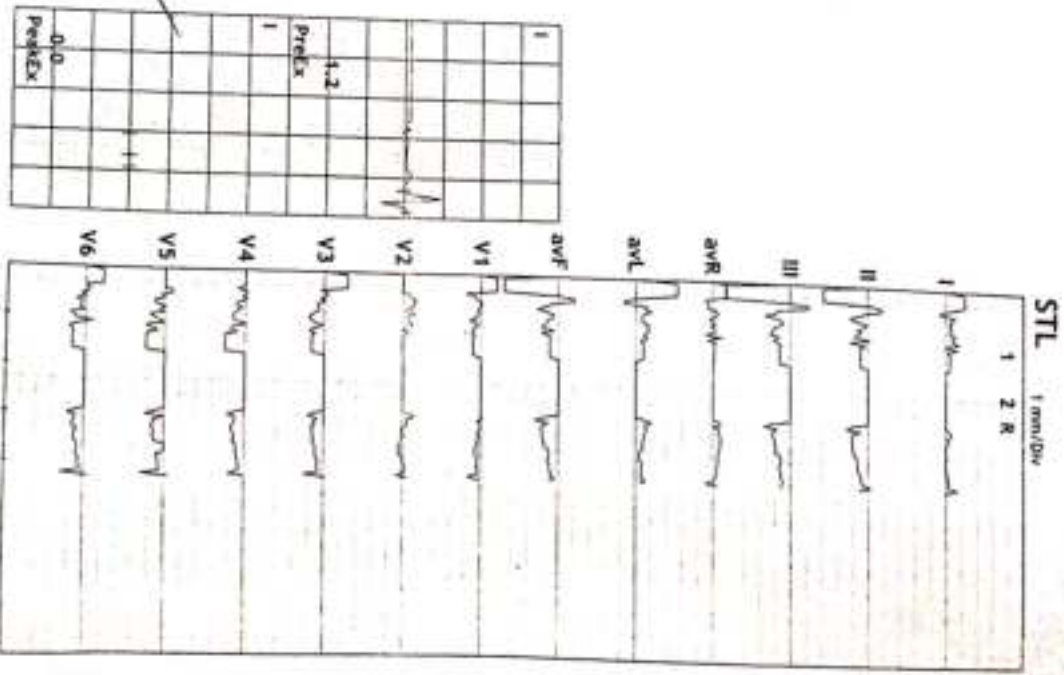
Protocol : BRUCE
History :

Stage	StageTime (min:Sec)	PhaseTime (min:Sec)	Speed (mph)	Grade (%)	METS	H.R. (bpm)	B.P. (mmHg)	R.P.P. (x100)	PVC	Comments
Supine					1.0	72	130/80	93	-	
Standing					1.0	68	130/80	88	-	
ExStart					1.0	68	130/80	88	-	
Stage 1	3:00	3:01	1.7	10.0	4.7	138	140/84	193	-	
Stage 2	3:00	6:01	2.5	12.0	7.1	139	150/88	208	-	
PeakEx	1:00	6:59	3.4	14.0	8.1	139	150/88	208	-	
Recovery	1:00		0.0	0.0	1.2	138	150/88	207	-	
Recovery	3:00		0.0	0.0	1.0	96	130/80	124	-	
Recovery	5:00		0.0	0.0	1.0	102	130/80	132	-	

Findings :

Exercise Time : 6:59 minutes
 Max HR attained : 139 bpm 74% of Max Predictable HR 189
 Max BP : 150/88(mmHg)
 Workload attained : 8.1 (Fair Effort Tolerance)
 No significant ST segment changes noted during exercise or recovery.
 No Angina/Arrhythmia/S3/murmur
 Final Impression : Test is negative for inducible ischaemia.
 Maximum Depression: 0:29

*Inconclusive
 THR Not Achieved*





12 Lead + Comparison

KSHIPRA SCANS & LABS

2B COURT CHOURAHA UDAIPUR

2301102247/POONAM AGRAWAL/bpm
31 Yrs/Male
64 Kg/0 Cms

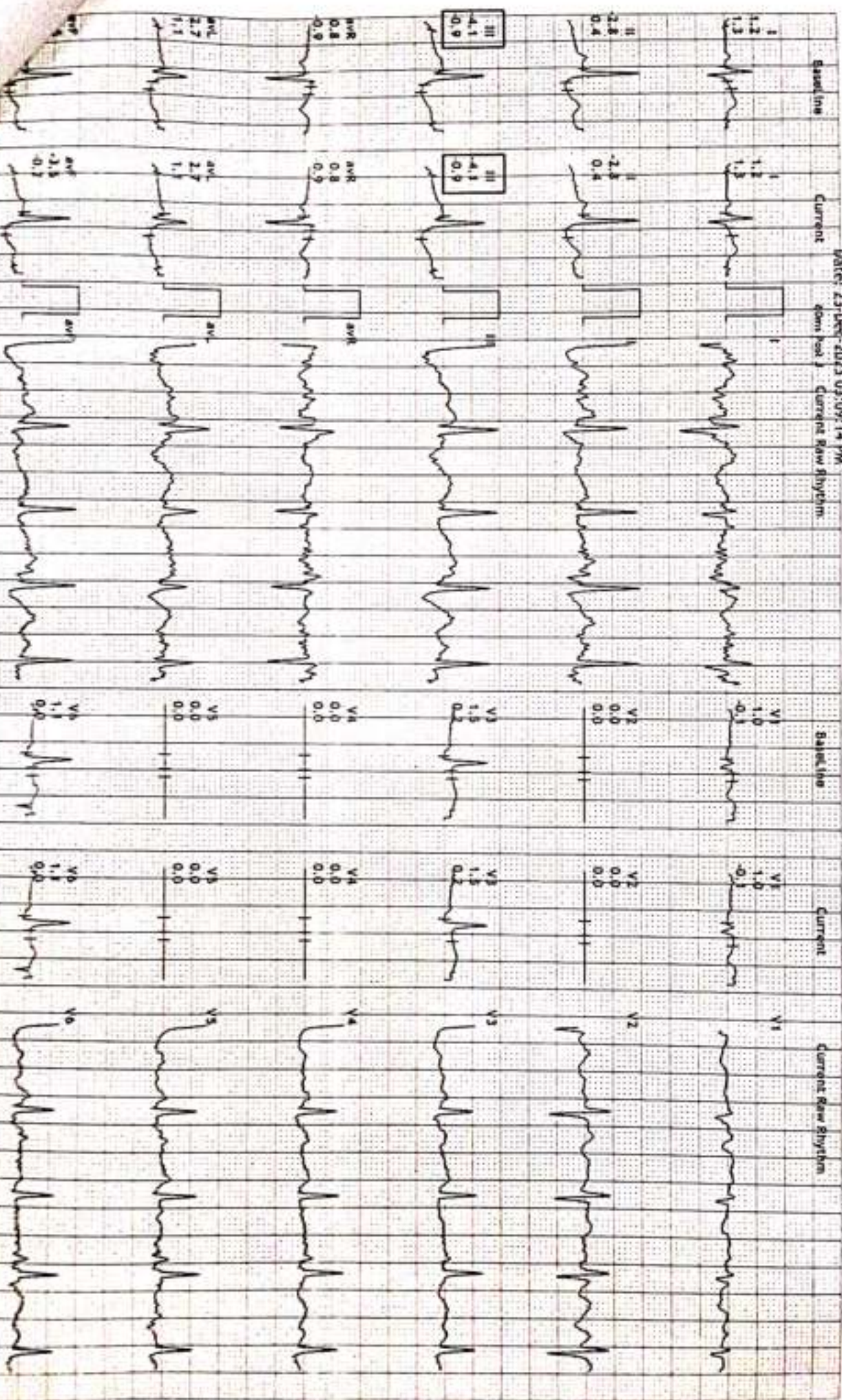
METS: 1.0
BP: 130/80

Raw ECG
BRUCE
(1.0-100)Hz

Ex Time 00:46
BLC :On
Notch :On

SUPINE
10.0 mm/mV
25 mm/Sec.

Date: 23-Dec-2023 03:09:14 PM





12 Lead + Comparison

2303102247/POONAM AGGARWAL
31 Yrs/Male
64 Kg/0 Cms

BP: 130/80

Date: 23-Dec-2023 09:09:14 PM

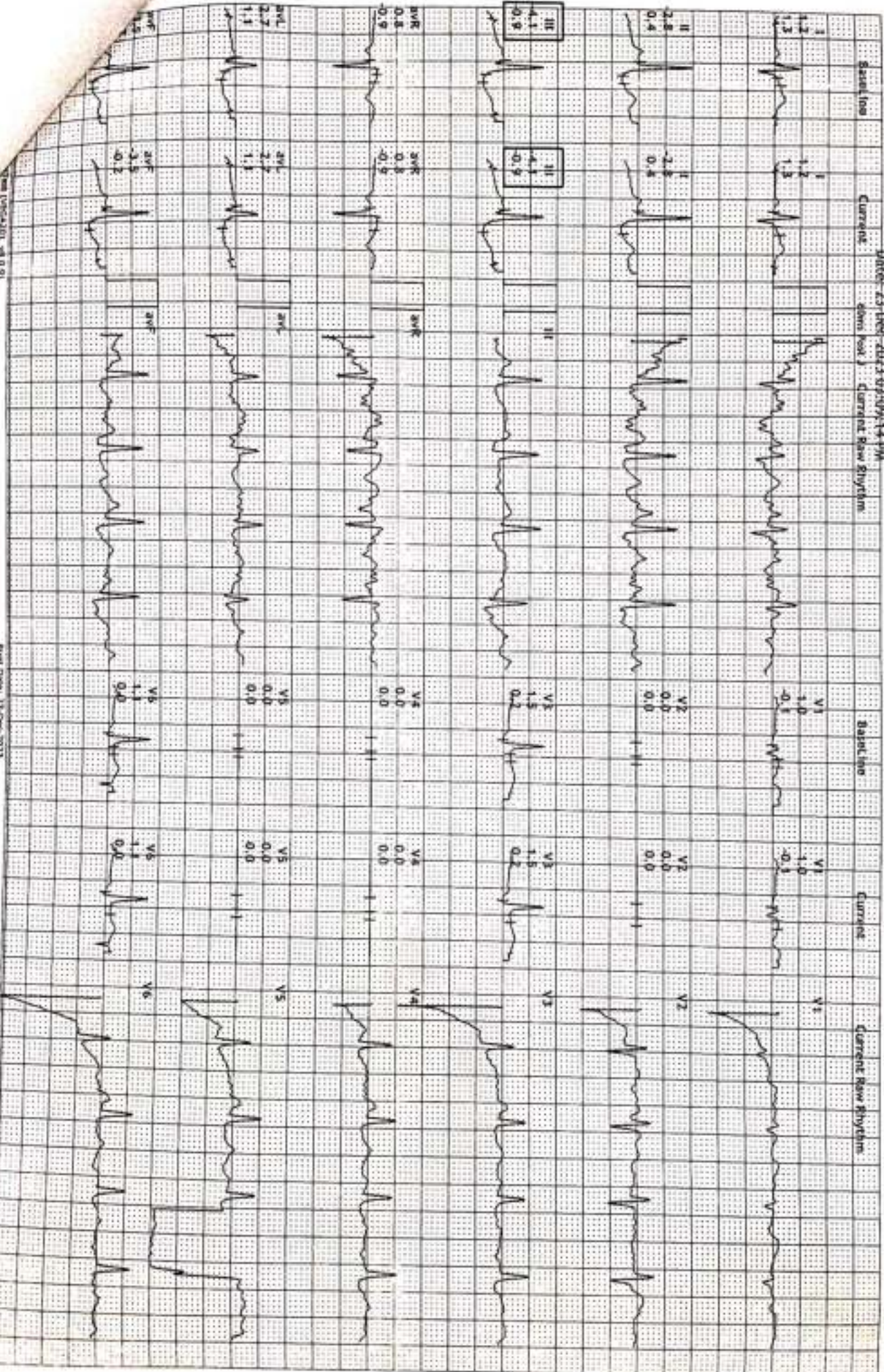
MHR: 35% of 189
Speed: 1.1 mph
Grade: 0.0%

KSHIPRA SCANS & LABS
2B COURT CHOURAHA UDAIPUR

Raw ECG
BRUCE
(1.0-100)Hz

Ex Time 00:49
BLC : On
Notch : On

STANDING
10.0 mm/mV
25 mm/Sec.





12 Lead • Comparison

KSHIPRA SCANS & LABS

2B COURT CHOURAHA UDALPUR

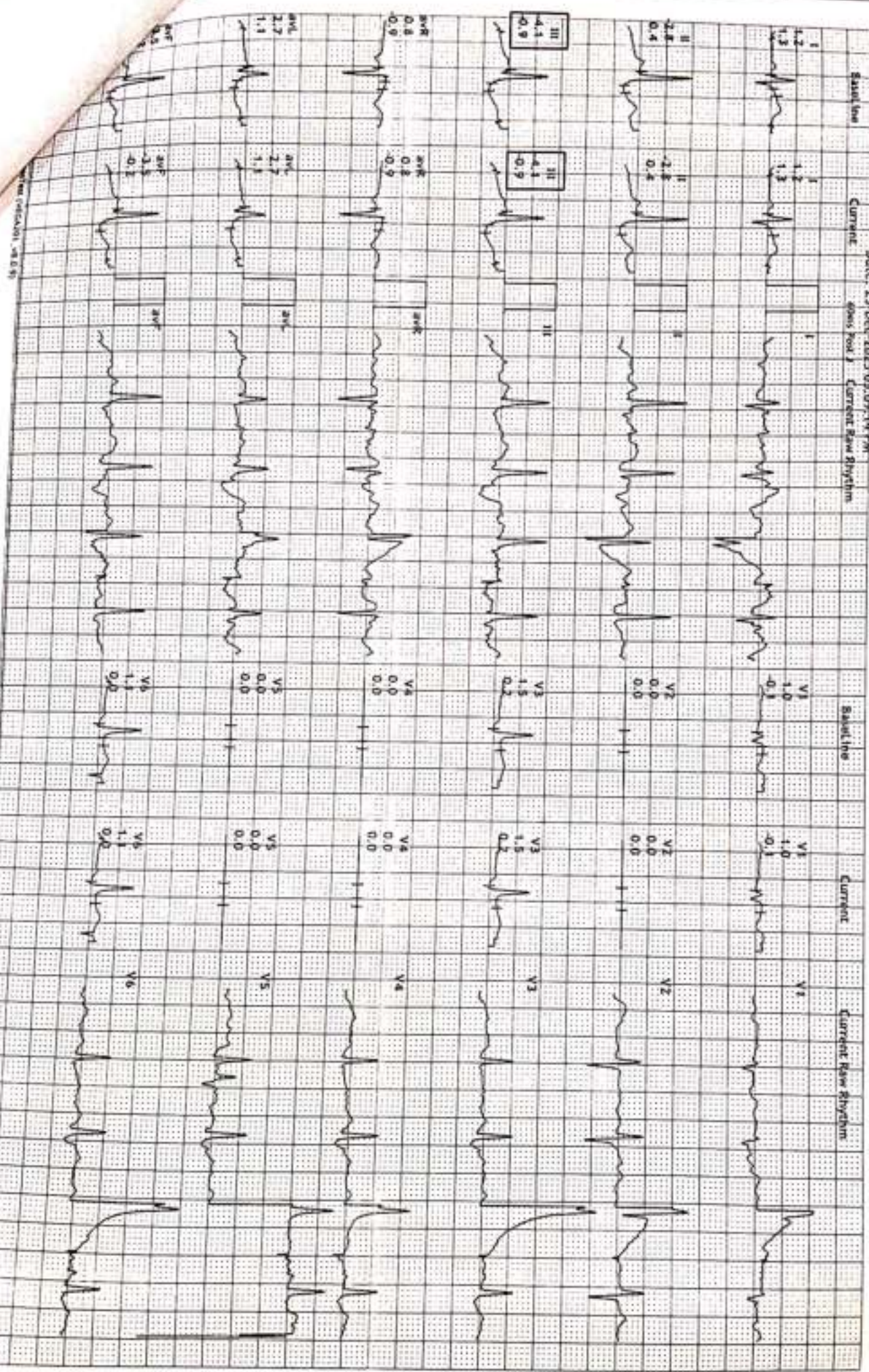
2303102247/POONAM AGARWAL/10pm
31 Yrs/Male
64 Kg/0 Cms
Date: 23-Dec-2023 03:09:14 PM

APHR: 35% of 189
Speed: 0.0 mph
Grade: 0.0%

Raw ECG
BRUCE
(1.0-100)Hz

Ex Time 00:00
BLC :On
Notch :On

ExStt
10.0 mm/mV
25 mm/Sec.





12 Lead + Comparison

KSHIPRA SCANS & LABS
2B COURT CHOURAHA UDAIPUR

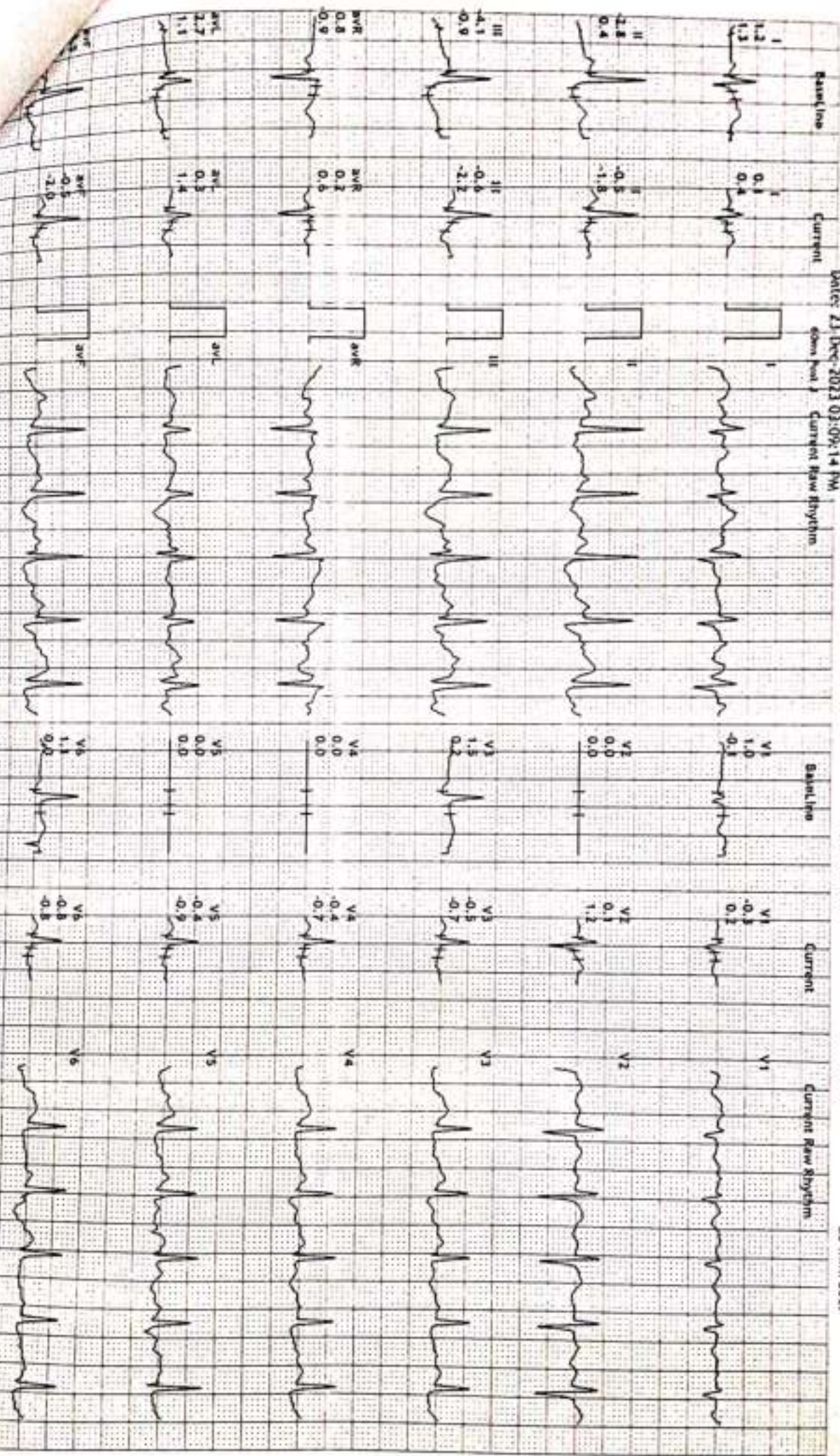
2303102247/PONNAM AGHRIYAS bpm
31 Yrs/Male METS: 4.7
64 kg/0 cms BP: 140/84
Date: 23-Dec-2023 03:09:14 PM

MPHR: 73% of 189
Speed: 1.7 mph
Grade: 10.0%

Raw ECG
BRUCE
11.0-100/Hz

Ex Time 03:00
BLC :On
Notch :On

Stage 1 (03:00)
10.0 mm/mV
25 mm/Sec.



Print Date: 23-Dec-2023

Print Date: 23-Dec-2023



12 Lead + Comparison

2303102247/POONAM AGRIWAL bpm
31 Yrs/Male METS: 7.1
64 Kg/0 Cms BP: 150/88

MHR: 73% of 189
Speed: 2.5 mph
Grade: 12.0%

KSHIPRA SCANS & LABS
2B COURT CHOURAHA UDAIPUR

Raw ECG
BRUCE
(1.0-100)Hz

Ex Time 06:00
BLC :On
Notch :On

Stage 2 (03:00)
10.0 mm/mV
25 mm/Sec.

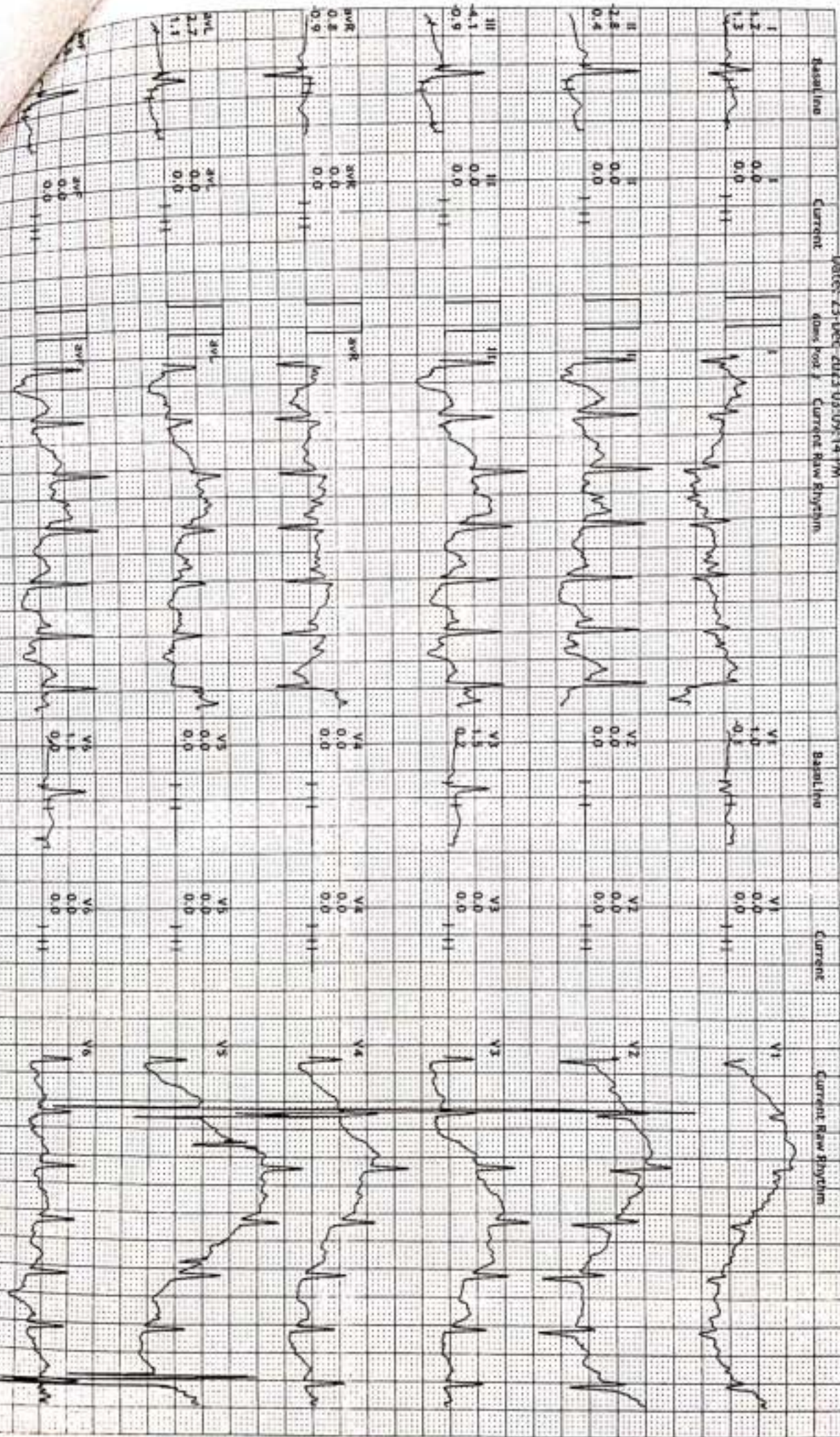
Pacer: 23-Dec-2023 03:09:14 PM

down box / Current Raw Rhythm

Baseline

Current

Current Raw Rhythm





12 Lead + Comparison

KSHIPRA SCANS & LABS
2B COURT CHOURAHA UDAIPUR

2303102247/POONAM AGRAWAL 189 bpm
31 Yrs/Male METS: 8.1
64 Kg/0 Cms BP: 150/88
Date: 23-Dec-2023 03:09:14 PM
6cm Post J

MPHR: 73% of 189
Speed: 3.4 mph
Grade: 14.0%

Raw ECG
BRUCE
11.0-100/Hz

Ex Time 06:58
BLC: On
Notch: On

PeakEx
10.0 mm/mv
25 mm/Sec.





12 Lead + Comparison

KSHIPRA SCANS & LABS

ZB COURT CHOURAHA UDAIPUR

2303102247/PDOONAM AARRVWBU bpm
31 Yrs/Male METS: 1.0
64 Kg/0 Cms BP: 140/84

MPHR: 51% of 189
Speed: 0.0 mph
Grade: 0.0%

Raw ECG
BRUCE
(1.0-100)Hz

Ex Time 06:58
BLC :On
Notch :On

Recovery : (02:00)
10.0 mm/mv
25 mm/Sec.

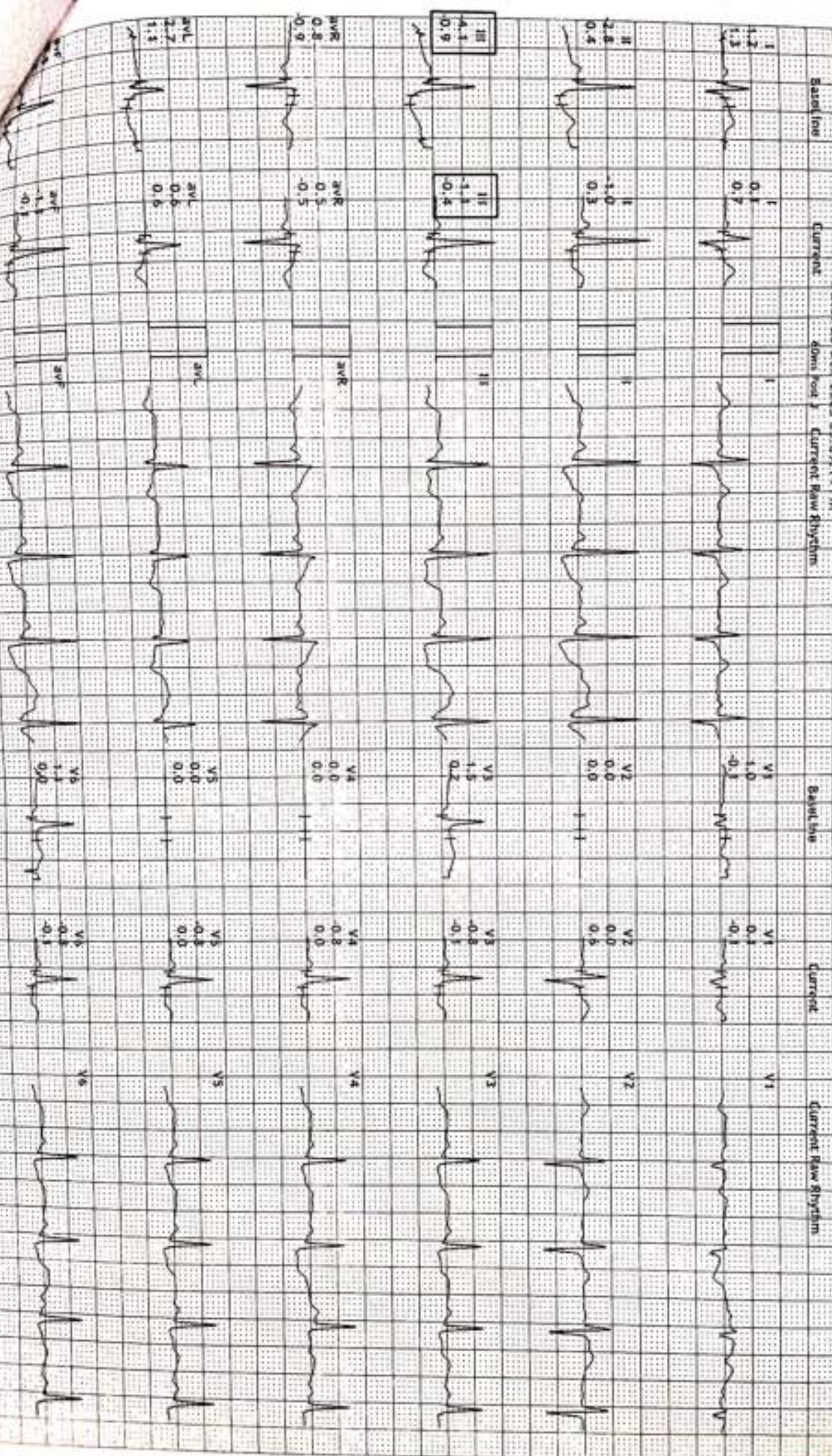
Pacer: 23-Dec-2023-03:09:14 PM

down lead 2 Current Raw Rhythm

Baseline

Current

Current Raw Rhythm





12 Lead + Comparison

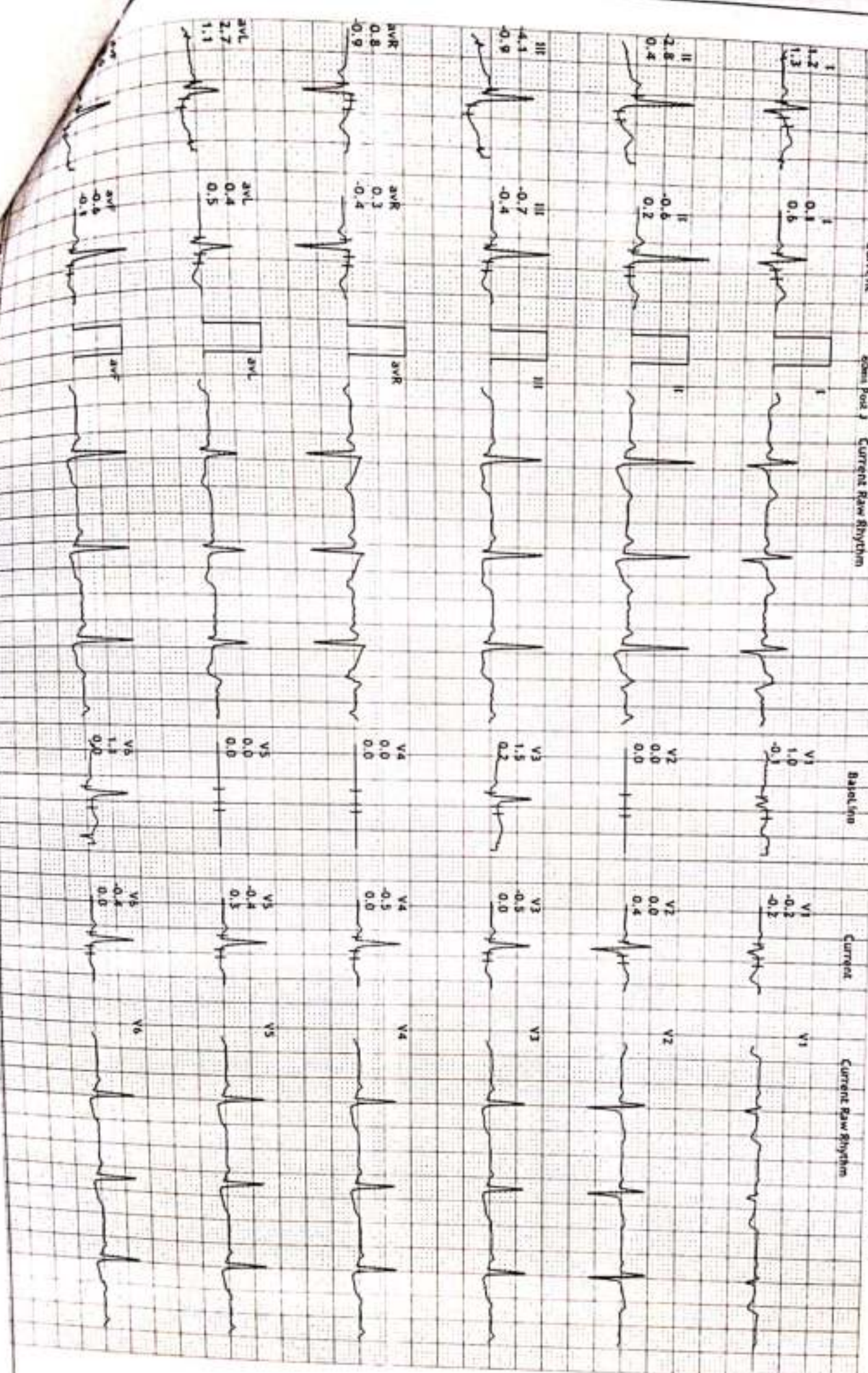
KSHIPRA SCANS & LABS
ZB COURT CHOURAHA UDAIPUR

2303102247/POONAM AGRAWAL bpm
31 Yrs/Male
64 Kg/10 Cms
Date: 23-Dec-2023 03:09:14 PM

MPHR: 53% of 189
Speed: 0.0 mph
Grade: 0.0%

Raw ECG
BRUCE
(1.0-100)Hz
Ex Time 06:58
BLC : On
Notch : On

Recovery : (04:00)
10.0 mm/mV
25 mm/Sec.



Name	: Poonam bansal	Age	: 31Yrs. / F
Thanks To	: Mediwheel wellness	Date	: 23/12/2023

ULTRASOUND STUDY OF WHOLE ABDOMEN

LIVER:

Liver is normal in size, shape & echotexture. No focal mass lesion is seen. Intra hepatic biliary radicles are normal. Portal vein is normal in caliber.

GALL BLADDER :

Gall bladder is well distended. The wall thickness appears normal. No evidence of calculus or mass lesion is seen. C.B.D. appears normal.

PANCREAS :

Pancreas is normal in size, shape & echotexture. No focal mass lesion is seen.

SPLEEN :

Spleen is normal in size, shape & echotexture. No focal mass lesion is seen.

BOTH KIDNEYS :

Both kidneys are normal in size, shape & echotexture. Renal parenchyma appears normal. No evidence of hydronephrosis, calculus or cortical scarring is seen in either kidney.

Right kidney measures : 9.1x4.0 cms.

Left kidney measures : 9.6x 4.0 cms.

URINARY BLADDER :

Urinary bladder is well distended and appears normal in contour. The wall thickness appears normal.

UTERUS :

Uterus is AVAF, normal in size, shape and echotexture. It measures 7.4 x 5.6 x 4.5 cms. Endometrial appears normal and measures 8.4 mm.

BOTH OVARIES :

There is a cyst measuring 32x22mm seen in right ovary with internal septation.

Left ovary is normal in size, shape and echotexture.

Left ovary measures: 3.4 x 1.6 cms.

No obvious abdominal lymphadenopathy is seen.

No free fluid is seen in peritoneal cavity.

OPINION:

- Right ovarian hemorrhagic cyst.


Dr Bharat Jain
MD (Radio-Diagnosis)
Consultant Radiologist

(This report is not valid for any Medico-legal purpose)
ENCL:- PCPNDT Registration Certificate is printed on the back side of this report.



TEST REPORT

Reg. No : 2312100808
Name : POONAM BANSAL
Age/Sex : 31 Years / Female
Ref. By :
Client : MEDIWHEEL WELLNESS

Reg. Date : 23-Dec-2023
Collected On : 23-Dec-2023 09:43
Approved On : 23-Dec-2023 18:29
Printed On : 24-Dec-2023 12:54

<u>Parameter</u>	<u>Result</u>	<u>Unit</u>	<u>Reference Interval</u>
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KIDNEY FUNCTION TEST

UREA <i>(Urease & glutamate dehydrogenase)</i>	22.3	mg/dL	10 - 50
Creatinine <i>(Jaffe method)</i>	0.68	mg/dL	0.5 - 1.2
Uric Acid <i>(Enzymatic colorimetric)</i>	4.6	mg/dL	2.5 - 7.0

----- End Of Report -----



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Ref. By :
Client : MEDIWHEEL WELLNESS

Reg. Date : 23-Dec-2023
Collected On : 23-Dec-2023 09:43
Approved On : 23-Dec-2023 10:08
Printed On : 24-Dec-2023 12:54

Parameter	Result	Unit	Reference Interval
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COMPLETE BLOOD COUNT (CBC)

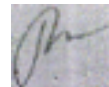
SPECIMEN: EDTA BLOOD

Hemoglobin	12.3	g/dL	12.0 - 15.0
RBC Count	4.18	million/cmm	3.8 - 4.8
Hematocrit (PCV)	39.5	%	40 - 54
MCH	29.4	Pg	27 - 32
MCV	94.5	fL	83 - 101
MCHC	31.1	%	31.5 - 34.5
RDW	15.4	%	11.5 - 14.5
WBC Count	5800	/cmm	4000 - 11000

DIFFERENTIAL WBC COUNT (Flow cytometry)

Neutrophils (%)	62	%	38 - 70
Lymphocytes (%)	32	%	20 - 40
Monocytes (%)	04	%	2 - 8
Eosinophils (%)	02	%	0 - 6
Basophils (%)	00	%	0 - 2
Neutrophils	3596	/cmm	
Lymphocytes	1856	/cmm	
Monocytes	232	/cmm	
Eosinophils	116	/cmm	
Basophils	0	/cmm	
Platelet Count (Flow cytometry)	121000	/cmm	150000 - 450000
MPV	11.9	fL	7.5 - 11.5

----- End Of Report -----





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Parameter

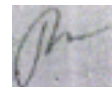
Result

BLOOD GROUP & RH

Specimen: EDTA and Serum; Method: Haemagglutination

ABO : 'O'
Rh (D) : Positive

----- End Of Report -----





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Approved On : 23-Dec-2023 18:30
Printed On : 24-Dec-2023 12:54

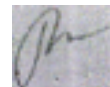
<u>Parameter</u>	<u>Result</u>	<u>Unit</u>	<u>Reference Interval</u>
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ERYTHROCYTE SEDIMENTATION RATE

ESR (After 1 hour)	10	mm/hr	0 - 21
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Modified Westergren Method

----- End Of Report -----





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Parameter	Result	Unit	Reference Interval
LIVER FUNCTION TEST			
Total Bilirubin <i>Colorimetric diazo method</i>	0.23	mg/dL	0.20 - 1.0
Conjugated Bilirubin <i>Sulph acid dpl/caff-benz</i>	0.09	mg/dL	0.0 - 0.3
Unconjugated Bilirubin <i>Sulph acid dpl/caff-benz</i>	0.14	mg/dL	0.0 - 1.1
SGOT <i>(Enzymatic)</i>	22.1	U/L	0 - 31
SGPT <i>(Enzymatic)</i>	23.6	U/L	0 - 31
Alakaline Phosphatase <i>(Colorimetric standardized method)</i>	78.5	U/L	42 - 141
<u>Protien with ratio</u>			
Total Protein <i>(Colorimetric standardized method)</i>	7.1	g/dL	6.5 - 8.7
Albumin <i>(Colorimetric standardized method)</i>	4.6	mg/dL	3.5 - 4.94
Globulin <i>Calculated</i>	2.50	g/dL	2.3 - 3.5
A/G Ratio <i>Calculated</i>	1.84		0.8 - 2.0

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Parameter	Result	Unit	Reference Interval
LIPID PROFILE			
Cholesterol <i>(Enzymatic colorimetric)</i>	123.6	mg/dL	Desirable : < 200.0 Borderline High : 200-239 High : > 240.0
Triglyceride <i>(Enzymatic colorimetric)</i>	168.5	mg/dL	Normal : < 150.0 Borderline : 150-199 High : 200-499 Very High : > 500.0
VLDL <i>Calculated</i>	33.70	mg/dL	15 - 35
LDL CHOLESTEROL	45.30	mg/dL	Optimal : < 100.0 Near / above optimal : 100-129 Borderline High : 130-159 High : 160-189 Very High : >190.0
HDL Cholesterol <i>Homogeneous enzymatic colorimetric</i>	44.6	mg/dL	30 - 85
Cholesterol /HDL Ratio <i>Calculated</i>	2.77		0 - 5.0
LDL / HDL RATIO <i>Calculated</i>	1.02		0 - 3.5



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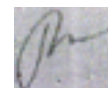
Parameter	Result	Unit	Reference Interval
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NEW ATP III GUIDELINES (MAY 2001), MODIFICATION OF NCEP<?xml:namespace prefix = "o" ns = "urn:schemas-microsoft-com:office:office" />

LDL CHOLESTEROL
CHOLESTEROL
HDL CHOLESTEROL
TRIGLYCERIDES
Optimal<100
Desirable<200
Low<40
Normal<150
Near Optimal 100-129
Border Line 200-239
High >60
Border High 150-199
Borderline 130-159
High >240
-
High 200-499
High 160-189
-
-
-

- LDL Cholesterol level is primary goal for treatment and varies with risk category and assesment
 - For LDL Cholesterol level Please consider direct LDL value
- Risk assessment from HDL and Triglyceride has been revised. Also LDL goals have changed.
- Detail test interpreation available from the lab
 - All tests are done according to NCEP guidelines and with FDA approved kits.
 - LDL Cholesterol level is primary goal for treatment and varies with risk category and assesment
- # For test performed on specimens received or collected from non-KSHIPRA locations, it is presumed that the specimen belongs to the patient named or identified as labeled on the container/test request and such verification has been carried out at the point generation of the said specimen by the sender.
KSHIPRA will be responsible Only for the analytical part of test carried out. All other responsibility will be of referring Laboratory.
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----- End Of Report -----





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HEMOGLOBIN A1 C ESTIMATION

Specimen: Blood EDTA

Hb A1C <i>Boronate Affinity with Fluorescent Quenching</i>	5.3	% of Total Hb	Poor Control : > 7.0 % Good Control : 6.2-7.0 % Non-diabetic Level : 4.3-6.2 %
---	-----	---------------	--

Mean Blood Glucose <i>Calculated</i>	111.38	mg/dL	
---	--------	-------	--

Degree of Glucose Control Normal Range:

Poor Control >7.0% *

Good Control 6.0 - 7.0 %**Non-diabetic level < 6.0 %

* High risk of developing long term complication such as retinopathy, nephropathy, neuropathy, cardiopathy,etc.

* Some danger of hypoglycemic reaction in Type I diabetics.

* Some glucose intolerant individuals and "subclinical" diabetics may demonstrate HbA1c levels in this area.

EXPLANATION :-

*Total haemoglobin A1 c is continuously synthesised in the red blood cell through its 120 days life span. The concentration of HbA1c in the cell reflects the average blood glucose concentration it encounters.

*The level of HbA1c increases proportionately in patients with uncontrolled diabetes. It reflects the average blood glucose concentration over an extended time period and remains unaffected by short-term fluctuations in blood glucose levels.

*The measurement of HbA1c can serve as a convenient test for evaluating the adequacy of diabetic control and in preventing various diabetic complications. Because the average half life of a red blood cell is sixty days, HbA1c has been accepted as a measurement which reflects the mean daily blood glucose concentration, better than fasting blood glucose determination, and the degree of carbohydrate imbalance over the preceding two months.

*It may also provide a better index of control of the diabetic patient without resorting to glucose loading procedures.

HbA1c assay Interferences:

*Erroneous values might be obtained from samples with abnormally elevated quantities of other Haemoglobins as a result of either their simultaneous elution with HbA1c(HbF) or differences in their glycation from that of HbA(HbS)

----- End Of Report -----



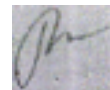
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<u>Parameter</u>	<u>Result</u>	<u>Unit</u>	<u>Reference Interval</u>
Fasting Blood Sugar (FBS) <i>Hexokinase Method</i>	87.2	mg/dL	70 - 110
Post Prandial Blood Sugar (PPBS) <i>Hexokinase Method</i>	101.4	mg/dL	70 - 140

----- End Of Report -----





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Reg. Date : 23-Dec-2023
Collected On : 23-Dec-2023 09:43
Approved On : 23-Dec-2023 18:29
Printed On : 24-Dec-2023 12:54

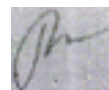
Parameter	Result	Unit	Reference Interval
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THYROID FUNCTION TEST

T3 (Triiodothyronine) <i>Chemiluminescence</i>	1.02	ng/mL	0.87 - 1.78
T4 (Thyroxine) <i>Chemiluminescence</i>	8.98	µg/dL	5.89 - 14.9
TSH (ultra sensitive) <i>Chemiluminescence</i>	3.687	µIU/ml	0.34 - 5.6

SUMMARY The hypophyseal release of TSH (thyrotropic hormone) is the central regulating mechanism for the biological action of thyroid hormones. TSH is a very sensitive and specific parameter for assessing thyroid function and is particularly suitable for early detection or exclusion of disorders in the central regulating circuit between the hypothalamus, pituitary and thyroid. **LIMITATION** Presence of autoantibodies may cause unexpected high value of TSH

----- End Of Report -----





TEST REPORT

Reg. No : 2312100808
Name : POONAM BANSAL
Age/Sex : 31 Years / Female
Ref. By :
Client : MEDIWHEEL WELLNESS

Reg. Date : 23-Dec-2023
Collected On : 23-Dec-2023 09:43
Approved On : 23-Dec-2023 11:11
Printed On : 24-Dec-2023 12:54

Parameter	Result	Unit	Reference Interval
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URINE ROUTINE EXAMINATION

PHYSICAL EXAMINATION

Quantity : 20 cc
Colour : Pale Yellow
Appearance : Clear

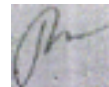
CHEMICAL EXAMINATION (BY REFLECTANCE PHOTOMETRIC METHOD)

pH	6.0	5.0 - 8.0
Sp. Gravity	1.010	1.002 - 1.03
Protein	Nil	
Glucose	Nil	
Ketone Bodies	Nil	
Urine Bile salt and Bile Pigment	Nil	
Urine Bilirubin	Nil	
Nitrite	Nil	
Leucocytes	Nil	
Blood	Nil	

MICROSCOPIC EXAMINATION (MANUAL BY MCIROSCOPY)

Leucocytes (Pus Cells)	Nil
Erythrocytes (Red Cells)	Nil
Epithelial Cells	1-2/hpf
Amorphous Material	Nil
Casts	Nil
Crystals	Nil
Bacteria	Nil
Monilia	Nil

----- End Of Report -----





TEST REPORT

Reg. No : 2312100808
Name : POONAM BANSAL
Age/Sex : 31 Years / Female
Ref. By :
Client : MEDIWHEEL WELLNESS

Reg. Date : 23-Dec-2023
Collected On : 23-Dec-2023 09:43
Approved On : 23-Dec-2023 18:29
Printed On : 24-Dec-2023 12:54

Parameter	Result	Unit	Reference Interval
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STOOL EXAMINATION

Colour	Yellow
Consistency	Semi Solid

CHEMICAL EXAMINATION

Occult Blood	Negative
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Peroxidase Reaction with o-Dianisidine

Reaction	Acidic
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pH Strip Method

Reducing Substance	Absent
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Benedict's Method

MICROSCOPIC EXAMINATION

Mucus	Nil
Pus Cells	1 - 2/hpf
Red Cells	Nil
Epithelial Cells	Nil
Vegetable Cells	Nil
Trophozoites	Nil
Cysts	Nil
Ova	Nil
Neutral Fat	Nil
Monilia	Nil

Note: Stool occult blood test is highly sensitive to peroxidase like activity of free hemoglobin.

False negative: False negative occult blood test may be observed in case of excess (>250mg/day) Vitamin C intake and in case of occasional unruptured RBCs.

False positive: False positive occult blood test may be observed in stool samples containing vegetable peroxidase (turnips, horseradish, cauliflower, broccoli, cantaloupe, parsnips) and myoglobin from food (meat diet) intake.

----- End Of Report -----

