

LETTER OF APPROVAL / RECOMMENDATION

To,

The Coordinator,  
Mediwheel (Arcofemi Healthcare Limited)  
Helpline number: 011- 41195959

Dear Sir / Madam,

**Sub: Annual Health Checkup for the employees of Bank of Baroda**

This is to inform you that the following employee wishes to avail the facility of Cashless Annual Health Checkup provided by you in terms of our agreement.

PARTICULARS	EMPLOYEE DETAILS
NAME	MR. VERMA HARIKESH
EC NO.	103165
DESIGNATION	HEAD CASHIER "E" _II
PLACE OF WORK	AMETHI
BIRTHDATE	02-12-1988
PROPOSED DATE OF HEALTH CHECKUP	30-03-2024
BOOKING REFERENCE NO.	23M103165100107606E

This letter of approval / recommendation is valid if submitted along with copy of the Bank of Baroda employee id card. This approval is valid from **30-03-2024** till **31-03-2024** The list of medical tests to be conducted is provided in the annexure to this letter. Please note that the said health checkup is a **cashless facility** as per our tie up arrangement. We request you to attend to the health checkup requirement of our employee and accord your top priority and best resources in this regard. The EC Number and the booking reference number as given in the above table shall be mentioned in the invoice, invariably.

We solicit your co-operation in this regard.

Yours faithfully,

Sd/-

**Chief General Manager**  
**HRM Department**  
**Bank of Baroda**

  
**Dr. J.P. SINGH**  
M.D.(Medicine) FACP (USA)  
Director & Consultant Physician  
JPK Clinic & Diagnostics  
(A Unit of JPK Hospitals & Trauma Center Pvt.Ltd.)

(Note: This is a computer generated letter. No Signatures required. For any clarification, please contact Mediwheel (Arcofemi Healthcare Limited))


**भारत सरकार**  
**GOVERNMENT OF INDIA**


**हरिकेश**  
**Harikesh**  
**DOB: 02-12-1988**  
**Gender: Male**



**7301 0815 1001**

**आधार - आम आदमी का अधिकार**

*Handwritten signature*


**भारतीय विशिष्ट पहचान प्राधिकरण**  
**UNIQUE IDENTIFICATION AUTHORITY OF INDIA**

**1/0 राम अंजोर, बिरहरी सहाजपुर**  
**अमथ, अमथी, सुल्तानपुर**  
**227405**

**Address**  
**1/0 Ram Anjor, Bhitabari**  
**Sahajpur Thengsha, Amethi,**  
**Amethi, Sultanpur, Uttar Pradesh,**  
**227405**



 1800 301 1947  help@uidai.gov.in  www.uidai.gov.in  P.O. Box No. 1947, Bhubaneswar-751 001

**Dr. J.P. SINGH**  
**M.D. (Medicine) F.M.P. (USA)**  
**Director & Consultant Physician**  
**JPK Clinic & Diagnostics**  
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*HARIKESH VERMA*

**Dr. J.P. SINGH**  
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Director & Consultant Physician  
JPK Clinic & Diagnostics  
(A Unit of JPK Hospital & Trauma Center Pvt. Ltd.)

MR MOH KISHU VERMA

Age 35/M

13.04.2024 8:56:33  
JPK CLINIC AND DIAGNOSTICS  
NORMAL COMPOUND SUPERF MARKET  
SULTANPUR

Assw CC

Location:  
Room:  
Order Number:  
Indication:  
Medication 1:  
Medication 2:  
Medication 3:

Technician:  
Ordering Ph: DR. J. P. SINGH  
Referring Ph:  
Attending Ph:

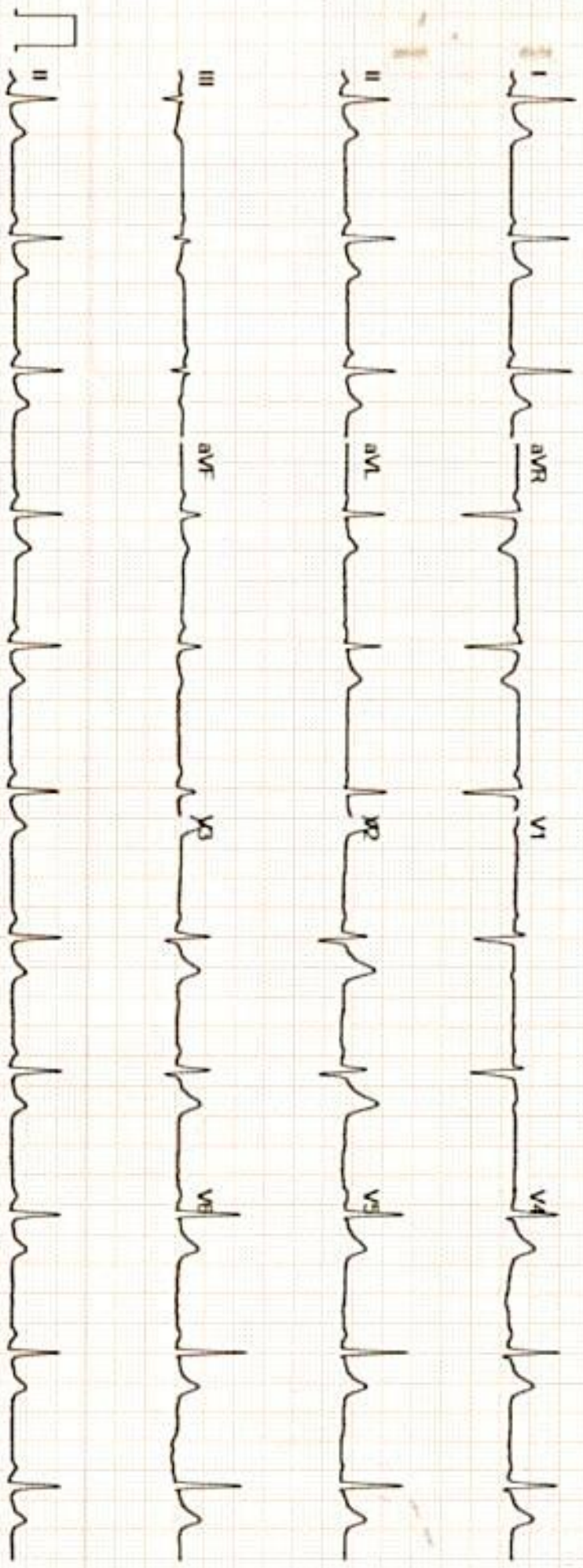
QRS : 80 ms  
QT / QTcBaz : 360 / 371 ms  
PR : 134 ms  
P : 98 ms  
RR / PP : 930 / 937 ms  
P / QRS / T : 57 / 26 / 18 degrees

Normal sinus rhythm  
Normal ECG

*Handwritten signature*

64 bpm  
- / - mmHg

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GE MAC2000 1.1 12SL™ V241 25 mm/s 10 mm/mV ADS 0.50-20 Hz 50 Hz 4x2.5x3\_25\_R1 1/1

Unconfirmed



सर्वे सन्तु निरामया

# राज डायग्नोस्टिक एण्ड मेडीकेयर

डिजिटल एक्सरे, पैथॉलाजी, अल्ट्रासाउण्ड, ई.सी.जी.

ठाकुर प्रसाद काम्प्लेक्स, निकट NY माल, गल्ला मण्डी मोड़, जिला अस्पताल रोड-सुलतानपुर

Report No : 40,490  
 Patient Name : Mr. HARIKESH VERMA  
 Age (Y-M-D) : 35 - 0 - 0  
 Sex : Male  
 Referred By : Dr. J.P Singh MD.



Bill No. / Day Sr.: 13-Apr-24 12  
 Receiving Date : 13-Apr-24 12  
 Reporting Date :

## ULTRASONOGRAPHIC FINDINGS OF WHOLE ABDOMEN MALE.

- LIVER** : Liver show enlarged in size 165 MCL with generalized enhancement of echotexture intrahepatic vascular and biliary landmark are adequately seen.No S.O.L./ L.H.B.R.D. seen. I.V.C. , portal vein and hepatic vein are normal.
- GALL BLADDER** : Gall bladder is normal in distension & shows echofree lumen. Wall thickness is within normal limit. No obvious GB calculus / sludgeness noted.
- PV/CBD** : Portal vein and CBD are normal in their course and calibre.
- PANCREAS** : Pancreas is normal in size, contous & echotexture.
- SPLEEN.** : Spleen is normal in size and echogenicity.  
No focal or diffuse mass lesion seen.
- KIDNEYS** : Both kidneys are normal in size, contour and echopattern. Cortico medullary differentiation is normally preserved. No calculus or mass lesion is seen.No hydronephrosis is seen.
- URETER** : B/L ureters are normally visualized.
- U.BLADDER** : Urinary Bladder is normal in wall thickness with evidence of anechoic lumen. No calculi or mass lesion seen.
- PROSTATE** : Prostate is normal in size,shape & echo-texture .
- POST VOID** : Not done.
- BOWEL** : Gaseous Bowel loops are normal in calibre & wall thickness.No dilated loops are seen.No ascitis or fluid collection seen in abdominal cavity.  
No obvious lymphadenopathy noted.
- IMPRESSION** : **FATTY LIVER WITH HEPATOMEGALY**

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Dr. Amit Kumar  
 M.B.B.S. MS  
 Reg.No.-79176

Dr. Amit Kumar  
 (Sonologist.)

Timings : 8.30 AM to 7.30 PM, Sunday, 9.00 AM to 2.00 PM.

This is Profession opinion clinicians are requested to correlate pathological finding with clinical feature.

If there is any doubt please repeat test free of cost.

{ NOT FOR MEDICO LEGAL PURPOSE }





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ठाकुर प्रसाद काम्प्लेक्स, निकट NY माल, गल्ला मण्डी मोड़, जिला अस्पताल रोड-सुलतानपुर

Report No : 40,552  
 Patient Name : Mr. HARIKESH VERMA  
 Age (Y-M-D) : 35 - 0 - 0  
 Sex : Male  
 Referred By : Dr. J.P Singh MD.



Bill No. / Day Sr.: 4/13/2024 12  
 Receiving Date : 4/13/2024 12  
 Reporting Date :

## X-RAY CHEST P.A.

TRACHEA- : Trachea is central,  
 CARDIAC SHADOW- : The cardiac size and silhouette is normal.  
 ANGLES- : Both costophrenic angles are clear.  
 PARENCHYMA- : Both lung fields are clear & have normal volume bronchovascular pattern.  
 C / T RATIO- : Normal  
 MEDIASTINUM- : no mediastinal shift is seen.  
 DOME OF DIAPHRAGM- : Both domes of the diaphragm are normal in position, outline & curvature.  
 IMPRESSION- : NORMAL FINDING

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 (Sonologist.)



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**INVESTIGATION**

**RESULT**

**REFERENCE RANGE**

INVESTIGATION	RESULT	REFERENCE RANGE
<b>BIO-CHEMISTRY</b>		
LRN-006026 <b>Post Prandial Blood Glucose</b> Observation	<b>Post Prandial Blood Glucose</b> 138.0 mg/dL	90 - 140 mg/dL
Sample Collection 13 Apr 2024 / 17:56 Result Approval 15 Apr 2024 / 15:17		
LRN-006028 <b>Glycosylated Haemoglobin</b>	<b>HbA1C</b> 4.7 %	4-6% - NON-DIABETIC 6-7% - GOOD CONTROL 7-8% - FAIR CONTROL >8% - ACTION SUGGESTED
Sample Collection 13 Apr 2024 / 17:56 Result Approval 15 Apr 2024 / 15:17		
LRN-006028 <b>Uric Acid</b> Observation	<b>Uric Acid</b> 5.4 mg/dL	Male 4.0-8.5 mg/dL Female: 2.7-7.3 mg/dL
Sample Collection 13 Apr 2024 / 17:56 Result Approval 15 Apr 2024 / 15:17		
LRN-006027 <b>Bilirubin Total</b>	<b>Liver Function Test (LFT)</b> 0.41 mg/dL	10.0 - 14.0 mg/dL 3-5 Days (Premature) 4.0 - 8.0 mg/dL 3-5 Days (Full Term) 0.0 - 1.0 mg/dL (Adult)
<b>Bilirubin Direct</b>	0.30 mg/dL	0.0 - 0.2 mg/dL
<b>Bilirubin Indirect</b>	0.11 mg/dL	0.0 - 0.8 mg/dL
<b>SGOT</b>	32.0 U/L	upto 40 U/L (Males) upto 32 U/L (Females)

*Rakesh*  
 Rakesh Sharma  
 Lab Technician

*Dr. SHIWANGI*  
 MBBS, DC (DNB)  
 Consultant Pathologist  
 (JPK Hospitals & Trauma Center Pvt. Ltd.)

This is an Electronically Generated Report. This report is based on the specimen's analysis. The report may need to be correlated clinically as laboratory.

**Facilities Available**

- ECG
- PFT
- Endoscopy
- Hematology
- Biochemistry
- Microbiology
- FNAC
- Histopathology
- Sample Collection from Home & Online Delivery of Reports
- ABP
- TMT
- Echocardiography
- Ultrasound

INVESTIGATION	RESULT	REFERENCE RANGE
SGPT	28.7 U/L	upto 41 U/L (Males) upto 33 U/L (Females)
Alkaline Phosphatase	86.9 U/L	UPTO 125 U/L
Total Protein	6.79 g/dL	6.0 - 8.0 g/dL
Albumin	4.14 g/dL	3.5 - 5.2 g/dL
Globulin	2.65 g/dL	1.5 - 3.0 g/dL
A/G	1.5	1 - 2
Sample Collection 13 Apr 2024 / 17:56 Result Approval 15 Apr 2024 / 15:17		
LRN-006026	<b>Gamma Glutamyl transferase (GGT)</b>	
GGT	25.2 U/L	5-36 U/L (Female) 8-61 U/L (Male)
Observation		
Sample Collection 13 Apr 2024 / 17:56 Result Approval 15 Apr 2024 / 15:17		
LRN-006025	<b>PSA Total</b>	
PSA TOTAL	0.12 ng/mL	<4.00 ng/mL
Observation		
Sample Collection 13 Apr 2024 / 17:56 Result Approval 15 Apr 2024 / 15:17		
LRN-006026	<b>Fasting blood sugar</b>	
Fasting Blood Sugar	107.0 mg/dL	70-110 mg/dl
Observation		
Sample Collection 13 Apr 2024 / 17:56 Result Approval 15 Apr 2024 / 15:17		
LRN-006027	<b>Blood Urea Nitrogen (BUN)</b>	
Blood Urea Nitrogen (BUN)	10.8 mg/dL	5-18 mg/dL Infant/Child

*Rakesh*

Rakesh Sharma  
Lab Technician

*Dr. SHIWANGI*  
 MBBS, DCP (DNT)  
 Consultant Pathologist  
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**JPK****CLINIC & DIAGNOSTICS**

(A unit of JPK Hospitals &amp; Trauma Center Pvt. Ltd.)

Super Market, Sultanpur -228 001 (U.P.)

Ph. : 05362 241192, 9196008963

www.jpkhospitals.com



Patient ID : JPKH-MRN-48997  
 Name : Mr. HARIKESH VERMA  
 Age/Gender : 35Y/M  
 Date/Time : 13-04-2024/17.56  
 Referred By : SELF

**INVESTIGATION****RESULT****REFERENCE RANGE**

Sample Collection 13 Apr 2024 / 17.56  
 Result Approval 15 Apr 2024 / 15.17

LRN-006026

**Serum Creatinine****Serum Creatinine**

0.8 mg/dL

6-20 mg/dL Adult  
 8-23 mg/dL Adult >60Yr

Male 0.9-1.3 mg/dL  
 Female 0.6-1.1 mg/dL

**Observation**

Sample Collection 13 Apr 2024 / 17.56  
 Result Approval 15 Apr 2024 / 15.17

LRN-006027

**Total Cholesterol****Lipid Profile**

168.4 mg/dL

Desirable < 200 mg/dL  
 Borderline 200-239 mg/dL  
 High > 240 mg/dL

**Triglycerides**

134.1 mg/dL

Normal < 150 mg/dL  
 Borderline High 150-199 mg/dL  
 High 200-499 mg/dL  
 Very high > 500 mg/dL

**HDL**

56.9 mg/dL

Low < 40 mg/dL  
 Normal 40 -60 mg/dL  
 High > 60 mg/dL

**LDL**

104.7 mg/dL

Optimal <100 mg/dL  
 Near Optimal 100-129 mg/dL  
 Borderline high 130-159 mg/dL  
 High 160-189 mg/dL  
 Very high >190 mg/dL

**VLDL**

26.8 mg/dL

15-30 mg/dL  
 Desirable < 20 mg/dL  
 Borderline High 21-39 mg/dL  
 High > 40 mg/dL

Rakesh Sharma  
 Lab Technician

Dr. SHIWANGI  
 MBBS, M.P. (D.N.B.)  
 Consultant Pathologist  
 JPK Clinics & Trauma Center Pvt. Ltd.

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# JPK

## CLINIC & DIAGNOSTICS

( A unit of JPK Hospitals & Trauma Center Pvt. Ltd. )

Super Market, Sultanpur -228 001 (U.P.)

Ph. : 05382 241192, 9196008963

www.jpkhospitals.com



Patient ID : JPKH-MRN-48997  
Name : Mr. HARIKESH VERMA  
Age/Gender : 35Y/M  
Date/Time : 13-04-2024/17:56  
Referred By : SELF

### INVESTIGATION

### RESULT

### REFERENCE RANGE

INVESTIGATION	RESULT	REFERENCE RANGE
TC/HDL Ratio	2.9	( Less than 5.0 )
LDL/HDL	1.8	UPTO 3.5

Sample Collection 13 Apr 2024 / 17:56

Result Approval 15 Apr 2024 / 15:17

Rakesh Sharma  
Lab Technician

Dr. SHIWANGI  
MBBS, DCP (DNB)  
Consultant Pathologist  
JPK Hospitals & Trauma Center Pvt. Ltd.

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Patient ID : JPKH-MRN-48997  
Name : Mr. HARIKESH VERMA  
Age/Gender : 35Y/M  
Date/Time : 13-04-2024/17:56  
Referred By : SELF

## INVESTIGATION

## RESULT

## REFERENCE RANGE

LPH-006025

**Blood Group**  
**RH Typing**  
**Observation**

### HAEMATOLOGY

**Blood grouping and Rh typing**

O  
POSITIVE (+)

Sample Collection 13 Apr 2024 / 17:56  
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LPH-006023

**Haemoglobin**

### Complete Blood Count

13.1 g/dL

13-18g/dL(>15yr Adult Male)  
12-15g/dL(>15yrAdult Female)

**WBC Count**  
**Differential Count**

4590

4000-11,000/cumm

**Neutrophils**  
**Lymphocytes**  
**Eosinophils**

53 %

40-75 %

33 %

20-45 %

08 %

01-08 %

**Monocytes**  
**Basophils**

06 %

02-10 %

00 %

00-01 %

**RBC Count**

4.34 million/cumm

4.5-6.0 million/cumm (Male)  
4.0-5.5 million/cumm (Female)

**PCV**

38.4 %

40-54 % (>15yr Adult Male)  
34-48 % (>15yr Adult Female)

**MCV**

88.4 fl

75-95 fl

**MCH**

30.1 pg

26-32 pg

**MCHC**

34.0 %

30-35%

**Platelet Count**

202000 cells/cumm

150000 - 400000 cells/cumm

**Mean Platelet Volume(MPV)**

12.2 fL

7.5-11.5 fL

**RDW-CV**

13.9 %

11-16 %

**RDW-SD**

46.7 %

35-56 %

**Observation**

Sample Collection 13 Apr 2024 / 17:56

*Rakish*

Rakish Sharma  
Lab Technician

Dr. SHIWANGI  
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**INVESTIGATION**

**RESULT**

**REFERENCE RANGE**

Result Approval 13 Apr 2024 / 15:17

LRN-006024

**Erythrocyte sedimentation Rate (ESR)**

**Erythrocyte sedimentation Rate (ESR)**

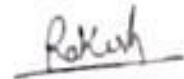
10 mm/hr

Male : 0 - 10 mm/hr

Female : 0 - 20 mm/hr

Observation

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Rakesh Sharma  
Lab Technician



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Name : Mr. HARIKESH VERMA  
Age/Gender : 35Y/M  
Date/Time : 13-04-2024/17:56  
Referred By : SELF

## INVESTIGATION

## RESULT

## REFERENCE RANGE

UPN-006C29

### Clinical Pathology

### URINE-ROUTINE/MICROSCOPY

#### PHYSICAL EXAMINATION

Quantity in ml : 20 ML  
Urine Color : PALE YELLOW  
Reaction : ACIDIC

#### CHEMICAL EXAMINATION

Leukocytes : NEGATIVE  
Nitrite : NEGATIVE  
Urobilinogen : NEGATIVE  
pH : 6.0  
Blood : NEGATIVE  
Sp.Gravity : 1.020  
Ketone : NEGATIVE  
Bilirubin : NEGATIVE  
Glucose : NEGATIVE  
Protein : NEGATIVE

#### MICROSCOPIC EXAMINATION

Epithelial Cells : 2-3/HIGH POWER FIELD  
RBC : NIL  
Pus Cells : 1-2/HIGH POWER FIELD  
Casts : NOT SEEN  
Crystals : NOT SEEN  
Observation :

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UPN-006C29 / 13-04-2024 / 17:56

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 Age/Gender : 35Y/M  
 Date/Time : 13-04-2024/17.56  
 Referred By : SELF

**INVESTIGATION****RESULT****REFERENCE RANGE****CHEMILUMINESCENCE IMMUNOASSAY****Thyroid Function Test (T3, T4, TSH)**

LRN-006030

INVESTIGATION	RESULT	REFERENCE RANGE
<b>T3</b>	1.05 ng/mL	0.69-2.15
<b>T4</b>	95.3 ng/mL	52-127
<b>TSH</b>	2.53 µIU/mL	21 weeks- 20 years: 0.7-6.4 µIU/mL 21-54 years: 0.4 - 4.2 µIU/mL 55- 87 years: 0.5 – 8.9 µIU/mL Pregnancy: 1st Trimester: 0.24 – 2.99 µIU/mL 2nd Trimester: 0.46 – 2.95 µIU/mL 3rd Trimester: 0.43 – 2.78 µIU/mL

Observation

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— End of Report —

Rakesh

Rakesh Sharma  
 Lab Technician

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JPK HOSPITAL AND TRAUMA CENTER

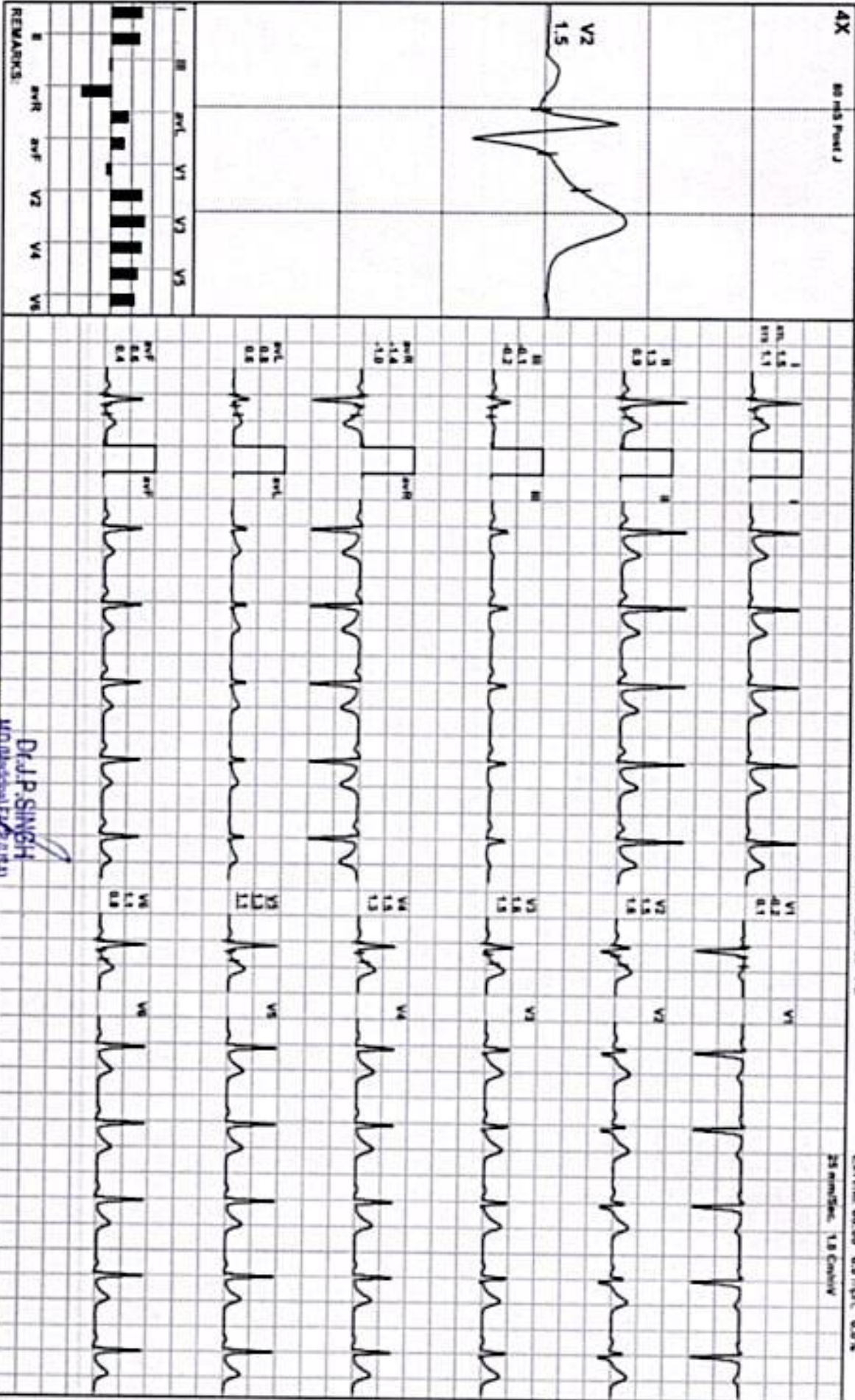
MR. HARIKESH VERMA / 35 Yrs / M / 164 Cms / 70 Kg / HR : 88

BRUCE: Supine(0:09)



Date: 13 - 04 - 2024 09:17:44 AM METS: 1.0/ 88 bpm 48% of THR BP: 127/83 mmHg Combined Meds/ B.C. On Watch QW HR: 0.05 HOLF: 35 Hz

EXTRN: 00:00 0.8 mpr, 6.0%  
25 mm/Sec, 1.8 Cm/Div



REMARKS:

Dr. J.P. SINGH

Director & Consultant Physician

JPK Clinic & Diagnostics

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ADX\_GEN:17220330/R/JA/engns

**JPK HOSPITAL AND TRAUMA CENTER**

MR. HARIKESH VERMA / 35 Yrs / M / 164 Cms / 70 Kg / HR : 82

BRUCE: Standing(0:11)



Date: 13 - 04 - 2024 09:17:44 AM

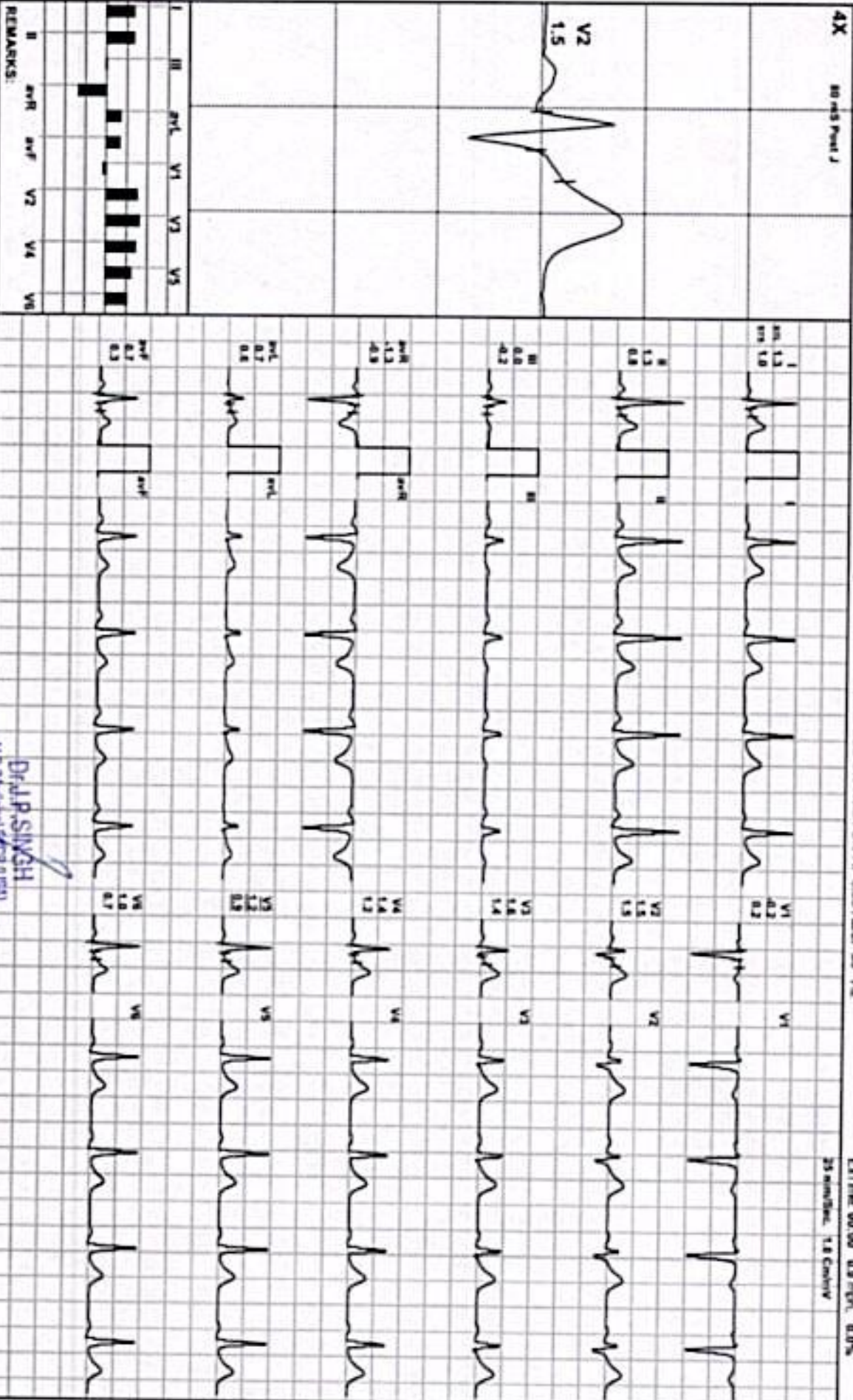
NETS: 1.0/ 0.2 from 44% of THR EP: 127/83 mmHg

Combined Mediana/ BLC On/ Natch On/ HF 0.05 HULF 35 Hz

EXTIME: 00:00 0.9 rpm, 8.0%

4X 80 ms Post J

35 mm/Sec, 1.8 Cm/Div



REMARKS:

**Dr. P. SINGH**  
MD (Medical) FC (USA)

Director & Consultant Physician

JPK Clinic & Diagnostics

JPK Hospital & Trauma Center (JPKH)

(ADX\_CEM2172200303xPjAbk0m3)



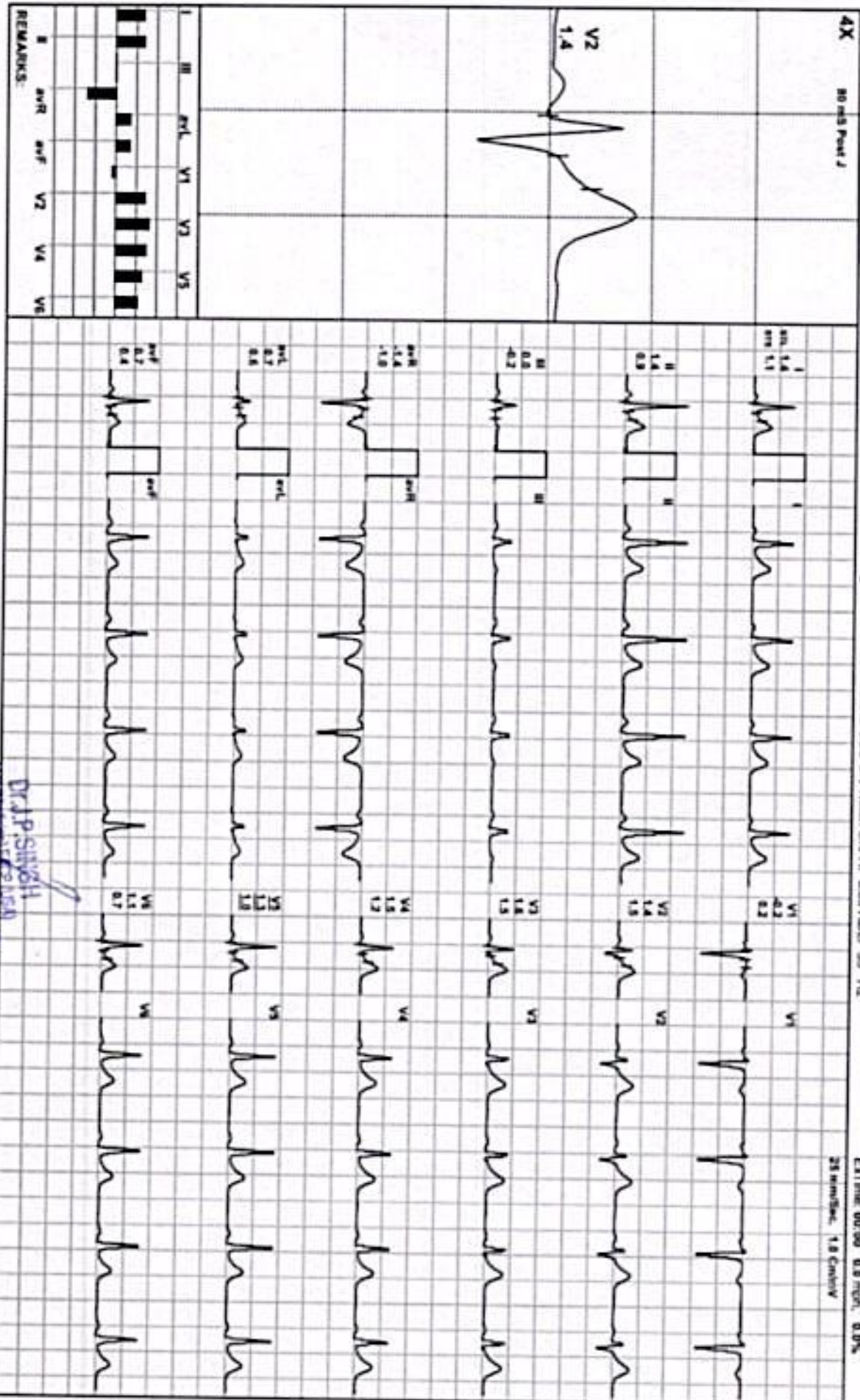


MR. HARIKESH VERMA / 35 Yrs / M / 164 Cms / 70 Kg / HR : 83

Date: 13 - 04 - 2024 09:17:44 AM METS: 1.68 @ 83 bpm 45% of THR BP: 127/83 mmHg Combined Meds: BLOC On Natch On HF 0.05 H2LF 35 Hz

4X 80 mS Post J

EXTIME: 00:00 0.8 min, 0.0%  
25 mm/Sec, 1.8 Cm/Div



DR. P. SIVAKH

Director & Consultant Physician  
JPK Clinic & Diagnostics



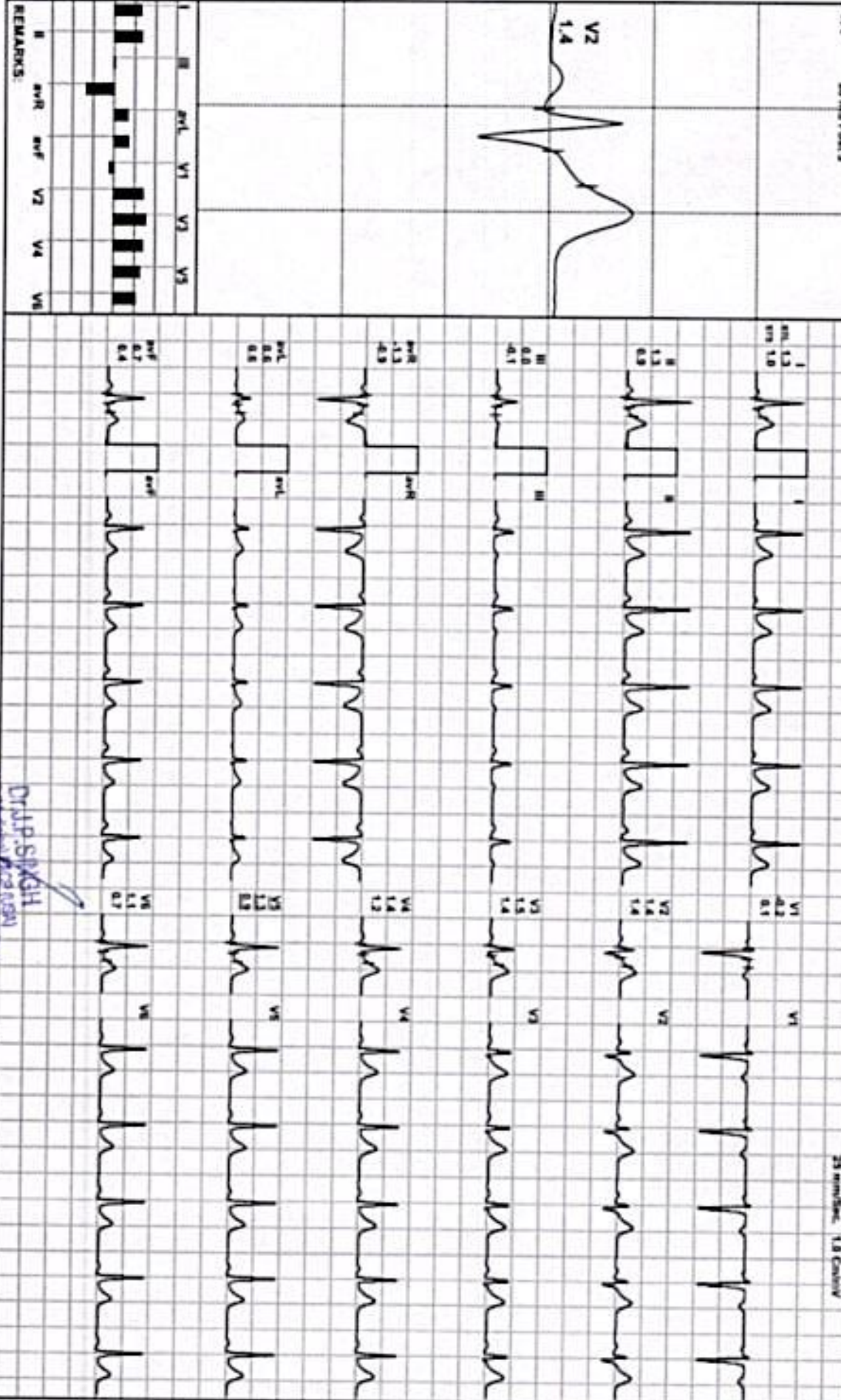
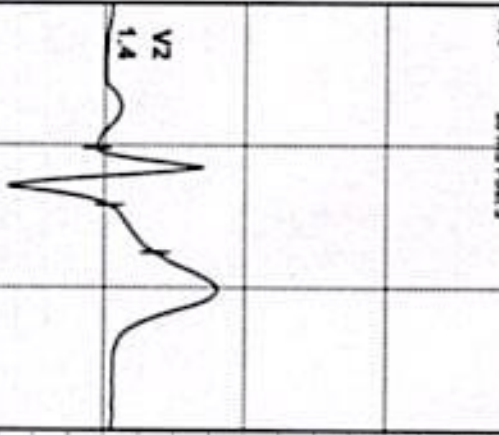
MR HARIKESH VERMA / 35 Yrs / M / 164 Cms / 70 Kg / HR : 86

Date: 13 - 04 - 2024 09:17:44 AM METS: 1.66 86 bpm 46% of THR HR 127(83) mmHg Cont'd Meds: R/C On Netch On HF 0.05 H2O/LF 35 Hz

EXTIME: 00:09 0.0 mph, 0.0%

25 mm/sec, 1.8 Cal/cm

4X 80 mS Post J



REMARKS:

Dr. P. SINGH  
Supervisor Physician

Director & Consultant Physician  
JPK Clinic & Diagnostics

JPK Clinic & Diagnostics  
JPK Hospital & Trauma Center (MUMBAI)  
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**JPK HOSPITAL AND TRAUMA CENTER**

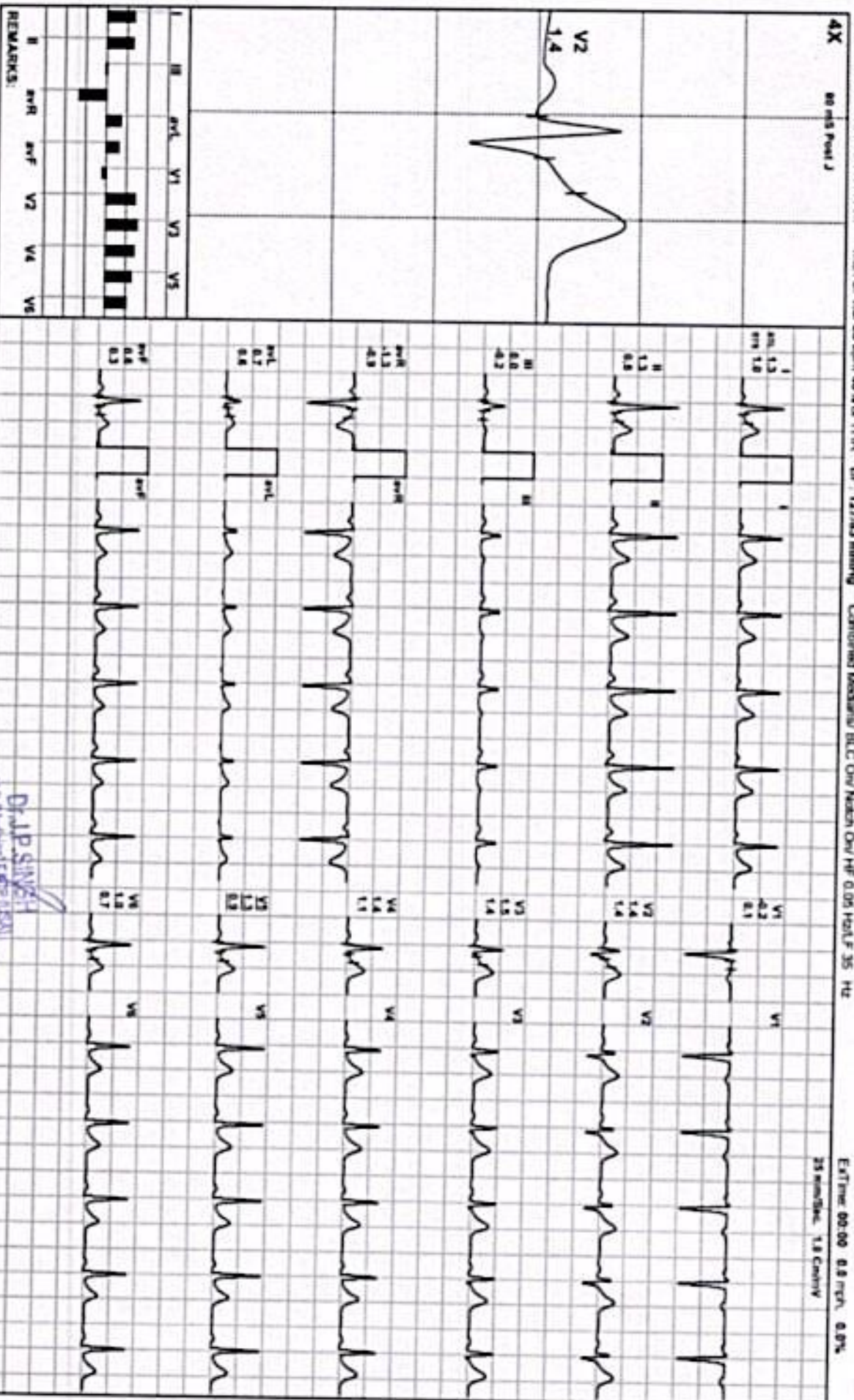
MR. HARIKESH VERMA / 35 Yrs / M / 164 Cms / 70 Kg / HR : 88

Date: 13 - 04 - 2024 09:17:44 AM METS: 1.6l @ 88 bpm 48% of THR BP: 127/83 mmHg Combined Meds/BLC On Match On/HR 0.05 HOLF 35 Hz

ExStart



EXTIME: 00:00 0.8 mV, 0.8%  
25 mm/Sec, 1.8 Cm/Div



**Dr. J.P. SINGH**  
MD, Medical Director (ICU)

Director & Core Physician  
JPK Clinic & Diagnostics  
JPK Hospital & Trauma Center (Bellat)

(ADX\_GEN017220330)RPAWagers



Date: 13 - 04 - 2024 09:17:44 AM

METS: 4.71 114 bpm 62% of THR

BP: 120/85 mmHg

Condition: Medicine/ ELC On/ Naren On/ HF: 0.05 HCLP 35 Hz

4X 80 mS Power J

ExTime: 03:00 1.7 mph, 10.0%



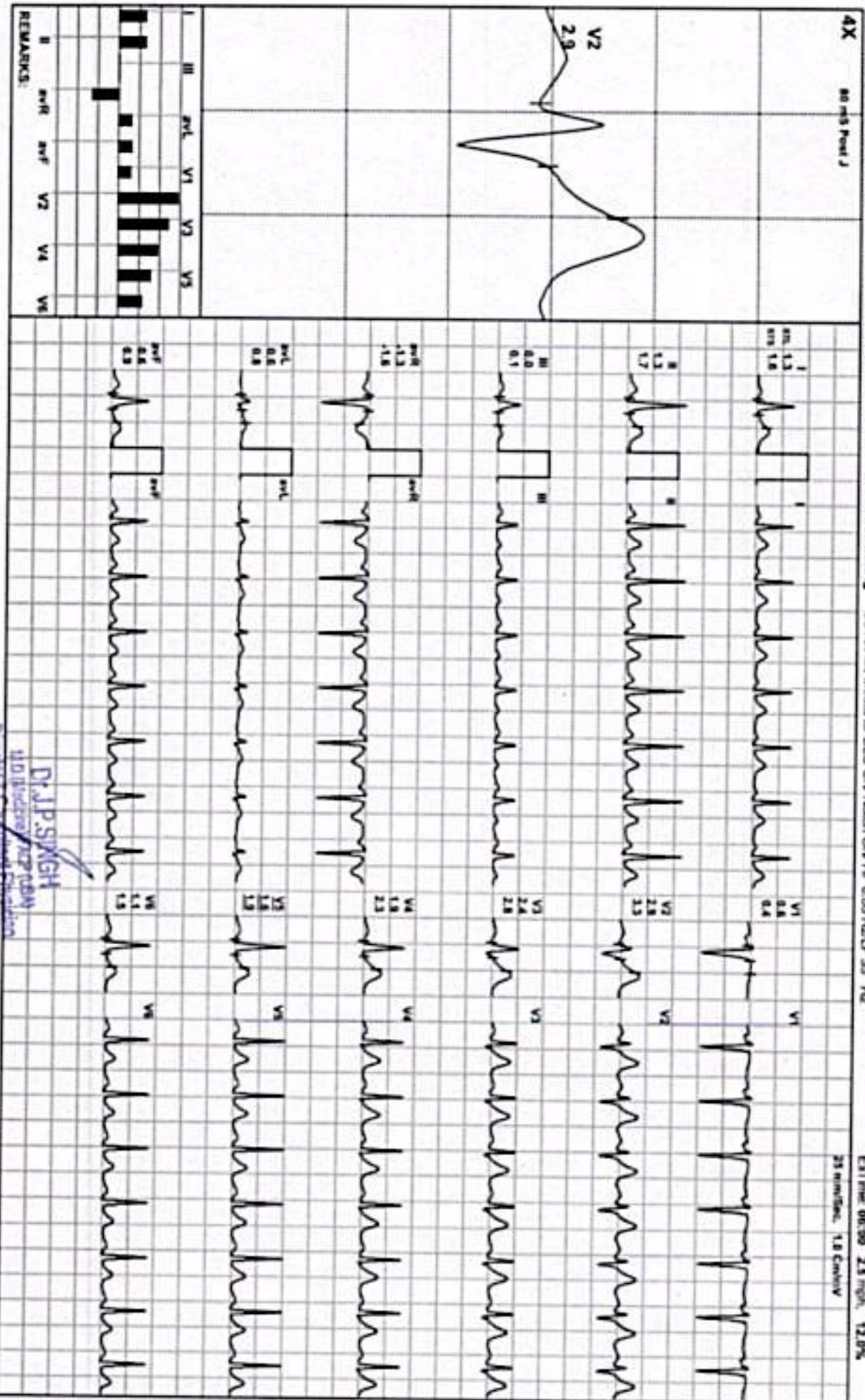
REMARKS:

D.J.P. SINGH



Date: 13 - 04 - 2024 09:17:44 AM METS: 7.5/ 124 bpm 87% of THR BP: 111/87 mmHg Combined Meds/IV/BC OW Nuch OW HF 0.05 HCLF 35 Hz

EATime: 06:59 2.5 mph, 12.0%  
25 min/Sec, 1.8 Cm/Div



REMARKS:

**Dr. J.P. SINGH**  
 Director & Consultant  
 JPK Clinic & Diagnostics  
 JPK Hospital & Trauma Center (MHA)

MDX\_GEM2-17220330/RV/Allengera

**JPK HOSPITAL AND TRAUMA CENTER**

**BRUCE: Stage 3(3:00)**

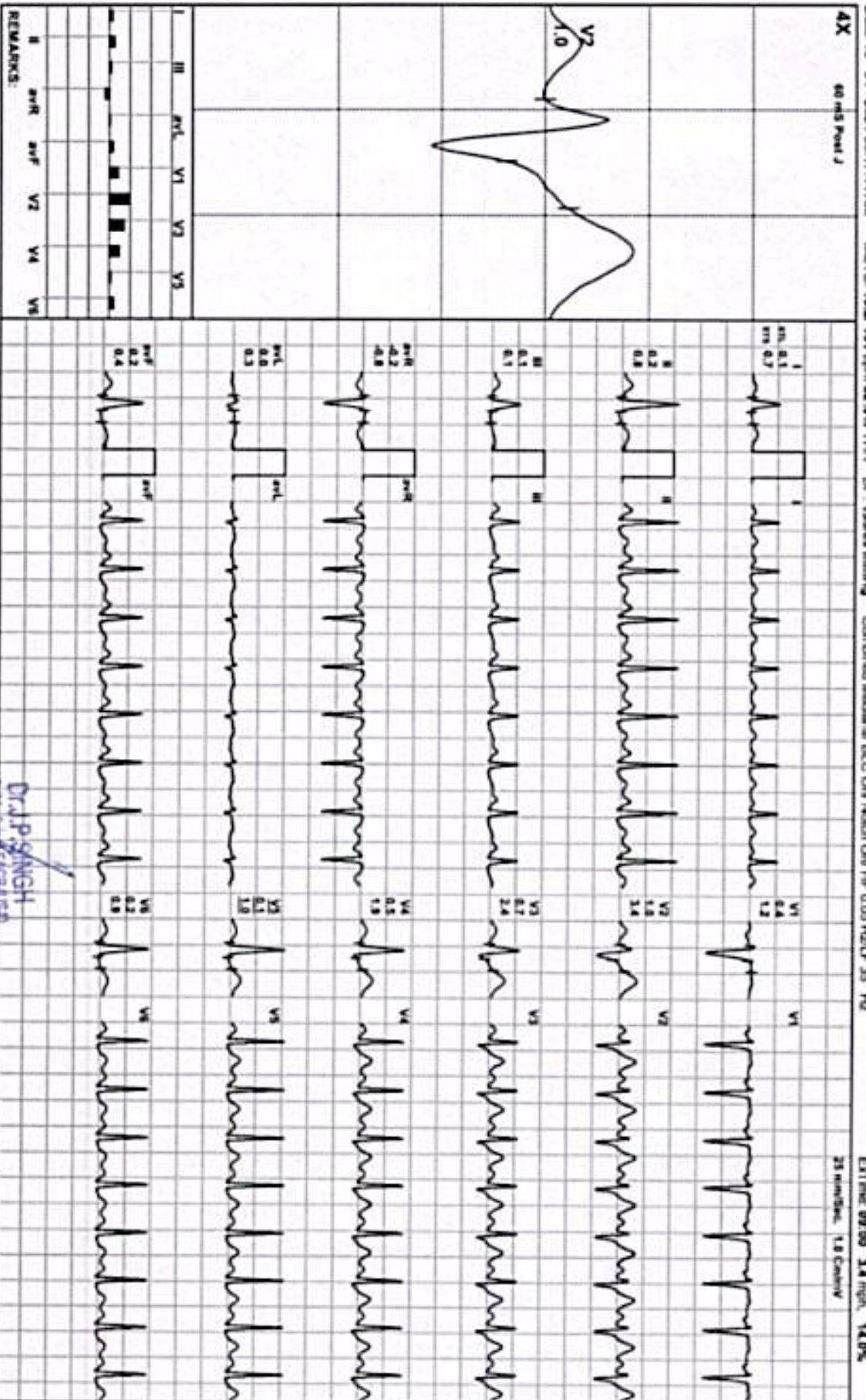


**MR. HARIKESH VERMA / 35 Yrs / M / 164 Cms / 70 Kg / HR : 151**

Date: 13 - 04 - 2024 09:17:44 AM METS: 10.2/ 151 bpm 82% of THR BP: 133/89 mmHg Confirmed Meds: B/C Oiv Natch Oiv H/F 0.05 H2LF 35 Hz

ETime: 09:00 3.4 min, 14.0%

25 mm/Sec, 1.8 Cm/Div





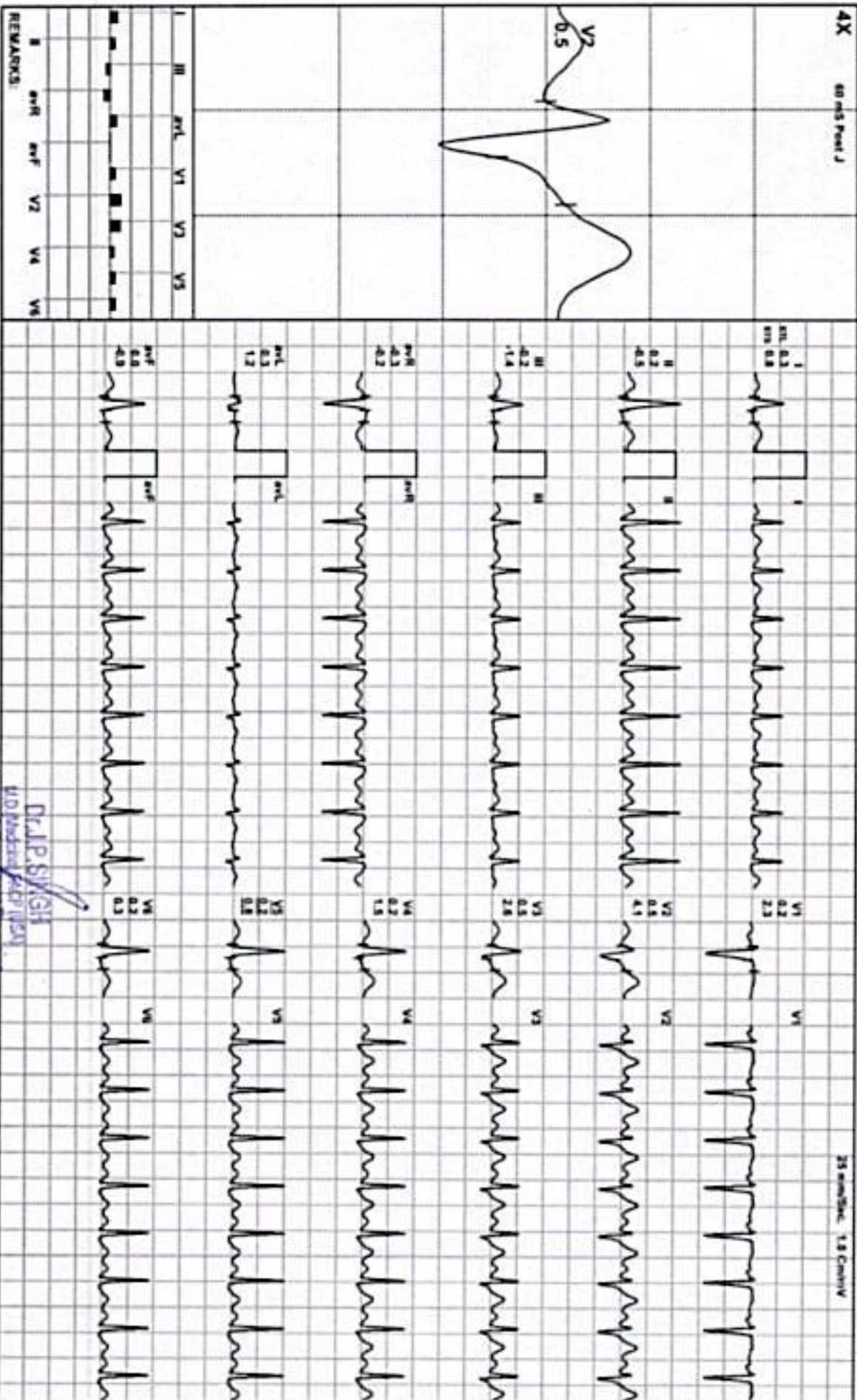
MR. HARIKESH VERMA / 35 Yrs / M / 164 Cms / 70 Kg / HR : 149

Date: 13 - 04 - 2024 09:17:44 AM METS: 19.4/ 149 bpm 81% of THR BP: 133/89 mmHg Combined Median/ B/C Ov/ Natch Ov HF 0.05 HctF 35 Hz

ExTime: 09:09 4.2 mPR, 16.0%

4X 60 mS Peak J

25 mm/Sec, 1.8 Cm/mV



REMARKS:

Dr. P. SINGH

MD Medical Director (ICU)

Director & Chief of Intensive Care Unit

JPK Clinical Diagnostics

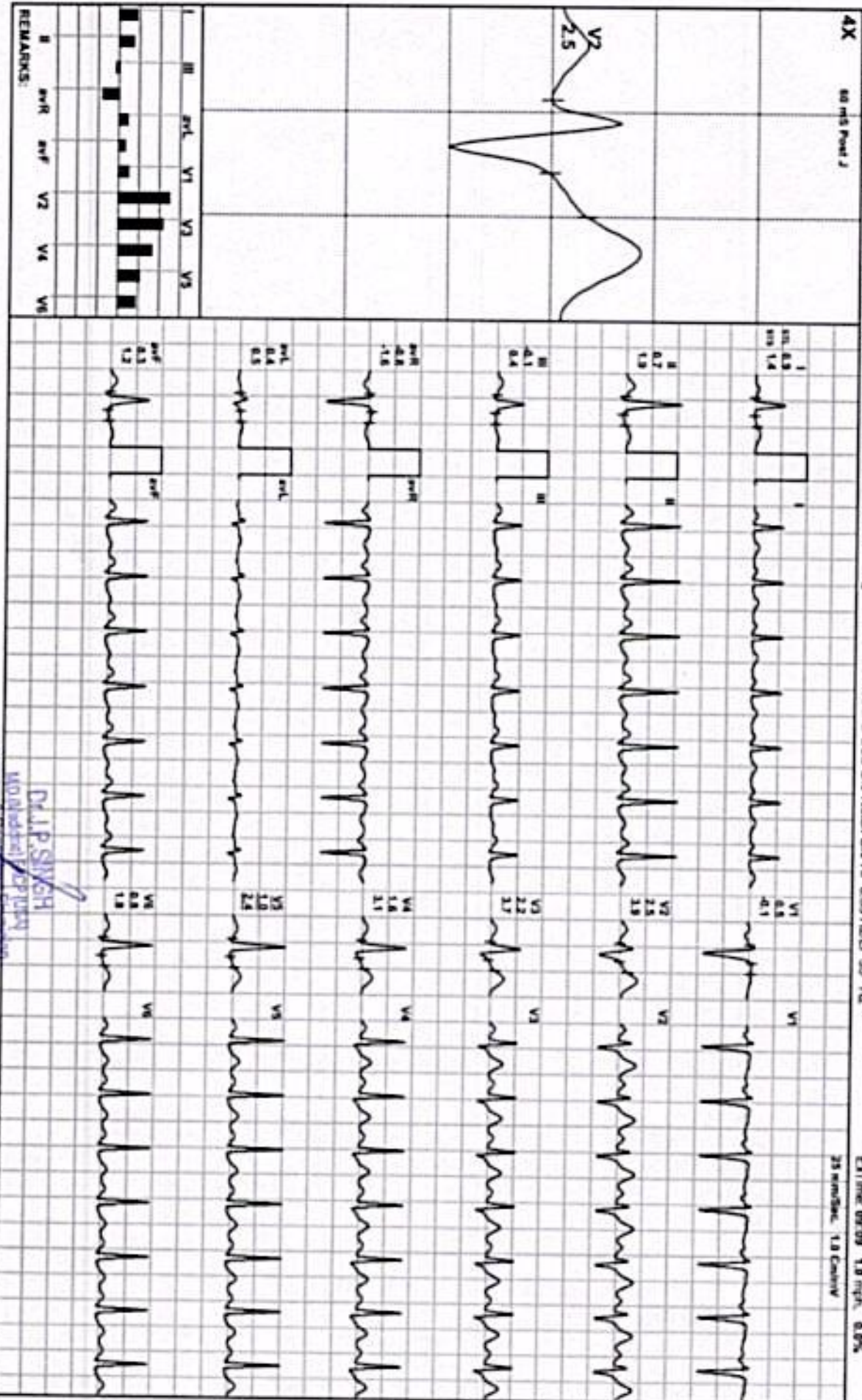
JPK Hospital & Trauma Center (MHA)

MOX\_GEMDI72203009R/Abhargava



Date: 13 - 04 - 2024 09:17:44 AM METS: 7.3/ 128 bpm 68% of THR BP: 133/89 mmHg Combined Meds/BLD ON: N/Ach ON/HR: 0.05 HEAT: 35 Hz

ExTime: 09:09 1.8 mph 6.9% 25 km/5ac. 1.8 Cms/hr



Dr. P. SINGH  
 M.D. (Internal Medicine)

Director & Consultant Physician

JPK Center & Diagnostics



**JPK HOSPITAL AND TRAUMA CENTER**

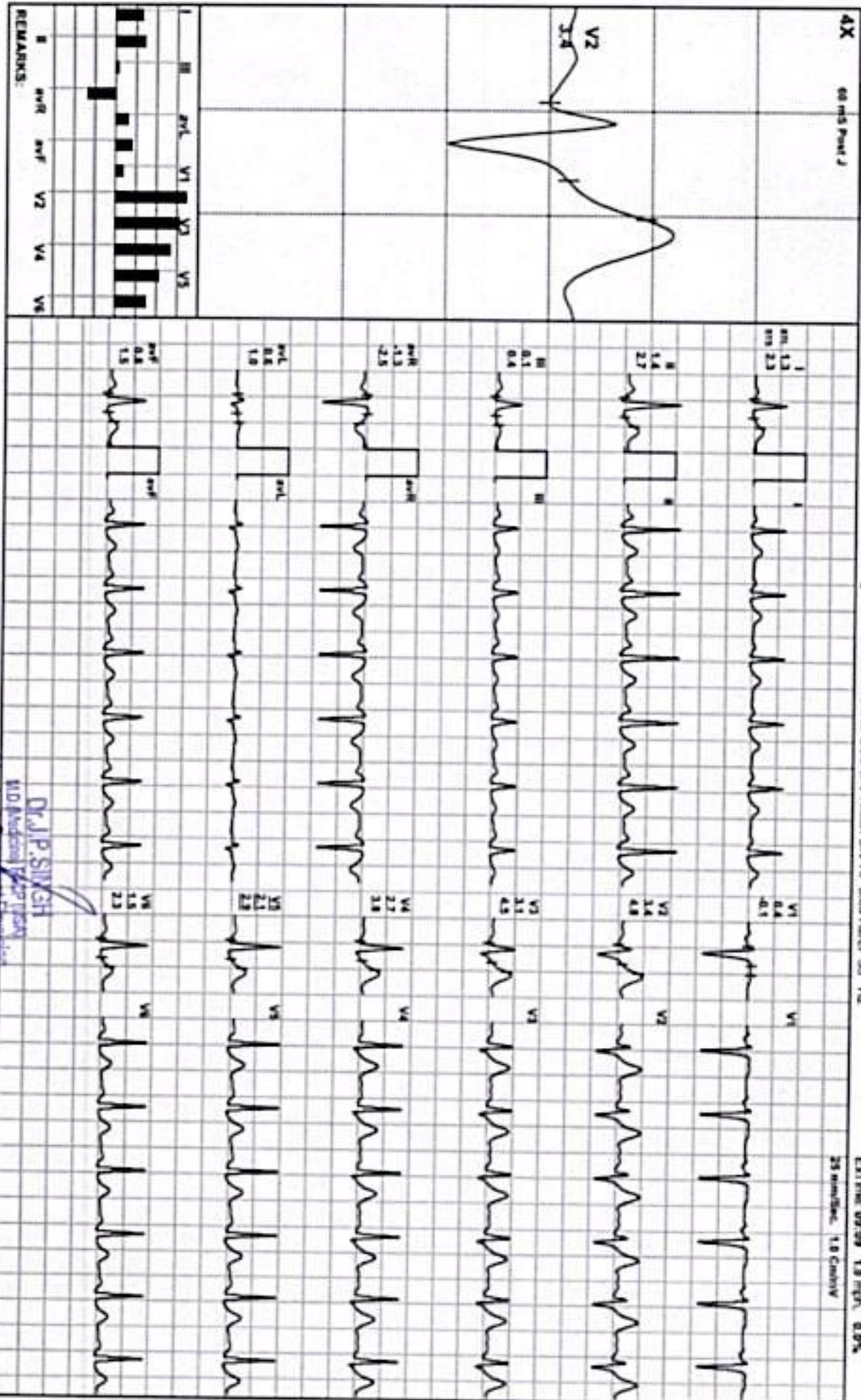
**MR. HARIKESH VERMA / 35 YRS / M / 164 Cms / 70 Kg / HR : 121**

**Recovery(1:00)**



Date: 13. 04. 2024 09:17:44 AM METS: 4.3V 121 bpm 85% of THR BP: 133/89 mmHg Condition: Med/Surg/BLC Div/Neon Div/HR: 0.08 Hz/PR: 35 Hz

EXTIME: 09:09 1.8 min. 0.0%  
25 mm/Sec. 1.8 Cm/Div



**DR. J. P. SINGH**  
MD (Medical) (FRCR) (FRCR) (FRCR)

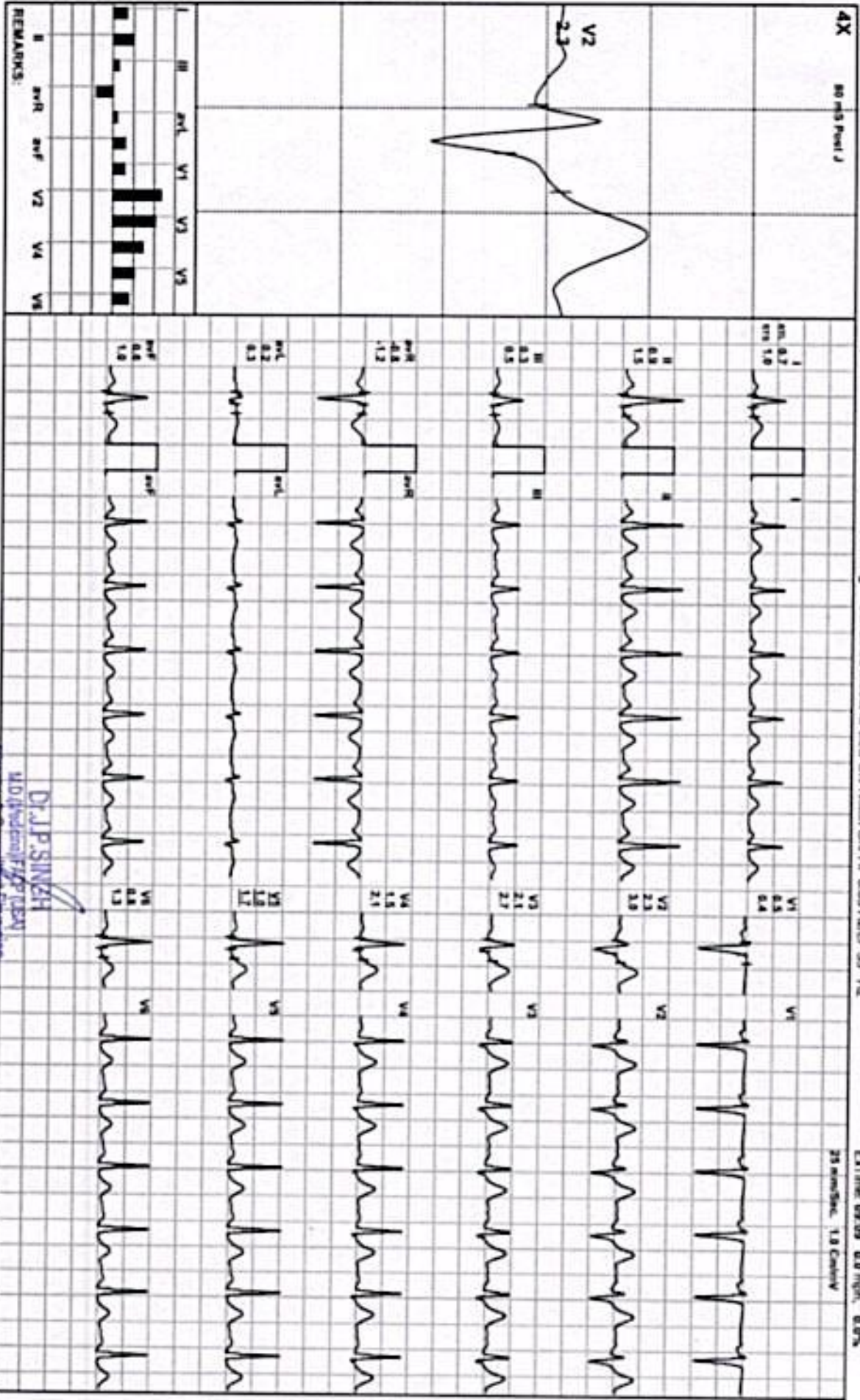
Director & Consultant in Cardiology  
JPK Clinic & Diagnostics  
JPK Hospital & Trauma Center (Pallavi)

ADX\_GENC17200300/R/Allegors



Date: 13 - 04 - 2024 09:17:44 AM METS: 1.66 111 bpm 60% of THR SR: 133/89 mmHg Cardiac Meds: B/C ON Nishi ON/HR 0.05 H&L F 35 Hz

ETime: 09:09 0.0 mva, 0.0%  
25 mm/Sec, 1.8 Cm/Div



REMARKS:

Dr. J.P. SINZHI  
M.D. (Medicine) / JPK (JPK)

**JPK HOSPITAL AND TRAUMA CENTER**  
SULTANPUR EMAIL:

Report



MR. HARIKESH VERMA / 35 Yrs / M / 164 Cms / 70 Kg  
Date: 13 - 04 - 2024 09:17:44 AM Refd By : SELF Examined By: DR.PAWAN KUMAR SINGH

Stage	Time	Duration	Speed(mph)	Elevation	METs	Rate	%THR	BP	RPP	PVC	Comments
Supine	00:09	0:09	00.0	00.0	01.0	088	48 %	127/83	111	00	
Standing	00:20	0:11	00.0	00.0	01.0	082	44 %	127/83	104	00	
HV	00:32	0:12	00.0	00.0	01.0	083	45 %	127/83	105	00	
Warm Up	00:44	0:12	00.0	00.0	01.0	086	46 %	127/83	109	00	
ExStart	01:06	0:22	00.0	00.0	01.0	088	48 %	127/83	111	00	
BRUCE Stage 1	04:06	3:00	01.7	10.0	04.7	114	62 %	129/85	147	00	
BRUCE Stage 2	07:06	3:00	02.5	12.0	07.1	124	67 %	131/87	162	00	
BRUCE Stage 3	10:06	3:00	03.4	14.0	10.2	151	82 %	133/89	200	00	
PeakEx	10:15	0:09	04.2	16.0	10.4	149	81 %	133/89	198	00	
Recovery	10:45	0:30	01.0	00.0	07.3	128	69 %	133/89	170	00	
Recovery	11:15	1:00	01.0	00.0	04.3	121	65 %	133/89	160	00	
Recovery	11:48	1:33	00.0	00.0	01.0	111	60 %	133/89	147	00	

**FINDINGS :**

Exercise Time : 09:09  
 Initial HR (ExStrt) : 88 bpm 48% of Target 185  
 Initial BP (ExStrt) : 127/83 (mm/Hg)  
 Max WorkLoad Attained : 10.4 Good response to induced stress  
 Max ST Dep Lead & Avg ST Value : V1 & -0.2 mm in Supine  
 Duke Treadmill Score : 08.1  
 Test End Reasons : Test Complete  
 Max HR Attained 151 bpm 82% of Target 185  
 Max BP Attained 133/89 (mm/Hg)  
 VozMax : 36.4 ml/Kg/min (Fair)

**REPORT :**

TEST OBJECTIVE : ROUTINE CHECK UP  
 ACTIVITY : VERY ACTIVE

**DR. JP SINGH**  
 M.D. (Internal) / MD (USA)  
 Director & Consultant Physician  
 JPK Clinic & Diagnostics  
 (A Unit of JPK Hospital & Trauma Center Pvt.Ltd)

Doctor : DR JP SINGH

OTHER INVESTIGATION	:	NO
REASON FOR TERMINATION	:	TEST COMPLETE
EXERCISE TOLERANCE	:	GOOD
EXERCISE INDUCED ARRHYTHMIAS	:	NO
HAEMODYNAMIC RESPONSE	:	NORMAL
CHRONOTROPIC RESPONSE	:	NORMAL
FINAL IMPRESSION	:	STRESS TEST IS NEGATIVE FOR EXERCISE INDUCED ISCHAEMIC HEART DISEASE

  
**Dr. J.P. SINGH**  
 MD, Internist, FACP (USA)  
 Director & Consultant Physician  
 JPK Clinic & Diagnostics  
 (Unit of JPK Hospitals & Tertiary Care Facility)