

Name : Mrs. DEBAPRIYA MAJUMDER (49 /F)

Date : 14/10/2023

Address : 42, SETH BAGAN ROAD, KOLKATA, KOLKATA, WEST BENGAL, INDIA

Examined by:

UHID : AGHL.0001546886

Package : MEDIWHEEL - FULL BODY ANNUAL PLUS CHECK ADVANCE  
FEMALE HCK

AHC No : AMHLAH185106



## CHIEF COMPLAINTS

For corporate health checkup  
No specific complaints

## PRESENT KNOWN ILLNESS

No history of - Dyslipidemia, Thyroid disorder, Heart disease, Stroke, Asthma  
Diabetes mellitus - type 2; Since - 3 yrs; Medication - regular  
Hypertension Since - 2 mths; Medication - regular



## DRUG ALLERGY

NO KNOWN ALLERGY

:14/10/2023



## SYSTEMIC REVIEW

### Cardiovascular system

- Nil Significant

### Respiratory system

- Nil Significant

### Gastrointestinal system

- Nil Significant

### Genitourinary system

- Nil Significant

### Gynaec history

No of Children - 2; No of deliveries - 2; Deliveries - normal vaginal delivery; Menopause - yes; Since - 10 months; Hysterectomy - 2022

### Eyes

Vision - normal with glasses; Glasses - yes

### ENT

- Nil Significant

### Musculoskeletal system

Spine and joints

Back - pain; Radiating to - legs and arms

### Skin

- Nil Significant



### Present medications

- names not known



### Past medical history

Do you have any allergies? - No

Do you have any drug allergies? - No

Covid 19 - No



### Surgical history

Hysterectomy - Vaginal in 2022



### Personal history

Marital status - Married

No. of children - 2

Diet - Non Vegetarian

Alcohol - does not consume alcohol

Smoking - No

Chews tobacco - No

Physical activity - Moderate



### Family history

Father - has expired

Mother - has expired

Diabetes - uncle

Hypertension - uncle

Coronary artery disease - father

Cancer - aunt

Type - Breast

## PHYSICAL EXAMINATION



### General

Build - normal

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Height - 160  
Weight - 59  
BMI - 23.05  
Pallor - Yes  
Oedema - no

 **Cardiovascular system**

Heart rate (Per minute) - 98  
Rhythm - Regular  
- B.P. Sitting  
Systolic(mm of Hg) - 124  
Diastolic(mm of Hg) - 86  
Heart sounds - S1S2+

**Respiratory system**

Breath sounds - Normal vesicular breath sounds

 **Abdomen**

Organomegaly - No  
Tenderness - No

 **Skin**

- No significant finding

**Ophthalmology consultation**

Ophthalmology findings - PGVA:RE:6/9 LE:6/9  
BCVA:RE:N8 LE:N8  
OCULAR MOVEMENT:WNL  
ANT.SEG:WNL  
ACCPT: SPECTACLE PWR  
RE: 1.00/-1.25X145\*(6/6)  
LE:-1.50/-1.25X175\*(6/6)  
ADD(BE):+2.00DSPH(N6)  
ADVICE:\*Glass Rx.\*Detail  
dilated Funduscopy\*Review  
after 1yr/SOS

Printed By : Benazir Begaum

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### COMPLETE HAEMOGRAM PROFILE

| Test Name                                  | Result                        | Unit           | Level | Range      |
|--|-------------------------------|----------------|-------|------------|
| Hemoglobin                                 | 10.5 *                        | g/dl           | ●     | 12.0-15.0  |
| RBC COUNT                                  | 3.52 *                        | Million/<br>ul | ●     | 3.8-4.8    |
| Hematocrit - Hct:                          | 31.6 *                        | %              | ●     | 36-46      |
| MCV  | 90.0                          | fl             | ●     | 83-101     |
| MCH  | 29.9                          | pg             | ●     | 27-32      |
| MCHC                                       | 33.2                          | %              | ●     | 31.5-34.5  |
| RDW  | 16.0 *                        | %              | ●     | 11.8-14.0  |
| WBC Count                                  | 8900                          | /cu mm         | ●     | 4000-10000 |
| Platelet Count                             | 1.42 *                        | lacs/cu<br>mm  | ●     | 1.5-4.0    |
| Neutrophils                                | 73                            | %              | ●     | 40-80      |
| Lymphocytes                                | 20                            | %              | ●     | 20-40      |
| Monocytes                                  | 05                            | %              | ●     | 2-10       |
| Eosinophils                                | 02                            | %              | ●     | 01-06      |
| Basophils                                  | 00                            | %              | ●     | 0-0        |
| RBC:                                       | Normocytic Normochromic cells |                |       |            |
| Platelets:                                 | Adequate on the smear         |                |       |            |
| ERYTHROCYTE<br>SEDIMENTATION<br>RATE (ESR) | 84 *                          | mm/1st<br>hr   | ●     | 0-20       |

Casts: Not Found  
Crystals: Not Found

### URINE SUGAR- FASTING(QUALITATIVE)

| Test Name                 | Result | Unit | Level | Range |
|---------------------------|--------|------|-------|-------|
| URINE<br>GLUCOSE(FASTING) | Nil    |      |       |       |

### BLOOD GROUPING AND TYPING (ABO AND RH)

| Test Name    | Result   | Unit | Level | Range |
|--------------|----------|------|-------|-------|
| ABO Group:   | A        |      |       |       |
| Rh (D) Type: | POSITIVE |      |       |       |

### LIVER FUNCTION TEST (PACKAGE)

| Test Name                          | Result | Unit  | Level | Range   |
|------------------------------------|--------|-------|-------|---------|
| ALT(SGPT) - SERUM                  | 24     | U/L   | ●     | 0-35    |
| ALBUMIN - SERUM                    | 3.9    | g/dL  | ●     | 3.5-5.1 |
| ALKALINE<br>PHOSPHATASE -<br>SERUM | 87     | U/L   | ●     | 33-98   |
| AST (SGOT) - SERUM                 | 14     | U/L   | ●     | 0-35    |
| BILIRUBIN TOTAL -<br>SERUM         | 0.4    | mg/dL | ●     | 0.3-1.2 |

### URINE ROUTINE AND MICROSCOPY

| Test Name        | Result         | Unit | Level | Range |
|------------------|----------------|------|-------|-------|
| Volume:          | 40             | mL   |       |       |
| Colour:          | Pale Straw     |      |       |       |
| Appearance       | Turbid         |      |       |       |
| Specific Gravity | 1.015          |      |       |       |
| pH:              | 6.0            |      |       |       |
| Albumin:         | Not Detected   |      |       |       |
| Glucose          | Not Detected   |      |       |       |
| Ketone:          | Not Detected   |      |       |       |
| Bile Pigments    | Not Detected   |      |       |       |
| RBC              | Nil            | /hpf |       |       |
| Pus Cells        | Occasional/hpf |      |       |       |
| Epithelial Cells | 15-20          |      |       |       |

### LIPID PROFILE TEST (PACKAGE)

| Test Name              | Result | Unit  | Level | Range |
|------------------------|--------|-------|-------|-------|
| CHOLESTEROL -<br>SERUM | 134    | mg/dL | ●     | 0-200 |

### CREATININE - SERUM

| Test Name          | Result | Unit  | Level | Range   |
|--------------------|--------|-------|-------|---------|
| CREATININE - SERUM | 0.6    | mg/dL | ●     | 0.6-1.1 |

### LIVER FUNCTION TEST (PACKAGE)

| Test Name  | Result | Unit | Level | Range |
|--|--------|------|-------|-------|
| GGTP: GAMMA<br>GLUTAMYL<br>TRANSPEPTIDASE -<br>SERUM | 33     | U/L  | ●     | 0-38  |

### GLUCOSE - PLASMA (FASTING)

| Test Name | Result | Unit | Level | Range |
|-----------|--------|------|-------|-------|
|-----------|--------|------|-------|-------|

● Within Normal Range    ● Borderline High/Low    ● Out of Range

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GLUCOSE - PLASMA (FASTING) 97 mg/dL ● 70-99

**GLUCOSE - PLASMA (POST PRANDIAL)**

Test Name Result Unit Level Range  
GLUCOSE - PLASMA (POST PRANDIAL) 217 \* mg/dL ● 70-140

**HBA1C (GLYCOSYLATED HAEMOGLOBIN)-WHOLE BLOOD**

Test Name Result Unit Level Range  
HBA1C (GLYCOSYLATED HAEMOGLOBIN)-WHOLE BLOOD 5.6 % ●  
Nondiabetic : 4 - 5.6 %  
Prediabetics : 5.7 - 6.4%  
Diabetes : >/= 6.5%  
ADA  
Therapeutic goal : <7%

**LIPID PROFILE TEST (PACKAGE)**

Test Name Result Unit Level Range  
HDL CHOLESTEROL - SERUM 45 mg/dL ● 30-70  
LDL CHOLESTEROL -SERUM 67 mg/dL ● 0-100  
VLDL CHOLESTEROL - SERUM (Calculated) 22 mg/dL ● 0-35

**LIVER FUNCTION TEST (PACKAGE)**

Test Name Result Unit Level Range  
PROTEIN TOTAL - SERUM 6.5 g/dL ● 6.4-8.3  
GLOBULIN: (CALCULATED) - SERUM 2.6 g/dL ● 1.8-3.6

**THYROID PROFILE - I(T3,T4 AND TSH)**

Test Name Result Unit Level Range  
TOTAL T3: TRI IODOTHYRONINE - SERUM 1.3 ng/ml ● 0.87-1.78  
TOTAL T4: THYROXINE - SERUM 9.1 µg/dL ● 5.93-13.29

**LIPID PROFILE TEST (PACKAGE)**

Test Name Result Unit Level Range  
TRIGLYCERIDES - SERUM 103 mg/dL ● 0-150

**THYROID PROFILE - I(T3,T4 AND TSH)**

Test Name Result Unit Level Range  
TSH: THYROID STIMULATING HORMONE - SERUM 1.4 µIU/mL ● 0.380-5.330

**URIC ACID - SERUM**

Test Name Result Unit Level Range  
URIC ACID - SERUM 4.4 mg/dL ● 2.4-5.7

**LIVER FUNCTION TEST (PACKAGE)**

Test Name Result Unit Level Range  
BILIRUBIN CONJUGATED (DIRECT) - SERUM 0.2 mg/dL ● 0.0-0.2

**BUN (BLOOD UREA NITROGEN)**

Test Name Result Unit Level Range  
BUN (BLOOD UREA NITROGEN) 9.0 mg/dL ● 7.0-18.0

**LIVER FUNCTION TEST (PACKAGE)**

Test Name Result Unit Level Range  
A/G - RATIO 1.5 ● 1.0-2.0

**BUN/CREATININE RATIO**

Test Name Result Unit Level Range  
BUN/CREATININE RATIO 15.0

**PAP SMEAR /CERVICAL SMEAR**

Ref No: AG01.C2307532  
SPECIMEN TYPE: Vault smear (Papanicolaou stain) x 1  
SPECIMEN ADEQUACY: Satisfactory for evaluation  
INTERPRETATION/RESULT: Negative for intraepithelial lesion or malignancy,with no organism

**ECG**

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NORMAL SINUS RHYTHM, WITHIN NORMAL LIMITS.

**ULTRASOUND SCREENING WHOLE ABDOMEN**

\*Mild hepatosplenomegaly.

\* Grade-I fatty liver.

[NOTE: At times pelvic structures are not well visualized due to inadequate patient preparation / excess bowel gas shadow. However suggested clinical correlation and other investigations if clinically indicated.]

Dr. GAURAV JAIN

DNB RESIDENT

In consultation with

**X-RAY CHEST PA**

Chest skiagram does not reveal any significant abnormality.

**INVESTIGATIONS NOT DONE / NOT YET REPORTED / NOT PART OF PACKAGE(LAB,RADIOLOGY & CARDIOLOGY)**

**Haematology**

URINE SUGAR - POST PRANDIAL (QUALITATIVE)

**X Ray**

X-RAY MAMMOGRAPHY BILATERAL (MHC)

**CARDIOLOGY**

TREADMILL TEST / STRESS TEST



Within Normal Range



Borderline High/Low



Out of Range

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**Printed By** :

AHC Physician / Consultant Internal Medicine

**Note** :- The Health Check-up examinations and routine investigations have certain limitations and may not be able to detect all the diseases. Any new or persisting symptoms should be brought to the attention of the Consulting Physician. Additional tests, consultations and follow up may be required in some cases.

## AICVD RISK SCORE REPORT

**RISK STATUS**

Moderate Risk

**YOUR SCORE**

6

**ACCEPTABLE SCORE**

5

Your likelihood of developing cardiovascular disease in the next ten years is 1.3 times higher than the people of your age and gender

The AICVD risk score developed by Apollo Hospitals is a novel artificial intelligence-based risk scoring system that predicts your risk of having Coronary Artery Disease (CAD) related events in the next ten years. This scoring system uses Indian data and has been validated by multiple national and international institutions. This risk score is more than 92% accurate and has been compiled based on your physical parameters, heart health attributes, lifestyle and medical history. **Note:** The risk category is determined through the ratio between guest score and acceptable score at multiple decimal points. The outputs are shown in whole numbers.

**Based on your AICVD risk score you are advised the following:**

- Follow the guidance and education on **lifestyle and dietary management provided through the ProHealth program. Maintain a healthy BMI (<25). Avoid tobacco in any form and if you are a smoker, stop smoking.**
- Continue with **medications** for high blood pressure, diabetes, or dyslipidemia, if advised by your physician. Maintain HbA1c <7% (<53mmol/mol), blood pressure <140/90mmHg.
- Follow your physician's advice regarding **follow up tests, consults and annual health assessment**
- **It is recommended that you visit your physician every 6 months** if you have:
  - o Uncontrolled high blood pressure, Diabetes, Dyslipidemia, Coronary heart disease

**DISCLAIMER**

1. This is not a diagnostic tool and it does not guarantee accuracy of the result and cannot be acted upon independently.
2. This risk score and clinical algorithm is a general guideline for physicians. Any additional laboratory investigations, diagnostic imaging, treatment or patient education related to lifestyle management is under the physician's or cardiologist's discretion.
3. To ensure the information in the report is up to date, accurate and correct, doctor shall be consulted for interpretation of the report.
4. Apollo Hospitals and its staff does not offer any assurance on the information made available or be liable for any loss or damage as the said report is based on the AICVD risk score without any intervention from their side.
5. By usage of the AICVD risk score, it is deemed that the beneficiary of this service has agreed to get the same done at his own risk and further agrees with this disclaimer without any limitation or any clauses or sub-clauses.

**The Clinical AI Models and APIs used at Apollo Hospitals are certified by ISO 13485 : 2016 vide certificate no. MD 763515**