

CONCLUSION OF HEALTH CHECKUP

ECU Number : 7283
Age : 32
Weight : 82.8
Date : 25/11/2023

MR Number : 21040775
Sex : Male
Ideal Weight : 61

Patient Name: NIRAV D RATHOD
Height : 163
BMI : 31.16

- Dyslipidemia, fatty liver
- Rab coeator is daily one 1HG
o-----o-----x 90days
- fatty liver - fibrosean.
- life style modification.

Dr. Manish Mittal

Internal Medicine

Note : General Physical Examination & routine Investigations included in the Health Checkup have certain limitations and may not be able to detect all the latent and asymptomatic diseases.



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ECU Number : 7283 MR Number : 21040775 Patient Name: NIRAV D RATHOD
 Age : 32 Sex : Male Height : 163
 Weight : 82.8 Ideal Weight : 61 BMI : 31.16
 Date : 25/11/2023

HOD

Past H/O : NO P/H/O ANY MAJOR ILLNESS

Present H/O : NO PRESENT COMPLAINTS

H

Family H/O : FATHER : DM , HTN , DIED
MOTHER : HTN , DM

Habits : NO HABITS

Gen.Exam. : G.C.GOOD

B.P : 130/80

Pulse : 92

Others : SPO2 98 %

C.V.S : NAD

R.S. : NAD

Abdomen : NP

Spleen : NP

Skin : NAD

C.N.S : NAD

Advice :





Patient Name : Mr. NIRAV D RATHOD
 Gender / Age : Male / 33 Years 10 Months 31 Days
 MR No / Bill No. : 21040775 / 242051962
 Consultant : Dr. BAGH Doctor
 Location : OPD

Type : OPD
 Request No. : 176852
 Request Date : 24/11/2023 06:12 PM
 Collection Date : 25/11/2023 08:52 AM
 Approval Date : 25/11/2023 01:58 PM

CBC + ESR

Test	Result	Units	Biological Ref. Range
Haemoglobin.			
Haemoglobin	14.1	gm/dL	11.5 - 15.5
Red Blood Cell Count (T-RBC)	5.79	mill/cmm	4.5 - 5.5
Hematocrit (HCT)	45.9	%	40 - 50
Mean Corpuscular Volume (MCV)	79.3	fl	83 - 101
Mean Corpuscular Haemoglobin (MCH)	24.4	pg	27 - 32
MCH Concentration (MCHC)	30.7	%	31.5 - 34.5
Red Cell Distribution Width (RDW-CV)	14.9	%	11.6 - 14
Red Cell Distribution Width (RDW-SD)	43.0	fl	39 - 46
Total Leucocyte Count (TLC)			
Total Leucocyte Count (TLC)	8.40	thou/cmm	4 - 10
Differential Leucocyte Count			
Polymorphs	60	%	40 - 80
Lymphocytes	30	%	20 - 40
Eosinophils	2	%	1 - 6
Monocytes	8	%	2 - 10
Basophils	0	%	0 - 2
Polymorphs (Abs. Value)	5.05	thou/cmm	2 - 7
Lymphocytes (Abs. Value)	2.52	thou/cmm	1 - 3
Eosinophils (Abs. Value)	0.17	thou/cmm	0.2 - 0.5
Monocytes (Abs. Value)	0.62	thou/cmm	0.2 - 1
Basophils (Abs. Value)	0.04	thou/cmm	0.02 - 0.1
Immature Granulocytes	0.2	%	1 - 3 : Borderline > 3 : Significant
Platelet Count			
Platelet Count	362	thou/cmm	150 - 410
Remarks	This is counter generated CBC Report, smear review is not done		
ESR	7	mm/1 hr	0 - 10

Test Results are dependent on a number of variables & technical limitations. Hence, it is advised to correlate with clinical findings and other related investigations before any firm opinion is made. Recheck / repeat may be requested.

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DEPARTMENT OF LABORATORY MEDICINE

Patient Name : Mr. NIRAV D RATHOD
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CBC + ESR

Immature Granulocyte (IG) count is a useful early marker of infection or inflammation, even when other markers are normal. It is an early and rapid discrimination of bacterial from viral infections. It is also increased in patients on steroid therapy / chemotherapy or haematological malignancy. High IG is always pathological; except in pregnancy and neonates of < 7 days.

Method : HB by Non-Cyanide Hemoglobin analysis method. HCT by RBC pulse height detection method. RBC, TLC & PLC are by Particle Count by Electrical Impedance in Cell Counter by Fluorescent flow cytometry using a semi-conductor laser and hydrodynamic focusing in dedicated channels. Optical Platelets by Fluorescent + Laser Technology. MCV, MCH, MCHC, RDW (CV & SD) are calculated parameter. DLC by Flowcytometry method using semi-conductor Laser+Smear verification.

SR on ESL-30, comparable to Westergrens method and in accordance to ICSH reference method.

---- End of Report ----

Dr. Rakesh Vaidya
MD (Path). DCP.

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DEPARTMENT OF LABORATORY MEDICINE

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Haematology

Test	Result	Units	Biological Ref. Range
Blood Group			
ABO system	A		
Rh system.	Positive		

By Gel Technology / Tube Agglutination Method

Note :

- This blood group has been done with new sensitive Gel Technology using both Forward and Reverse Grouping Card with Autocont.
- This method check`s group both on Red blood cells and in Serum for "ABO" group.

---- End of Report ----

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DEPARTMENT OF LABORATORY MEDICINE

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Fasting Plasma Glucose

Test	Result	Units	Biological Ref. Range
<i>Fasting Plasma Glucose</i>			
Fasting Plasma Glucose	91	mg/dL	70 - 110
Post Prandial 2 Hr. Plasma Glucose	102	mg/dL	70 - 140

By Hexokinase method on EXL Dade Dimension

---- End of Report ----

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HbA1c (Glycosylated Hb)

Test	Result	Units	Biological Ref. Range
HbA1c (Glycosylated Hb)			
Glycosylated Hemoglobin (HbA1c)	5.7	%	
estimated Average Glucose (e AG) *	116.89	mg/dL	

(Method:

By Automated HPLC analyser on D-10 Biorad. NGSP Certified, US-FDA approved, Traceable to IFCC reference method.

* Calculated valued for past 60 days, derived from HbA1c %, based on formula recommended by the A1c - Derived Average Glucose study from ADA and EASD funded The ADAG trial.

Guidelines for Interpretation:

Indicated Glycemic control of previous 2-3 months

HbA1c%	e AG (mg/dl)	Glycemic control
> 8	> 183	Action suggested...High risk of developing long-term complications. Action suggested, depends on individual patient circumstances
7 - 8	154 - 183	Good
< 7	< 154	Goal...Some danger of hypoglycemic reaction in type I Diabetics. Some Glucose intolerant individuals and Sub-Clinical diabetics may demonstrate (elevated) HbA1c in this area.
6 - 7	126 - 154	Near Normal
< 6	< 126	Nondiabetic level)

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Complete Lipid Profile *

Test	Result	Units	Biological Ref. Range
Complete Lipid Profile			
Appearance	Clear		
Triglycerides	134	mg/dL	1 - 150
<i>(Done by Lipase /Glycerol kinase on Vitros 5600)</i>			
<i>< 150 Normal</i>			
<i>150-199 Borderline High</i>			
<i>200-499 High</i>			
<i>> 499 Very High</i>			
Total Cholesterol	266	mg/dL	1 - 200
<i>(Done by Colorimetric - Cholesterol Oxidase, esterase, peroxidase on Vitros 5600.)</i>			
<i><200 mg/dL - Desirable</i>			
<i>200-239 mg/dL - Borderline High</i>			
<i>> 239 mg/dL - High</i>			
HDL Cholesterol	43	mg/dL	40 - 60
<i>(Done by Colorimetric: non HDL precipitation method PTA/MgCl2 on Vitros 5600)</i>			
<i>< 40 Low</i>			
<i>> 60 High</i>			
Non HDL Cholesterol (calculated)	223	mg/dL	1 - 130
<i>(Non- HDL Cholesterol)</i>			
<i>< 130 Desirable</i>			
<i>139-159 Borderline High</i>			
<i>160-189 High</i>			
<i>> 191 Very High</i>			
LDL Cholesterol	201	mg/dL	1 - 100
<i>(Done by Enzymatic (Two Step CHE/CHO/POD) on Vitros 5600)</i>			
<i>< 100 Optimal</i>			
<i>100-129 Near / above optimal</i>			
<i>130-159 Borderline High</i>			
<i>160-189 High</i>			
<i>> 189 Very High</i>			
VLDL Cholesterol (calculated)	26.8	mg/dL	12 - 30
LDL Ch. / HDL Ch. Ratio	4.67		2.1 - 3.5
T. Ch./HDL Ch. Ratio	6.19		3.5 - 5
<i>(Recent NECP / ATP III Guidelines / Classification (mg/dl) :)</i>			

---- End of Report ----

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Thyroid Hormone Study

Test	Result	Units	Biological Ref. Range
Triiodothyronine (T3) (Done by CLIA based method on automated immunoassay Vitros 5600. Reference interval (ng/ml) 1 - 3 days : 0.1 - 7.4 1-11 months : 0.1 - 2.45 1-5 years : 0.1 - 2.7 6-10 years : 0.9 - 2.4 11-15 years : 0.8 - 2.1 16-20 years : 0.8 - 2.1 Adults (20 - 50 years) : 0.7 - 2.0 Adults (> 50 years) : 0.4 - 1.8 Pregnancy (in last 5 months) : 1.2 - 2.5 (Reference : Tietz - Clinical guide to laboratory test, 4th edition))	1.39	ng/ml	
Thyroxine (T4) (Done by CLIA based method on automated immunoassay Vitros 5600. Reference interval (mcg/dL) 1 - 3 days : 11.8 - 22.6 1- 2 weeks : 9.8 - 16.6 1 - 4 months : 7.2 - 14.4 4 - 12 months : 7.8 - 16.5 1-5 years : 7.3 - 15.0 5 - 10 years : 6.4 - 13.3 10 - 20 years : 5.6 - 11.7 Adults / male : 4.6 - 10.5 Adults / female : 5.5 - 11.0 Adults (> 60 years) : 5.0 - 10.7 (Reference : Tietz - Clinical guide to laboratory test, 4th edition))	7.68	mcg/dL	
Thyroid Stimulating Hormone (US-TSH) (Done by CLIA based method on automated immunoassay Vitros 5600. Reference interval (microIU/ml) Infants (1-4 days) : 1.0 - 39 2-20 weeks : 1.7 - 9.1 5 months - 20 years : 0.7 - 6.4 Adults (21 - 54 years) : 0.4 - 4.2 Adults (> 55 years) : 0.5 - 8.9 Pregnancy : 1st trimester : 0.3 - 4.5 2nd trimester : 0.5 - 4.6 3rd trimester : 0.8 - 5.2 (Reference : Tietz - Clinical guide to laboratory test, 4th edition))	2.19	microIU/ml	

Test Results are dependent on a number of variables & technical limitations. Hence, it is advised to correlate with clinical findings and other related investigations before any firm opinion is made. Retest / retest may be requested.

— End of Report —

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MD (Path). DCP.



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Liver Function Test (LFT)

Test	Result	Units	Biological Ref. Range
Bilirubin			
Bilirubin - Total	0.82	mg/dL	0 - 1
Bilirubin - Direct	0.14	mg/dL	0 - 0.3
Bilirubin - Indirect	0.68	mg/dL	0 - 0.7
<i>(Done by Dual Wavelength - Reflectance Spectrophotometry on Vitros 5600)</i>			
Aspartate Aminotransferase (SGOT/AST)	14	U/L	15 - 40
<i>(Done by Multipoint Rate Colorimetric with P-5-P on Vitros 5600)</i>			
Alanine Aminotransferase (SGPT/ALT)	34	U/L	16 - 63
<i>(Done by Multipoint-Rate/Colorimetric with P-5-P (pyridoxa-5-phosphate) on Vitros 5600)</i>			
Alkaline Phosphatase	74	U/L	53 - 128
<i>(Done by Multipoint-Rate - p-nitrophenyl Phosphate, AMP buffer on Vitros 5600)</i>			
Gamma Glutamyl Transferase (GGT)	43	U/L	15 - 85
<i>(Done by Multipoint Rate - L--glutamyl-p-nitroanilide on Vitros 5600)</i>			
Total Protein			
Total Proteins	7.59	gm/dL	6.4 - 8.2
Albumin	3.54	gm/dL	3.4 - 5
Globulin	4.05	gm/dL	3 - 3.2
A : G Ratio	0.87		1.1 - 1.6
<i>(Done by Biuret endpoint and Bromocresol green method on vitros 5600.)</i>			

---- End of Report ----

Dr. Rakesh Vaidya
MD (Path). DCP.



Patient Name : Mr. NIRAV D RATHOD
 Gender / Age : Male / 33 Years 10 Months 31 Days
 MR No / Bill No. : 21040775 / 242051962
 Consultant : Dr. BAGH Doctor
 Location : OPD

Type : OPD
 Request No. : 176852
 Request Date : 24/11/2023 06:12 PM
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 Approval Date : 25/11/2023 12:17 PM

Renal Function Test (RFT)

Test	Result	Units	Biological Ref. Range
Urea <i>(Done by Endpoint/Colorimetric - Urease on Vitros 5600)</i>	16	mg/dL	10 - 45
Creatinine <i>(By Modified Kinetic Jaffe Technique)</i>	0.82	mg/dL	0.9 - 1.3
Estimate Glomerular Filtration rate <i>(Ref. range : > 60 ml/min for adults between age group of 18 to 70 yrs. EGFR Calculated by IDMS Traceable MDRD Study equation. Reporting of eGFR can help facilitate early detection of CKD. By Modified Kinetic Jaffe Technique)</i>	More than 60		
Uric acid <i>(Done by Colorimetric - Uricase, Peroxidase on Vitros 5600)</i>	3.3	mg/dL	3.4 - 7.2

— End of Report —

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 Approval Date : 25/11/2023 10:45 AM

Urine routine analysis (Auto)

Test	Result	Units	Biological Ref. Range
Physical Examination			
Quantity	30	mL	
Colour	Yellow		
Appearance	Clear		
Chemical Examination (By Reagent strip method)			
pH	6.0		
Specific Gravity	>=1.030		
Protein	Negative	gm/dL	0 - 5
Glucose	Negative	mg/dL	0 - 5
Ketones	Negative		0 - 5
Bilirubin	Negative		Negative
Urobilinogen	Negative		Negative (upto 1)
Blood	Negative		Negative
Leucocytes	Negative		Negative
Nitrite	Negative		Negative
Microscopic Examination (by Microscopy after Centrifugation at 2000 rpm for 10 min or on fully automated Sysmex urine sedimentation analyzer UF4000)			
Red Blood Cells	0 - 1	/hpf	0 - 2
Leucocytes	1 - 5	/hpf	0 - 5
Epithelial Cells	0 - 1	/hpf	0 - 5
Casts	Nil	/lpf	Nil
Crystals	Nil	/hpf	Nil
Mucus	Absent	/hpf	Absent
Organism	Absent		

--- End of Report ---

Dr. Rakesh Vaidya
MD (Path). DCP.



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Mammography

Interventional Radiology

Digital Subtraction Angiography (DSA)

Foetal Echocardiography

Echocardiography

4D USG & Doppler

DEPARTMENT OF DIAGNOSTIC RADIOLOGY

Patient No. : 21040775 Report Date : 25/11/2023
Request No. : 190090125 24/11/2023 6.12 PM
Patient Name : Mr. NIRAV D RATHOD
Gender / Age : Male / 33 Years 10 Months 31 Days

X-Ray Chest AP

Both lung fields are clear.

Both costophrenic sinuses appear clear.

Heart size is normal.

Hilar shadows show no obvious abnormality.

Aorta is normal.

• ULTRA SONOGRAPHY CANNOT DETECT ALL ABNORMALITIES
• NOT VALID FOR MEDICO-LEGAL PURPOSES
• CLINICAL CORRELATION RECOMMENDED

**Dr. Ravij Patel, M.D (RADIO
DIAGNOSIS)**
Consultant Radiologist



DEPARTMENT OF DIAGNOSTIC RADIOLOGY

Patient No. : 21040775 Report Date : 25/11/2023
Request No. : 190090157 24/11/2023 6.12 PM
Patient Name : Mr. NIRAV D RATHOD
Gender / Age : Male / 33 Years 10 Months 31 Days

USG : Screening for Abdomen (excluding Pelvis) Or Upper Abdomen

Liver is normal in size and shows increased in echo pattern. No mass lesion identified. The hepatic veins are clear and patent. PV patent. No dilated IHBR.

Gall bladder is minimally distended and shows no obvious abnormality. Common bile duct measures 4 mm in diameter.

Pancreas shows no obvious abnormality. Tail obscured. Spleen is normal size and echo pattern.

Both kidneys are normal in shape and position. Normal echogenicity and cortico medullary differentiation is noted. No hydronephrosis or mass lesion seen.

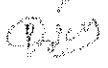
No ascites.

COMMENT:

- **Fatty liver:**
- **Otherwise no obvious abnormality.**

Kindly correlate clinically

• ULTRA SONOGRAPHY CANNOT DETECT ALL ABNORMALITIES
• NOT VALID FOR MEDICO-LEGAL PURPOSES
• CLINICAL CORRELATION RECOMMENDED


Dr. Priyanka Patel, MD.

Consultant Radiologist



Name Nirav d rathod
Patient ID Ecu/ 21040775

25.11.2023 09:31:41
Standard 12-Lead

BHAIJAL AMIN GENERAL HOSPITAL

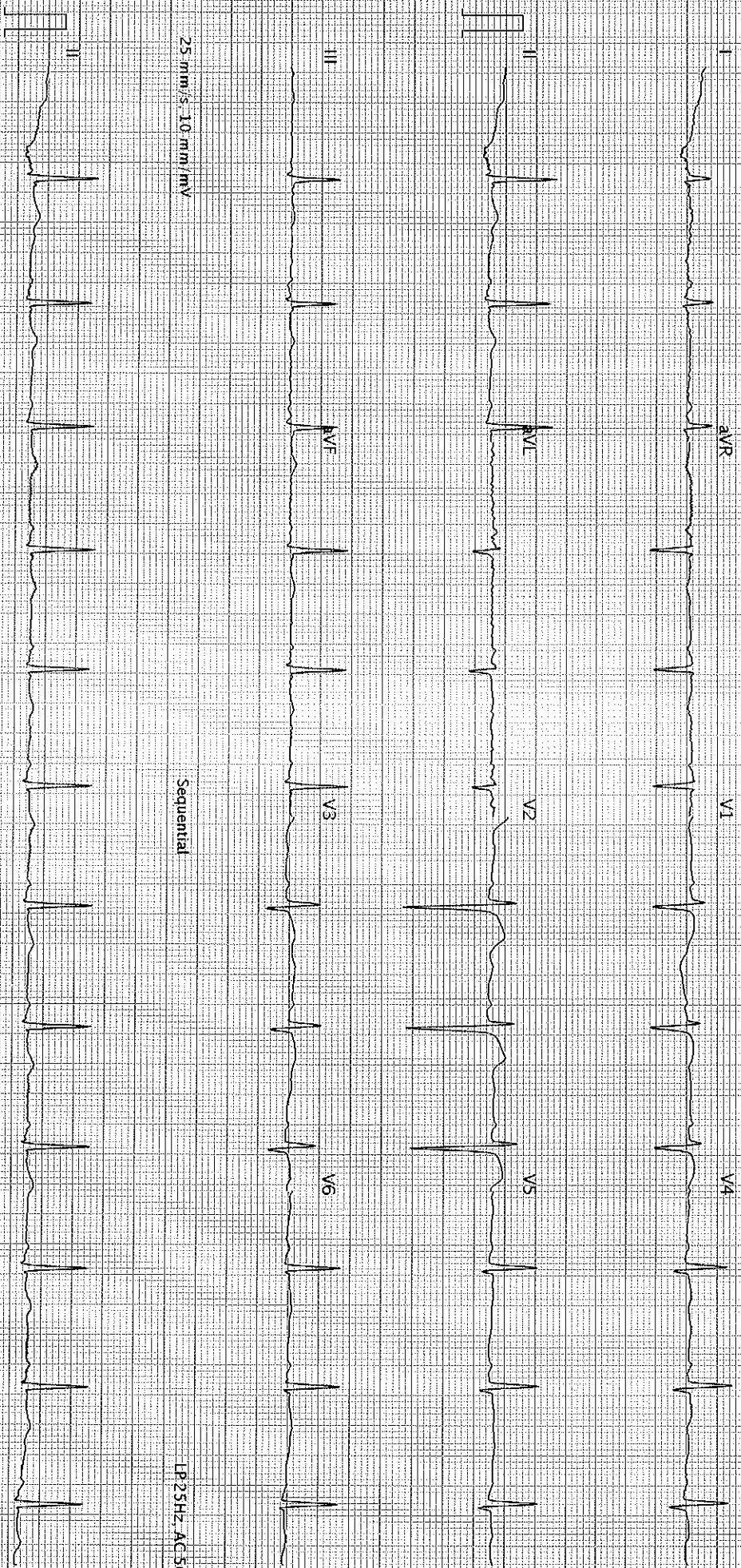
Age 032Y
Gender Male
Pacemaker Unknown

Ref: phys.

HR 74 bpm
RR 806 ms
PR 91 ms
QR 128 ms
P axis 27°
QRS axis 74°
T axis 60°
QTc 425 ms

Unconfirmed report

Remark



25 mm/s, 10 mm/mV

Sequential

LP 25Hz, AC 50Hz

25 mm/s, 10 mm/mV

LP 25Hz, AC 50Hz

AI_102_G2.1.2.0 (1080_011030)

by AJAL AMIN GENERAL HOSPITAL Printed on 25.11.2023 09:31:41

Page 1 of 1

SCHILLER

Part No. 2.157048M

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Station

Telephone: 0265-3956222,3956024.

EXERCISE STRESS TEST REPORT

Patient Name: NIRAV D RATHOD ,
 Patient ID: 01910
 Height: 163 cm
 Weight: 82 kg

DOB: 25.12.1989
 Age: 33yrs
 Gender: Male
 Race: Indian

Study Date: 25.11.2023
 Test Type: Treadmill Stress Test
 Protocol: BRUCE

Referring Physician: HCP
 Attending Physician: DR. KILLOL KANERIA
 Technician: PRATAP RATHVA

Medications:
 --

Medical History:
 --

Reason for Exercise Test:
 Screening for CAD

Exercise Test Summary

Phase Name	Stage Name	Time in Stage	Speed (mph)	Grade (%)	HR (bpm)	BP (mmHg)	Comment
PRETEST	SUPINE	00:57	0.00	0.00	83	120/80	
	STANDING	00:05	0.00	0.00	86		
	WARM UP	00:18	0.60	0.00	80		
EXERCISE	STAGE 1	01:01	1.70	10.00	101	120/80	
	STAGE 2	03:00	2.50	12.00	126	120/80	
	STAGE 3	02:05	3.40	14.00	160	120/80	
RECOVERY		02:20	0.00	0.00	117	150/90	

The patient exercised according to the BRUCE for 6:06 min:s, achieving a work level of Max. METS: 10.10. The resting heart rate of 85 bpm rose to a maximal heart rate of 160 bpm. This value represents 85 % of the maximal, age-predicted heart rate. The resting blood pressure of 120/80 mmHg, rose to a maximum blood pressure of 150/90 mmHg. The exercise test was stopped due to Target heart rate achieved.

Interpretation

Summary: Resting ECG: normal.

Functional Capacity: normal.

HR Response to Exercise: appropriate.

BP Response to Exercise: normal resting BP - appropriate response.

Chest Pain: none.

Arrhythmias: none.

ST Changes: none.

Overall impression: Normal stress test.

Conclusions

Good effort tolerance. Normal HR and BP response. No ANGINA // ARRYTHMIAS noted during test. No significant ST-T changes noted during Peak exercise and Recovery. Stress test NEGATIVE for Inducible myocardial Ischemia

CONFIRMED BY : DR. KILLOL KANERIA

