# SUBURBAN DIAGNOSTICS - KALINA, SANTACRUZ EAST

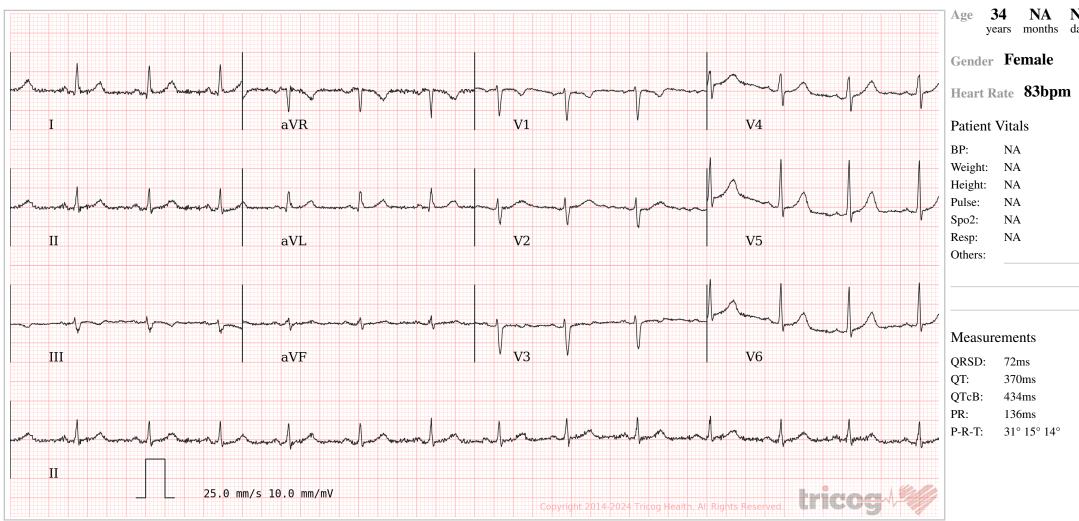


Patient Name: SONAKSHI GAUTAM

Patient ID:

2405521449

Date and Time: 24th Feb 24 9:08 AM



ECG Within Normal Limits: Sinus Rhythm. Please correlate clinically.

REPORTED BY

Dr Naveed Sheikh PGDCC 2016/11/4694

Disclaimer: 1) Analysis in this report is based on ECG alone and should be used as an adjunct to clinical history, symptoms, and results of other invasive and non-invasive tests and must be interpreted by a qualified physician. 2) Patient vitals are as entered by the clinician and not derived from the ECG.



Name : MRS.SONAKSHI GAUTAM

Age / Gender : 34 Years / Female

Consulting Dr. : -

**Reg. Location**: Kalina, Santacruz East (Main Centre)

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: 24-Feb-2024 / 08:53 : 24-Feb-2024 / 12:23

## AERFOCAMI HEALTHCARE BELOW 40 MALE/FEMALE

| CBC | (Comple | te Blood | Count), | Blood |
|-----|---------|----------|---------|-------|
|     |         |          |         |       |

| <u>PARAMETER</u>       | <u>RESULTS</u> | BIOLOGICAL REF RANGE | <u>METHOD</u>      |
|------------------------|----------------|----------------------|--------------------|
| <b>RBC PARAMETERS</b>  |                |                      |                    |
| Haemoglobin            | 11.9           | 12.0-15.0 g/dL       | Spectrophotometric |
| RBC                    | 3.87           | 3.8-4.8 mil/cmm      | Elect. Impedance   |
| PCV                    | 37.1           | 36-46 %              | Calculated         |
| MCV                    | 95.8           | 81-101 fl            | Measured           |
| MCH                    | 30.6           | 27-32 pg             | Calculated         |
| MCHC                   | 32.0           | 31.5-34.5 g/dL       | Calculated         |
| RDW                    | 15.1           | 11.6-14.0 %          | Calculated         |
| WBC PARAMETERS         |                |                      |                    |
| WBC Total Count        | 9850           | 4000-10000 /cmm      | Elect. Impedance   |
| WBC DIFFERENTIAL AND A | BSOLUTE COUNTS |                      |                    |
| Lymphocytes            | 15.9           | 20-40 %              |                    |
| Absolute Lymphocytes   | 1566.2         | 1000-3000 /cmm       | Calculated         |
| Monocytes              | 5.0            | 2-10 %               |                    |
| Absolute Monocytes     | 492.5          | 200-1000 /cmm        | Calculated         |
| Neutrophils            | 72.7           | 40-80 %              |                    |
| Absolute Neutrophils   | 7160.9         | 2000-7000 /cmm       | Calculated         |
| Eosinophils            | 6.3            | 1-6 %                |                    |
| Absolute Eosinophils   | 620.5          | 20-500 /cmm          | Calculated         |
| Basophils              | 0.1            | 0.1-2 %              |                    |
| Absolute Basophils     | 9.8            | 20-100 /cmm          | Calculated         |
| Immature Leukocytes    | -              |                      |                    |
|                        |                |                      |                    |

WBC Differential Count by Absorbance & Impedance method/Microscopy.

## **PLATELET PARAMETERS**

| Platelet Count | 188000 | 150000-410000 /cmm | Elect. Impedance |
|----------------|--------|--------------------|------------------|
| MPV            | 11.8   | 6-11 fl            | Measured         |
| PDW            | 27.0   | 11-18 %            | Calculated       |

## **RBC MORPHOLOGY**

Hypochromia -Microcytosis -

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Macrocytosis -

Anisocytosis -

Poikilocytosis -

Polychromasia -

Target Cells -

Basophilic Stippling -

Normoblasts -

Others Normocytic, Normochromic

WBC MORPHOLOGY PLATELET MORPHOLOGY -

COMMENT Eosinophilia, Neutrophilia

Specimen: EDTA Whole Blood

ESR, EDTA WB-ESR 36 2-20 mm at 1 hr. Sedimentation

Clinical Significance: The erythrocyte sedimentation rate (ESR), also called a sedimentation rate is the rate red blood cells sediment in a period of time.

### Interpretation:

Factors that increase ESR: Old age, Pregnancy, Anemia

Factors that decrease ESR: Extreme leukocytosis, Polycythemia, Red cell abnormalities- Sickle cell disease

## Limitations:

- It is a non-specific measure of inflammation.
- · The use of the ESR as a screening test in asymptomatic persons is limited by its low sensitivity and specificity.

Reflex Test: C-Reactive Protein (CRP) is the recommended test in acute inflammatory conditions.

## Reference:

- Pack Insert
- Brigden ML. Clinical utility of the erythrocyte sedimentation rate. American family physician. 1999 Oct 1;60(5):1443-50.

\*Sample processed at SUBURBAN DIAGNOSTICS (INDIA) PVT. LTD SDRL, Vidyavihar Lab
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Dr.LEENA SALUNKHE M.B.B.S, DPB (PATH) Pathologist

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## AERFOCAMI HEALTHCARE BELOW 40 MALE/FEMALE

| <u> </u>                                    | ,,  |  |  |
|---|---|--|--|
| <u>PARAMETER</u>                            | <u>RESULTS</u>  | BIOLOGICAL REF RANGE   | <u>METHOD</u>  |
| GLUCOSE (SUGAR) FASTING,<br>Fluoride Plasma | 83.8  | Non-Diabetic: < 100 mg/dl<br>Impaired Fasting Glucose:<br>100-125 mg/dl<br>Diabetic: >/= 126 mg/dl   | Hexokinase   |
| GLUCOSE (SUGAR) PP, Fluoride<br>Plasma PP/R | 99.8  | Non-Diabetic: < 140 mg/dl<br>Impaired Glucose Tolerance:<br>140-199 mg/dl<br>Diabetic: >/= 200 mg/dl   | Hexokinase   |
| BILIRUBIN (TOTAL), Serum                    | 0.41  | 0.3-1.2 mg/dl  | Vanadate oxidation   |
| BILIRUBIN (DIRECT), Serum                   | 0.14  | 0-0.3 mg/dl  | Vanadate oxidation   |
| BILIRUBIN (INDIRECT), Serum                 | 0.27  | <1.2 mg/dl   | Calculated   |
| TOTAL PROTEINS, Serum                       | 6.5   | 5.7-8.2 g/dL   | Biuret   |
| ALBUMIN, Serum                              | 3.8   | 3.2-4.8 g/dL   | BCG  |
| GLOBULIN, Serum                             | 2.7   | 2.3-3.5 g/dL   | Calculated   |
| A/G RATIO, Serum                            | 1.4   | 1 - 2  | Calculated   |
| SGOT (AST), Serum                           | 19.3  | <34 U/L  | Modified IFCC  |
| SGPT (ALT), Serum                           | 11.6  | 10-49 U/L  | Modified IFCC  |
| GAMMA GT, Serum                             | 11.2  | <38 U/L  | Modified IFCC  |
| ALKALINE PHOSPHATASE,<br>Serum              | 54.9  | 46-116 U/L   | Modified IFCC  |
| BLOOD UREA, Serum                           | 13.5  | 19.29-49.28 mg/dl  | Calculated   |
| BUN, Serum                                  | 6.3   | 9.0-23.0 mg/dl   | Urease with GLDH   |
| CREATININE, Serum                           | 0.43  | 0.55-1.02 mg/dl  | Enzymatic  |
|   | GLUCOSE (SUGAR) FASTING, Fluoride Plasma  GLUCOSE (SUGAR) PP, Fluoride Plasma PP/R  BILIRUBIN (TOTAL), Serum BILIRUBIN (DIRECT), Serum BILIRUBIN (INDIRECT), Serum ALBUMIN, Serum GLOBULIN, Serum A/G RATIO, Serum SGOT (AST), Serum SGPT (ALT), Serum GAMMA GT, Serum ALKALINE PHOSPHATASE, Serum BLOOD UREA, Serum BUN, Serum | GLUCOSE (SUGAR) FASTING, Fluoride Plasma  GLUCOSE (SUGAR) PP, Fluoride Plasma PP/R  BILIRUBIN (TOTAL), Serum 0.41 BILIRUBIN (DIRECT), Serum 0.14 BILIRUBIN (INDIRECT), Serum 0.27  TOTAL PROTEINS, Serum 6.5 ALBUMIN, Serum 3.8 GLOBULIN, Serum 2.7 A/G RATIO, Serum 1.4  SGOT (AST), Serum 19.3  SGPT (ALT), Serum 11.6  GAMMA GT, Serum 11.2  ALKALINE PHOSPHATASE, Serum 13.5 BLOOD UREA, Serum 13.5 BUN, Serum 6.3 | GLUCOSE (SUGAR) FASTING, Fluoride Plasma       83.8       Non-Diabetic: < 100 mg/dl Impaired Fasting Glucose: 100-125 mg/dl Diabetic: >/= 126 mg/dl         GLUCOSE (SUGAR) PP, Fluoride Plasma PP/R       99.8       Non-Diabetic: < 140 mg/dl Impaired Glucose Tolerance: 140-199 mg/dl Diabetic: >/= 200 mg/dl         BILIRUBIN (TOTAL), Serum       0.41       0.3-1.2 mg/dl         BILIRUBIN (DIRECT), Serum       0.14       0-0.3 mg/dl         BILIRUBIN (INDIRECT), Serum       0.27       <1.2 mg/dl |

Note: Kindly note in change in reference range w.e.f. 07-09-2023



Name : MRS.SONAKSHI GAUTAM

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Consulting Dr. : ·

eGFR, Serum

Reg. Location

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Calculated

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(ml/min/1.73sqm)

Normal or High: Above 90 Mild decrease: 60-89

Collected

Mild to moderate decrease: 45-

59

Moderate to severe decrease:30

-44

Severe decrease: 15-29 Kidney failure: <15

Note: eGFR estimation is calculated using 2021 CKD-EPI GFR equation w.e.f 16-08-2023

URIC ACID, Serum 1.5 3.1-7.8 mg/dl Uricase/ Peroxidase

Urine Sugar (Fasting)AbsentAbsentUrine Ketones (Fasting)AbsentAbsent

Urine Sugar (PP)AbsentAbsentUrine Ketones (PP)AbsentAbsent

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Dr.ANUPA DIXIT
M.D.(PATH)
Consultant Pathologist & Lab Director

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# AERFOCAMI HEALTHCARE BELOW 40 MALE/FEMALE **GLYCOSYLATED HEMOGLOBIN (HbA1c)**

**BIOLOGICAL REF RANGE PARAMETER RESULTS METHOD** 

**HPLC** Glycosylated Hemoglobin 5.1 Non-Diabetic Level: < 5.7 %

> Prediabetic Level: 5.7-6.4 % Diabetic Level: >/= 6.5 %

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Estimated Average Glucose 99.7 mg/dl Calculated

(eAG), EDTA WB - CC

(HbA1c), EDTA WB - CC

### Intended use:

In patients who are meeting treatment goals, HbA1c test should be performed at least 2 times a year

- In patients whose therapy has changed or who are not meeting glycemic goals, it should be performed quarterly
- For microvascular disease prevention, the HbA1C goal for non pregnant adults in general is Less than 7%.

## Clinical Significance:

- HbA1c. Glycosylated hemoglobin or glycated hemoglobin, is hemoglobin with glucose molecule attached to it.
- The HbA1c test evaluates the average amount of glucose in the blood over the last 2 to 3 months by measuring the percentage of glycosylated hemoglobin in the blood.

## Test Interpretation:

- The HbA1c test evaluates the average amount of glucose in the blood over the last 2 to 3 months by measuring the percentage of Glycosylated hemoglobin in the blood.
- HbA1c test may be used to screen for and diagnose diabetes or risk of developing diabetes.
- To monitor compliance and long term blood glucose level control in patients with diabetes.
- Index of diabetic control, predicting development and progression of diabetic micro vascular complications.

## Factors affecting HbA1c results:

Increased in: High fetal hemoglobin, Chronic renal failure, Iron deficiency anemia, Splenectomy, Increased serum triglycerides, Alcohol ingestion, Lead/opiate poisoning and Salicylate treatment.

Decreased in: Shortened RBC lifespan (Hemolytic anemia, blood loss), following transfusions, pregnancy, ingestion of large amount of Vitamin E or Vitamin C and Hemoglobinopathies

Reflex tests: Blood glucose levels, CGM (Continuous Glucose monitoring)

References: ADA recommendations, AACC, Wallach's interpretation of diagnostic tests 10th edition.

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( en ex Dr.NAMRATA RAUL M.D (Biochem) **Biochemist** 

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# AERFOCAMI HEALTHCARE BELOW 40 MALE/FEMALE EXAMINATION OF FAECES

| <u>PARAMETER</u>               | <u>RESULTS</u>  | BIOLOGICAL REF RANGE | <u>METHOD</u> |
|--------------------------------|-----------------|----------------------|---------------|
| PHYSICAL EXAMINATION           |                 |                      |               |
| Colour                         | Brown           | Brown                | -             |
| Form and Consistency           | Semi Solid      | Semi Solid           | -             |
| Mucus                          | Absent          | Absent               | -             |
| Blood                          | Absent          | Absent               | -             |
| CHEMICAL EXAMINATION           |                 |                      |               |
| Reaction (pH)                  | Acidic (6.5)    | -                    | pH Indicator  |
| Occult Blood                   | Absent          | Absent               | Guaiac        |
| MICROSCOPIC EXAMINATION        |                 |                      |               |
| Protozoa                       | Absent          | Absent               | -             |
| Flagellates                    | Absent          | Absent               | -             |
| Ciliates                       | Absent          | Absent               | -             |
| Parasites                      | Absent          | Absent               | -             |
| Macrophages                    | Absent          | Absent               | -             |
| Mucus Strands                  | Absent          | Absent               | -             |
| Fat Globules                   | Absent          | Absent               | -             |
| RBC/hpf                        | Absent          | Absent               | -             |
| WBC/hpf                        | Absent          | Absent               | -             |
| Yeast Cells                    | Absent          | Absent               | -             |
| Undigested Particles           | Present ++      | -                    | -             |
|                                |                 | -<br>                |               |
| Concentration Method (for ova) | No ova detected | Absent               | -             |
| Reducing Substances            | -               | Absent               | Benedicts     |

<sup>\*</sup>Sample processed at SUBURBAN DIAGNOSTICS (INDIA) PVT. LTD SDRL, Vidyavihar Lab
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Dr.VRUSHALI SHROFF M.D.(PATH) Pathologist



Name : MRS.SONAKSHI GAUTAM

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## AERFOCAMI HEALTHCARE BELOW 40 MALE/FEMALE **URINE EXAMINATION REPORT**

| <u>PARAMETER</u>            | RESULTS     | BIOLOGICAL REF RANGE | <u>METHOD</u>      |
|-----------------------------|-------------|----------------------|--------------------|
| PHYSICAL EXAMINATION        |             |                      |                    |
| Color                       | Pale Yellow | Pale Yellow          | -                  |
| Reaction (pH)               | 6.5         | 4.5 - 8.0            | Chemical Indicator |
| Specific Gravity            | 1.015       | 1.001-1.030          | Chemical Indicator |
| Transparency                | Clear       | Clear                | -                  |
| Volume (ml)                 | 15          | -                    | -                  |
| <b>CHEMICAL EXAMINATION</b> |             |                      |                    |
| Proteins                    | Absent      | Absent               | pH Indicator       |
| Glucose                     | Absent      | Absent               | GOD-POD            |
| Ketones                     | Absent      | Absent               | Legals Test        |
| Blood                       | Absent      | Absent               | Peroxidase         |
| Bilirubin                   | Absent      | Absent               | Diazonium Salt     |
| Urobilinogen                | Normal      | Normal               | Diazonium Salt     |
| Nitrite                     | Absent      | Absent               | Griess Test        |
| MICROSCOPIC EXAMINATIO      | <u>N</u>    |                      |                    |
| Leukocytes(Pus cells)/hpf   | 2-3         | 0-5/hpf              |                    |
| Red Blood Cells / hpf       | Absent      | 0-2/hpf              |                    |
| Epithelial Cells / hpf      | 1-1         |                      |                    |
| Casts                       | Absent      | Absent               |                    |
| Crystals                    | Absent      | Absent               |                    |
| Amorphous debris            | Absent      | Absent               |                    |
| Bacteria / hpf              | +(>20/hpf)  | Less than 20/hpf     |                    |
| Others                      | -           |                      |                    |
|                             |             |                      |                    |

Kindly rule out contamination.



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Interpretation: The concentration values of Chemical analytes corresponding to the grading given in the report are as follows:

Protein (1 + 25 mg/dl, 2 + 75 mg/dl, 3 + 150 mg/dl, 4 + 500 mg/dl)

Glucose(1+ = 50 mg/dl, 2+ =100 mg/dl, 3+ =300 mg/dl, 4+ =1000 mg/dl)

Ketone (1+ = 5 mg/dl, 2+ = 15 mg/dl, 3+ = 50 mg/dl, 4+ = 150 mg/dl)

Reference: Pack inert

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Dr. VRUSHALI SHROFF M.D.(PATH) **Pathologist** 

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:24-Feb-2024 / 13:27

## AERFOCAMI HEALTHCARE BELOW 40 MALE/FEMALE **BLOOD GROUPING & Rh TYPING**

**RESULTS PARAMETER** 

**ABO GROUP** 0

Rh TYPING Positive

NOTE: Test performed by automated Erythrocytes magnetized technology (EMT) which is more sensitive than conventional methods.

Specimen: EDTA Whole Blood and/or serum

### Clinical significance:

ABO system is most important of all blood group in transfusion medicine

#### Limitations:

- ABO blood group of new born is performed only by cell (forward) grouping because allo antibodies in cord blood are of maternal origin.
- Since A & B antigens are not fully developed at birth, both Anti-A & Anti-B antibodies appear after the first 4 to 6 months of life. As a result, weaker reactions may occur with red cells of newborns than of adults.
- Confirmation of newborn's blood group is indicated when A & B antigen expression and the isoagglutinins are fully developed at 2 to 4 years of age & remains constant throughout life.
- Cord blood is contaminated with Wharton's jelly that causes red cell aggregation leading to false positive result
- The Hh blood group also known as Oh or Bombay blood group is rare blood group type. The term Bombay is used to refer the phenotype that lacks normal expression of ABH antigens because of inheritance of hh genotype.

## Refernces:

- 1. Denise M Harmening, Modern Blood Banking and Transfusion Practices- 6th Edition 2012. F.A. Davis company. Philadelphia
- 2. AABB technical manual

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# AERFOCAMI HEALTHCARE BELOW 40 MALE/FEMALE LIPID PROFILE

| <u>PARAMETER</u>                    | <u>RESULTS</u> | <b>BIOLOGICAL REF RANGE</b>  | <u>METHOD</u>             |
|-------------------------------------|----------------|--|---------------------------|
| CHOLESTEROL, Serum                  | 126.4          | Desirable: <200 mg/dl<br>Borderline High: 200-239mg/dl<br>High: >/=240 mg/dl   | CHOD-POD                  |
| TRIGLYCERIDES, Serum                | 110.0          | Normal: <150 mg/dl<br>Borderline-high: 150 - 199<br>mg/dl<br>High: 200 - 499 mg/dl<br>Very high:>/=500 mg/dl                                     | Enzymatic<br>colorimetric |
| HDL CHOLESTEROL, Serum              | 51.8           | Desirable: >60 mg/dl<br>Borderline: 40 - 60 mg/dl<br>Low (High risk): <40 mg/dl  | Elimination/ Catalase     |
| NON HDL CHOLESTEROL,<br>Serum       | 74.6           | Desirable: <130 mg/dl<br>Borderline-high:130 - 159 mg/dl<br>High:160 - 189 mg/dl<br>Very high: >/=190 mg/dl                                      | Calculated                |
| LDL CHOLESTEROL, Serum              | 52.6           | Optimal: <100 mg/dl<br>Near Optimal: 100 - 129 mg/dl<br>Borderline High: 130 - 159<br>mg/dl<br>High: 160 - 189 mg/dl<br>Very High: >/= 190 mg/dl | Calculated                |
| VLDL CHOLESTEROL, Serum             | 22.0           | < /= 30 mg/dl  | Calculated                |
| CHOL / HDL CHOL RATIO,<br>Serum     | 2.4            | 0-4.5 Ratio  | Calculated                |
| LDL CHOL / HDL CHOL RATIO,<br>Serum | 1.0            | 0-3.5 Ratio  | Calculated                |

<sup>\*</sup>Sample processed at SUBURBAN DIAGNOSTICS (INDIA) PVT. LTD SDRL, Vidyavihar Lab  $^{***}$  End Of Report  $^{***}$ 





Dr.VRUSHALI SHROFF M.D.(PATH) Pathologist

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# AERFOCAMI HEALTHCARE BELOW 40 MALE/FEMALE **THYROID FUNCTION TESTS**

| <u>PARAMETER</u>    | <u>RESULTS</u> | BIOLOGICAL REF RANGE  | <u>METHOD</u> |
|---------------------|----------------|---|---------------|
| Free T3, Serum      | 5.1            | 3.5-6.5 pmol/L  | CLIA          |
| Free T4, Serum      | 13.6           | 11.5-22.7 pmol/L  | CLIA          |
| sensitiveTSH, Serum | 1.424          | 0.35-5.5 microIU/ml<br>First Trimester:0.1-2.5<br>Second Trimester:0.2-3.0<br>Third Trimester:0.3-3.0 | CLIA          |



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### Interpretation:

A thyroid panel is used to evaluate thyroid function and/or help diagnose various thyroid disorders.

### Clinical Significance:

- 1)TSH Values between high abnormal upto15 microIU/ml should be correlated clinically or repeat the test with new sample as physiological factors
- can give falsely high TSH.
- 2)TSH values may be trasiently altered becuase of non thyroidal illness like severe infections, liver disease, renal and heart severe burns, trauma and surgery etc.

| TSH  | FT4 / T4 | FT3 / T3 | Interpretation  |
|------|----------|----------|---|
| High | Normal   | Normal   | Subclinical hypothyroidism, poor compliance with thyroxine, drugs like amiodarone, Recovery phase of non-thyroidal illness, TSH Resistance.   |
| High | Low      | Low      | Hypothyroidism, Autoimmune thyroiditis, post radio iodine Rx, post thyroidectomy, Anti thyroid drugs, tyrosine kinase inhibitors & amiodarone, amyloid deposits in thyroid, thyroid tumors & congenital hypothyroidism. |
| Low  | High     | High     | Hyperthyroidism, Graves disease, toxic multinodular goiter, toxic adenoma, excess iodine or thyroxine intake, pregnancy related (hyperemesis gravidarum, hydatiform mole)   |
| Low  | Normal   | Normal   | Subclinical Hyperthyroidism, recent Rx for Hyperthyroidism, drugs like steroids & dopamine), Non thyroidal illness.   |
| Low  | Low      | Low      | Central Hypothyroidism, Non Thyroidal Illness, Recent Rx for Hyperthyroidism.   |
| High | High     | High     | Interfering anti TPO antibodies, Drug interference: Amiodarone, Heparin, Beta Blockers, steroids & anti epileptics.   |

**Diurnal Variation:**TSH follows a diurnal rhythm and is at maximum between 2 am and 4 am, and is at a minimum between 6 pm and 10 pm. The variation is on the order of 50 to 206%. Biological variation:19.7%(with in subject variation)

Reflex Tests: Anti thyroid Antibodies, USG Thyroid , TSH receptor Antibody. Thyroglobulin, Calcitonin

## Limitations:

- 1. Samples should not be taken from patients receiving therapy with high biotin doses (i.e. >5 mg/day) until atleast 8 hours following the last biotin administration.
- 2. Patient samples may contain heterophilic antibodies that could react in immunoassays to give falsely elevated or depressed results. this assay is designed to minimize interference from heterophilic antibodies.

## Reference:

- 1.O.koulouri et al. / Best Practice and Research clinical Endocrinology and Metabolism 27(2013)
- 2.Interpretation of the thyroid function tests, Dayan et al. THE LANCET . Vol 357
- 3. Tietz , Text Book of Clinical Chemistry and Molecular Biology -5th Edition
- 4.Biological Variation:From principles to Practice-Callum G Fraser (AACC Press)

\*Sample processed at SUBURBAN DIAGNOSTICS (INDIA) PVT. LTD SDRL, Vidyavihar Lab
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