



Pain and Spine HOSPITAL



"A Unit of Surange Healthcare North India Pvt. Ltd"

03/04/24

MRS. VARINDER Kaur 39/0

HT - 15.8 cm

N/O HARSH KUNDU

WT - 73.3

Bp - 110/70 mm/hg

PR - 79 /m

Patient came for routine health checkup -

ECG - WNL

TMT - WNL

Am

collect reports of xpc

Dr. Dudley Savio Stewart
Resident Medical Officer
Pain And Spine Hospital
MD PHYSICIAN
DMC/R/28479



BOOK APPOINTMENT



IPSC Delhi Centre: Plot No 453, Sector 19, Dwarka, New Delhi - 110075
IPSC Bengaluru Centre: 11,12 Sahakara Nagar, Bellary Road, Bengaluru - 560092

+91-9555437357 / 9311223924
+91-9311223926

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bengaluru@ipscindia.com

www.ipscindia.com

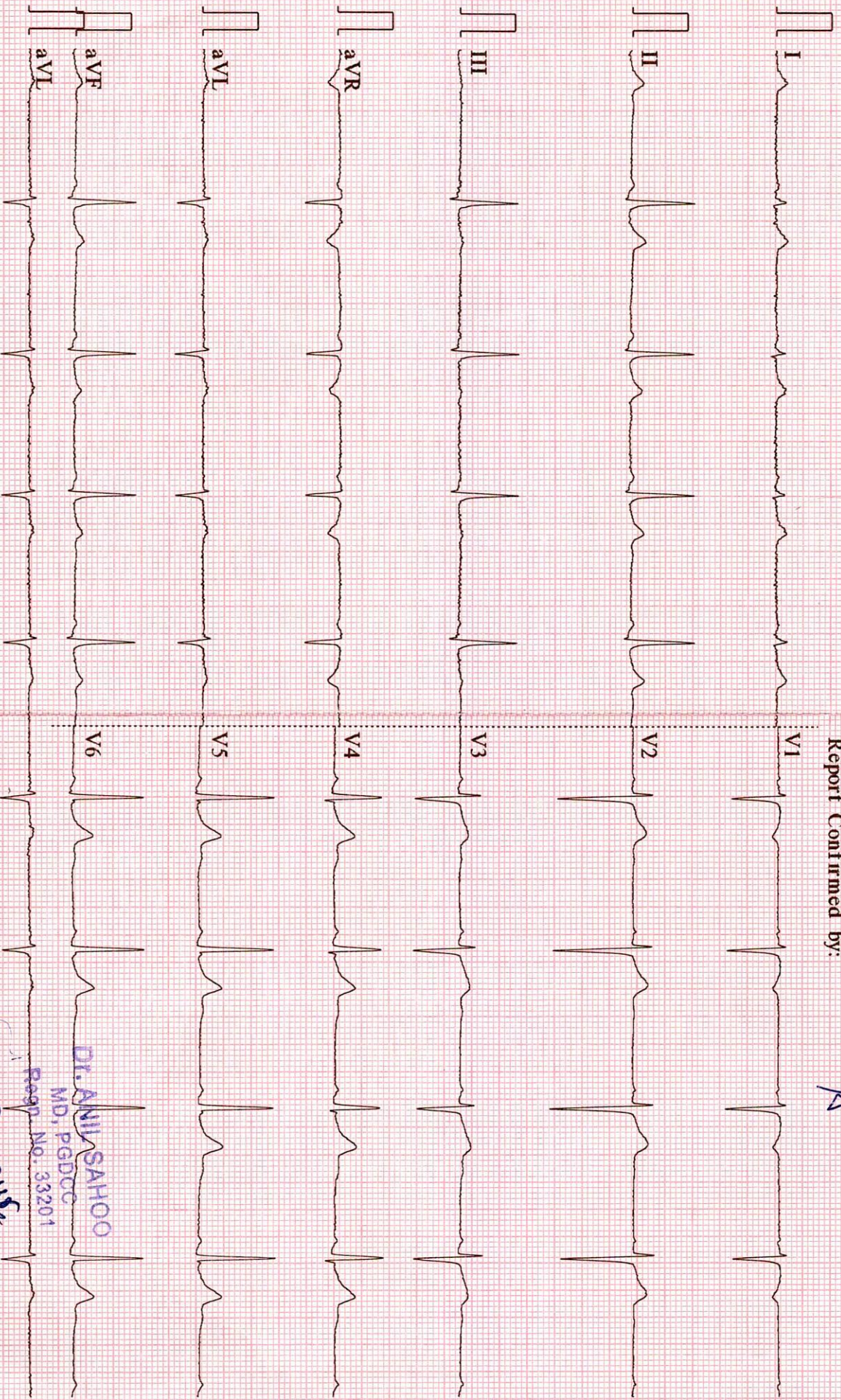
ID: 12
Mrs Varinder Kaur
Female 39 Years
Req. No. :

03-04-2024 11:04:17 AM
HR : 53 bpm
P : 106 ms
PR : 136 ms
QRS : 92 ms
QT/QTcBz : 416/391 ms
P/QRS/T : 56/83/48 °
RV5/SV1 : 1.377/0.908 mV

Diagnosis Information:
Sinus bradycardia
Normal ECG except for rate

Report Confirmed by:

A



0.67~45Hz AC50 25mm/s 10mm/mV 2*5.0s+1r CARDIART 91 D V1.44 Glasgow V28.6.7

DR. ANIL SAHOO
MD, PGDCC
Regn. No. 33201
Dr. Anil Sahoo

IPSC PAIN AND SPINE HOSPITAL

PIOT-453 NEAR SBI BANK SECTOR-19
 DWARKA NEW DELHI-110075, PH: 9555437357

VARINDER KAUR

ID : 67234
 DATE : 03-04-2024
 AGE/SEX : 39 / F
 HT/WT : 0 / 0
 REF. BY :

TREADMILL TEST REPORT

PROTOCOL : Bruce
 HISTORY :
 INDICATION : Checkup/Physical fitness,
 MEDICATION :

PHASE	TOTAL TIME	STAGE TIME	SPEED Km/Hr	GRADE %	H.R. bpm	B.P. mmHg	RPP x100	ST LEVEL (MM)			METS
								II	V1	V5	
SUPINE					55	120 / 80	66	0.7	0.3	0.7	
STANDING					57	120 / 80	68	0.7	0.3	0.7	
HYPERVENT					61	120 / 80	73	0.7	0.4	0.8	
Stage 1	2:55	2:55	2.7	10	125	130 / 80	162	-0.5	0.6	0.3	4.67
Stage 2	5:55	2:55	4	12	157	140 / 80	219	-1.9	0.3	-0.7	7.04
PK-EXERCISE	6:17	0:17	5.4	14	159	150 / 80	238	-2.2	0.5	-0.3	7.37
RECOVERY	7:27	0:55			130	150 / 80	195	-0.2	0.5	0.4	
RECOVERY	8:27	1:55			107	140 / 80	149	0.1	0.5	0.6	
RECOVERY	9:27	2:55			102	130 / 80	132	-0.2	0.6	-0.1	
RECOVERY	10:6	3:34			92	120 / 80	110	-0.2	0.4	-0.2	

RESULTS

EXERCISE DURATION : 6:17
 MAX HEART RATE : 166 bpm
 MAX BLOOD PRESSURE : 150 / 80 mm Hg
 REASON OF TERMINATION : Achieved THR,
 BP RESPONSE : Normal,
 ARRYTHMIA : None,
 H.R. RESPONSE : Normal Chronotropic Response,
IMPRESSIONS :
 Negative for Provocable myocardial ischemia,
 MAX WORK LOAD : 7.37 METS

DR. ANIL SAHOO
 MD, PGDCC
 Regn. No. 33201



Technician :

IPSC PAIN AND SPINE HOSPITAL

VARINDER KAUR
 I.D. 67234
 Age 39/F
 Date 03-04-2024

RATE 55bpm
 B.P. 120/80

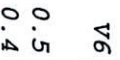
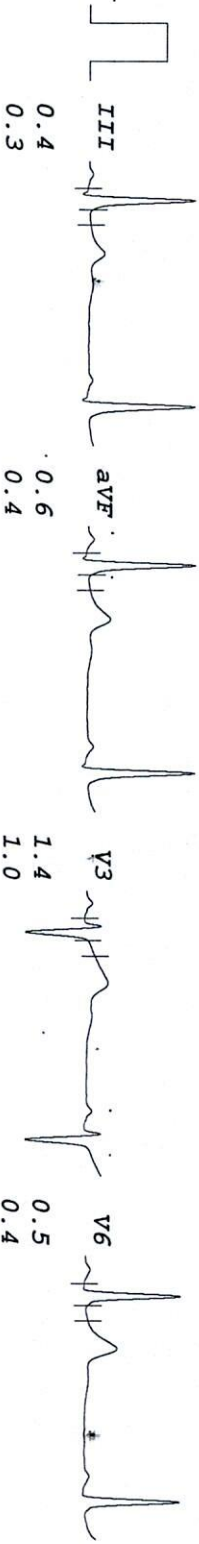
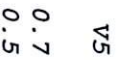
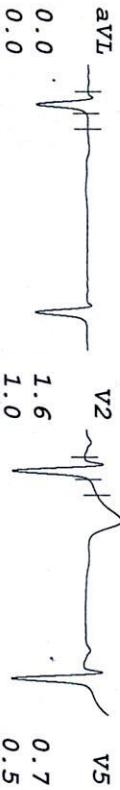
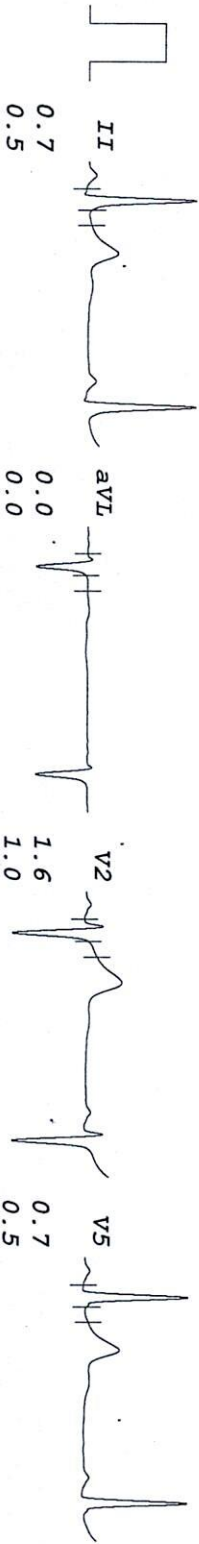
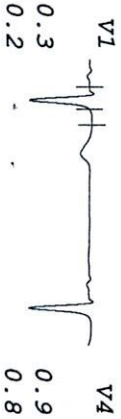
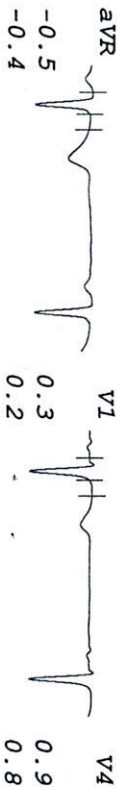
PRETEST
 SUPINE

ST @ 10mm/mV
 80ms PostJ

LINKED MEDIAN

Mag. X 2

III



0.4
 0.3



II aVR aVF V2 V4 V6

I III aVL V1 V3 V5

Handwritten signature

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VARINDER KAUR

I.D. 67234

Age 39/F

Date 03-04-2024

RATE 57bpm

B.P. 120/80

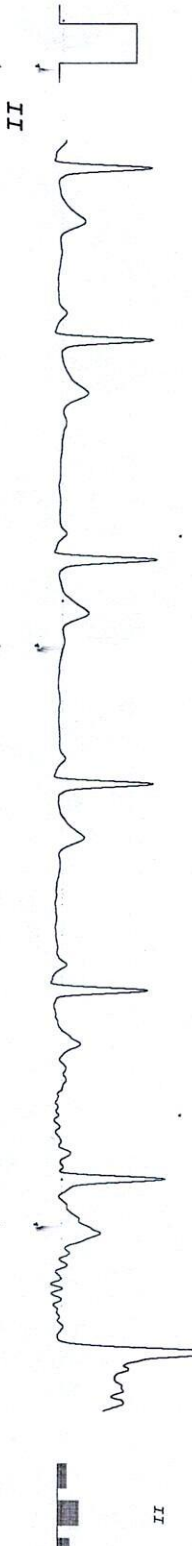
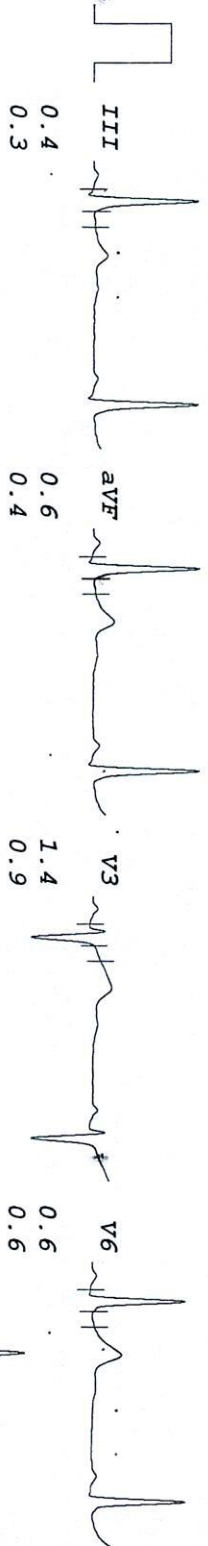
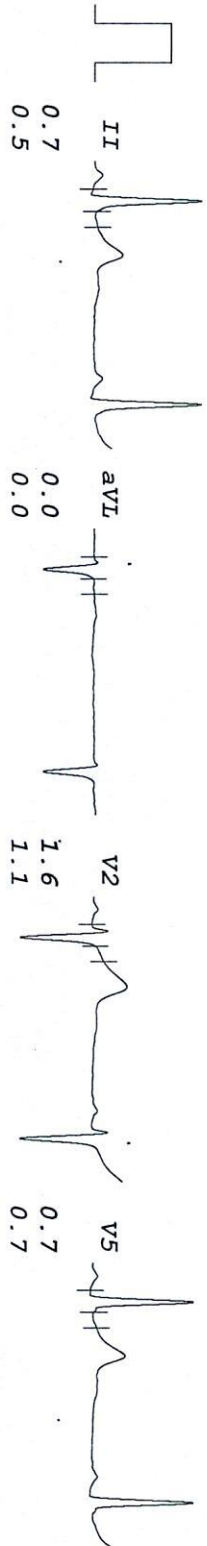
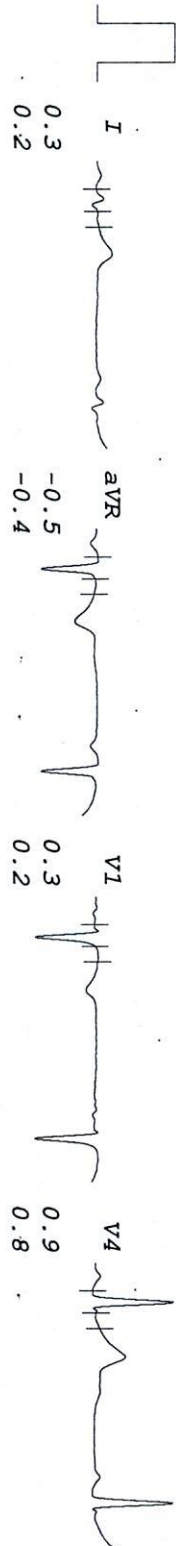
PRETEST
STANDING

ST @ 10mm/mV
80ms PostJ

LINKED MEDIAN

Mag. X 2

V1



0.3
0.2

II aVR aVF V2 V4 V6

I III aVL V1 V3 V5

IPSC PAIN AND SPINE HOSPITAL

VARINDER KAUR

I.D. 67234

Age 39/F

Date 03-04-2024

RATE 61bpm

B.P. 120/80

PRETEST
HYPERVENT

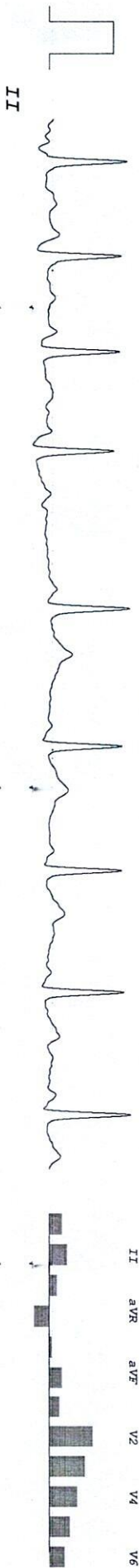
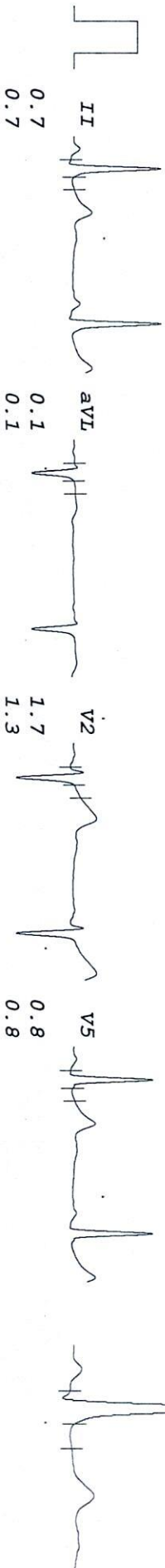
ST @ 10mm/mV
80ms PostJ

PHASE TIME 0:15

LINKED MEDIAN

Mag. X 2

III



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VARINDER KAUR
 I.D. 67234
 Age 39/F
 Date 03-04-2024

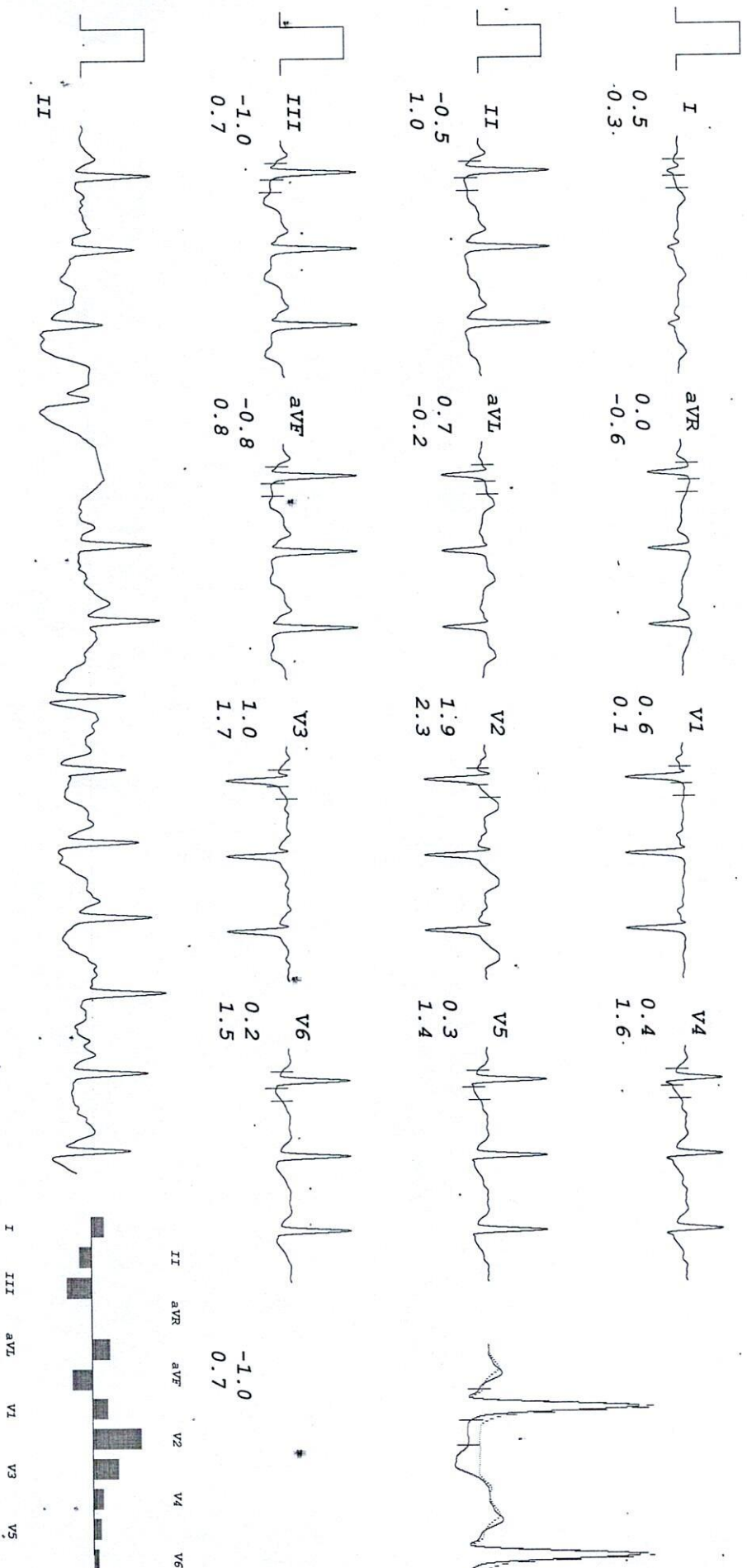
RATE 125bpm
 B.P. 130/80

Bruce
 Stage 1
 TOTAL TIME 2:55
 PHASE TIME 2:55
 ST @ 10mm/mV
 80ms PostJ
 Speed 2.7 km/hr
 SLOPE 10 %

LINKED MEDIAN

Mag. X 2

III



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VARINDER KAUR
 I.D. 67234
 Age 39/F
 Date 03-04-2024

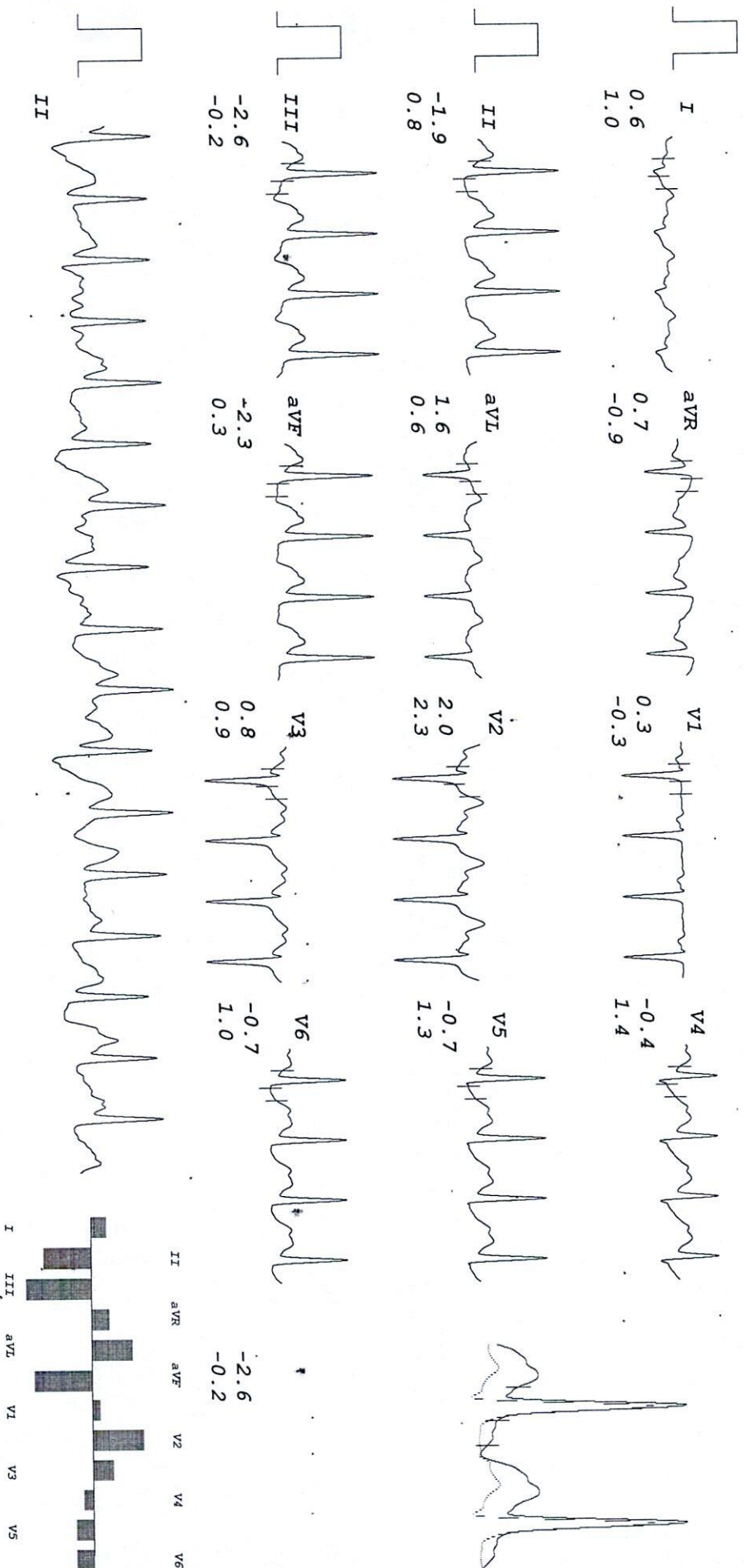
RATE 157bpm
 B.P. 140/80

Bruce
 Stage 2
 TOTAL TIME 5:55
 PHASE TIME 2:55
 ST @ 10mm/mV
 80ms PostJ
 Speed 4 km/hr
 SLOPE 12 %

LINKED MEDIAN

Mag. X 2

III



IPSC PAIN AND SPINE HOSPITAL

VARINDER KAUR
 I.D. 67234
 Age 39/F
 Date 03-04-2024

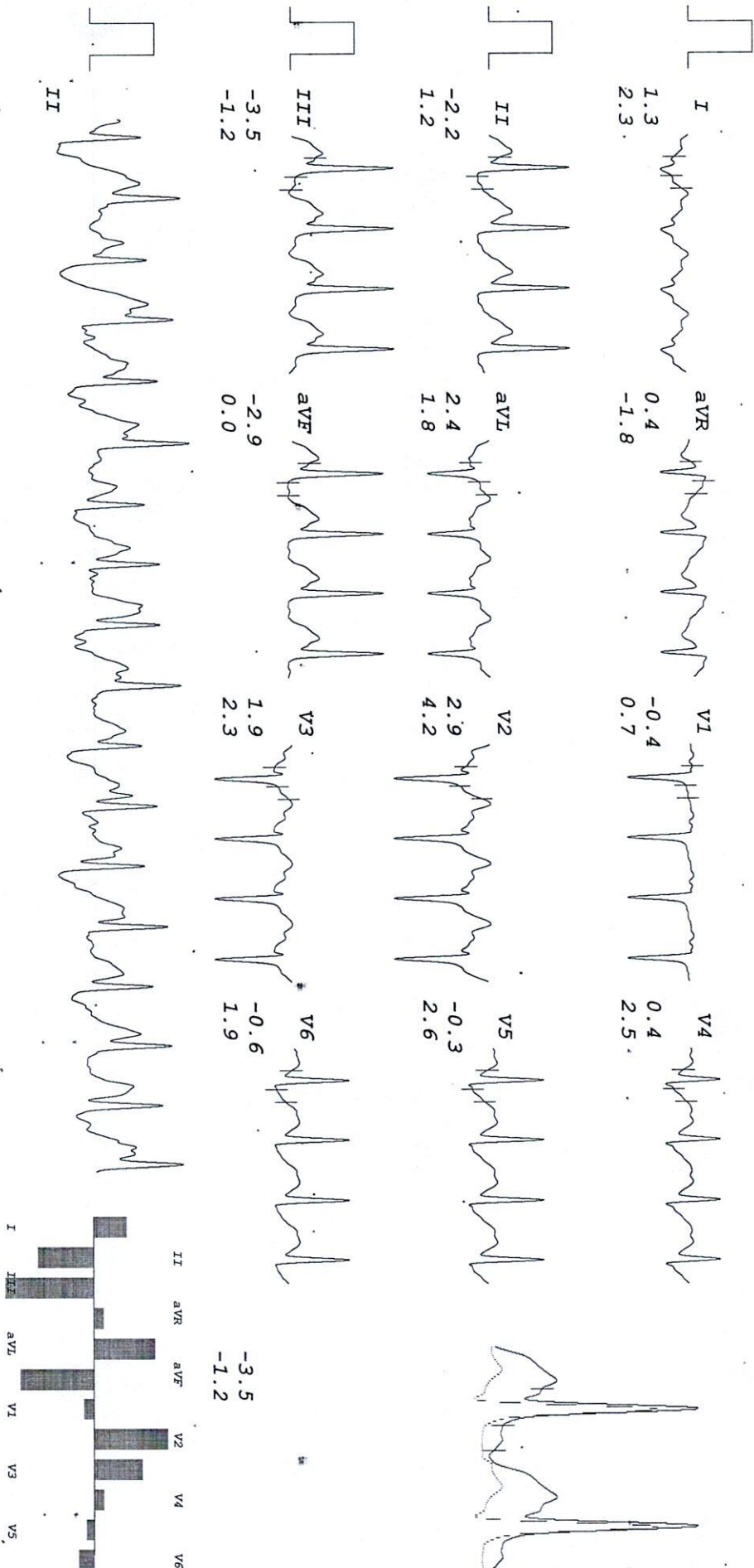
RATE 159bpm
 B.P. 150/80

Bruce
 PK-EXERCISE
 TOTAL TIME 6:17
 PHASE TIME 0:17
 ST @ 10mm/mV
 80ms PostJ
 Speed 5.4 km/hr
 SLOPE 14 %

LINKED MEDIAN

Mag. X 2

III



IPSC PAIN AND SPINE HOSPITAL

VARINDER KAUR
 I.D. 67234
 Age 39/F
 Date 03-04-2024

RATE 130bpm
 B.P. 150/80

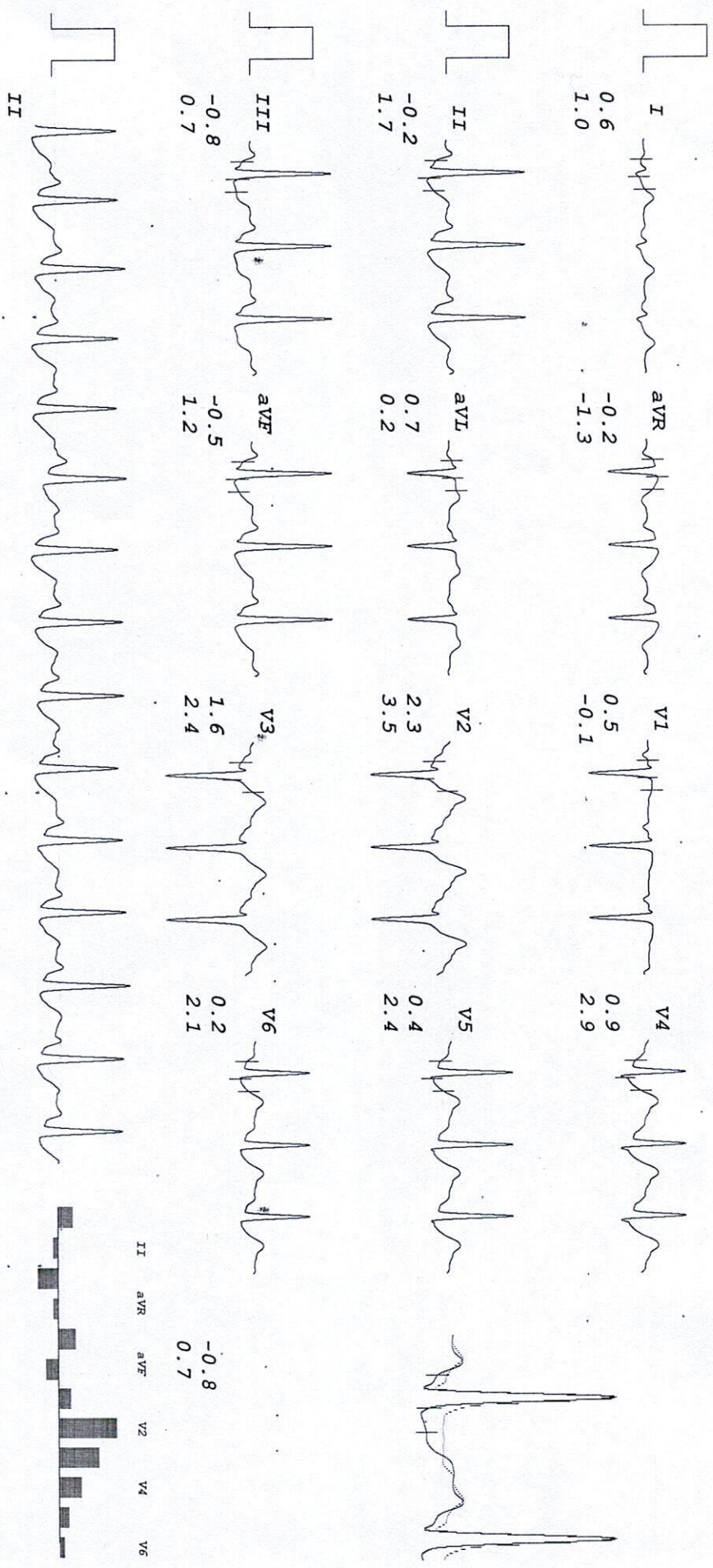
Bruce
 RECOVERY
 TOTAL TIME 7:27
 PHASE TIME 0:55

ST @ 10mm/mV
 80ms PostJ

LINKED MEDIAN

Mag. X 2

III



IPSC PAIN AND SPINE HOSPITAL

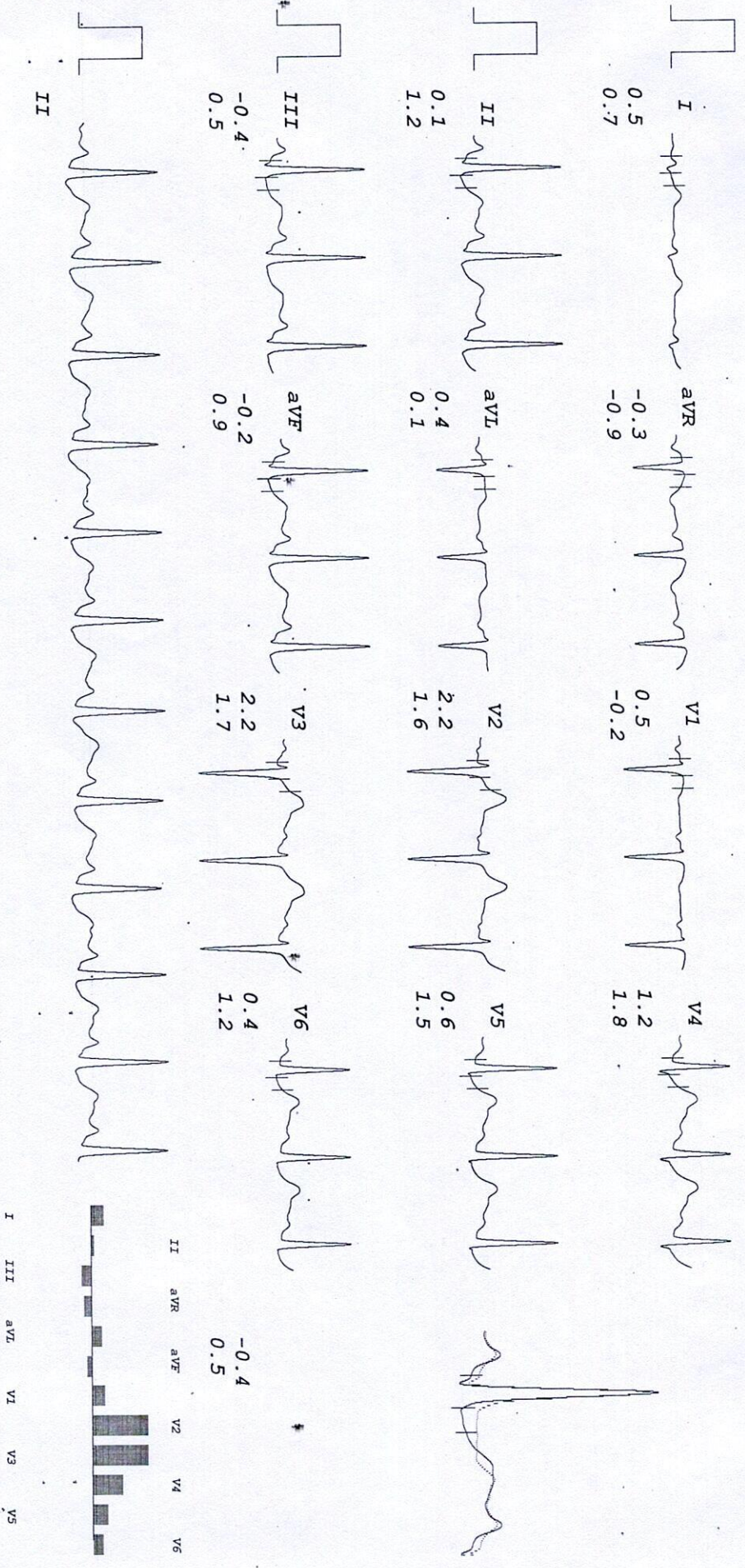
VARINDER KAUR
 I.D. 67234
 Age 39/F
 Date 03-04-2024

BRUCE
 RECOVERY
 TOTAL TIME 8:27
 PHASE TIME 1:55

ST @ 10mm/mV
 80ms PostJ

LINKED MEDIAN

Mag. X 2



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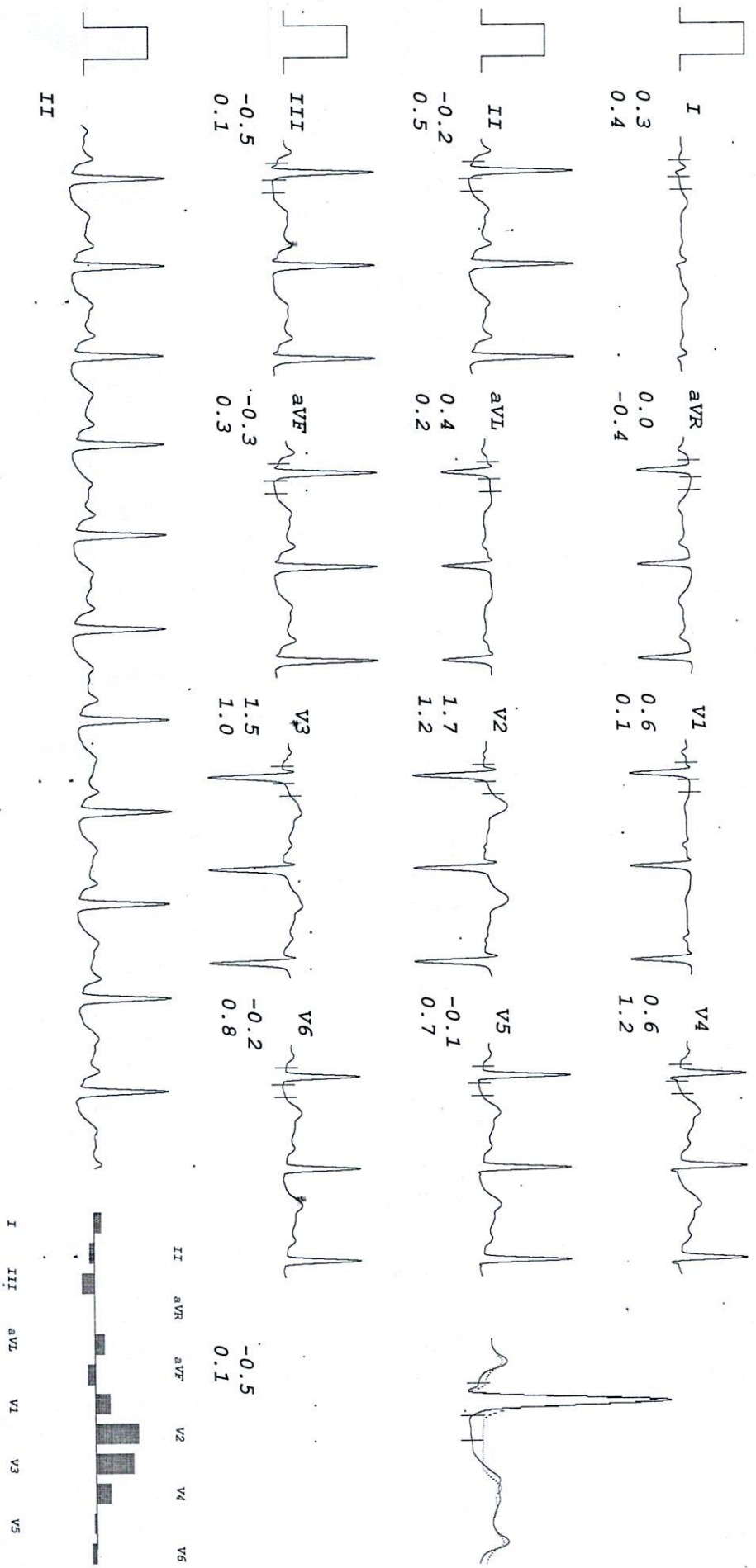
VARINDER KAUR
 I.D. 67234
 Age 39/F
 Date 03-04-2024

Rate 102bpm
 B.P. 130/80
 Bruce
 RECOVERY
 TOTAL TIME 9:27
 PHASE TIME 2:55

ST @ 10mm/mV
 80ms PostJ

LINKED MEDIAN

Mag. X 2
 III



IPSC PAIN AND SPINE HOSPITAL

VARINDER KAUR
 I.D. 67234
 Age 39/F
 Date 03-04-2024

RATE 92bpm
 B.P. 120/80

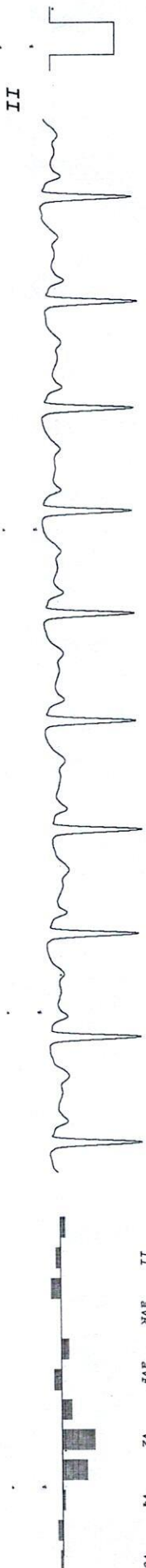
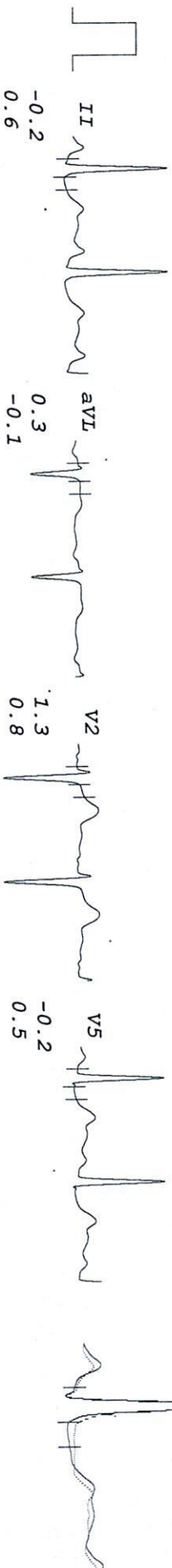
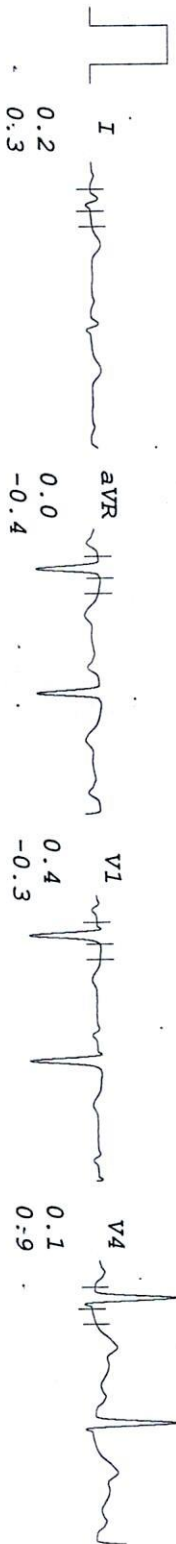
Bruce
 RECOVERY
 TOTAL TIME 10:06
 PHASE TIME 3:34

ST @ 10mm/mV
 80ms PostJ

LINKED MEDIAN

Mag. X 2

III



To

IPSC Hospital
Dwarka Sec-19,
N-Delhi

Sub → For not taking PP-Blood Sugar & PARS Test

R/sir/Madam

I Navinder Kaur willingly ~~not~~ skipping
my both above mentioned test.

Navinder Kaur 03/04/24.

N- 9650750192

Radiology No.	: 61/OPDPB24DL	Date	: 03-Apr-2024
Patient Name	: Mrs. VARINDER KAUR	Age/Sex	: 39Y9M Female
Guardian Name	:	UHID No.	: 61/UHID24DL
Referred By	: Dr. .	Mobile No.	: 9650750192

ULTRASOUND OF WHOLE ABDOMEN

Convex and linear Probe was used.

The liver is normal in size however is increased in echotexture. Intrahepatic bile ducts and CBD are not dilated. Hepatic portal veins and the IVC appear normal in caliber.

Gall bladder is adequately distended with normal intraluminal fluid contents. No evidence of calculus / wall thickness noted.

Pancreas is of normal size and contour with normal echotexture.

Right kidney is normal in size and position .It shows normal movements with respiration. Cortical thickness is normal .

No calculus, mass or hydronephrotic changes seen.

Right kidney measures- 106 x 36mm.

Renal artery pulsation appear normal.

Left kidney is normal in size and position .It shows normal movements with respiration. Cortical thickness is normal .

No calculus, mass or hydronephrotic changes seen.

Left kidney measures- 96 x 44mm.

Renal artery pulsation appear normal.



Dr. Harshita Surange
MBBS, DMRD (RADIO DIAGNOSIS)
DIPLOMA IN MSK, UCAM (Spain)
Reg. No. MCI/16522, DMC/18402



BOOK APPOINTMENT



Radiology No.	: 61/OPDPB24DL	Date	: 03-Apr-2024
Patient Name	: Mrs. VARINDER KAUR	Age/Sex	: 39Y9M Female
Guardian Name	:	UHID No.	: 61/UHID24DL
Referred By	: Dr. .	Mobile No.	: 9650750192

Spleen is of normal size and shape. Ecotexture is normal. No focal lesion is seen. No evidence of retro-peritoneal lymphadenopathy/ ascites/ pleural effusion noted.

Uterus is anteverted and is normal in size. Myometrium shows normal echo-pattern.
A fibroid of 6 x 5.5cm is seen on posterior wall displacing the endometrium.

Endometrial is normal measuring 6mm and is displaced by the posterior wall fibroid.

Both ovaries are normal in size with solitary follicle of 2-3mm in each ovary.
Right ovary measures 28 x 16 x 33mm(vol-8.1cc).
Left ovary measures 25 x 15 x 30mm(vol-6.4cc).

No free fluid is seen in the pouch of douglas.

Urinary bladder does not show any calculus or mass lesion.

Impression:1)Fatty liver grade I.
2)Fibroid uterus with having mass effect.

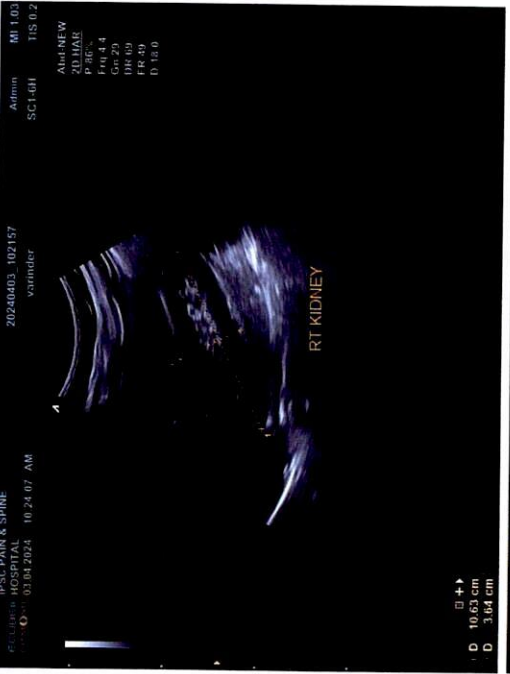
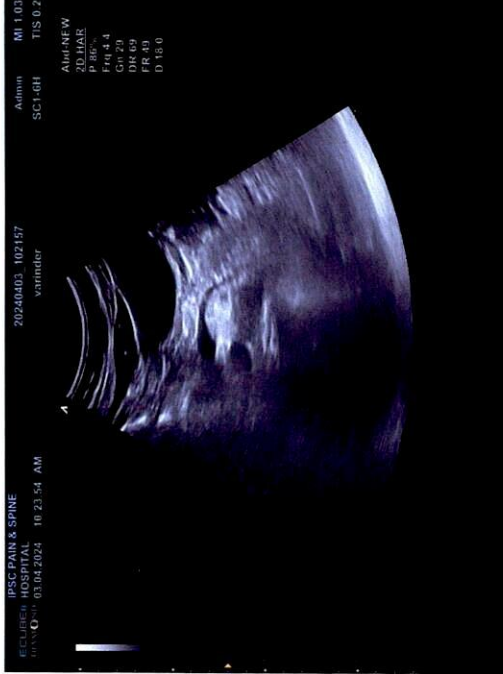


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BOOK APPOINTMENT





Radiology No.	: 61/OPDPB24DL	Date	: 03-Apr-2024
Patient Name	: Mrs. VARINDER KAUR	Age/Sex	: 39Y9M Female
Guardian Name	:	UHID No.	: 61/UHID24DL
Referred By	: Dr. .	Mobile No.	: 9650750192

X-RAY CHEST

Image quality:-

No evidence of rotation.

PA view. Normal penetration.

Airway:- Trachea central.

Carina & bronchi are normal.

No hilar abnormality.

Lung fields:- Clear.

Cardiac:- Cardiac borders are visible.

Normal heart size.

Diaphragm:- Costophrenic angles on right & left are normal.

Cardiophrenic angles on right & left are normal.

Diaphragm portion are normal.

Bony cage:- No evidence of bony lesion/fracture seen.

No evidence of cervical ribs seen.

Impression: No significant abnormality detected.




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MBBS, DMRD (RADIODIAGNOSIS)
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Reg. No. MCI/16522, DMC/18402



BOOK APPOINTMENT



Patient Name : Mrs. VARINDER KAUR	Reg No. : 61/UHID24DL	Lab ID. : 61/OPDPB24DL
Age / Gender : 39Y9M / Female	Date : 03-Apr-2024	
Mobile No. : 9650750192	Manual No.	Collected :03-Apr-2024 10.11
Refd. By : Dr. .		Received :03-Apr-2024 10.11
Sample Type : EDTA whole blood	Sample ID : 244032	Report :03-Apr-2024 13.57

TEST NAME	RESULT	UNIT	RANGE	METHOD
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HEAMOTOLOGY

BLOOD GROUPING(A,B,O)&Rh
FACTOR
BLOOD GROUP ABO
RH TYPING

"B"
"POSITIVE"

Manual
Manual

-----End of Report-----


Dr. Sangeeta B
DCP, DNB, PATHOLOGY,
DMC/25252
Lab Technician : chand

Dr. Meenakshi Grag
Consultant Pathologist.



BOOK APPOINTMENT



Patient Name : Mrs. VARINDER KAUR	Reg No. : 61/UHID24DL	Lab ID. : 61/OPDPB24DL
Age / Gender : 39Y9M / Female	Date : 03-Apr-2024	
Mobile No. : 9650750192	Manual No.	Collected : 03-Apr-2024 10.11
Refd. By : Dr. .		Received : 03-Apr-2024 10.11
Sample Type : Plasma(Sodium fluoride)	Sample ID : 244032	Report : 03-Apr-2024 13.57

TEST NAME	RESULT	UNIT	RANGE	METHOD
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BIOCHEMISTRY

BLOOD SUGAR FASTING	104.3	mg/dl	74-100	GOD-POD
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INTERPRETATION:

American Diabetes Association (ADA) Diabetes Guidelines

Criteria for Diabetes Mellitus Diagnosis:

Fasting plasma glucose >126.0 mg/dl (Fasting is defined as no caloric intake for >8 hours) or

2-hr plasma glucose >200 mg/dl after glucose load or

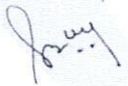
HbA1c >= 6.5% or

Random Plasma glucose >200 mg/dl

Impaired Fasting Glucose

Fasting glucose >=100mg/dl but <126 mg/dl

-----End of Report-----



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DMC/25252

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BOOK APPOINTMENT



Patient Name : Mrs. VARINDER KAUR
Age / Gender : 39Y9M / Female
Mobile No. : 9650750192
Refd. By : Dr. .
Sample Type : EDTA whole blood

Reg No. : 61/UHID24DL
Date : 03-Apr-2024
Manual No.
Sample ID : 244032

Lab ID. : 61/OPDPB24DL



Collected : 03-Apr-2024 10.11
Received : 03-Apr-2024 10.11
Report : 03-Apr-2024 13.57

TEST NAME	RESULT	UNIT	RANGE	METHOD
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HEAMOTOLOGY

COMPLETE BLOOD COUNT

HEMOGLOBIN	12.3	g/dl	12.0 - 15.0	Colorimetric
TOTAL LEUCOCYTE COUNT	7.0	10 ³ /uL	4.0-11.0	Electrical impedance

DIFFERENTIAL LEUCOCYTE COUNT(DLC)

Neutrophil	69	%	40-75	Electrical impedance
Lymphocyte	26	%	20-45	Electrical impedance
Eosinophil	02	%	1-6	Microscopy
Monocyte	03	%	2-10	Microscopy
Basophil	00	%	0-2	Microscopy
ESR	10	mm/1sthr	0-20	Westergren's
RBC COUNT	4.51	mili/cmm	3.80 - 4.80	Electrical impedance
PCV	36	%	36 - 40	Calculated
MCV	80.50	fL	83.00 - 101.00	Calculated

MCH	27.1	Picogram	27.0 - 32.0	Calculated
MCHC	33.70	gm/dl	31.50 - 34.50	Calculated
PLATELET COUNT	209	10 ³ /uL	150 - 410	Electrical impedance

-----End of Report-----

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DCP, DNB, PATHOLOGY,
DMC/25252
Lab Technician : Chand

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Consultant Pathologist.

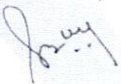


BOOK APPOINTMENT



Patient Name : Mrs. VARINDER KAUR	Reg No. : 61/UHID24DL	Lab ID. : 61/OPDPB24DL
Age / Gender : 39Y9M / Female	Date : 03-Apr-2024	
Mobile No. : 9650750192	Manual No.	Collected : 03-Apr-2024 10.11
Refd. By : Dr. .		Received : 03-Apr-2024 10.11
Sample Type : Serum	Sample ID : 244032	Report : 03-Apr-2024 13.57

TEST NAME	RESULT	UNIT	RANGE	METHOD
BIOCHEMISTRY				
KIDNEY FUNCTION TEST				
Blood Urea	21.4	mg/dl	15.0-45.0	urease-GLDH
Serum Creatinine	0.7	mg/dl	0.6 - 1.1	Jaffes Kinetic
Serum Uric Acid	5.60	mg/dl	2.6-6.0	Uricase
Total Protein				
PROTEN	7.00	g/dl	6.4-8.3	Biuret
ALBUMIN	4.1	g/dl	3.4-4.8	Bcg
GLOBULIN	2.90	g/dl	2.3-3.5	
A/G RATIO	1.41			
Calcium	9.0	mg/dl	8.6-10.2	Arsenazo
Sodium	140.0	mmol/L	136.0-149.0	ISE Indirect
Potassium	4.0	mmol/L	3.5-5.5	ISE Indirect
Chloride	104.3	mmol/L	98.0-109.0	ISE Indirect
-----End of Report-----				


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 Consultant Pathologist.




BOOK APPOINTMENT



Patient Name : Mrs. VARINDER KAUR
Age / Gender : 39Y9M / Female
Mobile No. : 9650750192
Refd. By : Dr. .
Sample Type : Serum

Reg No. : 61/UHID24DL
Date : 03-Apr-2024
Manual No.
Sample ID : 244032

Lab ID. : 61/OPDPB24DL

Collected : 03-Apr-2024 10.11
Received : 03-Apr-2024 10.11
Report : 03-Apr-2024 13.57

TEST NAME	RESULT	UNIT	RANGE	METHOD
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BIOCHEMISTRY

LIPID PROFILE

Total Cholesterol	175.00	mg/dl	123-199	CHOD-PAP
Triglycerides	89.5	mg/dl	35-135	Gpo
HDL Cholesterol Direct	49.7	mg/dl	42-88	Direct
Vldl	18	mg/dl	4.7-22.1	
LDL Cholesterol Direct	107.4	mg/dl	63-129	
Total Cholesterol/HDL Ratio	3.5		0.0-4.97	
LDL/HDL Ratio	2.2		0.0-3.55	

INTERPRETATION:-

Acceptable/Low Risk	: Total cholesterol < 200 mg/dl	LDL cholesterol <130 mg/dl	Triglycerides <150 mg/dl
Borderline High Risk	: 200-239 mg/dl	130-159 mg/dl	150-199 mg/dl
High Risk	: > 240 mg /dl	> 160 mg/dl	200-499 mg/dl
Very High			>500 mg/dl

-----End of Report-----


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BOOK APPOINTMENT



Patient Name : Mrs. VARINDER KAUR	Reg No. : 61/UHID24DL	Lab ID. : 61/OPDPB24DL
Age / Gender : 39Y9M / Female	Date : 03-Apr-2024	
Mobile No. : 9650750192	Manual No.	Collected : 03-Apr-2024 10.11
Refd. By : Dr. .		Received : 03-Apr-2024 10.11
Sample Type : Serum	Sample ID : 244032	Report : 03-Apr-2024 13.57

TEST NAME	RESULT	UNIT	RANGE	METHOD
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BIOCHEMISTRY

LIVER FUNCTION TEST

Serum Bilirubin				
Total Bilirubin	0.65	mg/dl	0.0-2.0	Diazo
Direct Bilirubin	0.31	mg/dl	0-0.4	Diazo
Indirect Bilirubin	0.34	mg/dl	0-0.8	Calculated
Total Protein				
PROTEN	7.00	g/dl	6.4-8.3	Biuret
ALBUMIN	4.1	g/dl	3.4-4.8	Bcg
GLOBULIN	2.90	g/dl	2.3-3.5	
A/G RATIO	1.41			
SGOT	13	U/L	0-31	IFCC
SGPT	15	U/L	0.0-34	IFCC
Gamma GT	19.3	U/L	0-38	Glupa-c
Alkaline Phosphatase	99	U/L	42-98	Amp

-----End of Report-----


Dr. Sangeeta B
DCP, DNB, PATHOLOGY,
DMC/25252
Lab Technician : chand

Dr. Meenakshi Grag
Consultant Pathologist.



BOOK APPOINTMENT



Patient Name : Mrs. VARINDER KAUR	Reg No. : 61/UHID24DL	Lab ID. : 61/OPDPB24DL
Age / Gender : 39Y9M / Female	Date : 03-Apr-2024	
Mobile No. : 9650750192	Manual No.	Collected : 03-Apr-2024 13.06
Refd. By : Dr. .		Received : 03-Apr-2024 13.06
Sample Type : URINE	Sample ID : 244032	Report : 03-Apr-2024 13.57

TEST NAME	RESULT	UNIT	RANGE	METHOD
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CLINICAL PATHOLOGY

URINE ROUTINE

MICROSCOPY

PHYSICAL EXAMINATION

QUANTITY	20.00	ml	10-30
COLOUR	PALE YELLOW		
TRANSPARENCY	CLEAR		
SPECIFIC GRAVITY	1.020		1.015-1.025
PH	6.0		5.5 - 7


CHEMICAL EXAMINATION

ALBUMIN	NIL
SUGAR	NIL

MICROSCOPIC EXAMINATION

PUS CELLS	2-3	/hpf		MICROSCOPIC
RBC'S	NIL		NIL	
CASTS	NIL			
CRYSTALS	NIL			
EPITHELIAL CELLS	1-2			
BACTERIA	NIL			
OTHERS	NIL			

-----End of Report-----


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 DCP, DNB, PATHOLOGY,
 DMC/25252
 Lab Technician : chand

Dr. Meenakshi Grag
 Consultant Pathologist.



BOOK APPOINTMENT

