

Medi-wheel

Rlo - Nagpur

Dr. Vimmi Goel
MBBS, MD (Internal Medicine)
Sr. Consultant Non Invasive Cardiology
Reg. No: MMC- 2014/01/0113

Preventive Health Check up
Kingsway Hospitals
Nagpur
99913052



Name: Mrs. Anamika Meshram Date: 13/4/24

Age: 38 Sex: M/F Weight: 55.8 kg Height: 142.8 inc BMI: 27.2

BP: 143/86 mmHg Pulse: 89/m bpm RBS: mg/dl
SPO2: 100% LMP- 29/3/24

38/F

4c NIDDM

Vilmax 1-x-1
(50+500)

Syst. HT

Concor 5 x - - - 1

F.H. - Strong F.H. of DM

- Father - PTCA.

Inv Compl. DUE-II

FBS - 107

PMBS - 166

HbA1c - 6.2

LDL - 108

S-TSH - 4.94

w 8-10 pncells

C/E

JW^o

Ch
Lb

Adv.

Urine $\leq \frac{C}{S}$

TMT

Ch. prev. TIT

Review c report

Dr. VIMMI GOEL
Invasive Cardiology

Dr. Mugdha Jungari (Gill)
MBBS, MS, DNB (OBGY), FMAS
Sr. Consultant Obstetrics & Gynaecology
High Risk Pregnancy Expert & Laparoscopic Surgeon
Reg. No: 2020126915

Name: Anamika Meshram Date: 13/4/24

Age: 38 yrs Sex: M/F Weight: _____ kg Height: _____ inc BMI: _____

Type II DM ∴ 8 yrs

H₂ TL not done.

LMP - 29/3/24 3/30 Reg

P/A soft No GRL

PS Candida ++

EV

→ T. Fluconazole 200mg
stat & 8ml. ②

→ T. Fenza 600mg 1HS
Vaginal pessary

①②③ ——— ②
T. Fenza



DEPARTMENT OF OPHTHALMOLOGY
 OUT PATIENT ASSESSMENT RECORD

DATE OF VISIT	14-11-2011	OP VISIT TYPE
OPD NO	123456789	NAME
OPD CATEGORY	OPD	URGENT / SPECIAL
OPD CLINIC	OPD	CONSULTANT
OPD WARD		DEPT OF OPHTHALMOLOGY

VITALS

Temp: 37.5 Pulse: 70 BP: 110/70 RR: 18 SpO2: 98% Pain Score: 0 Height: 160

Weight: 60kg

CHIEF COMPLAINT

ROUTINE CHECKUP

Dr. E. S. ...
Dr. S. ...

NOTES

GLASS PRESCRIPTION -
 DISTANCE VISION

EYE SPH CYL AXIS VISION

RIGHT EYE 00 00 00 00

LEFT EYE 00 00 00 00

NEAR ADDITION

RIGHT EYE 00 00

LEFT EYE 00 00

REMARK-VISION NORMAL

Dr. Arjun Prasad Chandra Kumar

14/11/2011

14/11/2011

Printed On 14/11/2011

DEPARTMENT OF OPHTHALMOLOGY
OUT PATIENT ASSESSMENT RECORD

ANAMIKA MESHARAM 38Y(S) 0M(S) 0D(S)/F MRNP2425001402 9860448126 MARRIED	CONSULT DATE : 13-04-2024 CONSULT ID : OPC2425004876 CONSULT TYPE : VISIT TYPE : NORMAL TRANSACTION TYPE :	DR. ASHISH PRAKASHCHANDRA KAMBLE MBBS,MS, FVRS,FICO CONSULTANT DEPT OPHTHALMOLOGY
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VITALS

Temp : Pulse : BP (mmHg) : spO2 : Pain Score : Height :
- °F - /min - %RA - /10 - cms

Weight : BMI :
- kgs -

CHIEF COMPLAINTS

ROUTINE EYE CHECKUP

NOTES

GLASS PRESCRIPTION :-
DISTANCE VISION

EYE SPH CYL AXIS VISION

RIGHT EYE 00 00 00 6/6

LEFT EYE 00 00 00 6/6

NEAR ADDITION

RIGHT EYE 00 N6

LEFT EYE 00 N6

REMARK-VISION NORMAL

DM :- sys (PSE) NO Diabetic Retinopathy

Advice
- EID Moisture 4 times (PSE) x 2 months

Ashish Kamble
Dr. Ashish Prakashchandra Kamble
MBBS,MS, FVRS,FICO
Consultant

Printed On : 13-04-2024 11:06:20



CLINICAL DIAGNOSTIC LABORATORY
DEPARTMENT OF PATHOLOGY

Patient Name : Mrs. ANAMIKA MESHARAM	Age / Gender : 38 Y(s)/Female
Bill No/ UMR No : BIL2425003495/MRNP2425001402	Referred By : Dr. Vimmi Goel MBBS,MD
Received Dt : 13-Apr-24 09:21 am	Report Date : 13-Apr-24 11:26 am

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	<u>Biological Reference</u>	<u>Method</u>
Absolute Lymphocyte Count		2867.7	1000 - 4800 /cumm	Calculated
Absolute Eosinophil Count		158	20 - 500 /cumm	Calculated
Absolute Monocyte Count		316	200 - 1000 /cumm	Calculated
Absolute Basophil Count		0	0 - 100 /cumm	Calculated
<u>PERIPHERAL SMEAR</u>				
Microcytosis		Microcytosis +(Few)		
Hypochromasia		Hypochromia +(Few)		
WBC		As Above		
Platelets		Adequate		
E S R		09	0 - 20 mm/hr	Automated Westergren's Method
*** End Of Report ***				

Suggested Clinical Correlation * If necessary, Please discuss

Verified By : : 11100245

Test results related only to the item tested.

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Dr. GAURI HARDAS, MBBS,MD
CONSULTANT PATHOLOGIST



CLINICAL DIAGNOSTIC LABORATORY

DEPARTMENT OF BIOCHEMISTRY

Patient Name : Mrs. ANAMIKA MESHARAM **Age / Gender** : 38 Y(s)/Female
Bill No/ UMR No : BIL2425003495/MRNP2425001402 **Referred By** : Dr. Vimmi Goel MBBS,MD
Received Dt : 13-Apr-24 09:20 am **Report Date** : 13-Apr-24 10:28 am

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	<u>Biological Reference</u>	<u>Method</u>
Fasting Plasma Glucose	Plasma	107	< 100 mg/dl	GOD/POD,Colorimetric
Post Prandial Plasma Glucose		166	< 140 mg/dl	GOD/POD, Colorimetric

GLYCOSYLATED HAEMOGLOBIN (HBA1C)

HbA1c	6.2	Non-Diabetic : <= 5.6 % Pre-Diabetic : 5.7 - 6.4 % Diabetic : >= 6.5 %	HPLC
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*** End Of Report ***

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Dr. GAURI HARDAS, MBBS,MD

CONSULTANT PATHOLOGIST

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Phone: +91 0712 6789100
CIN: U74999MH2018PTC303510



CLINICAL DIAGNOSTIC LABORATORY
DEPARTMENT OF BIOCHEMISTRY

Patient Name : Mrs. ANAMIKA MESHAM
Age / Gender : 38 Y(s)/Female
Bill No/ UMR No : BIL2425003495/MRNP2425001402
Referred By : Dr. Vimmi Goel MBBS,MD
Received Dt : 13-Apr-24 09:21 am
Report Date : 13-Apr-24 11:23 am

LIPID PROFILE

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	<u>Method</u>
Total Cholesterol	Serum	167 < 200 mg/dl	Enzymatic(CHE/CHO/POD)
Triglycerides		161 < 150 mg/dl	Enzymatic
HDL Cholesterol Direct		50 > 50 mg/dl	(Lipase/GK/GPO/POD)
LDL Cholesterol Direct		108.33 < 100 mg/dl	Phosphotungstic acid/mgcl-Enzymatic (microslide)
VLDL Cholesterol		32 < 30 mg/dl	Enzymatic
Tot Chol/HDL Ratio		3 3 - 5	Calculated
			Calculation

<u>Intiate therapeutic</u>	<u>Consider Drug therapy</u>	<u>LDC-C</u>
CHD OR CHD risk equivalent	>100	>130, optional at 100-129
Multiple major risk factors conferring 10 yrs CHD risk >20%		<100
Two or more additional major risk factors, 10 yrs CHD risk <20%	>130	10 yrs risk 10-20 % >130
No additional major risk or one additional major risk factor	>160	10 yrs risk <10% >160
		>190, optional at 160-189
		<160

*** End Of Report ***

Suggested Clinical Correlation * If necessary, Please discuss

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Dr. GAURI HARDAS, MBBS,MD
CONSULTANT PATHOLOGIST





**CLINICAL DIAGNOSTIC LABORATORY
DEPARTMENT OF BIOCHEMISTRY**

Patient Name : Mrs. ANAMIKA MESHARAM
Age / Gender : 38 Y(s)/Female
Bill No/ UMR No : BIL2425003495/MRNP2425001402
Referred By : Dr. Vimmi Goel MBBS,MD
Received Dt : 13-Apr-24 09:21 am
Report Date : 13-Apr-24 11:23 am

THYROID PROFILE

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	<u>Biological Reference</u>	<u>Method</u>
T3	Serum	1.50	0.55 - 1.70 ng/ml	Enhanced chemiluminescence
Free T4		1.31	0.80 - 1.70 ng/dl	Enhanced Chemiluminescence
TSH		4.94	0.50 - 4.80 uIU/ml	Enhanced chemiluminescence

*** End Of Report ***

Suggested Clinical Correlation * If necessary, Please discuss

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**Dr. GAURI HARDAS, MBBS,MD
CONSULTANT PATHOLOGIST**



CLINICAL DIAGNOSTIC LABORATORY
DEPARTMENT OF BIOCHEMISTRY

Patient Name : Mrs. ANAMIKA MESHAM
Age / Gender : 38 Y(s)/Female
Bill No/ UMR No : BIL2425003495/MRNP2425001402
Referred By : Dr. Vimmi Goel MBBS,MD
Received Dt : 13-Apr-24 09:21 am
Report Date : 13-Apr-24 11:23 am

RFT

<u>Parameter</u>	<u>Specimen</u>	<u>Result Values</u>	<u>Biological Reference</u>	<u>Method</u>
Blood Urea	Serum	15	15.0 - 36.0 mg/dl	Urease with indicator dye
Creatinine		0.59	0.52 - 1.04 mg/dl	Enzymatic (creatinine amidohydrolase)
GFR		118.2	>90 mL/min/1.73m square.	Calculation by CKD-EPI 2021
Sodium		143	136 - 145 mmol/L	Direct ion selective electrode
Potassium		5.07	3.5 - 5.1 mmol/L	Direct ion selective electrode

*** End Of Report ***

Suggested Clinical Correlation * If necessary, Please discuss

Verified By : : 11100026

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Dr. GAURI HARDAS, MBBS,MD
CONSULTANT PATHOLOGIST



CLINICAL DIAGNOSTIC LABORATORY
DEPARTMENT OF PATHOLOGY

Patient Name : Mrs. ANAMIKA MESHARAM	Age / Gender : 38 Y(s)/Female
Bill No/ UMR No : BIL2425003495/MRNP2425001402	Referred By : Dr. Vimmi Goel MBBS,MD
Received Dt : 13-Apr-24 10:00 am	Report Date : 13-Apr-24 11:23 am

URINE MICROSCOPY

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	<u>Method</u>
<u>PHYSICAL EXAMINATION</u>			
Volume	Urine	30 ml	
Colour.		Pale yellow	
Appearance		Clear	Clear
<u>CHEMICAL EXAMINATION</u>			
Reaction (pH)		5.0	4.6 - 8.0
Specific gravity		1.015	1.005 - 1.025
Urine Protein		Negative	Negative
Sugar		Negative	Negative
Bilirubin		Negative	Negative
Ketone Bodies		Negative	Negative
Nitrate		Negative	Negative
Urobilinogen		Normal	Normal
<u>MICROSCOPIC EXAMINATION</u>			
Epithelial Cells		0-1	
R.B.C.		Absent	0 - 4 /hpf
Pus Cells		8-10	0 - 4 /hpf
Casts		Absent	0 - 4 /hpf




CLINICAL DIAGNOSTIC LABORATORY
DEPARTMENT OF PATHOLOGY

Patient Name : Mrs. ANAMIKA MESHARAM
Age / Gender : 38 Y(s)/Female
Bill No/ UMR No : BIL2425003495/MRNP2425001402
Referred By : Dr. Vimmi Goel MBBS,MD
Received Dt : 13-Apr-24 10:00 am
Report Date : 13-Apr-24 11:23 am

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	<u>Method</u>
Crystals		Absent	
Others		bacilli+	
		*** End Of Report ***	

Suggested Clinical Correlation * If necessary, Please discuss
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Dr. GAURI HARDAS, MBBS,MD
CONSULTANT PATHOLOGIST



**CLINICAL DIAGNOSTIC LABORATORY
DEPARTMENT OF PATHOLOGY**

Patient Name	: Mrs. ANAMIKA MESHARAM	Age / Gender	: 38 Y(s)/Female
Bill No/ UMR No	: BIL2425003495/MRNP2425001402	Referred By	: Dr. Vimmi Goel MBBS,MD
Received Dt	: 13-Apr-24 10:00 am	Report Date	: 13-Apr-24 11:23 am

USF(URINE SUGAR FASTING)

<u>Parameter</u>	<u>Specimen</u>	<u>Result Values</u>	<u>Biological Reference</u>	<u>Method</u>
Urine Glucose	Urine	Negative		STRIP
*** End Of Report ***				

Suggested Clinical Correlation * If neccessary, Please discuss

Verified By : : 11100400

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**Dr. GAURI HARDAS, MBBS,MD
CONSULTANT PATHOLOGIST**



VAY
5

CLINICAL DIAGNOSTIC LABORATORY
DEPARTMENT OF IMMUNO HAEMATOLOGY

Patient Name : Mrs. ANAMIKA MESHARAM
Age / Gender : 38 Y(s)/Female
Bill No/ UMR No : BIL2425003495/MRNP2425001402
Referred By : Dr. Vimmi Goel MBBS,MD
Received Dt : 13-Apr-24 09:21 am
Report Date : 13-Apr-24 12:18 pm

BLOOD GROUPING AND RH

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	
BLOOD GROUP.	EDTA Whole Blood & Plasma/ Serum	" B "	Gel Card Method
Rh (D) Typing.		" Positive "(+Ve)	
		*** End Of Report ***	

Suggested Clinical Correlation * If necessary, Please discuss
Verified By : : 11100245
Test results related only to the item tested.
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Dr. GAURI HARDAS, MBBS,MD
CONSULTANT PATHOLOGIST

PATIENT NAME:	MRS. ANAMIKA MESHAM	AGE /SEX:	38 Y / FEMALE
UMR NO:	2425001402	BILL NO:	2425003495
REFERRED BY	DR. VIMMI GOEL	DATE	13/04/2024

X-RAY CHEST PA VIEW

Both the lung fields are clear.

Heart and Aorta are normal.

Both hilar shadows appear normal.

Diaphragm domes and CP angles are clear.

Bony cage is normal.

IMPRESSION -

- No pleuro-parenchymal abnormality seen.



**DR R.R KHANDELWAL
SENIOR CONSULTANT
MD, RADIODIAGNOSIS [MMC-55870]**

PATIENT NAME:	MRS. ANAMIKA MESHAM	AGE /SEX:	38 Y / FEMALE
UMR NO:	2425001402	BILL NO:	2425003495
REFERRED BY	DR. VIMMI GOEL	DATE	13/04/2024

USG ABDOMEN AND PELVIS

LIVER is normal in size and echotexture.

No evidence of any focal lesion seen. Intrahepatic biliary radicals are not dilated. PORTAL VEIN and CBD are normal in course and caliber.

GALL BLADDER is physiologically distended. No stones or sludge seen within it. Wall thickness is within normal limits.

Visualized head and body of PANCREAS is normal in shape, size and echotexture.

SPLEEN is normal in size, shape and echotexture. No focal lesion seen.

Both KIDNEYS are normal in shape, size and echotexture.

No evidence of calculus or hydronephrosis seen.

URETERS are not dilated.

URINARY BLADDER is partially distended. No calculus or mass lesion seen.

Uterus is anteverted and normal.

No focal myometrial lesion seen.

Endometrial echo-complex appear normal.

A well defined anechoic cystic lesion seen in right ovary measuring 2.6 x 2.1 cm.

There is no free fluid or abdominal lymphadenopathy seen.

IMPRESSION:

No significant visceral abnormality seen.

Suggest clinical correlation / further evaluation.



DR. R.R. KHANDELWAL
SENIOR CONSULTANT
MD RADIO DIAGNOSIS [MMC-55870]



DR. BHUPENDRA YADAV
RESIDENT DOCTOR

2D ECHOCARDIOGRAPHY AND COLOR DOPPLER REPORT

Patient Name : Mrs. Anamika Meshram
 Age : 38 years / Female
 UMR : MRNP2425001402
 Date : 13/04/2024
 Done by : Dr. Vimmi Goel
 ECG : NSR, Minor ST-T changes
 Blood pressure: 143/86 mm Hg (Right arm, Supine position)
 BSA : 1.48 m²

Impression:

Normal chambers dimensions
No RWMA of LV at rest
Good LV systolic function, LVEF 65%
Normal LV diastolic function
E/A is 1.8
E/E' is 10.3 (Borderline filling pressure)
Valves are normal
Trivial MR
No pulmonary hypertension
IVC is normal in size and collapsing well with respiration
No clots or pericardial effusion

Comments:

Sector echocardiography was performed in various conventional views (PLAX, SSAX, AP4 CH and 5 CH views). LV size normal. There is no RWMA of LV seen at rest. Good LV systolic function. LVEF 65%. Normal LV diastolic function. E Velocity is 126 cm/s, A Velocity is 71 cm/s. E/A is 1.8. Valves are normal. Trivial MR. No Pulmonary Hypertension. IVC normal in size and collapsing well with respiration. Pericardium is normal. No clots or pericardial effusion seen.

E' at medial mitral annulus is 11.7 cm/sec & at lateral mitral annulus is 12.7 cm/sec.
 E/E' is 10.3 (Borderline filling pressure).

M Mode echocardiography and dimension:

	Normal range (mm)		Observed (mm)
	(adults)	(children)	
Left atrium	19-40	7-37	30
Aortic root	20-37	7-28	22
LVIDd	35-55	8-47	39
LVIDs	23-39	6-28	25
IVS (d)	6-11	4-8	08
LVPW (d)	6-11	4-8	09
LVEF %	~ 60%	~60%	65%
Fractional Shortening			35%

Dr. Vimmi Goel
MD, Sr. Consultant
Non-invasive Cardiology
Fellow Indian Academy of Echocardiography (FIAE)

Rate 89 Sinus rhythm.....normal P axis, V-rate 50-99
PR 120 Low voltage, precordial leads.....precordial leads <1.0mv
QRSD 69 Borderline repolarization abnormality.....ST dep & abnormal T
QT 361 Baseline wander in lead(s) II, III, aVF
QTc 440

--AXIS--
P 53
QRS 33
T -15

12 Lead: Standard Placement

Unconfirmed Diagnosis

- BORDERLINE ECG -

