

❖ This medical fitness is only on the basis of clinical examination. No COVID -19 and other investigation has been done to reveal the fitness

MEDICAL EXAMINATION REPORT

Name: Sandeep Singh Age & Sex: 40y/m Date of MER: 27/04/24

Identification Mark: Scar on Rt. hand ID Proof: VIO Card

Ht: 162 Wt: 80 Chest Exp/Insp: 102/105 Abd: 102 PR: 81/m BP: 130/90

BMI: 30

Any Operation

No

Any Medicine Taken

No

Any Accident

No

✓ Alcohol/Tabacco/Drugs

Consumption: Weekly Duration: 1 year

Qty: 30-60 ml

Whether the person is suffering from any of the following diseases, give details

DISEASE	Yes/NO	DETAIL
Diabetes	No	
Hypertension	No	
Renal Complications	No	
Heart Disease	No	
Cancer	No	
Any Other	No	

Examination of systems

SYSTEMS(any evidence of past/present disease)	YES	NO	DETAILS
Brain or nervous system		✓	
Lungs or other parts of respiratory system		✓	
GI Tract		✓	
Ears, Eyes, Nose, Throat, Neck		✓	
Cardiovascular System		✓	

Signature of client: [Signature]

Signature of Doctor: Dr. R.S. Maheshwari
 M.D.S. (Paed) P.C.M.S. (Ex) M.
 Consultant Physician & Child Specialist
 Seal of Centre: **F.E. LINE HOSPITAL**
 GILL ROAD, LUDHIANA-141003
 Registration No 34970

Feedback – Medical Checks

This is to confirm & certify that I have gone through the medical examination through centre on _ to complete the requisite medical formalities towards my application for life insurance from BOB vide Proposal Form bearing no _____ dated 27/04/24

I do confirm specifically that the following medical activities have been performed for me:

- | | | |
|--|---|--|
| 1. Full Medical Report (Medical Questionnaire) | <input checked="" type="checkbox"/> Yes <input type="checkbox"/> No | <input type="checkbox"/> Yes <input type="checkbox"/> No |
| 2. Sample Collection | | |
| a. Blood | <input checked="" type="checkbox"/> Yes <input type="checkbox"/> No | <input type="checkbox"/> Yes <input type="checkbox"/> No |
| b. Urine | <input checked="" type="checkbox"/> Yes <input type="checkbox"/> No | <input type="checkbox"/> Yes <input type="checkbox"/> No |
| 3. Electro Cardio Gram (ECG) | <input checked="" type="checkbox"/> Yes <input type="checkbox"/> No | <input type="checkbox"/> Yes <input type="checkbox"/> No |
| 4. Treadmill Test (TMT) | <input checked="" type="checkbox"/> Yes <input type="checkbox"/> No | <input type="checkbox"/> Yes <input type="checkbox"/> No |
| 5. Others <u>ENT consult, Diet consult, CXR, USG, Eyes Checkup, Dental consult</u> | | |

I have furnished my ID Proof VID bearing ID No. _____ at the time of my medical.

Feedback Form

- Behavior and cooperation of staff

Reception/ Clinic/ Hospital	<input checked="" type="checkbox"/> Good	<input type="checkbox"/> Average	<input type="checkbox"/> Poor
Technician/ Doctors	<input checked="" type="checkbox"/> Good	<input type="checkbox"/> Average	<input type="checkbox"/> Poor
- Time Management

	<input checked="" type="checkbox"/> Good	<input type="checkbox"/> Average	<input type="checkbox"/> Poor
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- Upkeep of hospital

	<input checked="" type="checkbox"/> Good	<input type="checkbox"/> Average	<input type="checkbox"/> Poor
--	--	----------------------------------	-------------------------------
- Technology & Skills

	<input checked="" type="checkbox"/> Good	<input type="checkbox"/> Average	<input type="checkbox"/> Poor
--	--	----------------------------------	-------------------------------
- Please remark if the medical check procedure was satisfactory

	Yes <input checked="" type="checkbox"/>	No <input type="checkbox"/>
--	---	-----------------------------

(Medical Facility- Location; Facility Set-up, instruments, cleanliness; Process followed; etc. Also on the Medical Staff: Appearance; Technical Know-how; Behavior etc.)

- If No please provide details or let us know of anything additional you would like to provide
-

Signature of the Life to be Insured (Proposer in case of Life insured being minor) <u>Sandeep Singh</u> Name of the Life to be Insured with date (Proposer (in case of Life insured being minor) <u>Sandeep Singh</u>	<div style="text-align: center;"> <u>Dr. R.S. Maheshwari</u> Signature of Visiting/Attending Doctor <small>M.B.B.S. M.D. (Paed)</small> Consultant Physician & Child Specialist LIFE LINE HOSPITAL Name of Visiting/Attending Doctor Registration No 34970 </div> <hr/> MC Registration No: <u>34970</u> Doctor Stamp with date <u>27/04/24</u>
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Self Declaration & Special COVID-19 Consent

Date: 27/04/24

Day:

Time:

Patient's Name/Client Name Sandeep Singh

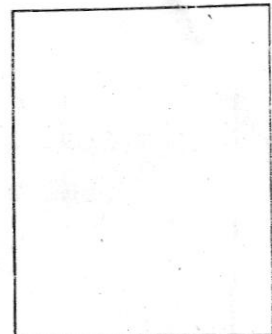
Age: 40y

Sex: M

Case No/Proposal no

Address:

Profession:



1) Do you have Fever/Cough/Tiredness/Difficulty in Breathing? Yes/No

2) Have you travelled outside India and came back during pandemic of COVID 19 or Have you come from other country during pandemic of COVID 19? Yes/No

3) Have you travelled anywhere in India in last 60 days? Yes/No

4) Any Personal or Family History of Positive COVID 19 or Quarantine? Yes/No

5) Any history of known case of Positive COVID 19 or Quarantine patient in your Neighbors/Apartment/Society area Yes/No

6) Are you suffering from any following diseases? Diabetes/Hypertension/Lung Disease/Heart Disease Yes/No

7) Are you healthcare worker or interacted/lived with Positive COVID 19 patients? Yes/No

During the Lockdown period and with current situation of Pandemic of COVID 19, I came to this hospital/home visit by this hospital at my home for medical checkup..e.g. MER, Blood Sample, Urine sample and ECG. I also know that I may get infection from the hospital or from doctor, and I will take every precaution to prevent this from happening. for that I will never hold doctors or hospital staffs accountable if such infection occurs to me or my accompanying persons.

Above information is true as per best to my knowledge, I understand that giving false information or hiding the facts or any type of violence in the hospital are punishable offence in IPC.

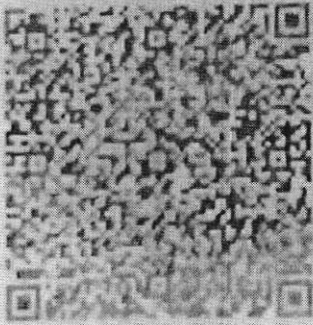
Sap SK
Patient's Signature with Name

Dr. R.S. Maheshwari
M.B.B.S. M.D. (Paed) F.P.S. (Ex.) M.I.A
CORNER OF ... Special
LIFE LINE HOSPITAL
GILL ROAD, LUDHIANA
Registration No 340 13

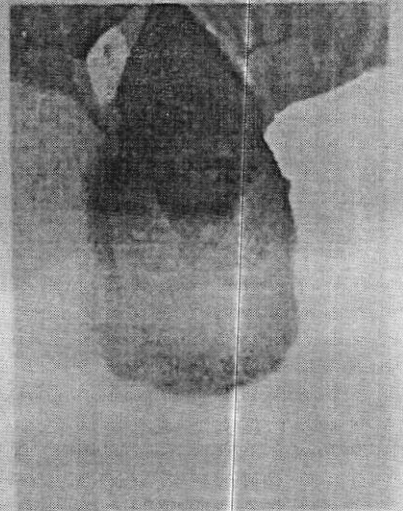
Dr. R.S. Maheshwari
M.D. (Paed) P.C.M.S. (Ex. M.I.A.F)
Consultant Physician & Child Specialist
LIFE LINE HOSPITAL
GILL ROAD, LUDHIANA-141003
Registration No 34970

Handwritten signature

ਮਾਮੂਲੀ ਦਾ ਮਾਮੂਲਾ - ਮਾਮੂਲਾ



2268 6180 0484



ਮਰ / Male

ਮਰ ਦਾ ਮਰ / Year of Birth: 1983

Sandeep Singh

GOVERNMENT OF INDIA

ਭਾਰਤ ਸਰਕਾਰ





ਭਾਰਤੀ ਵਿਲੱਖਣ ਪਛਾਣ ਅਥਾਰਿਟੀ
UNIQUE IDENTIFICATION AUTHORITY OF INDIA

ਪਤਾ S/O ਖੁਸ਼ੀ ਰਾਮ, ਸਿੱਧਵਾਂ ਖੁਰਦ
ਸਿੱਧਵਾਂ ਖੁਰਦ, ਲੁਧਿਆਣਾ, ਪੰਜਾਬ, 142024

Address: S/O: Khusi Ram,
Sidhwan Khurd, Ludhiana,
Sidhwan Khurd, Punjab,
142024



1800 180 1947



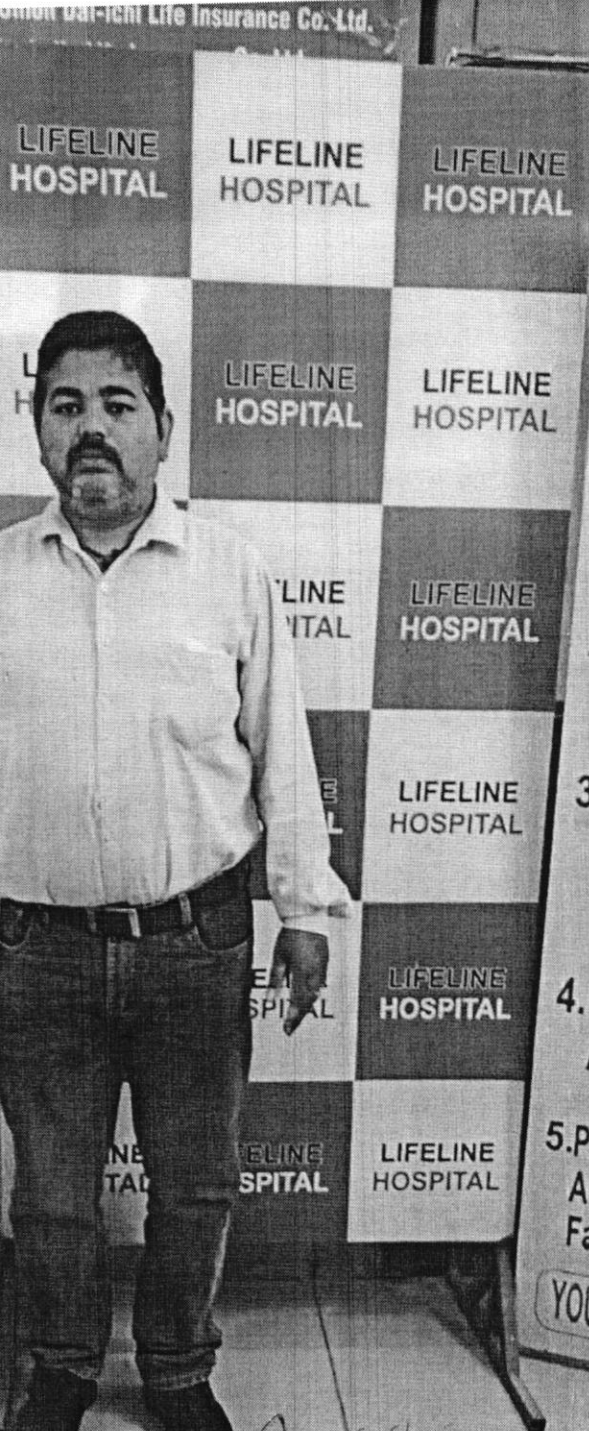
help@uidai.gov.in

WWW

www.uidai.gov.in

P.O. Box No. 1947
Bengaluru-560 001

- Max Bupa Health Insurance Co. Ltd.
- NDFC Ergo General Insurance Co. Ltd.
- Aegon Life Insurance Co. Ltd.
- Birla Sun Life Insurance Co. Ltd.
- MET Life Insurance Co. Ltd.
- DHLF Pramerica Life Insurance Co. Ltd.
- Bharti Axa General Insurance Co. Ltd.
- Bajaj Allianz Life Insurance Co. Ltd.
- Bajaj Allianz General Insurance Co. Ltd.
- Kotak Life Insurance Co. Ltd.
- NDFC Standard Life Insurance Co. Ltd.
- IDBI Federal Life Insurance Co. Ltd.
- Royal Sundaram General Insurance Co. Ltd.
- Canara HSBC Life Insurance Co. Ltd.



- # Important
1. Please Bring Original for Any Pre-Insurance
 2. Center Will Not Conduct or Lab Test Without Orig
 3. Please Come Fasting For Lab As Per The Instructions Alrea By Your Corporate or T.P.A.
 4. Please Keep Silence, Wait for And Switch Off Your Mobile
 5. Please Fill The "Feed us Back And Do Not Hesitate to Tell If Y Faced Any Problem In The Cen
- YOU ARE UNDER CCTV SURVEILLAN**

R.S. Malhotra
 M.D. B.S. M.D. (Ped) P.C.M.S. (Ex) M.T.A.P.
 Consultant Physician & Child Specialist
LIFE LINE HOSPITAL
 GILL ROAD, LUDHIANA-141003
 Registration No. 34970

GPS Map Camera



Ludhiana, Punjab, India
 241/1, Dasmesh Nagar, New Kartar Nagar, Ludhiana, Punjab 141003, India
 Lat 30.883832°
 Long 75.858106°
 27/04/24 11:10 AM GMT +05:30

LIFELINE HOSPITAL

MULTI SPECIALITY & SUPER SPECIALITY HOSPITAL



NAME : SANDEEP SINGH

AGE/SEX: 40Y/M

HEIGHT: 162 cms

WEIGHT: 80 kgs

B.P: 130/90mmHg

PULSE: 81BPM

- CVS - N.A.D.
- CNS - N.A.D.
- P/A - N.A.D.
- R/S - N.A.D.
- ENT - N.A.D.
- Skin Examination - N.A.D.
- Hearing Examination - N.A.D.
- Dental Examination - Good Oral Hygiene.

Dr. R.S. Maheshwari
M.B.B.S., M.D. (P), M.S. (Ex) M.L.C.P.
Consultant Phys. & Child Specialist
LIFE LINE HOSPITAL
GILL ROAD, LUDHIANA-141003
Registration No. 34970

QRS : 72 ms
QT / QTcBaz : 336 / 390 ms
PR : 126 ms
P : 76 ms
RR / PP : 742 / 740 ms
P / QRS / T : 64 / 11 / 18 degrees

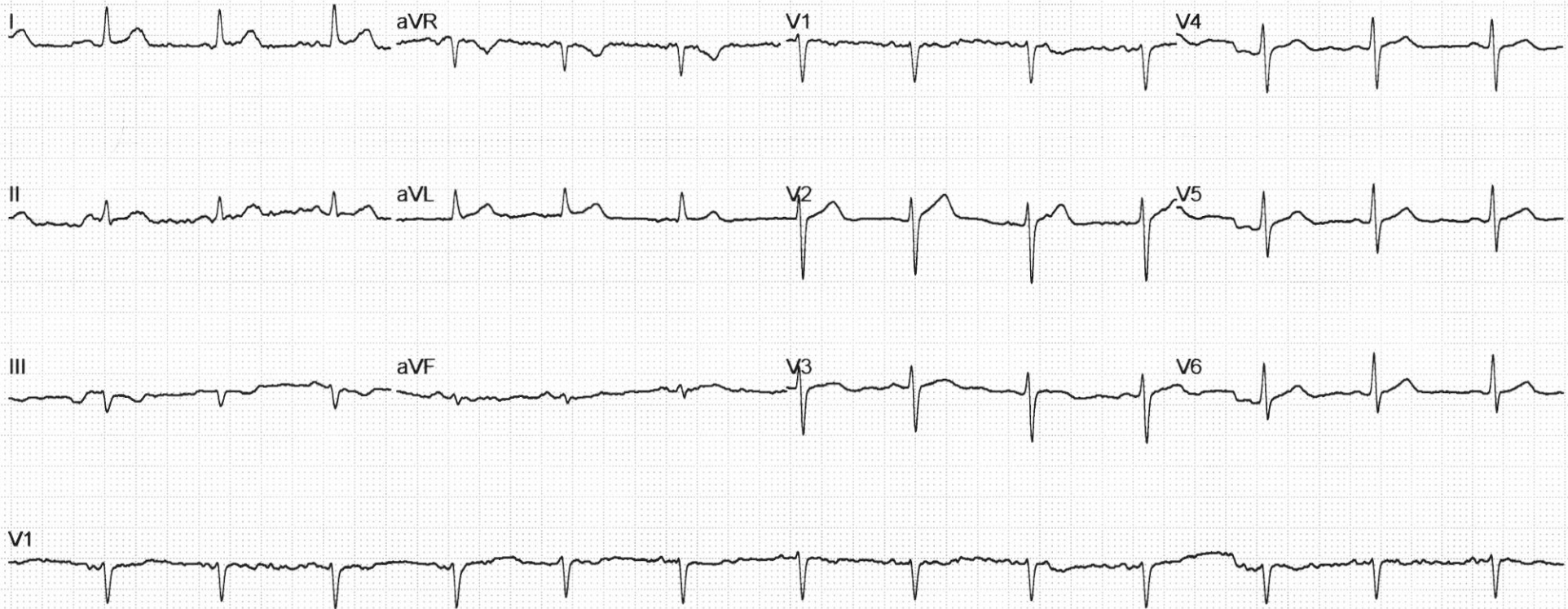
Normal sinus rhythm
Normal ECG

Handwritten initials

Technician:
Ordering Ph:
Referring Ph:
Attending Ph:

VISITING CONSULTANT
DR. RENU LATA GUPTA
MBBS, MD (MEDICINE)
CHEST & HEART SPECIALIST
ID No. 22060

Sup SRA



LIFELINE HOSPITAL

MULTI SPECIALITY & SUPER SPECIALITY HOSPITAL



NAME Sandeep Singh

EMP.CODE _____

AGE / SEX 40y/M

DATE 27/4/24

REF. BY BOB

	RIGHT EYE				LEFT EYE			
	SPH	CYL	AXIS	VIA	SPH	CYL	AXIS	VIA
DISTANCE		-0.50	90°	6/6		-0.50	90°	6/6
FOR NEAR ADD	+1.00							

COLOR VISION (ISHIHARA'S CHART)

COLOR VISION : Normal

OTHER OPINION: _____

Bh...
DOCTOR SIGNATURE

LIFELINE HOSPITAL

MULTI SPECIALITY & SUPER SPECIALITY HOSPITAL



Lab ID. :	01	Date :	27/04/2024
Name :	SANDEEP SINGH	Age/Sex :	40/ Years/Male
Ref. By :	BANK OF BARODA	Mac. No. :	1109

Complete Blood Count

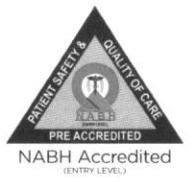
Test Performed on ERBA H360 Fully Automated Analyser

Parameters	Result	Units	Reference Range	Graphs
LEUKOCYTES				
Total WBC Count	8.25	10 ³ /uL	4.0 - 11.0	<p>WBC</p>
Lymphocytes%	31.2	%	20.0 - 50.0	
Mixed%	9.7	%	3.0 - 10.0	
Neutrophils%	59.1	%	50.0 - 70.0	
Lymphocytes#	2.57	10 ³ /uL	0.6 - 4.1	
Mixed#	0.80	10 ³ /uL	0.1 - 1.8	
Neutrophils#	4.88	10 ³ /uL	2.0 - 7.8	
ERYTHROCYTES				
Hemoglobin	13.8	g/dl	12.0 - 17.0	<p>RBC</p>
R.B.C Count	4.85	10 ⁶ /uL	3.50 - 5.50	
Haematocrit(PCV)	44.1	%	36.0 - 47.0	
MCV	91.0	fl	80.0 - 99.0	
MCH	28.4	pg	27.0 - 32.0	
MCHC	35.3	g/dl	32.0 - 36.0	
RDW-SD	52.5	fl	35.0 - 56.0	
RDW-CV	13.0	%	11.5 - 14.5	
THROMBOCYTES				
Platelets Count	152	10 ³ /uL	150 - 450	<p>PLT</p>
MPV	8.3	fl	7.4 - 10.4	
PDW	14.6	fl	10.0 - 17.0	
PDW-CV	15.8	%	10.0 - 17.0	
PCT	0.168	%	0.108 - 0.280	
P-LCR	35.5	%	13.0 - 43.0	
P-LCC	54.0	10 ³ /uL	30 - 90	
ESR	06	mm 1st hr	0 - 20	
Blood Group	"B" POSITIVE			

Dr. SURBHI GOYAL
M.B.B.S. M.D. (PATHOLOGY)
CONSULTANT PATHOLOGIST
Reg No. 10195

LIFELINE HOSPITAL

MULTI SPECIALITY & SUPER SPECIALITY HOSPITAL



NAME : SANDEEP SINGH
AGE/SEX : 40Y/M
REF BY : BANK OF BARODA
DATE : 27.04.2024

BLOOD EXAMINATION REPORT

DETERMINATION	NORMAL	RESULT
FBS	70-110mg/dl	74mg/dl
PPBS	70-140mg/dl	93mg/dl
UREA(BUN)	15-45mg/dl	26mg/dl
CREATININE	0.7-1.5mg/dl	0.83mg/dl
URIC ACID	3.0-6.2mg/dl	6.02mg/dl
CHOLESTEROL	140-200mg/dl	173mg/dl
TRIGLYCRIDE	60-160mg/dl	132mg/dl
CHOLESTEROL HDL	35-60 mg/dl	45mg/dl
CHOLESTEROL LDL	60-150 mg/dl	102mg/dl
VLDL	20-40 mg/dl	26mg/dl
CHOLESTEROL/HDL Ratio	4.0:1-4.16:1 mg/dl	3.8:1mg/dl
LDL/HDL Ratio	1.71-2.5mg/dl	2.2mg/dl

Recommendation:-

- 1 This report is not valid for medico legal purposes .
2. The test can be repeated free of cost in case of any discrepancy.
3. Test to be clinically correlated.
4. All card tests require confirmation by serology
5. False negative or false positive results may occur in some cases.

Dr. SURBHI GOYAL
M.B.B.S. M.D. (PATHOLOGY)
CONSULTANT PATHOLOGIST
Reg No 40195

LIFELINE HOSPITAL

MULTI SPECIALITY & SUPER SPECIALITY HOSPITAL



NAME : SANDEEP SINGH
AGE/SEX : 40Y/M
REF BY : BANK OF BARODA
DATE : 27.04.2024

LIVER EXAMINATION REPORT

DETERMINATION	NORMAL	RESULT
BILLIRUBIN TOTAL	<1.2mg/dl.	0.84mg/dl
BILLIRUBIN DIRECT	<0.3mg/dl	0.23mg/dl
BILIRUBIN INDIRECT	<0.9mg/dl	0.61mg/dl
S.G.O.T.	5-50Units/L	87Units/L
S.G.P.T.	5-50 Units/L	62Units/L
GAMMA GT	9-52 Units/L	54Units/L
ALK. PHOSPHATASE	ADULTS-28-111Units/L CHILD-54-369units/L	116Units/L
TOTAL PROTEIN	6.0-8.0mg/dl	7.2mg/dl
ALBUMIN	3.5-5.3mg/dl	4.1 mg/dl
S.GLOBULIN	2.0-4.0gm/dl	3.1 gm/dl
A/G RATIO	1.25:1-1.75:1 mg/dl	1.32:1 gm/dl

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DR. MAHESHWARI'S COMPLEX, GILL ROAD, LUDHIANA-141003. (INDIA)
Tel. : 91-161-4646792, Reception 98151-32414 Insurance Dept. 98557-54727
P.R.O. 9815-276548, 77104- 92011 Helpline : 98152-76548
E-mail : lifelineldh@rediffmail.com Web : www.lifelinehospitalldh.com

LIFELINE HOSPITAL

MULTI SPECIALITY & SUPER SPECIALITY HOSPITAL



NAME : SANDEEP SINGH
AGE/SEX : 40Y/M
REF BY : BANK OF BARODA
DATE : 27.04.2024

HbA1C

Test name	results	units
HbA1c{GLYCOSYLATED HEMOGLOBIN}BLOOD	5.46	%

Interpretation

As per American Diabetes association {ADA}	
Reference Group	HbA1c in %
Non diabetic adults ≥ 18 years	4.0 - 6.0
At risk	≥ 6.0 to ≤ 6.5
Diagnosing diabetes	> 6.5
Therapeutic goals for glycemic Control	Adults Goal of therapy : < 7.0 Action suggested : > 8.0

Note : 1. Since HbA1c reflects long term fluctuations in the blood glucose concentration, a diabetic patient who is recently under good control may still have a high concentration of HbA1c. Converse is true for a diabetic previously under good control but now poorly controlled.

2. target goals of < 7.0 % may be beneficial in patients with short duration of diabetes , long life expectancy and no significant cardiovascular disease .In patient with significant complications of diabetes , limited life expectancy or extensive co-morbid conditions, targeting a goal of < 7.0 % may not be appropriate.

Comments

HbA1c provides an index of average blood glucose level over the past 8-12 weeks & is a much better indicator of long term glycemic as compared to blood & urinary glucose determinations.

ADA criteria for correlation between HbA1c & Mean plasma glucose levels

HbA1c %	Mean plasma glucose {mg/dl }	HbA1c %	Mean plasma glucose {mg/dl }
5	98	9	212
6	126	10	240
7	154	11	269
8	183	12	298

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M.B.B.S. M.D. (PATHOLOGY)
CONSULTANT PATHOLOGIST
Reg No 40195

LIFELINE HOSPITAL

MULTI SPECIALITY & SUPER SPECIALITY HOSPITAL



NAME : SANDEEP SINGH
AGE/SEX : 40Y/M
REF BY : BANK OF BARODA
DATE : 27.04.2024

<u>TEST NAME</u>	VALUE	UNITS
PROSTATE SPECIFIC ANTIGEN (PSA)	0.40	ng/ml

Technology : C.L.I.A

REFERENCE RANGE:

NORMAL: 0 to 4 ng/ml

Border Line: 4.01 to 10.00 ng/ml

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Dr. SURBHI GOYAL
M.B.B.S. M.D. (PATHOLOGY)
CONSULTANT PATHOLOGIST
Reg No 48195

LIFELINE HOSPITAL

MULTI SPECIALITY & SUPER SPECIALITY HOSPITAL



NAME : SANDEEP SINGH
AGE/SEX : 40Y/M
REF BY : BANK OF BARODA
DATE : 27.04.2024

TEST ASKED : -T3,T4,TSH

<u>TEST NAME</u>	<u>RESULT</u>	<u>NORMAL RANGE</u>
T3	1.38ng/ml	0.70-2.04 ng/ml
T4	6.50 µg/dl	4.6-10.5 µg/dl
TSH	1.340µIU/ml	0.40-4.20µIU/ml

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CONSULTANT PATHOLOGIST
Reg No. 40195

DR. MAHESHWARI'S COMPLEX, GILL ROAD, LUDHIANA-141003. (INDIA)
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P.R.O. 9815-276548, 77104- 92011 Helpline : 98152-76548
E-mail : lifelineldh@rediffmail.com Web : www.lifelinehospitalldh.com

NAME : SANDEEP SINGH
AGE/SEX : 40Y/M
REF BY : BANK OF BARODA
DATE : 27.04.2024

• URINE EXAMINATION REPORT

A. PHYSICAL EXAMINATION	
QUANTITY	30ml
COLOUR	YELLOW
DEPOSIT	ABSENT
REACTION	ACIDIC
SECIFIC GRAVITY	1.020
B. CHEMICAL EXAMINATION	
UROBILINOGEN	NIL
BLOOD	NIL
PROTEIN	NIL
SUGAR	NIL
KETONE BODIES	NIL
BILIRUBIN	NIL
NITRITE	NIL
LEUKOCYTES	NIL
C. MICROSCOPIC EXAMINATION	
EPITHELIAL CELLS	0-1/hpf
PUS CELLS	2-4/hpf
R.B.C.	NIL
CRYSTALS	NIL
CAST	NIL

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M.B.B.S. M.D. (PATHOLOGY)
CONSULTANT PATHOLOGIST
Reg. No. 40150

LIFELINE HOSPITAL

MULTI SPECIALITY & SUPER SPECIALITY HOSPITAL



NAME : SANDEEP SINGH
AGE/SEX : 40Y/M
REF BY : BANK OF BARODA
DATE : 27.04.2024

URINE EXAMINATION REPORT

DETERMINATION	NORMAL	RESULT
POST URINE SUGAR	NIL	NIL

***Recommendation:-**

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Dr. SURBHI GOYAL
M.B.B.S. M.D. (PATHOLOGY)
CONSULTANT PATHOLOGIST
Reg No 40195



Name : SANDEEP SINGH
Age/Sex : 40YRS/M
Date : 27/4/2024

X-ray Chest PA View

The cardiac size and shape is **normal**

Both hilla are normal.

The lungs on either side shows equal translucency

The peripheral vasculature is normal

The domes of the diaphragm is normal

The pleural spaces are normal.

Dr. R.S. Maheshwari
DR. R.S. MAHESHWARI
M.B.B.S. M.D. (PEDIATRICS) ENMIA P
Consultant Physician & Child Specialist
LIFELINE HOSPITAL
GILL ROAD, LUDHIANA-141003
Reg No: 34970 34970

Patient's Name: SANDEEP SINGH

DATE : 27/04/2024

Age/Sex : 40 Yrs/M

REF BY:-

ULTRASONOGRAPHY OF ABDOMEN

LIVER : Liver is normal in size & shape. Hepatic bleary radicals are normally outlined. Portal vein is normal in caliber. No evidence of liver abscess. Movements of diaphragm are not restricted. No evidence of secondries. CBD is of normal calibre.

GALL BLADDER : Gall Bladder is distended. Walls are normal. Lumen shows normal echo.

PANCREAS : Pancreas is normal in size, shape and echotexture. No evidence of any collection in lesser sac.

SPLEEN : Spleen is normal in size, shape and echotexture. Calibre splenic vein at hilum is WNL

RIGHT KIDNEY : : Right kidney is normal in size & shape. Cortical thickness is WNL. Pelvi-calyceal system is normal. There is no evidence of calculus. No backpressure changes or S.O.L. Corticomedullary differentiation is well maintained.

LEFT KIDNEY : Left kidney is normal in size & shape. Cortical thickness is WNL. Pelvi-calyceal system is normal. There is no evidence of calculus. No backpressure changes or S.O.L. Corticomedullary differentiation is well maintained.

URETERS : both ureters are normal.

URINARY BLADDER : UB is seen in filled stage.

PROSTATE : Prostrate is normal in size. No focal lesion seen.

IMPRESSION: NORMAL U.S.G.

Dr. R. S. Maheshwari
M.B.B.S., M.D (Pead)
SONOLOGIST

DR.R.S. MAHESHWARI (ULTRASONOLOGIST) This is only professional opinion and the diagnosis. It should be correlated clinically & with either investigation to come to final diagnosis.



LIFELINE HSP,LDH

27/04/24 11:52:42 AM

ADM

SANDEEP SINGH 40,

270424-115011-AM

MI 0.6

Tis 0.2

4C

Abdomen

95

B
0- Frq 4.0 MHz
Gn 64
E/A 1/1
Map E/0/0
D 16.0 cm
DR 72
FR 19 Hz
AO 100 %
XBeam On

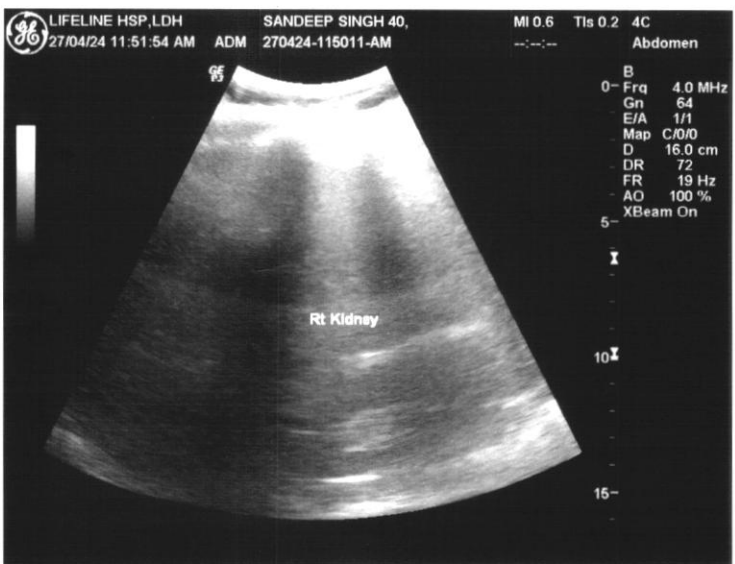
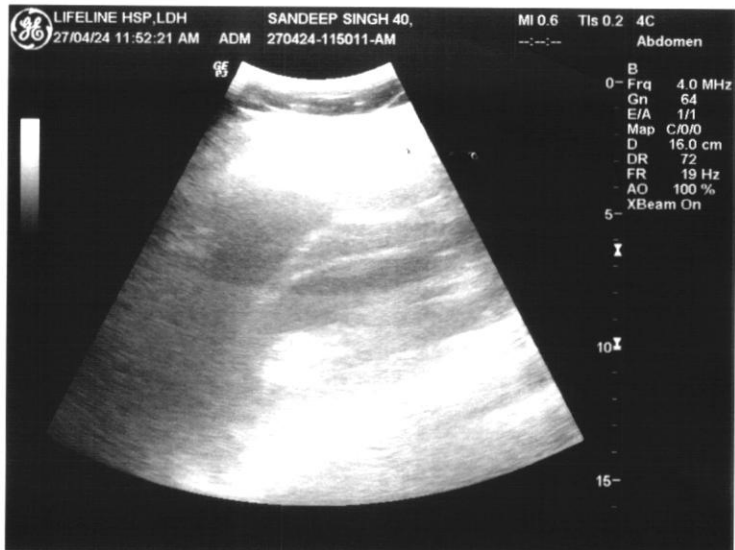
5-

I

10 I

15-

Galbladder



Summary

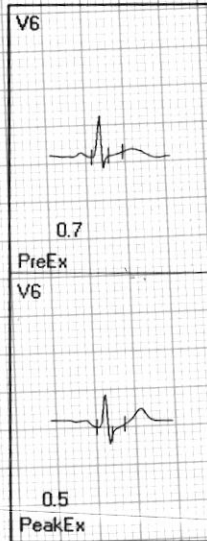


Protocol : BRUCE

Medication :
Ref.By : BANK OF BARODA

Objective :
History :

Stage	StageTime (Min:Sec)	PhaseTime (Min:Sec)	Speed (mph)	Grade (%)	METs	H.R. (bpm)	B.P. (mmHg)	R.P.P. x100	PVC	Comments
Supine					1.0	94	118/78	110	-	
Standing					1.0	90	118/78	106	-	
HV					1.0	95	122/82	115	-	
ExStart					1.0	92	122/82	112	-	
Stage 1	3:00	3:01	1.7	10.0	4.7	150	125/85	187	-	
Stage 2	3:00	6:01	2.5	12.0	7.1	173	132/92	228	-	
Stage 3	3:00	9:01	0.0	0.0	9.0	144	140/100	201	-	
PeakEx	0:07	9:08	0.0	0.0	10.0	141	140/100	197	-	
Recovery	1:00		0.0	0.0	3.1	125	140/100	175	-	
Recovery	2:00		0.0	0.0	1.0	124	138/98	171	-	
Recovery	3:00		0.0	0.0	1.0	118	132/92	155	-	
Recovery	3:46		0.0	0.0	1.0	117	125/85	146	1	



Findings :

Exercise Time : 09:08
Max HR Attained : 173 bpm 96% of Target 180
Max BP : 140/100(mmHg)
Max WorkLoad attained : 10(Good Effort Tolerance)

TMT negative for QMI

Advice/Comments:

Dr. Sandeep Mittal
M.D., D.N.B., D.M.
Cardiologist Mittal Clinic, Ludhiana
No. 30318

Supp 8821

12 Lead + Median

HR: 90 bpm

METS: 1.0

BP: 118/78

Trgt HR: 50% of 180

Speed: 0.0 mph

Grade: 0.0%

Raw ECG

BRUCE

(0.05-100)Hz

Ex Time 00:29

BLC :On

Notch :On

SUPINE

1.0 Cm/mV

25 mm/Sec.



4X

80 mS Post J



Supine

HR: 90 bpm

METS: 1.0

BP: 118/78

Trgt HR: 50% of 180

Speed: 0.0 mph

Grade: 0.0%

Raw ECG

BRUCE

(0.05-100)Hz

Ex Time 00:29

BLC :On

Notch :On

Standing

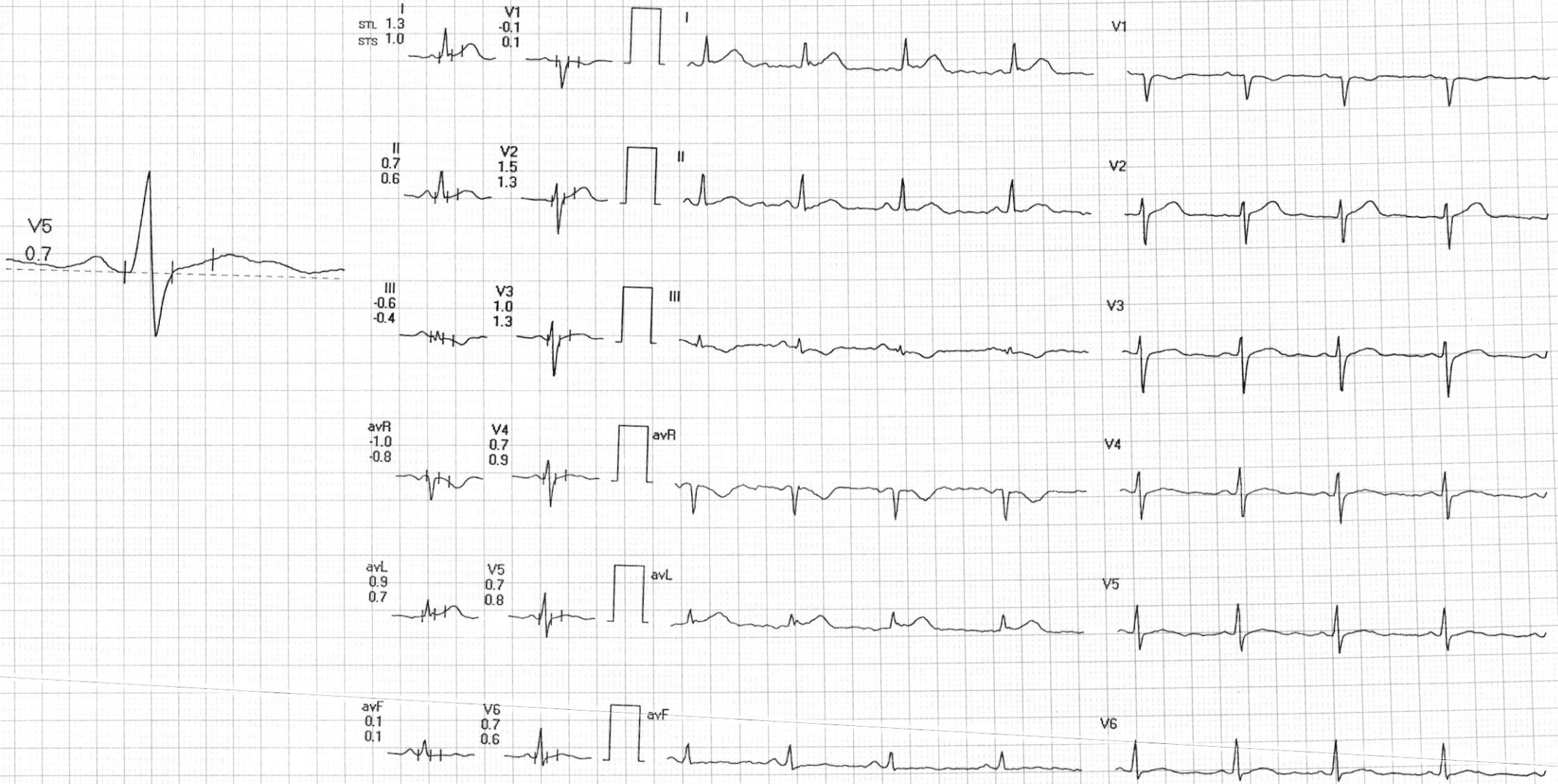
1.0 Cm/mV

25 mm/Sec.



4X

80 mS Post J



HR: 95 bpm
METS: 1.0
BP: 122/82

Trgt HR: 52% of 180
Speed: 0.0 mph
Grade: 0.0%

Raw ECG
BRUCE
(0.05-100)Hz

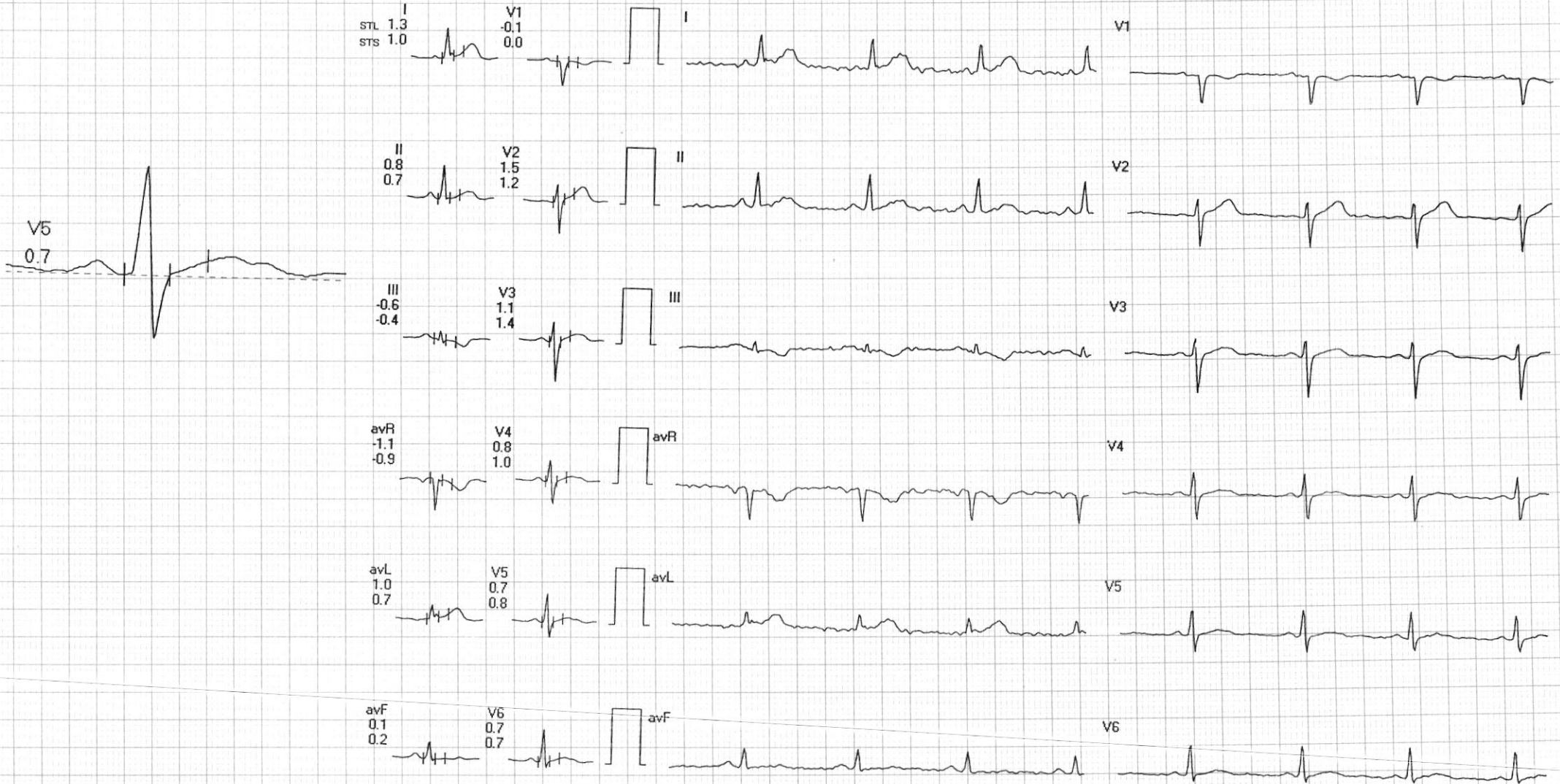
Ex Time 00:48
BLC : On
Notch : On

HV
1.0 Cm/mV
25 mm/Sec.



4X

80 mS Post J



Signature

HR: 92 bpm

METS: 1.0

BP: 122/82

Trgt HR: 51% of 180

Speed: 0.0 mph

Grade: 0.0%

Raw ECG

BRUCE

(0.05-100)Hz

Ex Time 01:43

BLC : On

Notch : On

ExStart

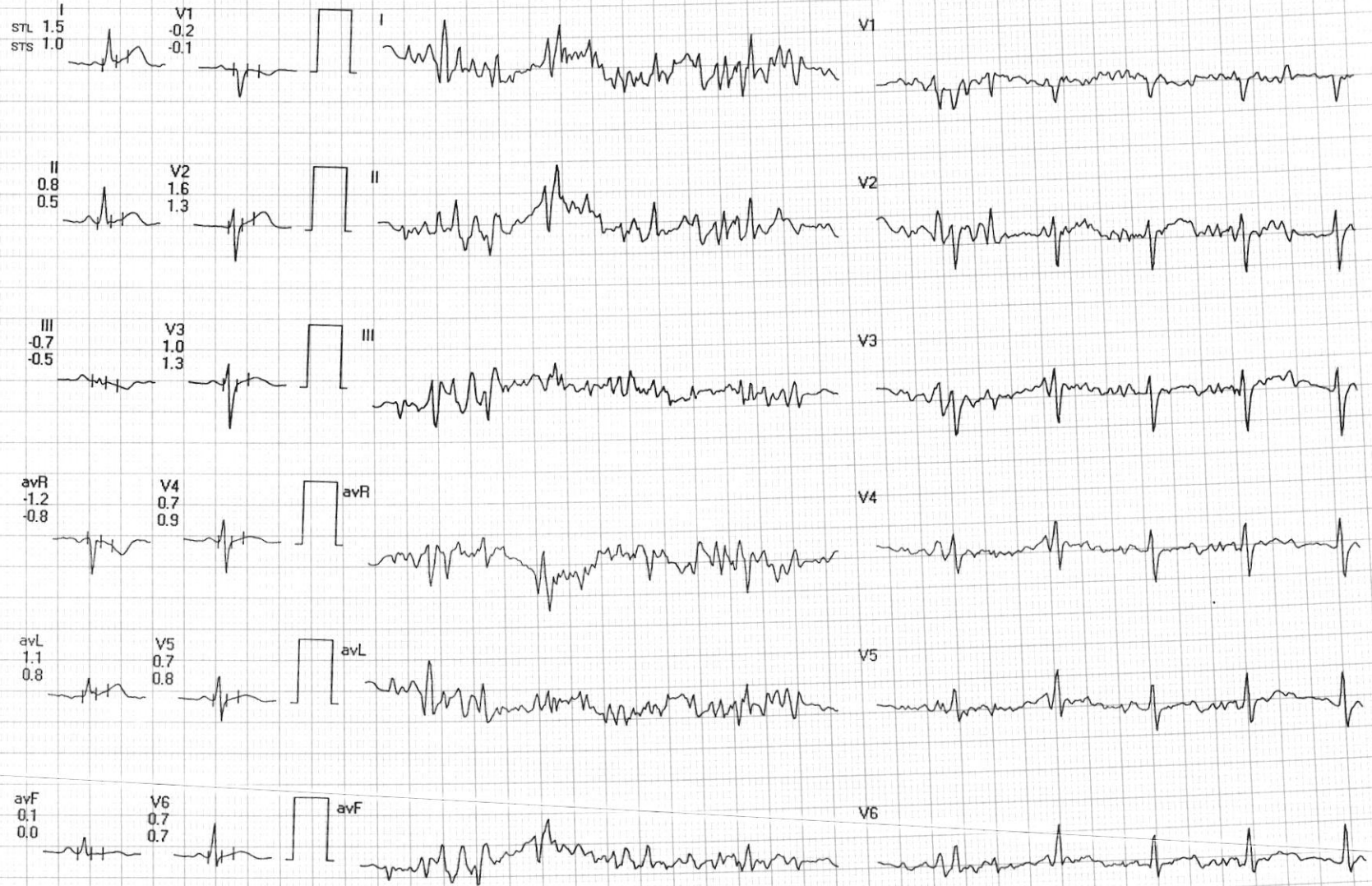
1.0 Cm/mV

25 mm/Sec.



4X

80 mS Post J



Sandeep Singh

HR: 150 bpm

METS: 4.7

BP: 125/85

Trgt HR: 83% of 180

Speed: 1.7 mph

Grade: 10.0%

Raw ECG

BRUCE

(0.05-100)Hz

Ex Time 03:00

BLC :On

Notch :On

BRUCE: Stage 1(3:00)

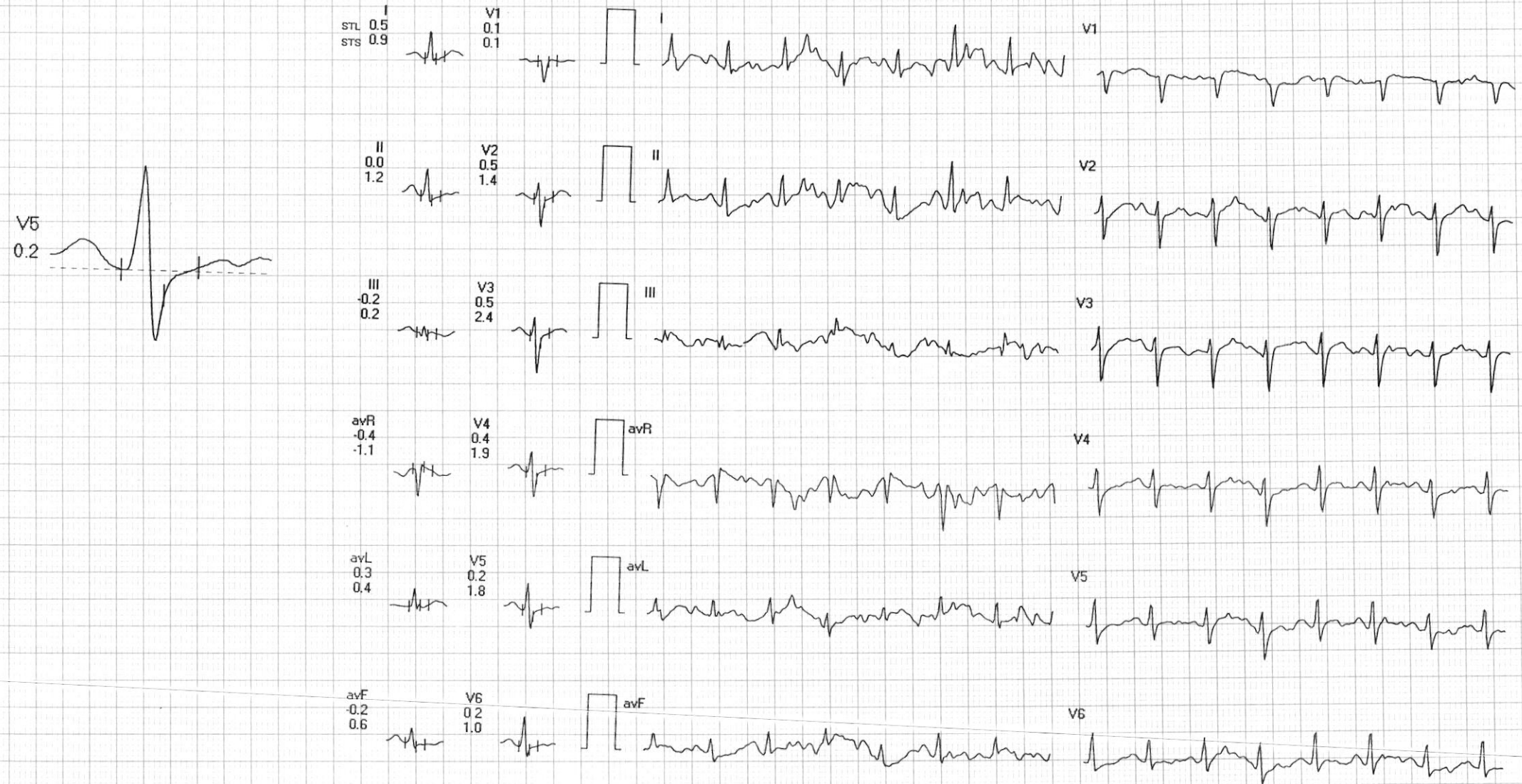
1.0 Cm/mV

25 mm/Sec.



4X

80 mS Post J



Supp S&L

HR: 173 bpm

METS: 7.1

BP: 132/92

Trgt HR: 96% of 180

Speed: 2.5 mph

Grade: 12.0%

Raw ECG

BRUCE

(0.05-100)Hz

Ex Time 06:00

BLC :On

Notch :On

BRUCE:Stage 2(3:00)

1.0 Cm/mV

25 mm/Sec.



4X

80 mS Post J



Supp SKM

HR: 144 bpm

METS: 9.0

BP: 140/100

Trgt HR: 80% of 180

Speed: 0.0 mph

Grade: 0.0%

Raw ECG

BRUCE

(0.05-100)Hz

Ex Time 09:00

BLC :On

Notch :On

BRUCE: Stage 3(3:00)

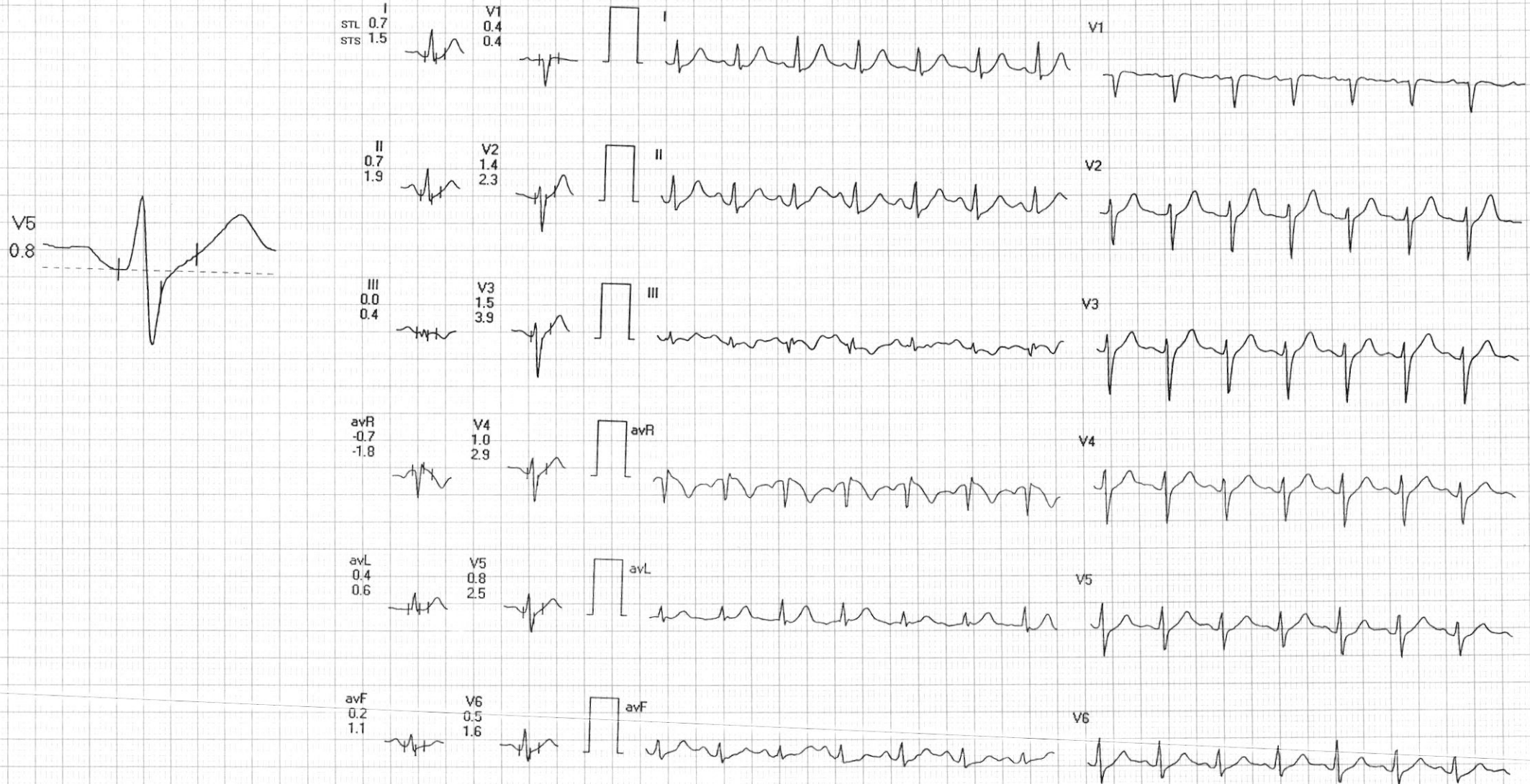
1.0 Cm/mV

25 mm/Sec.



4X

80 mS Post J



Signature

LIFELINE HOSPITAL
GILL ROAD, LUDHIANA

34B40/SANDEEP SINGH

40 Yrs / Male

80 Kg / 162 Cms

27-Apr-2024 12:50:03 PM

12 Lead + Median

HR: 141 bpm
 METS: 10.0
 BP: 140/100

Trgt HR: 78% of 180
 Speed: 0.0 mph
 Grade: 0.0%

Raw ECG
 BRUCE
 (0.05-100)Hz

Ex Time 09:07
 BLC : On
 Notch : On

BRUCE: PeakEx(0:07)
 1.0 Cm/mV
 25 mm/Sec.



4X 80 m/s Post J

I
 STL 0.6
 STS 1.2

V1
 0.5
 0.7

II
 0.7
 1.9

V2
 1.3
 2.3

III
 0.1
 0.7

V3
 1.5
 4.6

aVR
 -0.6
 -1.6

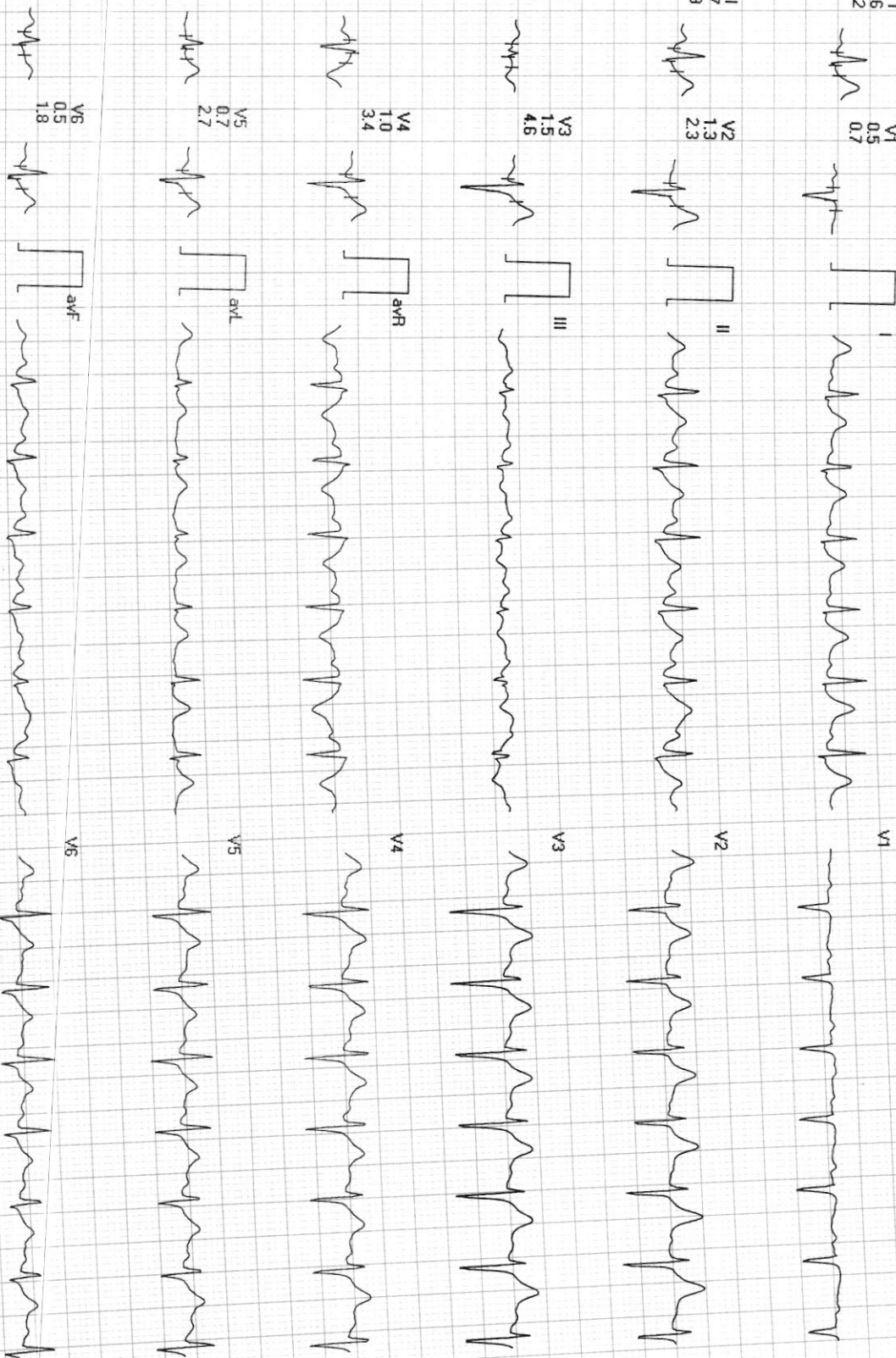
V4
 1.0
 3.4

aVL
 0.3
 0.4

V5
 0.7
 2.7

aVF
 0.2
 1.2

V6
 0.5
 1.8



SANDEEP SINGH

12 Lead + Median

HR: 125 bpm

METS: 3.1

BP: 140/100

Trgt HR: 69% of 180

Speed: 0.0 mph

Grade: 0.0%

Raw ECG

BRUCE

(0.05-100)Hz

Ex Time 09:08

BLC :On

Notch :On

Recovery(1:00)

1.0 Cm/mV

25 mm/Sec.



4X

80 mS Post J



Sup SRU

HR: 124 bpm
METS: 1.0
BP: 138/98

Trgt HR: 68% of 180
Speed: 0.0 mph
Grade: 0.0%

Raw ECG
BRUCE
(0.05-100)Hz

Ex Time 09:08
BLC : On
Notch : On

Recovery(2:00)
1.0 Cm/mV
25 mm/Sec.



4X

80 mS Post J



Supsky

HR: 118 bpm

METS: 1.0

BP: 132/92

Trgt HR: 65% of 180

Speed: 0.0 mph

Grade: 0.0%

Raw ECG

BRUCE

(0.05-100)Hz

Ex Time 09:08

BLC :On

Notch :On

Recovery(3:00)

1.0 Cm/mV

25 mm/Sec.



4X

80 mS Post J

V5

0.3

I
STL 0.3
STS 0.2

V1
0.4
0.5

I

V1

II
0.2
0.5

V2
0.9
1.1

II

V2

III
-0.2
0.2

V3
1.3
2.1

III

V3

avR
-0.3
-0.4

V4
0.6
1.4

avR

V4

avL
0.3
0.0

V5
0.3
0.8

avL

V5

avF
0.1
0.4

V6
0.1
0.5

avF

V6

Sandip Singh

12 Lead + Median

HR: 117 bpm

METS: 1.0

BP: 125/85

Trgt HR: 65% of 180

Speed: 0.0 mph

Grade: 0.0%

Raw ECG

BRUCE

(0.05-100)Hz

Ex Time 09:08

BLC :On

Notch :On

Recovery(3:46)

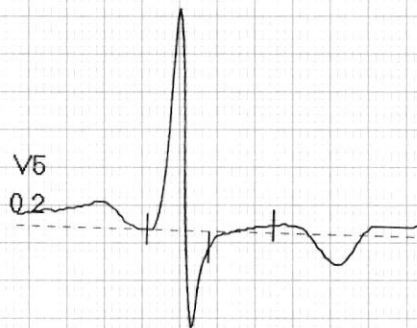
1.0 Cm/mV

25 mm/Sec.



4X

80 mS Post J



Suk Singh



Protocol : BRUCE

Supine :	PhTime 0:19	StageTime 0:01	0.0 mph	0.0%	1.0 METs	91 bpm	118/78	@80ms Post J
PeakEx :	PhTime: 9:08	StageTime: 0:01	1.1 mph	0.0%	10.0 METs	140 bpm	140/100	@60ms Post J



Sandeep SRM



Protocol : BRUCE

		I	II	III	avR	avL	avF	V1	V2	V3	V4	V5	V6	
STL (mm) 80 mSecs Post J	Supine	1.1	0.7	-0.4	-0.9	0.7	0.2	-0.1	1.4	1.1	0.9	0.8	0.8	
	Standing	1.3	0.7	-0.5	-1.0	1.0	0.0	-0.1	1.4	0.9	0.7	0.7	0.7	
	HV	1.3	0.8	-0.6	-1.1	1.0	0.1	-0.1	1.5	1.1	0.8	0.7	0.7	
	ExStart	1.5	0.8	-0.7	-1.2	1.1	0.1	-0.2	1.6	1.0	0.7	0.7	0.7	
	Stage 1	0.5	0.0	-0.2	-0.4	0.3	-0.2	0.1	0.5	0.5	0.4	0.2	0.2	
	Stage 2	-0.2	-0.9	-0.6	0.4	0.2	-0.7	0.4	0.4	0.4	0.2	0.0	-0.1	
	Stage 3	0.7	0.7	0.0	-0.7	0.4	0.2	0.4	1.4	1.5	1.0	0.8	0.5	
	PeakEx	0.6	0.7	0.1	-0.6	0.3	0.2	0.5	1.3	1.5	1.0	0.7	0.5	
	Recovery	0.8	0.5	-0.2	-0.7	0.5	0.1	0.4	1.7	1.7	1.0	0.7	0.4	
	Recovery	0.3	0.3	-0.1	-0.3	0.1	0.1	0.5	1.1	1.3	0.7	0.4	0.2	
	Recovery	0.4	0.4	0.0	-0.4	0.2	0.2	0.4	1.0	1.3	0.6	0.3	0.1	
	Recovery	0.1	0.1	-0.1	-0.2	0.1	0.1	0.3	0.9	1.2	0.5	0.2	0.1	
	STS mV/Sec.	Supine	0.6	0.4	-0.2	-0.5	0.4	0.1	0.0	1.2	1.5	1.1	0.8	0.7
		Standing	0.9	0.6	-0.3	-0.7	0.6	0.1	0.1	1.3	1.6	1.1	0.9	0.7
HV		1.0	0.7	-0.4	-0.9	0.7	0.2	0.0	1.2	1.4	1.0	0.8	0.7	
ExStart		1.0	0.5	-0.5	-0.8	0.8	0.0	-0.1	1.3	1.3	0.9	0.8	0.7	
Stage 1		0.9	1.2	0.2	-1.1	0.4	0.6	0.1	1.4	2.4	1.9	1.8	1.0	
Stage 2		0.8	1.0	0.0	-0.9	0.5	0.5	0.6	1.7	3.6	2.6	2.2	1.5	
Stage 3		1.5	1.9	0.4	-1.8	0.6	1.1	0.4	2.3	3.9	2.9	2.5	1.6	
PeakEx		1.2	1.9	0.7	-1.6	0.4	1.2	0.7	2.3	4.6	3.4	2.7	1.8	
Recovery		1.1	1.2	0.2	-1.1	0.5	0.7	0.4	2.0	3.3	2.2	1.7	1.0	
Recovery		0.5	0.8	0.4	-0.6	0.1	0.6	0.6	1.2	2.6	1.4	1.1	0.7	
Recovery		0.3	0.6	0.3	-0.5	0.0	0.5	0.5	1.1	2.0	1.4	0.8	0.4	
Recovery		0.0	0.4	0.3	-0.2	-0.1	0.3	0.4	0.8	1.8	1.2	0.7	0.3	

STI on Next Page

Sanjiv Singh

STI	μVs	I	II	III	avR	avL	avF	V1	V2	V3	V4	V5	V6
	Supine	5.2	3.3	-1.8	-4.2	3.4	0.8	0.2	7.3	4.8	3.8	3.4	3.6
	Standing	5.4	2.7	-2.0	-3.9	4.1	-0.2	0.0	7.1	3.8	3.2	2.7	3.1
	HV	6.6	3.6	-3.1	-4.9	5.0	0.1	0.0	8.5	5.5	3.6	3.5	3.5
	ExStart	7.8	4.3	-3.3	-6.1	5.6	0.6	-0.5	8.5	4.8	3.4	3.2	3.7
	Stage 1	-0.4	-2.5	0.0	0.5	-0.4	-1.8	1.6	-0.4	-0.5	-1.0	-1.7	-0.9
	Stage 2	-4.1	-7.2	-2.5	5.0	-1.0	-4.6	2.4	-1.4	-3.8	-3.6	-4.1	-3.8
	Stage 3	-0.8	-0.5	0.0	0.7	-0.3	-0.8	2.5	2.6	2.0	0.4	-0.1	-0.4
	PeakEx	-0.8	-0.6	0.2	0.7	-0.4	-0.8	2.4	2.2	1.3	0.1	-0.8	-0.7
	Recovery	-0.6	-1.0	-0.2	0.7	-0.2	-0.5	3.4	4.2	3.9	1.6	0.4	-0.3
	Recovery	-1.0	-0.6	-1.6	0.7	-0.5	-1.4	3.2	3.2	3.5	1.0	-0.1	-0.7
	Recovery	0.3	0.4	0.0	-0.4	0.3	0.0	2.8	3.6	4.7	1.3	0.2	-0.3
	Recovery	-0.9	-0.4	-0.6	-0.1	0.3	0.0	2.4	4.0	4.9	1.6	0.1	-0.4

Scott