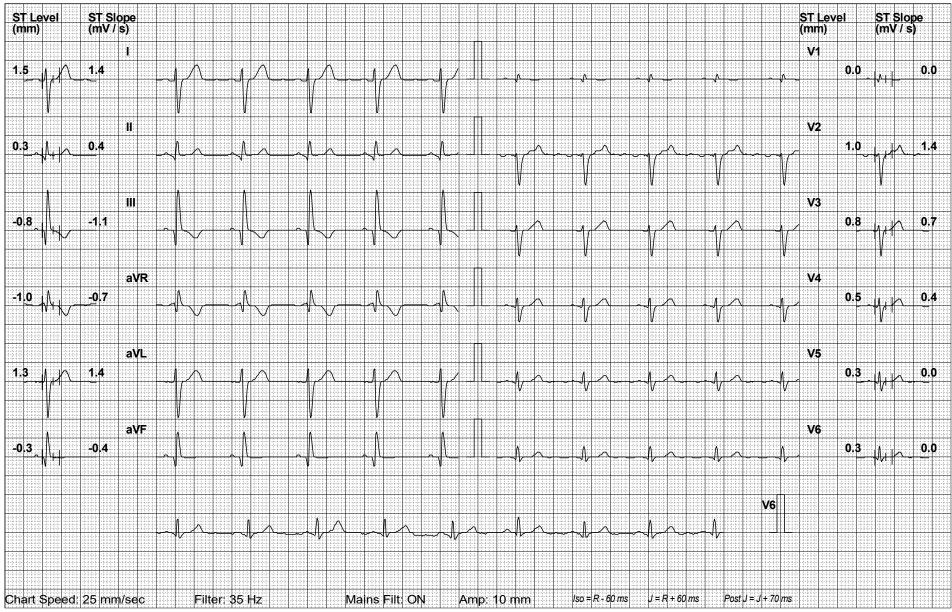
ID: 2425450

Date: 23-Apr-24

Exec Time: 0 m 0 s Stage Time: 0 m 15 s HR: 84 bpm

Stage: Supine Speed: 0 Km/h (THR: 157 bpm) B.P: 120 / 80 Protocol: Bruce Grade: 0 %



ID: 2425450

Date: 23-Apr-24

Exec Time: 0 m 0 s Stage Time: 0 m 18 s HR: 84 bpm

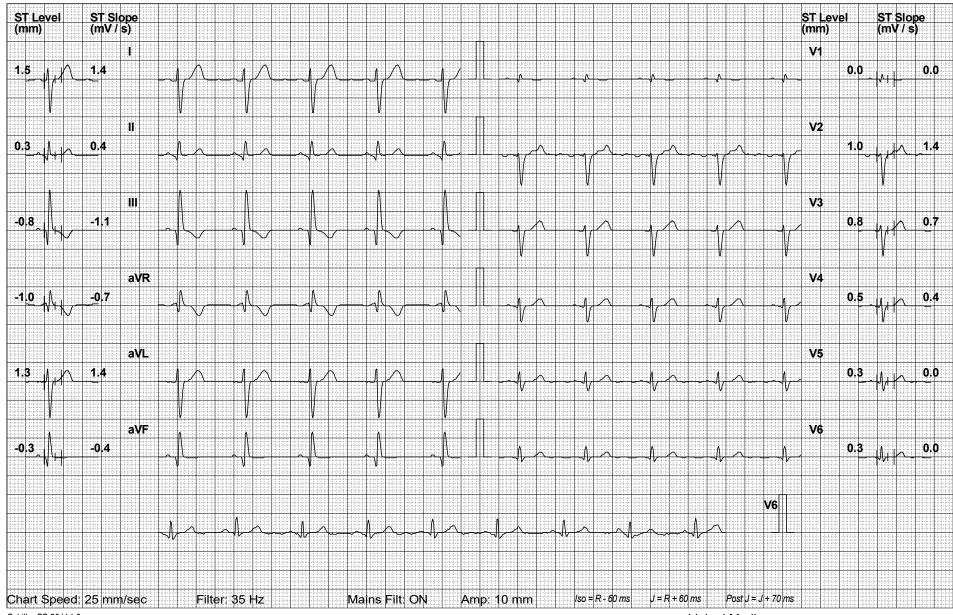
Stage: Standing Protocol: Bruce

Speed: 0 Km/h

Grade: 0 %

(THR: 157 bpm)

B.P: 120 / 80



ID: 2425450

Date: 23-Apr-24

Exec Time: 0 m 0 s Stage Time: 0 m 1 s

HR: 86 bpm

Protocol: Bruce

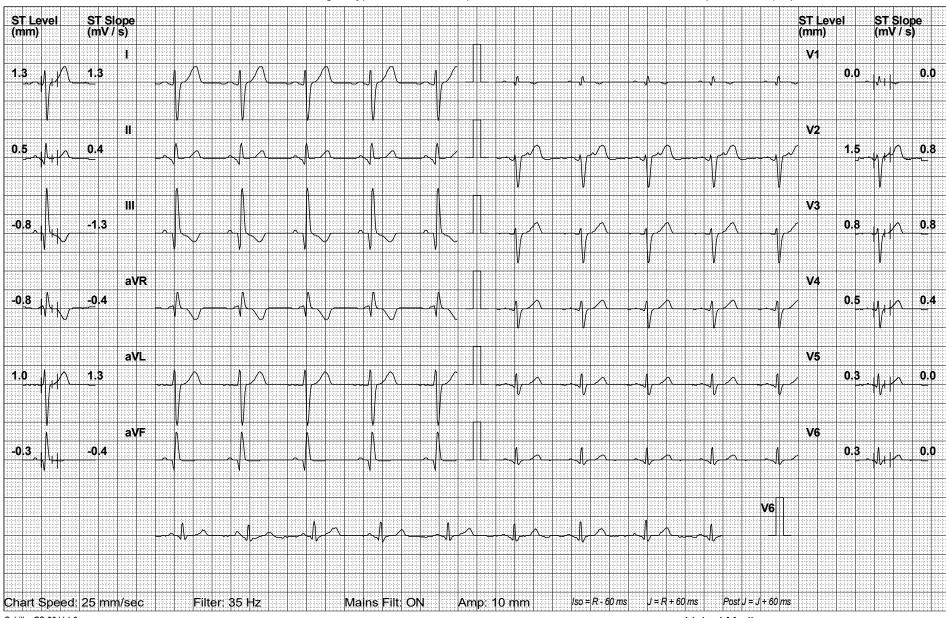
Stage: Hyperventilation

Speed: 0 Km/h

Grade: 0 %

(THR: 157 bpm)

B.P: 120 / 80

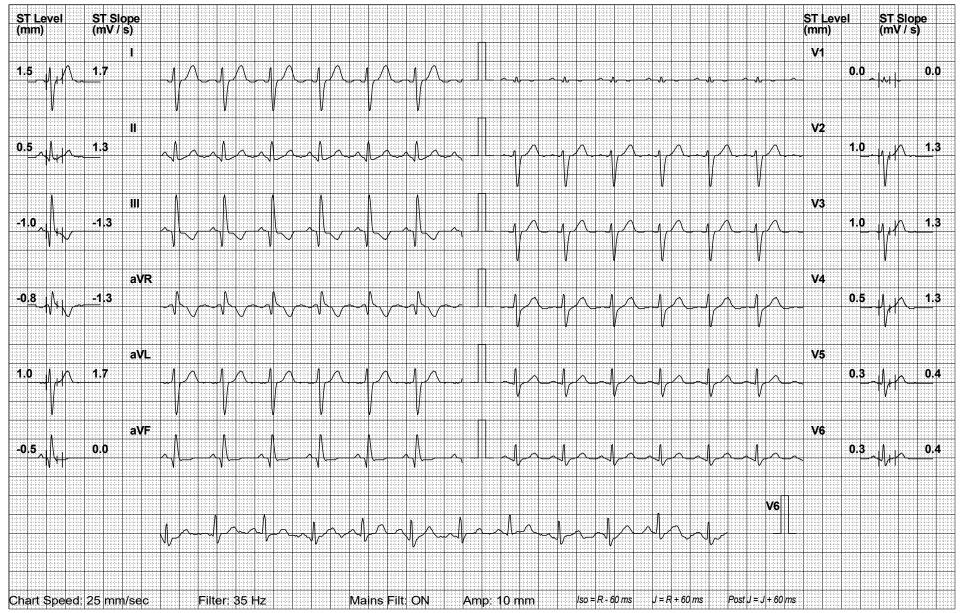


ID: 2425450

Date: 23-Apr-24

Exec Time: 2 m 54 s Stage Time: 2 m 54 s HR: 115 bpm

Protocol: Bruce Stage: 1 Speed: 2.7 Km/h Grade: 10 % (THR: 157 bpm) B.P: 120 / 80

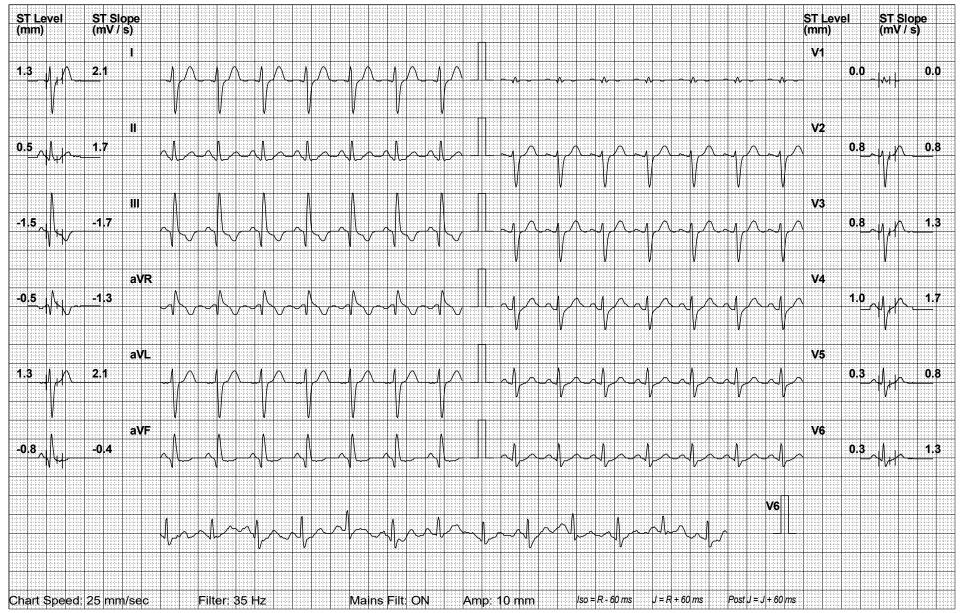


ID: 2425450

Date: 23-Apr-24

Exec Time: 5 m 54 s Stage Time: 2 m 54 s HR: 126 bpm

Protocol: Bruce Stage: 2 Speed: 4 Km/h Grade: 12 % (THR: 157 bpm) B.P: 130 / 80

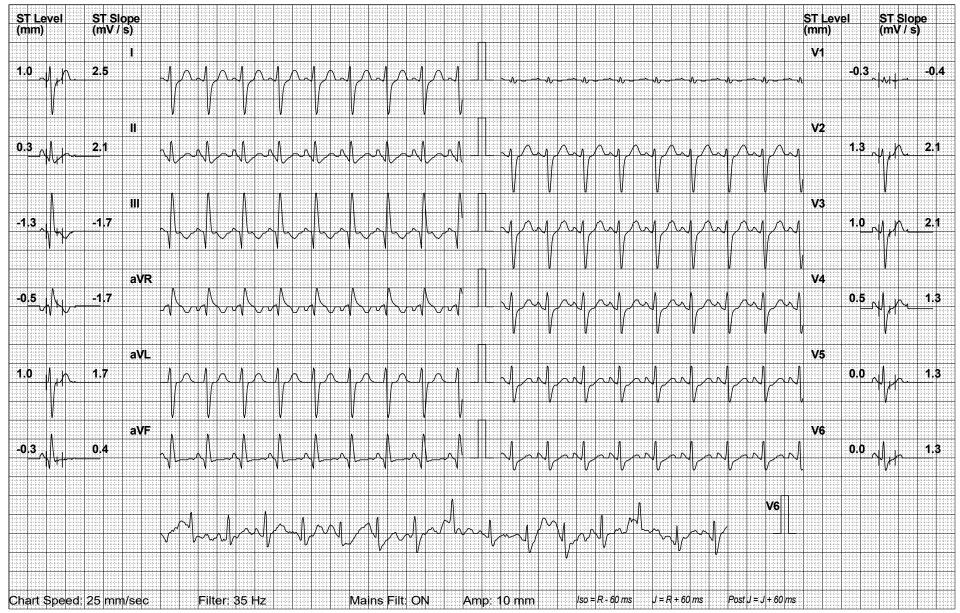


ID: 2425450

Date: 23-Apr-24

Exec Time: 8 m 54 s Stage Time: 2 m 54 s HR: 152 bpm

Protocol: Bruce Stage: 3 Speed: 5.4 Km/h Grade: 14 % (THR: 157 bpm) B.P: 140 / 90



ID: 2425450

Date: 23-Apr-24

Exec Time: 9 m 33 s Stage Time: 0 m 33 s HR: 156 bpm

Protocol: Bruce

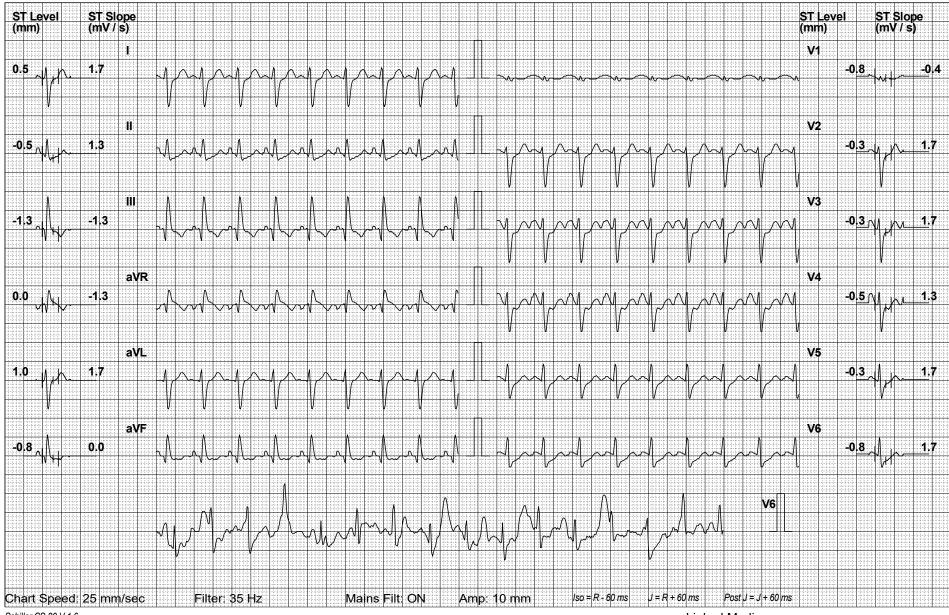
Stage: Peak Ex

Speed: 6.7 Km/h

Grade: 16 %

(THR: 157 bpm)

B.P: 140 / 90

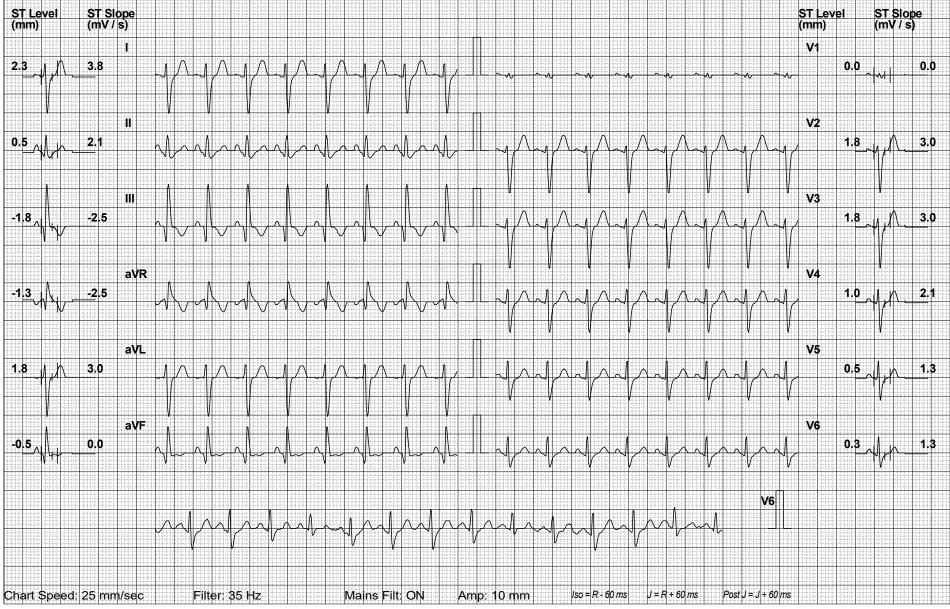


ID: 2425450

Date: 23-Apr-24

Exec Time: 9 m 39 s Stage Time: 0 m 54 s HR: 140 bpm

Protocol: Bruce Stage: Recovery(1) Speed: 1.6 Km/h Grade: 0 % (THR: 157 bpm) B.P: 140 / 90



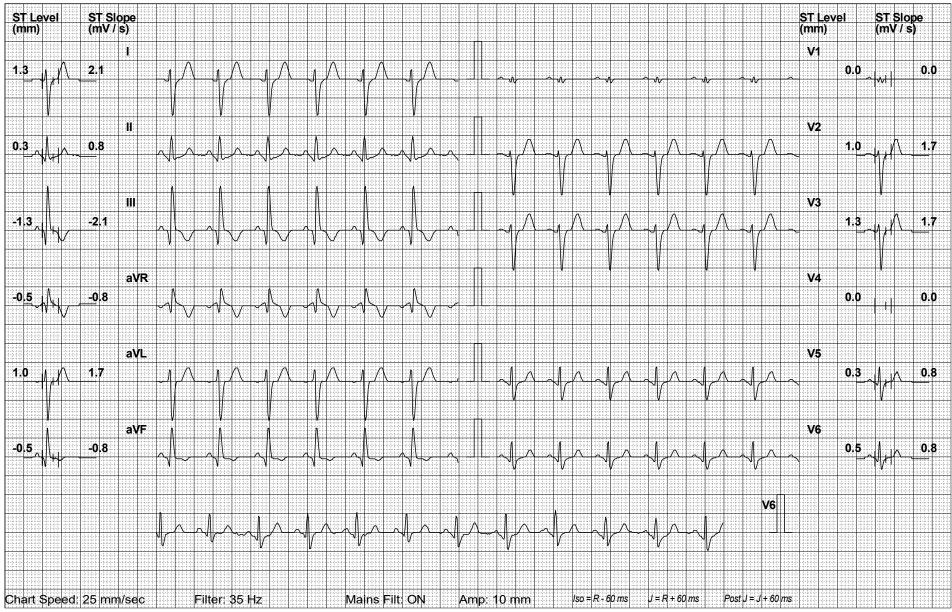
ID: 2425450

Date: 23-Apr-24

Exec Time: 9 m 39 s Stage Time: 0 m 54 s HR: 114 bpm

Protocol: Bruce Stage: Recovery(2) Speed: 0 Km/h Grade: 0 %

(THR: 157 bpm) B.P: 140 / 90

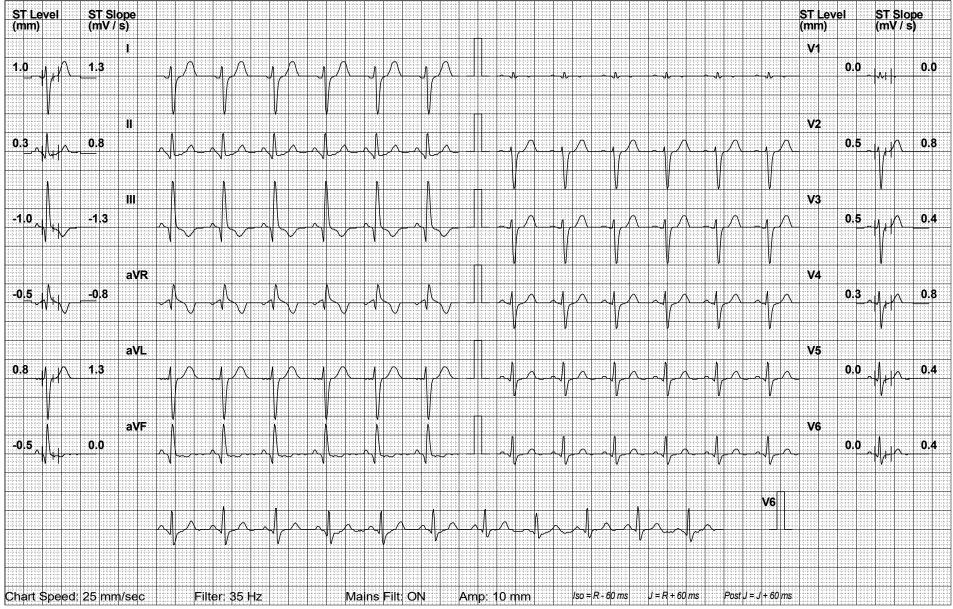


ID: 2425450

Date: 23-Apr-24

Exec Time: 9 m 39 s Stage Time: 0 m 54 s HR: 110 bpm

Protocol: Bruce Stage: Recovery(3) Speed: 0 Km/h Grade: 0 % (THR: 157 bpm) B.P: 140 / 90

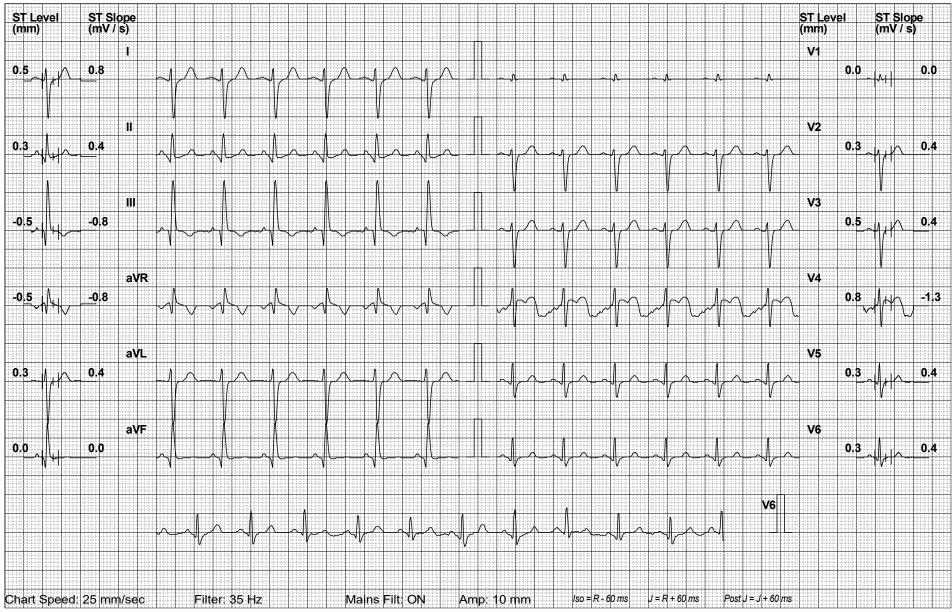


ID: 2425450

Date: 23-Apr-24

Exec Time: 9 m 39 s Stage Time: 0 m 54 s HR: 108 bpm

Protocol: Bruce Stage: Recovery(4) Speed: 0 Km/h Grade: 0 % (THR: 157 bpm) B.P: 130 / 90

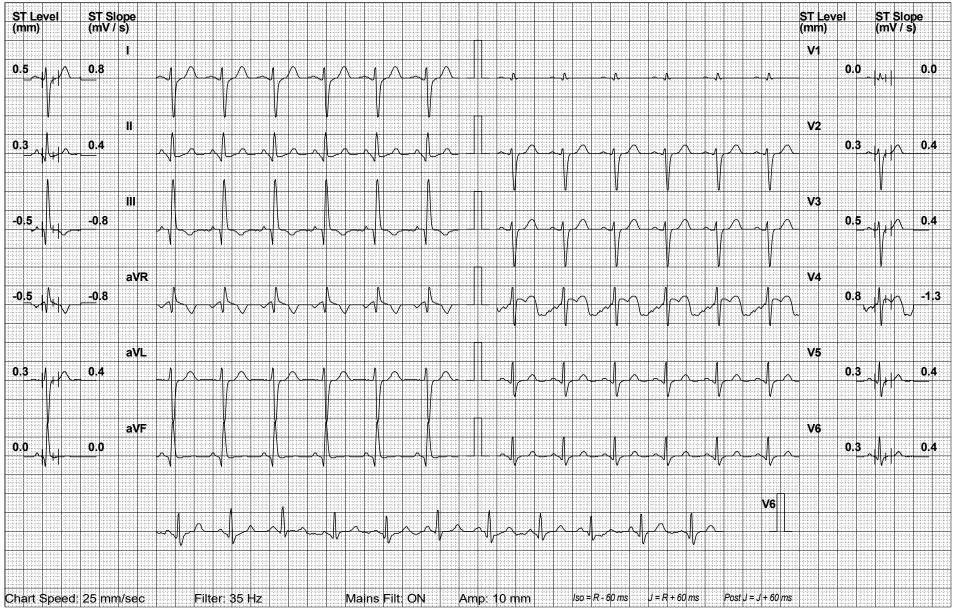


ID: 2425450

Date: 23-Apr-24

Exec Time: 9 m 39 s Stage Time: 0 m 57 s HR: 108 bpm

Protocol: Bruce Stage: Recovery(5) Speed: 0 Km/h Grade: 0 % (THR: 157 bpm) B.P: 130 / 90



# **HEALTHSPRING HEALTHCARE AUNDH**

HEALTHSPRING HEALTHCARE AUNDH

Time: 12:14:29 PM

Patient Details Date: 23-Apr-24

Name: MR RAKESH MISHRA ID: 2425450

Age: 45 y Sex: M Height: 178 cms. Weight: 76 Kg.

Clinical History: Routine Test

Medications: NO

## **Test Details**

Protocol: Bruce Pr.MHR: 175 bpm THR: 157 (90 % of Pr.MHR) bpm

Total Exec. Time: 9 m 39 s Max. HR: 158 (90% of Pr.MHR) bpm Max. Mets: 13.50

Test Termination Criteria: Target HR attained

# **Protocol Details**

Stage Name	Stage Time (min : sec)	Mets	Speed (Km/h)	Grade (%)	Heart Rate (bpm)	Max. BP (mm/Hg)	Max. ST Level (mm)	Max. ST Slope (mV/s)
Supine	0:21	1.0	0	0	81	120 / 80	-0.76 III	5.06 V2
Standing	0:3	1.0	0	0	86	120 / 80	-0.76 III	1.69 I
Hyperventilation	0:4	1.0	0	0	86	120 / 80	-0.76 III	1.27 I
1	3:0	4.6	2.7	10	115	120 / 80	-1.01 III	2.95 V4
2	3:0	7.0	4	12	127	130 / 80	-1.52 III	2.53 I
3	3:0	10.2	5.4	14	151	140 / 90	-1.77 III	2.95 I
Peak Ex	0:39	13.5	6.7	16	158	140 / 90	-1.27 III	3.80 V4
Recovery(1)	1:0	1.8	1.6	0	137	140 / 90	-2.03 III	5.49 V4
Recovery(2)	1:0	1.0	0	0	117	140 / 90	-1.27 III	5.49 V4
Recovery(3)	1:0	1.0	0	0	112	140 / 90	-1.01 III	4.64 V4
Recovery(4)	1:0	1.0	0	0	111	130 / 90	-0.76 III	-1.27 III
Recovery(5)	0:3	1.0	0	0	110	130 / 90	-0.76 aVR	5.06 V2

## Interpretation

The patient exercised according to the Bruce protocol for 9 m 39 s achieving a work level of Max. METS: 13.50. Resting heart rate initially 81 bpm, rose to a max. heart rate of 158 (90% of Pr.MHR) bpm. Resting blood Pressure 120 / 80 mmHg, rose to a maximum blood pressure of 140 / 90 mmHg.

Ref. Doctor: Dr. Arjun Deshmukh (Summary Report edited by user)

Schiller CS-20 V 1.6

**Doctor: DR MUKESH JHA** 



Name : MR RAKESH MISHRA	Age: 45 YRS
Gender: Male	Date : 23.04.2024

# X-RAY CHEST PA VIEW

The bony thorax is normal.

Lung fields and pleural spaces are clear on both sides.

The silhouettes of the heart and aorta are normal in size and configuration.

Both domes of the diaphragm are normal in position, contour and outline.

**IMPRESSION**: NO EVIDENCE OF ANY DISEASE IS SEEN IN THE CHEST.

Dr. Nitish Kotwal MBBS, DMRD (Bom) Consulting Radiologist

# **HEALTHSPRING**

# TREADMILL STRESS TEST REPORT

DATE: 23/04/2024

I	NAME:	RAKESH MISHRA	AGE:(years)	45	SEX:	M

PROTOCOL USED	BRUCE PROTOCOL		
ANGINA SCALE (0 – None, 1 – Non-Limiting, 2 – Limiting)	0	MAXIMUM ST DEPRESSION (mm)	0
WORKLOAD: MAXIMUM METS ACHIEVED (METS)	13.5	DOUBLE PRODUCT	22120 mm Hg/Min
DUKES SCORE (High Risk Score ≤ -11, Low Risk Score ≥ 5)		9	

## **CONCLUSION**:

NORMAL INOTROPIC & CHRONOTROPIC RESPONSE

BASELINE ECG SHOWS NO SIGNIFICANT ST-T CHANGES

NO SYMPTOMS AND ARRHYTHMIAS WERE SEEN DURING THE EXERCISE AND RECOVERY NO SIGNIFICANT ST-T CHANGES WERE SEEN DURING THE EXERCISE AND RECOVERY

EXCELLENT EFFORT TOLERANCE AND FUNCTIONAL CAPACITY

TARGET HEART RATE ACHIEVED

THE STRESS TEST IS NEGATIVE FOR INDUCIBLE ISCHEMIA AT THE GIVEN WORKLOAD

# **IMPRESSION:**

THE STRESS TEST IS NEGATIVE FOR INDUCIBLE ISCHEMIA AT THE GIVEN WORKLOAD ADVISED- CLINICAL CORRELATION

DR. MUKESH JHA

MD (MEDICINE), DM (CARDIOLOGY)

ukun The

REG NO- 2010/09/2935

# NOTE-

A NEGATIVE STRESS TEST DOES NOT CONCLUSIVELY RULE OUT CORONARY ARTERY DISEASE. A POSITIVE STRESS TEST IS NOT CONCLUSIVE EVIDENCE OF CORONARY ARTERY DISEASE. THERE IS A POSSIBILITY OF THE TEST BEING FALSE POSITIVE OR FALSE NEGATIVE DUE TO OTHER ASSOCIATED MEDICAL CONDITIONS. THESE REPORTS ARE FOR DOCTORS & PHYSICIANS AND NOT FOR MEDICO-LEGAL PURPOSES. KINDLY CO-RELATE THE REPORT WITH CLINICAL CONDITIONS.

THIS TMT/ ECG IS REPORTED ONLINE WITHOUT INTERACTING WITH PATIENTS AND THE RESULT SHOULD BE CLINICALLY CO-RELATED AND INDEPENDENTLY REVIEWED BY THE PATIENT'S CONSULTANT DOCTOR. THE PATIENT WAS NOT SEEN BY THE DOCTOR PERSONALLY AND THE ABOVE REPORT HAS BEEN REVIEWED BY THE DOCTOR BASED ON THE TMT/ECG RESULT AS PROVIDED TO THE DOCTOR.





**Lab Address:** 

Udyog Bhavan, Unit No. 15, Ground Floor, Wadala (Dadar), Mumbai - 400031.

**Report Date / Time** : 23/04/2024 / 20:04:30

86528 86529

Patient Name: Mr. Rakesh Mishra

Age / Gender: 45 Y / Male

Referred By : Dr. Suyog Vhora

SID No. : 56013594 Reg.Date / Time

: 23/04/2024 / 11:08:05

MR No. : 2430686

Page 1 of 15

# **Partial Test Report**

Specimen	Test Name / Method	Result	Units	Biological Reference Interval	
НАЕМАТОІ	.OGY				
CBC-Haem	ogram & ESR, blood DLE BLOOD				
	HAEMOGLOBIN, RED CELL C	COUNT & INDICES			
	HAEMOGLOBIN (Spectrophotometry)	13.5	gm%	13-17	
	PCV (Electrical Impedance)	40.9	%	40 - 50	
	MCV (Calculated)	86.9	fL	83-101	
	MCH (Calculated)	28.6	pg	27.0 - 32.0	
	MCHC (Calculated)	33.0	g/dl	31.5-34.5	
	RDW-CV (Calculated)	15	%	11.6-14.0	
	RDW-SD (Calculated)	53	fL	36 - 46	
	TOTAL RBC COUNT (Electrical Impedance)	4.71	Million/cmm	4.5-5.5	
	TOTAL WBC COUNT (Electrical Impedance)	7600	/cumm	4000-10000	
	DIFFERENTIAL WBC COUNT				
	NEUTROPHILS (Flow cell)	58.3	%	40-80	
	LYMPHOCYTES (Flow cell)	30.7	%	20-40	
	EOSINOPHILS (Flow cell)	3.5	%	1-6	
	MONOCYTES (Flow cell)	6.2	%	2-10	
	BASOPHILS (Flow cell)	1.3	%	1-2	
	ABSOLUTE WBC COUNT				
	ABSOLUTE NEUTROPHIL COUNT (Calculated)	4410	/cumm	2000-7000	
	ABSOLUTE LYMPHOCYTE COUNT (Calculated)	2330	/cumm	1000-3000	























Contd ...





**Lab Address:** 

Udyog Bhavan, Unit No. 15, Ground Floor, Wadala (Dadar), Mumbai - 400031.

**Report Date / Time** : 23/04/2024 / 20:04:30

86528 86529

Patient Name: Mr. Rakesh Mishra

Age / Gender: 45 Y / Male

Referred By : Dr. Suyog Vhora

SID No. : 56013594 Reg.Date / Time

: 23/04/2024 / 11:08:05

MR No. : 2430686

Page 2 of 15

# **Partial Test Report**

Specimen	Test Name / Method	Result	Units	Biological Reference Interval				
HAEMATO	HAEMATOLOGY							
	ABSOLUTE WBC COUNT							
	ABSOLUTE EOSINOPHIL COUNT (Calculated)	270	/cumm	200-500				
	ABSOLUTE MONOCYTE COUNT (Calculated)	470	/cumm	200-1000				
	ABSOLUTE BASOPHIL COUNT (Calculated)	100	/cumm	0-220				
	PLATELET COUNT (Electrical Impedance)	240000	/cumm	150000-410000				
	MPV (Calculated)	11.6	fL	6.78-13.46				
	PDW (Calculated)	21.1	%	11-18				
	PCT (Calculated)	0.280	%	0.15-0.50				
	PERIPHERAL BLOOD SMEAR							
	COMMENTS (Microscopic)	Normocytic Normochromic RBCs						
Sample Co	llected at : Aundh		28					
Sample Co	ellected on : 23 Apr 2024 11:14	4	7					

Sample Received on : 23 Apr 2024 18:34

**Barcode** 



**Dr.Rahul Jain** 

**MD,PATHOLOGY** 

























**Lab Address:** 

Udyog Bhavan, Unit No. 15, Ground Floor, Wadala (Dadar), Mumbai - 400031.

86528 86529

Patient Name: Mr. Rakesh Mishra

Age / Gender: 45 Y / Male

Referred By : Dr. Suyog Vhora

SID No. : 56013594 Reg.Date / Time : 23/04/2024 / 11:08:05

**Report Date / Time** : 23/04/2024 / 20:04:30 MR No. : 2430686

Page 3 of 15

**Partial Test Report** 

Specimen Test Name / Method Result Units **Biological Reference Interval** 

**HAEMATOLOGY** 

**EDTA ABO BLOOD GROUP\*** 

Blood

**BLOOD GROUP** 

(Erythrocyte-Magnetized

Technology)

**POSITIVE** Rh TYPE

(Erythrocyte-Magnetized

Technology)

Sample Collected at : Aundh

Sample Collected on : 23 Apr 2024 11:14

Sample Received on : 23 Apr 2024 18:34

**Barcode** 

**Dr.Rahul Jain** 

**MD,PATHOLOGY** 

























**Lab Address:** 

Udyog Bhavan, Unit No. 15, Ground Floor, Wadala (Dadar), Mumbai - 400031.

86528 86529

Patient Name: Mr. Rakesh Mishra

Age / Gender: 45 Y / Male

Referred By : Dr. Suyog Vhora

SID No. : 56013594 Reg.Date / Time

: 23/04/2024 / 11:08:05

**Report Date / Time** : 23/04/2024 / 20:04:30 MR No.

: 2430686

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**Partial Test Report** 

Specimen Test Name / Method Result Units **Biological Reference Interval** 

**HAEMATOLOGY** 

CBC-Haemogram & ESR, blood

**EDTA WHOLE BLOOD** 

**ESR(ERYTHROCYTE** 10

mm / 1 hr

0-15

SEDIMENTATION RATE) (Photometric Capillary)

Notes: The given result is measured at the end of first hour.

Sample Collected at : Aundh

Sample Collected on : 23 Apr 2024 11:14

Sample Received on : 23 Apr 2024 18:34

Barcode





**Dr.Rahul Jain** 

**MD,PATHOLOGY** 

























**Lab Address:** 

Udyog Bhavan, Unit No. 15, Ground Floor, Wadala (Dadar), Mumbai - 400031.

**Report Date / Time** : 23/04/2024 / 20:04:30

86528 86529

Patient Name: Mr. Rakesh Mishra

Age / Gender: 45 Y / Male

Referred By : Dr. Suyog Vhora

SID No. : 56013594 Reg.Date / Time

: 23/04/2024 / 11:08:05

MR No. : 2430686

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# **Partial Test Report**

		Units	Biological Reference Interval	
BIOCHEMISTRY				
COMPREHENSIVE LIVER PROFILE SERUM				
BILIRUBIN TOTAL (Diazotization)	0.40	mg/dl	0.2 - 1.3	
BILIRUBIN DIRECT (Diazotization)	0.17	mg/dl	0.1-0.4	
BILIRUBIN INDIRECT (Calculation)	0.23	mg/dl	0.2 - 0.7	
ASPARTATE  AMINOTRANSFERASE(SGOTIFCC)	27 「)	U/L	<40	
ALANINE TRANSAMINASE (SGPT) (IFCC without Peroxidase)	56	U/L	<41	
ALKALINE PHOSPHATASE (Colorimetric IFCC)	66	U/L	40-129	
GAMMA GLUTAMYL TRANSFERASE (GGT) (IFCC)	31	U/L	<70	
TOTAL PROTEIN (Colorimetric)	7.20	gm/dl	6.6-8.7	
ALBUMIN (Bromocresol Green)	4.80	gm/dl	3.5 - 5.2	
GLOBULIN (Calculation)	2.40	gm/dl	2.0-3.5	
A/G RATIO (Calculation)	2.0		1-2	

Sample Collected at : Aundh

Sample Collected on : 23 Apr 2024 11:14

Sample Received on : 23 Apr 2024 18:34

**Barcode** 



**Dr.Rahul Jain** 

**MD,PATHOLOGY** 

**Consultant Pathologist** 

Contd ...



























**Lab Address:** 

Udyog Bhavan, Unit No. 15, Ground Floor, Wadala (Dadar), Mumbai - 400031.

**Report Date / Time** : 23/04/2024 / 20:04:30

86528 86529

Patient Name: Mr. Rakesh Mishra

Age / Gender: 45 Y / Male

Referred By : Dr. Suyog Vhora

SID No. : 56013594 Reg.Date / Time

: 23/04/2024 / 11:08:05

MR No. : 2430686

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# **Partial Test Report**

Specimen	Test Name / Method	Result	Units	Biological Reference Interval				
ВІОСНЕМ	BIOCHEMISTRY							
COMPREH	ENSIVE RENAL PROFILE							
SERUM								
	CREATININE (Jaffe Method)	1.0	mg/dl	0.6 - 1.3				
	BLOOD UREA NITROGEN (BUN) (Kinetic with Urease)	10.3	mg/dl	6 - 20				
	BUN/CREATININE RATIO (Calculation)	10.3		10 - 20				
	URIC ACID (Uricase Enzyme)	7.5	mg/dl	3.7 - 7.7				
	CALCIUM (Bapta Method)	9.5	mg/dl	8.6-10				
	PHOSPHORUS (Phosphomolybdate)	3.5	mg/dl	2.5-4.5				
Sample Co	ollected at : Aundh	9						
Sample Co	ollected on : 23 Apr 2024 11:14							

Sample Received on : 23 Apr 2024 18:34

**Barcode** 

**Dr.Rahul Jain** 

**MD, PATHOLOGY** 

























**Lab Address:** 

Udyog Bhavan, Unit No. 15, Ground Floor, Wadala (Dadar), Mumbai - 400031.

**Biological Reference Interval** 

86528 86529

Patient Name: Mr. Rakesh Mishra

Age / Gender: 45 Y / Male

Referred By : Dr. Suyog Vhora

: 56013594 SID No.

Specimen Test Name / Method

Reg.Date / Time

: 23/04/2024 / 11:08:05

**Report Date / Time** : 23/04/2024 / 20:04:30

MR No. : 2430686

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# **Partial Test Report**

Result

Units

Specimen	rest Name / Method	Result	Offics	biological Reference Titterval		
ВІОСНЕМ	ISTRY					
LIPID PRO	OFILE					
SERUM	TOTAL CHOLESTEROL (Enzymatic colorimetric (PHOD))	196	mg/dl	Desirable: < 200 Borderline: 200-239 High: > 239		
Notes :	Elevated concentrations of free fatty acids and denatured proteins may cause falsely elevated HDL cholesterol results.  Abnormal liver function affects lipid metabolism; consequently, HDL and LDL results are of limited diagnostic value. In some patients with abnormal liver function, the HDL cholesterol result may significantly differ from the DCM (designated comparison method) result due to the presence of lipoproteins with abnormal lipid distribution.  Reference: Dati F, Metzmann E. Proteins Laboratory Testing and Clinical Use, Verlag: DiaSys; 1. Auflage (September 2005), page 242-243; ISBN-10: 3000171665.					
SERUM	TRIGLYCERIDES (Enzymatic Colorimetric GPO)	142	mg/dl	Normal : <150 Borderline : 150-199 High : 200-499 Very High : >499		
SERUM	CHOLESTEROL HDL - DIRECT (Homogenize Enzymatic Colorimetry)	44	mg/dl	Low:<40 High:>60		
SERUM	LDL CHOLESTEROL (Calculation)	124	mg/dl	Optimal : <100 Near Optimal/ Above optimal :100-129 Borderline High: 130-159 High : 160-189 Very High : >= 190		
SERUM	VLDL (Calculation)	28	mg/dl	15-40		
SERUM SERUM	CHOL / HDL RATIO LDL /HDL RATIO (Calculation)	4.5 3.0		3-5 0 - 3.5		
Sample Co	ollected at : Aundh		22			

Sample Collected on : 23 Apr 2024 11:14 Sample Received on : 23 Apr 2024 18:34

**Barcode** 



**Dr.Rahul Jain** 

**MD, PATHOLOGY** 

**Consultant Pathologist** 

Contd ...



























Lab Address:

Udyog Bhavan, Unit No. 15, Ground Floor, Wadala (Dadar), Mumbai - 400031.

86528 86529

Patient Name: Mr. Rakesh Mishra

Age / Gender: 45 Y / Male

Referred By : Dr. Suyog Vhora

SID No. : 56013594 Reg.Date / Time

MR No.

: 23/04/2024 / 11:08:05

**Report Date / Time** : 23/04/2024 / 20:04:30

: 2430686

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# **Partial Test Report**

Specimen	Test Name / Method	Result	Units	Biological Reference Interval		
ВІОСНЕМІ	STRY					
FLOURIDE PLASMA	BLOOD GLUCOSE FASTING (Hexokinase)	87	mg/dl	70 - 110		
Notes :	An early-morning increase in blood sugar (glucose) which occurs to some extent in all individuals, more relevant to people with diabetes can be seen (The dawn phenomenon). Chronic Somogyi					

response to low blood sugar. References:

http://www.ucdenver.edu/academics/colleges/medicalschool/centers/BarbaraDavis/Documents/book-

rebound is another explanation of phenomena of elevated blood sugars in the morning. Also called the Somogyi effect and posthypoglycemic hyperglycemia, it is a rebounding high blood sugar that is a

understandingdiabetes/ud06.pdf, Understanding Diabetes.

FLOURIDE **BLOOD GLUCOSE POST** 71 70 - 140 mg/dl

**PLASMA PRANDIAL** (Hexokinase)

Sample Collected at : Aundh

Sample Collected on : 23 Apr 2024 11:14

Sample Received on : 23 Apr 2024 18:34

Barcode



**Dr.Rahul Jain** 

**MD,PATHOLOGY** 

























Lab Address:

Udyog Bhavan, Unit No. 15, Ground Floor, Wadala (Dadar), Mumbai - 400031.

**Report Date / Time** : 23/04/2024 / 20:04:30

86528 86529

Patient Name: Mr. Rakesh Mishra

Age / Gender: 45 Y / Male

Referred By : Dr. Suyog Vhora

: 56013594 SID No.

Reg.Date / Time

: 23/04/2024 / 11:08:05

MR No. : 2430686

Page 9 of 15

## **Partial Test Report**

Specimen	Test Name / Method	Result	Units	Biological Reference Interval			
BIOCHEMISTRY							
EDTA WHOLE BLOOD	GLYCOSYLATED HAEMOGLOBI	N (HbA1C)					
	HbA1C (High Performance Liquid Chromatography)	6.1	%(NGSP)	Non Diabetic Range: <= 5.6 Prediabetes :5.7-6.4 Diabetes: >= 6.5			
	ESTIMATED AVERAGE BLOOD GLUCOSE (Calculated)	128	mg/dl				

Notes:

HbA1c reflects average plasma glucose over the previous eight to 12 weeks (1). The use of HbA1c can avoid the problem of day-to-day variability of glucose values, and importantly it avoids the need for the person to fast and to have preceding dietary preparations.

HbA1c can be used to diagnose diabetes and that the diagnosis can be made if the HbA1c level is =6.5% (2). Diagnosis should be confirmed with a repeat HbA1c test, unless clinical symptoms and plasma glucose levels >11.1mmol/l (200 mg/dl) are present in which case further testing is not required.

HbA1c may be affected by a variety of genetic, hematologic and illness-related factors (Annex 1, https://www.who.int/diabetes/publications/report-hba1c\_2011.pdf) (3). The most common important factors worldwide affecting HbA1c levels are haemoglobinopathies (depending on the assay employed), certain anaemias, and disorders associated with accelerated red cell turnover such as malaria.

References: (1). Nathan DM, Turgeon H, Regan S. Relationship between glycated haemoglobin levels and mean glucose levels over time. Diabetologia, 2007, 50:2239-2244. (2). International Expert Committee report on the role of the A1C assay in the diagnosis of diabetes. Diabetes Care, 2009, 32:1327-1334. (3). Gallagher EJ, Bloomgarden ZT, Le Roith D. Review of hemoglobin A1c in the management of diabetes. Journal of Diabetes, 2009, 1:9-17.

Urine URINE GLUCOSE FASTING **ABSENT** 

(Urodip)

Urine URINE GLUCOSE POST **ABSENT** 

**PRANDIAL** (Urodip)

Sample Collected at : Aundh

Sample Collected on : 23 Apr 2024 11:14

Sample Received on : 23 Apr 2024 18:34

**Barcode** 



**Dr.Rahul Jain** 

MD, PATHOLOGY

**Consultant Pathologist** 

Contd ...



























**Lab Address:** 

Udyog Bhavan, Unit No. 15, Ground Floor, Wadala (Dadar), Mumbai - 400031.

**Report Date / Time** : 23/04/2024 / 20:04:30

86528 86529

Patient Name: Mr. Rakesh Mishra

Age / Gender: 45 Y / Male

Referred By : Dr. Suyog Vhora

SID No. : 56013594 Reg.Date / Time

: 23/04/2024 / 11:08:05

MR No. : 2430686

Page 10 of 15

# **Partial Test Report**

Specimen	Test Name / Method	Result	Units	Biological Reference Interval			
IMMUNOL	IMMUNOLOGY						
THYROID	PROFILE - TOTAL						
SERUM							
	TOTAL TRIIODOTHYRONINE (T3) (ECLIA)	1.09	ng/ml	0.7-2.04			
	TOTAL THYROXINE (T4) (ECLIA)	6.45	ug/dl	4.6 - 10.5			
	THYROID STIMULATING HORMONE (TSH) (ECLIA)	2.090	uIU/ml	0.27 - 4.20			

























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Page 11 of 15

#### **Partial Test Report**

Specimen Test Name / Method Result Units **Biological Reference Interval** 

#### **IMMUNOLOGY**

#### Notes:

TSH is formed in specific cells of the anterior pituitary gland and is subject to a circadian Variation. The Release of TSH is the central regulating mechanism for the biological action of thyroid hormones. TSH has a stimulating action in all stages of thyroid hormone (T3/T4) formation and secretion and it also has a growth effect on Thyroid gland. Even very slight changes in the concentrations of the free thyroid hormones (FT3/FT4) bring about much greater opposite changes in the TSH level. The determination of TSH serves as the initial test in thyroid diagnostics. (1)

#### Patterns of Thyroid Function Tests (2)

- -Low TSH, Low FT4 - Central hypothyroidism.
- -Low TSH, Normal FT4, Normal FT3- Subclinical hyperthyroidism.
- -Low TSH, High FT4- Hashimoto's thyroiditis, Grave's disease, Molar pregnancy, Choriocarcinoma, Hyperemesis, Thyrotoxicosis, Lithium, Multinodular goiter, Toxic adenoma, Thyroid carcinoma, Iodine ingestion.
- -Normal TSH,Low FT4- Hypothyroxinemia, Nonthyroidal illness, Possible secondary hypothyroidism, Medications.
- -Normal TSH, High FT4-Euthyroid hyperthyroxinemia, Thyroid hormone resistance, Familial dysalbumineic hyperthyroxinemia, Medications (Amiodarone, beta-blockers, Oral contrast), Hyperemesis, Acute psychiatric illness, Rheumatoid factor.
- FT4- Primary hypothyroidism. -High TSH, Low
- -High TSH, Normal FT4-Subclinical hypothyroidism, Nonthyroidal illness, Suggestive of follow-up and recheck.
- -High TSH, High FT4- TSH mediated hyperthyroidism

#### Note:

- 1. Isolated Low TSH -especially in the range of 0.1 to 0.4 often seen in elderly & associated with Non-Thyroidal illness
- 2. Isolated High TSH especially in the range of 4.7 to 15 uIU/ml is commonly associated with Physiological & Biological TSH Variability.
- 3. Normal changes in thyroid function tests during pregnancy include a transient suppression of thyroid-stimulating hormone. T4 and total T3 steadily increase during pregnancy to approximately 1.5 times the non-pregnant level. Free T4 and Free T3 gradually decrease during pregnancy

## References:

- 1. Pim-eservices.roche.com. (2018). Customer Self-Service Technical Documentation Portal.
- "Interpretation of Thyroid Function Tests". 2018. Obfocus.Com.
- 3. Interpretation of thyroid function tests. Dayan et al. The Lancet, Vol 357, February 24, 2001.
- Interpretation of thyroid function tests. Supit et al. South Med journal, 2002, 95, 481-485.

Contd ...



























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Page 12 of 15

**Partial Test Report** 

Units Specimen Test Name / Method Result **Biological Reference Interval** 

Sample Collected at : Aundh

Sample Collected on : 23 Apr 2024 11:14

Sample Received on : 23 Apr 2024 18:34

**Barcode** 

**Dr.Rahul Jain** 

**MD,PATHOLOGY** 

























Lab Address:

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MR No. : 2430686

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## **Partial Test Report**

Specimer	Test Name / Method	Result	Units	Biological Reference Interval
IMMUNO	LOGY			
SERUM	TOTAL PROSTATE SPECIFIC ANTIGEN (PSA)	0.430	ng/ml	0 - 4

#### Notes:

This assay, a quantitative in vitro diagnostic test for total (free + complexed) prostate specific antigen (tPSA) in human serum and plasma, is indicated for the measurement of total PSA in conjunction with digital rectal examination (DRE) as an aid in the detection of prostate cancer in men aged 50 years or older.(1)

Prostate biopsy is required for diagnosis of prostate cancer. The test is further indicated for serial measurement of tPSA to aid in the management of cancer patients.

For diagnostic purposes, the results should always be assessed in conjunction with the patient's medical history, clinical examination and other findings. (1)

Note: Benign conditions such as BPH, acute prostatitis, and infarction can also be correlated with elevated serum PSA levels. (2)

#### References:

1. Pim-eservices.roche.com. (2018). Roche Diagnostics Customer Self-Service Technical Documentation Portal.

2. Expertconsult.inkling.com. (2018). Expert Consult.

Sample Collected at : Aundh

Sample Collected on : 23 Apr 2024 11:14

Sample Received on : 23 Apr 2024 18:34

**Barcode** 



**Dr.Rahul Jain** 

**MD, PATHOLOGY** 

























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Patient Name: Mr. Rakesh Mishra

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SID No. : 56013594 Reg.Date / Time

: 23/04/2024 / 11:08:05 **Report Date / Time** : 23/04/2024 / 20:04:30

MR No. : 2430686

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			Partial Te	est Report	
:	Specimen	Test Name / Method	Result	Units	Biological Reference Interval
(	CLINICAL	PATHOLOGY			
ı	Urine	URINE ANALYSIS			
		PHYSICAL EXAMINATION			
		VOLUME (Volumetric)	30		
		COLOR (Visual Examination)	PALE YELLOW		
		APPEARANCE (Visual Examination)	CLEAR		
		CHEMICAL EXAMINATION			
		SP.GRAVITY (Indicator System)	1.020		1.005 - 1.030
		REACTION(pH) (Double indicator)	ACIDIC		
		PROTEIN (Protein-error-of-Indicators)	ABSENT		
		GLUCOSE (GOD-POD)	ABSENT		Absent
		KETONES (Legal's Test)	ABSENT		Absent
		OCCULT BLOOD (Peroxidase activity)	ABSENT		Absent
		BILIRUBIN (Fouchets Test)	ABSENT		Absent

(Griess Test)	
<b>MICROSCOPIC</b>	<b>EXAMINATION</b>

UROBILINOGEN

(Ehrlich Reaction) **NITRITE** 

ERYTHROCYTES (Microscopy)	ABSENT	/hpf	0-2
(Microscopy) PUS CELLS	4-6	/hpf	0-5
(Microscopy)	1 0	/ πρι	0 3
EPITHELIAL CELLS	1-2	/hpf	0-5
(Microscopy)			
CASTS	ABSENT		
(Microscopy)			
CRYSTALS	ABSENT		
(Microscopy)			

NIL

**NORMAL** 

**ABSENT** 

Contd ...





ANY OTHER FINDINGS























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**Reg.Date / Time** : 23/04/2024 / 11:08:05

**Report Date / Time** : 23/04/2024 / 20:04:30

MR No. : 2430686

Page 15 of 15

**Partial Test Report** 

Specimen Test Name / Method Result Units Biological Reference Interval

Sample Collected at : Aundh

Sample Collected on : 23 Apr 2024 11:14

Sample Received on : 23 Apr 2024 18:34

Barcode :

Dr.Rahul Jain

**MD, PATHOLOGY** 

















































# **Health Spring Aundh Pune**



Age / Gender: 45/Male

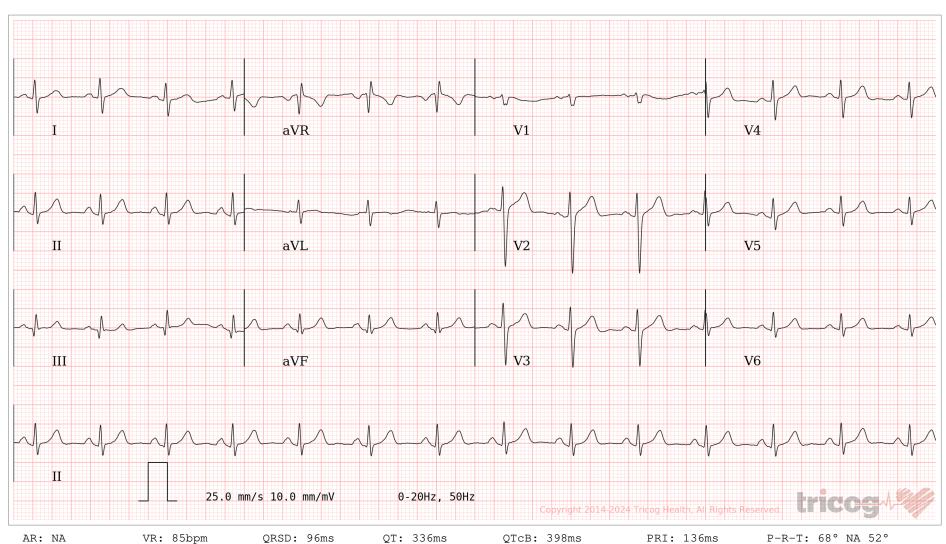
Date and Time: 23rd Apr 24 11:09 AM

Patient ID:

2430686

Patient Name: RA

RAKESH MISHRA



ECG Within Normal Limits: Sinus Rhythm. Q in lead III is a normal variant. Please correlate clinically.

annt B

AUTHORIZED BY

\_\_\_\_B

Dr. Charit MD, DM: Cardiology

63382

REPORTED BY

Dr. Adithya R

KMC129110

Disclaimer: Analysis in this report is based on ECG alone and should only be used as an adjunct to clinical history, symptoms and results of other invasive and non-invasive tests and must be interpreted by a qualified physician.

























NAME OF THE PATIENT:	MR. RAKESH MISHRA	AGE/SEX:	45 YRS/M
REFERRED BY DR:	HEALTHSPRING	DATE:	23/04/2024

# **USG OF ABDOMEN & PELVIS**

# Liver

- Liver appears mildly enlarged in size 15.7 cm, shows fatty infiltration suggestive grade I fatty liver. No focal hepatic parenchymal lesion seen. The hepatic and portal veins are normal.
- IHBR & IHPR appear normal. There is no intrahepatic biliary dilatation.
- IVC & Hepatic veins appear normal in course and calibre.

# **Main Portal vein**

- Main portal vein with its right and left branch appears normal in course and calibre and shows normal hepatopetal flow and velocity on colour Doppler.
- No evidence of portal hypertension in present scan.

# Common bile duct

- CBD appears normal in course and calibre.
- No evidence of CBD stone/ obstruction of CBD.

# Gall bladder

- Gall bladder is distended and wall thickness is normal. No e/o calculus or mass lesion.
- No evidence of wall thickening or peri -cholecystic free fluid seen at present scan.

#### **Pancreas**

- Pancreas appears normal in size, shape and echo pattern.
- There is no evidence of any focal mass, calcification or ductal dilatation seen.
- No evidence of pancreatic inflammation or peripancreatic fluid collection.

# **Spleen**

- Spleen appears normal in size (9.1 cm), normal in shape and echo pattern.
- No focal lesion seen.

# **Both Kidneys**

- Right kidney measures 11.1 x 4.7cm
   Left kidney measures 12 x 5.5 cm
- Both kidneys normal in size, shape and echotexture with maintained C-M differentiation and cortical thickness.

No obvious renal calculus or hydronephrosis.





Page 1 of 2

























NAME OF THE PATIENT:	MR. RAKESH MISHRA	AGE/SEX:	45 YRS/M
REFERRED BY DR:	HEALTHSPRING	DATE:	23/04/2024

# **Urinary bladder**

- Urinary bladder is distended and shows normal wall thickness.
- No e/o calculus or dilatation of lower ureters seen.

# **Prostate**

 Prostate is normal in size, shape and echotexture and measures 17 cc. No obvious focal lesion is seen on present trans-abdominal study.

# Bowel loops and abdominal lymphadenopathy.

- Visualized bowel loops are non-dilated and show normal peristalsis.
- No evidence of abdominal lymphadenopathy.
- No free fluid is seen in abdomen and pelvis.

# **IMPRESSION:** Ultrasound abdomen and pelvis reveals,

- > Mild hepatomegaly with grade I fatty liver.
- > No other significant abnormality is noted at present scan.

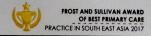
Suggested clinical & Pathological correlation.

Dr. Bhagyashri Parmar MBBS,DMRD Consultant Radiologist

(This is a professional opinion, not the final diagnosis & should be interpreted in the light of clinical background. This report is not for medico legal purposes. Always suggest a second opinion if clinically indicated.)













# GOVERNMENT OF INDI



राकेश रंजन मिश्रा Rakesh Ranjan Mishra जन्म तारीख / DOB : 15/09/1978 पुल्लिंगी / MALE

8796 6696 5661



अधार - सामान्य माणसाचा अधिकार



PATIENT'S NAME - Rakesh Mishaa

DATE - 28/04/2024

AGE/GENDER - 451M

DOCTOR'S NAME - Dr. Sugog whora

## **VISION SCREENING**

	RE	RE	LE	LE
	Glasses	UNAIDED	Glasses	UNAIDED
DISTANT	NIG	814	NIC	118
NEAR	7/6	N112	210	N112
COLOUR		Nome.		
Recommendations		_		

## VITALS

Pulse - 876/min	B.P- 160 (80 mm)	Sp02 971/2011
Height 178cm	Weight - 76.2 kg	BMI- 24.0
Waist - gz cm	Hip- qy(m	Waist/Hip Ratio-
Chest -	Inspiration- 102 (m	Expiration- 9-8 cm

CENTRE NAME - Healthsprings Pyne SIGN & STAMP-