Dr. Vimmi Goel

Preventive Health Check up

MBBS, MD (Internal Medicine) Reg. No: MMC- 2014/01/0113

Sr. Consultant Non Invasive Cardiology S Kingsway Hospitals Nagpur

Phone No.: 7499913052



Name: Mr. Pank	cij Nevho	Ψ		5/5/24.
Age: 40 Y Sex MF We	ight: 78.6 kg Hei	ght: 165-()_inc	вмі : 28	. 9
BP: 120/80 mmHg	Pulse: 45/m	bpmbpm	RBS :	ma/dl
1	Spo2: 98%	>		
40/11				
, overweiger				
. compl. ac	idily			
- Tobacco + f				
, Alcohol-00	ccarionally			
. F/H - Father	- Ca Shomach.	Adv.		
· LDL-135		Ta 000	a. Amol	Samourth.
76-308				
, Gd. I Falty	liner	T. Tor	nact TG	90 A/D
O/E				
Jupo		. Dier C	on on	
Cr/ lis P/A/x.		Exerc	r loss, S	TOP TOBACCO
// **		· R/A 31	mms =	FLP



KIMS - Kingsway Hospitals

(A Unit of SPANV Medisearch Lifesciences Pvt. Ltd.)



44, Kingsway, Near Kasturchand Park, Nagpur, Maharashtra, India - 440001.

Ph No.:1800 266 8346|Mobile No.:+91-7126789100

Email: assistance@kimshospitals.com|Website: www.kimshospitals.com

DEPARTMENT OF OPHTHALMOLOGY **OUT PATIENT ASSESSMENT RECORD**

PANKAJ NEVHAL 40Y(S) 0M(S) 0D(S)/M

CONSULT DATE: 25-05-2024

DR. ASHISH PRAKASHCHANDRA

CONSULT ID

: OPC2425020944

KAMBLE

MRNP2425006269

9422771984

CONSULT TYPE:

MBBS,MS, FVRS,FICO

VISIT TYPE

CONSULTANT

TRANSACTION

DEPT OPHTHALMOLOGY

TYPE

: CASH

: NORMAL

VITALS

CHIEF COMPLAINTS

Temp: Pulse: BP (mmHg): spO2: Pain Score: Height:

-- %RA -- /10

ROUTINE EYE CHECKUP

Weight: BMI:

– kgs

MEDICATION PRESCRIBED

#	Medicine	Route	Dose	Frequency	When	Duration		
	SOFTVISC ULTRA	Topical	1-1-1-1	Every Day	NA	60 days		
1	10ML EYE DROPS	Instructions: BOTH EYES						
	Composition: SODHUM HYALURONATE 0.3% W/V+STABILIZED OXYCHLORO COMPLEX 0.01% W/V							

NOTES

GLASS PRESCRIPTION:-DISTANCE VISION

EYE

SPH CYL AXIS VISION

RIGHT

EYE

00 00 6/6

LEFT EYE 00 -0.25 10 6/6

NEAR ADDITION

RIGHT EYE

00 N6 Dr. Ashish Prakashchandra Kamble

MBBS,MS, FVRS,FICO Consultant

Printed On: 25-05-2024 11:59:36

LEFT EYE

00 N6

REMARK-BLUE CUT GLASSES

KIMS-KINGSWAY	
	PIG

Mr. Pankaj Neuhal Date: 25/05/24	Sex: M/F Weight: kg Height: inc BMI:	bpm RBS:	Weight:	g Height:	BMI:	Date : 25 C
	Neuhal	Pankaj Neutral Sex: Mir Weight: kg Height: inc BMI:		•		02/0

Catendus + Stains ++ Tobacco Complete oral prophylasis

Routine

deutel mmHg

checkers

Pulse :

ppm

6:1

or media y.



CLINICAL DIAGNOSTIC LABORATORY DEPARTMENT OF PATHOLOGY

Patient Name

: Mr. PANKAJ NEVHAL

Bill No/ UMR No : BIL2425015018/MRNP2425006269

Received Dt

: 25-May-24 09:35 am

Age /Gender : 40 Y(s)/Male

Referred By : Dr. Vimmi Goel MBBS,MD

Report Date :25-May-24 12:55 pm

HAEMOGRAM

Parameter Haemoglobin Haematocrit(PCV) RBC Count Mean Cell Volume (MCV) Mean Cell Haemoglobin (MCH) Mean Cell Haemoglobin Concentration (MCHC) RDW Platelet count WBC Count DIFFERENTIAL COUNT	Specimen Blood	Results 15.7 45.7 5.15 89 30.5 34.4 14.4 296 8200	Biological Reference 13.0 - 17.0 gm% 40.0 - 50.0 % 4.5 - 5.5 Millions/cumm 83 - 101 fl 27 - 32 pg 31.5 - 35.0 g/l 11.5 - 14.0 % 150 - 450 10^3/cumm 4000 - 11000 cells/cumm	Method Photometric Calculated Photometric Calculated Calculated Calculated Calculated Impedance Impedance
Neutrophils Lymphocytes		50.5	50 - 70 %	Flow Cytometry/Light microscopy
Eosinophils		36.8 8.6	20 - 40 % 1 - 6 %	Flow Cytometry/Light microscopy Flow Cytometry/Light
Monocytes Basophils Absolute Neutrophil Count		4.0 0.1 4141	2 - 10 % 0 - 1 %	microscopy Flow Cytometry/Light microscopy Flow Cytometry/Light microscopy
		.171	2000 - 7000 /cumm	Calculated





CLINICAL DIAGNOSTIC LABORATORY

DEPARTMENT OF PATHOLOGY

Patient Name : Mr. PANKAJ NEVHAL

III No/ UMR No : BIL2425015018/MRNP2425006269 Referred By : Dr. Vimmi Goel MBBS,MD

Received Dt : 25-May-24 09:35 am Report Date :25-May-24 12:55 pm

Parameter Specimen Results Biological Reference Method 3017.6 Absolute Lymphocyte Count 1000 - 4800 /cumm Calculated 705.2 Absolute Eosinophil Count 20 - 500 /cumm Calculated 328 200 - 1000 /cumm Calculated Absolute Monocyte Count Absolute Basophil Count 8.2 0 - 100 /cumm Calculated

PERIPHERAL SMEAR

WBC

ESR

RBC Normochromic Light microscopy Normocytic,

Anisocytosis +(Few)

As above Adequate

Platelets 02 Automated 0 - 15 mm/hr

Westergren's Method

Age / Gender : 40 Y(s)/Male

*** End Of Report ***

Suggested Clinical Correlation * If neccessary, Please discuss

Verified By:: 11100245

Test results related only to the item tested.

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Dr. PURVA JAISWAL, MBBS,MD,DNB CONSULTANT PATHOLOGIST

Page 2 of 2



CLINICAL DIAGNOSTIC LABORATORY

DEPARTMENT OF BIOCHEMISTRY

atient Name

: Mr. PANKAJ NEVHAL

Age /Gender : 40 Y(s)/Male

iil No/ UMR No : BIL2425015018/MRNP2425006269

Referred By : Dr. Vimmi Goel MBBS,MD

Received Dt

: 25-May-24 09:33 am

Report Date

:25-May-24 11:20 am

<u>Parameter</u>

Specimen

<u>Results</u>

Biological Reference

<u>Method</u>

HPLC

Fasting Plasma Glucose

Plasma

101

< 100 mg/dl

GOD/POD,Colorimetric

GLYCOSYLATED HAEMOGLOBIN (HBA1C)

HbA1c

Non-Diabetic: <= 5.6 % Pre-Diabetic: 5.7 - 6.4

Diabetic : >= 6.5 %

*** End Of Report ***

Suggested Clinical Correlation * If neccessary, Please

discuss Verified By:: 11100245

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Dr. PURVA JAISWAL, MBBS,MD,DNB

SPANV MCONSULTANTERATHOLOGICTE Limited 44, Parwana Bhawan, Kingsway, Nagpur - 440 001, Maharashtra, India Phone: +91 U/12 6789100

CIN: U74999MH2018PTC30351



: Mr. PANKAJ NEVHAL **Patient Name**

Bill No/ UMR No : BIL2425015018/MRNP2425006269

: 25-May-24 12:31 pm **Received Dt**

Age /Gender : 40 Y(s)/Male

Referred By : Dr. Vimmi Goel MBBS,MD

Report Date :25-May-24 01:34 pm

Parameter

Specimen Results

88

Biological Reference

Method

Post Prandial Plasma Glucose

Plasma

< 140 mg/dl

GOD/POD, Colorimetric

Interpretation:

Clinical Decision Value as per ADA Guidelines 2021

Diabetes Mellites If, Fasting =/>126 mg/dl

Random/2Hrs.OGTT=/>200 mg/dl Impaired Fasting = 100-125 mg/dl

Impaired Glucose Tolerance = 140-199 mg/dl

*** End Of Report ***

Suggested Clinical Correlation * If neccessary, Please discuss

Verified By:: 11100184

Test results related only to the item tested.

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Dr. PURVA JAISWAL, MBBS,MD,DNB

CONSULTANT PATHOLOGIST





Patient Name : Mr. PANKAJ NEVHAL

:25-May-24 09:35 am **Received Dt**

Age /Gender : 40 Y(s)/Male Bill No/ UMR No : BIL2425015018/MRNP2425006269 Referred By : Dr. Vimmi Goel MBBS,MD

Report Date :25-May-24 12:03 pm

LIPID PROFILE

Parameter Total Cholesterol	Specimen Serum	Results 227	4 200	<u>Method</u>
Triglycerides		308	< 200 mg/dl < 150 mg/dl	Enzymatic(CHE/CHO/PO D)
HDL Cholesterol Direct		49	> 40 mg/dl	Enzymatic (Lipase/GK/GPO/POD) Phosphotungstic
LDL Cholesterol Direct VLDL Cholesterol		135.84 62	< 100 mg/dl < 30 mg/dl	acid/mgcl-Enzymatic (microslide) Enzymatic Calculated
Tot Chol/HDL Ratio Intiate therapeutic		5	3 - 5	Calculation
CHD OR CHD risk equivalent Multiple major risk factors confe	erring	>100	Consider Drug therapy >130, optional at 100-129	<u>LDC-C</u> <100
Two or more additional major ri factors,10 yrs CHD risk <20%	sk	>130	10 yrs risk 10-20 % >130	<130
No additional major risk or one additional major risk factor		>160	10 yrs risk <10% >160 >190,optional at 160-189	<160

*** End Of Report ***

Suggested Clinical Correlation * If neccessary, Please discuss

Verified By:: 11100184

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Patient Name

: Mr. PANKAJ NEVHAL

Bill No/ UMR No : BIL2425015018/MRNP2425006269

Received Dt

:25-May-24 09:35 am

Age /Gender : 40 Y(s)/Male

Referred By : Dr. Vimmi Goel MBBS,MD

Report Date :25-May-24 12:03 pm

LIVER FUNCTION TEST(LFT)

Parameter Total Bilirubin Direct Bilirubin Indirect Bilirubin Alkaline Phosphatase SGPT/ALT SGOT/AST Serum Total Protein Albumin Serum Globulin A/G Ratio	Specimen Serum	Results 0.98 0.33 0.65 80 30 31 7.64 4.66 2.98	Biological Reference 0.2 - 1.3 mg/dl 0.1 - 0.3 mg/dl 0.1 - 1.1 mg/dl 38 - 126 U/L 10 - 40 U/L 15 - 40 U/L 6.3 - 8.2 gm/dl 3.5 - 5.0 gm/dl 2.0 - 4.0 gm/dl	Method Azobilirubin/Dyphylline Calculated Duel wavelength spectrophotometric pNPP/AMP buffer Kinetic with pyridoxal 5 phosphate Kinetic with pyridoxal 5 phosphate Biuret (Alkaline cupric sulphate) Bromocresol green Dye Binding
Globulin A/G Ratio		1.6	2.0 - 4.0 gm/dl f Report ***	Bromocresol green Dye Binding Calculated

Suggested Clinical Correlation * If neccessary, Please

Verified By:: 11100184

Test results related only to the item tested.

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: Mr. PANKAJ NEVHAL

BIL2425015018/MRNP2425006269

Received Dt : 25-May-24 09:35 am Age /Gender : 40 Y(s)/Male

Referred By : Dr. Vimmi Goel MBBS,MD

Report Date :25-May-24 12:03 pm

RFT

atient Name

<u>Parameter</u> Blood Urea	<u>Specimen</u> Serum	Result Values 15	<u> </u>	<u>Method</u>
Creatinine		1.0	19.0 - 43.0 mg/dl	Urease with indicator dye
GFR			0.66 - 1.25 mg/dl	Enzymatic (creatinine
Sodium		97.6	>90 mL/min/1.73m square.	amidohydrolase) Calculation by CKD-EPI
Potassium		141	136 - 145 mmol/L	2021 Direct ion selective
i otassium		5.17	3.5 - 5.1 mmol/L	electrode
		*** End Of Re		Direct ion selective electrode

Suggested Clinical Correlation * If neccessary, Please discuss

Verified By:: 11100184

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CLINICAL DIAGNOSTIC LABORATORY

DEPARTMENT OF BIOCHEMISTRY

Patient Name

: Mr. PANKAJ NEVHAL

Bill No/ UMR No : BIL2425015018/MRNP2425006269

Received Dt

: 25-May-24 09:35 am

Age /Gender : 40 Y(s)/Male

Referred By : Dr. Vimmi Goel MBBS,MD

Report Date : 25-May-24 12:03 pm

Parameter THYROID PROFILE	<u>Specimen</u>	<u>Results</u>	Biological Reference	Method
Т3	Serum	1.38	0.55 - 1.70 ng/ml	Enhanced
Free T4		0.88	0.80 - 1.70 ng/dl	chemiluminescence Enhanced Chemiluminescence
TSH		1.93	0.50 - 4.80 uIU/ml	Enhanced chemiluminescence
PSA (Total)		0.259	< 4 ng/ml	Enhanced chemiluminenscence
		*** End Of Rep	ort ***	

Suggested Clinical Correlation * If neccessary, Please discuss

Verified By:: 11100184

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Dr. Anuradha Deshmukh, MBBS,MD

SPANCONSULTANT MICROBIOLOGISTE Limite

44, Parwana Bhawan, Kingsway, Nagpur - 440 001, Maharashtra, Ind Phone: +91 0/12 6/891

CIN: U74999MH2018PTC3035



CLINICAL DIAGNOSTIC LABORATORY

DEPARTMENT OF PATHOLOGY

tient Name

: Mr. PANKAJ NEVHAL

Age /Gender : 40 Y(s)/Male

II No/ UMR No : BIL2425015018/MRNP2425006269

Specimen Results

Referred By : Dr. Vimmi Goel MBBS,MD

<u>Method</u>

eceived Dt

<u>Parameter</u>

Casts

: 25-May-24 10:51 am

Report Date :25-May-24 12:18 pm

JRINE MICROSCOPY

PHYSICAL EXAMINATION

Volume	Urine	30 ml		
Colour.		Pale yellow		
Appearance		Clear	Clear	
CHEMICAL EXAMIN	<u>ATION</u>			
Reaction (pH)		6.5	4.6 - 8.0	Indicators
Specific gravity		1.010	1.005 - 1.025	ion concentration
Urine Protein		Negative	Negative	protein error of pH indicator
Sugar		Negative	Negative	GOD/POD
Bilirubin		Negative	Negative	Diazonium
Ketone Bodies		Negative	Negative	Legal's est Principle
Nitrate		Negative	Negative	
Urobilinogen		Normal	Normal	Ehrlich's Reaction
MICROSCOPIC EX	<u>AMINATION</u>			
Epithelial Cells		0-1	0 - 4 /hpf	Manual
R.B.C.		Absent	0 - 4 /hpf	
Pus Cells		0-1	0 - 4 /hpf	

Absent

Absent



KIMS-KINGSWAY

Age /Gender : 40 Y(s)/Male

Report Date

Referred By : Dr. Vimmi Goel MBBS,MD

CLINICAL DIAGNOSTIC LABORATORY DEPARTMENT OF PATHOLOGY

Patient Name

: Mr. PANKAJ NEVHAL

THE THE

Bill No/ UMR No : BIL2425015018/MRNP2425006269

Received Dt

Parameter

Crystals

: 25-May-24 10:51 am

Specimen Results

Absent

*** End Of Report ***

<u>Specimen</u>

Method

:25-May-24 12:18 pm

Suggested Clinical Correlation * If neccessary, Please discuss

Verified By : : 11100375

Test results related only to the item tested.

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Page 2 of 2

Musereha



CLINICAL DIAGNOSTIC LABORATORY DEPARTMENT OF PATHOLOGY

Patient Name

: Mr. PANKAJ NEVHAL

Age /Gender : 40 Y(s)/Male

Bill No/ UMR No : BIL2425015018/MRNP2425006269

Referred By : Dr. Vimmi Goel MBBS,MD

Received Dt

: 25-May-24 10:52 am

Report Date : 25-May-24 11:27 am

STOOL ROUTINE EXAMINATION

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	Normal Ranges	<u>Method</u>
PHYSICAL EXAMINATION				
Colour.	Stool	Yellow		
Consistency		Semi solid	Formed	Manual
Mucus		Absent	Absent	Manual
Blood (Gross)		Absent		Manual
CHEMICAL EXAMINATIO	<u>N</u>			
Reaction. (pH)		Alkaline	Variable	Manual
Parasite/ part		Absent	Absent	Manual
MICROSCOPIC EXAMINA	<u>ATION</u>			
Leucocytes (Pus cells)		Absent		Microscopy
Erythrocytes (RBC)		Absent	0 - 3 /hpf	Manual
Epithelial Cells		Absent	0 - 4 /hpf	Manual
Fat globules		Absent	Absent	Light microscopy
Vegatable fiber		Absent	Absent	Light microscopy
Cysts		Absent	Absent	Microscopy
Ova		Absent	Absent	Microscopy





CLINICAL DIAGNOSTIC LABORATORY **DEPARTMENT OF PATHOLOGY**

Patient Name

: Mr. PANKAJ NEVHAL

Bill No/ UMR No : BIL2425015018/MRNP2425006269

Received Dt : 25-May-24 10:52 am Age /Gender : 40 Y(s)/Male

Referred By : Dr. Vimmi Goel MBBS,MD

Report Date : 25-May-24 11:27 am

<u>Parameter</u>

NOTE

Specimen

Results

Normal Ranges

Method

Interpretation:

The presence of intestinal protozoa (trophozoites or cysts) or helminth eggs can be observed directly with a light microscope, and it indicates parasite infection of intestinal tract. Presence of leukocytes in stool is suggestive of Infection &/or

Inflammation.

Presence of RBCs in stool is suggestive of bleeding

in lower Intestinal tract. *** End Of Report ***

Suggested Clinical Correlation * If neccessary, Please discuss

Verified By:: 11100222

Test results related only to the item tested.

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Page 2 of 2

Dr. Anuradha Deshmukh, MBBS,MD CONSULTANT MICROBIOLOGIST

CIN: U74999MH2018PTC3



CLINICAL DIAGNOSTIC LABORATORY DEPARTMENT OF IMMUNO HAEMATOLOGY

Patient Name : Mr. PANKAJ NEVHAL

Age /Gender : 40 Y(s)/Male

Bill No/ UMR No : BIL2425015018/MRNP2425006269

Referred By : Dr. Vimmi Goel MBBS,MD

Received Dt : 25-May-24 09:35 am Report Date : 25-May-24 12:53 pm

BLOOD GROUPING AND RH

<u>Parameter</u> BLOOD GROUP. Specimen Results

EDTA Whole "O"

Blood & Plasma/

Serum

Gel Card Method

Rh (D) Typing.

" Negative "(-Ve)

Note

Advised: Du Test to rule out 'weak Rh D positive'

*** End Of Report ***

Suggested Clinical Correlation * If neccessary, Please discuss

Verified By : : 11100245

Test results related only to the item tested.

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Dr. PURVA JAISWAL, MBBS,MD,DNB
CONSULTANT PATHOLOGIST



DEPARTMENT OF RADIOLOGY & IMAGING SCIENCE

AME	PANKAJ NEVHAL	STUDY DATE	25-05-2024 10:14:24
GE/ SEX	40Y1D / M	HOSPITAL NO.	MRNP2425006269
ACCESSION NO.	BIL2425015018-17	MODALITY	DX
REPORTED ON	25-05-2024 10:41	REFERRED BY	Dr. Vimmi Goel

X-RAY CHEST PA VIEW

oth the lung fields are clear.

art and Aorta are normal.

Both hilar shadows appear normal.

Diaphragm domes and CP angles are clear.

Bony cage is normal.

IMPRESSION -

No pleuro-parenchymal abnormality seen.

DR R.R KHANDELWAL

SENIOR CONSULTANT

MD, RADIODIAGNOSIS [MMC-55870]



TIENT NAME:	PANKAJ NEVHAL			
an NO.		AGE /SEX:	40 YRS/MALE	
/IR NO:	2425006269	BILL NO:		
F BY	DR VIMMI GOEL		BIL2425015018	
		DATE:	25-MAY-2024	

USG WHOLE ABDOMEN

ER normal in size measures about 15.0 cm but shows raised in echotexture.

focal lesion seen. Intrahepatic billiary radicals are not dilated.

RTAL VEIN and CBD are normal in course and caliber.

LL BLADDER is physiologically distended. No stones or sludge seen within it.

all thickness is within normal limits.

sualized head and body of PANCREAS is normal in shape, size and echotexture.

LEEN is normal in size shape and echotexture. No focal lesion seen.

oth KIDNEYS are normal in size, shape and echotexture.

o evidence of calculus or hydronephrosis seen.

RETERS are not dilated.

RINARY BLADDER is partially distended. No calculus or mass lesion seen.

rostate is normal in size, shape and echotexture.

here is no free fluid or abdominal lymphadenopathy seen.

MPRESSION -

Garde I fatty liver.

No other significant visceral abnormality seen.

Suggest clinical correlation.

DR. ANIKET KUSRAM MBBS, MD, DNB

CONSULTANT RADIOLOGIST

Station Telephone: Page 1/1

EXERCISE STRESS TEST REPORT

Patient Name: Mr. Pankaj . Nevhal

Patient ID: 006269

Height. Weight

Study Date: 25.05.2024

Test Type: Treadmill Stress Test

Protocol: BRUCE

DOB: 01.04.1984 Age: 40yrs

Gender: Male Race: Indian

Referring Physician: Mediwheel HCU Attending Physician: Dr. Vimmi Goel

Medications:

Medical History:

Reason for Exercise Test:

Screening for CAD

Exercise Test Summary:

Phase Name	Stage Name	Time	Speed				
ETEST	SUPINE	in Stage	(mph)	Grade (%)	HR (bpm)	BP (mmHg)	Comment
EXERCISE	STANDING WARM-UP STAGE 1 STAGE 2	00:02 00:06 03:00	0.00 0.00 0.70 1.70	0.00 0.00 0.00	79 80 77	120/80	
RECOVERY	STAGE 3 STAGE 4	03:00 03:00 00:27 01:00	2.50 3.40 4.20	10.00 12.00 14.00 16.00	106 123 144 160	130/80 130/80	
		02:00 00:44	0.00 0.00 0.00	0.00 0.00 0.00	129	140/80	
he nationt av	70401001						

The patient exercised according to the BRUCE for 9:26 min; s, achieving a work level of Max. METS: 11.50 The resting heart rate of 78 bpm rose to a maximal heart rate of 160 bpm. This value represents 88 % of the maximal, age-predicted heart rate. The resting blood pressure of 120/80 mmHg, rose to a maximum blood pressure of 140/80 mmHg. The exercise test was stopped due to Target heart rate achieved.

nterpretation:

immary: Resting ECG: Minor ST-T changes seen. unctional Capacity: normal.

R Response to Exercise: appropriate.

P Response to Exercise: normal resting BP - appropriate response. nest Pain: none.

rhythmias: none.

Changes: none.

erall impression: Normal stress test.

nclusions:

T is negative for inducible sichemia. eline Minor ST-T changes seen.



Sr. Consultant-Non Invasive Cardiolog

Reg No. | 2014/01/01/3

