

NADKARNI PATHOLOGY LABORATORY

PATIENT ID : 3500/2024 HEIGHT : 162 Cm WEIGHT : 71.00 Kg

PATIENT NAME : Mrs Narayani. A. Kshirsagar 39/F

PROTOCOL : BRUCE

STAGE : Recovery

ST Levels (mm) / ST Slope (mV/s) measured at 80 ms Post J

May 23, 2024

10:28 am

Report time

10:44 am

PHASE TIME : 07:01

STAGE DURATION : 07:00

HR : 99 bpm

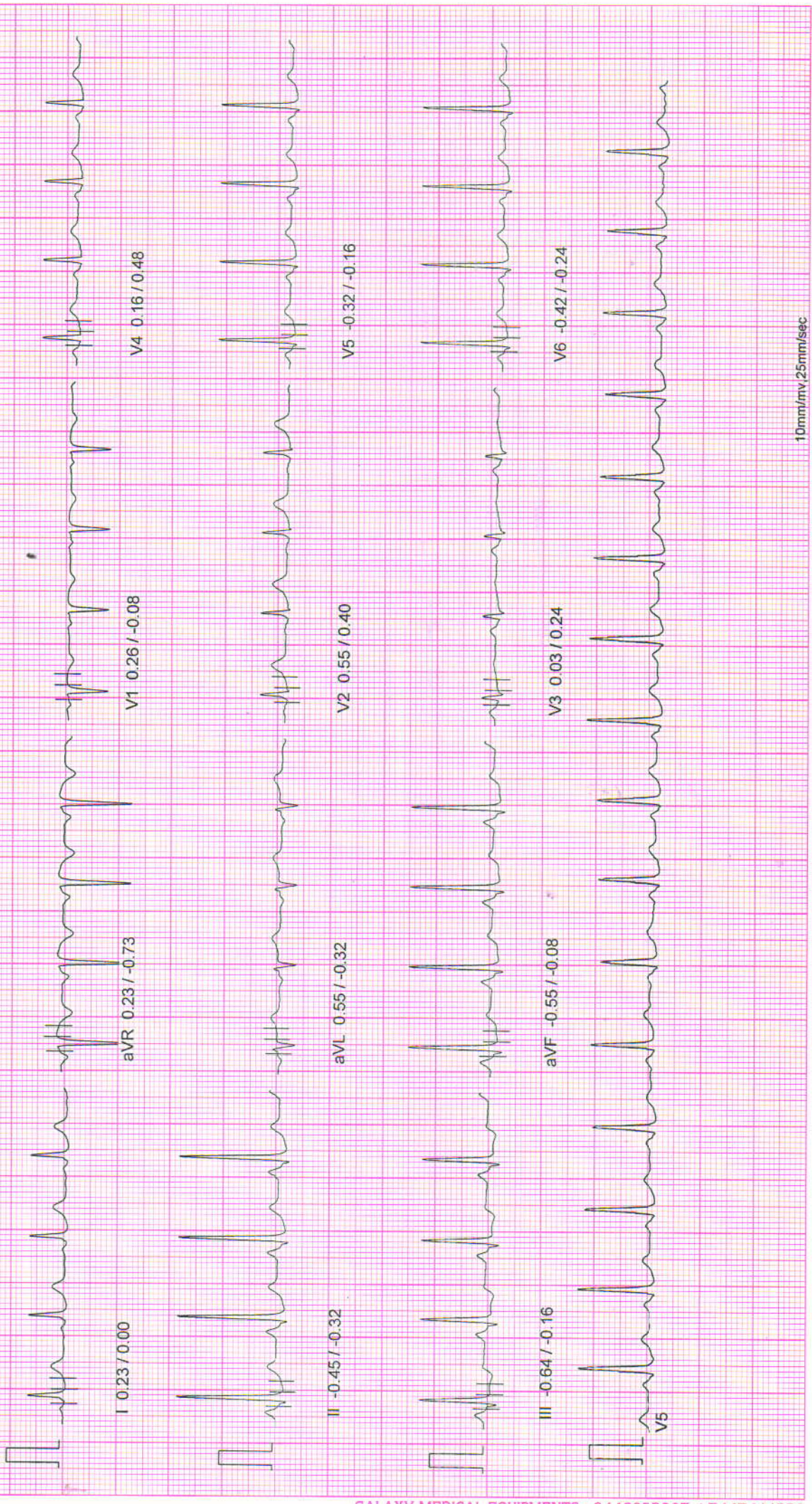
QRS Lead : V5

SPEED : 0.0 kmph

GRADE : 0.0

BP : 110 / 80 mmHg

MEI's : 1.00



10mm/mv, 25mm/sec

100 Hz

NASAN (C) ST-Win Standard BL 6.91, Unit Ver 4.10

NADKARNI PATHOLOGY LABORATORY

PATIENT ID : 3500/2024 HEIGHT : 162 Cm WEIGHT : 71.00 Kg
 PATIENT NAME : Mrs Narayani. A. Kshirsagar 39/F

Linked Median Report

May 23, 2024 10:28 am
 Report time : 10:43 am



NADKARNI PATHOLOGY LABORATORY

PATIENT ID : 3500/2024 HEIGHT : 162 Cm WEIGHT : 71.00 Kg

May 23, 2024 10:28 am

Linked Median Report

PATIENT NAME : Mrs Narayani. A. Kshirsagar 39/F

Report time : 10:42 am

PROTOCOL : BRUCE

PHASE TIME : 07:01 SPEED: 0.0 kmph

STAGE : Recovery

STAGE DURATION : 05:00 GRADE: 0.0

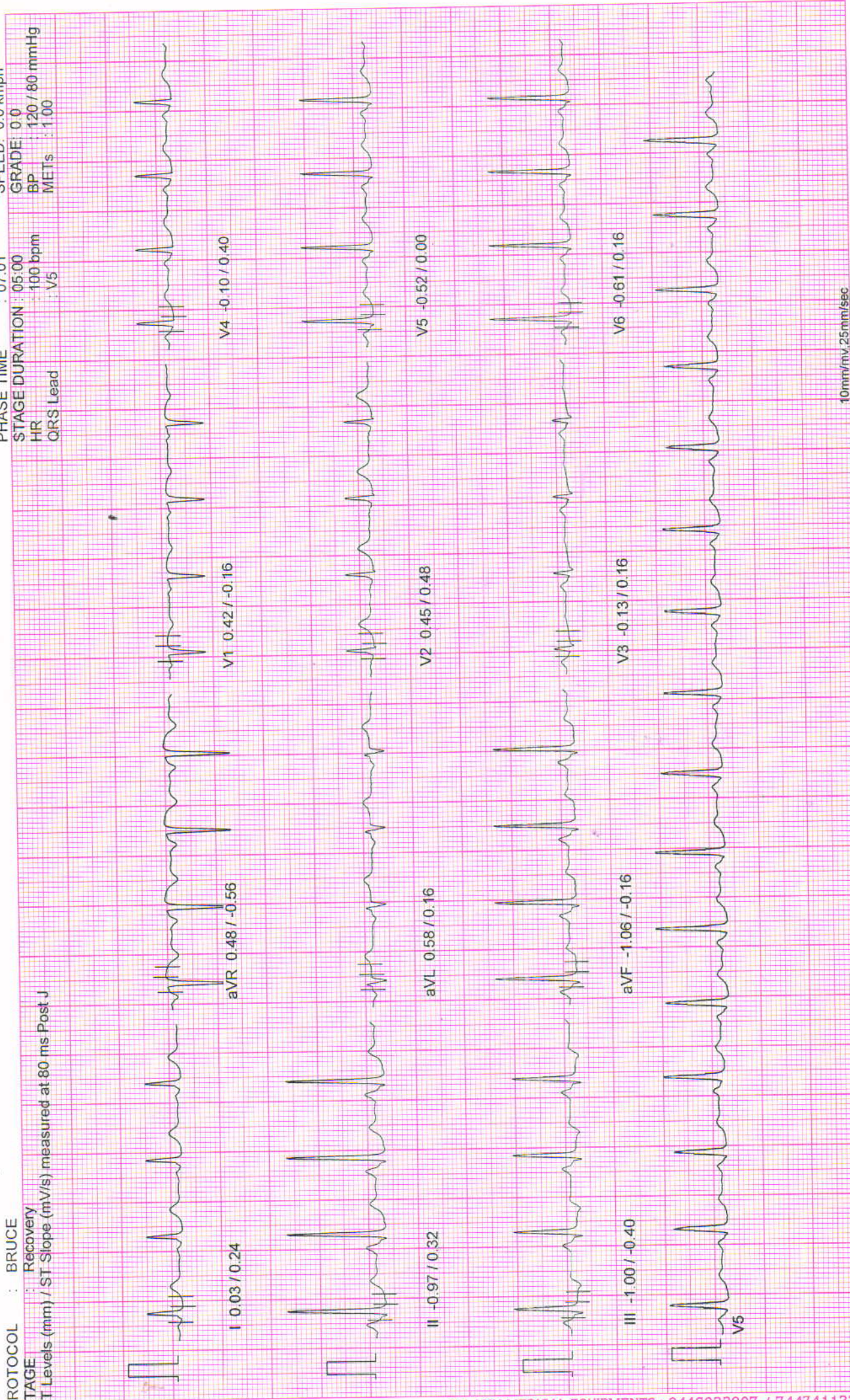
ST Levels (mm) / ST Slope (mV/s) measured at 80 ms Post J

HR : 100 bpm

BP : 120 / 80 mmHg

QRS Lead

METS : 1.00



10mm/mv, 25mm/sec

100 Hz

NASAN (C) ST-Win Standard BL 6.91, Unit Ver 4.10

NADKARNI PATHOLOGY LABORATORY

PATIENT ID : 3500/2024 HEIGHT : 162 Cm WEIGHT : 71.00 Kg

PATIENT NAME : Mrs Narayani. A. Kshirsagar 39/F

PROTOCOL : BRUCE

STAGE : Recovery

ST Levels (mm) / ST Slope (mV/s) measured at 80 ms Post J

May 23, 2024 10:28 am

Report time : 10:41 am

PHASE TIME : 07:01

SPEED: 0.0 kmph

STAGE DURATION : 04:00

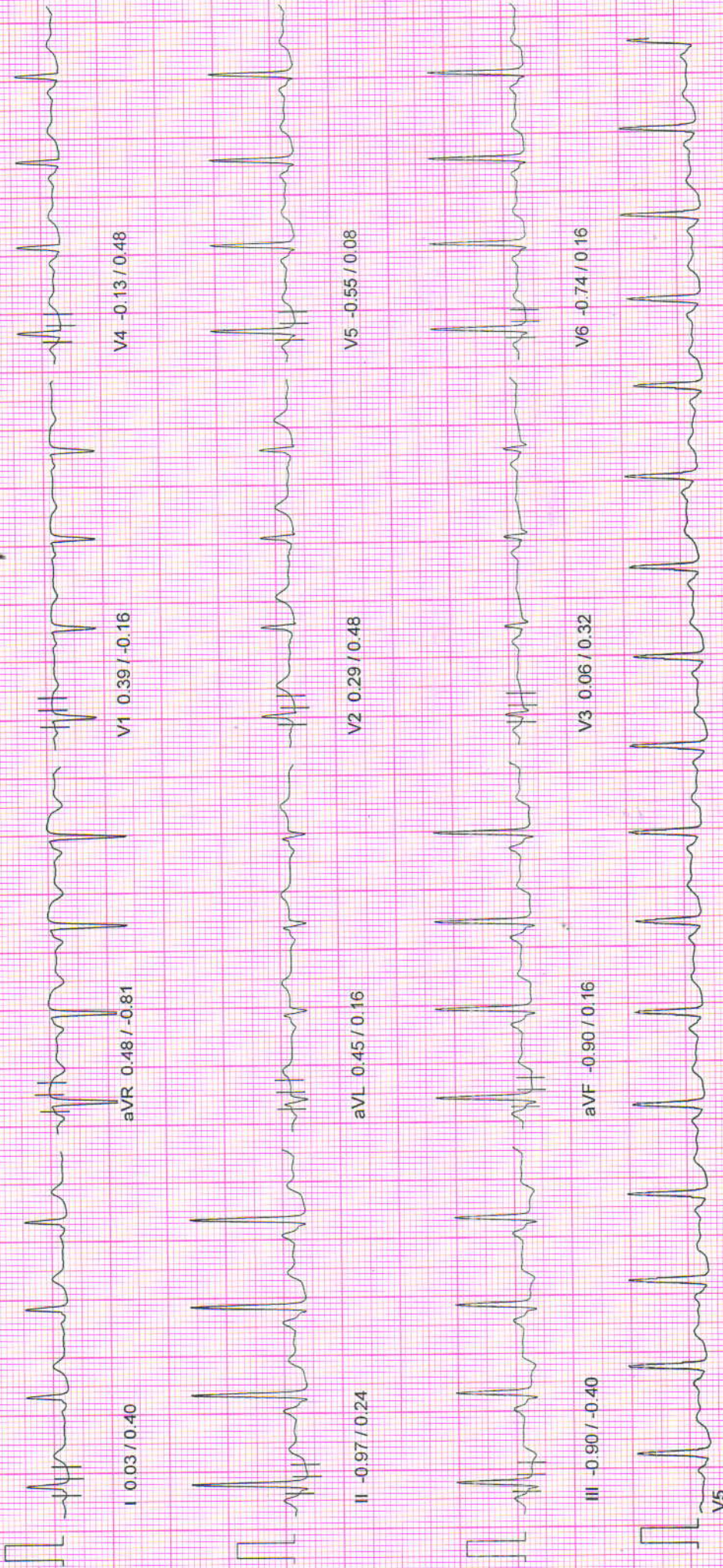
GRADE: 0.0

HR : 100 bpm

BP : 130 / 82 mmHg

QRS Lead : V5

METs : 1.00



10mm/mv, 25mm/sec

100 Hz

NASAN (C) ST-Win Standard BL 6.91, Unit Ver 4.10

NADKARNI PATHOLOGY LABORATORY

PATIENT ID : 3500/2024 HEIGHT : 162 Cm WEIGHT : 71.00 Kg

PATIENT NAME : Mrs Narayani. A. Kshirsagar 39/F

Linked Median Report

May 23, 2024

10:28 am

Report time : 10:40 am

PROTOCOL : BRUCE

STAGE : Recovery

ST Levels (mm) / ST Slope (mV/s) measured at 80 ms Post J

PHASE TIME : 07:01

STAGE DURATION : 03:00

HR : 101 bpm

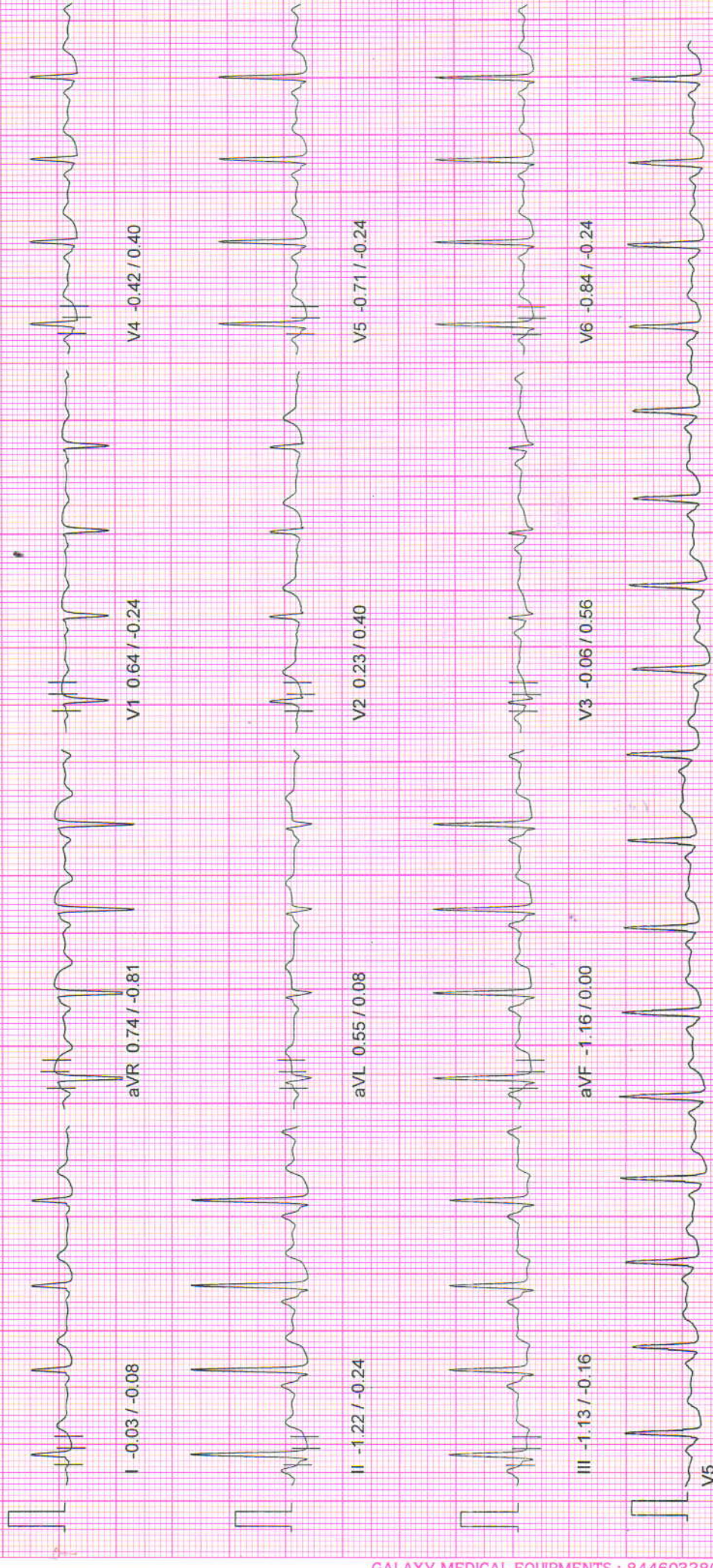
QRS Lead : V5

SPEED: 0.0 kmph

GRADE: 0.0

BP : 130 / 82 mmHg

METs : 1.00



10mm/mv, 25mm/sec

100 Hz

NASAN (C) ST-Win Standard BL 6.91, Unit Ver 4.10

NADKARNI PATHOLOGY LABORATORY

PATIENT ID : 3500/2024 HEIGHT : 162 Cm WEIGHT : 71.00 Kg

PATIENT NAME : Mrs Narayani. A. Kshirsagar 39/F

May 23, 2024 10:28 am

Report time : 10:39 am

PROTOCOL : BRUCE

STAGE : Recovery

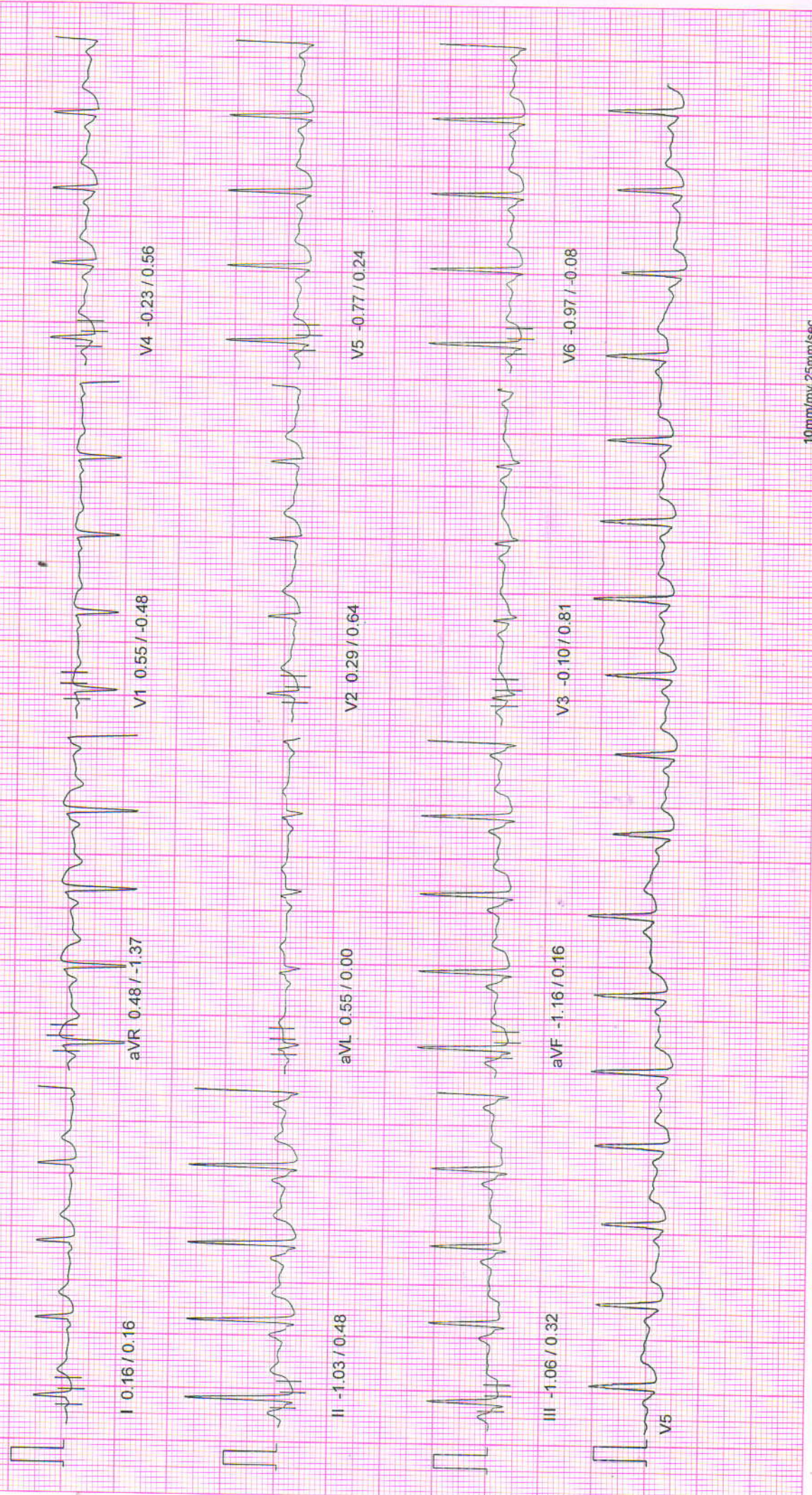
ST Levels (mm) / ST Slope (mV/s) measured at 80 ms Post J

PHASE TIME : 07:01 SPEED: 0.0 kmph

STAGE DURATION : 02:00 GRADE: 0.0

HR : 105 bpm BP : 140 / 84 mmHg

QRS Lead : V5 METs : 1.00



NADKARNI PATHOLOGY LABORATORY

PATIENT ID : 3500/2024 HEIGHT : 162 Cm WEIGHT : 71.00 Kg

PATIENT NAME : Mrs Narayani. A. Kshirsagar 39/F

May 23, 2024

10:28 am

Report time

10:38 am

PROTOCOL : BRUCE

STAGE : Recovery

ST Levels (mm) / ST Slope (mV/s) measured at 80 ms Post J

PHASE TIME : 07:01

STAGE DURATION : 01:00

HR : 135 bpm

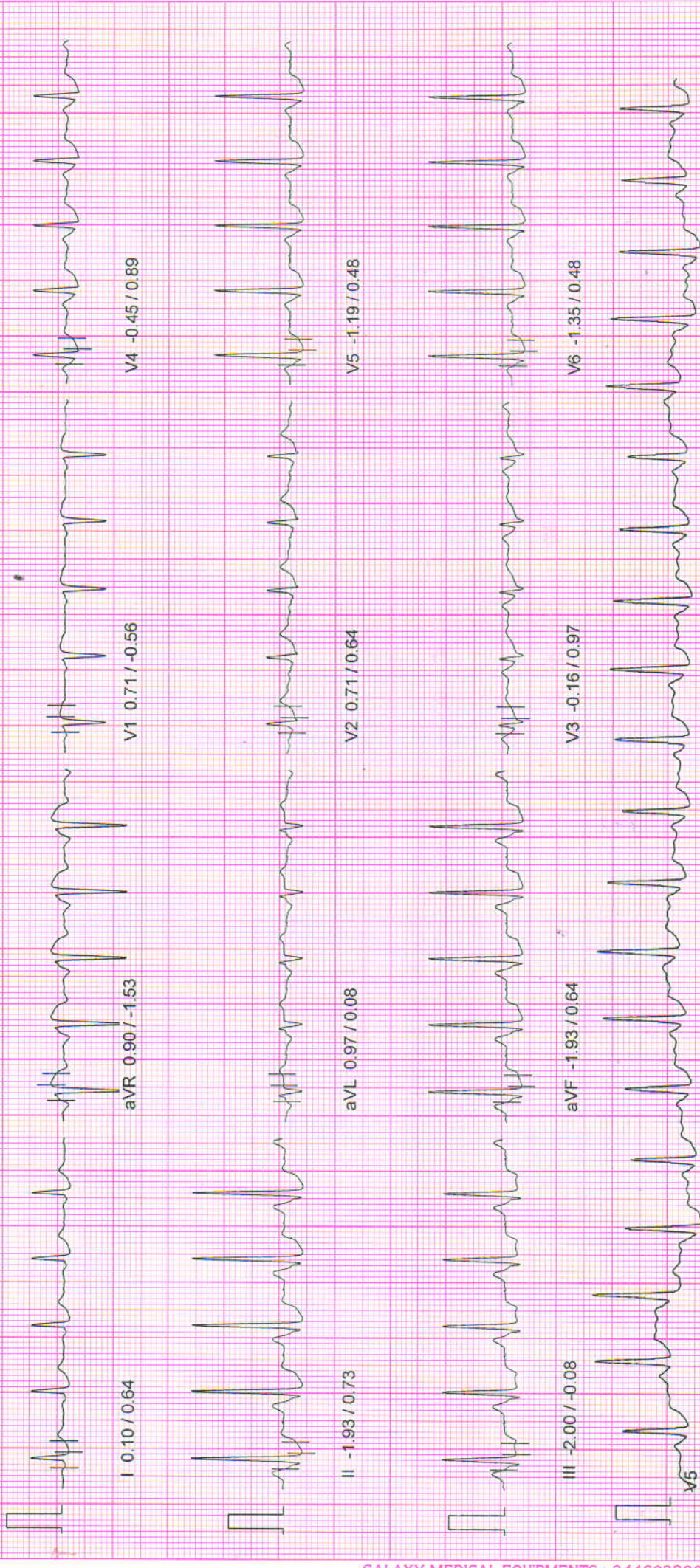
QRS Lead : V5

SPEED: 0.0 kmph

GRADE: 0.0

BP : 140 / 84 mmHg

METS : 1.00



10mm/mv, 25mm/sec

100 Hz

NASAN (C) ST-Win Standard BL 6.91, Unit Ver 4.10

NADKARNI PATHOLOGY LABORATORY

PATIENT ID : 3500/2024 HEIGHT : 162 Cm WEIGHT : 71.00 Kg

PATIENT NAME : Mrs Narayani. A. Kshirsagar 39/F

PROTOCOL : BRUCE

STAGE : Peak Exercise

ST Levels (mm) / ST Slope (mV/s) measured at 80 ms Post J

May 23, 2024

10:28 am

Report time

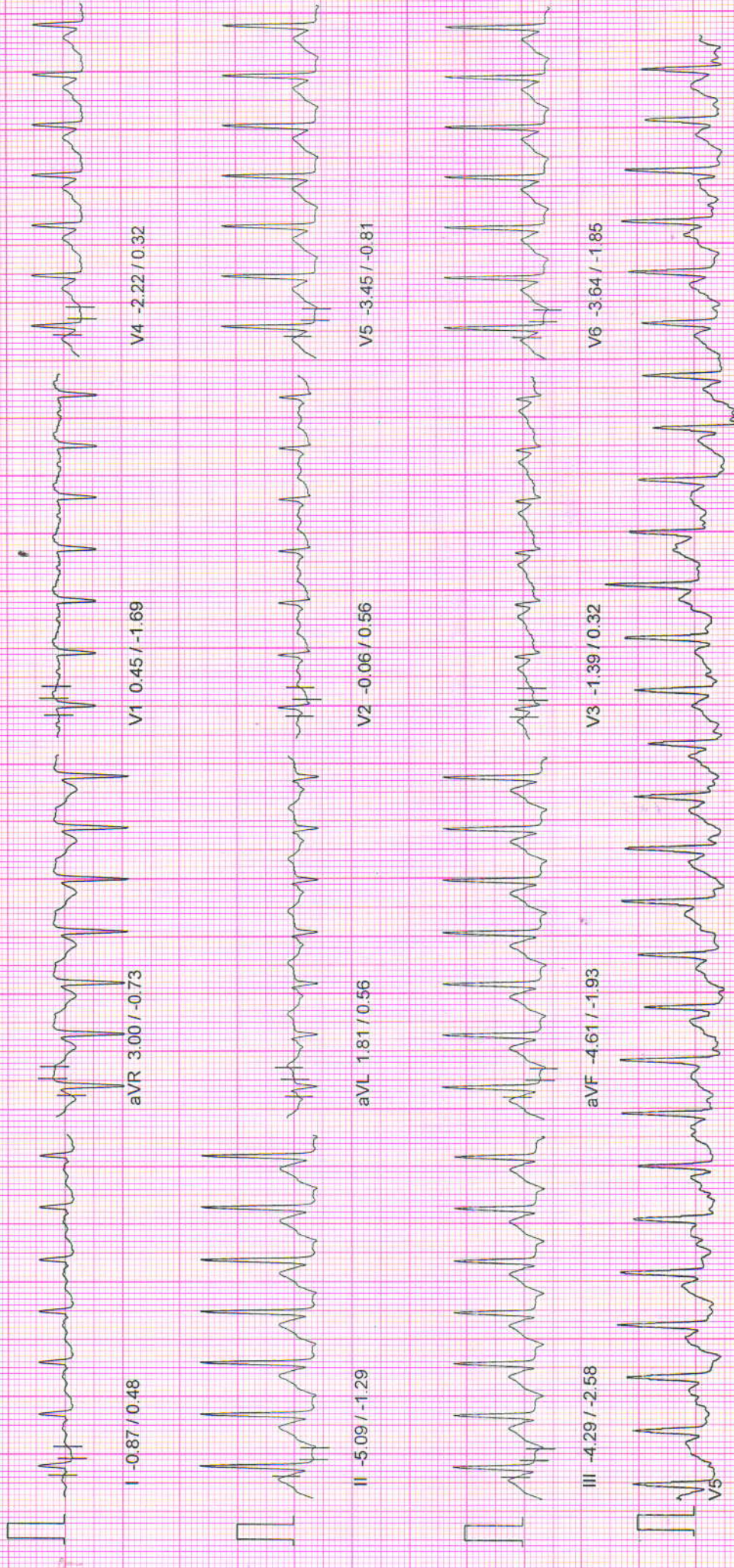
10:37 am

PHASE TIME : 07:01 SPEED: 5.5 kmph

STAGE DURATION : 01:01 GRADE: 14.0

HR : 168 bpm BP : 150 / 86 mmHg

QRS Lead : V5 METs : 9.10



10mm/mv, 25mm/sec

100 Hz

NASAN (C) ST-Win Standard BL 6.91, Unit Ver 4.10

NADKARNI PATHOLOGY LABORATORY

PATIENT ID : 3500/2024 HEIGHT : 162 Cm WEIGHT : 71.00 Kg

PATIENT NAME : Mrs Narayani. A. Kshirsagar 39/F

PROTOCOL : BRUCE

STAGE : Exercise Stage 2

ST Levels (mm) / ST Slope (mV/s) measured at 80 ms Post-J

May 23, 2024 10:28 am

Report time : 10:36 am

PHASE TIME : 06:00

SPEED: 4.0 kmph

STAGE DURATION : 03:00

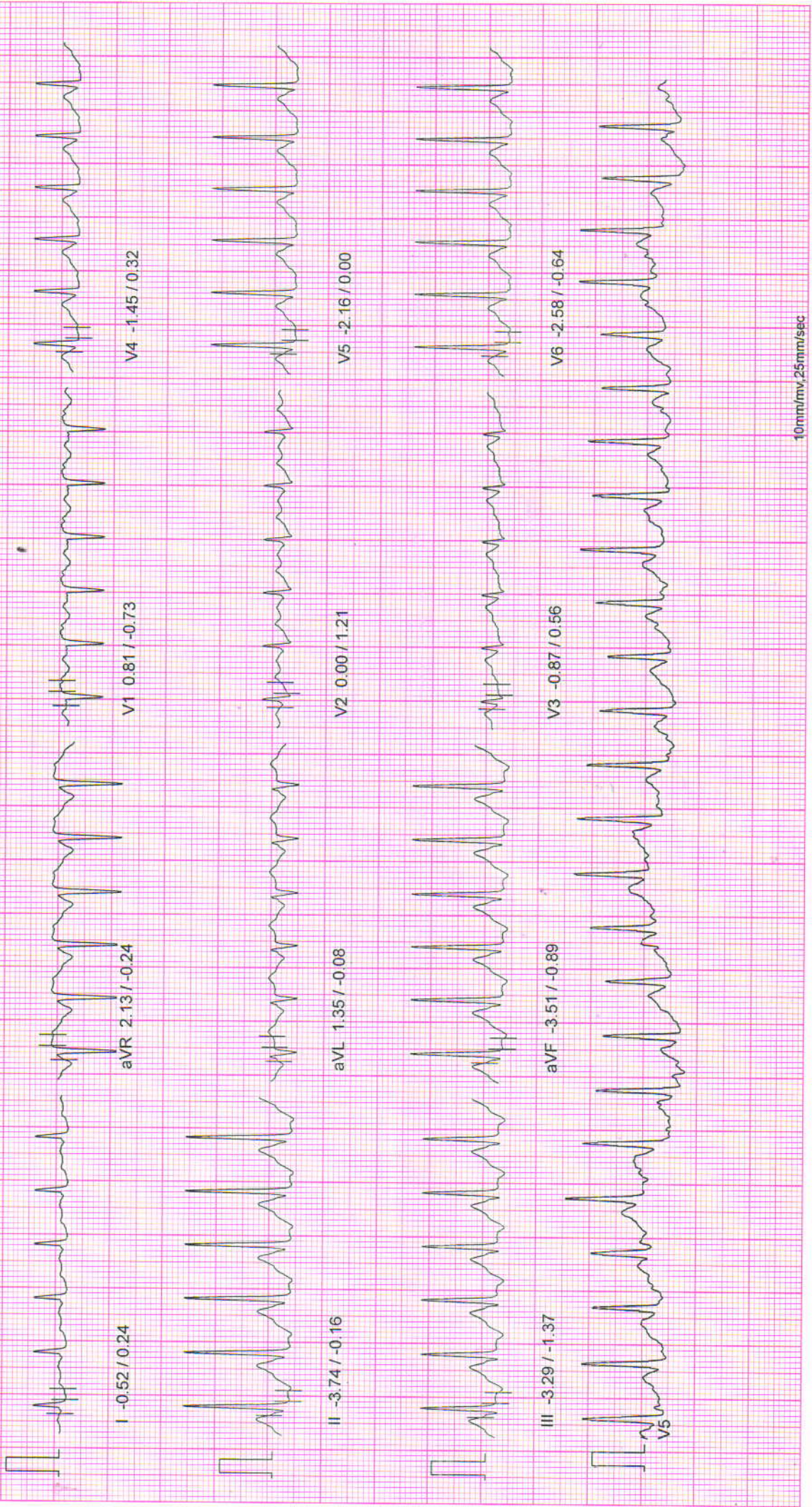
GRADE: 12.0

HR : 149 bpm

BP : 130 / 84 mmHg

QRS Lead : V5

METS : 8.00



10mm/mv, 25mm/sec

100 Hz

NASAN (C) ST-Win Standard BL 6.91, Unit Ver 4.10

NADKARNI PATHOLOGY LABORATORY

PATIENT ID : 3500/2024 HEIGHT : 162 Cm WEIGHT : 71.00 Kg

PATIENT NAME : Mrs Narayani. A. Kshirsagar 39/F

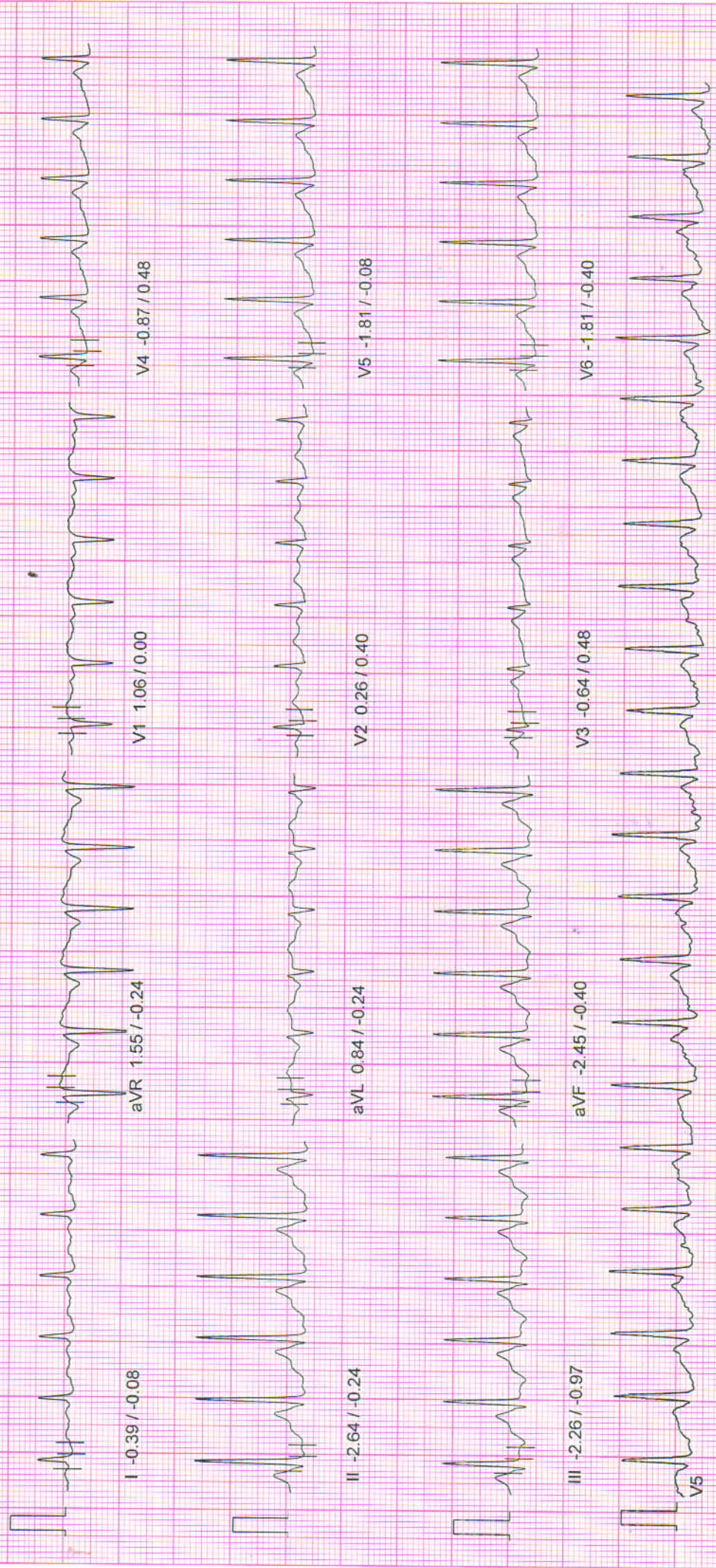
PROTOCOL : BRUCE

STAGE : Exercise Stage 1
ST Levels (mm) / ST Slope (mV/s) measured at 80 ms Post J

May 23, 2024 10:28 am
Report time : 10:33 am

PHASE TIME : 03:00 SPEED: 2.7 kmph

STAGE DURATION : 03:00 GRADE: 10.0
HR : 136 bpm BP : 110 / 80 mmHg
QRS Lead : V5 METs : 5.70



10mm/mv, 25mm/sec

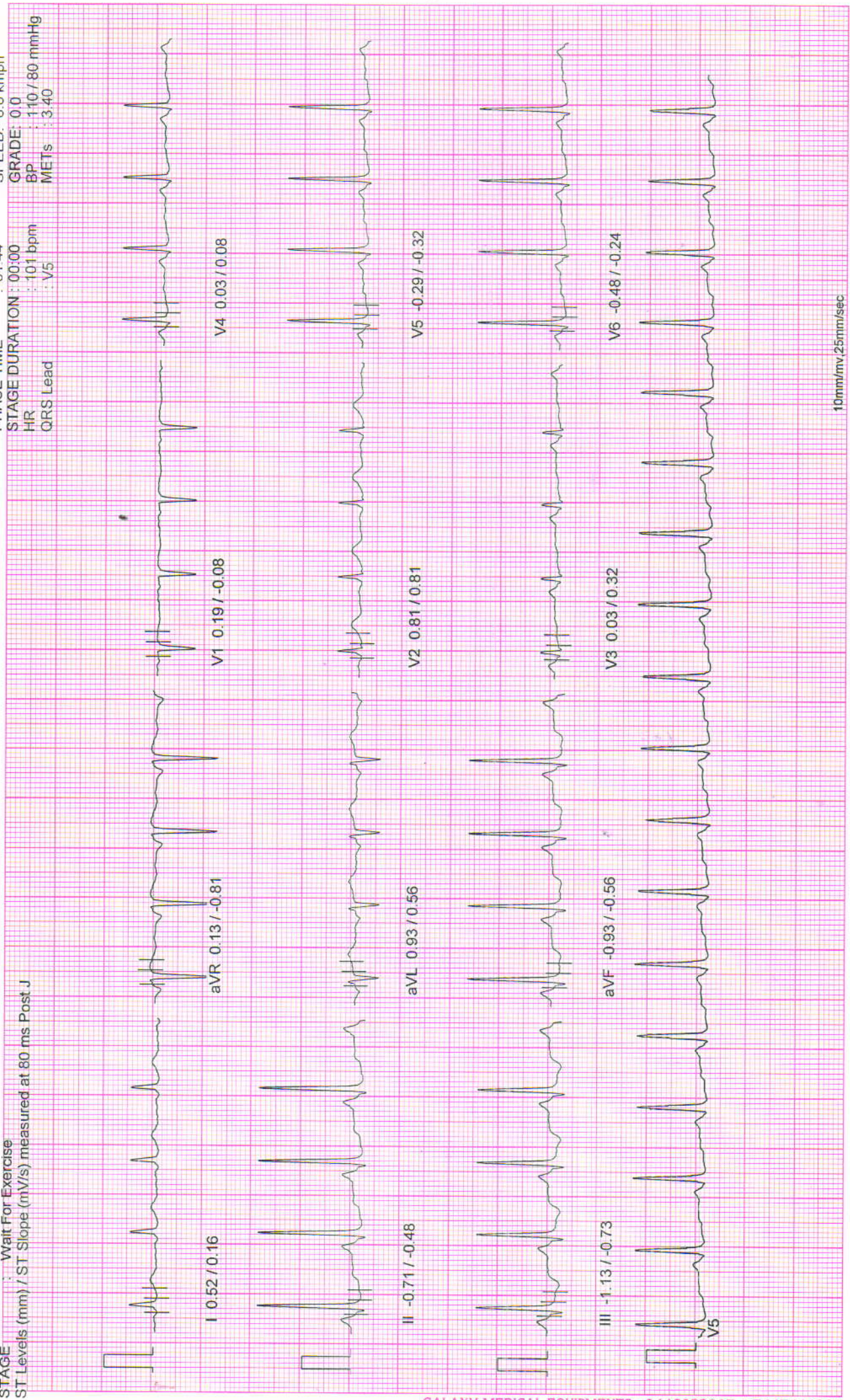
100 Hz

NASAN (C) ST-Win Standard BL 6.91, Unit Ver 4.10

NADKARNI PATHOLOGY LABORATORY

PATIENT ID : 3500/2024 HEIGHT : 162 Cm WEIGHT : 71.00 Kg
PATIENT NAME : Mrs Narayani. A. Kshirsagar 39/F
PROTOCOL : BRUCE
STAGE : Wait For Exercise
ST Levels (mm) / ST Slope (mV/s) measured at 80 ms Post J

PHASE TIME : 01:44 SPEED: 0.0 kmph
STAGE DURATION : 00:00 GRADE: 0.0
HR : 101 bpm BP : 110 / 80 mmHg
QRS Lead : V5 METs : 3.40



10mm/mv, 25mm/sec

100 Hz

NASAN (C) ST-Win Standard BL 6.91, Unit Ver 4.10

NADKARNI PATHOLOGY LABORATORY

PATIENT ID : 3500/2024 HEIGHT : 162 Cm WEIGHT : 71.00 Kg

May 23, 2024 10:28 am

PATIENT NAME : Mrs Narayani. A. Kshirsagar 39/F

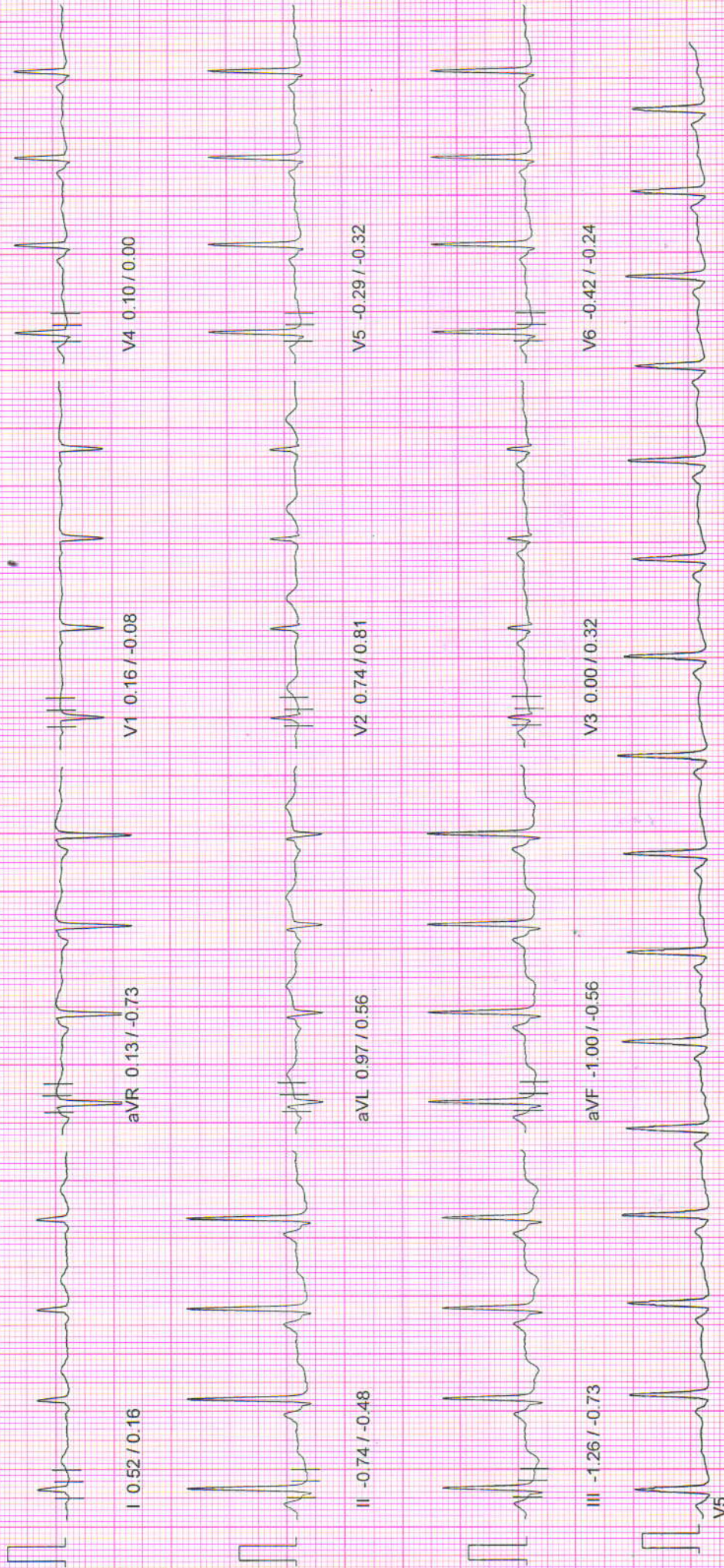
Report time : 10:30 am

PROTOCOL : BRUCE

PHASE TIME : 01:27 SPEED: 0.0 kmph

STAGE : HyperVentilation
ST Levels (mm) / ST Slope (mV/s) measured at 80 ms Post J

STAGE DURATION : 00:00 GRADE: 0.0
HR : 100 bpm BP : 110 / 80 mmHg
QRS Lead : V5 METs : 1.00



10mm/mv, 25mm/sec

100 Hz

NASAN (C) ST-Win Standard BL 6.91, Unit Ver 4.10

NADKARNI PATHOLOGY LABORATORY

PATIENT ID : 3500/2024 HEIGHT : 162 Cm WEIGHT : 71.00 Kg

PATIENT NAME : Mrs Narayani. A. Kshirsagar 39/F

ROTOCOL : BRUCE

PAGE : Standing

T Levels (mm) / ST Slope (mV/s) measured at 80 ms Post J

May 23, 2024 10:28 am

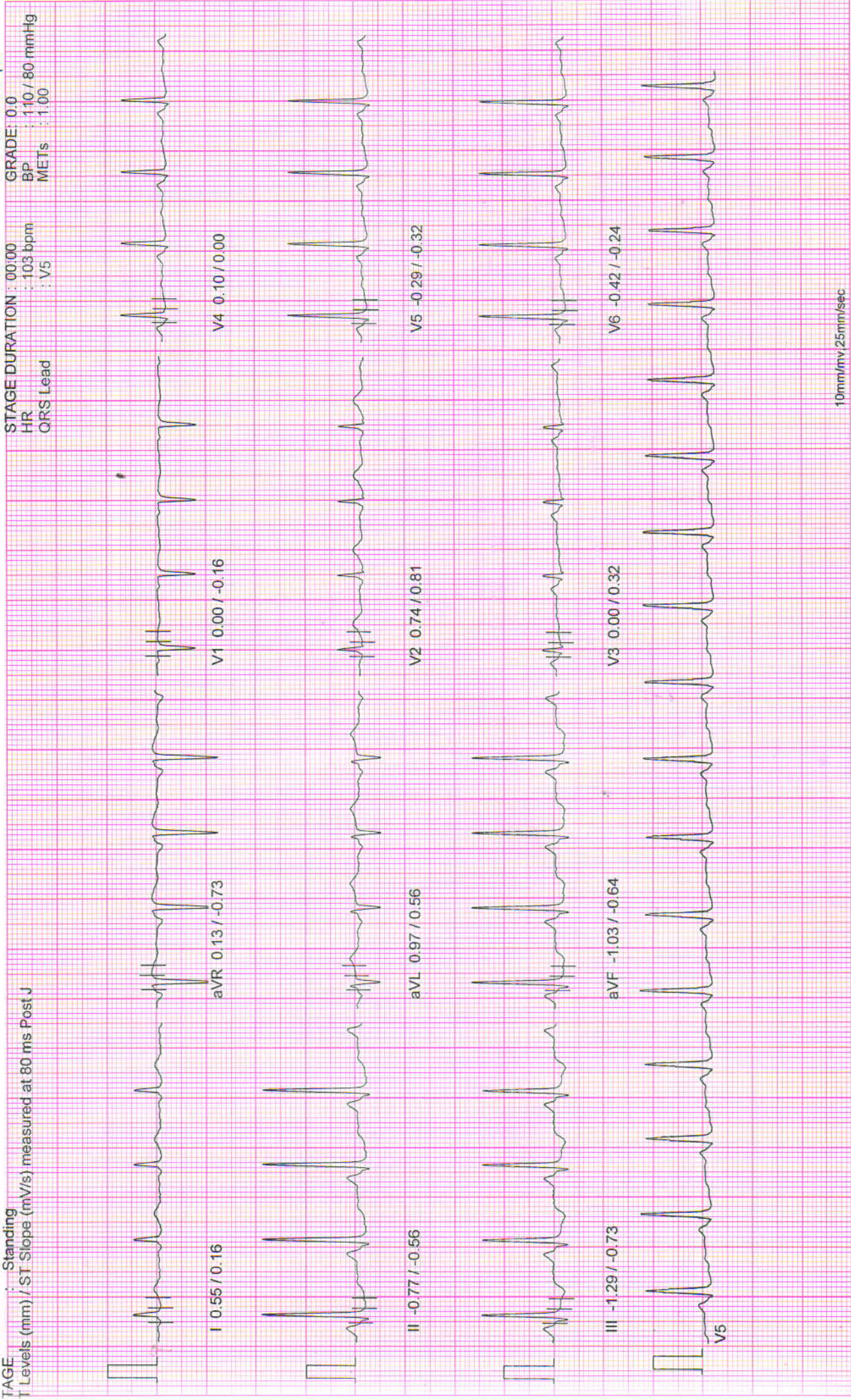
Report time : 10:29 am

PHASE TIME : 01:09 SPEED: 0.0 kmph

STAGE DURATION : 00:00 GRADE: 0.0

HR : 103 bpm BP : 110 / 80 mmHg

QRS Lead : V5 METs : 1.00



10mm/mv, 25mm/sec

100 Hz

NASAN (C) ST-Win Standard BL 6.91, Unit Ver 4.10

NADKARNI PATHOLOGY LABORATORY

PATIENT ID : 3500/2024 HEIGHT : 162 Cm WEIGHT : 71.00 Kg
 PATIENT NAME : Mrs Narayani. A. Kshirsagar 39/F

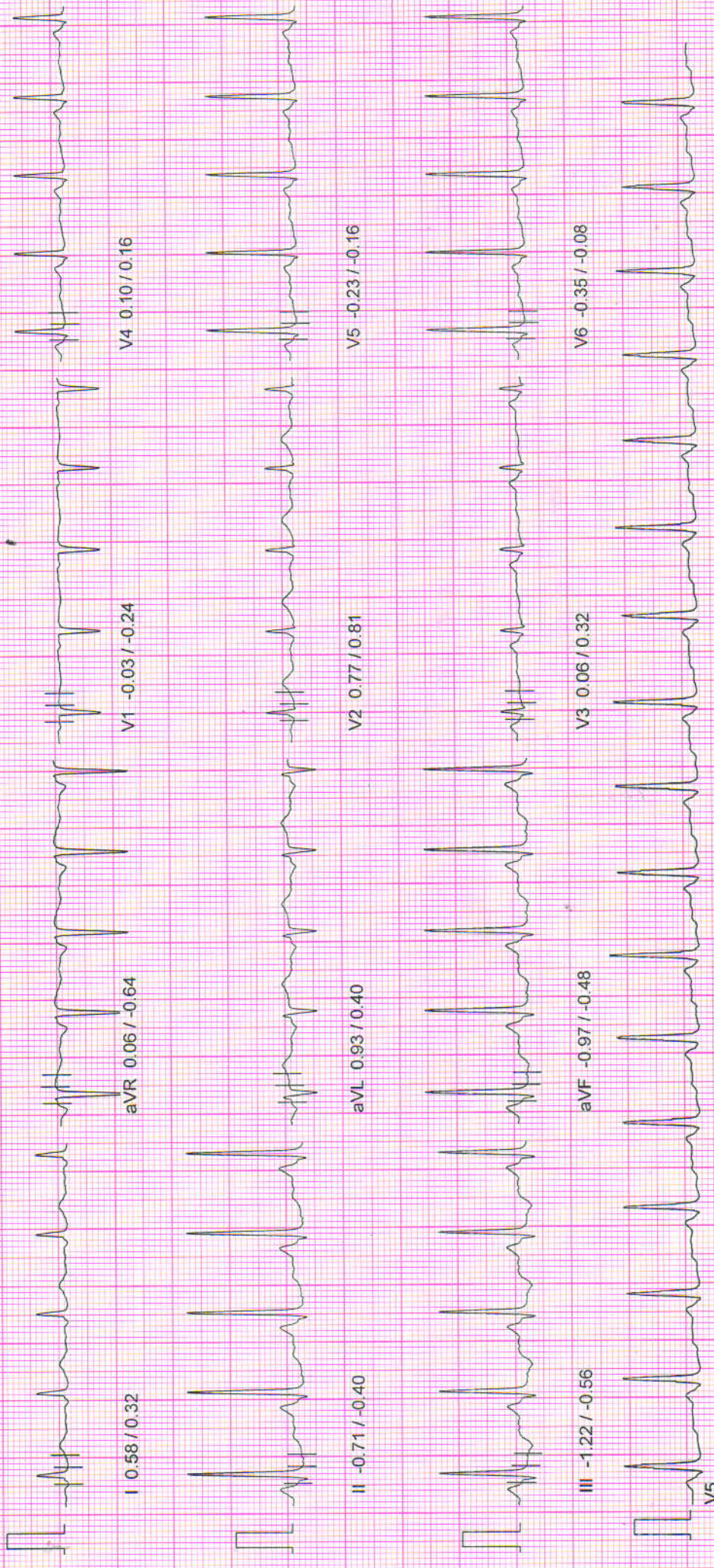
May 23, 2024 10:28 am
 Report time : 10:29 am

Linked Median Report

PROTOCOL : BRUCE

STAGE : Supine
 ST Levels (mm) / ST Slope (mV/s) measured at 80 ms Post J

PHASE TIME : 00:44 SPEED: 0.0 kmph
 STAGE DURATION: 00:00 GRADE: 0.0
 HR : 105 bpm BP : 110 / 80 mmHg
 QRS Lead : V5 METs : 1.00



Narayani Kshirsagar

10mm/mv, 25mm/sec

100 Hz

NASAN (C) ST-Win Standard BL 6.91, Unit Ver 4.10

NADKARNI PATHOLOGY LABORATORY

PATIENT ID : 3500/2024 HEIGHT : 162 Cm WEIGHT : 71.00 Kg

PATIENT NAME : Mrs Narayani. A. Kshirsagar 39/F

PROTOCOL : BRUCE

STAGE : Pre-Test

ST Levels (mm) / ST Slope (mV/s) measured at 80 ms Post J

May 23, 2024

10:28 am

Report time

10:28 am

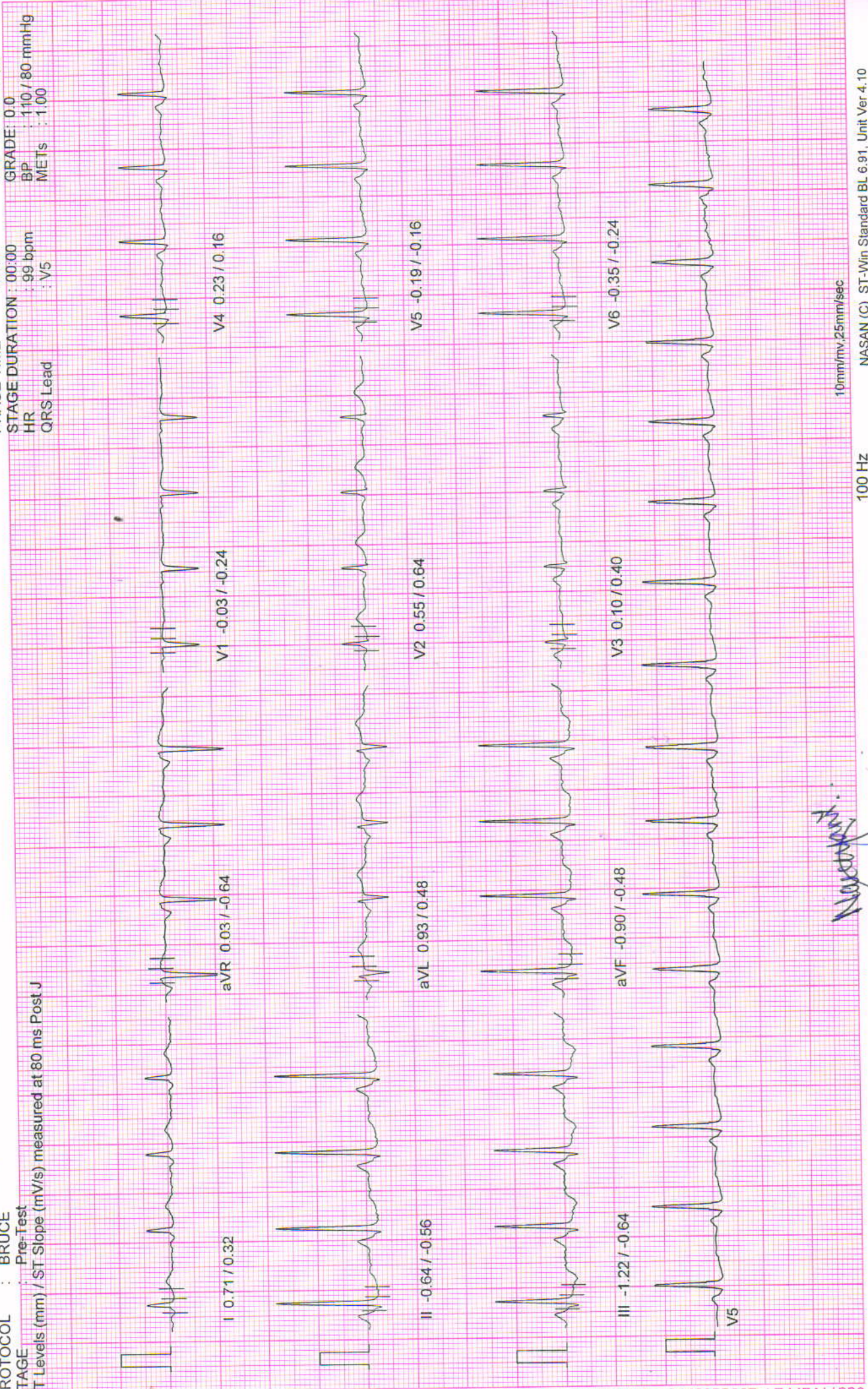
Linked Median Report

PHASE TIME : 00:17 SPEED: 0.0 kmph

STAGE DURATION: 00:00 GRADE: 0.0

HR : 99 bpm BP : 110 / 80 mmHg

QRS Lead : V5 METs : 1.00



10mm/mv, 25mm/sec

100 Hz

NASAN (C) ST-Win Standard BL 6.91, Unit Ver 4.10

Narayani

NADKARNI PATHOLOGY LABORATORY

PATIENT ID : 3500/2024 HEIGHT : 162 Cm WEIGHT : 71.00 Kg

PATIENT NAME : Mrs Narayani. A. Kshirsagar 39/F

PROTOCOL : BRUCE

May 23, 2024

10:28 am

Report time

10:28 am

ST Tables

ST LEVELS	Phase	I	II	III	aVR	aVL	aVF	V1	V2	V3	V4	V5	V6
	Pre-Test	0.5	-0.5	-1.0	0.0	0.7	-0.7	-0.1	0.4	0.0	0.3	-0.2	-0.4
	Supine	0.6	-0.7	-1.2	0.1	0.9	-0.9	-0.1	0.8	0.1	0.2	-0.2	-0.4
	Standing	0.5	-0.8	-1.3	0.1	1.0	-1.0	0.0	0.7	0.0	0.1	-0.3	-0.4
	HyperVentilation	0.5	-0.8	-1.3	0.1	1.0	-1.0	0.2	0.7	0.0	0.1	-0.3	-0.4
	Wait For Exercise	0.5	-0.7	-1.1	0.1	0.9	-0.9	0.2	0.8	0.0	0.0	-0.3	-0.5
	Exercise Stage 1	-0.4	-3.1	-2.8	1.8	1.3	-3.1	1.5	0.4	-0.9	-1.1	-1.8	-2.1
	Exercise Stage 2	-0.5	-3.7	-3.3	2.1	1.4	-3.5	0.8	0.0	-0.9	-1.5	-2.2	-2.6
	Peak Exercise	-0.6	-5.0	-4.3	2.8	1.9	-4.6	0.9	0.2	-1.3	-2.2	-3.5	-3.5
	Recovery 1	0.1	-1.9	-2.0	0.9	1.0	-1.9	0.7	0.7	-0.2	-0.5	-1.2	-1.4
	Recovery 3	-0.1	-1.3	-1.1	0.7	0.5	-1.2	0.6	0.2	-0.1	-0.4	-0.7	-0.9
	Recovery 6	0.2	-0.7	-0.9	0.3	0.6	-0.8	0.4	0.6	0.0	0.1	-0.3	-0.5

ST SLOPES	Phase	I	II	III	aVR	aVL	aVF	V1	V2	V3	V4	V5	V6
	Pre-Test	-0.3	-1.1	-0.8	-0.6	0.2	-1.0	-0.3	0.1	0.4	-0.4	-0.8	-1.0
	Supine	0.2	-0.4	-0.6	-0.6	0.5	-0.5	-0.2	0.7	0.4	0.1	-0.2	-0.1
	Standing	0.2	-0.6	-0.7	-0.7	0.6	-0.6	-0.2	0.8	0.3	0.0	-0.3	-0.2
	HyperVentilation	0.2	-0.6	-0.7	-0.7	0.6	-0.6	0.1	0.8	0.3	0.0	-0.3	-0.2
	Wait For Exercise	0.2	-0.5	-0.7	-0.8	0.6	-0.6	-0.1	0.8	0.3	0.1	-0.3	-0.2
	Exercise Stage 1	0.6	-0.6	-1.1	-1.0	0.2	-1.0	0.5	0.7	0.2	0.5	0.1	0.2
	Exercise Stage 2	0.2	-0.2	-1.4	-0.2	-0.1	-0.9	-0.7	1.2	0.6	0.3	0.0	-0.6
	Peak Exercise	0.6	-1.7	-2.7	-1.2	0.6	-2.0	-1.0	0.9	0.6	0.2	-1.0	-1.7
	Recovery 1	0.6	0.7	-0.1	-1.5	0.1	0.6	-0.6	0.6	1.0	0.9	0.5	0.5
	Recovery 3	-0.1	-0.2	-0.2	-0.9	0.1	0.0	-0.2	0.3	0.6	0.4	-0.2	-0.2
	Recovery 6	0.2	0.5	-0.2	-1.0	0.1	0.2	-0.3	0.6	0.4	0.2	-0.2	0.2

NADKARNI PATHOLOGY LABORATORY

Indraprasth Chember, Ground Floor, Karve Road, Pune 411038

Report time : 10:28 am
May 23, 2024 10:28 am

Summary Report

PATIENT ID : 3500/2024
PATIENT NAME : Mrs Narayani. A. Kshirsagar 39/F

PROTOCOL : BRUCE
PATIENT HEIGHT : 162 Cm PATIENT WEIGHT : 71.00 Kg
PATIENT ADD. : pune

Ref. By : MEDIWHEEL
(MEDWHEEL)

Stage	Stage Speed (Kmph) / Time Grade (%)	HR bpm	BP mmHg	R.P.P. X 1000	METS	ST Level I	Stage Comments
Pre-Test	00:17 0.00 / 0.00	99	110 / 80	10	1.00	0.55	
Supine	00:26 0.00 / 0.00	105	110 / 80	11	1.00	0.61	
Standing	00:24 0.00 / 0.00	103	110 / 80	11	1.00	0.55	
HyperVentilation	00:18 0.00 / 0.00	100	110 / 80	11	1.00	0.55	
Wait For Exercise	00:17 0.00 / 0.00	104	110 / 80	11	1.00	0.52	
Exercise Stage 1	03:00 2.70 / 10.00	136	110 / 80	14	5.70	-0.39	
Exercise Stage 2	03:00 4.00 / 12.00	150	130 / 84	19	8.00	-0.52	
Peak Exercise	01:00 5.50 / 14.00	166	150 / 86	24	9.10	-0.61	
Recovery 1	01:00 0.00 / 0.00	126	140 / 84	17	1.00	0.10	
Recovery 3	03:00 0.00 / 0.00	101	130 / 82	13	1.00	-0.10	
Recovery 6	06:00 0.00 / 0.00	97	110 / 80	10	1.00	0.19	

TOTAL EXER TIME : 7 : 0 min MAX HR : 168 bpm (92.82 % of 181 bpm) MAX BP : 150 / 86 mmHg
MAX WORKLOAD : 9.10 DISTANCE COVERED : 0.43 Km DOUBLE PRODUCT : 25200.00



Dr. Vivekanand M. Nadkarni
M.B.B.S., D.T.M. & H. (Lon.), FCGP, MIOSH
MMC Reg. No 42322
Physician
Health Care Clinic
Varun Complex, Nimbalkar Chowk,
Kothrud, Pune-411038

Dr. VIVEKANAND M. NADKARNI
MBBS., D.T.M. & H.

NADKARNI PATHOLOGY LABORATORY

Indraprasth Chamber, Ground Floor, Karve Road, Pune 411038

Summary Report

Report time : 10:28 am
May 23, 2024 10:28 am

PATIENT ID : 3500/2024
PATIENT NAME : Mrs Narayani. A. Kshirsagar 39/F

Ref. By : MEDIWHEEL
(MEDWHEEL)

PROTOCOL : BRUCE
PATIENT HEIGHT : 162 Cm
PATIENT WEIGHT : 71.00 Kg
PATIENT ADD. : pune

OBJECT OF TEST : Routine check up
RISK FACTOR :
ACTIVITY : Sedentary
MEDICATION : none
BRIEF HISTORY : job profile working in bank

OTHER INVESTIGATION :
REASON FOR TERMINATION : Max HR
EXERCISE TOLERANCE : Good
EXERCISE INDUCED ARRHYTHMIA : No
HAEMO RESPONSE : Normal
CHRONO RESPONSE : Normal
FINAL IMPRESSION : Stress test is positive for exercise induced Ischaemic heart disease at peak exercise load.

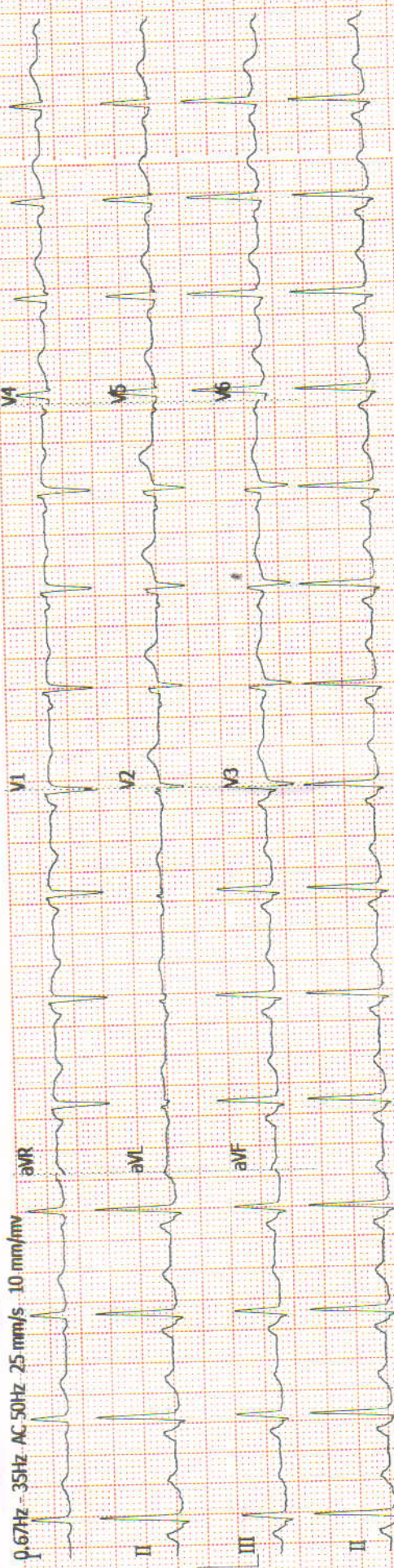
Horizontal / downsloping ST depressions with T wave changes seen in Stages 2 and 3 in inferolateral leads (II,III,AVF, V4 to V6)which revert to normal quickly during recovery.
Good Effort tolerance.
No Arrhythmias seen during test period.
Normal Haemodynamic and Chronotropic responses.

Dr. Vivekanand M. Nadkarni
M.B.B.S., D.T.M. & H. (Lon.), FCGP, MIOASH
MMC Reg. No. 42322

Physician
Health Care Clinic
Varun Complex, Nimbalkar Chowk,
Kothrud, Pune-411038

Dr. VIVEKANAND M. NADKARNI
MBBS., D.T.M.& H.

aVF



0.67Hz - 35Hz AC 50Hz 25 mm/s 10 mm/mv
 Healthcare Clinic

UNI-EM V03.3.11(20180817)

0.67Hz - 35Hz AC 50Hz 25 mm/s 10 mm/mv ID:

Name

0.67Hz - 35Hz AC 50Hz 25 mm/s 10 mm/mv ID:

ADDITION



aVF

UNI-EM V03.3.11(

Healthcare Clinic

UNI-EM V03.3.11(201808

Healthcare Clinic

Signature
 Healthcare Clinic

ID:

Name: KSHIRSAGAR, NARAYANI

Age: 38yrs

Sex: Female

Hospital:

Department:

23-05-2024 10:03:27 AM

Analysis Result >>

CLINICAL HISTORY

RATE: 90/min

RHYTHM: regular

MECHANISM: Sinus

P WAVE: 0.08 sec

PR: 0.12 sec
Normal time of deflection

QRS: 0.08 sec

CONCLUSIONS: Normal ECG

ST: isoelectric

T.WAVE: Normal upright

Q WAVE: No abnormal waves

AXIS: +55 degrees

POSITION OF HEART: Semi vertical

PRECARDIAL LEADS: Normal R

B.P.: 110/80 mmHg

DRUGS:

[Handwritten Signature]
Client's Signature

[Handwritten Signature]
Doctor's Signature

Dr. Vivekanand M. Nadkarni
M.B.B.S., D.T.M. & H. (Lon.), FCGP, MIOASH
MMC Reg. No. 42322
Physician
Health Care Clinic
Varun Complex, Nimbalkar Chowk,
Kothrud, Pune-411038

► **Health Care Clinic**
Varun Complex, Office No. 1,
Near Swapnashilp Complex, Kothrud, Pune 411038.
Timing : 10.30 a.m. to 1.00 p.m.
4.30 pm to 6 pm (By Appt.)
Tel : 65003646, 2545 7347

► **Health Care Clinic**
7/1, Anand Nagar, Paud Road,
Kothrud, Pune 411038.
Timing : 9 a.m. to 10.30 a.m. & 6.00 p.m. to 8.30 p.m.
Tel. : 65003650 Mob.: 9970171939
E-mail : nadviv@yahoo.com

Dr. Vivekanand M. Nadkarni

M.B.B.S.; D.T.M. & H. (Lon). FCGP, MIOSH (U.K.)

MMC Reg. No. 42322

Physician

- Family Medicine
- Tropical Medicine
- Occupational Health
- ACLS Instructor

DATE 23/05/20

ELECTROCARDIOGRAM

NAME Dr. Narayan A. Kshirsagar AGE 38 yr

REF BY metikbeel B.P. 110/80 mmHg



SINCE 1994

NADKARNI PATHOLOGY LABORATORY

Dr. Mrs. Sangeeta V. Nadkarni

Consulting Pathologist (MMC Reg. No. 53839)

Add Reg. No. : 1872/2000

E-mail : healthcare.nadkarni@gmail.com

Website : www.nadkarnipathlab.com

Consultant Pathologist • SHASHWAT HOSPITAL



MAIN LABORATORY : 1, Indraprastha Chambers, Ground Floor, Near Amber Hall, Karve Road, Pune 411 038. Ph. : 97635 93646, 8983 7777 93 • Timings : Monday to Saturday 7 am to 8 pm

Reg No : 202405091430233 / OPD
Name : Mrs. NARAYANI KSHIRSAGAR
Referred Dr : MEDIWHEEL

Sex / Age : Female / 39Y
Reg Date : 23/05/2024 10:30 AM
Report Date : 23/05/2024 03:22 PM

BIOCHEMISTRY

Test Name	Result	Unit	Reference Range
Blood Glucose Fasting and Post Prandial			
Blood Glucose (Fasting)	82	mg/dl	Normal : < 99 Prediabetic : 100.0 - 125.0 Diabetic : > 125.0
Post Prandial Glucose	91	mg/dl	90 - 140 mg/dL
Instrument Used	Fully Automated EM200 (TRANSASIA BIOMEDICALS).		

End of Report

Dr. Mrs Sangeeta Nadkarni
Consultant Pathologist
MD(Path) MMC Reg No-53839



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NADKARNI PATHOLOGY LABORATORY

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Reg No : 202405091430233 / OPD
Name : Mrs. NARAYANI KSHIRSAGAR
Referred Dr : MEDIWHEEL

Sex / Age : Female / 39Y
Reg Date : 23/05/2024 10:30 AM
Report Date : 23/05/2024 12:28 PM

SPECIAL TEST

PAP SMEAR EXAMINATION

Result

Smears satisfactory for evaluation show superficial and intermediate squamous cells on a background of inflammatory cells C/O polymorphs and lymphocytes. Parabasal and basal cells seen too. Negative for intraepithelial malignancy. Few endocervical cells seen in the background.

Impression : Normal Cervical Smear.

End of Report

S. Nadkarni

Dr. Mrs Sangeeta Nadkarni
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CLINICAL PATHOLOGY

Test Name	Result	Unit	Reference Range
URINE ANALYSIS REPORT			
Quantity	10	ml	
Colour	Pale Yellow		
Appearance	Clear		
Specific Gravity	1.010		
Chemical Examination			
Albumin	Absent		
Sugar	Absent		
Bile Pigments	Absent		
Urobilinogen	NORMAL		
Reaction	Acidic		
Acetone-Ketone	Negative		
Nitrite	Negative		
Microscopic Examination			
RBCs	Absent	/hpf	
PUS Cells	2-3	/hpf	
Epithelial Cells	1-2	/hpf	
Casts	Absent		
Other Findings	NIL		

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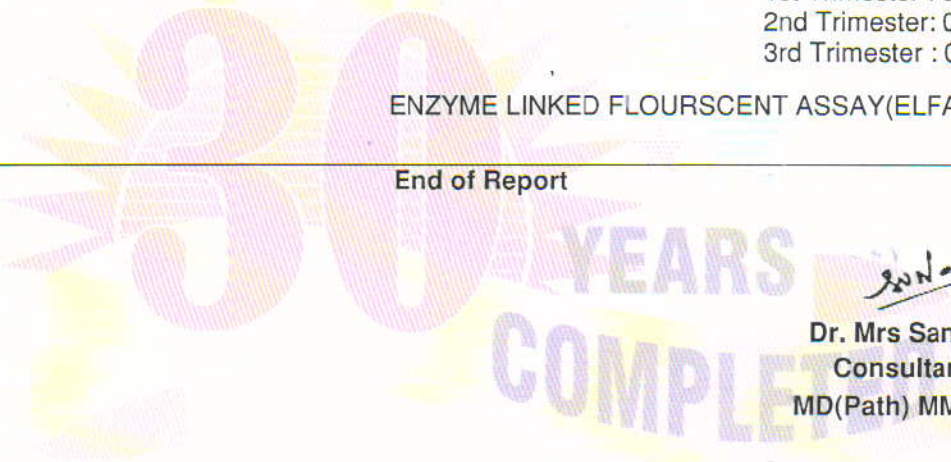
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SPECIAL TEST

Test Name	Result	Unit	Reference Range
Thyroid Panel - I			
Serum T3 (Tri-Iodothyronine)	0.84	ng/mL	0.70 - 2.04 Pregnancy: 1st Trimester : 0.81 - 1.90 2nd Trimester: 1.00 - 2.60 3rd Trimester : 1.00 - 2.60
Serum T4 (Thyroxine)	8.68	ug/dL	5.5 - 12.5
Thyroid Stimulating Hormones (Ultra TSH)	2.31	uIU/mL	0.35 - 5.50 Pregnancy: 1st Trimester : 0.10 - 2.50 2nd Trimester: 0.20 - 3.00 3rd Trimester : 0.30 - 3.00
Method	ENZYME LINKED FLOURSCENT ASSAY(ELFA)MINT VIDAS BLUE.		

End of Report*S. Nadkarni*

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BIOCHEMISTRY

Test Name	Result	Unit	Reference Range
HbA1C			
HbA1C	5.1	%	Non Diabetic :04 -06 Excellent Control : 06 -07 % Fair Control : 07 - 08% Unsatisfactory : 08 - 10% Poor Control: Above 10%
Estimated Mean Glucose (eAg)	99.67	mg%	70 - 140
Method	Nephelometry & Photometry By Mispa I3, Specific Protein Analyser (Automated)		

Interpretation :

Glycosylated Haemoglobin is accurate and true index of the " Mean Blood Glucose Level in the body for the previous 2-3 months.

HbA1c is an indicator of glycemic control. HbA1c represent average glycemia over the past six to eight weeks.

Glycation of hemoglobin occurs the entire 120 days life span of the red blood cell, but with in this 120 days.

Recent glycemia has the largest influence on the HbA1c value.

Clinical studies suggest that a patient in stable control will have 50% of their HbA1c formed in the month before sampling, 25% in the month before that, and the remaining 25% in months 2-4.

End of Report

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BIOCHEMISTRY

Test Name	Result	Unit	Reference Range
LIPID PROFILE			
S. Cholesterol <i>CHOD-PAP</i>	232	mg/dl	Desirable Chol:200mg/dl ,Borderline Chol:200-239mg/dl High Chol: >240mg/dl
S. Triglycerides <i>GPO</i>	186	mg/dl	Upto 190
HDL Cholesterol <i>DIRECT</i>	38	mg/dL	30 - 70
LDL Cholesterol	156.8	mg/dl	Upto 150
VLDL Cholesterol	37.2	mg/dL	07 to 35
S.Cholesterol/HDL Ratio	6.11		< 5.0
LDL Chole/HDL Chole	4.13		LOW RISK - 0.5 To 3.0 MODERATE RISK - 3.0 TO 6.0 HIGH RISK - >6.0
S.Triglycerides/HDL Chole	4.89		Desirable : < 3.00
Instrument Used	Fully Automated EM200 (TRANSASIA BIOMEDICALS)		

Note :

Cholesterol : CHOD PAP; HDL Cholesterol: Direct ; LDL:Direct Measurement ; Triglycerides :GPO;
(**The Above Reference range is Desirable/Optimal Range)

End of Report

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BIOCHEMISTRY

Test Name	Result	Unit	Reference Range
Liver Function Test			
Bilirubin- Total	0.54	mg/dl	0.1 - 1.2
Bilirubin- Direct	0.32	mg/dL	0.0 - 0.4
Bilirubin- Indirect	0.22	mg/dL	0.1 - 0.8
SGPT	17.0	IU/L	05 - 40
SGOT	11.0	IU/L	05 - 40
Alkaline Phosphatase	74	IU/L	Female : 42 -98 Child : 54 -369 Neo: 54-369
Total Proteins	6.5	gm/dl	6.0-8.0
Serum Albumin	4.2	gm/dl	3.2 -5.5
Serum Globulin	2.3	gm/dl	2.3 -3.5
A/G ratio	1.83		1.0 -2.3
GGTP	15		05 -50
Instrument Used	Fully Automated EM200 (TRANSASIA BIOMEDICALS)		

End of Report

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BIOCHEMISTRY

Test Name	Result	Unit	Reference Range
Blood Urea			
Blood Urea <small>UREASE-GLDH</small>	16	mg/dl	13 - 45
Blood Urea Nitrogen	7.47	mg/dl	10 - 20
Instrument Used	Fully Automated EM200 (TRANSASIA BIOMEDICALS)		
Serum Creatinine			
Serum Creatinine <small>JAFFE'S KINETIC</small>	0.8	mg/dl	0.4 - 1.4
Instrument Used	Fully Automated EM200 (TRANSASIA BIOMEDICALS)		
Serum Uric Acid			
Serum Uric Acid <small>URICASE</small>	3.8	mg/dl	2.5 to 7.2
Instrument Used	Fully Automated EM200 (TRANSASIA BIOMEDICALS)		

End of Report

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HAEMATOLOGY

Test Name	Result	Unit	Reference Range
Blood Group			
ABO Type	O		
Rh (D) Type	POSITIVE		

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S. V. Nadkarni

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HAEMATOLOGY

Test Name	Result	Unit	Reference Range
HAEMOGRAM ON CELL COUNTER			
HAEMOGLOBIN	12.9	gm/dl	12-16
RBC COUNT	4.2	mill/cmm	4.5 - 6.5
PACKED CELL VOLUME (PCV)	38	%	32 - 47
MCV	91.35	fL	82 - 98
MCH	31.01	pgms	27 - 33
MCHC	33.95	%	32 - 36
Total WBC count <i>Impedance Method</i>	7100	/cmm	4000- 11000
Differential Leucocytes Counts			
Neutrophil	65	%	50 - 70
Lymphocytes	30	%	20 - 40
Monocytes	02	%	00 - 12
Eosinophils	03	%	02 - 06
Basophils	00	%	00 - 01
Platelet Count <i>Impedance Method</i>	322000	/cmm	150000 - 450000
RBC Morphology	NORMOCYTIC & NORMOCHROMIC		
WBC Morphology	NO WBC ABNORMALITY SEEN		
Platelet Morphology	PLATELETS ARE ADEQUATE		
Peripheral Smear Examination	NEGATIVE FOR MALARIAL PARASITE		
E.S.R.	05		M : 0 mm to 7 mm F : 0 mm to 15 mm (by Wintrobe's)
Instrument Used	Fully Automated Biosystem Cell Counter ERBA H360		

End of Report

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SUNDAY CLOSED

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SUNDAY CLOSED

 **GPS Map Camera**

Pune, Maharashtra, India

Ecstasy, Late GA Kulkarni Path, Opp. Siddharth Tower, Kothrud,

Pune, Maharashtra 411038, India

Lat 18.500198°

Long 73.822265°

23/05/24 08:42 AM GMT +05:30



FOR COMPLETION BY EXAMINING DOCTOR (N=Normal A= Abnormal)

	N	A	(Leave blank if unassessed)
MEDICAL	✓		01. Eyes
	✓		02. Ears, Nose, Throat
	✓		03. Respiratory
HISTORY	✓		04. Cardiovascular
	✓		05. Gastro-Intestinal
PRESENT	✓		06. Genito-Urinary
	✓		07. Musculo-Skeletal
SYMPTOMS	✓		08. Nervous System
	✓		09. Skin & Allergies
	✓		10. Endocrine
			11. Other

Slight restriction of movement
Has difficulty getting up from a squatting position

PHYSICAL	✓		01. Eyes & Pupils
	✓		02. E.N.T.
	✓		03. Teeth & Mouth
	✓		04. Lungs & Chest
	✓		05. Cardiovascular Sys.
EXAMINATION			06. Abdo. Viscera
			07. Hernial Orifices
	✓		08. Genito - Urinary
			09. Musculo-Skeletal
	✓		10. Skin & Vericose Vns.
	✓		11. C.N.S.
			12. Other

H/S normal

Scar over abdo. on the right of umbilicus (Post. op. Scar of Hernia repair). Normal.
Morning stiffness + Mild restriction in initial movement.

Chest : Insp. 113 / Exp. 108 / Abd. 98 cm

Investigations: ECG Normal Blood group - 'O' Positive

Hb - 12.9 WBC - 7100 PLT - 322000, urea - 16, creat - 0.8 UA - 3.8
LFT - Billi (F) - 0.54 Billi (D) - 0.32 Billi (T) - 0.22 SGPT - 17 SGOT - 11 ALK - 74
Pro - 6.5, Alb - 4.2, Globu - 2.3 GGTP - 16 Lipid - chol - 232, TG - 186 HDL - 38
HbA1c - 5.1 TFT - T3 - 0.84 T4 - 8.68, TSH - 2.31 Urine @ Normal
BSL (F) - 82 BSL (P) - 91

HEIGHT	WEIGHT	BMI	B.P.	PULSE	HEARING	VISION	DISTANT	NEAR	COLOUR VISION	BLOOD GROUP
162 cm	71 kg	27 kg/m ²	110/80 mmHg	72 min	N	Uncorrected	6/6	6/6	6/6	6/6
						Corrected			N	O+

Assessment: HLA B27 +ve. Presently no symptoms/signs except for mild stiffness on initial movement in the mornings and on prolonged sitting.
Adv: CRP to check A/S status.
Nagyan

Dr. Vivekanand M. Nadkarni
M.B.B.S., D.T.M. & H. (Lon.), FCGP, MIOASH
MMC Reg. No. 42322
Physician
Health Care Clinic
Varun Complex, Nimbalkar Chowk,
Kothrud, Pune-411038

(Signature)
Dr. V.M. Nadkarni

► **Health Care Clinic**
Varun Complex, Office No. 1,
Near Swapnashilp Complex, Kothrud, Pune 411038.
Timing : 10.30 a.m. to 1.00 p.m.
4.30 pm to 6 pm (By Appt.)
Tel : 65003646, 2545 7347

► **Health Care Clinic**
7/1, Anand Nagar, Paud Road,
Kothrud, Pune 411038.
Timing : 9 a.m. to 10.30 a.m. & 6.00 p.m. to 8.30 p.m.
Tel. : 65003650 Mob.: 9970171939
E-mail : nadviv@yahoo.com

Dr. Vivekanand M. Nadkarni

M.B.B.S., D.T.M. & H. (Lon), FCGP, MIOSH (U.K.)

MMC Reg. No. 42322

Physician, Tropical & Family Medicine,
Occupational Health

MEDICAL EXAMINATION REPORT

No.:

Date: 23/05/24

Surname: Kshirsagar

^{Mrs.} Name: Narayani

Age: 39 yrs

Sex: Female

Birth Date: 05/04/1985

Address: Flat NO 14 Nirmal Residency
Arapuri soc. Paud Road Kothrud

Service in Bank (Union Bank of India)

Occupation:

Personal History:

Tobacco:

Alcohol:

Misc.:

Allergy:

Both Covid Vaccinations taken.

Immunization History:

① Cholecystectomy for Gallstones with
Umbilical Hernia repair (12/10/2023) @ Teenanath H. Normal recovery

② Detected HLA B27 positive. Occ. attacks of A. Spandya-
Last attack 8 yrs. Slight restriction of movement

आयकर विभाग
भारत सरकार
GOVT. OF INDIA
INCOME TAX DEPARTMENT
NARAYANI ABHISHEK KSHIRSAGAR
LAXMAN BHUJIBAL
 05/04/1985
 Permanent Account Number
AXHPB6138L

 Signature

 18072013

Narayani

Dr. Vivekanand M. Nadkarni
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 MMC Reg. No. 42322
 Physician
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 Kothrud, Pune-411038

Vivekanand

Feedback – Pre Policy Life Insurance Medical Checks

This is to confirm & certify that I have gone through the medical examination through Medical Center situated at HEALTH CARE CLINIC / Home Visit on 28/05/24 to complete the requisite medical formalities towards my application for life insurance from Insurance Company vide Proposal Form bearing no. 8083777792 dated

Varun Complex, of Karve Road, Kothrud, Pune-38
 I do confirm specifically that the following medical activities have been performed for me:

- | | | |
|--|---|-----------------------------|
| 1. Full Medical Report (Medical Questionnaire) | Yes <input checked="" type="checkbox"/> | No <input type="checkbox"/> |
| 2. Sample Collection | | |
| a. Blood | Yes <input checked="" type="checkbox"/> | No <input type="checkbox"/> |
| b. Urine | Yes <input checked="" type="checkbox"/> | No <input type="checkbox"/> |
| 3. Electro Cardio Gram (ECG) | Yes <input checked="" type="checkbox"/> | No <input type="checkbox"/> |
| 4. Treadmill Test (TMT) | Yes <input checked="" type="checkbox"/> | No <input type="checkbox"/> |

5. Others Chest X-ray & VSG Abd

I have furnished my ID Proof PAN bearing ID No. AXHPBG136L at the time of my medical.

Feedback Form

- Behavior and cooperation of staff

Reception/ Clinic/ Hospital Good Average Poor

Technician/ Doctors Good Average Poor

- Time Management

Good Average Poor

- Upkeep of hospital

Good Average Poor

- Technology & Skills

Good Average Poor

- Please remark if the medical check

procedure was satisfactory Yes No

(Medical Facility- Location; Facility Set-up, instruments, cleanliness; Process followed; etc. Also on the Medical Staff: Appearance; Technical Know-how; Behaviour etc.)

- If No please provide details or let us know of anything additional you would like to provide as comments and / or suggestions

.....

<p><u>Murugan</u> Signature of the Life to be Insured (Proposer in case of Life insured being minor)</p> <hr/> <p>Name of the Life to be Insured with date (Proposer (in case of Life insured being minor))</p>	<p style="text-align: center;"><u>M. Nadkarni</u> Signature of Visiting/Attending Doctor</p> <p style="text-align: center;">Dr. Vivekanand M. Nadkarni MB.B.S. D.T.M. & H. (Gen) FCGP MIOASH Visiting/Attending Doctor MMC Reg. No. <u>42322</u> Physician Health Care Clinic MC Registration No: <u>Varun Complex, Nimbalkar Chowk,</u> <u>Kothrud, Pune-411038</u></p> <hr/> <p>Doctor Stamp with date</p>
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