Suburbun Diagnostics - Lullanagar

Name: PARASKUMAR DOBARIA Date: 16-05-2024 Time: 09:46

Age: 39 **Gender:** M **Height:** 169 cms **Weight:** 87 Kg **ID:** 8569745632

Clinical History: NO

Medications: NO

Test Details:

Protocol: Bruce **Predicted Max HR:** 181 **Target HR:** 153 (85% of Pr. MHR)

Exercise Time: 0:05:04 **Achieved Max HR:** 166 (92% of Pr. MHR)

Max BP: 160/100 **Max BP x HR:** 26560 **Max Mets:** 5.9

Test Termination Criteria:

Protocol Details:

Stage Name	Stage Time	METS	Speed kmph	Grade %	Heart Rate bpm	BP mmHg	RPP	Max ST Level mm	Max ST Slope mV/s
Supine	00:07	1	0	0	85	140/80	11900	1.1 V2	0.7 V2
Standing	00:07	1	0	0	91	140/80	12740	1.2 V2	0.6 V2
HyperVentilation	00:06	1	0	0	85	140/80	11900	1.1 V2	0.7 V2
PreTest	00:07	1	1.6	0	85	140/80	11900	1.1 V2	0.7 V2
Stage: 1	03:00	4.7	2.7	10	140	146/84	20440	1.3 V2	1.6 V2
Peak Exercise	02:04	5.9	4	12	166	154/94	25564	1.2 V2	1.8 V2
Recovery1	01:00	1	0	0	135	160/100	21600	2.5 V2	2.6 V2
Recovery2	01:00	1	0	0	111	160/100	17760	1.5 V2	2.1 V2
Recovery3	01:00	1	0	0	100	160/100	16000	0.8 V2	1.1 V2
Recovery4	01:00	1	0	0	99	150/90	14850	0.7 V2	0.8 V2
Recovery5	00:58	1	0	0	92	140/80	12880	0.7 V2	0.7 V2

Interpretation

The Patient Exercised according to Bruce Protocol for 0:05:04 achieving a work level of 5.9 METS.
Resting Heart Rate, initially 85 bpm rose to a max. heart rate of 166bpm (92% of Predicted Maximum Heart Rate).
Resting Blood Pressure of 140/80 mmHg, rose to a maximum Blood Pressure of 160/100 mmHg
Good Effort Tolerance.
No Angina/Arrhythmia/Dysponea/significant ST T changes during test/recovery.
Stress Test is NEGATIVE for Inducible Myocardial Ischemia .
Disclaimer :
Negative Stress Test does not rule out Coronary Artery Diseases.
Positive Test is suggestive but not confirmatory of Coronary Artery Disease.
Hence clinical correlation is mandatory.

Ref. Doctor: UBI

Doctor: MILIND SHINDE

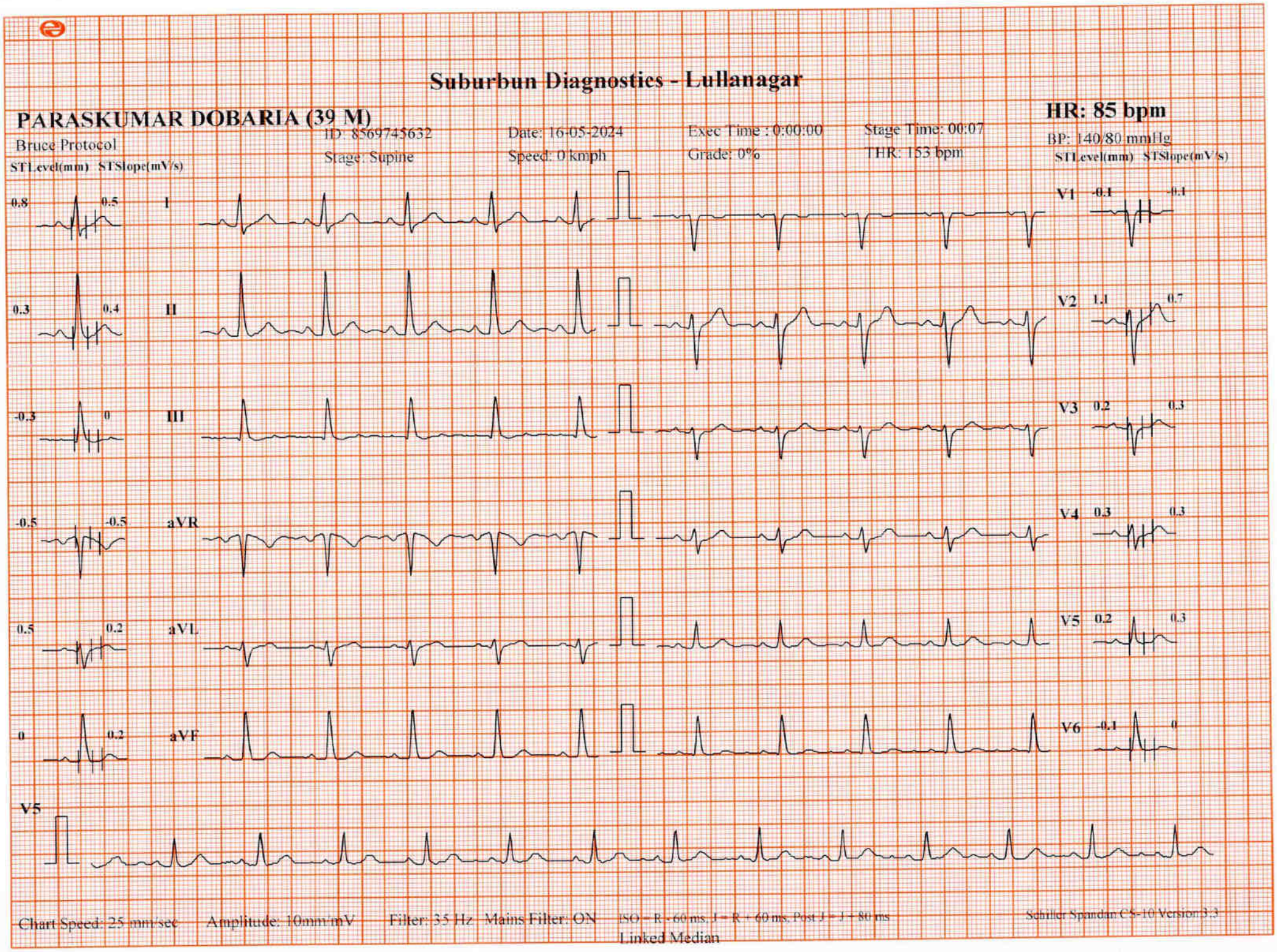
(Summary Report edited by User)

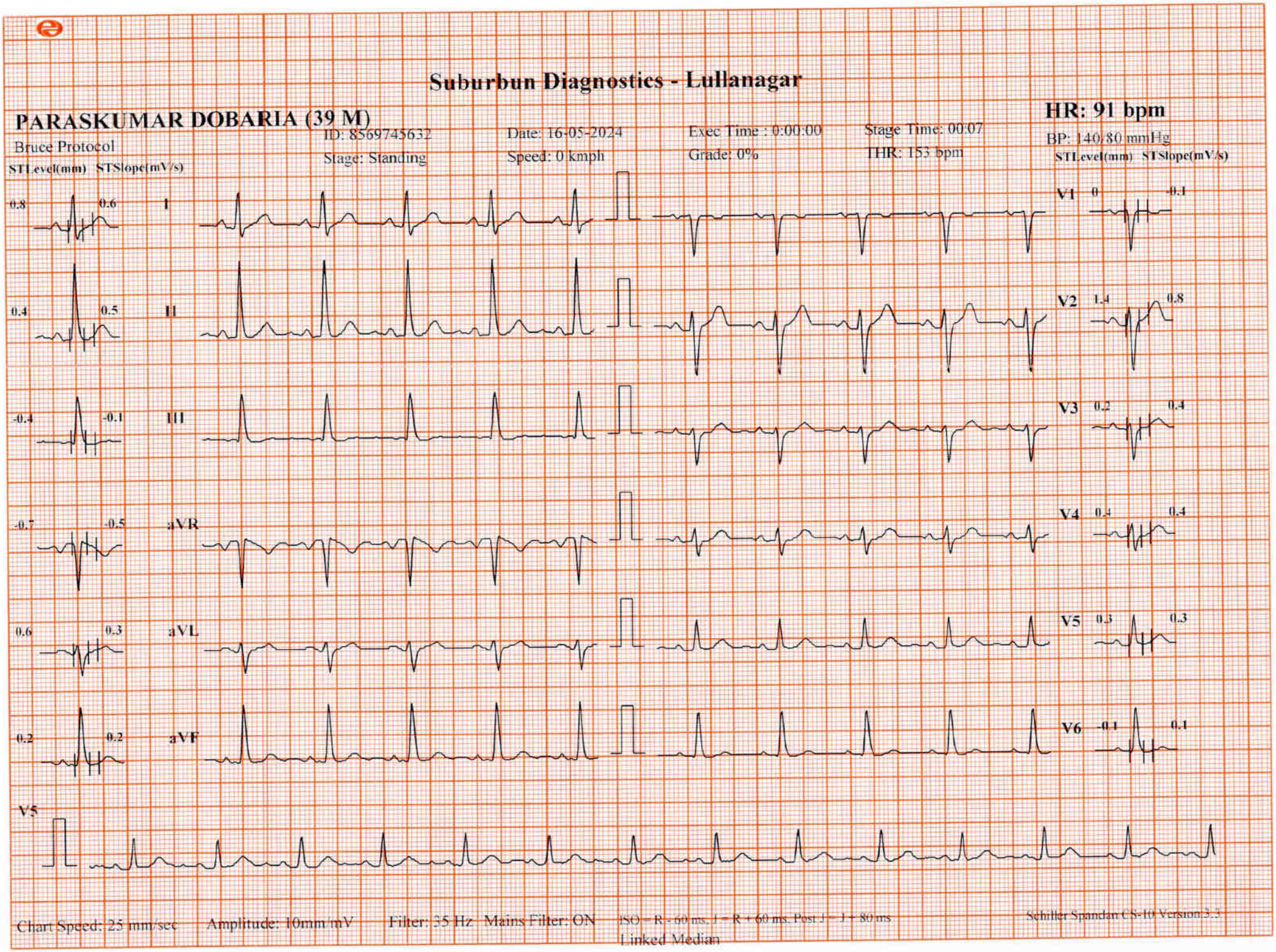
Spandan CS-10 Version:3.3.0

SCHILLER
The Art of Diagnostics

SUBURBAN DIAGNOSTIC (I) PVT. LTD. PUNE

Dr. MILIND SHINDE
MBBS, DNB Medicine
Reg. No. 2011/05/1544


Suburbun Diagnostics - Lullanagar
PARASKUMAR DOBARIA (39 M)
ID: 8569745632
Date: 16-05-2024
Exec Time : 0:00:00
Stage Time: 00:07
HR: 85 bpm
Bruce Protocol
Stage: Supine
Speed: 0 kmph
Grade: 0%
THR: 153 bpm
BP: 140/80 mmHg
STLevel(mm) STSlope(mV/s)
STLevel(mm) STSlope(mV/s)
0.8 0.5 I
0.3 0.4 II
-0.3 0 III
-0.5 -0.5 aVR
0.5 0.2 aVL
0 0.2 aVF
V5
V1 -0.1 -0.1
V2 1.1 0.7
V3 0.2 0.3
V4 0.3 0.3
V5 0.2 0.3
V6 -0.1 0
Chart Speed: 25 mm/sec
Amplitude: 10mm/mV
Filter: 35 Hz
Mains Filter: ON
ISO = R - 60 ms, J = R + 60 ms, Post J = J + 80 ms
Linked Median
Schiller Spandan CS-10 Version 3.3


Suburbun Diagnostics - Lullanagar
PARASKUMAR DOBARIA (39 M)
ID: 8569745632
Date: 16-05-2024
Exec Time : 0:00:00
Stage Time: 00:07
HR: 91 bpm
Bruce Protocol
Stage: Standing
Speed: 0 kmph
Grade: 0%
THR: 153 bpm
BP: 140/80 mmHg
STLevel(mm) STSlope(mV/s)
STLevel(mm) STSlope(mV/s)
0.8 0.6 I
0.4 0.5 II
-0.4 -0.1 III
-0.7 -0.5 aVR
0.6 0.3 aVL
0.2 0.2 aVF
V1 0 -0.1
V2 1.4 0.8
V3 0.2 0.4
V4 0.4 0.4
V5 0.3 0.3
V6 -0.1 0.1
V5
Chart Speed: 25 mm/sec
Amplitude: 10mm/mV
Filter: 35 Hz
Mains Filter: ON
ISO = R - 60 ms, J = R + 60 ms, Post J = J + 80 ms
Linked Median
Schiller Spandan CS-10 Version 2.3

Suburbun Diagnostics - Lullanagar

PARASKUMAR DOBARIA (39 M)

ID: 8569745632 | Date: 16-05-2024 | Exec Time : 0:00:00 | Stage Time: 00:06

Bruce Protocol | Stage: HyperVentilation | Speed: 0 kmph | Grade: 0% | THR: 153 bpm

HR: 85 bpm

BP: 140/80 mmHg

STLevel(mm)	STSlope(mV/s)		STLevel(mm)	STSlope(mV/s)
0.6	0.5	I	-0.1	0.1
0.4	0.4	II	1.1	0.7
-0.2	0	III	0.2	0.3
-0.3	-0.4	aVR	0.3	0.4
0.4	0.2	aVL	0.3	0.3
0.1	0.2	aVF	-0.1	0.1
V5				

V1 V2 V3 V4 V5 V6

Chart Speed: 25 mm/sec | Amplitude: 10mm/mV | Filter: 35 Hz | Mains Filter: ON | ISO = R - 60 ms, J = R + 60 ms, Post J = J + 80 ms

Linked Median

Schiller Spandan CS-10 Version 3.3

Suburbun Diagnostics - Lullanagar

PARASKUMAR DOBARIA (39 M)

ID: 8569745632 | Date: 16-05-2024 | Exec Time : 0:00:00 | Stage Time: 00:07

Bruce Protocol | Stage: PreTest | Speed: 1.6 kmph | Grade: 0% | THR: 153 bpm

HR: 85 bpm

BP: 140/80 mmHg

STLevel(mm) STSlope(mV/s)

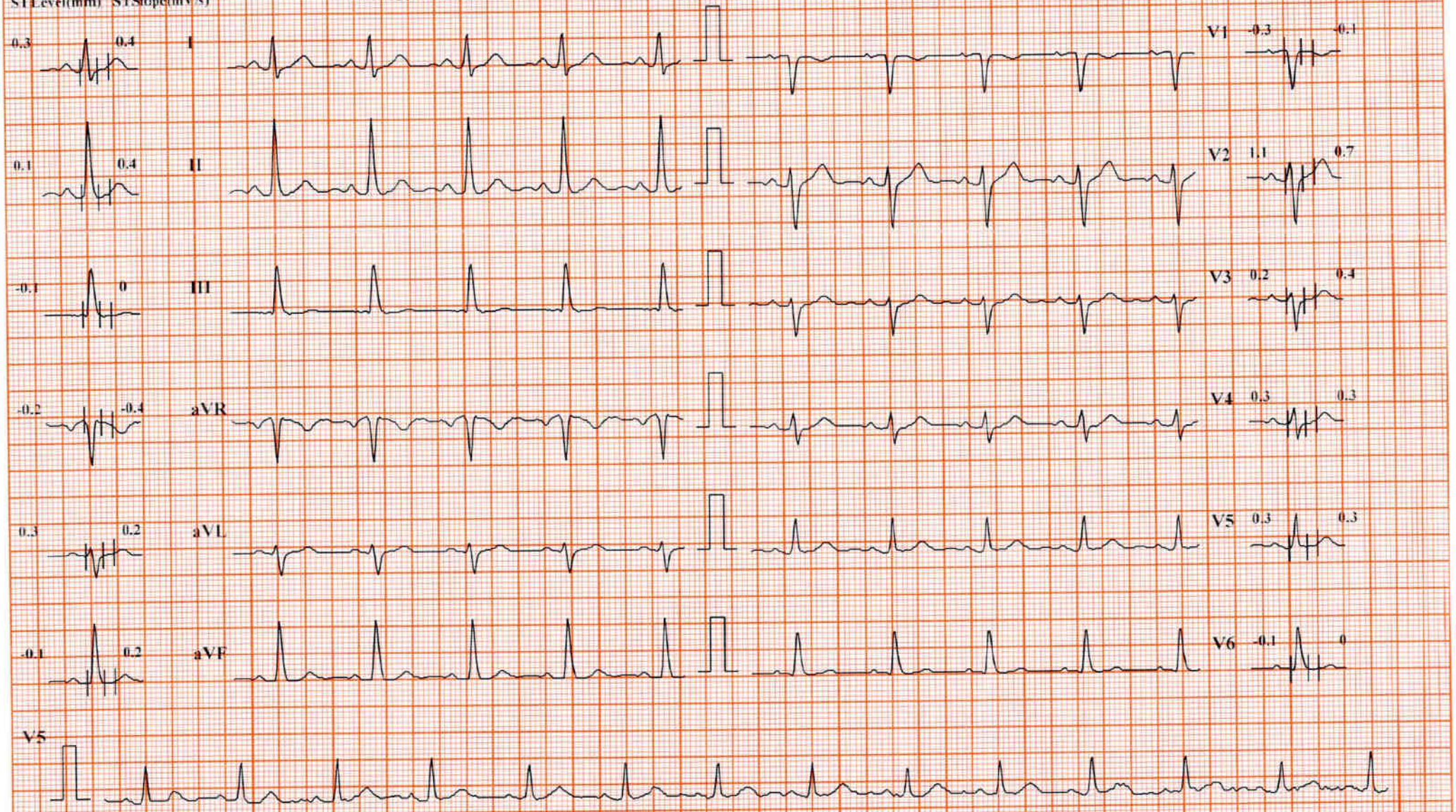


Chart Speed: 25 mm/sec Amplitude: 10mm/mV Filter: 35 Hz Mains Filter: ON ISO = R - 60 ms, J = R + 60 ms, Post J = J + 80 ms

Linked Median

Schiller Spandan CS-10 Version 3.3

Suburbun Diagnostics - Lullanagar

PARASKUMAR DOBARIA (39 M)

ID: 8569745632

Date: 16-05-2024

Exec Time : 0:05:00

Stage Time: 03:00

HR: 140 bpm

Bruce Protocol

Stage: 1

Speed: 2.7 kmph

Grade: 10%

THR: 153 bpm

BP: 146/84 mmHg

STLevel(mm) STSlope(mV/s)

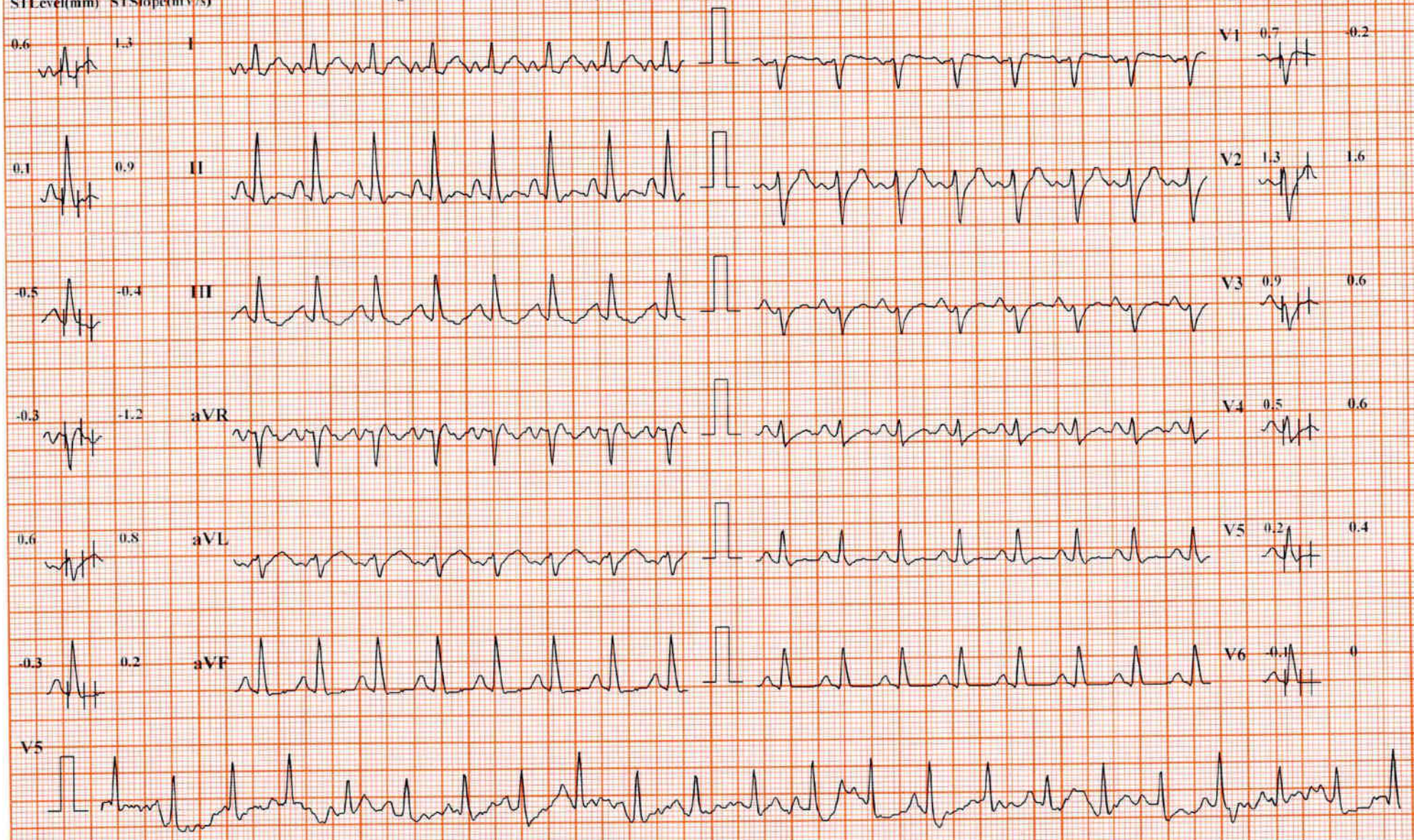


Chart Speed: 25 mm/sec Amplitude: 10mm/mV Filter: 35 Hz Mains Filter: ON ISO = R - 60 ms, J = R + 60 ms, Post J = J + 80 ms

Linked Median

Schiller Spandan CS-10 Version 3.3

Suburbun Diagnostics - Lullanagar

PARASKUMAR DOBARIA (39 M)

ID: 8569745632 | Date: 16-05-2024 | Exec Time : 0:05:04 | Stage Time: 02:04

Bruce Protocol | Stage: Peak Exercise | Speed: 4 kmph | Grade: 12% | THR: 153 bpm

HR: 166 bpm

BP: 154/94 mmHg

STLevel(mm)	STSlope(mV/s)		STLevel(mm)	STSlope(mV/s)
0.6	1.2	I	V1 0.4	-0.4
0.3	1.1	II	V2 1.2	1.8
-0.3	-0.2	III	V3 0.8	0.7
-0.5	-1.2	aVR	V4 0.2	0.9
0.4	0.7	aVL	V5 -0.1	0.4
0	0.4	aVF	V6 -0.3	0.1

V5

Chart Speed: 25 mm/sec Amplitude: 10mm/mV Filter: 35 Hz Mains Filter: ON ISO = R - 60 ms, J = R + 60 ms, Post J = J + 80 ms

Linked Median

Schiller Spandan CS-10 Version 3.3

Suburbun Diagnostics - Lullanagar

PARASKUMAR DOBARIA (39 M)

ID: 8569745632 | Date: 16-05-2024 | Exec Time : 0:06:04 | Stage Time: 01:00

Bruce Protocol | Stage: Recovery1 | Speed: 0 kmph | Grade: 0% | THR: 153 bpm

HR: 135 bpm

BP: 160/100 mmHg

	STLevel(mm)	STSlope(mV/s)
I	1	1.7
II	0.8	1.7
III	-0.3	0
aVR	-0.8	-1.7
aVL	0.7	0.8
aVF	0.2	0.9
V1	0.2	-0.2
V2	2.5	2.6
V3	1.4	1.7
V4	1.5	1.9
V5	0.8	1.2
V6	0	0.1

V5

Chart Speed: 25 mm/sec Amplitude: 10mm/mV Filter: 35 Hz Mains Filter: ON ISO = R - 60 ms, J = R + 60 ms, Post J = J + 80 ms

Linked Median

Schiller Spandan CS-10 Version:3.3

Suburbun Diagnostics - Lullanagar

PARASKUMAR DOBARIA (39 M)

ID: 8569745632 | Date: 16-05-2024 | Exec Time : 0:07:04 | Stage Time: 01:00

Bruce Protocol | Stage: Recovery2 | Speed: 0 kmph | Grade: 0% | THR: 153 bpm

HR: 111 bpm

BP: 160/100 mmHg

STLevel(mm) STSlope(mV/s)

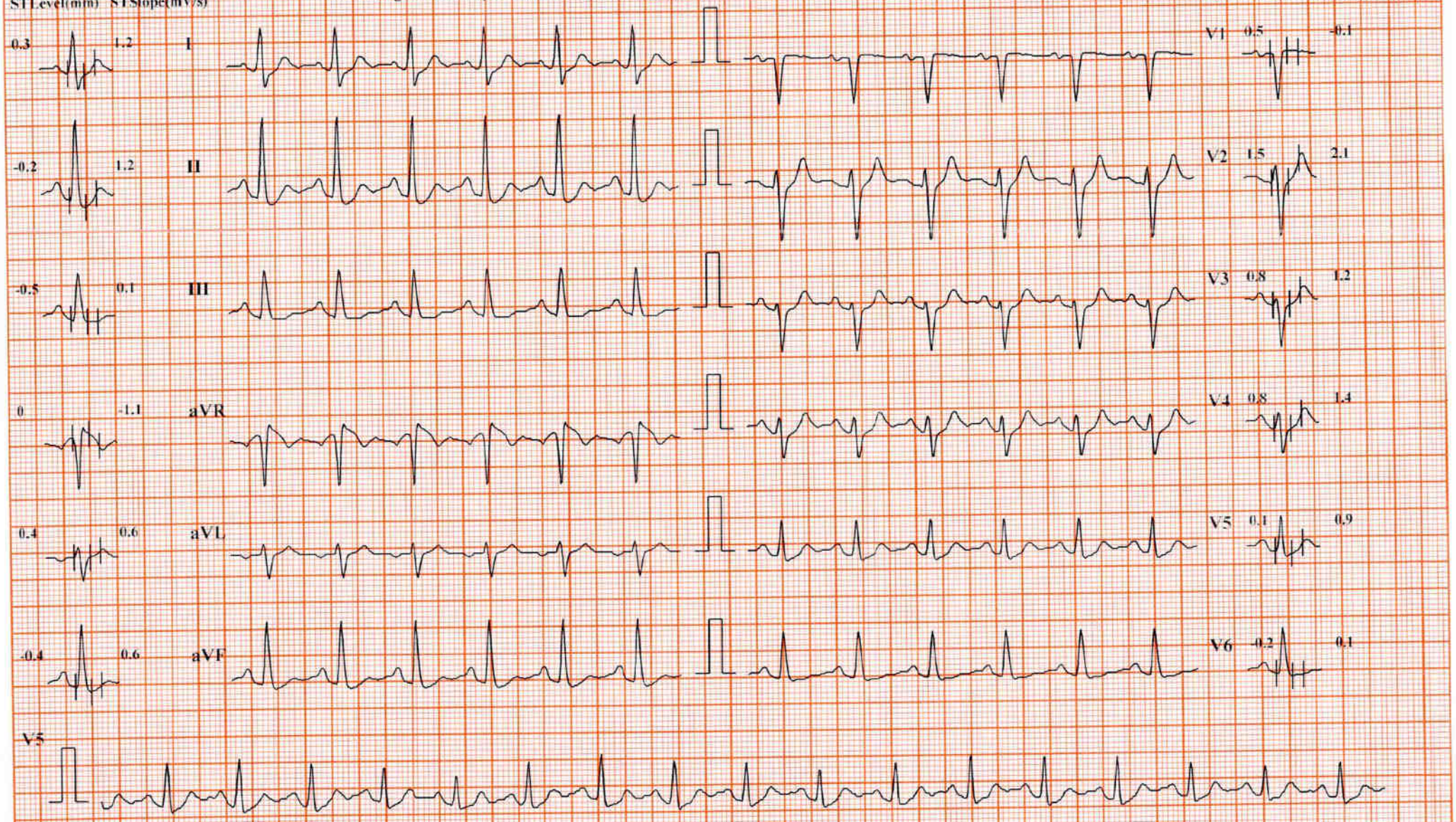


Chart Speed: 25 mm/sec Amplitude: 10mm/mV Filter: 35 Hz Mains Filter: ON ISO = R - 60 ms, J = R + 60 ms, Post J = J + 80 ms

Linked Median

Schiller Spandan CS-10 Version:3.3

Suburbun Diagnostics - Lullanagar

PARASKUMAR DOBARIA (39 M)

HR: 100 bpm

Bruce Protocol

ID: 8569745632 | Date: 16-05-2024 | Exec Time : 0:08:04 | Stage Time: 01:00

Stage: Recovery3 | Speed: 0 kmph | Grade: 0% | THR: 153 bpm

BP: 160/100 mmHg

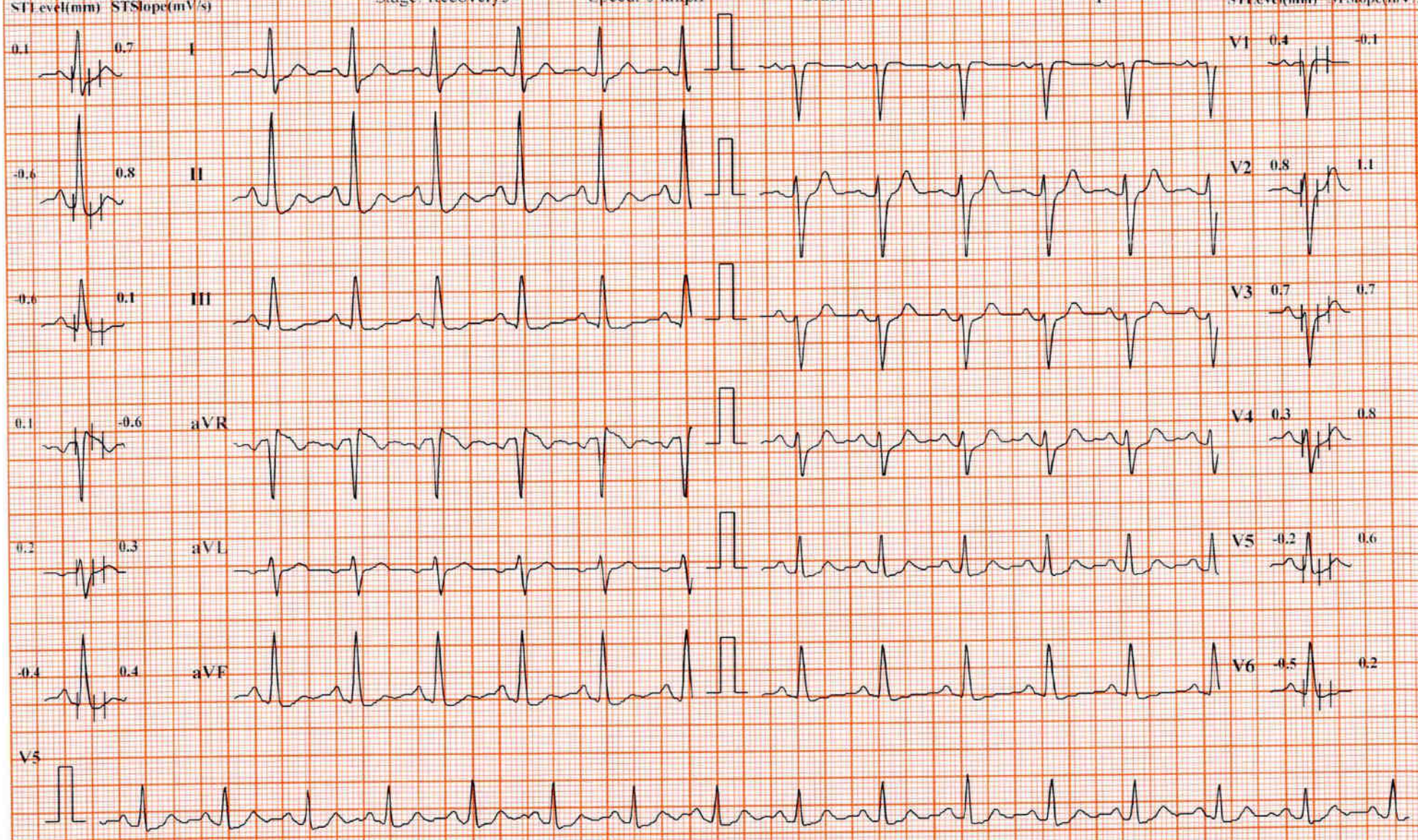


Chart Speed: 25 mm/sec Amplitude: 10mm/mV Filter: 35 Hz Mains Filter: ON ISO = R - 60 ms, J = R + 60 ms, Post J = J + 80 ms Linked Median

Schiller Spandan CS-10 Version 3.3

Suburbun Diagnostics - Lullanagar

PARASKUMAR DOBARIA (39 M)

ID: 8569745632 | Date: 16-05-2024 | Exec Time : 0:09:04 | Stage Time: 01:00

Bruce Protocol | Stage: Recovery4 | Speed: 0 kmph | Grade: 0% | THR: 153 bpm

HR: 99 bpm

BP: 150/90 mmHg

STLevel(mm) STSlope(mV/s)

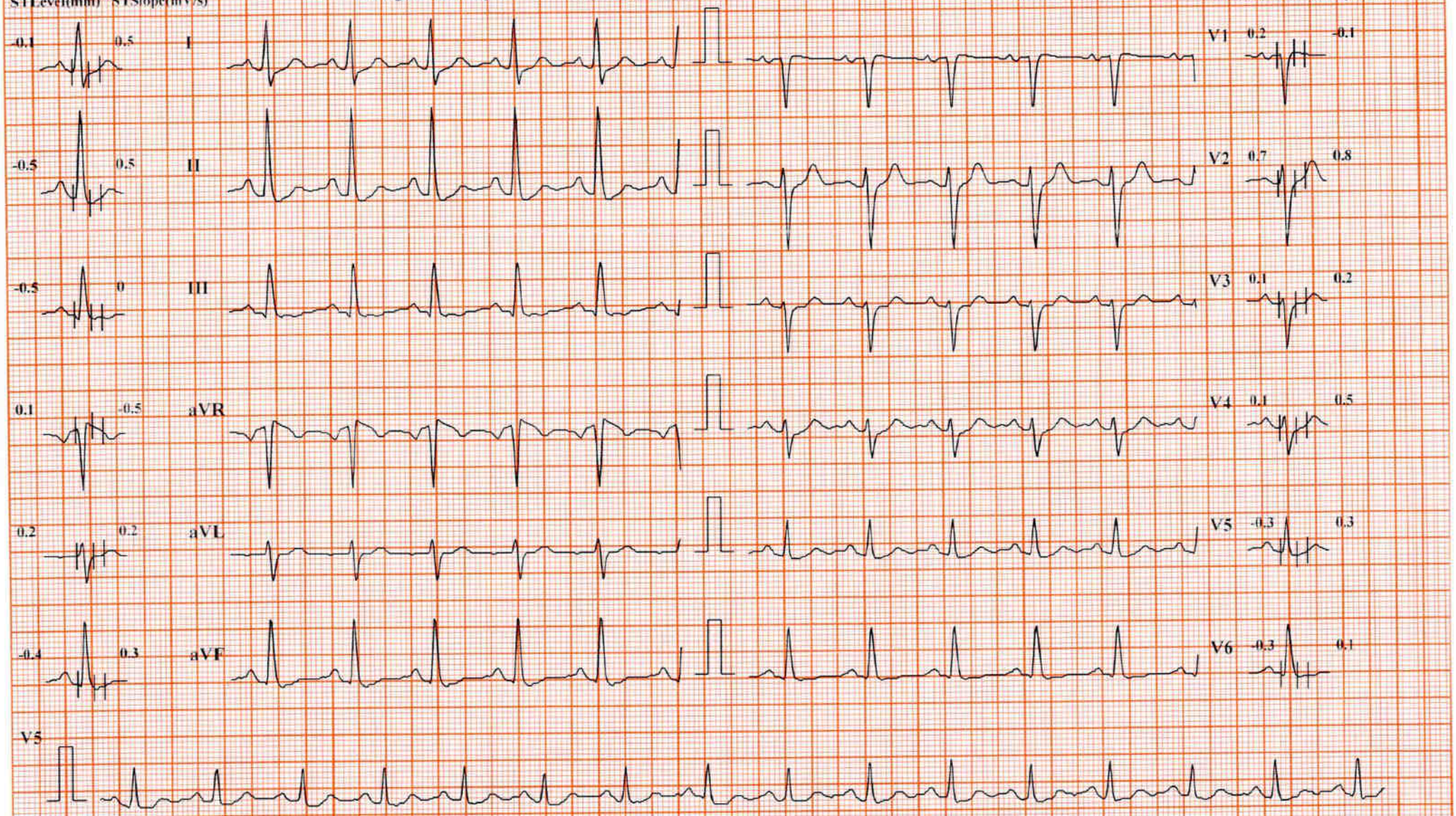


Chart Speed: 25 mm/sec Amplitude: 10mm/mV Filter: 35 Hz Mains Filter: ON ISO = R - 60 ms, J = R + 60 ms, Post J = J + 80 ms Linked Median

Schiller Spandan CS-10 Version:3.3

Suburbun Diagnostics - Lullanagar

PARASKUMAR DOBARIA (39 M)

ID: 8569745632 | Date: 16-05-2024 | Exec Time : 0:10:02 | Stage Time: 00:58

Bruce Protocol | Stage: Recovery5 | Speed: 0 kmph | Grade: 0% | THR: 153 bpm

HR: 92 bpm

BP: 140/80 mmHg

STLevel(mm)	STSlope(mV/s)		STLevel(mm)	STSlope(mV/s)
0.1	0.4	I	0.2	-0.1
-0.2	0.4	II	0.7	0.7
-0.5	-0.1	III	0.3	0.4
0.1	-0.4	aVR	0.2	0.5
0.3	0.2	aVL	0.1	0.3
-0.4	0.1	aVF	-0.2	0
		V5		

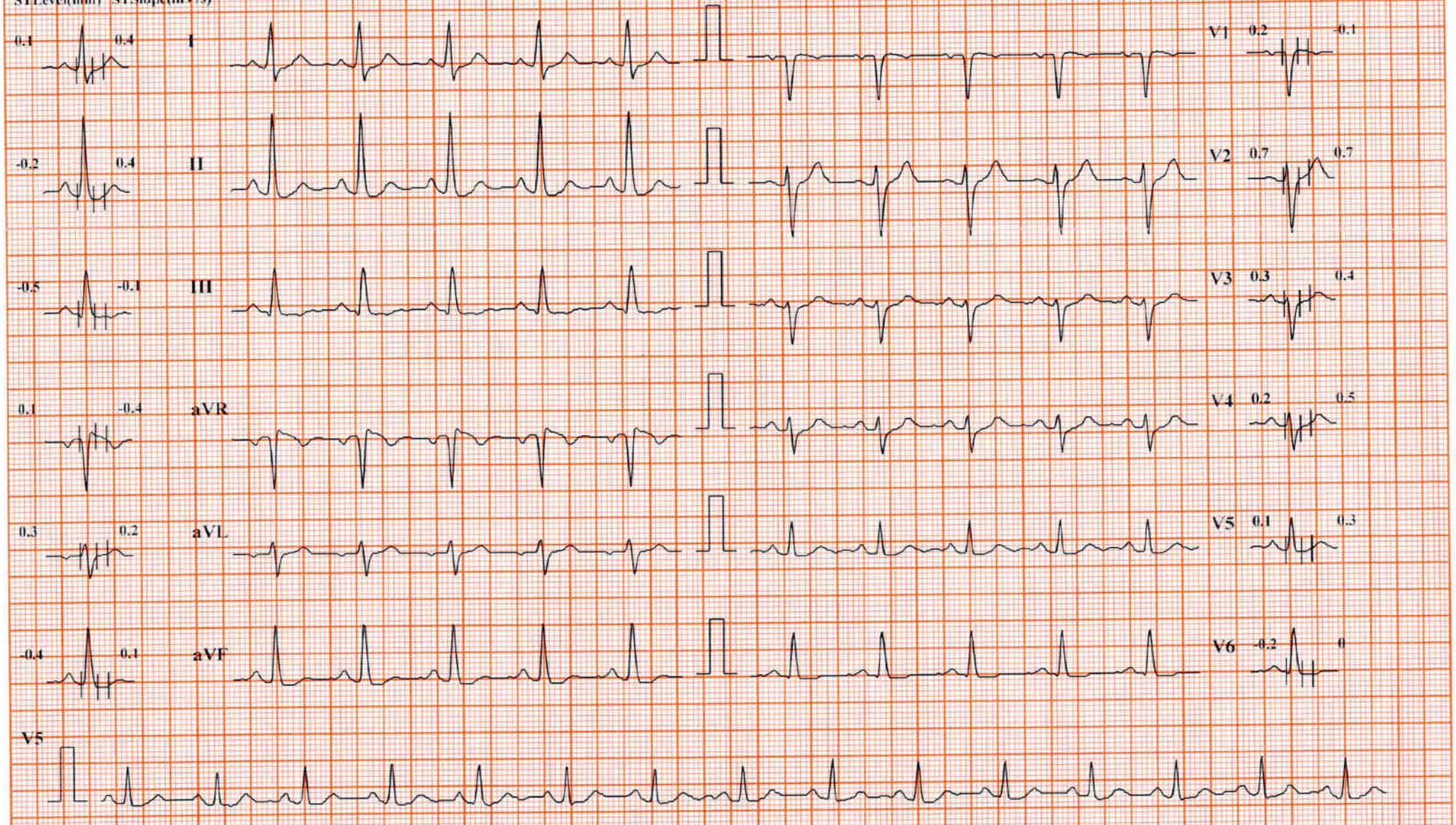


Chart Speed: 25 mm/sec Amplitude: 10mm/mV Filter: 35 Hz Mains Filter: ON ISO = R - 60 ms, J = R + 60 ms, Post J = J + 80 ms Schiller Spandan CS-10 Version 3.3

Linked Median

SUBURBAN DIAGNOSTICS
PRECISION TESTING · HEALTHY LIVING

GID# 2413711619

REPORT

Name : MR.PARASKUMAR DOBARIA
Age / Gender : 38 Years/Male
Consulting Dr. :
Reg.Location : Lulla Nagar, Pune (Main Centre)

Collected : 16-May-2024 / 10:48
Reported : 16-May-2024 / 12:18

PHYSICAL EXAMINATION REPORT

History and Complaints:

No

EXAMINATION FINDINGS:

Height (cms):169
Weight (kg):87
Temp (0c): Afebrile
Skin: Normal
Blood Pressure (mm/hg):140/80
Nails: Healthy
Pulse:76/min
Lymph Node: Not Palpable

Systems

Cardiovascular: S1,S2 Normal No Murmurs
Respiratory: Air Entry Bilaterally Equal
Genitourinary: Normal
GI System: Soft non tender No Organomegaly
CNS: Normal

CHIEF COMPLAINTS:

1)	**Hypertension:**	No
2)	**IHD:**	No
3)	**Arrhythmia:**	No
4)	**Diabetes Mellitus :**	No
5)	**Tuberculosis :**	No
6)	**Asthama:**	No
7)	**Pulmonary Disease :**	No
8)	**Thyroid/ Endocrine disorders :**	No
9)	**Nervous disorders :**	No
10)	**GI system :**	No
11)	**Genital urinary disorder :**	No

SUBURBAN DIAGNOSTICS
PRECISION TESTING · HEALTHIER LIVES

CID# 2413711619

REPORT

Name	: MR.PARASKUMAR DOBARIA		
Age / Gender	: 38 Years/Male		
Consulting Dr.	:	Collected	: 16-May-2024 / 10:48
Reg.Location	: Lulla Nagar, Pune (Main Centre)	Reported	: 16-May-2024 / 12:18

12)	**Rheumatic joint diseases or symptoms :**	No
13)	**Blood disease or disorder :**	No
14)	**Cancer/lump growth/cyst :**	No
15)	**Congenital disease :**	No
16)	**Surgeries :**	No

PERSONAL HISTORY:

1)	**Alcohol**	Occasional
2)	**Smoking**	2 cig/day since 2-3 years
3)	**Diet**	Veg
4)	**Medication**	No

*** End Of Report ***

Dr.Milind Shinde
MBBS, DNB, Consuling Physician,
Diabetologist & Echocardiologist

BSL (F) : 123

BSL PP : 160

Urine ~~Fat~~ : Sugar ++

Sugar PP

USG ATP: Grade (I) Fatty liver

Ref to primary physician

SUBURBAN DIAGNOSTIC (I) PVT. LTD. PUNE

Dr. MILIND SHINDE
MBBS, DNB Medicine
Reg. No. 2011/05/1546

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HEALTHLINE: 022-6170-0000 | E-MAIL: - customerservice@suburbandiagnostics.com | www.suburbandiagnostics.com

SUBURBAN DIAGNOSTICS
PRECISE TESTING · HEALTHIER LIVING

REPORT

Date:- 16/05/2024 CID: 2413711619

Name:- Mr. Paraskumar Dobaria Sex / Age: M / 38 Years.

EYE CHECK UP

Chief complaints: Nil

Systemic Diseases: NO

Past history: NO.

Unaided Vision:

Aided Vision:

Refraction:

	(Right Eye)				(Left Eye)			
	Sph	Cyl	Axis	Vn	Sph	Cyl	Axis	Vn
Distance	—			6/6	—			6/6
Near	—			N/6	—			N/6

Colour Vision: Normal / Abnormal

Remark:

Dr. MILIND SHINDE
MBBS, DNB Medicine
Reg. No. 2011/05/1544

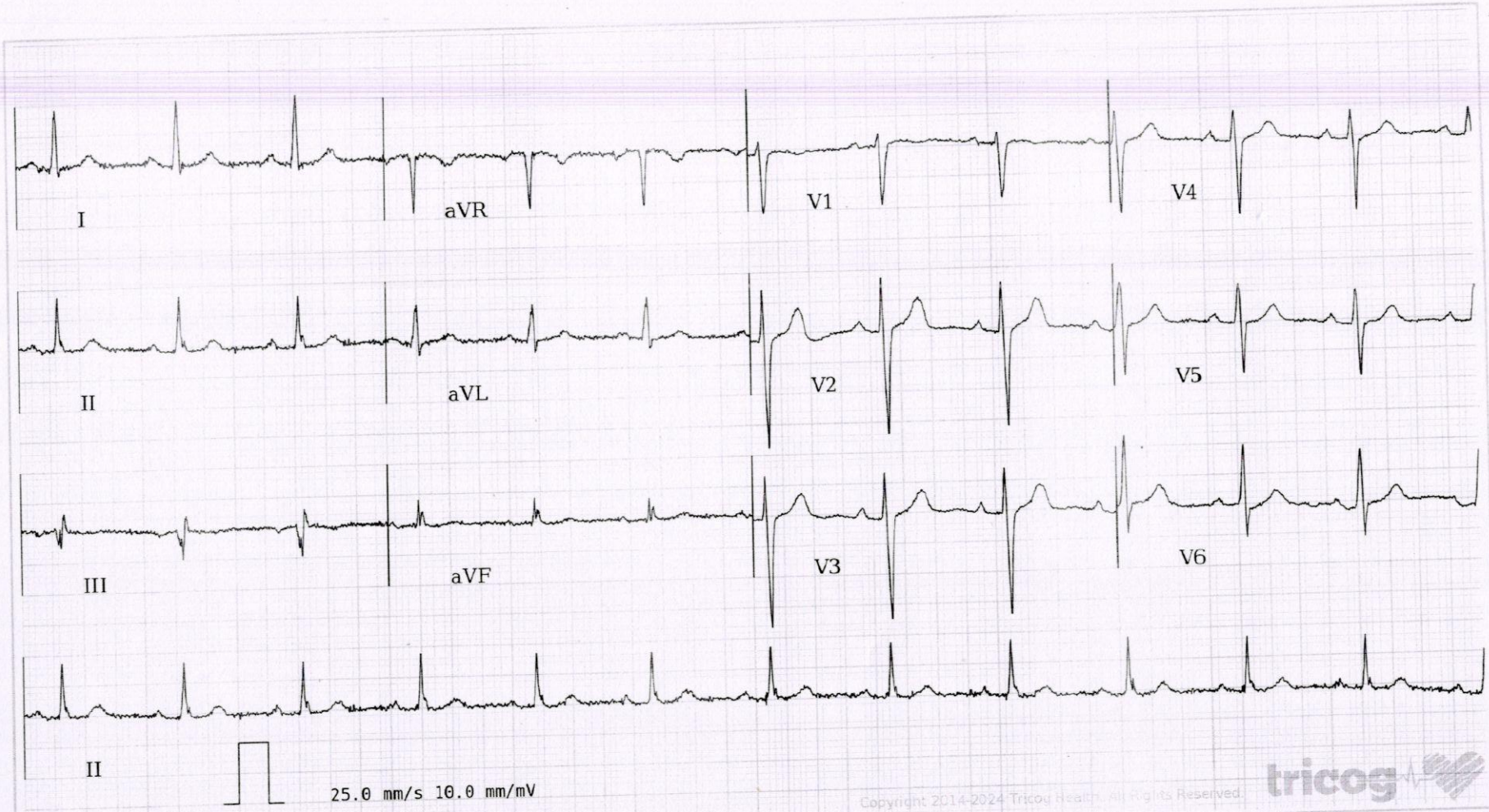
SUBURBAN DIAGNOSTIC (I) PVT. LTD. PUNE

SUBURBAN DIAGNOSTICS - LULLANAGAR, PUNE

SUBURBAN DIAGNOSTICS
PRECISE TESTING - HEALTHIER LIVING

Patient Name: PARASKUMAR DOBARIA
Patient ID: 2413711619

Date and Time: 16th May 24 9:22 AM



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Age	38 years	NA months	NA days

Gender **Male**

Heart Rate **77bpm**

Patient Vitals

BP:	140/80 mmHg
Weight:	87 kg
Height:	169 cm
Pulse:	NA
Spo2:	NA
Resp:	NA
Others:	

Measurements

QRSD:	84ms
QT:	356ms
QTcB:	402ms
PR:	182ms
P-R-T:	40° 23° 13°

ECG Within Normal Limits: SINUS RHYTHM. Please correlate clinically.

REPORTED BY

SUBURBAN DIAGNOSTIC (I) PVT. LTD. PUNE

Dr.Milind Shinde
MBBS, DNB Medicine
2011/05/1544

Disclaimer: 1) Analysis in this report is based on ECG alone and should be used as an adjunct to clinical history, symptoms, and results of other invasive and non-invasive tests and must be interpreted by a qualified physician. 2) Patient vitals are as entered by the clinician and not derived from the ECG.

SUBURBAN DIAGNOSTICS
PRECISE TESTING · HEALTHIER LIVING

REPORT

Authenticity Check
<<QRCode>>

CID	**: 2413711619**		
Name	**: Mr PARASKUMAR DOBARIA**		
Age / Sex	**: 38 Years/Male**	Use a QR Code Scanner Application To Scan the Code	
Ref. Dr	**:**	**Reg. Date**	**: 16-May-2024**
Reg. Location	**: Lulla Nagar, Pune Main Centre**	**Reported**	**: 16-May-2024 / 10:59**

USG (ABDOMEN + PELVIS)

LIVER :The liver is normal in size, shape and smooth margins. **It shows raised parenchymal echo pattern.** The intra hepatic biliary and portal radical appear normal. No evidence of any intra hepatic cystic or solid lesion seen.The main portal vein and CBD appears normal.

GALL BLADDER :The gall bladder is physiologically distended. The visualized gall bladder appears normal. No evidence of pericholecystic fluid is seen.

PANCREAS :The pancreas is well visualised and appears normal.No evidence of solid or cystic mass lesion is noted.

KIDNEYS :Both the kidneys are normal in size, shape and echotexture.
No evidence of any calculus,hydronephrosis or mass lesion seen.

SPLEEN :The spleen is normal in size, shape and echotexture.No evidence of focal lesion is noted.

URINARY BLADDER :The urinary bladder is well distended.It shows thin walls and sharp mucosa.
No evidence of calculus is noted.No mass or diverticulum is seen.

PROSTATE :The prostate is normal in size and echotexture.

Visualized small bowel loops appear non-dilated. Gaseous distension of large bowel loops.
There is no evidence of any lymphadenopathy or ascitis.

IMPRESSION :

- **Grade I fatty liver.**

Advice - Clinical and lab correlation.

----------**End of Report**----------

DR. **ANUPRIYA BATRA**
MD Radiology
Reg. No. 2021/12/8725

Click here to view images <<ImageLink>>

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HEALTHLINE: 022-6170-0000 | **E-MAIL:** - customerservice@suburbandiagnostics.com | **www.suburbandiagnostics.com**

SUBURBAN DIAGNOSTICS
PRECISE TESTING · HEALTHIER LIVING

REPORT

Authenticity Check
<<QRCode>>

CID	: 2413711619		
Name	: Mr PARASKUMAR DOBARIA		
Age / Sex	: 38 Years/Male	Use a QR Code Scanner Application To Scan the Code	
Ref. Dr	:	**Reg. Date**	: 16-May-2024
Reg. Location	: Lulla Nagar, Pune Main Centre	**Reported**	: 16-May-2024 / 12:12

X-RAY CHEST PA VIEW

Both lung fields are clear.

Both costo-phrenic angles are clear.

The cardiac size and shape are within normal limits.

The domes of diaphragm are normal in position and outlines.

The skeleton under review appears normal.

IMPRESSION:

No significant abnormality is detected.

----------End of Report----------

DR. **ANUPRIYA BATRA**
MD Radiology
Reg. No. 2021/12/8725

Click here to view images <<ImageLink>>

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SUBURBAN DIAGNOSTICS
PRECISE TESTING • HEALTHIER LIVING

Authenticity Check

Use a QR Code Scanner Application To Scan the Code

REPORT

CID	: 2413711619		
Name	: MR.PARASKUMAR DOBARIA		
Age / Gender	: 38 Years / Male		
Consulting Dr.	: -	**Collected**	: 16-May-2024 / 11:52
Reg. Location	: Lulla Nagar, Pune (Main Centre)	**Reported**	: 16-May-2024 / 14:42

MEDIWHEEL FULL BODY HEALTH CHECKUP MALE ABOVE 40/2D ECHO

CBC (Complete Blood Count), Blood

PARAMETER	RESULTS	BIOLOGICAL REF RANGE	METHOD
RBC PARAMETERS			
Haemoglobin	15.7	13.0-17.0 g/dL	Spectrophotometric
RBC	5.26	4.5-5.5 mil/cmm	Elect. Impedance
PCV	46.3	40-50 %	Calculated
MCV	88	80-100 fl	Calculated
MCH	29.8	27-32 pg	Calculated
MCHC	33.8	31.5-34.5 g/dL	Calculated
RDW	13.2	11.6-14.0 %	Calculated
WBC PARAMETERS			
WBC Total Count	7600	4000-10000 /cmm	Elect. Impedance
WBC DIFFERENTIAL AND ABSOLUTE COUNTS			
Lymphocytes	30.3	20-40 %	
Absolute Lymphocytes	2302.8	1000-3000 /cmm	Calculated
Monocytes	5.6	2-10 %	
Absolute Monocytes	425.6	200-1000 /cmm	Calculated
Neutrophils	62.4	40-80 %	
Absolute Neutrophils	4742.4	2000-7000 /cmm	Calculated
Eosinophils	1.7	1-6 %	
Absolute Eosinophils	129.2	20-500 /cmm	Calculated
Basophils	**0.0**	0.1-2 %	
Absolute Basophils	**0.0**	20-100 /cmm	Calculated
Immature Leukocytes	-		

WBC Differential Count by Absorbance & Impedance method/Microscopy.

PLATELET PARAMETERS			
Platelet Count	373000	150000-400000 /cmm	Elect. Impedance
MPV	7.9	6-11 fl	Calculated
PDW	13.5	11-18 %	Calculated
RBC MORPHOLOGY			
Hypochromia	-		
Microcytosis	-		

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CID	: 2413711619		
Name	: MR.PARASKUMAR DOBARIA		
Age / Gender	: 38 Years / Male		
Consulting Dr.	: -	**Collected**	: 16-May-2024 / 11:52
Reg. Location	: Lulla Nagar, Pune (Main Centre)	**Reported**	: 16-May-2024 / 15:46

Macrocytosis	-
Anisocytosis	-
Poikilocytosis	-
Polychromasia	-
Target Cells	-
Basophilic Stippling	-
Normoblasts	-
Others	Normocytic,Normochromic
WBC MORPHOLOGY	-
PLATELET MORPHOLOGY	-
COMMENT	-

Specimen: EDTA Whole Blood

ESR, EDTA WB-ESR	6	2-15 mm at 1 hr.	Sedimentation

Clinical Significance: The erythrocyte sedimentation rate (ESR), also called a sedimentation rate is the rate red blood cells sediment in a period of time.

Interpretation:
Factors that increase ESR: Old age, Pregnancy,Anemia
Factors that decrease ESR: Extreme leukocytosis, Polycythemia, Red cell abnormalities- Sickle cell disease

Limitations:

- It is a non-specific measure of inflammation.
- The use of the ESR as a screening test in asymptomatic persons is limited by its low sensitivity and specificity.

Reflex Test: C-Reactive Protein (CRP) is the recommended test in acute inflammatory conditions.

Reference:

- Pack Insert
- Brigden ML. Clinical utility of the erythrocyte sedimentation rate. American family physician. 1999 Oct 1;60(5):1443-50.

*Sample processed at SUBURBAN DIAGNOSTICS (INDIA) PVT. LTD Pune Lab, Pune Swargate

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ilac-MRA

MC-2463

Dr.CHANDRAKANT PAWAR
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Pathologist

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REPORT

CID	: 2413711619		
Name	: MR.PARASKUMAR DOBARIA		
Age / Gender	: 38 Years / Male		
Consulting Dr.	: -	**Collected**	: 16-May-2024 / 12:18
Reg. Location	: Lulla Nagar, Pune (Main Centre)	**Reported**	: 16-May-2024 / 15:21

MEDIWHEEL FULL BODY HEALTH CHECKUP MALE ABOVE 40/2D ECHO

PARAMETER	RESULTS	BIOLOGICAL REF RANGE	METHOD
GLUCOSE (SUGAR) FASTING, Fluoride Plasma Fasting	123	Non-Diabetic: < 100 mg/dl Impaired Fasting Glucose: 100-125 mg/dl Diabetic: >/= 126 mg/dl	Hexokinase
GLUCOSE (SUGAR) PP, Fluoride Plasma PP	160.1	Non-Diabetic: < 140 mg/dl Impaired Glucose Tolerance: 140-199 mg/dl Diabetic: >/= 200 mg/dl	Hexokinase
Urine Sugar (Fasting)	Absent	Absent	
Urine Ketones (Fasting)	Absent	Absent	
Urine Sugar (PP)	**Present (++)**	Absent	
Urine Ketones (PP)	Absent	Absent	

*Sample processed at SUBURBAN DIAGNOSTICS (INDIA) PVT. LTD Pune Lab, Pune Swargate

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REPORT

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Age / Gender	: 38 Years / Male		
Consulting Dr.	: -	**Collected**	: 16-May-2024 / 11:52
Reg. Location	: Lulla Nagar, Pune (Main Centre)	**Reported**	: 16-May-2024 / 14:20

MEDIWHEEL FULL BODY HEALTH CHECKUP MALE ABOVE 40/2D ECHO

KIDNEY FUNCTION TESTS

PARAMETER	RESULTS	BIOLOGICAL REF RANGE	METHOD
BLOOD UREA, Serum	19.0	12.8-42.8 mg/dl	Kinetic
BUN, Serum	8.9	6-20 mg/dl	Calculated
CREATININE, Serum	0.92	0.67-1.17 mg/dl	Enzymatic
eGFR, Serum	109	(ml/min/1.73sqm) Normal or High: Above 90 Mild decrease: 60-89 Mild to moderate decrease: 45-59 Moderate to severe decrease:30-44 Severe decrease: 15-29 Kidney failure:<15	Calculated

Note: eGFR estimation is calculated using 2021 CKD-EPI GFR equation w.e.f 16-08-2023

TOTAL PROTEINS, Serum	7.6	6.4-8.3 g/dL	Biuret
ALBUMIN, Serum	4.4	3.5-5.2 g/dL	BCG
GLOBULIN, Serum	3.2	2.3-3.5 g/dL	Calculated
A/G RATIO, Serum	1.4	1 - 2	Calculated
URIC ACID, Serum	5.4	3.5-7.2 mg/dl	Enzymatic
PHOSPHORUS, Serum	3.3	2.7-4.5 mg/dl	Molybdate UV
CALCIUM, Serum	**8.0**	8.6-10.0 mg/dl	N-BAPTA
SODIUM, Serum	140	135-148 mmol/l	ISE
POTASSIUM, Serum	4.5	3.5-5.3 mmol/l	ISE
CHLORIDE, Serum	101.5	98-107 mmol/l	ISE

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MEDIWHEEL FULL BODY HEALTH CHECKUP MALE ABOVE 40/2D ECHO

GLYCOSYLATED HEMOGLOBIN (HbA1c)

PARAMETER	RESULTS	BIOLOGICAL REF RANGE	METHOD
Glycosylated Hemoglobin (HbA1c), EDTA WB - CC	**6.5**	Non-Diabetic Level: < 5.7 % Prediabetic Level: 5.7-6.4 % Diabetic Level: >/= 6.5 %	HPLC
Estimated Average Glucose (eAG), EDTA WB - CC	139.8	mg/dl	Calculated

Intended use:

- In patients who are meeting treatment goals, HbA1c test should be performed at least 2 times a year
- In patients whose therapy has changed or who are not meeting glycemic goals, it should be performed quarterly
- For microvascular disease prevention, the HbA1C goal for non pregnant adults in general is Less than 7%.

Clinical Significance:

- HbA1c, Glycosylated hemoglobin or glycated hemoglobin, is hemoglobin with glucose molecule attached to it.
- The HbA1c test evaluates the average amount of glucose in the blood over the last 2 to 3 months by measuring the percentage of glycosylated hemoglobin in the blood.

Test Interpretation:

- The HbA1c test evaluates the average amount of glucose in the blood over the last 2 to 3 months by measuring the percentage of Glycosylated hemoglobin in the blood.
- HbA1c test may be used to screen for and diagnose diabetes or risk of developing diabetes.
- To monitor compliance and long term blood glucose level control in patients with diabetes.
- Index of diabetic control, predicting development and progression of diabetic micro vascular complications.

Factors affecting HbA1c results:
Increased in: High fetal hemoglobin, Chronic renal failure, Iron deficiency anemia, Splenectomy, Increased serum triglycerides, Alcohol ingestion, Lead/opiate poisoning and Salicylate treatment.

Decreased in: Shortened RBC lifespan (Hemolytic anemia, blood loss), following transfusions, pregnancy, ingestion of large amount of Vitamin E or Vitamin C and Hemoglobinopathies

Reflex tests: Blood glucose levels, CGM (Continuous Glucose monitoring)

References: ADA recommendations, AACC, Wallach's interpretation of diagnostic tests 10th edition.

*Sample processed at SUBURBAN DIAGNOSTICS (INDIA) PVT. LTD Pune Lab, Pune Swargate

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Age / Gender	: 38 Years / Male		
Consulting Dr.	: -	**Collected**	: 16-May-2024 / 11:52
Reg. Location	: Lulla Nagar, Pune (Main Centre)	**Reported**	: 16-May-2024 / 16:46

MEDIWHEEL FULL BODY HEALTH CHECKUP MALE ABOVE 40/2D ECHO

PROSTATE SPECIFIC ANTIGEN (PSA)

PARAMETER	RESULTS	BIOLOGICAL REF RANGE	METHOD
TOTAL PSA, Serum	0.708	0.03-2.5 ng/ml	ECLIA

Clinical Significance:

- PSA is detected in the serum of males with normal, benign hyper-plastic, and malignant prostate tissue.
- Monitoring patients with a history of prostate cancer as an early indicator of recurrence and response to treatment.
- Prostate cancer screening 4.The percentage of Free PSA (FPSA) in serum is described as being significantly higher in patients with BPH than in patients with prostate cancer. 5.Calculation of % free PSA (ie. FPSA/TPSA x 100), has been suggested as way of improving the differentiation of BPH and Prostate cancer.

Interpretation:
Increased In- Prostate diseases,Cancer,Prostatitis, Benign prostatic hyperplasia, Prostatic ischemia, Acute urinary retention, Manipulations like Prostatic massage, Cystoscopy, Needle biopsy, Transurethral resection,Digital rectal examination, Radiation therapy, Indwelling catheter, Vigorous bicycle exercise, Drugs (e.g., testosterone), Physiologic fluctuations. Also found in small amounts in other cancers (sweat and salivary glands, breast, colon, lung, ovary) and in Skene glands of female urethra and in term placenta ,Acute renal failure, Acute myocardial infarction,
Decreased In- Ejaculation within 24–48 hours, Castration, Antiandrogen drugs (e.g., finasteride), Radiation therapy, Prostatectomy, PSA falls 17% in 3 days after lying in hospital, Artifactual (e.g., improper specimen collection; very high PSA levels).Finasteride (5-α-reductase inhibitor) reduces PSA by 50% after 6 months in men without cancer.

Reflex Tests: % FREE PSA , USG Prostate

Limitations:

- tPSA values determined on patient samples by different testing procedures cannot be directly compared with one another and could be the cause of erroneous medical interpretations. If there is a change in the tPSA assay procedure used while monitoring therapy, then the tPSA values obtained upon changing over to the new procedure must be confirmed by parallelmeasurements with both methods. Immediate PSA testing following digital rectal examination, ejaculation, prostatic massage, indwelling catheterization, ultrasonography and needle biopsy of prostate is not recommended as they falsely elevate levels.
- Patients who have been regularly exposed to animals or have received immunotherapy or diagnostic procedures utilizing immunoglobulins or immunoglobulin fragments may produce antibodies, e.g. HAMA, that interferes with immunoassays.
- PSA results should be interpreted in light of the total clinical presentation of the patient, including: symptoms, clinical history, data from additional tests, and other appropriate information.
- Serum PSA concentrations should not be interpreted as absolute evidence for the presence or absence of prostate cancer.

Note : The concentration of PSA in a given specimen, determined with assay from different manufacturers, may not be comparable due to differences in assay methods and reagent specificity.

Reference:

- Wallach's Interpretation of diagnostic tests
- Total PSA Pack insert

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REPORT

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Age / Gender	: 38 Years / Male		
Consulting Dr.	: -	**Collected**	: 16-May-2024 / 11:52
Reg. Location	: Lulla Nagar, Pune (Main Centre)	**Reported**	: 16-May-2024 / 16:46

*Sample processed at SUBURBAN DIAGNOSTICS (INDIA) PVT. LTD Pune Lab, Pune Swargate

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MC-2463

Dr.CHANDRAKANT PAWAR
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Pathologist

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Consulting Dr.	: -	**Collected**	: 16-May-2024 / 11:52
Reg. Location	: Lulla Nagar, Pune (Main Centre)	**Reported**	: 16-May-2024 / 14:42

MEDIWHEEL FULL BODY HEALTH CHECKUP MALE ABOVE 40/2D ECHO

URINE EXAMINATION REPORT

PARAMETER	RESULTS	BIOLOGICAL REF RANGE	METHOD
PHYSICAL EXAMINATION			
Color	Yellow	Pale Yellow	-
Reaction (pH)	Acidic (5.0)	4.5 - 8.0	Chemical Indicator
Specific Gravity	1.010	1.001-1.030	Chemical Indicator
Transparency	Clear	Clear	-
Volume (ml)	20	-	-
CHEMICAL EXAMINATION			
Proteins	Absent	Absent	pH Indicator
Glucose	Absent	Absent	GOD-POD
Ketones	Absent	Absent	Legals Test
Blood	Absent	Absent	Peroxidase
Bilirubin	Absent	Absent	Diazonium Salt
Urobilinogen	Normal	Normal	Diazonium Salt
Nitrite	Absent	Absent	Griess Test
MICROSCOPIC EXAMINATION			
Pus cells / hpf	0-1	0-5/hpf	
Red Blood Cells / hpf	Absent	0-2/hpf	
Epithelial Cells / hpf	0-1	0-5/hpf	
Casts	Absent	Absent	
Crystals	Absent	Absent	
Amorphous debris	Absent	Absent	
Bacteria / hpf	2-3	0-20/hpf	

Interpretation: The concentration values of Chemical analytes corresponding to the grading given in the report are as follows:

- Protein (1+ = 25 mg/dl , 2+ =75 mg/dl , 3+ = 150 mg/dl , 4+ = 500 mg/dl)
- Glucose(1+ = 50 mg/dl , 2+ =100 mg/dl , 3+ =300 mg/dl ,4+ =1000 mg/dl)
- Ketone (1+ =5 mg/dl , 2+ = 15 mg/dl , 3+= 50 mg/dl , 4+ = 150 mg/dl)

Reference: Pack inert

*Sample processed at SUBURBAN DIAGNOSTICS (INDIA) PVT. LTD Pune Lab, Pune Swargate

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REPORT

CID	: 2413711619		
Name	: MR.PARASKUMAR DOBARIA		
Age / Gender	: 38 Years / Male		
Consulting Dr.	: -	**Collected**	:
Reg. Location	: Lulla Nagar, Pune (Main Centre)	**Reported**	:

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Reg. Location	: Lulla Nagar, Pune (Main Centre)	**Reported**	: 16-May-2024 / 15:29

MEDIWHEEL FULL BODY HEALTH CHECKUP MALE ABOVE 40/2D ECHO

BLOOD GROUPING & Rh TYPING

PARAMETER	RESULTS
ABO GROUP	A
Rh TYPING	Positive

NOTE: Test performed by Semi- automated column agglutination technology (CAT)

Specimen: EDTA Whole Blood and/or serum

Clinical significance:
ABO system is most important of all blood group in transfusion medicine

Limitations:

- ABO blood group of new born is performed only by cell (forward) grouping because allo antibodies in cord blood are of maternal origin.
- Since A & B antigens are not fully developed at birth, both Anti-A & Anti-B antibodies appear after the first 4 to 6 months of life. As a result, weaker reactions may occur with red cells of newborns than of adults.
- Confirmation of newborn's blood group is indicated when A & B antigen expression and the isoagglutinins are fully developed at 2 to 4 years of age & remains constant throughout life.
- Cord blood is contaminated with Wharton's jelly that causes red cell aggregation leading to false positive result
- The Hh blood group also known as Oh or Bombay blood group is rare blood group type. The term Bombay is used to refer the phenotype that lacks normal expression of ABH antigens because of inheritance of hh genotype.

Refernces:

1. Denise M Harmening, Modern Blood Banking and Transfusion Practices- 6th Edition 2012. F.A. Davis company. Philadelphia
2. AABB technical manual

*Sample processed at SUBURBAN DIAGNOSTICS (INDIA) PVT. LTD Pune Lab, Pune Swargate

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Reg. Location	: Lulla Nagar, Pune (Main Centre)	**Reported**	: 16-May-2024 / 14:20

MEDIWHEEL FULL BODY HEALTH CHECKUP MALE ABOVE 40/2D ECHO

LIPID PROFILE

PARAMETER	RESULTS	BIOLOGICAL REF RANGE	METHOD
CHOLESTEROL, Serum	**202**	Desirable: <200 mg/dl Borderline High: 200-239mg/dl High: >/=240 mg/dl	CHOD-POD
TRIGLYCERIDES, Serum	147	Normal: <150 mg/dl Borderline-high: 150 - 199 mg/dl High: 200 - 499 mg/dl Very high:>/=500 mg/dl	GPO-POD
HDL CHOLESTEROL, Serum	41.3	Desirable: >60 mg/dl Borderline: 40 - 60 mg/dl Low (High risk): <40 mg/dl	Homogeneous enzymatic colorimetric assay
NON HDL CHOLESTEROL, Serum	160.7	Desirable: <130 mg/dl Borderline-high:130 - 159 mg/dl High:160 - 189 mg/dl Very high: >/=190 mg/dl	Calculated
LDL CHOLESTEROL, Serum	132	Optimal: <100 mg/dl Near Optimal: 100 - 129 mg/dl Borderline High: 130 - 159 mg/dl High: 160 - 189 mg/dl Very High: >/= 190 mg/dl	Calculated
VLDL CHOLESTEROL, Serum	28.7	< /= 30 mg/dl	Calculated
CHOL / HDL CHOL RATIO, Serum	4.9	0-4.5 Ratio	Calculated
LDL CHOL / HDL CHOL RATIO, Serum	3.2	0-3.5 Ratio	Calculated

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Consulting Dr.	: -	**Collected**	: 16-May-2024 / 11:52
Reg. Location	: Lulla Nagar, Pune (Main Centre)	**Reported**	: 16-May-2024 / 14:50

MEDIWHEEL FULL BODY HEALTH CHECKUP MALE ABOVE 40/2D ECHO

THYROID FUNCTION TESTS

PARAMETER	RESULTS	BIOLOGICAL REF RANGE	METHOD
Free T3, Serum	4.9	3.10-6.80 pmol/L	ECLIA
Note: Kindly note change in reference range and method w.e.f 12-07-2023			
Free T4, Serum	19	12-22 pmol/L	ECLIA
Note: Kindly note change in reference range and method w.e.f 12-07-2023			
sensitiveTSH, Serum	2.29	0.270-4.20 mIU/ml	ECLIA

Note: Kindly note change in reference range and method w.e.f 12-07-2023 TSH values between 5.5 to 15 microIU/ml should be correlated clinically or repeat the test with new sample as physiological factors can give falsely high TSH. 2) TSH values may be transiently altered because of non thyroidal illness like severe infections, liver disease, renal & heart failure, severe burns, trauma & surgery etc.

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Age / Gender	: 38 Years / Male		
Consulting Dr.	: -	**Collected**	: 16-May-2024 / 11:52
Reg. Location	: Lulla Nagar, Pune (Main Centre)	**Reported**	: 16-May-2024 / 14:50

Interpretation:
A thyroid panel is used to evaluate thyroid function and/or help diagnose various thyroid disorders.

Clinical Significance:
1)TSH Values between high abnormal upto15 microIU/ml should be correlated clinically or repeat the test with new sample as physiological factors
can give falsely high TSH.
2)TSH values may be trasiently altered becuase of non thyroidal illness like severe infections,liver disease, renal and heart severe burns, trauma and surgery etc.

TSH	FT4 / T4	FT3 / T3	Interpretation
High	Normal	Normal	Subclinical hypothyroidism, poor compliance with thyroxine, drugs like amiodarone, Recovery phase of non-thyroidal illness, TSH Resistance.
High	Low	Low	Hypothyroidism, Autoimmune thyroiditis, post radio iodine Rx, post thyroidectomy, Anti thyroid drugs, tyrosine kinase inhibitors & amiodarone, amyloid deposits in thyroid, thyroid tumors & congenital hypothyroidism.
Low	High	High	Hyperthyroidism, Graves disease, toxic multinodular goiter, toxic adenoma, excess iodine or thyroxine intake, pregnancy related (hyperemesis gravidarum, hydatiform mole)
Low	Normal	Normal	Subclinical Hyperthyroidism, recent Rx for Hyperthyroidism, drugs like steroids & dopamine), Non thyroidal illness.
Low	Low	Low	Central Hypothyroidism, Non Thyroidal Illness, Recent Rx for Hyperthyroidism.
High	High	High	Interfering anti TPO antibodies, Drug interference: Amiodarone, Heparin, Beta Blockers, steroids & anti epileptics.

Diurnal Variation:TSH follows a diurnal rhythm and is at maximum between 2 am and 4 am , and is at a minimum between 6 pm and 10 pm. The variation is on the order of 50 to 206%. Biological variation:19.7%(with in subject variation)

Reflex Tests: Anti thyroid Antibodies,USG Thyroid ,TSH receptor Antibody. Thyroglobulin, Calcitonin

Limitations:
1. Samples should not be taken from patients receiving therapy with high biotin doses (i.e. >5 mg/day) until atleast 8 hours following the last biotin administration.
2. Patient samples may contain heterophilic antibodies that could react in immunoassays to give falsely elevated or depressed results. this assay is designed to minimize interference from heterophilic antibodies.

Reference:
1.O.koulouri et al. / Best Practice and Research clinical Endocrinology and Metabolism 27(2013)
2.Interpretation of the thyroid function tests, Dayan et al. THE LANCET . Vol 357
3.Tietz ,Text Book of Clinical Chemistry and Molecular Biology -5th Edition
4.Biological Variation:From principles to Practice-Callum G Fraser (AACC Press)

*Sample processed at SUBURBAN DIAGNOSTICS (INDIA) PVT. LTD Pune Lab, Pune Swargate

*** End Of Report ***

ilac-MRA

MC-2463

Dr.CHANDRAKANT PAWAR
M.D.(PATH)
Pathologist

REGD. OFFICE: Suburban Diagnostics (India) Pvt. Ltd., Aston, 2nd Floor, Sundervan Complex, Above Mercedes Showroom, Andheri West, Mumbai - 400053.
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REPORT

CID	: 2413711619		
Name	: MR.PARASKUMAR DOBARIA		
Age / Gender	: 38 Years / Male		
Consulting Dr.	: -	**Collected**	: 16-May-2024 / 11:52
Reg. Location	: Lulla Nagar, Pune (Main Centre)	**Reported**	: 16-May-2024 / 14:20

MEDIWHEEL FULL BODY HEALTH CHECKUP MALE ABOVE 40/2D ECHO

LIVER FUNCTION TESTS

PARAMETER	RESULTS	BIOLOGICAL REF RANGE	METHOD
BILIRUBIN (TOTAL), Serum	0.59	0.1-1.2 mg/dl	Colorimetric
BILIRUBIN (DIRECT), Serum	0.26	0-0.3 mg/dl	Diazo
BILIRUBIN (INDIRECT), Serum	0.33	0.1-1.0 mg/dl	Calculated
TOTAL PROTEINS, Serum	7.6	6.4-8.3 g/dL	Biuret
ALBUMIN, Serum	4.4	3.5-5.2 g/dL	BCG
GLOBULIN, Serum	3.2	2.3-3.5 g/dL	Calculated
A/G RATIO, Serum	1.4	1 - 2	Calculated
SGOT (AST), Serum	17.6	5-40 U/L	NADH (w/o P-5-P)
SGPT (ALT), Serum	29.4	5-45 U/L	NADH (w/o P-5-P)
GAMMA GT, Serum	27.5	3-60 U/L	Enzymatic
ALKALINE PHOSPHATASE, Serum	73.5	40-130 U/L	Colorimetric

*Sample processed at SUBURBAN DIAGNOSTICS (INDIA) PVT. LTD Pune Lab, Pune Swargate

*** End Of Report ***

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