

1023 / KULDEEP TUTI / 38 Yrs / M / 168 Cms / 81 Kg Date: 08-Jun-2024 Refd By : MEDI-WHEEL Examined By:

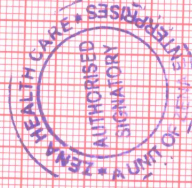
Stage	Time	Duration	Speed(mph)	Elevation	METs	Rate	% THR	BP	RPP	PVC	Comments
Supine	00:24	0:24	00.0	00.0	01.0	090	49%	111/70	099	00	
Standing	00:39	0:15	00.0	00.0	01.0	096	53%	111/70	106	00	
HV	00:57	0:18	00.0	00.0	01.0	093	51%	111/70	103	00	
ExStart	01:14	0:17	00.0	00.0	01.0	096	53%	111/70	106	00	
BRUCE Stage 1	04:14	3:00	01.7	10.0	04.7	125	69%	112/72	140	00	
BRUCE Stage 2	07:14	3:00	02.5	12.0	07.1	152	84%	114/73	173	00	
PeakEx	09:54	2:40	03.4	14.0	09.9	182	100%	116/75	211	00	
Recovery	10:24	0:30	01.1	00.0	04.2	169	93%	116/75	196	00	
Recovery	10:54	1:00	01.1	00.0	01.2	151	83%	115/75	173	00	
Recovery	12:54	3:00	00.0	00.0	01.0	121	66%	115/74	139	00	
Recovery	15:00	5:06	00.0	00.0	01.0	120	66%	114/73	138	00	

**FINDINGS :**

Exercise Time : 08:40  
 Initial HR (ExStrt) : 96 bpm 53% of Target 182  
 Initial BP (ExStrt) : 111/70  
 Max WorkLoad Attained : 9.9 Good response to induced stress  
 Max HR Attained : 182 bpm 100% of Target 182  
 Max BP Attained : 116/75

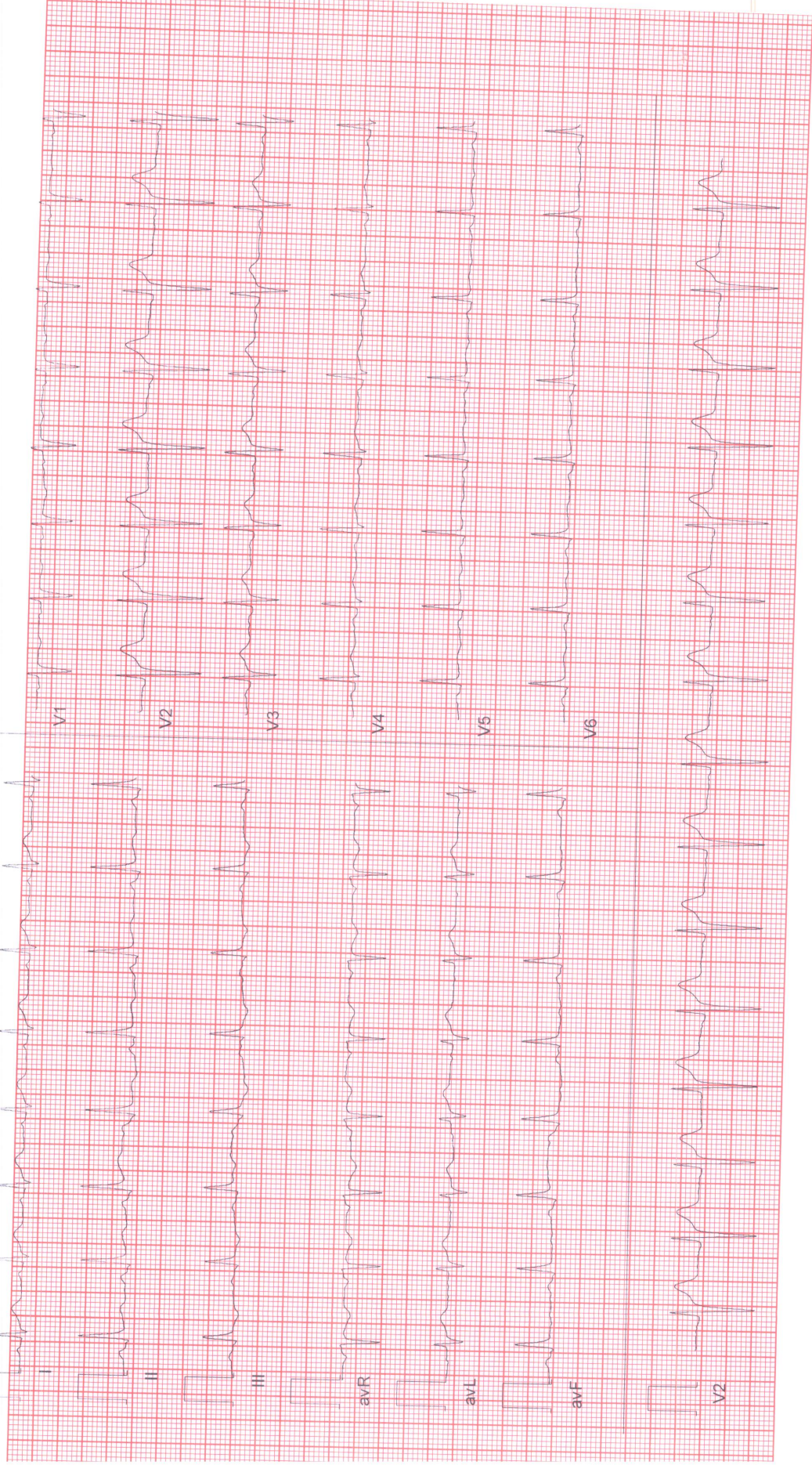
Test End Reasons : Test Complete

REPORT : TMT is negative





Date: 08 - 06 - 2024 01:32:17 PM METs: 1.0 HR: 90 Target HR: -49% of 182 BP: 111/70  
Ex Time: 00:00 0.0 mph 0.0 % 25 mm/Sec. 1.0 Cm/mV BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz



**ZENA HEALTHCARE**

SAHIDNAGAR, BHUBANESWAR

1023 / KULDEEP TUTI / 38 Yrs / Male / 168 Cm / 81 Kg

**6 x 2 + Rhythm**

BRUCE Standing(0:15)

Date 08 - 06 - 2024 01:32:17 PM METs 1.0 HR : 96 Target HR 53% of 182 BP : 111/70

Ex Time : 00:00 0.0 mph 0.0 % 25 mm/Sec. 1.0 Cm/mV BLC On/ Notch Cn/ HF 0.05 Hz/LF 35 Hz

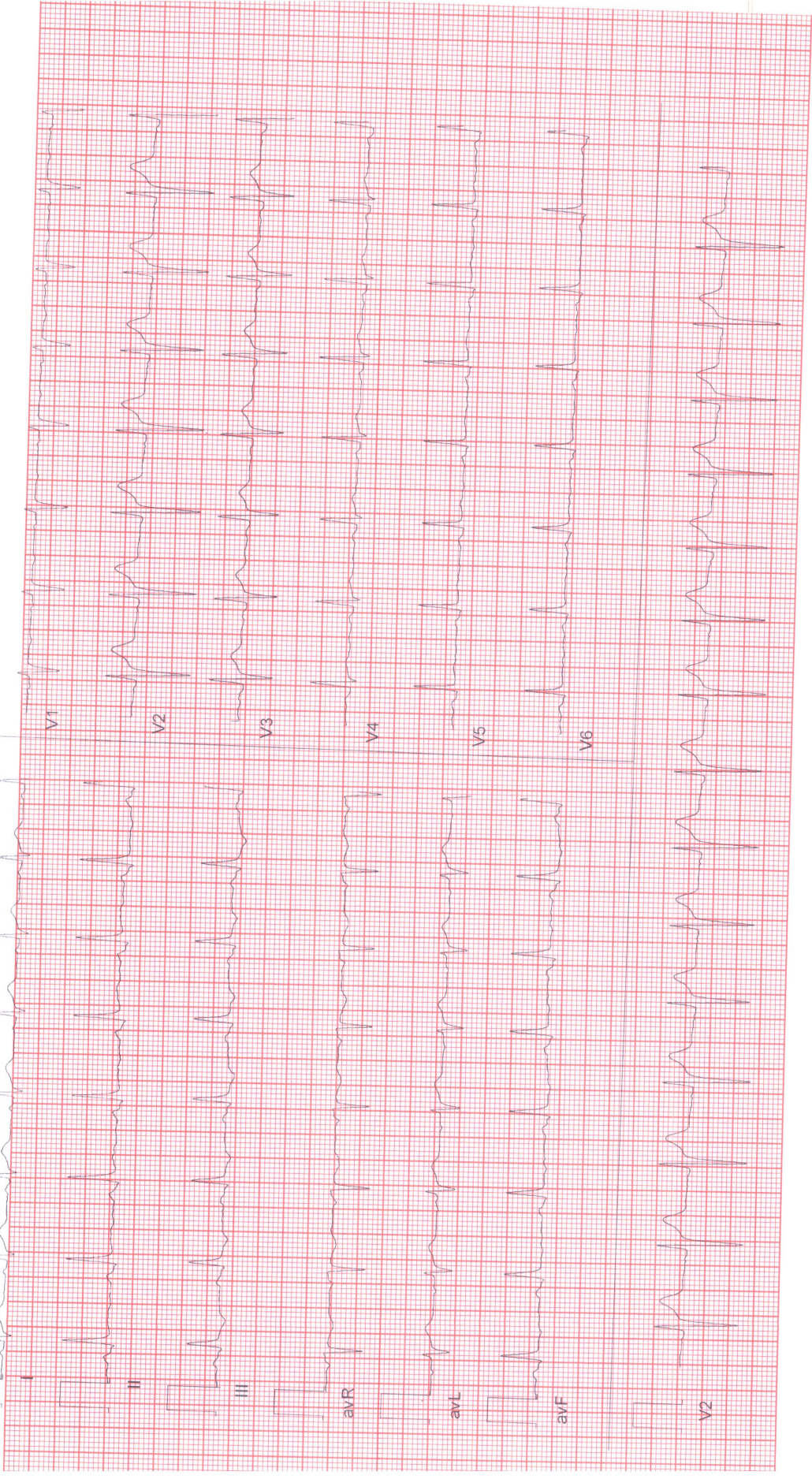


**ZENA HEALTHCARE**

SAHIDNAGAR, BHUBANESWAR  
1023 / KULDEEP TUTI / 38 Yrs / Male / 168 Cm / 81 Kg

**6 x 2 + Rhythm**  
BRUCE.HV(0:18)

Date 08 - 06 - 2024 01:32:17 PM METs : 1.0 HR : 93 Target HR : 51% of 182 BP : 111/70  
Ex Time 00:00 0.0 mph 0.0 % 25 mm/Sec. 1.0 Cm/mV BLC On/ Match On/ HF 0.05 Hz/LF 35 Hz



**ZENA HEALTHCARE**

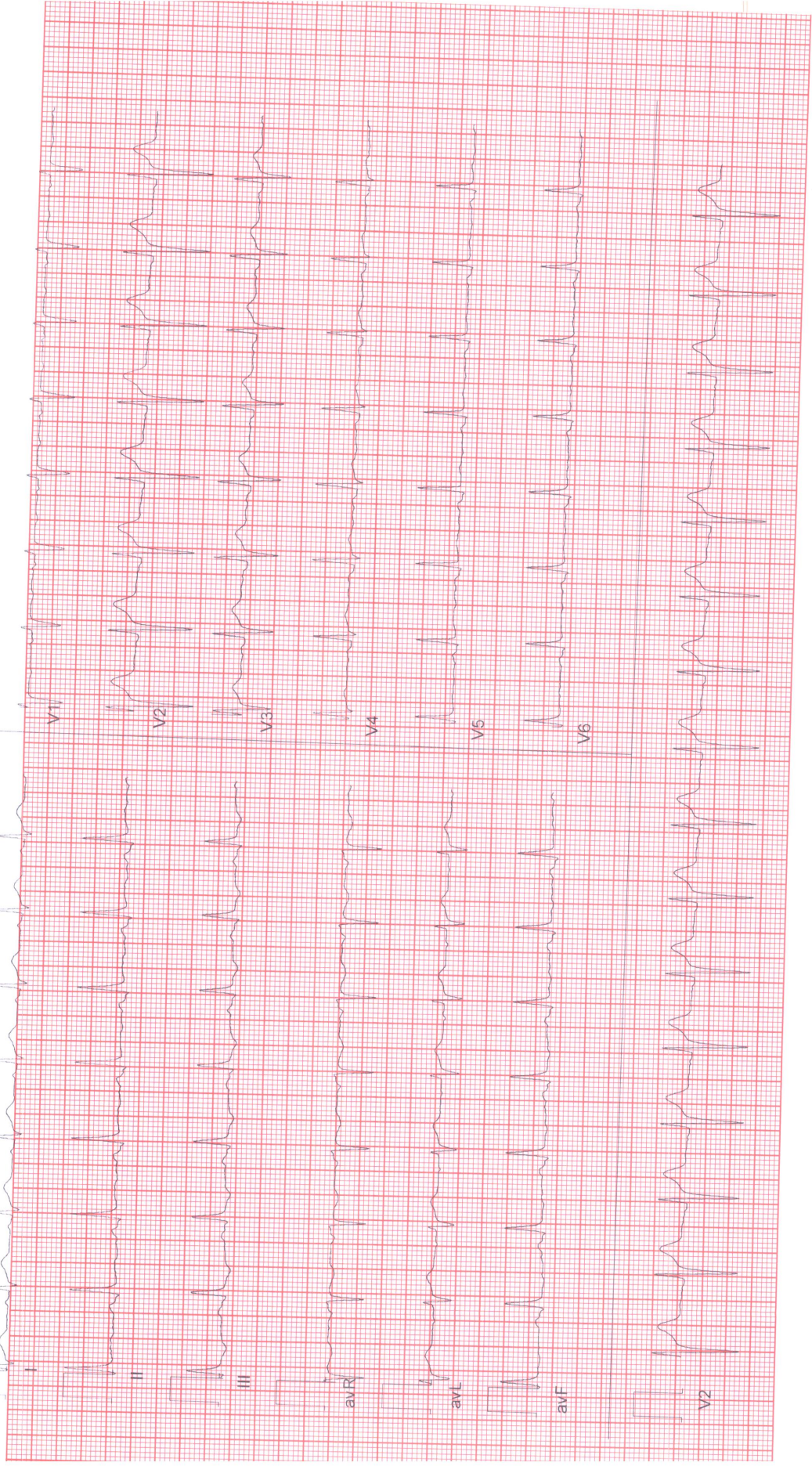
SAHIDNAGAR, BHUBANESWAR

1023 / KULDEEP TUTI / 38 Yrs / Male / 168 Cm / 81 Kg

**6 x 2 + Rhythm**  
ExStart

Date: 08-06-2024 01:32:17 PM METs 1.0 HR: 96 Target HR: 53% of 182 BP: 111/70

Ex Time: 00:00 0.0 mph 0.0 % 25 mm/Sec. 1.0 Cm/ImV BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz



6 x 2 + Rhythm  
BRUCE Stage 1(3:00)

Date: 06 - 06 - 2024 01:32:17 PM METs : 4.7 HR : 125 Target HR : 69% of 182 BP : 112/72

Ex Time : 03:00 1.7 mph 10.0 % 25 mm/Sec. 1.0 Cm/mV B.L.C On/ Notch On/ HF 0.05 Hz/LF 35 Hz



**ZENA HEALTHCARE**

SAHIDNAGAR, BHUBANESWAR

1023 / KULDEEP TUTI / 38 Yrs / Male / 166 Cm / 81 Kg

**6 x 2 + Rhythm**  
BRUCE Stage 2(3:00)

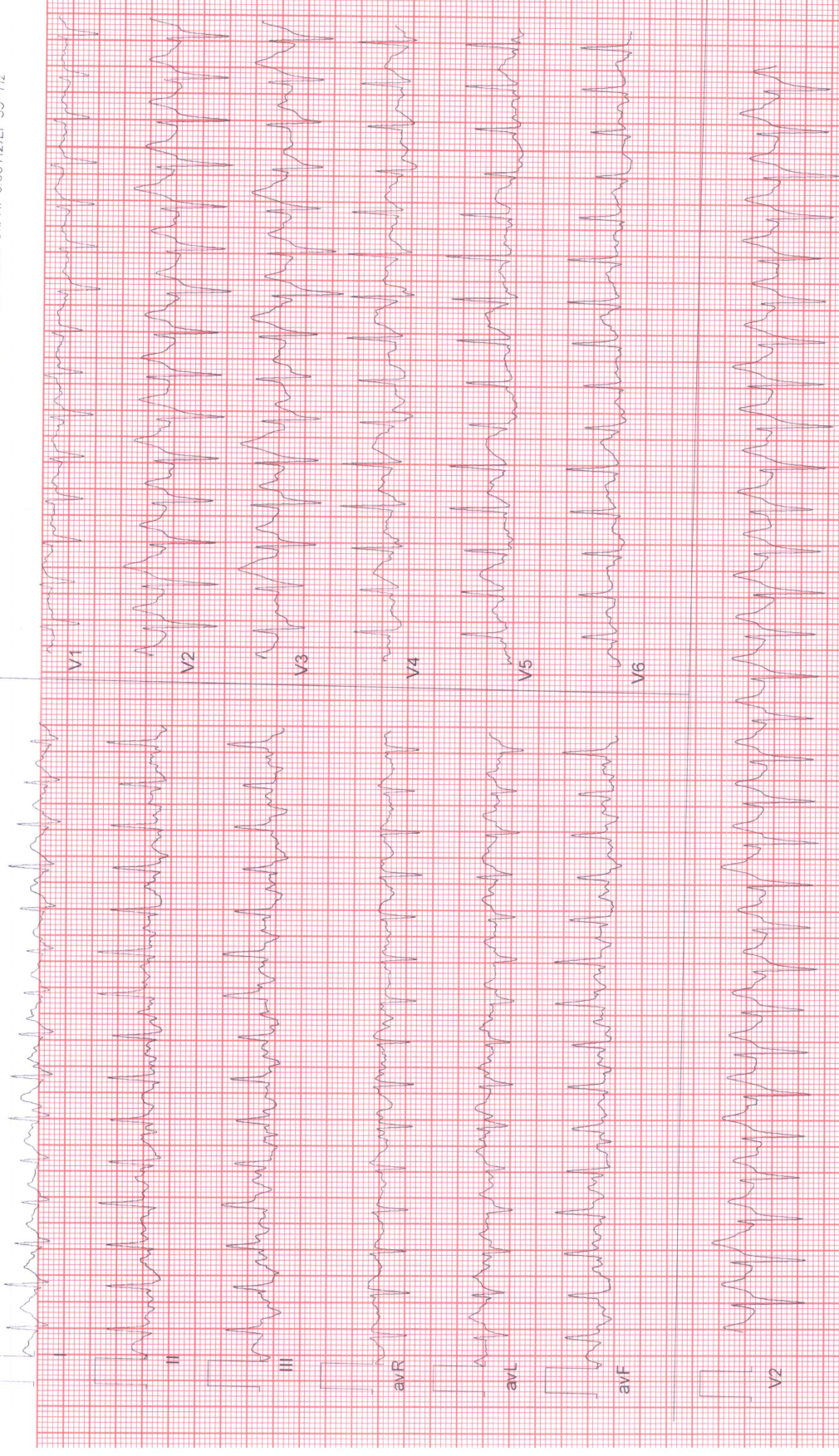
Date: 08 - 06 - 2024 01:32:17 PM METs : 7.1 HR : 152 Target HR : 84% of 182 BP : 114/73

Ex Time : 06:00 2.5 mph 12.0 % 25 mm/Sec 1.0 Cm/mV BLC On/ Netch On/ HF 0.05 Hz/LF 35 Hz



Date 08-06-2024 01:32:17 PM METs 9.9 HR: 182 Target HR: 100% of 182 BP: 116/75

ExTime 08:40 3.4 mpm 14.0 % 25 mm/Sec. 1.0 Cm/mV BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz





6 x 2 + Rhythm  
Recovery(0:30)

AG-101

Date 08-06-2024 01:32:17 PM METs 4.2 HR 169 Target HR 95% of 182 BP 116/75 Ex Time 08:40 1.1 mpt/0.0 % 25 mm/Sec 1.0 Cm/mV BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz



**ZENA HEALTHCARE**

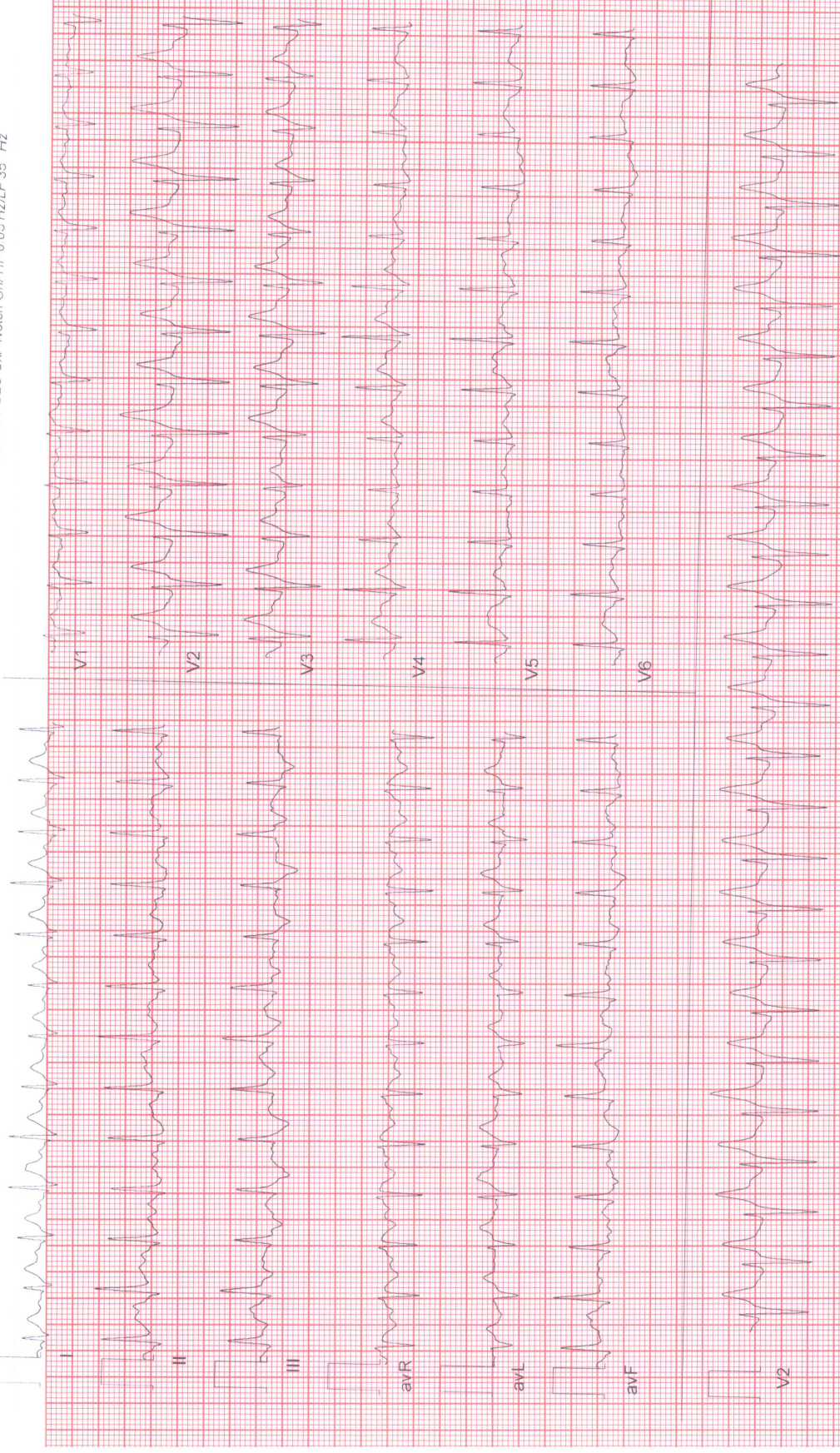
SAHIDNAGAR, BHUBANESWAR

1023 / KULDEEP TUTI / 38 Yrs / Male / 168 Cm / 81 Kg

**6 x 2 + Rhythm**  
Recovery(1:00)

Date 08-06-2024 01:32:17 PM METs 1.2 HR 151 Target HR 83% of 182 BP 115/75

Ex Time 08:40 1.1 mph 0.0 % 25 mm/Sec 1.0 Cm/mV BLC Onr/ Natch Crnl HF 0.05 Hz/LF 35 Hz



**ZENA HEALTHCARE**

SAHIDNAGAR, BHUBANESWAR

1023 / KULDEEP TUTI / 38 Yrs / Male / 168 Cm / 81 Kg

**6 x 2 + Rhythm**

Recovery(3.00)

4341

Date: 06 - 06 - 2024 01:32:17 PM METs 1.0 HR 121 Target HR 66% of 182 BP 115/74

Ex Time 08:40 0.0 mpr/0.0 % 25 mm/Sec. 1.0 Cm/mV BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz



**ZENA HEALTHCARE**

SAHIDNAGAR, BHUBANESWAR

1023 / KULDEEP TUTI / 38 Yrs / Male / 168 Cm / 81 Kg

**6 x 2 + Rhythm**  
Recovery(5:06)

Date: 08 - 06 - 2024 01:32:17 PM METs : 1.0 HR : 120 Target HR : 66% of 182 BP : 114/73

Ex Time : 06:40 0.0 mph/0.0 % 25 mm/Sec. 1.0 Cm/mV BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz





**Patient Name :** MR. KULDEEP TUTI

**Age / Gender :** 38 years / Male

**Patient ID :** 21509

**Referral :** mediwheel

**Collection Time :** 08/06/2024, 09:50 AM

**Reporting Time :** 08/06/2024, 02:00 PM

**Sample ID :**



Test Description	Value(s)	Reference Range	Unit
<b><u>LFT, Liver Function Test</u></b>			
Bilirubin - Total Method : Serum, Jendrassik Grof	0.72	0.00 - 1.00	mg/dL
Bilirubin - Direct Method : Serum, Diazotization	0.20	0.00 - 0.20	mg/dL
Bilirubin - Indirect Method : Serum, Calculated	0.52	0.10 - 0.80	mg/dL
SGOT Method : Serum, UV with P5P, IFCC 37 degree	19.54	8 - 33	U/L
SGPT Method : Serum, UV with P5P, IFCC 37 degree	28.33	3 - 35	U/L
GGT-Gamma Glutamyl Transpeptidase Method : Serum, G-glutamyl-carboxy-nitroanilide	8.79	< 55	U/L
Alkaline Phosphatase Method : PNPP-AMP Buffer/Kinetic	76.24	53-128	U/L
Total Protein Method : Serum, Biuret, reagent blank end point	7.28	6.60 - 8.70	g/dL
Albumin Method : Serum, Bromocresol green	4.15	3.50 - 5.30	g/dL
Globulin Method : Serum, EIA	3.13	2.00-3.50	g/dL
A/G Ratio Method : Serum, EIA	1.33	1.2 - 2.2	

\*\*END OF REPORT\*\*

*Basanta*  
Lab technician

*Ksh*  
**Dr.Kundan Kumar Sahoo**  
CONSULTANT PATHOLOGIST /  
MICROBIOLOGIST

For Home Collection Please Call at Number :

**Zena Healthcare Services**

Plot No. 119, Opp. Water tank Lane, Near Police Phandi, Saheed Nagar, Bhubaneswar-07  
Ph. : 0674-2549902, 9692276908, 8337964922, E-mail : zenahealthcare@gmail.com

Website : [www.zenacare.in](http://www.zenacare.in)

Wishing Good Health



**ZENA HEALTHCARE SERVICES**  
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**Patient Name :** MR. KULDEEP TUTI  
**Age / Gender :** 38 years / Male  
**Patient ID :** 21509

**Referral :** mediwheel  
**Collection Time :** 08/06/2024, 09:50 AM  
**Reporting Time :** 08/06/2024, 02:00 PM  
**Sample ID :**



Test Description	Value(s)	Reference Range	Unit
<b>Thyroid Profile ( T3, T4, TSH )</b>			
T3-Total Method : CLIA	1.24	0.87 - 2.73	ng/dL
T4-Total Method : CLIA	8.56	6.09 - 12.23	ug/dL
TSH-Ultrasensitive Method : CLIA	2.41	0.45 - 4.50	uIU/mL

**Interpretation**

TSH	T3	T4	Suggested Interpretation for the Thyroid Function Tests Pattern
Raised	Within range	Within range	Raised Within Range Within Range .Isolated High TSH especially in the range of 4.7 to 15 mIU/ml is commonly associated with Physiological & Biological TSH Variability. Subclinical Autoimmune Hypothyroidism. Intermittent 14 therapy for hypothyroidism .Recovery phase after Non-Thyroidal illness"
Raised	Decreased	Decreased	Chronic Autoimmune Thyroiditis Post thyroidectomy, Post radioiodine Hypothyroid phase of transient thyroiditis"
Raised or within range	Raised	Raised or within range	Interfering antibodies to thyroid hormones (anti-TPO antibodies) Intermittent 14 therapy or T4 overdose •Drug interference- Amiodarone, Heparin, Beta blockers, steroids, anti-epileptics.
Decreased	Raised or within range	Raised or within range	Isolated Low TSH -especially in the range of 0.1 to 0.4 often seen in elderly & Range Range associated with Non-Thyroidal illness .Subclinical Hyperthyroidism .Thyroxine ingestion'
Decreased	Decreased	Decreased	Central Hypothyroidism .Non-Thyroidal illness .Recent treatment for Hyperthyroidism (TSH remains suppressed)"
Decreased	Raised	Raised	Primary Hyperthyroidism (Graves' disease). Multinodular goitre, Toxic nodule •Transient thyroiditis: Postpartum, Silent (lymphocytic), Postviral (granulomatous, subacute, DeQuervain's), Gestational thyrotoxicosis with hyperemesis gravidarum"
Decreased Within Rang	Raised	Within range	T3 toxicosis •Non-Thyroidal illness
Within range	Decreased	Within range	Isolated Low T3-often seen in elderly & associated Non-Thyroidal illness In elderly the drop in 13 level can be upto 25%.

\*\*END OF REPORT\*\*

*Bisaka*  
Lab technician

*K Sahoo*  
**Dr. Kundan Kumar Sahoo**  
CONSULTANT PATHOLOGIST /  
MICROBIOLOGIST

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**Age / Gender :** 38 years / Male  
**Patient ID :** 21509

**Referral :** mediwheel  
**Collection Time :** 08/06/2024, 09:50 AM  
**Reporting Time :** 08/06/2024, 02:01 PM  
**Sample ID :**



Test Description	Value(s)	Reference Range	Unit
<b>Lipid Profile</b>			
Cholesterol-Total Method : Spectrophotometry	193.29	Desirable level   < 200 Borderline High   200-239 High   >or = 240	mg/dL
Triglycerides Method : Serum, Enzymatic, endpoint	235.96	Normal: < 150 Borderline High: 150-199 High: 200-499 Very High: >= 500	mg/dL
HDL Cholesterol Method : Serum, Direct measure-PEG	48.32	Normal: > 40 Major Risk for Heart: < 40	mg/dL
LDL Cholesterol Method : Enzymatic selective protection	97.78	Optimal < 100 Near / Above Optimal 100-129 Borderline High 130-159 High 160-189 Very High >or = 190	mg/dL
VLDL Cholesterol Method : Serum, Enzymatic	47.19	6 - 38	mg/dL
CHOL/HDL Ratio Method : Serum, Enzymatic	4.00	3.5 - 5.0	
LDL/HDL Ratio Method : Serum, Enzymatic	2.02	2.5 - 3.5	

**Note:**

8-10 hours fasting sample is required.

\*\*END OF REPORT\*\*

*Deedar*  
Lab technician

*Wah*  
**Dr.Kundan Kumar Sahoo**  
CONSULTANT PATHOLOGIST /  
MICROBIOLOGIST

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**Patient Name :** MR. KULDEEP TUTI  
**Age / Gender :** 38 years / Male  
**Patient ID :** 21509

**Referral :** mediwheel  
**Collection Time :** 08/06/2024, 09:50 AM  
**Reporting Time :** 08/06/2024, 01:58 PM  
**Sample ID :**



24559

Test Description	Value(s)	Reference Range	Unit
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**HbA1c, Glycosylated Hemoglobin**

<b>HbA1c (GLYCOSYLATED HEMOGLOBIN), BLOOD</b>	5.39		%
<b>Method :</b> (HPLC, NGSP certified)			
<b>Estimated Average Glucose :</b>	107.99	-	mg/dL

**Interpretation**

As per American Diabetes Association (ADA)	
Reference Group	HbA1c in %
Non diabetic adults >=18 years	<5.7
At risk (Prediabetes)	5.7 - 6.4
Diagnosing Diabetes	>= 6.5
Therapeutic goals for glycemic control	Age > 19 years Goal of therapy: < 7.0 Action suggested: > 8.0 Age < 19 years Goal of therapy: <7.5

**Note:**

1. Since HbA1c reflects long term fluctuations in the blood glucose concentration, a diabetic patient who is recently under good control may still have a high concentration of HbA1c. Converse is true for a diabetic previously under good control but now poorly controlled .
2. Target goals of < 7.0 % may be beneficial in patients with short duration of diabetes, long life expectancy and no significant cardiovascular disease. In patients with significant complications of diabetes, limited life expectancy or extensive co-morbid conditions, targeting a goal of < 7.0 % may not be appropriate.

**Comments**

HbA1c provides an index of average blood glucose levels over the past 8 - 12 weeks and is a much better indicator of long term glycemic control as compared to blood and urinary glucose determinations.

**ADA criteria for correlation between HbA1c & Mean plasma glucose levels.**

HbA1c(%)	Mean Plasma Glucose (mg/dL)
6	126
7	154
8	183
9	212

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Regd. No. : 1834

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**Patient Name :** MR. KULDEEP TUTI

**Age / Gender :** 38 years / Male

**Patient ID :** 21509

**Referral :** mediwheel

**Collection Time :** 08/06/2024, 09:50 AM

**Reporting Time :** 08/06/2024, 01:58 PM

**Sample ID :**



24559

Test Description	Value(s)	Reference Range	Unit
10	240		
11	269		
12	298		
<b><u>Glucose, Fasting (FBS)</u></b>			
Glucose fasting Method : Fluoride Plasma-F, Hexokinase	109.79	75 - 115	mg/dL
<b><u>Glucose, Post Prandial (PP)</u></b>			
Blood Glucose-Post Prandial Method : Hexokinase	125.31	70 - 140	mg/dL
<b><u>Creatinine</u></b>			
Creatinine Method : Serum, Jaffe	0.87	0.6 - 1.5	mg/dL
<b><u>Uric acid, Serum</u></b>			
Uric Acid Method : Uricase, Colorimetric	5.17	3.4 - 7.0	mg/dL
<b><u>BUN, Serum</u></b>			
BUN-Blood Urea Nitroge Method : Serum, Urease	12	06 - 24	mg/dL

\*\*END OF REPORT\*\*

*Bechari*  
Lab technician

*Wah*  
Dr. Kundan Kumar Sahoo  
CONSULTANT PATHOLOGIST /  
MICROBIOLOGIST

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**Referral :** mediwheel  
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**Reporting Time :** 08/06/2024, 02:01 PM  
**Sample ID :**



24559

Test Description	Value(s)	Reference Range	Unit
<b><u>Blood Group ABO &amp; Rh Typing, Blood</u></b>			
Blood Group (ABO typing) Method : Manual-Hemagglutination	"AB"		
RhD Factor (Rh Typing) Method : Manual hemagglutination	Positive		

**ESR, Erythrocyte Sedimentation Rate**

<b>ESR - Erythrocyte Sedimentation Rate</b> Method : EDTA Whole Blood, Manual Westergren	15	0 - 15	mm/hr
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**Interpretation:**

- It indicates presence and intensity of an inflammatory process. It does not diagnose a specific disease. Changes in the ESR are more significant than the abnormal results of a single test.
- It is a prognostic test and used to monitor the course or response to treatment of diseases like tuberculosis, bacterial endocarditis, acute rheumatic fever, rheumatoid arthritis, SLE, Hodgkins disease, temporal arteritis and polymyalgia rheumatica.
- It is also increased in pregnancy, multiple myeloma, menstruation, and hypothyroidism.

\*\*END OF REPORT\*\*

Lab technician

**Dr. Kundan Kumar Sahoo**  
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**Sample ID :**



24559

Test Description	Value(s)	Reference Range	Unit
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**Urine(R/M) Routine Examination of Urine**

**General Examination**

Colour	PALE YELLOW	Pale Yellow	
Transparency (Appearance)	CLEAR	Clear	
Deposit	Absent	Absent	
Reaction (pH)	Acidic 5.5	4.5 - 7.0	
Specific gravity	1.015	1.005 - 1.030	

**Chemical Examination**

Urine Protein (Albumin)	Present(+)	Absent	
Urine Glucose (Sugar)	Absent	Absent	

**Microscopic Examination**

Red blood cells	Absent	0-4	/hpf
Pus cells (WBCs)	2 - 4 /HPF	0-9	/hpf
Epithelial cells	0 - 3 /HPF	0-4	/hpf
Crystals	Absent	Absent	
Cast	Absent	Absent	
Bacteria	Absent	Absent	

\*\*END OF REPORT\*\*

Lab technician

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Patient Name

Date (OP NO): 08-06-2024 (OBW0121778)

Name: Mr KULDEEP TUTI

Age (Gender): 38Y | 00M | 00D (Male)

Consultant: Dr. Raja Agarwal

Add:



MRD: BBSR62104

MOB: 9028631013

Age

Sex

M F

MRD No.



Right Eye 17

Left Eye 16

Right Eye

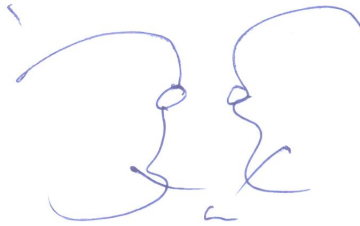
Left Eye

VISION 8/10

Diagnosis

Bc m r 6/6 6/6 av - +6

Cup



- High IOP
- Rule of 20 - 20 - 20
- BIRIC gl.
- 8 hr sleep
- C/S w/ 2 x 2 drop day

Dr. RAJA AGARWAL  
MS (Ophth.) UTKAL  
FICS (USA)  
Reg. No.-13231 (IMC)

Seal and Signature of the treating Doctor

REGISTER NOW

NOT VALID FOR MEDICO-LEGAL PURPOSE

1800 1200 111

KULDEEP TUTI  
MALE

ID: 2266 CASE:  
AGE: 38Y M D  
Cms Kg

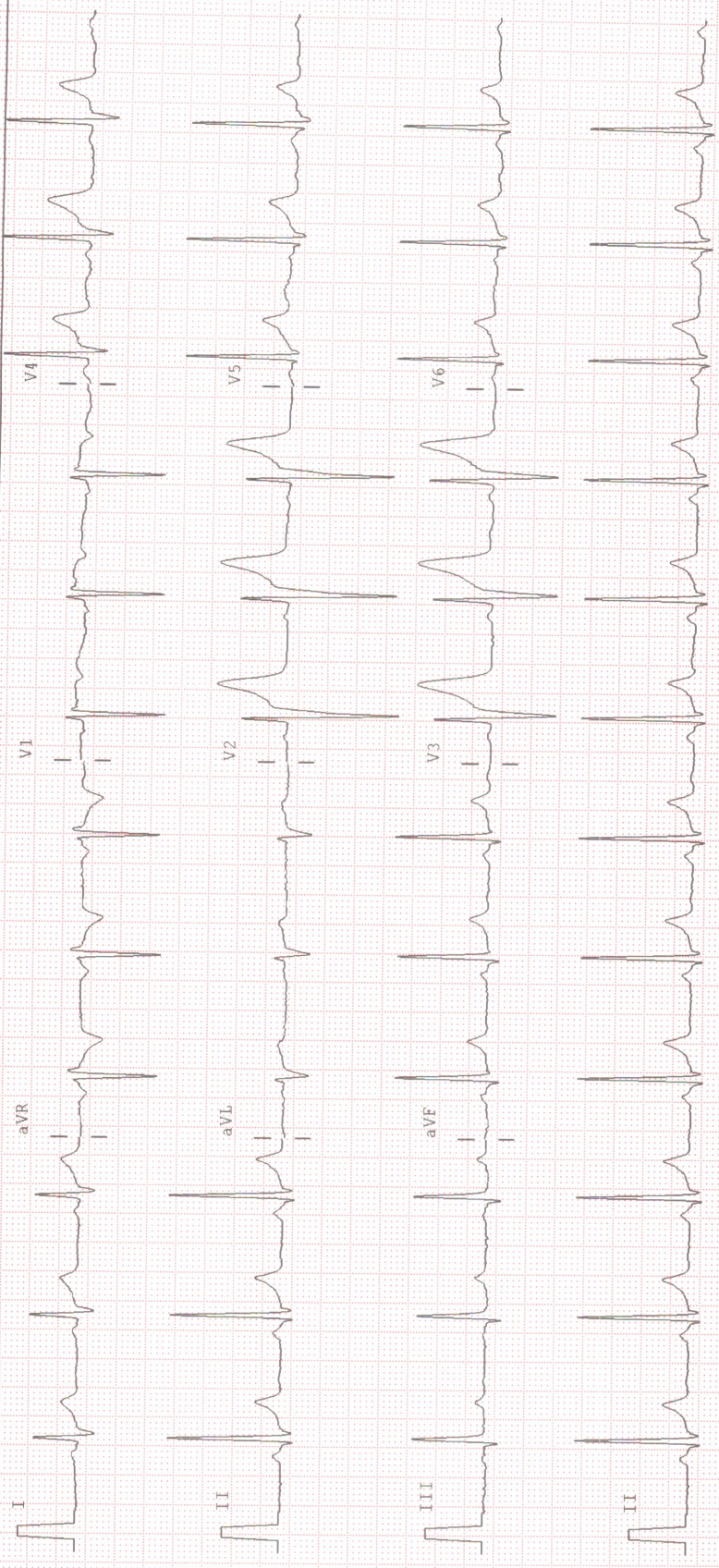
RATE : 76 bpm SINUS RHYTHM  
R-R : 788 ms  
P-R : 124 ms  
QRS : 94 ms  
QT : 370 ms  
QTc : 398 ms

--AXIS--  
P : 53°  
QRS : 71°  
T : 54°  
NORMAL ECG

12 SL; REPORT FORMAT: 3x4+1L SQ

REF:

Dr.





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# ZENA HEALTHCARE SERVICES

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NAME:-KULDEEP TUTI  
AGE:- 38YRS  
Patient ID:- 02

REFERRAL:- MEDI-WHEEL  
DATE:-08.06.2024  
SEX:- MALE

## CHEST X-RAY PA VIEW SHOWS.

- Both side lung fields are clear.
- Trachea within normal limit.
- Both costophrenic cardiophrenic angle are clear.
- Cardiac shadow within normal limit.
- Media stinum in position

IMPRESSION:-NORMAL STUDY.

*B. Pradhan*

Dr. Bhagaban Pradhan  
M.D.(Radio diagnosis)  
Consultant Radiologist

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**Collection Time :** 08/06/2024, 09:50 AM

**Reporting Time :** 08/06/2024, 02:01 PM

**Sample ID :**



24559

Test Description	Value(s)	Reference Range	Unit
<b>Complete Blood Count</b>			
Hemoglobin (Hb)	14.2	13.5 - 18.0	gm/dL
Erythrocyte (RBC) Count	<b>6.11</b>	4.7 - 6.0	mil/cu.mm
Packed Cell Volume (PCV)	46.9	42 - 52	%
Mean Cell Volume (MCV)	<b>76.76</b>	78 - 100	fL
Mean Cell Haemoglobin (MCH)	<b>23.24</b>	27 - 31	pg
Mean Corpuscular Hb Concn. (MCHC)	<b>30.28</b>	32 - 36	g/dL
Red Cell Distribution Width (RDW)	<b>17.0</b>	11.5 - 14.0	%
Total Leucocytes (WBC) Count	7200	4000-10000	cell/cu.mm
Neutrophils	70	40 - 80	%
Lymphocytes	25	20 - 40	%
Monocytes	03	2 - 10	%
Eosinophils	02	1 - 6	%
Basophils	<b>00</b>	1-2	%
Platelet Count	297	150 - 450	10 <sup>3</sup> /ul
Mean Platelet Volume (MPV)	11.2	7.2 - 11.7	fL
PCT	0.33	0.2 - 0.5	%
PDW	<b>19.3</b>	9.0 - 17.0	%

\*\*END OF REPORT\*\*

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