

Medi-wheel

Rlo-

Dr. Vimmi Goel

MBBS, MD (Internal Medicine)
Sr. Consultant Non Invasive Cardiology
Reg. No: MMC- 2014/01/0113

Preventive Health Check up
KIMS Kingsway Hospitals
Nagpur
Phone No.: 7499913052

 **KIMS-KINGSWAY**
HOSPITALS

Name: Mr. Nagaraj. V. Date: 8/6/24

Age: 41y Sex: M F Weight: 89.8 kg Height: 171.4 inc BMI: 30.6

BP: 109/71 mmHg Pulse: 62/m bpm RBS: _____ mg/dl
99%.

Name: Mr. Nagaraj . V. Date: 8/6/24.

Age: 41. Sex: M/F Weight: _____ kg Height: _____ inc BMI: _____

BP: _____ mmHg Pulse: _____ bpm RBS: _____ mg/dl

Routine Dental check up.

O/E: *status + + .*

Adv: *Oral prop hyalanis .*

Dr. Rajal



KIMS - Kingsway Hospitals
(A Unit of SPANV Medisearch Lifesciences Pvt. Ltd.)
44, Kingsway, Near Kasturchand Park, Nagpur,
Maharashtra, India - 440001.

Ph No.: 1800 266 8346 | Mobile No.: +91-7126789100
Email : assistance@kimshospitals.com | Website : www.kimshospitals.com

DEPARTMENT OF OPHTHALMOLOGY
OUT PATIENT ASSESSMENT RECORD

NAGARAJ V 41Y(S) 0M(S) 1D(S)/M MRNP2425007863 9986068236	CONSULT DATE : 08-06-2024 CONSULT ID : OPC2425026100 CONSULT TYPE : VISIT TYPE : NORMAL TRANSACTION TYPE : CASH	DR. ASHISH PRAKASHCHANDRA KAMBLE MBBS,MS, FVRS,FICO CONSULTANT DEPT OPHTHALMOLOGY
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VITALS

Temp : Pulse : BP (mmHg) : spO2 : Pain Score : Height :
- °F - /min - %RA - /10 - cms

Weight : BMI :
- kgs -

CHIEF COMPLAINTS

ROUTINE EYE CHECK UP

MEDICATION PRESCRIBED

#	Medicine	Route	Dose	Frequency	When	Duration
1	I SOFT EYE DROP	Eye	1-1-1-1	Every Day	After Food	2 months
Instructions : BOTH EYES						
Composition : SODIUM HYALURONATE 0.1% W/V						

NOTES

**GLASS PRESCRIPTION :-
DISTANCE VISION**

EYE SPH CYL AXIS VISION

RIGHT EYE 00 00 00 6/6

LEFT EYE 00 00 00 6/6

NEAR ADDITION

RIGHT EYE 00 N6

LEFT EYE 00 N6

REMARK-

Dr. Ashish Prakashchandra Kamble
MBBS,MS, FVRS,FICO
Consultant

Printed On :08-06-2024 11:09:19



CLINICAL DIAGNOSTIC LABORATORY
DEPARTMENT OF PATHOLOGY

Patient Name : Mr. NAGARAJ V
Age / Gender : 41 Y(s)/Male
Bill No/ UMR No : BIL2425018682/MRNP2425007863
Referred By : Dr. Vimmi Goel MBBS,MD
Received Dt : 08-Jun-24 09:04 am
Report Date : 08-Jun-24 10:48 am

HAEMOGRAM

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	<u>Biological Reference</u>	<u>Method</u>
Haemoglobin	Blood	14.4	13.0 - 17.0 gm%	Photometric
Haematocrit(PCV)		41.9	40.0 - 50.0 %	Calculated
RBC Count		4.78	4.5 - 5.5 Millions/cumm	Photometric
Mean Cell Volume (MCV)		88	83 - 101 fl	Calculated
Mean Cell Haemoglobin (MCH)		30.1	27 - 32 pg	Calculated
Mean Cell Haemoglobin Concentration (MCHC)		34.2	31.5 - 35.0 g/l	Calculated
RDW		14.0	11.5 - 14.0 %	Calculated
Platelet count		222	150 - 450 10^3 /cumm	Impedance
WBC Count		7100	4000 - 11000 cells/cumm	Impedance
<u>DIFFERENTIAL COUNT</u>				
Neutrophils		50.9	50 - 70 %	Flow Cytometry/Light microscopy
Lymphocytes		41.5	20 - 40 %	Flow Cytometry/Light microscopy
Eosinophils		2.9	1 - 6 %	Flow Cytometry/Light microscopy
Monocytes		4.7	2 - 10 %	Flow Cytometry/Light microscopy
Basophils		0.0	0 - 1 %	Flow Cytometry/Light microscopy
Absolute Neutrophil Count		3613.9	2000 - 7000 /cumm	Calculated



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<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	<u>Biological Reference</u>	<u>Method</u>
Absolute Lymphocyte Count		2946.5	1000 - 4800 /cumm	Calculated
Absolute Eosinophil Count		205.9	20 - 500 /cumm	Calculated
Absolute Monocyte Count		333.7	200 - 1000 /cumm	Calculated
Absolute Basophil Count		0	0 - 100 /cumm	Calculated
<u>PERIPHERAL SMEAR</u>				
RBC		Normochromic Normocytic		
WBC		Within normal limits		
Platelets		Adequate		
E S R		10	0 - 15 mm/hr	Automated Westergren's Method
*** End Of Report ***				

Suggested Clinical Correlation * If necessary, Please discuss

Verified By : : 11100499

Test results related only to the item tested.

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Dr. VAIDEHEE NAIK, MBBS,MD
CONSULTANT PATHOLOGIST



CLINICAL DIAGNOSTIC LABORATORY

DEPARTMENT OF BIOCHEMISTRY

Patient Name : Mr. NAGARAJ V	Age /Gender : 41 Y(s)/Male
Bill No/ UMR No : BIL2425018682/MRNP2425007863	Referred By : Dr. Vimmi Goel MBBS,MD
Received Dt : 08-Jun-24 09:03 am	Report Date : 08-Jun-24 10:28 am

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	<u>Biological Reference</u>	<u>Method</u>
Fasting Plasma Glucose	Plasma	113	< 100 mg/dl	GOD/POD,Colorimetric
Post Prandial Plasma Glucose		179	< 140 mg/dl	GOD/POD, Colorimetric

GLYCOSYLATED HAEMOGLOBIN (HBA1C)

HbA1c	6.2	Non-Diabetic : <= 5.6 % Pre-Diabetic : 5.7 - 6.4 % Diabetic : >= 6.5 %	HPLC
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*** End Of Report ***

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Dr. VAIDEHEE NAIK, MBBS,MD

CONSULTANT PATHOLOGIST

SPANV Medisearch Lifesciences Private Limited

44, Parwana Bhawan, Kingsway, Nagpur - 440 001, Maharashtra, India.

Phone: +91 0712 6789100

CIN: U74999MH2018PTC303510



CLINICAL DIAGNOSTIC LABORATORY
DEPARTMENT OF BIOCHEMISTRY

Patient Name : Mr. NAGARAJ V	Age /Gender : 41 Y(s)/Male
Bill No/ UMR No : BIL2425018682/MRNP2425007863	Referred By : Dr. Vimmi Goel MBBS,MD
Received Dt : 08-Jun-24 09:04 am	Report Date : 08-Jun-24 11:24 am

LIPID PROFILE

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	<u>Method</u>
Total Cholesterol	Serum	248 < 200 mg/dl	Enzymatic(CHE/CHO/PO D)
Triglycerides		222 < 150 mg/dl	Enzymatic (Lipase/GK/GPO/POD)
HDL Cholesterol Direct		39 > 40 mg/dl	Phosphotungstic acid/mgcl-Enzymatic (microslide)
LDL Cholesterol Direct		193.85 < 100 mg/dl	Enzymatic
VLDL Cholesterol		44 < 30 mg/dl	Calculated
Tot Chol/HDL Ratio		6 3 - 5	Calculation

<u>Intiate therapeutic</u>	<u>Consider Drug therapy</u>	<u>LDC-C</u>
CHD OR CHD risk equivalent	>100 >130, optional at 100-129	<100
Multiple major risk factors conferring 10 yrs CHD risk >20%		
Two or more additional major risk factors, 10 yrs CHD risk <20%	>130 10 yrs risk 10-20 % >130 10 yrs risk <10% >160	<130
No additional major risk or one additional major risk factor	>160 >190, optional at 160-189	<160

*** End Of Report ***

Suggested Clinical Correlation * If necessary, Please discuss

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Dr. VAIDEHEE NAIK, MBBS,MD
CONSULTANT PATHOLOGIST



CLINICAL DIAGNOSTIC LABORATORY
DEPARTMENT OF BIOCHEMISTRY

Patient Name : Mr. NAGARAJ V	Age /Gender : 41 Y(s)/Male
Bill No/ UMR No : BIL2425018682/MRNP2425007863	Referred By : Dr. Vimmi Goel MBBS,MD
Received Dt : 08-Jun-24 09:04 am	Report Date : 08-Jun-24 11:24 am

LIVER FUNCTION TEST(LFT)

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	<u>Biological Reference</u>	<u>Method</u>
Total Bilirubin	Serum	0.75	0.2 - 1.3 mg/dl	Azobilirubin/Dyphylline
Direct Bilirubin		0.39	0.1 - 0.3 mg/dl	Calculated
Indirect Bilirubin		0.36	0.1 - 1.1 mg/dl	Dual wavelength spectrophotometric pNPP/AMP buffer
Alkaline Phosphatase		67	38 - 126 U/L	Kinetic with pyridoxal 5 phosphate
SGPT/ALT		32	10 - 40 U/L	Kinetic with pyridoxal 5 phosphate
SGOT/AST		24	15 - 40 U/L	Biuret (Alkaline cupric sulphate)
Serum Total Protein		7.50	6.3 - 8.2 gm/dl	Bromocresol green Dye Binding
Albumin Serum		4.44	3.5 - 5.0 gm/dl	Calculated
Globulin		3.06	2.0 - 4.0 gm/dl	
A/G Ratio		1.45		

*** End Of Report ***

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Dr. VAIDEHEE NAIK, MBBS,MD
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CLINICAL DIAGNOSTIC LABORATORY
DEPARTMENT OF BIOCHEMISTRY

Patient Name : Mr. NAGARAJ V	Age / Gender : 41 Y(s)/Male
Bill No/ UMR No : BIL2425018682/MRNP2425007863	Referred By : Dr. Vimmi Goel MBBS,MD
Received Dt : 08-Jun-24 09:04 am	Report Date : 08-Jun-24 11:24 am

RFT	Specimen	Result Values	Biological Reference	Method
Parameter				
Blood Urea	Serum	17	19.0 - 43.0 mg/dl	Urease with indicator dye
Creatinine		0.87	0.66 - 1.25 mg/dl	Enzymatic (creatinine amidohydrolase)
GFR		111.2	>90 mL/min/1.73m square.	Calculation by CKD-EPI 2021
Sodium		142	136 - 145 mmol/L	Direct ion selective electrode
Potassium		4.16	3.5 - 5.1 mmol/L	Direct ion selective electrode
*** End Of Report ***				

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Dr. VAIDEHEE NAIK, MBBS,MD
CONSULTANT PATHOLOGIST



CLINICAL DIAGNOSTIC LABORATORY
DEPARTMENT OF BIOCHEMISTRY

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Report Date : 08-Jun-24 11:24 am

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	<u>Biological Reference</u>	<u>Method</u>
THYROID PROFILE				
T3	Serum	1.76	0.55 - 1.70 ng/ml	Enhanced chemiluminescence
Free T4		0.98	0.80 - 1.70 ng/dl	Enhanced Chemiluminescence
TSH		1.95	0.50 - 4.80 uIU/ml	Enhanced chemiluminescence
PSA (Total)		0.481	< 4 ng/ml	Enhanced chemiluminescence

*** End Of Report ***

Suggested Clinical Correlation * If neccessary, Please discuss
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Dr. VAIDEHEE NAIK, MBBS,MD
CONSULTANT PATHOLOGIST
 SPANV Medisearch Lifesciences Private Limited
 44, Parwana Bhawan, Kingsway, Nagpur - 440 001, Maharashtra, India.
 Phone: +91 0712 6789100
 CIN: U74999MH2018PTC303510



CLINICAL DIAGNOSTIC LABORATORY
DEPARTMENT OF PATHOLOGY

Patient Name : Mr. NAGARAJ V
Age / Gender : 41 Y(s)/Male
Bill No/ UMR No : BIL2425018682/MRNP2425007863
Referred By : Dr. Vimmi Goel MBBS,MD
Received Dt : 08-Jun-24 09:46 am
Report Date : 08-Jun-24 11:49 am

URINE MICROSCOPY

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	<u>Method</u>
<u>PHYSICAL EXAMINATION</u>			
Volume	Urine	30 ml	
Colour.		Pale yellow	
Appearance		Clear	Clear
<u>CHEMICAL EXAMINATION</u>			
Reaction (pH)		5.0	4.6 - 8.0
Specific gravity		1.015	1.005 - 1.025
Urine Protein		Negative	Negative
Sugar		Negative	Negative
Bilirubin		Negative	Negative
Ketone Bodies		Negative	Negative
Nitrate		Negative	Negative
Urobilinogen		Normal	Normal
<u>MICROSCOPIC EXAMINATION</u>			
Epithelial Cells		0-1	0 - 4 /hpf
R.B.C.		Absent	0 - 4 /hpf
Pus Cells		0-1	0 - 4 /hpf
Casts		Absent	Absent

Indicators
ion concentration
protein error of pH
indicator
GOD/POD
Diazonium
Legal's est Principle
Ehrlich's Reaction
Manual



CLINICAL DIAGNOSTIC LABORATORY
DEPARTMENT OF PATHOLOGY

Patient Name : Mr. NAGARAJ V
Age / Gender : 41 Y(s)/Male
Bill No/ UMR No : BIL2425018682/MRNP2425007863
Referred By : Dr. Vimmi Goel MBBS,MD
Received Dt : 08-Jun-24 09:46 am
Report Date : 08-Jun-24 11:49 am

Parameter
Crystals

Specimen Results

Absent
*** End Of Report ***

Method

Suggested Clinical Correlation * If necessary, Please discuss

Verified By : : 11100909

Test results related only to the item tested.

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Dr. Anuradha Deshmukh, MBBS,MD
CONSULTANT MICROBIOLOGIST



CLINICAL DIAGNOSTIC LABORATORY
DEPARTMENT OF IMMUNO HAEMATOLOGY

Patient Name : Mr. NAGARAJ V
Age / Gender : 41 Y(s)/Male
Bill No/ UMR No : BIL2425018682/MRNP2425007863
Referred By : Dr. Vimmi Goel MBBS,MD
Received Dt : 08-Jun-24 09:04 am
Report Date : 08-Jun-24 11:36 am

BLOOD GROUPING AND RH

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	
BLOOD GROUP.	EDTA Whole Blood & Plasma/ Serum	" A "	Gel Card Method
Rh (D) Typing.		" Positive "(+Ve) *** End Of Report ***	

Suggested Clinical Correlation * If necessary, Please discuss

Verified By : : 11100909

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Dr. VAIDEHEE NAIK, MBBS,MD
CONSULTANT PATHOLOGIST

DEPARTMENT OF RADIOLOGY & IMAGING SCIENCE

NAME	NAGARAJ V	STUDY DATE	08-06-2024 09:52:50
AGE/ SEX	41Y 1D / M	HOSPITAL NO.	MRNP2425007863
ACCESSION NO.	BIL2425018682-17	MODALITY	DX
REPORTED ON	08-06-2024 10:54	REFERRED BY	Dr. Vimmi Goel

X-RAY CHEST PA VIEW

Both the lung fields are clear.

Heart and Aorta are normal.

Both hilar shadows appear normal.

Diaphragm domes and CP angles are clear.

Bony cage is normal.

IMPRESSION -No pleuro-parenchymal abnormality seen.



DR R.R KHANDELWAL

SENIOR CONSULTANT

MD, RADIODIAGNOSIS [MMC-55870]

PATIENT NAME:	MR. NAGARAJ V	AGE /SEX:	41 Y / MALE
UMR NO:	2425007863	BILL NO:	2425018682
REF BY	DR. VIMMI GOEL	DATE:	8/6/2024

USG WHOLE ABDOMEN

LIVER is normal in size and mild increase in echotexture.
No evidence of any focal lesion seen.
Intrahepatic billiary radicals are not dilated.
PORTAL VEIN and CBD are normal in course and caliber.

GALL BLADDER is physiologically distended. No stones or sludge seen within it.
Wall thickness is within normal limits.

Visualized head and body of PANCREAS is normal in shape, size and echotexture.

SPLEEN is normal in size shape and echotexture. No focal lesion seen.

Both KIDNEYS are normal in shape, size and echotexture.
No evidence of calculus or hydronephrosis seen.
URETERS are not dilated.

URINARY BLADDER is partially distended. No calculus or mass lesion seen.

Prostate is normal in size, shape and echotexture.

There is no free fluid or abdominal lymphadenopathy seen.

IMPRESSION –

Mild hepatic fatty infiltration.

No other significant visceral abnormality seen.

Suggest clinical correlation / further evaluation.



DR. R.R. KHANDELWAL
SENIOR CONSULTANT
MD RADIO DIAGNOSIS [MMC-55870]

Kingsway Hospitals
44 Kingsway, Mohan Nagar,
Near Kasturchand Park, Nagpur

Station
Telephone:

EXERCISE STRESS TEST REPORT

Patient Name: Mr. Nagraj, V
Patient ID: 0078630
Height:
Weight:
Study Date: 08.06.2024
Test Type: Treadmill Stress Test
Protocol: BRUCE

DOB: 15.05.1983
Age: 41yrs
Gender: Male
Race: Indian
Referring Physician: Mediwheel HCU
Attending Physician: Dr. Vimmi Goel
Technician: --

Medications:

Medical History:
NIL

Reason for Exercise Test:
Screening for CAD

Exercise Test Summary:

Phase Name	Stage Name	Time in Stage	Speed (mph)	Grade (%)	HR (bpm)	BP (mmHg)	Comment
PRETEST	SUPINE	00:59	0.00	0.00	73	110/70	
	HYPERV.	00:02	0.00	0.00	74		
	WARM-UP	00:06	0.60	0.00	82		
EXERCISE	STAGE 1	03:00	1.70	10.00	112	120/70	
	STAGE 2	03:00	2.50	12.00	141	130/70	
	STAGE 3	01:26	3.40	14.00	162		
RECOVERY		01:00	0.00	0.00	103	140/70	
		02:00	0.00	0.00	75	140/70	
		00:14	0.00	0.00	88		

The patient exercised according to the BRUCE for 7:25 min:s, achieving a work level of Max. METS: 10.10. The resting heart rate of 83 bpm rose to a maximal heart rate of 162 bpm. This value represents 90 % of the maximal, age-predicted heart rate. The resting blood pressure of 110/70 mmHg, rose to a maximum blood pressure of 140/70 mmHg. The exercise test was stopped due to Target heart rate achieved.

Interpretation:

Summary: Resting ECG: normal.
Functional Capacity: normal.
HR Response to Exercise: appropriate.
BP Response to Exercise: normal resting BP - appropriate response.
Chest Pain: none.
Arrhythmias: none.
ST Changes: none.
Overall impression: Normal stress test.

Conclusions:

TMT is negative for inducible ischemia.

Dr. VIMMI GOEL
MBBS, MD
Sr. Consultant-Non Invasive Cardiology
Reg No.: 2014/01/0113

MR NAGARAJ
 Male

41 Years

Rate 55 . Sinus rhythm.
 P ST elev, probable normal early repol pattern.
 T Baseline wander in lead(s) V5

FR 168
 QRS 86
 QT 367
 QTc 351

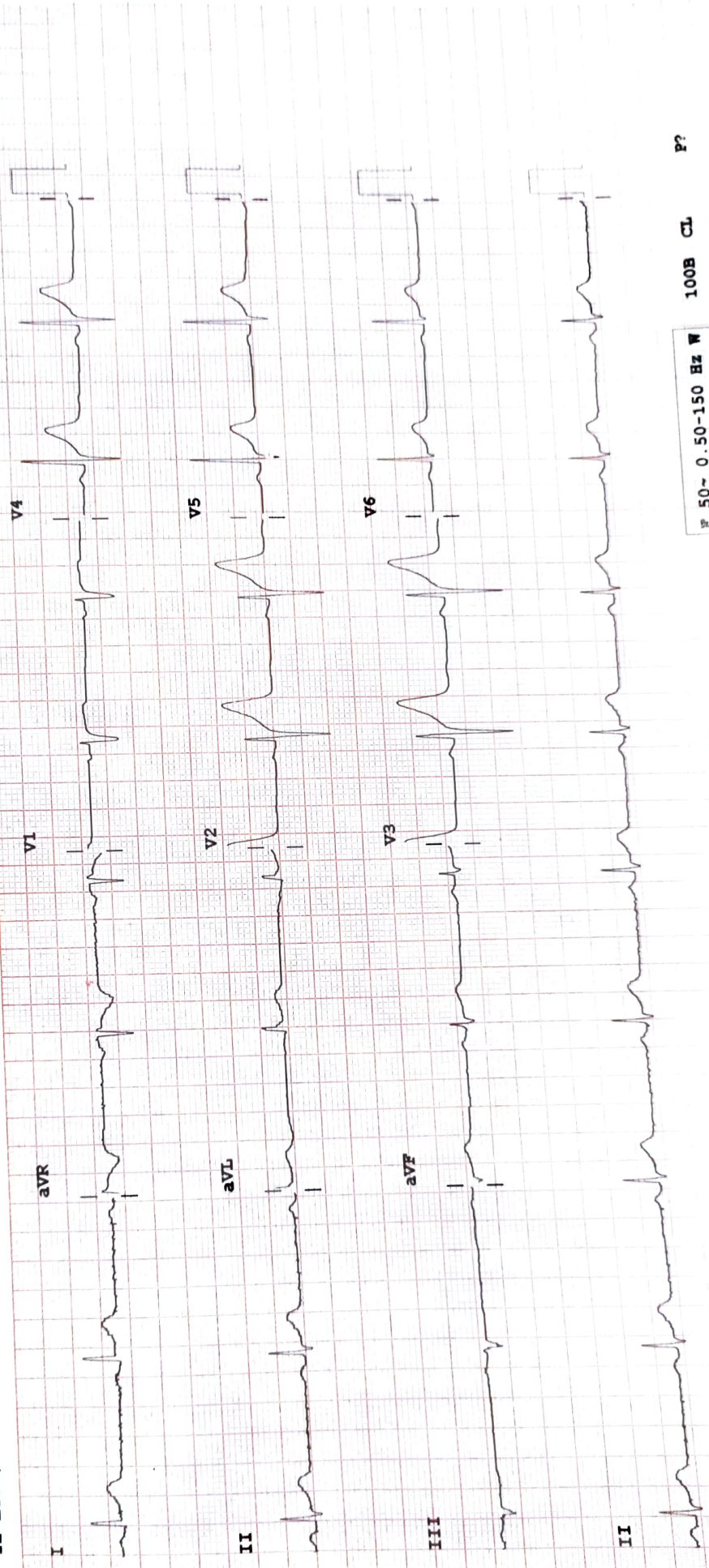
--AXIS--

P 52
 QRS 7
 T 27

12 Lead; Standard Placement

- NORMAL ECG -

Unconfirmed Diagnosis



P 50- 0.50-150 Hz W 100B CL P?

Speed: 25 mm/sec Chest: 10.0 mm/mV

Limb: 10 mm/mV

Device: