Mahesh

Mob: 8618385220

9901569756



# **SRI PARVATHI OPTICS**

Multi Branded Opticals Store

## Computerized Eye Testing & Spectacles Clinic

#333. 8th Main 5th Cross Near Cambridge & Miranda School, HAL 3rd Stage, Behind Vishveshvariah Park New Thippasandra, Bangalore - 560075 email : parvathiopticals@gmail.com

### SPECTACLE PRESCRIPTION

				FOOT
Name :	Jose	cartac.	No.	5203
	1 4036	Carlai		

Mobil No :

Date: 8/6/2014

Ref. No.

Age / Gender 464/H.

305240014

	RIGHT EYE			LEFT EYE				
	SPH	CYL	AXIS	VISION	SPH	CYL	AXIS	VISION
	+	+	5	6/6	727	+	180	6/8
DISTANCE	113						3-120	

PD	60	olol
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Advice to use glasses for:

		DISTANCE	0	FAR 8	e NEAR	☐ READING	☐ COMPUTER PURFOS
--	--	----------	---	-------	--------	-----------	-------------------

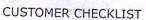
We Care Your Eyes

SRI PARVATHI OPTICS

NEW THIPPASANDRA

## **CLUMAX DIAGNOSTICS**

# MEDALL HEALTHCARE PVT LTD



Print Date :08/06/2024 08:05 AM



Customer Name :

:

:

MR.JOSE CYRIAC '

Ref Dr Name

MediWheel

Customer Id

MED410045206

Visit ID

424036878

Age

46Y/MALE

Phone No

9460968241

DOB

11 Mar 1978

Visit Date

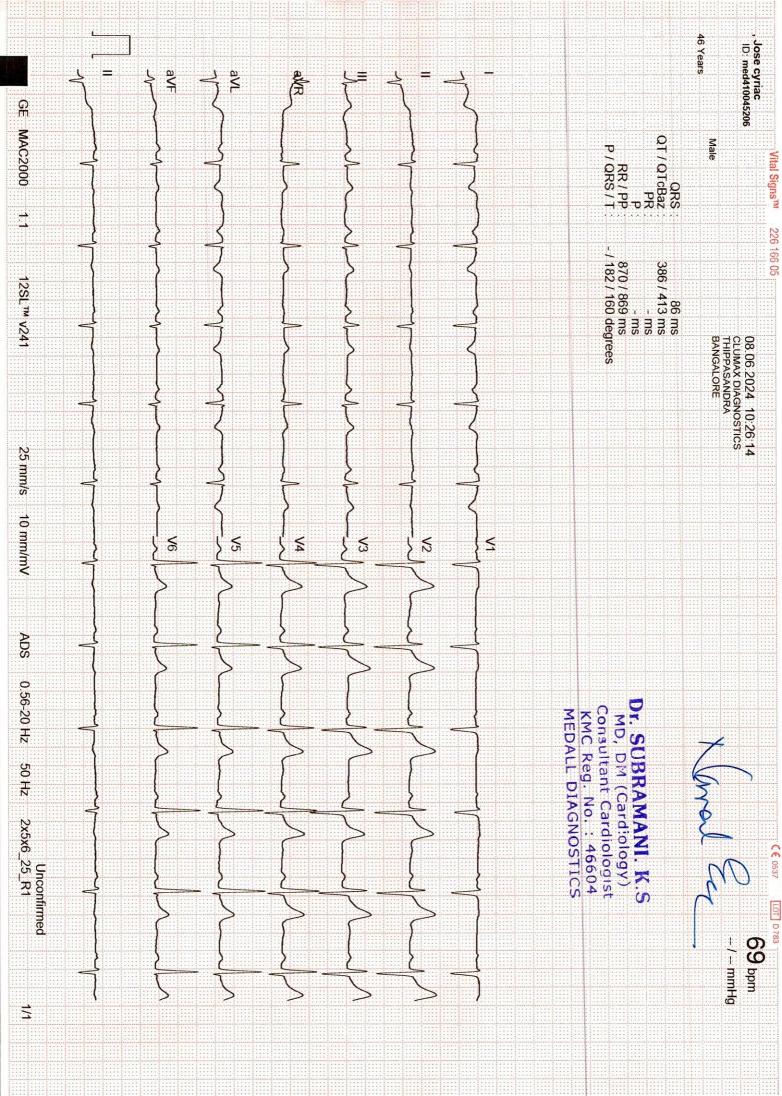
08/06/2024

Company Name :

MediWheel

S.No	Modality	Mediwheel Full Body Health Checkup Study	AccessionNo	Time	Signature
1	LAB	BLOOD UREA NITROGEN (BUN)		inic	Signature
2	LAB	CREATININE			
3	LAB	GLUCOSE - FASTING			
4	LAB	GLUCOSE - POSTPRANDIAL (2 HRS)			
5	LAB	GLYCOSYLATED HAEMOGLOBIN (HbA1c)			
6	LAB	URIC ACID			
7	LAB	LIPID PROFILE			
8	LAB	LIVER FUNCTION TEST (LFT)			
9	LAB	TOTAL PROSTATE SPECIFIC ANTIGEN - PSA			
10	LAB	THYROID PROFILE/ TFT( T3, T4, TSH)			
11	LAB	URINE GLUCOSE - FASTING			
12	LAB	URINE GLUCOSE - POSTPRANDIAL (2 Hrs)	109		
13	LAB	COMPLETE BLOOD COUNT WITH ESR			
14	LAB	STOOL ANALYSIS - ROUTINE			
15	LAB	URINE ROUTINE			
16	LAB	BUN/CREATININE RATIO			
17	LAB	BLOOD GROUP & RH TYPE (Forward Reverse)			
10000		ECG	IND14696251138		
19	OTHERS	Treadmill / 2D Echo	IND146962514690		
20	OTHERS	physical examination	IND146962515279		4
	US	ULTRASOUND ABDOMEN	IND146962515292	7	
_	OTHERS	Dental Consultation	IND146962516289		
		EVE CLIECULE	IND146962517756		
		V DAY CHECT	IND146962518659	-	
25 (	OTHERS	C 111	IND146962518736		

Registerd By (S.LALITHA)



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 : MED410045206
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 : 08/06/2024 8:06 AM

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 : 46 Year(s) / Male
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 : 08/06/2024 2:37 PM

 Type
 : OP
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 : 10/06/2024 3:22 PM

Ref. Dr : MediWheel

Investigation	Observed Value	<u>Unit</u>	<u>Biological</u> <u>Reference Interval</u>
Complete Blood Count With - ESR			
Haemoglobin (EDTA Blood'SLS Hemoglobin method)	14.4	g/dL	13.5 - 18.0
Packed Cell Volume(PCV)/Haematocrit (EDTA Blood/RBC pulse height detection method)	42.8	%	42 - 52
RBC Count (EDTA Blood/Impedance/Coulter Principle)	5.05	mill/cu.mm	4.7 - 6.0
Mean Corpuscular Volume(MCV) (EDTA Blood/Calculated)	84.8	fL	78 - 100
Mean Corpuscular Haemoglobin(MCH) (EDTA Blood/Calculated)	28.6	pg	27 - 32
Mean Corpuscular Haemoglobin concentration(MCHC) (EDTA Blood/Calculated)	33.7	g/dL	32 - 36
RDW-CV (EDTA Blood/Calculated)	13.5	%	11.5 - 16.0
RDW-SD (EDTA Blood/Calculated)	40.07	fL	39 - 46
Total Leukocyte Count (TC) (EDTA Blood/Impedance/Coulter Principle)	4600	cells/cu.mm	4000 - 11000
Neutrophils (EDTA Blood/Flow cytometry)	55.5	%	40 - 75
Lymphocytes (EDTA Blood/Flow cytometry)	30.2	%	20 - 45
Eosinophils (EDTA Blood/Flow cytometry)	3.4	%	01 - 06
Monocytes (EDTA Blood/Flow cytometry)	9.9	%	01 - 10
Basophils (Blood/Flow cytometry)	1.0	%	00 - 02

INTERPRETATION: Tests done on Automated Five Part cell counter. All abnormal results are reviewed and confirmed microscopically.







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<u>Investigation</u>	Observed Value	<u>Unit</u>	<u>Biological</u> <u>Reference Interval</u>
Absolute Neutrophil count (EDTA Blood/Calculated)	2.55	10^3 / μl	1.5 - 6.6
Absolute Lymphocyte Count (EDTA Blood/Calculated)	1.39	10^3 / μl	1.5 - 3.5
Absolute Eosinophil Count (AEC) (EDTA Blood/Calculated)	0.16	10^3 / μl	0.04 - 0.44
Absolute Monocyte Count (EDTA Blood/Calculated)	0.46	10^3 / μl	< 1.0
Absolute Basophil count (EDTA Blood/Calculated)	0.05	10^3 / μl	< 0.2
Platelet Count (EDTA Blood/Impedance/Coulter Principle)	236	10^3 / μl	150 - 450
MPV (EDTA Blood/Calculated)	7.4	fL	7.9 - 13.7
PCT (EDTA Blood/Calculated)	0.17	%	0.18 - 0.28
ESR (Erythrocyte Sedimentation Rate) (Citrated Blood/Capillary Photometry Technology)	2	mm/hr	< 15
Glucose Fasting (FBS) (Plasma - F/Hexokinase)	87.41	mg/dL	Normal: < 100 Pre Diabetic: 100 - 125 Diabetic: >= 126

**INTERPRETATION:** Factors such as type, quantity and time of food intake, Physical activity, Psychological stress, and drugs can influence blood glucose level.

Glucose, Fasting (Urine)	Negative		Negative
(Urine - F/Hexokinase)			
Glucose Postprandial (PPBS)	65.05	mg/dL	70 - 140

(Plasma - PP/Hexokinase)

#### INTERPRETATION:

Factors such as type, quantity and time of food intake, Physical activity, Psychological stress, and drugs can influence blood glucose level. Fasting blood glucose level may be higher than Postprandial glucose, because of physiological surge in Postprandial Insulin secretion, Insulin resistance, Exercise or Stress, Dawn Phenomenon, Somogyi Phenomenon, Anti- diabetic medication during treatment for Diabetes.

Urine Glucose(PP-2 hours)

Negative

Negative

(Urine - PP/Hexokinase)







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Investigation	<u>Observed</u> <u>Value</u>	<u>Unit</u>	<u>Biological</u> <u>Reference Interval</u>
Blood Urea Nitrogen (BUN) (Serum/Urease UV / derived)	12.7	mg/dL	7.0 - 21
Creatinine (Serum/Modified Jaffe)	1.14	mg/dL	0.9 - 1.3

INTERPRETATION: Elevated Creatinine values are encountered in increased muscle mass, severe dehydration, Pre-eclampsia, increased ingestion of cooked meat, consuming Protein/ Creatine supplements, Diabetic Ketoacidosis, prolonged fasting, renal dysfunction and drugs such as cefoxitin ,cefazolin, ACE inhibitors ,angiotensin II receptor antagonists,N-acetylcyteine , chemotherapeutic agent such as flucytosine etc.

ctc.			
Uric Acid (Serum/Enzymatic)	6.08	mg/dL	3.5 - 7.2
Liver Function Test			
Bilirubin(Total) (Serum/DCA with ATCS)	2.44	mg/dL	0.1 - 1.2
Bilirubin(Direct) (Serum/Diazotized Sulfanilic Acid)	0.66	mg/dL	0.0 - 0.3
Bilirubin(Indirect) (Serum/Derived)	1.78	mg/dL	0.1 - 1.0
SGOT/AST (Aspartate Aminotransferase) (Serum/ <i>Modified IFCC</i> )	26.45	U/L	5 - 40
SGPT/ALT (Alanine Aminotransferase) (Serum/ <i>Modified IFCC</i> )	23.00	U/L	5 - 41
GGT(Gamma Glutamyl Transpeptidase) (Serum/IFCC / Kinetic)	13.48	U/L	< 55
Alkaline Phosphatase (SAP) (Serum/ <i>Modified IFCC</i> )	67.5	U/L	53 - 128
Total Protein (Serum/Biuret)	7.41	gm/dl	6.0 - 8.0
Albumin (Serum/Bromocresol green)	4.90	gm/dl	3.5 - 5.2
Globulin (Serum/ <i>Derived</i> )	2.51	gm/dL	2.3 - 3.6







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Investigation	Observed <u>Value</u>	<u>Unit</u>	<u>Biological</u> <u>Reference Interval</u>
A : G RATIO (Serum/ <i>Derived</i> )	1.95		1.1 - 2.2
<u>Lipid Profile</u>			
Cholesterol Total (Serum/CHOD-PAP with ATCS)	178.71	mg/dL	Optimal: < 200 Borderline: 200 - 239 High Risk: >= 240
Triglycerides (Serum/GPO-PAP with ATCS)	157.71	mg/dL	Optimal: < 150 Borderline: 150 - 199 High: 200 - 499 Very High: >= 500

**INTERPRETATION:** The reference ranges are based on fasting condition. Triglyceride levels change drastically in response to food, increasing as much as 5 to 10 times the fasting levels, just a few hours after eating. Fasting triglyceride levels show considerable diurnal variation too. There is evidence recommending triglycerides estimation in non-fasting condition for evaluating the risk of heart disease and screening for metabolic syndrome, as non-fasting sample is more representative of the `usual\_circulating level of triglycerides during most part of the day.

HDL Cholesterol (Serum/Immunoinhibition)	45.15	mg/dL	Optimal(Negative Risk Factor): >= 60 Borderline: 40 - 59 High Risk: < 40
LDL Cholesterol (Serum/Calculated)	102.1	mg/dL	Optimal: < 100 Above Optimal: 100 - 129 Borderline: 130 - 159 High: 160 - 189 Very High: >= 190
VLDL Cholesterol (Serum/Calculated)	31.5	mg/dL	< 30
Non HDL Cholesterol (Serum/Calculated)	133.6	mg/dL	Optimal: < 130 Above Optimal: 130 - 159 Borderline High: 160 - 189 High: 190 - 219 Very High: >= 220







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	<u>Value</u>	Reference Interval

INTERPRETATION: 1. Non-HDL Cholesterol is now proven to be a better cardiovascular risk marker than LDL Cholesterol. 2. It is the sum of all potentially atherogenic proteins including LDL, IDL, VLDL and chylomicrons and it is the "new bad cholesterol" and is a co-primary target for cholesterol lowering therapy.

Total Cholesterol/HDL Cholesterol	4	Optimal: < 3.3
Ratio		Low Risk: 3.4 - 4.4
(Serum/Calculated)		Average Risk: 4.5 - 7.1
,		Moderate Risk: 7.2 - 11.0
		High Risk: > 11.0

Triglyceride/HDL Cholesterol Ratio	3.5	Optimal: < 2.5
(TG/HDL)		Mild to moderate risk: 2.5 - 5.0
(Serum/Calculated)		High Risk: > 5.0

LDL/HDL Cholesterol Ratio	2.3	Optimal: 0.5 - 3.0
(Serum/Calculated)		Borderline: 3.1 - 6.0
		High Risk: > 6.0

## Glycosylated Haemoglobin (HbA1c)

HbA1C 5.2 % Normal: 4.5 - 5.6 (Whole Blood/HPLC) Prediabetes: 5.7 - 6.4 Diabetic: >= 6.5

Diabetic. >=

INTERPRETATION: If Diabetes - Good control: 6.1 - 7.0 %, Fair control: 7.1 - 8.0 %, Poor control >= 8.1 %

Estimated Average Glucose 102.54 mg/dL

(Whole Blood)

## **INTERPRETATION: Comments**

HbA1c provides an index of Average Blood Glucose levels over the past 8 - 12 weeks and is a much better indicator of long term glycemic control as compared to blood and urinary glucose determinations.

Conditions that prolong RBC life span like Iron deficiency anemia, Vitamin B12 & Folate deficiency,

hypertriglyceridemia, hyperbilirubinemia, Drugs, Alcohol, Lead Poisoning, Asplenia can give falsely elevated HbA1C values.

Conditions that shorten RBC survival like acute or chronic blood loss, hemolytic anemia, Hemoglobinopathies, Splenomegaly, Vitamin E ingestion, Pregnancy, End stage Renal disease can cause falsely low HbAlc.







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Investigation	Observed Value	<u>Unit</u>	<u>Biological</u> <u>Reference Interval</u>
Prostate specific antigen - Total(PSA) (Serum/Manometric method)	1.36	ng/ml	Normal: 0.0 - 4.0 Inflammatory & Non Malignant conditions of Prostate & genitourinary system: 4.01 - 10.0 Suspicious of Malignant disease of Prostate: > 10.0

#### INTERPRETATION: Analytical sensitivity: 0.008 - 100 ng/mL

PSA is a tumor marker for screening of prostate cancer. Increased levels of PSA are associated with prostate cancer and benign conditions like bacterial infection, inflammation of prostate gland and benign hypertrophy of prostate/ benign prostatic hyperplasia (BPH).

Transient elevation of PSA levels are seen following digital rectal examination, rigorous physical activity like bicycle riding, ejaculation within 24 hours.

PSA levels tend to increase in all men as they age.

Clinical Utility of PSA:

**I**n the early detection of Prostate cancer.

**Č**As an aid in discriminating between Prostate cancer and Benign Prostatic disease.

ðΓo detect cancer recurrence or disease progression.

#### THYROID PROFILE / TFT

T3 (Triiodothyronine) - Total	0.968	ng/ml	0.7 - 2.04
-------------------------------	-------	-------	------------

(Serum/ECLIA)

#### **INTERPRETATION:**

#### **Comment:**

Total T3 variation can be seen in other condition like pregnancy, drugs, nephrosis etc. In such cases, Free T3 is recommended as it is Metabolically active.

T4 (Tyroxine) - Total 7.35  $\mu$ g/dl 4.2 - 12.0

(Serum/ECLIA)

#### INTERPRETATION:

#### **Comment:**

Total T4 variation can be seen in other condition like pregnancy, drugs, nephrosis etc. In such cases, Free T4 is recommended as it is Metabolically active.

TSH (Thyroid Stimulating Hormone) 1.91 μIU/mL 0.35 - 5.50 (Serum/ECLIA)







The results pertain to sample tested.

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	<u>Value</u>	Reference Interval

#### INTERPRETATION:

Reference range for cord blood - upto 20

1 st trimester: 0.1-2.5 2 nd trimester 0.2-3.0 3 rd trimester : 0.3-3.0

(Indian Thyroid Society Guidelines)

#### **Comment:**

- 1.TSH reference range during pregnancy depends on Iodine intake, TPO status, Serum HCG concentration, race, Ethnicity and BMI.
- 2.TSH Levels are subject to circadian variation, reaching peak levels between 2-4am and at a minimum between 6-10PM. The variation can be of the order of 50%, hence time of the day has influence on the measured serum TSH concentrations.
- 3. Values&amplt 0.03 µIU/mL need to be clinically correlated due to presence of rare TSH variant in some individuals.

# PHYSICAL EXAMINATION (URINE COMPLETE)

Colour (Urine)	Pale yellow	Yellow to Amber
Appearance (Urine)	Clear	Clear
Volume(CLU) (Urine)	25	
<u>CHEMICAL EXAMINATION (URIN</u> <u>COMPLETE)</u>	<u>'E</u>	
pH (Urine)	5.0	4.5 - 8.0
Specific Gravity (Urine)	1.011	1.002 - 1.035
Ketone (Urine)	Negative	Negative
Urobilinogen (Urine)	Normal	Normal
Blood (Urine)	Negative	Negative
Nitrite (Urine)	Negative	Negative







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<u>Investigation</u>	Observed Value	<u>Unit</u>	<u>Biological</u> <u>Reference Interval</u>
Bilirubin (Urine)	Negative		Negative
Protein (Urine)	Negative		Negative
Glucose Urine/ <i>GOD - POD</i> )	Negative		Negative
Leukocytes(CP) (Urine)	Negative		
MICROSCOPIC EXAMINATION (URINE COMPLETE)			
Pus Cells (Urine)	0-2	/hpf	NIL
Epithelial Cells (Urine)	0-2	/hpf	NIL
RBCs (Urine)	NIL	/HPF	NIL
Others Urine)	NIL		
INTERPRETATION: Note: Done with Autom reviewed and confirmed microscopically.	nated Urine Analyser &	& Automated urine sedin	nentation analyser. All abnormal report

Casts NIL /hpf NIL (Urine)

Crystals NIL /hpf NIL

(Urine)







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InvestigationObserved ValueUnitBiological Reference IntervalBUN / Creatinine Ratio11.16.0 - 22.0





**APPROVED BY** 

**PID No.** : MED410045206

- 404020270

**SID No.** : 424036878

Age / Sex : 46 Year(s) / Male Type : OP

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Investigation Observed Value

<u>Unit</u>

Biological Reference Interval

**URINE ROUTINE** 





**APPROVED BY** 

-- End of Report --

Name	MR.JOSE CYRIAC	ID	MED410045206
Age & Gender	46Y/MALE	Visit Date	08 Jun 2024
Ref Doctor Name	MediWheel		

## 2 D ECHOCARDIOGRAPHIC STUDY

## M mode measurement:

AORTA : 3.3cms

LEFT ATRIUM : 3.2cms

AVS :----

LEFT VENTRICLE (DIASTOLE) : 4.4cms

(SYSTOLE) : 2.9cms

VENTRICULAR SEPTUM (DIASTOLE) : 0.9cms

(SYSTOLE) : 1.4cms

POSTERIOR WALL (DIASTOLE) : 0.9cms

(SYSTOLE) : 1.5cms

EDV : 89ml

ESV : 31ml

FRACTIONAL SHORTENING : 36%

EJECTION FRACTION : 65%

EPSS :---

RVID : 1.9cms

## **DOPPLER MEASUREMENTS:**

MITRAL VALVE : E' 0.99 m/s A' 0.69 m/s NO MR

AORTIC VALVE : 1.07 m/s NO AR

TRICUSPID VALVE : E' - m/s A' - m/s NO TR

PULMONARY VALVE : 0.76 m/s NO PR

Name	MR.JOSE CYRIAC	ID	MED410045206
Age & Gender	46Y/MALE	Visit Date	08 Jun 2024
Ref Doctor Name	MediWheel		

## **2D ECHOCARDIOGRAPHY FINDINGS:**

Left ventricle : Normal size, Normal systolic function.

No regional wall motion abnormalities.

Left Atrium : Normal.

Right Ventricle : Normal.

Right Atrium : Normal.

Mitral valve : Normal, No mitral valve prolapsed.

Aortic valve : Normal, Trileaflet.

Tricuspid valve : Normal.

Pulmonary valve : Normal.

IAS : Intact.

IVS : Intact.

Pericardium : No pericardial effusion.

## **IMPRESSION:**

- > NORMAL SIZED CARDIAC CHAMBERS.
- > NORMAL LV SYSTOLIC FUNCTION. EF:65 %.
- > NO REGIONAL WALL MOTION ABNORMALITIES.
- > NORMAL VALVES.
- > NO CLOTS / PERICARDIAL EFFUSION / VEGETATION.

DR. K.S. SUBRAMANI. MBBS, MD, DM (CARDIOLOGY) FESC SENIOR CONSULTANT INTERVENTIONAL CARDIOLOGIST SRI JAYADEVA INSTITUTE OF CARDIOLOGY, BANGALORE Kss/da

## Note:

- \* Report to be interpreted by qualified medical professional.
- \* To be correlated with other clinical findings.
- \* Parameters may be subjected to inter and intra observer variations.
- \*Any discrepancy in reports due to typing errors should be corrected as soon as possible.

Name	MR.JOSE CYRIAC	ID	MED410045206
Age & Gender	46Y/MALE	Visit Date	08 Jun 2024
Ref Doctor Name	MediWheel		

Name	MR.JOSE CYRIAC	ID	MED410045206
Age & Gender	46Y/MALE	Visit Date	08 Jun 2024
Ref Doctor Name	MediWheel	-	

## ABDOMINO-PELVIC ULTRASONOGRAPHY

**LIVER is normal in size and shows diffusely increased echogenicity**. No evidence of focal lesion or intrahepatic biliary ductal dilatation. Hepatic and portal vein radicals are normal.

### **GALL BLADDER** is contracted.

CBD is of normal calibre.

**PANCREAS** has normal shape, size and uniform echopattern. No evidence of ductal dilatation or calcification.

**SPLEEN** shows normal shape, size and echopattern.

No demonstrable Para -aortic lymphadenopathy.

**KIDNEYS** move well with respiration and have normal shape, size and echopattern. Cortico- medullary differentiations are well madeout. No evidence of calculus or hydronephrosis.

The kidney measures as follows:

·	Bipolar length (cms)	Parenchymal thickness (cms)
Right Kidney	10.0	1.2
Left Kidney	10.6	1.1

**URINARY BLADDER** shows normal shape and wall thickness. It has clear contents. No evidence of diverticula.

**PROSTATE** shows normal shape, size and echopattern. It measures 3.3 x 3.4 x 3.3cms (Vol:20cc).

No evidence of ascites / pleural effusion.

## **IMPRESSION:**

> GRADE I FATTY LIVER.

DR. SURESH N.M CONSULTANT RADIOLOGIST Snm/da

Name	MR.JOSE CYRIAC	ID	MED410045206
Age & Gender	46Y/MALE	Visit Date	08 Jun 2024
Ref Doctor Name	MediWheel		

Name	Mr. jose cyriac	Customer ID	MED410045206
Age & Gender	46Y/M	Visit Date	Jun 8 2024 8:05AM
Ref Doctor	MediWheel		

## X - RAY CHEST PA VIEW

Bilateral lung fields appear normal.

Cardiac size is within normal limits.

Bilateral hilar regions appear normal.

Bilateral domes of diaphragm and costophrenic angles are normal.

Visualised bones and soft tissues appear normal.

Impression: Essentially normal study.

DR. TRISHUL SHETTY
CONSULTANT RADIOLOGIST