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नाम : रश्मि राज
Name : Rashmi Raj
कर्मचारी क्र./ Employee No. : 646551
जन्म तिथि/ Birth Date : 19-05-1983
रक्त ग्रुप/ Blood Group : A+ve

हस्ताक्षर / Signature
Rashmi Raj

कार्ड करने का स्थान : क्षेत्रीय कार्यालय दिल्ली (दक्षिण)
Place of Issue : Ro Delhi (South)

कार्ड करने की तारीख : 31/अगस्त/२०२१
Date of Issue : 31-08-2021

कार्डकर्ता प्राधिकारी / Issuing Authority
[Signature]

MALIK RADIX HEALTH CARE PVT. LTD.
C-217, C-218, Nirman Vihar,
Delhi-110092
Ph.: 011-49287456, 011-61381379
Regd. No. 607

Rashmi

MALIK RADIX HEALTHCARE PVT LTD

UNI-EMC-217/218 NIRMAN VIHAR VIKAS MARG

DELHI 110092

RASHMI RAJ

ID : 3308

AGE/SEX : 40 Yr / F

HT/WT : /

DATE : 08-06-2024 01:33:18 PM

REF BY : Dr.

MACHINE INTERPRETATION : Short PR Interval. Sinus Rhythm. Abnormal T-axis Angle.

RATE : 78 bpm

BP : N/A

P Duration : 69 ms

PR Duration : 76 ms

QRS Duration : 89 ms

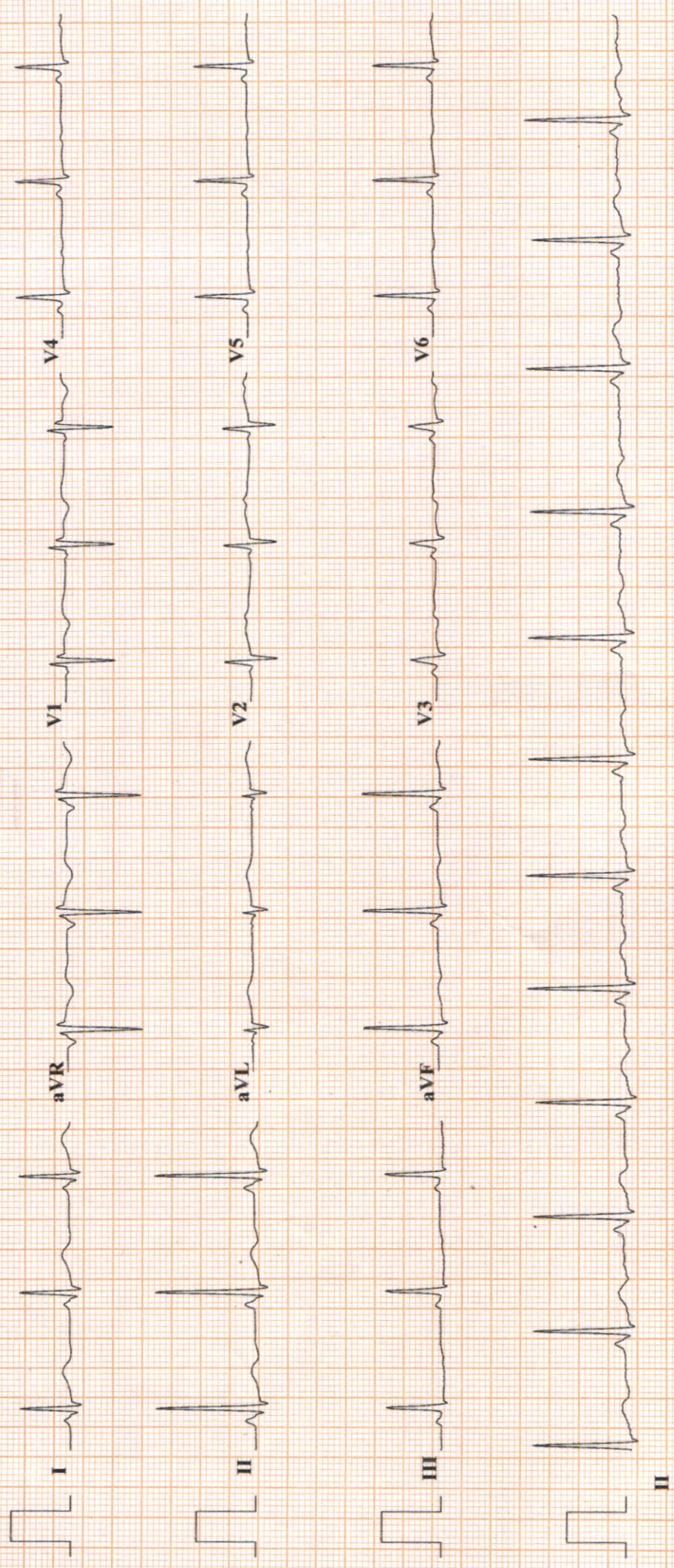
QT Interval : 376 ms

QTc Interval : 409 ms

Speed : 25 mm/s

Sensitivity : 10 mm/mV

Linked Median



RADIX MALIK HOSPITAL
RADIX MALIK HOSPITAL
NIRMAN VIHAR DELHI 110092

TREADMILL TEST REPORT

RASHMI RAJ : 2786
ID : 08-06-2024
DATE : 40 / F
AGE/SEX : 0 / 0
HT/WT :
REF. BY :

PROTOCOL : Bruce
HISTORY :
INDICATION :
MEDICATION :

PHASE	TOTAL TIME	STAGE TIME	SPEED Km/Hr	GRADE %	H.R. bpm	B.P. mmHg	RPP x100	ST LEVEL (MM)			METS
								II	V1	V5	
SUPINE					81	110 / 70	89	-0.5	0.3	-0.4	
STANDING					82	110 / 70	90	-0.5	0.4	-0.3	
HYPERTENT					85	110 / 70	93	-0.4	0.3	-0.1	
Stage 1	2:55	0:9	2.7	10	128	114 / 70	145	-2.6	0.5	-1.9	4.67
Stage 2	5:55	2:55	4	12	148	120 / 70	177	-2.9	0.4	-2.1	7.04
PK-EXERCISE	6:26	0:26	5.4	14	159	124 / 70	197	-3.2	0.6	-1.8	7.52
RECOVERY	9:29	2:55			94	124 / 70	116	-1	0.3	-0.6	
RECOVERY	12:29	5:55			87	120 / 70	104	-0.5	0.2	-0.3	

MAX WORK LOAD : 7.52 METS

RESULTS

EXERCISE DURATION : 6:26
 MAX HEART RATE : 160 bpm
 MAX BLOOD PRESSURE : 124 / 70 mm Hg
 REASON OF TERMINATION : THR. Achieved
 BP RESPONSE : None
 ARRHYTHMIA : None
 H.R. RESPONSE : None
IMPRESSIONS : IMT is Negative for Provocable myocardial Ischemia.

Dr. SHEIKH NAZIR AHMED
 M.D. "Physician"
 PGDCC
 DMC-48499

Technician :

RADIX MALIK HOSPITAL

ST @ 10mm/mV
80ms PostJ

RASHMI RAJ

I.D. 2786

Age 40/F

Date 08-06-2024

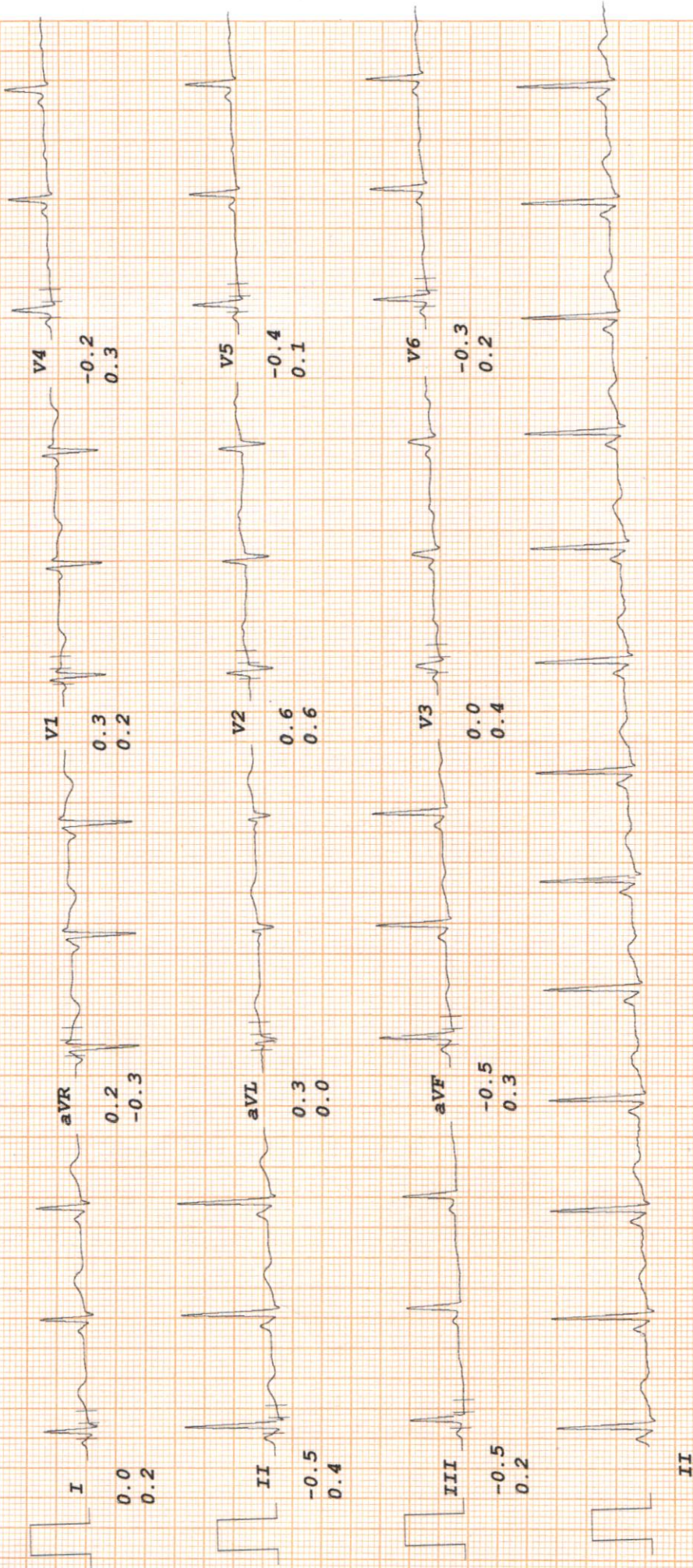
RATE 81bpm

B.P. 110/70

PRETEST

SUPINE

LINKED MEDIAN



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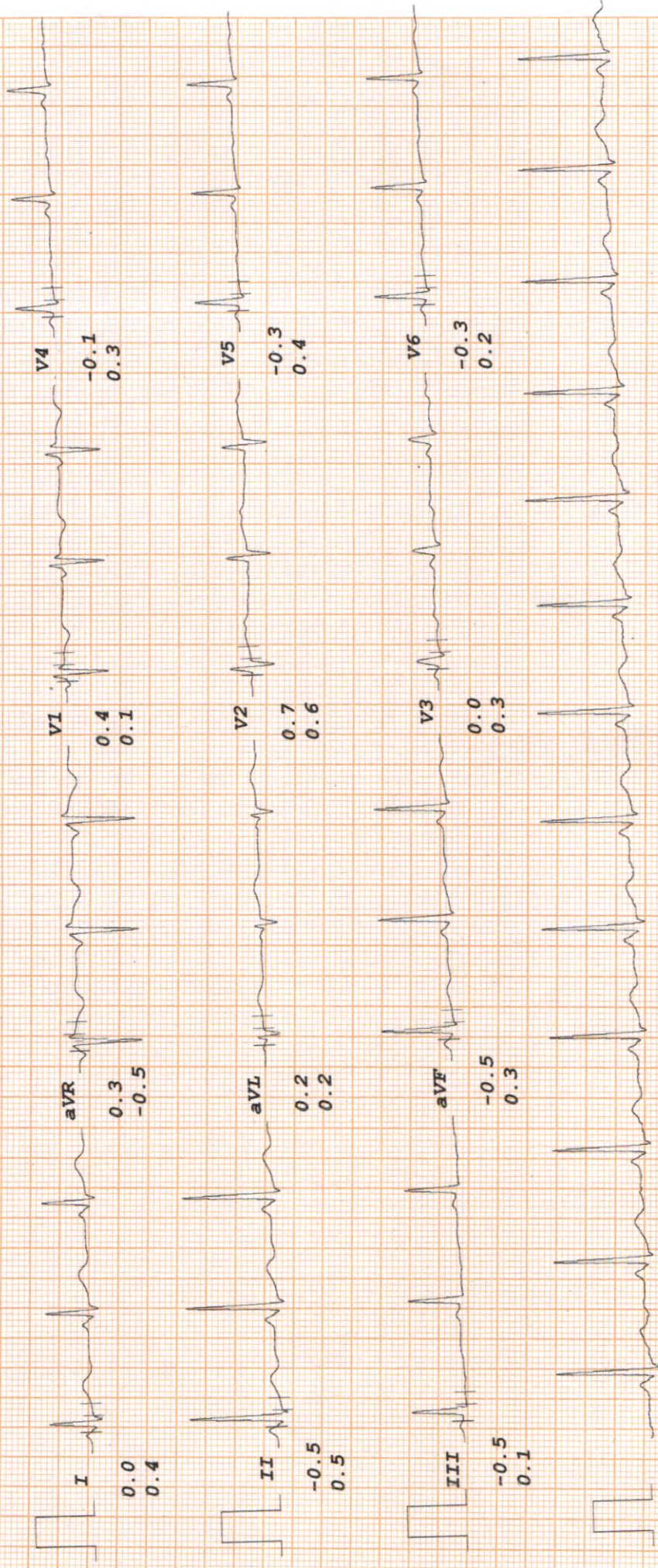
ST @ 10mm/mV
80ms PostJ

PRETEST
STANDING

RASHMI RAJ
I.D. 2786
Age 40/F
Date 08-06-2024

RATE 82bpm
B.P. 110/70

LINKED MEDIAN



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ST @ 10mm/mV
80ms PostJ

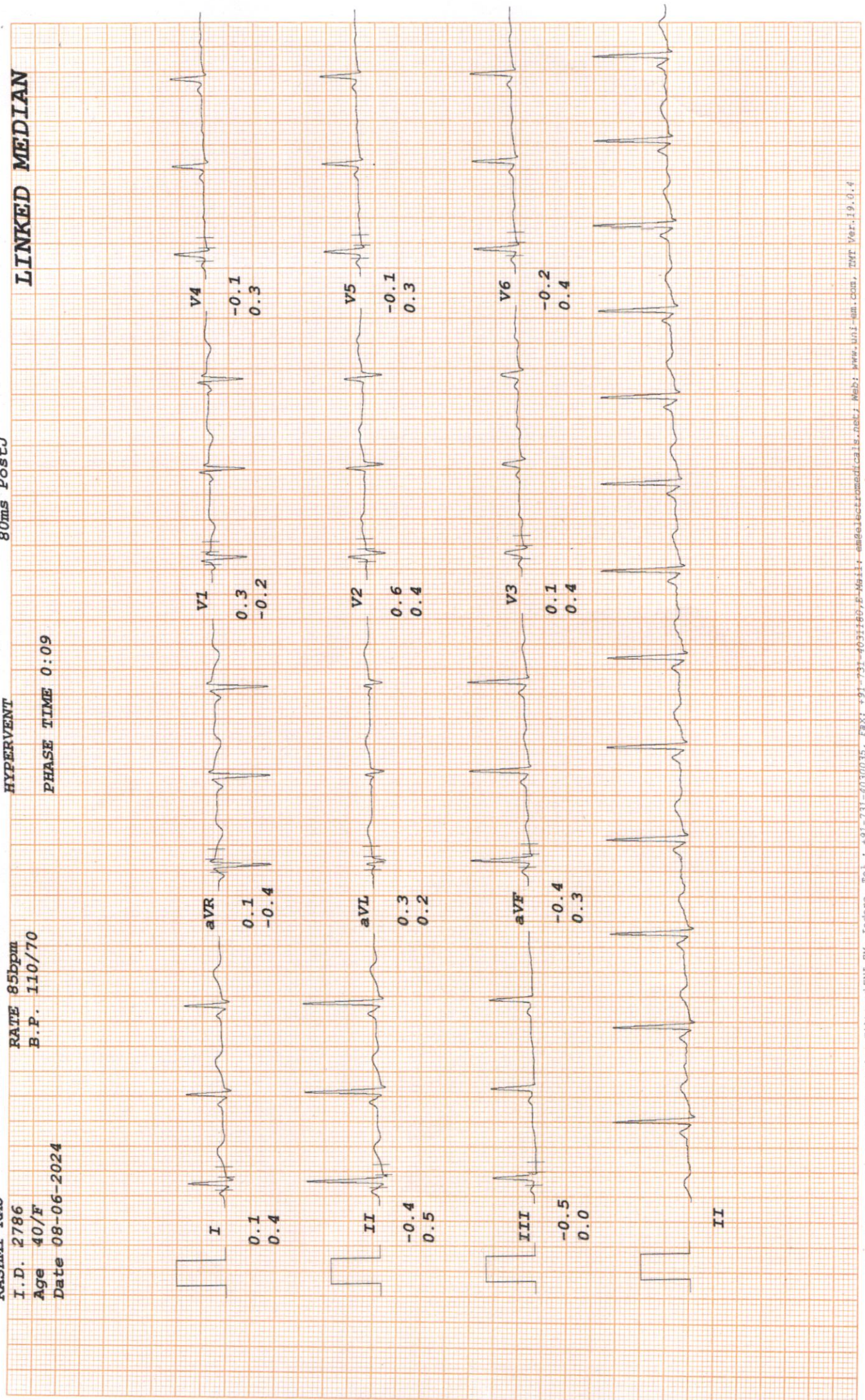
RASHMI RAJ

I.D. 2786
Age 40/F
Date 08-06-2024

PRETEST
HYPERVENT

PHASE TIME 0:09

LINKED MEDIAN



RADIX MALIK HOSPITAL

ST @ 10mm/mV
80ms PostJ

LINKED MEDIAN

Bruce

Stage 1

TOTAL TIME 2:55

PHASE TIME 2:55

RATE 128bpm

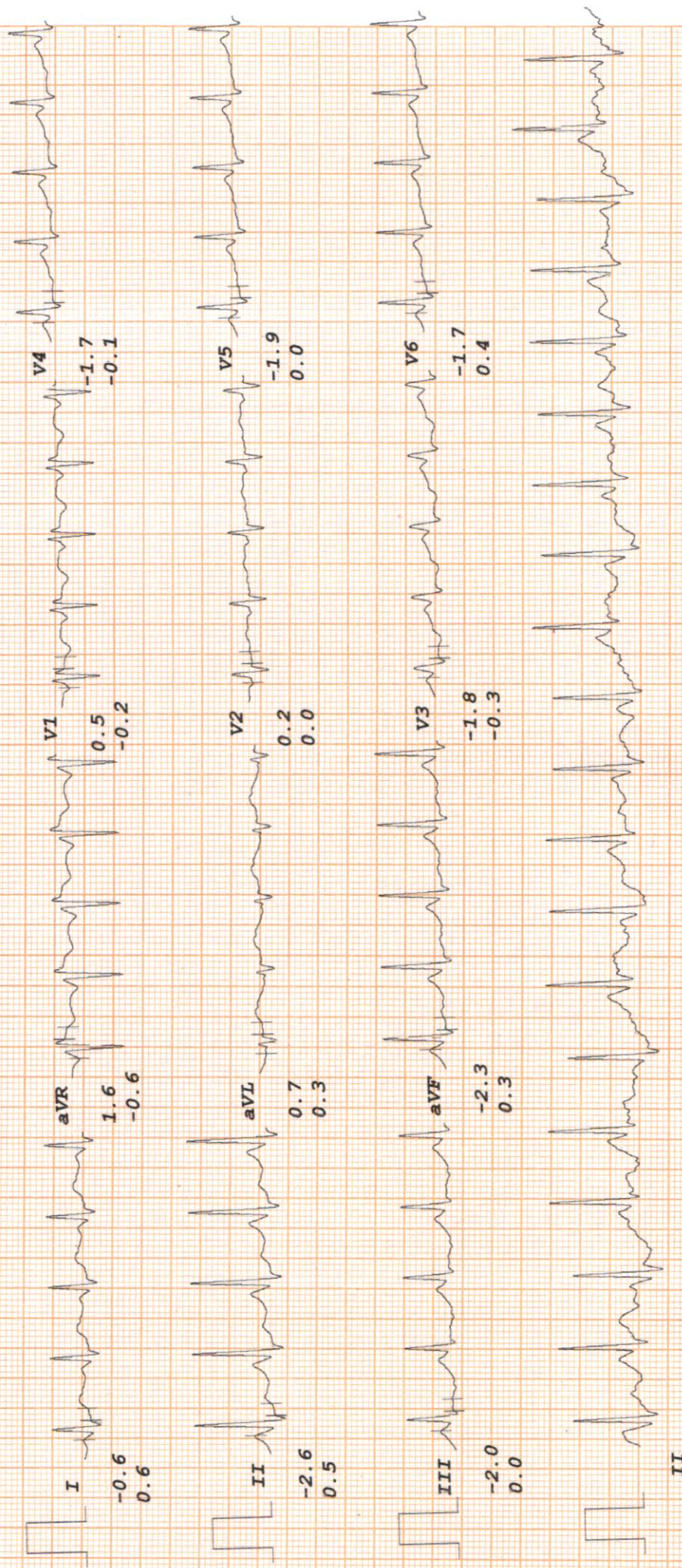
B.P. 114/70

RASHMI RAJ

I.D. 2786

Age 40/F

Date 08-06-2024



RADIX MALIK HOSPITAL

ST @ 10mm/mV

RASHMI RAJ

I.D. 2786

Age 40/F

Date 08-06-2024

RATE 148bpm

B.P. 120/70

Bruce

Stage 2

TOTAL TIME 5:55

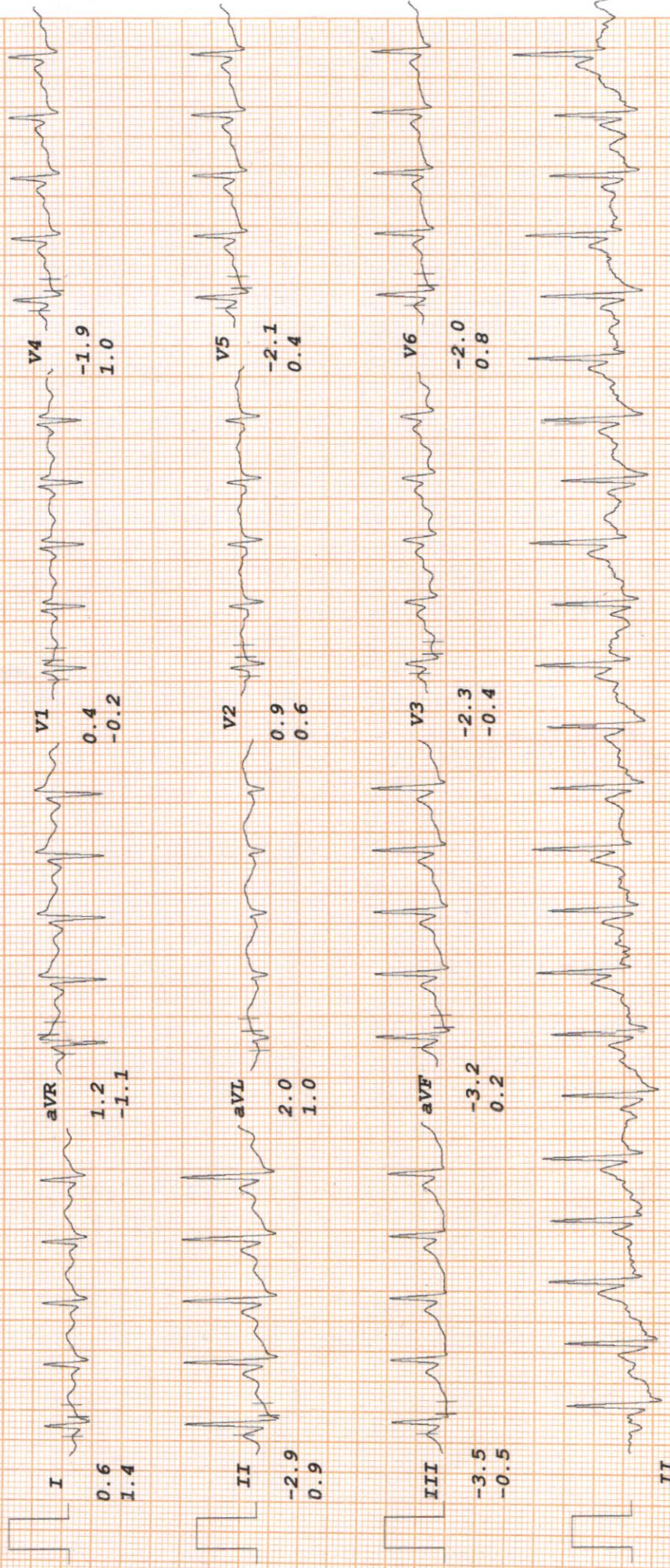
PHASE TIME 2:55

LINKED MEDIAN

80ms PostJ

Speed 4 km/hr

SLOPE 12 %



RADIX MALIK HOSPITAL

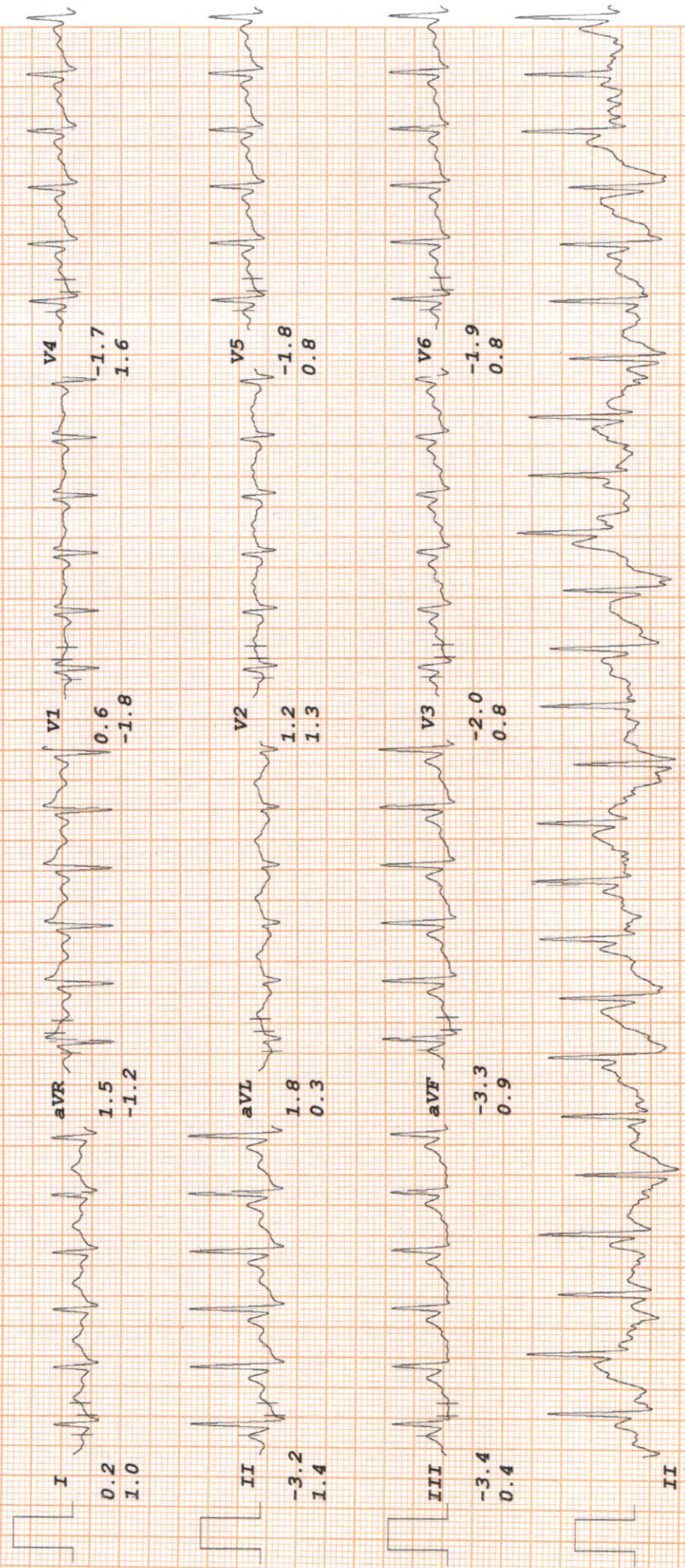
Bruce
ST @ 10mm/mV
80ms PostJ
Speed 5.4 km/hr
SLOPE 14 %

RASHMI RAJ
I.D. 2786
Age 40/F
Date 08-06-2024

PK-EXERCISE
TOTAL TIME 6:26
PHASE TIME 0:26

RATE 159bpm
B.P. 124/70

LINKED MEDIAN



RADIX MALIK HOSPITAL

RASHMI RAJ
 I.D. 2786
 Age 40/F
 Date 08-06-2024

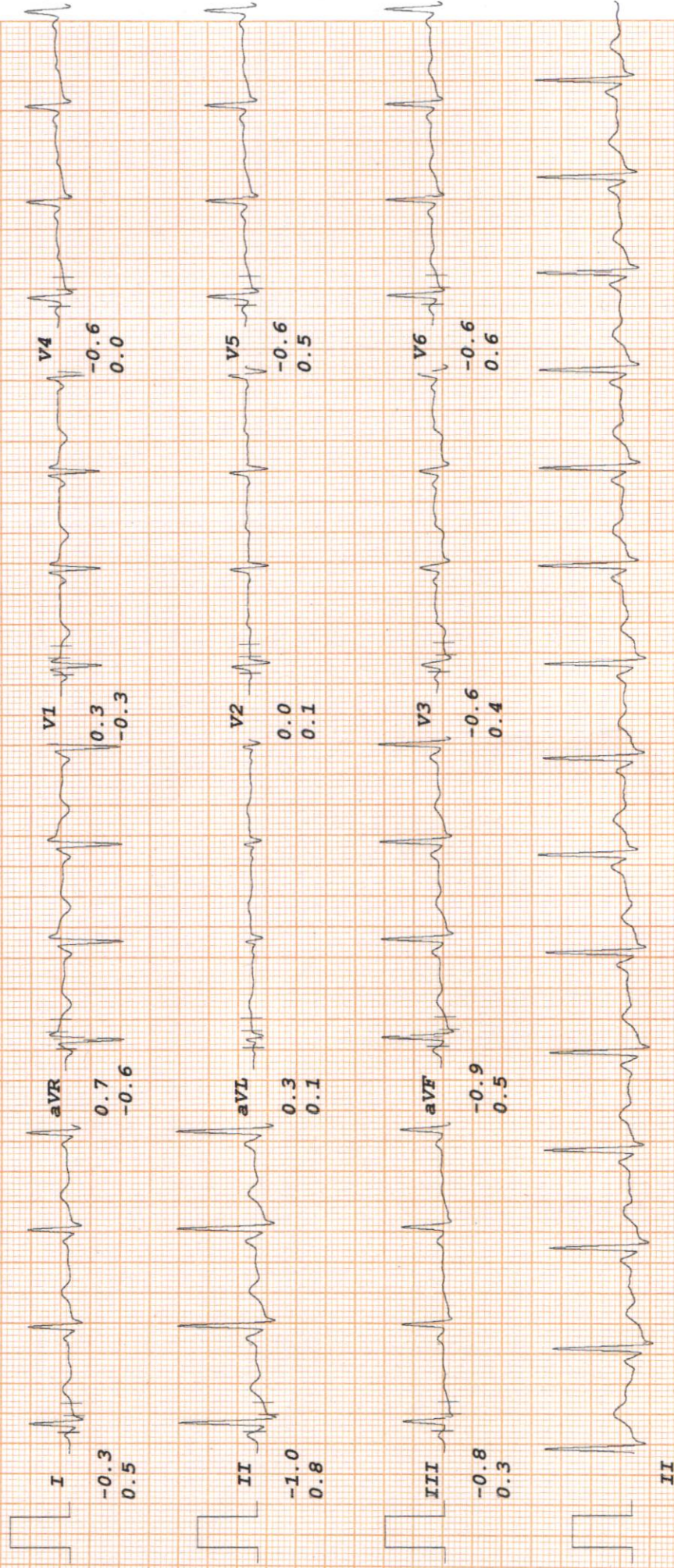
RATE 94bpm
 B.P. 124/70

Bruce

RECOVERY
 TOTAL TIME 9:29
 PHASE TIME 2:55

ST @ 10mm/mV
 80ms PostJ

LINKED MEDIAN



RADIX MALIK HOSPITAL

ST @ 10mm/mV

RASHMI RAJ

I.D. 2786

Age 40/F

Date 08-06-2024

Bruce

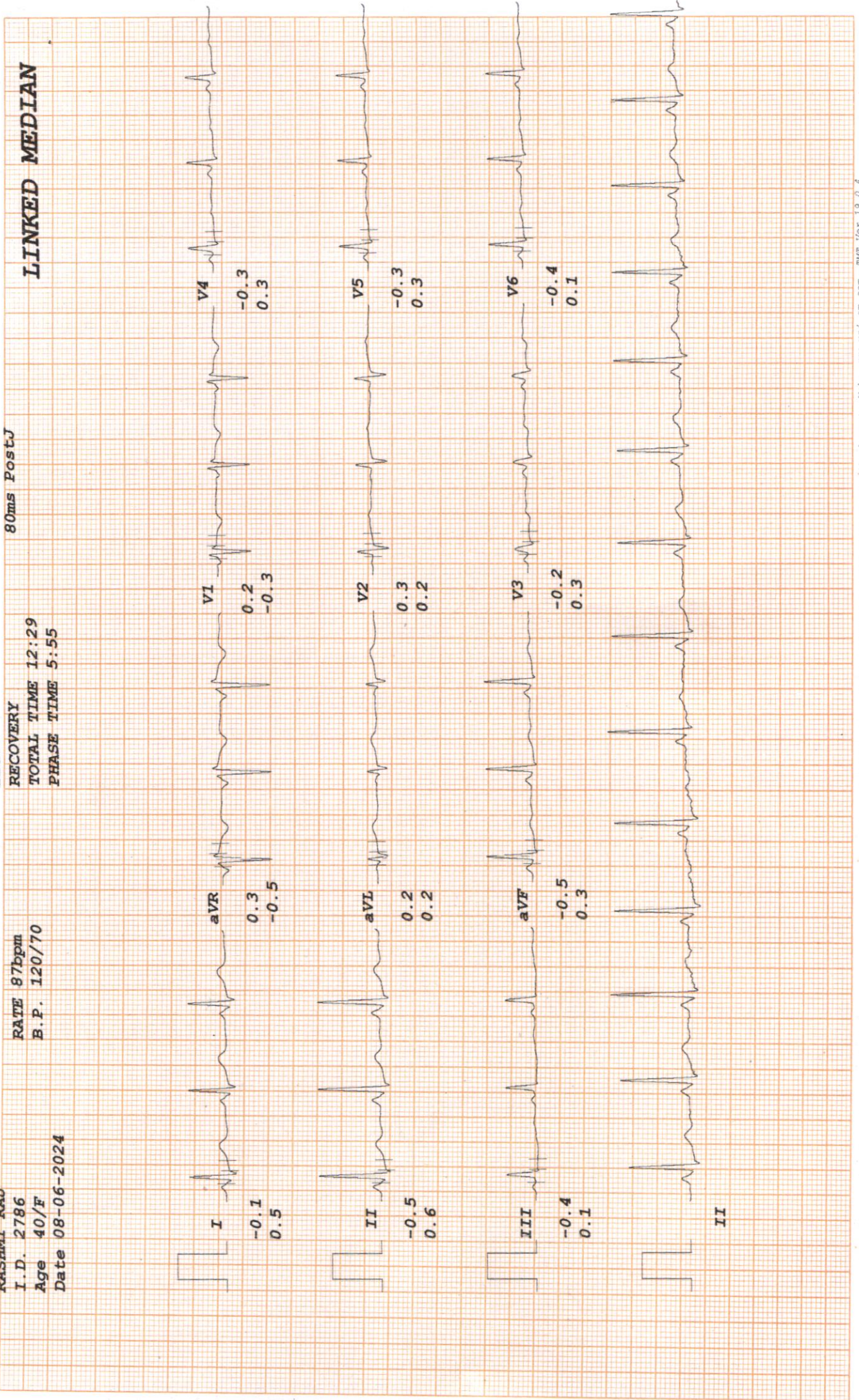
RECOVERY

TOTAL TIME 12:29

PHASE TIME 5:55

80ms PostJ

LINKED MEDIAN





EYE EXAMINATION (AHC)

Name: <u>Mrs. Rashmi Raj</u>	Age & Gender: <u>40yr / Female</u>
Ref.by: <u>Mediwheel</u>	Date: <u>08/06/24</u>

Without Correction		With Correction	
Distance - Right <u>6/60</u>	Left <u>6/60</u>	Distance - Right _____	Left _____
Near - Right <u>N6</u>	Left <u>N6</u>	Near - Right <u>N6</u>	Left <u>N6</u>

Color Vision: Normal Abnormal

Diagnosis: Presbyopia

Treatment Recommended: Wear gc in near work

(Handwritten signature)

(Handwritten signature)
Dr. Nidhi Gupta
MBBS, MS, DNB
Casualtant Ophthalmologist
Malik Radix Healthcare Pvt. Ltd.
DMC No. 121661

Facilities Available

- Multispeciality Hospital - 24 Hours Emergency - X-Ray/ ECG/ Ultrasound/ CT Scan - Dental- Fully Equipped Operation Theatre
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LAB REPORT

Reg. Date	08/06/2024	Patient Id	2406080002	DOB.	
Name	MRS. RASHMI RAJ	Gender	F	Perm. ID	
Age	40 Yrs. 0 Mn. 21 Day	Panel	MEDIWHEEL	Reported	08/06/2024 17:21:02
Ref. By	MEDIWHEEL				

Test Name	Result	Units	Ref. Range
MW FULL BODY ANNUAL PLUS CHECK AD. F			
<u>HAEMATOLOGY</u>			
<u>COMPLETE HAEMOGRAM</u>			
HAEMOGLOBIN (HB%)	11.0	gm/dl	12 - 15
TOTAL LEUCOCYTE COUNT (TLC)	6,800	/cumm	4000 - 11000
<u>DIFFERENTIAL LEUCOCYTE COUNT (DLC)</u>			
NEUTROPHIL	57	%	40 - 80
LYMPHOCYTE	38	%	28 - 55
MONOCYTE	03	%	02 - 10
EOSINOPHIL	02	%	01 - 06
BASOPHIL	00	%	0 - 0
ESR (WESTEGREN'S METHOD)	24	mm/1st hr.	0 - 15
R B C COUNT	3.99	Millions/cmm	4.247 - 5.4
P.C.V / HAEMATOCRIT	36.0	%	35 - 45
M C V	90.2	fl.	80 - 100
M C H	27.6	Picogram	27.0 - 31.0
M C H C	30.6	gm/dl	33 - 37
PLATELET COUNT	2.04	Lakh/cu mm	1.50 - 4.50
BLOOD GROUP ABO	" A "		
RH TYPING	Positive		
BLOOD SUGAR FASTING	103.84	mg/dl	70 - 100
<u>THYROID PROFILE</u>			
Free T3 ELFA	3.21	ng/ml	02 - 04
Free T4 ELFA	1.14	ug/dl	0.8 - 2.7
TSH Serum/ELFA	2.730	uIU/ml	

Checked by : _____
Page 1 Contd...2

If test results are alarming or unexpected, patient is advised to contact the laboratory immediately for possible remedial action.

Facilities Available

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LAB REPORT

Reg. Date	08/06/2024	Patient Id	2406080002	DOB.	
Name	MRS. RASHMI RAJ	Gender	F	Perm. ID	
Age	40 Yrs. 0 Mn. 21 Day	Panel	MEDIWHEEL	Reported	08/06/2024 17:21:02
Ref. By	MEDIWHEEL				

Test Name	Result	Units	Ref. Range
			0.25 - 5.50 uIU/ml

Interpretation

Clinical Use

- Diagnose Hypothyroidism and Hyperthyroidism
- Monitor T4 replacement or T4 suppressive Therapy
- Quantify TSH levels in the subnormal range

Increased Levels : Primary Hypothyroidism Subclinical Hypothyroidism, TSH dependent, Thyroid Hormone Resistance.

Decreased Levels : Grave's Disease, Autonomous Thyroid Hormone Secretion, TSH Deficiency

LIPID PROFILE

TOTAL CHOLESTEROL	205.70	mg/dL	130.0 - 200.0 (<200)
TRIGLYCERIDES	242.70	mg/dL	80.5 - 150.0 (<150)
H D L CHOLESTEROL DIRECT	60.1	mg/dL	42.0 - 60.0 (<40->59)
V L D L	48.5	mg/dL	4.0 - 30. (23-45)
L D L CHOLESTEROL	97.1	mg/dL	50.0 - 150.0 (50-150)
TOTAL CHOLESTEROL / HDL RATIO	3.4		3.3 - 5.1
LDL / HDL CHOLESTEROL RATIO	1.6		1.5 - 3.5
SERUM URIC ACID	5.34	mg/dl	2.4 - 6.0
BLOOD UREA NITROGEN (BUN)	10.50	mg/dl	6.0 - 21.0
SERUM CREATININE	0.60	mg/dl	0.6 - 1.2
TOTAL PROTEIN	6.10	gm/dl	6.0 - 8.3

Checked by : _____
 Page 2 Contd...3

If test results are alarming or unexpected, patient is advised to contact the laboratory immediately for possible remedial action.

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LAB REPORT

Reg. Date	08/06/2024	Patient Id	2406080002	DOB.	
Name	MRS. RASHMI RAJ	Gender	F	Perm. ID	
Age	40 Yrs. 0 Mn. 21 Day	Panel	MEDIWHEEL	Reported	08/06/2024 17:21:02
Ref. By	MEDIWHEEL				

Test Name	Result	Units	Ref. Range
BUN/CREAT RATIO	17.5	mg/dl	10 - 20
<u>LIVER FUNCTION TEST (LFT)</u>			
BILIRUBIN TOTAL	1.10	mg/dl	0.2 - 1.2
CONJUGATED (D. BILIRUBIN)	0.31	mg/dl	0.00 - 0.3
UNCONJUGATED (I.D.BILIRUBIN)	0.79	mg/dl	0.2 - 0.9
SGOT / AST	22.70	IU/L	0 - 35
SGPT / ALT	29.4	IU/L	0 - 35
ALKALINE PHOSPHATASE	164.40	U/L	64 - 306
TOTAL PROTEIN	6.10	gm/dl	6.0 - 8.3
ALBUMIN	3.97	gm/dl	3.2 - 5.0
GLOBULIN	2.13	gm/dl	2.5 - 5.6
A/G RATIO	1.86		0.9 - 2.0
GAMMA GT	20.30	IU/L	0.0 - 35.0
Pap Smear (Above 40 years)			
Urine Routine Examination			
PHYSICAL EXAMINATION			
QUANTITY	30	ml.	
COLOUR	Pale Yellow		Pale Yellow
TRANSPARENCY	Turbid		
SPECIFIC GRAVITY	1.015		
PH	6.0		
CHEMICAL EXAMINATION			
ALBUMIN	Nil		
SUGAR	Nil		
MICROSCOPIC EXAMINATION			
PUS CELLS	1-2	/HPF	

Checked by : _____
 Page 3 Contd...4

If test results are alarming or unexpected, patient is advised to contact the laboratory immediately for possible remedial action.

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LAB REPORT

Reg. Date	08/06/2024	Patient Id	2406080002	DOB.	
Name	MRS. RASHMI RAJ	Gender	F	Perm. ID	
Age	40 Yrs. 0 Mn. 21 Day	Panel	MEDIWHEEL	Reported	08/06/2024 17:21:02
Ref. By	MEDIWHEEL				

Test Name	Result	Units	Ref. Range
RBC'S	Nil	/HPF	
CASTS	Nil		
CRYSTALS	NIL		
EPITHELIAL CELLS	0-1	/HPF	
BACTERIA	Nil		
OTHERS	Nil		

Dr. Reema Dahiyia
Dr. REEMA DAHIYA
 M.B.B.S, MD (Path.)
 Checked by _____
 Page 4 of 4

DR. MEENU AGGARWAL
 M.B.B.S, MD (Path.)

If test results are alarming or unexpected, patient is advised to contact the laboratory immediately for possible remedial action.

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Patient Name : Mrs RASHMI RAJ
 DOB/Age/Gender : 40 Y/Female
 Patient ID / UHID : 8549029/OF8549029
 Referred By : Dr. DR SELF
 Sample Type : Whole blood EDTA
 Sample Collected : Jun 08, 2024, 03:02 PM
 Report Date : Jun 08, 2024, 06:17 PM.
 Barcode No : HY770819
 Report Status : Final Report



Test Description	Value(s)	Unit(s)	Reference Range
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HbA1C (Glycosylated Haemoglobin)

Glycosylated Hemoglobin (HbA1c) HPLC	4.8	%	<5.7
Estimated Average Glucose	91.06	mg/dl	Refer Table Below

Interpretation:

Interpretation For HbA1c% As per American Diabetes Association (ADA)

Reference Group	HbA1c in %
Non diabetic adults >=18 years	<5.7
At risk (Prediabetes)	5.7 - 6.4
Diagnosing Diabetes	>= 6.5
Therapeutic goals for glycemic control	Age > 19 years Goal of therapy: < 7.0 Age < 19 years Goal of therapy: <7.5

Note:

1. Since HbA1c reflects long term fluctuations in the blood glucose concentration, a diabetic patient who is recently under good control may still have a high concentration of HbA1c. Converse is true for a diabetic previously under good control but now poorly controlled. 2. Target goals of < 7.0 % may be beneficial in patients with short duration of diabetes, long life expectancy and no significant cardiovascular disease. In patients with significant complications of diabetes, limited life expectancy or extensive co-morbid conditions, targeting a goal of < 7.0 % may not be appropriate

Comments :

HbA1c provides an index of average blood glucose levels over the past 8 - 12 weeks and is a much better indicator of long term glycemic control as compared to blood and urinary glucose determinations ADA criteria for correlation between HbA1c & Mean plasma glucose levels.

HbA1c(%)	Mean Plasma Glucose (mg/dL)	HbA1c(%)	Mean Plasma Glucose (mg/dL)
6	126	12	298
8	183	14	355
10	240	16	413

*** End Of Report ***

Dr. Islam Barkatullah Khan

Dr. Islam Barkatullah Khan
MD (Pathology)
Consultant Pathologist



Booking Centre :- Malik Radix Healthcare (Delhi), C-218, Nirman Vihar, Vikas Marg

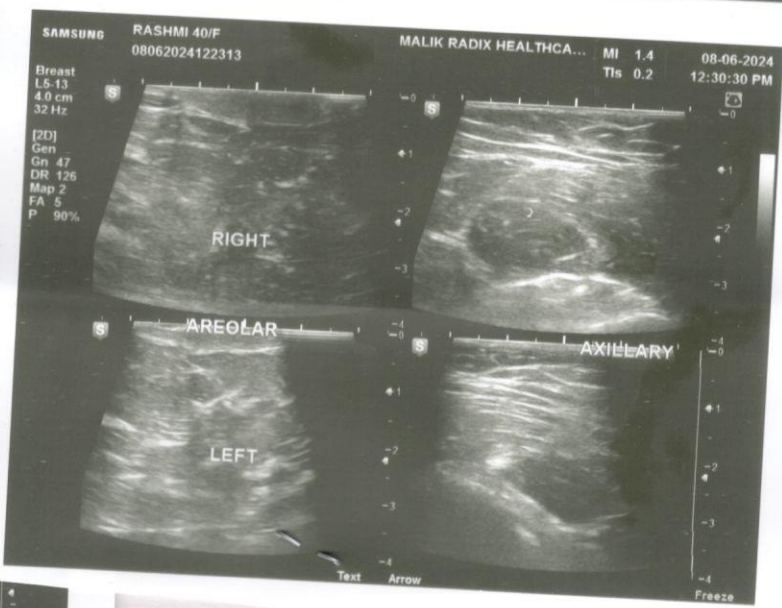
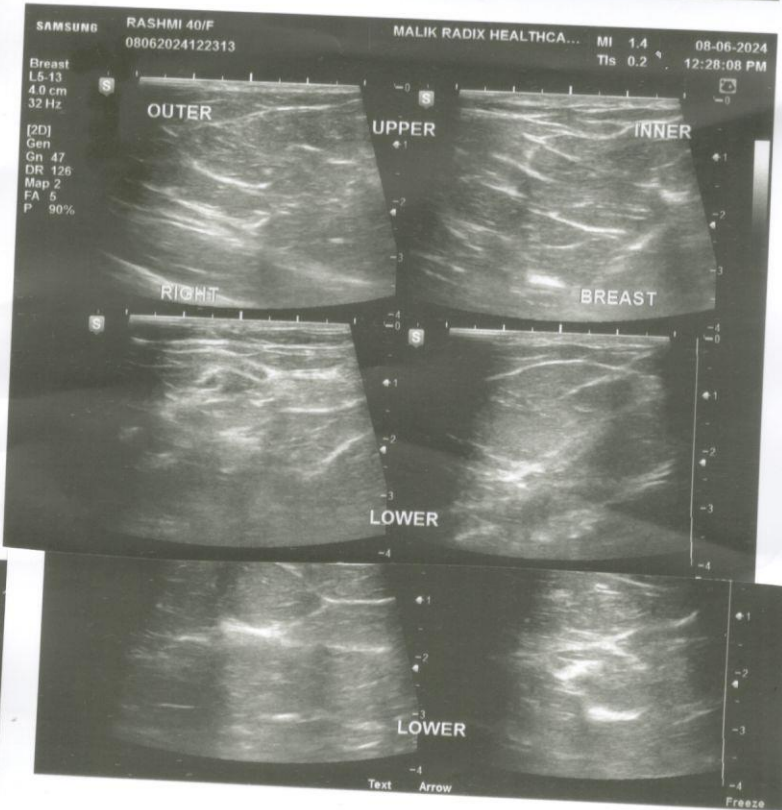
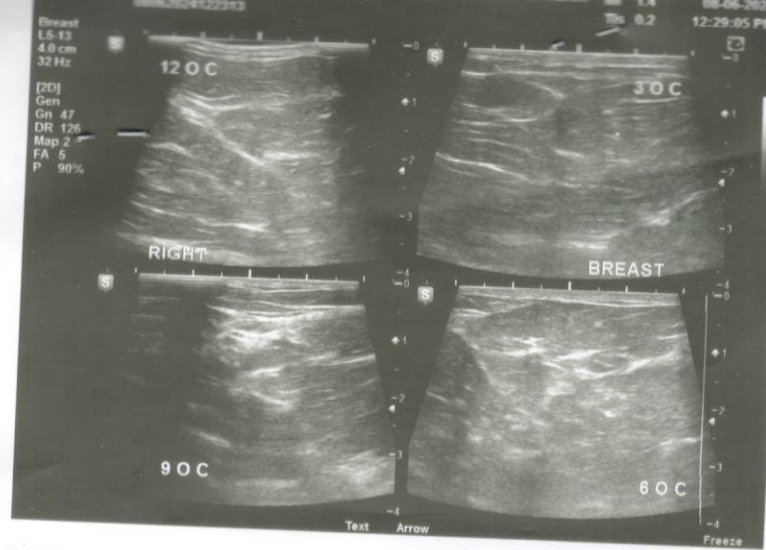
Processing Lab :- Redcliffe Lifetech Pvt. Ltd., H-55, Sector-63, Noida, Uttar Pradesh - 201301

☎ 928-909-0609

✉ ccsupport@redcliffelabs.com

🌐 www.redcliffelabs.com

All Lab results are subject to clinical interpretation by qualified medical professional and this report is not subject to use for any medico-legal purpose.





NAME	MRS RASHMI RAJ	AGE	40 Y/F
REFD. BY.	HEALTH CHECK UP	DATE	08.06.24

Ultrasound Examination of Breasts:

US examination of both breasts was performed using a high frequency probe.

On US both breasts show the normal appearances of adult breasts.
Normal echogenic adipose tissue is seen. The glandular elements are normal.
The fibrous tissue stroma is well defined.
No evidence of any SOL or abnormal calcification seen.
No evidence of any abscess seen.
Areolar and axillary regions are normal.

NORMAL STUDY.

Regards.


Dr Mukesh Koshal MD (Rad- diag)
Regn. No. DMC 10407

RADIOLOGIST :

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ECHO - Plastic Surgery



NAME	MRS RASHMI RAJ	AGE	40 Y/F
REFD. BY.	HEALTH CHECK UP	DATE	08.06.24

Ultrasound Examination of Whole Abdomen & Pelvis:

Liver: Liver shows normal parenchymal echotexture. No focal SOL is seen in liver. IHBR & portal radicles are normal.

Gallbladder: Gallbladder shows normal anechoic pattern. No evidence of cholecystitis or cholelithiasis seen. Common bile duct is normal in course & caliber.

Pancreas: Pancreas shows normal size & echotexture.

Spleen: Spleen shows normal size, outline & echotexture.

Kidneys: Left Kidney show normal size, shape, position & echotexture. No calculus, hydronephrosis or SOL is seen in left kidney. Cortico- medullary differentiation and cortical thickness is normal on left side. Right kidney is not seen.

No supra- renal mass seen.

Great abdominal vessels are normal.

Domes of diaphragm are seen to move normally & synchronously in respiration. No supra- or infra diaphragmatic collection is seen.

No ascites or pericardial effusion seen.

No para aortic lymph nodes seen.

Urinary bladder: Urinary bladder shows normal anechoic pattern. No calculus, SOL or diverticulum seen.

Uterus: Uterus is anteverted and normal in size & echotexture. No intrinsic SOL is seen in uterus. Endometrial thickness is 5.2mm.

Adnexa: Adnexal regions including the ovaries are sonographically normal.

Regards.

Dr Mukesh Koshal MD (Rad- diag)

Regn. No. DMC 10407

RADIOLOGIST :

Facilities Available

R

RESUMI RAI 10X11 F-111-02111-20 AM



UHID	PT214787	LAB No.	XRY2313461
Name	Mrs. RASHMI RAJ	Regn. No.	GEN2408893
Age / Sex	40 Yrs / F	Receiving Dt/Time	08-Jun-2024 11:21
		Reporting Dt/Time	08-Jun-2024 05:19 PM



XRAY

CHEST (PA)
 Both lung fields are normal.

 Cp angles are clear.

 Hila are normal...

 Heart size appears within normal limits.

 Soft tissue shadows and bony thorax are normal.

 Advised....please correlate clinically.

***** END OF REPORT *****

Approved By :

Approval Date : 00:00:00

DR. K.K. SINHA
 M.B.B.S. D.M.R.D.
 SENIOR CONSULTANT
 Reg. No. 25437 (DMC)

DR. RAJESH MALHOTRA
 MBBS, MD (RADIOLOGY)
 CONSULTANT RADIOLOGY
 Reg.No.DMC9299

DR. T. K VOHRA
 MD (RADIODIAGNOSIS)
 SENIOR CONSULTANT
 Reg. No. 3272 (DMC)

DR. MUKESH KOSHAL
 MBBS, MD (RADIOLOGY)
 CONSULTANT RADIOLOGY
 Reg.No.DMC10407

DR. SHREYASH TIWARY
 MBBS, MD (RADIOLOGY)
 CONSULTANT RADIOLOGY
 Reg.No.DMC85802

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