



Patient Name	: Mr.NARENDER KUMAR	Collected	: 10/Aug/2024 09:32AM <i>Expertise</i> .	Empowering you.
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: 38 Y 2 M 0 D/M Received : 10/Aug/2024 10:10AM Age/Gender UHID/MR No : CAOP.0000000963 Reported : 10/Aug/2024 11:28AM

Visit ID : CAOPOPV1237 Status : Final Report

Ref Doctor : ARCOFEMI HEALTHCARE LIMITED : Dr.SELF Sponsor Name Emp/Auth/TPA ID : 785346

# **DEPARTMENT OF HAEMATOLOGY**

PERIPHERAL S	SMEAR , WHOLE BLOOD EDTA	
RBCs	Show mild anisocytosis, are predominantly Normocytic Normochromic.	
WBCs	Normal in number and morphology Differential count is within normal limits	
Platelets	Adequate in number, verified on smear	
	No Hemoparasites seen in smears examined.	
Impression	Normal peripheral smear study	
Advice	Clinical correlation	Ī



Dr.Shivangi Chauhan M.B.B.S, M.D (Pathology) Consultant Pathologist



**Apollo Health and Lifestyle Limited** 

Hyderabad, Telangana State 500038 Email ID: <u>customer.care@apollodiagnostics.in</u>





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# **DEPARTMENT OF HAEMATOLOGY**

# ARCOFEMI - MEDIWHEEL - FULL BODY STANDARD PLUS MALE - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
IEMOGRAM , WHOLE BLOOD EDTA				
HAEMOGLOBIN	13.4	g/dL	13-17	Spectrophotometer
PCV	40.60	%	40-50	Electronic pulse & Calculation
RBC COUNT	4.37	Million/cu.mm	4.5-5.5	Electrical Impedence
MCV	93	fL	83-101	Calculated
MCH	30.6	pg	27-32	Calculated
MCHC	33	g/dL	31.5-34.5	Calculated
R.D.W	13.7	%	11.6-14	Calculated
TOTAL LEUCOCYTE COUNT (TLC)	7,000	cells/cu.mm	4000-10000	Electrical Impedance
DIFFERENTIAL LEUCOCYTIC COUNT (I	OLC)			
NEUTROPHILS	50	%	40-80	Electrical Impedance
LYMPHOCYTES	44	%	20-40	Electrical Impedance
EOSINOPHILS	02	%	1-6	Electrical Impedance
MONOCYTES	04	%	2-10	Electrical Impedance
BASOPHILS	00	%	<1-2	Electrical Impedance
ABSOLUTE LEUCOCYTE COUNT				
NEUTROPHILS	3500	Cells/cu.mm	2000-7000	Calculated
LYMPHOCYTES	3080	Cells/cu.mm	1000-3000	Calculated
EOSINOPHILS	140	Cells/cu.mm	20-500	Calculated
MONOCYTES	280	Cells/cu.mm	200-1000	Calculated
Neutrophil lymphocyte ratio (NLR)	1.14		0.78- 3.53	Calculated
PLATELET COUNT	151000	cells/cu.mm	150000-410000	Electrical impedence
ERYTHROCYTE SEDIMENTATION RATE (ESR)	04	mm at the end of 1 hour	0-15	Modified Westergre
PERIPHERAL SMEAR				

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## **DEPARTMENT OF HAEMATOLOGY**

## ARCOFEMI - MEDIWHEEL - FULL BODY STANDARD PLUS MALE - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method	
BLOOD GROUP ABO AND RH FACTOR, WHOLE BLOOD EDTA					
BLOOD GROUP TYPE	Α			Gel agglutination	
Rh TYPE	POSITIVE			Gel agglutination	



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Patient Name	: Mr.NARENDER KUMAR	Collected	: 10/Aug/2024 09:31AMExpertise. Empowering you.
Age/Gender	· 38 Y 2 M 0 D/M	Received	· 10/Aug/2024 12·56PM

UHID/MR No : CAOP.0000000963 Reported : 10/Aug/2024 01:26PM Visit ID : CAOPOPV1237 Status : Final Report

: ARCOFEMI HEALTHCARE LIMITED Ref Doctor : Dr.SELF Sponsor Name Emp/Auth/TPA ID : 785346

#### **DEPARTMENT OF BIOCHEMISTRY**

#### ARCOFEMI - MEDIWHEEL - FULL BODY STANDARD PLUS MALE - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
GLUCOSE, FASTING, NAF PLASMA	85	mg/dL	70-100	GOD - POD

### **Comment:**

As per American Diabetes Guidelines, 2023

Fasting Glucose Values in mg/dL	Interpretation
70-100 mg/dL	Normal
100-125 mg/dL	Prediabetes
≥126 mg/dL	Diabetes
<70 mg/dL	Hypoglycemia

#### Note:

- 1. The diagnosis of Diabetes requires a fasting plasma glucose of > or = 126 mg/dL and/or a random / 2 hr post glucose value of > or = 200 mg/dL on at least 2 occasions.
- 2. Very high glucose levels (>450 mg/dL in adults) may result in Diabetic Ketoacidosis & is considered critical.

Test Name	Result	Unit	Bio. Ref. Range	Method
GLUCOSE, POST PRANDIAL (PP), 2 HOURS, SODIUM FLUORIDE PLASMA (2 HR)	115	mg/dL	70-140	GOD - POD

#### **Comment:**

It is recommended that FBS and PPBS should be interpreted with respect to their Biological reference ranges and not with each other.

Conditions which may lead to lower postprandial glucose levels as compared to fasting glucose levels may be due to reactive hypoglycemia, dietary meal content, duration or timing of sampling after food digestion and absorption, medications such as insulin preparations, sulfonylureas, amylin analogues, or conditions such as overproduction of insulin.

Test Name	Result	Unit	Bio. Ref. Range	Method	
HBA1C (GLYCATED HEMOGLOBIN) , WHOLE BLOOD EDTA					
HBA1C, GLYCATED HEMOGLOBIN	5.9	%		HPLC	
ESTIMATED AVERAGE GLUCOSE	123	mg/dL		Calculated	

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#### **DEPARTMENT OF BIOCHEMISTRY**

#### ARCOFEMI - MEDIWHEEL - FULL BODY STANDARD PLUS MALE - PAN INDIA - FY2324

(eAG)

#### **Comment:**

Reference Range as per American Diabetes Association (ADA) 2023 Guidelines:

REFERENCE GROUP	HBA1C %
NON DIABETIC	<5.7
PREDIABETES	5.7 - 6.4
DIABETES	≥ 6.5
DIABETICS	
EXCELLENT CONTROL	6 - 7
FAIR TO GOOD CONTROL	7-8
UNSATISFACTORY CONTROL	8 – 10
POOR CONTROL	>10

Note: Dietary preparation or fasting is not required.

1. HbA1C is recommended by American Diabetes Association for Diagnosing Diabetes and monitoring Glycemic

Control by American Diabetes Association guidelines 2023.

: 785346

- 2. Trends in HbA1C values is a better indicator of Glycemic control than a single test.
- 3. Low HbA1C in Non-Diabetic patients are associated with Anemia (Iron Deficiency/Hemolytic), Liver Disorders, Chronic Kidney Disease. Clinical Correlation is advised in interpretation of low Values.
- 4. Falsely low HbA1c (below 4%) may be observed in patients with clinical conditions that shorten erythrocyte life span or decrease mean erythrocyte age. HbA1c may not accurately reflect glycemic control when clinical conditions that affect erythrocyte survival are present.
- 5. In cases of Interference of Hemoglobin variants in HbA1C, alternative methods (Fructosamine) estimation is recommended for Glycemic Control
  - A: HbF >25%
  - B: Homozygous Hemoglobinopathy.
  - (Hb Electrophoresis is recommended method for detection of Hemoglobinopathy)

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## DEPARTMENT OF BIOCHEMISTRY

## ARCOFEMI - MEDIWHEEL - FULL BODY STANDARD PLUS MALE - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method			
LIPID PROFILE , SERUM							
TOTAL CHOLESTEROL	210	mg/dL	<200	CHE/CHO/POD			
TRIGLYCERIDES	106	mg/dL	<150				
HDL CHOLESTEROL	50	mg/dL	>40	CHE/CHO/POD			
NON-HDL CHOLESTEROL	160	mg/dL	<130	Calculated			
LDL CHOLESTEROL	138.8	mg/dL	<100	Calculated			
VLDL CHOLESTEROL	21.2	mg/dL	<30	Calculated			
CHOL / HDL RATIO	4.20		0-4.97	Calculated			
ATHEROGENIC INDEX (AIP)	< 0.01		<0.11	Calculated			

# **Comment:**

Reference Interval as per National Cholesterol Education Program (NCEP) Adult Treatment Panel III Report.

	Desirable	Borderline High	High	Very High
TOTAL CHOLESTEROL	< 200	200 - 239	≥ 240	
TRIGLYCERIDES	<150	150 - 199	200 - 499	≥ 500
LDL	Optimal < 100 Near Optimal 100-129	130 - 159	160 - 189	≥ 190
HDL	≥ 60			
NON-HDL CHOLESTEROL	Optimal <130; Above Optimal 130-159	160-189	190-219	>220

Measurements in the same patient can show physiological and analytical variations.

NCEP ATP III identifies non-HDL cholesterol as a secondary target of therapy in persons with high triglycerides.

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#### **DEPARTMENT OF BIOCHEMISTRY**

#### ARCOFEMI - MEDIWHEEL - FULL BODY STANDARD PLUS MALE - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
IVER FUNCTION TEST (LFT) , SERUM				
BILIRUBIN, TOTAL	0.80	mg/dL	0.1-1.2	Azobilirubin
BILIRUBIN CONJUGATED (DIRECT)	0.30	mg/dL	0.1-0.4	DIAZO DYE
BILIRUBIN (INDIRECT)	0.50	mg/dL	0.0-1.1	Dual Wavelength
ALANINE AMINOTRANSFERASE (ALT/SGPT)	32	U/L	4-44	JSCC
ASPARTATE AMINOTRANSFERASE (AST/SGOT)	28.0	U/L	8-38	JSCC
AST (SGOT) / ALT (SGPT) RATIO (DE RITIS)	0.9		<1.15	Calculated
ALKALINE PHOSPHATASE	65.00	U/L	32-111	IFCC
PROTEIN, TOTAL	8.00	g/dL	6.7-8.3	BIURET
ALBUMIN	5.20	g/dL	3.8-5.0	BROMOCRESOL GREEN
GLOBULIN	2.80	g/dL	2.0-3.5	Calculated
A/G RATIO	1.86	A FA	0.9-2.0	Calculated

#### **Comment:**

LFT results reflect different aspects of the health of the liver, i.e., hepatocyte integrity (AST & ALT), synthesis and secretion of bile (Bilirubin, ALP), cholestasis (ALP, GGT), protein synthesis (Albumin) Common patterns seen:

# 1. Hepatocellular Injury:

\*AST – Elevated levels can be seen. However, it is not specific to liver and can be raised in cardiac and skeletal \*ALT – Elevated levels indicate hepatocellular damage. It is considered to be most specific lab test for injuries. hepatocellular injury. Values also correlate well with increasing BMI. Disproportionate increase in AST, ALT compared with ALP. AST: ALT (ratio) – In case of hepatocellular injury AST: ALT > 1In Alcoholic Liver Disease AST: ALT usually >2. This ratio is also seen to be increased in NAFLD, Wilsons's diseases, Cirrhosis, but the increase is usually not >2.

- 2. Cholestatic Pattern:
- \*ALP Disproportionate increase in ALP compared with AST, ALT. ALP elevation also seen in pregnancy, impacted by age \*Bilirubin elevated-predominantly direct, To establish the hepatic origin correlation with elevated GGT helps.
- 3. Synthetic function impairment:
- \*Albumin-Liver disease reduces albumin levels, Correlation with PT (Prothrombin Time) helps.
- 4. Associated tests for assessment of liver fibrosis Fibrosis-4 and APRI Index.

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## **DEPARTMENT OF BIOCHEMISTRY**

## ARCOFEMI - MEDIWHEEL - FULL BODY STANDARD PLUS MALE - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method		
RENAL PROFILE/KIDNEY FUNCTION TEST (RFT/KFT), SERUM						
CREATININE	0.83	mg/dL	0.6-1.1	ENZYMATIC METHOD		
UREA	22.90	mg/dL	17-48	Urease		
BLOOD UREA NITROGEN	10.7	mg/dL	8.0 - 23.0	Calculated		
URIC ACID	7.00	mg/dL	4.0-7.0	URICASE		
CALCIUM	10.40	mg/dL	8.4-10.2	CPC		
PHOSPHORUS, INORGANIC	3.20	mg/dL	2.6-4.4	PNP-XOD		
SODIUM	140	mmol/L	135-145	Direct ISE		
POTASSIUM	4.4	mmol/L	3.5-5.1	Direct ISE		
CHLORIDE	97	mmol/L	98-107	Direct ISE		
PROTEIN, TOTAL	8.00	g/dL	6.7-8.3	BIURET		
ALBUMIN	5.20	g/dL	3.8-5.0	BROMOCRESOL GREEN		
GLOBULIN	2.80	g/dL	2.0-3.5	Calculated		
A/G RATIO	1.86		0.9-2.0	Calculated		

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## **DEPARTMENT OF BIOCHEMISTRY**

# ARCOFEMI - MEDIWHEEL - FULL BODY STANDARD PLUS MALE - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
GAMMA GLUTAMYL TRANSPEPTIDASE (GGT) , SERUM	23.00	U/L	16-73	Glycylglycine Kinetic method



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#### **DEPARTMENT OF IMMUNOLOGY**

## ARCOFEMI - MEDIWHEEL - FULL BODY STANDARD PLUS MALE - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method	
THYROID PROFILE TOTAL (T3, T4, TSH) , SERUM					
TRI-IODOTHYRONINE (T3, TOTAL)	0.81	ng/mL	0.87-1.78	CLIA	
THYROXINE (T4, TOTAL)	7.71	μg/dL	5.48-14.28	CLIA	
THYROID STIMULATING HORMONE (TSH)	1.790	μIU/mL	0.38-5.33	CLIA	

#### **Comment:**

For pregnant females	Bio Ref Range for TSH in uIU/ml (As per American Thyroid Association)
First trimester	0.1 - 2.5
Second trimester	0.2 - 3.0
Third trimester	0.3 – 3.0

- 1. TSH is a glycoprotein hormone secreted by the anterior pituitary. TSH activates production of T3 (Triiodothyronine) and its prohormone T4 (Thyroxine). Increased blood level of T3 and T4 inhibit production of TSH.
- 2. TSH is elevated in primary hypothyroidism and will be low in primary hyperthyroidism. Elevated or low TSH in the context of normal free thyroxine is often referred to as sub-clinical hypo- or hyperthyroidism respectively.
- 3. Both T4 & T3 provides limited clinical information as both are highly bound to proteins in circulation and reflects mostly inactive hormone. Only a very small fraction of circulating hormone is free and biologically active.
- 4. Significant variations in TSH can occur with circadian rhythm, hormonal status, stress, sleep deprivation, medication & circulating antibodies.

TSH	<b>T3</b>	<b>T4</b>	FT4	Conditions
High	Low	Low	Low	Primary Hypothyroidism, Post Thyroidectomy, Chronic Autoimmune Thyroiditis
High	N	N	N	Subclinical Hypothyroidism, Autoimmune Thyroiditis, Insufficient Hormone Replacement Therapy.
N/Low	Low	Low	Low	Secondary and Tertiary Hypothyroidism
Low	High	High	High	Primary Hyperthyroidism, Goitre, Thyroiditis, Drug effects, Early Pregnancy
Low	N	N	N	Subclinical Hyperthyroidism
Low	Low	Low	Low	Central Hypothyroidism, Treatment with Hyperthyroidism
Low	N	High	High	Thyroiditis, Interfering Antibodies
N/Low	High	N	N	T3 Thyrotoxicosis, Non thyroidal causes

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**DEPARTMENT OF IMMUNOLOGY** 

ARCOFEMI - MEDIWHEEL - FULL BODY STANDARD PLUS MALE - PAN INDIA - FY2324

Pituitary Adenoma; TSHoma/Thyrotropinoma High High High



Dr Nidhi Sachdev M.B.B.S, MD(Pathology) Consultant Pathologist

SIN No:SPL24130512

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## **DEPARTMENT OF CLINICAL PATHOLOGY**

# ARCOFEMI - MEDIWHEEL - FULL BODY STANDARD PLUS MALE - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
COMPLETE URINE EXAMINATION (	CUE) , URINE			<u>'</u>
PHYSICAL EXAMINATION				
COLOUR	PALE YELLOW		PALE YELLOW	Visual
TRANSPARENCY	CLEAR		CLEAR	Physical measurement
рН	6.5		5-7.5	DOUBLE INDICATOR
SP. GRAVITY	1.030		1.002-1.030	Dipstick
BIOCHEMICAL EXAMINATION				·
URINE PROTEIN	NEGATIVE		NEGATIVE	PROTEIN ERROR OF INDICATOR
GLUCOSE	NEGATIVE		NEGATIVE	GLUCOSE OXIDASE
URINE BILIRUBIN	NEGATIVE		NEGATIVE	AZO COUPLING REACTION
URINE KETONES (RANDOM)	NEGATIVE		NEGATIVE	SODIUM NITRO PRUSSIDE
UROBILINOGEN	NORMAL		NORMAL	MODIFED EHRLICH REACTION
NITRITE	NEGATIVE		NEGATIVE	Griess reaction
LEUCOCYTE ESTERASE	NEGATIVE		NEGATIVE	Diazonium salt
CENTRIFUGED SEDIMENT WET M	OUNT AND MICROSCOPY	1		
PUS CELLS	2-3	/hpf	0-5	Microscopy
EPITHELIAL CELLS	1-2	/hpf	<10	MICROSCOPY
RBC	NIL	/hpf	0-2	MICROSCOPY
CASTS	NIL		0-2 Hyaline Cast	MICROSCOPY
CRYSTALS	ABSENT		ABSENT	MICROSCOPY

# **Comment:**

All urine samples are checked for adequacy and suitability before examination. All abnormal chemical examination are rechecked and verified by manual methods.

Microscopy findings are reported as an average of 10 high power fields.

\*\*\* End Of Report \*\*\*

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Hyderabad, Telangana State 500038

Email ID: customer.care@apollodiagnostics.in





Patient Name : Mr.NARENDER KUMAR | Collected : 10/Aug/2024 09:31AMExpertise. Empowering you.

 Age/Gender
 : 38 Y 2 M 0 D/M
 Received
 : 10/Aug/2024 11:12AM

 UHID/MR No
 : CAOP.000000963
 Reported
 : 10/Aug/2024 11:29AM

Visit ID : CAOPOPV1237 | Status : Final Report

Ref Doctor : Dr.SELF Sponsor Name : ARCOFEMI HEALTHCARE LIMITED Emp/Auth/TPA ID : 785346

# **DEPARTMENT OF CLINICAL PATHOLOGY**

ARCOFEMI - MEDIWHEEL - FULL BODY STANDARD PLUS MALE - PAN INDIA - FY2324



Page 13 of 13

Dr.Shivangi Chauhan M.B.B.S,M.D(Pathology) Consultant Pathologist



**Apollo Health and Lifestyle Limited** 

SIN No:UR2402147

2C/14, New Rohtak Rd, Block 66a, Karol Bagh, New Delhi-110005

**Registered Office** 

(CIN-U85110TG2000PLC115819)

Regd. Office: 7-1-617/A, 615 and 616, IMPERIAL TOWERS 7th Floor, Ameerpet

Hyderabad, Telangana State 500038

Email ID: <u>customer.care@apollodiagnostics.in</u>



# CERTIFICATE OF MEDICAL FITNESS

This is to certify that I have conducted the clinical examination of

MY	Naturalie K	unae	on	10/08/24
				1

After reviewing the medical history and on clinical examination it has been found that he/she

S	Tick
Medically Fit	4
It Wit Restrictions Recommendations	
Though following restrictions have been revealed, in my opinion, these are not impediments to the job.  1. Alice to Remir & Abac after  2. Smith I life to he modification	
However, the employee should follow the advice/medication that has been communicated to him/her.	
Review after	
Current Unfit.	
Review after recommended	
Unfit	
*10 TM	

Height: 1750

Medical Officer

This certificate is not meant for medico-legal purposes

Apollo One (Unit of Apollo Health and Lifestyle Ltd )

Plot no. 3, Block no. 34, Pusa Road, WEA, opposite metro pilar no. 77, Karol Bagh, New Delhi - 110005. Contact Number 011- 40393610 / Helpline No: 1860 500 7788

Emergency: 1066 / Email: ApolloOnePusaRoad@apolloclinic.com

Registered Office: Apollo Health and Lifestyle Limited 7-1-617/A, 615 and 616, Imperial Towers, 7th Floor, Ameerpet, Hyderabad-500038, U85110TG2000PLC115819

www.apolloclinic.com





Patient Name : Mr. Narender Kumar Age/Gender : 38 Y/M

 Sample Collected on
 : 10-08-2024 12:29

 LRN#
 : RAD2400054
 Specimen
 :

**Ref Doctor** : SELF **Emp/Auth/TPA ID** : 785346

## DEPARTMENT OF RADIOLOGY

#### X-RAY CHEST PA

Both lung fields and hila are normal.

No obvious active pleuro-parenchymal lesion seen .

Both costophrenic and cardiophrenic angles are clear.

Both diaphragms are normal in position and contour.

Thoracic wall and soft tissues appear normal.

Incidental finding:- bifida rib noted in right side.

Dr. KAWAL DEEP DHAM

MBBS, DMRD

Radiology



Mr Novender Kumar

Height:	175 cm	Weight:	8213	BMI:	26-18	Waist Circum	1;
Temp:	98.8	Pulse:	61 Blm	Resp:	18m+	B.P: //7	169 may
			Spor	-96			

General Examination / Allergies

History

Pashlo: AS So Wo ! MS

family F-No

Allegy: No.

Addictions- Occational Alubba.

Dietz Mixed.

physical & revolute

Covid vaccines & Losse

Margined: & Rids.

Clinical Diagnosis & Management Plan

General check op cup

CUS 3 S.S.D.

PLAS SOF DSGO.

CAS: Conscious aulid

RB & B/C AOO.

- Follow Elp &
Reputs:

- life style modifien

- Rollamed dut.

-USG ARD

APOLLO HEALTH AND LIFESTYLE LTD. APOLLO ONE

Plot No. 3, Block No. 34, Metro Pillar No. 77 Pusa Road, WEA Karol Bagh New Delh

**Doctor Signature** 

Follow up date:

#### **Apollo One**

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BOOK YOUR APPOINTMENT TODAY!

Phone Number :

(011) 40393610

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# **Eye Checkup**

NAME: - MR. NAKENDER Kumor

Age: - 38

Date: 10/8/24

SELF / CORPORATE: -

	Right Eye				
Distant Vision	6/6	6/6			
Near vision	6/6	6/6			
Color vision	GK.	0k			
Fundus examination	1				
Intraocular pressure					
Slit lamp exam					

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caop0000000963

Height 175cm Age 38

Gender Male

Test Date / Time 10.08.2024. 09:25

**Body Composition Analysis** 

		Values	Total Body Water	Soft Lean Mass	Fat Free Mass	Weight	
Total Body Water (L)		42.7 (37.9~46.3)	42.7	55.1			
Protein	(kg)	11.7 (10.2~12.4)		(48.7~59.5)	58.5 (51.5~63.0)	82.0	
Minerals	(kg)	4.10 (3.50~4.28)	non-osseous			(57.3~77.5)	
Body Fat Ma	ass (kg)	23.5 (8.1~16.2)			1		

# Muscle-Fat Analysis

		U	nder		Norm	al		e Garage	O۱	/er			
Weight	(kg)	55	70	85	100	115	130 <b>82.0</b>	145	160	175	190	205	%
SMM Skeletal Muscle Mass	(kg)	70	80	90	100	110 33.2	120	130	140	150	160	170	%
Body Fat Mas	<b>s</b> (kg)	40	60	80	100	160	220	280	340	400	460	520	%

**Obesity Analysis** 

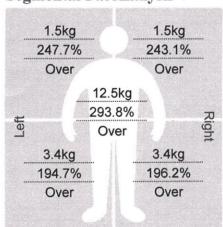
	U	nder		Norma	ıl 🔠			0\	/er		
BMI Body Mass Index (kg/m²)	10.0	15.0	18.5	22.0	25.0	30.0 <b>26.8</b>	35.0	40.0	45.0	50.0	55.0
PBF Percent Body Fat (%)	0.0	5.0	10.0	15.0	20.0	25.0	30.0 <b>28</b>	35.0 <b>7</b>	40.0	45.0	50.0

Lean Mass

% Evaluation Segmental Lean Analysis

	3.18kg		3.27kg		
	93.6%		96.3%		
	Normal		Normal		
		26.2kg			
,,,,			Right		
Left		Normal	al		
	9.24kg	and the second	9.31kg		
	98.0%		98.8%		
	Normal		Normal		

Segmental Fat Analysis

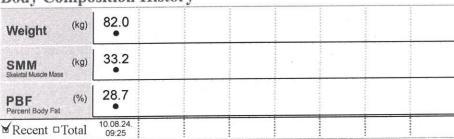


\* Segmental fat is estimated

Fat Mass

% Evaluation

**Body Composition History** 

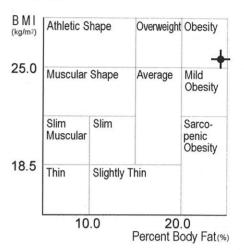


# InBody Score

# **68**/100 Points

\* Total score that reflects the evaluation of body composition. A muscular person may score over 100 points.

# **Body Type**



# Weight Control

•		
Target Weight	68.8	kg
Weight Control	- 13.2	kg
Fat Control	- 13.2	kg
Muscle Control	0.0	kg

Muscle Con	101 0.0	кд
Obesity E	valuation	
BMI	□ Normal □ Und	ler ⊠Slightly Over □ Over
PBF	□ Normal □ Slig	htly 🗹 Over

# **Body Balance Evaluation**

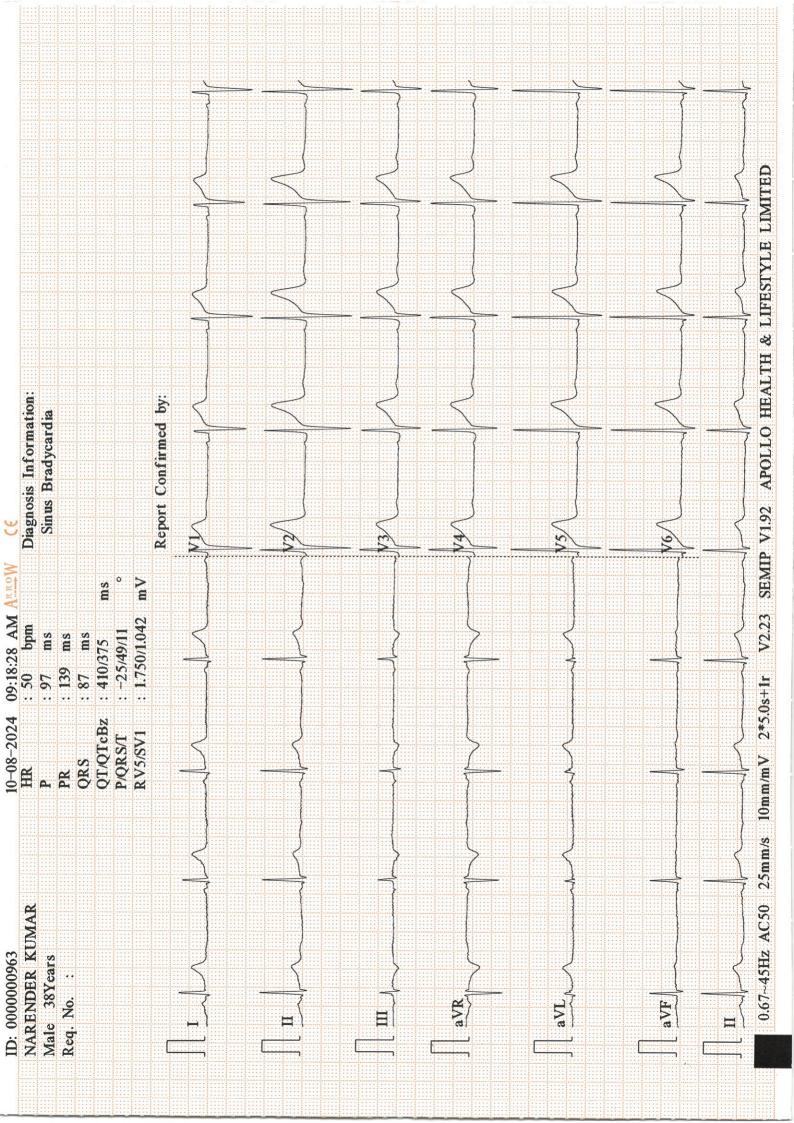
Upper	Upper			ed   Slightly  Unbalanced			
Lower	Balanc	ed - Slig	ahtly calance		□ Extremely Unbalance	d	
Upper-Lower	Balanc	ed □ Slig	ehtly palance	ed	Extremely Unbalance	d	
Research	Parame	eters-		_		-	
Basal Metabolic	Rate	1633	kcal	(	1725~2026	)	
Waist-Hip Ra	tio	0.94		(	0.80~0.90	)	
Visceral Fat I	_evel	9		(	1~9	)	
Obesity Degr	ee	122	%	(	90~110	)	
Bone Mineral	Content	3.37	kg	(	2.89~3.53	)	

Recommended calorie intake 2296 kcal

## **Impedance**

-		RA	LA	TR	RL	LL
$\mathbf{Z}(\Omega)$	5 kHz	358.0	371.8	28.6	293.7	296.1
5	0 kHz	312.7	325.5	24.2	250.9	254.8
25	50 kHz	277.6	288.8	20.3	220.5	223.4

8.2 kg/m









Patient Name : Mr. Narender Kumar Age : 38 Y/M

UHID : CAOP.0000000963 OP Visit No : CAOPOPV1237
Reported By: : Dr. RAJNI SHARMA Conducted Date : 10-08-2024 15:55

Referred By : SELF

# **ECG REPORT**

# **Observation:**

- 1. Sinus bradycardia.
- 2. Heart rate is 50beats per minutes.
- 3. No pathological Q wave or S-T,T changes seen.
- 4. Normal P,Q,R,S,T waves and axis.
- 5. No evidence of chamber, hypertrophy or enlargement see

# **Impression:**

NORMAL RESTING ECG.

---- END OF THE REPORT ----

Dr. RAJNI SHARMA