

Name : Mr. ANIL PUROHIT Age : 47Yr 4Mth 7Days Gender : Male
 UHID : ASHB.0000034485 / BPLAH7880 W/BN0/RefNo : AHC
 SIN \ LRN : 112658 \ 112661 \ 112659 \ 42905
 Specimen : Blood
 Ref Doctor : Dr. Akhil Kumar Tiwari



Collected on : 13-APR-2024 09:12:20 AM Received on : 13-APR-2024 09:56:34 AM Reported on : 13-APR-2024 10:47:14 AM

MEDIWHEEL FULL BODY PLUS ANNUAL CHECK ADVANCED-MALE

<u>TEST NAME</u>	<u>RESULT</u>	<u>BIOLOGICAL REFERENCE INTERVALS</u>	<u>UNITS</u>
GLUCOSE - SERUM / PLASMA (FASTING)			
GLUCOSE - PLASMA (FASTING)	87	70-100	mg/dL
GLYCOSYLATED HEMOGLOBIN (HBA1C) - WHOLE BLOOD	5.5	4.0-5.6	%
CHOLESTEROL - SERUM / PLASMA	249 *	Desirable: <200 Borderline High: 200-239 High >240	mg/dL
HDL CHOLESTEROL - SERUM / PLASMA	68	>40	mg/dL
LDL CHOLESTEROL - SERUM / PLASMA	166 *	Optimal: <100 Above optimal: 100-129 Borderline high: 130-159 High: 160-189 Very high: >190	mg/dL
TRIGLYCERIDES - SERUM / PLASMA	95	Normal<150 Borderline high 150-199 High 200-499 Very high: ≥ 500	mg/dL
VLDL CHOLESTEROL - SERUM	19	15-30	
TOTAL CHOLESTEROL AND HDL RATIO INTERPRETATIVE[2]TOTAL CHOLESTEROL/HDL CHOLESTEROL RATIO (Calculated)	3.6	3.5-5.0	



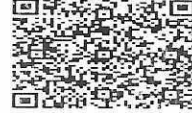
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PROTEIN TOTAL - SERUM / PLASMA			
PROTEIN TOTAL - SERUM	7.2	6.6-8.3	g/dL
ALBUMIN - SERUM	4.3	3.5-5.2	g/dL
GLOBULIN - SERUM			
GLOBULIN	2.9	2.6 - 4.6	g/dL
ALBUMIN/GLOBULIN RATIO			
ALBUMIN AND GLOBULIN RATIO	1.5	0.9-2.0	
AST (SGOT) - SERUM	19	< 50	U/L
ALT(SGPT) - SERUM / PLASMA			
ALT(SGPT) - SERUM	26	<50	U/L
BILIRUBIN TOTAL - SERUM			
BILIRUBIN TOTAL	1.4 *	0.3-1.2	mg/dL
BILIRUBIN CONJUGATED (DIRECT) - SERUM			
BILIRUBIN CONJUGATED (DIRECT)	0.2	<0.2	mg/dL
BILIRUBIN UNCONJUGATED (INDIRECT) - SERUM			
BILIRUBIN UNCONJUGATED (INDIRECT)	1.2	0.1-1.2	mg/dL
ALKALINE PHOSPHATASE - SERUM/PLASMA			
ALKALINE PHOSPHATASE - SERUM	68	30-120	U/L
GGTP, GAMMA GLUTAMYL TRANSPEPTIDASE - SERUM			
GAMMA GLUTAMYL TRANSPEPTIDASE - SERUM	27	0 - 55	U/L
CREATININE - SERUM / PLASMA	0.89	0.72 - 1.18	mg/dL
URIC ACID - SERUM / PLASMA	6.8	3.5-7.2	mg/dL
BUN (BLOOD UREA NITROGEN)	12.6	Male: <50yrs 8.87-20.5 mg/dl Male:>50yrs 8.41-25.7 mg/dl	mg/dL
TOTAL T3: TRI IODOTHYRONINE - SERUM	0.95	0.60-1.81	ng/ml

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TOTAL T4: THYROXINE - SERUM	6.76	5.01 - 12.45	µg/dL
TSH: THYROID STIMULATING HORMONE - SERUM	2.73	0.35-5.50	µIU/mL
PROSTATIC SPECIFIC ANTIGEN (PSA TOTAL) - SERUM	1.2	< 4	ng/mL

Report Status:Final

* END OF REPORT *

CHECKED BY 153982
725449

First Report Printed On : 17-APR-2024 12:07:59 PM
Printed On : 18-APR-2024 05:54:02 PM

Dr. Samir Singh
Consultant Pathologist

Name : Mr. ANIL PUROHIT Age : 47Yr 4Mth 7Days Gender : Male
 UHID : ASHB.0000034485 / BPLAH7880 W/BNo/RefNo : AHC
 SIN \LRN : 112662 \ 112663 \ 42905
 Specimen : Urine
 Ref Doctor : Dr. Akhil Kumar Tiwari



Collected on : 13-APR-2024 02:38:36 PM Received on : 13-APR-2024 02:38:46 PM Reported on : 13-APR-2024 03:19:30 PM

MEDIWHEEL FULL BODY PLUS ANNUAL CHECK ADVANCED-MALE

TEST NAME	RESULT	BIOLOGICAL REFERENCE INTERVALS	UNITS
CBC			
HAEMOGLOBIN	14.4	13.0-17.0	g/dL
Packed cell volume (Calculated)	40.9	38.3-48.6	%
RBC COUNT(Impedance)	5.17	4.50-5.90	Million/ul
MCV-	79.2 *	80-100	fl
MCH-	27.9	27-32	pg
MCHC-	35.3	32-36	g/dL
RDW (Derived from RBC histogram)	14.6 *	11.8 - 14.5	%
TLC COUNT	6.75	4.0-11.0	10 ³ /mm ³
DIFFERENTIAL COUNT			
Neutrophils	66	40-80	%
Lymphocytes	22	20-40	%
Monocytes	8	2-10	%
Eosinophils	4	1-6	%
Basophils	0	0-2	%
Platelet Count(Impedance)	209.5	150-450	10 ³ /mm ³
Mean Platelet Volume	8.3	6.5-12.0	fl
ERYTHROCYTE SEDIMENTATION RATE (ESR)	3	0-15	mm/1st hr
URINE ROUTINE (CUE)			
MACROSCOPIC EXAMINATION			
Specific Gravity(Automated - Reflectance Spectrometer)	1.015	1.005 - 1.025	
Colour:(Naked Eye Examination)	Pale-Yellow		

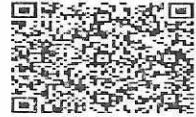
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 Specimen : Urine
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Collected on : 13-APR-2024 02:38:36 PM Received on : 13-APR-2024 02:38:46 PM Reported on : 13-APR-2024 03:19:30 PM

Transparency (Naked Eye Examination)	Clear		
pH (Automated - Reflectance Spectrometer)	Alkaline		
Protein (Automated - Reflectance Spectrometer/Suipho salicylic acid method)	Nil		
Sugar (Automated - Reflectance Spectrometer/ Benedict's Test)	Nil		
Ketone (Automated - Reflectance Spectrometer/Rothera's test)	Nil		
Bilirubin (Automated - Reflectance Spectrometer/Fouchet's method)	Nil		
Cells:			
RBC (Automated - Reflectance spectrometer/Microscopy/Flow cytometric)	Nil		
Pus Cells (Automated Reflectance spectrometer/Microscopy/Flow cytometric)	1-2	0.0 - 5.0/HPF	/hpf
Epithelial Cells (Microscopic /Flow cytometric)	1-2	<20	/hpf
Yeast Cells	Absent		
Bacteria	Absent		
Casts (Microscopic /Flow cytometric)	Absent	ABSENT	
Crystals (Microscopic /Flow cytometric)	Absent		

Name **Mr. ANIL PUROHIT** Age **47Yr 4Mth 7Days** Gender **Male**
UHID : **ASHB.0000034485 / BPLAH7880** W/BNo/RefNo : **AHC**
SIN \LRN : **112662 \ 112663 \ 42905**
Specimen : **Urine**
Ref Doctor : **Dr. Akhil Kumar Tiwari**



Collected on : **13-APR-2024 02:38:36 PM** Received on : **13-APR-2024 02:38:46 PM** Reported on : **13-APR-2024 03:19:30 PM**

Report Status: Final

* END OF REPORT *

CHECKED BY : **154234**
725449

First Report Printed On : **17-APR-2024 12:08:50 PM**
Printed On : **18-APR-2024 05:54:47 PM**

Dr. Samir Singh
Consultant Pathologist

Name : **Mr. ANIL PUROHIT** Age : **47Yr 4Mth 7Days** Gender : **Male**
UHID : **ASHB.0000034485 / BPLAH7880** W/BNo/RefNo : **AHC**
SIN \LRN : **112660 \ 42905**
Specimen : **Blood**
Ref Doctor : **Dr. Akhil Kumar Tiwari**



Collected on : **13-APR-2024 09:12:20 AM** Received on : **13-APR-2024 11:03:17 AM** Reported on : **13-APR-2024 11:22:53 AM**

MEDIWHEEL FULL BODY PLUS ANNUAL CHECK ADVANCED-MALE

TEST NAME RESULT

BLOOD GROUPING AND TYPING (ABO and Rh)

ABO Group: **O**
Rh (D) Type: **Positive**
Report Status:Final

* END OF REPORT *

CHECKED BY : **154195**
725449

Printed On : **18-APR-2024 05:58:47 PM**

Dr. Samir Singh
CONSULTANT-BLOOD BANK



Mrs. PRABHATI SHUKLA (41 /F)

UHID : ASHB.0000034480

AHC No : BPLAH7875

Date : 13/04/2024

MEDIWHEEL ANNUAL HEALTH CHECKUP-FEMALE
STARTER

Dear Mrs. PRABHATI SHUKLA

Thank you for choosing Apollo ProHealth, India's first personalized, predictive health screening program with health risk assessments curated just for you to guide targeted intervention, continuum of care and a path to wellness. Our holistic care continuum integrates clinical expertise and artificial intelligence to gauge and avert the risk, onset and progression of non-communicable diseases (NCDs).

In this personalized health report, you will find your

- Medical History and Physical examination results
- Investigations Results
- Artificial Intelligence powered risk scores
- Physician's Impressions on your Health
- Path to Wellness: A personalized management protocol, including follow-up assessments
- Vaccination counselling advice

Apollo ProHealth encompasses the following processes:

Personalized Health Risk Assessment (pHRA): Based on your online risk assessment, medical history, physical examination, and psychological evaluation, we recommended a health screening assessment for you, including diagnostic and imaging tests. Based on the results of these assessments, we have advised additional follow-up tests and consultations - details of which we have included in your report. Your physician will explain their relevance, and we strongly suggest you comply with the recommendations.

Health Mentor: We have assigned a dedicated health mentor to proactively work with you towards your health goals and ensure that you regularly adhere to the guidance and recommendations from clinical and nutrition consultants. Your health mentor will call you periodically to track your progress

ProHealth App: You will get access to the Apollo ProHealth App, which will facilitate easy navigation of personal health records, progress towards your health goals, appointment booking, customized tips and guidance for health and lifestyle management, and regularly connecting with your Health Mentor through the in-app chat. Until you return for your 2nd-year assessment, you will receive periodic updates and reminders to motivate you to keep up the momentum regarding health goal milestones.

Follow- Up Consultation:

For any follow-up consultations, you can visit your ProHealth physician in-person at the center or you can book a virtual consultation through <https://www.apollo247.com/specialties> or through the Apollo 247 app on your phone.

Scan the QR code to download the Apollo 247 App



You can also download the Apollo 247 app on

ANDROID IOS

Disclaimer: *The services offered in the program may vary as per the respective agreements made in the program or center or agreed mutual consent.*

Note: *You are entitled to one complimentary follow-up consultation with your ProHealth physician within a period of 1 year. Please contact your health mentor for the complimentary consult coupon code. This is available for ProHealth Super, Regal and Covid Recovery and Wellness programs*

Name : Mrs. PRABHATI SHUKLA (41 /F)

Date : 13/04/2024

Address : B 202, SAGAR SILVER SPRING, AYODHYA NAGAR, BHOPAL, BHOPAL, MADHYA
PRADESH, INDIA

Examined by : Dr. AKHIL KUMAR TIWARI

UHID : ASHB.0000034480

MEDIWHEEL ANNUAL HEALTH CHECKUP-FEMALE STARTER

AHC No : BPLAH7875



Chief Complaints

For corporate health checkup

Throat irritation
Upper backache
Dizziness
Gas
Fatigue

Present Known illness

No history of - Diabetes mellitus, Hypertension, Dyslipidemia, Thyroid disorder, Heart disease, Stroke, Asthma, COPD, Cancer, Impaired Glycemia



Drug Allergy

Dust :13/04/2024



Systemic Review

Cardiovascular system : Chest pain - no; Breathing difficulty - no

Respiratory system : - Nil Significant

Oral and dental : - Nil Significant

Gastrointestinal system : Appetite - normal; Dyspepsia - yes; Nature - intermittent; Symptoms - acidity; Bowel habits - regular

Genitourinary system : Frequency - normal; Dysuria/burning micturition - no; Urgency - no

Gynaec history : Last menstrual period - 27-3-24; Pregnant - No; Periods - regular; No of Children - 1; No of deliveries - 1; Deliveries - LSCS

Central nervous system : Dizziness - on and off

Eyes : Vision - normal with glasses; Glasses - yes; Glasses for - refractive error

ENT : - Normal hearing

Musculoskeletal system :

Spine and joints

Neck - pain

Skin : - Nil Significant

Weight : - stable

General symptoms : General symptoms - tiredness, weakness



Present medications : - Nil



Past medical history

Covid 19 - No

Jaundice - 2006

Dengue - 2017



Surgical history

Caesarian section - 1

Immunization history

- Covid Dose1, Covid Dose2



Personal history

Ethnicity - Indian Asian

Marital status - Married

No. of children - 1

Profession - government employee

Diet - Vegetarian

Alcohol - does not consume alcohol

Smoking - No

Chews tobacco - No

Physical activity - Mild



Family history

Father - alive

Aged - 71

Mother - alive

Aged - 68

Brothers - 1

Sisters - 2

Hypertension - father, mother

Coronary artery disease - none

Cancer - None

Physical Examination



General

General appearance - normal
 Build - normal
 Height - 160
 Weight - 61
 BMI - 23.83
 Pallor - No
 Oedema - no



Head and ENT

Nose - Deviation of septum to right



Oral and Dental

- No significant finding



Cardiovascular system

Heart rate (Per minute) - 65
 Rhythm - Regular
 Systolic(mm of Hg) - 104
 Diastolic(mm of Hg) - 66
 - B.P. Sitting
 Heart sounds - S1S2+

Respiratory system

Breath sounds - Normal vesicular breath sounds



Abdomen

Appearance - Normal
 Organomegaly - No
 Tenderness - No



Central nervous system

- No neurological deficit

 Skin

- No significant finding

 Musculo Skeletal System

- No significant finding

Psychological Assessment

Psychological assessment - Normal

Ophthalmology consultation

Ophthalmology consultation done by - Dr.Siddhartha Malaiya

Ophthalmology findings - BE allergic conjunctivitis
BE presbyopia
Treatment
BE e/d Tear drops 4 times/day for 1 month
BE e/d Lotepred 4 times/day

for 1 week > 3 times/day -
for 1 week > 2 times/day
for 1 week > 1 time/day for
1 week

ENT consultation

ENT consultation done by - Dr Ankit Mishra

ENT findings - Adv

PTA
Impedence

Diabetic consultation

Diabetic findings - Dr. Anjali Pandey
O/E Stains & Calculus present
T/Adv Oral prophylaxix

COMPLETE BLOOD COUNT(CBC) WITH ESR

Test Name	Result	Unit	Level	Range
HAEMOGLOBIN	13.4	g/dL	●	12.0 to 15.1
Packed cell volume (Calculated)	37.5	%	●	35.5-44.9
RBC Count	4.51	Million/ul	●	4.00-5.20
MCV-	83.1	fl	●	80-100
MCH-	29.7	pg	●	27-32
MCHC-	35.7	g/dL	●	32-36
RDW	14.3	%	●	12.2-16.1
TLC COUNT	6.46	10 ⁹ /mm ³	●	4.0-11.0
Neutrophils	70	%	●	40-80
Lymphocytes	21	%	●	20-40
Monocytes	5	%	●	2-10
Eosinophils	4	%	●	1-6
Basophils	0	%	●	0-2
Platelet Count	247.8	10 ⁹ /mm ³	●	150-450
Mean Platelet Volume	8.4	fl	●	6.5-12.0
ERYTHROCYTE SEDIMENTATION RATE (ESR)	21 *	mm/1st hr	●	0-20

URINE ROUTINE (CUE)

Urinalysis, is the physical, chemical and microscopic examination of the urine and is one of the most common methods of medical diagnosis. It is used to detect markers of diabetes, kidney disease, infection etc.

Test Name	Result	Unit	Level	Range
Specific Gravity	1.005		●	1.005 - 1.025
Colour:	Pale-Yellow			
Transparency:	Clear			
pH	Neutral			
Protein :	Nil			
Sugar:	Nil			
Ketone	Nil			
Bilirubin:	Nil			

● Within Normal Range

● Borderline High/Low

● Out of Range

RBC	Nil		
Pus Cells	1-2	/hpf	0.0 - 5.0/HPF
Epithelial Cells	1-2	/hpf	<20
Yeast Cells	Absent		
Bacteria:	Absent		
Casts:	Absent		ABSENT
Crystals:	Absent		

BLOOD GROUPING AND TYPING (ABO and Rh)

Test Name	Result	Unit	Level	Range
ABO Group:	B			
Rh (D) Type:	Positive			

GLUCOSE - SERUM / PLASMA (FASTING)

Test Name	Result	Unit	Level	Range
Glucose - Plasma (Fasting)	100	mg/dL	●	70-100

GLYCOSYLATED HEMOGLOBIN (HBA1C) - WHOLE BLOOD

Test Name	Result	Unit	Level	Range
GLYCOSYLATED HEMOGLOBIN (HBA1C) - WHOLE BLOOD	5.5	%	●	4.0-5.6

LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
Total Cholesterol	149	mg/dL	●	Desirable: <200 Borderline High: 200–239 High >240
HDL Cholesterol	45	mg/dL	●	>40
LDL Cholesterol (Direct LDL)	94	mg/dL	●	Optimal: <100 Above optimal: 100-129 Borderline high: 130-159 High: 160-189 Very high: >190

● Within Normal Range ● Borderline High/Low ● Out of Range

MEDIWHEEL ANNUAL HEALTH CHECKUP-FEMALE STARTER

AHC No : BPLAH7875

Triglycerides - Serum	71	mg/dL	●	Normal<150 Borderline high 150–199 High 200–499 Very high: ≥ 500
VLDL CHOLESTEROL - SERUM	14 *		●	15-30
Total Cholesterol / HDL Cholesterol Ratio (Calculated)	3.3 *		●	3.5-5.0

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
Protein Total - Serum	7.0	g/dL	●	6.6-8.3
Albumin - Serum	4.4	g/dL	●	3.5-5.2
GLOBULIN	2.6	g/dL	●	2.6-4.6
ALBUMIN AND GLOBULIN RATIO	1.6		●	0.9-2.0
AST (SGOT)	18	U/L	●	< 35
ALT(SGPT) - SERUM	16	U/L	●	<35
BILIRUBIN TOTAL	0.5	mg/dL	●	0.3–1.2
BILIRUBIN CONJUGATED (DIRECT)	0.1	mg/dL	●	<0.2
BILIRUBIN UNCONJUGATED (INDIRECT)	0.4	mg/dL	●	0.1-1.2
Alkaline Phosphatase - Serum	62	U/L	●	30-120
GAMMA GLUTAMYL TRANSPEPTIDASE - SERUM	14	U/L	●	0-38

CREATININE - SERUM / PLASMA

Test Name	Result	Unit	Level	Range
CREATININE - SERUM / PLASMA	0.62	mg/dL	●	0.55-1.02

URIC ACID - SERUM / PLASMA

Uric acid is a product of the metabolic breakdown of purine. High blood concentrations of uric acid can lead to gout. It is also associated with other medical conditions including diabetes and the formation of kidney stones.

Test Name	Result	Unit	Level	Range
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● Within Normal Range ● Borderline High/Low ● Out of Range

Uric Acid - Serum	4.1	mg/dL	●	2.6-6.0
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BUN (BLOOD UREA NITROGEN)

Test Name	Result	Unit	Level	Range
BUN (BLOOD UREA NITROGEN)	5.6	mg/dL		Female: <50yrs 7.01-18.7 mg/dl Female:>50yrs 9.81-20.1 mg/dl

THYROID PACKAGE

Test Name	Result	Unit	Level	Range
TOTAL T3: TRI IODOTHYRONINE - SERUM	1.1	ng/ml	●	0.60-1.81
TOTAL T4: THYROXINE - SERUM	8.62	µg/dL	●	5.01 - 12.45
TSH: Thyroid Stimulating Hormone	3.46	µIU/mL	●	0.35-5.50

ECG

-WNL

ULTRASOUND - WHOLE ABDOMEN

IMPRESSION:- Sonography Study Reveals:-

- Left renal concretion with no hydronephrosis.
- Bulky uterus with intramural fibroids as describe above.

ADV:- Clinical and TVS correlation.

DR. KRATI KHANDELWAL
CONSULTANT RADIOLOGIST**Investigations Not Done / Not Yet Reported****Histopathology**

PAP SMEAR /CERVICAL SMEAR

X Ray

X-RAY CHEST PA

● Within Normal Range ● Borderline High/Low ● Out of Range

Executive Summary



MEDICALLY AND PHYSICALLY FIT

Recommended Follow-up Tests

Test Name	Test Schedule	Repeat Frequency	Remarks
VITAMIN B12 -SERUM	1 Day(s)		
VITAMIN D TOTAL(25-OH VITD3 AND 25-OH VITD2)	1 Day(s)		

Printed By : Akhil Kumar Tiwari

Dr.AKHIL KUMAR TIWARI

AHC Physician / Consultant Internal Medicine

Note :- The Health Check-up examinations and routine investigations have certain limitations and may not be able to detect all the diseases. Any new or persisting symptoms should be brought to the attention of the Consulting Physician. Additional tests, consultations and follow up may be required in some cases.