

DR. NETRAVALKAR'S  
**ASHWINI PATHOLOGY LABORATORY**

(For all investigations in Histopathology, Cytopathology, Haematology, Clinical Pathology, Microbiology & Hormonal Chemistry)

Consultant Pathologist **Dr. Prasad Netravalkar** MBBS, MD (Path) BOM

(HOME COLLECTION FACILITY AVAILABLE)

**Panaji** : 1st, Floor, Rizvi Sadan, Above Saroj Emporium, Near Inox Theatre, Opp. Municipal Market, Panaji.  
Ph.: 2229142, 8407912840, 8390242524

E-mail : ashwinilabpanaji@gmail.com, drprasadnetravalkar@gmail.com

**Mapusa** : F8, Ramchandra Chambers, 1st Floor, Mapusa Clinic Road, Mapusa - Bardez, Goa. Ph.: 2252320

Pt.No. : 65 220624  
Pt.Name : - Archana Kamat  
Ref. By : -

Age : 49 Yrs. Sex : F  
Date : 22-06-2024

Normal Range

**COMPLETE HEMOGRAM**

Haemoglobin	: 13.0	g/dl	11.5 - 16.5 g/dl
W.B.C Count	: 5800	cells/ cu-mm	4000 - 11000 cells/ cu-mm
R.B.C Count	: 4.68	millions / cu-mm	3.8 - 4.5 millions / cu-mm
MCV	: 81.8	fl	80 - 99 fl
MCH	: 27.8	Pg	27 - 33 Pg
MCHC	: 34.0	%	32 - 37 %
PCV	: 38.3	%	37 - 47 %
Platelet Count	: 2.11	lakhs /cu mm	1.5 - 4.5 lakhs /cu mm
E.S.R (Westergren)	: 50	mm/hr	0 - 20 mm/hr

**DIFFERENTIAL COUNT**

Stab Cells	: 03	%	1-5 %
Neutrophils	: 65	%	40- 60 %
Lymphocytes	: 20	%	20 - 45 %
Eosinophils	: 05	%	1 - 6 %
Monocytes	: 07	%	0 - 10 %
Basophils	: 00	%	0 - 1 %
Abnormal Cells	: Nil		

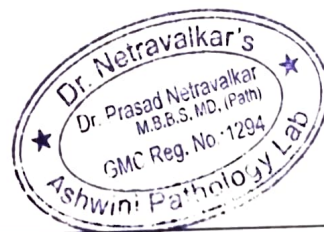
**SMEAR EXAMINATION**

RBC Morphology : Normocytic , Normochromic  
W.B.C Morphology : Within Normal Limits  
Platelets on Smear : Adequate  
Parasites : Absent

Blood Group : 'B' Rh Positive



**Pathologist**



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GMC Reg. No. 1294

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## EXAMINATION OF URINE

### PHYSICAL EXAMINATION

Quantity : 20 ml  
Colour : Pale Yellow  
Appearance : Clear  
pH : 6.5  
Specific Gravity : 1.010

### CHEMICAL EXAMINATION

Proteins : Absent  
Glucose : Absent  
Ketone Bodies : Absent  
Bile Salts : Absent  
Bile Pigments : Absent  
Occult Blood : Negative  
Urobilinogen : Normal

### MICROSCOPIC EXAMINATION [As per hpf]

Epithelial Cells : Occasional /hpf  
Pus Cells : 0 - 1 /hpf  
Red Blood Cells : Absent  
Casts : Absent  
Crystals : Absent



*[Handwritten Signature]*  
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Pt.Name : - Archana Kamat

Ref. By : -

Age : 49 Yrs. Sex : F

Date : 22-06-2024

Fasting Blood Sugar : 86.0 mg/dl Normal Range  
70-110 mg/dl

## GLYCOSYLATED HAEMOGLOBIN IN BLOOD ( HPLC METHOD )

HbA1C : 5.50 %

Mean Blood Glucose : 112 mg %

### INTERPRETATION:

HbA1c %

NORMAL

Below 6.5 %

GOOD DIABETIC CONTROL

6.5 % - 7.5 %

FAIR CONTROL

7.5 % - 8.0 %

UNSATISFACTORY CONTROL

8.0 % - 10.0 %

POOR CONTROL

Above 10.0 %



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Normal Range

### LIVER FUNCTION TEST

S. Bilirubin (Total)	: 0.82	mg/dl	0 - 1 mg/dl
S. Bilirubin (Direct)	: 0.20	mg/dl	0 - 0.25 mg/dl
S. Bilirubin (Indirect)	: 0.62	mg/dl	0 - 0.75 mg/dl
S.G.O.T	: 18.0	U/L	0 - 42 U/L
S.G.P.T	: 20.0	U/L	0 - 42 U/L
S. Alkaline Phosphatase	: 78.0	IU/L	15 - 112 IU/L
GGTP	: 23.0	U/L	9-37 U/L
Total Proteins	: 7.10	g/dl	6.0 - 10.0 g/dl
S. Albumin	: 3.85	gm%	3.2 - 5.5 gm%
S. Globulin	: 3.2	g/dl	2.3 - 3.5 g/dl
A/G Ratio	: 1.2 : 1		



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Normal Range

## LIPID PROFILE

Total Cholesterol	: 151.0 mg/dl	130 - 220 mg/dl
S. Triglycerides	: 106.0 mg/dl	35 - 170 mg/dl
HDL Cholesterol	: 48.0 mg/dl	> 45 mg/dl
LDL Cholesterol	: 82 mg/dl	< 130 mg/dl
VLDL Cholesterol	: 21 mg/dl	Upto 35 mg/dl
TC/HDLC Ratio	: 3.1	< 4.5
LDLC/HDLC Ratio	: 1.7	2.5 - 3.5



  
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Pt.No. : 65 220624

Pt.Name : - Archana Kamat

Ref. By : -

Age : 49 Yrs. Sex : F

Date : 22-06-2024

Normal Range

## KIDNEY FUNCTION TESTS

Blood Urea	: 24.0 mg/dl	15 - 40 mg/dl
S. Creatinine	: 0.74 mg/dl	0.5 - 1.2 mg/dl
S. Uric Acid.	: 3.50 mg/dl	1.5 - 6.0 mg/dl
S. Sodium	: 139.6 mEq/L	135 - 155 mEq/L
S. Potassium	: 3.50 mEq/L	3.5 - 5.5 mEq/L
S. Chlorides	: 101.4 mEq/L	99 - 108 mEq/L



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Mapusa : FS, Ramchandra Chambers, 1st Floor, Mapusa Clinic Road, Mapusa - Bardez, Goa. Ph : 2252320

Patient Name : ARCHANA KAMAT

Age / Gender : 49 / Female

Patient ID : 33209

Source : DIRECT

Referral : SELF

Reporting Time : Jun 22, 2024, 12:37 p.m

Sample ID :



Test Description	Value(s)	Reference Range	Unit
<b>Thyroid Profile</b>			
T3 (Total) Method : Serum ECL	1.64	1.30 - 3.10	nmol/l
T4 (Total)* Method : Serum ECL	74.80	66.0 - 181.0	nmol/l
TSH(Ultrasensitive)* Method : Srum ECL	3.87	0.270 - 4.20	uIU/ml

\*\*END OF REPORT\*\*



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MER- MEDICAL EXAMINATION REPORT

Date of Examination	22/6/24	
NAME	Archeena Kamal	
AGE	29	Gender Female
HEIGHT(cm)	153	WEIGHT (kg) 51kg
B.P.	90/56 mmHg	
ECCG	- Normal	
X Ray	- Normal	
Vision Checkup	Color Vision : Normal Far Vision Ratio : 6/6 Near Vision Ratio : 6/6	
Present Ailments	- NO	
Details of Past ailments (If Any)	- NO	
Comments / Advice : She /He is <input checked="" type="checkbox"/> Physically Fit	Healthy	

*[Handwritten Signature]*

Signature with Stamp of Medical Examiner





# CERTIFICATE OF MEDICAL FITNESS

This is to certify that I have conducted the clinical examination  
of Adichana Kamat on 22/6/24

After reviewing the medical history and on clinical examination it has been found  
that he/she is

	Tick
<ul style="list-style-type: none"><li>• Medically Fit</li></ul>	<input checked="" type="checkbox"/>
<ul style="list-style-type: none"><li>• Fit with restrictions/recommendations</li></ul> <p>Though following restrictions have been revealed, in my opinion, these are not impediments to the job.</p> <p>1. ....</p> <p>2. ....</p> <p>3. ....</p> <p>However the employee should follow the advice/medication that has been communicated to him/her.</p> <p>Review after _____</p>	
<ul style="list-style-type: none"><li>• Currently Unfit. Review after _____ recommended</li></ul>	
<ul style="list-style-type: none"><li>• Unfit</li></ul>	

**Dr.** \_\_\_\_\_  
**Medical Officer**  
**The Apollo Clinic, (Location)**

*This certificate is not meant for medico-legal purposes*



AGE:  
REF BY: DR



भारत सरकार  
Government of India



Archana Sandeep Kamat  
Archana Sandeep Kamat  
जन्म तिथि / DOB 20/08/1974  
महिला / Female

21/04/2012

4594 9021 9825

मेरा आधार, मेरी पहचान

*Handwritten signature*

*Large handwritten signature*





201,202,203, Rizvi Sadan, 2nd Floor, Near Municipal Market, Next to Valdy Hospital, Panaji - Goa  
Tel. 0832 2238122 | Email : drashanetravalkar@gmail.com

NAME: MRS.ARCHANA KAMAT  
AGE: 49/YRS  
REF BY: DR. SELF

DATE: 22/06/2024  
SEX: F

**ULTRASONOGRAPHY OF ABDOMEN AND PELVIS**

**LIVER** – It shows normal echotexture and size. No focal lesions are seen. Intrahepatic biliary and portal radicals appear normal. Length of liver is 13.6cm.PV -9mm.

**PANCREAS**— It shows normal echotexture and size. No focal lesions are seen.

**GALL BLADDER**---It is moderately distended. No calculus is seen. Pericholecystic space is normal.CBD is normal.

**SPLEEN**----- It shows normal echotexture and size. Length of spleen is 8cm.

**BOTH KIDNEYS** show normal echotexture and size. Corticomedullary differentiation is seen well .No calculus or hydronephrosis is seen in both kidneys. Perirenal space is normal.

Right kidney--measures 10cm x 3.4cms .

Left kidney—measures 10.8cms x4.5cms.

**Urinary Bladder** is well distended .No calculus and mass is seen.Both vesicoureteric junctions are normal.

**UTERUS** : It is anteverted and It measures 7.1cms x4.6cms x 4.2cms.

Myometrium show normal echotexture .No mass is seen.

Endometrial thickness is 4mm.

**Both ovaries** show normal echotexture and size.

No adnexal mass is seen.

No free fluid is seen in pelvis.Plenty of bowel gases are seen.

**Impression** : Normal study.

With regards,



DR.ASHADEVI NETRAVALKAR,MD  
RADIOLOGIST

**DR. ASHADEVI NETRAVALKAR**  
MBBS, MD, AFIH  
Consultant Radiologist  
2nd Floor, Rizvi Sadan Panaji  
Tel: 0832-2238122 / 9822125224



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**Mapusa** : FS, Ramchandra Chambers, 1st Floor, Mapusa Clinic Road, Mapusa - Bardez, Goa - Ph.: 2252320

**Patients Name** : Archana Kamat 49yrs/F

**Date** : 25/06/24

**Ref. by Dr** :

**CYTOPATHOLOGY REPORT**

**Specimen Sent** : Pap Smears.

**Report** : Pap smears show moderate sheets of intermediate epithelial cells, few sheets of superficial epithelial cells and few groups of endocervical epithelial cells.

The epithelial cells show normal nucleus:cytoplasm ratio. Their nuclear chromatin is regular and well scattered.

Occasional neutrophils & Dod. Bacilli are seen in background.

No fungi or protozoa seen.

No evidence of dysplasia or malignancy seen.

**Opinion** : Pap smears show no significant pathology.



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# Dr. Netravalkar's Imaging Centre

**Dr. Ashadevi Netravalkar**

MBBS., MD, AFIH

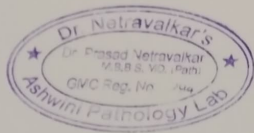
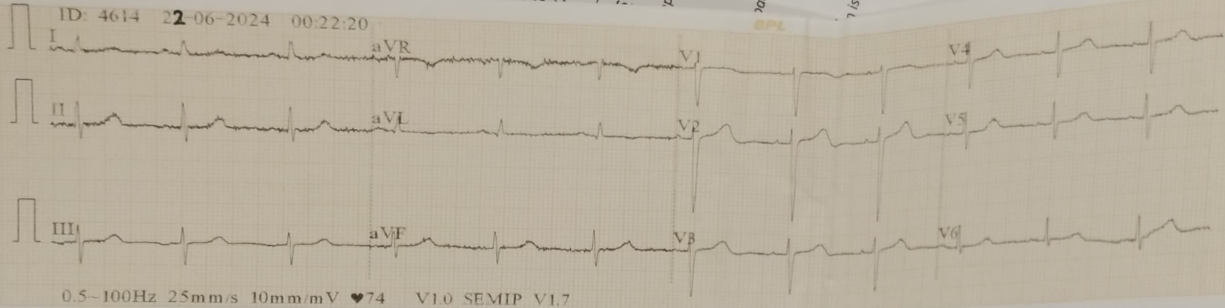
Consultant Radiologist & Sonologist

Name : AKCHANA KAMAT  
Age : 49 M/F F Date : 22.06.24  
Investigation : EKG  
Ref. by Dr. : \_\_\_\_\_

201,202,203, Rizvi Sadan, 2nd Floor, Near Municipal Market,  
Next to Vaidya Hospital, Panaji - Goa.

Tel.: 0832 2238122 | Email : drashanetravalkar@gmail.com

Timing : 8.00 am to 1.00 pm | 4.00 pm to 7.00 pm



ID: 4614

Female / mmHg  
49 Years  
cm kg

HR : 72 bpm  
P : 107 ms  
PR : 155 ms  
QRS : 71 ms  
QT/QTc : 395/432 ms  
P:QRS/T : -1/14/70 °  
RV5/SV1 : 0.583/0.955 mV

ECG's Normal  
*[Signature]*

DR. SIGN.