

Name : Mr. RAKESH HELA (50 /M)

Date : 10/02/2023

Address : BF-37/7, SAHA PARA, DESHBANDHU NAGAR, BAGUIHATI JORA
MANDIR, PS-BBAGUIHATI, KOLKATA, KOLKATA, WEST BENGAL, INDIA

Examined by :

UHID : AGHL.0001552952

Package : MEDI WHEEL FULL BODY HCK - MALE (ABOVE 40 YRS WITH
TMT/ECHO)

AHC No : AMHLAH167004



CHIEF COMPLAINTS

No specific complaints

PRESENT KNOWN ILLNESS

Diabetes mellitus - type 2; Medication - regular
Hypertension Medication - regular
Dyslipidaemia Medication - regular
Coronary artery disease - Angiogram; - Minimal CAD; - On medical management



SYSTEMIC REVIEW

Cardiovascular system

- Nil Significant

Respiratory system

- Nil Significant

Gastrointestinal system

- Nil Significant

Genitourinary system

- Nil Significant

Central nervous system

- Nil Significant

Eyes

- Nil Significant

ENT

- Nil Significant

Skin

- Nil Significant



Past medical history

Past medical history - nil significant



Personal history

Marital status - Married
No. of children - 2
Diet - Non Vegetarian
Alcohol - consumes alcohol occasionally
Smoking - No
Chews tobacco - No
Physical activity - Mild



Family history

Father - alive
Mother - has expired
Brothers - 5
Sisters - 2
Diabetes - mother
Coronary artery disease - father
Cancer - None

PHYSICAL EXAMINATION



General

Build - normal
Height - 159
Weight - 57.8
BMI - 22.86
Pallor - No
Oedema - no



Cardiovascular system

Heart rate (Per minute) - 94
Rhythm - Regular
- B.P. Sitting
Systolic(mm of Hg) - 130
Diastolic(mm of Hg) - 88
Heart sounds - S1S2+

Respiratory system

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Breath sounds - Normal vesicular breath sounds

 **Abdomen**

Organomegaly - No

Tenderness - No

 **Central nervous system**

- No neurological deficit

Printed By : Benazir Begaum

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COMPLETE HAEMOGRAM PROFILE

Test Name	Result	Unit	Level	Range
Hemoglobin	12.8 *	g/dl	●	13.0-17.0
RBC COUNT	4.76	Million/ ul	●	4.5-5.5
Hematocrit - Hct:	40.5 *	%	●	41-53
MCV	85.0	fl	●	83-101
MCH	26.9 *	pg	●	27-32
MCHC	31.7	%	●	31.5-34.5
RDW	16.1 *	%	●	11.8-14.0
WBC Count	8300	/cu mm	●	4000-10000
Platelet Count	2.09	lacs/cu mm	●	1.5-4.0
Neutrophils	62	%	●	40-80
Lymphocytes	32	%	●	20-40
Monocytes	05	%	●	2-10
Eosinophils	01	%	●	01-06
Basophils	00	%	●	0-0
RBC:	Normocytic Normochromic cells			
Platelets:	Adequate.			
ERYTHROCYTE SEDIMENTATION RATE (ESR)	16 *	mm/1st hr	●	0-15

URINE ROUTINE AND MICROSCOPY

Test Name	Result	Unit	Level	Range
Volume:	40	mL		
Colour:	Pale Straw			
Appearance	Clear			
Specific Gravity	1.015			
pH:	5.5			
Albumin:	Not Detected			
Glucose	+++			
Ketone:	Not Detected			
Bile Pigments	Not Detected			
RBC	Nil	/hpf		
Pus Cells	0-2	/hpf		
Epithelial Cells	Occasional/hpf			

Casts: Not Found
 Crystals: Not Found
 Note: Biological reference interval
 RBC- 0-2/hpf
 Pus Cell - 0-5/hpf.
 NOTE : - Urine glucose rechecked and confirmed by Benedict's test

URINE SUGAR - POST PRANDIAL (QUALITATIVE)

Test Name	Result	Unit	Level	Range
URINE GLUCOSE(POST PRANDIAL)	+++			

URINE SUGAR- FASTING(QUALITATIVE)

Test Name	Result	Unit	Level	Range
URINE GLUCOSE(FASTING)	+++			

BLOOD GROUPING AND TYPING (ABO AND RH)

Test Name	Result	Unit	Level	Range
ABO Group:	A			
Rh (D) Type:	POSITIVE			

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
ALT(SGPT) - SERUM	54 *	U/L	●	10-40
ALBUMIN - SERUM	4.2	g/dL	●	3.5-5.1
ALKALINE PHOSPHATASE - SERUM	112	U/L	●	53-128
AST (SGOT) - SERUM	40	U/L	●	10-42
BILIRUBIN TOTAL - SERUM	0.7	mg/dL	●	0.0-1.0

LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
CHOLESTEROL - SERUM	105	mg/dL	●	0-200

CREATININE - SERUM

● Within Normal Range ● Borderline High/Low ● Out of Range

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Test Name	Result	Unit	Level	Range
CREATININE - SERUM	1.0	mg/dL	●	0.9-1.3

GLOBULIN: (CALCULATED) - SERUM	3.0	g/dL	●	1.8-3.6
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LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
GGTP: GAMMA GLUTAMYL TRANSPEPTIDASE - SERUM	15	U/L	●	7-64

THYROID PROFILE - I(T3,T4 AND TSH)

Test Name	Result	Unit	Level	Range
TOTAL T3: TRI IODOTHYRONINE - SERUM	0.9	ng/ml	●	0.8-2
TOTAL T4: THYROXINE - SERUM	4.8 *	µg/dL	●	5.1-14.1

GLUCOSE - PLASMA (FASTING)

Test Name	Result	Unit	Level	Range
GLUCOSE - PLASMA (FASTING)	146 *	mg/dL	●	70-99

LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
TRIGLYCERIDES - SERUM	64	mg/dL	●	0-150

GLUCOSE - PLASMA (POST PRANDIAL)

Test Name	Result	Unit	Level	Range
GLUCOSE - PLASMA (POST PRANDIAL)	361 *	mg/dL	●	70-140

THYROID PROFILE - I(T3,T4 AND TSH)

Test Name	Result	Unit	Level	Range
TSH: THYROID STIMULATING HORMONE - SERUM	1.000	µIU/mL	●	0.270-4.200

HBA1C (GLYCOSYLATED HAEMOGLOBIN)-WHOLE BLOOD

Test Name	Result	Unit	Level	Range
HBA1C (GLYCOSYLATED HAEMOGLOBIN)-WHOLE BLOOD	10.2 *	%	●	Nondiabetic : 4 - 5.6 % Prediabetics : 5.7 - 6.4% Diabetes : >= 6.5% ADA Therapeutic goal : <7%

URIC ACID - SERUM

Test Name	Result	Unit	Level	Range
URIC ACID - SERUM	6.5	mg/dL	●	3.5-7.2

LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
HDL CHOLESTEROL - SERUM	27 *	mg/dL	●	30-70
LDL CHOLESTEROL -SERUM	67	mg/dL	●	Optimal: <100
VLDL CHOLESTEROL - SERUM (Calculated)	11	mg/dL	●	0-35

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
BILIRUBIN CONJUGATED (DIRECT) - SERUM	0.2	mg/dL	●	0.0-0.2

PROSTATIC SPECIFIC ANTIGEN (PSA TOTAL) - SERUM

Test Name	Result	Unit	Level	Range
PROSTATIC SPECIFIC ANTIGEN (PSA TOTAL) - SERUM	0.82	ng/mL	●	0.00-6.50

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
PROTEIN TOTAL - SERUM	7.1	g/dL	●	6.4-8.3

BUN (BLOOD UREA NITROGEN)

Test Name	Result	Unit	Level	Range
BUN (BLOOD UREA NITROGEN)	14.4	mg/dL	●	7.0-18.0

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
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● Within Normal Range ● Borderline High/Low ● Out of Range

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A/G - RATIO 1.4 ● 1.0-2.0

ECG

SINUS RHYTHM WITH OCCASIONAL PREMATURE VENTRICULAR COMPLEXES.
LEFT AXIS DEVIATION.
POOR R WAVE PROGRESSION.

X-RAY CHEST PA

Chest skiagram does not reveal any significant abnormality.

INVESTIGATIONS NOT DONE / NOT YET REPORTED / NOT PART OF PACKAGE(LAB,RADIOLOGY & CARDIOLOGY)

Haematology

STOOL ROUTINE

Ultrasound Radiology

ULTRASOUND SCREENING WHOLE ABDOMEN

CARDIOLOGY

TREADMILL TEST / STRESS TEST

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Printed By :

AHC Physician / Consultant Internal Medicine

Note :- The Health Check-up examinations and routine investigations have certain limitations and may not be able to detect all the diseases. Any new or persisting symptoms should be brought to the attention of the Consulting Physician. Additional tests, consultations and follow up may be required in some cases.