**Name** : **Mr. C BALAKRISHNA**

**PID No.** : MED121894713

**SID No.** : 522308442

**Age / Sex** : 34 Year(s) / Male

**Type** : OP

**Ref. Dr** : **MediWheel**

**Register On** : 27/05/2023 9:02 AM

**Collection On** : 27/05/2023 10:57 AM

**Report On** : 27/05/2023 5:41 PM

**Printed On** : 29/05/2023 9:45 AM

| Investigation | Observed Value | Unit | Biological Reference Interval |
|---|---|---|---|
| BLOOD GROUPING AND Rh TYPING (EDTA Blood/*Agglutination*) | 'B' 'Positive' | | |

**INTERPRETATION:** Note: Slide method is screening method. Kindly confirm with Tube method for transfusion.

### *Complete Blood Count With - ESR*

| Investigation | Observed Value | Unit | Biological Reference Interval |
|---|---|---|---|
| Haemoglobin (EDTA Blood/*Spectrophotometry*) | 15.5 | g/dL | 13.5 - 18.0 |
| Packed Cell Volume(PCV)/Haematocrit (EDTA Blood) | 44.7 | % | 42 - 52 |
| RBC Count (EDTA Blood) | 5.47 | mill/cu.mm | 4.7 - 6.0 |
| Mean Corpuscular Volume(MCV) (EDTA Blood) | 81.6 | fL | 78 - 100 |
| Mean Corpuscular Haemoglobin(MCH) (EDTA Blood) | 28.3 | pg | 27 - 32 |
| Mean Corpuscular Haemoglobin concentration(MCHC) (EDTA Blood) | 34.6 | g/dL | 32 - 36 |
| RDW-CV | 13.0 | % | 11.5 - 16.0 |
| RDW-SD | **37.13** | fL | 39 - 46 |
| Total Leukocyte Count (TC) (EDTA Blood) | 7600 | cells/cu.mm | 4000 - 11000 |
| Neutrophils (Blood) | 54.1 | % | 40 - 75 |
| Lymphocytes (Blood) | 31.4 | % | 20 - 45 |
| Eosinophils (Blood) | **7.7** | % | 01 - 06 |

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*The results pertain to sample tested.*

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| Investigation | Observed Value | Unit | Biological Reference Interval |
|---|---|---|---|
| Monocytes (Blood) | 6.3 | % | 01 - 10 |
| Basophils (Blood) | 0.5 | % | 00 - 02 |

**INTERPRETATION:** Tests done on Automated Five Part cell counter. All abnormal results are reviewed and confirmed microscopically.

| Investigation | Observed Value | Unit | Biological Reference Interval |
|---|---|---|---|
| Absolute Neutrophil count (EDTA Blood) | 4.11 | 10^3 / µl | 1.5 - 6.6 |
| Absolute Lymphocyte Count (EDTA Blood) | 2.39 | 10^3 / µl | 1.5 - 3.5 |
| Absolute Eosinophil Count (AEC) (EDTA Blood) | **0.59** | 10^3 / µl | 0.04 - 0.44 |
| Absolute Monocyte Count (EDTA Blood) | 0.48 | 10^3 / µl | < 1.0 |
| Absolute Basophil count (EDTA Blood) | 0.04 | 10^3 / µl | < 0.2 |
| Platelet Count (EDTA Blood) | 311 | 10^3 / µl | 150 - 450 |
| MPV (Blood) | **7.0** | fL | 7.9 - 13.7 |
| PCT (Automated Blood cell Counter) | 0.22 | % | 0.18 - 0.28 |
| ESR (Erythrocyte Sedimentation Rate) (Citrated Blood) | 6 | mm/hr | < 15 |
| BUN / Creatinine Ratio | 11.6 | | 6.0 - 22.0 |
| Glucose Fasting (FBS) (Plasma - F/GOD-PAP) | 87.29 | mg/dL | Normal: < 100 Pre Diabetic: 100 - 125 Diabetic: >= 126 |

**INTERPRETATION:** Factors such as type, quantity and time of food intake, Physical activity, Psychological stress, and drugs can influence blood glucose level.

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| Investigation | Observed Value | Unit | Biological Reference Interval |
|---|---|---|---|
| Glucose, Fasting (Urine) (Urine - F/*GOD - POD)* | Negative | | Negative |
| Glucose Postprandial (PPBS) (Plasma - PP/*GOD-PAP)* | 104.37 | mg/dL | 70 - 140 |

**INTERPRETATION:**
Factors such as type, quantity and time of food intake, Physical activity, Psychological stress, and drugs can influence blood glucose level. Fasting blood glucose level may be higher than Postprandial glucose, because of physiological surge in Postprandial Insulin secretion, Insulin resistance, Exercise or Stress, Dawn Phenomenon, Somogyi Phenomenon, Anti- diabetic medication during treatment for Diabetes.

| Investigation | Observed Value | Unit | Biological Reference Interval |
|---|---|---|---|
| Urine Glucose(PP-2 hours) (Urine - PP) | Negative | | Negative |
| Blood Urea Nitrogen (BUN) (Serum/*Urease UV / derived)* | 11.3 | mg/dL | 7.0 - 21 |
| Creatinine (Serum/*Modified Jaffe)* | 0.97 | mg/dL | 0.9 - 1.3 |

**INTERPRETATION:** Elevated Creatinine values are encountered in increased muscle mass, severe dehydration, Pre-eclampsia, increased ingestion of cooked meat, consuming Protein/ Creatine supplements, Diabetic Ketoacidosis, prolonged fasting, renal dysfunction and drugs such as cefoxitin ,cefazolin, ACE inhibitors ,angiotensin II receptor antagonists,N-acetylcyteine , chemotherapeutic agent such as flucytosine etc.

| Investigation | Observed Value | Unit | Biological Reference Interval |
|---|---|---|---|
| Uric Acid (Serum/*Enzymatic)* | **7.28** | mg/dL | 3.5 - 7.2 |

### *Liver Function Test*

| Investigation | Observed Value | Unit | Biological Reference Interval |
|---|---|---|---|
| Bilirubin(Total) (Serum/*DCA with ATCS)* | 0.44 | mg/dL | 0.1 - 1.2 |
| Bilirubin(Direct) (Serum/*Diazotized Sulfanilic Acid)* | 0.23 | mg/dL | 0.0 - 0.3 |
| Bilirubin(Indirect) (Serum/*Derived)* | 0.21 | mg/dL | 0.1 - 1.0 |
| SGOT/AST (Aspartate Aminotransferase) (Serum/*Modified IFCC)* | 23.37 | U/L | 5 - 40 |
| SGPT/ALT (Alanine Aminotransferase) (Serum/*Modified IFCC)* | 39.85 | U/L | 5 - 41 |

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*The results pertain to sample tested.*

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| Investigation | Observed Value | Unit | Biological Reference Interval |
|---|---|---|---|
| GGT(Gamma Glutamyl Transpeptidase) (Serum/*IFCC / Kinetic*) | 26.41 | U/L | < 55 |
| Alkaline Phosphatase (SAP) (Serum/*Modified IFCC*) | 95.7 | U/L | 53 - 128 |
| Total Protein (Serum/*Biuret*) | 7.34 | gm/dl | 6.0 - 8.0 |
| Albumin (Serum/*Bromocresol green*) | 4.22 | gm/dl | 3.5 - 5.2 |
| Globulin (Serum/*Derived*) | 3.12 | gm/dL | 2.3 - 3.6 |
| A : G RATIO (Serum/*Derived*) | 1.35 | | 1.1 - 2.2 |

### *Lipid Profile*

| Investigation | Observed Value | Unit | Biological Reference Interval |
|---|---|---|---|
| **Cholesterol Total** (Serum/*CHOD-PAP with ATCS*) | **203.62** | mg/dL | Optimal: < 200 Borderline: 200 - 239 High Risk: >= 240 |
| Triglycerides (Serum/*GPO-PAP with ATCS*) | **174.14** | mg/dL | Optimal: < 150 Borderline: 150 - 199 High: 200 - 499 Very High: >= 500 |

**INTERPRETATION:** The reference ranges are based on fasting condition. Triglyceride levels change drastically in response to food, increasing as much as 5 to 10 times the fasting levels, just a few hours after eating. Fasting triglyceride levels show considerable diurnal variation too. There is evidence recommending triglycerides estimation in non-fasting condition for evaluating the risk of heart disease and screening for metabolic syndrome, as non-fasting sample is more representative of the õusualö circulating level of triglycerides during most part of the day.

| Investigation | Observed Value | Unit | Biological Reference Interval |
|---|---|---|---|
| HDL Cholesterol (Serum/*Immunoinhibition*) | **34.77** | mg/dL | Optimal(Negative Risk Factor): >= 60 Borderline: 40 - 59 High Risk: < 40 |

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| Investigation | Observed Value | Unit | Biological Reference Interval |
|---|---|---|---|
| LDL Cholesterol (Serum/Calculated) | 134.1 | mg/dL | Optimal: < 100 Above Optimal: 100 - 129 Borderline: 130 - 159 High: 160 - 189 Very High: >= 190 |
| VLDL Cholesterol (Serum/Calculated) | 34.8 | mg/dL | < 30 |
| Non HDL Cholesterol (Serum/Calculated) | 168.8 | mg/dL | Optimal: < 130 Above Optimal: 130 - 159 Borderline High: 160 - 189 High: 190 - 219 Very High: >= 220 |

**INTERPRETATION:** 1.Non-HDL Cholesterol is now proven to be a better cardiovascular risk marker than LDL Cholesterol.
2.It is the sum of all potentially atherogenic proteins including LDL, IDL, VLDL and chylomicrons and it is the "new bad cholesterol" and is a co-primary target for cholesterol lowering therapy.

| | | | |
|---|---|---|---|
| Total Cholesterol/HDL Cholesterol Ratio (Serum/Calculated) | 5.9 | | Optimal: < 3.3 Low Risk: 3.4 - 4.4 Average Risk: 4.5 - 7.1 Moderate Risk: 7.2 - 11.0 High Risk: > 11.0 |
| Triglyceride/HDL Cholesterol Ratio (TG/HDL) (Serum/Calculated) | 5 | | Optimal: < 2.5 Mild to moderate risk: 2.5 - 5.0 High Risk: > 5.0 |
| LDL/HDL Cholesterol Ratio (Serum/Calculated) | 3.9 | | Optimal: 0.5 - 3.0 Borderline: 3.1 - 6.0 High Risk: > 6.0 |

***Glycosylated Haemoglobin (HbA1c)***

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| Investigation | Observed Value | Unit | Biological Reference Interval |
|---|---|---|---|
| HbA1C<br>(Whole Blood/*HPLC*) | **5.7** | % | Normal: 4.5 - 5.6<br>Prediabetes: 5.7 - 6.4<br>Diabetic: >= 6.5 |

**INTERPRETATION:** If Diabetes - Good control : 6.1 - 7.0 % , Fair control : 7.1 - 8.0 % , Poor control >= 8.1 %

| | | | |
|---|---|---|---|
| Estimated Average Glucose<br>(Whole Blood*)* | 116.89 | mg/dL | |

**INTERPRETATION: Comments**

HbA1c provides an index of Average Blood Glucose levels over the past 8 - 12 weeks and is a much better indicator of long term glycemic control as compared to blood and urinary glucose determinations.
Conditions that prolong RBC life span like Iron deficiency anemia, Vitamin B12 & Folate deficiency, hypertriglyceridemia,hyperbilirubinemia,Drugs, Alcohol, Lead Poisoning, Asplenia can give falsely elevated HbA1C values.
Conditions that shorten RBC survival like acute or chronic blood loss, hemolytic anemia, Hemoglobinopathies, Splenomegaly,Vitamin E ingestion, Pregnancy, End stage Renal disease can cause falsely low HbA1c.

### *THYROID PROFILE / TFT*

| | | | |
|---|---|---|---|
| T3 (Triiodothyronine) - Total<br>(Serum/*ECLIA)* | 0.824 | ng/ml | 0.7 - 2.04 |

**INTERPRETATION:**
**Comment :**
Total T3 variation can be seen in other condition like pregnancy, drugs, nephrosis etc. In such cases, Free T3 is recommended as it is Metabolically active.

| | | | |
|---|---|---|---|
| T4 (Tyroxine) - Total<br>(Serum/*ECLIA)* | 5.15 | µg/dl | 4.2 - 12.0 |

**INTERPRETATION:**
**Comment :**
Total T4 variation can be seen in other condition like pregnancy, drugs, nephrosis etc. In such cases, Free T4 is recommended as it is Metabolically active.

| | | | |
|---|---|---|---|
| TSH (Thyroid Stimulating Hormone)<br>(Serum/*ECLIA)* | 2.87 | µIU/mL | 0.35 - 5.50 |

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|---|---|---|---|

**INTERPRETATION:**
Reference range for cord blood - upto 20
1 st trimester: 0.1-2.5
2 nd trimester 0.2-3.0
3 rd trimester : 0.3-3.0
(Indian Thyroid Society Guidelines)
**Comment :**
1.TSH reference range during pregnancy depends on Iodine intake, TPO status, Serum HCG concentration, race, Ethnicity and BMI.
2.TSH Levels are subject to circadian variation, reaching peak levels between 2-4am and at a minimum between 6-10PM.The variation can be of the order of 50%,hence time of the day has influence on the measured serum TSH concentrations.
3.Values&amplt;0.03 µIU/mL need to be clinically correlated due to presence of rare TSH variant in some individuals.

## *URINE ROUTINE*

## *PHYSICAL EXAMINATION (URINE COMPLETE)*

| | | | |
|---|---|---|---|
| Colour (Urine) | Yellow | | Yellow to Amber |
| Appearance (Urine) | Clear | | Clear |
| Volume(CLU) (Urine) | 25 | | |

## *CHEMICAL EXAMINATION (URINE COMPLETE)*

| | | | |
|---|---|---|---|
| pH (Urine) | 5 | | 4.5 - 8.0 |
| Specific Gravity (Urine) | 1.023 | | 1.002 - 1.035 |
| Ketone (Urine) | Negative | | Negative |
| Urobilinogen (Urine) | Normal | | Normal |

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*The results pertain to sample tested.*                    Page 7 of 8

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| Investigation | Observed Value | Unit | Biological Reference Interval |
|---|---|---|---|
| Blood (Urine) | Negative | | Negative |
| Nitrite (Urine) | Negative | | Negative |
| Bilirubin (Urine) | Negative | | Negative |
| Protein (Urine) | Negative | | Negative |
| Glucose (Urine/GOD - POD) | Negative | | Negative |
| Leukocytes(CP) (Urine) | Negative | | |

### *MICROSCOPIC EXAMINATION (URINE COMPLETE)*

| | | | |
|---|---|---|---|
| Pus Cells (Urine) | **0-1** | /hpf | NIL |
| Epithelial Cells (Urine) | **0-1** | /hpf | NIL |
| RBCs (Urine) | NIL | /HPF | NIL |
| Others (Urine) | NIL | | |

**INTERPRETATION:** Note: Done with Automated Urine Analyser & Automated urine sedimentation analyser. All abnormal reports are reviewed and confirmed microscopically.

| | | | |
|---|---|---|---|
| Casts (Urine) | NIL | /hpf | NIL |
| Crystals (Urine) | NIL | /hpf | NIL |

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