




Patient Name : Mr. VIKAS	Reg No. : 5041/UHID24DL	Lab ID. : 5171/OPDPB24DL
Age / Gender : 28Y9M / Male	Date : 06-Nov-2024	
Mobile No. : 7011094787	Manual No.	Collected : 06-Nov-2024 10.12
Refd. By : Dr. INSURANCE		Received : 06-Nov-2024 10.12
Sample Type : Plasma(Sodium fluoride)	Sample ID : 247107	Report : 06-Nov-2024 15.34

TEST NAME	RESULT	UNIT	RANGE	METHOD
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BIOCHEMISTRY

BLOOD SUGAR FASTING	92.7	mg/dl	74-100	GOD-POD
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INTERPRETATION:

American Diabetes Association (ADA) Diabetes Guidelines

Criteria for Diabetes Mellitus Diagnosis:

Fasting plasma glucose >126.0 mg/dl (Fasting is defined as no caloric intake for >8 hours) or

2-hr plasma glucose >200 mg/dl after glucose load or

HbA1c >= 6.5% or

Random Plasma glucose >200 mg/dl

Impaired Fasting Glucose

Fasting glucose >=100mg/dl but <126 mg/dl

-----End of Report-----




Dr. Sangeeta B
DCP, DNB, PATHOLOGY,
DMC/25252

Lab Technician : chand





Patient Name : Mr. VIKAS	Reg No. : 5041/UHID24DL	Lab ID. : 5171/OPDPB24DL
Age / Gender : 28Y9M / Male	Date : 06-Nov-2024	
Mobile No. : 7011094787	Manual No.	Collected : 06-Nov-2024 15.16
Refd. By : Dr. INSURANCE		Received : 06-Nov-2024 15.17
Sample Type : Plasma(Sodium fluoride)	Sample ID : 247107	Report : 06-Nov-2024 15.34

TEST NAME	RESULT	UNIT	RANGE	METHOD
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BIOCHEMISTRY

Blood Sugar PP	107.4	mg/dl	70-150	GOD-POD
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INTERPRETATION:

American Diabetes Association (ADA) Diabetes Guidelines

Criteria for Diabetes Mellitus Diagnosis:

Fasting plasma glucose >126.0 mg/dl (Fasting is defined as no caloric intake for >8 hours) or

2-hr plasma glucose >200 mg/dl after glucose load or

HbA1c >= 6.5% or

Random Plasma glucose >200 mg/dl


Impaired Fasting Glucose

Fasting glucose >=100mg/dl but <126 mg/dl

-----End of Report-----

Dr. Sangeeta B
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Age / Gender : 28Y9M / Male	Date : 06-Nov-2024	
Mobile No. : 7011094787	Manual No.	Collected : 06-Nov-2024 10.12
Refd. By : Dr. INSURANCE		Received : 06-Nov-2024 10.12
Sample Type : EDTA whole blood	Sample ID : 247107	Report : 06-Nov-2024 15.34

TEST NAME	RESULT	UNIT	RANGE	METHOD
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HEAMATOLOGY

COMPLETE BLOOD COUNT

HEMOGLOBIN	15.1	g/dl	13.0 - 17.0	Colorimetric
TOTAL LEUCOCYTE COUNT	4.8	10 ³ /uL	4.0-11.0	Electrical impedance

DIFFERENTIAL LEUCOCYTE COUNT(DLC)

Neutrophil	66	%	40-75	Electrical impedance
Lymphocyte	24	%	20-45	Electrical impedance
Eosinophil	04	%	01-06	Microscopy
Monocyte	06	%	2-10	Microscopy
Basophil	00	%	0-2	Microscopy
ESR	10	mm/1sthr	0-20	Westergren's
RBC COUNT	4.97	mili/cmm	4.50 - 5.50	Electrical impedance
PCV	44	%	40 - 50	Calculated
MCV	88.40	Fl	83.00 - 101.00	Calculated


MCH	30.4	Picogram	27.0 - 32.0	Calculated
MCHC	34.40	gm/dl	31.50 - 34.50	Calculated
PLATELET COUNT	226	10 ³ /uL	150 - 410	Electrical impedance

-----End of Report-----



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TEST NAME	RESULT	UNIT	RANGE	METHOD
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HEAMOTOLOGY

HBA1C (GLYCOSYLATED HB)	5.1	%	4-6	PEIT
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Metabolically healthy patients 4.5 - 6.0 %
6.1 - 6.5 %

Good control :

Fair control : 6.6 - 7.0 %

Poor control : Above - >7.0 %


COMMENTS: HbA1c is an indicator of glycemic control. HbA1c represents average glycemia over the past six to eight weeks. Glycation of hemoglobin occurs over the entire 120 day life span of the red blood cell, but within this 120 days. Recent glycemia has the largest influence on the HbA1c value. Clinical studies suggest that a patient in stable control will have 50% of their HbA1c formed in the month before sampling, 25% in the month before that, and the remaining 25% in months two to four. Estimated Average Glucose mg/dl = (HbA1c x 35.6) - 77.3 Correlation between HbA1c and Mean Plasma Glucose (MPG) is not "perfect" but rather only this means that to predict or estimate average glucose from Hb-A1c or vice-versa is not "perfect" but gives a good working ballpark estimate. Afternoon and evening results correlate more closely to HbA1c than morning results, perhaps because morning fasting glucose levels vary much more than daytime glucose levels, which are easier to predict and control. As per IFCC recommendations 2007, HbA1c being reported as above maintaining traceability to both IFCC (mmol/mol) & NGSP (%) units.

-----End of Report-----



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Mobile No. : 7011094787	Manual No.	Collected : 06-Nov-2024 10.12
Refd. By : Dr. INSURANCE		Received : 06-Nov-2024 10.12
Sample Type : Serum	Sample ID : 247107	Report : 06-Nov-2024 15.34

TEST NAME	RESULT	UNIT	RANGE	METHOD
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BIOCHEMISTRY

KIDNEY FUNCTION TEST

Blood Urea	29.7	mg/dl	15.0-45.0	urease-GLDH
Serum Creatinine	1.0	mg/dl	0.7-1.3	Jaffes Kinetic
Serum Uric Acid	6.00	mg/dl	2.5-7.2	Uricase
Total Protein				
PROTEN	6.40	g/dl	6.4-8.3	Biuret
ALBUMIN	4.1	g/dl	3.4-4.8	Bcg
GLOBULIN	2.30	g/dl	2.3-3.5	
A/G RATIO	1.78			
Calcium	9.0	mg/dl	8.6-10.2	Arsenazo
Sodium	140.0	mmol/L	136.0-149.0	ISE Indirect
Potassium	4.0	mmol/L	3.5-5.5	ISE Indirect
Chloride	103.0	mmol/L	98.0-109.0	ISE Indirect


-----End of Report-----



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Refd. By : Dr. INSURANCE		Received : 06-Nov-2024 10.12
Sample Type : Serum	Sample ID : 247107	Report : 06-Nov-2024 15.34

TEST NAME	RESULT	UNIT	RANGE	METHOD
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BIOCHEMISTRY

LIPID PROFILE

Total Cholesterol	144.00	mg/dl	123-199	CHOD-PAP
Triglycerides	92.7	mg/dl	40-160	Gpo
HDL Cholesterol Direct	52.0	mg/dl	35.3-79.5	Direct
Vldl	19	mg/dl	4.7-22.1	
LDL Cholesterol Direct	73.5	mg/dl	63-129	
Total Cholesterol/HDL Ratio	2.8		0.0-4.97	
LDL/HDL Ratio	1.4		0.0-3.55	

INTERPRETATION:-


	Total cholesterol	LDL cholesterol	Triglycerides
Acceptable/Low Risk	: < 200 mg/dl	<130 mg/dl	<150 mg/dl
Borderline High Risk	: 200-239 mg/dl	130-159 mg/dl	150-199 mg/dl
High Risk	: > 240 mg /dl	> 160 mg/dl	200-499 mg/dl
Very High			>500 mg/dl

-----End of Report-----



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Sample Type : Serum	Sample ID : 247107	Report : 06-Nov-2024 15.34

TEST NAME	RESULT	UNIT	RANGE	METHOD
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BIOCHEMISTRY

LIVER FUNCTION TEST

Serum Bilirubin

Total Bilirubin	0.58	mg/dl	0.0-2.0	Diazo
Direct Bilirubin	0.27	mg/dl	0-0.4	Diazo
Indirect Bilirubin	0.31	mg/dl	0-0.8	Calculated

Total Protein

PROTEIN	6.40	g/dl	6.4-8.3	Biuret
ALBUMIN	4.1	g/dl	3.4-4.8	Bcg
GLOBULIN	2.30	g/dl	2.3-3.5	
A/G RATIO	1.78			
SGOT	43	U/L	0-35	IFCC
SGPT	73	U/L	0.0-45	IFCC

Gamma GT	47.8	U/L	0-55	Glupa-c
Alkaline Phosphatase	69	U/L	53-128	Amp

-----End of Report-----




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Age / Gender : 28Y9M / Male	Date : 06-Nov-2024	
Mobile No. : 7011094787	Manual No.	Collected : 06-Nov-2024 11.21
Refd. By : Dr. INSURANCE		Received : 06-Nov-2024 11.21
Sample Type : STOOL	Sample ID : 247107	Report : 06-Nov-2024 15.34

TEST NAME	RESULT	UNIT	RANGE	METHOD
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CLINICAL PATHOLOGY


STOOL R/M	%
PHYSICAL EXAMINATION	
COLOUR/ APPEARANCE	BROWNISH
CONSISTENCY	SEMI-FORMED
PUS	NIL
MUCUS	NIL
BLOOD	NIL
CHEMICAL REACTION	
REACTION	ACIDIC
MICROSCOPY EXAMINATION	
PUS CELLS	1-2
RBC'S	NIL
OVA	NIL
CYST	NIL
BACTERIA	NIL
OTHERS	NIL

-----End of Report-----



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Age / Gender : 28Y9M / Male	Date : 06-Nov-2024	
Mobile No. : 7011094787	Manual No.	Collected : 06-Nov-2024 11.21
Refd. By : Dr. INSURANCE		Received : 06-Nov-2024 11.21
Sample Type : URINE	Sample ID : 247107	Report : 06-Nov-2024 15.34

TEST NAME	RESULT	UNIT	RANGE	METHOD
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CLINICAL PATHOLOGY

URINE ROUTINE

MICROSCOPY

PHYSICAL EXAMINATION

QUANTITY	20.00	ml	10-30	
COLOUR	PALE YELLOW			
TRANSPARENCY	CLEAR			
SPECIFIC GRAVITY	1.020		1.015-1.025	
PH	6.0		5.5 - 7	

CHEMICAL EXAMINATION

PROTEIN	NIL
SUGAR	NIL

MICROSCOPIC EXAMINATION

PUS CELLS	2-3	/hpf		MICROSCOPIC
RBC'S	NIL		NIL	
CASTS	NIL			
CRYSTALS	NIL			
EPITHELIAL CELLS	1-2			
BACTERIA	NIL			
OTHERS	NIL			
KETONE	NIL			


-----End of Report-----



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Refd. By : Dr. INSURANCE		Received : 06-Nov-2024 10.12
Sample Type : Serum	Sample ID : 247107	Report : 06-Nov-2024 15.34

TEST NAME	RESULT	UNIT	RANGE	METHOD
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BIOCHEMISTRY

BUN	13.87	mg/dl	6-20	Urease-Gldh
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-----End of Report-----



Dr. Sangeeta B
DCP, DNB, PATHOLOGY,
DMC/25252

Lab Technician : chand



Date..... 06/11/24

Time... 12:10 AM

Patient Name MR. VIKAS Age 28 Sex M UHID No. 504/USX1024DC
years

Bp :- 120/80
Pulse :- 106/min
Weight :- 73kg
Pain Score :- 0-2/10
Temp :- 98.0f
RR :- 20/min

HT- 172cm

For Routine Health
check

No complaints

On Examination -

PAIRED - Grossly oriented
vitals stable

CVR - S/S (+)

Visual Acuity 6/6 B/L

RS - B/LAET (+) / (O) ↓

Far/Near

P/A - NAD

Color (N)

Adv

fit on physical Examination



Resident Medical Officer
IPSC Pain & Spine Hos.

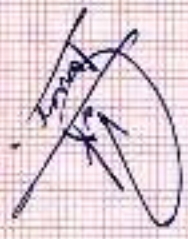
06-11-2024 12:08:50 PM

HR : 77 bpm
 P : 100 ms
 PR : 128 ms
 QRS : 98 ms
 QT/QTcBz : 384/435 ms
 P-QRS/T : 33/53/44 °
 RV5/SV1 : 1.215/0.406 mV

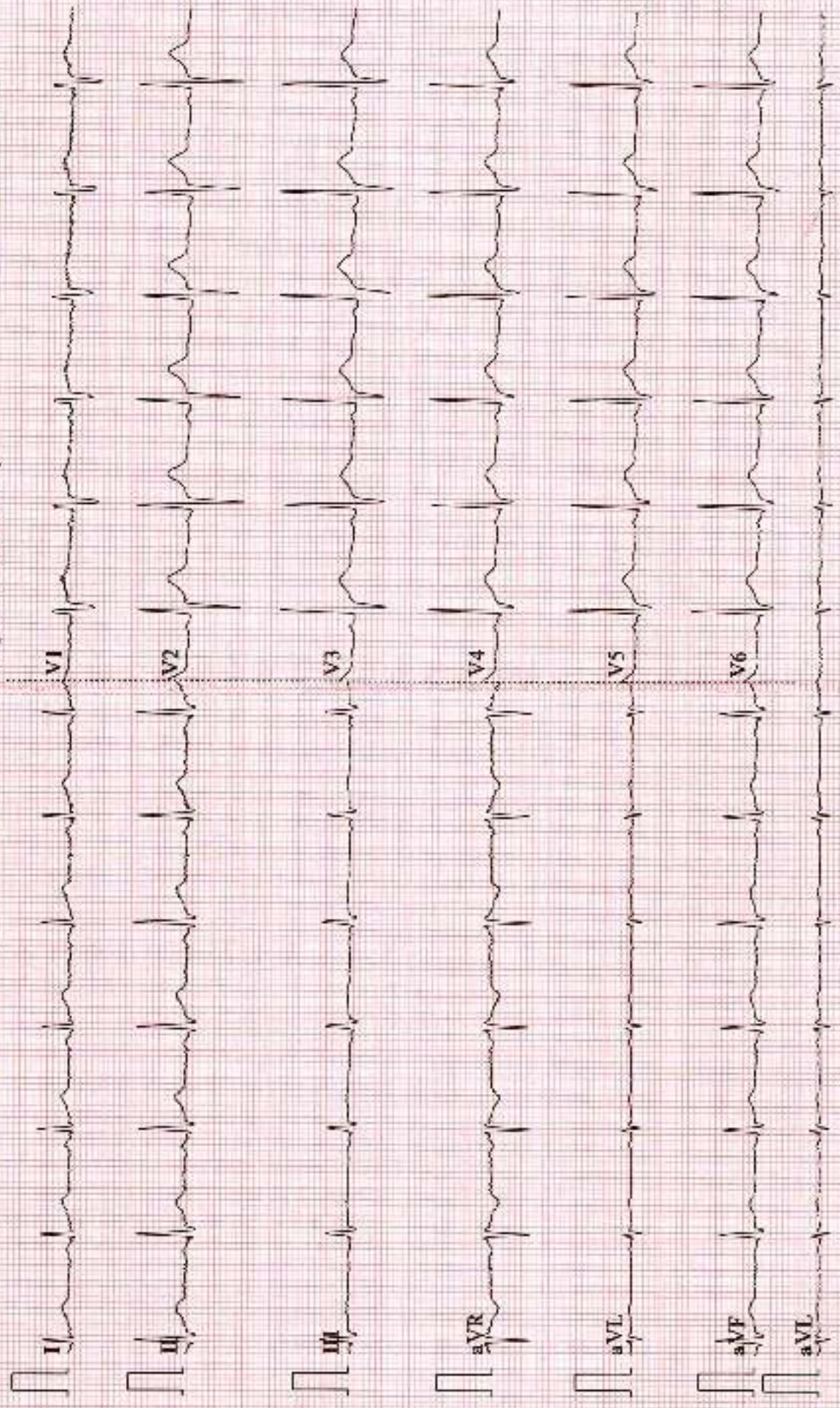
ID: 56
 vikas
 Male 28Years
 Req. No. :

Diagnosis Information:
 Sinus rhythm
 Normal ECG

Dr. ANIL SAHOO
 MD, PGDCC
 Regn. No. 33201



Report Confirmed by:



Patient Name :	Mr. VIKAS	Radiology No. :	5171/OPDP024DL
Referred By :	Dr. INSURANCE	Date :	05-Nov-2024
UHID No. :	5041/UHID2401	Age/Sex :	28YSM Male

X-RAY CHEST

Indication: Routine check-up.

Image quality:-

No evidence of rotation.

PA view. Normal penetration.

Airway:- Trachea central.

Carina & bronchi are normal.

No hilar abnormality.

Lung fields:- Clear.

Cardiac:- Cardiac borders are visible.

Normal heart size.

Diaphragm:- Costophrenic angles on right & left are normal.

Cardiophrenic angles on right & left are normal.

Diaphragm portion are normal.

Bony cage:- No evidence of bony lesion/fracture seen.

No evidence of cervical ribs is seen.

Impression: No significant abnormality detected.

Please correlate clinically.



Dr. Harshita Surange
MBBS, DMRD (RADIO DIAGNOSIS)
DIPLOMA IN MSK, UCAM (Spain)
Reg. No. MCI/16522, DMC/18402



Patient Name	: Mr. VIKAS	Radiology No.	: 5171/OPOFB24DL
Referred By	: Dr. INSURANCE	Date	: 06-Nov-2024
UHID No.	: 5041/UHID24DL	Age/Sex	: 28Y9M Male

ULTRASOUND OF WHOLE ABDOMAN

The liver is normal in size contour and echotexture. Intrahepatic bile ducts and CBD are not dilated. Hepatic portal veins and the IVC appear normal in caliber.

Gall bladder is adequately distended with normal intraluminal fluid contents. No evidence of calculus / wall thickness noted.

Pancreas is of normal size and contour with normal echotexture.

Right kidney is normal in size and position .It shows normal movements with respiration. Cortical thickness is normal .

No calculus, mass or hydronephrotic changes seen.

Right kidney measures-97x43mm

Renal artery pulsation appear normal.

Left kidney is normal in size and position .It shows normal movements with respiration.

Cortical thickness is normal .**5mm calculus is seen in the mid pole of left kidney.**

No mass or hydronephrotic changes seen.

Left kidney measures-109x44mm

Renal artery pulsation appear normal.

Spleen is of normal size and shape. Echotexture is normal. No focal lesion is seen.

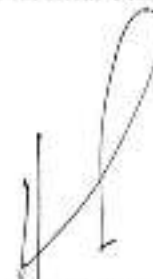
No evidence of retro-peritoneal lymphadenopathy/ ascites/ pleural effusion noted.

Urinary bladder does not show any calculus or mass lesion. No significant wall thickening noted.

Prostate is of normal size for age with regular contours and normal echo-texture.

It measures 35x41x37mm which is equal to 28.9gms.

Impression: Small renal left calculus.



Dr. Harshita Surange

MBBS, DMRD (RADIO DIAGNOSIS)
DIPLOMA IN MSK, UCAM (Spain)
Reg.No. MCI/16522, DMC/18407



5555.24412.5555.55



IPSC PAIN AND SPINE HOSPITAL

PLOT-453 NEAR SBI BANK SECTOR-19
 DWARKA NEW DELHI-110075, PH: 9555437357

TREADMILL TEST REPORT

VIKAS : 67576
 ID : 06-11-2024
 DATE : 28 / M
 AGE/SEX : 6 / D
 HT/WT :
 REF. BY :

PROTOCOL : Bruce
 HISTORY : Checkup/Physical fitness,
 INDICATION :
 MEDICATION :

PHASE	TOTAL STAGE TIME	SPEED KM/H	GRADE %	H.R. bpm	B.P. mmHg	RPP x100	ST LEVEL (MM)			NETS
							II	VI	V5	
SUPINE				63	120 / 80	75	1.1	0.7	1.2	
STANDING				77	120 / 80	92	1.5	0.4	1.7	
EXERCISE				97	120 / 80	104	2.8	0.2	3	
Stage 1	2:55	2.7	10	116	130 / 80	143	2.2	0	2	4.67
Stage 2	5:55	4	12	142	140 / 80	195	2.1	-0.2	2	7.04
Stage 3	9:10	5.4	14	169	150 / 80	252	1.7	-0.1	2	8.07
PK-EXERCISE	7:14	5.4	14	173	160 / 80	284	1.7	-0.2	2	8.23
RECOVERY	8:24			125	160 / 80	204	3.3	-0.6	3.9	
RECOVERY	9:24			113	150 / 80	169	2.2	-0.1	2.5	
RECOVERY	10:24			108	130 / 80	140	1.5	0	1.7	
RECOVERY	11:15			97	120 / 80	118	1.3	0.2	1.3	

RESULTS
 EXERCISE DURATION : 7:14
 MAX HEART RATE : 178 bpm 92 % of target heart rate 192 bpm
 MAX BLOOD PRESSURE : 160 / 80 mm Hg
 REASON OF TERMINATION : Achieved THR.
 BP RESPONSE : Normal,
 ARRHYTHMIA : None,
 H.R. RESPONSE : Normal Chronotropic Response,
IMPRESSIONS
 Negative for provokable myocardial ischemia.

MAX WORK LOAD : 8.29 METS

(Signature)
 17/04/24

Dr. ANIL SAHOO
 MD, PGDCC
 Regn. No. 33201

IPSC PAIN AND SPINE HOSPITAL

VIKAS
 I.D. 67576
 Age 28/M
 Date 06-11-2024

RATE 77bpm
 B.P. 120/80

PRETEST
 STANDING

ST @ 10mm/mV
 80ms PostJ

LINKED MEDIAN

Mag. X 2

III

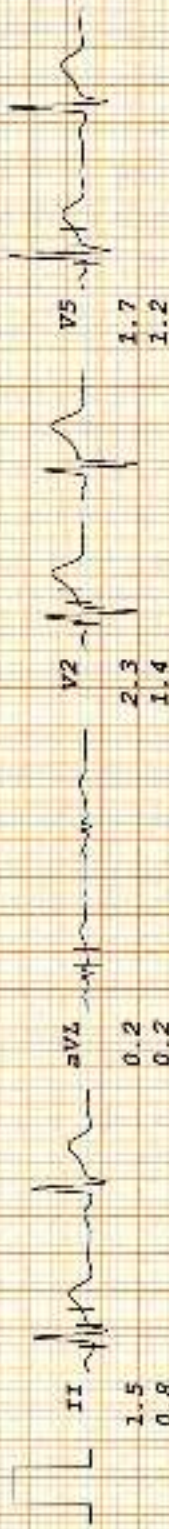


V1

0.4
0.1

V4

2.1
1.6



V2

2.3
1.4

V5

1.7
1.2



V3

2.6
1.7

V6

1.4
0.8

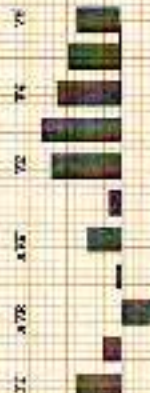


aVF

1.1
0.5

0.6
0.2

II



II III aVR aVL V1 V2 V3 V4 V5 V6

IPSC PAIN AND SPINE HOSPITAL

VIKAS

I.D. 67576

Age 28/M

Date 06-11-2024

RATE 87bpm

B.P. 120/80

PRETEST

HYPERTENSIVE

PHASE TIME 0:20

ST @ 10mm/mV

80ms PostJ

LINKED MEDIAN

Mag. X 2

III



II

I III aVR aVF V1 V2 V3 V4 V5 V6

IPSC PAIN AND SPINE HOSPITAL

VIKAS

I.D. 67576
Age 28/M
Date 06-11-2024

RATE 110bpm
B.P. 130/80

Bruce

Stage 1
TOTAL TIME 2:55
PHASE TIME 2:55

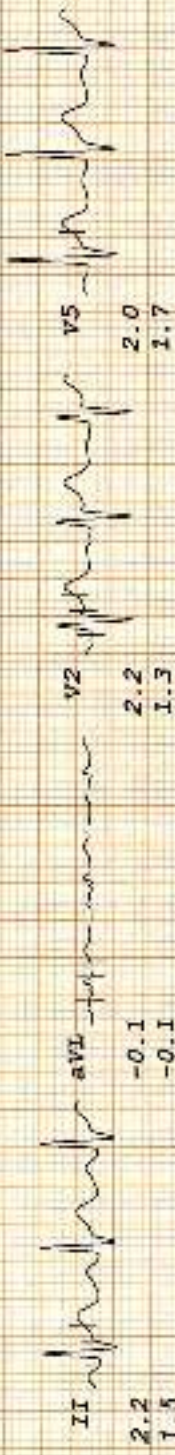
ST @ 10mm/mV

80ms PostJ
Speed 2.7 km/hr
SLOPE 10 %

LINKED MEDIAN

Mag. X 2

III



II

IPSC PAIN AND SPINE HOSPITAL

VIKAS

I.D. 67576

Age 28/M

Date 06-11-2024

RATE 178bpm

B.P. 160/80

Bruce

PK-EXERCISE

TOTAL TIME 7:14

PHASE TIME 1:14

ST @ 10mm/mV

80ms PostJ

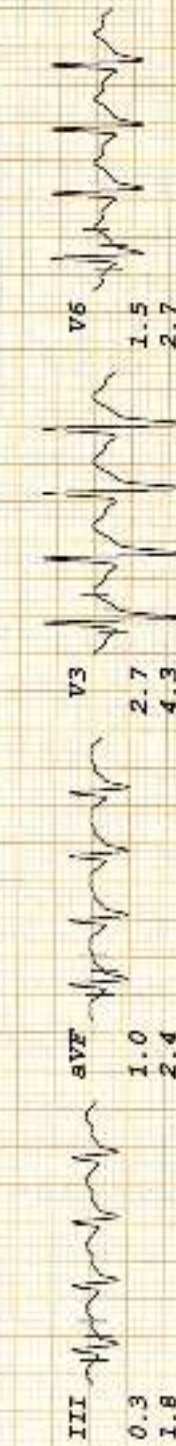
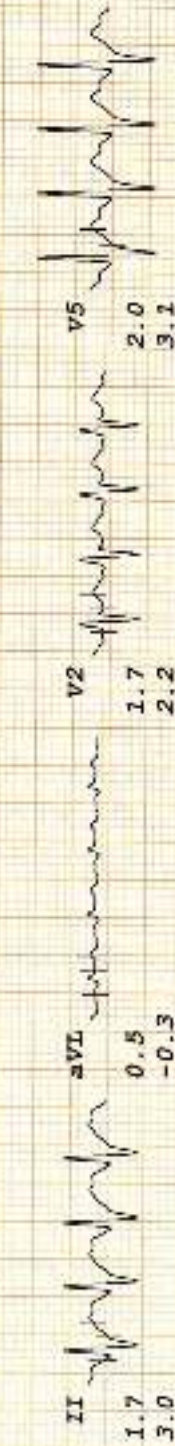
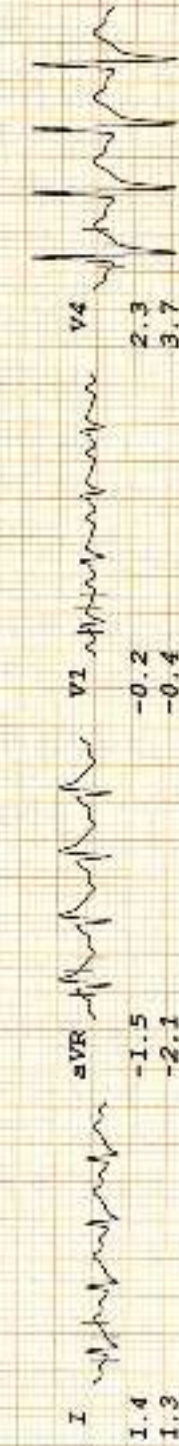
Speed 5.4 km/hr

SLOPE 14 %

LINKED MEDIAN

Mag. X 2

III



IPSC PAIN AND SPINE HOSPITAL

VIRAS

I.D. 67576
Age 28/M
Date 06-11-2024

RATE 128bpm
B.P. 150/80

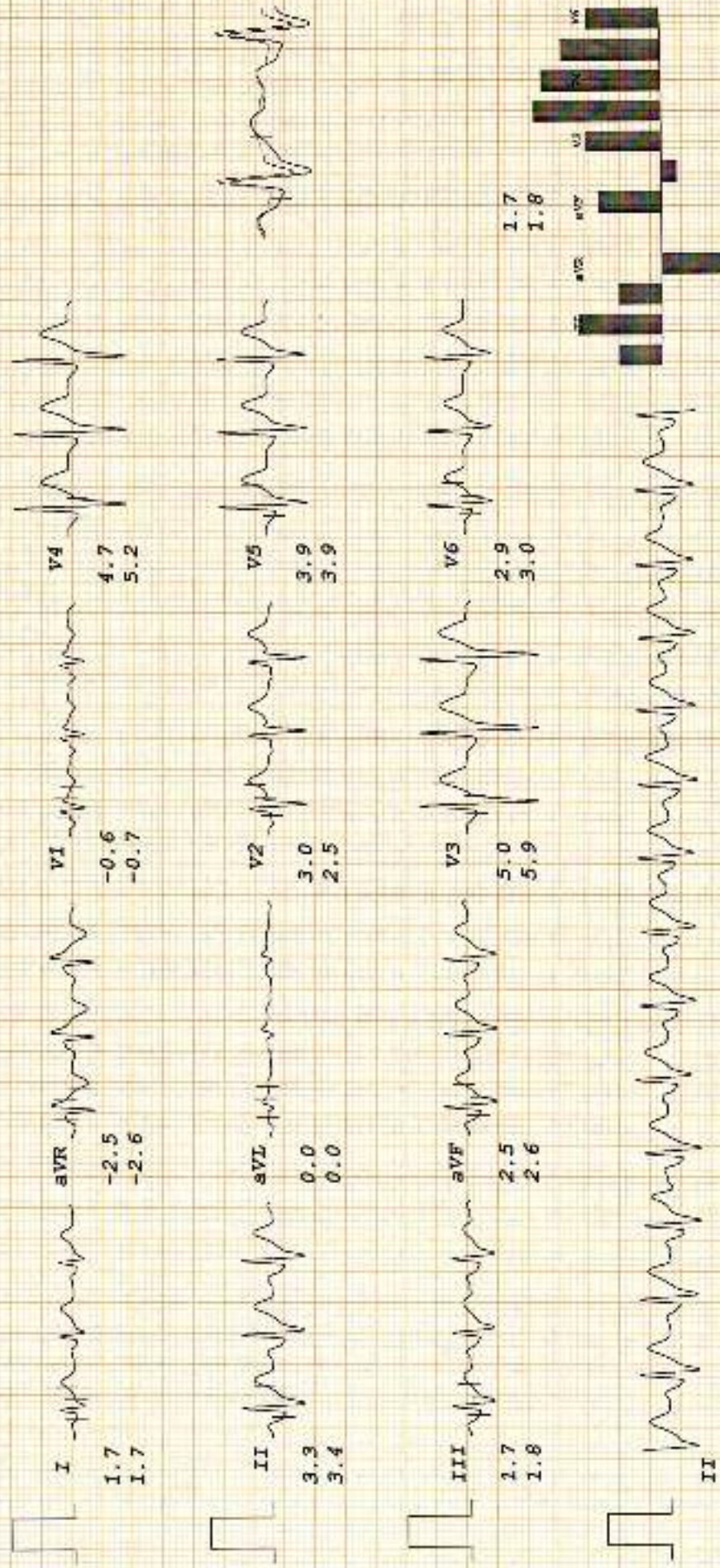
Bruce
RECOVERY
TOTAL TIME 8:24
PHASE TIME 0:55

ST @ 10mm/mV
80ms PostJ

LINKED MEDIAN

Mag. X 2

III



IPSC PAIN AND SPINE HOSPITAL

VIKAS
 I.D. 67576
 Age 28/M
 Date 06-11-2024

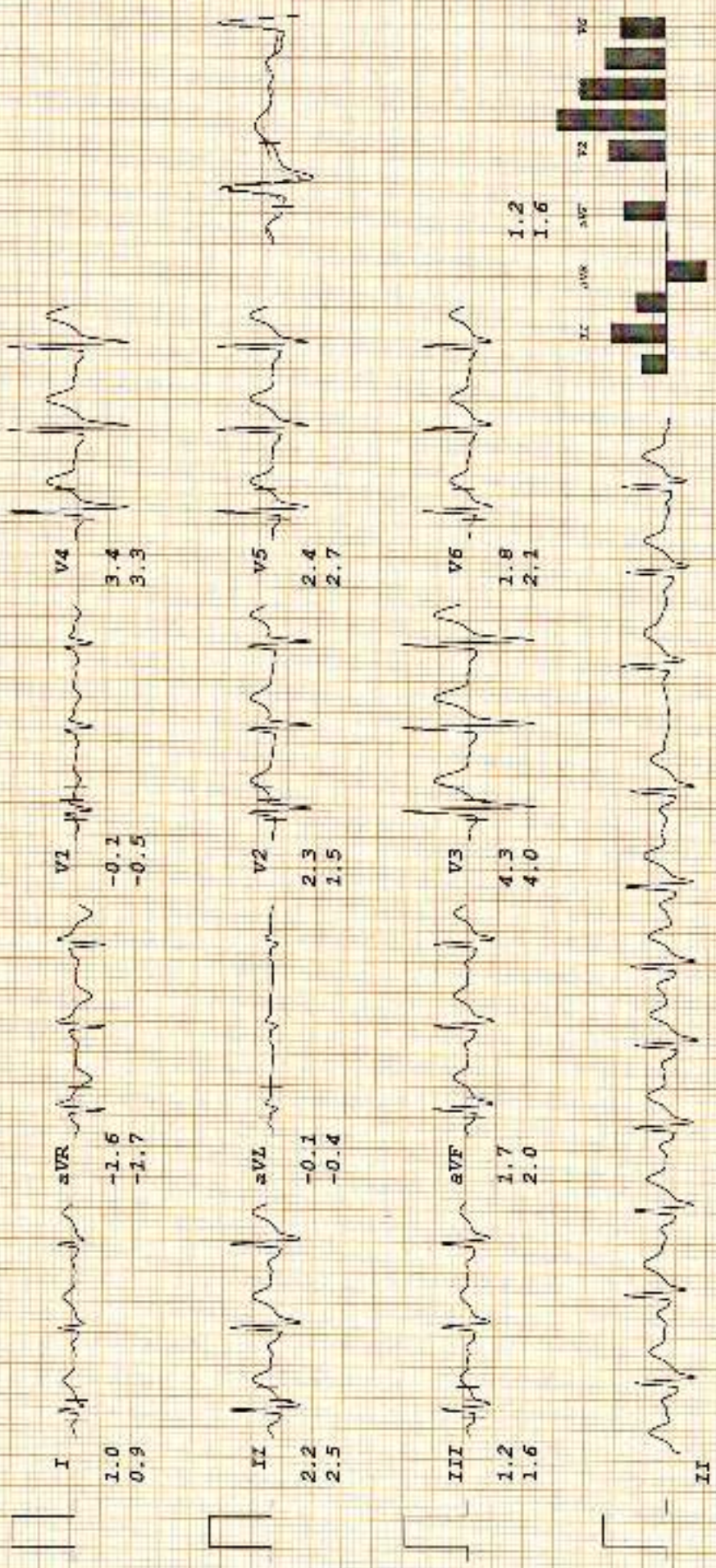
RATE 113bpm
 B.P. 150/80

Bruce
 RECOVERY
 TOTAL TIME 9:24
 PHASE TIME 1:55

ST @ 10mm/mV
 80ms PostJ

LINKED MEDIAN

Mag. X 2
 III



IPSC PAIN AND SPINE HOSPITAL

VIRAS

I.D. 67576

Age 28/M

Date 06-11-2024

RATE 108bpm

B.P. 130/80

Bruce

RECOVERY

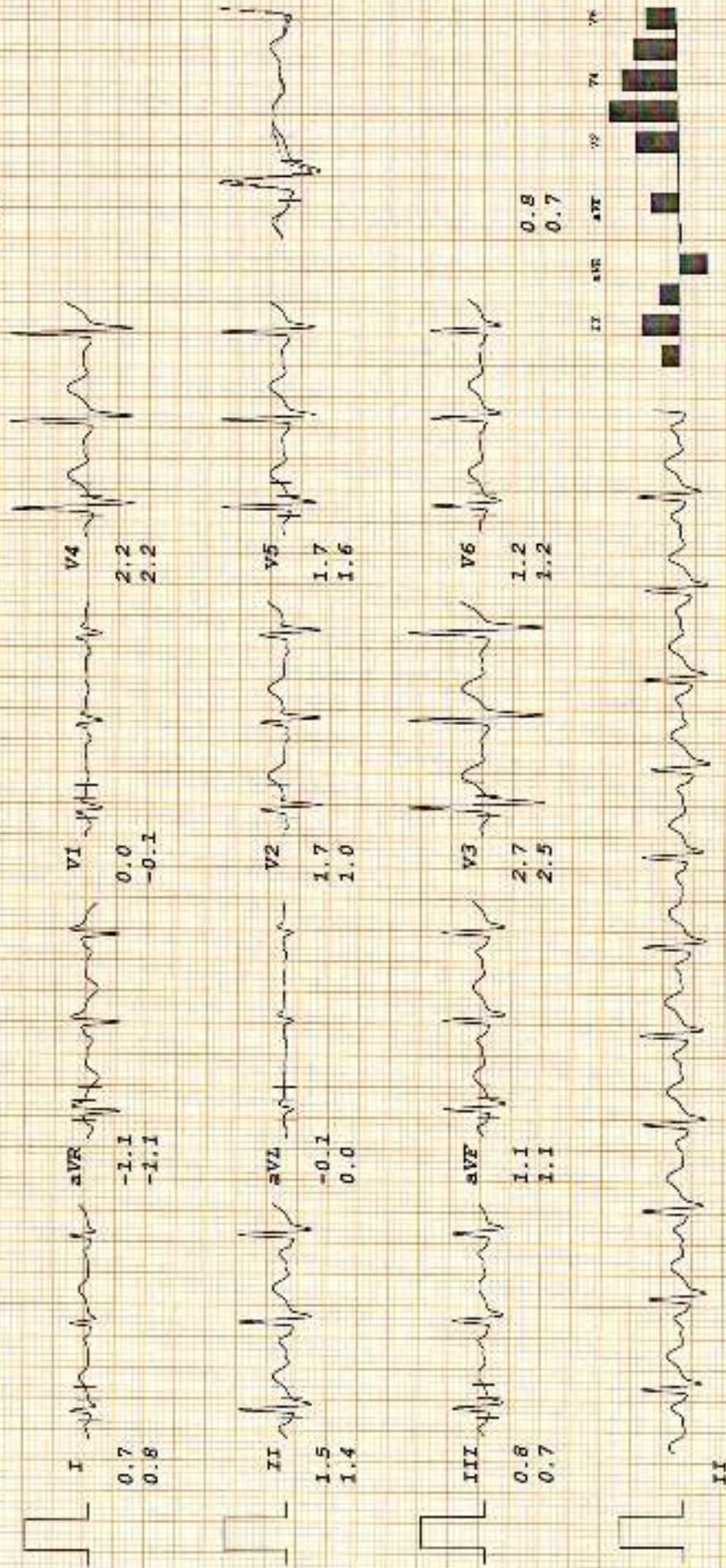
TOTAL TIME 10:24

PHASE TIME 2:55

LINKED MEDIAN

Mag. X 2

III



IPSC PAIN AND SPINE HOSPITAL

VIKAS

I.D. 67576
Age 28/M
Date 06-11-2024

Rate 97bpm
B.P. 120/80

Bruce

RECOVERY

TOTAL TIME 11:05
PHASE TIME 3:36

ST @ 10mm/mV
50ms PostJ

LINKED MEDIAN

Mag. X 2

III

