

To,

The Coordinator,
Mediwheel (Arcofemi Healthcare Limited)
Helpline number: 011- 41195959

Dear Sir / Madam,

Sub: Annual Health Checkup for the employees of Bank of Baroda

This is to inform you that the following spouse of our employee wishes to avail the facility of Cashless Annual Health Checkup provided by you in terms of our agreement.

PARTICULARS OF HEALTH CHECK UP BENEFICIARY	
NAME	MITHLESH KUMAR
DATE OF BIRTH	13-08-1977
PROPOSED DATE OF HEALTH CHECKUP FOR EMPLOYEE SPOUSE	28-08-2021
BOOKING REFERENCE NO.	21S74517100002796S
SPOUSE DETAILS	
EMPLOYEE NAME	MRS. KUMARI MAMTA
EMPLOYEE EC NO.	74517
EMPLOYEE DESIGNATION	HEAD CASHIER "E" _II
EMPLOYEE PLACE OF WORK	DELHI,DR. MUKHERJEE NAGAR
EMPLOYEE BIRTHDATE	18-01-1986

This letter of approval / recommendation is valid if submitted along with copy of the Bank of Baroda employee id card. This approval is valid from **24-08-2021** till **31-03-2022**. The list of medical tests to be conducted is provided in the annexure to this letter. Please note that the said health checkup is a **cashless facility** as per our tie up arrangement. We request you to attend to the health checkup requirement of our employee's spouse and accord your top priority and best resources in this regard. The EC Number and the booking reference number as given in the above table shall be mentioned in the invoice, invariably.

We solicit your co-operation in this regard.

Yours faithfully,

Sd/-

**Chief General Manager
HRM Department
Bank of Baroda**

(Note: This is a computer generated letter. No Signature required. For any clarification, please contact Mediwheel (Arcofemi Healthcare Limited))

SUGGESTIVE LIST OF MEDICAL TESTS

FOR MALE	FOR FEMALE
CBC	CBC
ESR	ESR
Blood Group & RH Factor	Blood Group & RH Factor
Blood and Urine Sugar Fasting	Blood and Urine Sugar Fasting
Blood and Urine Sugar PP	Blood and Urine Sugar PP
Stool Routine	Stool Routine
Lipid Profile	Lipid Profile
Total Cholesterol	Total Cholesterol
HDL	HDL
LDL	LDL
VLDL	VLDL
Triglycerides	Triglycerides
HDL / LDL ratio	HDL / LDL ratio
Liver Profile	Liver Profile
AST	AST
ALT	ALT
GGT	GGT
Bilirubin (total, direct, indirect)	Bilirubin (total, direct, indirect)
ALP	ALP
Proteins (T, Albumin, Globulin)	Proteins (T, Albumin, Globulin)
Kidney Profile	Kidney Profile
Serum creatinine	Serum creatinine
Blood Urea Nitrogen	Blood Urea Nitrogen
Uric Acid	Uric Acid
HBA1C	HBA1C
Routine urine analysis	Routine urine analysis
USG Whole Abdomen	USG Whole Abdomen
General Tests	General Tests
X Ray Chest	X Ray Chest
ECG	ECG
2D/3D ECHO / TMT	2D/3D ECHO / TMT
Stress Test	Thyroid Profile (T3, T4, TSH)
PSA Male (above 40 years)	Mammography (above 40 years) and Pap Smear (above 30 years)
Thyroid Profile (T3, T4, TSH)	Dental Check-up consultation
Dental Check-up consultation	Physician Consultation
Physician Consultation	Eye Check-up consultation
Eye Check-up consultation	Skin/ENT consultation
Skin/ENT consultation	Gynaec Consultation

भारत सरकार
Government of India

मिथलेश कुमार
Mithlesh Kumar
जन्म तिथि/DOB: 13/08/1977
पुरुष/ MALE

4515 6130 1187
VID: 9181 9044 5057 7953

मेरा आधार, मेरी पहचान

R. K. Mehra
20/12/21

DR. R. K. MEHRA
MBBS, DCD (Delhi)
MCI - 1476
Aakash Hospital
90/43, Malviya Nagar,
New Delhi -110017

आधार
भारतीय विशिष्ट पहचान प्राधिकरण
Unique Identification Authority of India

पता:
S/O अर्जुन प्रसाद, म.नं-४१७, गली.नं-१०, लक्ष्मी विहार,
बुरारी, नॉर्थ दिल्ली,
दिल्ली - 110084

Address:
S/O Arjun Prasad, m.n-417, gali.n-10,
laxmi vihar, Burari, North Delhi,
Delhi - 110084

4515 6130 1187
VID: 9181 9044 5057 7953



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info@aakashhospital.com, www.aakashhospital.com

NAME: MR MITHLESH KUMAR AGE: 44Y SEX: MALE

REF.BY: MEDICAL DATE: 28.08.21 X RAY NO: 23243

CHEST (PA VIEW)

The diaphragmatic domes have smooth contours, a normal arched shape and occupy a normal position.

The costophrenic angles are clear.

Both lungs are normally aerated and are applied to the chest wall on all sides.

The mediastinum is centered and of normal width.

The cardiac and vascular shadows show a normal configuration.

The thoracic skeleton is symmetrically shaped and the spine is unremarkable.

The soft tissue envelope of chest shows no abnormalities.

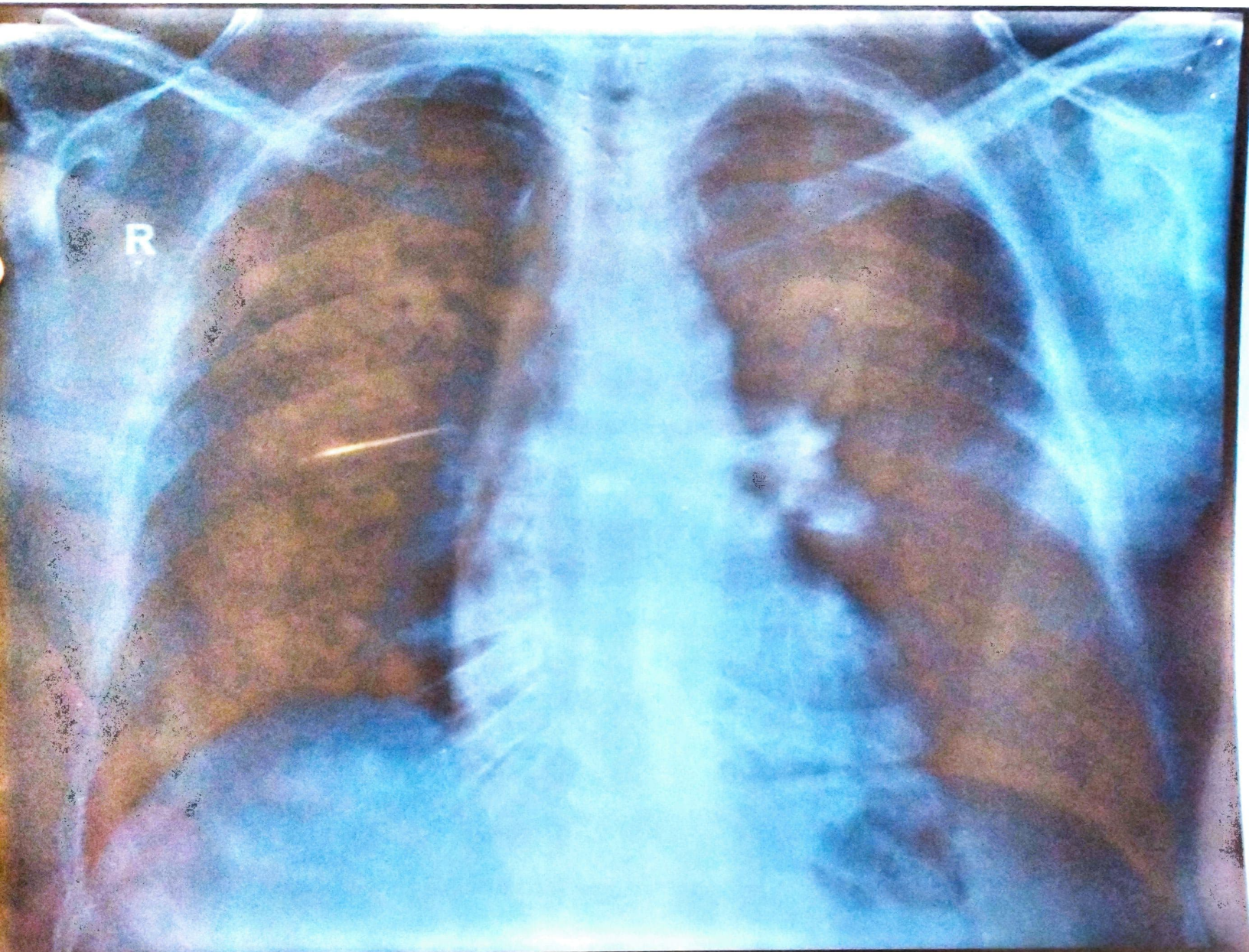
IMP: NORMAL STUDY

**DR.R.DUGGAL
MD(RADIOLOGY)
DMC-2595**

AREA OF EXPERTISE

- Interventions (Vascular & Nonvascular)
- FNAC
- Biopsy
- Drainages
- Doppler Scans
- 3D & 4D Scans
- Varicose Vein Laser Treatment





MITHLESH KUMAR 44YRS AKH 23243 M CHEST PA 2021-08-28
AAKASH HOSPITAL 90/43, MALVIYA NAGAR, PH-40501000



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#+91-11-40501000 (100 Lines), 9871027922
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NAME: MR. MITHLESH KUMAR **AGE: 44 YRS** **SEX: MALE**
REF. BY: MEDICAL **DATE: 28.08.21**

ULTRASOUND WHOLE ABDOMEN

LIVER: - Normal sized, with homogeneously increased echotexture suggestive of early grade I fatty changes. No focal lesion seen. Intra hepatic biliary system not dilated. Intra hepatic veins radicles are normal.

GALL BLADDER: - Normal distension. Walls are normal. No calculus or mass lesion seen. Extra hepatic biliary system is not dilated.

PANCREAS: - Normal size and echotexture. No focal lesion seen. Pancreatic duct not dilated.

SPLEEN: - Normal size and echotexture. No focal lesion seen. Spleno-portal axis normal.

KIDNEYS: - Both kidneys normally identified in the respective renal fossae. They demonstrate normal size and cortical echotexture. Corticomedullary differentiation well made out with a normal renal parenchymal thickness. No evidence of calculus or hydronephrosis seen on both side.
Right kidney measures approx. 11.9 cm in the long axis.
Left kidney measures approx. 11.9 cm in the long axis.


URINARY BLADDER: - Moderately distended. No calculus or diverticulum is seen. Walls are normal. Both UV Junctions are normal.

SEMINAL VESICLES: - Shows normal sonographic appearances.

PROSTATE:- Is normal in size. Echotexture is normal with no focal lesion. Outline is distinct with no contour bulge.

Retroperitoneum does not show any abnormally enlarged lymph nodes. No free peritoneal fluid or pleural effusion seen. Bowel loops are unremarkable. Both iliac fossae are normal.

Correlate clinically.


DR. R. DUGGAL
MD (RADIOLOGY)
DMC-2595

AREA OF EXPERTISE

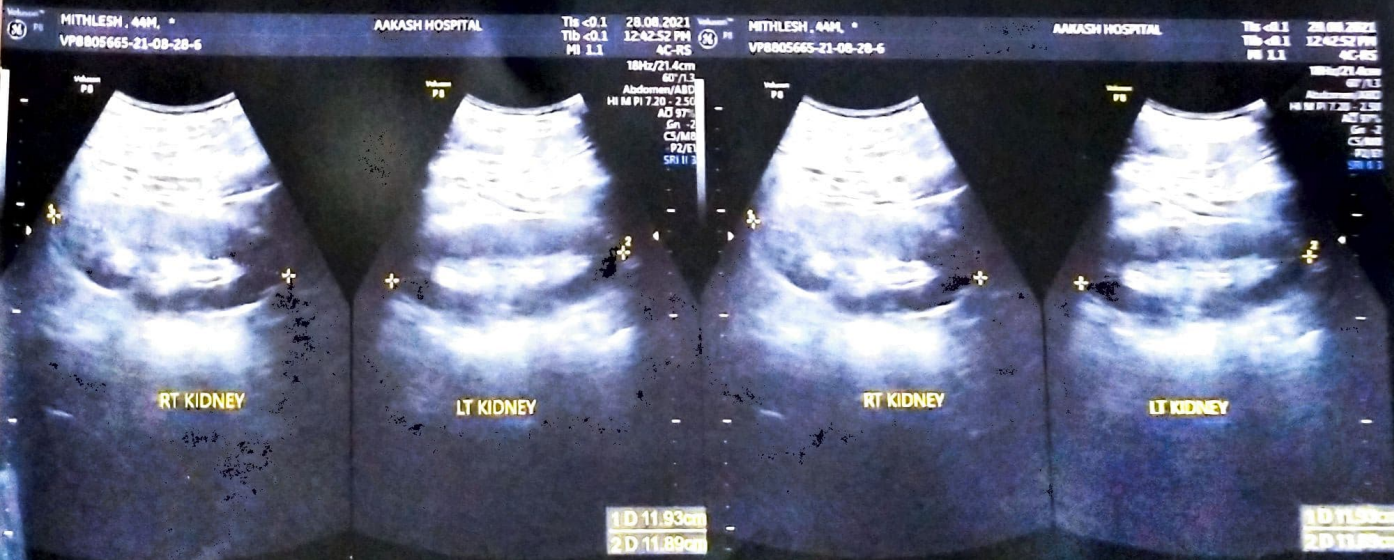
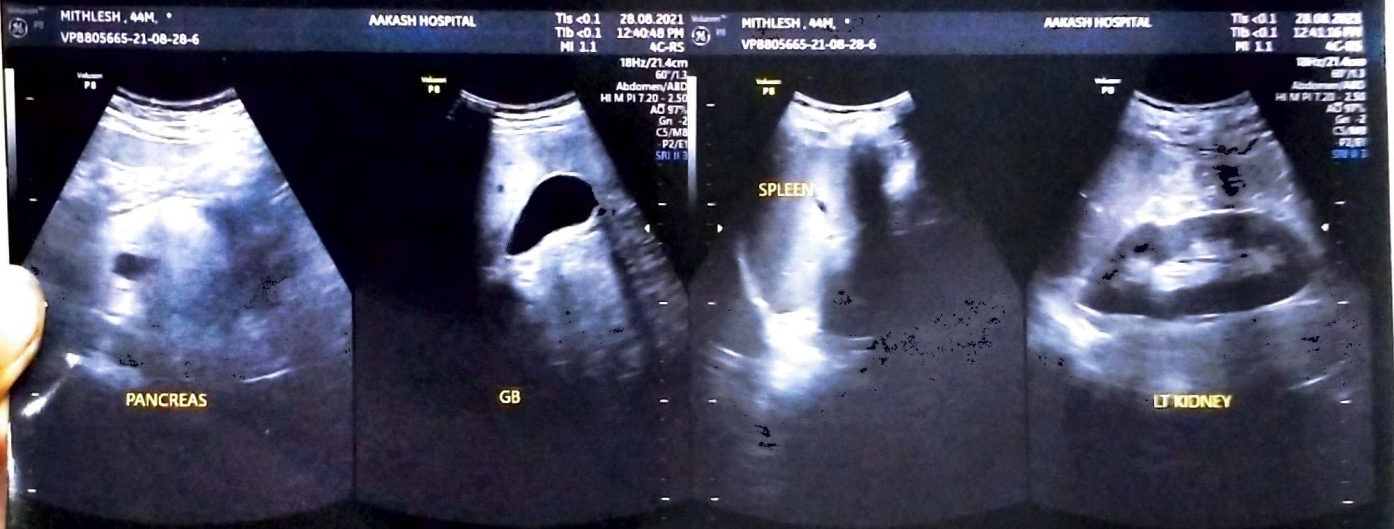
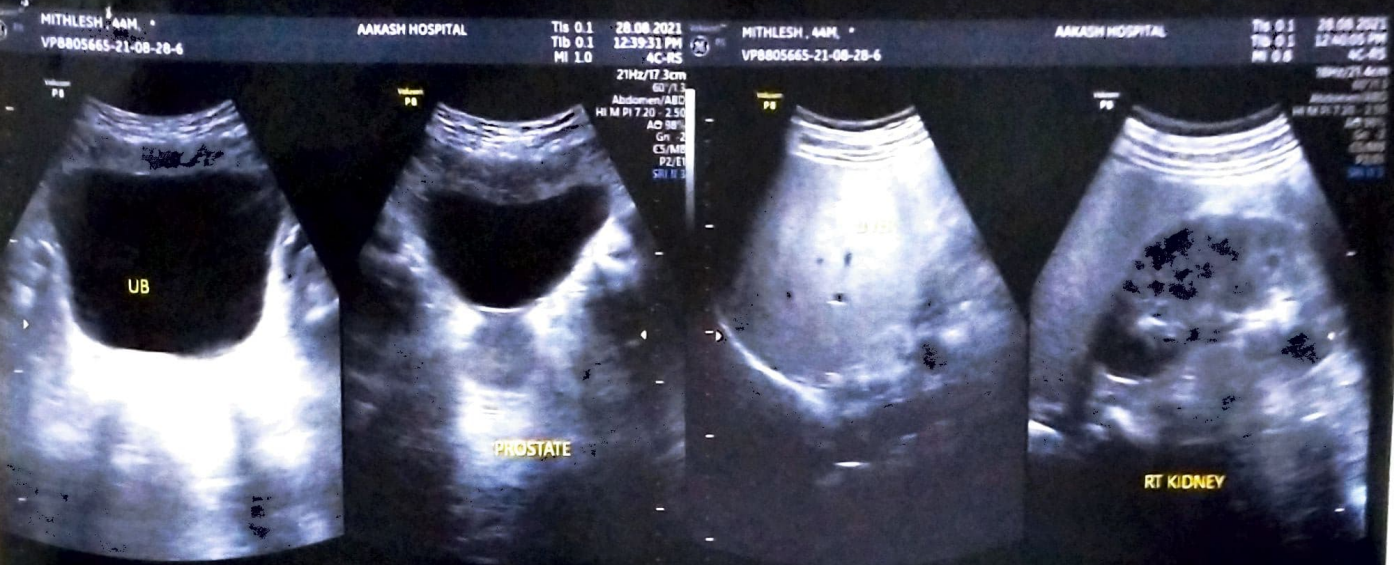
- Interventions (Vascular & Nonvascular)
- FNAC

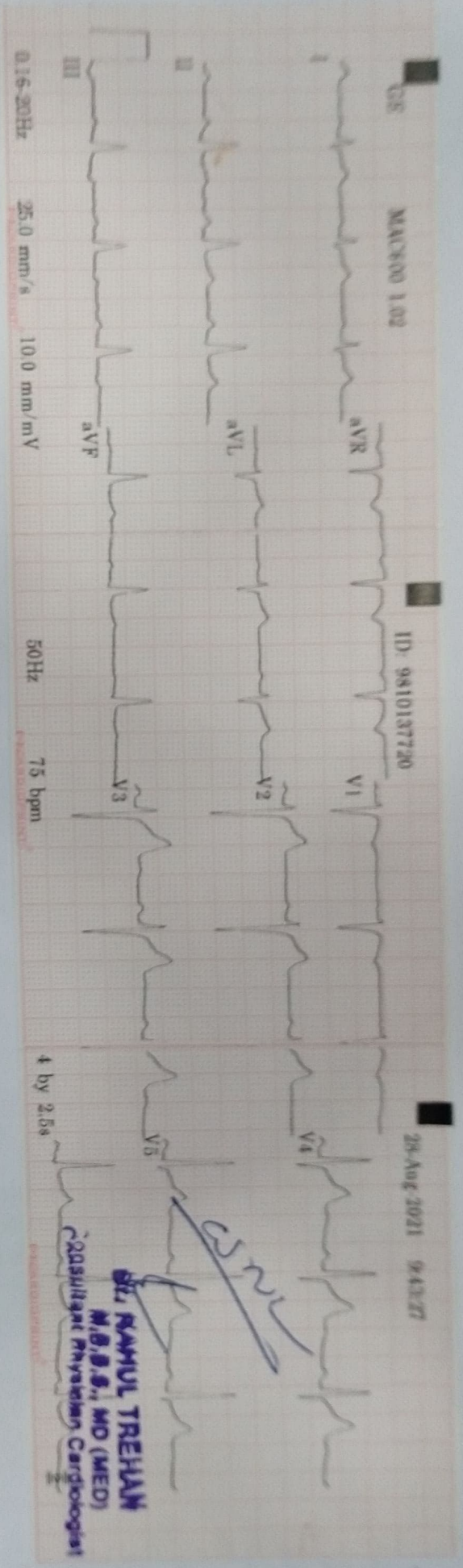
- Biopsy
- Drainages
- Doppler Scans

- 3D & 4D Scans
- Varicose Vein Laser Treatment



AAKASH HOSPITAL, MALVIYA NAGAR





MAC600 1.02

ID: 9810137720

28 Aug 2021 9:43:27

ID: 9810137720

44 years Male

Vent. rate	75 bpm
QRS duration	92 ms
QTc	368/410 ms
QT	142 ms
PR interval	78 ms
P duration	800 ms
RR interval	71 ms
P-R-T axes	21

MAC600 1.02

12SL™ v239

DR. RAHUL TREHAN
 M.B.B.S., MD (MED)
 Consultant Physician Cardiologist

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 M.B.B.S., MD (MED)
 Consultant Physician Cardiologist



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ECHOCARDIOGRAM REPORT

NAME : MR MITHLESH KUMAR
AGE/SEX : 44/F
DATE : 28.08.21

ECHOCARDIOGRAPHY & COLOR DOPPLER REPORT

MEASUREMENT	VALUE	NORMAL RANGE
AORTIC ROOT DIAMETER	31	20 – 37 mm
AORTIC VALVE OPENING	16	15 – 26 mm
LEFT ATRIAL DIMENSION	36	19 - 40 mm
RV DIMENSION	N	07 – 26 mm
RV THICKNESS	N	03 -09 mm
LV ED DIMENSION	43	37 – 56 mm
LV ES DIMENSION	24	22 - 40 mm
IVS THICKNESS	ED – 07 ES – 10	06 – 12 mm
LVPW THICKNESS	ED – 06 ES – 09	05 – 11 mm
IVS/LVPW RATION	N	
MITRAL VALVE	DE-N EF – N	
INDICES OF LV FUNCTION		
LVEF	60%	60 +/-5 %
FS	32%	24 -42 %

AREA OF EXPERTISE

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- Drainages
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- 3D & 4D Scans
- Varicose Vein Laser Treatment





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IMAGING

- ❖ LV normal size. Good contractility. RWMA absent. No thrombus.
- ❖ LA normal in size. No clot.
- ❖ RV & RA normal size. RV contractility.
- ❖ Mitral valve leaflets normal. PML motion normal. No annular calcification present.
- ❖ Normal tricuspid & pulmonic valves.
- ❖ Aortic valve- tricuspid.
- ❖ Pericardium normal.

RWMA: ABSENT

DOPPLER:-

MV	E 1.03 m/sec	A 0.78 m/sec	MR	0/4
TV	0.40	m/sec	TR	0/4
AV	1.10	m/sec	AR	0/4
PV	0.85	m/sec	PR	0/4

COLOUR FLOW MAPPING: NORMAL.

FINAL IMPRESSION:-

- ❖ Normal LV wall motion and systolic function.
- ❖ Normal flow across valves.
- ❖ No LV clot, Vegetation, pericardial effusion.

DR. Rahul Trehan
MD, Medicine
Consultant Physician & Cardiologist

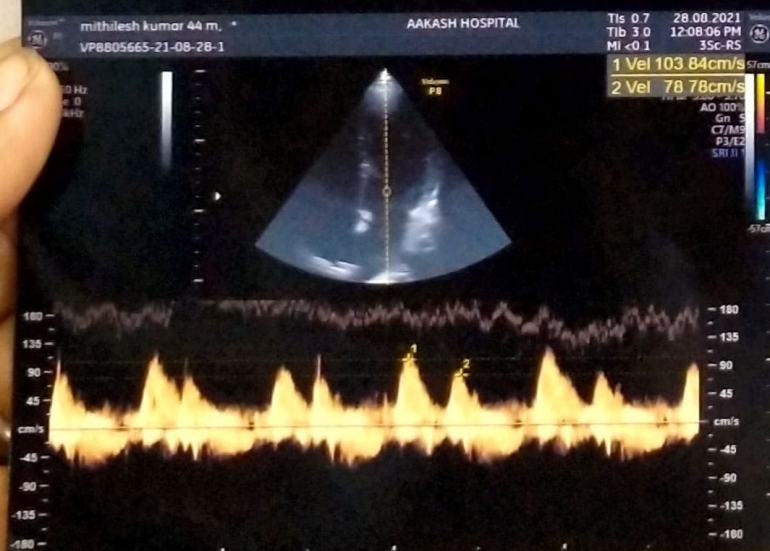
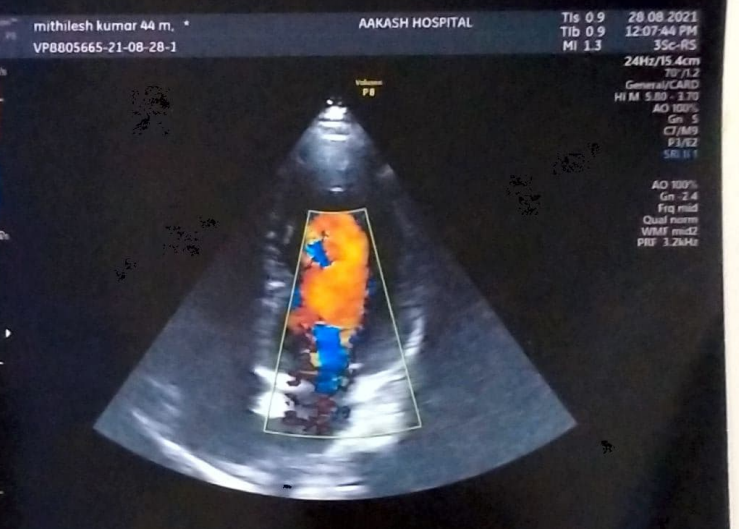
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M.B.B.S., MD (MED)
Consultant Physician Cardiologist

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Name	Mr. MITLESH KUMAR	Srl No. 44	Sample Coll.	28/08/202123:26:39
Ref. By	SELF	Age 44 Yrs. Male	Report printing	29/08/202118:18:02
UHID	03	Dep. BANK OF BAROD	Patient Id	2108280044

Test Name	Result	Unit	Normal Value
<u>COMPLETE HAEMOGRAM</u>			
HAEMOGLOBIN (Hb)	13.9	gm/dl	13.5 - 18.0
TOTAL LEUCOCYTE COUNT (TLC)	5,600	/cumm	4000 - 11000
DIFFERENTIAL LEUCOCYTE COUNT (DLC)			
NEUTROPHIL	68	%	40 - 75
LYMPHOCYTE	23	%	20 - 45
EOSINOPHIL	06	%	01 - 06
MONOCYTE	03	%	02 - 10
BASOPHIL	00	%	0.0 - 1.0
ESR (WESTEGREN's METHOD)	15	mm/1st hr.	0 - 15
R B C COUNT	4.27	Millions/cmm	4.5 - 5.5
P.C.V / HAEMATOCRIT	42.2	%	40 - 54
M C V	98.7	fl.	80 - 100
M C H	32.6	Picogram	27.0 - 31.0
M C H C	33.1	gm/dl	33 - 37
PLATELET COUNT	2.11	Lakh/cmm	1.50 - 4.00
RDW	12.0	FL	11.6 - 14.0
<u>LIPID PROFILE</u>			
TRIGLYCERIDES GPO-Method	66.5	mg/dL	40.0 - 165.0
TOTAL CHOLESTEROL	127	mg/dL	123.0 - 199.0
H D L CHOLESTEROL DIRECT	47.5	mg/dL	40.0 - 79.4



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Name	Mr. MITLESH KUMAR	Srl No. 44	Sample Coll.	28/08/202123:26:39
Ref. By	SELF	Age 44 Yrs. Male	Report printing	29/08/202118:18:05
UHID	03	Dep. BANK OF BAROD	Patient Id	2108280044

Test Name	Result	Unit	Normal Value
V L D L	13.3	mg/dL	4.7 - 22.1
L D L CHOLESTEROL CALCULATED	66.2	mg/dL	63.0 - 129.0
TOTAL CHOLESTEROL/HDL RATIO	2.6		0.0 - 4.97
LDL / HDL CHOLESTEROL RATIO	1.3		0.00 - 3.55

INTERPRETATION

TRIGLYCERIDE:- Level > 250mg/dL is associated with an approximately 2-fold greater risk of coronary vascular disease. Elevation of triglycerides can be seen with obesity, medication, fast less than 12 hrs., alcohol intake, diabetes melitus, and pancreatitis.

CHOLESTEROL:- Its fractions and triglycerides are the important plasma lipids in defining cardiovascular risk factors and in the management of cardiovascular disease. Highest acceptable and optimum values of cholesterol values of cholesterol vary with age. Values above 220 mgm/dl are associated with increased risk of CHD regardless of HDL & LDL values.

HDL-CHOLESTEROL:- Level <35 mg/dL is associated with an increased risk of coronary vascular disease even in the face of desirable levels of cholesterol and LDL - cholesterol.

LDL - CHOLESTEROL & TOTAL CHOLESTEROL:- Levels can be strikingly altered by thyroid, renal and liver disease as well as hereditary factors. Based on total cholesterol, LDL- cholesterol, and total cholesterol/HDL - cholesterol ratio, patients may be divided into the three risk categories :-

	<u>CHOLESTEROL</u>	<u>LDL-CHOLESTEROL</u>	<u>CHO/HDL RATIO</u>
Acceptable/Low Risk	: < 200 mg/dL	: <130 mg/dL	: < 4.5
Borderline High Risk	: 200-239 mg/dL	: 130-159 mg/dl	: 4.5 - 6.0
High Risk	: > 240 mg /dL	: > 160 mg/dL	: > 6.0

APO A1 & APO B:- Recent studies have shown that Apolipoproteins A1 & B might be the best indicators of Coronary Artery Disease risk in an individual. Patients who have normal lipid profile may have abnormal



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Name	Mr. MITLESH KUMAR	Srl No. 44	Sample Coll.	28/08/202123:26:39
Ref. By	SELF	Age 44 Yrs. Male	Report printing	29/08/202118:18:06
UHID	03	Dep. BANK OF BAROD	Patient Id	2108280044

Test Name	Result	Unit	Normal Value
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Apo A1 & Apo B values. Ratio of Apo B : Apo A1 is >1 in cases of increased CHD risk.

LIVER FUNCTION TEST (LFT)

BILIRUBIN TOTAL Diazo Method	0.2	mg/dl	0 - 1.0
CONJUGATED (D. Bilirubin) Diazo Method	0.1	mg/dl	0.00 - 0.25
UNCONJUGATED (I.D. Bilirubin)	0.1	mg/dl	0.00 - 0.70
TOTAL PROTEIN Biuret Method	7.6	gm/dl	6.6 - 8.3
ALBUMIN BCG Method	3.9	gm/dl	3.4 - 4.8
GLOBULIN	3.7	gm/dl	2.3 - 3.5
A/G RATIO	1.0		
SGOT IFCC Method	16	IU/L	0 - 40
SGPT IFCC Method	14	IU/L	0.0 - 41.0
ALKALINE PHOSPHATASE IFCC Method	42	U/L	40.0 - 130.0
GAMMA GT Glupa C Method	12	IU/L	8.0 - 71.0

LFT INTERPRET



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Name	Mr. MITLESH KUMAR	Srl No. 44	Sample Coll.	28/08/202123:26:39
Ref. By	SELF	Age 44 Yrs. Male	Report printing	29/08/202118:18:08
UHID	03	Dep. BANK OF BAROD	Patient Id	2108280044

Test Name	Result	Unit	Normal Value
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BIOCHEMISTRY

BLOOD UREA Urease GLDH Method	27.4	mg /dl	15.0 - 45.0
SERUM CREATININE ENZYMATIC Method	0.6	mg%	0.7 - 1.2
SERUM URIC ACID Uricase-POD Method	6.4	mg%	3.4 - 7.0

**** End Of Report ****

Dr. MEENA METRE
 MBBS, MD
 CONSULTANT PATHOLOGIST



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Name Mr. MITLESH KUMAR
Ref. By SELF
UHID 03

Srl No. 44

Age 44 Yrs. Male

Dep. BANK OF BAROD

Sample Coll. 28/08/2021 23:26:39

Report printing 29/08/2021 18:18:08

Patient Id 2108280044

Test Name	Result	Unit	Normal Value
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HAEMATOLOGY

BLOOD GROUP ABO	"A"		
RH TYPING	POSITIVE		
BLOOD SUGAR FASTING GOD-POD Method	138	mg/dl	70 - 110
BLOOD SUGAR PP GOD-POD Method	272	mg/dl	80 - 140

URINE EXAMINATION TEST

PHYSICAL EXAMINATION

QUANTITY	20	ml.	
COLOUR	PALE YELLOW		Pale yellow
TRANSPARENCY	CLEAR		
SPECIFIC GRAVITY	1.015		1.005-1.030
PH	6.0		6.0-7.5

CHEMICAL EXAMINATION

ALBUMIN	NIL		Nil
REDUCING SUGAR	NIL		Nil
KETON	NIL		
LEUCOCYTE	NIL		
NITRITES	NEGATIVE		
BLOOD	NIL		



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Name	Mr. MITLESH KUMAR	Srl No. 44	Sample Coll.	28/08/202123:26:39
Ref. By	SELF	Age 44 Yrs. Male	Report printing	29/08/202118:18:10
UHID	03	Dep. BANK OF BAROD	Patient Id	2108280044

Test Name	Result	Unit	Normal Value
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MICROSCOPIC EXAMINATION

PUS CELLS	2-3	/HPF	0-5
RBC'S	NIL	/HPF	0-2
CASTS	NIL		Occasional
CRYSTALS	NIL		
EPITHELIAL CELLS	0-1	/HPF	0-3
BACTERIA	NIL		Nil
OTHERS	NIL		

STOOL EXAMINATION

STOOL ROUTINE & MICROSCOPY

PHYSICAL EXAMINATION

COLOUR/ APPEARANCE	BROWNISH
CONSISTENCY	SEMI-FORMED
PH	6.5
MUCUS	NIL
BLOOD	NIL

CHEMICAL REACTION

REACTION	ACIDIC
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MICROSCOPY EXAMINATION

PUS CELLS	2-3	NIL
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Name	Mr. MITLESH KUMAR	Srl No. 44	Sample Coll.	28/08/202123:26:39
Ref. By	SELF	Age 44 Yrs. Male	Report printing	29/08/202118:18:11
UHID	03	Dep. BANK OF BAROD	Patient Id	2108280044

EPITHELIAL CELLS	0-1	NIL		
RBC'S		NIL		
OVA		NIL		
CYST		NIL		
VEG. MATTER		ABSENT		
BACTERIA		NIL		
OTHERS		NIL	NIL	NIL
URINE SUGAR FASTING		NIL		
URINE SUGAR PP		TRACE		NIL

**** End Of Report ****

Dr. MEENA METRE
MBBS, MD
CONSULTANT PATHOLOGIST



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PATIENT NAME : MR. MITHLESH KUMAR 03

AGE / SEX : 44 Years / M

REG No : 2021084311

REG.DATE/TIME : 28/08/2021

UID No : 101441485

PRINT DATE : 29/08/2021

REF. BY Dr. : SELF

AREA : SAKET



BIOCHEMISTRY

<u>Investigation</u>	<u>Result</u>	<u>Unit</u>	<u>Biological Reference Interval</u>
HbA1c WHOLE BLOOD (HPLC)	6.10	%	4.8 - 5.9

CLINICAL EVALUATION:

RECOMMENDED DCCT NGSP GUIDELINES FOR HbA1c LEVELS :

Normal 4.8 % - 5.9%
Target for diabetics : < 7 %
Therapeutic action required > 8 %

.....END OF REPORT.....



N. Magoon

Dr.N.Magoon
MD(Pathology)
Consultant



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PATIENT NAME : MR. MITHLESH KUMAR 03

REG No : 2021084311

UID No : 101441485

REF. BY Dr. : SELF

AGE / SEX : 44 Years / M

REG.DATE/TIME : 28/08/2021

PRINT DATE : 29/08/2021

AREA : SAKET



HORMONE

<u>Investigation</u>	<u>Result</u>	<u>Unit</u>	<u>Biological Reference Interval</u>
T3 SERUM (CLIA)	1.55	nmol/L	0.92 - 2.79
T4 SERUM (CLIA)	114.00	nmol/L	58.1 - 140.6
TSH SERUM(CLIA)	1.85	uIU/ml	0.35 - 5.5

Remarks :

(1) 4.2 to 15 μ IU/mL - Correlate clinically as physiological and other factors may falsely elevate TSH level. (2) TSH Values may be transiently altered because of non thyroidal illness. (3) Some drugs may decrease TSH values, e.g., L-dopa, Glucocorticoids. (4) Some drugs may increase TSH values, e.g., Iodine, Lithium, Amiodarone. Abbreviations.

PROSTATIC SPECIFIC ANTIGEN CLIA (TOTAL) , SERUM 0.50 ng/ml 0 - 4

NOTE: The prostate-specific antigen (PSA) values should be interpreted in accordance with current clinical guidelines for defining biochemical recurrence following radical prostatectomy (e.g., The 2013 American Urological Association (AUA) Guidelines or the 2015 European Association of Urology (EAU)). These guidelines define biochemical recurrence of prostate cancer as a detectable or rising PSA value post-radical prostatectomy that is ≥ 0.2 ng/mL (μ g/L) with a second confirmatory level of ≥ 0.2 ng/mL (μ g/L).



Shrey Khanna



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REG No : 2021084311
UID No : 101441485
REF. BY Dr. : SELF

AGE / SEX : 44 Years / M
REG.DATE/TIME : 28/08/2021
PRINT DATE : 29/08/2021
AREA : SAKET



HORMONE

Investigation

Result

Unit

Biological Reference
Interval

.....END OF REPORT.....



Shrey Khanna

EMERGENCY
आपातकाल



28/08/2021
1:26PM

Dr. R. K. Mehra
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