

<b>Patient :</b>	<b>MR. INDRANIL DASH</b>	<b>Doctor :</b>	<b>Dr. SAUMENDU MOHANTY</b>
<b>Age/Sex :</b>	31 Years /Male	<b>Facility :</b>	Dr. Agarwal's Health Care Ltd. Bhubaneswar
<b>Contact :</b>	8895432879	<b>Appt. Dt :</b>	03 Sep'22
<b>MR No. :</b>	BHU/30260/22	<b>Note Dt :</b>	03 Sep'22

## OPD SUMMARY

### HISTORY

**Visit:** General Checkup

**Chief Complaints :** None

**Ophthalmic History :**

- Glasses Left Eye since 24 years & Right Eye since 24 years - PGP 2months

**Systemic History :** taking rx for Anxiety

**Allergies :** None

### REFRACTION

R/OD			
<b>Keratometry:</b>			
			Axis
Kh	41.75		180
Kv	42.75		90

L/OS			
<b>Keratometry:</b>			
			Axis
Kh	43.00		175
Kv	44.00		85

**PGP :** Type of Lens- Single Vision - Distant

	Sph	Cyl	Axis	Vision
Distant	-4.50	-0.75	175	6/6b
Near	--	--	--	N6

**PGP :** Type of Lens- Single Vision - Distant

	Sph	Cyl	Axis	Vision
Distant	-5.25	-0.50	175	6/6
Near	--	--	--	N6

**Auto Refraction:**

	Sph	Cyl	Axis
Dry	-4.25	-1.00	180
	--	--	--
	--	--	--

**Auto Refraction:**

	Sph	Cyl	Axis
Dry	-4.75	-0.75	175
	--	--	--
	--	--	--

	Sph	Cyl	Axis
Dilated	--	--	--
	--	--	--

	Sph	Cyl	Axis
Dilated	--	--	--
	--	--	--

**IN CASE OF EMERGENCY (UNUSUAL PAIN, WATERING, REDNESS, OR DECREASE IN VISION)**

**PLEASE CONTACT: MOBILE NO 8118052202**

କରୁକା କାମୀନ ପରିସ୍ଥିତି: ଯେପରିକି ଆଖି ଯନ୍ତ୍ରଣା, ବୁଦ୍ଧ ବୋହିବା, ଆଖି ଲାଲ ପଡ଼ିବା ଓ ଦୃଷ୍ଟି ଶକ୍ତି କମିଯିବା କ୍ଷେତ୍ରରେ ଦୟାକରି ଉକ୍ତ ନମ୍ବର କୁ (୮୧୧୮୦୫୨୨୦୨) ଯୋଗାଯୋଗ କରନ୍ତୁ

# MATERNITY CARE HOSPITAL

NAME : INDRANIL DASH

DATE : 03/09/2022

AGE-31Y/M

SONOGRAPHER : DR. SAUDAMINI MOHAPATRA

## USG OF WHOLE ABDOMEN

**LIVER:** Normal in size, shape and parenchymal echotexture. No. SOL seen. Intrahepatic biliary channels normal in caliber and contains no echogenic structure. Portal and hepatic vascular systems within normal limits. P. V. measures 9.0 mm.

**GALL BLADDER:** normal in shape ,normal cavity, no SOL ,no .calculi

**C.B.D.:** Common duct normal in calibre (3.0 mms).

**SPLEEN :** Normal in size, shape and parenchymal echotexture. Spleen measures 11.9cm.

**PANCREAS:** Normal in size, shape and parenchymal echotexture. Pancreatic duct not dilated.

**KIDNEYS:** Both the kidneys are normal in size, shape and position. Renal cortical echotexture is within normal limits. Cortico medullary differentiation maintained. No evidence of my calculus or hydronephrosis on both sides. Pelvi-calyceal systems appear normal. No focal lesion seen.

- Right kidney measures : 9.9 x 3.8cms.
- Left kidney measures: 9.8 x 4.0cms.

**URETERS:** Both ureters not visualized (normal).

**URINARY BLADDER:** Symmetrical and normal in outline. Lumen clear. Walls normal in thickness

Prostrate-normal in echosructure

DR. SAUDAMINI MOHAPATRA  
Reg. No.-8229  
Maternity Care Hospital  
A-142/143, Shidh Nagar  
Bhubaneswar-751007

ID: 500081 CASE  
AGE 31 Y M D  
166 Cms 74 KG

INDRANIL DASH  
MALE

03/09/2022 17:23:14  
ZENA HEALTHCARE  
PLOT-119, SAHIDNAGAR, BHUBANESWAR

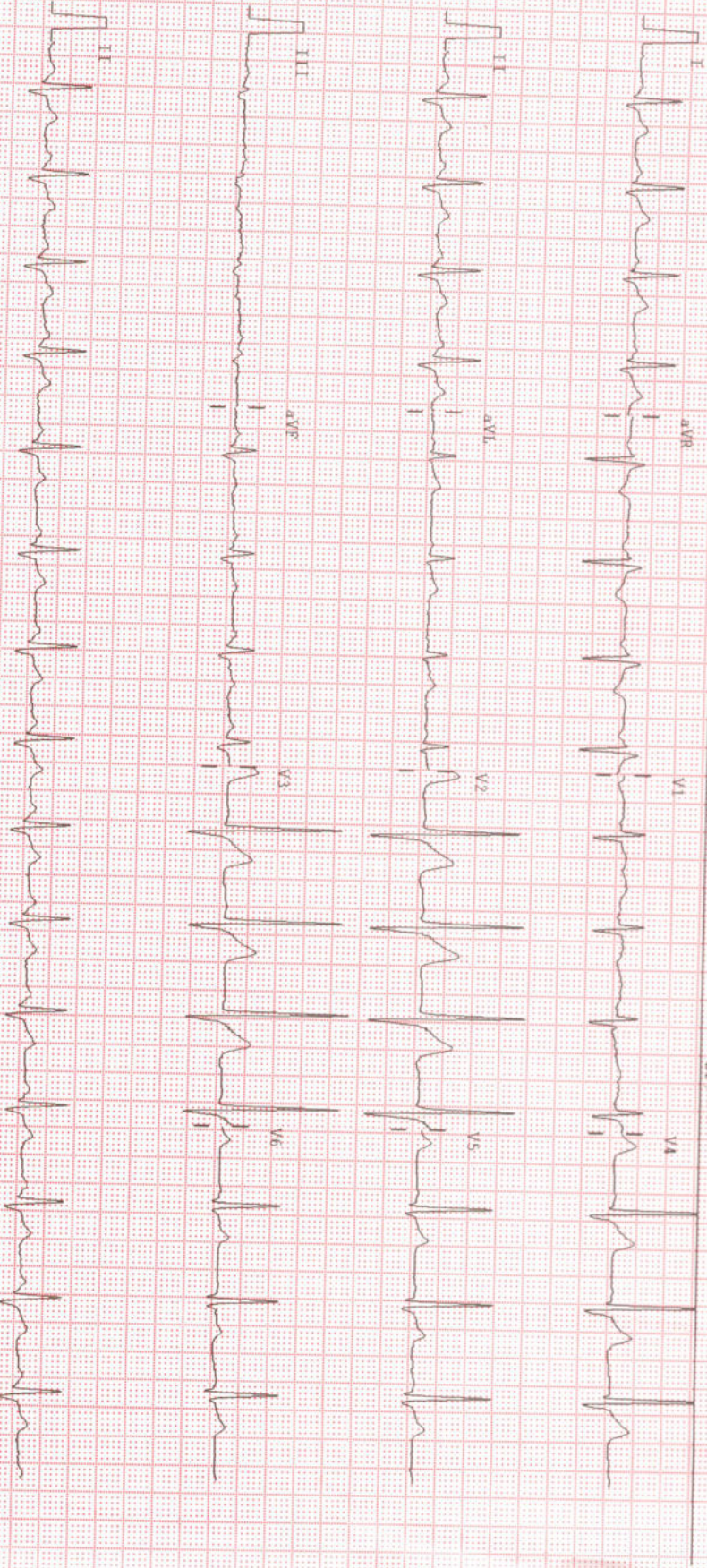
HR 90 bpm SINUS RHYTHM  
R-R 660 ms  
P-R 114 ms  
QRS 98 ms  
QT 326 ms  
QTc 379 ms

P -AXIS  
P 59°  
QRS 26°

12 ST. REPORT FORMAT 3x4+1L 90

REF

Dx



25mm/sec 10mm/mV Notch: ON

BLC ON

P 05-35Hz

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Regd. No. : 1834

# ZENA HEALTHCARE SERVICES

(A Unit of Zena Enterprises)

**NAME:- Mr. Indranil Dash**  
**AGE:-31YRS**  
**Patient ID:-12**

**REFERRAL:-AHCN**  
**DATE:-03.09.2022**  
**SEX:-MALE**

**CHEST X-RAY PA VIEW SHOWS.**

- Both side lung fields are clear.
- Trachea within normal limit.
- Both costophrenic cardiophrenic angle are clear.
- Cardiac shadow within normal limit.
- Media stinum in position

**IMPRESSION:-NORMAL STUDY.**

*B. Pradhan*

**Dr. Bhagaban Pradhan**  
**M.D. (Radio diagnosis)**  
**Consultant Radiologist**

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Website : [www.zenacare.in](http://www.zenacare.in)

**Wishing Good Health**



**Patient Name :** MR. INDRANIL DASH

**Age / Gender :** 31 years / Male

**Patient ID :** 13362

**Referral :** MEDI WHEEL

**Collection Time :** 03/09/2022, 02:47 PM

**Reporting Time :** 04/09/2022, 07:46 PM

**Sample ID :**



15231

Test Description	Value(s)	Reference Range	Unit
<b><u>Glucose, Fasting (FBS)</u></b>			
Glucose fasting Method : Fluoride Plasma-F, Hexokinase	79.0	75 - 115	mg/dL
<b><u>Glucose, Post Prandial (PP)</u></b>			
Blood Glucose-Post Prandial Method : Hexokinase	98.3	70 - 140	mg/dL
<b><u>Uric acid, Serum</u></b>			
Uric Acid Method : Uricase, Colorimetric	3.84	3.4 - 7.0	mg/dL
<b><u>BUN, Serum</u></b>			
BUN-Blood Urea Nitroge Method : Serum, Urease	12.3	10 - 50	mg/dL
<b><u>Creatinine</u></b>			
Creatinine Method : Serum, Jaffe	0.69	0.60 - 1.30	mg/dL

\*\*END OF REPORT\*\*

Lab technician

*K. Sahoo*  
**Dr.Kundan Kumar Sahoo**  
CONSULTANT PATHOLOGIST /  
MICROBIOLOGIST

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**Patient ID :** 13362

**Referral :** MEDI WHEEL  
**Collection Time :** 03/09/2022, 02:47 PM  
**Reporting Time :** 04/09/2022, 07:45 PM  
**Sample ID :**



15231

Test Description	Value(s)	Reference Range	Unit
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**ESR, Erythrocyte Sedimentation Rate**

<b>ESR - Erythrocyte Sedimentation Rate</b>	5	0 - 15	mm/hr
Method : EDTA Whole Blood, Manual Westergren			

**Interpretation:**

- It indicates presence and intensity of an inflammatory process. It does not diagnose a specific disease. Changes in the ESR are more significant than the abnormal results of a single test.
- It is a prognostic test and used to monitor the course or response to treatment of diseases like tuberculosis, bacterial endocarditis, acute rheumatic fever, rheumatoid arthritis, SLE, Hodgkins disease, temporal arteritis and polymyalgia rheumatica.
- It is also increased in pregnancy, multiple myeloma, menstruation, and hypothyroidism.

**Blood Group ABO & Rh Typing, Blood**

Blood Group (ABO typing)	"B"
Method : Manual-Hemagglutination	
RhD Factor (Rh Typing)	Positive
Method : Manual hemagglutination	

\*\*END OF REPORT\*\*

Lab technician

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Age / Gender : 31 years / Male

Patient ID : 13362

Referral : MEDI WHEEL

Collection Time : 03/09/2022, 02:47 PM

Reporting Time : 04/09/2022, 07:44 PM

Sample ID :



Test Description	Value(s)	Reference Range	Unit
<b>Complete Blood Count</b>			
Hemoglobin (Hb)	13.8	13.5 - 18.0	gm/dL
Erythrocyte (RBC) Count	4.65	4.7 - 6.0	mil/cu.mm
Packed Cell Volume (PCV)	42.3	42 - 52	%
Mean Cell Volume (MCV)	90.97	78 - 100	fL
Mean Cell Haemoglobin (MCH)	29.68	27 - 31	pg
Mean Corpuscular Hb Conc. (MCHC)	32.62	32 - 36	g/dL
Red Cell Distribution Width (RDW)	13.6	11.5 - 14.0	%
Total Leucocytes (WBC) Count	5800	4000-10000	cell/cu.mm
Neutrophils	56	40 - 80	%
Lymphocytes	36	20 - 40	%
Monocytes	02	2 - 10	%
Eosinophils	06	1 - 6	%
Basophils	00	1-2	%
Platelet Count	274	150 - 450	10 <sup>3</sup> /ul
Mean Platelet Volume (MPV)	9.0	7.2 - 11.7	fL
PCT	0.25	0.2 - 0.5	%
PDW	17.0	9.0 - 17.0	%

\*\*END OF REPORT\*\*

Lab technician

*Dr. Kundan Kumar Sahoo*  
Dr. Kundan Kumar Sahoo  
CONSULTANT PATHOLOGIST /  
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**Sample ID :**   
15231


Test Description	Value(s)	Reference Range	Unit
<b>Thyroid Profile ( T3, T4, TSH )</b>			
T3-Total Method : CLIA	0.89	0.87 - 2.73	ng/dL
T4-Total Method : CLIA	9.23	6.09 - 12.23	ug/dL
TSH-Ultrasensitive Method : CLIA	0.58	0.45 - 4.50	uIU/mL

**Interpretation**

TSH	T3	T4	Suggested Interpretation for the Thyroid Function Tests Pattern
Raised	Within range	Within range	Raised Within Range Within Range .Isolated High TSH especially in the range of 4.7 to 15 mIU/ml is commonly associated with Physiological & Biological TSH Variability. Subclinical Autoimmune Hypothyroidism. Intermittent 14 therapy for hypothyroidism .Recovery phase after Non-Thyroidal illness"
Raised	Decreased	Decreased	Chronic Autoimmune Thyroiditis Post thyroidectomy, Post radioiodine Hypothyroid phase of transient thyroiditis"
Raised or within range	Raised	Raised or within range	Interfering antibodies to thyroid hormones (anti-TPO antibodies) Intermittent 14 therapy or T4 overdose •Drug interference- Amiodarone, Heparin, Beta blockers, steroids, anti-epileptics.
Decreased	Raised or within range	Raised or within range	Isolated Low TSH -especially in the range of 0.1 to 0.4 often seen in elderly & Range Range associated with Non-Thyroidal illness .Subclinical Hyperthyroidism .Thyroxine ingestion"
Decreased	Decreased	Decreased	Central Hypothyroidism .Non-Thyroidal illness .Recent treatment for Hyperthyroidism (TSH remains suppressed)"
Decreased	Raised	Raised	Primary Hyperthyroidism (Graves' disease), Multinodular goitre, Toxic nodule •Transient thyroiditis: Postpartum, Silent (lymphocytic), Postviral (granulomatous, subacute, DeQuervain's), Gestational thyrotoxicosis with hyperemesis gravidarum"
Decreased Within Rang	Raised	Within range	T3 toxicosis •Non-Thyroidal illness
Within range	Decreased	Within range	Isolated Low T3-often seen in elderly & associated Non-Thyroidal illness In elderly the drop in 13 level can be upto 25%.

\*\*END OF REPORT\*\*

  
Lab technician

  
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**Reporting Time :** 04/09/2022, 07:45 PM  
**Sample ID :**



Test Description	Value(s)	Reference Range	Unit
<b>Lipid Profile</b>			
Cholesterol-Total Method : Spectrophotometry	146.3	Desirable level   < 200 Borderline High   200-239 High   >or = 240	mg/dL
Triglycerides Method : Serum, Enzymatic, endpoint	103.6	Normal: < 150 Borderline High: 150-199 High: 200-499 Very High: >= 500	mg/dL
HDL Cholesterol Method : Serum, Direct measure-PEG	42.3	Normal: > 40 Major Risk for Heart: < 40	mg/dL
LDL Cholesterol Method : Enzymatic selective protection	83.28	Optimal < 100 Near / Above Optimal 100-129 Borderline High 130-159 High 160-189 Very High >or = 190	mg/dL
VLDL Cholesterol Method : Serum, Enzymatic	20.72	6 - 38	mg/dL
CHOL/HDL Ratio Method : Serum, Enzymatic	3.46	3.5 - 5.0	
LDL/HDL Ratio Method : Serum, Enzymatic	1.97	2.5 - 3.5	

**Note:**  
8-10 hours fasting sample is required.

\*\*END OF REPORT\*\*

Lab technician

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Dr. Kundan Kumar Sahoo  
CONSULTANT PATHOLOGIST /  
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**Reporting Time :** 04/09/2022, 07:47 PM

**Sample ID :**



Test Description	Value(s)	Reference Range	Unit
<b><u>LFT, Liver Function Test</u></b>			
Total Protein Method : Serum, Biuret, reagent blank end point	6.35	6.60 - 8.70	g/dL
Albumin Method : Serum, Bromocresol green	3.25	3.50 - 5.30	g/dL
Globulin Method : Serum, EIA	3.10	2.00-3.50	g/dL
A/G Ratio Method : Serum, EIA	1.05	1.2 - 2.2	
Bilirubin - Total Method : Serum, Jendrassik Grof	0.65	0.00 - 1.00	mg/dL
Bilirubin - Direct Method : Serum, Diazotization	0.14	0.00 - 0.20	mg/dL
Bilirubin - Indirect Method : Serum, Calculated	0.51	0.10 - 0.80	mg/dL
SGOT Method : Serum, UV with P5P, IFCC 37 degree	25.3	8 - 33	U/L
SGPT Method : Serum, UV with P5P, IFCC 37 degree	29.4	3 - 35	U/L
Alkaline Phosphatase Method : PNPP-AMP Buffer/Kinetic	125.3	80 - 306	U/L
GGT-Gamma Glutamyl Transpeptidase Method : Serum, G-glutamyl-carboxy-nitroanilide	4.1	< 55	U/L

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**Sample ID :**



Test Description	Value(s)	Reference Range	Unit
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**HbA1c, Glycosylated Hemoglobin**

<b>HbA1c (GLYCOSYLATED HEMOGLOBIN), BLOOD</b>	5.63		%
Method : (HPLC, NGSP certified)			
Estimated Average Glucose :	114.88	-	mg/dL

**Interpretation**

As per American Diabetes Association (ADA)	
Reference Group	HbA1c in %
Non diabetic adults >=18 years	<5.7
At risk (Prediabetes)	5.7 - 6.4
Diagnosing Diabetes	>= 6.5
Therapeutic goals for glycemic control	Age > 19 years Goal of therapy: < 7.0 Action suggested: > 8.0 Age < 19 years Goal of therapy: <7.5

**Note:**

1. Since HbA1c reflects long term fluctuations in the blood glucose concentration, a diabetic patient who is recently under good control may still have a high concentration of HbA1c. Converse is true for a diabetic previously under good control but now poorly controlled .
2. Target goals of < 7.0 % may be beneficial in patients with short duration of diabetes, long life expectancy and no significant cardiovascular disease. In patients with significant complications of diabetes, limited life expectancy or extensive co-morbid conditions, targeting a goal of < 7.0 % may not be appropriate.

**Comments**

HbA1c provides an index of average blood glucose levels over the past 8 - 12 weeks and is a much better indicator of long term glycemic control as compared to blood and urinary glucose determinations.

**ADA criteria for correlation between HbA1c & Mean plasma glucose levels.**

HbA1c(%)	Mean Plasma Glucose (mg/dL)
6	126
7	154
8	183
9	212

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Patient ID : 13362

Referral : MEDI WHEEL

Collection Time : 03/09/2022, 02:47 PM

Reporting Time : 04/09/2022, 07:47 PM

Sample ID :



Test Description	Value(s)	Reference Range	Unit
10	240		
11	269		
12	298		

\*\*END OF REPORT\*\*

Lab technician

*K. Sahoo*  
Dr. Kundan Kumar Sahoo  
CONSULTANT PATHOLOGIST /  
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**Sample ID :** 

15231

Test Description	Value(s)	Reference Range	Unit
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**Urine(R/M) Routine Examination of Urine**

**General Examination**

Colour	PALE YELLOW	Pale Yellow	
Transparency (Appearance)	CLEAR	Clear	
Deposit	Absent	Absent	
Reaction (pH)	Acidic 6.0	4.5 - 7.0	
Specific gravity	1.010	1.005 - 1.030	

**Chemical Examination**

Urine Protein (Albumin)	Absent	Absent	
Urine Glucose (Sugar)	Absent	Absent	

**Microscopic Examination**

Red blood cells	Absent	0-4	/hpf
Pus cells (WBCs)	2 - 4 /HPF	0-9	/hpf
Epithelial cells	1 - 2 /HPF	0-4	/hpf
Crystals	Absent	Absent	
Cast	Absent	Absent	
Amorphous deposits	Absent	Absent	
Bacteria	Absent	Absent	
Trichomonas Vaginalis	Absent	Absent	
Yeast cells	Absent	Absent	

\*\*END OF REPORT\*\*

Lab technician



  
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**MEDICAL CERTIFICATE**

Date :- 03.09.2022

NAME

Mr. Indranil Dash

MEDICAL INFORMATION

Height:- 176 cm	Age:- 31 yrs
Weight:- 84 kg	Sex:- Male
Blood Pressure:- 113/69 mmhg	Pulse:-81/min

Body Mass Index(BMI)

28.1

**Physical Fitness certificate**

This is to certify that Mr. Indranil Dash, aged 47 yrs, reports is Normal and I have found his FIT.

Signature **Dr.M.K.HOTA**  
**M.B.B.S.**  
**REGD No.6993**

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भारत सरकार  
Government of India



Issue Date: 20/11/2011



ଇନ୍ଦ୍ରନିଲ ଦାଶ  
Indranil Dash  
ଜନ୍ମ ତାରିଖ / DOB: 17/10/1991  
ପୁରୁଷ / MALE



8194 0669 4016

मेरा आचरण, मेरी पहचान

Indranil Dash