

MER- MEDICAL EXAMINATION REPORT

Date of Examination	25/11/23		
NAME	SABITA DEY		
AGE	37	Gender	F
HEIGHT(cm)	149	WEIGHT (kg)	48 Bmi - 21.6
B.P.	100/60		
ECG	normal		
X Ray	normal		
Vision Checkup	normal		
Present Ailments	no		
Details of Past ailments (If Any)	no		
Comments / Advice : She /He is Physically Fit	medicines not		



Dr. Smita Rastogi  
MBBS, DCP  
Reg. No. 37370

*S. Rastogi*

Signature with Stamp of Medical Examiner

६७

भारत सरकार  
Government of India



नाम / Name  
Sarita Devi  
जन्म तिथि / DOB: 10/07/1986  
लिंग / GENDER: FEMALE



4035 1254 2907

मेरा आधार, मेरी पहचान

*Sarita*



You have been informed that ent dental othal diet Gynaec consultation facility is not available at our centre. If you are ready then your test can be start.

2D echo test facility is not available at our center, instead we do TMT test.

*Sanita*



I am not ready for the pap smear test  
because of my personal reasons.

Date .....

sign..... *Sanita*





# MODERN PATHOLOGY & DIAGNOSTIC CENTRE

Dr. R. P. Rastogi  
M.B.B.S., M.D. (Path & Bact)



## CLINIC :

1/4A, Vineet Khand, (Opp Jaipuria Management)  
Gomti Nagar, Lucknow - 226 010  
Ph.: 0522-4008184, 4308184 • 8112323230  
Mob.: 7618884441, 9450389932, 8177063877

Date	: 25-Nov-2023	Age	: 37 Yrs.
Name	: Mrs. SARITA DEVI	Sex	: Female
Ref.By	: APOLLO HEALTH		
Haemoglobin	11.5	gm%	11 - 14
Total Leucocyte Count	6700	Cells/cumm.	4000-11000
<b>Differential Leucocyte Count</b>			
Polymorphs	60	%	45 - 70
Lymphocytes	33	%	20 - 45
Eosinophils	01	%	0 - 6
Monocytes	06	%	0 - 8
Basophils	00	%	0 - 1
<b>Erythrocyte Sedimentation Rate (Wintrobe)</b>			
ESR	18	mm in 1st Hr.	0 - 19
PCV	35.9	cc%	40 - 52
Corrected ESR	04	mm in 1st Hr.	0 - 19
Platelet Count	2.35	lakh/cumm.	1.5 - 4.0
Red Cells Count	4.18	million/cmm	3.90 to 4.60
<b>Absolute values</b>			
MCV	85.9	fL	77 - 97
MCH	27.4	pg	27 - 31
MCHC	32.0	gm /dl	31 - 34

Dr. Sanjay Rastogi  
M.B.B.S., (D.C. OFFICER) (IARC)

Dr. Smita Rastogi  
M.B.B.S., DCP

Results, adhering to W.H.O. and International Federation of Clinical Chemists Quality Control Standards.

SAMPLE COLLECTION FACILITY AVAILABLE

Report needs clinicopathological correlation ♦ Not for Medico Legal Purpose

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Date : 25-Nov-2023

Name : Mrs. SARITA DEVI

Ref.By : APOLLO HEALTH

Age : 37 Yrs.

Sex : Female

## General Blood Picture

**RBCs** RBCs are Normocytic & Normochromic.  
No Normoblasts are seen.

**WBCs** TLC is within normal range.  
DLC shows normal counts.  
No immature cells of WBC seen.

**PLATELETS** Platelets are adequate in number and morphology.

**OTHERS** No haemoparasites are seen.

**IMPRESSION** Normal GBP

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Date	: 25-Nov-2023	Age	: 37 Yrs.
Name	: Mrs. SARITA DEVI	Sex	: Female
Ref.By	: APOLLO HEALTH		
Plasma Glucose - F GOD-POD Method	93	mg/dl	70 - 110
Plasma Glucose - PP GOD-POD Method	108	mg/dl	110 - 170
Blood Group & Rh	"O" Negative		
<b>KFT</b>			
UREA	18.0	mg %	15 - 50
CREATININE	0.67	mg %	0.5 - 1.5
URIC ACID	5.3	mg %	2 - 6
CALCIUM	9.7	mg %	8.8 - 10.0

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Date : 25-Nov-2023

Name : **Mrs. SARITA DEVI**

Age : 37 Yrs.

Ref.By : APOLLO HEALTH

Sex : Female

### LFT T&D

Total Bilirubin	0.68	mg%	0.2 - 1.0
Direct Bilirubin	0.30	mg%	0.0 to 0.40
Indirect Bilirubin	0.38	mg%	0.10 to 0.90
S.G.P.T	18	IU/L	5 - 40
S.G.O.T	12	IU/L	5 - 50
ALP	81	IU/L	35 to 104

Serum Gamma G.T. 16 IU/L 11 - 50

Urine Sugar (Fasting) NIL

Urine Sugar (PP) NIL

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Date	: 25-Nov-2023	Age	: 37 Yrs.
Name	: Mrs. SARITA DEVI	Sex	: Female
Ref.By	: APOLLO HEALTH		

## LIPID PROFILE

Triglycerids	52	mg%	70 - 190
S. Cholestrol S.	116	mg%	130 - 230
S. HDL Cholestrol	40.2	mg%	35 - 75
S. LDL Cholestrol	65.4	mg%	75 - 150
VLDL	10.4	mg%	0 - 34
Chol / HDL factor	2.89		
LDL / HDL Factor	1.63		

## COMMENTS

\* Triglycerides (TG) are the main dietary lipids. Cholesterol constitutes a small part of the dietary lipids, it is mostly synthesised in the liver. Both TG and Chol. are transported through the plasma by lipoproteins (Chylomicrons, VLDL, LDL, IDL, HDL).

\* LDL is the major cholesterol particle in plasma and high levels are strongly implicated in the formation of atheroma. An increase in the LDL leads to hypercholesterolemia, and therefore a risk factor for IHD. LDL increases with age particularly in females. Oestrogen lower LDL and raise HDL. Raised chol. in females is mostly due to disturbed thyroid function.

\* Increase in VLDL leads to hyperglyceridaemia. Raised TGs are associated with increased risk of CHD. Very high TGs increase the risk of Pancreatitis. Cholesterol is often raised due to Diabetes, Renal disease, Diuretic or Betablocker therapy.

### TYPES OF HYPERLIPOPROTEINEMIAS

TYPE 1: Normal cholesterol TG greatly raised	TYPE 3: Cholesterol increased TG increased
TYPE 2a: Cholesterol increased LDL increased TG normal	TYPE 4: Cholesterol normal /increased VLDL increased TG increased
TYPE 2b Chol. increased VLDL raised TG increased LDL increased	TYPE 5: Cholesterol increased LDL reduced VLDL increased TG greatly increased

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Date : 25-Nov-2023

Name : Mrs. SARITA DEVI

Ref.By : APOLLO HEALTH

Age : 37 Yrs.

Sex : Female

## THYROID TEST

Tri-iodothyronine (T3)	1.48	nmol/L	0.50 to 2.50
Thyroxine (T4)	8.35	mcg/dL	5.0 to 12.5
Thyroid Stimulating Hormone (TSH)	1.91	mIU/ ml	0.3 to 6.0

## COMMENTS

- 1) Primary hyperthyroidism is accompanied by elevated Serum T3 and T4 values along with depressed TSH levels.
- 2) Primary Hypothyroidism is accompanied by depressed serum T3 and T4 values and elevated serum TSH levels.
- 3) Normal T4 levels accompanied by high T3 levels are seen in patients with T3 thyrotoxicosis.
- 4) Slightly elevated T3 levels may be found in pregnancy and estrogen therapy, while depressed levels may be encountered in severe illness, malnutrition, renal failure and during therapy with drugs like propranolol and propylthiouracil.
- 5) Elevated TSH levels may also be indicative of TSH secreting Pituitary Tumour.

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Date : 25-Nov-2023  
Name : Mrs. SARITA DEVI  
Ref.By : APOLLO HEALTH

Age : 37 Yrs.  
Sex : Female

## Glycosylated Haemoglobin

Glycosylated Haemoglobin

5.5

%

4.5 TO 6.0

### INTERPRETATION AND COMMENTS

NON DIABETIC : 4.5 to 6.0 %  
GOOD CONTROL: 6.0 to 7.0  
FAIR CONTROLLED 7.0 AND 8.0  
UNCONTROLLED 8.0 AND ABOVE

Glycosylated haemoglobin is the adducted glucose in the haemoglobin of the red blood cells, this adduction is stable for the life time of the RBC (i.e 120 days). There fore the measure of glycosylated haemoglobin reflects the average blood glucose concentration over the preseding several weeks. The sudden change in blood glucose level would not effect the glycosylated haemoglobin level ,which serves as a better marker of long term metabolic control and the efficacy of therapy.

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Date : 25-Nov-2023

Name : Mrs. SARITA DEVI

Ref.By : APOLLO HEALTH

Age : 37 Yrs.

Sex : Female

## Urine Examination

### PHYSICAL

Colour	Straw
Turbidity	Nil
Deposit	Nil
Reaction	1.020
*Specific Gravity	QNS

### CHEMICAL

Protein	Nil
Sugar	Nil
*Bile Salts	Nil
*Bile Pigments	Nil
Phosphate	Nil

### MICROSCOPIC

Pus Cells	Nil	/hpf
Epithelial Cells	Occasional	/hpf
Red Blood Cells	Nil	/hpf
Casts	Nil	
Crystals	Nil	
Others	Nil	

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TEST REQUEST ID :012311250028	SAMPLE DATE	:25/Nov/2023 09:44AM
NAME :Mrs. SARITA DEVI	SAMPLE REC. DATE	:25/Nov/2023 09:44AM
AGE/SEX :37 YRS/FEMALE	REPORTED DATE	:25/Nov/2023 02:28PM
REFERRED BY : Apollo Health and Lifestyle Limited,	BARCODE NO	:01250028

## XRAY CHEST PA

- Trachea is central in position.
- Bilateral lung fields are normally aerated.
- Both hilar shadows are normal.
- Both C.P. angles are clear.
- Cardiac shadow is within normal limits.
- Bony cage appears normal.

## OPINION: NORMAL STUDY.

Please correlate clinically.

\*\*\* End Of Report \*\*\*

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DR. PANKAJ UPADHYAYA

Dr. Smita Rastogi  
M.B.B.S., DCP

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Print Date/Time: 25/11/2023 ♦ Please ask for your computerized bill ♦ For bill only the printed collection charges



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TEST REQUEST ID :012311250028	SAMPLE DATE	:25/Nov/2023 09:44AM
NAME :Mrs. SARITA DEVI	SAMPLE REC. DATE	:25/Nov/2023 09:44AM
AGE/SEX :37 YRS/FEMALE	REPORTED DATE	:25/Nov/2023 01:14PM
REFERRED BY :Apollo Health and Lifestyle Limited,	BARCODE NO	:01250028

## USG WHOLE ABDOMEN-FEMALE

**Liver:** is normal in size (124 mm). Parenchymal echogenicity is normal. No focal echovariant lesion is seen. Intrahepatic biliary radicles are not dilated.

**Gall Bladder:** is well distended. Lumen is anechoic. Wall is of normal thickness.

**CBD:** is normal in diameter. Portal vein is normal in diameter.

**Pancreas:** is normal in size, shape and echotexture. No focal echovariant lesion is seen. Pancreatic duct is not dilated.

**Spleen:** is normal in size (109 mm), shape and echotexture. No focal echovariant lesion is seen. Splenic vein is normal.

**Both Kidneys:** are normal in size (RK- 80 x 38 mm & LK -98 x 36 mm), shape, position and excursion. Parenchymal echogenicity and echotexture is normal with maintained corticomedullary differentiation. No mass, cyst or calculi is seen. Pelvicalyceal systems are not dilated. Ureters are not dilated.

**Urinary bladder:** is well distended. Lumen is anechoic. Wall is of normal thickness. No mass or calculus is seen.

**Uterus** is normal in size (82 x 55 x 35 mms), shape and echotexture. It is retroverted. Myometrium is homogenous. No focal mass is seen. Endometrial thickness is normal 5.5 mm. Cervix appears normal in size, shape and echotexture. No evidence of collection in cervical canal.

**Bilateral Ovaries and adnexae** Both ovaries are normal in size, shape and echotexture. No adnexal solid or cystic mass lesion is seen.

Both iliac fossae are clear. No obvious bowel pathology is noted.  
There is no free fluid in peritoneal cavity.

**OPINION: NORMAL STUDY.**

\*\*\* End Of Report \*\*\*

Dr. Sanjay Rastogi  
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Consultant Radiologist

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Patient name: **Mrs Sarita Devi**  
Ref By. **Apollo Health**

Age/Sex **37/F**  
**25/11/2023**

## E.C.G. REPORT

1. Rhythm	:	Sinus, Regular
2. Atrial Rate	:	72/mt
3. Ventricular Rate	:	72/mt
4. P – Wave	:	Normal
5. P R Interval	:	Normal
6. Q R S	:	
Axis	:	Normal
R/S Ratio	:	Normal
Configuration	:	Normal
7. Q T c Interval	:	Normal
8. S-T Segment	:	Normal
9. T-Wave	:	Normal

## FINAL IMPRESSION

**E.C.G. is within normal limits.**

  
Signature of Doctor  
Reg. No. 44559  
MD

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name Sanjita Devi

Age 33 yrs Ms

10mm/mV

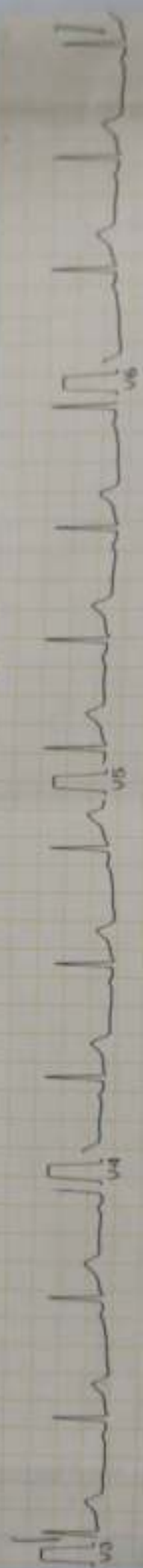
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0.1-35 Hz B.L.O



*Sanjita*

Dr. Sanjita Devi



DR. AMIT MOHAN  
MD  
Reg. No. 44559



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Registration Date 25/11/2023

Age : 37 Sex: F

Name : Mrs Sarita Devi

Ref By: Apollo Health

## EYES EXAMINATION REPORT

EYE SIGHT	DISTANT VISION		NEAR VISION	
	RIGHT	LEFT	RIGHT	LEFT
WITHOUT GLASSES	6/6	6/6	N-6	N-6
WITH GLASSES				
POWER OF GLASSES IF USED				
FUNDUS	NORMAL			
COLOR VISION	Present Normal according to ISHIHARA'S CHART			
PUPILS	Normally reacting to light and accommodation			

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Gomti Nagar Lucknow

Report



SARITA DEVI / 37 Yrs / F / 149 Cms / 48 Kg  
 Date: 25 - 11 - 2023 Refd By : APOLLO HEALTH Examined By:

Stage	Time	Duration	Speed(Kmph)	Elevation	METs	Rate	% THR	BP	RPP	PVC	Comments
Supine	00:05	0:05	00.0	00.0	01.0	075	41 %	100/60	075	00	
Standing	00:09	0:04	00.0	00.0	01.0	071	39 %	100/60	071	00	
HV	00:13	0:04	00.0	00.0	01.0	072	39 %	100/60	072	00	
ExStart	00:25	0:12	00.0	00.0	01.0	072	39 %	100/60	072	00	
BRUCE Stage 1	03:25	3:00	02.7	10.0	04.7	146	80 %	100/60	146	00	
BRUCE Stage 2	06:25	3:00	04.0	12.0	07.1	177	97 %	122/80	215	00	
PeakEx	06:29	0:04	00.0	00.0	07.2	181	99 %	100/60	181	00	
Recovery	07:29	1:00	00.0	00.0	01.1	136	74 %	132/84	179	00	
Recovery	08:29	2:00	00.0	00.0	01.0	103	56 %	128/82	131	00	
Recovery	09:29	3:00	00.0	00.0	01.0	113	62 %	124/80	140	00	
Recovery	09:38	3:08	00.0	00.0	01.0	112	61 %	124/80	138	00	

## FINDINGS :

Exercise Time : 06:04  
 Max HR Attained : 181 bpm 99% of Target 183  
 Max BP Attained : 134/88 (mm/Hg)  
 Max WorkLoad Attained : 7.2 Fair response to induced stress  
 Test End Reasons : Test Complete

## REPORT :

### CONCLUSIONS:

1. STRESS TEST IS NEGATIVE FOR EXERCISE INDUCED ISCHAEMIC HEART DISEASE.

*(Signature)*  
 DEANIT DOHAN MD  
 Reg. No. 44559



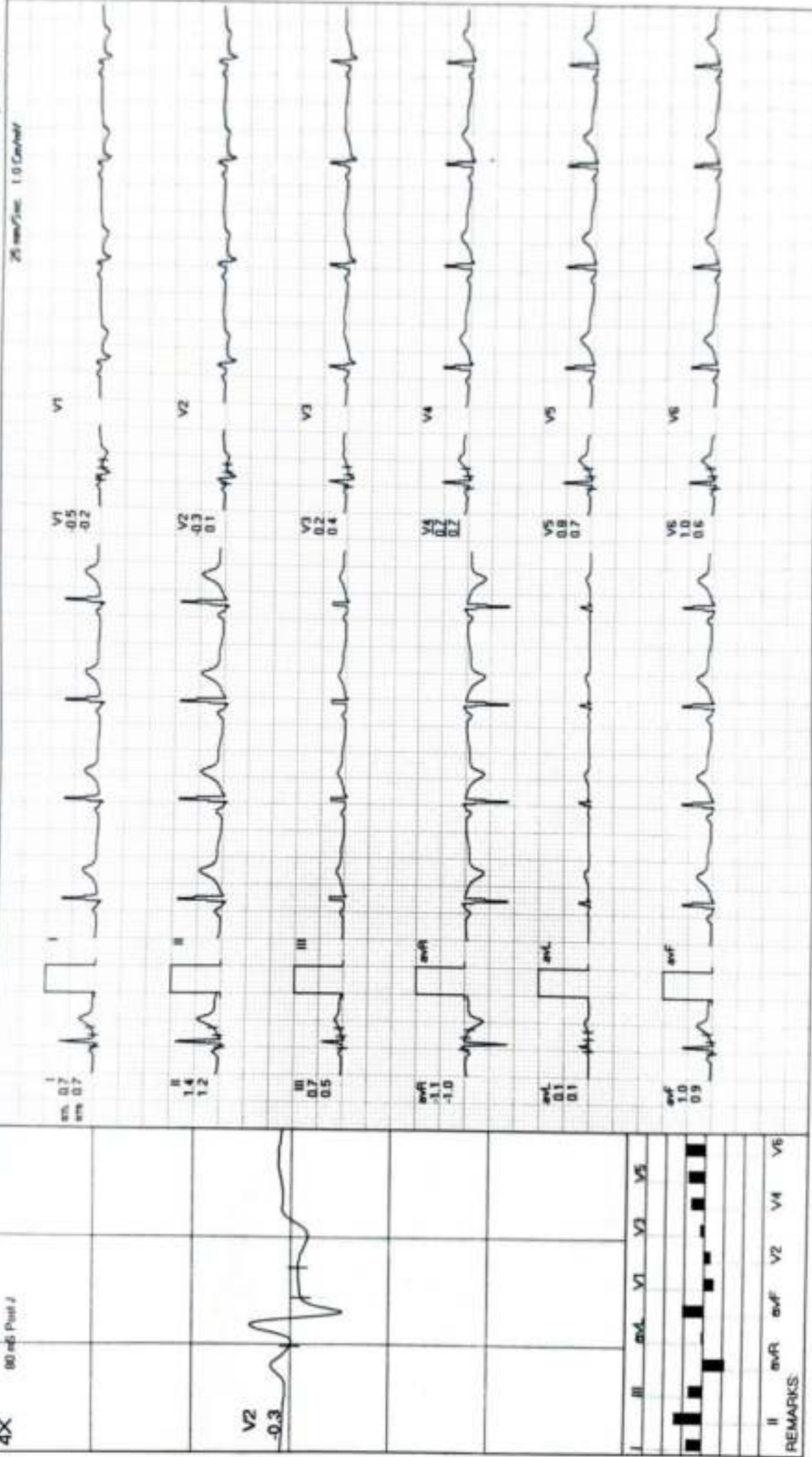
**MODERN PATHOLOGY AND DIAGNOSTIC CENTER**

SARITA DEVI / 37 Yrs / F / 149 Cms / 48 Kg / HR : 75

**BRUCE:Supine(0:05)**



Date: 25-11-2023 METS: 1.0/ 75 bpm 41% of THR BP: 100/60 mmHg Combined Medians/ ECG: On/ Notch On/ HF: 0.05 Hz/ LF: 35 Hz



4X 90 eps Post 1

V2 -0.3



REMARKS: II aVR aVL V2 V4 V6

ErTime 00:08 0.0 Km/hg 0.0% 25 mm/Sec 1.0 Cm/box



**MODERN PATHOLOGY AND DIAGNOSTIC CENTER**

SARITA DEVI / 37 Yrs / F / 149 Cms / 48 Kg / HAIR - 71

**BRUCE: Standing(0:04)**

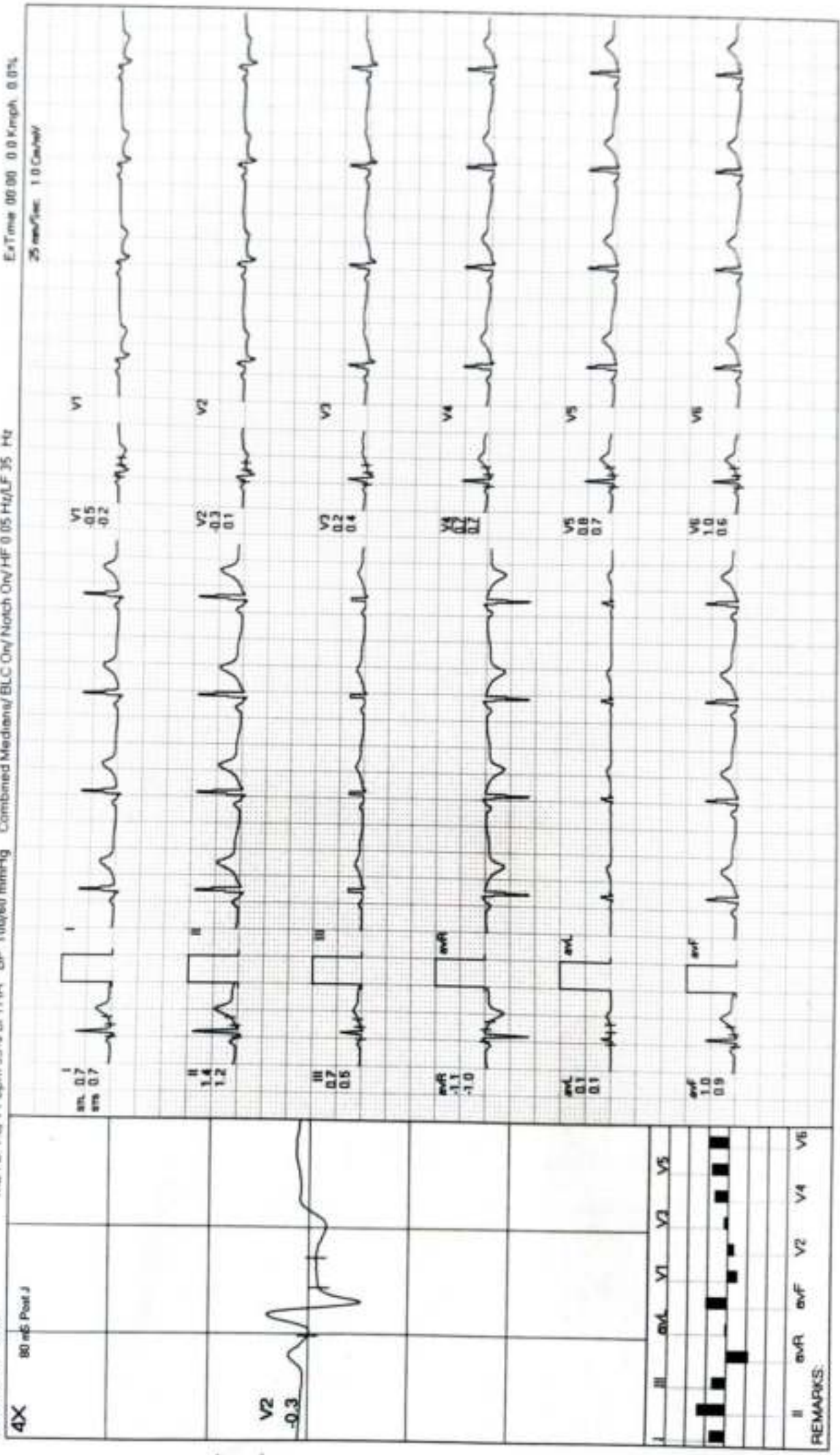


Date 25-11-2023

METS 1.07 71 bpm 39% of THR BP 110/60 mmHg Combined Mediana/ BLC On/ HF 0.05 Hz/LF 35 Hz

ExTime 00:00 0.0 Kmph 0.0%

25 mm/sec 1.0 Cal/cmV



REMARKS:

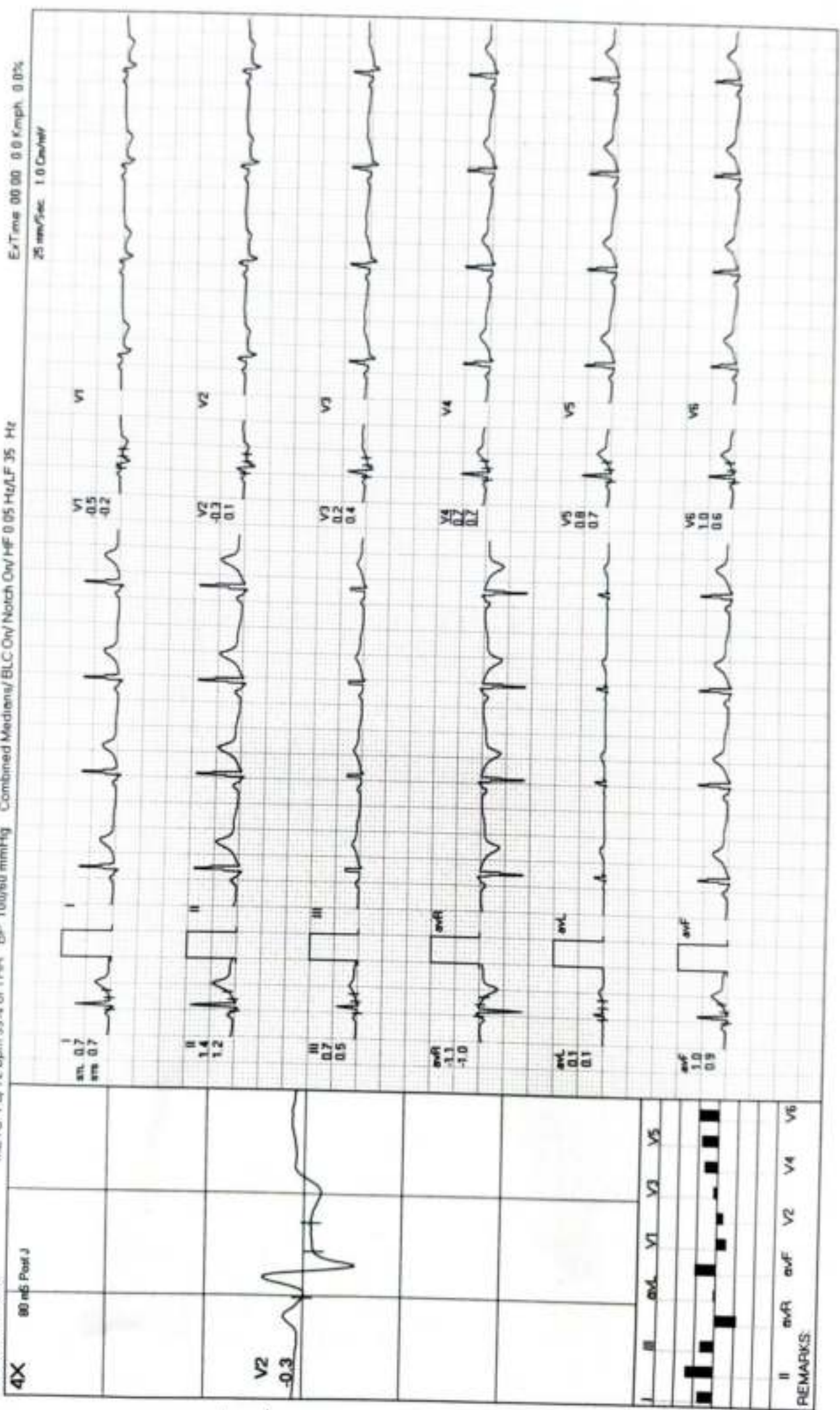
**MODERN PATHOLOGY AND DIAGNOSTIC CENTER**

SARITA DEVI / 37 Yrs / F / 149 Cms / 48 Kg / HR : 72

**BRUCE:HV(0:07)**



Date: 25-11-2023 METS: 1.0/72 bpm, 39% of Th-R BP: 100/60 mmHg Combined Medians/BLC Ov/ Notch Ov/ HF 0.05 Hz/LF 35 Hz



REMARKS: II aVR aVL V2 V4 V6



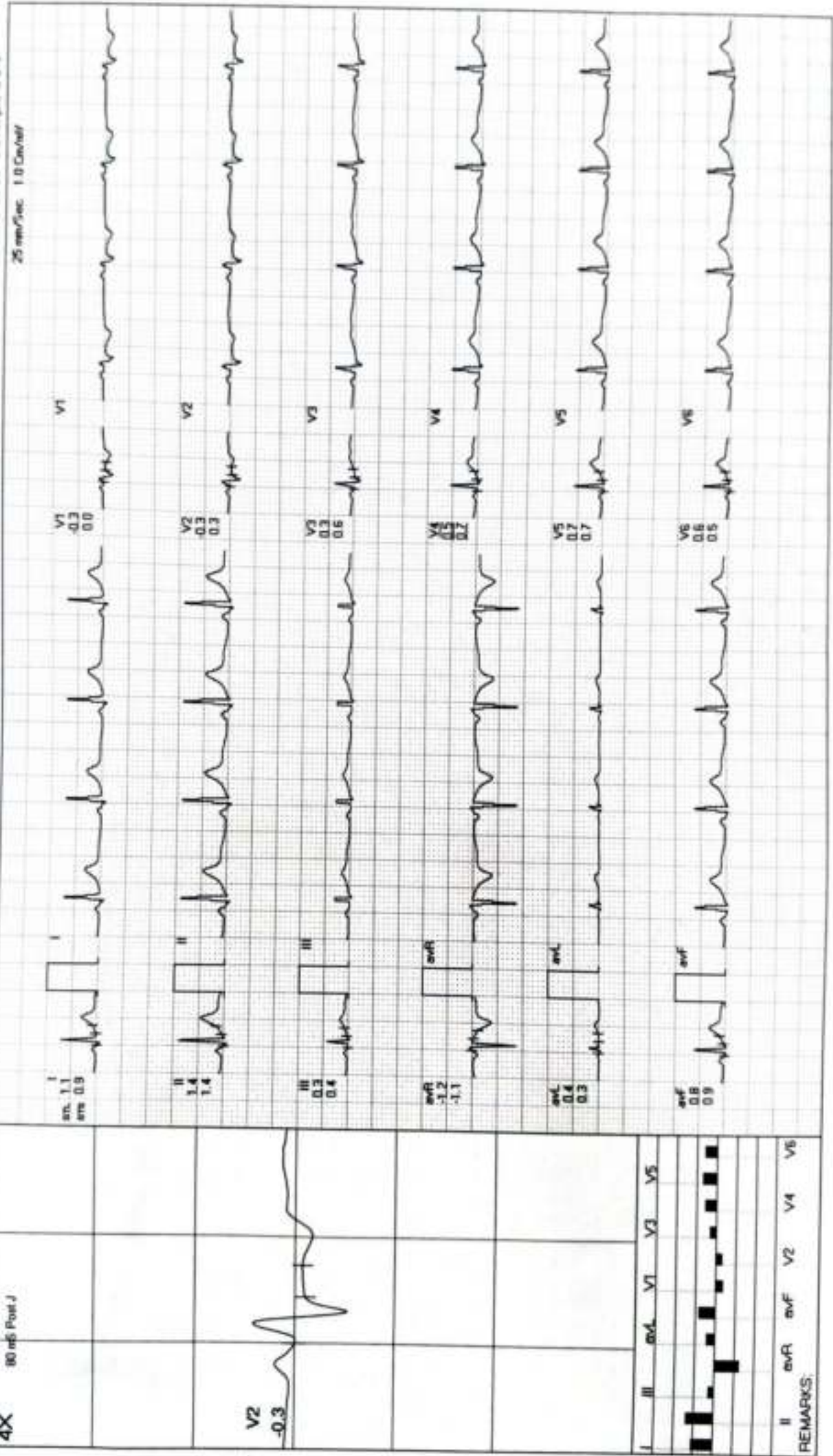
**MODERN PATHOLOGY AND DIAGNOSTIC CENTER**

**SARITA DEVI / 37 Yrs / F / 149 Cms / 48 Kg / HR : 72**

**ExStart**



Date: 25-11-2023 METS: 1.0/72 bpm 39% of THR BIP: 100/60 mmHg Combined Medians/ BLC On/ Notch On/ HF 0.05 Hz/AF 35 Hz ExTime 00:00 0.0 Kmph. 0.0%



**MODERN PATHOLOGY AND DIAGNOSTIC CENTER**

SARITA DEVI / 37 Yrs / F / 149 Cms / 48 Kg / HR : 146

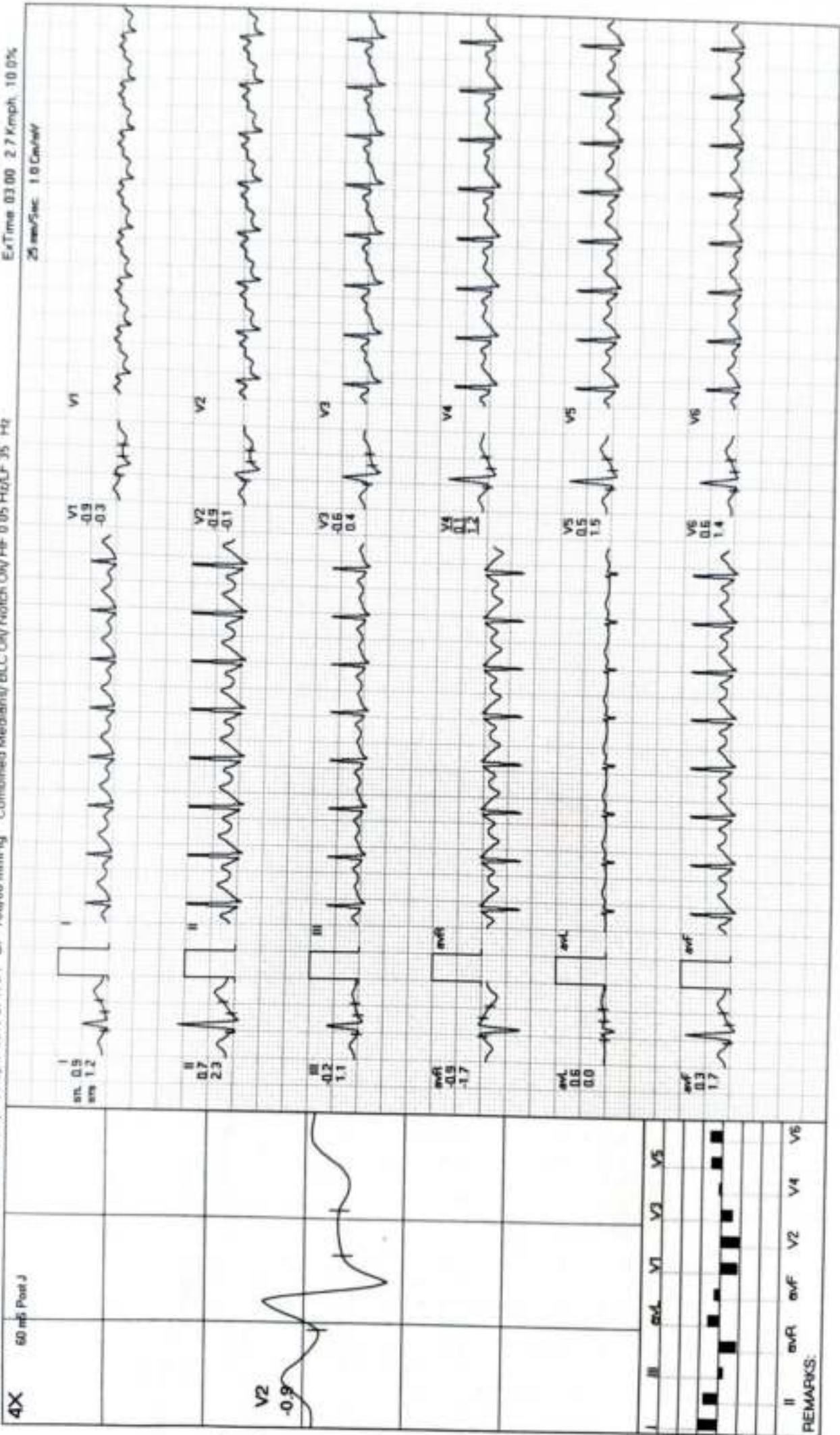
**BRUCE: Stage 1(3:00)**



Date: 25-11-2023

MEETS: 47/146 bpm 80% of TH-R BP: 100/60 mmHg Combined Medians/ BLC Ov/ Notch Ov/ HF 0.95 Hz/LF 35 Hz

ExTime 03:00 2.7 Kmph, 10.0%  
25 mm/Sec 1.0 Cm/Div



REMARKS:



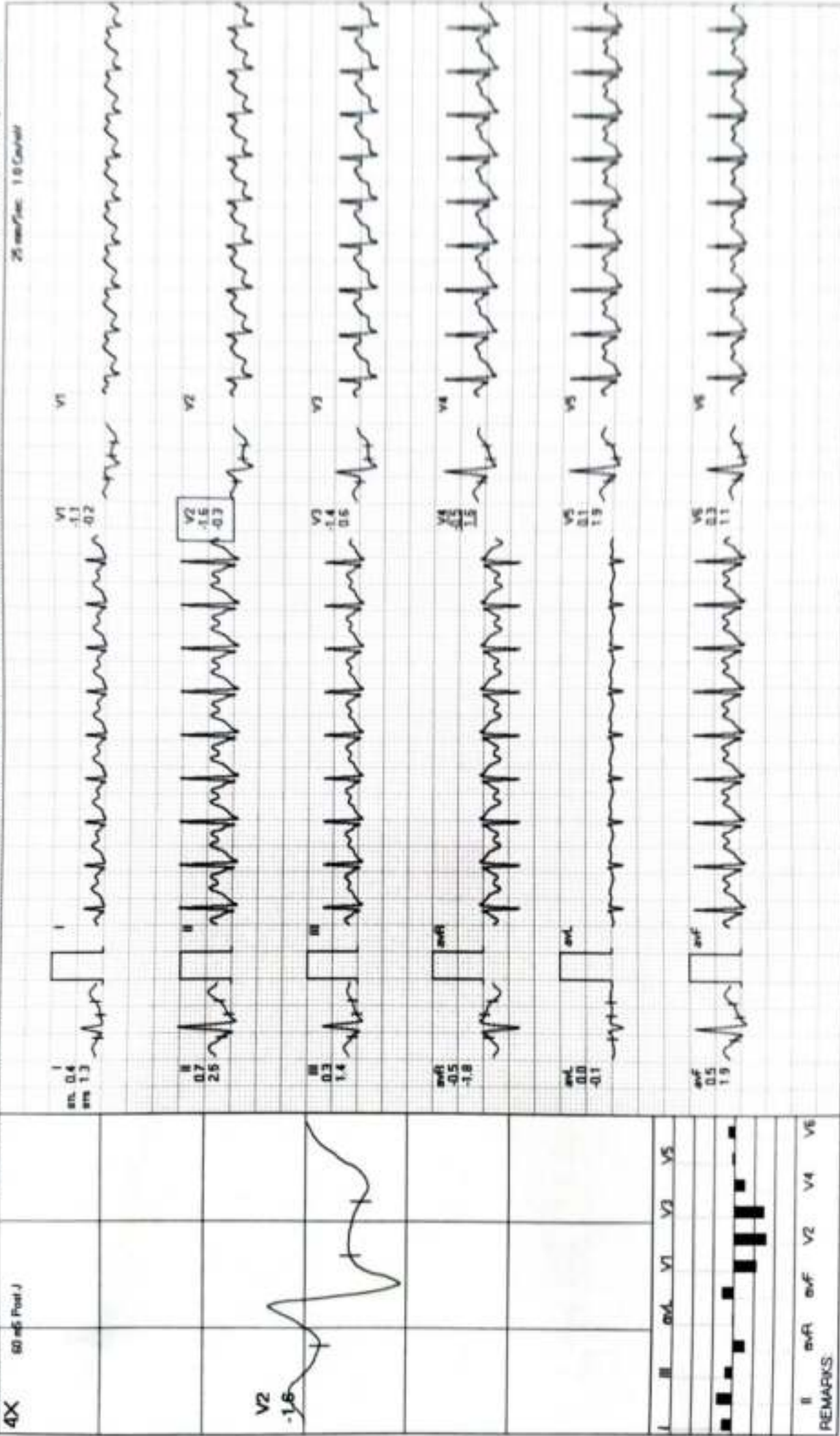
**MODERN PATHOLOGY AND DIAGNOSTIC CENTER**

**BRUCE: Stage 2(3:00)**



SARITA DEVI / 37 Yrs / F / 149 Cms / 48 Kg / HR : 177

Date: 25-11-2023 METS: 7.1/177 bpm 97% of TH-R BP: 122/88 mmHg Combined Medians/ BLC On/Match On/HF 0.05 Hx/LF 35 Hz



REMARKS

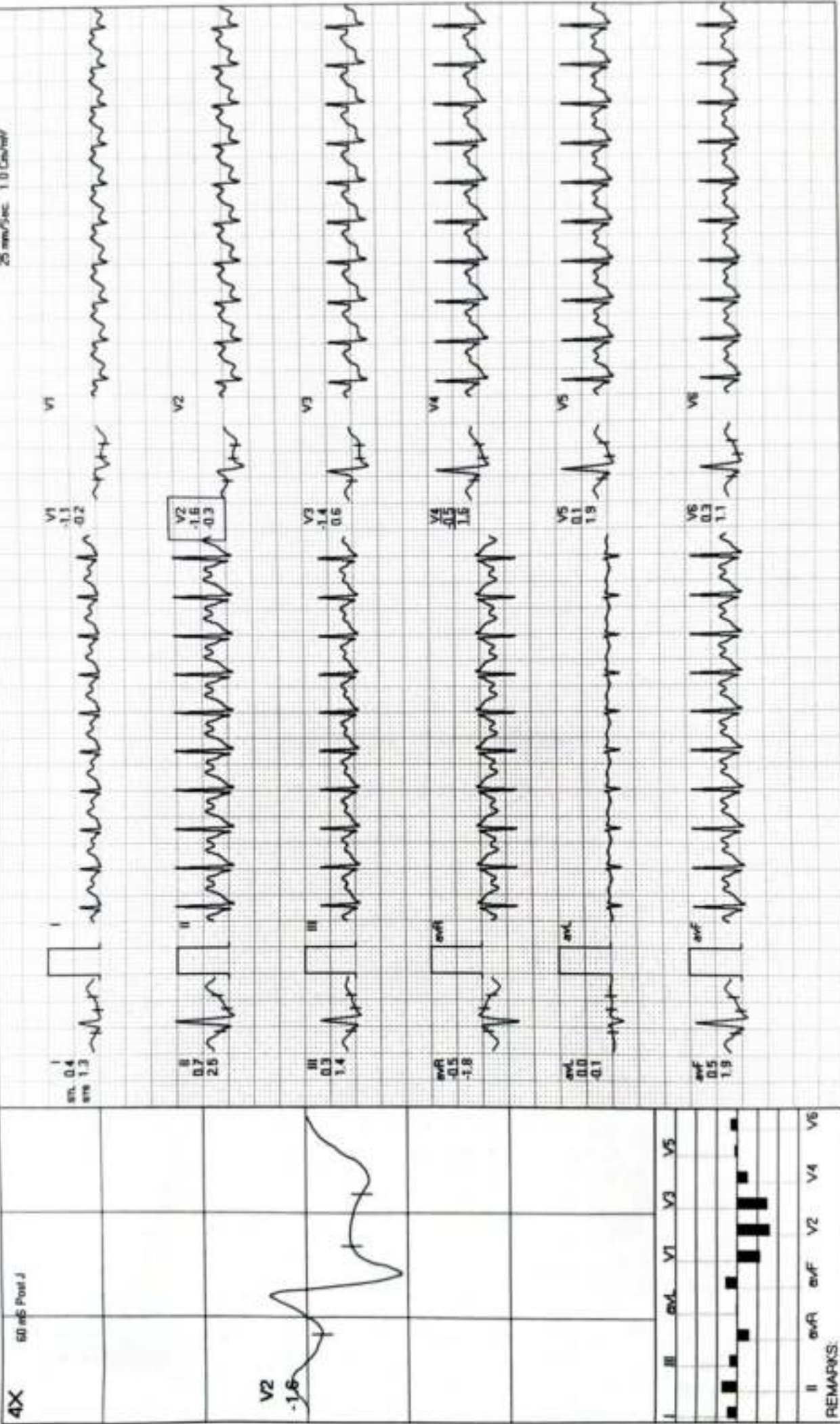
**MODERN PATHOLOGY AND DIAGNOSTIC CENTER**

SARITA DEVI / 37 Yrs / F / 149 Cms / 48 Kg / HR : 181

PeakEx



Date 25-11-2023 METS 7.2/181 bpm 99% of THR BP 100/60 mmHg Combined Medians/BLC On/ Notch On/ HF 0.05 Hz/AF 35 Hz ExTime 06:05 0.0 Kmph 0.0% 25 mm/sec 1.0 Cal/mV



REMARKS:



**MODERN PATHOLOGY AND DIAGNOSTIC CENTER**

**Recovery(1:00)**

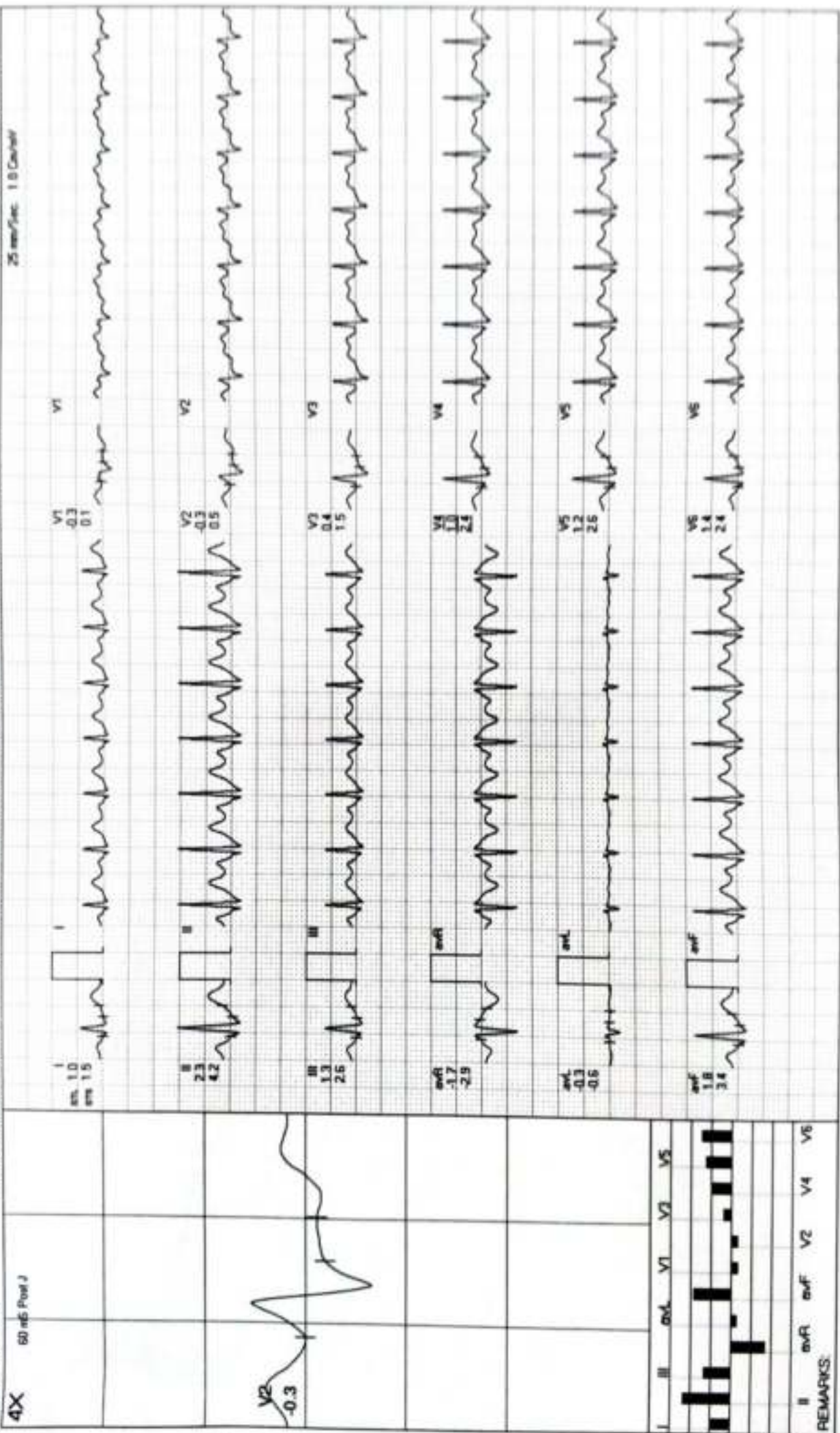


SARITA DEVI / 37 Yrs / F / 149 Cms / 48 Kg / HR : 136

Date 25-11-2023

METS 1.1/136 bpm 74% of THR BP 132/84 mmHg Combined Medians/ BLC On/ Natch On/ HF 0.05 Hz/LF 35 Hz

ExTime 06:04 0.0 Kmph 0.0%



REMARKS



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**Recovery(2:00)**



SARITA DEVI / 37 Yrs / F / 149 Cms / 48 Kg / HFR : 103

Date: 25-11-2023

METS: 1.0/103 bpm 56% of Th-R BP: 120/82 mmHg Combined Medians/ BLC Ov/ Natch Ov/ HF 0.05 Hz/ LF 35 Hz

ExTime 06:04 0.0 Km/Ph 0.0%  
25 mm/Sec 1.0 Cal/mV



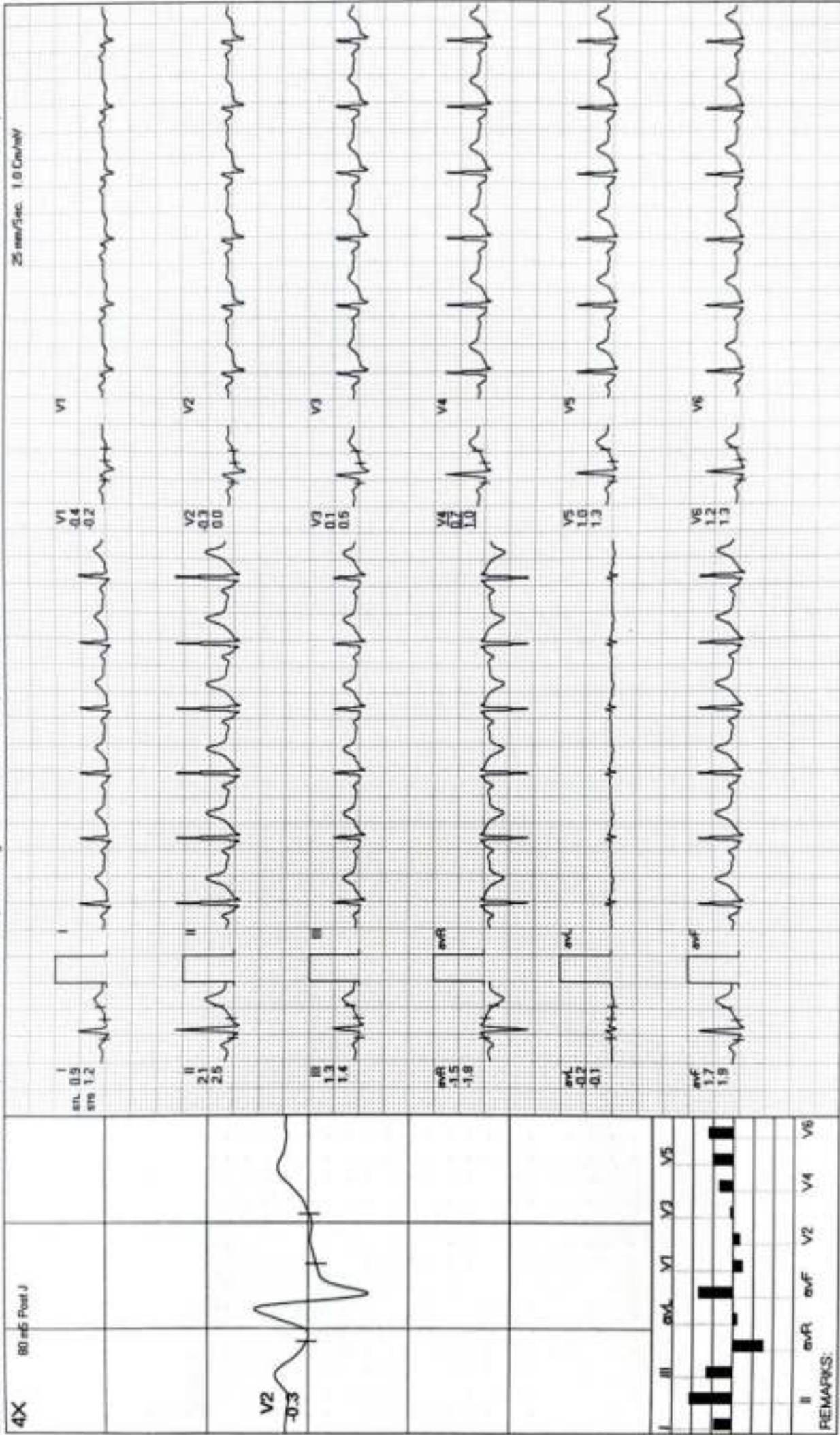
**MODERN PATHOLOGY AND DIAGNOSTIC CENTER**

SARITA DEVI / 37 Yrs / F / 149 Cms / 48 Kg / HR : 113

**Recovery(3:00)**



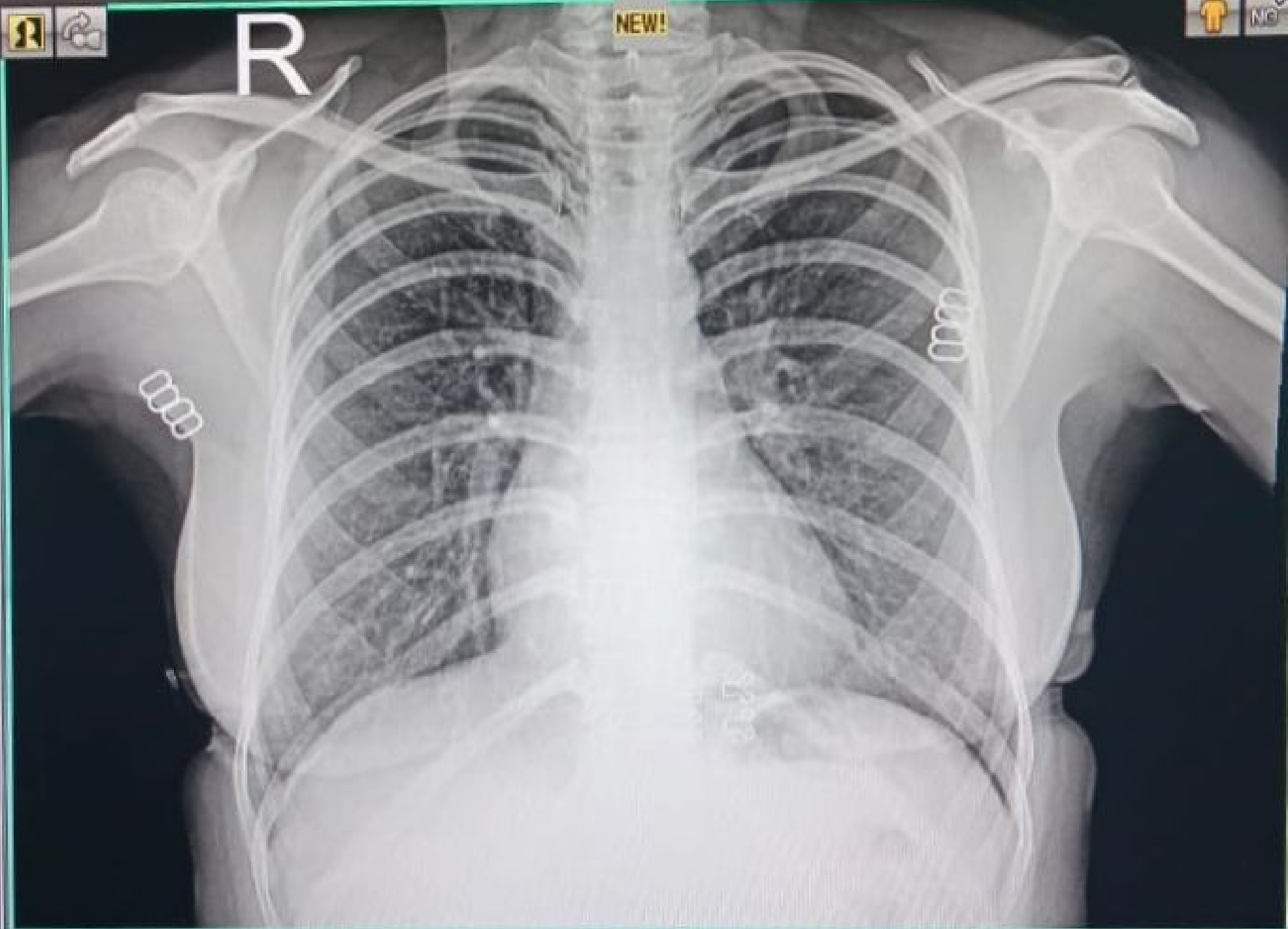
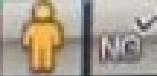
Date: 25-11-2023 METS: 1.0/113 bpm 62% of THR BP: 124/90 mmHg Combined Medians/BLC On/ HF 0.05 Hz/F 35 Hz ExTime: 06:04 0.0 Kmph 0.0%  
 25 mm/Sec. 1.0 Cm/mV





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