

- COMPU. PATHOLOGY • ALLERGY TESTING
- DIGITAL WHOLE BODY X-RAYS
- DIGITAL 3D SONOGRAPHY
- DIGITAL WHOLE BODY COLOUR DOPPLER
- DIGITAL 2-D ECHO WITH COLOUR DOPPLER
- E.C.G. • LUNG FUNCTION TEST
- MAMMOGRAPHY & BONE MINERAL DENSITOMETRY

- COMPUTERISED STRESS TEST
- DENTAL
- ADVANCED DENTISTRY
- PHYSIOTHERAPY
- AUDIOMETRY & SPEECH THERAPY
- FULL BODY HEALTH CHECK-UPS
- CORPORATE HEALTH CHECKUPS



HEALTHCARE

MEDICAL CENTRE & DIAGNOSTICS

Patient's Name : MRS MELODENE DSOUZA
Referred By Dr : MEDIWHEEL
Sex : FEMALE Age : 40 Years
Collected At : VASAI NALASOPARA MAIN BRANCH

Lab No. : LEB6025 *LEB6025*
Reg. Date : 18-May-2024 9:29 am
Report Date : 18-May-2024 7:14 pm
Print Date : 20-May-2024 6:56 pm

25 HYDROXY CHOLECALCIFEROL (VIT D3)

TEST	RESULT	UNITS	NORMAL VALUES
25 (OH) VITAMIN D	22.341	ng / ml	INTERPRETATION OF REFERENCE RANGES Sufficient Vitamin D level- 30-100 ng/ml Insufficient Vitamin D level- 10-29 ng/ml Deficient:< 10 ng/ml Potential Toxicity >100

METHOD

CLIA

Interpretation :

1. Testing for 25(OH)vitamin D is recommended as it is the best indicator of vitamin D nutritional status as obtained from sunlight exposure & dietary intake. For diagnosis of vitamin D deficiency it is recommended to have clinical correlation with serum 25(OH)vitamin D, serum calcium, serum PTH & serum alkaline phosphatase.
2. During monitoring of oral vitamin D therapy - suggested testing of serum 25(OH)vitamin D is after 12 weeks or 3 mths of treatment. However, the required dosage of vitamin D supplements & time to achieve sufficient vitamin D levels show significant seasonal (especially winter) & individual variability depending on age, body fat, sun exposure, physical activity, genetic factors (especially variable vitamin D receptor responses), associated liver or renal disease, malabsorption syndromes and calcium or magnesium deficiency influencing the vitamin D metabolism. Vitamin D toxicity is known but very rare. kindly correlate clinically, repeat with fresh sample if indicated.

----- End of Report -----

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BIOCHEMISTRY

TEST	RESULT		NORMAL VALUES
Blood Urea Nitrogen (BUN)	15.90		5 - 20 mg/dl
CREATININE	1.2	mg/dl	0.5 - 1.3 mg/dl
Serum Uric Acid	4.20	mg%	Female : 2.6 - 6.0 mg%
Age of the Patient	40		
eGFR	52.88	ml/min	

eGFR calculation based on MDRD guideline 2012

More than 90 ml / min / 1.73 Sqm - Normal eGFR

60-89 ml / min / 1.73 Sqm - Mild decrease in eGFR is common in 30% healthy adults .

Suggest reapt testing in 6 to 12 months.

Exclude kidney disease in those at high risk (Diabetes & Hypertension

30-59 ml / min / 1.73 Sqm - consistent with modrate chronic kidney disease if confirmed over three month .

Consider nephrology referral if progressive deterioration of more than 20 % for Egfr or creatinine.

15 - 29 ml / min / 1.73 Sqm - Consistent with severe chronic kidney disease . Consider nephrology referral

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BLOOD GROUP

TEST	RESULT
Blood Group	'B'
Rh Factor	Positive

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BLOOD SUGAR REPORT

TEST	RESULT	UNITS	NORMAL VALUES
BLOOD SUGAR FASTING	88.7	mg/dL	Normal: 70-110 mg/dL Impaired Fasting Glucose(IFG): 110 -125 Diabetes mellitus: >= 126 (on more than one occasion)
BLOOD SUGAR (Post prandial)	93.5	mg/dl	Normal: 70-140 mg/dL Impaired Tolerance: 140-199 Diabetes mellitus: >= 200 (on more than one occasion)

Method: GOD - POD Enzymatic on Erba EM 200 Random access analyser

Comment:

Blood suagr values are known to be affected by several factors like food, stress and medication. So all discrepant results should be confirmed with repeat sample collection.

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Collected At : VASAI NALASOPARA MAIN BRANCH

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COMPLETE BLOOD COUNT

TEST	RESULT	UNITS	NORMAL VALUES
Haemoglobin	12.9	gm %	Female : 11.5 - 14.5 gm%
Erythrocytes (Total RBCs)	5.25	mill. / cmm	Female : 3.8 - 5.2 mill. / cmm
PCV	42	%	Female : 32 - 47 %
MCV	80.10	fl	80- 96 fl
MCH	24.50	pg	27 - 32 pg
MCHC	30.60	gm%	32 - 37 gm%
RDW	15.7	%	12 - 14.5
<u>TOTAL WBC COUNT</u>			
TOTAL WBC COUNT	6210	/ cumm	4,000 - 11,000
<u>DIFFERENTIAL COUNT</u>			
Neutrophils	60	%	40 - 75
Lymphocytes	35	%	20 - 40
Eosinophils	03	%	0 - 6
Monocytes	02	%	2 - 8
Platelet count	255000	Lacs/cmm	150000-450000
<u>PERIPHERAL SMEAR</u>			
RBC Morphology	Normocytic Normochromic		
WBC Morphology	Normal		
Platelets Morphology	Adequate		
ESR (westergren's method)	20	mm/hr	Male: 0 - 10 mm Female: 0 - 20 mm

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GLYCOSYLATED HAEMOGLOBIN (HbA1c)

TEST	RESULT	UNITS	NORMAL VALUES
HBA1C	5.4	%	4 - 5.7 %
ESTIMATED AVERAGE GLUCOSE	108.28		
METHOD : NEPHELOMETRY			

DIAGNOSTIC CRITERIA FOR DIABETES:

Normal: Less than 5.7%
 Impaired glucose tolerance: 5.8% to 6.4%
 Diabetes: 6.5% or more

CONTROL CRITERIA IN DIABETICS:

Optimal control: 7.0% or less
 Fair control: 7.0% to 8.0%
 Poor control: More than 8.0%

Comment :

HbA1c values should not used in diagnosis of Diabetes Mellitus and are marker of glycaemic control in known cases of Diabetes Mellitus.

----- End of Report -----

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LIPID PROFILE

TEST	RESULT	UNITS	NORMAL VALUES
SR. CHOLESTEROL	162	mg / dl	Desirable: < 200 mg/dl Borderline High: 200-239 mg/dl High: >= 240 mg/dl
SR. TRIGLYCERIDES	66.6	mg / dl	Normal: < 150 mg/dl Borderline High: 150-199 mg/dl High: 200-499 mg/dl Very High: >= 500 mg/dl
HDL CHOLESTEROL	43.5	mg / dl	35.3 - 79.5 mg / dl
VLDL	13.32	mg / dl	6 - 38 mg / dl
LDL CHOLESTEROL	105.18	mg / dl	Optimal: < 100 mg/dl Near Optimal: 100-129 mg/dl Borderline high: 130-159 mg/dl High: 160-189 mg/dl Very High: >= 190 mg/dl
CHOLESTEROL / HDL	3.72		< 5
LDL / HDL	2.42		< 3.5

NOTE: Reference Interval as per National Cholesterol Education Program (NCEP) Adult Treatment Panel III Report.
 Lower HDL values are associated with increased risk of atherosclerosis. Cholesterol/HDL Ratio below 5.1 is statistically associated with decreased incidence of heart disease.

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LIVER FUNCTION TEST

TEST	RESULT	UNITS	NORMAL VALUES
Bilirubin Total	0.67	mg / dl	0 - 1.0 mg / dl
Bilirubin Direct	0.36	mg / dl	0 - 0.4 mg / dl
Bilirubin Indirect	0.31	mg/dl	UPTO 0.8 mg / dl
S.G.P.T.	18.90	U / L	Up to 45 U / L
S.G.O.T.	17.30	U / L	Up to 46 U / L
Alkaline Phosphatase	80.00	U/l	4 - 15 Years: 54 - 369 U/l 20 - 59 Years: 42 - 98 U/l > 60 Years: 53 - 141 U/l
Total Proteins	6.71	gm / dl	6.4 - 8.3 gm / dl
Albumin	3.63	gm / dl	3.5 - 5.2 gm / dl
Globulin	3.08	mg/dl	2 - 3.5 mg / dl
A / G Ratio	1.18		1.0- 2.3
GGT	25.1	IU/L	55 IU/L

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DR. BHAVINI KAMDAR
MD (PATH) MUM

- BORIVALI CENTRE** 1ST FLR., YOGI AVENUE, YOGI NAGAR, BORIVALI (W), MUMBAI - 400092. • TEL.: 2899 6565 / 2899 1376 • MOB.: 90222 39301
- KANDIVALI CENTRE** MAHAVIR SURYADARSHAN SOC., SATYANAGAR RD., MAHAVIR NAGAR, KANDIVALI (W), MUMBAI - 67. • TEL.: 2868 0090 / 6522 6565 / 2869 7808 • MOB.: 90220 54458
- KANDIVALI CENTRE** SHOP NO. 44/49, EMP 71, EVERSHINE MILLENNIUM PARADISE, THAKUR VILLAGE, 120 FEET ROAD, KANDIVALI (E) MUMBAI - 400101. • TE.: 2885 7171 / 89288 41541
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- GOREGAON CENTRE** M.G. ROAD, NEAR JAIN MANDIR, GOREGAON (W), MUMBAI - 400062. • Tel.: 2873 3030 / 2873 3131 • MOB.: 93213 83806

Website : www.healthcarediag.com • E-mail : healthcare.medicals@gmail.com
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• COMPU. PATHOLOGY • ALLERGY TESTING
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 • E.C.G. • LUNG FUNCTION TEST
 • MAMMOGRAPHY & BONE MINERAL DENSITOMETRY

• COMPUTERISED STRESS TEST
 • DENTAL
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 • PHYSIOTHERAPY
 • AUDIOMETRY & SPEECH THERAPY
 • FULL BODY HEALTH CHECK-UPS
 • CORPORATE HEALTH CHECKUPS



HEALTHCARE

MEDICAL CENTRE & DIAGNOSTICS

Patient's Name : MRS MELODENE DSOUZA
Referred By Dr : MEDIWHEEL
Sex : FEMALE Age : 40 Years
Collected At : VASAI NALASOPARA MAIN BRANCH

Lab No. : LEB6025 *LEB6025*
Reg. Date : 18-May-2024 9:29 am
Report Date : 18-May-2024 7:14 pm
Print Date : 20-May-2024 6:56 pm

T3 T4 TSH

TEST	RESULT	UNITS	NORMAL VALUES
T3 [Tri - iodothyronine]	116.16	ng/dl	91.14 - 237.61 ng/dl HYPOTHYROID : Less than 35 ng/dl HYPERTHYROID : Above 193 ng/dl
T4 [Thyroxine]	6.055	ug/dl	4.71 - 13.20 ug/dl µg/dl HYPOTHYROID : Less than 4.87 µg/dl HYPERTHYORID : Above 11.72 µg/dl
TSH [Thyroid Stimulating Hormone]	3.461	uIU/mL	0.3 - 4.3 uIU/ml Hypothyroid > 15.0 Hyperthyroid : < 0.35 First Trimester : 0.1 - 2.5 Second Trimester : 0.2 - 3.0 Third Trimester : 0.3 - 3.0

METHOD: CLIA

Interpretation :

1. TSH results between 4.5 to 15 show considerable physiologic & seasonal variation, suggest clinical correlation or repeat testing with fresh sample.
2. TSH values may be transiently altered because of non thyroidal illness like severe infections, liver disease, renal and heart failure , severe burns , trauma and surgery etc.
3. Drugs that decrease TSH values e.g:L dropa, Glucocorticoid Drugs that increase TSH values e.g Iodine,Lithium,Amiodarone.
- 4.Total T3 & T4 Values may also be altered in other conditions due to changes in serum proteins or binding sites Pregnancy. Drugs (Androgens,Estrogens. O C Pills,Phenytoin). Nephrosis etc. In such cases Free T3 and Free T4 give corrected values.

----- End of Report -----

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JAY

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HEALTHCARE

MEDICAL CENTRE & DIAGNOSTICS

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URINE ROUTINE & MICROSCOPY

TEST	RESULT
<u>PHYSICAL EXAMINATION</u>	
Quantity	15 ml
Colour	Pale yellow
Appearance	clear
Deposit	Absent
pH	Acidic (5.0)
Specific Gravity	1.010
<u>CHEMICAL EXAMINATION</u>	
Proteins	Absent
Sugar	Absent
Ketone	Absent
Occult Blood	Absent
Bile Pigment	Absent
Bile Salts	Absent
Urobilinogen	Normal
<u>MICROSCOPIC EXAMINATION OF CENTRIFUGED DEPOSIT</u>	
Red Blood Cells	Absent
Pus Cells	Occasional /hpf
Epithelial Cells	Occasional /hpf
Casts	Not seen
Crystals	Not seen /hpf
Yeast	Not seen
Bacteria	Absent

----- End of Report -----

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VITAMIN B12

TEST	RESULT	UNITS	NORMAL VALUES
S. VITAMIN B - 12	480.616	pg / ml	206 - 765 pg/ml
Method	CLIA		

Interpretation :

- Vit B12 levels are decreased in megaloblastic anemia, partial/total gastrectomy, pernicious anemia, peripheral neuropathies, chronic alcoholism, senile dementia, and treated epilepsy.
- Holo Transcobalamin II levels are a more accurate marker of active VitB12 component.

----- End of Report -----

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HEALTHCARE

MEDICAL CENTRE & DIAGNOSTICS

DATE: 18-5-24

TO, Mediwheel

This is regarding your client Miss/Mrs./Mr. Melodene

Dsouza Proposal number

Visited to our centre on 18-5-24 for her/his proposed tests.

All tests are done as scheduled except

Pending/skipped tests: Pap Smear

Reason: Client will do later

We are canceling / will reschedule it as per her/his convenience.

Thank you.

M. J. J.

Client's sign

**HEALTHCARE MEDICAL CENTRE AND
DIAGNOSTICS**

SHOP NO.4, JAY VIJAY GREEN CHS.

VIRAR LINK ROAD,

NALLASOPARA (E), PIN - 401209.

MOBILE - 8591922640 / 8591601677

Medical Examiner

HEALTHCARE MEDICAL CENTRE AND DIAGNOSTICS

VASAI NALASOPARA

MRS MELODENE DSOUZA

ID : 263

DATE : 18-05-2024

AGE/SEX : 40 / M

HT/WT : 157 / 68

REF. BY : MEDIMWHEEL

TREADMILL TEST REPORT

PROTOCOL : Bruce

HISTORY : NIL

INDICATION : NIL

MEDICATION : NIL

PHASE	TOTAL TIME	STAGE TIME	SPEED Km/Hr	GRADE %	H.R. bpm	B.P. mmHg	RPP x100	ST LEVEL (MM)			METTS
								II	V1	V5	
SUPINE					78	110 / 70	85	0.7	0.1	0.7	
STANDING					78	110 / 70	85	0.8	0.1	0.8	
HYPERVENT		0:6			78	110 / 70	85	0.8	0.1	0.6	
Stage 1	2:55	2:55	2.7	10	111	110 / 70	122	-0.1	0.5	-0.1	4.67
Stage 2	5:55	2:55	4	12	136	120 / 80	163	-0.8	0.6	0	7.04
PK-EXERCISE	7:24	1:24	5.4	14	159	130 / 80	206	-0.9	0.7	-0.5	8.45
RECOVERY	7:31	1:31	1.2	14	160	130 / 80	208	-1	0.5	-0.2	8.57
RECOVERY	9:5	1:33			98	130 / 80	127	0.6	0.4	1.2	
RECOVERY	10:27	2:55			94	120 / 80	112	-0.1	0.2	0.3	
RECOVERY	11:3	3:31			81	110 / 70	89	-0.2	0.1	0.1	

RESULTS

EXERCISE DURATION : 7:31

MAX HEART RATE : 160 bpm

MAX BLOOD PRESSURE : 130 / 80 mm Hg

REASON OF TERMINATION : Achieved THR,

BP RESPONSE : Normal,

ARRYTHMIA : None,

H.R. RESPONSE : Normal Chronotropic Response,

IMPRESSIONS :

GOOD EFFORT TOLERANCE
 NORMAL HR, BP RESPONSE
 NO ANGINA, NO ARRYTHMIA
 NO SIGNIFICANT ST CHANGES WERE SEEN DURING STRESS TEST AS COMPARED TO BASELINE ECG
 STRESS TEST NEGATIVE FOR INDUCIBLE ISCHEMIA

MAX WORK LOAD

: 8.57 METTS

HEALTHCARE MEDICAL CENTRE AND DIAGNOSTICS

SHOP NO. 4, JAY VIJAY GREEN CHS.,

VIPAR LINK ROAD,

NALLASOPARA (E), PIN - 401209.

MOBILE - 8591922640 / 8591601677

Dr. NUPUR RAI

MBBS, DIPLOMA CARDIOLOGY (PGDC)

Req. No.: 2018115643

Technician :

HEALTHCARE MEDICAL CENTRE AND DIAGNOSTICS

MRS MELODENE DSOUZA
I. D. 263
Age 40/M
Date 18-05-2024

RATE 78bpm
B.P. 110/70

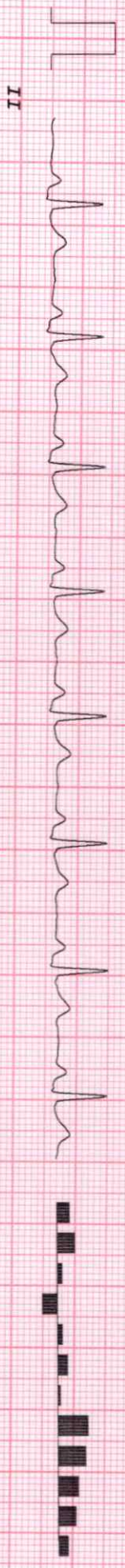
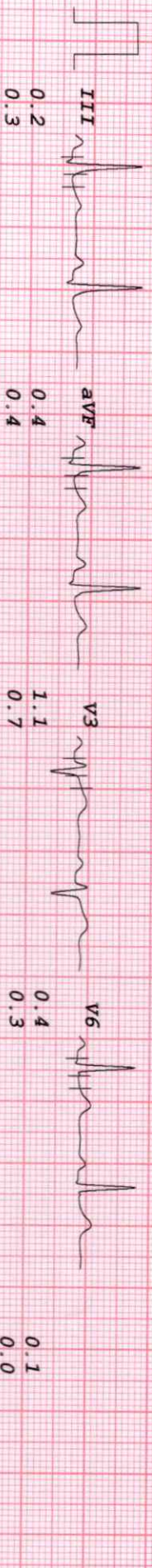
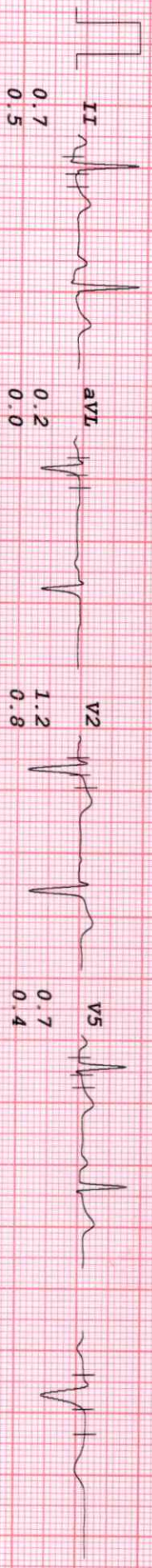
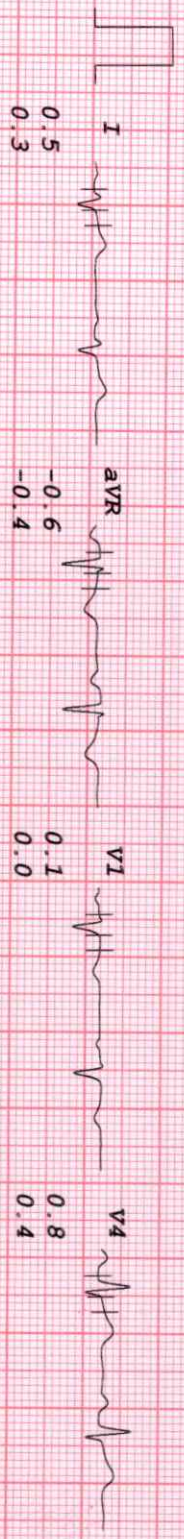
PRETEST
SUPINE

ST @ 10mm/mV
80ms PostJ

LINKED MEDIAN

Mag. X 2

V1



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HEALTHCARE MEDICAL CENTRE AND DIAGNOSTICS

MRS MELODENE DSOUZA
 I.D. 263
 Age 40/M
 Date 18-05-2024

RATE 78bpm
 B.P. 110/70

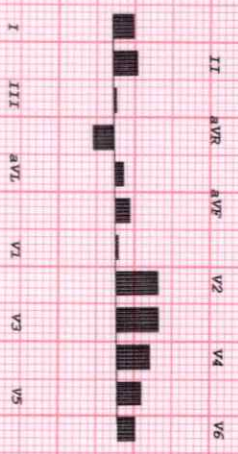
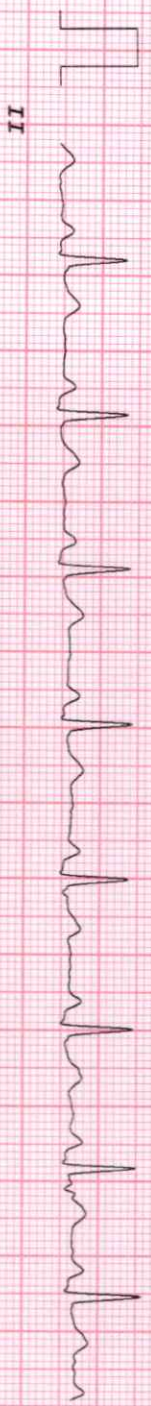
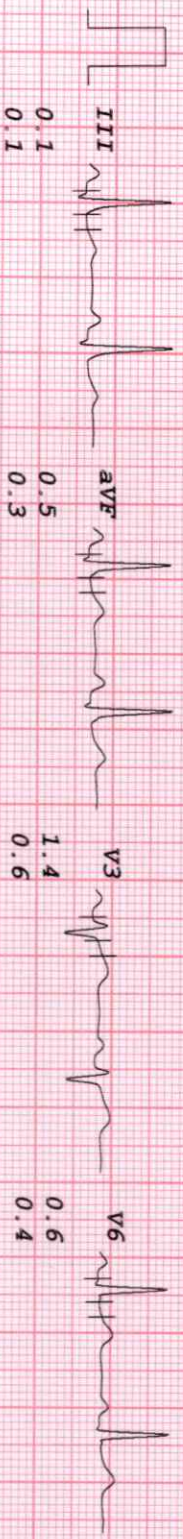
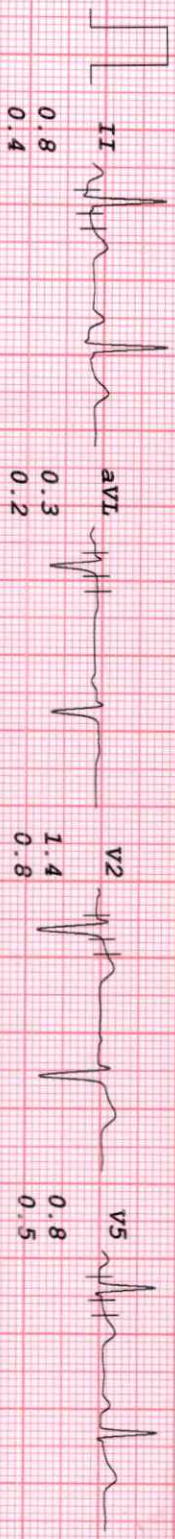
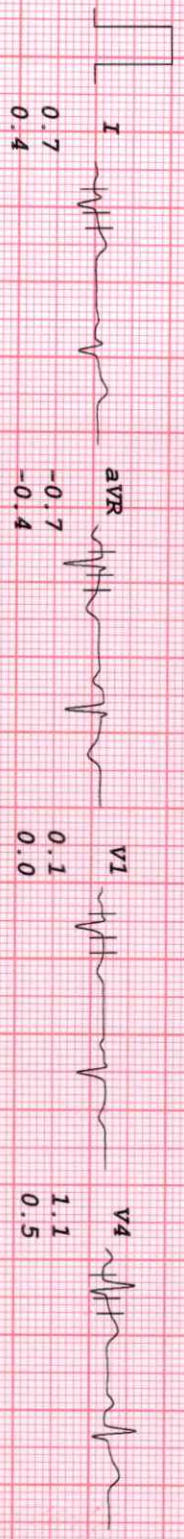
PRETEST
 STANDING

ST @ 10mm/mV
 80ms PostJ

LINKED MEDIAN

Mag. X 2

III



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HEALTHCARE MEDICAL CENTRE AND DIAGNOSTICS

MRS MELODENE DSOUZA
 I. D. 263
 Age 40/M
 Date 18-05-2024

RATE 78bpm
 B.P. 110/70

PRETEST
 HYPERVENT

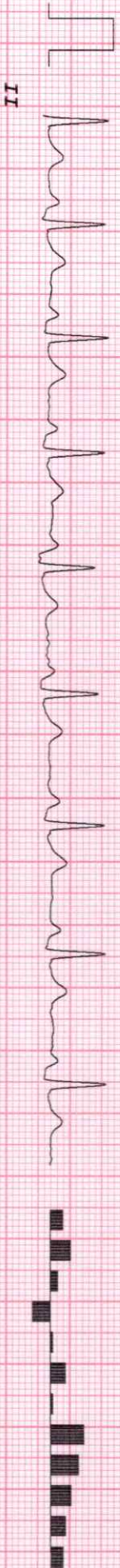
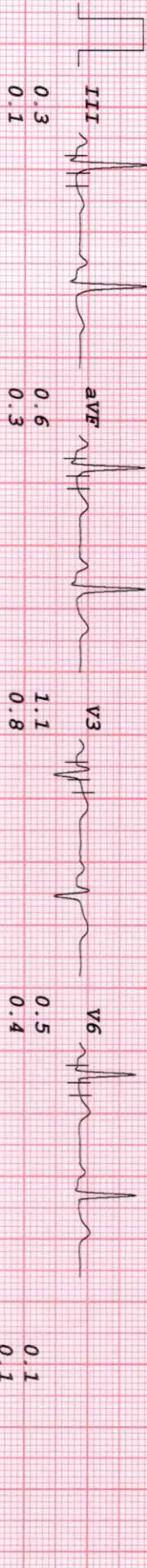
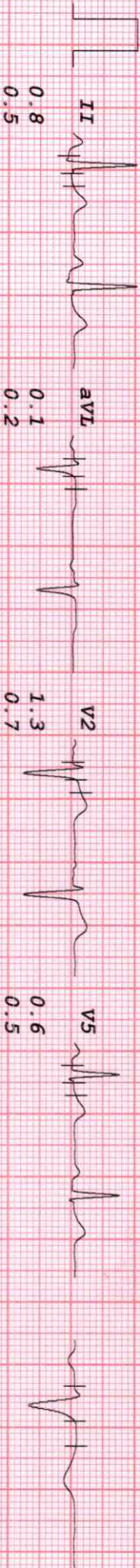
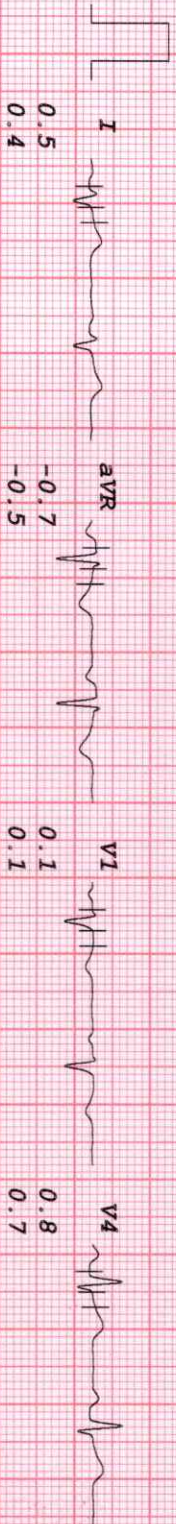
PHASE TIME 0:06

ST @ 10mm/mv
 80ms PostJ

LINKED MEDIAN

Mag. X 2

V1



[Handwritten signature]

HEALTHCARE MEDICAL CENTRE AND DIAGNOSTICS

MRS MELODENE DSOUZA
 I.D. 263
 Age 40/M
 Date 18-05-2024

RATE 111bpm
 B.P. 110/70

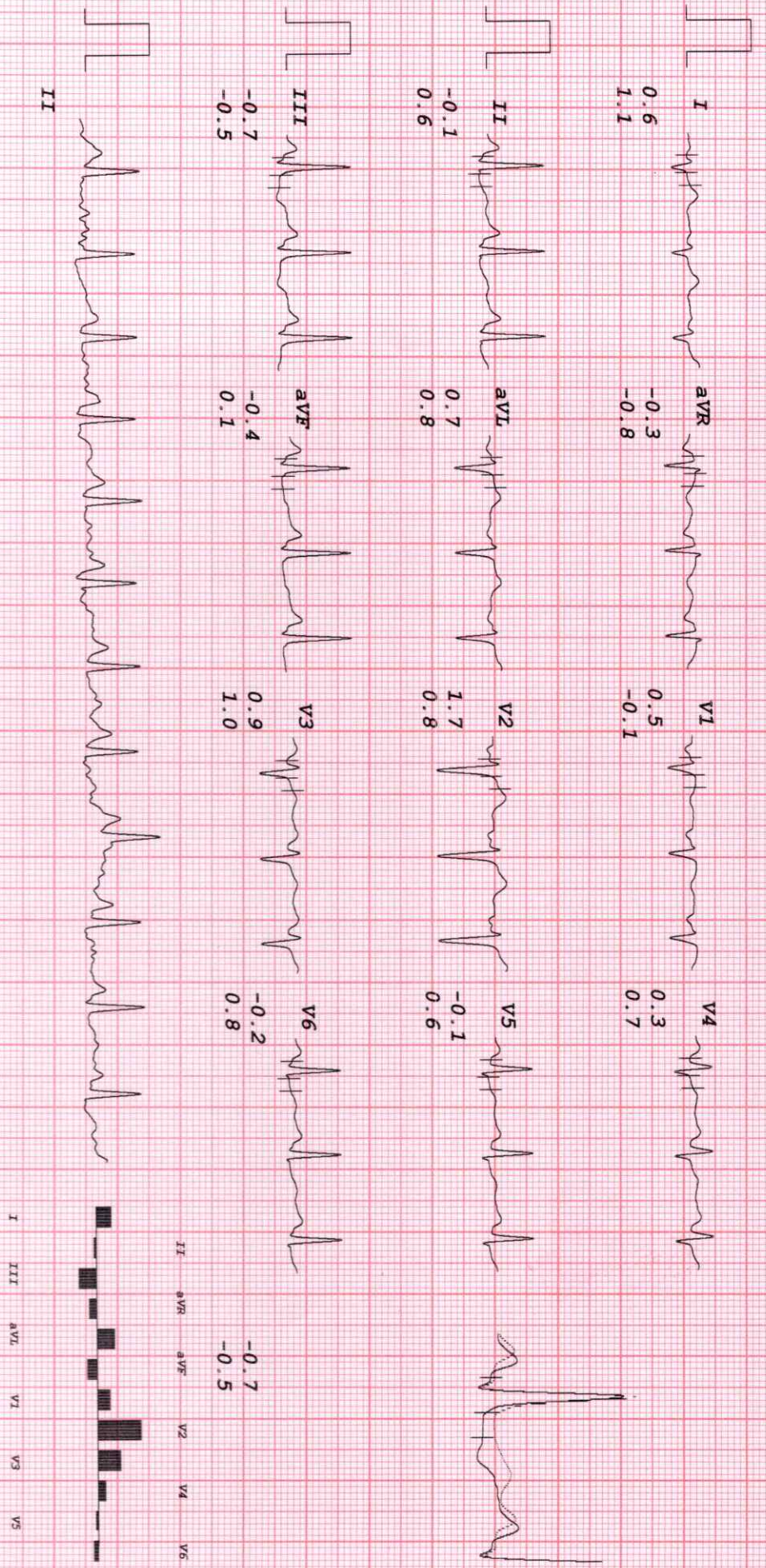
Bruce
 Stage 1
 TOTAL TIME 2:55
 PHASE TIME 2:55

ST @ 10mm/mV
 80ms PostJ
 Speed 2.7 km/hr
 SLOPE 10 %

LINKED MEDIAN

Mag. X 2

III



Dr. Prasad

HEALTHCARE MEDICAL CENTRE AND DIAGNOSTICS

MRS MELODENE DSOUZA
 I.D. 263
 Age 40/M
 Date 18-05-2024

RATE 136bpm
 B.P. 120/80

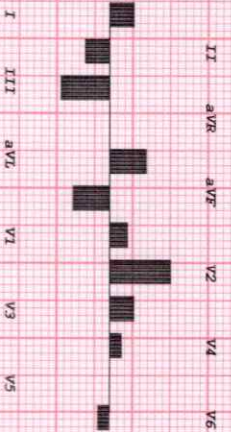
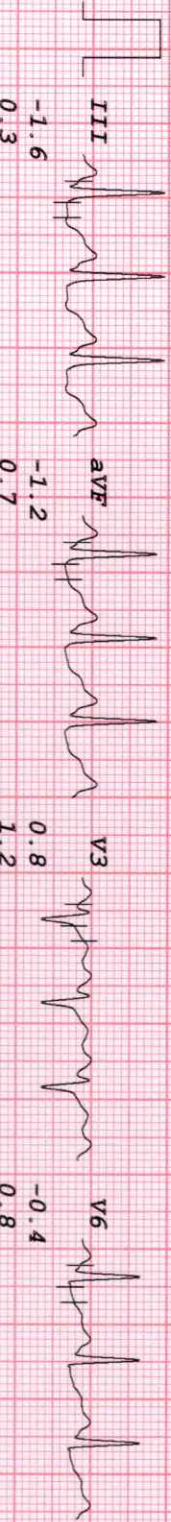
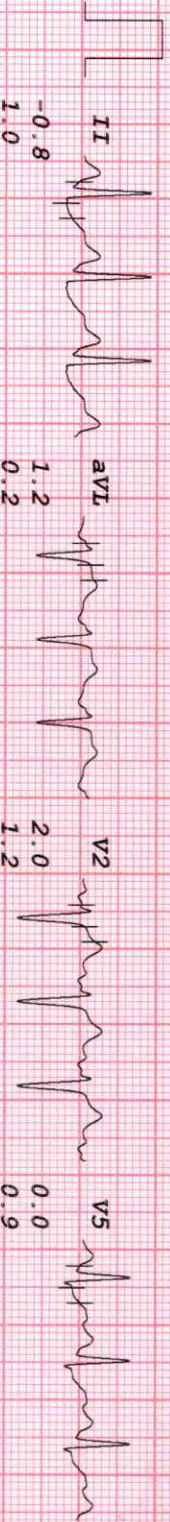
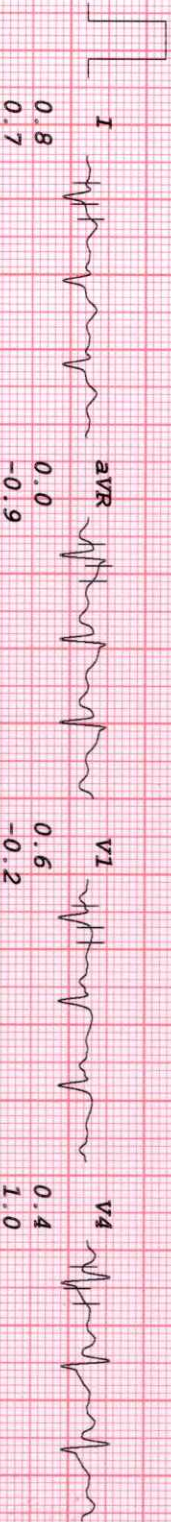
Bruce
 Stage 2
 TOTAL TIME 5:55
 PHASE TIME 2:55

ST @ 10mm/mV
 80ms Post J
 Speed 4 km/hr
 SLOPE 12 %

LINKED MEDIAN

Mag. X 2

III



Melodene

HEALTHCARE MEDICAL CENTRE AND DIAGNOSTICS

MRS MELODENE DSOUZA
 I.D. 263
 Age 40/M
 Date 18-05-2024

RATE 157bpm
 B.P. 130/80

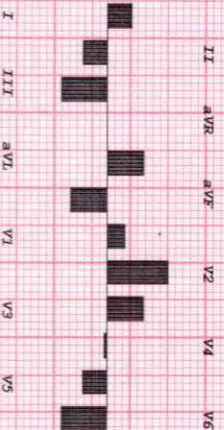
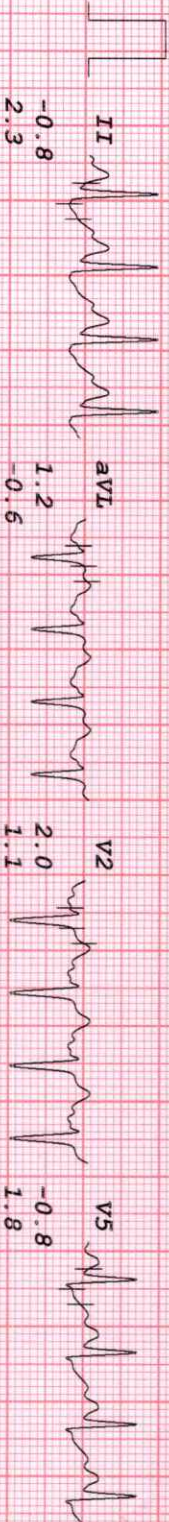
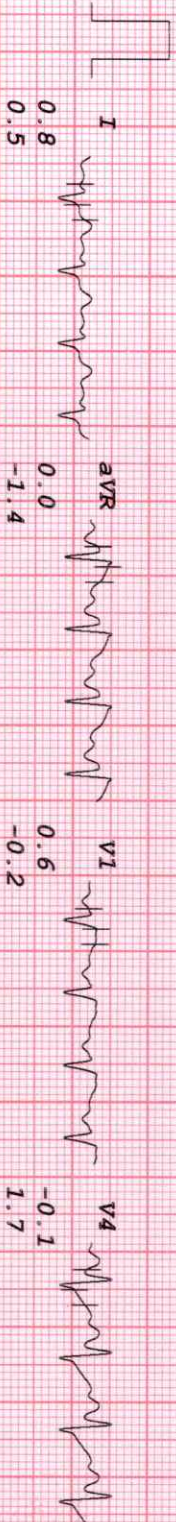
BrUCE
 Stage 3
 TOTAL TIME 7:10
 PHASE TIME 1:10

ST @ 10mm/mV
 80ms PostJ
 Speed 5.4 km/hr
 SLOPE 14 %

LINKED MEDIAN

Mag. X 2

III



M. Dsouza

HEALTHCARE MEDICAL CENTRE AND DIAGNOSTICS

MRS MELODENE DSOUZA
 I.D. 263
 Age 40/M
 Date 18-05-2024

RATE 159bpm
 B.P. 130/80

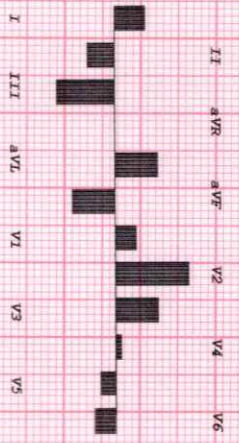
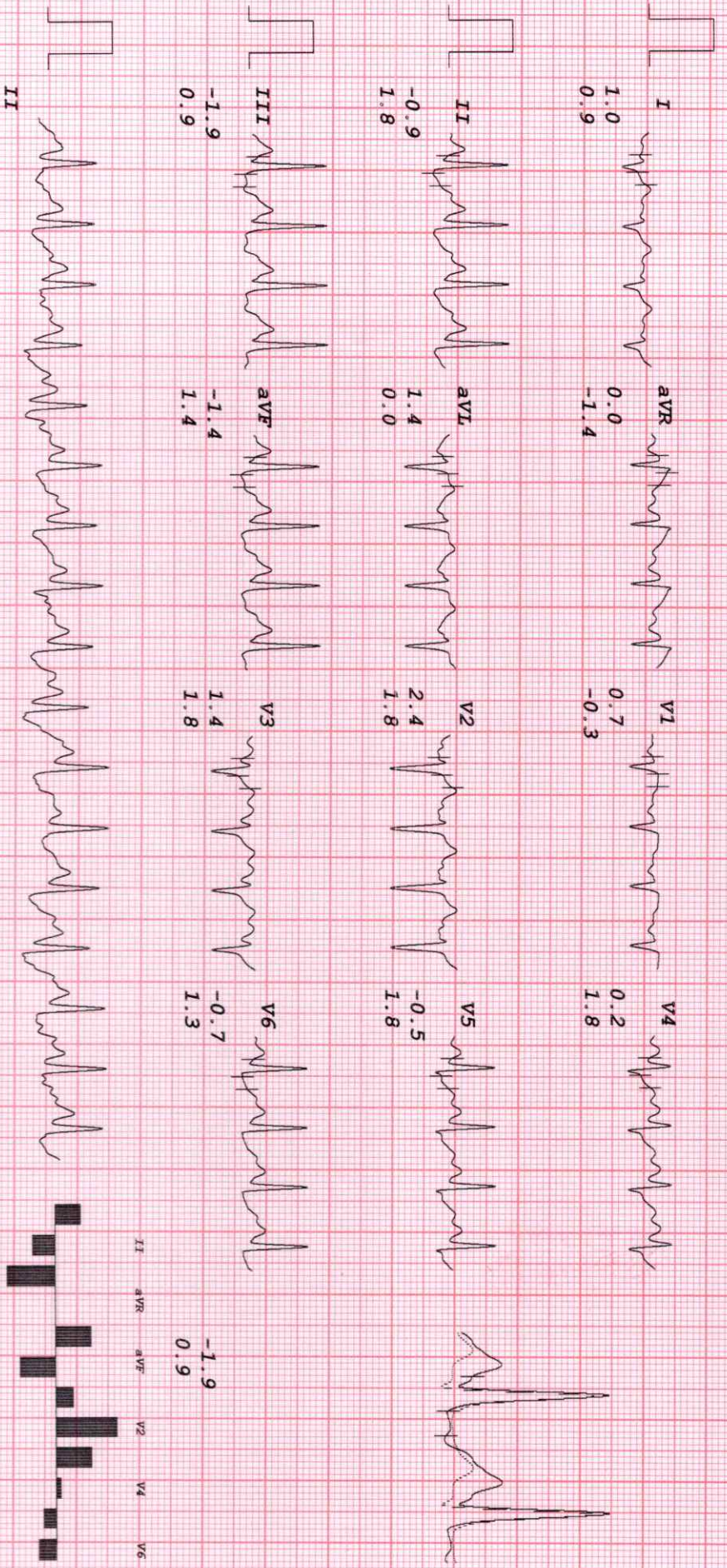
BRICE
 PR-EXERCISE
 TOTAL TIME 7:24
 PHASE TIME 1:24

ST @ 10mm/mV
 80ms PostJ
 Speed 5.4 km/hr
 SLOPE 14 %

LINKED MEDIAN

Mag. X 2

III



Signature

HEALTHCARE MEDICAL CENTRE AND DIAGNOSTICS

MRS MELODENE DSOUZA
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Rate 98bpm
 B.P. 130/80

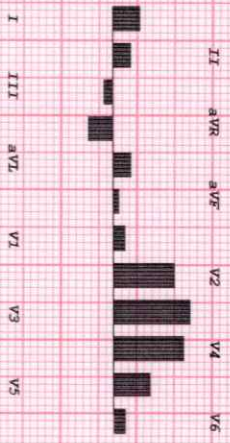
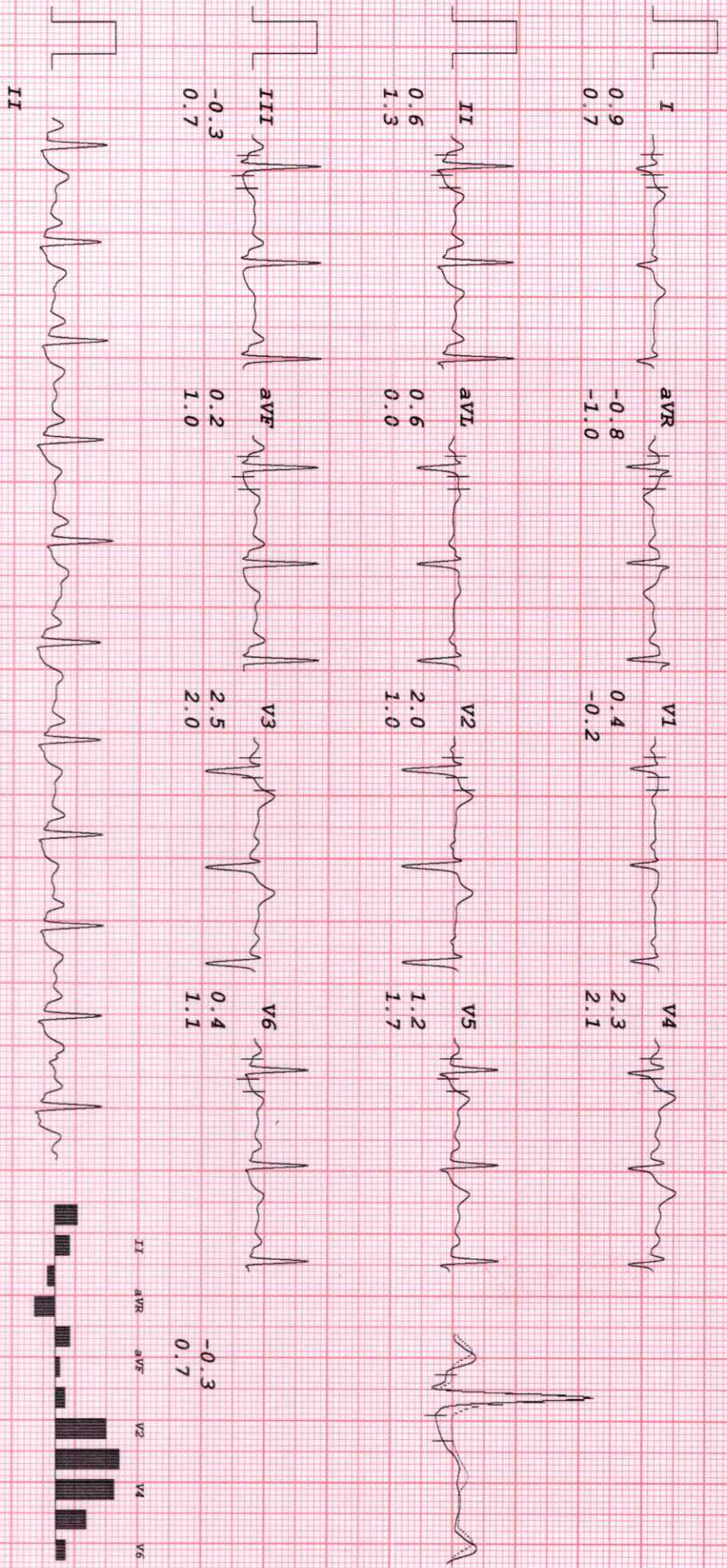
Bruce
 RECOVERY
 TOTAL TIME 9:05
 PHASE TIME 1:33

ST @ 10mm/mV
 80ms PostJ

LINKED MEDIAN

Mag. X 2

III



Signature

HEALTHCARE MEDICAL CENTRE AND DIAGNOSTICS

MRS MELODENE DSOUZA
 I.D. 263
 Age 40/M
 Date 18-05-2024

RATE 94bpm
 B.P. 120/80

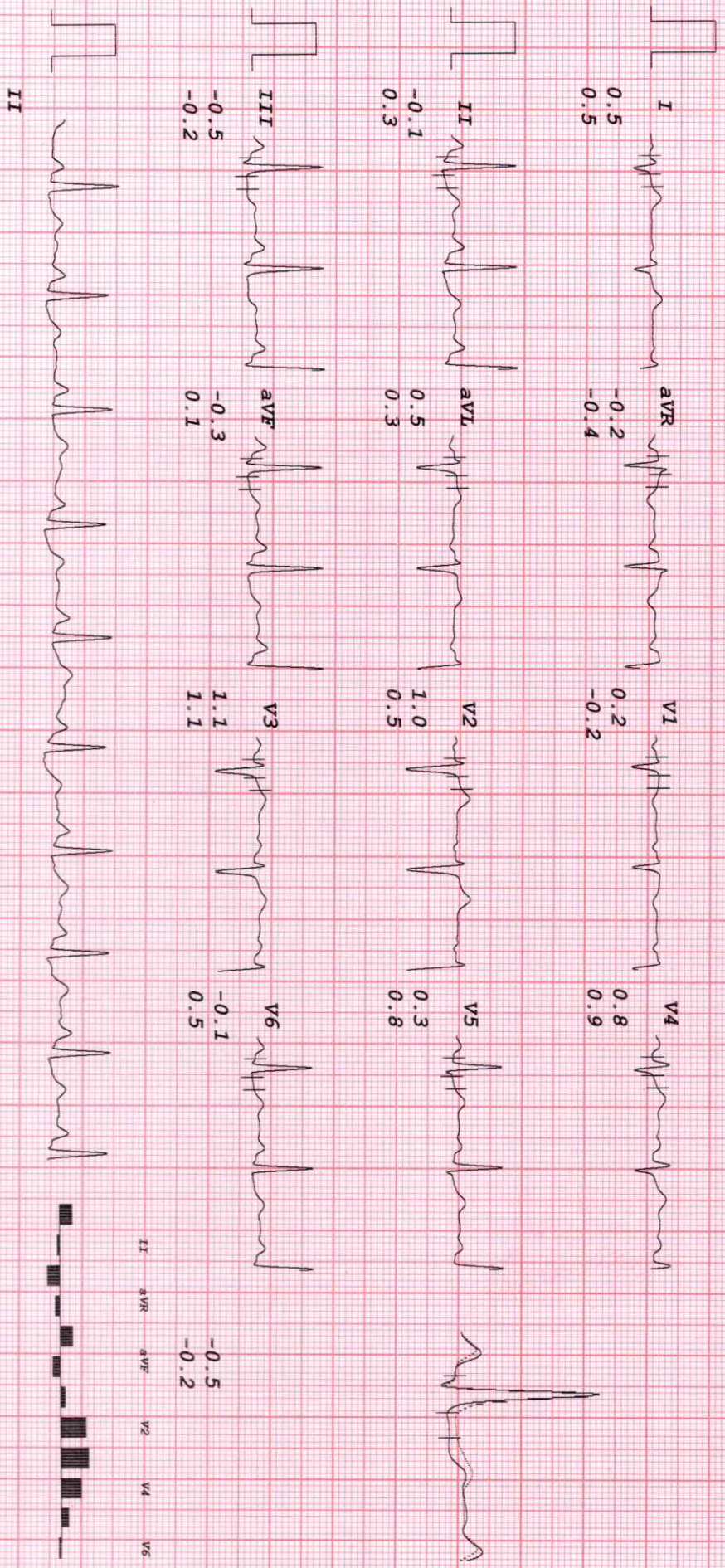
Bruce
 RECOVERY
 TOTAL TIME 10:27
 PHASE TIME 2:55

ST @ 10mm/mV
 80ms PostJ

LINKED MEDIAN

MAG. X 2

III



Handwritten signature

HEALTHCARE MEDICAL CENTRE AND DIAGNOSTICS

MRS MELODENE DSOUZA
 I.D. 263
 Age 40/M
 Date 18-05-2024

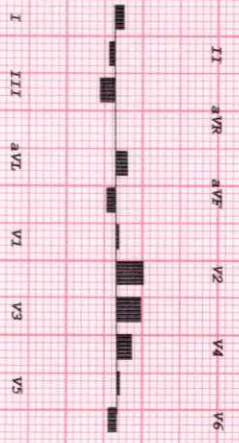
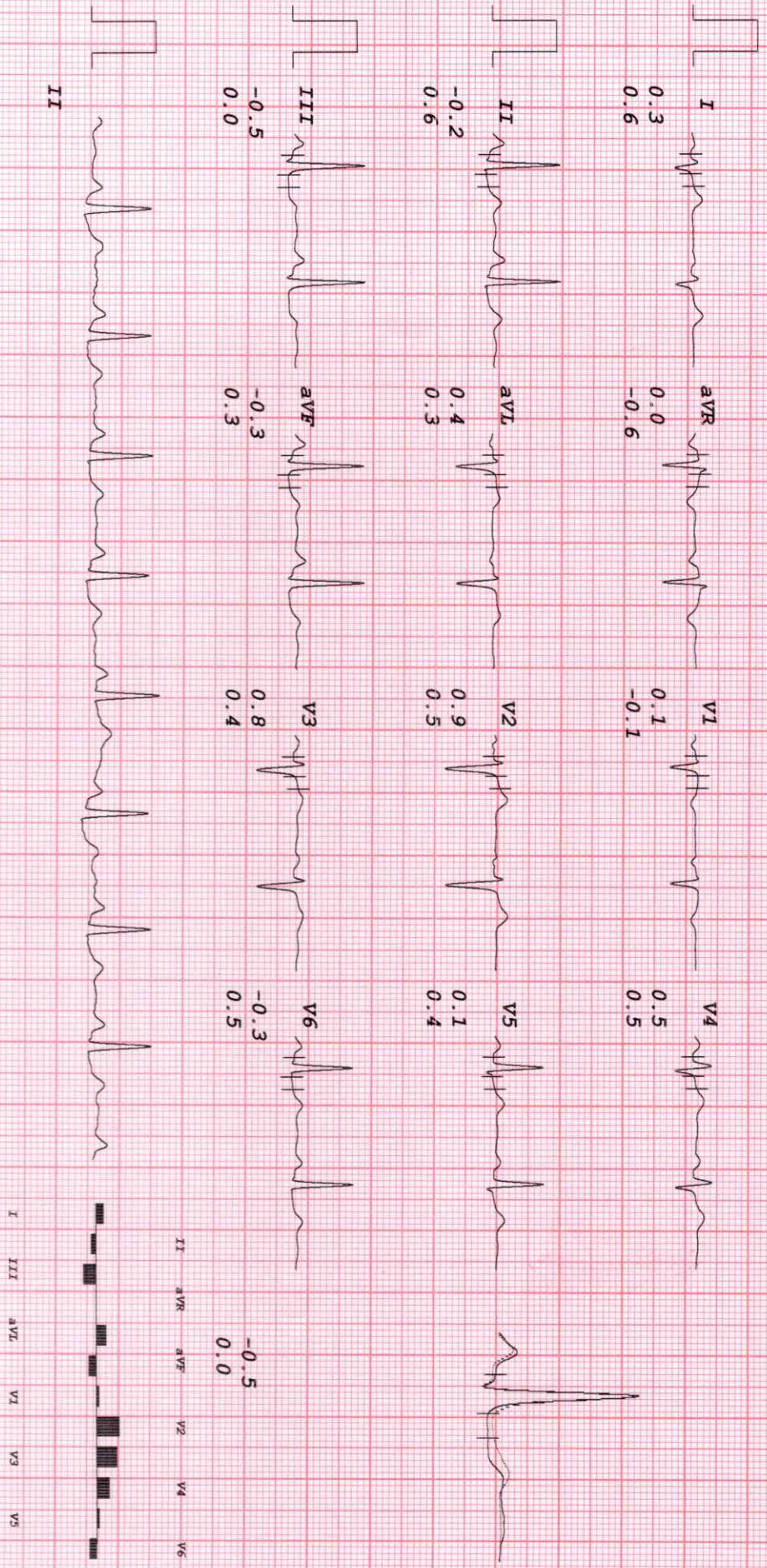
Brice
 RECOVERY
 RATE 81bpm
 B.P. 110/70
 TOTAL TIME 11:03
 PHASE TIME 3:31

ST @ 10mm/mV
 80ms PostJ

LINKED MEDIAN

Mag. X 2

III



[Handwritten Signature]