Annexure-2

Self-Health Declaration

(Please √ Mark Where Applicable)

PASTE YOUR RECENT PASSPORT SIZE PHOTOGRAPH

1	PERSON/	AL DETAILS:		
	Name:	First Name	Middle Name	Surname TIBREWAL
	Address:	1802, LAK	ESHORE HEIGHTS (IA), NEW MHADA
	City:		Pin: 4000 72	
	,		Date: 03 10 1991 Religion:	HINDU
		(dd	/mm/yyyy)	
	Post appli	ed for: SSOCIA	Marital Status: Married / Unma	rried Gender: M / F
2	PREVIOU:	S EMPLOYMENT: Yes		
	» CAG	Name	Nature of work	Duration
	i) Chr	ERVICE (NCIAL "INVESTMENT	9 MONIHS
	iii)		BANKING	
	of	FAMILY DOCTOR:	7	
	Address	:	ė	
5	iii) Alcoh iv) Any o	king cco chewing ther HISTORY:	If yes specify with disability %	
		DNAL HISTORY:	capable of full work	Yes No
			n job related disease or injury?	
	Have y	ou ever been dischar	ged or rejected on medical grounds?	

Types of Previous Occupation (Pl. describe in brief about company, nature of work, duration in years) TNUESTBRENT BANKING, 9 MONTHS.	
iii) Have you ever suffered from any of the following (Answer Yes or No. if yes, give details) Y N Y N	
Hypertension Hepatitis-B	
Diabetes	
Heart disease Stroke	
Kidney diseases Bronchitis	
Tuberculosis Any allergy	
Chronic lung disease (e.g. Pleurisy Pneumonia etc.) Any chronic ear or hearing problem (e.g. sinusitis, rhinitis otitis etc.)	
Epilepsy, Fits, Fainting or Mental disorder of any kind	
Dizziness Any major operation or injury Any other illness	
Details of the above if "Yes") ACL fear. operated in decenn 2013. Folly well now	bes
2015. fully well mow	
(For female candidates only)	
Are you pregnant at present? Y N Date of L.M.P.	
y) Immunization: Yes No	
Tetanus Toxoid	
Hepatitis B	
Others Could Rasses].	

6 FAMILY HISTORY:

Has anyone of your parents suffered from any of the following: Yes / No

(If yes, Please √ Mark Where Applicable)

	Father	Mother
Hypertension	N	N
Heart Disease	N	12
Cancer	N	N
Diabetes	12	6
Tuberculosis	2	N
Epilepsy	12	2
Any other Disease	N	N

	IF LIV	ING	IF DEAD		
	AGE	HEALTH (Good, Bad, Fair)	AGE AT DEATH	CAUSE OF DEATH	
Father	57	Fair			
Mother	50	Fair			
Spouse	30	hood			
Children-1	4	Good			
Children -2					

7 I declare that the above statements are true and complete to the best of my knowledge and belief. In case this information is found to be false by the company, then the company reserves the right to terminate my services without giving any notice. I agree that the results of this medical examination in general terms may be revealed to the company if required. I also fully understand that in case I am declared medically unfit due to any reason, I shall not be entitled for the employment in the company. However, the decision taken by recruitment committee about my medical fitness will be final and binding to me.

Date: 22/06/2024

(Signature of Candidate)

MER- MEDICAL EXAMINATION REPORT

Date of Examination	
NAME	RAHUL TIBREWAL
AGE	32 Gender
HEIGHT(cm) 18-2	WEIGHT (kg) 113
B.P.	110 170
ECG	7-6
X Ray	NAD
Vision Checkup	Color Vision: N Far Vision Ratio: 619-N 616-Lt CRY Near Vision Ratio: 145
Present Ailments	HTN on LSM
Details of Past ailments (If Any)	NÚ
Comments / Advice : He is Physically Fit	

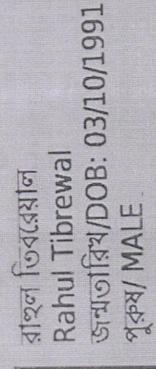
Signature with Stamp of Medical Examiner
PARAGA PARAGA Gaza Catral Gardens, CCA C. IN WIEDICARE CENTRE

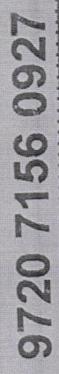
CERTIFICATE OF MEDICAL FITNESS

This is to certify that I have conducted the clinical examination		
of Rahul P on 2218/24		
After reviewing the medical history and on clinical examination it has been found that he/she is		
	Tick	
Medically Fit		
• Fit with restrictions/recommendations		
Though following restrictions have been revealed, in my opinion, these are not impediments to the job.		
1		
2		
3		
However the employee should follow the advice/medication that has been communicated to him/her.		
Review after		
Currently Unfit.		
Review afterrecommended		
• Unfit		
Dr		
Dr. PARAG A. PRADHAN This certificate is not meant for medico-legal purposes MBBS Approved By DG Shipping (GOI)		
Pog. No. (17720) 61204 1, 24403-504, Gete day Plaza, Control		
n venue Fland, Hiranandani Clarusi s. Flewal, Mundici-schille SLA BIRD MEDICARE CENTRE		

भारत सरकार

GOVERNMENT OF INDIA





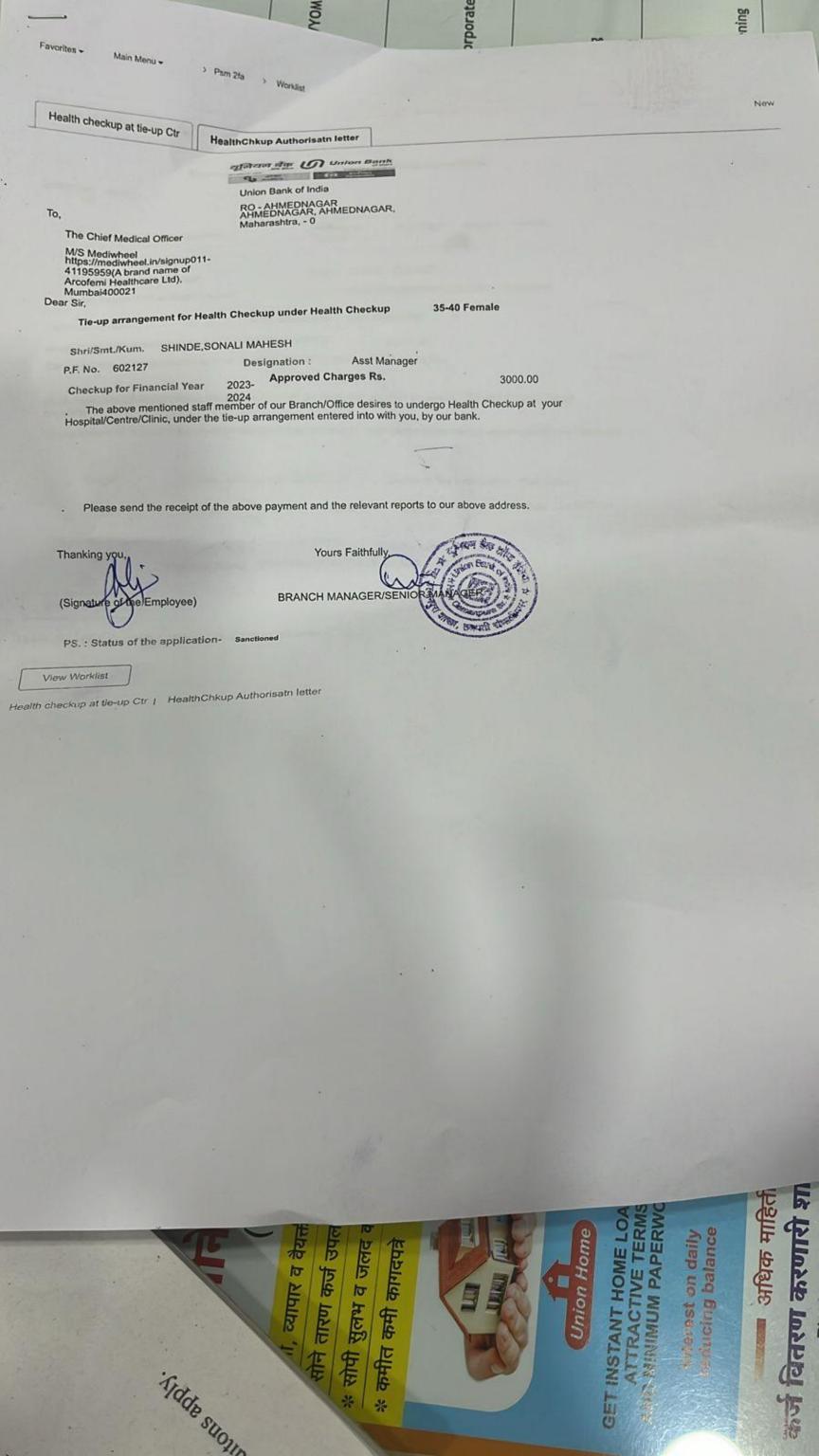
- आम आदमी का अधिकार

















PID NO. : CFA1009

Name : RAHUL TIBREWAL

Sex / Age: Male / 32 Years

Ref By

: APOLLO HEALTH AND LIFESTYLE

LIMITED

Reference:

Sample Collected At:

Sea Bird Medicare

105-107 Gateway Plaza, Central Avenue, Hiranandani

Gardens, Powai, Mumbai-400076

Processing Location: - Sea Bird Medicare

105-107 Gateway Plaza, Central Avenue, Hiranandani

Gardens, Powai, Mumbai-400076

Reg. Date

22-Jun-2024 /11:53 am

Coll Date

22-Jun-2024 /11:58 am

Report Date

23-Jun-2024 / 3:13 pm

REPORT

BIOCHEMISTRY

Test	Result	Units	BIOLOGICAL REFERENCE INTERVAL
Serum S.G.P.T. (Serum,Method-IFCC without/with PDP)	106.13	U/L	0 - 41
Bilirubin (Total) (Serum ,Method-Diazo- End point)	0.91	mg/dl	0.0 - 1.20
Bilirubin (Direct) (Serum,Method-Diazo-End point)	0.19	mg/dl	0.0 - 0.40
Bilirubin (Indirect) Calculated	0.72	mg/dl	0.0 - 0.90
Serum Creatinine (Serum,Method- Kinetic Jaffe's)	1.16	mg/dl	0.62 - 1.17
BUN (Blood Urea Nitrogen), serun Method: Urease	n12.02	mg/dl	6.0 - 20.0

Test Done on Fully Automated Mispa CXL PRO PLUS Biochemistry Analyser.

----- End of Report -----



PRIYA PANDFY Lab Technician

DR.RITESH KHARCHE MBBS, MD PATHOLOGY

Pathologist

MMC Reg No.2006031680

Page 1 of 10

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Kochi: 0484- 2322022 / 4032022

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A. SEA BIRD MEDICARE CENTRE

- B. Enquiry and Home Visit Booking 022 25701053 / 9324924370 or admin@seabirdhf.com
- C. Sea Bird Medicare services are also available at: Powai (Mumbai), Andheri East (Mumbai), Kochi (Kerala)







PID NO. : CFA1009

: RAHUL TIBREWAL

Sex / Age: Male / 32 Years

Ref By

Name

: APOLLO HEALTH AND LIFESTYLE

LIMITED

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Coll Date

22-Jun-2024 /11:58 am

Report Date

23-Jun-2024 / 3:12 pm

REPORT

Biochemistry Report

Test	Result	<u>Units</u>	BIOLOGICAL REFERENCE INTERVAL
BUN (Blood Urea Nitrogen) Serum, Method: Urease	12.02	mg/dl	6.0 - 20.0
Creatinine Serum, Method-Kinetic Jaffes	1.16	mg / dL	0.62 - 1.17 mg/dl
BUN/Creatinine Ratio Calculated	10.4		10 - 20.1

----- End of Report -----



PRIYA PANDEY Lab Technician

R.RITESH KHARCHE MBBS, MD PATHOLOGY **Pathologist**

MMC Reg No.2006031680

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Powoi: 022-25701053 / 25704157

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PID NO. : CFA1009

: RAHUL TIBREWAL

Sex / Age: Male / 32 Years

Ref By : A

Name

: APOLLO HEALTH AND LIFESTYLE

LIMITED

Reference:

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Gardens, Powai, Mumbai-400076

Reg. Date

22-Jun-2024 /11:53 am

Coll Date

22-Jun-2024 /11:58 am

Report Date

23-Jun-2024 / 3:12 pm

REPORT

BLOOD GLUCOSE

Test	Result	Units	BIOLOGICAL REFERENCE INTERVAL
Blood Glucose (Fasting), plasma (Plasma,Method- Hexokinase) Interpretation: NORMAL: 70 - 100 mg/dl Pre-Diabetic: 100 - 125 mg/dl Diabetic: >125 mg/dl	81.53	mg/dl	70.00 - 100.00 mg/dl

mg/dl

Urine Glucose (Fasting)

(ON MORE THAN ONE OCCASION)

Absent

Absent

Urine Ketones (Fasting)

Absent

99.25

Absent

70.00 - 140.00

Blood Glucose (PP) plasma

(Plasma, Method- Hexokinase)

Interpretation:

Non-Diabetic: 70 - 140 mg/dl Pre-Diabetic: 140 - 199 mg/dl

Diabetic: >200 mg/dl

(ON MORE THAN ONE OCCASION)

Reference: American diabetes association guidelines 2022

Reference: American diabetes association guidelines 2022

Urine Glucose (PP)

Absent

Absent

Urine Ketones (PP)

Absent

Absent

Test Done on Fully Automated Mispa CXL PRO PLUS Biochemistry Analyser.



PRIYA PANDEY Lab Technician DR.RITESH KHARCHE
MBBS, MD PATHOLOGY
Pathologist

MMC Reg No.2006031680

Page 3 of 10

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: RAHUL TIBREWAL

Sex / Age: Male / 32 Years

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23-Jun-2024 / 3:12 pm

REPORT

BLOOD GLUCOSE

Test

Result

Units

BIOLOGICAL REFERENCE INTERVAL

-- End of Report -----



PRIYA PANDEY



DR.RITESH KHARCHE MBBS, MD PATHOLOGY **Pathologist** MMC Reg No.2006031680

Page 4 of 10

Lab Technician

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PID NO. : CFA1009

Name

: RAHUL TIBREWAL

Sex / Age: Male / 32 Years

Ref By : APOLLO HEALTH AND LIFESTYLE

LIMITED

Reference:

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Report Date

23-Jun-2024 / 3:12 pm

REPORT

Blood Group

Test Result Units BIOLOGICAL REFERENCE INTERVAL

BLOOD GROUP

ABO Group

"O"

RH(D)

Positive

Method: Cell (Forward) grouping by Manual Slide Method.

Sample: Whole Blood (EDTA)

----- End of Report -----

PRIYA PANDEY Lab Technician



DR.RITESH KHARCHE
MBBS, MD PATHOLOGY
Pathologist
MMC Reg No.2006031680

Page 5 of 10

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REPORT

Complete Blood Count

Test	Result	Units	BIOLOGICAL REFERENCE INTERVAL
Hemoglobin	16.3	gm/dl	13.0 -17.0
BED BLOOD CELLS			
RED BLOOD CELLS R.B.C. Count	5.44	million / cumm	4.5- 5.5
PCV	47.2	%	40- 50
MCV	86.9	fL	83 - 101
MCH	30	pg	27 - 32
MCHC	34.5	gm / dl	31.5 - 34.5
RDW (CV)	12.6	%	11.6- 14.0
Total W.B.C. Count	6540	/cu.mm.	4000 - 10000
DIFFERENTIAL COUNT			
Neutrophils	52	%	40 - 80
Lymphocytes	40	%	20 - 40
Eosinophils	02	%	1 - 6



PRIYA PANDEY Lab Technician



DR.RITESH KHARCHE MBBS, MD PATHOLOGY **Pathologist** MMC Reg No.2006031680

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Name

: RAHUL TIBREWAL

Sex / Age: Male / 32 Years

Ref By

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Gardens, Powai, Mumbai-400076

Reg. Date

22-Jun-2024 /11:53 am

Coll Date

22-Jun-2024 /11:58 am

Report Date

23-Jun-2024 / 3:12 pm

REPORT

Complete Blood Count

Complete Blood Count				
Test	Result	Units	BIOLOGICAL REFERENCE INTERVAL	
Monocytes	06	%	2 - 10	
Basophils	00	%	0 - 1	
Platelet Count	344000	/cumm	150000 - 410000	
MORPHOLOGY RBC Morphology	Predominantly No	rmocytic and Norr	mochromic.	
WBC Morphology	Normal Morpholog	gy.		
Platelets on Smear	Adequate on smea	ar		
(EDTA Whole Blood - Tests done Automated Three part cell counter (RBC, WBC, Platelets count by impedance, Haemoglobin by colorimetric Cyanmeth free method. Rest are calculated parameters. Microscopy and DLC is done manually by the Pathologist.)				
End of Report				



PRIYA PANDEY Lab Technician



DR.RITESH KHARCHE MBBS, MD PATHOLOGY **Pathologist** MMC Reg No.2006031680

Page 7 of 10

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- C. Sea Bird Medicare services are also available at: Powai (Mumbai), Andheri East (Mumbai), Kochi (Kerala)







PID NO. : CFA1009

Name : RAHUL TIBREWAL

Sex / Age: Male / 32 Years

: APOLLO HEALTH AND LIFESTYLE Ref By

LIMITED

Reference:

Sample Collected At:

Sea Bird Medicare

105-107 Gateway Plaza, Central Avenue, Hiranandani

Gardens, Powai, Mumbai-400076

Processing Location: - Sea Bird Medicare

105-107 Gateway Plaza, Central Avenue, Hiranandani

Gardens, Powai, Mumbai-400076

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REPORT

Erythrocyte Sedimentation Rate (ESR)

Test	Result	<u>Units</u>	BIOLOGICAL REFERENCE INTERVAL
FSR	10	mm at 1hr	0 - 15

Method: Westergren.

Sample: Whole Blood (EDTA)

----- End of Report -----

PRIYA PANDEY Lab Technician



DR.RITESH KHARCHE MBBS, MD PATHOLOGY **Pathologist** MMC Reg No.2006031680

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: CFA1009

Name

: RAHUL TIBREWAL

Sex / Age: Male / 32 Years

Ref By

: APOLLO HEALTH AND LIFESTYLE

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23-Jun-2024 / 3:13 pm

REPORT

URINE ANALYSIS

Test	Result	<u>Units</u>	BIOLOGICAL REFERE	NCE INTERVAL
PHYSICAL EXAMINATION Colour	Pale Yellow		Pale Yellow	
Quantity	30 ml	ml	20 - 50	
Appearance	Clear		Clear	
Reaction (pH)	6.0		5.0 - 9.0	
Specific Gravity	1.010		1.000 - 1.030	
CHEMICAL EXAMINATION				
Proteins	Absent		Absent	
Sugar	Absent		Absent	
Ketone Bodies	Absent		Absent	
Bilirubin	Absent		Absent	
Nitrite	Absent		Absent	
Urobilinogen	Normal	mg/dl	Normal (0.1 - 1.0 mg/dl)	



PRIYA PANDEY Lab Technician Page 9 of 10

DR.RITESH KHARCHE MBBS, MD PATHOLOGY **Pathologist** MMC Reg No.2006031680

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Kochi: 0484- 2322022 / 4032022

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Name

: RAHUL TIBREWAL

Sex / Age: Male / 32 Years

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REPORT

URINE ANALYSIS

Test Ocult Blood	Result Units Absent	BIOLOGICAL REFERENCE INTERVAL Absent
MICROSCOPIC EXAMINATION Pus Cells	! 2 - 3 / hpf	2 - 3 / hpf
Red Blood Cells	Absent	Absent
Epithelial cells	1 - 2 / hpf	2 - 3 / hpf
Casts	Absent	Absent
Crystals	Absent	Absent
Other Findings	Absent	

METHOD:

Physical Examination: Visual Strip Method.

Chemical Examination : Bilirubin(Azo-coupling), Blood(Peroxidase), Glucose(Specific glucose-oxidase/peroxidase reaction), Ketone(Rothera's test), Leukocytes(Reflectance Photometer(Leucocyte esterase)), Nitrite(Diazotization), pH(Double Indicator), Protein(Protein Error of Indicators), Specific Gravity(Refractometric method), Urobilinogen(Ehrlich). Microscopy Examination: Automation/Manual Microscopy.

---- End of Report -----



PRIYA PANDEY Lab Technician



DR.RITESH KHARCHE MBBS, MD PATHOLOGY **Pathologist**

Kochi: 0484- 2322022 / 4032022

MMC Reg No.2006031680

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Powai: 022-25701053 / 25704157

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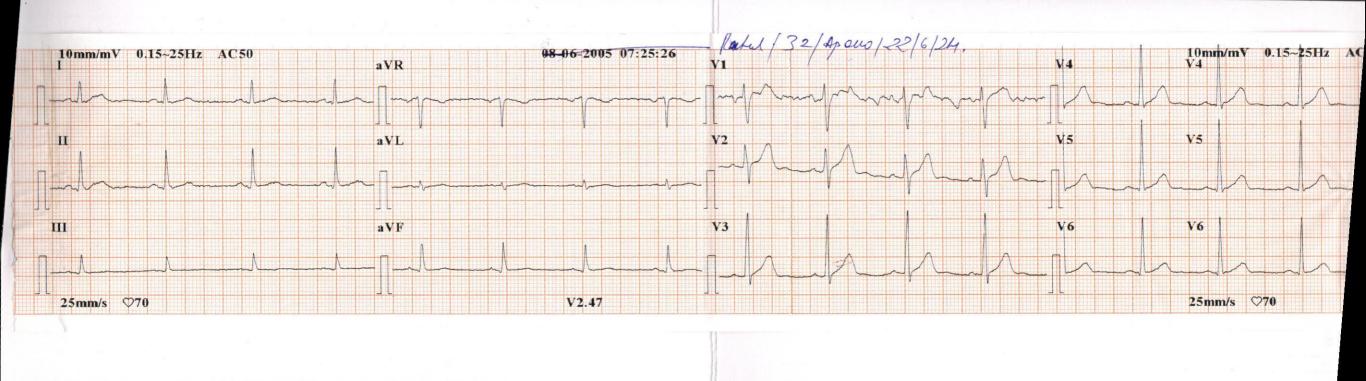
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ELECTROCARDIOGRAPHIC REPORT



NAME	Lahul		
AGE	32	DATE_ 22/0	6/2024

- 101-102, Heritage Plaza, Telli Cross Lane, Nr. Andheri (E) Stn., Andheri (East), Mumbai 400 069.
 Tel.: 2682 1823, 5578 3905
- 102-103-104, Gateway Plaza, Central Avenue Road, Hiranandani Gardens, Powai, Mumbai 400076 Tel.: 2570 4157





Report ID

: RTM226141541

Patient Name : Mr. RAHUL TIBREWAL

Rank Ref By

: DR.PARAG ARVIND PRADHAN

Reg.

: 22-Jun-2024

Report Date

: 24-Jun-2024

Company Name : M/S. APOLLO HEALTH AND LIFESTYLE

Age/Sex

: 32 Year / Male

CHEST X RAY REPORT

X-Ray No: 3643

Investigation: Chest PA View.

Bony thoracic cage is normal.

Cardiac silhouette appears normal in size and configuration.

Both lungs shows equal translucency and normal vasculature.

Both Hemidiaphragm visualised normal.

No evidence of any active parenchymal lesion seen.

Impression:

Normal Chest X-Ray.



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