

MER- MEDICAL EXAMINATION REPORT

Date of Examination	31/08/2024	
NAME	JYOTSNA HARISHCHANDRA Chavan	
AGE	- 24	Gender female.
HEIGHT(cm)	158	WEIGHT (kg) 51 kg.
B.P.	120/70 mm Hg	
ECCG	WNL	
X Ray	NAD	
Vision Checkup	Color Vision : (N)	
	Far Vision Ratio : unaided 6/6	
	Near Vision Ratio : unaided N5	
Present Ailments	-	
Details of Past ailments (If Any)	-	
Comments / Advice : She / He is Physically Fit	✓	

Signature with Stamp of Medical Examiner

Dr. MUKUL ARTE MBBS, DNB  
 Regn. No: 44293 (MMC)  
 Approved By DG Shipping (GOI)  
 Consultant in Marine Medicine & Aviation Medicine  
 A-101-102, Heritage Plaza, Veli Cross Lane,  
 Andheri East, Mumbai-400 059  
 SEA BIRD MEDICARE CENTRE

# CERTIFICATE OF MEDICAL FITNESS

This is to certify that I have conducted the clinical examination

of Jyotsna hemishchandra chavan on 31 / 8 / 24

After reviewing the medical history and on clinical examination it has been found that he/she is

	Tick
<ul style="list-style-type: none"> <li>• Medically Fit</li> </ul>	✓
<ul style="list-style-type: none"> <li>• Fit with restrictions/recommendations</li> </ul> <p>Though following restrictions have been revealed, in my opinion, these are not impediments to the job.</p> <p>1.....</p> <p>2.....</p> <p>3.....</p> <p>However the employee should follow the advice/medication that has been communicated to him/her.</p> <p>Review after _____</p>	
<ul style="list-style-type: none"> <li>• Currently Unfit. Review after _____ recommended</li> </ul>	
<ul style="list-style-type: none"> <li>• Unfit</li> </ul>	

Dr. \_\_\_\_\_  
 Medical Officer  
 The Apollo Clinic, (Location)

**Dr. MUKUL ARTE MBBS, DNB**  
 Regn. No: 44293 (MMC)  
 Approved By DG Shipping (GOI)  
 Consultant In Maritime Medicine & Aviation Medicine  
 A-101-102, Heritage Plaza, Teli Cross Lane,  
 Andheri East, Mumbai-400 069  
**SEA BIRD MEDICARE CENTRE**

*This certificate is not meant for*



*Sea Bird*  
Sea Bird Medicare Centre



PID NO. : CHA1528

Name : JYOTSNA HARISHCHANDRA CHAVAN

Sex / Age : Female / 24 Years

Ref By : APOLLO HEALTH AND LIFESTYLE LIMITED

Reference :

Sample Collected At :

Sea Bird Medicare  
105-107 Gateway Plaza, Central Avenue, Hiranandani  
Gardens, Powai, Mumbai-400076  
Processing Location: - Sea Bird Medicare  
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Reg. Date

31-Aug-2024 / 10:11 am

Coll Date

31-Aug-2024 / 10:16 am

Report Date

31-Aug-2024 / 3:55 pm

## REPORT

### Complete Blood Count

<u>Test</u>	<u>Result</u>	<u>Units</u>	<u>BIOLOGICAL REFERENCE INTERVAL</u>
Hemoglobin	12.5	gm/dl	12.0 - 15
<b>RED BLOOD CELLS</b>			
R.B.C. Count	4.39	million / cumm	3.8- 4.8
HCT	38	%	35-48
MCV	86.5	fL	83 - 101
MCH	28.5	pg	27 - 32
MCHC	32.9	gm / dl	31.5 - 34.5
RDW (CV)	12.1	%	11.6- 14.0
Total W.B.C. Count	6340	/cu.mm.	4000-10000
<b>DIFFERENTIAL COUNT</b>			
Neutrophils	56	%	40 - 80
Lymphocytes	37	%	20 - 40
Eosinophils	02	%	1 - 6

Pritam Dhanawade  
Lab Technician

DR. RITESH KHARCHE  
MBBS, MD PATHOLOGY  
Pathologist  
MMC Reg No.200603168C

*Proudly... Caring For You*

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HO- Sea Bird Medicare Centre (ISO 9001:2015): A-101-102, Heritage Plaza, Teli Cross Lane, Andheri East (Nr. Station), Mumbai- 69. Tel: 022- 46032704  
Kochi: 0484- 2322022 / 4032022

Powai: 022-25701053 / 25704157

Website: [www.seabirdhf.com](http://www.seabirdhf.com) | Email: [seabird@seabirdhf.com](mailto:seabird@seabirdhf.com)





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**REPORT**

**Complete Blood Count**

Test	Result	Units	BIOLOGICAL REFERENCE INTERVAL
Monocytes	05	%	2 - 10
Basophils	00	%	0 - 1
Platelet Count	288000	/cumm	150000 - 410000

**MORPHOLOGY**

RBC Morphology : Predominantly Normocytic and Normochromic.  
WBC Morphology : Normal Morphology.  
Platelets on Smear : Adequate on smear

(EDTA Whole Blood - Tests done Automated Three part cell counter (RBC, WBC, Platelets count by impedance, Haemoglobin by colorimetric Cyanmeth free method. Rest are calculated parameters. Microscopy and DLC is done manually by the Pathologist.)

----- End of Report -----

Pritam Dhanawade  
Lab Technician

DR. RITESH KHARCHE  
MBBS, MD PATHOLOGY  
Pathologist  
MMC Reg No.2006031680

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**REPORT**

**Erythrocyte Sedimentation Rate (ESR)**

<u>Test</u>	<u>Result</u>	<u>Units</u>	<u>BIOLOGICAL REFERENCE INTERVAL</u>
E.S.R	20	mm at 1hr	0 - 20

Method: Westergren.  
Sample: Whole Blood (EDTA)

----- End of Report -----

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Lab Technician

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Pathologist  
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**REPORT**

**Blood Group**

<u>Test</u>	<u>Result</u>	<u>Units</u>	<u>BIOLOGICAL REFERENCE INTERVAL</u>
<b>BLOOD GROUP</b>			
ABO Group	"A"		
RH (D)	Positive		

Method : Cell (Forward) grouping by Manual Slide Method.  
Sample: Whole Blood (EDTA)

----- End of Report -----

*Dhanawade*

Pritam Dhanawade  
Lab Technician

*Ritesh Kharche*

DR. RITESH KHARCHE  
MBBS, MD PATHOLOGY  
Pathologist  
MMC Reg No. 2006031680

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**REPORT**

**BLOOD GLUCOSE**

<u>Test</u>	<u>Result</u>	<u>Units</u>	<u>BIOLOGICAL REFERENCE INTERVAL</u>
Blood Glucose (Fasting), plasma (Plasma, Method- Hexokinase) Interpretation: NORMAL : 70 - 100 mg/dl Pre-Diabetic : 100 - 125 mg/dl Diabetic : >125 mg/dl (ON MORE THAN ONE OCCASION ) Reference : American diabetes association guidelines 2022	86.47	mg/dl	70.00 - 100.00 mg/dl
Urine Glucose (Fasting)	Absent		Absent
Urine Ketones (Fasting)	Absent		Absent
Blood Glucose (PP) plasma (Plasma, Method- Hexokinase) Interpretation: Non-Diabetic : 70 - 140 mg/dl Pre-Diabetic : 140 - 199 mg/dl Diabetic : >200 mg/dl (ON MORE THAN ONE OCCASION ) Reference : American diabetes association guidelines 2022	74.30	mg/dl	70.00 - 140.00
Urine Glucose (PP)	Absent		Absent
Urine Ketones (PP)	Absent		Absent

Test Done on Fully Automated Mispa CXL PRO PLUS Biochemistry Analyser.

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Lab Technician

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## REPORT

### BLOOD GLUCOSE

<u>Test</u>	<u>Result</u>	<u>Units</u>	<u>BIOLOGICAL REFERENCE INTERVAL</u>
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----- End of Report -----

Pritam Dhanawade  
Lab Technician

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## REPORT

### Biochemistry Report

<u>Test</u>	<u>Result</u>	<u>Units</u>	<u>BIOLOGICAL REFERENCE INTERVAL</u>
BUN (Blood Urea Nitrogen) Serum, Method: Urease	9.41	mg/dl	6.0 - 20.0
Creatinine Serum, Method-Kinetic Jaffes	0.5	mg / dL	0.5 - 0.95 mg/dl
BUN/Creatinine Ratio Calculated	18.82		10 - 20.1
Urea (Serum, Method-Urease)	20.14	mg/dl	16.6 - 48.5

----- End of Report -----

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## REPORT

### BIOCHEMISTRY

<u>Test</u>	<u>Result</u>	<u>Units</u>	<u>BIOLOGICAL REFERENCE INTERVAL</u>
Serum S.G.P.T. (Serum, Method- IFCC without/with PDP)	26.57	U/L	0 - 33
Bilirubin (Total) (Serum, Method-Diazo- End point)	0.68	mg/dl	0.0 - 1.20
Bilirubin (Direct) (Serum, Method-Diazo-End point)	0.1	mg/dl	0.0 - 0.40
Bilirubin (Indirect) Calculated	0.58	mg/dl	0.0 - 0.90
Serum Creatinine (Serum, Method- Kinetic Jaffe's)	0.5	mg/dl	0.5 - 0.95

Test Done on Fully Automated Mispa CXL PRO PLUS Biochemistry Analyser.

----- End of Report -----

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**REPORT**

**URINE ANALYSIS**

<u>Test</u>	<u>Result</u>	<u>Units</u>	<u>BIOLOGICAL REFERENCE INTERVAL</u>
<b><u>PHYSICAL EXAMINATION</u></b>			
Colour	Pale Yellow		Pale Yellow
Quantity	30 ml	ml	20 - 50
Appearance	Clear		Clear
Reaction (pH)	5.0		5.0 - 9.0
Specific Gravity	1.010		1.000 - 1.030
<b><u>CHEMICAL EXAMINATION</u></b>			
Proteins	Absent		Absent
Sugar	Absent		Absent
Ketone Bodies	Absent		Absent
Bilirubin	Absent		Absent
Nitrite	Absent		Absent
Urobilinogen	Normal	mg/dl	Normal (0.1 - 1.0 mg/dl)

*Pritam Dhanawade*

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**REPORT**

**URINE ANALYSIS**

<u>Test</u>	<u>Result</u>	<u>Units</u>	<u>BIOLOGICAL REFERENCE INTERVAL</u>
Ocult Blood	Absent		Absent
<b><u>MICROSCOPIC EXAMINATION</u></b>			
Pus Cells	1 - 2 / hpf		2 - 3 / hpf
Red Blood Cells	Absent		Absent
Epithelial cells	1 - 2 / hpf		2 - 5 / hpf
Casts	Absent		Absent
Crystals	Absent		Absent
Other Findings	Absent		

**METHOD:**

Physical Examination : Visual Strip Method.  
Chemical Examination : Bilirubin(Azo-coupling), Blood(Peroxidase), Glucose(Specific glucose-oxidase/oxidase reaction), Ketone(Rothera's test), Leukocytes(Reflectance Photometer(Leucocyte esterase)), Nitrite(Diazotization), pH(Double Indicator), Protein(Protein Error of Indicators), Specific Gravity(Refractometric method), Urobilinogen(Ehrlich).  
Microscopy Examination : Automation/Manual Microscopy.

----- End of Report -----

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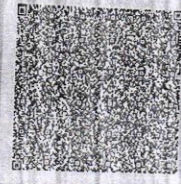
आयकर विभाग  
INCOME TAX DEPARTMENT



भारत सरकार  
GOVT. OF INDIA



स्थायी लेखा संख्या कार्ड  
Permanent Account Number Card  
BXUPC9307G




नाम / Name  
JYOTSNA HARISHCHANDRA CHAVAN

पिता का नाम / Father's Name  
HARISHCHANDRA KRISHNA CHAVAN

जन्म की तारीख /  
Date of Birth  
12/12/1999

07102018

  
हस्ताक्षर / Signature

 Jhavan



10mm/mV 25.0mm/S

0.05-35 Hz 50Hz



LEAD I



LEAD II



LEAD III

PROMPTCARE

10mm/mV 25.0mm/S

0.05-35 Hz 50Hz



LEAD AVR

aVL



Jhavan

LEAD AVL

aVF



LEAD AVF

PROM



10mm/mV 25.0mm/S

0.05-35 Hz 50Hz



V1

V2

V3

PROMPTCARE

V3

10mm/mV 25.0mm/S

0.05-35 Hz 50Hz



V4

V5

V6

E. Khan

HR	: 73	BPM
QRS DUR	: 90	mS
QT INT	: 376	mS
QTc INT	: 415	mS
PR INT	: 152	mS
RR INT	: 820	mS
QT/QTc	: 90	%
QT/RR	: 45	%
P/QRS/T	: 35/70/17	degr

PROMPTCARE

PROMPTCARE

V4

V5

V6



NAME Iyotsna Chavan

AGE 24 DATE 31/8/24

Website: [www.seabirdhf.com](http://www.seabirdhf.com) / Email: [seabird@seabirdhf.com](mailto:seabird@seabirdhf.com)

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101-102, Heritage Plaza, Tellii Cross Lane, Andheri East (Nr. Station), Mumbai - 400069. Tel.: 022-4603 2704 / 81046 06813

**Sea Bird**  
Sea Bird Medicare Centre  
(ISO: 9001 - 2015)



**ELECTROCARDIOGRAPHIC REPORT**

**E. C. G. REPORT**

RATE 73/min RHYTHM Regular VOLTAGE 2

P.WAVE N PR. INTERVAL N Q. WAVE 1

QRS COMPLEX N ST. SEGMENTE MBBS, DNB T. WAVE 1

REMARKS normal

Dr. MBBS, DNB  
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SEA BIRD MEDICARE CENTRE

PROMPT CARE

HR	: 73	BPM
QRS DUR	: 90	ms
QT INT	: 376	ms
QTc INT	: 415	ms
PR INT	: 152	ms
RR INT	: 820	ms
QT/QTc	: 90	%
QT/RR	: 45	%
P/QRS/T	: 35/70/17	degr