


## CERTIFICATE OF MEDICAL FITNESS

This is to certify that I have conducted the clinical examination

of Khan Shanwaz MUSTAQ on 22/08/2024

After reviewing the medical history and on clinical examination it has been found that he/she is

	Tick
<ul style="list-style-type: none"><li>• Medically Fit</li></ul>	<input checked="" type="checkbox"/>
<ul style="list-style-type: none"><li>• Fit with restrictions/recommendations</li></ul> <p>Though following restrictions have been revealed, in my opinion, these are not impediments to the job.</p> <p>1.....</p> <p>2.....</p> <p>3.....</p> <p>However the employee should follow the advice/medication that has been communicated to him/her.</p> <p>Review after _____</p>	<input checked="" type="checkbox"/>
<ul style="list-style-type: none"><li>• Currently Unfit.</li></ul> <p>Review after _____ recommended</p>	<input type="checkbox"/>
<ul style="list-style-type: none"><li>• Unfit</li></ul>	<input type="checkbox"/>

Dr.   
Medical Officer  
The Apollo Clinic, (Location)

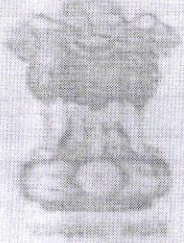
**Dr. MUKUL ARTE** MBBS, DNB  
Regn. No: 44293 (MMC)  
Approved By DG Shipping (GOI)  
Consultant in Marine Medicine & Aviation Medicine  
A-101, 102, 103, 104, 105, 106, 107, 108, 109, 110, 111, 112, 113, 114, 115, 116, 117, 118, 119, 120, 121, 122, 123, 124, 125, 126, 127, 128, 129, 130, 131, 132, 133, 134, 135, 136, 137, 138, 139, 140, 141, 142, 143, 144, 145, 146, 147, 148, 149, 150, 151, 152, 153, 154, 155, 156, 157, 158, 159, 160, 161, 162, 163, 164, 165, 166, 167, 168, 169, 170, 171, 172, 173, 174, 175, 176, 177, 178, 179, 180, 181, 182, 183, 184, 185, 186, 187, 188, 189, 190, 191, 192, 193, 194, 195, 196, 197, 198, 199, 200, 201, 202, 203, 204, 205, 206, 207, 208, 209, 210, 211, 212, 213, 214, 215, 216, 217, 218, 219, 220, 221, 222, 223, 224, 225, 226, 227, 228, 229, 230, 231, 232, 233, 234, 235, 236, 237, 238, 239, 240, 241, 242, 243, 244, 245, 246, 247, 248, 249, 250, 251, 252, 253, 254, 255, 256, 257, 258, 259, 260, 261, 262, 263, 264, 265, 266, 267, 268, 269, 270, 271, 272, 273, 274, 275, 276, 277, 278, 279, 280, 281, 282, 283, 284, 285, 286, 287, 288, 289, 290, 291, 292, 293, 294, 295, 296, 297, 298, 299, 300, 301, 302, 303, 304, 305, 306, 307, 308, 309, 310, 311, 312, 313, 314, 315, 316, 317, 318, 319, 320, 321, 322, 323, 324, 325, 326, 327, 328, 329, 330, 331, 332, 333, 334, 335, 336, 337, 338, 339, 340, 341, 342, 343, 344, 345, 346, 347, 348, 349, 350, 351, 352, 353, 354, 355, 356, 357, 358, 359, 360, 361, 362, 363, 364, 365, 366, 367, 368, 369, 370, 371, 372, 373, 374, 375, 376, 377, 378, 379, 380, 381, 382, 383, 384, 385, 386, 387, 388, 389, 390, 391, 392, 393, 394, 395, 396, 397, 398, 399, 400, 401, 402, 403, 404, 405, 406, 407, 408, 409, 410, 411, 412, 413, 414, 415, 416, 417, 418, 419, 420, 421, 422, 423, 424, 425, 426, 427, 428, 429, 430, 431, 432, 433, 434, 435, 436, 437, 438, 439, 440, 441, 442, 443, 444, 445, 446, 447, 448, 449, 450, 451, 452, 453, 454, 455, 456, 457, 458, 459, 460, 461, 462, 463, 464, 465, 466, 467, 468, 469, 470, 471, 472, 473, 474, 475, 476, 477, 478, 479, 480, 481, 482, 483, 484, 485, 486, 487, 488, 489, 490, 491, 492, 493, 494, 495, 496, 497, 498, 499, 500, 501, 502, 503, 504, 505, 506, 507, 508, 509, 510, 511, 512, 513, 514, 515, 516, 517, 518, 519, 520, 521, 522, 523, 524, 525, 526, 527, 528, 529, 530, 531, 532, 533, 534, 535, 536, 537, 538, 539, 540, 541, 542, 543, 544, 545, 546, 547, 548, 549, 550, 551, 552, 553, 554, 555, 556, 557, 558, 559, 560, 561, 562, 563, 564, 565, 566, 567, 568, 569, 570, 571, 572, 573, 574, 575, 576, 577, 578, 579, 580, 581, 582, 583, 584, 585, 586, 587, 588, 589, 590, 591, 592, 593, 594, 595, 596, 597, 598, 599, 600, 601, 602, 603, 604, 605, 606, 607, 608, 609, 610, 611, 612, 613, 614, 615, 616, 617, 618, 619, 620, 621, 622, 623, 624, 625, 626, 627, 628, 629, 630, 631, 632, 633, 634, 635, 636, 637, 638, 639, 640, 641, 642, 643, 644, 645, 646, 647, 648, 649, 650, 651, 652, 653, 654, 655, 656, 657, 658, 659, 660, 661, 662, 663, 664, 665, 666, 667, 668, 669, 670, 671, 672, 673, 674, 675, 676, 677, 678, 679, 680, 681, 682, 683, 684, 685, 686, 687, 688, 689, 690, 691, 692, 693, 694, 695, 696, 697, 698, 699, 700, 701, 702, 703, 704, 705, 706, 707, 708, 709, 710, 711, 712, 713, 714, 715, 716, 717, 718, 719, 720, 721, 722, 723, 724, 725, 726, 727, 728, 729, 730, 731, 732, 733, 734, 735, 736, 737, 738, 739, 740, 741, 742, 743, 744, 745, 746, 747, 748, 749, 750, 751, 752, 753, 754, 755, 756, 757, 758, 759, 760, 761, 762, 763, 764, 765, 766, 767, 768, 769, 770, 771, 772, 773, 774, 775, 776, 777, 778, 779, 780, 781, 782, 783, 784, 785, 786, 787, 788, 789, 790, 791, 792, 793, 794, 795, 796, 797, 798, 799, 800, 801, 802, 803, 804, 805, 806, 807, 808, 809, 810, 811, 812, 813, 814, 815, 816, 817, 818, 819, 820, 821, 822, 823, 824, 825, 826, 827, 828, 829, 830, 831, 832, 833, 834, 835, 836, 837, 838, 839, 840, 841, 842, 843, 844, 845, 846, 847, 848, 849, 850, 851, 852, 853, 854, 855, 856, 857, 858, 859, 860, 861, 862, 863, 864, 865, 866, 867, 868, 869, 870, 871, 872, 873, 874, 875, 876, 877, 878, 879, 880, 881, 882, 883, 884, 885, 886, 887, 888, 889, 890, 891, 892, 893, 894, 895, 896, 897, 898, 899, 900, 901, 902, 903, 904, 905, 906, 907, 908, 909, 910, 911, 912, 913, 914, 915, 916, 917, 918, 919, 920, 921, 922, 923, 924, 925, 926, 927, 928, 929, 930, 931, 932, 933, 934, 935, 936, 937, 938, 939, 940, 941, 942, 943, 944, 945, 946, 947, 948, 949, 950, 951, 952, 953, 954, 955, 956, 957, 958, 959, 960, 961, 962, 963, 964, 965, 966, 967, 968, 969, 970, 971, 972, 973, 974, 975, 976, 977, 978, 979, 980, 981, 982, 983, 984, 985, 986, 987, 988, 989, 990, 991, 992, 993, 994, 995, 996, 997, 998, 999, 1000

*This certificate is not meant for medico-legal purposes.*

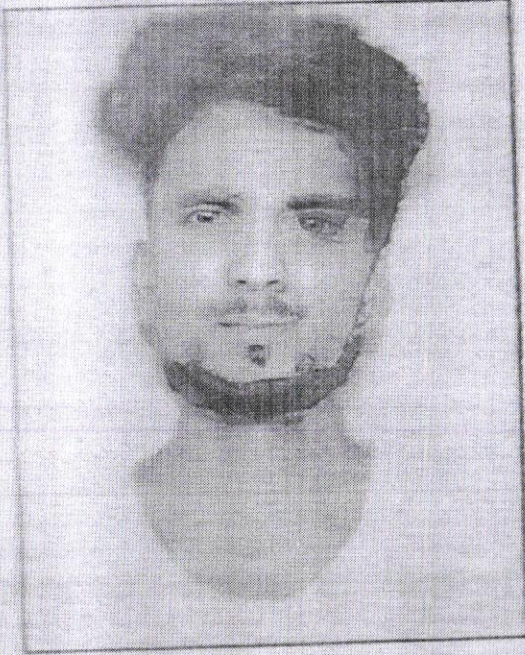
MER- MEDICAL EXAMINATION REPORT

Date of Examination	22/07/24.		
NAME	Khan Shanwaz mustaq		
AGE	24 years	Gender	MALE
HEIGHT(cm)	179 cm	WEIGHT (kg)	62kg
B.P.	110/80 mmHg.		
ECG	Normal		
X Ray	NAD		
Vision Checkup	Color Vision : Normal		
	Far Vision Ratio : R-6/6 } Corrected L-6/6 }		
	Near Vision Ratio : NS - Uncorrected		
Present Ailments	Nil		
Details of Past ailments (If Any)	- RTA in 2012: CLW scason @ lower limb, abdomen and above lip. - Dengue & Malaria in 2006. Hospitalized (1wk)		
Comments / Advice : She /He is Physically Fit			

  
 Signature with Stamp of Medical Examiner  
**Dr. MUKUL ARTE** MBBS, DNB  
 Regn. No: 44293 (MMC)  
 Approved By DG Shipping (GOF)  
 Consultant in Marine Medicine & Aviation Medicine  
 A-101-102, Heritage Plaza, Telf Cross Lane,  
 Andheri East, Mumbai-400 069  
 SEA BIRD MEDICARE CENTRE



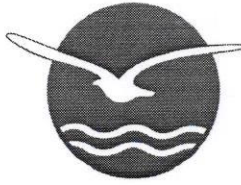
भारत सरकार  
GOVERNMENT OF INDIA



शानवाज़ मुस्ताक खान  
Shanwaz Mustaq Khan  
जन्म तारीख/DOB: 09/03/2000  
पुरुष/ MALE  
Mobile No: 7620474859

**5571 2364 6275**  
VID : 9184 2728 6757 7057

माझे आधार, माझी ओळख



# SEA BIRD MEDICARE CENTRE

Report ID : **SMKM22892142**  
Patient Name : **Mr. SHANWAZ MUSTAQ KHAN**  
Rank :  
Ref By : **DR. MUKUL ARTE**  
Location : **SEA BIRD- ANDHERI**

Reg. : **22-Aug-2024**  
Report Date : **23-Aug-2024**  
Company Name : **M/S. APOLLO HEALTH AND**  
Age/Sex : **24 Year / Male**

## HEMATOLOGY

### INVESTIGATION

OBSERVED VALUE      UNITS      REFERENCE RANGE

### **Complete Blood Count**

Haemoglobin	15.0	gm/dl	13-18 gm/dl
Total W.B.C	5200	/cu.mm	4000-11000 /cu.mm
Neutrophils	59	%	50-70 %
Lymphocytes	39	%	20-40 %
Eosinophils	02	%	0-7 %
Monocytes	00	%	0-8 %
Basophils	00	%	0-2 %
R.B.C Total	5.23	millions/cu .mm	4.5-5.5 millions/cu.mm
P.C.V	44.9	%	42-55 %
MCV	85.8	femolitre	80-96 femolitre
MCH	28.6	picogram	27-33 picogram
MCHC	33.4	%	32-36 %
W.B.C Morphology	Normal		
R.B.C Morphology	Normal		
Platelet Count	240000	/cu.mm	150000-450000 /cu.mm
<b>Blood Group</b>			
Blood Group	O Positive		
<b>ESR</b>			
ESR	05	mm/hr	0-15 mm/hr

---END OF REPORT---

Kindly Correlate with clinical conditions.

Remark : ---

  
DR.SANDIP MOHANRAO HUDEDAR  
MBBS, DCP  
**Pathologist**

  
**M O I C**

  
SONALI VASANT ADELKAR  
**Lab Technician**

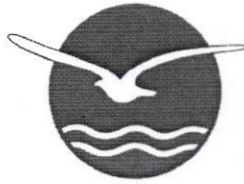
**Proudly... Caring For You**

HO- Sea Bird Medicare Centre (ISO 9001:2015): A-101-102, Heritage Plaza, Teli Cross Lane, Andheri East (Nr. Station), Mumbai- 69. Tel: 022- 46032704

Powai: 022-25701053 / 25704157

Kochi: 0484- 2322022 / 4032022

Website: [www.seabirdhf.com](http://www.seabirdhf.com) | Email: [seabird@seabirdhf.com](mailto:seabird@seabirdhf.com)



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Ref By : **DR. MUKUL ARTE** Age/Sex : **24 Year / Male**  
Location : **SEA BIRD- ANDHERI**

## BIO-CHEMISTRY

### INVESTIGATION

OBSERVED VALUE    UNITS    REFERENCE RANGE

#### **Liver Function Test**

SGPT	14	IU/L	9-43 IU/L
Sr.Bilirubin (T)	0.7	mg/dl	0.2-1.2 mg/dl
Sr.Bilirubin (D)	0.1	mg/dl	0.0-0.3 mg/dl
Sr.Bilirubin (I)	0.6	mg/dl	

#### **Renal Function Test**

BUN	11.6	mg/dl	6-21 mg/dl
Sr.Creatinine	1.1	mg/dl	0.7-1.4 mg/dl

#### **Blood Sugar Estimation**

Fasting Blood Sugar	94	mg/dl	70-110 mg/dl
Fasting Urine Sugar	Absent		
Post Prandial Blood Sugar	98	mg/dl	70-140 mg/dl
Post Prandial Urine Sugar	Absent		
BUN/Creatinine Ratio	10.2		

---END OF REPORT---

Kindly Correlate with clinical conditions.

Remark : ---

  
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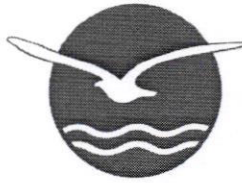
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Ref By : **DR. MUKUL ARTE**  
Location : **SEA BIRD- ANDHERI**

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Age/Sex : **24 Year / Male**

## URINE ROUTINE

### INVESTIGATION

### OBSERVED VALUE

### UNITS

### REFERENCE RANGE

Colour	PALE YELLOW		PALE YELLOW
Appearance	CLEAR		CLEAR
Specific Gravity	1.010		1.030
pH	ACIDIC		ACIDIC
Odour	AROMATIC		AROMATIC
Proteins (UR)	ABSENT		ABSENT
Sugar	ABSENT		ABSENT
Bile Salts	ABSENT		ABSENT
Bile Pigments	ABSENT		ABSENT
Ketones (UR)	ABSENT		ABSENT
Occult Blood	ABSENT		ABSENT
Urobilinogen(UR)	ABSENT		ABSENT
Pus Cells (UR)	2-3	/hpf	2-3/hpf
RBC cells	ABSENT	/hpf	2-3/hpf
Epithelial Cells	1-2	/hpf	1-2/hpf
Casts (UR)	ABSENT	/hpf	
Crystals	ABSENT	/hpf	
Bacteria (UR)	ABSENT		ABSENT
Others (UR)	ABSENT		

---END OF REPORT---

Kindly Correlate with clinical conditions.

Remark : ---

  
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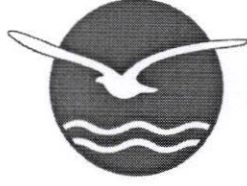
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Rank : Company Name : **M/S. APOLLO HEALTH AND LIFESTYLE**  
Ref By : **DR. MUKUL ARTE** Age/Sex : **24 Year / Male**

## CHEST X RAY REPORT

X-Ray No : 6987

Investigation : Chest PA View.

Bony thoracic cage is normal.

Cardiac silhouette appears normal in size and configuration.

Both lungs shows equal translucency and normal vasculature.

Both Hemidiaphragm visualised normal.

No evidence of any active parenchymal lesion seen.

### Impression :

**Normal Chest X-Ray.**

  
Dr. Jacob  
Mathew MD

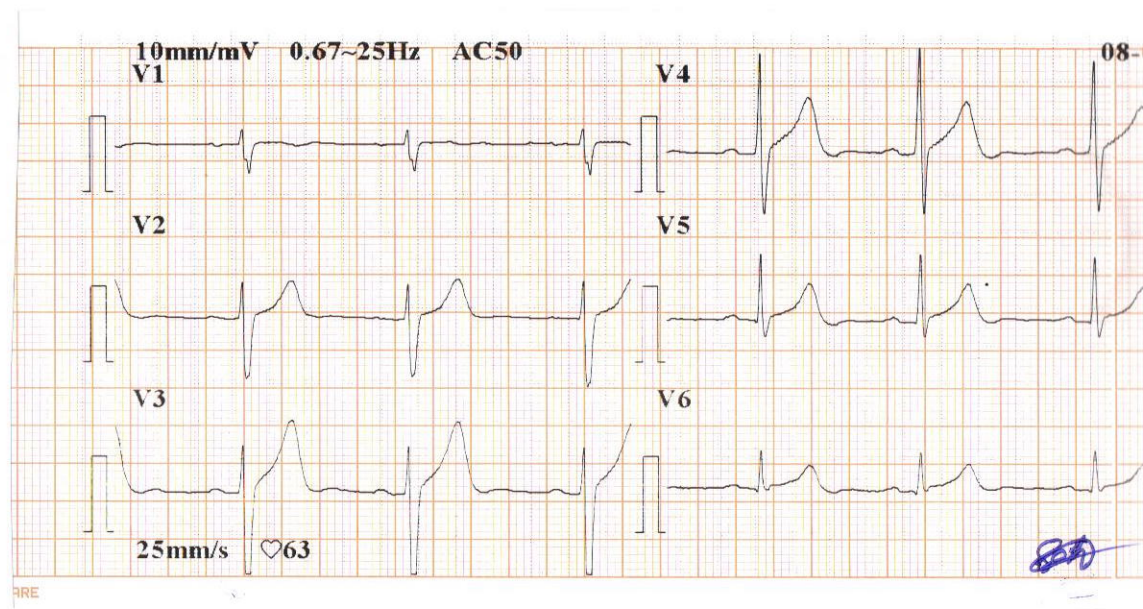
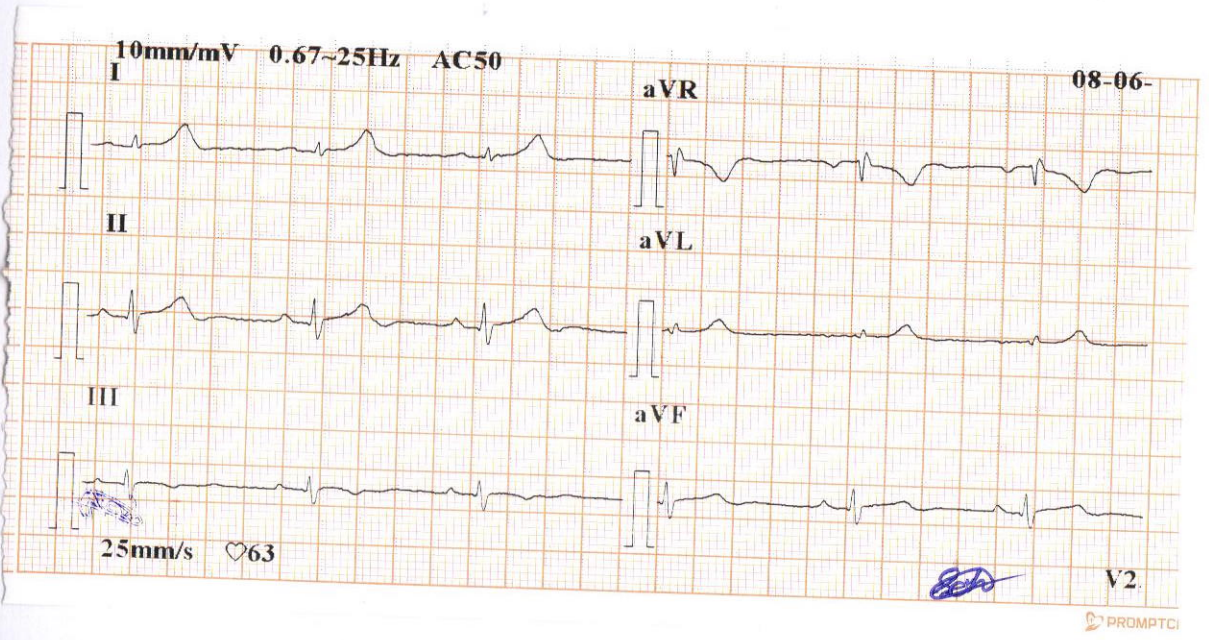
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## E. C. G. REPORT

RATE 65/min Q. WAVE \_\_\_\_\_  
RHYTHM Regular QRS COMPLEX N  
VOLTAGE N ST. SEGMENT iso-electric  
P. WAVE N T. WAVE \_\_\_\_\_  
PR. INTERVAL N  
REMARKS normal

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Andheri East, Mumbai-400 069  
SEA BIRD MEDICARE CENTRE

## ELECTROCARDIOGRAPHIC REPORT



*Sea Bird*  
Sea Bird Medicare Centre

NAME Mr. Shanwar Mustaq Khan.  
AGE 24y DATE 22/08/2014

- 102, Heritage Plaza, Telli Cross Lane, Nr. Andheri (E) Stn., Andheri (East), Mumbai - 400 069.  
Tel.: 2682 1823, 5578 3905
- 102-103-104, Gateway Plaza, Central Avenue Road, Hiranandani Gardens, Powai, Mumbai - 400076  
Tel.: 2570 4157