



SEA BIRD MEDICARE CENTRE

CERTIFICATE OF MEDICAL FITNESS

This is to certify that I have conducted the clinical examination of
Rashmi Pandurang Dhule on 16/09/2024

After reviewing the medical history and on clinical examination it has been found that he/she is

	Tick
<ul style="list-style-type: none"> Medically Fit 	<input checked="" type="checkbox"/>
<ul style="list-style-type: none"> Fit with restrictions/recommendations <p>Though following restrictions have been revealed, in my opinion, these are not impediments to the job.</p> <p>1. _____</p> <p>2. _____</p> <p>3. _____</p> <p>However, the employee should follow the advice/medication that has been communicated to him/her.</p> <p>Review after _____</p>	
<ul style="list-style-type: none"> Currently Unfit. <p>Review after _____ recommended</p>	
<ul style="list-style-type: none"> Unfit 	

Dr. Mistry

Medical Officer

DR. HAVOVEE MISTRY KAPADIA MBBS, FCPS
 APPROVED BY DG SHIPPING (GOI)
 CONSULTANT IN INDUSTRIAL MEDICINE & AVIATION MEDICINE
 REG NO. M.M.C. 80174
 A-101-102, HERITAGE PLAZA, TELI CROSS LANE
 ANDHERI EAST, MUMBAI-400 069
 SEA BIRD MEDICARE CENTRE

This certificate is not meant for medico-legal purposes.

HO- Sea Bird Medicare Centre (ISO 9001:2015): A-101-102, Heritage Plaza, Teli Cross Lane, Andheri East, Mumbai- 400069
Tel: 022-46032704 / 8104606813

Website: www.seabirdhf.com | Email: admin@seabirdhf.com



SEA BIRD MEDICARE CENTRE

MER- MEDICAL EXAMINATION REPORT

DATE OF EXAMINATION	16/9/2024.	pre-employment Health Checkup.	
NAME	Roshan Pandurang Dhwe.		
AGE	29	GENDER	Male.
HEIGHT (CM)	170	WEIGHT (KG)	70.
B.P.	130/86 mmHg.		
ECG	WNL		
X Ray	NAD		
Vision Checkup	Color Vision: Normal Far Vision Ratio: 6/6 } Unaided Near Vision Ratio: N5 }		
Present Ailments	Nil		
Details of Past ailments (If Any)	Chicken Pox in May 2024.		
Comments / Advice:			

mistry

Signature with Stamp of Medical Examiner

DR. HAVOVEE MISTRY KAPADIA MBBS, FCPS
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SEA BIRD MEDICARE CENTRE



SEA BIRD MEDICARE CENTRE

Report ID : **RPDM16983332**

Patient Name : **Mr. ROSHAN PANDURANG DHULE**

Rank :

Ref By : **DR.MUKUL ARTE**

Reg. : **16-Sep-2024**

Report Date : **16-Sep-2024**

Company Name : **M/S. APOLLO HEALTH AND LIFESTYLE**

Age/Sex : **29 Year / Male**

CHEST X RAY REPORT

X-Ray No : 7929

Investigation : Chest PA View.

Bony thoracic cage is normal.

Cardiac silhouette appears normal in size and configuration.

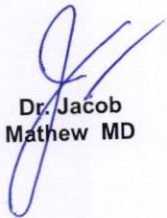
Both lungs shows equal translucency and normal vasculature.

Both Hemidiaphragm visualised normal.

No evidence of any active parenchymal lesion seen.

Impression :

Normal Chest X-Ray.


Dr. Jacob
Mathew MD

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HO- Sea Bird Medicare Centre (ISO 9001:2015): A-101-102, Heritage Plaza, Teli Cross Lane, Andheri East (Nr. Station), Mumbai- 69. Tel: 022- 46032704

Powai: 022-25701053 / 25704157

Kochi: 0484- 2322022 / 4032022

Website: www.seabirdhf.com | Email: seabird@seabirdhf.com



भारत सरकार
Government of India



Issue Date: 14/10/2013



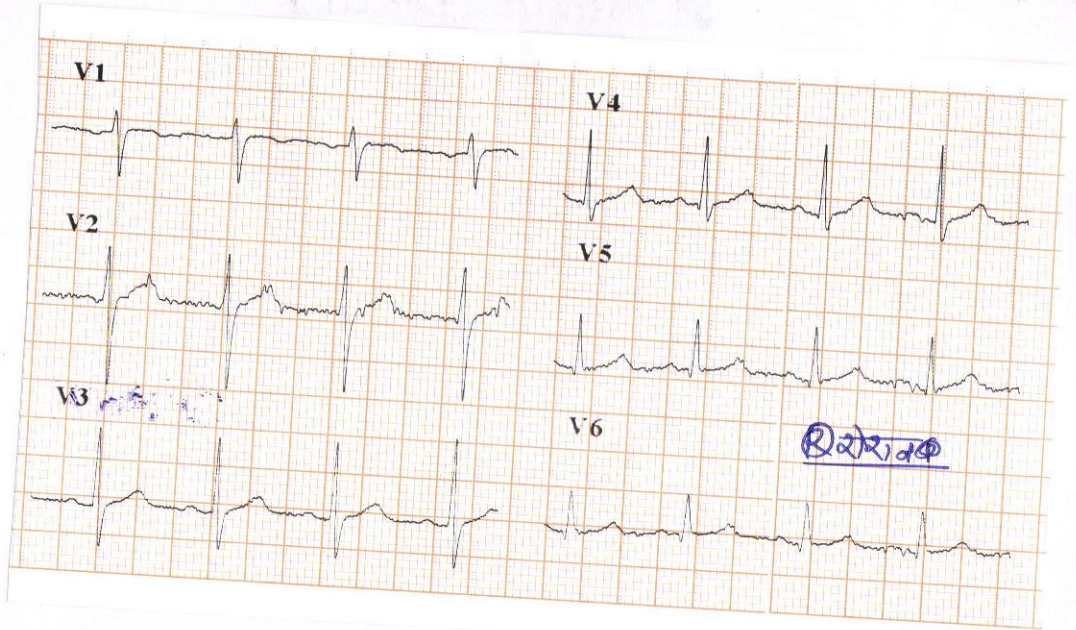
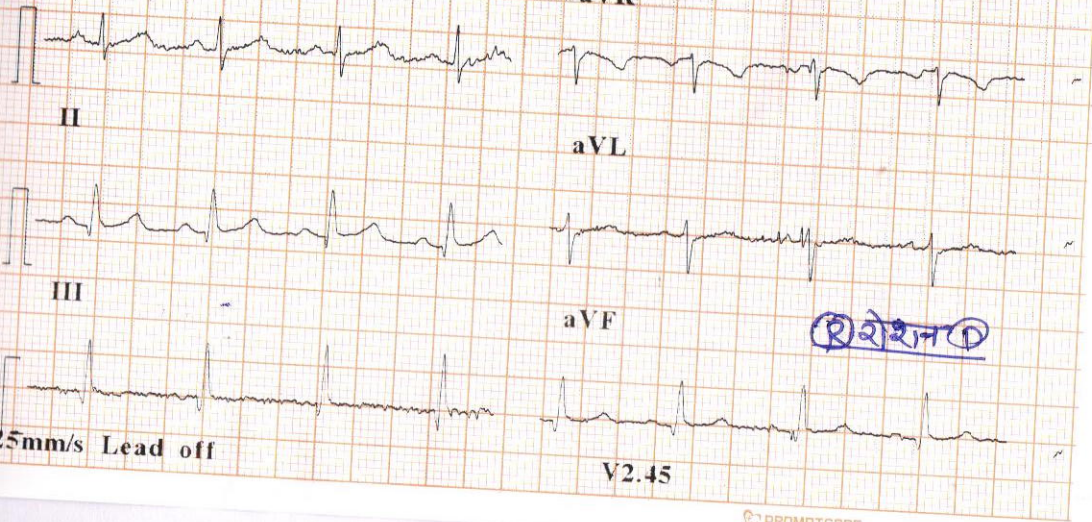
रोशन पांडुरंग धुळे
Roshan Pandurang Dhule
जन्म तारीख / DOB: 13/05/1995
पुरुष / Male

3935 8189 7675

माझे आधार, माझी ओळख

10mm/mV 0.67-25Hz AC50

08-06-2005 08:29:44



E. C. G. REPORT

RATE 74/min Q. WAVE N
RHYTHM regular QRS COMPLEX isoelectric
VOLTAGE N ST. SEGMENT N
P. WAVE N T. WAVE N
PR. INTERVAL N

REMARKS WNL
DR. HANOVEE MISTRY KAPADIA M.D., FCPS
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ELECTROCARDIOGRAPHIC REPORT



NAME Rashan Dhule.
AGE 29 DATE 16/09/24

- A-101-102, Heritage Plaza, Telli Cross Lane, Andheri East (Nr. Station), Mumbai - 400069.
Tel.: 022-4603 2704 / 81046 06813
- 102-103-104, Gateway Plaza, Central Avenue Road, Hiranandani Gardens, Powai, Mumbai - 400076.
Tel.: 2570 4157 / 2570 1053



PID NO. : CIA0981

Name : ROSHAN DHULE

Sex / Age : Male / 28 Years

Ref By : APOLLO HEALTH AND LIFESTYLE
LIMITED

Reference :

Sample Collected At :

Sea Bird Medicare
105-107 Gateway Plaza, Central Avenue, Hiranandani
Gardens, Powai, Mumbai-400076

Processing Location: - Sea Bird Medicare
105-107 Gateway Plaza, Central Avenue, Hiranandani
Gardens, Powai, Mumbai-400076

Reg. Date

16-Sep-2024 / 8:44 am

Coll Date

16-Sep-2024 / 8:49 am

Report Date

16-Sep-2024 / 3:00 pm

REPORT

BIOCHEMISTRY

<u>Test</u>	<u>Result</u>	<u>Units</u>	<u>BIOLOGICAL REFERENCE INTERVAL</u>
Serum S.G.P.T. (Serum, Method- IFCC without/with PDP)	43.65	U/L	0 - 41
Bilirubin (Total) (Serum, Method-Diazo- End point)	0.78	mg/dl	0.0 - 1.20
Bilirubin (Direct) (Serum, Method-Diazo-End point)	0.2	mg/dl	0.0 - 0.40
Bilirubin (Indirect) Calculated	0.58	mg/dl	0.0 - 0.90
Serum Creatinine (Serum, Method- Kinetic Jaffe's)	0.89	mg/dl	0.62 - 1.17

Test Done on Fully Automated Mispa CXL PRO PLUS Biochemistry Analyser.

----- End of Report -----

Pritam Dhanawade
Lab Technician

DR. RITESH KHARCHE
MBBS, MD PATHOLOGY
Pathologist
MMC Reg No.2006031680



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REPORT

Biochemistry Report

<u>Test</u>	<u>Result</u>	<u>Units</u>	<u>BIOLOGICAL REFERENCE INTERVAL</u>
BUN (Blood Urea Nitrogen) Serum, Method: Urease	6.05	mg/dl	6.0 - 20.0
Creatinine Serum, Method-Kinetic Jaffes	0.89	mg / dL	0.62 - 1.17 mg/dl
BUN/Creatinine Ratio Calculated	6.79		10 - 20.1
Urea (Serum, Method-Urease)	12.95	mg/dl	16.6 - 48.5

----- End of Report -----

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REPORT

BLOOD GLUCOSE

<u>Test</u>	<u>Result</u>	<u>Units</u>	<u>BIOLOGICAL REFERENCE INTERVAL</u>
Blood Glucose (Fasting), plasma (Plasma, Method- Hexokinase) Interpretation: NORMAL : 70 - 100 mg/dl Pre-Diabetic : 100 - 125 mg/dl Diabetic : >125 mg/dl (ON MORE THAN ONE OCCASION) Reference : American diabetes association guidelines 2022	87.10	mg/dl	70.00 - 100.00 mg/dl
Urine Glucose (Fasting)	Absent		Absent
Urine Ketones (Fasting)	Absent		Absent
Blood Glucose (PP) plasma (Plasma, Method- Hexokinase) Interpretation: Non-Diabetic : 70 - 140 mg/dl Pre-Diabetic : 140 - 199 mg/dl Diabetic : >200 mg/dl (ON MORE THAN ONE OCCASION) Reference : American diabetes association guidelines 2022	98	mg/dl	70.00 - 140.00
Urine Glucose (PP)	Absent		Absent
Urine Ketones (PP)	Absent		Absent

Test Done on Fully Automated Mispal CXL PRO PLUS Biochemistry Analyser.

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REPORT

BLOOD GLUCOSE

Test

Result

Units

BIOLOGICAL REFERENCE INTERVAL

----- End of Report -----

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Proudly... Caring For You

This is computer generated medical diagnostics report that has been validated by an Authorized Medical Practitioner/Doctor. The report does not need physical signature. Results relate only to the sample as received. Refer to conditions of reporting overleaf.

HO- Sea Bird Medicare Centre (ISO 9001:2015): A-101-102, Heritage Plaza, Teli Cross Lane, Andheri East (Nr. Station), Mumbai- 69. Tel: 022- 46032704

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REPORT

Blood Group

<u>Test</u>	<u>Result</u>	<u>Units</u>	<u>BIOLOGICAL REFERENCE INTERVAL</u>
<u>BLOOD GROUP</u>			
ABO Group	"A"		
RH (D)	Positive		

Method : Cell (Forward) grouping by Manual Slide Method.
Sample: Whole Blood (EDTA)

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Complete Blood Count

<u>Test</u>	<u>Result</u>	<u>Units</u>	<u>BIOLOGICAL REFERENCE INTERVAL</u>
Hemoglobin	14	gm/dl	13.0 - 17.0
<u>RED BLOOD CELLS</u>			
R.B.C. Count	5.41	million / cumm	4.5 - 5.5
HCT	42.7	%	40 - 50
MCV	79	fL	83 - 101
MCH	25.8	pg	27 - 32
MCHC	32.7	gm / dl	31.5 - 34.5
RDW (CV)	14.1	%	11.6 - 14.0
Total W.B.C. Count	6240	/cu.mm.	4000 - 10000
<u>DIFFERENTIAL COUNT</u>			
Neutrophils	64	%	40 - 80
Lymphocytes	30	%	20 - 40
Eosinophils	03	%	1 - 6

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REPORT

Complete Blood Count

<u>Test</u>	<u>Result</u>	<u>Units</u>	<u>BIOLOGICAL REFERENCE INTERVAL</u>
Monocytes	03	%	2 - 10
Basophils	00	%	0 - 1
Platelet Count	385000	/cumm	150000 - 410000

MORPHOLOGY

RBC Morphology Predominantly Normocytic and Normochromic.

WBC Morphology Normal Morphology.

Platelets on Smear Adequate on smear

(EDTA Whole Blood - Tests done Automated Three part cell counter (RBC, WBC, Platelets count by impedance, Haemoglobin by colorimetric Cyanmeth free method. Rest are calculated parameters. Microscopy and DLC is done manually by the Pathologist.)

----- End of Report -----

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REPORT

Erythrocyte Sedimentation Rate (ESR)

<u>Test</u>	<u>Result</u>	<u>Units</u>	<u>BIOLOGICAL REFERENCE INTERVAL</u>
E.S.R	32	mm at 1hr	0 - 15

Method: Westergren.
Sample: Whole Blood (EDTA)

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URINE ANALYSIS

<u>Test</u>	<u>Result</u>	<u>Units</u>	<u>BIOLOGICAL REFERENCE INTERVAL</u>
<u>PHYSICAL EXAMINATION</u>			
Colour	Pale Yellow		Pale Yellow
Quantity	30 ml	ml	20 - 50
Appearance	Clear		Clear
Reaction (pH)	6.5		5.0 - 9.0
Specific Gravity	1.015		1.000 - 1.030
<u>CHEMICAL EXAMINATION</u>			
Proteins	Absent		Absent
Sugar	Absent		Absent
Ketone Bodies	Absent		Absent
Bilirubin	Absent		Absent
Nitrite	Absent		Absent
Urobilinogen	Normal	mg/dl	Normal (0.1 - 1.0 mg/dl)

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REPORT

URINE ANALYSIS

<u>Test</u>	<u>Result</u>	<u>Units</u>	<u>BIOLOGICAL REFERENCE INTERVAL</u>
Ocult Blood	Absent		Absent
<u>MICROSCOPIC EXAMINATION</u>			
Pus Cells	1 - 2 / hpf		2 - 3 / hpf
Red Blood Cells	Absent		Absent
Epithelial cells	1 - 2 / hpf		2 - 3 / hpf
Casts	Absent		Absent
Crystals	Absent		Absent
Other Findings	Absent		

METHOD:

Physical Examination : Visual Strip Method.

Chemical Examination : Bilirubin(Azo-coupling), Blood(Peroxidase), Glucose(Specific glucose-oxidase/oxidase reaction), Ketone(Rothera's test), Leukocytes(Reflectance Photometer(Leucocyte esterase)), Nitrite(Diazotization), pH(Double Indicator), Protein(Protein Error of Indicators), Specific Gravity(Refractometric method), Urobilinogen(Ehrlich).

Microscopy Examination : Automation/Manual Microscopy.

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