

: APOLLO HEALTH AND LIFESTYLE

PID NO.

Name

Sex / Age

Ref By

: CIA0995

: SANDHYA BAPPAL

: Female / 21 Years

LIMITED

(Serum, Method-Kinetic Jaffe's)

Powai: 022-25701053 / 25704157

Reference:

Reg. Date

16-Sep-2024 / 9:18 am

Coll Date

105-107 Gateway Plaza, Central Avenue, Hiranandani

Gardens, Powai, Mumbai-400076

Sample Collected At:

Sea Bird Medicare

Processing Location: - Sea Bird Medicare

105-107 Gateway Plaza, Central Avenue, Hiranandani

Gardens, Powai, Mumbai-400076

Report Date

16-Sep-2024 / 3:15 pm

16-Sep-2024 / 9:23 am

REPORT

BIOCHEMISTRY

Units BIOLOGICAL REFERENCE INTERVAL

Test Result Serum S.G.P.T. 9.26 U/L 0 - 33 (Serum, Method-IFCC without/with PDP) Bilirubin (Total) 0.25 mg/dl 0.0 - 1.20(Serum ,Method-Diazo- End point) Bilirubin (Direct) 0.11 mg/dl 0.0 - 0.40(Serum, Method-Diazo-End point) 0.0 - 0.90Bilirubin (Indirect) 0.14 mg/dl Calculated Serum Creatinine 0.69 mg/dl 0.5 - 0.95

Test Done on Fully Automated Mispa CXL PRO PLUS Biochemistry Analyser.

----- End of Report -----

Pritam Dhanawade

ranawade

Lab Technician

DR.RITESH KHARCHE MBBS, MD PATHOLOGY

Pathologist

MMC Reg No.2006031680

Page 1 of 10

Proudly... Caring For You

This is computer generated medical diagnostics report that has been validated by an Authorized Medical Practitioner/Doctor. The report does not need physical signature. Results relate only to the sample as received. Refer to conditions of reporting overleaf.

Reference:

Reg. Date

Coll Date

Sample Collected At:

16-Sep-2024 / 9:18 am

: SANDHYA BAPPAL Name

: CIA0995

PID NO.

Ref By

Sea Bird Medicare

16-Sep-2024 / 9:23 am

Sex / Age : Female / 21 Years 105-107 Gateway Plaza, Central Avenue, Hiranandani

Gardens, Powai, Mumbai-400076

Processing Location: - Sea Bird Medicare

105-107 Gateway Plaza, Central Avenue, Hiranandani

Gardens, Powai, Mumbai-400076

Report Date

16-Sep-2024 / 3:14 pm

: APOLLO HEALTH AND LIFESTYLE

LIMITED

REPORT

Biochemistry Report

<u>Test</u>	<u>Result</u>	<u>Units</u>	BIOLOGICAL REFERENCE INTERVAL
BUN (Blood Urea Nitrogen) Serum, Method: Urease	8.4	mg/dl	6.0 - 20.0
Creatinine Serum, Method-Kinetic Jaffes	0.69	mg / dL	0.5 - 0.95 mg/dl
BUN/Creatinine Ratio Calculated	7.99		10 - 20.1
Urea (Serum, Method-Urease)	18	mg/dl	16.6 - 48.5

----- End of Report -----

Pritam Dhanawade Lab Technician

DR.RITESH KHARCHE MBBS, MD PATHOLOGY **Pathologist**

MMC Reg No.2006031680

Page 2 of 10

Proudly... Caring For You

This is computer generated medical diagnostics report that has been validated by an Authorized Medical Practitioner/Doctor. The report does not need physical signature. Results relate only to the sample as received. Refer to conditions of reporting overleaf.

: CIA0995

: SANDHYA BAPPAL

PID NO.

Name

Ref By

Sex / Age : Female / 21 Years

: APOLLO HEALTH AND LIFESTYLE

LIMITED

Reference:

Sample Collected At:

Sea Bird Medicare

105-107 Gateway Plaza, Central Avenue, Hiranandani

Gardens, Powai, Mumbai-400076

Processing Location: - Sea Bird Medicare

105-107 Gateway Plaza, Central Avenue, Hiranandani

70.00 - 100.00 mg/dl

Gardens, Powai, Mumbai-400076

Reg. Date

16-Sep-2024 / 9:18 am

Coll Date

16-Sep-2024 / 9:23 am

Report Date

16-Sep-2024 / 3:15 pm

REPORT

BLOOD GLUCOSE

BIOLOGICAL REFERENCE INTERVAL Units Test Result mg/dl

Blood Glucose (Fasting), plasma (Plasma, Method- Hexokinase)

Interpretation:

NORMAL: 70 - 100 mg/dl Pre-Diabetic: 100 - 125 mg/dl

Diabetic: >125 mg/dl (ON MORE THAN ONE OCCASION)

Reference: American diabetes association guidelines 2022

Urine Glucose (Fasting) Absent Absent

85.96

Urine Ketones (Fasting) Absent Absent

Blood Glucose (PP) plasma 97 mg/dl 70.00 - 140.00

(Plasma, Method-Hexokinase)

Interpretation:

Non-Diabetic: 70 - 140 mg/dl Pre-Diabetic: 140 - 199 mg/dl Diabetic: >200 mg/dl

Powai: 022-25701053 / 25704157

(ON MORE THAN ONE OCCASION)

Reference: American diabetes association guidelines 2022

Urine Glucose (PP) Absent Absent

Urine Ketones (PP) Absent Absent

Test Done on Fully Automated Mispa CXL PRO PLUS Biochemistry Analyser.

PRIYA PANDEY

Lab Technician

DR.RITESH KHARCHE MBBS, MD PATHOLOGY

Pathologist

Kochi: 0484- 2322022 / 4032022

MMC Reg No.2006031680

Page 3 of 10

Proudly... Caring For You

This is computer generated medical diagnostics report that has been validated by an Authorized Medical Practitioner/Doctor.The report does not need physical signature. Results relate only to the sample as received. Refer to conditions of reporting overleaf.

HO- Sea Bird Medicare Centre (ISO 9001:2015): A-101-102, Heritage Plaza, Teli Cross Lane, Andheri East (Nr. Station), Mumbai- 69. Tel: 022- 46032704

: APOLLO HEALTH AND LIFESTYLE

: CIA0995

: SANDHYA BAPPAL

: Female / 21 Years

LIMITED

PID NO.

Name

Sex / Age

Ref By

Reference:

Sample Collected At: 16-Sep-2024 / 9:18 am

Sea Bird Medicare

105-107 Gateway Plaza, Central Avenue, Hiranandani

Gardens, Powai, Mumbai-400076

Processing Location: - Sea Bird Medicare

105-107 Gateway Plaza, Central Avenue, Hiranandani

Gardens, Powai, Mumbai-400076

Coll Date

Reg. Date

16-Sep-2024 / 9:23 am

Report Date

16-Sep-2024 / 3:16 pm

REPORT

BLOOD GLUCOSE

Test Result Units BIOLOGICAL REFERENCE INTERVAL

----- End of Report -----

PRIYA PANDEY Lab Technician

DR.RITESH KHARCHE MBBS, MD PATHOLOGY **Pathologist**

MMC Reg No.2006031680

Page 4 of 10

Proudly... Caring For You

This is computer generated medical diagnostics report that has been validated by an Authorized Medical Practitioner/Doctor. The report does not need physical signature. Results relate only to the sample as received. Refer to conditions of reporting overleaf.

: APOLLO HEALTH AND LIFESTYLE

Reference:

Reg. Date

Coll Date

16-Sep-2024 / 9:18 am

Sea Bird Medicare

Sample Collected At:

105-107 Gateway Plaza, Central Avenue, Hiranandani

Gardens, Powai, Mumbai-400076

Processing Location: - Sea Bird Medicare

105-107 Gateway Plaza, Central Avenue, Hiranandani

Gardens, Powai, Mumbai-400076

Report Date

16-Sep-2024 / 3:13 pm

16-Sep-2024 / 9:23 am

REPORT

Blood Group

Result Units BIOLOGICAL REFERENCE INTERVAL **Test**

BLOOD GROUP

PID NO.

Name

Sex / Age

Ref By

: CIA0995

: SANDHYA BAPPAL

: Female / 21 Years

LIMITED

ABO Group "O"

RH (D) Positive

Method: Cell (Forward) grouping by Manual Slide Method.

Sample: Whole Blood (EDTA)

----- End of Report -----

Pritam Dhanawade

ranawade

Lab Technician

DR.RITESH KHARCHE MBBS, MD PATHOLOGY

Pathologist

MMC Reg No.2006031680

Page 5 of 10

Proudly... Caring For You

This is computer generated medical diagnostics report that has been validated by an Authorized Medical Practitioner/Doctor. The report does not need physical signature. Results relate only to the sample as received. Refer to conditions of reporting overleaf.

: APOLLO HEALTH AND LIFESTYLE

: CIA0995

: SANDHYA BAPPAL Name

Sex / Age : Female / 21 Years

PID NO.

Ref By

LIMITED

Reference:

Sample Collected At:

Sea Bird Medicare

105-107 Gateway Plaza, Central Avenue, Hiranandani

Gardens, Powai, Mumbai-400076

Processing Location: - Sea Bird Medicare

105-107 Gateway Plaza, Central Avenue, Hiranandani

Gardens, Powai, Mumbai-400076

Reg. Date

16-Sep-2024 / 9:18 am

Coll Date

16-Sep-2024 / 9:23 am

Report Date

16-Sep-2024 / 3:15 pm

REPORT

Complete Blood Count

Test	Result	<u>Units</u>	BIOLOGICAL REFERENCE INTERVAL
Hemoglobin	10.9	gm/dl	12.0 - 15
RED BLOOD CELLS	4.45	million / cumm	20.40
R.B.C. Count	4.45	million / cumm	3.8- 4.8
НСТ	34.3	%	35-48
MCV	77.2	fL	83 - 101
MOU	0.4.5		27.00
MCH	24.5	pg	27 - 32
MCHC	31.7	gm / dl	31.5 - 34.5
		g, g.	
RDW (CV)	14.7	%	11.6- 14.0
Total W.B.C. Count	7090	/cu.mm.	4000-10000
DIFFERENTIAL COUNT			
Neutrophils	55	%	40 - 80
rredu oprine	00	70	
Lymphocytes	40	%	20 - 40
Eosinophils	02	%	1 - 6

Pritam Dhanawade

Lab Technician

DR.RITESH KHARCHE MBBS, MD PATHOLOGY

Pathologist

MMC Reg No.2006031680

Page 6 of 10

Proudly... Caring For You

This is computer generated medical diagnostics report that has been validated by an Authorized Medical Practitioner/Doctor. The report does not need physical signature. Results relate only to the sample as received. Refer to conditions of reporting overleaf.

Reference:

Sample Collected At:

Reg. Date

Coll Date

16-Sep-2024 / 9:18 am

Sea Bird Medicare

105-107 Gateway Plaza, Central Avenue, Hiranandani

Gardens, Powai, Mumbai-400076

Processing Location: - Sea Bird Medicare

105-107 Gateway Plaza, Central Avenue, Hiranandani

Gardens, Powai, Mumbai-400076

Report Date

16-Sep-2024 / 3:15 pm

16-Sep-2024 / 9:23 am

: APOLLO HEALTH AND LIFESTYLE

LIMITED

: CIA0995

: SANDHYA BAPPAL

: Female / 21 Years

PID NO.

Name

Sex / Age

Ref By

REPORT

Complete Blood Count

<u>Test</u>	<u>Result</u>	<u>Units</u>	BIOLOGICAL REFERENCE INTERVAL
Monocytes	03	%	2 - 10
Basophils	00	%	0 - 1
Platelet Count	244000	/cumm	150000 - 410000
MORPHOLOGY			
RBC Morphology	Mild Anisocytosis with Microcytic and Hypochromic Cells.		
WBC Morphology	Normal Morphology.		
Platelets on Smear	Adequate on smear	r	
(EDTA Whole Blood - Tests done Automated Three part cell counter (RBC, WBC, Platelets count by impedance, Haemoglobin by colorimetric Cyanmeth free method. Rest are calculated parameters. Microscopy and DLC is done manually by the Pathologist.)			

----- End of Report -----

Pritam Dhanawade Lab Technician

DR.RITESH KHARCHE MBBS, MD PATHOLOGY

Pathologist

MMC Reg No.2006031680

Page 7 of 10

Proudly... Caring For You

This is computer generated medical diagnostics report that has been validated by an Authorized Medical Practitioner/Doctor. The report does not need physical signature. Results relate only to the sample as received. Refer to conditions of reporting overleaf.

: APOLLO HEALTH AND LIFESTYLE

Reference:

Reg. Date

Sample Collected At:

Sea Bird Medicare

105-107 Gateway Plaza, Central Avenue, Hiranandani

Gardens, Powai, Mumbai-400076

Processing Location: - Sea Bird Medicare

105-107 Gateway Plaza, Central Avenue, Hiranandani

Gardens, Powai, Mumbai-400076

Report Date

Coll Date

16-Sep-2024 / 3:15 pm

16-Sep-2024 / 9:18 am

16-Sep-2024 / 9:23 am

REPORT

Erythrocyte Sedimentation Rate (ESR)

Units BIOLOGICAL REFERENCE INTERVAL Result **Test**

E.S.R 40 mm at 1hr 0 - 20

Method: Westergren. Sample: Whole Blood (EDTA)

PID NO.

Name

Sex / Age

Ref By

: CIA0995

: SANDHYA BAPPAL

: Female / 21 Years

LIMITED

----- End of Report ------

Pritam Dhanawade Lab Technician

DR.RITESH KHARCHE MBBS, MD PATHOLOGY **Pathologist**

MMC Reg No.2006031680

Page 8 of 10

Proudly... Caring For You

This is computer generated medical diagnostics report that has been validated by an Authorized Medical Practitioner/Doctor. The report does not need physical signature. Results relate only to the sample as received. Refer to conditions of reporting overleaf.

Reference: : CIA0995

Sample Collected At:

Sea Bird Medicare

105-107 Gateway Plaza, Central Avenue, Hiranandani

Gardens, Powai, Mumbai-400076

Processing Location: - Sea Bird Medicare

105-107 Gateway Plaza, Central Avenue, Hiranandani

Gardens, Powai, Mumbai-400076

Report Date

Reg. Date

Coll Date

16-Sep-2024 / 3:15 pm

16-Sep-2024 / 9:18 am

16-Sep-2024 / 9:23 am

: APOLLO HEALTH AND LIFESTYLE

: SANDHYA BAPPAL

: Female / 21 Years

LIMITED

PID NO.

Name

Sex / Age

Ref By

REPORT

URINE ANALYSIS

<u>Test</u>	<u>Result</u>	<u>Units</u>	BIOLOGICAL REFERENCE INTERVAL
PHYSICAL EXAMINATION			
Colour	Pale Yellow		Pale Yellow
Quantity	30 ml	ml	20 - 50
Appearance	Clear		Clear
Reaction (pH)	6.5		5.0 - 9.0
Specific Gravity	1.015		1.000 - 1.030
CHEMICAL EXAMINATION			
Proteins	Absent		Absent
Sugar	Absent		Absent
Ketone Bodies	Absent		Absent
Bilirubin	Absent		Absent
Nitrite	Absent		Absent
Urobilinogen	Normal	mg/dl	Normal (0.1 - 1.0 mg/dl)

Pritam Dhanawade

DR.RITESH KHARCHE MBBS, MD PATHOLOGY Lab Technician

Pathologist

MMC Reg No.2006031680

Page 9 of 10

Proudly... Caring For You

This is computer generated medical diagnostics report that has been validated by an Authorized Medical Practitioner/Doctor. The report does not need physical signature. Results relate only to the sample as received. Refer to conditions of reporting overleaf.

: APOLLO HEALTH AND LIFESTYLE

Reference:

Reg. Date

Coll Date

16-Sep-2024 / 9:18 am

Sea Bird Medicare

Sample Collected At:

105-107 Gateway Plaza, Central Avenue, Hiranandani

Gardens, Powai, Mumbai-400076

Processing Location: - Sea Bird Medicare

105-107 Gateway Plaza, Central Avenue, Hiranandani

Gardens, Powai, Mumbai-400076

Report Date

BIOLOGICAL REFERENCE INTERVAL

16-Sep-2024 / 3:15 pm

16-Sep-2024 / 9:23 am

REPORT

URINE ANALYSIS

Units

Result Ocult Blood Absent Absent

MICROSCOPIC EXAMINATION

Pus Cells 1 - 2 / hpf 2 - 3 / hpf

Red Blood Cells Absent Absent

Epithelial cells 1 - 2 / hpf 2 - 5 / hpf

Casts Absent Absent

Crystals Absent Absent

Other Findings Absent

METHOD:

Powai: 022-25701053 / 25704157

PID NO.

Name

Sex / Age

Ref By

Test

: CIA0995

: SANDHYA BAPPAL

: Female / 21 Years

LIMITED

Physical Examination: Visual Strip Method.

Chemical Examination: Bilirubin(Azo-coupling), Blood(Peroxidase), Glucose(Specific glucose-oxidase/peroxidase reaction), Ketone(Rothera's test), Leukocytes(Reflectance Photometer(Leucocyte esterase)), Nitrite(Diazotization), pH(Double Indicator),

Protein(Protein Error of Indicators), Specific Gravity(Refractometric method), Urobilinogen(Ehrlich).

Microscopy Examination: Automation/Manual Microscopy.

----- End of Report -----

anawade

Pritam Dhanawade

Lab Technician

DR.RITESH KHARCHE MBBS, MD PATHOLOGY

Pathologist

MMC Reg No.2006031680

Page 10 of 10

Proudly... Caring For You

This is computer generated medical diagnostics report that has been validated by an Authorized Medical Practitioner/Doctor.The report does not need physical signature. Results relate only to the sample as received. Refer to conditions of reporting overleaf.



MER- MEDICAL EXAMINATION REPORT

DATE OF EXAMINATION	16 sep 2024.		
NAME Sandhya R. Bappal			
0 2	GENDER female		
HEIGHT (CM) 6.0 cm	WEIGHT (KG)		
B.P.	110/80 mully.		
ECG	WNL		
X Ray	MAD.		
Vision Checkup	Color Vision: Normal		
The state of the s	Far Vision Ratio: 616 - Uncorrected		
	Near Vision Ratio: NS- Uncorrected		
Present Ailments	vil.		
Details of Past ailments (If Any)	NI .		
Comments / Advice:			
· Law harmoglobin (5/0 · TESR . Repeat ESR · Recommend to review	iron def-anaemia) × 10 days with MD physician		

Signature with Stamp of Medical Examiner

DR. HAVOVEE BISTRY KAPADIA MBBS, FCPS APPROVED BY DIS SHIFT MISICION MISDIGHT MISDIGHT REG NO.MIMICISO174

A-101-102, HERITAGE PLAZA, TELI CROSS LANE

ANDHER! EAST, MUMBAI-400 069.

SEA DIRD MEDICARE CENTRE



CERTIFICATE OF MEDICAL FITNESS

This is to certify that I have conducted the clinical examination of Sandhya R Bappal on 16 09 2024 Sandhya R

After reviewing the medical history and on clinical examination it has been found that he/she is

		Tick
•	Medically Fit	
•	Fit with restrictions/recommendations	1
	Though following restrictions have been revealed, in my opinion, these are not impediments to the job.	
1.	i/v/o law havemaglobin & high ESR recommend to review with MD physician	
2.		
3.		
	However, the employee should follow the advice/medication that has been communicated to him/her.	
	Review after	
9	Currently Unfit. Review after	
recom	mended	
	Unfit	

DR. HAVOVEE MSHEAT Officer APPROVED BY DG SHIF MNG(COI) CONSULTANT IN MARRIAGE ASTOCIAL KAPADIA MBBS,FCPS REG NO. MAIC: 80174

This certificate is not meant for 10 lettle pringer purposes

AND HERE EAST, MUMBAI-400 069. CONSULTANT IN MARINE MEDICINE & AVIATION MEDICINE SEA DIAD MEDICARE CENTRE



Report ID

: SRBM169123247

Patient Name : Ms. SANDHYA RAMLU BAPPAL

Rank

Ref By

: DR. MUKUL ARTE

Reg.

: 16-Sep-2024

Report Date

: 16-Sep-2024

Company Name : M/S. APOLLO HEALTH AND LIFESTYLE

Age/Sex

: 21 Year / Female

CHEST X RAY REPORT

X-Ray No: 7927

Investigation: Chest PA View.

Bony thoracic cage is normal.

Cardiac silhouette appears normal in size and configuration.

Both lungs shows equal translucency and normal vasculature.

Both Hemidiaphragm visualised normal.

No evidence of any active parenchymal lesion seen.

Impression:

Normal Chest X-Ray.

Mathew MD

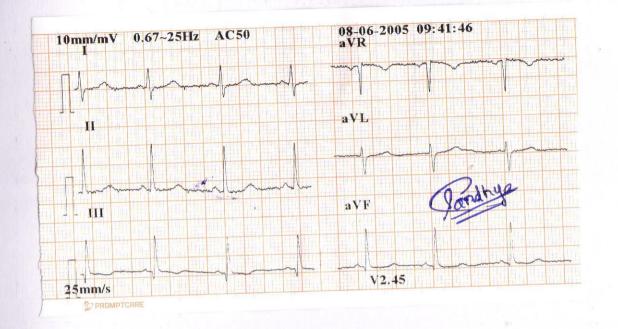
Proudly... Caring For You

HO- Sea Bird Medicare Centre (ISO 9001:2015): A-101-102, Heritage Plaza, Teli Cross Lane, Andheri East (Nr. Station), Mumbai- 69. Tel: 022- 46032704

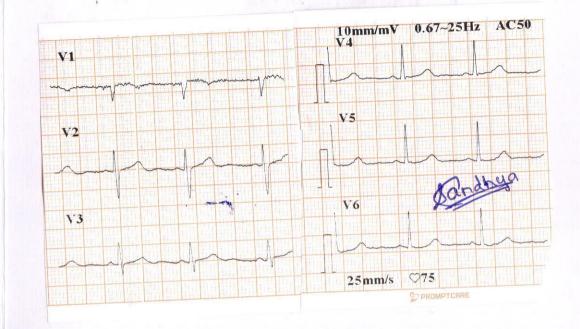
Powai: 022-25701053 / 25704157

Kochi: 0484- 2322022 / 4032022





N P



	E. 0	. G. REPORT		
RATE	74/min	Q. WAVE	N	_
RHYTHM	regulas	QRS COMPLEX	isoeloctori	
VOLTAGE	N	ST. SEGMENT _	N	
P. WAVE	N	T. WAVE	N	
PR. INTERVAL -	DR. HAVOVEE MIST	TRY KAPADIA MBBS,FCPS		
REMARKS ——	REG NO.MMC:80174 A-101-102, HERITAGE PI ANDHERI EAST, MUMBAI	AZA, TELI CROSS LANE	mistry	
	SEA DIAD MEDICARE CE	WIRE		DATE OF THE PARTY

ELECTROCARDIOGRAPHIC REPORT



NAME Sandhya Bhappal
AGE 21 DATE 16/09/24

- A-101-102, Heritage Plaza, Telli Cross Lane, Andheri East (Nr. Station), Mumbai 400069.
 Tel.: 022-4603 2704 / 81046 06813
- 102-103-104, Gateway Plaza, Central Avenue Road, Hiranandani Gardens, Powai, Mumbai 400076.
 Tel.: 2570 4157 / 2570 1053