



SEA BIRD MEDICARE CENTRE

MER- MEDICAL EXAMINATION REPORT

DATE OF EXAMINATION	16/9/24.		
NAME	Sudaj Satish Rane		
AGE		GENDER	Male
HEIGHT (CM)	168 cm	WEIGHT (KG)	64 kg
B.P.	130/80 mmHg.		
ECG	WNL		
X Ray	NAD.		
Vision Checkup	Color Vision:	N	
	Far Vision Ratio:	corrected 6/6	
	Near Vision Ratio:	N	
Present Ailments	Nil		
Details of Past ailments (If Any)	Nil		
Comments / Advice:			
<ul style="list-style-type: none">• ESR raised• Repeat ESR x 10 days			

M. V. Mistry

Signature with Stamp of Medical Examiner

DR. HAVOVEE MISTRY KAPADIA MBBS,FCPS
APPROVED BY DG SHIPPING(GOI)
CONSULTANT IN MARINE MEDICINE & AVIATION MEDICINE
REG NO.MMC:80174
A-101-102, HERITAGE PLAZA, TELI CROSS LANE
ANDHERI EAST, MUMBAI-400 069.
SEA BIRD MEDICARE CENTRE

HO- Sea Bird Medicare Centre (ISO 9001:2015): A-101-102, Heritage Plaza, Teli Cross Lane, Andheri East, Mumbai- 400069
Tel: 022-46032704 / 8104606813

Website: www.seabirdhf.com | Email: admin@seabirdhf.com



SEA BIRD MEDICARE CENTRE

CERTIFICATE OF MEDICAL FITNESS

This is to certify that I have conducted the clinical examination of
Subag Satish Rane on 16/09/2024

After reviewing the medical history and on clinical examination it has been found that he/she is

	Tick
<ul style="list-style-type: none">• Medically Fit	<input checked="" type="checkbox"/>
<ul style="list-style-type: none">• Fit with restrictions/recommendations <p>Though following restrictions have been revealed, in my opinion, these are not impediments to the job.</p> <p>1. _____</p> <p>2. _____</p> <p>3. _____</p> <p>However, the employee should follow the advice/medication that has been communicated to him/her.</p> <p>Review after _____</p>	
<ul style="list-style-type: none">• Currently Unfit. Review after _____ recommended	
<ul style="list-style-type: none">• Unfit	

Dr. kmistry

Medical Officer

This certificate is not meant for legal purposes

DR. MAYOVEE MISTRY KAPADIA MBBS, FCPS
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SEA BIRD MEDICARE CENTRE

Report ID : **SSRM169124147**
Patient Name : **Mr. SURAJ SATISH RANE**
Rank :
Ref By : **DR. MUKUL ARTE**

Reg. : **16-Sep-2024**
Report Date : **16-Sep-2024**
Company Name : **M/S. APOLLO HEALTH AND LIFESTYLE**
Age/Sex : **24 Year / Male**

CHEST X RAY REPORT

X-Ray No : 7920

Investigation : Chest PA View.

Bony thoracic cage is normal.

Cardiac silhouette appears normal in size and configuration.

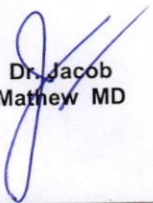
Both lungs shows equal translucency and normal vasculature.

Both Hemidiaphragm visualised normal.

No evidence of any active parenchymal lesion seen.

Impression :

Normal Chest X-Ray.


Dr. Jacob
Mathew MD

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Powai: 022-25701053 / 25704157

Kochi: 0484- 2322022 / 4032022

Website: www.seabirdhf.com | Email: seabird@seabirdhf.com

आयकर विभाग
INCOME TAX DEPARTMENT

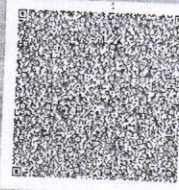


भारत सरकार
GOVT. OF INDIA



स्थायी लेखा संख्या कार्ड
Permanent Account Number Card


EXXPR0940G



नाम / Name
SURAJ SATISH RANE

पिता का नाम / Father's Name
SATISH DINKAR RANE

जन्म की तारीख /
Date of Birth
15/07/2000


हस्ताक्षर / Signature



10mm/mV 0.67-25Hz AC50

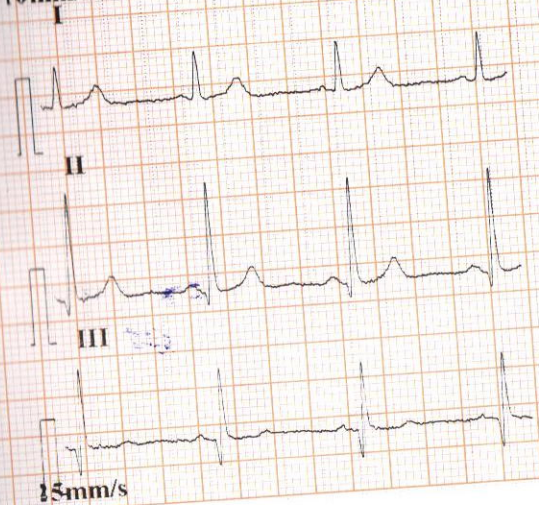
08-06-2005 09:11:49

aVR

aVL

aVF

V2.45



V1

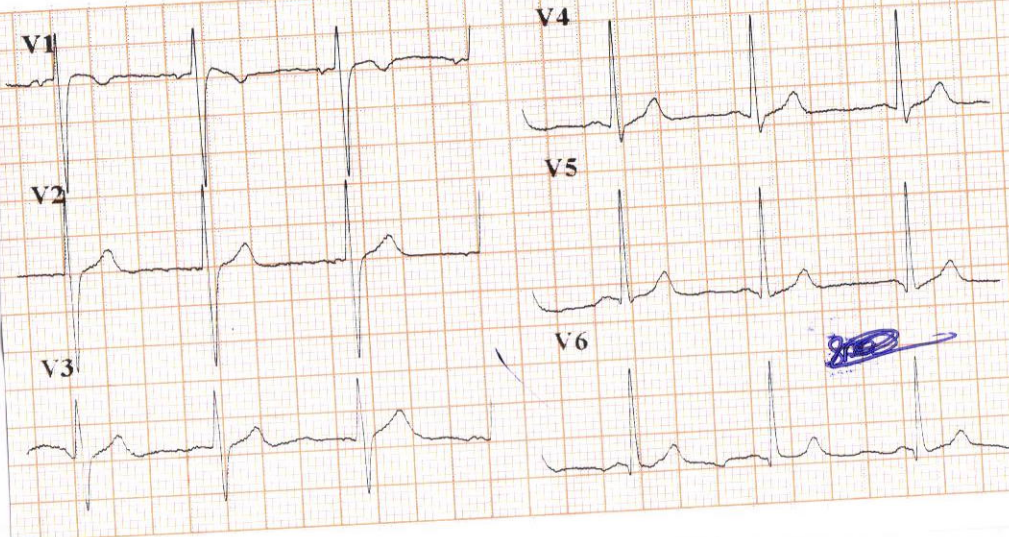
V2

V3

V4

V5

V6



E. C. G. REPORT

RATE 74/min Q. WAVE N
RHYTHM regular QRS COMPLEX isoelectric
VOLTAGE N ST. SEGMENT N
P. WAVE N T. WAVE N
PR. INTERVAL N

REMARKS WN

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SEA BIRD MEDICARE CENTRE

H Mistry

ELECTROCARDIOGRAPHIC REPORT



SEA BIRD
MEDICARE CENTRE

NAME Suraj Rane
AGE 24 DATE 16/09/24

- A-101-102, Heritage Plaza, Telli Cross Lane, Andheri East (Nr. Station), Mumbai - 400069.
Tel.: 022-4603 2704 / 81046 06813
- 102-103-104, Gateway Plaza, Central Avenue Road, Hiranandani Gardens, Powai, Mumbai - 400076.
Tel.: 2570 4157 / 2570 1053



PID NO. : CIA0999

Name : SURAJ RANE

Sex / Age : Male / 23 Years

Ref By : APOLLO HEALTH AND LIFESTYLE
LIMITED

Reference :

Sample Collected At :

Sea Bird Medicare
105-107 Gateway Plaza, Central Avenue, Hiranandani
Gardens, Powai, Mumbai-400076

Processing Location: - Sea Bird Medicare
105-107 Gateway Plaza, Central Avenue, Hiranandani
Gardens, Powai, Mumbai-400076

Reg. Date

16-Sep-2024 / 9:23 am

Coll Date

16-Sep-2024 / 9:28 am

Report Date

16-Sep-2024 / 3:22 pm

REPORT

BIOCHEMISTRY

<u>Test</u>	<u>Result</u>	<u>Units</u>	<u>BIOLOGICAL REFERENCE INTERVAL</u>
Serum S.G.P.T. (Serum, Method- IFCC without/with PDP)	23.15	U/L	0 - 41
Bilirubin (Total) (Serum, Method-Diazo- End point)	0.57	mg/dl	0.0 - 1.20
Bilirubin (Direct) (Serum, Method-Diazo-End point)	0.19	mg/dl	0.0 - 0.40
Bilirubin (Indirect) Calculated	0.38	mg/dl	0.0 - 0.90
Serum Creatinine (Serum, Method- Kinetic Jaffe's)	0.85	mg/dl	0.62 - 1.17

Test Done on Fully Automated Mispa CXL PRO PLUS Biochemistry Analyser.

----- End of Report -----

DR. RITESH KHARCHE

MBBS, MD PATHOLOGY

Pathologist

MMC Reg No.2006031680

Lab Technician

Proudly... Caring For You

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Biochemistry Report

<u>Test</u>	<u>Result</u>	<u>Units</u>	<u>BIOLOGICAL REFERENCE INTERVAL</u>
BUN (Blood Urea Nitrogen) Serum, Method: Urease	7.90	mg/dl	6.0 - 20.0
Creatinine Serum, Method-Kinetic Jaffes	0.85	mg / dL	0.62 - 1.17 mg/dl
BUN/Creatinine Ratio Calculated	9.3		10 - 20.1
Urea (Serum, Method-Urease)	16.92	mg/dl	16.6 - 48.5

----- End of Report -----

Pritam Dhanawade
Lab Technician

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REPORT

BLOOD GLUCOSE

<u>Test</u>	<u>Result</u>	<u>Units</u>	<u>BIOLOGICAL REFERENCE INTERVAL</u>
Blood Glucose (Fasting), plasma (Plasma, Method- Hexokinase) Interpretation: NORMAL : 70 - 100 mg/dl Pre-Diabetic : 100 - 125 mg/dl Diabetic : >125 mg/dl (ON MORE THAN ONE OCCASION) Reference : American diabetes association guidelines 2022	88.86	mg/dl	70.00 - 100.00 mg/dl
Urine Glucose (Fasting)	Absent		Absent
Urine Ketones (Fasting)	Absent		Absent
Blood Glucose (PP) plasma (Plasma, Method- Hexokinase) Interpretation: Non-Diabetic : 70 - 140 mg/dl Pre-Diabetic : 140 - 199 mg/dl Diabetic : >200 mg/dl (ON MORE THAN ONE OCCASION) Reference : American diabetes association guidelines 2022	86.46	mg/dl	70.00 - 140.00
Urine Glucose (PP)	Absent		Absent
Urine Ketones (PP)	Absent		Absent

Test Done on Fully Automated Mispal CXL PRO PLUS Biochemistry Analyser.

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REPORT

BLOOD GLUCOSE

Test

Result

Units

BIOLOGICAL REFERENCE INTERVAL

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Blood Group

<u>Test</u>	<u>Result</u>	<u>Units</u>	<u>BIOLOGICAL REFERENCE INTERVAL</u>
<u>BLOOD GROUP</u>			
ABO Group	"A"		
RH (D)	Positive		

Method : Cell (Forward) grouping by Manual Slide Method.
Sample: Whole Blood (EDTA)

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Complete Blood Count

<u>Test</u>	<u>Result</u>	<u>Units</u>	<u>BIOLOGICAL REFERENCE INTERVAL</u>
Hemoglobin	15.1	gm/dl	13.0 - 17.0
<u>RED BLOOD CELLS</u>			
R.B.C. Count	5.17	million / cumm	4.5 - 5.5
HCT	45.8	%	40 - 50
MCV	88.5	fL	83 - 101
MCH	29.2	pg	27 - 32
MCHC	33	gm / dl	31.5 - 34.5
RDW (CV)	13.9	%	11.6 - 14.0
Total W.B.C. Count	6460	/cu.mm.	4000 - 10000
<u>DIFFERENTIAL COUNT</u>			
Neutrophils	54	%	40 - 80
Lymphocytes	40	%	20 - 40
Eosinophils	03	%	1 - 6

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REPORT

Complete Blood Count

<u>Test</u>	<u>Result</u>	<u>Units</u>	<u>BIOLOGICAL REFERENCE INTERVAL</u>
Monocytes	03	%	2 - 10
Basophils	00	%	0 - 1
Platelet Count	299000	/cumm	150000 - 410000

MORPHOLOGY

RBC Morphology Predominantly Normocytic and Normochromic.

WBC Morphology Normal Morphology.

Platelets on Smear Adequate on smear

(EDTA Whole Blood - Tests done Automated Three part cell counter (RBC, WBC, Platelets count by impedance, Haemoglobin by colorimetric Cyanmeth free method. Rest are calculated parameters. Microscopy and DLC is done manually by the Pathologist.)

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Erythrocyte Sedimentation Rate (ESR)

<u>Test</u>	<u>Result</u>	<u>Units</u>	<u>BIOLOGICAL REFERENCE INTERVAL</u>
E.S.R	25	mm at 1hr	0 - 15

Method: Westergren.
Sample: Whole Blood (EDTA)

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URINE ANALYSIS

<u>Test</u>	<u>Result</u>	<u>Units</u>	<u>BIOLOGICAL REFERENCE INTERVAL</u>
<u>PHYSICAL EXAMINATION</u>			
Colour	Pale Yellow		Pale Yellow
Quantity	30 ml	ml	20 - 50
Appearance	Clear		Clear
Reaction (pH)	6.5		5.0 - 9.0
Specific Gravity	1.015		1.000 - 1.030
<u>CHEMICAL EXAMINATION</u>			
Proteins	Absent		Absent
Sugar	Absent		Absent
Ketone Bodies	Absent		Absent
Bilirubin	Absent		Absent
Nitrite	Absent		Absent
Urobilinogen	Normal	mg/dl	Normal (0.1 - 1.0 mg/dl)

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URINE ANALYSIS

<u>Test</u>	<u>Result</u>	<u>Units</u>	<u>BIOLOGICAL REFERENCE INTERVAL</u>
Ocult Blood	Absent		Absent
<u>MICROSCOPIC EXAMINATION</u>			
Pus Cells	1 - 2 / hpf		2 - 3 / hpf
Red Blood Cells	Absent		Absent
Epithelial cells	1 - 2 / hpf		2 - 3 / hpf
Casts	Absent		Absent
Crystals	Absent		Absent
Other Findings	Absent		

METHOD:

Physical Examination : Visual Strip Method.

Chemical Examination : Bilirubin(Azo-coupling), Blood(Peroxidase), Glucose(Specific glucose-oxidase/ peroxidase reaction), Ketone(Rothera's test), Leukocytes(Reflectance Photometer(Leucocyte esterase)), Nitrite(Diazotization), pH(Double Indicator), Protein(Protein Error of Indicators), Specific Gravity(Refractometric method), Urobilinogen(Ehrlich).

Microscopy Examination : Automation/Manual Microscopy.

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