

DEPT. OF APOLLO HEALTH CHECK



CASE RECORD

Name: AHB 0001138493  
 MR. GIRISHA M K  
 Age: 59 Year(s) Year(s)/Male  
 25 Mar 2023 8:59:46 AM



Age: 59  
 Sex: M/F  
 UHID: 254123

Physical Examination

General : Build  
 Height 164 cm Weight 68.4 kg BMI: 25.5  
 Anaemia Icterus Cyanosis Clubbing  
 Oedema Glands

HEAD & NECK :

ENT :

CVS : Heart Rate & Rhythm 101 bpm  
 B.P. : Supine 161/109 Sitting Standing spo2 98%

Chest shape  
 Heart Sounds mmHg  
 Murmurs  
 Thrills

Echo Screening Report  
 Normal LV. Syst - function  
 No RWMA, EF: 60%  
 RVSP: 18 + RAP

RS : Rate & Type

Breath Sounds

## YOUR CLINICAL TEST RESULTS

**Mr. GIRISHA M K**

MALE / 39 Yrs / AHB.0001138493 / AHBHC119985

2022 MEDIWHEEL FULL BODY HEALTH CHECK UP MALE BELOW 40 YEARS

Date : 25/03/2023

### HEMOGRAM

Test Name	Result	Unit	Level	Range
Hemoglobin :Oxyhemoglobin method(Photometric measurement)	16.3	g/dL	●	13-17
RBC Count (Impedance)	5.2	x(10) <sup>12</sup> /l	●	4.5 - 5.5
Packed cell volume (Calculated)	47	%	●	40 - 50
MCV (Derived from RBC histogram)	91	fl	●	83 - 101
MCH (Calculated)	31	pg	●	27 - 32
MCHC (Calculated)	35 *	g/dl	●	31.5 - 34.5
RDW (Calculated)	12.5	%	●	11.60-14.00
Platelet Count (Impedance)	191	x(10) <sup>9</sup> /l	●	150 - 450
WBC Count (Impedance)	6.74	x(10) <sup>9</sup> /l	●	4 - 11
Neutrophils	54	%	●	40 - 80
Lymphocytes	34	%	●	8.6 -23.8
Monocytes	8	%	●	2 - 10
Eosinophils	4	%	●	1 - 6
Basophils	0	%	●	0 - 2
ERYTHROCYTE SEDIMENTATION RATE (ESR) (Teflon Capillary Photometry)	8	mm/1st hr	●	Adult Male- 0 - 10

### URINE ROUTINE (CUE)

Test Name	Result	Unit	Level	Range
Color :	Yellow			Yellow
Appearance	Clear			Clear
Volume :	30	ml		
pH	5.5			
Specific Gravity	<=1.005			1.016 - 1.022

● Within Normal Range    ● Boderline High/Low    ● Outside Range

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Protein :	NEGATIVE			NEGATIVE
Glucose:	NEGATIVE			NEGATIVE
Ketone	NEGATIVE			NEGATIVE
Bile Salts :	NEGATIVE			NEGATIVE
Bile Pigments:	NEGATIVE			NEGATIVE
Urobilinogen	0.2	E.U./dL	●	0.2 - 1.0
Blood :	1+			NEGATIVE
Nitrate:	NEGATIVE			NEGATIVE
Leucocyte Esterases	TRACE			NEGATIVE
RBC	1-2 /h.p.f	Cells/hpf		0 - 2
Pus Cells	2-4 /h.p.f	/HPF		0 - 5
Epithelial Cells	Occasional			Occasional - Few

### BLOOD GROUPING AND TYPING (ABO and Rh)

Test Name	Result	Unit	Level	Range
Blood Group:	O			
Rh (D) Type:	POSITIVE			
Method:	COLUMN AGGLUTINATION			

### LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
ALT(SGPT) - SERUM	19	U/L	●	<= 50
GLOBULIN - SERUM - CALCULATED	2.9	g/dL	●	Adult 2.0 - 4.0
ALBUMIN:GLOBULIN (RATIO) - CALCULATED	1.6		●	0.8 - 2.0
ALBUMIN - SERUM	4.7	g/dL	●	Adult- 3.5-5.2
ALKALINE PHOSPHATASE - SERUM	72	U/L	●	Adult: 30 - 120
AST (SGOT) - SERUM	28	U/L	●	<= 50

Within Normal Range
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  Outside Range

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BILIRUBIN, TOTAL - SERUM	0.96	mg/dL	●	0.30-1.20
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### NEPHROLOGY RENAL PROFILE (RANDOM)

Test Name	Result	Unit	Level	Range
CHLORIDE - SERUM	105	mmol/L	●	98 - 107

### LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
Total Cholesterol	142	mg/dL	●	*Desirable : <200 Borderline : 200 - 239 High Risk : >239 *

### NEPHROLOGY RENAL PROFILE (RANDOM)

Test Name	Result	Unit	Level	Range
CREATININE - SERUM	1.16	mg/dL	●	Male : 0.9 -1.3

### LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
GGTP: GAMMA GLUTAMYL TRANSPEPTIDASE - SERUM	15	U/L	●	<= 55

### GLUCOSE - SERUM / PLASMA (FASTING)

Test Name	Result	Unit	Level	Range
Glucose - Plasma (Fasting)	89	mg/dL	●	*Non-Diabetic : <= 100 Impaired Fasting Glucose: 100-125 Diabetic : >= 126 "

### GLUCOSE - SERUM / PLASMA (POST PRANDIAL)

Test Name	Result	Unit	Level	Range
Glucose - Plasma (POST PRANDIAL)	92	mg/dL	●	*Non-Diabetic : <=140 Impaired Glucose Tolerance : 140-199 Diabetic : >=200 "

### GLYCATED HEMOGLOBIN (HBA1C) - WHOLE BLOOD

Test Name	Result	Unit	Level	Range
Glycosylated Hemoglobin (HbA1c)	5.4	%	●	*NON-DIABETICS <=5.6 PRE-DIABETIC: >=6.0

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5.7-6.4DIABETIC>=6.5"

### LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
HDL CHOLESTEROL - SERUM	39 *	mg/dL	●	"Low : <40High: >59"
LDL Cholesterol (Direct LDL)	95	mg/dL	●	"Optimal : <100Near/Above Optimal: 100 – 129Borderline High: 130 – 159High: 160 – 189Very High: > 189"

### NEPHROLOGY RENAL PROFILE (RANDOM)

Test Name	Result	Unit	Level	Range
POTASSIUM - SERUM	4.0	mmol/L	●	3.5-5.1

### LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
PROTEIN TOTAL - SERUM	7.6	g/dL	●	ADULT: 6.0 - 8.5

### NEPHROLOGY RENAL PROFILE (RANDOM)

Test Name	Result	Unit	Level	Range
SODIUM - SERUM	138	mmol/L	●	135 - 145

### THYROID PROFILE - I(T3,T4 AND TSH)

Test Name	Result	Unit	Level	Range
TOTAL T3: TRI IODOTHYRONINE - SERUM	137.87	ng/dL	●	Adults: 87 - 178
TOTAL T4: THYROXINE - SERUM	10.1	µg/dL	●	5.93 - 13.29

### LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
Triglycerides - Serum	121	mg/dL	●	"Normal: < 150Borderline High: 150 – 199High: 200 – 499Very High: > 499"
TOTAL CHOLESTEROL/HDL CHOLESTEROL RATIO(Calculated)	3.6		●	< 5.0

● Within Normal Range

● Boderline High/Low

● Outside Range

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### THYROID PROFILE - I(T3,T4 AND TSH)

Test Name	Result	Unit	Level	Range
THYROID STIMULATING HORMONE [TSH]	1.74	µIU/mL	●	0.34 - 5.6

### NEPHROLOGY RENAL PROFILE (RANDOM)

Test Name	Result	Unit	Level	Range
UREA - SERUM	18	mg/dL	●	15 - 45
URIC ACID - SERUM	7.1 *	mg/dL	●	Adult Male: 3.0 - 7.0

### LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
VLDL CHOLESTEROL - SERUM	24	mg/dl	●	Desirable: <30

### LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
BILIRUBIN DIRECT - SERUM	0.19	mg/dL	●	upto 0.4
BILIRUBIN INDIRECT - SERUM - CALCULATED	0.77	mg/dL	●	0.1 - 1.0

### NEPHROLOGY RENAL PROFILE (RANDOM)

Test Name	Result	Unit	Level	Range
BICARBONATE (HCO3) - SERUM	28		●	Healthy Adults: 22 - 29



Within Normal Range



Boderline High/Low



Outside Range

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INVESTIGATIONS NOT DONE / NOT YET REPORTED / NOT PART OF PACKAGE(LAB,RADIOLOGY & CARDIOLOGY)

**Haematology**

STOOL ROUTINE

**Biochemistry**

GLUCOSE - SERUM / PLASMA (RANDOM)

**CARDIOLOGY**

ECHO/TMT - OPTIONAL

**Ultrasound Radiology**

ULTRASOUND - WHOLE ABDOMEN

**CARDIOLOGY**

ECG

**X Ray**

X-RAY CHEST PA



Within Normal Range



Boderline High/Low



Outside Range

AH-QF-RD-04

**DEPARTMENT OF RADIOLOGY**

<b>Patient's Details</b> :	Mr. GIRISHA M K		M		039Y
<b>UHID</b> :	AHB.0001138493	<b>Ward/Bed No.</b> :			AHC / AHC
<b>I.P.No./Bill No.</b> :	AHBHC119985	<b>Scanned on</b> :			25-Mar-2023 10:00
<b>Accession Number</b> :	10601.123034849	<b>Reported On</b> :			25-Mar-2023 10:23:25
<b>Referring Doctor</b> :	null				

**X-RAY CHEST PA VIEW**

Clinical information – health check up

Lung fields appear clear bilaterally with normal bronchovascular markings.

Cardiac silhouette and cardiothoracic ratio appear normal.

Costophrenic angles appear normal on both sides.

Domes of the diaphragm appear normal.

Underlying bony and soft tissue shadows appear normal.

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**IMPRESSION:**

No definite abnormality noted on the chest radiograph.

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Suggested clinical correlation.

Dr sam k George  
Resident

---END OF THE REPORT---

N.B. : This is only a professional opinion and not the final diagnosis. Radiological investigations are subject to variations due to technical limitations. Hence, correlation with clinical findings and other investigations should be carried out to know true nature of illness.



**DEPARTMENT OF RADIOLOGY**

<b>Patient's Details</b> : Mr. GIRISHA M K	M   039Y
<b>UHID</b> : AHB.0001138493	<b>Ward/Bed No.</b> : AHC / AHC
<b>I.P.No./Bill No.</b> : AHBHC119985	<b>Scanned on</b> : 25-Mar-2023 11:24
<b>Accession Number</b> : 10601.223027301	<b>Reported On</b> :
<b>Referring Doctor</b> : null	

**ULTRASOUND WHOLE ABDOMEN SCREENING**

**Clinical Information:** - Routine health checkup.

Liver appears normal in size, shape and shows diffuse increase in echogenicity. No focal parenchymal lesions identified. No evidence of intra/extrahepatic biliary tree dilatation noted. Portal vein appears to be of normal size.

Gallbladder is partially distended (post prandial status), appears grossly normal.

Spleen appears normal in size, shape and echopattern. No focal parenchymal lesions identified.

Pancreas: Head appears normal. Rest obscured by bowel gas.

Both kidneys appear normal in size, shape and echopattern. Corticomedullary differentiation appears maintained. No sonological evidence of calculi or hydronephrosis seen on either side.

Urinary bladder is moderately distended and appears normal. No evidence of abnormal wall thickening.

Prostate appears normal in size. Normal echopattern noted within the gland.

No evidence of ascites or pleural effusion seen.

**IMPRESSION:**

Fatty liver.

- Suggested clinical correlation.

(Enclosed report) Ak

**DR. SHADAB ALAM**  
ASSOCIATE CONSULTANT  
RADIOLOGIST

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APOLLO HOSPITALS  
BANNERGATTA ROAD  
BANGALORE

Station  
Telephone:

## EXERCISE STRESS TEST REPORT

Patient Name: GIRISHA M K,  
Patient ID: AHB/1138493  
Height:  
Weight:

DOB: 07.01.1984  
Age: 39yrs  
Gender: Male  
Race: Indian

Study Date: 25.03.2023  
Test Type: Treadmill Stress Test  
Protocol: BRUCE

Referring Physician: AHC  
Attending Physician: DR K M NAIR  
Technician: Yashodha

Medications:  
NONE

Medical History:  
NONE

Reason for Exercise Test:  
Screening for CAD

### Exercise Test Summary

Phase Name	Stage Name	Time in Stage	Speed (mph)	Grade (%)	HR (bpm)	BP (mmHg)	Comment
PRETEST	SUPINE	01:32	0.00	0.00	84	150/90	
	STANDING	00:04	0.00	0.00	83	150/90	
	HYPERV.	00:03	0.00	0.00	85	150/90	
	WARM-UP	00:07	0.00	0.00	83	150/90	
EXERCISE	STAGE 1	03:00	1.70	10.00	131	150/90	
	STAGE 2	03:00	2.50	12.00	151	160/90	
	STAGE 3	01:02	3.40	14.00	169	170/90	
RECOVERY		03:15	0.00	0.00	110	160/90	

The patient exercised according to the BRUCE for 7:01 min:s, achieving a work level of Max. METS: 10.10. The resting heart rate of 85 bpm rose to a maximal heart rate of 169 bpm. This value represents 93 % of the maximal, age-predicted heart rate. The resting blood pressure of 150/90 mmHg, rose to a maximum blood pressure of 180/90 mmHg. The exercise test was stopped due to Target heart rate achieved.

### Interpretation

Summary: Functional Capacity: normal.  
HR Response to Exercise: appropriate.  
BP Response to Exercise: appropriate response.  
Chest Pain: none.  
Arrhythmias: none.  
ST Changes: none.

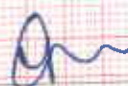
### Conclusions

IMP: STRESS TEST NEGATIVE FOR INDUCIBLE ISCHEMIA

Physician



Technician



Rate 83

PR 124  
QRSD 113  
QT 349  
QTc 410

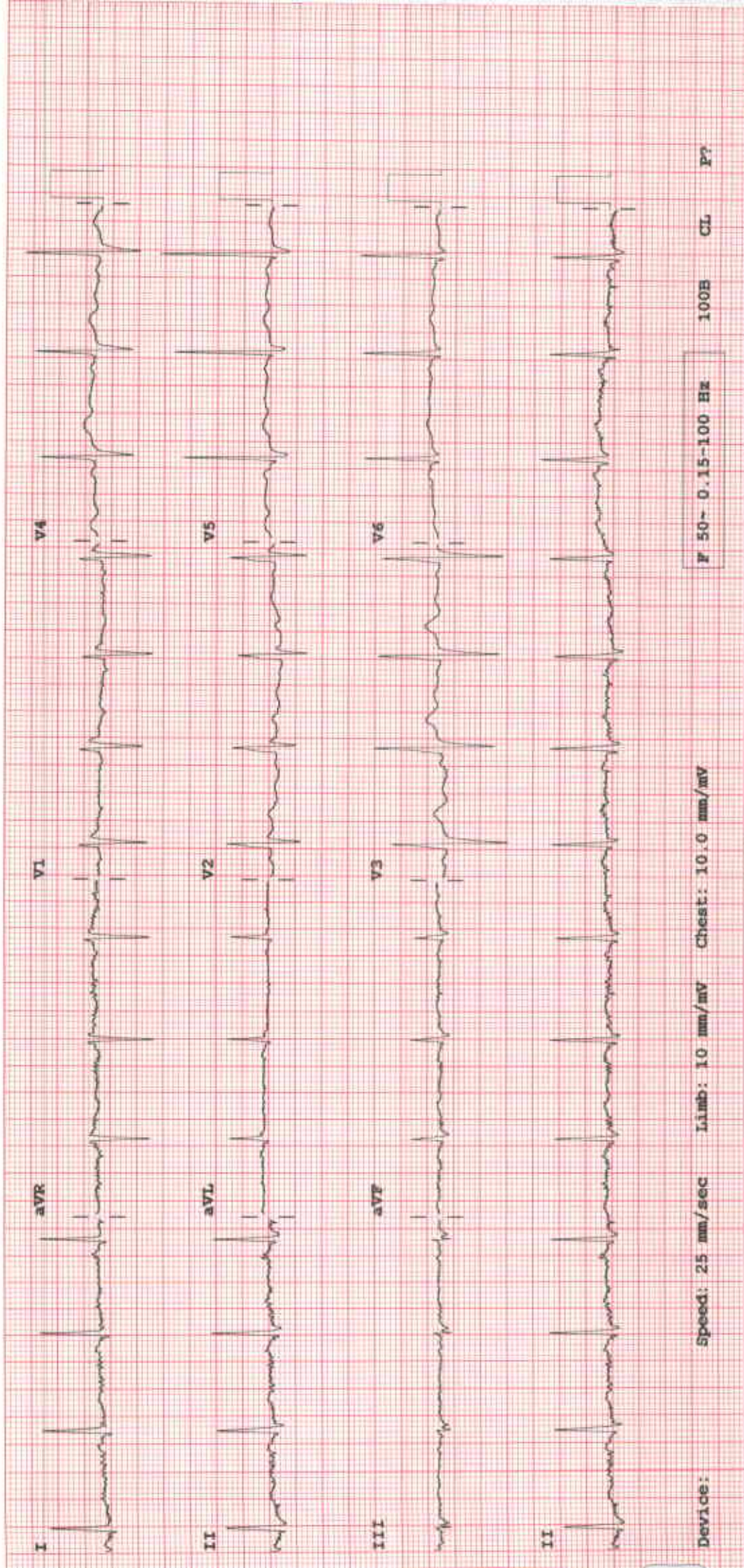
--AXIS--

P 31  
QRS 28  
T 55

12 Lead; Standard Placement

AHB.0001138483

MR GIRISHA M K  
Age: 39Year(s) Year(s)/Male  
25 Mar 2023 0:59:44 AM



Device: Speed: 25 mm/sec Limb: 10 mm/mV Chest: 10.0 mm/mV  
 F 50- 0.15-100 Hz 100B CL P<sub>r</sub>