

- COMPU. PATHOLOGY • ALLERGY TESTING
- DIGITAL WHOLE BODY X-RAYS
- DIGITAL 3D SONOGRAPHY
- DIGITAL WHOLE BODY COLOUR DOPPLER
- DIGITAL 2-D ECHO WITH COLOUR DOPPLER
- E.C.G. • LUNG FUNCTION TEST
- MAMMOGRAPHY & BONE MINERAL DENSITOMETRY

- COMPUTERISED STRESS TEST
- DENTAL
- ADVANCED DENTISTRY
- PHYSIOTHERAPY
- AUDIOMETRY & SPEECH THERAPY
- FULL BODY HEALTH CHECK-UPS
- CORPORATE HEALTH CHECKUPS



HEALTHCARE

MEDICAL CENTRE & DIAGNOSTICS

Patient's Name : MS VASTAVIKA KURUP
Referred By Dr : MEDIWHEEL
Sex : FEMALE **Age :** 31 Years
Collected At : VASAI NALASOPARA MAIN BRANCH

Lab No. : KDB0316 *KDB0316*
Reg. Date : 14-Apr-2023 9:28 am
Report Date : 14-Apr-2023 4:48 pm
Print Date : 15-Apr-2023 4:04 pm

BIOCHEMISTRY

TEST	RESULT	UNITS	NORMAL VALUES
BLOOD SUGAR FASTING	100.4	mg/dL	Normal: 70-110 mg/dL Impaired Fasting Glucose(IFG): 110 -125 Diabetes mellitus: >= 126 (on more than one occasion)
BLOOD SUGAR (Post prandial)	72.7	mg/dl	Normal: 70-140 mg/dL Impaired Tolerance: 140-199 Diabetes mellitus: >= 200 (on more than one occasion)
Blood Urea Nitrogen (BUN)	7.20		5 - 20 mg/dl
CREATININE	0.77	mg/dl	0.5 - 1.5 mg/dl
HBA1C	5.3	%	4 - 5.7 %
Serum Uric Acid	4.40	mg%	Female : 2.4 - 5.7 mg%
URINE SUGAR (Post prandial)	Absent		
Age of the Patient	31		
ESTIMATED AVERAGE GLUCOSE	105.41		
eGFR	92.93	ml/min	

eGFR calculation based on MDRD guideline 2012

REFERENCE RANGE FOR CREATININE CLEARANCE ml/min

AGE	MALES	FEMALES	AGE	MALES	FEMALES
20-29	94-140	72-121	60-69	54-98	45-75
30-39	89-137	71-110	70-79	49-79	37-61
40-49	76-120	50-102	80-89	30-60	27-55
50-59	67-109	50-102	90-99	26-44	26-42

----- End of Report -----

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DR. BHAVINI KAMDAR
MD (PATH) MUM

- BORIVALI CENTRE** 1ST FLR., YOGI AVENUE, YOGI NAGAR, BORIVALI (W), MUMBAI - 400092. • TEL.: 2899 6565 / 2899 1376 • MOB.: 90222 39301
- KANDIVALI CENTRE** MAHAVIR SURYADARSHAN SOC., SATYANAGAR RD., MAHAVIR NAGAR, KANDIVALI (W), MUMBAI - 67. • TEL.: 2868 0090 / 6522 6565 / 2869 7808 • MOB.: 90220 54458
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COMPLETE BLOOD COUNT

TEST	RESULT	UNITS	NORMAL VALUES
Haemoglobin	13.8	gm %	Female : 11.5 - 14.5 gm%
Erythrocytes (Total RBCs)	4.82	mill. / cmm	Female : 3.8 - 5.2 mill. / cmm
PCV	41.1	%	Female : 32 - 47 %
MCV	85.30	fl	80- 96 fl
MCH	28.70	pg	27 - 32 pg
MCHC	33.60	gm%	32 - 37 gm%
RDW	13.6	%	12 - 14.5
TOTAL WBC COUNT			
TOTAL WBC COUNT	8360	/ cumm	4,000 - 11,000
DIFFERENTIAL COUNT			
Neutrophils	75	%	40 - 75
Lymphocytes	20	%	20 - 40
Eosinophils	03	%	0 - 6
Monocytes	02	%	2 - 8
Platelet count	330000	Lacs/cmm	150000-450000
PERIPHERAL SMEAR			
RBC Morphology	Normocytic Normochromic		
WBC Morphology	Normal		
Platelets Morphology	Adequate		
ESR (westergren's method)	12	mm/hr	Male: 0 - 10 mm Female: 0 - 20 mm

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IMMUNOLOGY

TEST	RESULT	UNITS	NORMAL VALUES
T3 [Tri - iodothyronine]	96.39	ng/dl	55 - 180 ng/dl
Method	ELFA		
T4 [Thyroxine]	8.2	ug/dl	4.66 - 10.50 ug/dl
Method	ELFA		
TSH [Thyroid Stimulating Hormone]	1.13	uIU/mL	0.25 - 5.0 uIU/mL
Method	ELFA		

Interpretation :

1. TSH results between 4.5 to 15 show considerable physiologic & seasonal variation, suggest clinical correlation or repeat testing with fresh sample.
2. TSH values may be transiently altered because of non thyroidal illness like severe infections, liver disease, renal and heart failure , severe burns , trauma and surgery etc.
3. Drugs that decrease TSH values e.g:L dropa, Glucocorticoid Drugs that increase TSH values e.g Iodine,Lithium,Amiodarone.

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LEVER FUNCTION TEST

TEST	RESULT	UNITS	NORMAL VALUES
Bilirubin Total	0.59	mg / dl	0.5 - 1.0 mg / dl
Bilirubin Direct	0.25	mg / dl	0.1 - 0.3 mg / dl
Bilirubin Indirect	0.34	mg/dl	UPTO 0.8 mg / dl
S.G.P.T.	17.40	U / L	Up to 49 U / L
S.G.O.T.	13.40	U / L	Up to 46 U / L
Alkaline Phosphatase	80	U/l	4 - 15 Years: 54 - 369 U/l 20 - 59 Years: 42 - 98 U/l > 60 Years: 53 - 141 U/l
Total Proteins	7.67	gm / dl	6 - 8 gm / dl
Albumin	3.95	gm / dl	3.2 - 5.5 gm / dl
Globulin	3.72	mg/dl	2 - 3.5 mg / dl
A / G Ratio	1.06		1.0- 2.3
GGT	30	IU/L	5 - 50 IU/L

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LIPID PROFILE

TEST	RESULT	UNITS	NORMAL VALUES
SR. CHOLESTEROL	189	mg / dl	Desirable: < 200 mg/dl Borderline High: 200-239 mg/dl High: >= 240 mg/dl
SR. TRIGLYCERIDES	100.4	mg / dl	Normal: < 150 mg/dl Borderline High: 150-199 mg/dl High: 200-499 mg/dl Very High: >= 500 mg/dl
HDL CHOLESTEROL	45	mg / dl	40 - 60 mg / dl
VLDL	20.08	mg / dl	6 - 38 mg / dl
LDL CHOLESTEROL	123.92	mg / dl	Optimal: < 100 mg/dl Near Optimal: 100-129 mg/dl Borderline high: 130-159 mg/dl High: 160-189 mg/dl Very High: >= 190 mg/dl
CHOLESTEROL / HDL	4.20		< 5
LDL / HDL	2.75		< 3.5

NOTE: Reference Interval as per National Cholesterol Education Program (NCEP) Adult Treatment Panel III Report.
 Lower HDL values are associated with increased risk of atherosclerosis. Cholesterol/HDL
 Ratio below 5.1 is statistically associated with decreased incidence of heart disease.

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SEROLOGY

TEST	RESULT
Blood Group	'O'
Rh Factor	Positive

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URINE ROUTINE & MICROSCOPY

TEST	RESULT
PHYSICAL EXAMINATION	
Quantity	15 ml
Colour	Pale yellow
Appearance	Slightly Hazy
Deposit	Absent
pH	Acidic (5.0)
Specific Gravity	1.010
CHEMICAL EXAMINATION	
Proteins	Absent
Sugar	Absent
Ketone	Absent
Occult Blood	Absent
Bile Pigment	Absent
Bile Salts	Absent
Urobilinogen	Normal
MICROSCOPIC EXAMINATION OF CENTRIFUGED DEPOSIT	
Red Blood Cells	Absent
Pus Cells	1-2/ hpf
Epithelial Cells	1-2/ hpf
Casts	Not seen
Crystals	Not seen
Yeast	Not seen
Bacteria	Absent

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MEDICAL CENTRE & DIAGNOSTICS

NAME	MS VASTAVIKA KURUP	DATE	14.04.2023
		AGE	31 YRS
REF. BY DR	MEDIWHEEL	SEX	FEMALE

REAL TIME SONOGRAPHY OF ABDOMINAL SHOWS,

LIVER :

Liver is normal in size showing homogenous parenchymal **bright** echotexture. There is no evidence of solid or cystic mass. The Portal vein and the hepatic venous system appears normal..

Gall bladder :

Gall bladder is partially distended .The gall bladder wall of normal thickness. No evidence of gall stones.

PANCREAS :

Pancreas is normal in size with smooth margin and homogenous parenchymal echotexture . No e/o focal lesion seen.

KIDNEYS :

Both kidneys are normal in size and shows homogenous cortical echotexture. Central calyceal echoes appear normal .There is no evidence of hydronephrosis or renal calculus

(a) Right kidney measures: 10.0 x 4.0 cms.

(b) Left kidney measures: 11.0 x 5.0 cms.

SPLEEN :

The spleen is normal in size with homogenous parenchymal echotexture.No focal lesion are seen.

BORIVALI CENTRE (W) 1ST FLR., YOGI AVENUE, YOGI NAGAR, BORIVALI (W), MUMBAI - 400092. • TEL.: 2899 6565 / 2899 1376 • MOB.: 90222 39301

GORAI CENTRE VICTORY HEIGHTS, GORAI MAIN ROAD, OPP. SUVIDYA SCHOOL, BORIVALI (W), MUMBAI - 92. • TEL.: 2869 6556 • MOB.: 90224 88354

DAHISAR CENTRE (W) NILANGI APARTMENT, KANDERPADA JUNCTION, DAHISAR (W), MUMBAI - 400068. • TEL.: 2893 3427 • MOB.: 90220 58504

KANDIVALI CENTRE (W) MAHAVIR SURYADARSHAN SOC., SATYANAGAR RD., MAHAVIR NAGAR, KANDIVALI (W), MUMBAI - 67. • TEL.: 2868 0090 / 6522 6565 / 2869 7808 • MOB.: 90220 54458

KANDIVALI CENTRE (E) SHOP NO. 44/49, EMP 71, EVERSHINE MILLENNIUM PARADISE, THAKUR VILLAGE, 120 FEET ROAD, KANDIVALI (E) MUMBAI - 400101. • TEL.: 2885 7171 / 89288 41541

GOREGAON CENTRE (W) M.G. ROAD, NEAR JAIN MANDIR, GOREGAON (W), MUMBAI - 400062. • TEL.: 2873 3030 / 2873 3131 • MOB.: 93213 83806

GOREGAON CENTRE (E) SATELITE GARDENS, FILM CITY ROAD, NEAR SATELITE TOWER, GOREGAON (E), MUMBAI - 400063. • TEL.: 4012 6565 • MOB.: 79773 74838 / 79773 62922

MIRA ROAD CENTER (E) UNIT-13, RNA LIBERTY CHS, VIJAY PARK, JANGID CIRCLE, MIRA ROAD (E). • MOB.: 70218 04221 / 70218 27389

VASAI NALLSOPARA (E) A/4, JAI VIJAY GREEN CHS. BLDG. NO. 2, JAI VIJAY NAGAR, 1833 ACHOLE, LINK ROAD, VASAI - NALLASOPARA (E), THANE - 401209 • MOB.: 8591601677 / 8591922640

- COMPU. PATHOLOGY • ALLERGY TESTING
- DIGITAL WHOLE BODY X-RAYS
- DIGITAL 3D SONOGRAPHY
- DIGITAL WHOLE BODY COLOUR DOPPLER
- DIGITAL 2-D ECHO WITH COLOUR DOPPLER
- E.C.G. • LUNG FUNCTION TEST
- MAMMOGRAPHY & BONE MINERAL DENSITOMETRY

- COMPUTERISED STRESS TEST
- DENTAL
- ADVANCED DENTISTRY
- PHYSIOTHERAPY
- AUDIOMETRY & SPEECH THERAPY
- FULL BODY HEALTH CHECK-UPS
- CORPORATE HEALTH CHECKUPS



HEALTHCARE

MEDICAL CENTRE & DIAGNOSTICS

URINARY BLADDER :

The Urinary bladder is well distended.No evidence of calculus or intraluminal mass seen int the bladder.

UTERUS :

Uterus measures: 8.0 x 4.0x 1.5 cms..

ADNEXA :

Left ovary normal . Right ovary normal . the endometrium thickness is 8 mm .

(a) Right ovary measures: 3.0 x 2.0 cms .

(b) Left ovary measures: 3.0 x 3.3 cms .

No evidence of free fluid.

IMPRESSION :

- **FATTY LIVER GRADE I .**

Khilji Faiz

**DR.KHILJI FAIZ
CONS.RADIOLOGIST**

Note : Investigations have their limitations. Solitary radiological investigations never confirm the final diagnosis. They only help in diagnosing the disease in correlation to clinical symptoms and other related tests. USG is known to have interobserver variation. Further / Follow-up imaging may be needed in some cases for confirmation of USG finings. Patient was explained in detail about the USG findings and its limitations. Please interpret accordingly.

BORIVALI CENTRE (W) 1ST FLR., YOGI AVENUE, YOGI NAGAR, BORIVALI (W), MUMBAI - 400092. • TEL.: 2899 6565 / 2899 1376 • MOB.: 90222 39301

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HEALTHCARE

MEDICAL CENTRE & DIAGNOSTICS

NAME	MS VASTAVIKA KURUP	DATE	14.04.2023
		AGE	31 YRS
REF. BY DR.	MEDIWHEEL	SEX	FEMALE

X-RAY CHEST (PA.VIEW).

The lungs on the either side show equal translucency. The heart and trachea are central in position.

No mediastinal abnormality is visible.

The peripheral pulmonary vasculature is normal.

No focal lung lesion is seen.

The pleural spaces are normal.

Both hila are normal in size, have equal density and bear normal relationship.

The cardiac size is normal.

The domes of the diaphragms are normal in position, and show smooth outline.

Ribs appear normal.

IMPRESSION :

NO EVIDENCE OF PULMONARY, PLEURAL OR CARDIAC PATHOLOGY IS NOTED.

**DR.KHILJI FAIZ
CONS.RADIOLOGIST**

- BORIVALI CENTRE (W)** 1ST FLR., YOGI AVENUE, YOGI NAGAR, BORIVALI (W), MUMBAI - 400092. • TEL.: 2899 6565 / 2899 1376 • MOB.: 90222 39301
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- COMPU. PATHOLOGY
- DIGITAL X-RAY
- DIGITAL SONOGRAPHY
- DIGITAL COLOR DOPPLER
- 2D ECHO CARDIOGRAPHY
- MAMMOGRAPHY & BONE MINERAL DENSITOMETRY (BMD)
- ECG ■ PFT
- COMPU. TREADMILL TEST
- PHYSIOTHERAPY
- DENTAL
- HEALTH CHECK-UP



HEALTHCARE
MEDICAL CENTRE & DIAGNOSTICS

ELECTROCARDIOGRAM (ECG)

MS VASTAVIKA KURUP
EKDB0316 14-Apr-2023
ECG

PATIENT Ms Vastavika Kurup AGE 31 yr SEX Male

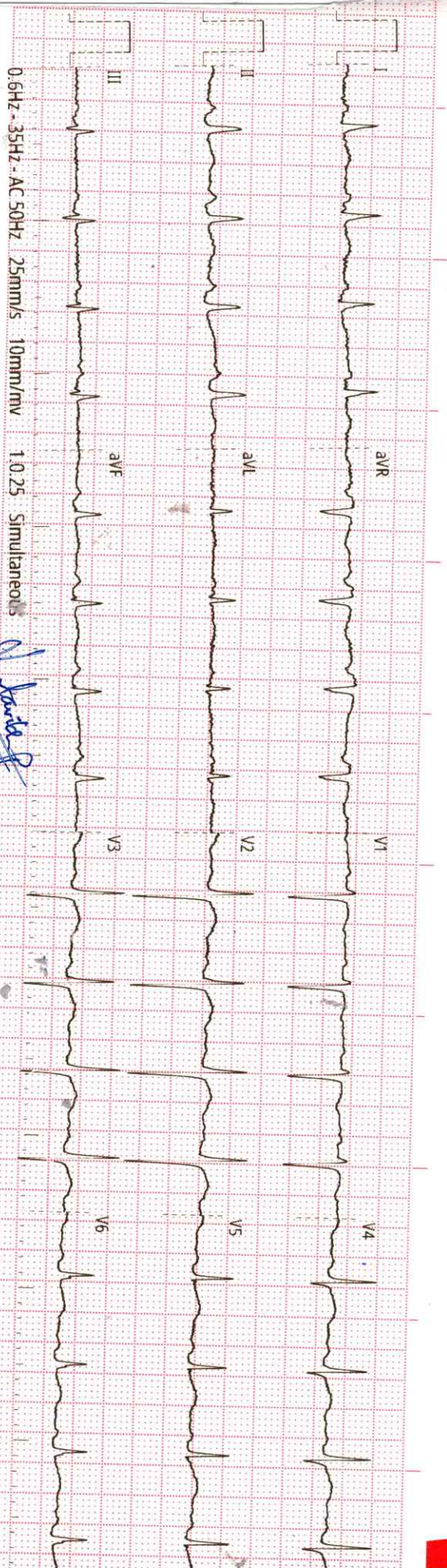
REF. BY DR. Mediwheel DATE 14 / April / 2023

INTERPRETATION : sinus tachycardia

Dr. CP
Dr. NUPUR RAI
MBBS, DIPLOMA CARDIOLOGY (PGCCG)
Reg. No.: 2018115643

HEALTHCARE MEDICAL CENTRE AND
DIAGNOSTICS
SHOP NO. 4, JAY MEVA GREEN PARK,
VASA MALLASOPARA (E), PIN - 401209,
VILVADEVI, WINK ROAD,
MOBILE - 98220047859 / 8591301677

5



0.6Hz - 35Hz - AC 50Hz - 25mm/s - 10mm/mV - 1.0.25 - Simultaneous

Handwritten signature

History :

B.P. :

Drugs :

Standard :

Auricular Rate :

Ventricular Rate :

Rhythm :

Mechanism :

Voltage :

Axis :

P Waves :

PR Interval :

Q. Waves :

QRS Interval :

ST Segment :

T. Waves :

QT Interval :

Extra Systoles :

REMARKS & CONCLUSIONS :

Drino Tachycardia



Healthcare Diagnostics <healthcare.medicals@gmail.com>

Health Check up Booking Confirmed Request(bobE37745),Package Code-PKG10000241, Beneficiary Code-46701

2 messages

Mediwheel <wellness@mediwheel.in>
To: healthcare.medicals@gmail.com
Cc: customercare@mediwheel.in

Mon, Apr 10, 2023 at 12:12 PM



Mediwheel
...Your wellness partner

**011-41195959****Email:wellness@mediwheel.in**

Hi **Healthcare Medical Centre and Diagnostic**,

Diagnostic/Hospital Location :**Shop No 4 and A-02,JAY VIJAY NAGAR, NALLASOPARA LINK ROAD VASAI EAST. 401209, City:Mumbai**

We have received the confirmation for the following booking .

Beneficiary Name : PKG10000241

Beneficiary Name : MS. KURUP VASTAVIKA VIJAYAN

Member Age : 29

Member Gender : Female

Member Relation : Employee

Package Name : Medi-Wheel Metro Full Body Health Checkup Female Below 40

Location : VASAI,Maharashtra-401201

Contact Details : 7030612316

Booking Date : 07-04-2023

Appointment Date : 14-04-2023

Instructions to undergo Health Check:

1. Please ensure you are on complete fasting for 10-To-12-Hours prior to check.
2. During fasting time do not take any kind of medication, alcohol, cigarettes, tobacco or any other liquids (except Water) in the morning.
3. Bring urine sample in a container if possible (containers are available at the Health Check centre).
4. Please bring all your medical prescriptions and previous health medical records with you.
5. Kindly inform the health check reception in case if you have a history of diabetes and cardiac problems.

For Women:

1. Pregnant Women or those suspecting are advised not to undergo any X-Ray test.
2. It is advisable not to undergo any Health Check during menstrual cycle.

We request you to facilitate the employee on priority.

LETTER OF APPROVAL / RECOMMENDATION

To,

The Coordinator,
Mediwheel (Arcofemi Healthcare Limited)
Helpline number: 011- 41195959

Dear Sir / Madam,

Sub: Annual Health Checkup for the employees of Bank of Baroda

This is to inform you that the following employee wishes to avail the facility of Cashless Annual Health Checkup provided by you in terms of our agreement.

PARTICULARS	EMPLOYEE DETAILS
NAME	MS. KURUP VASTAVIKA VIJAYAN
EC NO.	180306
DESIGNATION	SINGLE WINDOW OPERATOR A
PLACE OF WORK	VASAI, VASAIGAON
BIRTHDATE	19-04-1991
PROPOSED DATE OF HEALTH CHECKUP	31-03-2023
BOOKING REFERENCE NO.	22M180306100056808E

This letter of approval / recommendation is valid if submitted along with copy of the Bank of Baroda employee id card. This approval is valid from **31-03-2023** till **31-03-2023**. The list of medical tests to be conducted is provided in the annexure to this letter. Please note that the said health checkup is a **cashless facility** as per our tie up arrangement. We request you to attend to the health checkup requirement of our employee and accord your top priority and best resources in this regard. The EC Number and the booking reference number as given in the above table shall be mentioned in the invoice, invariably.

We solicit your co-operation in this regard.

Yours faithfully,

Sd/-

**Chief General Manager
HRM Department
Bank of Baroda**

(Note: This is a computer generated letter. No Signature required. For any clarification, please contact Mediwheel (Arcofemi Healthcare Limited))

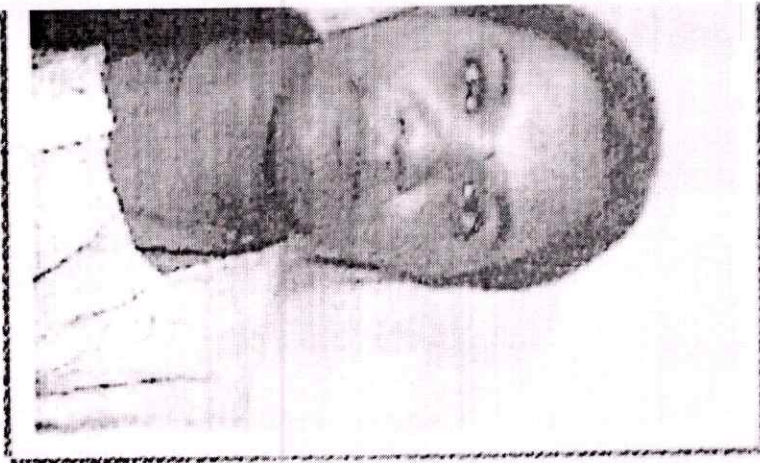
VASTAVIKA. KURUP@bankofbaroda.com

7030612316

Vasai (14/04/2023)

भारत सरकार

Government of India



वास्तविका विजयन कुरूप

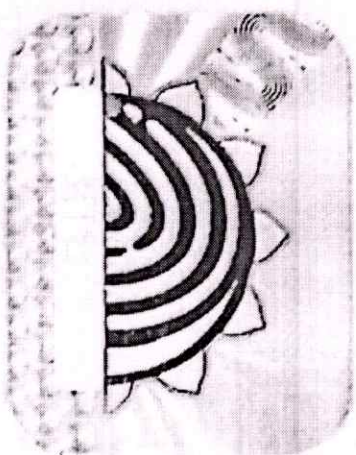
Vastavika Vijayan Kurup

जन्म तारीख / DOB: 19/04/1991

महिला / Female

Dr. NUPUR RAI
MBBS, DIPLOMA CARDIOLOGY (PGDCC)
Reg. No.: 2018115643

9076 5575 7297



9076 5575 7297

मेरा आधार, मेरी पहचान

Vastavika

- COMPU. PATHOLOGY • ALLERGY TESTING
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- DIGITAL 3D SONOGRAPHY
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HEALTHCARE

MEDICAL CENTRE & DIAGNOSTICS

NAME: MRS. VASTAVIKA KURUP DATE: 14/04/2023
 HEIGHT: 158 CMS WEIGHT: 93.8 KGS AGE: 31 YRS
 REFERRED BY: MEDIWHEEL SEX: FEMALE

PRESENT COMPLAINT: CONSTIPATION +

CURRENT MEDICATION: NOT ON ANY RX

PAST HISTORY : NIL

ALLERGY: NIL HABITS: NIL

SLEEP: NORMAL BLADDER: NORMAL BOWEL :CONSTIPATION

FAMILY HISTORY: NIL

MENSES- REGULAR

GENERAL EXAMINATION:	ADVICE-
P: 120 /MIN BP: 120/78 MM OF HG	Avoid oily fatty fried food, Junk food.
PALLOR: NIL ICTERUS: NIL	Brisk walking for 45 mins daily
OEDEMA: NIL OTHERS: NAD	Medically fit
RS: NAD	
CVS: NAD	
PA: NAD	
CNS: NAD	

DR. Y.D. MEHTA [M.D.]
 MBBS, DIPLOMA IN RADIOLOGY (PGDCC)
 Reg. No. 118115643

INVESTIGATION:

- BORIVALI CENTRE** 1ST FLR., YOGI AVENUE, YOGI NAGAR, BORIVALI (W), MUMBAI - 400092. • TEL.: 2899 6565 / 2899 1376 • MOB.: 90222 39301
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- GOREGAON CENTRE** M.G. ROAD, NEAR JAIN MANDIR, GOREGAON (W), MUMBAI - 400062. • TEL.: 2873 3030 / 2873 3131 • MOB.: 93213 83806
- GOREGAON (EAST)** SATELLITE GARDENS, FILM CITY ROAD, NEAR SATELLITE TOWER, GOREGAON (EAST), MUMBAI - 400063 • TEL.: 79773 74838 / 79773 62922
- MIRA ROAD** UNIT NO. R13, RNA LIBERTY REST, NEAR JANGID CIRCLE, VIJAY PARK, MIRA ROAD (EAST), MUMBAI - 401107. • TEL.: 70218 04221 / 70218 27389

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- CORPORATE HEALTH CHECKUPS



14/04/2023

TO,

whom so ever it may concern.

This is regarding your client Miss/Mrs./Mr. Vastavika Kurup

Proposal number 606E37745

Visited to our centre on 14/04/2023 for her/his proposed tests.

All tests are done as scheduled except

Pending/skipped tests: Skol test

Reason: client not willing to give

We are canceling / will reschedule it as per her/his convenience.

Thank you.

Client's sign

Dr. NUPUR RAI
MBBS, DIPLOMA IN RADIOLOGY (PGDCC)
Reg. No.: 2018115643

HEALTHCARE MEDICAL CENTRE AND
DIAGNOSTICS
Medical Examiner

SHOP NO. 44/49, EMP 71, EVERSHINE MILLENNIUM PARADISE, THAKUR VILLAGE, 120 FEET ROAD, KANDIVALI (E) MUMBAI - 400101.
VASA, VIRAR LINK ROAD,
NALLASOPARA (E), PIN - 401209.
MOBILE - 018591601677

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Website : www.healthcarediag.com • E-mail : healthcare.medicals@gmail.com

"Home Visit Facility Call On 76667 66307"

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HEALTHCARE

MEDICAL CENTRE & DIAGNOSTICS

EYE CHECK UP & COLOUR VISION

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NAME: Ms. Vastavika Kump	DATE: 14/04/2023
REF. BY: Mediwheel	AGE: 31 YRS SEX: female

	RIGHT EYE	LEFT EYE
CORNEA	Normal	Normal
PUPIL	Normal	Normal
SCLERA	Normal	Normal
EYE MOVEMENTS	good	good
REFRACTIVE ERROR	Nil	Nil
COLOUR VISION	Normal	Normal

HEALTHCARE MEDICAL CENTRE AND DIAGNOSTICS

SHOP NO. 40/41, VIJAY GREEN CHS.,
VASA VIRAR LINK ROAD,
NALLASOPARA (E), PIN - 401209.

MOBILE - 9821928840 / 9591601077

DR. SIGNATURE

- BORIVALI CENTRE** 1ST FLR., YOGI AVENUE, YOGI NAGAR, BORIVALI (W), MUMBAI - 400092. • TEL.: 2899 6565 / 2899 1376 • MOB.: 90222 39301
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Website : www.healthcarediag.com • E-mail : healthcare.medicals@gmail.com

"Home Visit Facility Call On 76667 66307"

HEALTHCARE MEDICAL CENTRE DIAGNOSTICS

VASAI - NALLASOPARA
MUMBAI

Miss Vastavika Vijayan Ku
ID : 209

TREADMILL TEST REPORT

DATE : 14-04-2023
AGE/SEX : 31 / F
HT/WT : 158 / 93
REF. BY : Mediwheel

PROTOCOL : Bruce
HISTORY : Nil
INDICATION : Nil
MEDICATION : Nil

PHASE	TOTAL TIME	STAGE TIME	SPEED Km/Hr	GRADE %	H.R. bpm	B.P. mmHg	RPP x100	ST LEVEL (MM)			METS
								II	V1	V5	
SUPINE					120	120 / 80	144	0.4	0.3	0.6	
STANDING					120	120 / 80	144	0.6	0.4	0.6	
HYPERVENT					124	120 / 80	148	0.5	0.3	0.5	
Stage 1	2:55	2:55	2.7	10	150	120 / 80	180	1.2	0.1	0.9	4.67
Stage 2	5:55	2:55	4	12	163	120 / 80	195	1.7	0.1	1.2	7.04
Stage 3	8:55	2:55	5.4	14	174	140 / 90	243	1.6	0.6	2.1	9.92
PK-EXERCISE	9:2	2:2	6	16	174	140 / 90	243	2.2	0.4	2.2	10.04
RECOVERY	11:17	2:6			139	140 / 90	194	2.8	0	2	
RECOVERY	11:42	2:31			138	140 / 90	193	2.3	0.1	1.7	
RECOVERY	12:6	2:55			139	140 / 90	194	1.9	0.1	1.4	
RECOVERY	13:14	4:3			130	140 / 90	182	1.3	0.1	1	
RECOVERY	13:33	4:22			131	140 / 90	183	1.2	0.2	0.7	
RECOVERY	14:14	5:3			127	140 / 90	177	0.9	0.2	0.7	

RESULTS

EXERCISE DURATION : 9:2
MAX HEART RATE : 178 bpm
MAX BLOOD PRESSURE : 140 / 90 mm Hg
REASON OF TERMINATION : Achieved THR,
BP RESPONSE : Normal,
ARRHYTHMIA : None,
H.R. RESPONSE : Normal Chronotropic Response,

IMPRESSIONS

GOOD EFFORT TOLERANCE
NORMAL HR, BP RESPONSE
NO ANGINA, NO ARRHYTHMIA
NO SIGNIFICANT ST CHANGES SEEN DURING STRESS TEST AS COMPARED TO BASELINE ECG
STRESS TEST NEGATIVE FOR INDUCIBLE ISCHAEMIA

Technician :

: 10.04 METS

HEALTHCARE MEDICAL CENTRE AND DIAGNOSTICS

Dr. NUPUR RAJ
MBBS, DPLM (CARDIOLOGY) (PDDCC)
Reg. No.: 2018115643

HEALTHCARE MEDICAL CENTRE DIAGNOSTICS

Miss Vastavika Vijayan Ku
 I.D. 209
 Age 31/F
 Date 14-04-2023

RATE 120bpm
 B.P. 120/80

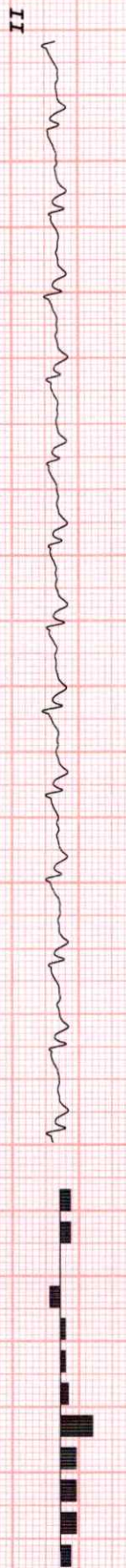
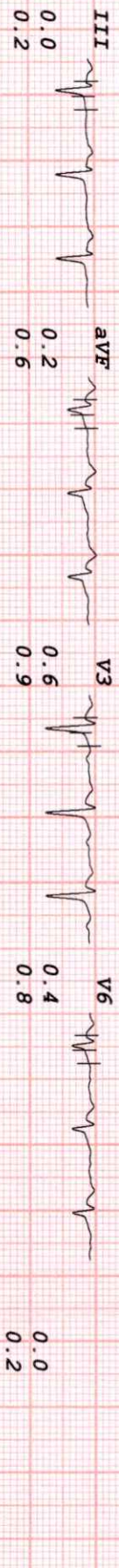
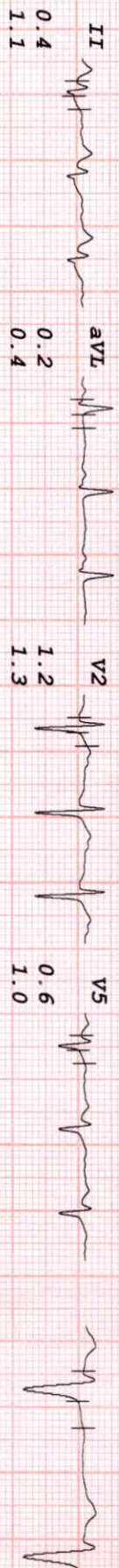
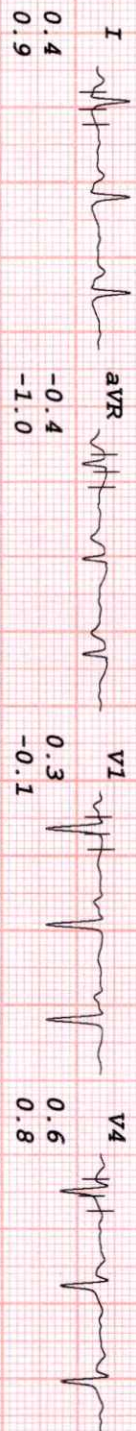
PRETEST
 SUPINE

ST @ 10mm/mV
 80ms PostJ

LINKED MEDIAN

Mag. X 2

III



Naravith

HEALTHCARE MEDICAL CENTRE DIAGNOSTICS

Miss Vastavika Vijayan Ku
 I.D. 209
 Age 31/F
 Date 14-04-2023

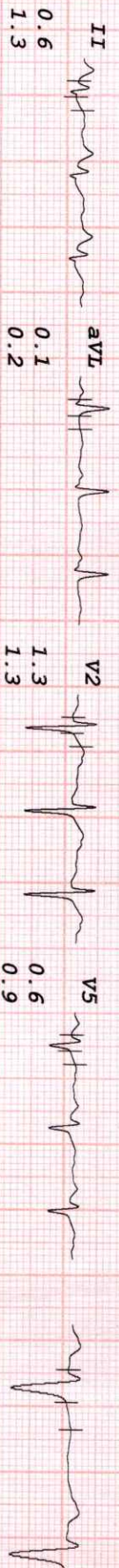
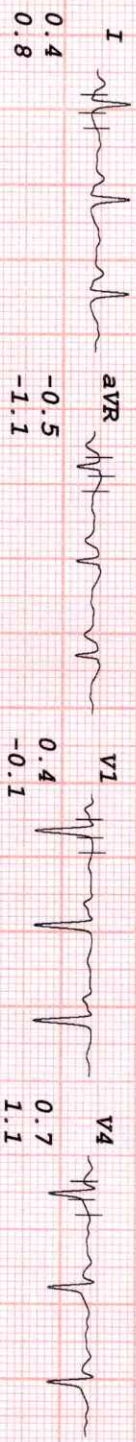
PRETEST
 STANDING

ST @ 10mm/mV
 80ms PostJ

LINKED MEDIAN

Mag. X 2

III



Handwritten signature

HEALTHCARE MEDICAL CENTRE DIAGNOSTICS

Miss Vastavika Vijayan Ku
 I.D. 209
 Age 31/F
 Date 14-04-2023

RATE 124bpm
 B.P. 120/80

PRETEST
 HYPERVENT

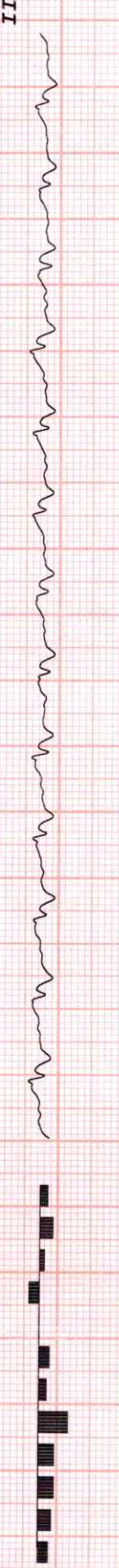
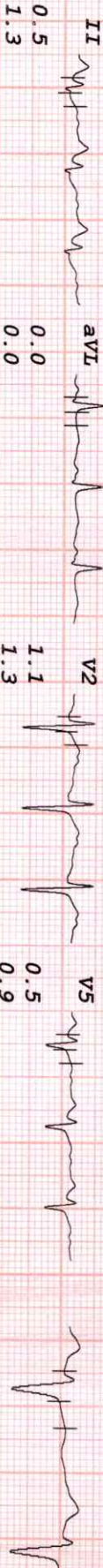
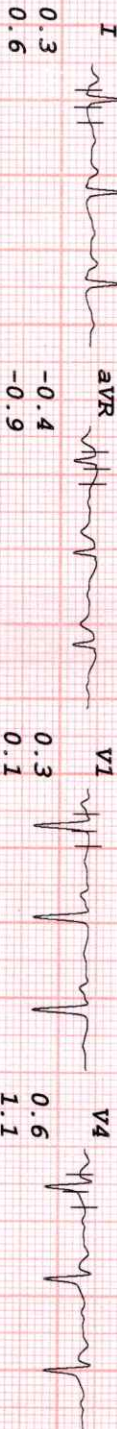
PHASE TIME 0:09

ST @ 10mm/mV
 80ms PostJ

LINKED MEDIAN

Mag. X 2

III



Vastavika

HEALTHCARE MEDICAL CENTRE DIAGNOSTICS

Miss Vastavika Vijayan Ku
 I.D. 209
 Age 31/F
 Date 14-04-2023

RATE 150bpm
 B.P. 120/80

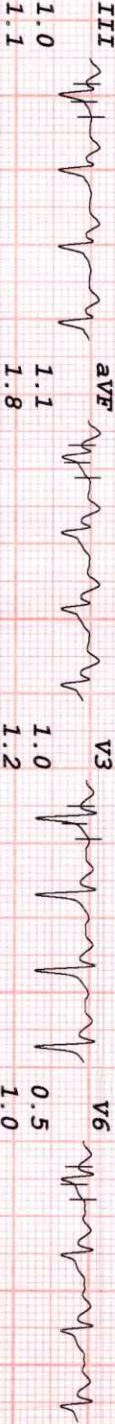
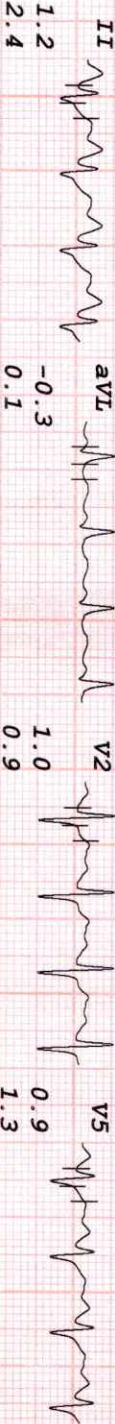
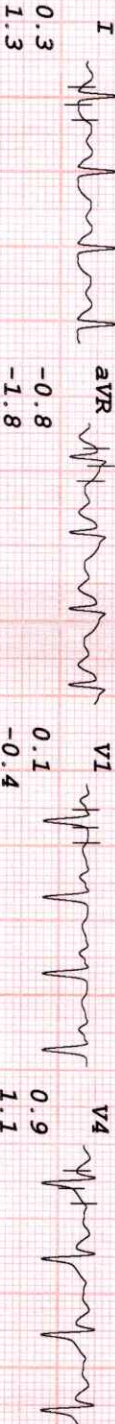
Bruce
 Stage 1
 TOTAL TIME 2:55
 PHASE TIME 2:55

ST @ 10mm/mV
 80ms PostJ
 Speed 2.7 km/hr
 SLOPE 10 &

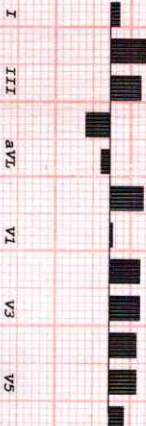
LINKED MEDIAN

Mag. X 2

V1



0.1
 -0.4



Vastavika

HEALTHCARE MEDICAL CENTRE DIAGNOSTICS

Miss Vastavika Vijayan Ku
 I.D. 209
 Age 31/F
 Date 14-04-2023

Rate 163bpm
 B.P. 120/80

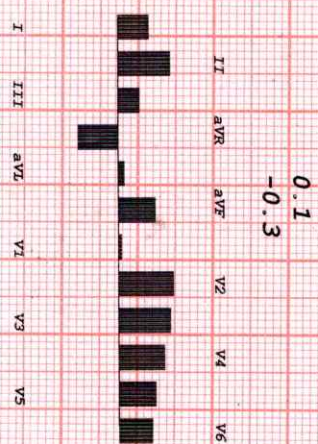
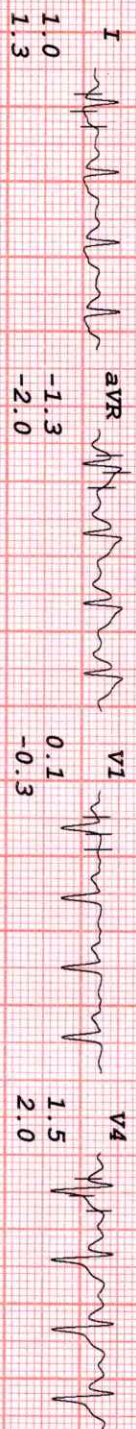
Bruce
 Stage 2
 TOTAL TIME 5:55
 PHASE TIME 2:55

ST @ 10mm/mV
 80ms PostJ
 Speed 4 km/hr
 SLOPE 12 %

LINKED MEDIAN

Mag. X 2

V1



HEALTHCARE MEDICAL CENTRE DIAGNOSTICS

Miss Vastavika Vijayan Ku
 I.D. 209
 Age 31/F
 Date 14-04-2023

RATE 174bpm
 B.P. 140/90

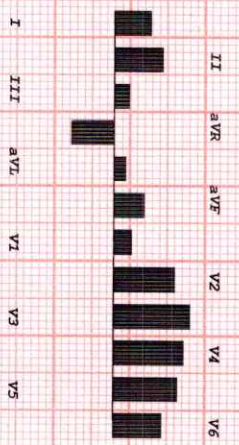
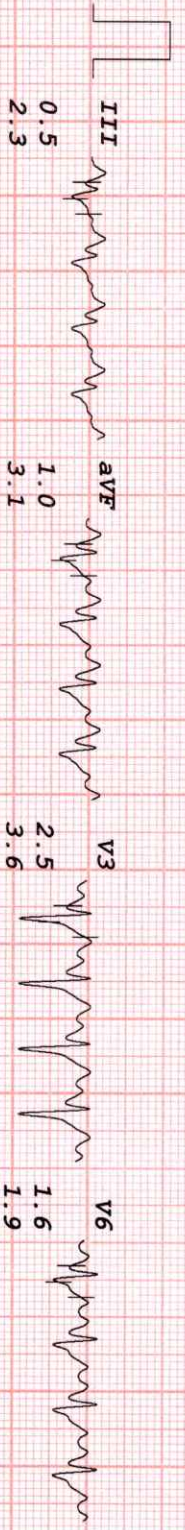
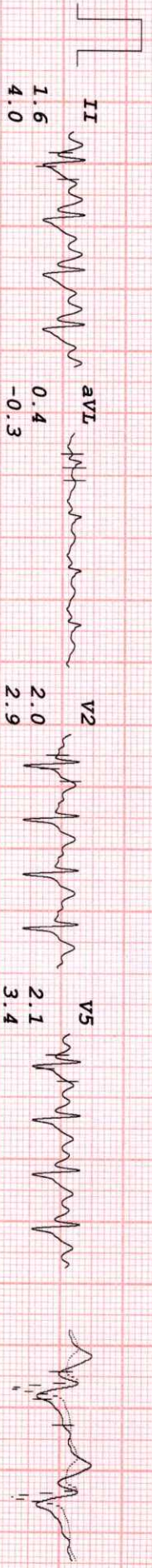
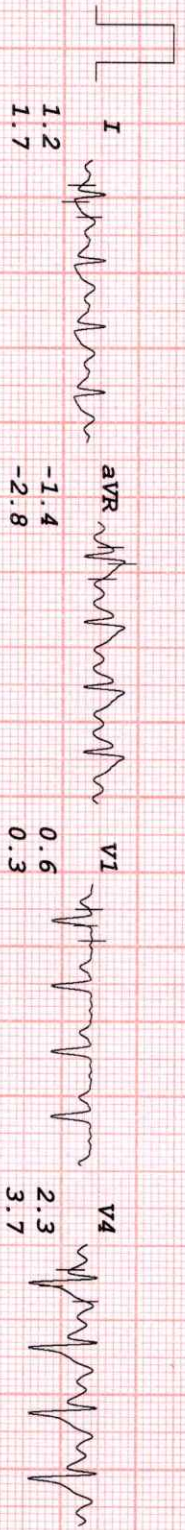
Bruce
 Stage 3
 TOTAL TIME 8:55
 PHASE TIME 2:55

ST @ 10mm/mV
 80ms PostJ
 Speed 5.4 km/hr
 SLOPE 14 %

LINKED MEDIAN

Mag. X 2

III



Vastavika

HEALTHCARE MEDICAL CENTRE DIAGNOSTICS

Miss Vastavika Vijayan Ku
 I.D. 209
 Age 31/F
 Date 14-04-2023

RATE 174bpm
 B.P. 140/90

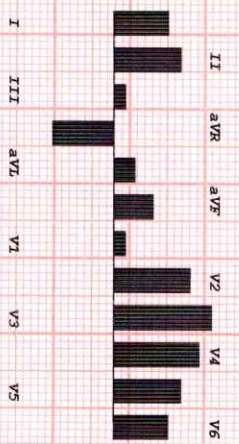
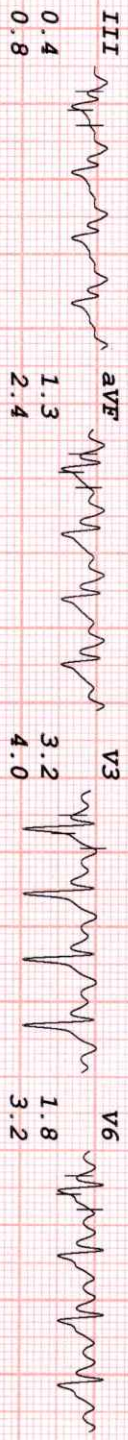
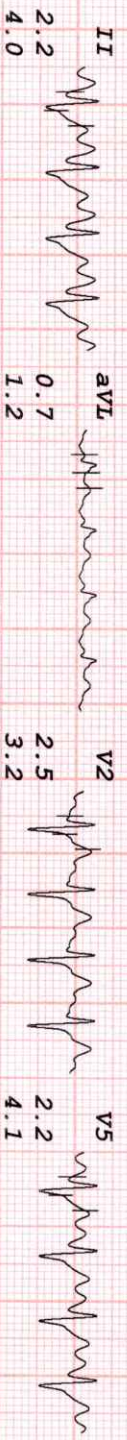
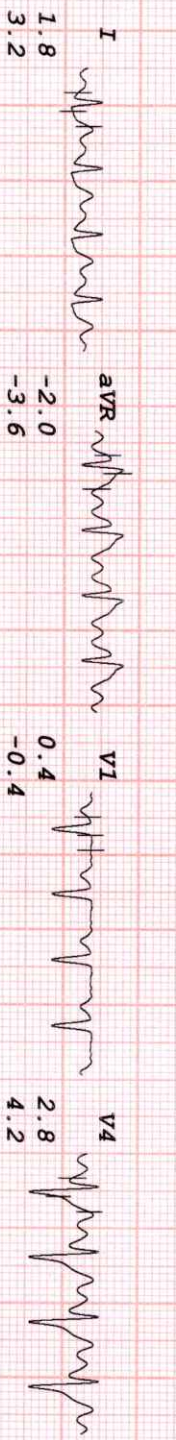
Brice
 PR-EXERCISE
 TOTAL TIME 9:02
 PHASE TIME 0:02

ST @ 10mm/mv
 80ms PostJ
 Speed 6 km/hr
 SLOPE 16 %

LINKED MEDIAN

Mag. X 2

III



Vastavika

HEALTHCARE MEDICAL CENTRE DIAGNOSTICS

Miss Vastavika Vijayan Ku
 I.D. 209
 Age 31/F
 Date 14-04-2023

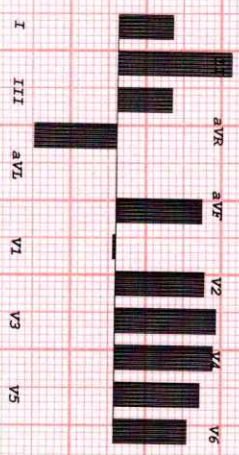
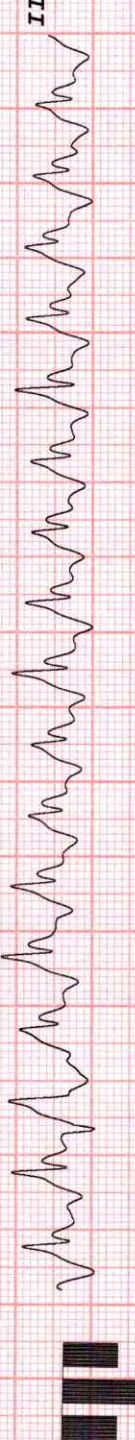
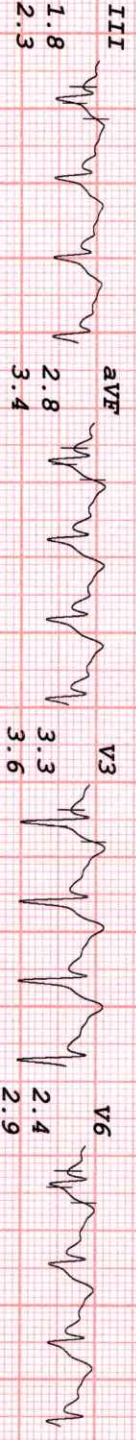
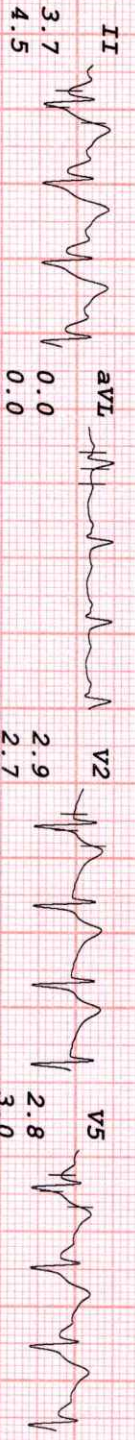
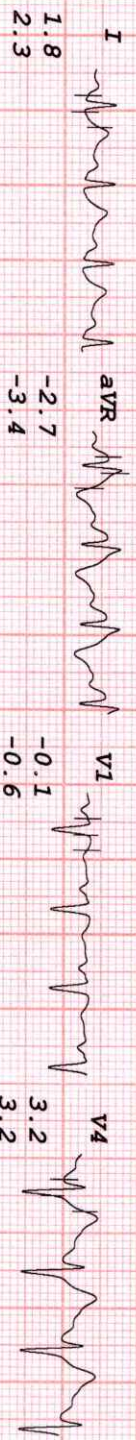
RATE 144bpm
 B.P. 140/90

Bruce
 RECOVERY
 TOTAL TIME 10:10
 PHASE TIME 0:59

ST @ 10mm/mV
 80ms Post-J

LINKED MEDIAN

Mag. X 2



HEALTHCARE MEDICAL CENTRE DIAGNOSTICS

Miss Vastavika Vijayan Ku
 I.D. 209
 Age 31/F
 Date 14-04-2023

RATE 139bpm
 B.P. 140/90

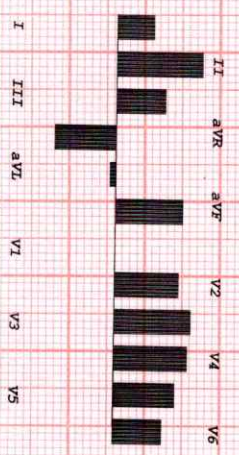
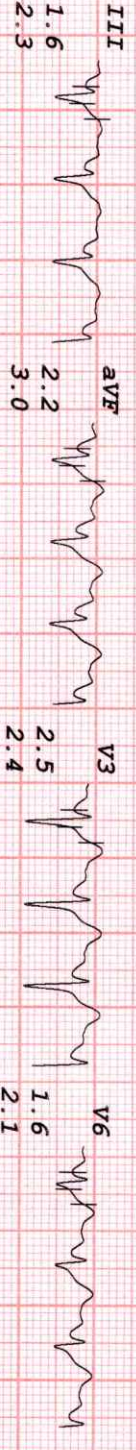
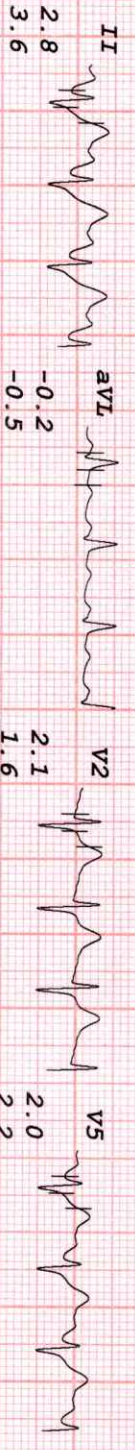
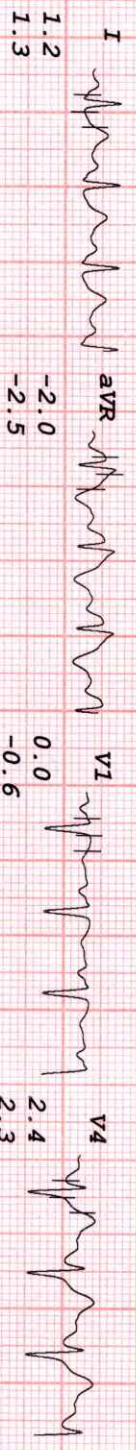
Bruce
 RECOVERY
 TOTAL TIME 11:17
 PHASE TIME 2:06

ST @ 10mm/mV
 80ms Post-J

LINKED MEDIAN

Mag. X 2

V1



HEALTHCARE MEDICAL CENTRE DIAGNOSTICS

Miss Vastavika Vijayan Ku
 I.D. 209
 Age 31/F
 Date 14-04-2023

RATE 139bpm
 B.P. 140/90

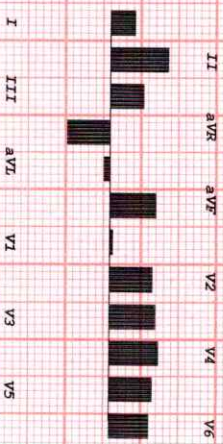
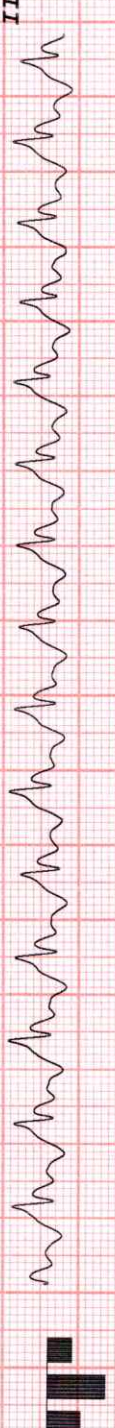
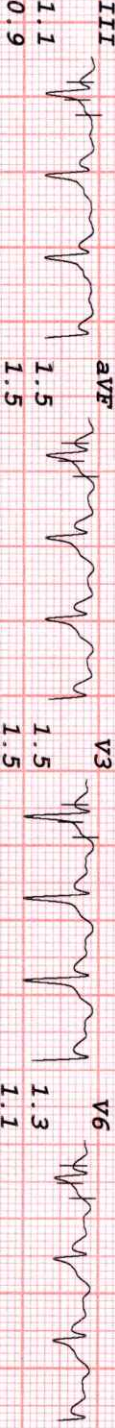
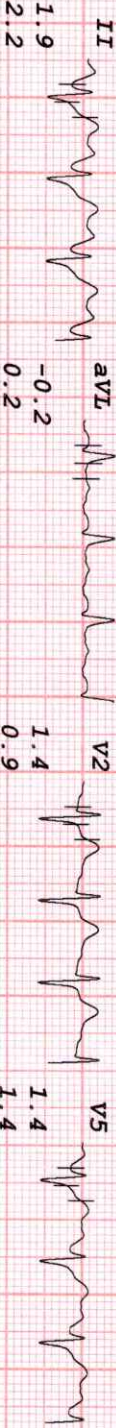
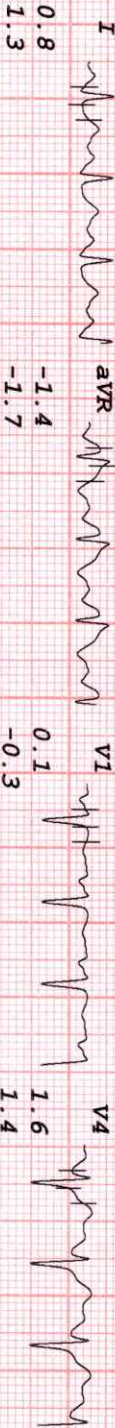
BrUCE
 RECOVERY
 TOTAL TIME 12:06
 PHASE TIME 2:55

ST @ 10mm/mV
 80ms PostJ

LINKED MEDIAN

Mag. X 2

V1



HEALTHCARE MEDICAL CENTRE DIAGNOSTICS

Miss Vastavika Vijayan Ku
 I.D. 209
 Age 31/F
 Date 14-04-2023

RATE 131bpm
 B.P. 140/90

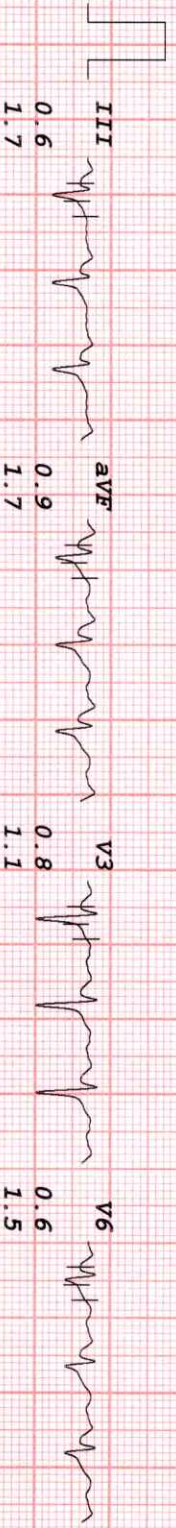
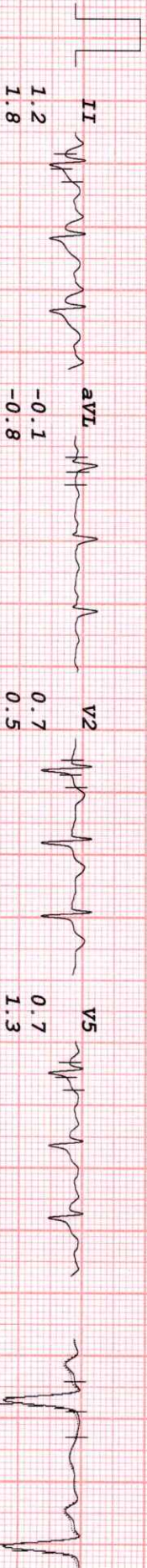
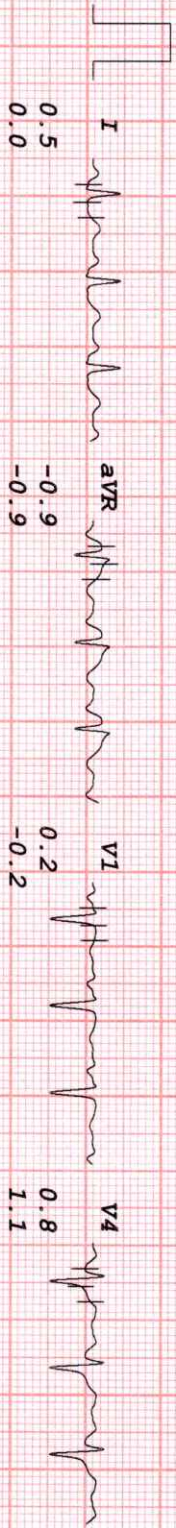
Bruce
 RECOVERY
 TOTAL TIME 13:33
 PHASE TIME 4:22

ST @ 10mm/mV
 80ms PostJ

LINKED MEDIAN

Mag. X 2

V1



0.2
 -0.2

Vastavika

HEALTHCARE MEDICAL CENTRE DIAGNOSTICS

Miss Vastavika Vijayan Ku
 I.D. 209
 Age 31/F
 Date 14-04-2023

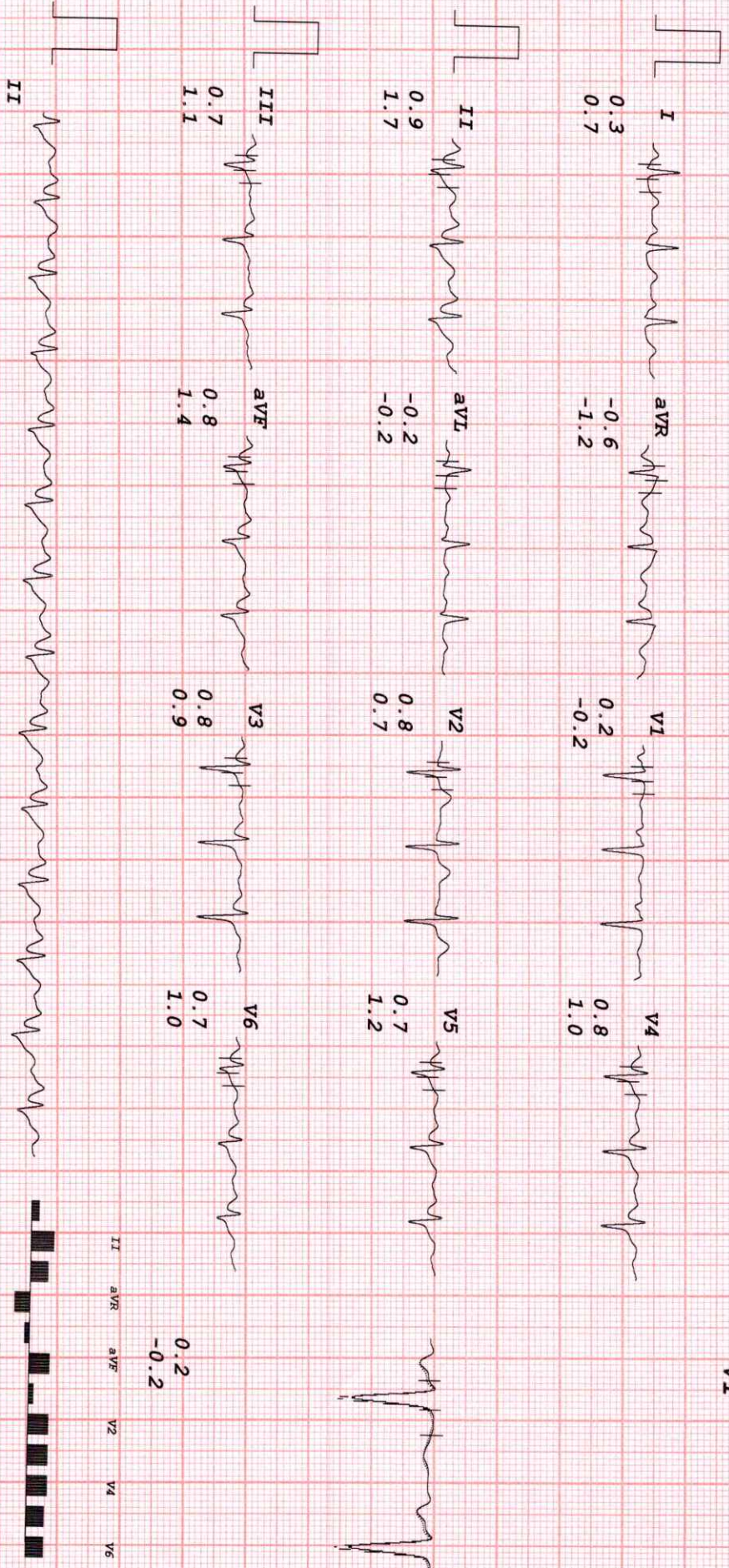
RATE 127bpm
 B.P. 140/90

Brucce
 RECOVERY
 TOTAL TIME 14:14
 PHASE TIME 5:03

ST @ 10mm/mV
 80ms PostJ

LINKED MEDIAN

Mag. x 2



Vastavika