

Metro Hospital & Heart Institute, Haridwar

Health Check-up Certificate

COMPANY Medi Wheel (SOS) Kiratpur Bijnor

EMPLOYEE NO. 70001 DEPTT. operations DATE 25/11/23

NAME Sumit K. Goyal AGE/SEX 52/M DOB 01/07/64

DESIGNATION Sp. Asst. MOBILE NO 9456247283

CHEST (INSP) 96 cm. CHEST (EXP) 92 cm. CHEST EXPANSION 04 cm

HEIGHT 159 cm. WEIGHT 68 Kg. BMI 26.7

P/R 90 per mt. BP 160/90 mmHg SIGN OF EMP A

EXAMINATION/INVESTIGATIONS

No	Investigations	Room No	Result
1	LAB INVESTIGATIONS <u>case</u>	Path Lab	Hb <u>12.3 gm/l</u>
	BLOOD SUGAR F/PP/RANDOM <u>HBA1c</u>	Path Lab	TLC <u>/DLC</u> F <u>100</u> /PP <u>103</u> /RBS
	BLOOD GROUP	Path Lab	<u>A +</u>
2	URINE	Path Lab	<u>Report attached</u>
3	STOOL	Path Lab	<u>Sample Not Submitted</u>
4	X RAY CHEST PA	Radiology	<u>N/A</u>
5	ULTRASONOGRAPHY (Whole Abd)	Radiology	<u>Gr II fatty liver</u>
6	ECG	Health check up	<u>WNL</u>
7	ECHO	Radiology	<u>Normal study</u>
8	TMT	Radiology	
9	PFT	Health check up	
10	AUDIOMETRY	25	
11	ENT EXAM	25	
12	DENTAL EXAMINATION	24	<u>etaken good / Hygienic good</u>
13	ACUITY OF VISION/COLOUR VISION	13	<u>Report attached</u>
14	EXAMINATION BY PHYSICIAN	23	<u>No HTN / DM</u>
15	<u>Thyroid Profile</u> <u>Lipid Profile</u>	<u>WNL</u> <u>WNL</u>	<u>Report attached</u>

Observations = KFT
LFT

PCA

Due DM / HTN (under Tx)

Microalbumin
3.81 / PT Raised
0.72 mg/ml

DR. ANIL SINGH
MBBS, AFH, DHA
Consultant Occupational Health
Reg. No - UKMC-2931
Metro Hospital & Heart Institute



भारत सरकार
Government of India



Issue Date: 29/10/2013

सुनील कुमार गोंवर
Sunil Kumar Grover
जन्म तिथि / DOB : 01/07/1964
पुरुष / Male



9667 0038 5325

मेरा आधार, मेरी पहचान

Handwritten signature



भारतीय विधिक पहचान प्राधिकरण
Government of India



Print Date: 14/12/2022

पता: C/O: कुन्दन लाल गोंवर, मोहल्ला गडरियान
रमेश नगर, नजीबाबाद, बिजनौर, उत्तर प्रदेश,
246763
Address: C/O: Kundan Lal Grover, Mohalla
Gadariyan Ramesh Nagar, Najibabad,
Bijnor, Uttar Pradesh, 246763



Handwritten signature

9667 0038 5325

1947

help@uidai.gov.in

www.uidai.gov.in

Bank of Baroda
Bank of Baroda

सुनील कुमार गровер
Sunil Kumar Grover

70881



[Handwritten signature]

How
Got in chain

Subject: Health Check up Booking Confirmed Request(bobE50921),Package Code-PKG10000236, Beneficiary Code-6695

Mediwheel <wellness@mediwheel.in>

Sent: Mon, 20 Nov 2023 15:16:14 GMT+0530

To: You

Cc: customercare@mediwheel.in

MedSave

011-41195959

Email:wellness@mediwheel.in

Hi **Metro Hospital & Heart Institute,**

Diagnostic/Hospital Location :Plot No. F - 1, Sector 6A, SIDCUL Sector 8A, Road, Integrated Industrial Estate, BHEL Township ,City:Haridwar

We have received the confirmation for the following booking .

Beneficiary Name : PKG10000236

Beneficiary Name : MR. GROVER SUNIL KUMAR

Member Age : 56

Member Gender : Male

Member Relation : Employee

Package Name : Medi-Wheel Full Body Health Checkup Male Above 40

Location : BASI-KIRATPU,Uttar Pradesh-246731

Contact Details : 9456247283

Booking Date : 20-11-2023

Appointment Date : 25-11-2023

Instructions to undergo Health Check:

1. Please ensure you are on complete fasting for 10-To-12-Hours prior to check.
2. During fasting time do not take any kind of medication, alcohol, cigarettes, tobacco or any other liquids (except Water) in the morning.
3. Bring urine sample in a container if possible (containers are available at the Health Check centre).
4. Please bring all your medical prescriptions and previous health medical records with you.
5. Kindly inform the health check reception in case if you have a history of diabetes and cardiac problems.

For Women:

1. Pregnant Women or those suspecting are advised not to undergo any X-Ray test.
2. It is advisable not to undergo any Health Check during menstrual cycle.

We request you to facilitate the employee on priority.

Subject: Please note the following health check-up booking summary on 25/11/2023

Customer Care :Mediwheel : New Delhi <customercare@mediwheel.in>

Sent: Fri, 24 Nov 2023 20:01:12 GMT+0530

To: You

Member Name	Member Age	Mobile	Package Name
asha grover	55	9456247283	Medi-Wheel Full Body Health Checkup Female Above 40
Manoj Kumar	38	9520205809	Medi-wheel Full Body Health Checkup Male Below 40
MR. GROVER SUNIL KUMAR	56	9456247283	Medi-Wheel Full Body Health Checkup Male Above 40
MRS. HIRNIWAL JYOTI	36	9520205809	Medi-Wheel Full Body Health Checkup Female Below 40

Thanks & Regards



Mediwheel
...Your wellness partner

Arcofemi Health Care Ltd. | F-701 A, Lado Sarai, Mehrauli | New Delhi – 110 030

Ph No. 011-41195959

Email : customercare@mediwheel.in; | Web: www.mediwheel.in



METRO

HOSPITAL & HEART INSTITUTE

(A unit of Sunhill Hospitals Private Limited)

(NABH & ISO 9001: 2008 Certified)

Radiology Investigation Report

Name : Mr. Sunil Kumar Grover
Ref. By : Dr. ANIL SINGH
IP/OP : OP/202313360
Date : 25/11/2023

Age/Sex : 59 Y/M
UHID NO : 2023020938
Request No : 70243670

USG WHOLE ABDOMEN

The diaphragm is normal in contour & respiratory excursion. There is no ascitis or lymph node mass.

Liver is normal in size, shape, outline & **raised echotexture**. No focal area of abnormal echogenicity is seen in liver. Intrahepatic biliary radicles are not dilated. Portal vein & portal venous radicles are normal.

Gall bladder is normal in shape & size. Gall bladder wall is not thick. No mass lesion / calculus is seen in gall bladder. Common bile duct is normal in course & caliber. No calculus is seen in its lumen.


Spleen & pancreas appears normal in shape, size, outline & echotexture.

Both the kidneys are normal in shape, size, outline & echotexture. Renal parenchymal thickness is normal. Corticomedullary junction is defined & is normal. There is no hydronephrosis. No echogenic renal calculus is seen.

Urinary bladder is normal in contour & capacity. Bladder wall is not thick. No pathological filling defect / vesical calculus is seen in bladder. Ureterovesical junctions appear normal.

Prostate is normal in shape, outline & echotexture. Prostatic capsule & periprostatic facial planes appear normal.

IMPRESSION : Grade II fatty liver.


DR. PRAKASH CHANDRA PANDEY
 MBBS, DMRD
 CONSULTANT RADIOLOGIST



Note:

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- (3) In case of any discrepancy due to machine error or typing error, please get it rectified immediately.

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Emergency : +91 8191902600, Phone : 01334 - 239040 / 42 / 43, Fax : 01334 - 239043

E-mail : metroharidwar@metrohospitals.com, Website: www.metrohospitals.com

Regd. Office : 21, Community Center, Preet Vihar, New Delhi-110092

CIN No.: U33201DL2006PTC156918

MHHI/CL/0115/Rev. No. 01

SUNIL

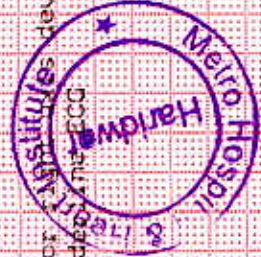
59 Y M

25/11/23

11:40 AM

Interpretation

minor deviation
borderline ECG



< P

< T

< QRS

-90

aUL

-0 I

aUR

III +90 II

aUF

94 ms

452 ms

52 ms

92 ms

590 ms

60/105/10 degrees

68

87 ms

0.9 mV

14

Measurement Results

QRS 352 /

QT/QTcB

PR

P

RR/PP

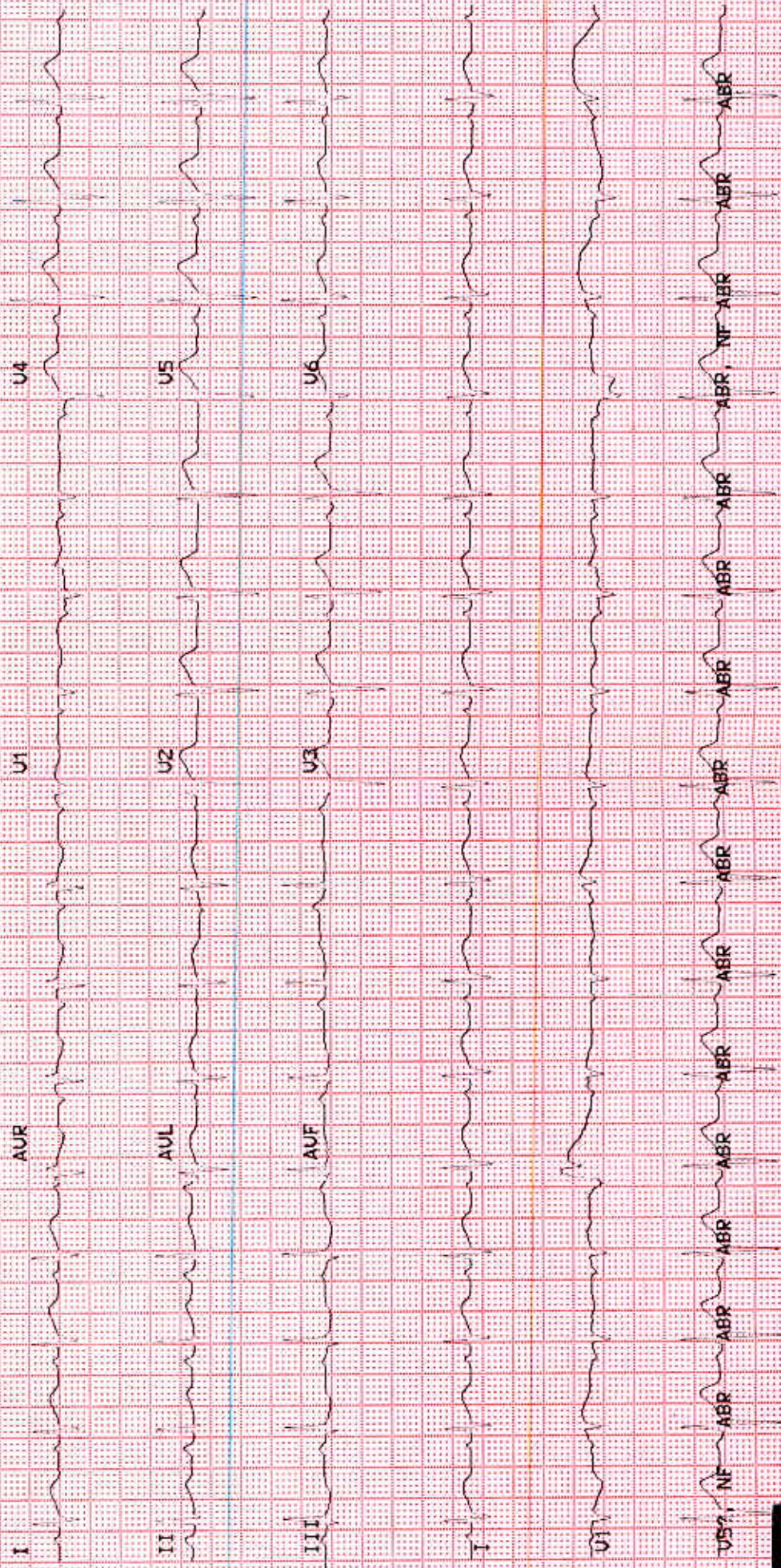
P/ORS/T

QTd/QTcBd

Sokolow

NK

Unconfirmed report





METRO
HOSPITAL & HEART INSTITUTE
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we treat...HE CURES

Metro Hospital & Heart Institute

OPD CONSULTATION

(A unit of Sunhill Hospital Private Limited)

Patient Name MR. Sumil Kumar Goyal Age/Sex 59y/M Reg. No.

Doctor's Name Sushil Kumar

Date 25/11/23 Time

OPHTHALMIC EXAMINATION

VISION

DISTANCE VISION-

Rt — 6/6 cglasses
Lt — 6/6

NEAR VISION-

Rt — NFG cglasses
Lt — NFG
Normal

COLOUR VISION

EYE EXAMINATION

- Cornea
- Ant Chamber
- Pupil
- Fundus Examination

ADVICE-



Dr. Sushil Kumar, MBBS (MCh Ophtho)
Consultant Ophthalmology
Metro Hospital & Heart Institute
Sidcul, Haridwar, U.P. - 249 403
Phone: +91 8191902600, Fax: +91 01334 239043
E-mail: metroharidwar@metrohospitals.com, Website: www.metrohospitals.com
Signature [Signature]

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Pathology Report

METRO

HOSPITAL & HEART INSTITUTE

(A unit of Sunhill Hospitals Private Limited)

Age/Sex (NABH 5004/01: 2008 Certified)

UHID : 2023020938

Request No. : 10382446

Sample Time : 10:12

Reporting Time : 20:53

 Name : Mr. Sunil Kumar Grover
 Ref. By : Dr. ANIL SINGH
 IP/OP : OP/202313360
 Sample Date : 25/11/2023
 Reporting Date: 25/11/2023

Test	Result	Unit	Bio. Ref.	Inter. Test Method
Hematology				
BLOOD GROUP				
ABO	B		-	-
Rh	POSITIVE		-	-
CBC (COMPLETE BLOOD COUNT/HAEMOGRAM)				
HB	12.3	gm/dl	M - 13-18	
TLC	8850	/cumm	4000-11000	
DLC (WBC DIFFERENTIAL)				
NEUTROPHILS	60	%	45-75	
LYMPHOCYTES	30	%	25-45	
EOSINOPHILS	04	%	1-6	
MONOCYTES	06	%	2-8	
BASOPHILS	00	%	<2	
RBC	6.53	million	3.5-5.5	
PCV	41.4	%	36-52	
MCV	63.4	fL	80-100	
MCH	18.8	PG	27-32	
MCHC	29.7	gm/dl	31-37	
PLATELET COUNT	2.17	lakh/cumm	1.5-4.5	
RDW	17.1	%	11.5-15	
ESR	19	mm/hr	20	

*** End of Reports ***

 Dr. Vishal Arora
 MBBS, DCP
 (Consultant Pathologist)
**Note:**

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- The values are to be collaborated with clinical findings by qualified doctor and any alarming and unexpected results should be reported to Lab urgently for recheck and manual typing errors.
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- All card based tests are screening test therefore need confirmation by other alternative test like (PCR, ELISA).

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Test	Result	Unit	Bio. Ref. Inter.	Test Method
Biochemistry				
HBIAC	6.9	%	4.5-6.3	
BLOOD SUGAR -PP	193.0	mg/dl	70.0-140.0	
BLOOD SUGAR -FASTING	100.0	mg/dl	70.0-110.0	
LIPID PROFILE				
TOTAL CHOLESTEROL	100.0	mg/dl	00-250.0	
HDL-CHOLESTEROL	34.0	mg/dl	00-50.0	
LDL	41.0	mg/dl	00-150.0	
TRIGLYCERIDES	129.0	md/dl	30-150	
VLDL	26.0	mg/dl	0-50	
CHOL/HDL Ratio	2.9		<4.5	
LFT (LIVER FUNCTION TEST)				
BILIRUBIN INDIRECT	0.30	mg/dl	0.2-0.8	
SGOT	44.0	U/L	10-42	
SGPT	68.0	U/L	10-42	
BILIRUBIN TOTAL	0.60	mg/dl	0.2-1.0	
ALKALINE PHOSPHATASE	100.0	IU/L	28-111	
BILIRUBIN DIRECT	0.30	mg/dl	0.1-0.4	
TOTAL PROTEIN	7.0	gm/dl	6.4-8.2	
ALBUMIN	4.0	g/dl	3.5-5.0	
GLOBULIN	3.0	gm/dl	2.0-4.0	
AG RATIO	1.3			
KFT (KIDNEY FUNCTION TEST)				
UREA	29.0	mg/dl	15-45	
SODIUM	144.0	mmol/L	135-155	
CREATININE	0.84	mg/dl	0.6-1.3	
URIC ACID	9.4	mg/dl	3.0-7.6	
BUN	13.8	mg/dl	05-20	
POTTASSIUM	3.8	mmol/L	3.5-5.5	
CALCIUM	9.6	mg/dl	8.5-10.5	

*** End of Reports ***

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 IP/OP : OP/202313360
 Sample Date : 25/11/2023
 Reporting Date: 25/11/2023

Test	Result	Unit	Bio. Ref. Inter.	Test Method
Serology & Immunology				
PSA TOTAL	0.72	ng/mL	0.0-4.0	
THYROID PROFILE				
T3	2.23	nmol/L	1.70-3.10	
T4	8.04	µg/dl	5.95-15.4	
TSH	4.39	µIU/L	0.46-4.68	

*** End of Reports ***

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 IP/OP : OP/202313360
 Sample Date : 25/11/2023
 Reporting Date: 25/11/2023

Test	Result	Unit	Bio. Ref. Inter.	Test Method
Urine Examination				
URINE SUGAR	NIL			
URINE ROUTINE ANALYSIS				
PHYSICAL EXAMINATION				
COLOUR	PALE YELLOW			
TRANSPARENCY	TURBID			
S. GRAVITY	1.020			
CHEMICAL EXAMINATION				
ALBUMIN	TRACE			
SUGAR	NIL			
pH	6.0			
BLOOD	NIL			
KETONE	NIL			
MICROSCOPIC EXAMINATION				
PUS CELLS	6-8			
EPITHELIAL CELLS	4-5			
RBC	NIL			
CRYSTALS	NIL			
CAST	NIL			
BACTERIA	NIL			
AMORPHOUS PHOSPHATE	NIL			
AMORPHOUS URATES	NIL			

*** End of Reports ***

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IP/OP : OP/202313360
Date : 25/11/2023

Age/Sex : 59 Y/M
UHID NO : 2023020938
Request No : 70243670

X-RAY CHEST PA View

Cardiac contour & size are normal.
 Trachea is central.
 Lung fields are clear.
 Hilar shadows are normal.
 Costophrenic angles are clear.
 Bony rib cage is normal.

IMPRESSION: NORMAL CHEST.



DR. PRAKASH CHANDRA PANDEY
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2D ECHOCARDIOGRAPHY

Name:	Mr. Sunil Kumar	UHID No:	2023020938
Age/Sex:	59Y/M	Ward:	OPD
Referred by:	Dr. Anil Singh	Date:	25.11.2023

ACOUSTIC WINDOW: Normal

MEASUREMENTS AND CALCULATIONS

Measurements	Observed Value	Reference Value
IVS (ED)	1.4	(0.6 – 1.1 cm)
LVPW (ED)	1.3	(0.6 – 1.1 cm)
LVID (ED)	3.9	Male (3.7 – 5.5 cm) Female (3.7 – 5.2 cm)
Aortic root diameter	2.3	(2.0 – 3.7 cm)
LA dimension	2.7	Male (1.9 – 4.0 cm) Female (1.7 – 3.8 cm)
LV EF	55%	(55 – 75%)

MORPHOLOGICAL DATA

Mitral valve	MAC	Right Atrium	Normal
Aortic valve	Sclerotic	Right Ventricle	Normal
Tricuspid valve	Normal	PA	Normal
Pulmonary valve	Normal	IVS	Intact
		IAS	Intact

DOPPLER STUDY

Valve	Regurges	Velocities (cm/s)	Gradients (mmHg)
Mitral	Trace	E – 79, A – 90, E/A<1	
Aortic	Nil	Vel – 178	
Tricuspid	Trace	Vel – 230	PASP – 26
Pulmonary	Trace	Vel – 111	

FINAL IMPRESSION

- Normal Acoustic Window
- Normal Chambers Dimensions
- Moderate concentric LVH
- No RWMA
- LVEF~55%
- Grade I LVDD
- MAC present with Trace MR
- Sclerotic aortic valve
- Trace TR, Trace PR, PASP 26 mmHg
- No pericardial effusion
- No Intracardiac clot

Dr. Krishna CK

MD, DNB (Medicine), DNB (Cardiology)
Consultant Interventional Cardiology
UKMC Reg. No: 12883


Dr. Ajit Kumar

MBBS, PGDCC
Associate Consultant, Cardiology
UKMC Reg. No: 7569



(Note: This document is not for medico-legal purpose)