



OPD ASSESSMENT FORM



Name Mrs. Nisha Ramey Age.Sex 26 / F MR.No. 3149951
 Doctor Dr. Krunal Gajjar Date 15/02/24
 Ht : 166 cm Wt. : 69 kg Temp : 97.7 Pulse : 77 bpm BP : 116 / 68
 SPO2 : 99% Post of walk SPO2 : 99% / 149

Chief Complaints :

not - Any.

Drug / Food Allergy :

NO

Prior Medication Reviewed : Yes No

On examination :

RS } NAD
CVS }

Past History :

N.S.

Provisional Diagnosis :

Nutritional Assessment :

- Obese
- Well nourished
- Mild- moderate nourished
- Severely mal-nourished

Treatment and further Advices :
(Write in Capital Letters)

Rx

Investigation advised :

Krunal Gajjar
Dr. Krunal Gajjar
 M.B.B.S., MD (General Medicine)
 CONSULTANT

Follow Up : _____ Date : _____

SUNSHINE GLOBAL HOSPITALS SURAT. Signature



OPD ASSESSMENT FORM



Name Mrs. Nishu V. Remy Age.Sex 26/F MR.No. 3149751

Doctor Dr. Shailaja Desai Date 15/02/24

Ht : _____ Wt. : _____ Temp : _____ Pulse : _____ BP : _____

SPO2 : _____ Post of walk SPO2 : _____

Chief Complaints :

Drug / Food Allergy :

- Routine dental check up

Prior Medication Reviewed : Yes No

On examination :

Past History :

- Asthain

Provisional Diagnosis :

Nutritional Assessment :

- Obese
- Well nourished
- Mild- moderate nourished
- Severely mal-nourished

**Treatment and further Advices :
(Write in Capital Letters)**

Investigation advised :

Rx

1) Sealing

U. P. Desai

Dr. Shailaja Desai

B.D.S. (Dental Surgeon)

A-9793

Dental Surgeon

Sunshine Global Hospital, Surat

Signature

Follow Up : _____ Date : _____



OPD ASSESSMENT FORM



Name Mrs Nishu V. Remy Age.Sex 26/F MR.No. 5149751
 Doctor Dr Hardik Shroff Date 15/2/24
 Ht : _____ Wt. : _____ Temp : _____ Pulse : _____ BP : _____
 SPO2 : _____ Post of walk SPO2 : _____

Chief Complaints :

Drug / Food Allergy :

No complaints
H/O gl. but occasionally using

Prior Medication Reviewed : Yes No

On examination :

BE Ant-Sig MAS

Past History :

Vn C 6/12P NIB ST R-1.01-0.5+10-4/6
6/18P NIB C-1.757-0.15+120 4/6.
Fundi (Central) BE MAS 2nd 6/6

Provisional Diagnosis :

BE Low Myopia

Treatment and further Advices :
(Write in Capital Letters)

R_x

Nutritional Assessment :

- Obese
- Well nourished
- Mild- moderate nourished
- Severely mal-nourished

Investigation advised :

Dr. Hardik Shroff
 DOMS, DNB (Ophthalmology)
 Reg. No. G-28402

Follow Up : 50x Date : _____

SUNSHINE GLOBAL HOSPITAL
 Papad, SURAT. Signature



SPECTACLE CARD

Ref. No. S149787 Name: Ms Nisha Rana Date: 15/2/24

RIGHT			
Sph.	Cyl.	Axis	V.A.
-1.0	-0.5	10°	6/6
			N.I.B

LEFT			
Sph.	Cyl.	Axis	V.A.
-1.75	-0.5	170°	6/6
			N.I.B

Remarks:

Constant wear

INSTRUCTIONS:

- Verify your new glasses before using them.
- Bring this prescription on every visit.
- Get your glasses checked every six months to one year if necessary.
- Donate Eyes, Help Blind.
- Request to optician. Please prepare the glasses according to this prescription only.

Time : 09:00 am to 11:00 am, Monday to Saturday
Please obtain reporting time in advance & always bring OPD file

[Signature]

Consulting Eye Surgeon



GYNAECOLOGICAL CONSULTATION

MR. NO. SI49757

Name: Mrs. Nishu V. Ramey

Date: 15/02/24

Age: 26 HL: 166 cm WL: 69 kg B.P.: 116/68 mmHg

Clinical Evaluation / History / Presenting Complain:

Postmenstrual

At 1st

Gynecological History :

1. Have you ever noticed any bleeding between menstrual periods ?
કોઈપણ ના સમય સિવાય વચ્ચે અનિયમીત વ્હીકોંગ બ્લોડ છે ?
2. Are / were your periods irregular ?
પીરિયડ રેગ્યુલર છે ?
3. Are you pregnant now ?
અત્યારે તમે ગર્ભવતી છો ?
4. Have you had your change of life (Menopause)?
મેનોપોઝ ની સીમ વચ્ચે ની વ્યવસ્થા છે ?
5. Are / were you taking birth control pills?
તમે કોન્ટ્રાસેપ્ટિવ પીલ્સ લેતી/લેતા છો ?
6. Do you have a lump in your breast ?
સાંધમાં કોઈપણ / સોજા / ગાંઠ છે ?
7. Did anyone in your family suffer from breast cancer ?
કુટુંબમાં કોઈને બ્રેસ્ટ કેન્સર છે ?
8. Did anyone in you family suffer from any other cancer ?
કુટુંબમાં કોઈને કોઈ પણ પ્રકારનું કેન્સર છે ?

Yes No

- | | |
|--------------------------|-------------------------------------|
| <input type="checkbox"/> | <input checked="" type="checkbox"/> |
| <input type="checkbox"/> | <input checked="" type="checkbox"/> |
| <input type="checkbox"/> | <input checked="" type="checkbox"/> |
| <input type="checkbox"/> | <input checked="" type="checkbox"/> |
| <input type="checkbox"/> | <input checked="" type="checkbox"/> |
| <input type="checkbox"/> | <input checked="" type="checkbox"/> |
| <input type="checkbox"/> | <input checked="" type="checkbox"/> |
| <input type="checkbox"/> | <input checked="" type="checkbox"/> |

Obstetric History :

1. Menstrual History : Menarche at 14 Yrs
Menses: a. Scanty / Average / Excess
b. No of Days: 3-5 1-5-7 / More than 7 days
c. Interval days, Reg / Irregular
d. Pain : Before / During / After / Painless

Last menstrual Period (LMP): > 2 wks.

Pallor

1 1/2 - 2 wks

2. Obstetric History :

Gravida Pare Abortion Live

Married life with cohabitation.....

Children M: 5 F: 7 Last Delivery: Yrs back

Any bad Obstetric event / history Yes / No

If yes Describe:

History of Contraception & Family Planning:

Examination

a. Breast Examination - Right

NAS

Left NAS

b. Per abdomen examination

Lead of LUS

c. Local examination

Vulva:

AS

Vagina

AS

d. Per Speculum Examination

1st exam

e. Per vaginal examination :

Cervi :

Uterus : AV/RV

: Normal / Bulky

Adnexa :

PAP's Smear Taken

Yes / No

Clinical Impression:

[Empty box for Clinical Impression]

Recommendation:

A. Additional Inv. / Referral Suggested

[Empty box for Recommendation A]

B. Therapeutic Advice

[Empty box for Therapeutic Advice]

DR. BHAVNA DESAI
MD, DGO

REG. NO. - 10538

SUNSHINE GLOBAL HOSPITAL
SURAT.

11/11/2024

Followup Date

Gynaecologist's Signature



PAT. NAME: Nisha Rana	Date : 15/02/2024
REF. DOCTOR : Hosp. Dr.	AGE : 26 Yrs / F
INV. : Radiograph of Chest PA	MR NO. : S149751

Clinical Details: HC

Observation:

- > Both the lung fields appears normal.
- > Both costophrenic angles appear clear.
- > Both the hila appears normal.
- > Trachea appears in midline.
- > Cardiac size and other mediastinal shadows appears normal.
- > Both domes of diaphragm appear normal.
- > Bony thorax appears normal.

Dr. Pratik R
Consultant Radiologist



PAT. NAME: Nisha Rana	Date : 15/02/2024
REF. DOCTOR : Hosp. Dr.	AGE : 26 Yrs / F
INV. : USG Abdomen & Pelvis	MR NO. : S149751

Findings:

Liver is normal in size, shape and shows normal echopattern. No e/o any focal or diffuse lesion noted. Intrahepatic biliary radicals are normal.

Gall bladder is distended and appears normal. No e/o calculus, sludge or mass lesion is seen. CBD and Portal Vein appears normal in size and calibre.

Pancreas appears normal in size and shows normal echopattern to the extent assessed. Spleen appears normal in size, shape and homogenous echopattern.

Both kidneys appear normal in size, shape and echopattern. The corticomedullary differentiation is well maintained. No e/o any calculus or hydronephrosis is seen.

Aorta and para-aortic regions appears normal. No e/o any lymphadenopathy.

Urinary bladder appears well distended and normal.

Uterus appears normal size, shape and echopattern. No e/o any focal or diffuse lesion noted.

Endometrial thickness is normal.

Both ovaries appear normal in size, shape and echopattern.

No e/o free fluid in abdomen / pelvis.

IMPRESSION:

- No significant abnormality seen.

Dr. Pratik R
Consultant Radiologist



MR No. : S149751
 Patient Name : Mrs. Nisha V Rana
 Ref By : Dr. Hospital A Doctor
 Collection Date : 15/02/2024 9:26AM
 Age : 26 Y Sex : Female
 Report Date : 15/02/2024 10:47AM

HAEMATOLOGY

Parameter	Result	Units	Normal Range
CBC with ESR			
HAEMOGLOBIN	11.7	gm/dl	12.0 - 15.0
PCV	38.6	%	36 - 46
RBC COUNT	4.26	mill/cmm	4.0 - 5.0
MCV	90.6	fl	76 - 96
MCH	27.5	pg	26 - 32
MCHC	30.3	%	32 - 36
RDW	12.0	%	11 - 15
PLATELET COUNT	3.66	lacs/cmm	1.5 - 4.5
WBC COUNT	5310	/cmm	4000 - 11000
ESR	11	mm/hr	0 - 15
DIFFERENTIAL WBC COUNT			
NEUTROPHIL	50	%	40 - 70
LYMPHOCYTES	38	%	20 - 40
EOSINOPHILS	05	%	1 - 6
MONOCYTES	07	%	2 - 11
BASOPHILS	00	%	0 - 2
PERIPHERAL SMEAR			
RBC MORPHOLOGY	Normochromic		
WBC MORPHOLOGY	Normocytic		
PLATELET ON SMEAR	Within Normal Range		
HEMOPARASITES	Adequate		
	Not Seen		

SYSMEX XN-550

***** End Report *****

USC
 Dr. Shobha Choksi
 MD, DCP (Pathology)
 Reg. No.: G-9074



MR No. : S149751	Collection Date : 15/02/2024 9:26AM
Patient Name : Mrs. Nisha V Rana	Age : 26 Y Sex : Female
Ref By : Dr. Hospital A Doctor	Report Date : 15/02/2024 10:41AM

HAEMATOTOLOGY

Parameter	Result	Normal Range
BLOOD GROUP & RH FACTOR		
BLOOD GROUP	"O"	
RH FACTOR	Negative	

CLINICAL CHEMISTRY

THYROID FUNCTION TEST [TFT]

TOTAL T3 (CLIA)	1.33	ng/ml	0.846 - 2.02
TOTAL T4 (CLIA)	8.59	ug/dl	5.1 - 14.0
TSH (CLIA)	1.78	uIU/ml	0.2 - 4.5

Note:-
Thyroid stimulating hormone (TSH) is synthesized and secreted by the anterior pituitary in response to a negative feedback mechanism involving concentrations of FT3 (free T3) and FT4 (freeT4). Additionally the hypothalamic tripeptide, thyrotropin releasing hormone (TSH) directly stimulates TSH production. TSH stimulates thyroid cell production and hypertrophy also stimulate the thyroid gland to synthesize and secrete T3 and T4.
Quantification of TSH significant to differentiate primary (thyroid) from secondary (pituitary) and tertiary (hypothalamus) hypothyroidism. In primary hypothyroidism, TSH levels are significantly elevated while in secondary and tertiary hypothyroidism, TSH levels are low.

***** End Report *****

SC
Dr. Shobha Chokal
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MR No. : S149751	Collection Date : 15/02/2024 9:26AM
Patient Name : Mrs. Nisha V Rana	Age : 26 Y Sex : Female
Ref By : Dr. Hospital A Doctor	Report Date : 15/02/2024 10:42AM

BIOCHEMISTRY

Parameter	Result	Units	Normal Range
HBA1C [GLYCOSYLATED HEAMOGLOBIN]			
HbA1C	5.5	%	Non-Diabetic level: <6 Good Control: 6 - 7 Poor Control: 7 - 8 Action Suggested > 8
MEAN BLOOD GLUCOSE	111.15	mg/dl	

The test is done on Cobas Integra 400plus-Turbidimetric Inhibition ImmunoAssay

Note:- Criteria for the diagnosis of diabetes HbA1c \geq 6.5*

- HbA1c is important test for the assessment of long term blood glucose control (also called glycemic control).
- HbA1C reflects mean glucose concentration over pas 6-8 weeks and provides a much better indication of long term glycemic control than blood glucose determination.
- HbA1C is formed by non-enzymatic reaction between glucose and Hb. This reaction is irreversible and therefor remains unaffected by short term fluctuations in blood glucose levels.
- Long term complications of diabetes such as retinopathy, nephropathy, and neuropathy are potentially serious and can lead to blindness kidney failure etc.
- Genetic Variants (Hb-S trait, Hb-C trait) elevated fetal haemoglobin & chemically modified derivatives of haemoglobin (eg carbamylated Hb in patients with renal failure) can affect the accuracy of HbA1C measurement.

FASTING BLOOD SUGAR (FBS)

FASTING BLOOD GLUCOSE (Hexokinase)	92	mg/dl	74 - 110
FASTING URINE GLUCOSE	Absent		
FASTING URINE KETONE	Absent		

***** End Report *****

Dr. Shobha Choksi
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Reg. No.: G-9074

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MR No. : S149751
 Patient Name : Mrs. Nisha V Rana
 Ref By : Dr. Hospital A Doctor
 Collection Date : 15/02/2024 9:26AM
 Age : 26 Y Sex : Female
 Report Date : 15/02/2024 10:43AM

BIOCHEMISTRY

Parameter	Result	Units	Normal Range
LIPID PROFILE			
SERUM CHOLESTEROL CHOD PAP	166	mg/dl	50 - 200
HDL CHOLESTEROL Direct	51	mg/dl	40 - 60
LDL CHOLESTEROL Direct	99.8	mg/dl	0 - 100
SERUM TRIGLYCERIDE GPO PAP	77	mg/dl	50 - 150
VLDL Calc	15.4	mg/dl	0 - 30
CHOLESTEROL / HDL RATIO	3.25	mg/dl	0 - 5
LDL / HDL RATIO	1.96		0 - 3

- LDL Cholesterol level is primary goal for treatment and varies with risk category and assessment.
- Risk assessment from HDL and Triglyceride has been revised. Also LDL goals have changed.
- Details on test interpretation available from the lab.

TEST	NEAR OPTIMAL (Moderate Risk)	BORDER LINE (Risk)	HIGH (Risk)	VERY HIGH
CHOLESTROL	160-199	200-239	240-279	280
HDL	50-59	40-49	< 40	
LDL	100-129	130-159	160-190	>190
TRIGLYCERIDES	150-169	170-199	240-499	>500
CHO/HDL RATIO	3.3-4.4	4.4-11.0	>11.0	
LDL/HDL RATIO	0.5-3.0	3.0-6.0	>6.0	

***** End Report *****

Dr. Shobha Choksi
Dr. Shobha Choksi
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 Reg. No.: G-9074

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MR No. : S149751	Collection Date : 15/02/2024 9:26AM
Patient Name : Mrs. Nisha V Rana	Age : 26 Y Sex : Female
Ref By : Dr. Hospital A Doctor	Report Date : 15/02/2024 10:45AM

BIOCHEMISTRY

Parameter	Result	Units	Normal Range
LIVER FUNCTION TEST			
ALKALINE PHOSPHATASE (IFCC)	82	U/L	35 - 130
BILIRUBIN TOTAL Diazo	0.5	mg/dl	0.0 - 1.2
BILIRUBIN DIRECT Diazo	0.2	mg/dl	0.0 - 0.4
BILIRUBIN INDIRECT (Calc)	0.3	mg/dl	0.0 - 0.8
SGPT (IFCC)	11	U/L	5 - 41
SGOT (IFCC)	18	U/L	5 - 40
SERUM TOTAL PROTEIN Biuret	7.6	gm/dl	6.6 - 8.7
SERUM ALBUMIN BCG	5.0	gm/dl	3.5 - 5.2
SERUM GLOBULIN Calc	2.6	gm/dl	1.5 - 3.5
SERUM A/G RATIO Calc	1.92	gm/dl	1.5 - 2.5
SERUM CREATININE			
SERUM CREATININE (JAFPE)	0.6	mg/dl	0.5 - 1.2
SERUM URIC ACID			
SERUM URIC ACID (Uricase)	5.0	mg/dl	2.4 - 5.7
BUN [BLOOD UREA NITROGEN]			
BUN	5.7	mg/dl	8 - 23
ALBUMIN-CREATININE RATIO			
URINE ALBUMIN/MICROALBUMIN (Immunoturbidimetry)	7.3	mg/L	
URINE CREATININE (JAFPE)	182.4	mg/dl	
ALBUMIN-CREATININE RATIO (Calculated)	4.0	mg/gm	

Normal: <30;
Microalbuminuria:
30-299; Clinical
Albuminuria: >300

***** End Report *****

[Signature]
Dr. Shobha Chokal
MD, DCP (Pathology)
Reg. No.: G-9074

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MR No. : S149751	Collection Date : 15/02/2024 9:26AM
Patient Name : Mrs. Nisha V Rana	Age : 26 Y Sex : Female
Ref By : Dr. Hospital A Doctor	Report Date : 15/02/2024 10:48AM

CLINICAL PATHOLOGY

Parameter	Result	Normal Range
URINE ROUTINE & MICROSCOPIC EXAMINATION		
TYPE OF SPECIMEN - URINE	Random	
PHYSICAL EXAMINATION		
QUANTITY	30	ml
COLOUR	Pale Yellow	
APPEARANCE	Sl.Turbid	
REACTION (pH)	6.0	
SPECIFIC GRAVITY	1.030	
CHEMICAL EXAMINATION		
PROTEIN	Absent	
GLUCOSE	Absent	
KETONE	Absent	
BILE SALT	Absent	
BILE PIGMENT	Absent	
OCCULT BLOOD	Absent	
NITRITE	Present(Trace)	
MICROSCOPIC EXAMINATION		
PUS CELLS	3-4	/hpf
EPITHELIAL CELLS	4-6	/hpf
RBC	1-2	/hpf
CASTS	Absent	
CRYSTALS	Absent	
BACTERIA	Absent	
YEAST CELLS	Absent	

***** End Report *****

SK
Dr. Shobha Choksi
MD, DCP (Pathology)
Reg. No.: G-9074

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MR No. : S149751
Patient Name : Mrs. Nisha V Rana
Ref By : Dr. Hospital A Doctor
Collection Date : 15/02/2024 9:26AM
Age : 26 Y Sex : Female
Report Date : 15/02/2024 12:39 PM

BIOCHEMISTRY

Parameter	Result	Units	Normal Range
POST PRANDIAL BLOOD GLUCOSE [PPBS]			
POST PRANDIAL BLOOD GLUCOSE (Hexokinase)	104	mg/dl	100 - 140
POST PRANDIAL URINE GLUCOSE	SNR		
POST PRANDIAL URINE KETONE	SNR		

***** End Report *****

SC
Dr. Shobha Choksi
MD, DCP (Pathology)
Reg. No.: G-9074

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DOB:
 YR, MALE

Vent rate: 72 BPM
PR int: 160 ms
QRS dur: 78 ms
QT/QTc: 349/373 ms
P-R-T axes: 60 53 49

SINUS RHYTHM
NORMAL ECG
INTERPRETATION BASED ON A DEFAULT AGE OF 40 YEARS
Reviewed by -----

Mrs. Nishu Ruma
26/M

