



ACROFEMI HEALTHCARE LTD (MEDIWHEEL) F-703, LADO SARAI, MEHRAULI SOUTH WEST DELHI

SOUTH WEST DELHI NEW DELHI 110030 DELHI INDIA 8800465156 SRL Ltd

BUILDING NO 744/52, CHINTAL PLAZA, 33RD CROSS, 10TH MAIN, 4TH

PRASF301290278

BLOCK, JAYANAGAR,

BANGALORE, 560011 KARNATAKA, INDIA Tel: 08041211945

PATIENT NAME: PRASHANSA KUMARI /109955 PATIENT ID:

ACCESSION NO: **0278VI001485** AGE: 31 Years SEX: Female ABHA NO:

DRAWN: 10/09/2022 09:39 RECEIVED: 10/09/2022 09:40 REPORTED: 12/09/2022 16:23

REFERRING DOCTOR: SELF CLIENT PATIENT ID:

Test Report Status <u>Preliminary</u> Results Biological Reference Interval Units

MEDI WHEEL FULL BODY HEALTH CHECKUP BELOW 40FEMALE

BLOOD COUNTS,EDTA WHOLE BLOOD				
HEMOGLOBIN	12.6		12.0 - 15.0	g/dL
RED BLOOD CELL COUNT METHOD: IMPEDANCE	3.95		3.8 - 4.8	mil/μL
WHITE BLOOD CELL COUNT	5.20		4.0 - 10.0	thou/μL
PLATELET COUNT METHOD: IMPEDANCE	151		150 - 410	thou/µL
RBC AND PLATELET INDICES				
HEMATOCRIT	37.4		36 - 46	%
MEAN CORPUSCULAR VOL METHOD: CALCULATED	95.0		83 - 101	fL
MEAN CORPUSCULAR HGB. METHOD: CALCULATED	31.9		27.0 - 32.0	pg
MEAN CORPUSCULAR HEMOGLOBIN CONCENTRATION METHOD: CALCULATED	33.7		31.5 - 34.5	g/dL
MENTZER INDEX	24.1			
RED CELL DISTRIBUTION WIDTH METHOD: CALCULATED	14.1	High	11.6 - 14.0	%
MEAN PLATELET VOLUME	11.9	High	6.8 - 10.9	fL
METHOD : CALCULATED				
WBC DIFFERENTIAL COUNT - NLR				
SEGMENTED NEUTROPHILS	53		40 - 80	%
ABSOLUTE NEUTROPHIL COUNT METHOD: IMPEDANCE + ABSORBANCE	2.76		2.0 - 7.0	thou/µL
LYMPHOCYTES	39		20 - 40	%
ABSOLUTE LYMPHOCYTE COUNT	2.03		1.0 - 3.0	thou/μL
NEUTROPHIL LYMPHOCYTE RATIO (NLR)	1.4			
EOSINOPHILS	2		1 - 6	%
ABSOLUTE EOSINOPHIL COUNT	0.10		0.02 - 0.50	thou/µL
MONOCYTES METHOD: IMPEDANCE + ABSORBANCE	6		2 - 10	%
BASOPHILS	0		0 - 2	%
METHOD : IMPEDANCE + ABSORBANCE				

ERYTHRO SEDIMENTATION RATE, BLOOD









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SEDIMENTATION RATE		25	High	0 - 20	mm at 1 hr
GLUCOSE, FASTING,	PLASMA				
GLUCOSE, FASTING, P	LASMA	91		74 - 106	mg/dL
GLYCOSYLATED HEM	OGLOBIN, EDTA WHO	LE BLOOD			
GLYCOSYLATED HEMO	GLOBIN (HBA1C)	5.0		Non-diabetic: < 5.7 Pre-diabetics: 5.7 - 6.4 Diabetics: > or = 6.5 ADA Target: 7.0 Action suggested: > 8.0	%
METHOD : HPLC					
MEAN PLASMA GLUCOS METHOD : CALCULATED	SE	96.8		< 116.0	mg/dL
GLUCOSE, POST-PRA	NDIAL, PLASMA				
GLUCOSE, POST-PRAN	DIAL, PLASMA	108		70 - 140	mg/dL
CORONARY RISK PR	OFILE, SERUM				
CHOLESTEROL		182		< 200 Desirable 200 - 239 Borderline High >/= 240 High	mg/dL
METHOD : CHOD-POD		470	111-1-	. 150 Names I	
TRIGLYCERIDES		173	nign	< 150 Normal 150 - 199 Borderline High 200 - 499 High >/= 500 Very High	mg/dL
METHOD : GPO - POD METH	OD				
HDL CHOLESTEROL		49		< 40 Low >/=60 High	mg/dL
CHOLESTEROL LDL		98		< 100 Optimal 100 - 129 Near or above optimal 130 - 159 Borderline High 160 - 189 High >/= 190 Very High	mg/dL
CHOL/HDL RATIO		3.7		3.3-4.4 Low Risk 4.5-7.0 Average Risk 7.1-11.0 Moderate Risk > 11.0 High Risk	
VERY LOW DENSITY LI	POPROTEIN	34.6		Desirable value : 10 - 35	mg/dL









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LIVER FUNCTION PR	OFFIE SEDIIM				
BILIRUBIN, TOTAL	OI ILL, SERON	0.31		UPTO 1,2	mg/dL
METHOD : DIAZO METHOD		0.51		0110 112	mg/ac
BILIRUBIN, DIRECT		0.15		0.00 - 0.30	mg/dL
METHOD : DIAZO METHOD		0110		0.00	mg, az
BILIRUBIN, INDIRECT		0.16		0.00 - 0.60	mg/dL
, METHOD : CALCULATED					<i>5.</i>
TOTAL PROTEIN		7.2		6.6 - 8.7	g/dL
METHOD : BIURET					
ALBUMIN		4.8		3.97 - 4.94	g/dL
METHOD: BROMOCRESOL	GREEN				
GLOBULIN		2.4		2.0 - 4.0 Neonates - Pre Mature: 0.29 - 1.04	g/dL
METHOD : CALCULATED					
ALBUMIN/GLOBULIN R	ATIO	2.0		1.0 - 2.0	RATIO
METHOD : CALCULATED					
ASPARTATE AMINOTRA	ANSFERASE (AST/SGOT)	24		0 - 32	U/L
METHOD : IFCC WITHOUT F					
ALANINE AMINOTRANSFERASE (ALT/SGPT)		39	High	0 - 31	U/L
METHOD : IFCC WITHOUT F					
ALKALINE PHOSPHATASE		86		35 - 105	U/L
METHOD : IFCC AMP BUFFE		36		F 26	1171
GAMMA GLUTAMYL TRANSFERASE (GGT)		26		5 - 36	U/L
METHOD: IFCC		164		135 - 214	U/L
LACTATE DEHYDROGEI METHOD: IFCC	NASE	104		155 - 214	U/L
SERUM BLOOD UREA	NITPOGEN				
		7		6 - 20	mg/dL
BLOOD UREA NITROGEN METHOD: UREASE -GLDH		/		0 - 20	mg/aL
CREATININE, SERUM	4				
·		0.56		0.50 - 0.90	mg/dL
CREATININE METHOD: JAFFE, ALKALINE PICRATE, KINETIC WITH BLANK RATE				0.50 0.50	mg/uL
* BUN/CREAT RATIO		2 CONNECTION			
BUN/CREAT RATIO		12.50		5.00 - 15.00	
METHOD : CALCULATED		12.30		2100 13100	

URIC ACID, SERUM









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URIC ACID		4.9	2.4 - 5.7	mg/dL		
METHOD : ENZYMATIC, COL	ORIMETRIC			<i>3.</i>		
TOTAL PROTEIN, SE	RUM					
TOTAL PROTEIN		7.2	6.6 - 8.7	g/dL		
METHOD : BIURET						
ALBUMIN, SERUM						
ALBUMIN		4.8	3.97 - 4.94	g/dL		
* GLOBULIN						
GLOBULIN		2.4	2.0 - 4.0 Neonates - Pre Mature: 0.29 - 1.04	g/dL		
METHOD : CALCULATED						
ELECTROLYTES (NA	/K/CL), SERUM					
SODIUM		139	136 - 145	mmol/L		
METHOD: ISE INDIRECT						
POTASSIUM		4.56	3.5 - 5.1	mmol/L		
CHLORIDE		102	98 - 107	mmo l /L		
METHOD: ISE INDIRECT						
PHYSICAL EXAMINA	TION, URINE					
COLOR		PALE YELLOW				
METHOD: VISUAL EXAMINA	ATION					
SPECIFIC GRAVITY		1.005	1.003 - 1.035			
METHOD: PKA CHANGE OF						
CHEMICAL EXAMINA	ATION, URINE					
PH		6.0	4.7 - 7.5			
METHOD : DOUBLE INDICA	TOR PRINCIPLE					
PROTEIN		NOT DETECTED	NOT DETECTED			
	OF INDICATORS PRINCIPLE / SU					
GLUCOSE		NOT DETECTED	NOT DETECTED			
METHOD : OXIDASE-PEROX	IDASE REACTION					
KETONES		NOT DETECTED	NOT DETECTED			
	METHOD / ROTHERA'S TEST	NOT DETECTED	NOT DETECTED			
BLOOD	VE ACTIVITY OF HEMOCI COM	NOT DETECTED	NOT DETECTED			
	KE ACTIVITY OF HEMOGLOBIN	NOT DETECTED	NOT DETECTED			
BILIRUBIN METHOD: DIAZO BEACTION	M	NOT DETECTED	NOT DETECTED			
METHOD : DIAZO REACTION	N	NORMAL	NORMAL			
UROBILINOGEN		NORMAL	NORMAL			









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METHOD : EHRLICH REACTION REFLECTANCE			
MICROSCOPIC EXAMINATION, URINE			
PUS CELL (WBC'S)	1-2	0-5	/HPF
METHOD: MICROSCOPIC EXAMINATION			,
EPITHELIAL CELLS	2-3	0-5	/HPF
METHOD: MICROSCOPIC EXAMINATION			
ERYTHROCYTES (RBC'S)	NOT DETECTED	NOT DETECTED	/HPF
METHOD: MICROSCOPIC EXAMINATION			
CASTS	NOT DETECTED		
METHOD: MICROSCOPIC EXAMINATION			
CRYSTALS	NOT DETECTED		
METHOD: MICROSCOPIC EXAMINATION			
THYROID PANEL, SERUM			
T3	110.4	80.00 - 200.00	ng/dL
METHOD: ELECTROCHEMILUMINESCENCE	7.50	5.10 .1.10	
T4	7.58	5.10 - 14.10	μg/dL
METHOD: ELECTROCHEMILUMINESCENCE TSH 3RD GENERATION	2.570	0.270 - 4.200	μIU/mL
METHOD : ELECTROCHEMILUMINESCENCE	2.370	0.270 - 4.200	μιο/πε
* PAPANICOLAOU SMEAR	RESULT PENDING		
LETTER	RESULT PENDING		
STOOL: OVA & PARASITE	NESSET TENDING		
COLOUR	BROWNISH		
CONSISTENCY	SEMI LIQUID		
MUCUS	ABSENT	NOT DETECTED	
VISIBLE BLOOD	ABSENT	ABSENT	
POLYMORPHONUCLEAR LEUKOCYTES	1-2	0 - 5	/HPF
			•
RED BLOOD CELLS	NOT DETECTED	NOT DETECTED	/HPF
MACROPHAGES	NOT DETECTED	NOT DETECTED	
TROPHOZOITES	NOT DETECTED	NOT DETECTED	
CYSTS	NOT DETECTED	NOT DETECTED	
OVA	NOT DETECTED		
ABO GROUP & RH TYPE, EDTA WHOLE BLOOD			
ABO GROUP	TYPE O		
RH TYPE	POSITIVE		



XRAY-CHEST

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CLIENT CODE: C000138378 **CLIENT'S NAME AND ADDRESS:**

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IMPRESSION NORMAL

TMT OR ECHO

TMT OR ECHO ECHO-ONCE DONE, REFER HARD OF REPORT.

ECG

ECG WITHIN NORMAL LIMITS

MEDICAL HISTORY

RELEVANT PRESENT HISTORY NOT SIGNIFICANT RELEVANT PAST HISTORY NOT SIGNIFICANT RELEVANT PERSONAL HISTORY NOT SIGNIFICANT

RELEVANT FAMILY HISTORY FATHER: HTN ON MEDICATION.

HISTORY OF MEDICATIONS NOT SIGNIFICANT

ANTHROPOMETRIC DATA & BMI

HEIGHT IN METERS 1.46 mts WEIGHT IN KGS. 58 Kgs

BMI & Weight Status as follows: kg/sqmts BMI 27

Below 18.5: Underweight 18.5 - 24.9: Normal 25.0 - 29.9: Overweight 30.0 and Above: Obese

GENERAL EXAMINATION

78/BPM, REGULAR, ALL PERIPHERAL PULSES WELL FELT PULSE

RESPIRATORY RATE **NORMAL**

CARDIOVASCULAR SYSTEM

BP 121/80 mm/Hg

BASIC EYE EXAMINATION

DISTANT VISION RIGHT EYE WITH GLASSES **NORMAL** DISTANT VISION LEFT EYE WITH GLASSES **NORMAL** NEAR VISION RIGHT EYE WITHOUT GLASSES **NORMAL** NEAR VISION LEFT EYE WITHOUT GLASSES NORMAL COLOUR VISION **NORMAL**

SUMMARY

RELEVANT HISTORY NOT SIGNIFICANT RELEVANT GP EXAMINATION FINDINGS NOT SIGNIFICANT

RELEVANT LAB INVESTIGATIONS HIGH ESR.

HIGH TRIGLYCERIDES.

RELEVANT NON PATHOLOGY DIAGNOSTICS OVERWEIGHT.









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REMARKS / RECOMMENDATIONS LOW FAT DAIT. REGULAR WALK.

FITNESS STATUS

FITNESS STATUS FIT (WITH MEDICAL ADVICE) (AS PER REQUESTED PANEL OF TESTS)

Comments

*NOTE: NON PATHOLOGY TESTS ARE NOT NABL ACCREDITED

Radiologist/Sonologist: Dr. Naveed Ansar Noor, MBBS, MDRD.

Dental Surgeon: Dr. Abdulla Shahzad, BDS, DHM, FAGE, MD(CM).

Consulting Physician: Dr. Riteshraj, MBBS

Consulting Cardiologist: Dr. Nithin Prakash, MBBS, PGDCC.

Interpretation(s)

BLOOD COUNTS, EDTA WHOLE BLOOD-

The cell morphology is well preserved for 24hrs. However after 24-48 hrs a progressive increase in MCV and HCT is observed leading to a decrease in MCHC. A direct smear is recommended for an accurate differential count and for examination of RBC morphology. RBC AND PLATELET INDICES-

Mentzer index (MCV/RBC) is an automated cell-counter based calculated screen tool to differentiate cases of Iron deficiency anaemia(>13) from Beta thalassaemia trait (<13) in patients with microcytic anaemia. This needs to be interpreted in line with clinical correlation and suspicion. Estimation of HbA2 remains the gold standard for diagnosing a case of beta thalassaemia trait.

WBC DIFFERENTIAL COUNT - NLRThe optimal threshold of 3.3 for NLR showed a prognostic possibility of clinical symptoms to change from mild to severe in COVID positive patients. When age = 49.5 years old and NLR = 3.3, 46.1% COVID-19 patients with mild disease might become severe. By contrast, when age < 49.5 years old and NLR < 3.3, COVID-19 patients tend to show mild disease.

(Reference to - The diagnostic and predictive role of NLR, d-NLR and PLR in COVID-19 patients ; A.-P. Yang, et al.; International Immunopharmacology 84 (2020) 106504 This ratio element is a calculated parameter and out of NABL scope. ERYTHRO SEDIMENTATION RATE, BLOOD-

Erythrocyte sedimentation rate (ESR) is a non - specific phenomena and is clinically useful in the diagnosis and monitoring of disorders associated with an increased production of acute phase reactants. The ESR is increased in pregnancy from about the 3rd month and returns to normal by the 4th week post partum. ESR is influenced by age, sex, menstrual cycle and drugs (eg. corticosteroids, contraceptives). It is especially low (0 -1mm) in polycythaemia, hypofibrinogenemia or congestive cardiac failure and when there are abnormalities of the red cells such as polkilocytosis, spherocytosis or sickle cells.

- 1. Nathan and Oski's Haematology of Infancy and Childhood, 5th edition 2. Paediatric reference intervals. AACC Press, 7th edition. Edited by S. Soldin
- 3. The reference for the adult reference range is "Practical Haematology by Dacie and Lewis, 10th Edition" GLUCOSE, FASTING, PLASMA-ADA 2021 guidelines for adults, after 8 hrs fasting is as follows:

Pre-diabetics: 100 - 125 mg/dL Diabetic: > or = 126 mg/dL

GLYCOSYLATED HEMOGLOBIN, EDTA WHOLE BLOOD-

Glycosylated hemoglobin (GHb) has been firmly established as an index of long-term blood glucose concentrations and as a measure of the risk for the development of complications in patients with diabetes mellitus. Formation of GHb is essentially irreversible, and the concentration in the blood depends on both the life span of the red blood cell (average 120 days) and the blood glucose concentration. Because the rate of formation of GHb is directly proportional to the concentration of glucose in the blood, the GHb concentration represents the integrated values for glucose over the preceding 6-8 weeks.

Any condition that alters the life span of the red blood cells has the potential to alter the GHb level. Samples from patients with hemolytic anemias will exhibit decreased glycated hemoglobin values due to the shortened life span of the red cells. This effect will depend upon the severity of the anemia. Samples from patients with polycythemia

or post-splenectomy may exhibit increased glycated hemoglobin values due to a somewhat longer life span of the red cells.

Glycosylated hemoglobins results from patients with HbSS, HbCC, and HbSC and HbD must be interpreted with caution, given the pathological processes, including anemia, increased red cell turnover, transfusion requirements, that adversely impact HbA1c as a marker of long-term glycemic control. In these conditions, alternative forms of





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testing such as glycated serum protein (fructosamine) should be considered.

"Targets should be individualized; More or less stringent glycemic goals may be appropriate for individual patients. Goals should be individualized based on duration of diabetes, age/life expectancy, comorbid conditions, known CVD or advanced microvascular complications, hypoglycemia unawareness, and individual patient considerations.

References

- Tietz Textbook of Clinical Chemistry and Molecular Diagnostics, edited by Carl A Burtis, Edward R-Ashwood, David E Bruns, 4th Edition, Elsevier publication, 2006, 879-884.
- 2. Forsham PH. Diabetes Mellitus: A rational plan for management. Postgrad Med 1982, 71,139-154.
- 3. Mayer TK, Freedman ZR: Protein glycosylation in Diabetes Mellitus: A review of laboratory measurements and their clinical utility. Clin Chim Acta 1983, 127, 147-184. GLUCOSE, POST-PRANDIAL, PLASMA-ADA Guidelines for 2hr post prandial glucose levels is only after ingestion of 75grams of glucose in 300 ml water, over a period of 5 minutes.
 LIVER FUNCTION PROFILE, SERUM-

LIVER FUNCTION PROFILE

Bilirubin is a yellowish pigment found in bile and is a breakdown product of normal heme catabolism. Bilirubin is excreted in bile and urine, and elevated levels may give yellow discoloration in jaundice. Elevated levels results from increased bilirubin production (eg, hemolysis and ineffective erythropoiesis), decreased bilirubin excretion (eg, obstruction and hepatitis), and abnormal bilirubin metabolism (eg, hereditary and neonatal jaundice). Conjugated (direct) bilirubin is elevated more than unconjugated (indirect) bilirubin in Viral hepatitis, Drug reactions, Alcoholic liver disease Conjugated (direct) bilirubin is also elevated more than unconjugated (indirect) bilirubin when there is some kind of blockage of the bile ducts like in Gallstones getting into the bile ducts, tumors &Scarring of the bile ducts. Increased unconjugated (indirect) bilirubin may be a result of Hemolytic or pernicious anemia, Transfusion reaction & a common metabolic condition termed Gilbert syndrome, due to low levels of the enzyme that attaches sugar molecules to bilirubin.

AST is an enzyme found in various parts of the body. AST is found in the liver, heart, skeletal muscle, kidneys, brain, and red blood cells, and it is commonly measured clinically as a marker for liver health. AST levels increase during chronic viral hepatitis, blockage of the bile duct, cirrhosis of the liver cancer, kidney failure, hemolytic anemia, pancreatitis, hemochromatosis. AST levels may also increase after a heart attack or strenuous activity. ALT test measures the amount of this enzyme in the blood. ALT is found mainly in the liver, but also in smaller amounts in the kidneys, heart, muscles, and pancreas. It is commonly measured as a part of a diagnostic evaluation of hepatocellular injury, to determine liver health.AST levels increase during acute hepatitis, sometimes due to a viral infection, is chemia to the liver, chronic hepatitis, obstruction of bile ducts, cirrhosis.

ALP is a protein found in almost all body tissues. Tissues with higher amounts of ALP include the liver, bile ducts and bone. Elevated ALP levels are seen in Biliary obstruction,

Osteoblastic bone tumors, osteomalacia, hepatitis, Hyperparathyroidism, Leukemia, Lymphoma, Paget's disease, Rickets, Sarcoidosis etc. Lower-than-normal ALP levels seen in Hypophosphatasia, Malnutrition, Protein deficiency, Wilson's disease. GGT is an enzyme found in cell membranes of many tissues mainly in the liver, kidney and pancreas. It is also found in other tissues including intestine, spleen, heart, brain and seminal vesicles. The highest concentration is in the kidney, but the liver is considered the source of normal enzyme activity. Serum GGT has been widely used as an index of liver dysfunction. Elevated serum GGT activity can be found in diseases of the liver, biliary system and pancreas. Conditions that increase serum GGT are obstructive liver disease, high alcohol consumption and use of enzyme-inducing drugs etc. Serum total protein, also known as total protein, is a biochemical test for measuring the total amount of protein in serum. Protein in the plasma is made up of albumin and globulin. Higher-than-normal levels may be due to: Chronic inflammation or infection, including HIV and hepatitis B or C, Multiple myeloma, Waldenstrom's disease. Lower-than-normal levels may be due to: Agammaglobulinemia, Bleeding (hemorrhage), Burns, Glomerulonephritis, Liver disease, Malabsorption, Malnutrition, Nephrotic syndrome, Protein-losing enteropathy etc. Human serum albumin is the most abundant protein in human blood plasma. It is produced in the liver Albumin constitutes about half of the blood serum protein Low blood albumin levels (hypoalbuminemia) can be caused by:Liver disease like cirrhosis of the liver, nephrotic syndrome,protein-losing enteropathy,Burns,hemodilution,increased vascular permeability or decreased lymphatic clearance,malnutrition and wasting etc

SERUM BLOOD UREA NITROGEN-Causes of Increased levels

Pre renal

- High protein diet, Increased protein catabolism, GI haemorrhage, Cortisol, Dehydration, CHF Renal
- Renal Failure

Post Renal

Malignancy, Nephrolithiasis, Prostatism

Causes of decreased levels

- Liver disease
- STADH.

CREATININE, SERUM-

Higher than normal level may be due to:

• Blockage in the urinary tract

- Kidney problems, such as kidney damage or failure, infection, or reduced blood flow
- Loss of body fluid (dehydration)
 Muscle problems, such as breakdown of muscle fibers
- Problems during pregnancy, such as seizures (eclampsia)), or high blood pressure caused by pregnancy (preeclampsia)

Lower than normal level may be due to:

- Myasthenia GravisMuscular dystrophy

URIC ACID, ŚERUM-

Causes of Increased levels

Dietary

- High Protein Intake.
- Prolonged Fasting,



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ACROFEMI HEALTHCARE LTD (MEDIWHEEL) F-703, LADO SARAI, MEHRAULI

SOUTH WEST DELHT **NEW DELHI 110030 DELHI INDIA** 8800465156

BUILDING NO 744/52, CHINTAL PLAZA, 33RD CROSS, 10TH MAIN, 4TH

JAYANAGAR, BANGALORE, 560011 KARNATAKA, INDIA Tel: 08041211945

PATIENT NAME: PRASHANSA KUMARI /109955

PATIENT ID: PRASE301290278

ACCESSION NO: 0278VI001485 AGE: 31 Years SEX: Female ABHA NO:

DRAWN: 10/09/2022 09:39 RECEIVED: 10/09/2022 09:40 12/09/2022 16:23 REPORTED:

REFERRING DOCTOR: SELF CLIENT PATIENT ID:

Test Report Status Results Biological Reference Interval Units **Preliminary**

· Rapid weight loss.

Lesch nyhan syndrome.

Type 2 DM.

Metabolic syndrome.

Causes of decreased levels

- · Low Zinc Intake
- Multiple Sclerosis

Nutritional tips to manage increased Uric acid levels

- · Drink plenty of fluids
- Limit animal proteins
- High Fibre foods
 Vit C Intake
- Antioxidant rich foods

TOTAL PROTEIN, SERUM-

Serum total protein, also known as total protein, is a biochemical test for measuring the total amount of protein in serum. Protein in the plasma is made up of albumin and alobulin

Higher-than-normal levels may be due to: Chronic inflammation or infection, including HIV and hepatitis B or C, Multiple myeloma, Waldenstrom's disease Lower-than-normal levels may be due to: Agammaglobulinemia, Bleeding (hemorrhage), Burns, Glomerulonephritis, Liver disease, Malabsorption, Malnutrition, Nephrotic syndrome, Protein-losing enteropathy etc.

ALBUMIN, SERUM-

Human serum albumin is the most abundant protein in human blood plasma. It is produced in the liver. Albumin constitutes about half of the blood serum protein. Low blood albumin levels (hypoalbuminemia) can be caused by: Liver disease like cirrhosis of the liver, nephrotic syndrome, protein-losing enteropathy, Burns, hemodilution, increased vascular permeability or decreased lymphatic clearance,malnutrition and wasting etc.

ELECTROLYTES (NA/K/CL), SERUM-

Sodium levels are Increased in dehydration, cushing's syndrome, aldosteronism & decreased in Addison's disease, hypopituitarism, liver disease. Hypokalemia (low K) is common in vomiting, diarrhea, alcoholism, folic acid deficiency and primary aldosteronism. Hyperkalemia may be seen in end-stage renal failure, hemolysis, trauma, Addison's disease, metabolic acidosis, acute starvation, dehydration, and with rapid K infusion Chloride is increased in dehydration, renal tubular acidosis (hyperchloremia metabolic acidosis), acute renal failure, metabolic acidosis associated with prolonged diarrhea and loss of sodium bicarbonate, diabetes insipidus, adrenocortical hyperfuction, salicylate intoxication and with excessive infusion of isotonic saline or extremely high dietary intake of salt Chloride is decreased in overhydration, chronic respiratory acidosis, salt-losing nephritis, metabolic alkalosis, congestive heart failure, Addisonian crisis, certain types of metabolic acidosis, persistent gastric secretion and prolonged vomiting,

MICROSCOPIC EXAMINATION, URINE-

Routine urine analysis assists in screening and diagnosis of various metabolic, urological, kidney and liver disorders

Protein: Elevated proteins can be an early sign of kidney disease. Urinary protein excretion can also be temporarily elevated by strenuous exercise, orthostatic proteinuria, dehydration, urinary tract infections and acute illness with fever

Glucose: Uncontrolled diabetes mellitus can lead to presence of glucose in urine. Other causes include pregnancy, hormonal disturbances, liver disease and certain medications.

Ketones: Uncontrolled diabetes mellitus can lead to presence of ketones in urine. Ketones can also be seen in starvation, frequent vomiting, pregnancy and strenuous

Blood: Occult blood can occur in urine as intact erythrocytes or haemoglobin, which can occur in various urological, nephrological and bleeding disorders. Leukocytes: An increase in leukocytes is an indication of inflammation in urinary tract or kidneys. Most common cause is bacterial urinary tract infection. Nitrite: Many bacteria give positive results when their number is high. Nitrite concentration during infection increases with length of time the urine specimen is retained in bladder prior to collection.

pH: The kidneys play an important role in maintaining acid base balance of the body. Conditions of the body producing acidosis/ alkalosis or ingestion of certain type of food can affect the pH of urine.

Specific gravity: Specific gravity gives an indication of how concentrated the urine is. Increased specific gravity is seen in conditions like dehydration, glycosuria and proteinuria while decreased specific gravity is seen in excessive fluid intake, renal failure and diabetes insipidus.

Bilirubin: In certain liver diseases such as biliary obstruction or hepatitis, bilirubin gets excreted in urine

Urobilinogen: Positive results are seen in liver diseases like hepatitis and cirrhosis and in cases of hemolytic anemia

THYROID PANEL, SERUMTriiodothyronine T3 , is a thyroid hormone. It affects almost every physiological process in the body, including growth, development, metabolism, body temperature, and heart rate. Production of T3 and its prohormone thyroxine (T4) is activated by thyroid-stimulating hormone (TSH), which is released from the pituitary gland. Elevated concentrations of T3, and T4 in the blood inhibit the production of TSH.

Thyroxine T4, Thyroxine's principal function is to stimulate the metabolism of all cells and tissues in the body. Excessive secretion of thyroxine in the body is hyperthyroidism, and deficient secretion is called hypothyroidism. Most of the thyroid hormone in blood is bound to transport proteins. Only a very small fraction of the circulating hormone is free and biologically active.

In primary hypothyroidism, TSH levels are significantly elevated, while in secondary and tertiary hypothyroidism, TSH levels are low.

Below mentioned are the guidelines for Pregnancy related reference ranges for Total T4, TSH & Total T3

Levels in TOTAL T4 TSH3G TOTAL T3

Pregnancy (µg/dL) 6.6 - 12.4 $(\mu IU/mL)$ (ng/dL) 81 - 190 First Trimester 0.1 - 2.5



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100 - 260 2nd Trimester 6.6 - 15.50.2 - 3.06.6 - 15.5 0.3 - 3.0 100 - 260 3rd Trimester Below mentioned are the guidelines for age related reference ranges for T3 and T4.

ТЗ (µg/dL) 1-3 day: 8.2 - 19.9 1 Week: 6.0 - 15.9 (ng/dL) New Born: 75 - 260

NOTE: TSH concentrations in apparently normal euthyroid subjects are known to be highly skewed, with a strong tailed distribution towards higher TSH values. This is well

documented in the pediatric population including the infant age group.

Kindly note: Method specific reference ranges are appearing on the report under biological reference range.

1. Burtis C.A., Ashwood E. R. Bruns D.E. Teitz textbook of Clinical Chemistry and Molecular Diagnostics, 4th Edition.

2. Gowenlock A.H. Varley's Practical Clinical Biochemistry, 6th Edition.
3. Behrman R.E. Kilegman R.M., Jenson H. B. Nelson Text Book of Pediatrics, 17th Edition

STOOL: OVA & PARASITE-

Acute infective diarrhoea and gastroenteritis (diarrhoea with vomiting) are major causes of ill health and premature death in developing countries. Loss of water and electrolytes from the body can lead to severe dehydration which if untreated, can be rapidly fatal in young children, especially that are malnourished, hypoglycaemic, and generally in poor health.

Laboratory diagnosis of parasitic infection is mainly based on microscopic examination and the gross examination of the stool specimen. Depending on the nature of the parasite, the microscopic observations include the identification of cysts, ova, trophozoites, larvae or portions of adult structure. The two classes of parasites that cause human infection are the Protozoa and Helminths. The protozoan infections include amoebiasis mainly caused by Entamoeba histolytica and giardiasis caused by Giardia lamblia. The common helminthic parasites are Trichuris trichiura, Ascaris lumbricoides, Strongyloides stercoralis, Taenia sp. etc ABO GROUP & RH TYPE, EDTA WHOLE BLOOD-

Blood group is identified by antigens and antibodies present in the blood. Antigens are protein molecules found on the surface of red blood cells. Antibodies are found in plasma. To determine blood group, red cells are mixed with different antibody solutions to give A,B,O or AB.

Disclaimer: "Please note, as the results of previous ABO and Rh group (Blood Group) for pregnant women are not available, please check with the patient records for availability of the same.

The test is performed by both forward as well as reverse grouping methods.

THIS REPORT CARRIES THE SIGNATURE OF OUR LABORATORY DIRECTOR. THIS IS AN INVIOLABLE FEATURE OF OUR LAB MANAGEMENT SOFTWARE. HOWEVER, ALL EXAMINATIONS AND INVESTIGATIONS HAVE BEEN CONDUCTED BY OUR PANEL OF DOCTORS.

FITNESS STATUS-

Conclusion on an individual's Fitness, which is commented upon mainly for Pre employment cases, is based on multi factorial findings and does not depend on any one single parameter. The final Fitness assigned to a candidate will depend on the Physician's findings and overall judgement on a case to case basis, details of the candidate's past and personal history; as well as the comprehensiveness of the diagnostic panel which has been requested for .These are then further correlated with details of the job under consideration to eventually fit the right man to the right job.

- Basis the above, SRL classifies a candidate's Fitness Status into one of the following categories:
 Fit (As per requested panel of tests) SRL Limited gives the individual a clean chit to join the organization, on the basis of the General Physical Examination and the specific test panel requested for
- Fit (with medical advice) (As per requested panel of tests) This indicates that although the candidate can be declared as FIT to join the job, minimal problems have been detected during the Pre- employment examination. Examples of conditions which could fall in this category could be cases of mild reversible medical abnormalities such as height weight disproportions, borderline raised Blood Pressure readings, mildly raised Blood sugar and Blood Lipid levels, Hematuria, etc. Most of these relate to sedentary lifestyles and come under the broad category of life style disorders. The idea is to caution an individual to bring about certain lifestyle changes as well as seek a Physician's
- consultation and counseling in order to bring back to normal the mildly deranged parameters. For all purposes the individual is FIT to join the job.

 Fitness on Hold (Temporary Unfit) (As per requested panel of tests) Candidate's reports are kept on hold when either the diagnostic tests or the physical findings reveal the presence of a medical condition which warrants further tests, counseling and/or specialist opinion, on the basis of which a candidate can either be placed into Fit, Fit (With Medical Advice), or Unfit category. Conditions which may fall into this category could be high blood pressure, abnormal ECG, heart murmurs, abnormal vision, grossly elevated blood sugars, etc.
- Unfit (As per requested panel of tests) An unfit report by SRL Limited clearly indicates that the individual is not suitable for the respective job profile e.g. total color blindness in color related jobs.









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MEDI WHEEL FULL BODY HEALTH CHECKUP BELOW 40FEMALE

ULTRASOUND ABDOMEN

ULTRASOUND ABDOMEN

NO ABNORMALITIES DETECTED

End Of Report

Please visit www.srlworld.com for related Test Information for this accession TEST MARKED WITH '*' ARE OUTSIDE THE NABL ACCREDITED SCOPE OF THE LABORATORY.

Dr. Asha Prabhakar

Lab Head

Dr.Priya

Consultant Pathologist



