

LETTER OF APPROVAL / RECOMMENDATION

To,

The Coordinator,  
Mediwheel (Arcofemi Healthcare Limited)  
Helpline number: 011- 41195959

Dear Sir / Madam,

**Sub: Annual Health Checkup for the employees of Bank of Baroda**

This is to inform you that the following employee wishes to avail the facility of Cashless Annual Health Checkup provided by you in terms of our agreement.

PARTICULARS	EMPLOYEE DETAILS
NAME	MR. ROSHAN SANDEEP KUMAR
EC NO.	104304
DESIGNATION	HEAD CASHIER "E" _II
PLACE OF WORK	TARAPUR,MUNGER
BIRTHDATE	27-01-1985
PROPOSED DATE OF HEALTH CHECKUP	24-06-2023
BOOKING REFERENCE NO.	23J104304100062084E

This letter of approval / recommendation is valid if submitted along with copy of the Bank of Baroda employee id card. This approval is valid from **16-06-2023** till **31-03-2024** The list of medical tests to be conducted is provided in the annexure to this letter. Please note that the said health checkup is a **cashless facility** as per our tie up arrangement. We request you to attend to the health checkup requirement of our employee and accord your top priority and best resources in this regard. The EC Number and the booking reference number as given in the above table shall be mentioned in the invoice, invariably.

We solicit your co-operation in this regard.

Yours faithfully,

Sd/-

**Chief General Manager**  
**HRM Department**  
**Bank of Baroda**

(Note: This is a computer generated letter. No Signature required. For any clarification, please contact Mediwheel (Arcofemi Healthcare Limited))





भारत सरकार  
Unique Identification Authority of India  
Government of India

नामांकन क्रम / Enrollment No. : 1213/50640/00549

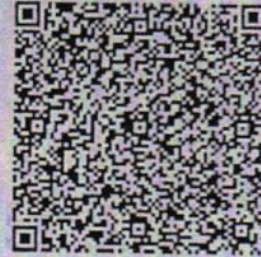
04/03/2015

To  
Sandeep Kumar Roshan  
संदीप कुमार रोशन  
S/O: Shailendra Kumar  
gram-ghorghat post-ghorghat thana-bariyarpur  
Bariarpur  
Bariarpur, Munger  
Bihar - 811211  
7870238884



KH267401774FT

26740177



आपका आधार क्रमांक / Your Aadhaar No. :

**2437 0975 5580**

आधार - आम आदमी का अधिकार



भारत सरकार

Government of India



संदीप कुमार रोशन  
Sandeep Kumar Roshan

जन्म तिथि / DOB: 27/01/1985  
पुरुष / Male

**2437 0975 5580**



आधार - आम आदमी का अधिकार



# MEDICAL EXAMINATION REPORT

Name SANDEEP KUNAR ROSHAN Gender  M /  F Date of Birth 27/01/1985

Position Selected For HEAD CASHIER E.T. Identification marks AS<sup>Sec</sup> Markle (A) cur (E) line

## A. HISTORY:

1. Do you have, or are you being treated for, any of the following conditions? (please tick all that apply)?

- |   |  |   |
|---|--|---|
| <input checked="" type="checkbox"/> Anxiety             | <input type="checkbox"/> Cancer  | <input type="checkbox"/> High Blood Pressure                        |
| <input type="checkbox"/> Arthritis                      | <input type="checkbox"/> Depression/ bipolar disorder  | <input type="checkbox"/> High Cholesterol                           |
| <input type="checkbox"/> Asthama, Bronchitis, Emphysema | <input type="checkbox"/> Diabetes  | <input type="checkbox"/> Migraine Headaches                         |
| <input type="checkbox"/> Back or spinal problems        | <input type="checkbox"/> Heart Disease   | <input type="checkbox"/> Sinusitis or Allergic Rhinitis (Hay Fever) |
| <input type="checkbox"/> Epilepsy                       | <input type="checkbox"/> Any other serious problem for which you are receiving medical attention |   |

2. List the medications taken Regularly. NO

3. List allergies to any known medications or chemicals NO

4. Alcohol : Yes  No  Occasional

5. Smoking : Yes  No  Quit (more than 3 years)

### 6. Respiratory Function :

- a. Do you become unusually short of breath while walking fast or taking stair - case? Yes  No
- b. Do you usually cough a lot first thing in morning? Yes  No
- c. Have you vomited or coughed out blood? Yes  No

### 7. Cardiovascular Function & Physical Activity :

- a. Exercise Type: (Select 1)
- No Activity
  - Very Light Activity (Seated At Desk, Standing)
  - Light Activity (Walking on level surface, house cleaning)
  - Moderate Activity (Brisk walking, dancing, weeding)
  - Vigorous Activity (Soccer, Running)
- b. Exercise Frequency: Regular (less than 3 days/ week) / Irregular (more than 3 days/ Week)
- c. Do you feel pain in chest when engaging in physical activity? Yes  No

### 8. Hearing :

- a. Do you have history of hearing troubles? Yes  No
- b. Do you experiences ringing in your ears? Yes  No
- c. Do you experience discharge from your ears? Yes  No
- d. Have you ever been diagnosed with industrial deafness? Yes  No

### 9. Musculo - Skeletal History

- a. Neck : Have you ever injured or experienced pain? Yes  No
- b. Back : If Yes ; approximate date (MM/YYYY)
- c. Shoulder, Elbow, Wrists, Hands Consulted a medical professional ? Yes  No
- d. Hips, Knees, Ankles, Legs Resulted in time of work? Yes  No
- Surgery Required ? Yes  No
- Ongoing Problems ? Yes  No

**10. Function History**

- a. Do you have pain or discomfort when lifting or handling heavy objects? Yes  No
- b. Do you have knee pain when squatting or kneeling? Yes  No
- c. Do you have back pain when forwarding or twisting? Yes  No
- d. Do you have pain or difficulty when lifting objects above your shoulder height? Yes  No
- e. Do you have pain when doing any of the following for prolonged periods (Please circle appropriate response)
- Walking : Yes  No       •Kneeling : Yes  No       •Squatting : Yes  No
- Climbing : Yes  No       •Sitting : Yes  No
- Standing : Yes  No       •Bending : Yes  No
- f. Do you have pain when working with hand tools? Yes  No
- g. Do you experience any difficulty operating machinery? Yes  No
- h. Do you have difficulty operating computer instrument? Yes  No

**B. CLINICAL EXAMINATION :**

a. Height 165cm      b. Weight 70kg      Blood Pressure 130 / 90 mmhg

Chest measurements: a. Normal 95cm      b. Expanded 97cm

Waist Circumference 34      Ear, Nose & Throat WNL

Skin WNL      Respiratory System BAEM

Vision WNL      Nervous System NFND

Circulatory System WNL      Genito-urinary System NORMAL

Gastro-intestinal System WNL      Colour Vision NORMAL

Discuss Particulars of Section B :-

**C. REMARKS OF PATHOLOGICAL TESTS :**

Chest X-ray WNL      ECG WNL

Complete Blood Count Hb: 13.8g/ml, TC: 7900      Urine routine WNL

Serum cholesterol 185 mg/dl      Blood sugar FBS: 85 mg/dl, PPBS: 105 mg/dl

Blood Group B+ve      S.Creatinine 1.0 mg/dl

**D. CONCLUSION :**

Any further investigations required       Any precautions suggested

**E. FITNESS CERTIFICATION**

Certified that the above named recruit does not appear to be suffering from any disease communicable or otherwise, constitutional weakness or bodily infirmity except \_\_\_\_\_

\_\_\_\_\_ . I do not consider this as disqualification for employment in the Company. S

Candidate is free from Contagious/Communicable disease

AMAR JYOTI HOSPITAL  
Dr. Ravi Raj  
M.B.B.S.  
Reg. No: 65108  
Signature of Medical Adviser

Date : 24/06/2023



## Eye Examination Report

Candidate Name: SANDEEP KUMAR ROSHAR

Age/ Gender: 37 | M

Date: 24/06/2025

This is to certify that I have examined Mr. /Ms. SANDEEP KUMAR DIXITAN hereby, his/her visual standards are as follows :

Without Glasses		With Glasses		Color Vision (Normal/Defective)
R	6/6	R	L	NORMAL

ABLE TO DIFFERENTIATE COLOUR

Doctor Signature:



Doctor Stamp

AMAR JYOTI HOSPITAL  
24/06/2025  
Dr. Chandra Shekhar Kumar  
M.B.B.S. MD (OPHTHALMOOGY)  
REG. No.- 41209

**DR. SASHIBHUSHAN**  
M.D. Pathologist (BHU)  
Reg. No. : 52269

**MD. SHAHNAWAZKHAN**  
B.M.L.T.  
Reg. No. : BR1822

**JAMAR  
JYOTI**  
PATHOLAB



Address : Near Anushka Pvt. ITI, NH-31, Sushil Nagar, Begusarai, Bihar-851134

Call : 8877770366, 8873831650

Patient Name: SANDEEP KR ROSHAN

Date: 24/06/2023

Ref. by Dr : AMAR JYOTI HOSPITAL

Sex M Age: 37Y

**Haematological Test Report**

<u>TEST</u>	<u>RESULTS</u>	<u>UNIT</u>	<u>REFERENCE RANGE</u>
<u>Complete Blood Count</u>			
Haemoglobin :	13.8	gm %	12.5-16.4
<u>WBC Count</u>			
Total WBC Count :	7900	/cumm	4000-11000
<u>Differential Count</u>			
Neutrophil :	60	%	40-70
Lymphocyte :	36	%	20-40
Eosinophil :	03	%	01-09
Monocyte :	01	%	02-10
Basophil :	00	%	00-05
<u>RBC Indices</u>			
R.B.C.Count :	4.66	mil./cumm	3.9-5.6
Haematocrit (PCV) :	43.0	%	36-47
MCV :	92.1	fL	75-96
MCH :	29.7	pg	27-32
MCHC :	32.2	gm/dl	30-36
<u>Platelet Indices</u>			
Platelet Count :	1,80,000	/cumm	150000-400000
ESR :	15	mm/1 <sup>st</sup> hr.	00-15

\*\*\* End of report\*\*\*



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**LIVER FUNCTION TEST**

<u>TEST</u>	<u>RESULTS</u>	<u>UNIT</u>	<u>REFERENCE RANGE</u>
S. Bilirubin			
Total	1.3	mg/dl	up to 1.2
Conjugate	0.4	mg/dl	up to 0.4
Unconjugate	0.9	mg/dl	up to 0.8
SGPT	65.0	U/L	up to 40
SGOT	61.0	U/L	up to 38
Alkaline Phosphatase	161	U/L	37-167
<b>S. Protein</b>			
Total	6.3	gm%	6.0-8.0
Albumin	3.9	gm%	3.7-5.3
Globulin	2.4	gm%	1.5-3.5
A/G Ratio	1.62		1.0-2.0

\*\*\*End of report\*\*\*





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Date: 24/06/2023

Ref. by Dr : AMAR JYOTI HOSPITAL

Sex M Age: 37Y

**Report on Blood Examination**

<u>TEST</u>	<u>RESULTS</u>	<u>UNIT</u>	<u>REFERENCE RANGE</u>
B. Urea	32.0	mg/dl	17-45
S. Creatinine	1.1	mg/dl	0.6-1.4
S. Uric Acid	6.5	mg/dl	2.5-7.0
S. Sodium	143	m mpl/L	135-155
S. Potassium	4.1	m mpl/L	3.5-5.5
S. Chloride	98.0	meq/L	97-109
S. Calcium	8.2	mg%	8.5-10.5

\*\*\*End of report\*\*\*



This report is not valid for medico legal purpose. Correlate clinically if abnormal found.



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**LIPID PROFILE**

<u>TEST</u>	<u>RESULTS</u>	<u>UNIT</u>	<u>REFERENCE RANGE</u>
S. Triglyceride	115	mg%dl	10-170
Total Cholesterol	185	mg%dl	130-200
H D L Cholesterol	43	mg%dl	40-75
L D H Cholesterol	142	mg%dl	80-120
TC/HDL Cholesterol	4.30	Ratio	3.0-5.0
LDL/HDL	3.30	Ratio	1.5-3.5
V.L.D.L Cholesterol	23	mg%dl	07-30

\*\*\* End of report\*\*\*



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**DR. SASHIBHUSHAN**  
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Date: 24/06/2023

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Sex M Age: 37Y

**BLOOD GLUCOSE EXAMINATION**

<u>TEST</u>	<u>RESULTS</u>	<u>UNIT</u>	<u>REFERENCE RANGE</u>
Fasting Blood Sugar	85.0	mg/dl	70-110
2Hrs After Lunch (PP)	105	mg/dl	80-140

\*\*\*End of report\*\*\*



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Patient Name: SANDEEP KR ROSHAN

Date: 24/06/2023

Ref. by Dr : AMAR JYOTI HOSPITAL

Sex M Age: 37Y

**Report on Blood Examination**

<u>TEST</u>	<u>RESULTS</u>	<u>UNIT</u>	<u>REFERENCE RANGE</u>
Blood Group Rh	'B' Positive		
HbA1c(HPLC)	4.93	%	5.7-6.4
Average Blood Glucose(ABG):	94.73	mg/dL	90-120

\*\*\*End of report\*\*\*



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Date: 24/06/2023

Ref. by Dr : AMAR JYOTI HOSPITAL

Sex M Age: 37Y

**Report on Blood Examination**

<u>TEST</u>	<u>RESULTS</u>	<u>UNIT</u>	<u>REFERENCE RANGE</u>
T3, Total	1.35	ng/mL	0.80-2.00
T4, Total	9.79	ng/mL	4.87-13.72
TSH	2.86	μIU/mL	0.35-4.94

\*\*\*End of report\*\*\*





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Patient Name: SANDEEP KR ROSHAN

Date: 24/06/2023

Ref. by Dr : AMAR JYOTI HOSPITAL

Sex M Age: 37Y

**URINE REPORT**

**PHYSICAL EXAMINATION:**

QUANTITY : 05ml

DEPOSITS : Present

COLOUR : Straw

REACTION : Acidic

APPEARANCE: Hazy

SP. Gravity : 1.015

PH : 6.1

**CHEMICAL EXAMINATION:**

PROTEIN : Nil

SUGAR : Nil

BILE PIGMENT: Absent

BILI SALT : Absent

UROBILINOGEN: Absent

KETONE BODIES: Absent

NITRITE : Neagtive

**MICROSCOPIC EXAMINATION:**

EPITHELIAL CELL: 1-2/hpf

RBC : Absent

PUS CELL : 2-3/hpf

Crystals : Absent

CASTS : Absent

YEAST: Absent

BACTERIA : Absent

TRICHOMONAS: Absent

\*\*\* End of report\*\*\*



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ID: sandeep krroshan

24.06.2023 02:43:43  
Amar jyoti Hospital, Beusarai

Location:  
Order Number:  
Visit: amar jyoti  
Indication:  
Medication 1:  
Medication 2:  
Medication 3:

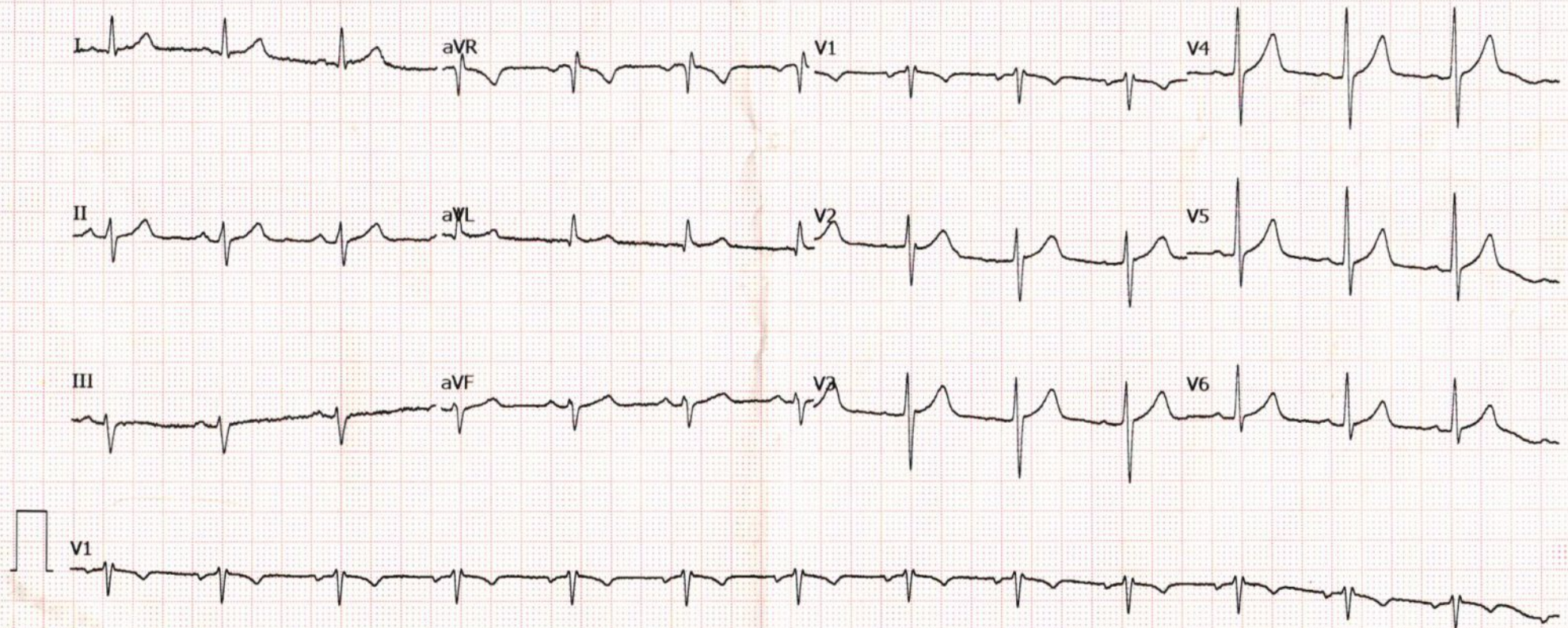
Room:

80 bpm  
-- / -- mmHg

Male

Technician:  
Ordering Ph:  
Referring Ph:  
Attending Ph:

QRS :	82 ms	Normal sinus rhythm
QT / QTcBaz :	364 / 419 ms	Normal ECG
PR :	128 ms	
P :	70 ms	
RR / PP :	752 / 750 ms	
P / QRS / T :	46 / -24 / 34 degrees	







# AMAR JYOTI HOSPITAL

**A Multi Speciality Hospital Modern ICU, HDU, OT, Dialysis Facility**

E-mail : amarjyotihospitalbgs@gmail.com

Add. : Near Anushka Pvt. ITI, NH-31, Sushil Nagar, Begusarai (Bihar), Call : 887770366, 8873831650

**PATIENT NAME:- SANDEEP KR.ROSHAN**

**ADDRESS:-MUNGER**

**AGE:-37/M**

**DATE:-24/06/2023**

**\*\*USG-ABDOMEN REPORT \*\***

**LIVER:-** liver is normal in size(.cranio cadually- 120mm)no focal or diffuse fatty changes.I.H.D are not dilated P.V is **normal**

**GB: - G.B.** is normal in size and volume.no calculus or mass seen in the g.b lumen

**C.B.D:** C.B.D appear normal .no calculuas seen

**PANCREAS:** pancreas appear normal .

**SPLEEN:** spleen is normal in size and echotexture normal

**KIDNEY:** both kidney are normal in size , no calculus is seen in both kidneys.

**U.BLADDER:** it is of normal capacity . no calculus or mass seen

**PROSTATE:-** normal in size

**IMPRESSION :- normal study**





SANDEEP KUMAR ROSHAN 125 37 CHEST,FRN P->A 24-JUNE  
AMAR JYOTI HOSPITAL,SUSHIL NAGAR,BEGUSARAI.