

Name : Mrs. SANDHYARANI SAHOO (35 /F)

Date : 25/02/2022

Address : 13/B, BLOCK-A,ARORA HEIGHT,NEWTOWN,KOLKATA, NORTH 24 PARGANAS,
NORTH 24 PARGANAS, WEST BENGAL, INDIA

Examined by:

UHID : AMHL.0001921700

Package : MEDI WHEEL FULL BODY HCK - FEMALE (BELOW 40
YRS WITH TMT/ECHO)

AHC No : AMHLAH142820



CHIEF COMPLAINTS

For corporate health checkup

C/O Regular cycles - spotting only for 3 days, scanty periods.

BP 140/90 mmHg.

PRESENT KNOWN ILLNESS:-

H/O Hypothyroidism x 4 years - on medication.

No H/O HTN/DM/TB/Asthma/Heart Disease.



DRUG ALLERGY

NO KNOWN ALLERGY

:26/02/2022



SYSTEMIC REVIEW

Cardiovascular system

HIGH BLOOD PRESSURE - 140/90 mmHg today.

ANY MEDICATION - Nil.

Respiratory system

COUGH - Present, dry.

Gastrointestinal system

APPETITE – Normal.

FLATULENCE AND DYSPEPSIA - Present, on
occasional medication.

BOWEL HABITS - Regular.

Genitourinary system

FREQUENCY - Normal.

Gynaec history

P1+1, LSCS, 1 Spontaneous miscarriage, LMP -
15/2/22, LCB - 2013, Cycles - Regular (spotting only
for 3 days, then flow for 2 days).

Central nervous system

HEADACHE - Present occasional, settles on its own
or with rest.

GIDDINESS - Present occasional, no H/O syncope,
no neck pain, no tinnitus.

MEMORY & CONCENTRATION - Normal.

SLEEP – Normal.

Eyes

VISION - Normal.

ENT

HEARING - Normal.

Musculoskeletal system

Occasional back pain - on irregular exercise.

Skin

Rash on both palms - non pruritic.

Weight

Fairly steady.



Present medications

Tab. Thyroxine (75 mcg) - daily.



Past medical history

Past medical history - nil significant

Covid 19 - Yes

Hospitalization for - No

Covid 19

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Surgical history

Lower segment caesarean section - 2013.

Personal history

Marital status - Married
No. of children - 1
Diet - Mixed Diet
Alcohol - does not consume alcohol
Smoking - No
Chews tobacco - No
Physical activity - Active

Family history

Father - alive
Mother - alive
Brothers - 1
Sisters - 1
Diabetes - father
Hypertension - father
Coronary artery disease - father
Cancer - None

PHYSICAL EXAMINATION

General

Build - obese
Height (in cms) - 153
Weight (in Kgs) - 72
BMI - 30.76
Pallor - no
Oedema - no

Cardiovascular system

Heart rate(Per minute) - 80
Rhythm - Normal
Systolic(mm of Hg) - 140
Diastolic(mm of Hg) - 90
Heart sounds - S1S2+

Respiratory system

Breath sounds - Normal vesicular breath sounds

Abdomen

Appearance - Normal
Organomegaly - No
Tenderness - No
Bowel sounds - Present.
Scars - ,Operative scar present.

Central nervous system

No neurological deficit

Skin

Rashes - In both palms.

Musculo Skeletal System

No significant finding
Extremities - No Significant finding.
Spine - No Significant finding.

Printed By : AVIJIT DAS

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COMPLETE HAEMOGRAM PROFILE

Test Name	Result	Unit	Level	Range
Hemoglobin	12.1	g/dl	●	12.0-15.0
RBC COUNT	4.79	Million/ ul	●	3.8-4.8
Hematocrit - Hct:	36.6	%	●	36-46
MCV	76.3 *	fl	●	83-101
MCH	25.1 *	pg	●	27-32
MCHC	33.0	%	●	31.5-34.5
RDW	15.4 *	%	●	11.8-14.0
WBC Count	6800	/cu mm	●	4000-10000
Platelet Count	1.97	lacs/cu mm	●	1.5-4.0
Neutrophils	66	%	●	40-80
Lymphocytes	26	%	●	20-40
Monocytes	06	%	●	2-10
Eosinophils	02	%	●	01-06
Basophils	00	%	●	0-0
RBC:	Microcytic Hypochromic RBCs.			
Platelets:	Adequate.			
ERYTHROCYTE SEDIMENTATION RATE (ESR)	18	mm/1st hr	●	0-20

URINE ROUTINE AND MICROSCOPY

Test Name	Result	Unit	Level	Range
Volume:	50	mL		
Colour:	Pale Straw			
Appearance	Slightly Turbid			
Specific Gravity	1.005			
pH:	6.0			
Albumin:	Not Detected			
Glucose	Not Detected			
Ketone:	Not Detected			
Bile Pigments	Not Detected			
RBC	Nil	/hpf		
Pus Cells	Occasional/hpf			

Epithelial Cells	2-4 /h.p.f /hpf
Casts:	Not Found
Crystals:	Not Found
Note	Biological reference interval RBC- 0-2/hpf Pus Cell - 0-5/hpf.

URINE SUGAR - POST PRANDIAL (QUALITATIVE)

Test Name	Result	Unit	Level	Range
URINE GLUCOSE(POST PRANDIAL)	Nil			

URINE SUGAR- FASTING(QUALITATIVE)

Test Name	Result	Unit	Level	Range
URINE GLUCOSE(FASTING)	Nil			

BLOOD GROUPING AND TYPING (ABO AND RH)

Test Name	Result	Unit	Level	Range
ABO Group:	B			
Rh (D) Type:	POSITIVE			

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
ALT(SGPT) - SERUM	24	U/L	●	10-40
ALBUMIN - SERUM	3.9	g/dL	●	3.5-5.1
ALKALINE PHOSPHATASE - SERUM	91	U/L	●	42-98
AST (SGOT) - SERUM	29	U/L	●	10-42
BILIRUBIN TOTAL - SERUM	1.1 *	mg/dL	●	0.0-1.0

LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
CHOLESTEROL - SERUM	187	mg/dL	●	0-200

CREATININE - SERUM

Test Name	Result	Unit	Level	Range
CREATININE - SERUM	0.7	mg/dL	●	0.6-1.1

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
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● Within Normal Range ● Borderline High/Low ● Out of Range

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GGTP: GAMMA GLUTAMYL TRANSPEPTIDASE - SERUM 11 U/L ● 7-64

TOTAL T3: TRI IODOTHYRONINE - SERUM 1.0 ng/ml ● 0.8-2

TOTAL T4: THYROXINE - SERUM 9.4 µg/dL ● 5.1-14.1

GLUCOSE - PLASMA (FASTING)

Test Name Result Unit Level Range
GLUCOSE - PLASMA (FASTING) 76 mg/dL ● 70-99

LIPID PROFILE TEST (PACKAGE)

Test Name Result Unit Level Range
TRIGLYCERIDES - SERUM 111 mg/dL ● 0-150

GLUCOSE - PLASMA (POST PRANDIAL)

Test Name Result Unit Level Range
GLUCOSE - PLASMA (POST PRANDIAL) 131 mg/dL ● 70-140

THYROID PROFILE - I(T3,T4 AND TSH)

Test Name Result Unit Level Range
TSH: THYROID STIMULATING HORMONE - SERUM 2.5 µIU/mL ● 0.270-4.200

HBA1C (GLYCOSYLATED

HAEMOGLOBIN)-WHOLE BLOOD

Test Name Result Unit Level Range
HBA1C (GLYCOSYLATED HAEMOGLOBIN)-WHOLE BLOOD 4.7 % ●
Nondiabetic : 4 - 5.6 %
Prediabetics : 5.7 - 6.4%
Diabetes : >= 6.5%
ADA Therapeutic goal : <7%

URIC ACID - SERUM

Test Name Result Unit Level Range
URIC ACID - SERUM 4.1 mg/dL ● 2.6-6.0

LIVER FUNCTION TEST (PACKAGE)

Test Name Result Unit Level Range
BILIRUBIN CONJUGATED (DIRECT) - SERUM 0.2 mg/dL ● 0.0-0.2

LIPID PROFILE TEST (PACKAGE)

Test Name Result Unit Level Range
HDL CHOLESTEROL - SERUM 57 mg/dL ● 30-70
LDL CHOLESTEROL -SERUM 114 * mg/dL ● 0-100
VLDL CHOLESTEROL - SERUM (Calculated) 16 mg/dL ● 0-35

BUN (BLOOD UREA NITROGEN)

Test Name Result Unit Level Range
BUN (BLOOD UREA NITROGEN) 6.9 * mg/dL ● 7.0-18.0

LIVER FUNCTION TEST (PACKAGE)

Test Name Result Unit Level Range
PROTEIN TOTAL - SERUM 7.4 g/dL ● 6.4-8.3
GLOBULIN: (CALCULATED) - SERUM 3.5 g/dL ● 1.8-3.6

LIVER FUNCTION TEST (PACKAGE)

Test Name Result Unit Level Range
A/G - RATIO 1.1:1.0 1.0-2.0

THYROID PROFILE - I(T3,T4 AND TSH)

Test Name Result Unit Level Range

PAP SMEAR /CERVICAL SMEAR

Ref No: AG01.C2200801
SPECIMEN TYPE: Conventional cervical smear (Pap) x 1
SPECIMEN ADEQUACY: Satisfactory for evaluation without endocervical cells.
INTERPRETATION/RESULT: Negative for intraepithelial lesion or malignancy,with no organism

ECG

NORMAL SINUS RHYTHM, WITHIN NORMAL LIMITS.

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ULTRASOUND SCREENING WHOLE ABDOMEN

* Fatty changes in liver (Grade I).

Dr. SHWETA KHANNA
CONSULTANT RADIOLOGIST
Reg – 72134 (WBMC)

X-RAY CHEST PA

Chest skiagram does not reveal any significant abnormality.

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CONSULTANT RADIOLOGIST
Reg – 72134 (WBMC)

**INVESTIGATIONS NOT DONE / NOT YET REPORTED / NOT
PART OF PACKAGE(LAB,RADIOLOGY & CARDIOLOGY)**

Haematology

STOOL ROUTINE

CARDIOLOGY

TREADMILL TEST / STRESS TEST



Within Normal Range



Borderline High/Low



Out of Range

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Other Lifestyle Changes & Recommendations :-

Note :- The Health Check-up examinations and routine investigations have certain limitations and may not be able to detect all the diseases. Any new or persisting symptoms should be brought to the attention of the Consulting Physician. Additional tests, consultations and follow up may be required in some cases.

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