

E. C. G. REPORT

RATE _____ Q. WAVE _____

RHYTHM _____ QRS COMPLEX _____

VOLTAGE _____ ST. SEGMENT _____

P. WAVE _____ T. WAVE _____

PR. INTERVAL _____

REMARKS _____

Dr. Mrinalni Singh
Consultant Physician
MBBS, DNB, MRCP (UK) EDIC
Reg. No. 2019/02/0132

ELECTROCARDIOGRAPHIC REPORT



Sea Bird

Sea Bird Medicare Pvt Ltd.

(ISO: 9001 - 2015)

NAME Abhishek Anand

AGE 35/M DATE 23/9/2023

• 101-102, Heritage Plaza, Telli Cross Lane, Nr. Andheri (E) Stn., Andheri (East), Mumbai - 400 069.

Tel.: 2682 1823, 5578 3905

• 102-103-104, Gateway Plaza, Central Avenue Road, Hiranandani Gardens, Powai, Mumbai - 400076

Tel.: 2570 4157

SEABIRD MEDICARE CENTRE POWAI

ABHISHEK ANAND (35 M)

ID: 1920

Date: 23-Sep-23

Time: 10:54:55

BP: 110 / 80 mmHg

Chart Speed: 25 mm/sec

Filter: 35 Hz

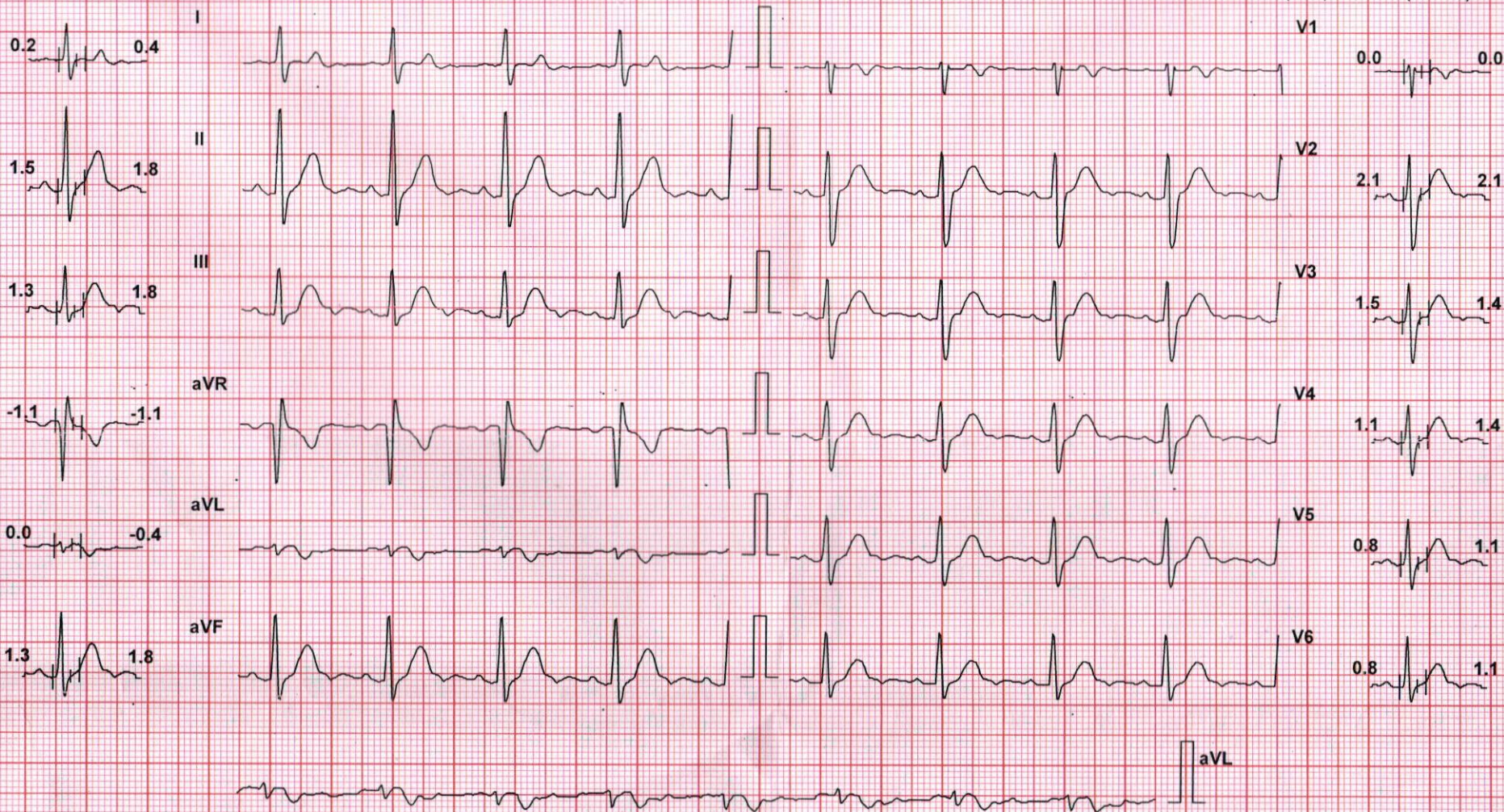
Mains Filt: ON

Amp: 10 mm

HR: 80 bpm

ST Level (mm) ST Slope (mV / s)

ST Level (mm) ST Slope (mV / s)



Interpretation:

WNL

Linked Median Iso = R - 60 ms J = R + 60 ms Post J = J + 60 ms

SEABIRD MEDICARE CENTRE POWAI

Patient Details

Date: 23-Sep-23

Time: 10:56:20

Name: ABHISHEK ANAND ID: 1920

Age: 35 y

Sex: M

Height: 170 cms.

Weight: 75 Kg.

Clinical History: NIL

Medications: NIL

Test Details

Protocol: Bruce

Pr.MHR: 185 bpm

THR: 157 (85 % of Pr.MHR) bpm

Total Exec. Time: 7 m 46 s

Max. HR: 165 (89% of Pr.MHR) bpm

Max. Mets: 10.20

Max. BP: 140 / 90 mmHg

Max. BP x HR: 23100 mmHg/min

Min. BP x HR: 6160 mmHg/min

Test Termination Criteria: THR ACHIEVED

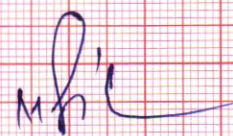
Protocol Details

Stage Name	Stage Time (min : sec)	Mets	Speed (mph)	Grade (%)	Heart Rate (bpm)	Max. BP (mm/Hg)	Max. ST Level (mm)	Max. ST Slope (mV/s)
Supine	3 : 53	1.0	0	0	77	110 / 80	-1.70 aVR	3.89 V2
Standing	0 : 2	1.0	0	0	77	110 / 80	-1.27 aVR	2.12 II
Hyperventilation	0 : 1	1.0	0	0	77	110 / 80	-1.27 aVR	2.12 II
1	3 : 0	4.6	1.7	10	124	120 / 80	-2.34 V2	5.66 II
2	3 : 0	7.0	2.5	12	142	130 / 90	-1.91 aVR	4.95 II
Peak Ex	1 : 46	10.2	3.4	14	165	140 / 90	-4.88 aVL	5.66 II
Recovery(1)	2 : 0	1.8	1	0	120	140 / 90	-4.88 aVL	5.31 aVF
Recovery(2)	2 : 0	1.0	0	0	108	130 / 90	-1.49 aVR	3.89 III
Recovery(3)	2 : 0	1.0	0	0	106	120 / 80	-1.06 aVR	2.12 II
Recovery(4)	0 : 38	1.0	0	0	103	120 / 80	-1.06 aVR	2.12 II

Interpretation

The patient exercised according to the Bruce protocol for 7 m 46 s achieving a work level of Max. METS : 10.20. Resting heart rate initially 77 bpm, rose to a max. heart rate of 165 (89% of Pr.MHR) bpm. Resting blood Pressure 110 / 80 mmHg, rose to a maximum blood pressure of 140 / 90 mmHg. No significant ST -Tchanges, Negative for induced Ischaemic heart diseases

Dr. Mrinalini Singh
Consultant Physician
MBBS, DNB, MRCP (UK), EDIC
Reg. No. 2019/02/0392



Ref. Doctor: APOLLO

(Summary Report edited by user)

Doctor: -

(c) Schiller Healthcare India Pvt. Ltd. V 4.7

SEABIRD MEDICARE CENTRE POWAI

ABHISHEK ANAND (35 M)

ID: 1920

Date: 23-Sep-23 Exec Time : 0 m 0 s Stage Time : 3 m 53 s HR: 77 bpm

Protocol: Bruce

Stage: Supine

Speed: 0 mph

Grade: 0 %

(THR: 157 bpm)

B.P: 110 / 80

ST Level (mm) ST Slope (mV / s)

ST Level (mm) ST Slope (mV / s)

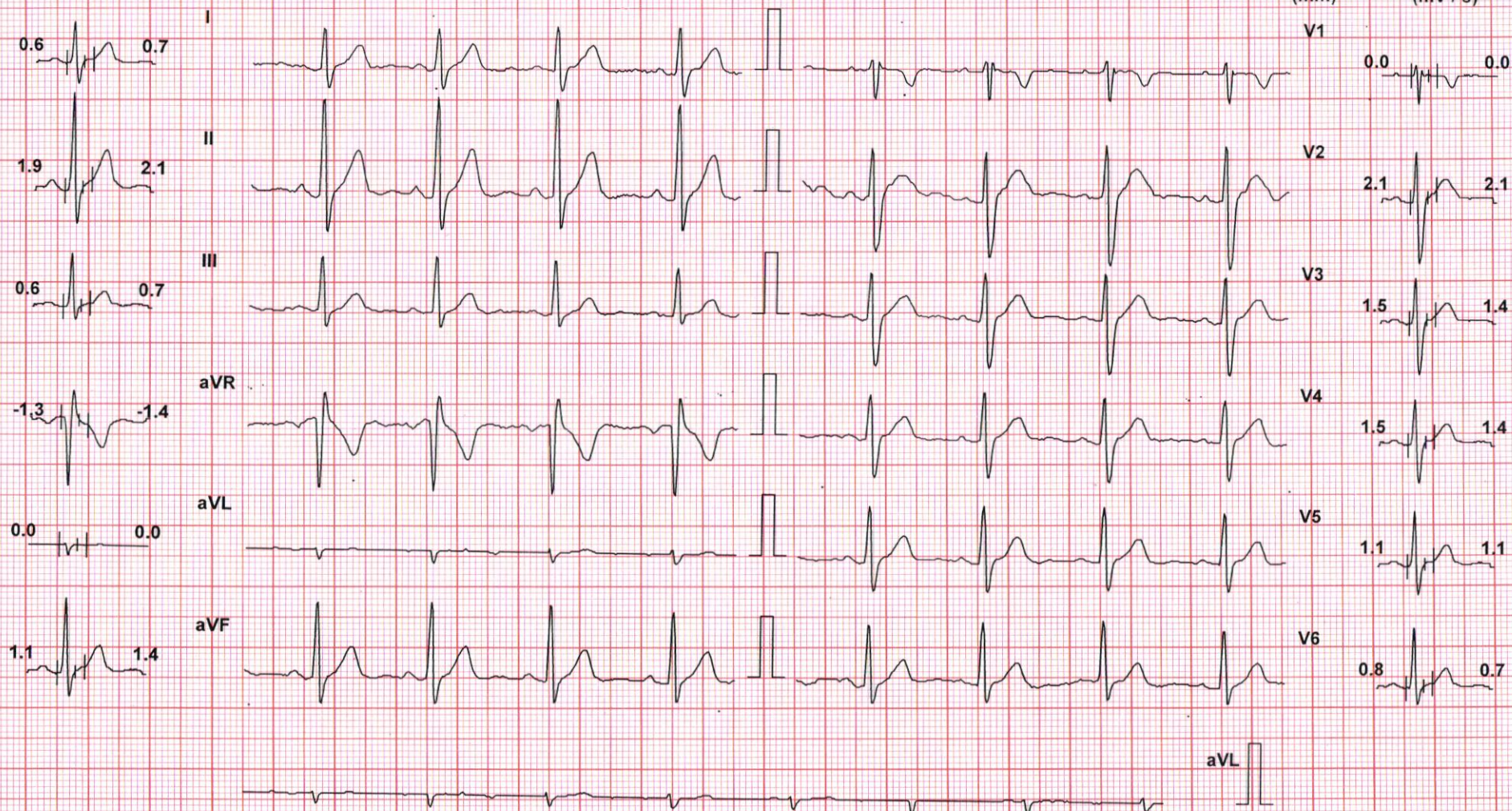


Chart Speed: 25 mm/sec
Schiller Spandan V 4.7

Filter: 35 Hz

Mains Filt: ON

Amp: 10 mm

Iso = R - 60 ms

J = R + 60 ms

Post J = J + 60 ms

SEABIRD MEDICARE CENTRE POWAI

ABHISHEK ANAND (35 M)

ID: 1920

Date: 23-Sep-23

Exec Time : 0 m 0 s

Stage Time : 0 m 2 s

HR: 77 bpm

Protocol: Bruce

Stage: Standing

Speed: 0 mph

Grade: 0 %

(THR: 157 bpm)

B.P: 110 / 80

ST Level (mm) ST Slope (mV / s)

ST Level (mm) ST Slope (mV / s)

0.6 0.7

V1

0.0 0.0

1.9 2.1

V2

2.1 2.1

0.6 0.7

V3

1.5 1.4

-1.3 -1.4

aVR

V4

1.5 1.4

0.0 0.0

aVL

V5

1.1 1.1

1.1 1.4

aVF

V6

0.8 0.7

aVL

Chart Speed: 25 mm/sec

Filter: 35 Hz

Mains Filt: ON

Amp: 10 mm

Iso = R - 60 ms

J = R + 60 ms

Post J = J + 60 ms

Schiller Spandan V 4.7

SEABIRD MEDICARE CENTRE POWAI

ABHISHEK ANAND (35 M)

ID: 1920

Date: 23-Sep-23

Exec Time : 0 m 0 s

Stage Time : 0 m 1 s

HR: 77 bpm

Protocol: Bruce

Stage: Hyperventilation

Speed: 0 mph

Grade: 0 %

(THR: 157 bpm)

B.P: 110 / 80

ST Level (mm) ST Slope (mV/s)

ST Level (mm) ST Slope (mV/s)

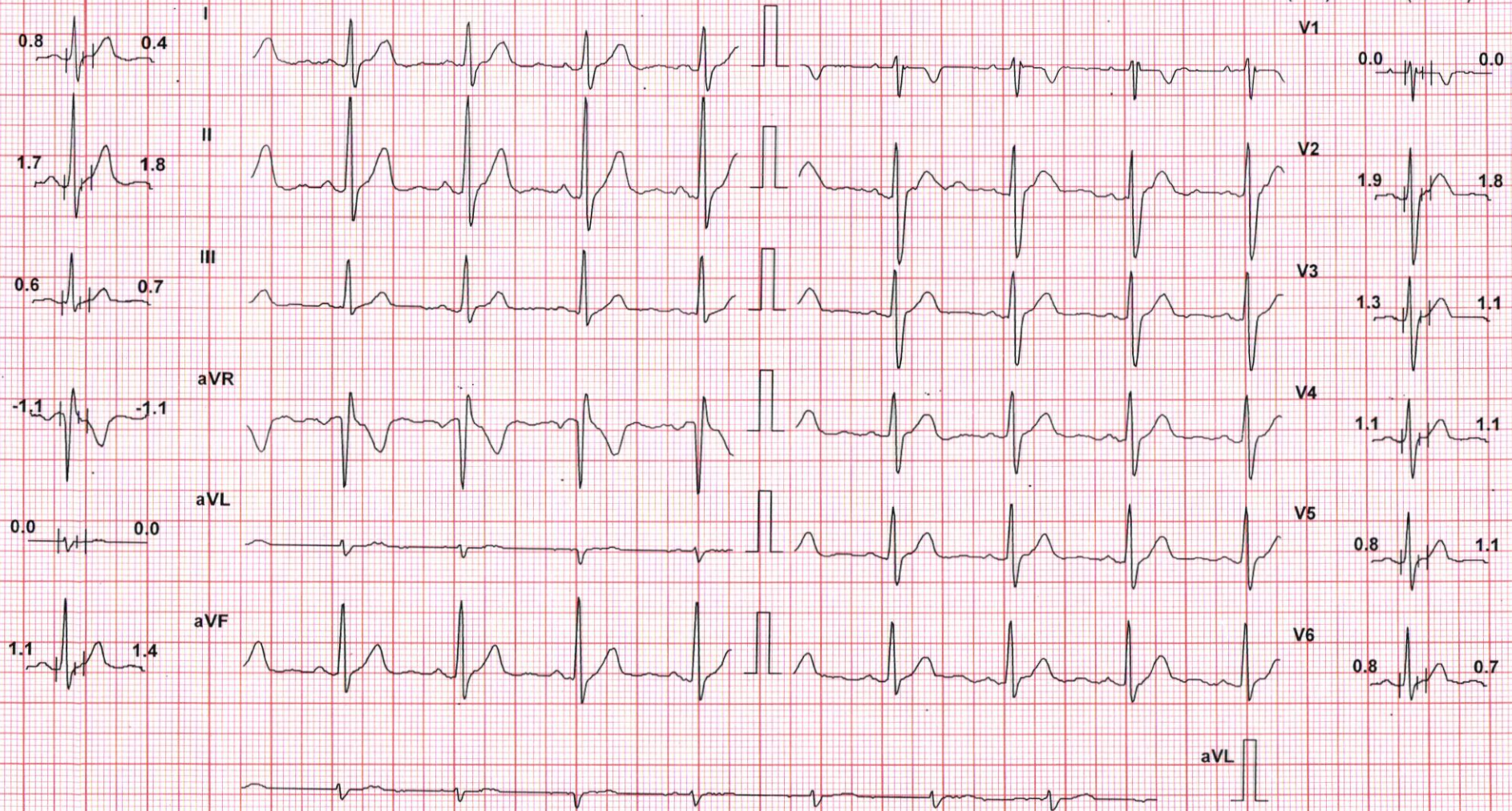


Chart Speed: 25 mm/sec

Filter: 35 Hz

Mains Filt: ON

Amp: 10 mm

Iso = R - 60 ms

J = R + 60 ms

Post J = J + 60 ms

Schiller Spandan V 4.7

SEABIRD MEDICARE CENTRE POWAI

ABHISHEK ANAND (35 M)

ID: 1920

Date: 23-Sep-23 Exec Time : 3 m 0 s Stage Time : 3 m 0 s **HR: 124 bpm**

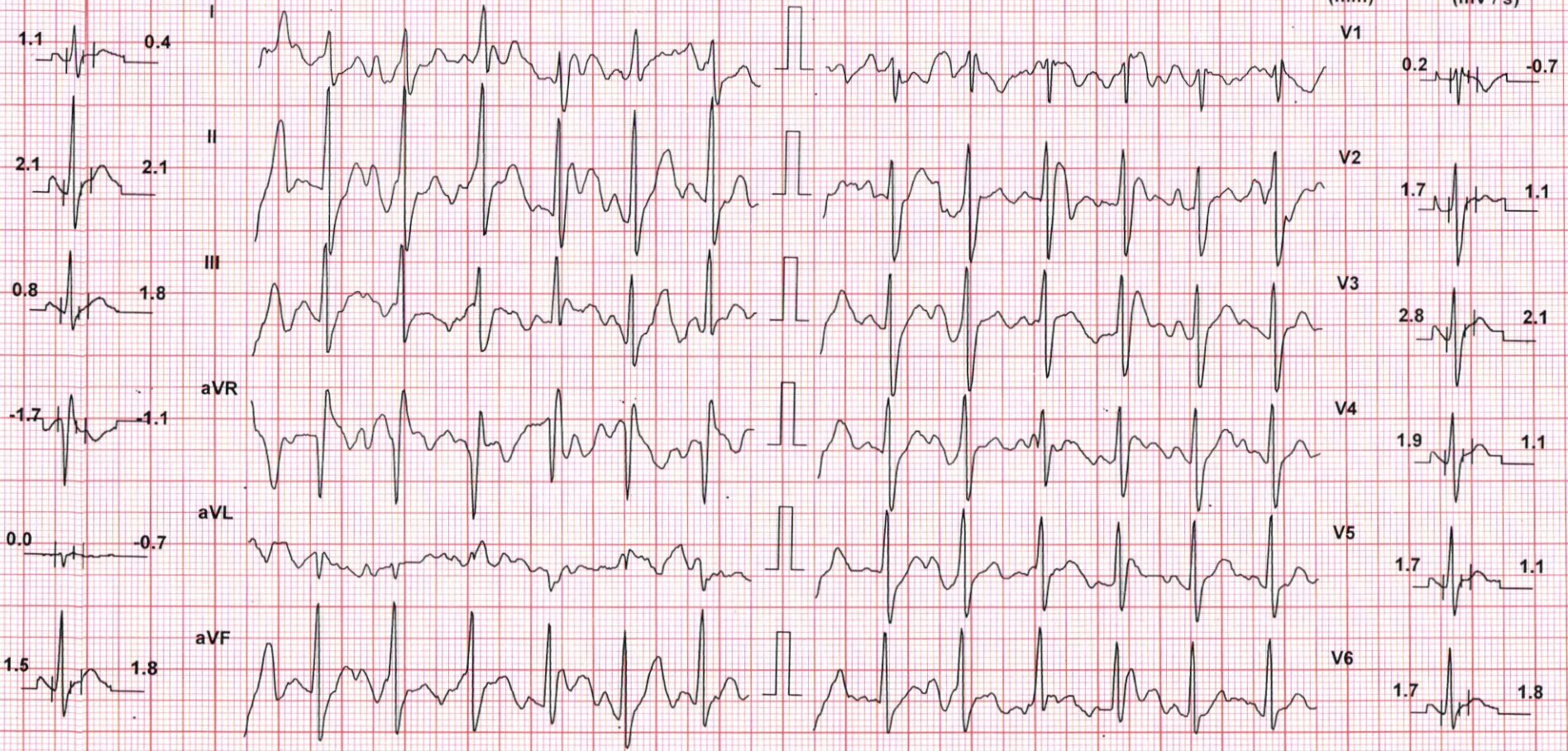
Protocol: Bruce

Stage: 1

Speed: 1.7 mph Grade: 10 % (THR: 157 bpm) B.P: 120 / 80

ST Level (mm) ST Slope (mV/s)

ST Level (mm) ST Slope (mV/s)



aVL

Chart Speed: 25 mm/sec

Filter: 35 Hz

Mains Filt: ON

Amp: 10 mm

Iso = R - 60 ms

J = R + 60 ms

Post J = J + 60 ms

Schiller Spanchn V 4.7

SEABIRD MEDICARE CENTRE POWAI

ABHISHEK ANAND (35 M)

ID: 1920

Date: 23-Sep-23

Exec Time : 6 m 0 s

Stage Time : 3 m 0 s

HR: 142 bpm

Protocol: Bruce

Stage: 2

Speed: 2.5 mph

Grade: 12 %

(THR: 157 bpm)

B.P: 130 / 90

ST Level (mm) ST Slope (mV / s)

ST Level (mm) ST Slope (mV / s)

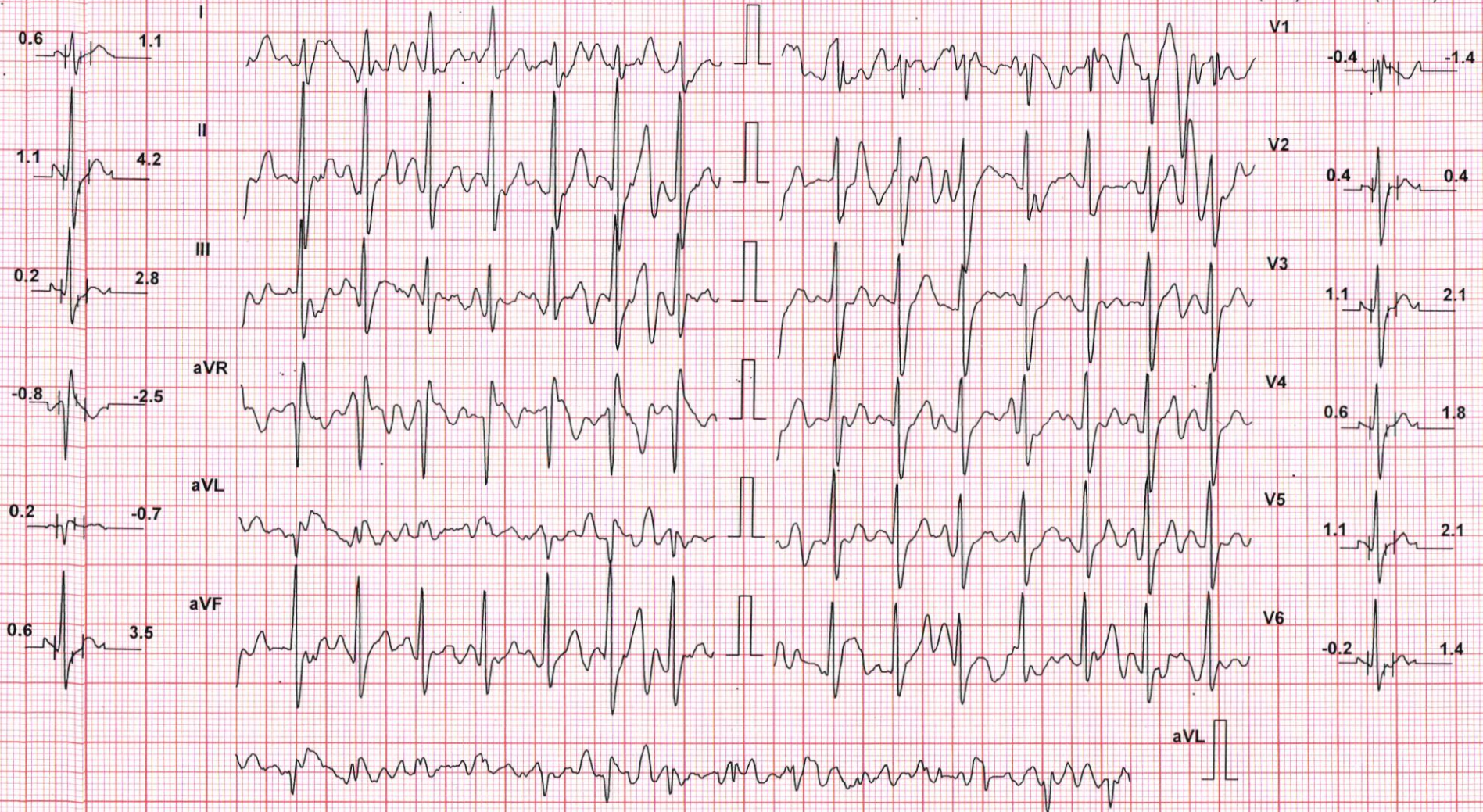


Chart Speed: 25 mm/sec

Filter: 35 Hz

Mains Filt: ON

Amp: 10 mm

Iso = R - 60 ms

J = R + 60 ms

Post J = J + 60 ms

Schiller Spancan V 4.7

SEABIRD MEDICARE CENTRE POWAI

ABHISHEK ANAND (35 M)

ID: 1920

Date: 23-Sep-23 Exec Time : 7 m 42 s Stage Time : 1 m 42 s **HR: 158 bpm**

Protocol: Bruce

Stage: Peak Ex

Speed: 3.4 mph Grade: 14 %

(THR: 157 bpm)

B.P: 140 / 90

ST Level (mm) ST Slope (mV/s)

ST Level (mm) ST Slope (mV/s)

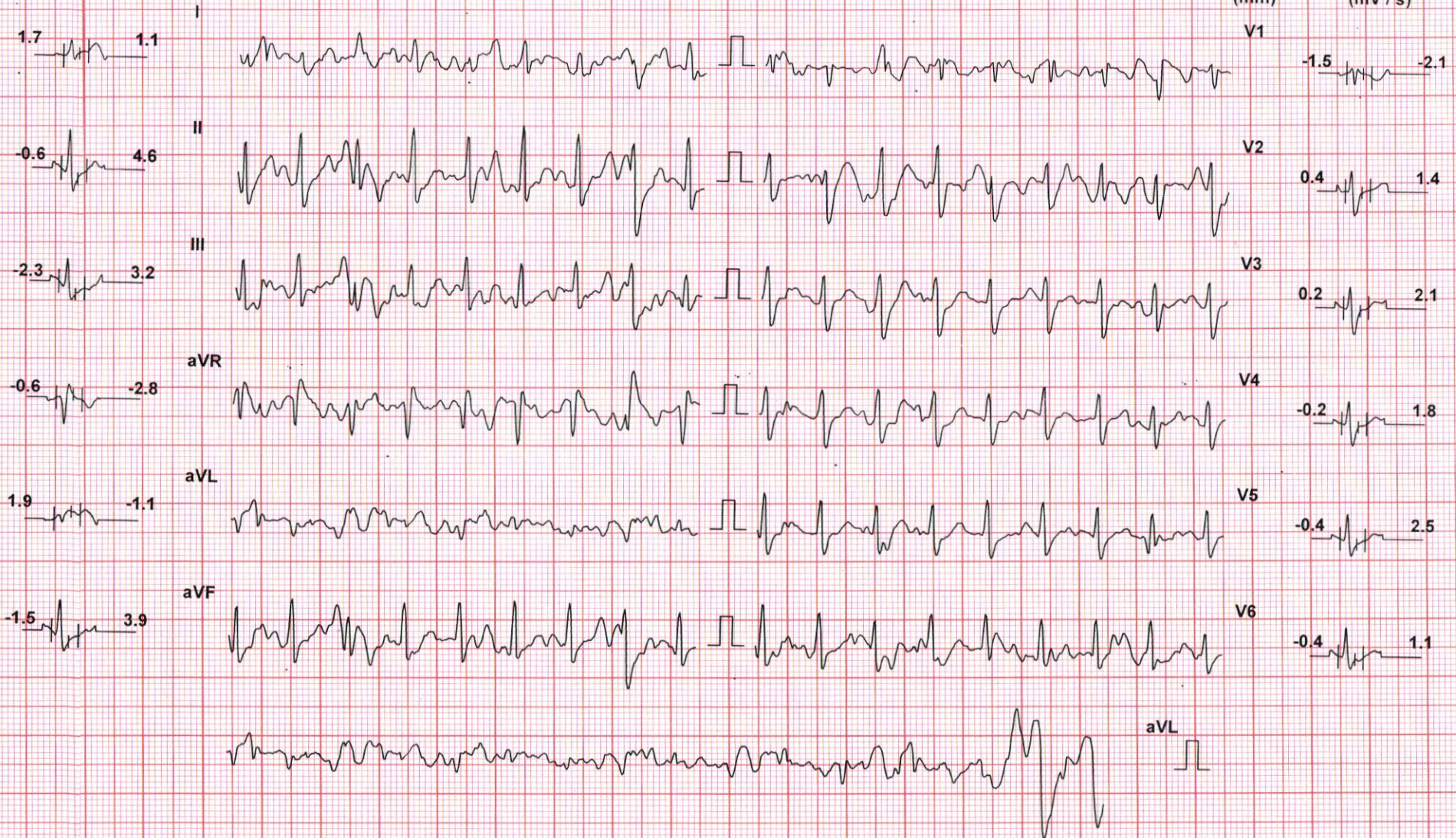


Chart Speed: 25 mm/sec
Schiller Spandah V 4.7

Filter: 35 Hz

Mains Filt: ON

Amp: 5 mm

Iso = R - 60 ms

J = R + 60 ms

Post J = J + 60 ms

SEABIRD MEDICARE CENTRE POWAI

ABHISHEK ANAND (35 M)

ID: 1920

Date: 23-Sep-23

Exec Time : 7 m 46 s

Stage Time : 1 m 0 s

HR: 137 bpm

Protocol: Bruce

Stage: Recovery(1)

Speed: 0 mph

Grade: 0 %

(THR: 157 bpm)

B.P: 140 / 90

ST Level (mm) ST Slope (mV / s)

ST Level (mm) ST Slope (mV / s)

0.6 0.7

V1
0.0 -0.4

1.9 4.6

V2
2.1 3.2

1.1 3.2

V3
2.3 3.5

aVR
-1.3 -2.5

V4
1.7 2.8

aVL
0.0 -0.7

V5
1.3 2.5

aVF
1.5 3.9

V6
0.8 1.8

aVL

Chart Speed: 25 mm/sec

Filter: 35 Hz

Mains Filt: ON

Amp: 10 mm

Iso = R - 60 ms

J = R + 60 ms

Post J = J + 60 ms

Schiller Spandax V 4.7

SEABIRD MEDICARE CENTRE POWAI

ABHISHEK ANAND (35 M)

ID: 1920

Date: 23-Sep-23

Exec Time : 7 m 46 s

Stage Time : 2 m 0 s

HR: 120 bpm

Protocol: Bruce

Stage: Recovery(1)

Speed: 0 mph

Grade: 0 %

(THR: 157 bpm)

B.P: 140 / 90

ST Level (mm) ST Slope (mV / s)

ST Level (mm) ST Slope (mV / s)

0.4 0.4

V1
0.0 -0.4

1.3 3.2

V2
1.5 2.5

0.6 2.8

V3
1.3 2.5

-0.8 -1.8

V4
0.8 1.8

0.0 -0.7

V5
0.6 1.8

1.1 3.2

V6
0.6 1.8

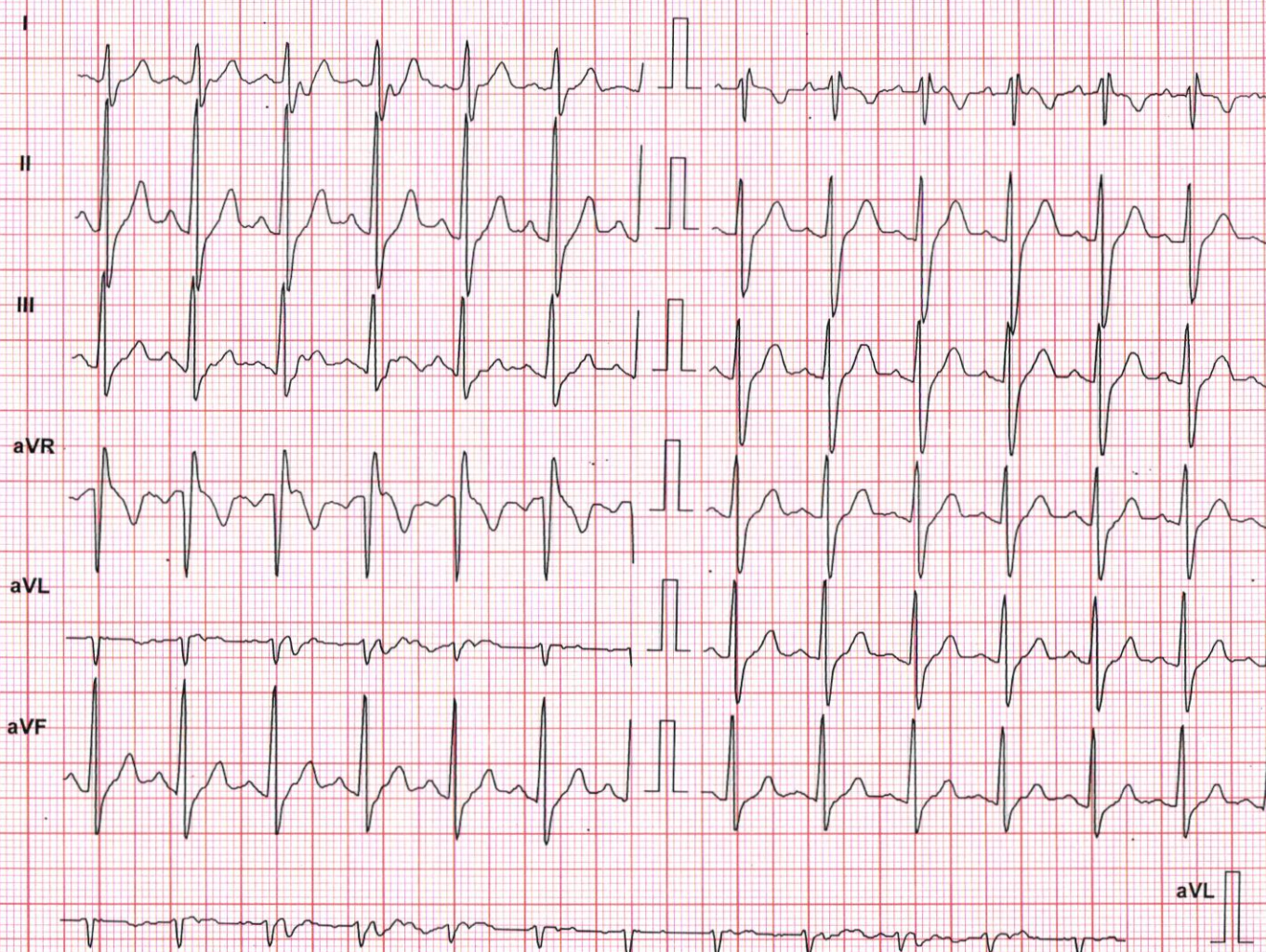


Chart Speed: 25 mm/sec

Filter: 35 Hz

Mains Filt: ON

Amp: 10 mm

Iso = R - 60 ms

J = R + 60 ms

Post J = J + 60 ms

Schiller Spandan V 4.7

SEABIRD MEDICARE CENTRE POWAI

ABHISHEK ANAND (35 M)

ID: 1920

Date: 23-Sep-23

Exec Time : 7 m 46 s

Stage Time : 2 m 0 s

HR: 108 bpm

Protocol: Bruce

Stage: Recovery(2)

Speed: 0 mph

Grade: 0 %

(THR: 157 bpm)

B.P: 130 / 90

ST Level (mm) ST Slope (mV/s)

0.4 0.4

0.8 1.8

0.0 0.7

-0.6 -1.1

0.2 0.0

0.4 1.1

ST Level (mm) ST Slope (mV/s)

0.0 -0.4

0.8 1.1

0.4 0.7

0.6 1.1

0.4 0.7

0.4 0.7

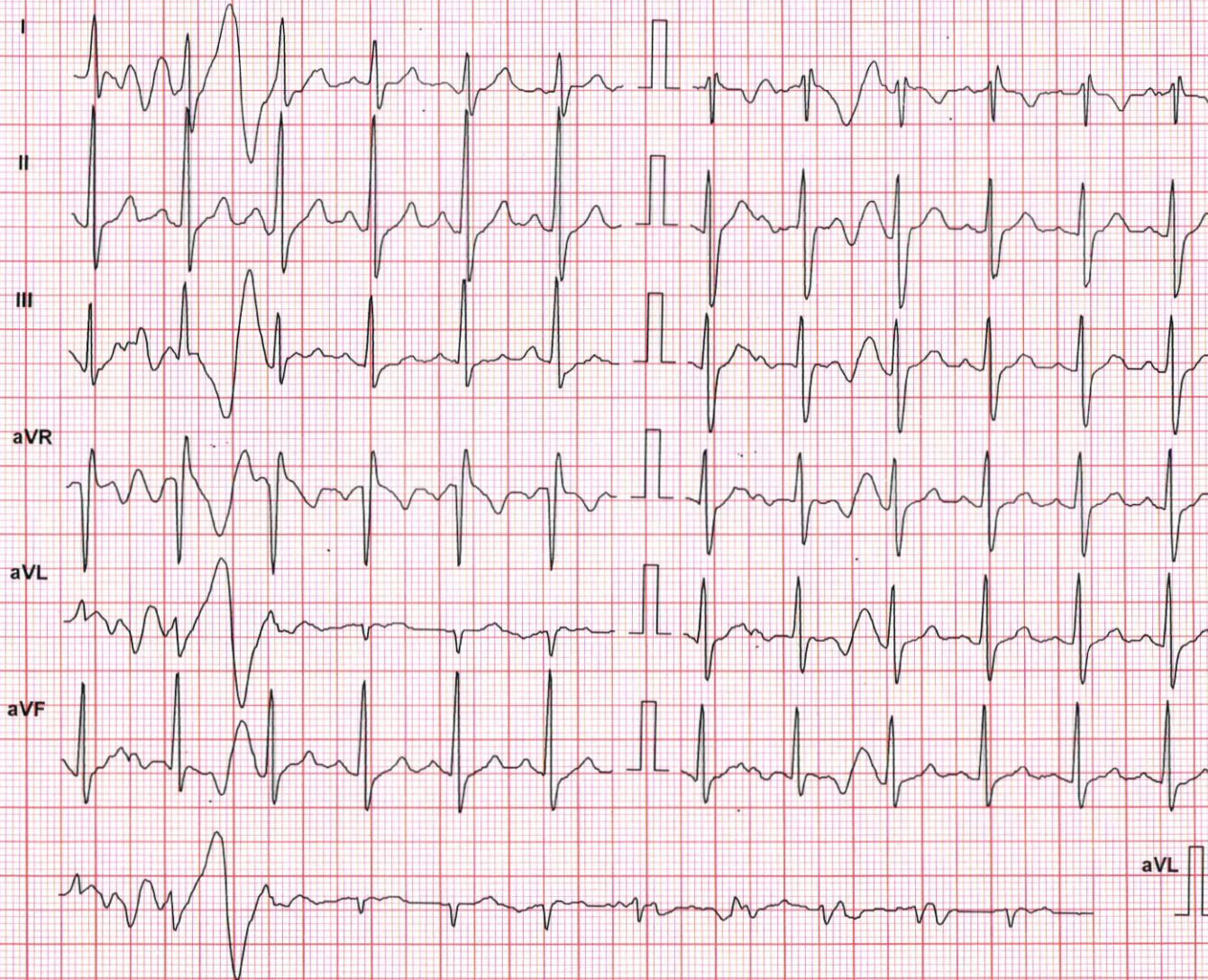


Chart Speed: 25 mm/sec

Filter: 35 Hz

Mains Filt: ON

Amp: 10 mm

Iso = R - 60 ms

J = R + 60 ms

Post J = J + 60 ms

Schiller Spandax V 4.7

SEABIRD MEDICARE CENTRE POWAI

ABHISHEK ANAND (35 M)

ID: 1920

Date: 23-Sep-23

Exec Time : 7 m 46 s

Stage Time : 2 m 0 s

HR: 106 bpm

Protocol: Bruce

Stage: Recovery(3)

Speed: 0 mph

Grade: 0 %

(THR: 157 bpm)

B.P: 120 / 80

ST Level (mm)

ST Slope (mV/s)

ST Level (mm)

ST Slope (mV/s)

0.6 0.0

I

V1

0.0 0.0

1.3 1.8

II

V2

1.5 1.4

0.4 1.4

III

V3

0.8 1.1

-1.1 -1.1

aVR

V4

0.6 0.7

0.0 -0.4

aVL

V5

0.4 0.7

1.1 1.8

aVF

V6

0.6 1.1

aVL

Chart Speed: 25 mm/sec
Schiller Spanda V 4.7

Filter: 35 Hz

Mains Filt: ON

Amp: 10 mm

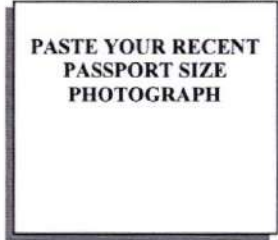
Iso = R - 60 ms

J = R + 60 ms

Post J = J + 60 ms

Annexure-2

Self-Health Declaration
(Please ✓ Mark Where Applicable)



1 PERSONAL DETAILS:

Name: First Name Middle Name Surname
ABHISHEK ANAND

Address: Flat No 601 Venus A suncity complex
Powai - 400076

City: Mumbai Pin: 400076

Birth Place: Sahara Birth Date: 03/07/1988 Religion: Hindu
(dd/mm/yyyy)

Post applied for: _____ Marital Status: Married / Unmarried Gender: M / F

2 PREVIOUS EMPLOYMENT: Yes / No If yes specify

Name	Nature of work	Duration
i)		
ii)		
iii)		

3 NAME OF FAMILY DOCTOR:

Address:

Contact Details:

4 PERSONAL HABITS:

- NO
- i) Smoking
 - ii) Tobacco chewing
 - iii) Alcohol
 - iv) Any other

5 MEDICAL HISTORY:

i) **ANY DISABILITY:** Yes No If yes specify with disability %

ii) **PERSONAL HISTORY:**

Are you in good health and capable of full work

Have you ever suffered from job related disease or injury?

Have you ever been discharged or rejected on medical grounds?

Yes	No
<input checked="" type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input checked="" type="checkbox"/>
<input type="checkbox"/>	<input checked="" type="checkbox"/>

Types of Previous Occupation (Pl. describe in brief about company, nature of work, duration in years)

iii) Have you ever suffered from any of the following (Answer Yes or No. if yes, give details)

Y	N		Y	N	
	<input checked="" type="checkbox"/>	Hypertension		<input checked="" type="checkbox"/>	Hepatitis-B
	<input checked="" type="checkbox"/>	Diabetes		<input checked="" type="checkbox"/>	Cancer
	<input checked="" type="checkbox"/>	Heart disease		<input checked="" type="checkbox"/>	Stroke
	<input checked="" type="checkbox"/>	Kidney diseases		<input checked="" type="checkbox"/>	Bronchitis
	<input checked="" type="checkbox"/>	Tuberculosis		<input checked="" type="checkbox"/>	Any allergy
	<input checked="" type="checkbox"/>	Chronic lung disease (e.g. Pleurisy Pneumonia etc.)		<input checked="" type="checkbox"/>	Any chronic ear or hearing problem (e.g. sinusitis, rhinitis otitis etc.)
	<input checked="" type="checkbox"/>	Epilepsy, Fits, Fainting or Dizziness		<input checked="" type="checkbox"/>	Mental disorder of any kind
	<input checked="" type="checkbox"/>	Any major operation or injury		<input checked="" type="checkbox"/>	Any other illness

Details of the above if "Yes")

(For female candidates only)

Are you pregnant at present?

Y N

← NA →

Date of L.M.P.

iv) Immunization:

Yes No

Tetanus Toxoid

Hepatitis B

Others

2000

covid vaccine ② Doses 2020

6 FAMILY HISTORY:

Has anyone of your parents suffered from any of the following: Yes / No

(If yes, Please ✓ Mark Where Applicable)

	Father	Mother
Hypertension	<input type="checkbox"/>	<input type="checkbox"/>
Heart Disease	<input type="checkbox"/>	<input type="checkbox"/>
Cancer	<input type="checkbox"/>	<input type="checkbox"/>
Diabetes	<input type="checkbox"/>	<input type="checkbox"/>
Tuberculosis	<input type="checkbox"/>	<input type="checkbox"/>
Epilepsy	<input type="checkbox"/>	<input type="checkbox"/>
Any other Disease	<input type="checkbox"/>	<input type="checkbox"/>

	IF LIVING		IF DEAD	
	AGE	HEALTH (Good, Bad, Fair)	AGE AT DEATH	CAUSE OF DEATH
Father	67	Good		
Mother	59	Good		
Spouse	33	Good		
Children-1				
Children -2				

7 I declare that the above statements are true and complete to the best of my knowledge and belief. In case this information is found to be false by the company, then the company reserves the right to terminate my services without giving any notice. I agree that the results of this medical examination in general terms may be revealed to the company if required. I also fully understand that in case I am declared medically unfit due to any reason, I shall not be entitled for the employment in the company. However, the decision taken by recruitment committee about my medical fitness will be final and binding to me.

Date: 28/09/2023


(Signature of Candidate)

Annexure-3

Pre-Employment Medical Assessment

(All details given below will be filled by examine physician & treated as confidential)
(Please ✓ Mark Where Applicable)

1 Personal Habits:

- i) Smoking *occ*
- ii) Tobacco chewing
- iii) Alcohol *occ*
- iv) Any other

2 Medical History:

i) **Any Disability:** Yes / No If yes specify with disability %

ii) **Personal History:**

NO

iii) **Known case of or past history of**

NO.

iv) **Immunization:**

Yes No

Tetanus Toxoid

<input type="checkbox"/>	<input checked="" type="checkbox"/>
--------------------------	-------------------------------------

Hepatitis B

<input checked="" type="checkbox"/>	<input type="checkbox"/>
-------------------------------------	--------------------------

Others

<input checked="" type="checkbox"/>	<input type="checkbox"/>
-------------------------------------	--------------------------

covid vaccine ② doses.

v) **Family History:**

Has anyone of parents suffered from

- | | |
|-------------------------------------|---------------|
| <input checked="" type="checkbox"/> | Hypertension |
| <input checked="" type="checkbox"/> | Heart Disease |
| <input checked="" type="checkbox"/> | Cancer |

- | | |
|-------------------------------------|-------------------|
| <input checked="" type="checkbox"/> | Diabetes |
| <input checked="" type="checkbox"/> | Tuberculosis |
| <input checked="" type="checkbox"/> | Epilepsy |
| <input checked="" type="checkbox"/> | Any other Disease |

3 Physical Examination:

- i) Build: Poor / Average / Strong Skin: Normal
- ii) Throat: N Tonsils: N Thyroid: N Lymph nodes:
- iii) Teeth & Gums: NAD Tongue:
- iv) Height 170 cms Weight 75 kg BMI 26
- v) Identification marks:

Mole on neck

1 Vision (To be checked by eye specialist):

General Eye examination: _____

		Rt	Lt	Colour Vision (Pls ✓ Mark Applicable)
Visual Acuity	Distance	<u>6/6</u>	<u>6/6</u>	Normal Colour vision <input checked="" type="checkbox"/>
	Near	<u>N6</u>	<u>N6</u>	Total colour deficiency <input type="checkbox"/>
Corrected Vision	Distance	<u>-</u>	<u>-</u>	Partial Colour Deficiency <input type="checkbox"/>
	Near	<u>-</u>	<u>-</u>	
Power of lens	Spherical	<u>-</u>	<u>-</u>	If partial - pl. mention
	Cylindrical	<u>-</u>	<u>-</u>	<u>X</u>
	Axis	<u>-</u>	<u>-</u>	

	Yes	No
Squint	<input type="checkbox"/>	<input checked="" type="checkbox"/>
Nystagmus	<input type="checkbox"/>	<input checked="" type="checkbox"/>
Night Blindness	<input type="checkbox"/>	<input checked="" type="checkbox"/>
Any other eye disease	<input type="checkbox"/>	<input checked="" type="checkbox"/>

If yes pl. give details X

Signature & Seal of Ophthalmologist

Latahina
Dr LATAHINA BAPN
 MBBS, DCOMS, FRCO, FRCO (S)
 Reg No: 2001 / 100 / 3120

LAUREN MATAJ NO
2000 0000 0000 0000
0000 0000 0000 0000

5 Hearing:

External Examination: Rt N Lt N
Rinne's Test: My Weber's Test: My
Conversational Hearing/ Whispering: —
Audiometry (Comment): —
dB Right Ear — dB Left Ear —

6 Cardio-vascular System:

Pulse-Rate 70 /min Blood Pressure 120 80 mm hg
Sys Dia
Heart Sounds N. Murmur Present Absent Details if present —
Character: Regular / Irregular Regular.

7 Respiratory System:

Shape of Chest: NAD Breath Sounds: —

8 Abdomen:

Liver: N Spleen: N Any Abdominal Lump: N.

9 Genito Urinary System:

Hernia: — Hydrocele/Varicocele: —

10 Venereal Disease: NO

11 Special Conditions: Flat feet Nil Varicose Veins Nil

12 Nervous System:

Pupillary Reaction: N Planter Reflex: N.
Knee Jerk Reflex: N. Romberg Sign: +ve -ve

13 Investigations:

i) Urine: Sp. Gr. 1.015 Reaction G.O Albumin Absent Sugar Absent
Microscopic: NAD
Blood: Haemoglobin 11.4 g% HbA1c 5.94 % Bl. Gr. A +ve -ve

ii) Chest X-ray: NAD

iii) E.C.G: Normal

iv) USG Whole Abdomen: Grade I fatty liver

v) 2D Echo/TMT: Negative for induced ischemia at given workload.

vi) PFT: FVC FEV1 FEV1/FVC % PEFR

vii) Any other Investigations / clinical finding:

14 COMMENTS AND RECOMMENDATIONS:

(Pls Mark Applicable)

Fit Unfit

Remarks:

Prediabetes, Hb = 11.4, ↑ SGPT = 102

Details of Examining Physician:

Name:

Registration No.:

Address:
Dr. Mrinalini Singh
Consultant Physician
MBBS, DNB, MRCP (UK), EDIC
Reg. No. 2019/02/0392



Contact No.:

Signature with Seal of Examining Physician

For office use only:

Date of receipt of original documents: PEM No.:

MDMS No:

Medically Fit Temp. Unfit Unfit

Special Remarks:



PID NO. : BIA0878

Name : ABHISHEK ANAND

Sex / Age : Male / 35 Years

Ref By : APOLLO HEALTH AND LIFESTYLE LIMITED

Reference :

Sample Collected At :

Sea Bird Medicare
105-107 Gateway Plaza, Central Avenue, Hiranandani Gardens, Powai, Mumbai-400076

Processing Location: - Sea Bird Medicare
105-107 Gateway Plaza, Central Avenue, Hiranandani Gardens, Powai, Mumbai-400076

Reg. Date

23-Sep-2023 / 10:39 am

Coll Date

23-Sep-2023 / 9:13 am

Report Date

23-Sep-2023 / 4:28 pm

REPORT

Blood Group

<u>Test</u>	<u>Result</u>	<u>Units</u>	<u>BIOLOGICAL REFERENCE INTERVAL</u>
BLOOD GROUP			
ABO Group	"A"		
RH (D)	Positive		

Method : Slide Method
Sample: Whole Blood (EDTA)

----- End of Report -----

DR. SANDIP M HUDDEDAR
MBBS, DCP

Consultant Pathologist

DR. RITESH KHARCHE
MBBS, MD PATHOLOGY

Pathologist



Molly R
Lab Technician

CONDITIONS OF REPORTING

SEA BIRD MEDICARE CENTRE (DIVISION OF SEA BIRD MEDICARE PVT LTD)

1. Individual Laboratory Investigation should not be considered as conclusive and should be used along with other relevant clinical examination to achieve the final diagnosis. The reported results are for the information of the referring doctors only.
2. The test results relate only to the item/ items in our laboratory.
3. The values of a laboratory investigation are dependent on the quality of sample as well as the assay procedure used.
4. For test performed on specimens received from other locations (within and outside Mumbai), it is presumed that the specimen belongs to the patient named or identified, such verification having been carried out at the point of generation of the said specimen(s).
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6. Sea Bird Medicare centre confirms that all tests have been carried out with reasonable care, clinical safety and technical integrity
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 - B. The test results are to be used for help in diagnosing/treating medical disease & not for forensic applications. Hence these results cannot be used for medico-legal purpose
7. Since Sea Bird Medicare Centre does not verify the identify or the details of the customer except in case of certain tests, it cannot be held responsible for any misrepresentation or misuse.
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A. SEA BIRD MEDICARE CENTRE

Corporate Office: B-401, Heritage Plaza, Teli Cross Lane, Andheri East (Nr Station) Mumbai 400069
Central Laboratory: 102-103-104 Gateway Plaza, Central Avenue Road, Hiranandani Gardens Powai, Mumbai 400076, India

B. Enquiry and Home Visit Booking

022 25701053 / 9324924370 or
admin@seabirdhf.com

C. Sea Bird Medicare services are also available at:

Powai (Mumbai), Andheri East (Mumbai), Kochi (Kerala)

www.seabirdhf.com



PID NO. : BIA0878

Name : ABHISHEK ANAND

Sex / Age : Male / 35 Years

Ref By : APOLLO HEALTH AND LIFESTYLE LIMITED

Reference :

Sample Collected At :

Sea Bird Medicare
105-107 Gateway Plaza, Central Avenue, Hiranandani
Gardens, Powai, Mumbai-400076

Processing Location: - Sea Bird Medicare
105-107 Gateway Plaza, Central Avenue, Hiranandani
Gardens, Powai, Mumbai-400076

Reg. Date

23-Sep-2023 / 9:07 am

Coll Date

23-Sep-2023 / 9:12 am

Report Date

23-Sep-2023 / 4:25 pm

REPORT

BLOOD SUGAR

Test	Result	Units	BIOLOGICAL REFERENCE INTERVAL
Blood Glucose (Fasting), plasma (Plasma, Method- Hexokinase) NORMAL : 70 - 100 mg/dl Pre-Diabetic : 100 - 125 mg/dl Diabetic : >125 mg/dl (ON MORE THAN ONE OCCASION) Reference : American diabetes association guidelines 2022	93.75	mg/dl	70.00 - 100.00 mg/dl
Urine Glucose (Fasting)	Absent		Absent
Urine Ketones (Fasting)	Absent		Absent
Blood Glucose (PP) plasma (Plasma, Method- Hexokinase) Non-Diabetic : 70 - 140 mg/dl Pre-Diabetic : 140 - 199 mg/dl Diabetic : >200 mg/dl (ON MORE THAN ONE OCCASION) Reference : American diabetes association guidelines 2022	99.70	mg/dl	70.00 - 140.00
Urine Glucose (PP)	Absent		Absent
Urine Ketones (PP)	Absent		Absent

Test Done on Fully Automated Cobas C111 Analyser

----- End of Report -----

DR.SANDIP M HUDDEDAR
MBBS, DCP

Consultant Pathologist

DR.RITESH KHARCHE
MBBS, MD PATHOLOGY

Pathologist



Molly R
Lab Technician



MC - 5321

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REPORT

Complete Blood Count

<u>Test</u>	<u>Result</u>	<u>Units</u>	<u>BIOLOGICAL REFERENCE INTERVAL</u>
Hemoglobin	11.4	gm/dl	13.0 - 17.0
RED BLOOD CELLS			
R.B.C. Count	5.54	million / cumm	4.5 - 5.5
PCV	37.6	%	40 - 50
MCV	67.8	fL	83 - 101
MCH	20.6	pg	27 - 32
MCHC	30.3	gm / dl	31.5 - 34.5
RDW (CV)	14.2	%	11.6 - 14.0
Total W.B.C. Count	7860	/cu.mm.	4000 - 10000
DIFFERENTIAL COUNT			
Neutrophils	43	%	40 - 80
Lymphocytes	46	%	20 - 40
Eosinophils	03	%	1 - 6
Monocytes	08	%	2 - 10
Basophils	00	%	0 - 1



MC - 5321

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REPORT

Complete Blood Count

<u>Test</u>	<u>Result</u>	<u>Units</u>	<u>BIOLOGICAL REFERENCE INTERVAL</u>
Platelet Count	303000	/cumm	150000 - 410000
<u>MORPHOLOGY</u>			
RBC Morphology	Mild Anisocytosis with Microcytic and Hypochromic Cells.		
WBC Morphology	Relative lymphocytosis		
Platelets on Smear	Adequate on smear		
Advice	Hemoglobin HPLC Studies		

(EDTA Whole Blood - Tests done Automated Three part cell counter (RBC, WBC, Platelets count by impedance, Haemoglobin by colorimetric Cyanmeth free method. Rest are calculated parameters. Microscopy is manual by Pathologist.)

----- End of Report -----



MC - 5321

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MBBS, DCP

Consultant Pathologist

DR. RITESH KHARCHE
MBBS, MD PATHOLOGY

Pathologist



Molly R

Molly R
Lab Technician

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Powai: 022-25701053 / 25704157

Kochi: 0484- 2322022 / 4032022

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Report Date

23-Sep-2023 / 4:28 pm

REPORT

Erythrocyte Sedimentation Rate (ESR)

<u>Test</u>	<u>Result</u>	<u>Units</u>	<u>BIOLOGICAL REFERENCE INTERVAL</u>
E.S.R	10	mm at 1hr	0 - 15

Method: Wintrobe . Sample: Whole Blood (EDTA)

----- End of Report -----

DR. SANDIP M HUDDEDAR
MBBS, DCP

Consultant Pathologist



DR. RITESH KHARCHHE
MBBS, MD PATHOLOGY

Pathologist

Molly R
Lab Technician

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23-Sep-2023 / 4:25 pm

REPORT

Glycosylated Haemoglobin (HbA1c)

Test	Result	Units	BIOLOGICAL REFERENCE INTERVAL
HbA1c	5.94	%	< 5.7
Non-diabetic : <= 5.7 % Pre-Diabetic : 5.7 - 6.4 % Diabetic : > = 6.5 (EDTA Whole Blood, Turbidimetric)			
Mean Blood Glucose (MBG)	134.16	mg/dl	

Interpretation & Remark:

- HbA1c is used for monitoring diabetic control. It reflects the estimated average glucose (eAG).
- HbA1c has been endorsed by clinical groups & ADA (American Diabetes Association guideline 2022, for diagnosis of diabetes using a cut-off points of 6.5 %.
- Trends in HbA1c are a better indicator of diabetic control than a solitary test.
- Low glycated haemoglobin (below 4%) in a non-diabetic individual are often associated with systemic inflammatory diseases, chronic anaemia (especially severe iron deficiency & haemolytic), chronic renal failure and liver diseases. Clinical correlation suggested.
- To estimate the eAG from the HbA1C value, the following equation is used : $eAG(mg/dl) = 28.7 * A1c - 46.7$.
- Interference of Haemoglobinopathies in HbA1c estimation.
 - For Hb > 25%, an alternate platform (Fructosamine) is recommended for testing of HbA1c.
 - Homozygous hemoglobinopathy is detected, fructosamine is recommended for monitoring diabetic status.
 - Heterozygous state detected (D10/ Tosha G8 is corrected for HbS and HbC trait).
- In known diabetic patients, following values can be considered as a tool for monitoring the glycemic control.
 - Excellent Control - 6 to 7 %
 - Fair to Good Control - 7 to 8 %
 - Unsatisfactory Control - 8 to 10 %
 - and Poor Control - More than 10 %

Note : Hemoglobin electrophoresis (HPLC method) is recommended for detecting hemoglobinopathy.

----- End of Report -----

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MC - 5321

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REPORT

LFT

<u>Test</u>	<u>Result</u>	<u>Units</u>	<u>BIOLOGICAL REFERENCE INTERVAL</u>
Sr. Alkaline Phosphatase (Serum, AMP Buffer IFCC) Test Done on Fully Automated Cobas C111 Analyser	45	U/L	40 - 129

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REPORT

Lipid Profile

<u>Test</u>	<u>Result</u>	<u>Units</u>	<u>BIOLOGICAL REFERENCE INTERVAL</u>
Total Cholesterol	178.89	mg/dl	Upto 240
Method: CHOD-PAP			
Triglycerides	108.1	mg/dl	0 - 150
Method: GPO-PAP			
HDL Cholesterol-Direct	31.79	mg/dl	35 - 55
Method: Cholesterol-esterase-Direct			
LDL Cholesterol	125.48	mg/dl	<100
Calculated			
VLDL-Cholesterol	21.62	mg/dl	10 - 40
Calculated			
CHO/HDLC Ratio	5.63		Upto 5.0
Calculated			
LDLC/HDLC Ratio	3.95		2.5 - 3.5
Calculated			

Desirable Cholesterol Level : <200 mg/dl
Bordeline High Cholesterol : 200-239 mg/dl

Test Done on Fully Automated Cobas C111 Analyser
Sample: Serum

----- End of Report -----

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admin@seabirdhf.com

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www.seabirdhf.com



PID NO. : BIA0878

Name : ABHISHEK ANAND

Sex / Age : Male / 35 Years

Ref By : APOLLO HEALTH AND LIFESTYLE LIMITED

Reference :

Sample Collected At :

Sea Bird Medicare
105-107 Gateway Plaza, Central Avenue, Hiranandani Gardens, Powai, Mumbai-400076

Processing Location: - Sea Bird Medicare
105-107 Gateway Plaza, Central Avenue, Hiranandani Gardens, Powai, Mumbai-400076

Reg. Date

23-Sep-2023 / 9:07 am

Coll Date

23-Sep-2023 / 9:12 am

Report Date

23-Sep-2023 / 4:25 pm

REPORT

Liver Function Tests

Test	Result	Units	BIOLOGICAL REFERENCE INTERVAL
S.G.O.T. (Serum ,Method-IFCC / UV without P5P)	31.2	U/L	0 - 40
S.G.P.T. (Serum, Method- IFCC / UV without P5P)	102	U/L	0 - 41.0
GGT (Serum ,Method- IFCC Method)	48.9	U/L	8 - 61
Bilirubin (Total) (Serum ,Method-Diazo- End point)	0.65	mg/dl	0.0 - 1.20
Bilirubin (Direct) (Serum, Method-Diazo-End point)	0.28	mg/dl	0.0 - 0.30
Bilirubin (Indirect) Calculated	0.37	mg/dl	0.0 - 0.90
Total Proteins (serum, Method-Biuret)	7.1	g/dl	6.6 - 8.7
Albumin (Serum, Method-Bromocresol Green)	4.3	g/dl	3.5 - 5.2
Globulin Calculated	2.80	g/dl	1.90 - 3.70
A/G ratio Calculated	1.54		

Test Done on Fully Automated Cobas C111 Analyser

----- End of Report -----

DR.SANDIP M HUDDEDAR
MBBS, DCP

Consultant Pathologist

DR.RITESH KHARCHE
MBBS, MD PATHOLOGY

Pathologist



Molly R
Lab Technician



MC - 5321

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Reg. Date

23-Sep-2023 / 10:39 am

Coll Date

23-Sep-2023 / 9:13 am

Report Date

23-Sep-2023 / 4:26 pm

REPORT

RENAL PROFILE

<u>Test</u>	<u>Result</u>	<u>Units</u>	<u>BIOLOGICAL REFERENCE INTERVAL</u>
Blood Urea Method-Urease	16.93	mg/dl	16.6- 48.5 mg/dl
Blood Urea Nitrogen Method-Urease	7.91	mg/dl	06 - 20 mg/dl
Creatinine Method-Kinetic Jaffes	0.83	mg/dL	0.7 - 1.2 mg/dl
Uric Acid Method: Uricase-POD	6	mg/dl	3.4 - 7.0

Test Done on Fully Automated Cobas C111 Analyser

----- End of Report -----

DR.SANDIP M HUDDEDAR
MBBS, DCP

Consultant Pathologist

DR.RITESH KHARCHE
MBBS, MD PATHOLOGY

Pathologist



Molly R
Lab Technician



MC - 5321

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Sex / Age : Male / 35 Years

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23-Sep-2023 / 4:29 pm

REPORT

THYROID FUNCTION TEST

<u>Test</u>	<u>Result</u>	<u>Units</u>	<u>BIOLOGICAL REFERENCE INTERVAL</u>
TSH	2.13	μIU/ml	0.25-5 μIU/ml
T3	1.64	nmol/l	0.92-2.33 nmol/l
T4	101.01	nmol/l	60-120 nmol/l

The assay principle combines an enzyme immunoassay competition method with a final fluorescent detection (ELFA).

INTERPRETATION

TSH : A high TSH result often means an under active thyroid gland that is not responding adequately to the stimulation of TSH due to some type of acute or chronic thyroid dysfunction. A high TSH value can also occur when someone with a known thyroid disorder or who has had their thyroid gland removed is receiving too little thyroid hormone medication. A low TSH result can indicate an over active thyroid gland (hyperthyroidism) or excessive amounts of thyroid hormone medication in those who are being treated for an under active (or removed) thyroid gland. An abnormal TSH test result is usually followed by additional testing to investigate the cause of the increase or decrease.

T3: Triiodothyronine T3 contributes significantly to the maintenance of the euthyroid state, and the total T3 concentration has a role in screening for thyroid disease in conjunction with other tests. T3 alone cannot diagnose hypothyroidism, but it may be more sensitive than thyroxine (T4) for hyperthyroidism.

T4 :Thyroxine accounts for at least 90% of circulating protein-bound iodine. While >99.9% of T4 is protein-bound, primarily to thyroxine-binding globulin(TBG), it is the free fraction that is biologically active. In most patients the total T4 level is a good indicator of thyroid status, however it can sometimes be inadequate, and diagnostic efficiency may be improved by use of a total T4 test in conjunction with other tests.

----- End of Report -----

DR.SANDIP M HUDDEDAR
MBBS, DCP

Consultant Pathologist

DR.RITESH KHARCHE
MBBS, MD PATHOLOGY

Pathologist



Molly R
Lab Technician

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Sex / Age : Male / 35 Years

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23-Sep-2023 / 9:12 am

Report Date

23-Sep-2023 / 4:27 pm

REPORT

URINE ANALYSIS

<u>Test</u>	<u>Result</u>	<u>Units</u>	<u>BIOLOGICAL REFERENCE INTERVAL</u>
<u>PHYSICAL EXAMINATION</u>			
Colour	Pale Yellow		Pale Yellow
Quantity	30 ml	ml	20 - 50
Appearance	Clear		Clear
Reaction (pH)	6.0		5.0 - 9.0
Specific Gravity	1.015		1.000 - 1.030
<u>CHEMICAL EXAMINATION</u>			
Proteins	Absent		Absent
Sugar	Absent		Absent
Ketone Bodies	Absent		Absent
Bile Salts	Absent		Absent
Bile Pigment	Absent		Absent
Urobilinogen	Normal	mg/dl	Normal (0.1 - 1.0 mg/dl)
Ocult Blood	Absent		Absent

MICROSCOPIC EXAMINATION

DR.SANDIP M HUDDEDAR
MBBS, DCP

Consultant Pathologist



DR.RITESH KHARCHE
MBBS, MD PATHOLOGY

Pathologist

Molly R
Lab Technician



MC - 5321

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Powai: 022-25701053 / 25704157

Kochi: 0484- 2322022 / 4032022

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URINE ANALYSIS

<u>Test</u>	<u>Result</u>	<u>Units</u>	<u>BIOLOGICAL REFERENCE INTERVAL</u>
Pus Cells	1 - 2 / hpf		2 - 3 / hpf
Red Blood Cells	Absent		Absent
Epithelial cells	1 - 2 / hpf		2 - 3 / hpf
Casts	Absent		Absent
Crystals	Absent		Absent
Other Findings	Absent		

METHOD:

Physical Examination : Visual Strip Method.

Chemical Examination : Bilirubin(Azo-coupling), Blood(Peroxidase), Glucose(Specific glucose-oxidase/oxidase reaction), Ketone(Rothera's test), Leukocytes(Reflectance Photometer(Leucocyte esterase)), Nitrite(Diazotization), pH(Double Indicator), Protein(Protein Error of Indicators), Specific Gravity(Refractometric method), Urobilinogen(Ehrlich).

Microscopy Examination : Automation/Manual Microscopy.

----- End of Report -----

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Name: MR ABHISHEK	Age : 35Y	Sex : MALE
Date : 23-09-2023 10:59 AM	Ref Dr : SELF	Reg. No. : MHM2309/412

USG ABDOMEN AND PELVIS

LIVER: Liver appears normal in size 12.5 cm and echotexture. There is no intra-hepatic biliary radical dilatation. No evidence of any focal lesion.

GALL BLADDER: Gall bladder is distended and appears normal. Wall thickness is within normal limits. There is no evidence of any calculus. Portal vein is normal. CBD is normal.

PANCREAS: Pancreas appears normal in echotexture. There is no evidence of any focal lesion or calcification. Pancreatic duct is not dilated.

SPLEEN: Spleen is normal in size, shape and echotexture. No focal lesion is seen.

KIDNEYS: Both kidneys are normal in shape and echotexture. Corticomedullary differentiation is maintained. There is no evidence of any hydronephrosis, hydroureter or calculus.

Right kidney measures 10.8 x 4.2 cm. Left kidney measures 11.0 x 4.4 cm

URINARY BLADDER: Urinary bladder is distended and normal. Wall thickness is within normal limits.

PROSTATE: Prostate is normal in size measuring 3.2 x 3.7 x 3.4cm vol-21 gms and echotexture. No evidence of any focal lesion.

No free fluid or significant lymphadenopathy is seen.

IMPRESSION : No significant abnormality detected.

Advice: Clinical co-relation and further evaluation.



DR. PRIYANKA NERULKAR

CONSULTANT RADIOLOGIST

Thanks For Reference: Note the above report represents interpretation of various radiographic shadows, and has its own limitations. This report has to be co-related clinico-pathologically by the referring physician and it does not represent the sole diagnosis.



Sea Bird
Sea Bird Medicare Centre

Report ID : **AAM239153415** Reg. : **23-Sep-2023**
Patient Name : **Mr. ABHISHEK ANAND** Report Date : **25-Sep-2023**
Rank : Company Name : **M/S. APOLLO HEALTH AND LIFESTYLE**
Ref By : **DR.PARAG ARVIND PRADHAN** Age/Sex : **35 Year / Male**

CHEST X RAY REPORT

X-Ray No :3309

Investigation : Chest PA View.

Bony thoracic cage is normal.

Cardiac silhouette appears normal in size and configuration.

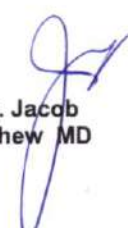
Both lungs shows equal translucency and normal vasculature.

Both Hemidiaphragm visualised normal.

No evidence of any active parenchymal lesion seen.

Impression :

Normal Chest X-Ray.


Dr. Jacob
Mathew MD

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