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- COMPUTERISED STRESS TEST
- DENTAL
- ADVANCED DENTISTRY
- PHYSIOTHERAPY
- AUDIOMETRY & SPEECH THERAPY
- FULL BODY HEALTH CHECK-UPS
- CORPORATE HEALTH CHECKUPS



# HEALTHCARE

MEDICAL CENTRE & DIAGNOSTICS

**Patient's Name** : MRS VARSHA BHAGAT  
**Referred By Dr** : MEDIWHEEL  
**Sex** : FEMALE Age : 48 Years  
**Collected At** : MIRA ROAD MAIN BRANCH

**Lab No.** : LAA2720 \*LAA2720\*  
**Reg. Date** : 27-Jan-2024 8:23 am  
**Report Date** : 27-Jan-2024 7:04 pm  
**Print Date** : 31-Jan-2024 2:04 pm

## BIOCHEMISTRY

TEST	RESULT		NORMAL VALUES
Blood Urea Nitrogen (BUN)	10.00		5 - 20 mg/dl
CREATININE	0.61	mg/dl	0.5 - 1.3 mg/dl
Serum Uric Acid	4.10	mg%	Female : 2.6 - 6.0 mg%
Age of the Patient	48		
eGFR	111.26	ml/min	

eGFR calculation based on MDRD guideline 2012

More than 90 ml / min / 1.73 Sqm - Normal eGFR

60-89 ml / min / 1.73 Sqm - Mild decrease in eGFR is common in 30% healthy adults .

Suggest reapt testing in 6 to 12 months.

Exclude kidney disease in those at high risk (Diabetes & Hypertension

30-59 ml / min / 1.73 Sqm - consistent with modrate chronic kidney disease if confirmed over three month .

Consider nephrology referral if progressive deterioration of more than 20 % for Egfr or creatinine.

15 - 29 ml / min / 1.73 Sqm - Consistent with severe chronic kidney disease . Consider nephrology referral

----- End of Report -----

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DR. BHAVINI KAMDAR  
MD (PATH) MUM

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 Sex : FEMALE Age : 48 Years  
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Lab No. : LAA2720 \*LAA2720\*  
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 Report Date : 27-Jan-2024 8:33 pm  
 Print Date : 31-Jan-2024 2:04 pm

## BLOOD GROUP

TEST	RESULT
Blood Group	'A'
Rh Factor	Positive

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**Collected At** : MIRA ROAD MAIN BRANCH

**Lab No.** : LAA2720 \*LAA2720\*  
**Reg. Date** : 27-Jan-2024 8:23 am  
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## BLOOD SUGAR REPORT

TEST	RESULT	UNITS	NORMAL VALUES
BLOOD SUGAR FASTING	92.6	mg/dL	Normal: 70-110 mg/dL Impaired Fasting Glucose(IFG): 110 -125 Diabetes mellitus: >= 126 (on more than one occasion)
BLOOD SUGAR (Post prandial)	93.8	mg/dl	Normal: 70-140 mg/dL Impaired Tolerance: 140-199 Diabetes mellitus: >= 200 (on more than one occasion)

Method: GOD - POD Enzymatic on Erba EM 200 Random access analyser

**Comment:**

Blood suagr values are known to be affected by several factors like food, stress and medication. So all discrepant results should be confirmed with repeat sample collection.

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# HEALTHCARE

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**Referred By Dr :** MEDIWHEEL  
**Sex :** FEMALE **Age :** 48 Years  
**Collected At :** MIRA ROAD MAIN BRANCH

**Lab No. :** LAA2720 \*LAA2720\*  
**Reg. Date :** 27-Jan-2024 8:23 am  
**Report Date :** 27-Jan-2024 5:28 pm  
**Print Date :** 31-Jan-2024 2:04 pm

## COMPLETE BLOOD COUNT

TEST	RESULT	UNITS	NORMAL VALUES
Haemoglobin	13.6	gm %	Female : 11.5 - 14.5 gm%
Erythrocytes ( Total RBCs)	<b>5.35</b>	mill. / cmm	Female : 3.8 - 5.2 mill. / cmm
PCV	43.2	%	Female : 32 - 47 %
MCV	80.70	fl	80- 96 fl
MCH	<b>25.40</b>	pg	27 - 32 pg
MCHC	<b>31.50</b>	gm%	32 - 37 gm%
RDW	<b>14.7</b>	%	12 - 14.5
<u>TOTAL WBC COUNT</u>			
TOTAL WBC COUNT	6680	/ cumm	4,000 - 11,000
<u>DIFFERENTIAL COUNT</u>			
Neutrophils	55	%	40 - 75
Lymphocytes	40	%	20 - 40
Eosinophils	03	%	0 - 6
Monocytes	02	%	2 - 8
Platelet count	216000	Lacs/cmm	150000-450000
<u>PERIPHERAL SMEAR</u>			
RBC Morphology	Normocytic Normochromic		
WBC Morphology	Normal		
Platelets Morphology	Adequate		
ESR (westergren's method)	15	mm/hr	Male: 0 - 10 mm Female: 0 - 20 mm

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**Collected At** : MIRA ROAD MAIN BRANCH

**Lab No.** : LAA2720 \*LAA2720\*  
**Reg. Date** : 27-Jan-2024 8:23 am  
**Report Date** : 27-Jan-2024 4:41 pm  
**Print Date** : 31-Jan-2024 2:04 pm

## GLYCOSYLATED HAEMOGLOBIN (HbA1c)

TEST	RESULT	UNITS	NORMAL VALUES
HBA1C	5.5	%	4 - 5.7 %
ESTIMATED AVERAGE GLUCOSE	111.15		
METHOD : NEPHELOMETRY			

### DIAGNOSTIC CRITERIA FOR DIABETES:

Normal: Less than 5.7%  
 Impaired glucose tolerance: 5.8% to 6.4%  
 Diabetes: 6.5% or more

### CONTROL CRITERIA IN DIABETICS:

Optimal control: 7.0% or less  
 Fair control: 7.0% to 8.0%  
 Poor control: More than 8.0%

### Comment :

HbA1c values should not used in diagnosis of Diabetes Mellitus and are marker of glycaemic control in known cases of Diabetes Mellitus.

----- End of Report -----

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**Sex** : FEMALE Age : 48 Years  
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**Lab No.** : LAA2720 \*LAA2720\*  
**Reg. Date** : 27-Jan-2024 8:23 am  
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## LIPID PROFILE

TEST	RESULT	UNITS	NORMAL VALUES
SR. CHOLESTEROL	255	mg / dl	Desirable: < 200 mg/dl Borderline High: 200-239 mg/dl High: >= 240 mg/dl
SR. TRIGLYCERIDES	179.3	mg / dl	Normal: < 150 mg/dl Borderline High: 150-199 mg/dl High: 200-499 mg/dl Very High: >= 500 mg/dl
HDL CHOLESTEROL	62	mg / dl	35.3 - 79.5 mg / dl
VLDL	35.86	mg / dl	6 - 38 mg / dl
LDL CHOLESTEROL	157.14	mg / dl	Optimal: < 100 mg/dl Near Optimal: 100-129 mg/dl Borderline high: 130-159 mg/dl High: 160-189 mg/dl Very High: >= 190 mg/dl
CHOLESTEROL / HDL	4.11		< 5
LDL / HDL	2.53		< 3.5

NOTE: Reference Interval as per National Cholesterol Education Program (NCEP) Adult Treatment Panel III Report.  
 Lower HDL values are associated with increased risk of atherosclerosis. Cholesterol/HDL  
 Ratio below 5.1 is statistically associated with decreased incidence of heart disease.

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**Sex :** FEMALE **Age :** 48 Years  
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## LIVER FUNCTION TEST

TEST	RESULT	UNITS	NORMAL VALUES
Bilirubin Total	0.52	mg / dl	0 - 1.0 mg / dl
Bilirubin Direct	0.23	mg / dl	0 - 0.4 mg / dl
Bilirubin Indirect	0.29	mg/dl	UPTO 0.8 mg / dl
S.G.P.T.	19.20	U / L	Up to 45 U / L
S.G.O.T.	18.90	U / L	Up to 46 U / L
Alkaline Phosphatase	114.00	U/l	4 - 15 Years: 54 - 369 U/l 20 - 59 Years: 42 - 98 U/l > 60 Years: 53 - 141 U/l
Total Proteins	6.84	gm / dl	6.4 - 8.3 gm / dl
Albumin	4.24	gm / dl	3.5 - 5.2 gm / dl
Globulin	2.60	mg/dl	2 - 3.5 mg / dl
A / G Ratio	1.63		1.0- 2.3
GGT	25.1	IU/L	55 IU/L

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**Referred By Dr** : MEDIWHEEL  
**Sex** : FEMALE Age : 48 Years  
**Collected At** : MIRA ROAD MAIN BRANCH

**Lab No.** : LAA2720 \*LAA2720\*  
**Reg. Date** : 27-Jan-2024 8:23 am  
**Report Date** : 27-Jan-2024 7:04 pm  
**Print Date** : 31-Jan-2024 2:04 pm

## T3 T4 TSH

TEST	RESULT	UNITS	NORMAL VALUES
T3 [ Tri - iodothyronine ]	189.304	ng/dl	91.14 - 237.61 ng/dl
T4 [ Thyroxine ]	8.754	ug/dl	4.71 - 13.20 ug/dl
TSH [Thyroid Stimulating Hormone]	2.445	uIU/mL	0.3 - 4.3 uIU/mL

METHOD: CLIA

Interpretation :

1. TSH results between 4.5 to 15 show considerable physiologic & seasonal variation, suggest clinical correlation or repeat testing with fresh sample.
2. TSH values may be transiently altered because of non thyroidal illness like severe infections, liver disease, renal and heart failure , severe burns , trauma and surgery etc.
3. Drugs that decrease TSH values e.g:L dropa, Glucocorticoid Drugs that increase TSH values e.g Iodine,Lithium,Amiodarone.
- 4.Total T3 & T4 Values may also be altered in other conditions due to changes in serum proteins or binding sites Pregnancy. Drugs (Androgens,Estrogens. O C Pills,Phenytoin). Nephrosis etc. In such cases Free T3 and Free T4 give corrected values.

----- End of Report -----

Printed By : RIYA

Checked By  
JAY

DR. BHAVINI KAMDAR  
MD (PATH) MUM

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**GOREGAON CENTRE** M.G. ROAD, NEAR JAIN MANDIR, GOREGAON (W), MUMBAI - 400062. • Tel.: 2873 3030 / 2873 3131 • MOB.: 93213 83806

Website : [www.healthcarediag.com](http://www.healthcarediag.com) • E-mail : [healthcare.medicals@gmail.com](mailto:healthcare.medicals@gmail.com)  
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# HEALTHCARE

MEDICAL CENTRE & DIAGNOSTICS

**Patient's Name** : MRS VARSHA BHAGAT  
**Referred By Dr** : MEDIWHEEL  
**Sex** : FEMALE Age : 48 Years  
**Collected At** : MIRA ROAD MAIN BRANCH

**Lab No.** : LAA2720 \*LAA2720\*  
**Reg. Date** : 27-Jan-2024 8:23 am  
**Report Date** : 27-Jan-2024 3:16 pm  
**Print Date** : 31-Jan-2024 2:04 pm

## URINE ROUTINE & MICROSCOPY

TEST	RESULT
<u>PHYSICAL EXAMINATION</u>	
Quantity	15 ml
Colour	Pale yellow
Appearance	clear
Deposit	Absent
pH	Acidic (5.0)
Specific Gravity	1.010
<u>CHEMICAL EXAMINATION</u>	
Proteins	Absent
Sugar	Absent
Ketone	Absent
Occult Blood	Absent
Bile Pigment	Absent
Bile Salts	Absent
Urobilinogen	Normal
<u>MICROSCOPIC EXAMINATION OF CENTRIFUGED DEPOSIT</u>	
Red Blood Cells	Absent
Pus Cells	Occasional /hpf
Epithelial Cells	Occasional /hpf
Casts	Not seen
Crystals	Not seen /hpf
Yeast	Not seen
Bacteria	Absent

----- End of Report -----

Printed By : RIYA

Checked By  
JAY

DR. BHAVINI KAMDAR  
MD (PATH) MUM

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DATE 27/01/2024

TO,

Mediwheel

This is regarding your client ~~Miss/Mrs/Mr.~~ Vausha

Bhagat Visited to our centre on \_\_\_\_\_ for

her/his proposed tests. All tests are done as scheduled except


Pending/skipped tests: Stool Examination


Reason: Client is not willing to give stool sample.

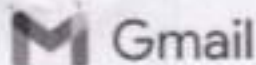
We are canceling / will reschedule it as per her/his convenience.

HEALTHCARE MEDICAL CENTRE AND DIAGNOSTICS  
UNIT NO 13 RNA LIBERTY CHS,  
VIJAY PARK, NEAR JANGID CIRCLE,  
MIRA ROAD EAST THANE 401107  
MOBILE: 7021804221

Thank you.

  
\_\_\_\_\_  
Client's sign

  
Dr. NUPUR RAI  
MBBS, DIPLOMA IN RADIOLOGY (PGDCC)  
Reg. No.: 2018115643  
Medical Examiner



Healthcare Diagnostics &lt;healthcare.medicals@gmail.com&gt;

## Health Check up Booking Confirmed Request(bobS6065),Package Code-PKG10000477, Beneficiary Code-304683

1 message

Mediwheel <wellness@mediwheel.in>  
 To: healthcare.medicals@gmail.com  
 Cc: customercare@mediwheel.in

Tue, Jan 23, 2024 at 4:38 PM



**Mediwheel**  
 ...Your wellness partner

011-41195959

Hi **Healthcare Medical Centre And Diagnostic**,

We have received the confirmation for the following booking. Please provide your confirmation by clicking on the yes and no button.

**Hospital Package Name** : Mediwheel Full Body Health Checkup Female Above 40  
**Patient Package Name** : Mediwheel Full Body Health Checkup Female Above 40  
**Package Code** : PKG10000477  
**Contact Details** : 9220977188  
**Email** : vbhagat1970@gmail.com  
**Booking Date** : 20-01-2024  
**Appointment Date** : 27-01-2024  
**Confirmation Status** : Booking Confirmed  
**Preferred Time** : 8:30am

Member Information		
Booked Member Name	Age	Gender
Varsha V Bhagat	48 year	Female

We request you to facilitate the employee on priority.

Thanks,  
 Mediwheel Team

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प्रति,

समन्वयक,

Mediwheel (Arcofemi Healthcare Limited)

हेल्पलाइन नंबर: 011-41195959

महोदय/ महोदया,

विषय: बैंक ऑफ़ बड़ोदा के कर्मचारियों के लिए वार्षिक स्वास्थ्य जांच।

हम आपको सूचित करना चाहते हैं कि हमारे कर्मचारी की पत्नी/पति जिनके विवरण निम्नानुसार हैं हमारे करार के अनुसार आपके द्वारा उपलब्ध कराई गई कैशलेस वार्षिक स्वास्थ्य जांच सुविधा का लाभ लेना चाहते हैं।

स्वास्थ्य जांच लाभार्थी के विवरण	
नाम	VARSHA VISHAWANATH BHAGAT
जन्म की तारीख	01-08-1975
कर्मचारी की पत्नी/पति के स्वास्थ्य जांच की प्रस्तावित तारीख	27-01-2024
बुकिंग संदर्भ सं.	23M60331100085442S
पत्नी/पति के विवरण	
कर्मचारी का नाम	MR. BHAGAT VISHAWANATH BALARAM
कर्मचारी की क.कू.संख्या	60331
कर्मचारी का पद	HEAD PEON
कर्मचारी के कार्य का स्थान	MUMBAI,BKC, BARODA CORPORATE C
कर्मचारी के जन्म की तारीख	14-03-1970

यह अनुमोदन/ संस्तुति पत्र तभी वैध माना जाएगा जब इसे बैंक ऑफ़ बड़ोदा के कर्मचारी आईडी कार्ड की प्रति के साथ प्रस्तुत किया जाएगा। यह अनुमोदन पत्र दिनांक 23-01-2024 से 31-03-2024 तक मान्य है। इस पत्र के साथ किए जाने वाले चिकित्सा जांच की सूची अनुलग्नक के रूप में दी गई है। कृपया नोट करें कि उक्त स्वास्थ्य जांच हमारी टाई-अप व्यवस्था के अनुसार कैशलेस सुविधा है। हम अनुरोध करते हैं कि आप हमारे कर्मचारी के पत्नी/पति की स्वास्थ्य जांच संबंधी आवश्यकताओं पर उचित कार्रवाई करें तथा इस संबंध में अपनी सर्वोच्च प्राथमिकता तथा सर्वोत्तम संसाधन उपलब्ध कराएं। उपर्युक्त सारणी में दी गई कर्मचारी कूट संख्या एवं बुकिंग संदर्भ संख्या का उल्लेख अनिवार्य रूप से इनवॉइस में किया जाना चाहिए।

हम इस संबंध में आपके सहयोग की अपेक्षा करते हैं।

भवदीय,

हस्ता/-

(मुख्य महाप्रबंधक)

मानव संसाधन प्रबंधन विभाग

बैंक ऑफ़ बड़ोदा

(नोट: यह कंप्यूटर द्वारा जनरेट किया गया पत्र है। हस्ताक्षर की आवश्यकता नहीं है। कृपया किसी भी स्पष्टीकरण के लिए Mediwheel (Arcofemi Healthcare Limited)से संपर्क करें।)

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**HEALTHCARE**  
 MEDICAL CENTRE & DIAGNOSTICS

NAME	MRS VARSHA BHAGAT	DATE	29/01/24
HEIGHT: 155 C M	WEIGHT : 58 KG	AGE	48YRS
REFERRED BY	MEDIWHEEL	SEX	FEMALE
<b>PRESENT COMPLAINT: NIL</b>			
<b>PAST HISTORY : K/C/O BA SINCE 20YRS , H/O PTB TAKEN T/T.</b>			
<b>ALLERGY: NIL</b>	<b>HABITS: NIL</b>	<b>APPETITE: GOOD</b>	
<b>SLEEP: GOOD</b>	<b>BLADDER: NAD</b>	<b>BOWEL: NAD</b>	
<b>GYNEACHISTORY : MENOPAUSE 6 MONTH BACK. G2P2A0L2 FTND</b>			
<b>FAMILY HISTORY:FATHER : EXPIRED. MOTHER: 75YRS HEALTHY</b>			
<b>GENERAL EXAMINATION:</b>		<b>ADVICE-</b>	
P:88/ MIN BP: 120/80MMHG		medically fit	
PALLOR: NIL ICTERUS: NIL			
OEDEMA: NIL OTHERS: NAD		T. Aloe vera 10mg a-d ✓ 2 mnth	
RS: WHEEZE OCC		Adv - 2 ECHO	
CVS: NAD		Dr. NUPUR RAI	
PA: NAD		MBBS, DIPLOMA CARDIOLOGY (PGDCC)	
CNS: NAD		DR. J. J. BHATA (M.D.)	
<b>INVESTIGATION:</b>			

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 MIRA ROAD EAST THANE 401107  
 MOBILE: 7021804221



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**DENTAL CHECK UP**

NAME	MR VARSHA BHAGAT	DATE	27/01/2024	
REFERRED BY	MEDIWHEEL	AGE -	48YRS	SEX F

**CHIEF COMPLAINT : NIL**

**PAST DENTAL HISTORY : NIL**

**HABITS : NIL**

**ORAL EXAMINATION : HEALTHY**

**TREATMENT : NIL**

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## OPHTHALMIC REPORT

NAME <sup>MRS</sup> Varsha - Bhagat	DATE 27-07-24
R- NO	AGE 48
REF. BY DR. Mediwheel	SEX F

RIGHT EYE                      LEFT EYE

V.A. WITHOUT GLASSES:      6/18      N-36                      6/12      N-36

V.A. WITH GLASSES:              6/6P      N-8                      6/9P      N-8

SLIT LAMP EXAMINATION:

IOP - SCHIOTZ TONOMETER:

FUNDUS:

COLOUR VISION: (ISHIHARA CHART)      Normal.                      Normal.

OCULAR MOVEMENTS:              Normal.                      Normal.

RETINOSCOPY:

Prescription:

	SPH	CYL	AXIS
DISTANCE		+0.75	180°
NEAR	+2.25	+0.75	180°

	SPH	CYL	AXIS
		+0.50	180°
	+2.25	+0.50	180°

CLINICAL IMPRESSION:  
ADVICE:

HEALTHCARE MEDICAL CENTRE AND DIAGNOSTICS  
UNIT NO 13 RAJALIBERAY CHS,  
VIJAY PARK NEAR JANGH CIRCLE,  
MIRA ROAD EAST THANE - 401107  
MOBILE: 7021804221





Pat.Name	MRS. VARSHA BHAGAT	Age:	48Y/FEMALE
Ref. Dr.	MEDIWHEEL	Date:	27/01/2024

## ULTRASONOGRAPHY REPORT OF ABDOMEN & PELVIS

**Liver:** Liver is normal in size and shape. Parenchyma is homogenous echogenicity. No evidence of solid or cystic mass is noted. Intra & extra hepatic biliary radicals appear normal. Hepatic veins appear normal. PV & CBD are normal in caliber at porta hepatis.

**Gall Bladder:** gallbladder is physiologically distended and wall is normal in thickness. No intra luminal calculus or mass is seen.

**Pancreas:** is partially visualized. No obvious mass / collection is seen in region of pancreatic duct appears normal.

**Spleen:** is normal in size, shape, outlined and position. Parenchyma is homogenous in echo texture. No mass or calcification or collection is seen. Spleen is 7.8cm in length.

**Kidneys:** Both kidneys are normal in size, shape, outline & Position. Normal cortical echo texture & cortico-medullary differentiation is seen. Pelvic-calicle system appears normal. No obvious mass or Collection is seen. No Calculus is seen.

Right kidney measures 9.7X4.6cms.

Left kidney measures 9.7X3.8cms.

**Bladder:** UB is distended well smooth in outline & normal wall thickness. No obvious mass or diverticulum or intra luminal calculus is seen. No significant post-void residual urine is seen.

**Uterus:** Uterus is anteverted. It is normal in size. Shape, outline and position. The uterine myometrium appears normal in echo texture. No mass or collection or calcification is seen in uterine myometrium. Endometrium is central and appears normal. Endometrial thickness is 7.0mms.

Uterus measures 7.6X3.9X3.3cms.

**Ovaries:** Both ovaries appear normal in size, shape and position. No obvious ovarian / adnexal mass or collection is seen on either side. **Left ovary not visualized obscured due to bowel gas.** Right ovary measures 2.8X1.7cms.





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Pat.Name	MRS VARSHA BHAGAT	Age:	48Y/FEMALE
Ref. Dr.	MEDIWHEEL	Date:	27.01.2024

## ULTRASOUND SCAN OF BOTH BREASTS

HISTORY - NO COMPLAINTS.

INDICATION- SCREENING

B-Mode scan done with a 12MHz linear array transducer.

**RT SIDE:** In right breast all the quadrants and axillary areas examined.  
Subcutaneous plane, muscular plane, glandular and retro mammary fat planes appear normal.  
No focal or diffuse lesion seen.

**LT SIDE:** In left breast all the quadrants and axillary areas examined.  
Subcutaneous plane, muscular plane, glandular and retro mammary fat planes appear normal.  
No focal or diffuse lesion seen.

**OTHER:** No evidence of lymph node enlargement seen in both axillary areas.

### IMPRESSION

**NORMAL APPEARING BILATERAL BREAST.**

**SUGGESTED:clinical correlation and further investigations if indicated.**

Thanks for referral.

**DR SNEHAL S PATIL**  
M.B.B.S DMRE  
Reg no: 2018020273  
**DR SNEHAL S PATIL**  
MBBS,DMRE(Sonologist)

Reliability of sonographic evaluation reports is not 100%, and is subject to variation.  
Reports are for interpretation by doctors only, with due clinical correlation.



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<b>NAME</b>	<b>MRS. VARSHA BHAGAT</b>	<b>DATE</b>	<b>27.01.2024</b>
		<b>AGE</b>	<b>48YRS</b>
<b>REF. BY</b>	<b>MEDIWHEEL</b>	<b>SEX</b>	<b>FEMALE</b>

## **X-RAY CHEST (P. A. VIEW)**

The lungs on the both side show equal translucency.

The heart and trachea are central in Position.

No mediastinal abnormality is visible.

The peripheral pulmonary vasculature is normal.

No focal lung lesion is seen.

The pleural spaces are normal.


Both hila are normal in size, have equal density and bear normal relationship.

The cardiac size is normal.

The domes of the diaphragms are normal in position, and show smooth outline.

Ribs appear normal.

**IMPRESSION: NO EVIDENCE OF PULMONARY, PLEURAL OR CARDIAC PATHOLOGY IS NOTED.**

  
**DR. SACHIN JADKAR**  
**M.B.,D.M.R.E.**  
**(CONS. RADIOLOGIST)**



HEALTHCARE MEDICAL CENTRE AND DIAGNOSTICS  
UNIT NO 13 PNA LIBERTY CHS,  
VILLAGE - KANAK JANGHID CIRCLE,  
JALGAON - 382001, GUJARAT  
MOBILE- 7021804221

*Dr. NUPUR RAI*  
Dr. NUPUR RAI  
MBBS, DIPLOMA IN CYTOLOGY (PGDCC)  
Reg. No.: 2018115643

*Dr. NUPUR RAI*

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- DIGITAL COLOR DOPPLER
- 2D ECHO CARDIOGRAPHY
- MAMMOGRAPHY & BONE MINERAL DENSITOMETRY ( BMD )
- ECG ■ PFT
- COMPUT. TREADMILL TEST
- PHYSIOTHERAPY
- DENTAL
- HEALTH CHECK-UP



**HEALTHCARE**  
MEDICAL CENTRE & DIAGNOSTICS

MRS VARSHA BHAGAT  
BLAAT720 27-180-2024  
ECC



# ELECTROCARDIOGRAM (ECG)

PATIENT Mrs Varsha Bhagat AGE 48 SEX F

REF. BY DR. Medhwheel. DATE 24/10/2024

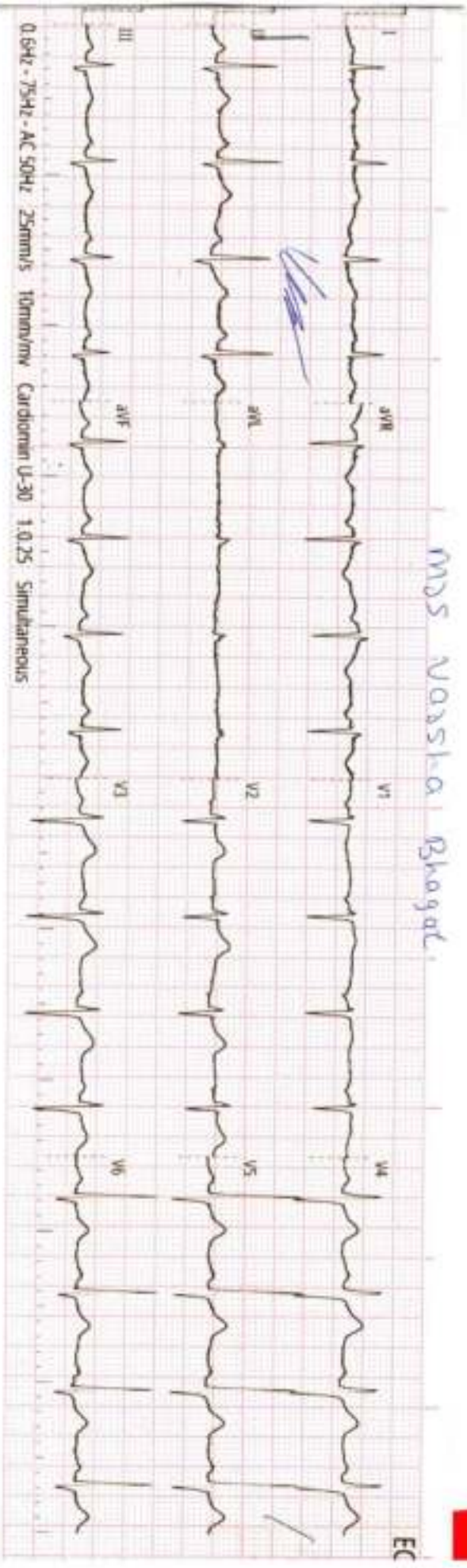
INTERPRETATION : Normal

Dr. **NUPUR RAI**  
MRS. DIPLOMA IN CARDIOLOGY (PGCCO)  
Reg. No.: 2018115643

HEALTHCARE MEDICAL CENTRE AND DIAGNOSTICS  
UNIT NO. 3 RNA LIBERTY CHS,  
KAY PARK NEAR JANGID CIRCLE,  
RAJGAD EAST THANE 401107  
MOBILE: 7021804221



MDS VASISTA Bhagat



History : .....

B.P. : .....

Drugs : .....

Standard : .....

Auricular Rate : 96 bpm

Ventricular Rate : 96 bpm

Rhythm : ny

Mechanism : .....

Voltage : .....

REMARKS & CONCLUSIONS : normal

Axis : .....

P. Waves : .....

PR Interval : .....

Q. Waves : .....

QRS Interval : ~

ST Segment : .....

T. Waves : .....

QT Interval : .....

Extra Systoles : .....



# HEALTHCARE MEDICAL CENTRE & DIAGNOSTICS

MIRA ROAD  
MIRA ROAD

## TREADMILL TEST REPORT

**MRS VARSHA BHAGAT**  
 ID : 485  
 DATE : 27-01-2024  
 AGE/SEX : 48 / F  
 HT/WT : 155 / 58  
 REF. BY : MEDIMHEEL

**PROTOCOL HISTORY** : Bruce  
**INDICATION** : Checkup/physical fitness,  
 CORPORATE CHECKUP  
**MEDICATION** : R/C/O PA/ TB

PHASE	TOTAL TIME	STAGE TIME	SPEED Km/hr	GRADE %	H.R. bpm	B.P. mmHg	RPP x100	ST LEVEL (MM)			METs
								V1	V5		
SUPINE					96	120 / 80	115	0.8	0.6	0.9	
STANDING		0:30			98	120 / 80	112	0.3	0.5	0.3	
HYPERVENT		2:55	2.7	10	97	120 / 80	116	1.4	0.3	1.5	4.67
Stage 1	3:2	0:2	3.3	12	168	130 / 80	192	0.6	0.2	0.6	
PK-EXERCISE	4:1	0:55			150	130 / 80	195	0.2	0.2	0.2	
RECOVERY	5:1	1:55			122	130 / 80	158	1.6	0.3	1.3	4.83
RECOVERY	6:1	2:55			102	130 / 80	132	0.5	0.4	0.3	
RECOVERY					107	130 / 80	139	0.1	0.5	0	

### RESULTS

**EXERCISE DURATION** : 3:2  
**MAX HEART RATE** : 150 bpm 97 % of target heart rate 172 bpm  
**MAX BLOOD PRESSURE** : 130 / 80 mm Hg  
**REASON OF TERMINATION** : Fatigue, Dyspnea, Achieved THR, Exhaustion,  
**BP RESPONSE** : Normal,  
**ARRHYTHMIA** : None,  
**H.R. RESPONSE** : Normal Chronotropic Response,  
**IMPRESSIONS** :  
 Poor effort tolerance  
 No angina  
 No arrhythmia  
 No significant ST changes noted  
 STRESS TEST INCONCLUSIVE AS TARGET HEART RATE NOT ACHIEVED

MAX WORK LOAD : 4.83 METs

**HEALTHCARE MEDICAL CENTRE AND DIAGNOSTICS**

UNIT No. 4, ANA LIBERTY  
 VIJAY PARK, KANDIVALI JANGID CUP  
 MIRA ROAD PART THANE 401107  
 MOBILE 7021804221

**DR. NIPUR RAI**  
 MBBS, DIPLOMA IN RADIOLOGY (PGDCC)  
 Reg. No. 1815643

**DR. YOGESH MERLA ( MD )**

Technician : 2



# HEALTHCARE MEDICAL CENTRE & DIAGNOSTICS

MRS VARSHA BHARGAV

I.D. 485

Age 48/F

Date 27-01-2024

RATE 96bpm  
B.P. 120/80

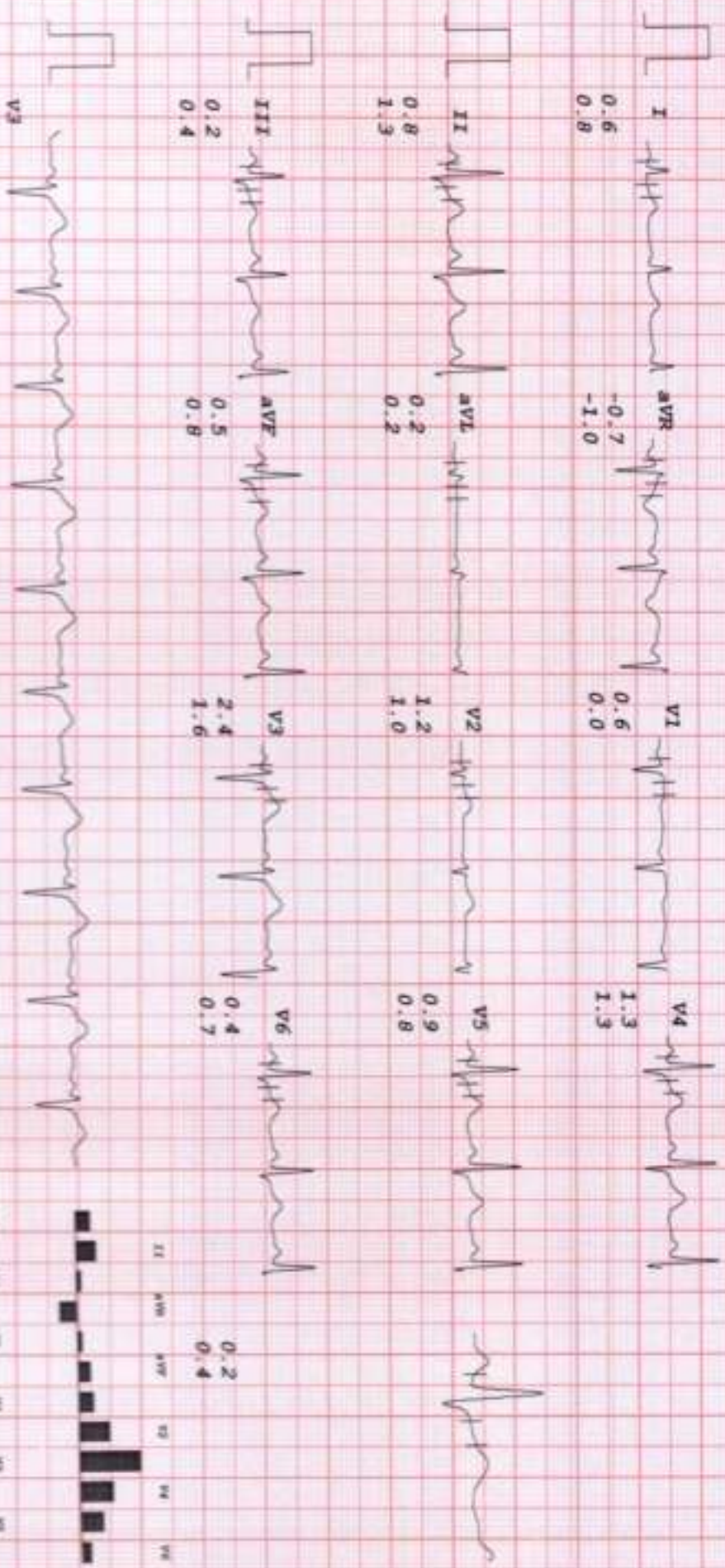
PRETEST  
SUPINE

ST @ 10mm/mV  
80ms Postly

LINKED MEDIAN

MAG. X.2

III









# HEALTHCARE MEDICAL CENTRE & DIAGNOSTICS

MRS VAPSEHA BHARGAV  
 I.D. 485  
 Age 48/F  
 Date 27-01-2024

RATE 97bpm  
 B.P. 120/80

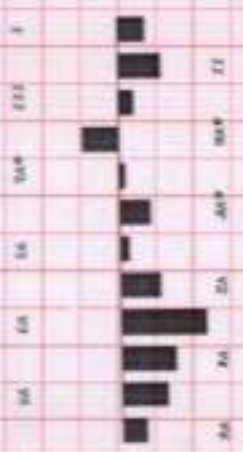
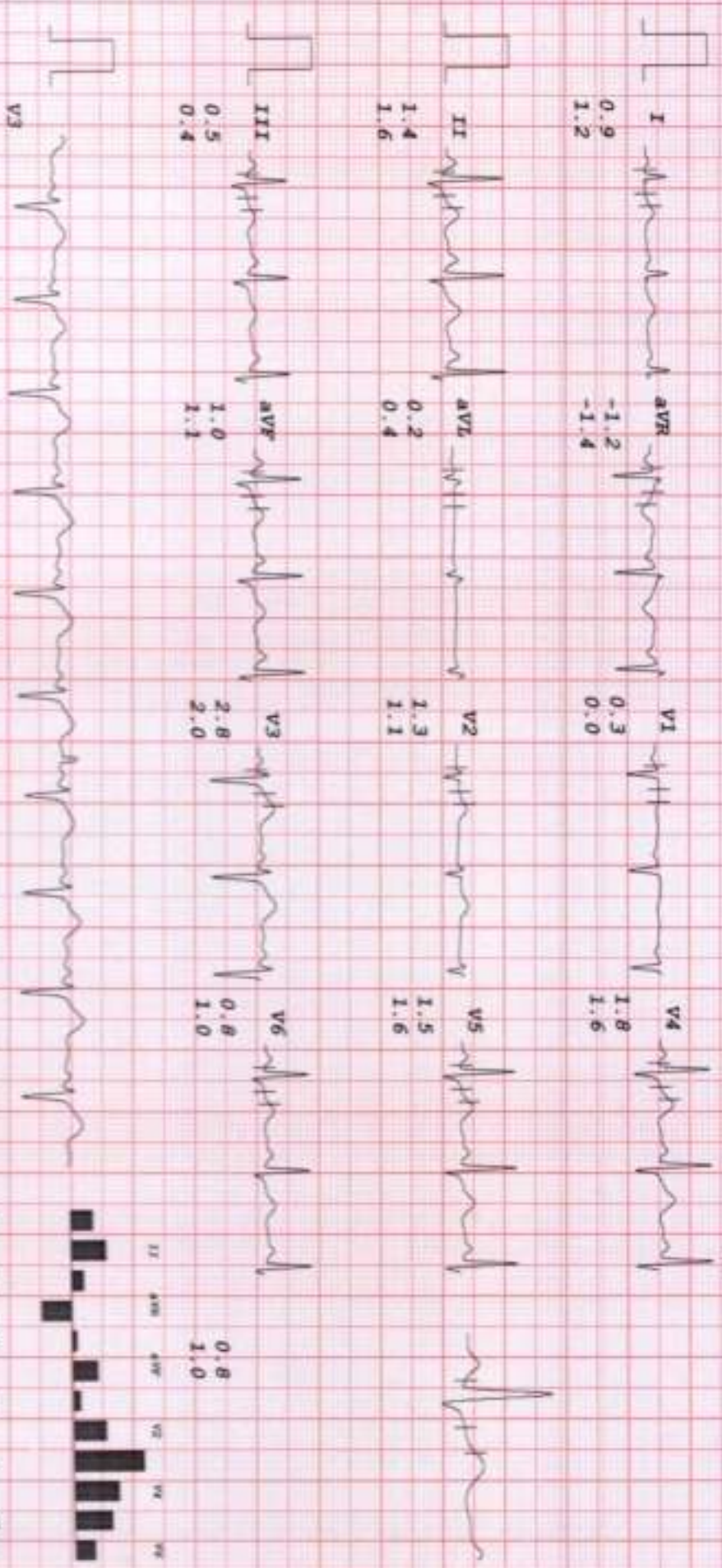
PRETEST  
 HYPERVENT  
 PHASE TIME 0:30

ST @ 10mm/mV  
 80ms PostJ

LINKED MEDIAN

Mag. X 2

V6





# HEALTHCARE MEDICAL CENTRE & DIAGNOSTICS

MRS VARSHA BHAGAT  
 I.D. 485  
 Age 48/F  
 Date 27-01-2024

Rate 148bpm  
 B.P. 130/80

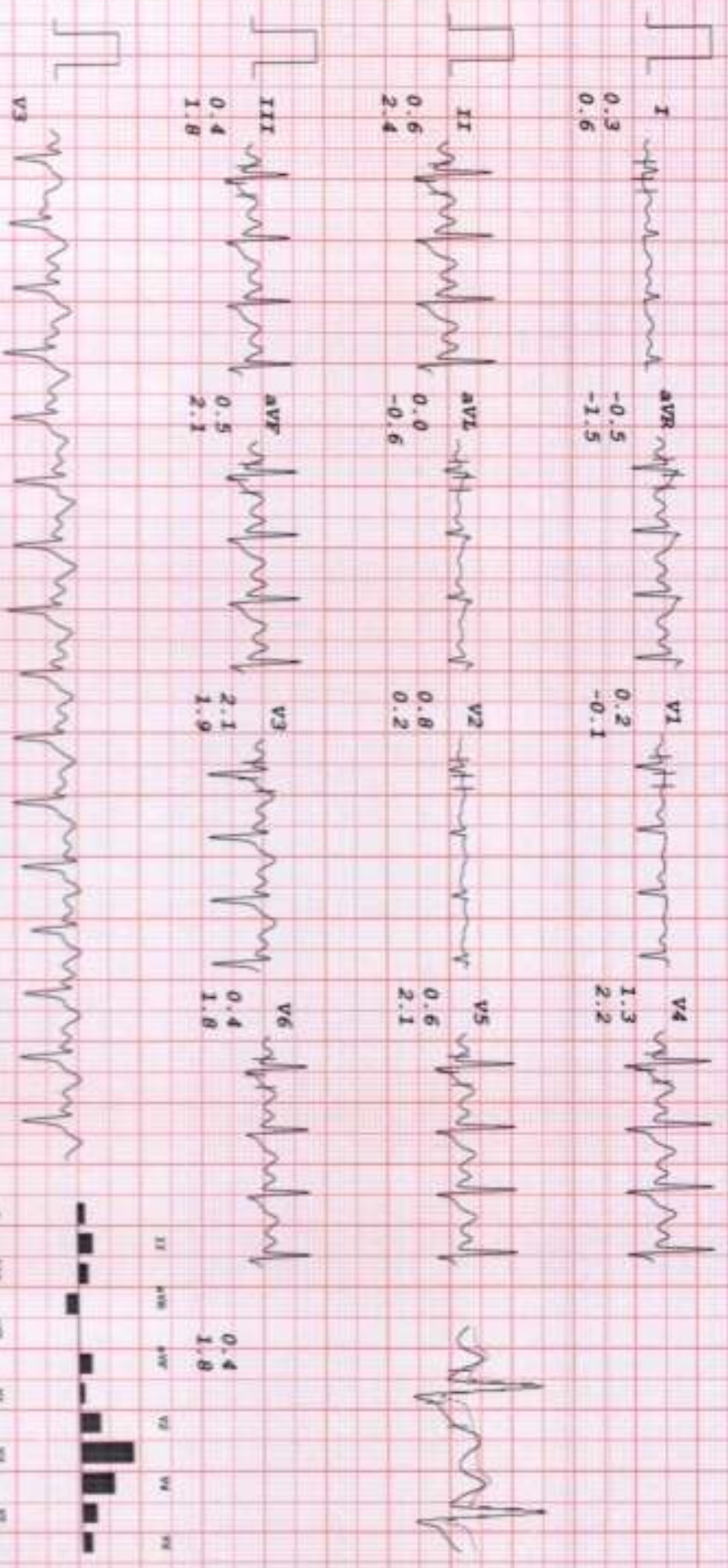
Brice  
 Stage I  
 TOTAL TIME 2:55  
 PHASE TIME 2:55

ST @ 10mm/mV  
 80ms PostJ  
 Speed 2.7 km/hr  
 SLOPE 10

LINKED MEDIAN

MAG. X 2

III





# HEALTHCARE MEDICAL CENTRE & DIAGNOSTICS

MRS VANISHA BIRJAGAT  
 I.D. 485  
 Age 48/Y  
 Date 27-01-2024

RATE 150bpm  
 R.P. 130/80

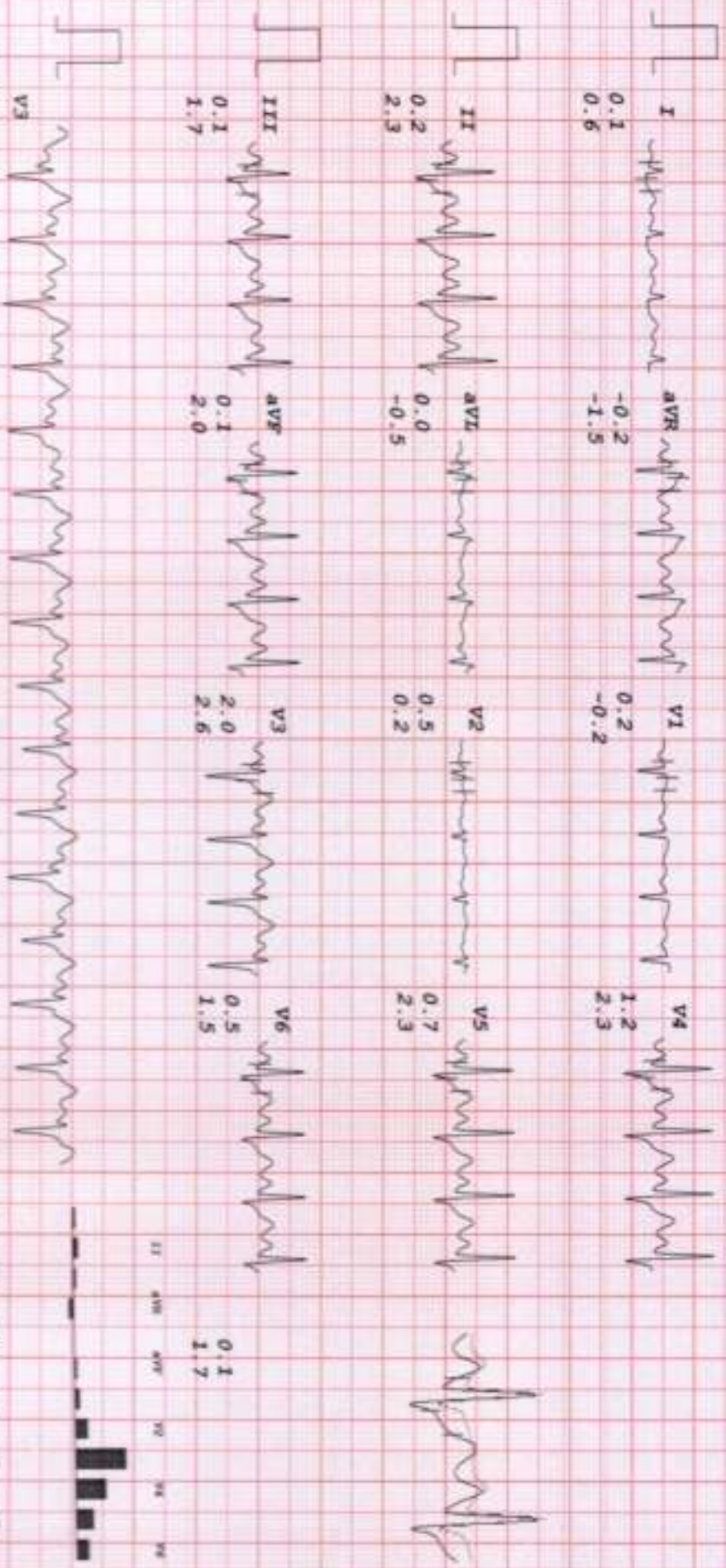
Brice  
 PR-EXERCISE  
 TOTAL TIME 3:02  
 PHASE TIME 0:02

ST 8 10mm/mV  
 80ms PostJ  
 Speed 3.3 km/hr  
 SLOPE 12 °

LINKED MEDIAN

Mag. X 2

III









# HEALTHCARE MEDICAL CENTRE & DIAGNOSTICS

MRS VARSHA BHAGAT  
 I.D. 485  
 Age 48/F  
 Date 27-01-2024

Rate 102bpm  
 B.P. 130/80

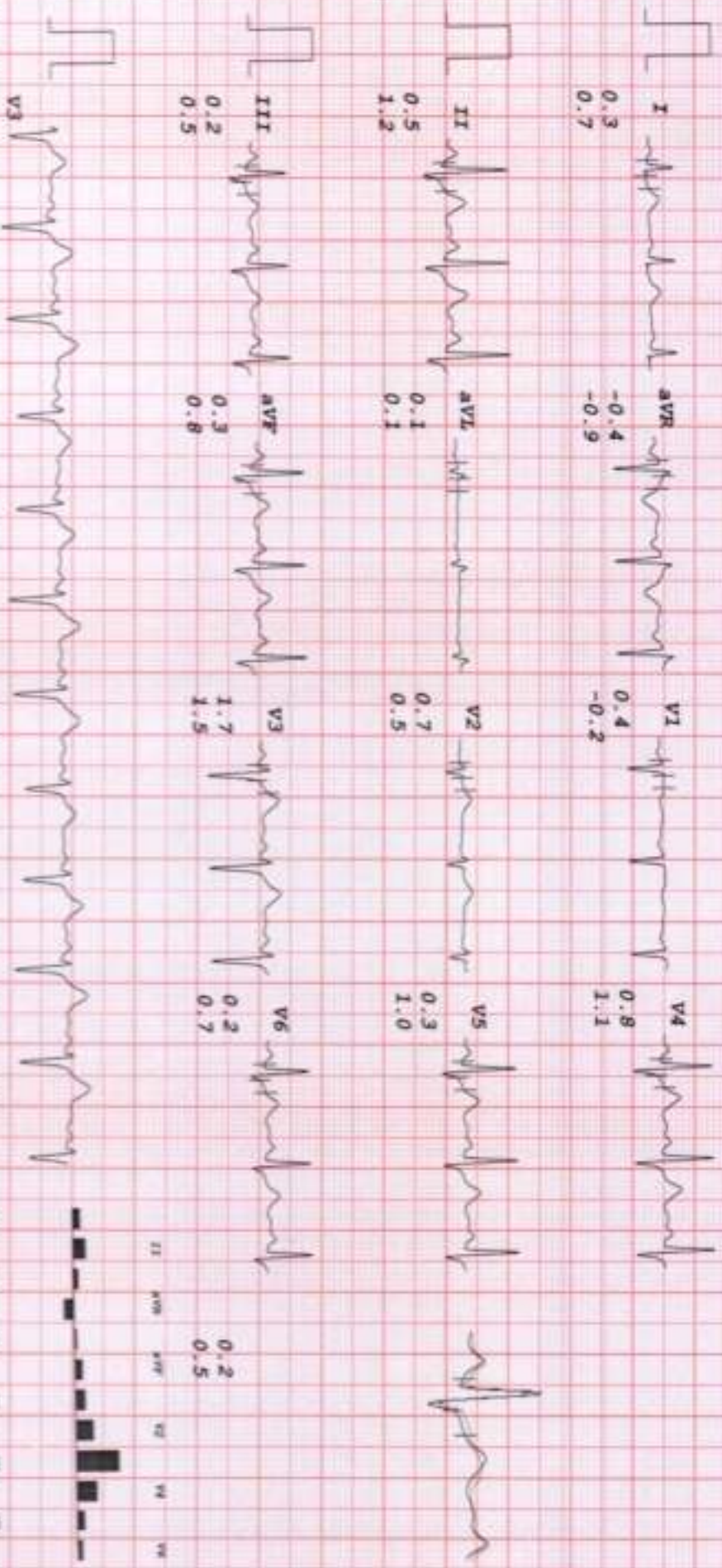
Bruce  
 RECOVERY  
 TOTAL TIME 5:01  
 PHASE TIME 1:55

ST @ 10mm/mV  
 80ms PostCJ

LINKED MEDIAN

Mag. X 2

III



I  
0.3  
0.7

aVR  
-0.4  
-0.9

V1  
0.4  
-0.2

V4  
0.8  
1.1

II  
0.5  
1.2

aVL  
0.1  
0.1

V2  
0.7  
0.5

V5  
0.3  
1.0

III  
0.2  
0.5

aVF  
0.3  
0.8

V3  
1.7  
1.5

V6  
0.2  
0.7





# HEALTHCARE MEDICAL CENTRE & DIAGNOSTICS

MRS VARSHA BHARGAV  
I.D. 485  
Age 48/F  
Date 27-01-2024

Rate 107bpm  
R.P. 130/80

Brucce  
RECOVERY  
TOTAL TIME 6:01  
PHASE TIME 2:55

ST @ 10mm/mV  
80ms Post J

LINKED MEDIAN

Mag. X 2

V6

