

Date: 10/10/2024

To,  
LIC of India  
Branch Office

Proposal No. 5519

Name of the Life to be assured NITASHA NANDA

The Life to be assured was identified on the basis of \_\_\_\_\_

I have satisfied myself with regard to the identity of the Life to be assured before conducting tests / examination for which reports are enclosed. The Life to be assured has signed as below in my presence.

Signature of the Pathologist/ Doctor

Dr. RAINA KHAN  
MBBS, DMRD  
Reg. No. 25508

Name:

I confirm, I was on fasting for last 10 (ten) hours. All the Examination / tests as mentioned below were done with my consent.

*Nitasha Nanda*

(Signature of the Life to be assured)

Name of life to be assured:

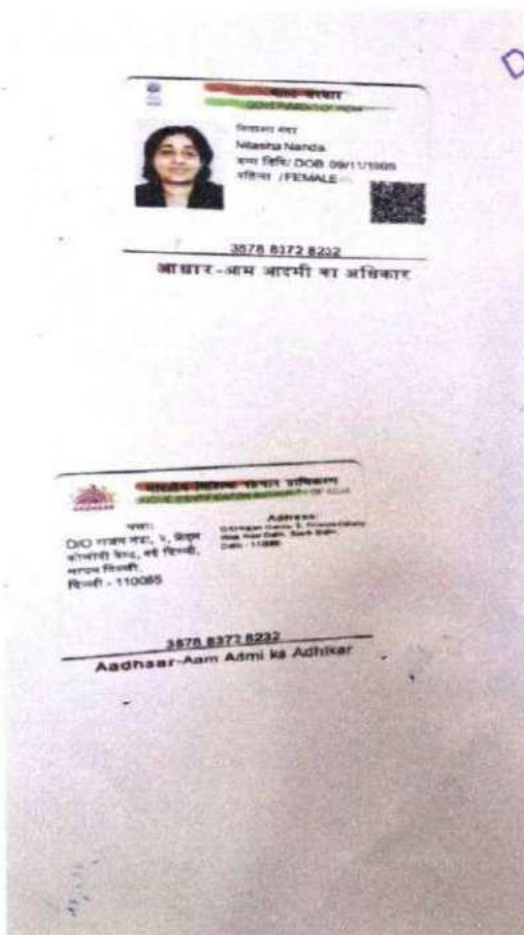
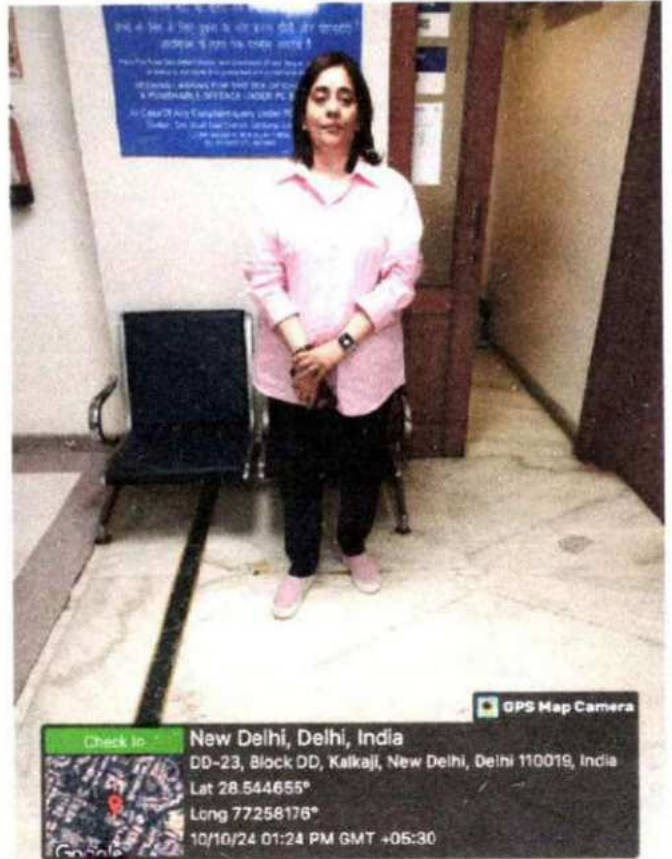
**Reports Enclosed:**

Reports Name	Yes/No	Reports Name	Yes/No
ELECTROCARDIOGRAM	YES	PHYSICIAN'S REPORT	
COMPUTERISED TREADMILL TEST	YES	IDENTIFICATION & DECLARATION FORMAT	
HAEMOGRAM	YES	MEDICAL EXAMINER'S REPORT	
LIPIDOGRAM		BST (Blood Sugar Test-Fasting & PP) Both	
BLOOD SUGAR TOLERANCE REPORT		FBS (Fasting Blood Sugar)	
SPECIAL BIO-CHEMICAL TESTS - 13 (SBT-13)	YES	PGBS (Post Glucose Blood Sugar)	
ROUTINE URINE ANALYSIS	YES	Proposal and other documents	
REPORT ON X-RAY OF CHEST (P.A. VIEW)		Hb%	
ELISA FOR HIV		Other Test	HBAIC

**Comment Medsave Health Insurance TPA Ltd.**

Authorized Signature,





Dr. RAJNA KHAN  
 Reg. No. 25508



S. No. : 10/OCT/13  
 Name : MS NITASHA NANDA  
 Ref. by : LIFE INSURANCE CORPORATION  
 Date : 10-10-2024  
 AGE : 54Years  
 SEX : FEMALE

## B I O C H E M I S T R Y

Test	Result	Units	Normal Range
FASTING BLOOD SUGAR	94	mg/dl.	(60-110)
TOTAL BILIRUBIN	0.75	mg/dl.	(0.1-1.2)
CONJUGATED (D.Bilirubin)	0.44	mg/dl.	(0.00-0.6)
UNCONJUGATED (I.D.Bilirubin)	0.21	mg/dl.	(0.1-1.0)
TOTAL PROTEIN	6.8	mg/dl.	(6.0-8.3)
ALBUMIN	4.5	mg/dl.	(3.5-5.0)
GLOBULIN	2.3	mg/dl.	(2.3-3.5)
A/G RATIO	1.95		(1.0-3.0)
S.G.O.T. (AST)	24	IU/L	(5.0-34.0)
S.G.P.T. (ALT)	30	IU/L	(5.0-40.0)
GAMMA GT	28	U/L	(9-45)
ALKALINE PHOSPHATASE	122	U/L	(80-200)
URIC ACID	5.5	mg/dl.	(4.4-7.2)
SERUM CHOLESTEROL	170	mg/dl.	(150-200)
HDL CHOLESTEROL	48	mg/dl.	(30-63)
S. TRIGLYCERIDES	112	mg/dl.	(60-160)
LDL	133	mg/dl.	(UPTO-150)
VLDL	34	mg/dl.	(23-45)
SERUM CREATININE	0.78	mg%	(0.6-1.2)
BUN	12	mg/dl	(02-18)



*Shilpi Gupta*

DR. SHILPI GUPTA  
 M.B.B.S.MD(Path) 64715  
 Consultant Pathologist

8595347044

irinediagnostic@gmail.com



DD-28 KALKAJI DELHI :- 110019

S. No. : 10/OCT/13  
 Name : MS NITASHA NANDA  
 Ref. by : LIFE INSURANCE CORPORATION  
 Date : 10-10-2024  
 AGE : 54Years  
 SEX : FEMALE

## HAEMATOLOGY

Test	Result	Units	Normal Range
Hemoglobin	13.5	gm%	12-16
Total Leucocytes Count (TLC)	9200	/cumm	4000-11000
<b>Differential Leucocytes Count [D.L.C]</b>			
Neutrophils	60	%	40-75
Lymphocytes	30	%	20-45
Eosinophils	04	%	01-06
Monocytes	06	%	02-10
Basophils	00	%	00-01
Erythrocyte Sedimentation Rate (ESR)	13	mm/1Hr	00-15
Red Blood Cell [RBC]	5.8	mill.	M-4.6-6.5 F-3.9-5.6
Packed Cell Value [PCV]	41.5	%	37-54
Mean Cell Value [MCV]	88.3	f1	76-96
Mean Cell Hemoglobin [MCH]	30.8	pg	27-32
Mean Cell Hemoglobin Conc. [MCHC]	33.5	%	30-35
Platelet count	2.45	Lakhs	1.5-4.5

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## H A E M A T O L O G Y

Test	Result	Units
Glycosylated Haemoglobin (HbA1c)	5.3	%

### INTERPRETATION

Normal	:	4.4 - 6.7
Goal	:	6.7 - 7.3
Good Diabetic Control	:	7.3 - 9.1
Action Suggested	:	> 9.1

**Note:-** Glycosylated Hemoglobin is a specific component of HBA1C and is the blood glucose bound to it. This test is an index of carbohydrate in balance during the proceeding two Months. The estimation is of greater importance for specific group of patient. This result are not affected by time, meal intake exercise, diabetic drugs, emotional Stress etc. HbA1c should be routinely monitored ideally at least every 3 months.

  
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DD-28 KALKAJI DELHI :- 110019



# irine diagnostic

healthpartner

S. No. : 10/OCT/13  
Name : MS NITASHA NANDA  
Ref. by : LIFE INSURANCE CORPORATION  
Date : 10-10-2024  
AGE : 54Years  
SEX : FEMALE

## S E R O L O G Y

\*\*Test Name : Human Immunodeficiency  
HIV I & II (ELISA METHOD)

Result : "Non-Reactive"

Normal-Range : "Non-Reactive"



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Name : MS NITASHA NANDA  
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Date : 10-10-2024  
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## URINE EXAMINATION

### PHYSICAL EXAMINATION


COLOUR	YELLOW
REACTION	ACIDIC
APPEARANCE	CLEAR
ALBUMIN	NIL
SUGAR	NIL
SPECIFIC GRAVITY	1.018

### CHEMICAL EXAMINATION

ALBUMIN	NIL
SUGAR	NIL
ACETONE	NIL
BLOOD	NIL
BILE SALT	NIL
BILE PIGMENT	NIL
UROBILINOGEN	NIL

### MICROSCOPIC EXAMINATION

PUS CELLS	1-2/HPF
EPITHELIAL CELLS	2-4/HPF
RBC	NIL /HPF
BACTERIA	NIL
CASTS	NIL
CRYSTALS	NIL
OTHERS	NIL

  
DR. SHILPI GUPTA  
M.B.B.S.MD(Path) 64715  
Consultant Pathologist



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DD-28 KALKAJI DELHI :- 110019

LIFE INSURANCE CORPORATION OF INDIA

Form No. LIC03 - 002

ELECTROCARDIOGRAM

Zone Division Branch

Proposal No. 5519

Agent/D.O. Code: Introduced by: (name & signature)

Full Name of Life to be assured: NITASHA NANDA

Age/Sex : 54y6/F

Instructions to the Cardiologist:

- i. Please satisfy yourself about the identity of the examiners to guard against impersonation
ii. The examinee and the person introducing him must sign in your presence. Do not use the form signed in advance. Also obtain signatures on ECG tracings.
iii. The base line must be steady. The tracing must be pasted on a folder.
iv. Rest ECG should be 12 leads along with Standardization slip, each lead with minimum of 3 complexes, long lead II. If L-III and AVF shows deep Q or T wave change, they should be recorded additionally in deep inspiration. If VI shows a tall R-Wave, additional lead V4R be recorded.

DECLARATION

I hereby declare that the foregoing answers are given by me after fully understanding the questions. They are true and complete and no information has been withheld. I do agree that these will form part of the proposal dated \_\_\_ given by me to LIC of India.

Witness

Signature or Thumb Impression of L.A.

Nitasha Nanda

Note : Cardiologist is requested to explain following questions to L.A. and to note the answers thereof.

- i. Have you ever had chest pain, palpitation, breathlessness at rest or exertion? Y/N
ii. Are you suffering from heart disease, diabetes, high or low Blood Pressure or kidney disease? Y/N
iii. Have you ever had Chest X-Ray, ECG, Blood Sugar, Cholesterol or any other test done? Y/N

If the answer/s to any/all above questions is 'Yes', submit all relevant papers with this form.

Dated at DEU1 on the day of 10/10/2024 2023

Signature of L.A.

Nitasha Nanda

Signature of the Cardiologist Name & Address Qualification Code No.

Dr. RAINA KHAN MBS, DIMRD Reg. No. 25508





## Clinical findings

(A)

Height (Cms)	Weight (kgs)	Blood Pressure	Pulse Rate
165	89	122/78	80/w

(B) Cardiovascular System

w

## Rest ECG Report:

Position	Supine	P Wave	w
Standardisation Impv	w	PR Interval	w
Mechanism	w	QRS Complexes	w
Voltage	w	Q-T Duration	w
Electrical Axis	w	S-T Segment	w
Auricular Rate	80/w	T-wave	w
Ventricular Rate	80/w	Q-Wave	w
Rhythm	Regular		
Additional findings, if any.	r/l		

Conclusion: ECG-WNL

DELHI 10/10/2024  
Dated at on the day of 200

Dr. RAINA KHAN  
MBBS, DMRD  
Reg. No. 25508

Signature of the Cardiologist  
Name & Address  
Qualification  
Code No.





# IRINE DIAGNOSTIC

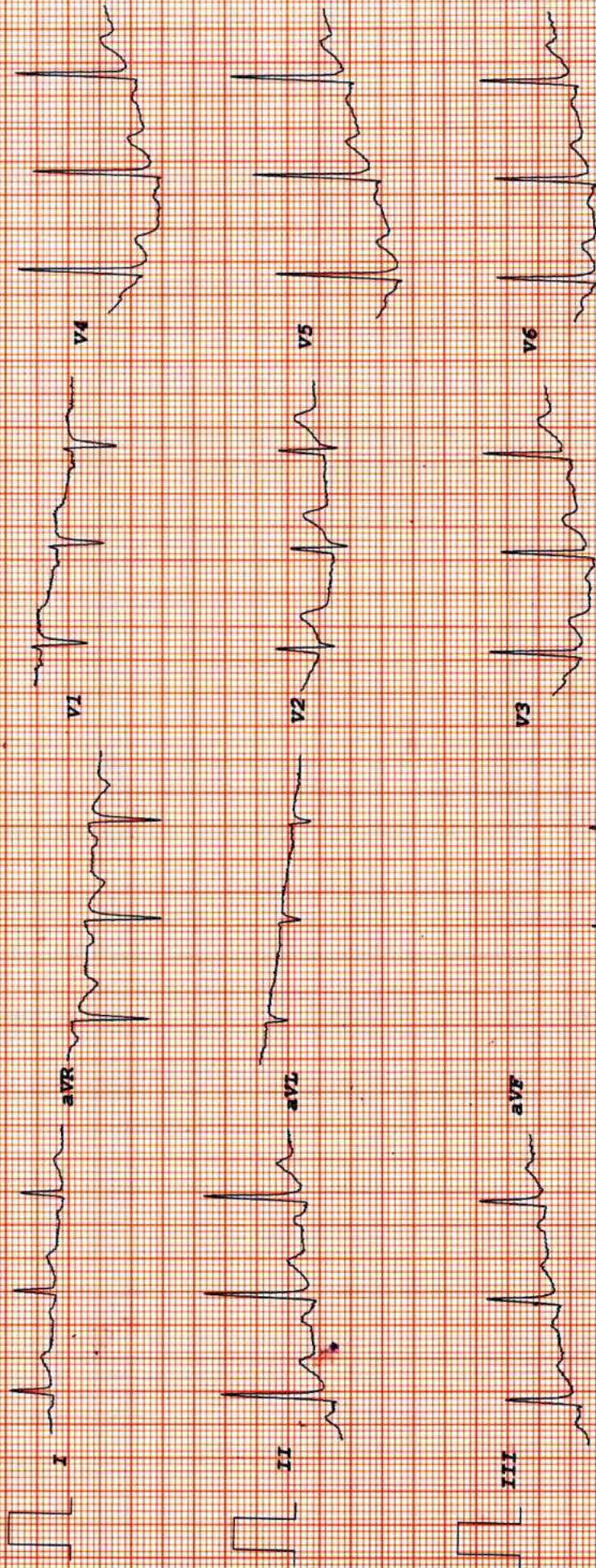
NITASHA NANDA  
I.D. 1111001234  
Age 54/F  
Date 10/10/2024

PRETEST  
RATE 92bpm  
B.P. 124/80

ST @ 10mm/mV  
80ms PostJ

ECG

RAW ECG



ECG - within normal limit

DR. RAJNA KIAN  
M.D.  
Reg. No. 22780



Nitasha Nanda

Date: 10/10/2024

To,  
LIC of India  
Branch Office

Proposal No. 5519

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Dr. RAINA KHAN  
MBBS, DMRD  
Reg. No. 25508

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Nitasha Nanda

(Signature of the Life to be assured)

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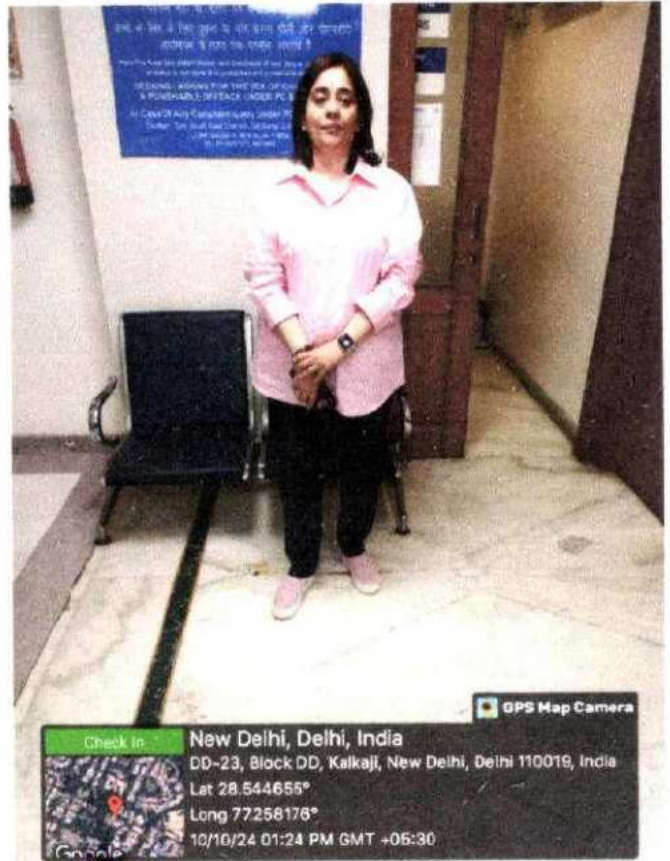
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REPORT ON X-RAY OF CHEST (P.A. VIEW)		Hb%	
ELISA FOR HIV		Other Test	HB A1C

**Comment Medsave Health Insurance TPA Ltd.**

Authorized Signature,





Dr. RAJNA KHAN  
 RAJNA KHAN  
 Reg. No. 25508



**ANNEXURE II - 2**

**LIFE INSURANCE CORPORATION OF INDIA**  
**COMPUTERISED TREADMILL TEST**

Form No. LIC03 - 003

Zone \_\_\_\_\_ Division \_\_\_\_\_ Branch \_\_\_\_\_  
Proposal No. 5519  
Agent/D.O. Code: \_\_\_\_\_ Introduced by: (name & signature) \_\_\_\_\_  
Full Name of Life to be assured: NITASHA NANDA  
Age/Sex: 54y/F

**DECLARATION**

I hereby declare that the foregoing answers are given by me after fully understanding the questions. They are true and complete and no information has been withheld. I do agree that these will form part of the proposal dated \_\_\_\_\_ given by me to LIC of India.

Witness \_\_\_\_\_

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Nitasha Nanda

*Note : Cardiologist is requested to explain following questions to L.A. and to note the answers thereof.*

1. Have you ever had chest pain, palpitation, breathlessness at rest or exertion? Y/N
2. Are you suffering from heart disease, diabetes, high or low Blood Pressure or kidney disease? Y/N
3. Have you ever had Chest X-Ray, ECG, Blood Sugar, Cholesterol or any other test done? Y/N

*If the answer/s to any/all above questions 'Yes', submit all relevant papers with this form.*

Dated at DELHI on the day of 10/10/2024 200

Signature of L.A.

Nitasha Nanda

Signature of the Cardiologist  
Name & Address  
Qualification  
Code No.



Dr. RAJNA KHAN  
MBBS, DMRD  
Reg. No. 25508



### COMPUTERISED TREADMILL TEST

- (a) Pre-test :   Supine  
                  Standing  
                  Hyperventilation
- (b) Exercise:   Stage I        )  
                  Stage II       )  
                  Stage III       )  
                  ... peak exercise
- (c) Recovery:   Recovery  
                  Recovery  
                  Recovery

#### Reporting Pattern

Phase Name	Stage Name	Time in Stage	Speed (mph)	Grade (%)	Workload (METS)	HR (bpm)	BP (mmHg)	RPP
PRETEST	SUPINE							
	SITTING							
	STANDING							
	HYPERVENTILATION							
	WARM UP							
EXERCISE	STAGE 1							
	STAGE 2							
	STAGE 3							
	PEAK EXERCISE							
RECOVERY	RECOVERY							
	RECOVERY							
	RECOVERY							

The protocol used - BRUCE

Total Exercise Time - 6:15

Maximum Blood Pressure - 144/90

Maximum Workload - 7.34

Maximum heart rate 152

Maximum predicted heart rate 166 %

Reason for termination -

Comments:

*NEGATIVE FOR PROVOCABLE MYOCARDIAL ISCHEMIA*

Signature of the Cardiologist  
Name & Address  
Qualification      Code No.

Each stage should have 12 lead tracing with long lead II. Each lead should contain atleast three complexes. On separate individual paper each stage with relevant observations be recorded.

(Signature of the L.A. to be obtained on the tracings)

*Nitasha Nanda*

**Dr. RAINA KHAN**  
MBBS, DMRD  
Reg. No. 25508





# IRINE DIAGNOSTIC

DD 23 KAL KA JI DELHI 110019

**NITASHA NANDA**

ID : 1111001234  
 DATE : 10/10/2024

AGE/SEX : 54 / F  
 HT/WT : 0 / 0  
 REF.BY : LIFE INSURANCE CO LTD

**TREADMILL TEST REPORT**

PROTOCOL : Bruce  
 HISTORY :  
 INDICATION :  
 MEDICATION : NIL

PHASE	TOTAL TIME	STAGE TIME	SPEED Km/Hr	GRADE %	H.R. bpm	B.P. mmHg	RPP x100	ST LEVEL(MM)			METS
								II	V1	V5	
SUPINE		0:5			92	124 / 80	114	1.2	1	1	1
HYPERTENT					96	124 / 80	119	1.3	1	1	1.2
VALSALVA					96	124 / 80	119	1.4	0.9	1.2	1.2
STANDING					102	124 / 80	126	1.4	0.6	1.3	1.3
Stage 1	2:55	2:55	2.7	10	124	134 / 86	166	1	0.4	1	0.8
Stage 2	5:55	2:55	4	12	138	144 / 90	198	0.6	0.4	0.8	7.04
PK-EXERCISE	6:15	0:15	5.4	14	152	144 / 90	218	0.7	0.3	1.2	7.34
RECOVERY	7:23	0:59			118	144 / 90	169	0.8	0.7	0.6	0.6
RECOVERY	9:19	2:55			104	140 / 86	145	0.6	0.7	0.6	0.6
RECOVERY	12:19	5:55			105	130 / 80	136	0.8	0.3	0.9	0.9

**RESULTS**

EXERCISE DURATION : 6:15  
 MAX HEART RATE : 152 bpm 91 % of target heart rate 166 bpm  
 MAX BLOOD PRESSURE : 144 / 90 mm Hg  
 REASON OF TERMINATION : Achieved THR,  
 BP RESPONSE : Normal,  
 ARRHYTHMIA : None,  
 H.R. RESPONSE : Normal Chronotropic Response,

**IMPRESSIONS**

Negative for Provocable myocardial ischemia,

*Nitasha Nanda*



**Dr. RAINA KIRAN**  
 M.D. (Gen. Med.)  
 Reg. No. 25598

Technician :



# IRINE DIAGNOSTIC

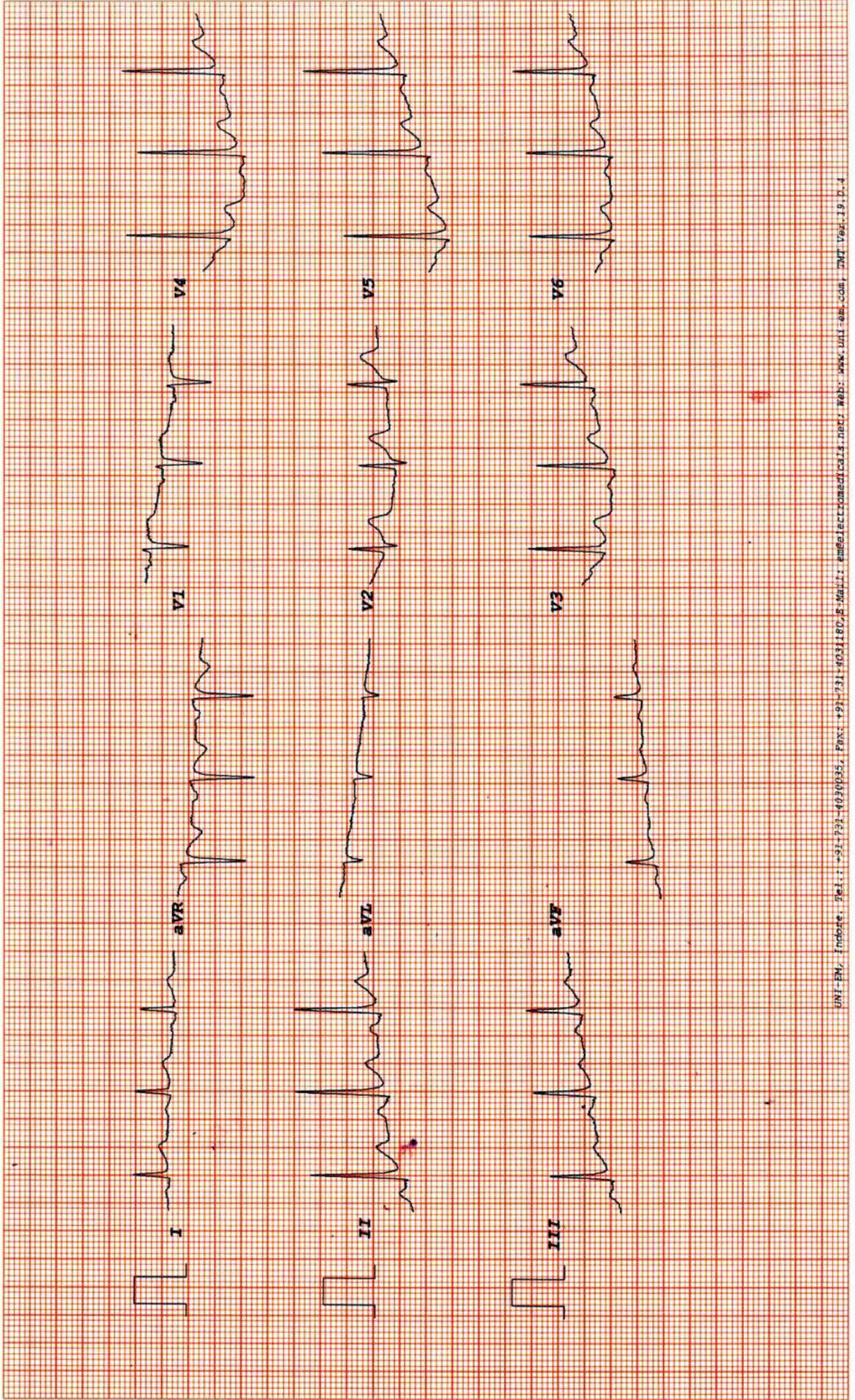
ST @ 10mm/mV  
80ms PostJ

PRETEST  
SUPINE

RATE 92bpm  
B.P. 124/80

NITASHA NANDA  
I.D. 1111001234  
Age 54/F  
Date 10/10/2024

RAW ECG







# IRINE DIAGNOSTIC

**NITASHA NANDA**  
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 Age 54/F  
 Date 10/10/2024

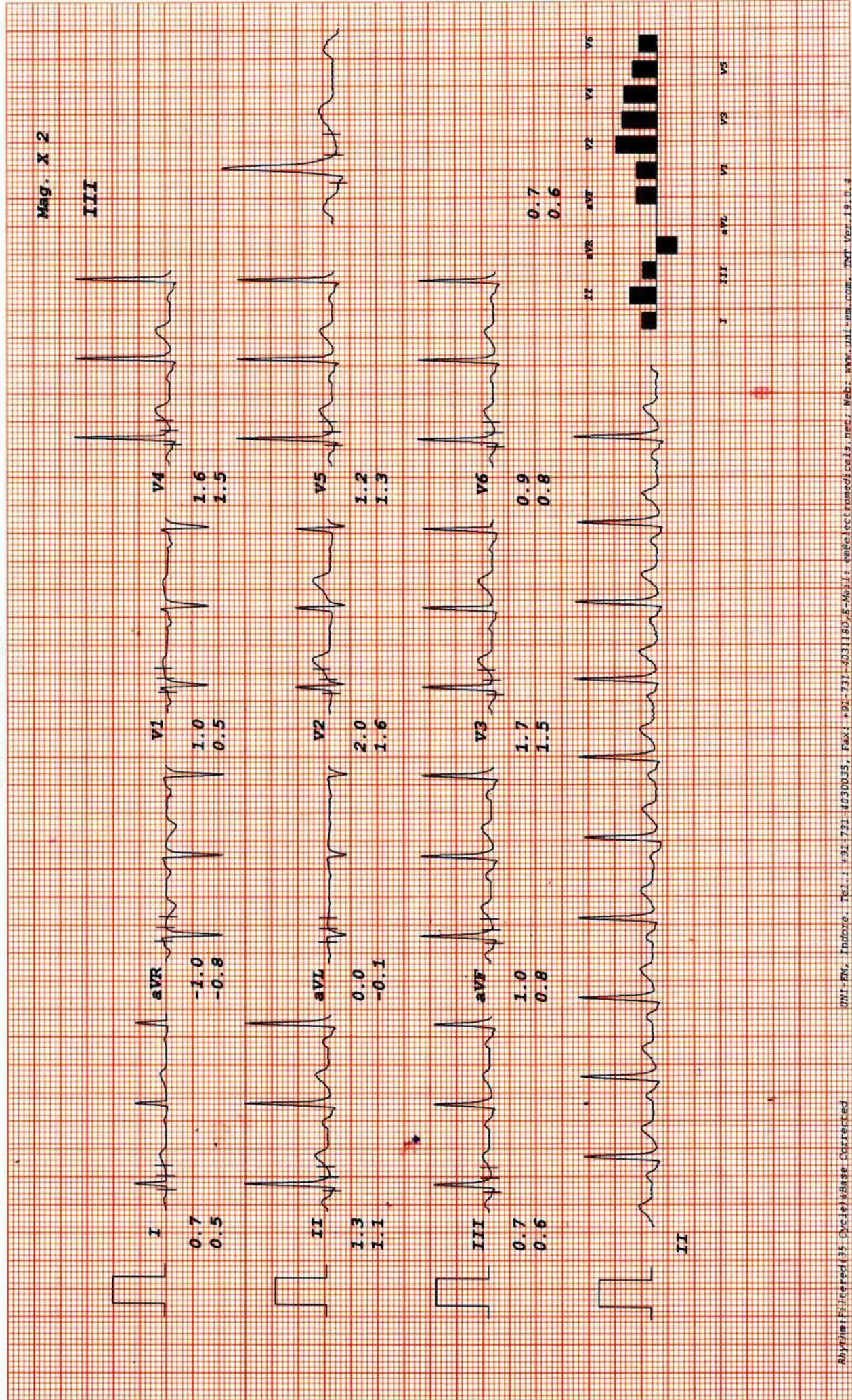
ST @ 10mm/mV  
 80ms PostJ

PRETEST  
 HYPERTENT

RATE 96bpm  
 B.P. 124/80

LINKED MEDIAN

PHASE TIME 0:05





# IRINE DIAGNOSTIC

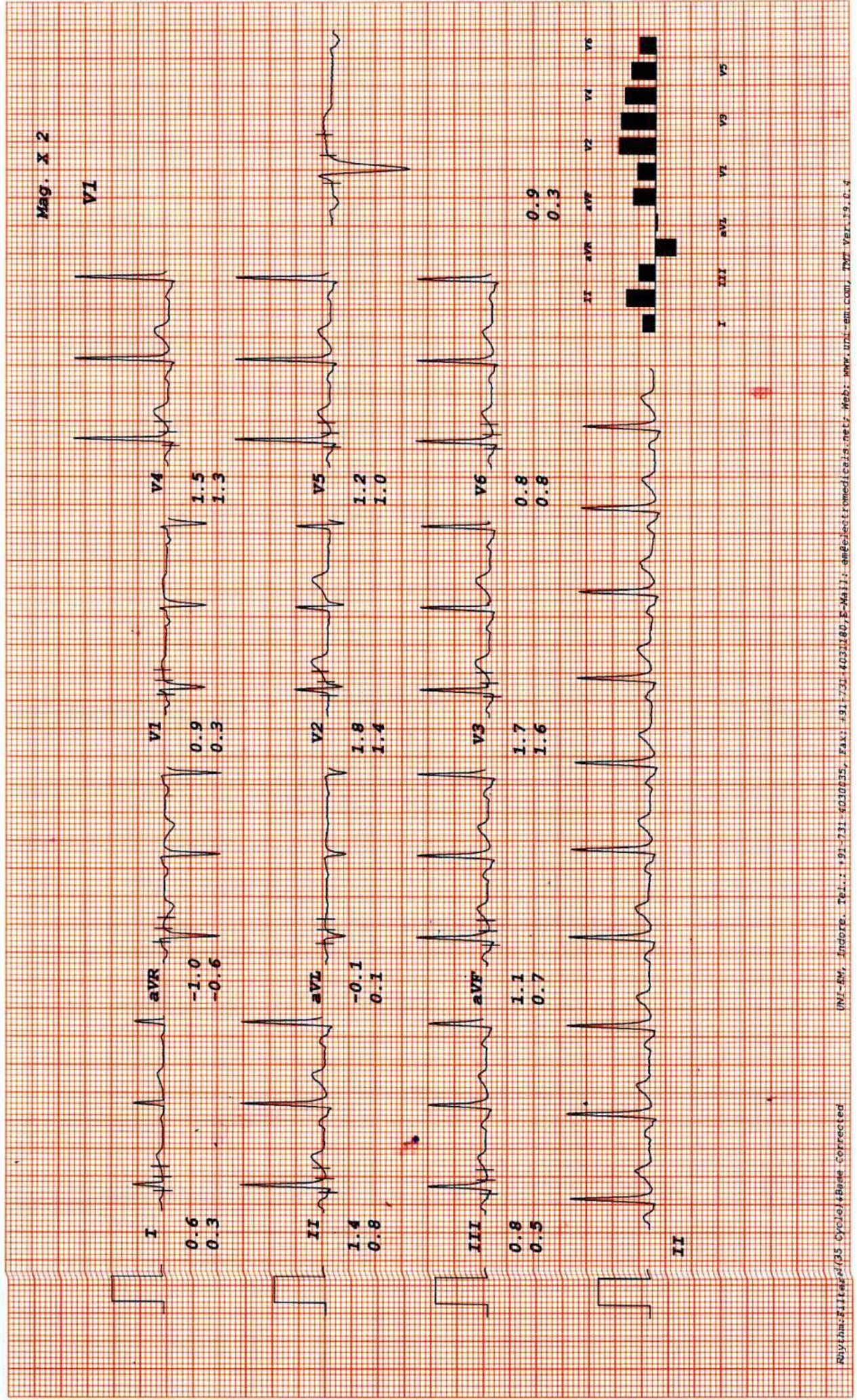
**NITASHA NANDA**  
 I.D. 1111001234  
 Age 54/F  
 Date 10/10/2024

ST @ 10mm/mV  
 80ms PostJ

PRETEST  
 VALSALVA

RATE 96bpm  
 B.P. 124/80

## LINKED MEDIAN





# IRINE DIAGNOSTIC

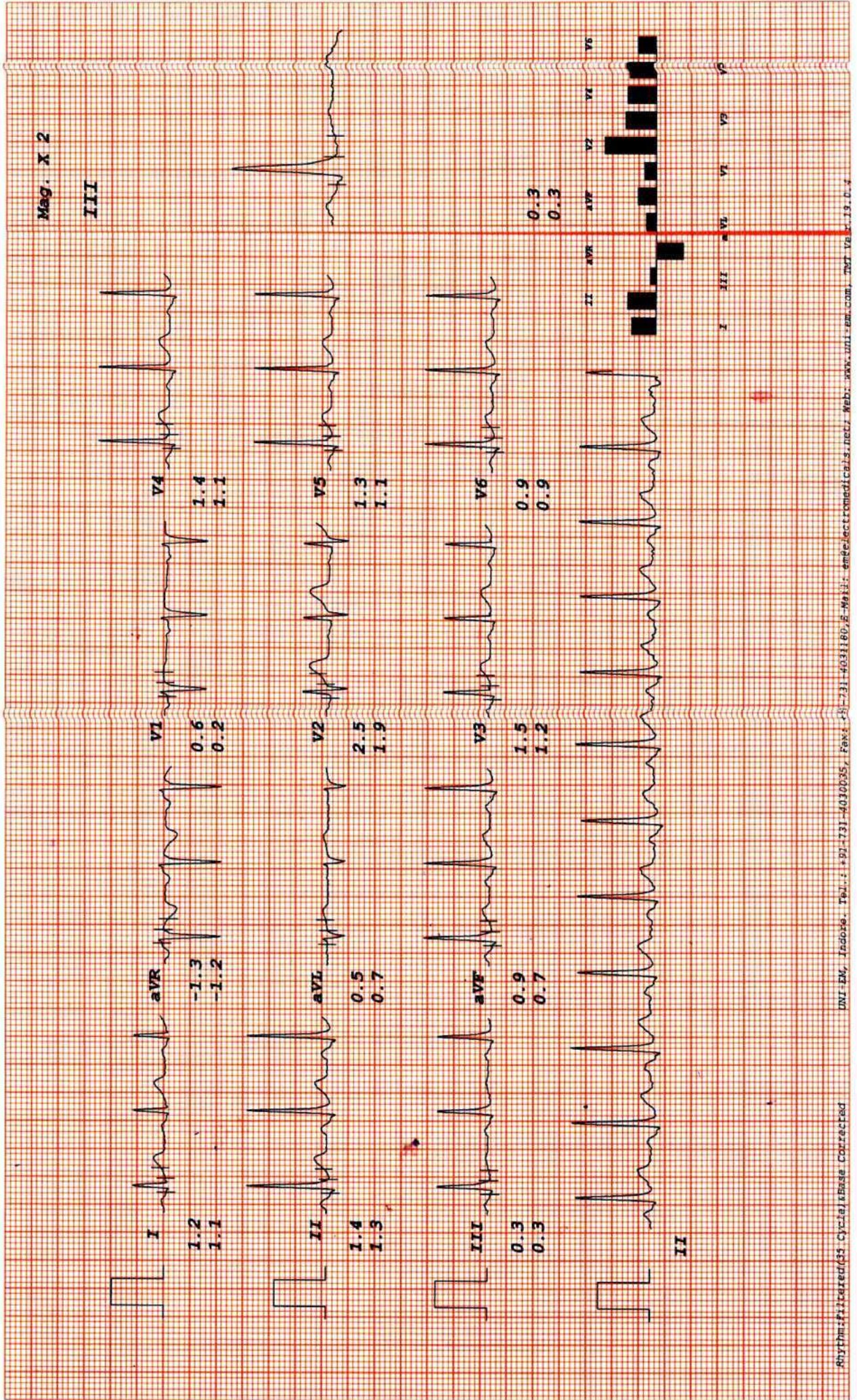
ST @ 10mm/mV  
80ms PostJ

PRETEST  
STANDING

RATE 102bpm  
B.P. 124/80

NITASHA NANDA  
I.D. 1111001234  
Age 54/F  
Date 10/10/2024

LINKED MEDIAN





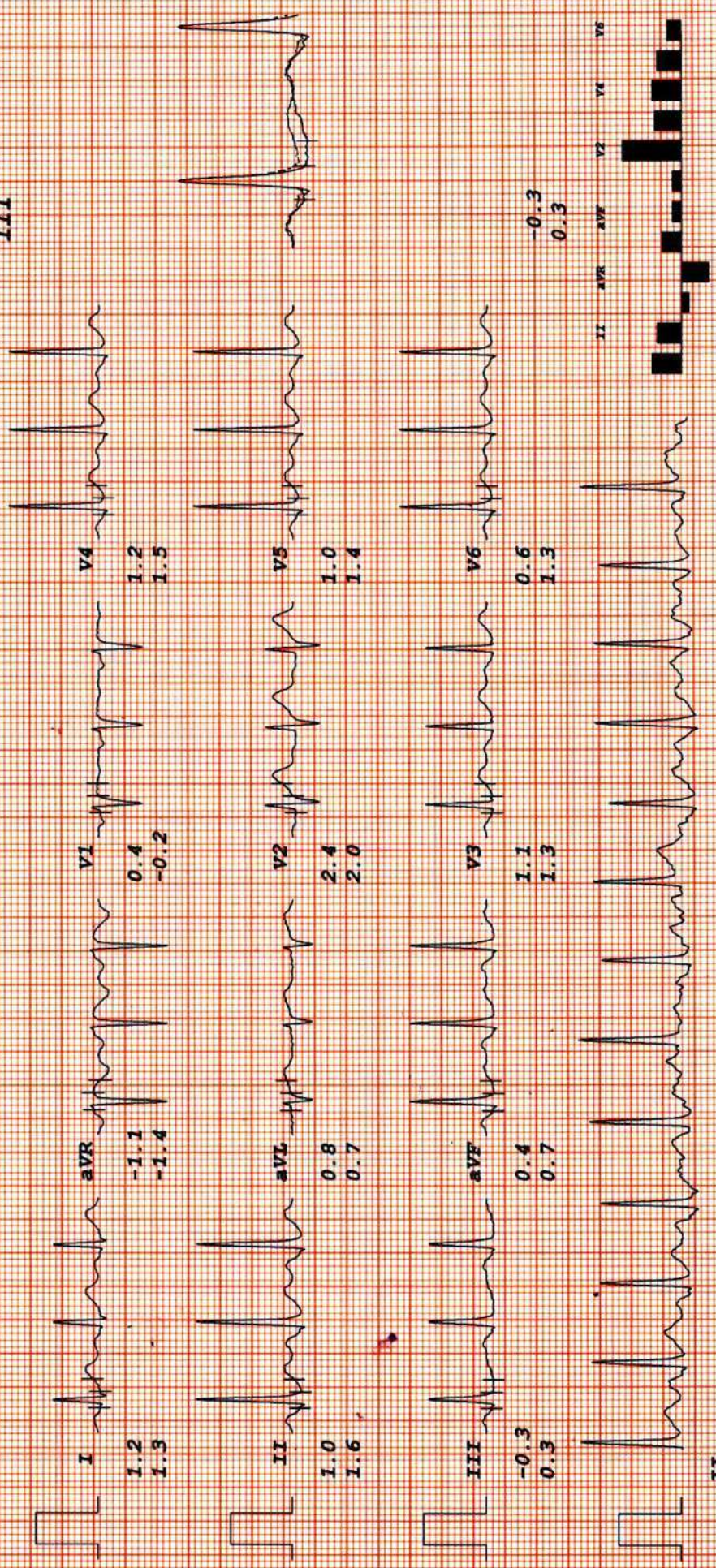
# IRINE DIAGNOSTIC

**NITASHA NANDA**  
 I.D. 1111001234  
 Age 54/F  
 Date 10/10/2024  
**Bruce**  
 Stage 1  
 TOTAL TIME 2:55  
 PHASE TIME 2:55  
**ST @ 10mm/mV**  
 80ms PostJ  
 Speed 2.7 km/hr  
 SLOPE 10 &

**LINKED MEDIAN**

Mag. X 2

III



I III aVR aVF V2 V4 V6



# IRINE DIAGNOSTIC

**NITASHA NANDA**  
 I.D. 1111001234  
 Age 54/F  
 Date 10/10/2024

RATE 138bpm  
 B.P. 144/90

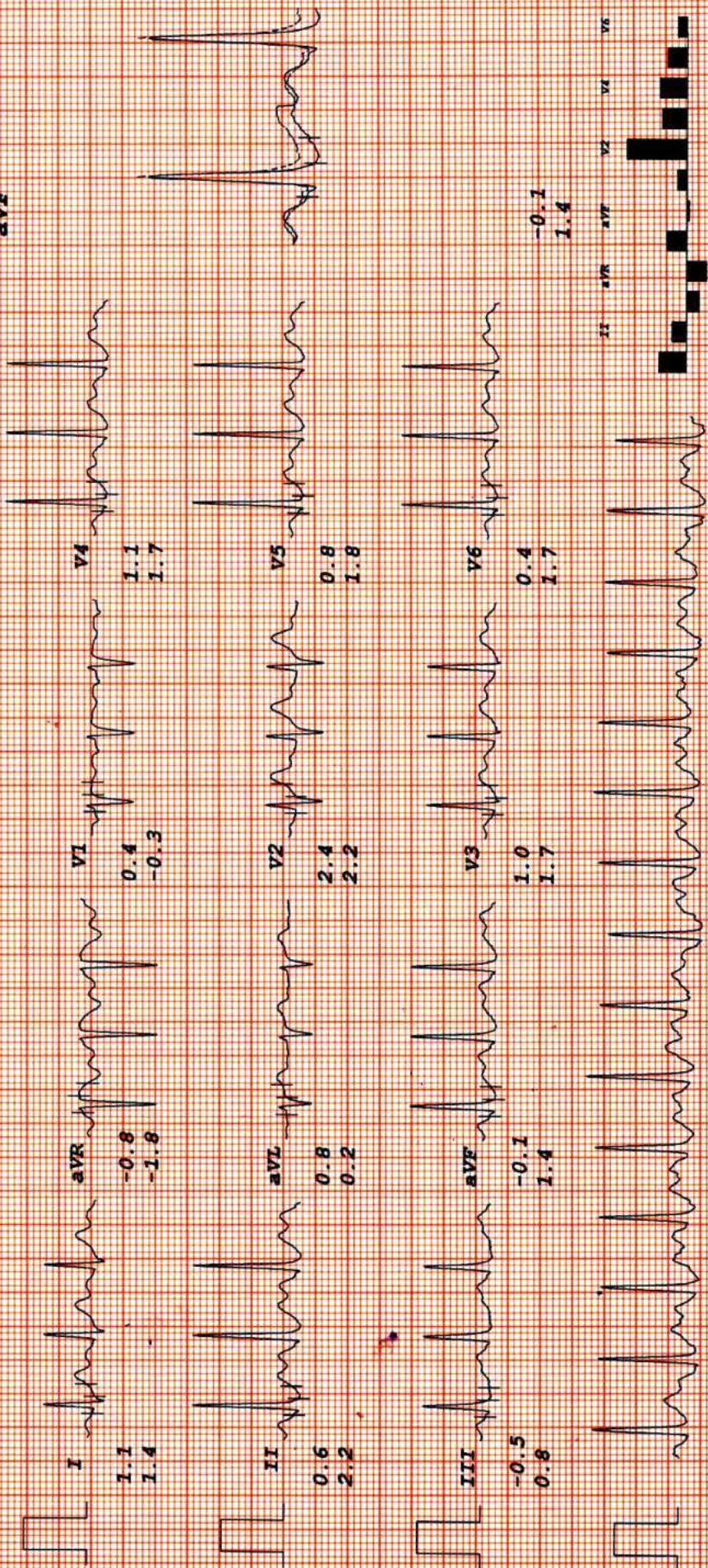
Bruce  
 Stage 2  
 TOTAL TIME 5:55  
 PHASE TIME 2:55

ST @ 10mm/mV  
 80ms PostJ  
 Speed 4 km/hr  
 SLOPE 12 &

**LINKED MEDIAN**

Mag. X 2

aVF



I III aVR aVL V1 V2 V3 V4 V5 V6





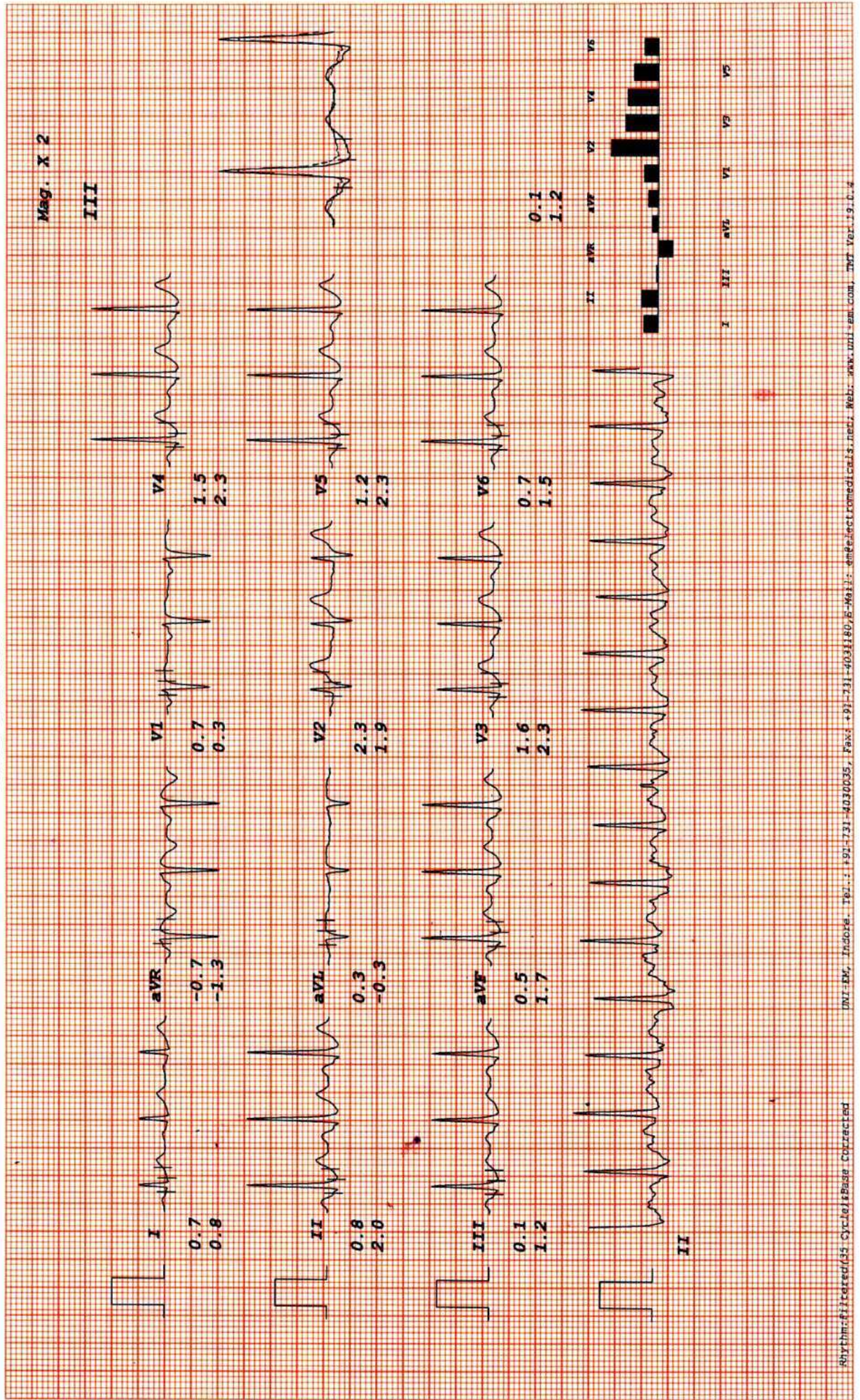
# IRINE DIAGNOSTIC

NITASHA NANDA  
 I.D. 1111001234  
 Age 54/F  
 Date 10/10/2024

Bruce  
 RECOVERY  
 TOTAL TIME 7:23  
 PHASE TIME 0:59

ST @ 10mm/mV  
 80ms PostJ

LINKED MEDIAN





# IRINE DIAGNOSTIC

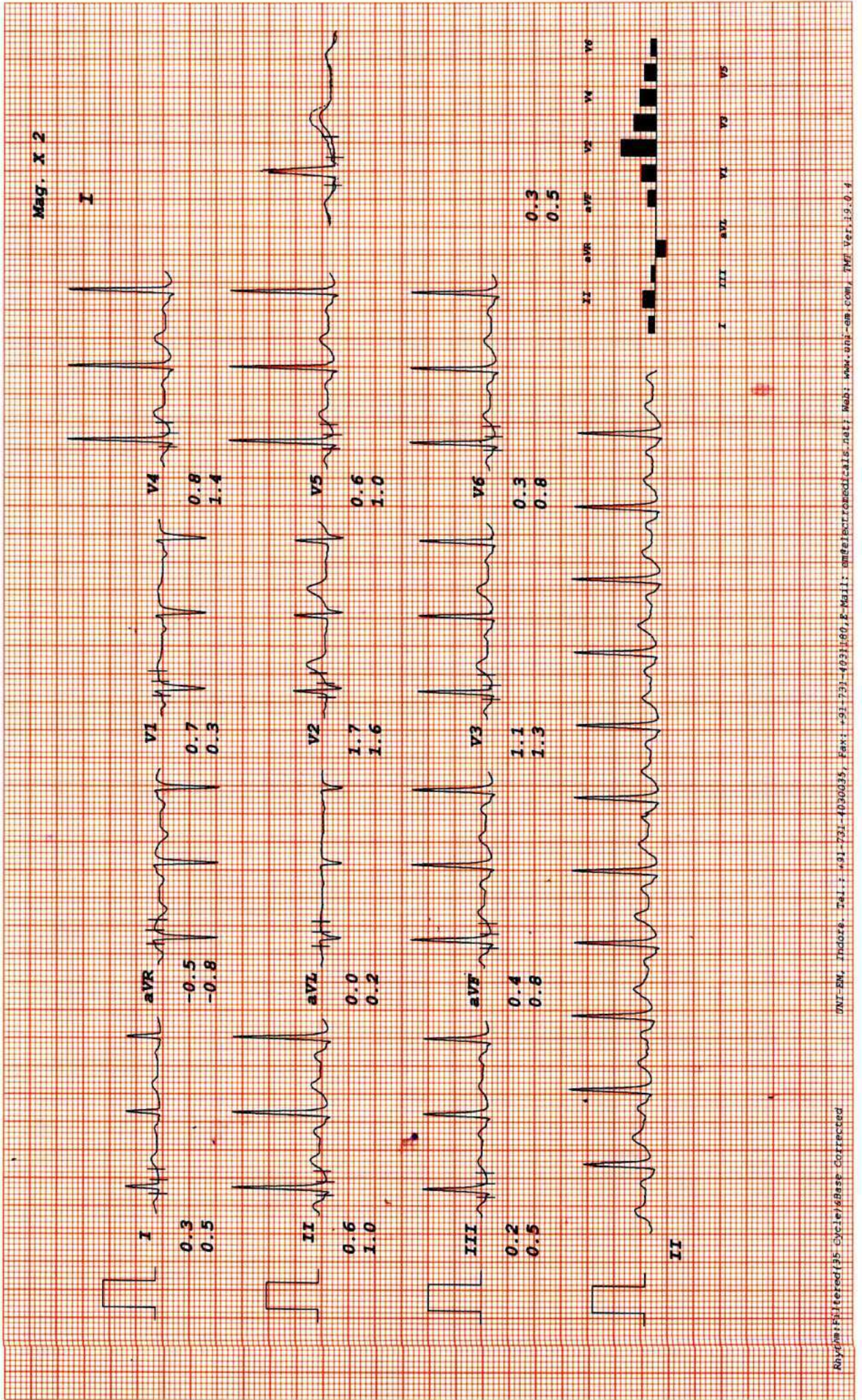
ST @ 10mm/mV  
80ms PostJ

Bruce  
RECOVERY  
TOTAL TIME 9:19  
PHASE TIME 2:55

RATE 104bpm  
B.P. 140/86

NITASHA NANDA  
I.D. 1111001234  
Age 54/F  
Date 10/10/2024

LINKED MEDIAN







# IRINE DIAGNOSTIC

NITASHA NANDA  
 I.D. 1111001234  
 Age 54/F  
 Date 10/10/2024

Bruce  
 RECOVERY  
 TOTAL TIME 12:19  
 PHASE TIME 5:55

ST @ 10mm/mV  
 80ms PostJ

## LINKED MEDIAN

