



Swaminarayan Nagar, Off Mumbai-Agra Highway, Panchvati, Nashik - 422 003.

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apollonashik@apollohospitals.com

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QFAHN/BILL/003/V1



Apollo HOSPITALS NASHIK

Name : Mr. ABHISHEK D GAIKWAD (30 /M)

Date : 21/11/2022

Address : KARMAVIR NAGAR NIWARA ROAD AHMEDNAGAR, AHMEDNAGAR, AHMEDNAGAR, MAHARASHTRA, INDIA

Examined by :

UHID : MHN1.0000128456

Package : MediWheel Full Body Health Checkup Male Below 40 Package

AHC No : NSKAH28318



CHIEF COMPLAINTS

For corporate health checkup
No specific complaints

PRESENT KNOWN ILLNESS

Present known illness

No history of : - Diabetes mellitus, Thyroid disorder, Heart disease, Stroke, Asthma, COPD, Cancer
Hypertension : Since - 1 yrs; Medication - regular; - Tab- Tenolol-12.5



DRUG ALLERGY

NO KNOWN ALLERGY

:21/11/2022



SYSTEMIC REVIEW

Cardiovascular system

- Nil Significant



Past medical history

Do you have any allergies? - No

Do you have any drug allergies? - No

Past medical history - nil significant

Covid 19 - No



Surgical history

Surgical history - Nil

Immunization history

- Covid Dose1, Covid Dose2, Precaution Dose



Personal history

Marital status - Married

Diet - Mixed Diet

Alcohol - consumes alcohol occasionally

Smoking - No

Chews tobacco - Yes

Physical activity - Active

Family history

Hypertension - mother

Coronary artery disease - mother

Cancer - None

PHYSICAL EXAMINATION

General

General appearance - normal

Build - normal

Height - 166

Weight - 83.4

BMI - 30.27

Pallor - No

Oedema - no

Temperature - 98.2

SpO2 - 98



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Cardiovascular system

Heart rate (Per minute) - 77
Rhythm - Regular
- B.P. Supine
Systolic(mm of Hg) - 140 ✓
Diastolic(mm of Hg) - 90
Heart sounds - S1S2+

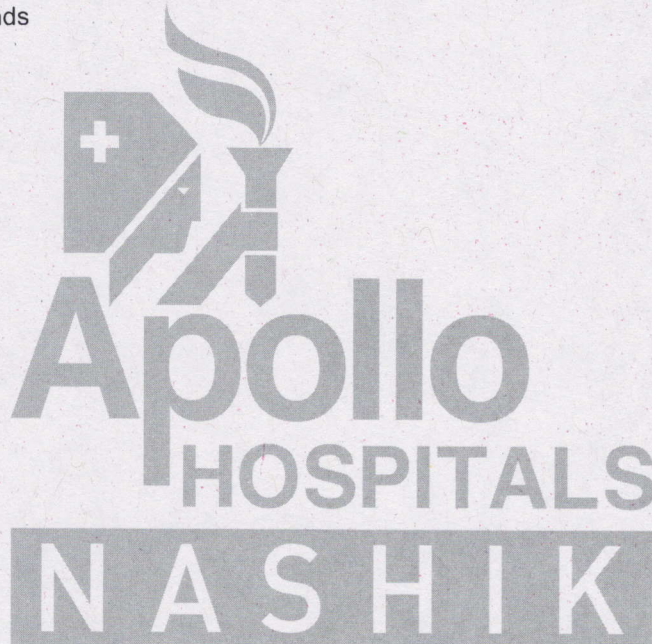
Respiratory system

Breath sounds - Normal vesicular breath sounds



Abdomen

Organomegaly - No
Tenderness - No





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C B C WITH ESR (AUTOMATION + STANDARD METHOD)

Test Name	Result	Unit	Level	Range
Hemoglobin	16.7 ✓	g/dl	●	13.0-18.0
Haematocrit	55.5 *	%	●	39.0-54.0
RBC COUNT	7.09 *	Million/ ul	●	4.2-6.5
MCV	78.3	fl	●	75.0-95.0
MCH	23.5 *	pg	●	26.0-32.0
MCHC	30.0 *	g/dl	●	31.0-36.0
RDW	16.3 *	%	●	11-16
Platelet Count(Optical/Impedance)	163 ✓	10 ⁹ /m ³	●	140-440
TLC Count	9.06 ✓	10 ³ /m ³	●	4.0-11.0
Neutrophils	60	%	●	45-75
Lymphocytes	30	%	●	20-45
Eosinophils	03	%	●	1-6
Monocytes	07	%	●	1-10
Basophils	00	%	●	0-1
ERYTHROCYTE SEDIMENTATION RATE (ESR)	01	mm/1st hr	●	0-10

ALBUMIN:GLOBULIN - SERUM(RATIO) (Calculated) 1.1 ● 1.1-1.8

ALKALINE PHOSPHATASE - SERUM/PLASMA 80 U/L ● 0-100

AST (SGOT) - SERUM 42 * U/L ● 15-37

BILIRUBIN, TOTAL - SERUM 0.9 mg/dL ● 0.0-1.0

LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
Total Cholesterol	208 *	mg/dL	●	0-200

CREATININE - SERUM / PLASMA

Test Name	Result	Unit	Level	Range
CREATININE - SERUM / PLASMA	1.2	mg/dL	●	0.8-1.3

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
GGTP: GAMMA GLUTAMYL TRANSPEPTIDASE - SERUM	35	U/L	●	0-50

BLOOD GROUPING AND TYPING (ABO and Rh)

Test Name	Result	Unit	Level	Range
ABO Group:	O			
Rh (D) Type:	POSITIVE			

GLUCOSE - SERUM / PLASMA (FASTING)

Test Name	Result	Unit	Level	Range
Glucose - Plasma (Fasting)	88	mg/dL	●	70-100
URINE GLUCOSE(FASTING): (Strip Method)	Nil			

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
ALT(SGPT) - SERUM / PLASMA	71 * ↑, U/L		●	30-65
ALBUMIN - SERUM	4.6	g/dL	●	3.5-5
GLOBULIN - SERUM: (Calculated)	1.5 *	g/dL	●	1.8-3.6

GLUCOSE - SERUM / PLASMA (POST PRANDIAL)

Test Name	Result	Unit	Level	Range
Glucose - Plasma (POST PRANDIAL)	107	mg/dL	●	70-140

LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
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● Within Normal Range ● Borderline High/Low ● Out of Range



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HDL CHOLESTEROL - 46 mg/dL ● 40-60
SERUM / PLASMA
TOTAL CHOLESTEROL/HDL 4.5 ● 0.0-4.5
CHOLESTEROL
RATIO(Calculated)

BILIRUBIN 0.3 mg/dL ● 0.0-0.3
CONJUGATED
(DIRECT) - SERUM
BILIRUBIN 0.6 mg/dL ● 0.0-0.7
UNCONJUGATED -
SERUM(Calculated)

LDL Cholesterol (Direct 151 mg/dL
LDL)

CARDIAC STRESS TEST - (TMT)

ECG

ULTRASOUND - WHOLE ABDOMEN

Grade I fatty infiltration of liver. ✓

INVESTIGATIONS NOT DONE / NOT YET REPORTED / NOT
PART OF PACKAGE(LAB,RADIOLOGY & CARDIOLOGY)

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
PROTEIN, TOTAL - SERUM / PLASMA	7.8 ✓	g/dL	●	6.4-8.2
PROTEIN, TOTAL - SERUM / PLASMA	7.8	g/dL	●	6.4-8.2

Haematology

STOOL ROUTINE

X Ray

X-RAY CHEST PA

THYROID PROFILE - I(T3,T4 AND TSH)

Test Name	Result	Unit	Level	Range
TOTAL T3: TRI IODOTHYRONINE - SERUM	156	ng/dL	●	Healthy Adults: 69 - 215
TOTAL T4: THYROXINE - SERUM	9.9	µg/dL	●	Healthy Adults:5.2-12.7

LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
Triglycerides - Serum	154 *	mg/dL	●	0-150

THYROID PROFILE - I(T3,T4 AND TSH)

Test Name	Result	Unit	Level	Range
TSH: THYROID STIMULATING HORMONE - SERUM	2.1 ✓	uIU/mL	●	Euthyroid: 0.3 - 4.5 Hypothyroid: 7.1 - >75

URIC ACID - SERUM

Test Name	Result	Unit	Level	Range
URIC ACID - SERUM	7.5 *	mg/dL	●	3.5-7.2

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
-----------	--------	------	-------	-------

● Within Normal Range ● Borderline High/Low ● Out of Range



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21/11/22

SIB Dr. Gupta

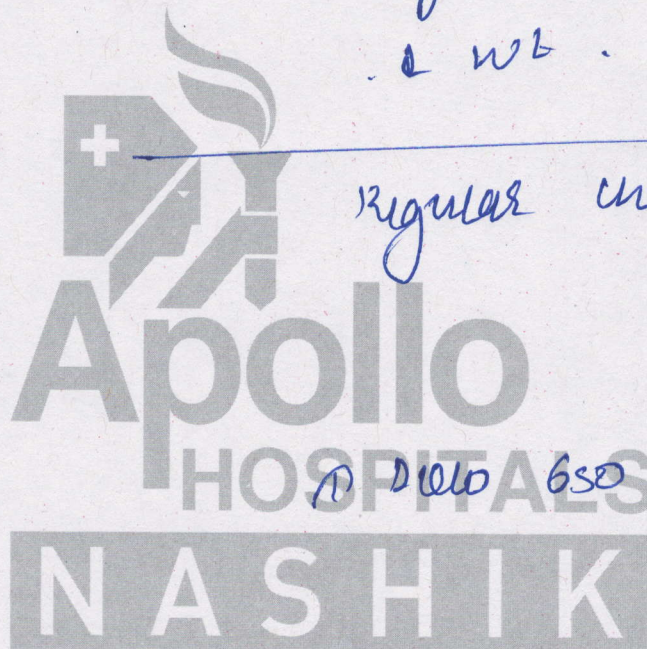
Printed By :

AHC Physician / Consultant Internal Medicine

Obesity (+)

Reg. exercise
& wt.

Regular checks on
weight.



10 1000 650

10 x 3000

Note :- The Health Check-up examinations and routine investigations have certain limitations and may not be able to detect all the diseases. Any new or persisting symptoms should be brought to the attention of the Consulting Physician. Additional tests, consultations and follow up may be required in some cases.



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AICVD RISK SCORE REPORT

RISK STATUS

Moderate Risk

YOUR SCORE

4

ACCEPTABLE SCORE

3

Your likelihood of developing cardiovascular disease in the next ten years is 1.3 times higher than the people of your age and gender

The AICVD risk score developed by Apollo Hospitals is a novel artificial intelligence -based risk scoring system that predicts your risk of having Coronary Artery Disease (CAD) related events in the next ten years. This scoring system uses Indian data and has been validated by multiple national and international institutions. This risk score is more than 92% accurate and has been compiled based on your physical parameters, heart health attributes, lifestyle and medical history. **Note:** The risk category is determined through the ratio between guest score and acceptable score at multiple decimal points. The outputs are shown in whole numbers.

Based on your AICVD risk score you are advised the following:

- Follow the guidance and education on **lifestyle and dietary management provided through the ProHealth program. Maintain a healthy BMI (<25). Avoid tobacco in any form and if you are a smoker, stop smoking.**
- Continue with **medications** for high blood pressure, diabetes, or dyslipidemia, if advised by your physician. Maintain HbA1c <7% (<53mmol/mol), blood pressure <140/90mmHg.
- Follow your physician's advice regarding **follow up tests, consults and annual health assessment**
- **It is recommended that you visit your physician every 6 months** if you have:
 - o Uncontrolled high blood pressure, Diabetes, Dyslipidemia, Coronary heart disease

DISCLAIMER

1. This is not a diagnostic tool and it does not guarantee accuracy of the result and cannot be acted upon independently.
2. This risk score and clinical algorithm is a general guideline for physicians. Any additional laboratory investigations, diagnostic imaging, treatment or patient education related to lifestyle management is under the physician's or cardiologist's discretion.
3. To ensure the information in the report is up to date, accurate and correct, doctor shall be consulted for interpretation of the report.
4. Apollo Hospitals and its staff does not offer any assurance on the information made available or be liable for any loss or damage as the said report is based on the AICVD risk score without any intervention from their side.
5. By usage of the AICVD risk score, it is deemed that the beneficiary of this service has agreed to get the same done at his own risk and further agrees with this disclaimer without any limitation or any clauses or sub-clauses.

The Clinical AI Models and APIs used at Apollo Hospitals are certified by ISO 13485 : 2016 vide certificate no. MD 763515

Gaikwad, Abhishakh

ID:

DOB:

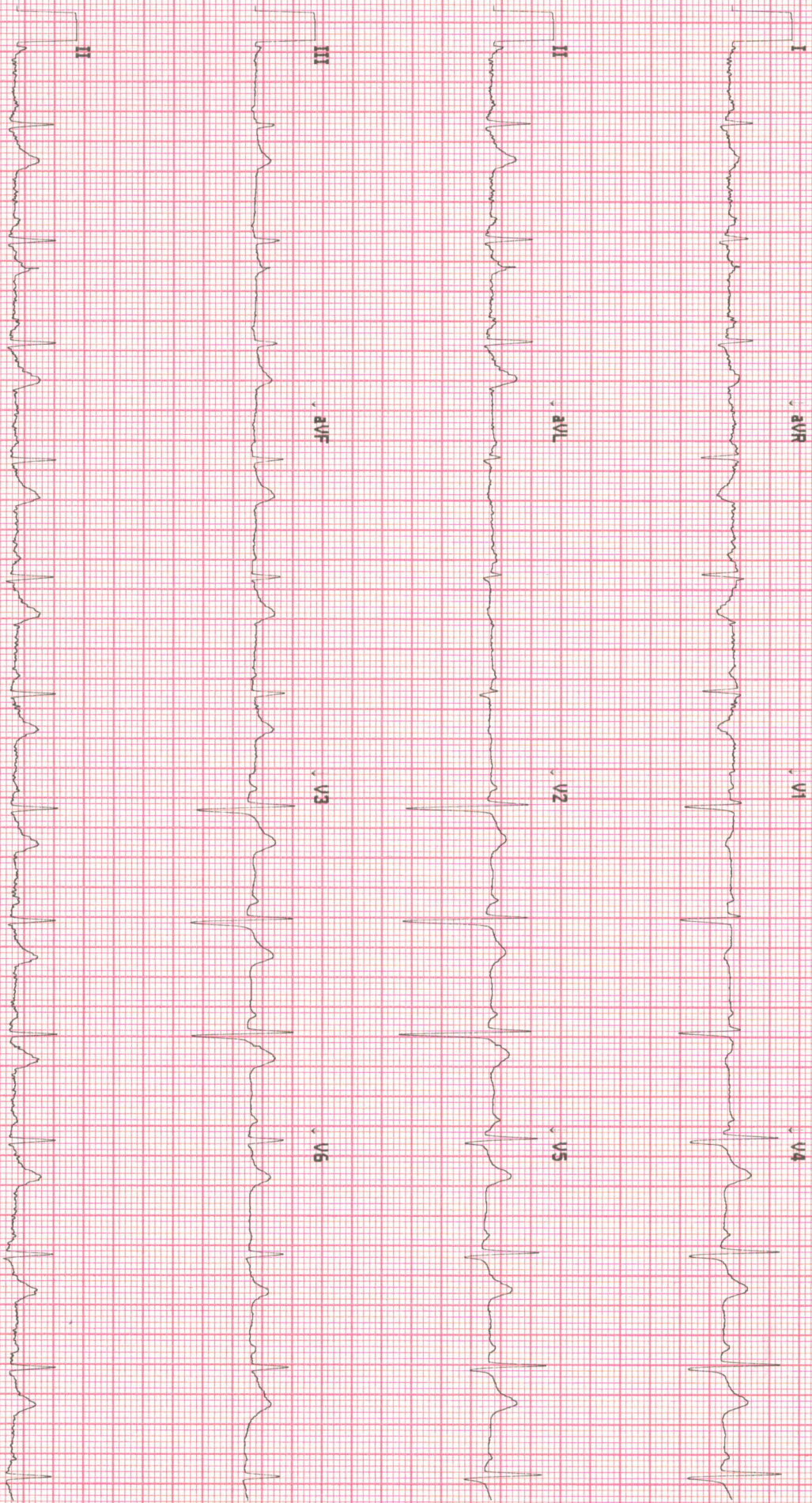
30yr, Male

21-Nov-2022 08:20:23

SINUS RHYTHM
NORMAL ECG

UNCONFIRMED REPORT

Vent rate: 77 BPM
PR int: 141 ms
QRS dur: 102 ms
QT/QTc: 366/397 ms
P-R-T axes: 10 62 66



11350018B213

No Site Nap

Site # 0 Cart # 2 Version 2.0.4.0 Sequence #2095 25mm/s 10mm/mV 0.05-40 Hz



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MD (Radiology)

Patient Details : Mr. ABHISHEK D GAIKWAD | Male | 30Yr 6Mth 26Days

UHID : MHN1.0000128456 **Patient Location:** AHC

Patient Identifier: NSKAH28318



DRN : 122045871

Completed on : 21-NOV-2022 10:11

Ref Doctor : Dr. SHEETAL KRIPLANI GUPTA

X-RAY CHEST PA

Both lung fields are clear.

Both hila are normal in size and position.

Costophrenic and cardiophrenic angles are clear.

Cardiac size and contour are within normal limits.

Rib cage is normal.

Soft tissues are normal.

Impression

No significant abnormality is detected.

--- END OF THE REPORT ---

Kunal Kalyanrao Patil

Consultant - MD (Radiodiagnosis)




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MD (Radiology)

Patient Details : Mr. ABHISHEK D GAIKWAD | Male | 30Yr 6Mth 26Days
UHID : MHN1.0000128456 **Patient Location:** AHC
Patient Identifier: NSKAH28318 
DRN : 222028210 **Completed on :** 21-NOV-2022 10:26
Ref Doctor : Dr. SHEETAL KRIPLANI GUPTA

ULTRASOUND - WHOLE ABDOMEN

LIVER : Normal in size. Diffuse increase in echogenicity of the liver parenchyma is suggestive of fatty infiltration.

No I.H.B.D./ focal lesions.

PORTAL VEIN: Normal in size.

GALL BLADDER: Well distended with normal walls and lumen.
No calculi/pericholecystic fluid.

COMMON BILE DUCT: Normal in size.

PANCREAS : obscured due to bowel gases.

AORTA, IVC and para aortic areas are normal.

SPLEEN : Normal in size and echotexture.

KIDNEYS: Both kidneys are normal in site, size and echotexture.

No evidence of calculi/ hydronephrosis.

Right kidney measures: 10 x 4.9cm.

Left kidney measures : 10.9 x 5cm.

URINARY BLADDER: Well distended with normal walls.

No evidence of calculi/ growth/ diverticula.

PROSTATE : Normal in size with homogenous echogenicity. No evidence of calcification within.

Prostate measures : 23.3gms.



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Mr. ABHISHEK D GAIKWAD

MHN1.0000128456

NSKAH28318

ULTRASOUND - WHOLE ABDOMEN

Seminal vesicles are normal.

Visualized bowel loops appear grossly normal.

No evidence of any free fluid in the peritoneal cavity.

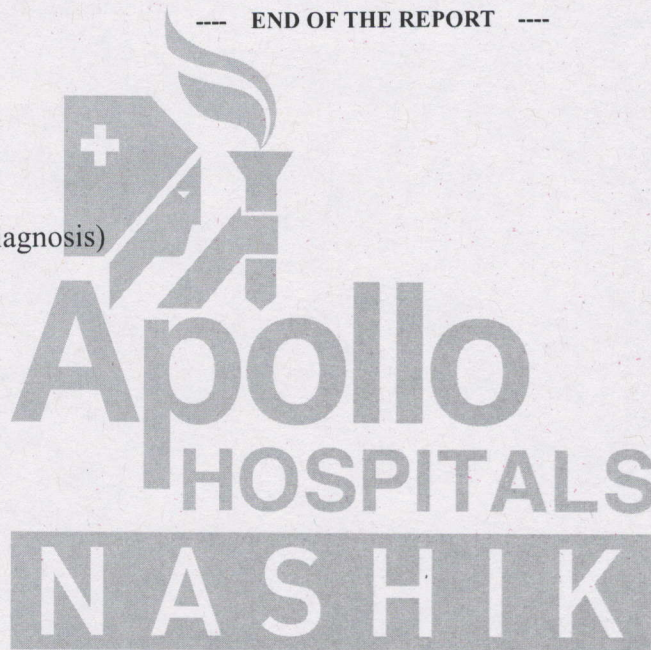
Impression

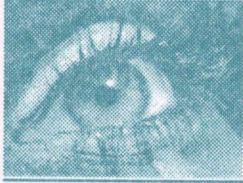
Grade I fatty infiltration of liver.

--- END OF THE REPORT ---

Kunal Kalyanrao Patil

Consultant - MD (Radiodiagnosis)





OPHTHALMOLOGY



Name : Mr. Abhishek Gaikwad Date 2/11/22 UNIT _____
 Occupation : _____ Room No. _____ Out Patient
 Age : 30 Sex : Male Female S/M/W/D _____ Ref. Physician : _____
 Address : Nsk Copies to : _____
 Tel. No. _____

REPORT ON OPHTHALMIC EXAMINATION

HISTORY : _____

PRESENT COMPLAINT : do. Headache & jiddren. (BE) :- 7 day

PAST HISTORY : DM / HTN / ALLERGY

ON EXAMINATION

RE

LE

VISION :

	RIGHT				LEFT			
PGP	SPH	CYL	AXIS	VA	SPH	CYL	AXIS	VA
DIST	R	—	—	—	—	—	—	—
NEAR	R	—	—	—	—	—	—	—

AR / Retinoscopy :

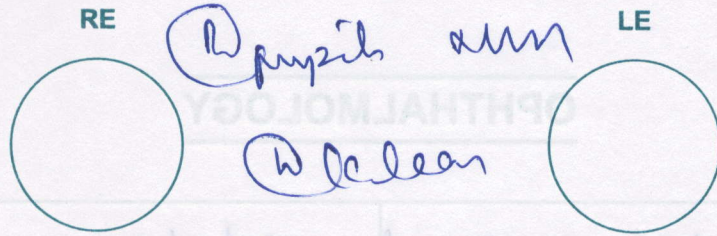
	RIGHT			LEFT		
	SPH	CYL	AXIS	SPH	CYL	AXIS
	+0.5	-	-	-0.5	-0.5	180

Refraction or Acceptance :

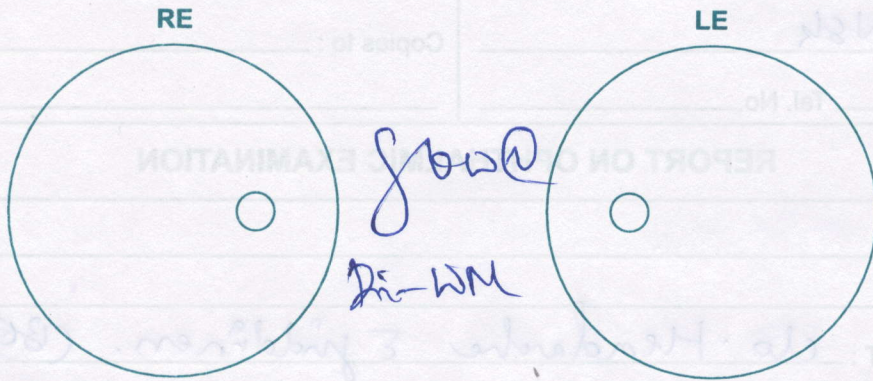
	RIGHT				LEFT			
	SPH	CYL	AXIS	VA	SPH	CYL	AXIS	VA
DIST	R	—	—	6/6				
NEAR								

Blue protection Lenses.

Anterior Segment :



Fundus :



Diagnosis :

(Handwritten initials)

LEFT				RIGHT			
VA	AXIS	CYL	SPH	VA	AXIS	CYL	SPH

Advise / Rx:

1. Tear drops *(Handwritten)*

(Handwritten initials)

LEFT				RIGHT			
VA	AXIS	CYL	SPH	VA	AXIS	CYL	SPH

LEFT				RIGHT			
VA	AXIS	CYL	SPH	VA	AXIS	CYL	SPH

CONSULTANT OPHTHALMOLOGIST



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QFAHN/BILL/003/V1



21/11/22

Mr. Abhishek Gautwad

30/M.

- H/o of H/M.

- Supra & Subgingival plaque present.

- No Caries present.

Adv:-

Scaling Req.

Apollo
HOSPITALS
NASHIK

[Signature]

ID: 000128456

Visit:

30years

Asian

Male

BRUCE

Total Exercise time: 7:18

Max HR: 196bpm 112% of max predicted 175bpm

Max BP: 160/90

Maximum workload: 9.0METS

Reason for Termination: Max HR attained

Comments:

Referred by:

Test ind:

Phase Name	Stage Name	Time in Stage	Speed (mph)	Grade (%)	WorkLoad (METS)	HR (bpm)	BP (mmHg)	RPP (x100)
PRETEST	SUPINE	0:33	** *	** *	1.0	111	140/90	155
	STANDING	0:06	** *	** *	1.0	114	140/90	160
	HYPERVENT	0:10	0.8	0.0	1.0	111	140/90	155
EXERCISE	STAGE 1	3:00	1.7	10.0	4.5	158	150/90	263
	STAGE 2	3:00	2.5	12.0	7.0	175	160/90	298
	STAGE 3	1:18	3.4	14.0	9.0	186	160/90	298
RECOVERY	Post	3:11	** *	** *	1.0	128	160/90	205

TMT Negative for S11

